

Adrian DeCaussin Cross Country Trail

At Yellow Creek Park



Inner loop (1k) is red

Upper loop (1k) is blue

Outer loop (2k) is white

Start/finish line is yellow

3k = inner and outer loop

5k = inner and two outer loops

6k = inner, upper, and two outer loops

8k = inner, upper, and outer repeat twice

**mile and km splits are marked by permanent signs on the course for each race distance