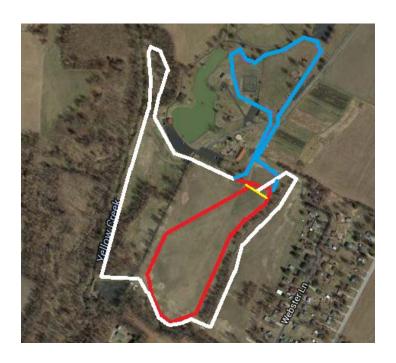
Adrian DeCaussin Cross Country Trail At Yellow Creek Park



Inner loop (1k) is red
Upper loop (1k) is blue
Outer loop (2k) is white
Start/finish line is yellow

3k = inner and outer loop

5k = inner and two outer loops

6k = inner, upper, and two outer loops

8k = inner, upper, and outer repeat twice

**mile and km splits are marked by permanent signs on the course for each race distance