

A female athlete with dark skin and hair tied back is running towards the right. She is wearing a yellow singlet with black side panels and yellow shorts. A white race bib with the name 'Kidane' is pinned to her chest. She is crossing a finish line marked by a blue banner with the word 'FINISH' in large white letters. A large burst of black and gold confetti is exploding behind her. The background shows a grassy field, trees, and a clear blue sky with some lens flare effects.

Kennesaw State Owls
Cross Country

2015 Record & Fact Book



QUICK FACTS

UNIVERSITY QUICK FACTS

Institution Name..... Kennesaw State University
 Location..... Kennesaw, Ga.
 Enrollment 32,500
 Founded 1963
 Nickname Owls
 Colors..... Black and Gold
 Affiliation..... NCAA Division I
 Conference Atlantic Sun Conference
 President Dr. Dan Papp
 Athletic Director Vaughn Williams
 Senior Woman Administrator.....Katie Egloff
 Institution Website Kennesaw.edu
 Athletic Website..... KSUOwls.com

CROSS COUNTRY COACHING STAFF

Head Coach.....David Poteet
 Alma MaterBerry College
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 Dir. of Track & Field and Cross CountryAndy Eggerth
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 Athletic Trainer.....Chelcee Hill

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CROSS COUNTRY SOCIAL MEDIA

KSU Twitter.....@KSUOWlNation
 KSU XC Twitter.....@KSUOWLTrackFieldXC
 Official Hashtags.....#GoKSUOwls, #OurTimeKSU
 Facebook.....Facebook.com/KennesawStateOwls
 YouTube.....YouTube.com/KSUOWlVision
 Instagram.....Instagram.com/KennesawStateOwls

MEN'S CROSS COUNTRY HISTORY

First Year of Competition.....1992
 All-Time Championships/Years12/22 Years
 A-Sun Championships.....2009, 2010

MEN'S CROSS COUNTRY QUICK FACTS

2014 A-Sun Championship Finish.....6th
 2014 NCAA Regional Finish.....DNF
 Letterwinners Returning/Lost.....1/4
 Starters Returning/Lost.....1/4
 Newcomers.....4

LETTER WINNERS RETURNING (1)

Name	Ht.	Cl.	Hometown
Jordan Hand		Fr.	Snellville, Georgia

NEWCOMERS (4)

Name	Ht.	Cl.	Hometown
Simone Colombini		Fr.	Pavullo nel Frignano, Italy
Taylor Huntley		So.	Peachtree City, Ga.
Derick Kinyanjui		Fr.	Hiram, Ga.
Cadmiel Velasquez		Fr.	Marietta, Ga.

KEY RETURNERS

Name	Notes
Jordan Hand	Competed in six events in 2014.

WOMEN'S CROSS COUNTRY HISTORY

First Year of Competition.....1992
 All-Time Championships/Years10/22 Years
 A-Sun Championships.....2005

WOMEN'S CROSS COUNTRY QUICK FACTS

2014 A-Sun Tournament Finish.....4th
 2014 NCAA Regional Finish.....25th
 Letterwinners Returning/Lost.....6/5
 Starters Returning/Lost.....6/5
 Newcomers.....11

LETTER WINNERS RETURNING (6)

Name	Ht.	Cl.	Hometown
Andzelika Bobrova	5-5	Jr.	Kaunas, Lithuania
Claire Bohrer	5-9	Jr.	Fayetteville, Ga.
Amanda Cope	5-2	Jr.	Winder, Ga.
Kidan Kidane	5-3	Jr.	Dallas, Ga.
Paige Tucker	5-7	So.	Lawrenceville, Ga.
Kennedy Sorge		So.	Acworth, Ga.

NEWCOMERS (11)

Name	Ht.	Cl.	Hometown
Saquaa Cunningham		Fr.	Newark, De
Crystal Gray	5-7	Jr.	Lithonia, Ga
Jordan Gray		So.	Ball Ground, Ga.
Latoya Hunt		Fr.	Winter Springs, Fla.
Paulette Juieng		Fr.	Marietta, Ga.
Alexis Hunter Lonon		Fr.	Statesboro, Ga.
Diaja Oliver		So.	Sandy Springs, Ga.
Shakedra Robinson		Jr.	Hazelhurst, Ga.
Dollitia Thomas		So.	Johns Creek, Ga.
Monti Willis		So.	Atlanta, Ga.

KEY RETURNERS (1)

Name	Notes
Kidan Kidane	Finished in Top-15 in 3/5 meets



2015 KENNESAW STATE ROSTER

2015 MEN'S ROSTER

NAME	CL.	HT.	HOMETOWN/HIGH SCHOOL
Simone Columbini	Fr.		Pavullo En Frigano, Italy / Cavazzi- Sorbelli" High School
Jordan Hand	So.		Snellville, Ga. / Brookwood High School
Taylor Huntley	So.		Peachtree City, Ga./ McIntosh High School
Derick Kinyanjui	Fr.		Hiram, Ga./ Hiram High School
Cadmiel Velasquez	Fr.		Dunwoody, Ga./ Dunwoody High School

2015 WOMEN'S ROSTER

NAME	CL.	HT.	HOMETOWN/PREVIOUS SCHOOL
Andzelika Bobrova	Jr.	5-5	Kaunas, Lithuania/Kaunas Gymnasium
Claire Bohrer	Jr.	5-9	Fayetteville, Ga./Whitewater HS
Amanda Cope	Jr.	5-2	Winder, Ga./Winder Barrow HS
Saquaa Cunningham	Fr.		Newark, De/ Glasgow HS
Crystal Gray	Fr.		Lithonia,Ga/ MTSU
Jordan Gray	So		Ball Ground,Ga./ Homeschool
Latoya Hunt	Fr.		Winter Springs, Fla./ Winter Spring HS
Alexis Hunter Lonon	Fr.		Statesboro,Ga./ Statesboro, HS
Paulette Juieng	Fr.		Marietta, Ga/ Druid Hills HS
Kidan Kidane	Jr.	5-3	Addis Ababa, Ethiopia/East Paulding HS
Diaja Oliver	Jr.		Sandy Springs,Ga./ North Springs, HS
Halle Rentz	Fr.		Smyrna, Ga./ Marietta HS
Shakedra Robinson	Jr.		Lumbert City, Ga/ Jeff Davis HS
Kennedy Sorge	So.		Acworth, Georgia/ Harrison HS
Paige Tucker	So.	5-7	Lawrenceville, Ga./Peachtree Ridge HS
Monti Willis	Jr.		Atlanta, Ga./ Campbell High School

COACHING STAFF

Andy Eggerth	Director of Track and Field and Cross Country
David Poteet	Cross Country Head Coach/ Assistant Track Coach
Agne Eggerth	Assistant Coach/ Sprints Coach
Dominique Woods	Director of Track and Cross Country Operations





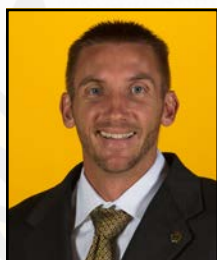
2015 KENNESAW STATE SCHEDULE

DATE	RACE	LOCATION	TIME	DISTANCE
SEPTEMBER				
5 Sat.	UNF Invitational	Jacksonville, Fla.	8:30 a.m.	8K/5K
11 Fri.	Powerade Invitational	Chattanooga, Tenn.	5:45 p.m.	5K/2 Mile
OCTOBER				
3 Sat.	JSU Foothills	Oxford, Ala	8:30 a.m.	8K/5K
17 Sat	Front Runner Invitational	Chattanooga, Tenn.	3:00 p.m.	5K/2 Mile
31 Fri.	A-Sun Conference Champ.	Jacksonville, Fla.	8:30 a.m.	8K/5K
NOVEMBER				
13 Fri.	NCAA South Regionals	Tuscaloosa, Ala.	TBD	10K/6K
22 Sat.	NCAA Championships	Louisville, Ky.	TBD	10K/6K





DIRECTOR OF CC/TF ANDY EGGERTH



Andy Eggerth
Director of CC/TF • 6th Year
Bemidji State • 2000

Andy Eggerth, the nine time Atlantic Sun Coach of the Year and 2013 USTFCCCA South Region Coach of the Year, enters his sixth season as the Director of Track and Field and Cross Country at Kennesaw State University.

During his first five years at Kennesaw State, Eggerth has had tremendous success with both the cross country and track and field programs. He has coached 15 All-Americans since coming to KSU, and his teams have won eight Atlantic Sun Conference Track and Field Championships and one Cross Country title in 2010.

This past season, the men and women's team rose up again with the men claiming their fourth Indoor A-Sun Championship in a row and winning the outdoor championship for the fourth time in five years. At the A-Sun Outdoor Championship, the men claimed wins in 10 of the 21 events and had 31 student-athletes named to the All-Conference team. The women finished runner-up with 21 all-conference selections.

Eggerth has the student-athletes under a tough regimen throughout the season, always getting results

when it's championship time. On the men's side, they have had 81 individual champions, and on the women's side there have been 43 total individual champions. Along with winning championships, his teams have been represented at the NCAA Championships every years he's been at Kennesaw State.

When conference records are going down so are school records. With Eggerth coaching the squad, the men have broken 15 of 17 indoor records and 17 of 21 outdoor records. The women have broken 16 of 17 indoor records as well as breaking 15 of 21 outdoor school records.

Bilal Abdullah shined under Eggerth's leadership in 2015. He became the first Owl to ever score points at the NCAA Indoor Championships. Abdullah competed in nine meets during the season including three heptathlons. He won the heptathlon at the A-Sun Championships establishing a new A-Sun heptathlon scoring record of 5600 points. Set new A-Sun heptathlon superlatives in the 60m dash (6.89), 60m hurdles (8.04), high jump (2.09m, 6-10.25), and long jump (7.01m, 23-0) which were good for four wins and helped earn him a trip to the NCAA Indoor Championships.



THE EGGERTH FILE

Birthdate	July 15, 1977
Hometown	Fridley Minnesota
High School	Spring Lake Park HS
College	Bemidji State
Family	wife, Agne

PLAYING CAREER

1997-00 Bemidji State

COACHING CAREER

2000-01	Syracuse (Graduate Assistant)
2001-02	Syracuse (Graduate Assistant)
2002-03	Nat. Sports Center (Head Coach)
2003-04	Nat. Sports Center (Head Coach)
2004-05	UAB (Assistant Coach)
2005-06	UAB (Assistant Coach)
2006-07	Kansas State (Assistant Coach)
2007-08	Kansas State (Assistant Coach)
2008-09	Kansas State (Assistant Coach)
2009-10	Kansas State (Assistant Coach)
2010-11	Kennesaw State (Head Coach)
2011-12	Kennesaw State (Head Coach)
2012-13	Kennesaw State (Head Coach)
2013-14	Kennesaw State (Head Coach)
2014-15	Kennesaw State (Head Coach)
2015-16	Kennesaw State (Head Coach)

YEAR-BY-YEAR CROSS COUNTRY A-SUN

CHAMPIONSHIP RESULTS

2010	 First, Ninth
2011	 Second, Ninth
2012	 Third, Fourth
2013	 Tenth, Ninth
2014	 Sixth, Fourth

Men, Women

POSTSEASON HISTORY

2011	NCAA Regionals
2012	NCAA Regionals
2014	NCAA Regionals

HONORS

NCAA ALL-REGION

2010 Mackenzie Howe

USTFCCCA

ALL-AMERICANS

2011	Nabil Hammud, Ryan Burrus
2012	Ryan Burruss, Natan Reuter

A-SUN CONFERENCE RUNNER OF THE YEAR

2010 Mackenzie Howe

A-SUN CONFERENCE FRESHMAN OF THE YEAR

2014 Daniel Garcia



DIRECTOR OF CC/TF ANDY EGGERTH

He collected two wins in the 60m (6.90) and the long jump (7.65m, 25-1.25) and two second place finishes in the 60m hurdles and the high jump at the NCAA Indoor Championships.

One student-athlete that has thrived under Eggerth's direction specifically is Andre Dorsey. He had one of the best seasons in a Kennesaw State uniform in 2014 being the only athlete in the country to qualify for the long jump, triple jump and high jump at the NCAA Indoor National Championships. At one point during the season, he was the number one triple jumper in the nation. Dorsey was named the Men's Most Valuable Performer at the Atlantic Sun Championship for the third straight year and currently holds the A-Sun records in the triple and high jump. He also was the first KSU track and field member to compete at the USA Outdoor Championships in 2013.

In 2015, Josh Mulder qualified for the NCAA Outdoor Championship finals in the decathlon and Drew Duggans qualified in the 100m. Mulder took home 14th which earned him second team All-American honors. The women's 4x100 team qualified for the NCAA Outdoor Championships for the in 2013 and 2014 and finished in 14th place in 2014 earning second team All-American honors.

The Owls have also had a lot of success in the classroom under Eggerth. Since the Atlantic Sun debuted the Academic All-Conference team in 2012, Kennesaw State track and field and cross country have had 40 team members selected, including the 2012 Women's Indoor Track and Field Scholar Athlete of the Year, Naomi Mack. In his first five years, he has had 49 athletes become Presidential Scholars after achieving 4.0 GPA's during a semester. The women's cross country team is a national program of Recognition for perfect APR four years in a row.

To go along with these student-athletes commitment in the classroom and the track, they are also committed to helping in the community as they have accumulated over 1500 hours during the 2014-15 academic year.

Eggerth came to Kennesaw State after spending the previous four years at Kansas State as their assistant coach for both track and field and cross country. At Kansas State, Eggerth worked with sprints and hurdles while also assisting with mid-distance and distance athletes. On top of his coaching duties, Eggerth also served as the assistant recruiting coordinator, assisted with fundraising and alumni relations, managed equipment and apparel, along with a host of other administrative responsibilities.

Prior to his time at Kansas State, Eggerth found great success at University of Alabama- Birmingham. After spending two years working with the sprinters and jumpers, Eggerth worked with the Blazer hurdlers and combined event athletes as well as recruiting, compliance and travel duties. During his three years there, the athletes under his direction were able to achieve 13 school records and seven freshman records. Eggerth also guided his athletes to 42 indoor personal bests and 33 outdoor personal bests.

Additionally, Eggerth worked for the National Sports Center (NSC) in Blaine, Minn. as the Track and Field Director for two years. During his time there, he managed almost 200 athletes while also organizing meets, planning the budget, hiring assistant coaches and recruiting athletes and coaching the sprinters and hurdlers at the NSC.

Before his appointment at the NSC, Eggerth completed his master's degree in exercise physiology at Syracuse University while serving as a graduate assistant coach for sprinters and hurdlers. During this time, he was also competing in post-collegiate events.

Before his graduate work, Eggerth completed his undergraduate work at Bemidji State (Minn.) University, earning a Bachelor of Science degree in physical education as well as a Bachelor of Arts degree in sport management. Eggerth's success went beyond the classroom as he broke 16 school records, one conference

record and qualified for the NCAA Championship in five events.

Eggerth is an instructor for the USTFCCA Coaches Academy and has written the physiology curriculum. He has "Elite Coach" certification from the IAAF in sprints and hurdles, USATF level 3 certification in the Jumps, USTFCCA certification in the throws, and has been to USATF level 2 certification schools in distance events, combined events, jumps, and throws.

Eggerth was appointed to the newly created NCAA M/W Track & Field Rules Committee in 2012 that helps to continue advancing NCAA Track & Field. In 2015 Eggerth was named to the NCAA Track & Field and Cross Country Committee.

He is married to Agne Eggerth and currently resides Acworth, Ga.



HEAD COACH DAVID POTEET



David Poteet
Head Cross Country Coach • First Year
Berry College • 1980

THE POTEET FILE

Birthdate	May 19 1956
Hometown	Marietta, Ga
High School	Sprayberry HS
College	Berry College
Children	Britt (20), Logan (18) Reagan (16)

David Poteet was named head coach of the Kennesaw State cross country program, announced on Tuesday, Aug. 17 by Andy Eggerth - Director of Track & Field and Cross Country.

"I'm excited to announce the addition of David Poteet as our Cross Country and distance coach," Eggerth said. "He understands career periodization for athletes and brings a wealth of wisdom and experience to the role, coupled with a humility and desire to continue learning. I believe that David will be able to connect well with our student-athletes and motivate them to fulfill their potential. Being local, I anticipate we'll have stability for our distance athletes and the recruiting benefit of the many Georgia coaches he knows."

Poteet comes to Kennesaw State after spending one year at Kell High School as the assistant cross country and track and field middle distance/distance coach.

"30 years ago, I was the first combined track/cross country coach at what was then Kennesaw College," Poteet said. "To be back here and see the exciting, positive changes that have taken place at Kennesaw State University and the Department of Athletics is more than I could have ever hoped."

At Kell, Poteet led several athletes to claim prestigious awards including five gold medals and three silver medals at the GHSA Georgia Olympics and two first-place finishes in the 1600m and 3200m at the GHSA Georgia Olympics in the AAAAA classification. Under the helm of Poteet at Kell, runners saw record-breaking performances as Logan Poteet became only the sixth Georgia high school runner to ever break the nine minute mark in the 3200m (8:57.5) He also helped the Kell runners break six school records and win two cross country individual championships.

Prior to working at Kell, Poteet was the founder of the Bobby Dickerson Youth Runners, where he was a coach from 2005-14.

In addition, Poteet was the head coach of the Cross Country and Track and Field teams at Kennesaw College from 1984-86 which is now known as Kennesaw State University. In 1986, he was named NAIA District 25 Male Coach of the Year after leading the men's cross country team to a District 25 Conference Championship, which was the first team championship for any Kennesaw team.

Poteet graduated from Berry College with a degree in Speech and English and a journalism minor. He ran for the track team while at Berry where he won two NAIA District 25 Championships in the 400m and one in the 200m.

Poteet has three children Britt (20), Logan (18) and Reagan (16) and resides in Marietta.

PLAYING CAREER

1977-80 Berry College

COACHING CAREER

1980-82 Berry College (Track assistant)
1984 Kennesaw College (Volunteer Coach)
1985-86 Kennesaw College (Head Coach)
2015-16 Kennesaw State (Head Coach)

NAIA ALL-AMERICANS

1985 Jennifer Taylor

NAIA COACH OF THE YEAR

1986 David Poteet (District 25)



MEN'S PROGRAM RECORDS

A large, abstract orange watercolor splash that serves as a background for the main title.

PROGRAM RECORDS

**MEN'S YEAR-BY-YEAR TEAM RESULTS 2005-2014****2005**

Date	Meet	Place	Distance	Points
9/10	Mercer Invitational	1	5K	213
9/17	Crimson Classic	4	8K	123
10/1	Georgia Collegiate	1	8K	45
10/8	Auburn Invitational	13	8K	376
10/15	GSU Invitational	2	8K	50
10/29	A-Sun Championships	3	8K	78

2006

Date	Meet	Place	Distance	Points
9/2	JSU XC Season Opener	1	5K	28
9/9	Mercer Invitational	1	6K	15
9/16	Crimson Classic	4	8K	128
10/1	Auburn Invitational	8	8K	242
10/8	G-Webb CC Duels	2	6K	50
10/15	Furman Invitational	4	8K	125
10/29	A-Sun Championships	2	8K	79

2007

Date	Meet	Place	Distance	Points
9/1	JSU XC Opener	2	5K	22
9/8	Mercer Invitational	1	6K	73
9/15	Ga. State Invitational	2	8K	35
9/29	Auburn Invitational	6	8K	195
10/6	Dis. World XC Clas.	2	8K	142
10/13	JSU Foothills Inv.	2	8K	44
10/27	A-Sun Championships	4	8K	114

2008

Date	Meet	Place	Distance	Points
8/30	Jacksonville Inv.	1	5K	39
9/5	Powerade Inv.	3	5K	91
9/27	Mercer Invitational	4	8K	101
10/4	Auburn Invitational	12	8K	343
10/11	Dis. World Classic	4	8K	N/A
10/18	Front Runner Inv.	4	5K	69
11/1	A-Sun Championships	3	8K	87

2009

Date	Meet	Place	Distance	Points
9/5	JSU Struts XC Opener	1	5K	23
9/11	UTC Powerade Inv.	3	5K	55
9/18	Crimson Classic	6	8K	72
9/26	Mercer Invitational	1	8K	37
10/10	Dis. World XC Clas.	1	8K	42
10/23	KSU Owl Invitational	1	5K	24
10/31	A-Sun Championships	1	8K	45
11/14	NCAA South Regional	8	10K	299

2010

Date	Meet	Place	Distance	Points
9/11	UTC Invitational	2	5K	47
9/18	Crimson Classic	5	8K	108
10/2	Louisville Classic	47	8K	352
10/9	Samford Invitational	1	8K	16
10/16	Front Runner Inv.	2	5K	38
10/30	A-Sun Championships	1	8K	55
11/13	NCAA South Regional	9	10K	244

2011

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	9	5K	15:52.27
9/9	Auburn Invitational	2	6K	19:12.7
9/17	GSU Invitational	2	8K	26:22.0
10/1	Louisville Classic	19	8K	25:14.24
10/15	Crimson Classic	7	8K	26:15.25
10/29	A-Sun Championships	2	8K	25:36.9
11/12	NCAA Regional	7	10K	31:47.6

2012

Date	Meet	Place	Distance	Points
8/31	Belmont Invitational	4	5K	114
9/7	Auburn Invitational	2	6K	54
9/22	UWG Wolves XC Inv.	1	8K	35
10/5	FSU XC Invitational	3	8K	113
10/13	NCAA Pre-Nat'l	40	8K	970
10/27	A-Sun Championships	3	8K	85
11/9	NCAA South Regionals	10	10K	85

2013

Date	Meet	Place	Distance	Points
8/30	JU Short Course Duels	5	5.1K	70
8/31	North Florida XC Inv.	3	5K	79
11/2	A-Sun Championships	10	8K	303

2014

Date	Meet	Place	Distance	Points
8/30	Clemson Invitational	3	5K	72
9/20	Mt. Dew Invitational	5	8K	150
10/4	Gr. Louisville Classic	25	8K	658
10/17	Crimson Classic	19	8K	506
11/1	A-Sun Championships	6	8K	136
11/4	NCAA South Regionals	DNF	10K	0



2014 INDIVIDUAL RESULTS

Daniel Garcia (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invit.	1	5K	19:44.6
9/20	Mt. Dew Invit.	2	8K	24:25.70
10/4	Gr. Louisville Cl.	27	8K	24:41.40
10/17	Crimson Classic	2	8K	24:58.30
11/1	A-Sun Championships	2	8K	25:03.00

Cameron Gatt (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invit.	15	5K	21:11.6
9/20	Mt. Dew Invite	23	8K	25:36.07
10/4	Gr. Louisville Cl.	225	8K	27:17.26
10/17	Crimson Classic	167	8K	28:04.34
11/1	A-Sun Championships	49	8K	26:33.25

Jordan Hand (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invit.	39	5K	23:30.3
9/20	Mt.Dew Invit.	63	8K	27:37.90
10/4	Gr. Louisville Cl.	227	8K	27:22.24
10/17	Crimson Classic	158	8K	27:54.73
11/1	A-Sun Championships	43	8K	27:40.85

Dylan Titon (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invit.	9	5K	20:38.2
9/20	Mt.Dew Invit.	10	8K	25:08.00
10/4	Gr. Louisville Cl.	90	8K	25:28.09
10/17	Crimson Classic	37	8K	26:00.72
11/1	A-Sun Championships	18	8K	26:07.95

Natan Reuter(R-Jr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invit.	45	5K	24:37.5
9/20	Mt.Dew Invit.	85	8K	34:46.00
10/4	Gr.Louisville Cl.	230	8K	27:28.45
10/17	Crimson Classic	261	8K	39:23.23
11/1	A-Sun Championships	60	8K	34:39.85



2013 INDIVIDUAL RESULTS

Brett Carter (Jr.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	3	5.1K	18:00.0
8/31	UNF XC Inv.	9	5K	16:43.0
10/5	Gr. Louisville Clas.	62	8K	28:16.23
11/2	A-Sun Championships	52	8K	27:50.80

Kaarel Mangusson (R-So.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	14	5.1K	21:49.0
8/31	UNF XC Inv.	19	5K	23:56.0
11/2	A-Sun Championships	74	8K	32:52.06

Matt Morris (Jr.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	15	5.1K	21:51.0
8/31	UNF XC Inv.	16	5K	20:24.0
11/2	A-Sun Championships	76	8K	33:00.77

Josh Mulder (So.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	17	5.1K	21:59.0
8/31	UNF XC Inv.	17	5K	20:35.0
11/2	A-Sun Championships	78	8K	34:01.06

Tyshawn Smith (So.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	21	5.1K	24:06.0
8/31	UNF XC Invitational	18	5K	23:56.0
11/2	A-Sun Championships	79	8K	38:41.94

Legend;

UNF XC Inv.: North Florida Invitational



2012 INDIVIDUAL RESULTS

Ryan Burruss (Sr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	11	5K	15:49.10
9/7	Auburn Invitational	5	6K	19:20.7
9/22	UWG Wolves XC Inv.	3	8K	24:20.54
10/5	FSU XC Invitational	13	8K	26:05.2
10/13	NCAA Pre-Nat'l	191	8K	25:10.5
10/27	A-Sun Championships	7	8K	25:01.5

Nabil Hamid (Sr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	27	5K	16:15.90
9/7	Auburn Invitational	7	6K	19:32.4
9/22	UWG Wolves XC Inv.	1	8K	24:01.06
10/5	FSU XC Invitational	6	8K	25:32.0
10/13	NCAA Pre-Nat'l	94	8K	24:26.7
10/27	A-Sun Championships	2	8K	24:43.8
11/9	NCAA South Regional	7	10K	30:43.0
11/17	NCAA Championships	147	10K	31:05.0

Justin Howell (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	64	5K	17:09.20
9/7	Auburn Invitational	26	6K	21:01.9
9/22	UWG Wolves XC Inv.	15	8K	25:43.37
10/5	FSU XC Invitational	69	8K	28:01.7
10/13	NCAA Pre-Nat'l	272	8K	26:41.8
10/27	A-Sun Championships	45	8K	26:59.5
11/9	NCAA South Regional	156	10K	35:07.1

Josh Jenkins (So.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	45	5K	16:32.50
9/7	Auburn Invitational	20	6K	20:15.5
9/22	UWG Wolves XC Inv.	7	8K	24:48.94
10/5	FSU XC Invitational	34	8K	26:58.7
10/13	NCAA Pre-Nat'l	264	8K	26:35.3
10/27	A-Sun Championships	30	8K	26:26.0
11/9	NCAA South Regional	116	10K	33:30.2

Natan Reuter (So.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	10	5K	15:48.50
9/7	Auburn Invitational	3	6K	19:07.9
9/22	UWG Wolves XC Inv.	12	8K	25:14.82
10/5	FSU XC Invitational	11	8K	25:47.8
10/13	NCAA Pre-Nat'l	155	8K	24:53.7
10/27	A-Sun Championships	5	8K	24:53.5
11/9	NCAA South Regional	18	10K	31:02.0

Jose Santos (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	40	5K	16:26.8
9/7	Auburn Invitational	19	6K	20:15.5
10/5	FSU XC Invitational	62	8K	27:43.9
10/13	NCAA Pre-Nat'l	266	8K	26:41.8
10/27	A-Sun Championships	38	8K	26:37.4
11/9	NCAA South Regional	38	10K	33:40.8

**2011 INDIVIDUAL RESULTS****Ryan Burruss (Jr.)**

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	12	5K	15:52.27
9/9	Auburn Invitational	3	6K	19:12.7
9/17	GSU Invitational	10	8K	26:22.0
10/1	Louisville Classic	70	8K	25:14.24
10/15	Crimson Classic	44	8K	26:15.25
10/29	A-Sun Championships	8	8K	25:36.9
11/12	NCAA Regional	20	10K	31:47.6

Brett Carter (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	76	5K	17:27.12
9/9	Auburn Invitational	29	6K	21:19.6
10/15	Crimson Classic	104	8K	28:04.28
10/29	A-Sun Championships	66	8K	28:04.02

Nabil Hamid (Jr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	83	5K	17:51.98
9/9	Auburn Invitational	2	6K	19:12.3
9/17	GSU Invitational	1	8K	25:39.0
10/1	Louisville Classic	27	8K	24:37.71
10/15	Crimson Classic	3	8K	25:02.14
10/29	A-Sun Championships	2	8K	24:55.41
11/12	NCAA South Regional	6	10K	31:10.0
11/17	NCAA Championship	87	10K	30:41.8

Cole Jakob (Sr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	49	5K	16:43.2
9/9	Auburn Invitational	15	6K	20:33.1
9/17	GSU Invitational	54	8K	28:26.0
10/1	Louisville Classic	205	8K	26:59.61
10/15	Crimson Classic	85	8K	27:29.16
10/29	A-Sun Championships	51	8K	27:13.4
11/12	NCAA South Regional	150	10K	36:06.1

Josh Jenkins (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	52	5K	16:52.86
9/9	Auburn Invitational	21	6K	20:47.2
9/17	GSU Invitational	30	8K	27:29.0
10/1	Louisville Classic	129	8K	26:03.07
10/15	Crimson Classic	55	8K	26:32.03
10/29	A-Sun Championships	38	8K	26:43.28
11/12	NCAA South Regional	104	10K	33:59.2

Jaakko Nieminen (Sr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	61	5K	17:04.09
9/17	GSU Invitational	8	8K	26:17.0
10/1	Louisville Classic	65	8K	25:09.96
10/15	Crimson Classic	15	8K	25:32.96
10/29	A-Sun Championships	3	8K	25:12.32
11/12	NCAA South Regional	58	10K	33:10.9

Steve Murray (Sr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	40	5K	16:32.21
9/17	GSU Invitational	24	8K	27:15.0
10/1	Louisville Classic	186	8K	26:33.12
10/15	Crimson Classic	48	8K	26:26.96
10/29	A-Sun Championships	28	8K	26:19.15
11/12	NCAA South Regional	77	10K	33:29.4

Zach Tupper (So.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	66	5K	17:11.67
9/9	Auburn Invitational	27	6K	21:09.6
9/17	GSU Invitational	29	8K	27:28.0
10/1	Louisville Classic	188	8K	26:35.54
10/15	Crimson Classic	132	8K	29:48.95
10/29	A-Sun Championships	40	8K	26:49.85
11/12	NCAA South Regional	103	10K	33:58.2

Parker Whitlock (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Opener	69	5K	17:15.53
9/9	Auburn Invitational	28	6K	21:09.7
9/17	GSU Invitational	63	8K	28:55.0
10/1	Louisville Classic	236	8K	28:21.37
10/15	Crimson Classic	121	8K	29:01.33



2010 INDIVIDUAL RESULTS

Ryan Burruss (So.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	8	5K	15:55
9/18	Crimson Classic	36	8K	26:17.0
10/2	Louisville Classic	128	8K	25:24.0
10/9	Samford Invitational	5	8K	26:38.0
10/16	Front Runner Inv.	8	5K	15:45.0
10/30	A-Sun Championships	16	8K	26:35.78
11/13	NCAA South Regional	73	10K	32:42.03

Andrew Greeson (Jr.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	36	5K	17:12
9/18	Crimson Classic	89	8K	28:59.0
10/2	Louisville Classic	308	8K	27:42.0
10/9	Samford Invitational	12	8K	27:48.0
10/16	Front Runner Inv.	24	5K	16:42.0
10/30	A-Sun Championships	53	8K	26:51.4

Nabil Hamid (So.)

Date	Meet	Place	Distance	Time
9/18	Crimson Classic	29	8K	25:52.0
10/2	Louisville Classic	48	8K	24:41.0
10/9	Samford Invitational	3	8K	25:55.0
10/16	Front Runner Inv.	4	5K	15:15.0
10/30	A-Sun Championships	2	8K	24:41.66
11/13	NCAA South Regional	14	10K	30:40.04

Nathan Haskins (Sr.)

Date	Meet	Place	Distance	Time
9/18	Crimson Classic	5	8K	24:27.0
10/2	Louisville Classic	14	8K	24:03.0
10/30	A-Sun Championships	39	8K	26:27.93

Cole Jakob (Fr.)

Date	Meet	Place	Distance	Time
9/18	Crimson Classic	92	8K	29:09.0
10/2	Louisville Classic	305	8K	27:36.0
10/9	Samford Invitational	18	8K	28:28.0
10/16	Front Runner Inv.	26	5K	16:46.0

Steve Murray (Jr.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	16	5K	16:15
9/18	Crimson Classic	43	8K	26:42.0
10/16	Front Runner Inv.	29	5K	16:59.0
10/30	A-Sun Championships	35	8K	26:17.93
11/13	NCAA South Regional	101	10K	33:35.58

Jaakko Nieminen (Jr.)

Date	Meet	Place	Distance	Time
9/18	Crimson Classic	21	8K	25:37.0
10/2	Louisville Classic	49	8K	24:42.0
10/9	Samford Invitational	2	8K	25:43.0
10/16	Front Runner Inv.	5	5K	15:19.0
10/30	A-Sun Championships	3	8K	24:44.22
11/13	NCAA South Regional	31	10K	31:22.34

Kyle Pearson (So.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	50th	5K	17:49.0
9/18	Crimson Classic	111	8K	30:30.0
10/2	Louisville Classic	315	8K	28:28.0
10/16	Front Runner Inv.	38	5K	18:35.0

Zach Tupper (Fr.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	17	5K	16:17.0
9/18	Crimson Classic	48	8K	26:57.0
10/2	Louisville Classic	300	8K	27:29.0
10/9	Samford Invitational	7	8K	27:13.0
10/16	Front Runner Inv.	15	5K	16:12.0
10/30	A-Sun Championships	41	8K	26:29.84
11/13	NCAA South Regional	81	10K	32:53.33

Dylan Swafford (Fr.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	17	5K	16:17
9/18	Crimson Classic	59	8K	27:15.0
10/16	Front Runner Inv.	19	5K	16:27.0
10/30	A-Sun Championships	27	8K	26:04.66
11/13	NCAA South Regional	119	10K	34:18.69

Matt Weiden (Fr.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	42	5K	17:26
10/2	Louisville Classic	313	8K	28:25.0
10/9	Samford Invitational	21	8K	28:44.0
10/16	Front Runner Inv.	32	5K	17:21.0

Piotr Witczak (Sr.)

Date	Meet	Place	Distance	Time
9/11	UTC Invitational	12th	5K	16:04
9/18	Crimson Classic	33	8K	26:01.0
10/2	Louisville Classic	141	8K	25:30.0
10/9	Samford Invitational	1	8K	25:41.0
10/16	Front Runner Inv.	6	5K	15:24.0
10/30	A-Sun Championships	7	8K	25:11.88

**2009 INDIVIDUAL RESULTS****Scott Burley (So.)**

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Classic	18	5K	15:33
9/26	Mercer Runfit Inv.	3	8K	27:35
10/10	Walt Dis.XC World Clas.	2	8K	27:51.0
10/23	KSU Owl Invitational	7	8K	17:12.99
10/31	A-Sun Championships	11	5K	27:10.0
11/14	NCAA Regional	91	10K	33:07.04

Ryan Burruss (Fr.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Opener	9	5K	15:10.0
9/11	UTC Powerade Inv.	15	5K	16:36.0
9/18	Crimson Classic	57	8K	27:17.0
9/26	Mercer Runfit Sports Inv.	21	8K	28:02.0
10/10	Dis. World XC Clas.	35	8K	27:39.0
10/23	KSU Owl Invitational	8	5K	16:59.01
10/31	A-Sun Championships	21	8K	27:04.0
11/14	NCAA South Regional	90	10K	33:17.15

Andrew Greeson (So.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Classic	38	5K	18:52
9/11	UTC Powerade Inv.	35	5K	18:16
9/18	Crimson Classic	54	8K	29:36
9/26	Mercer Runfit Inv.	25	8K	18:01.8

Nabil Hamid (Fr.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Opener	4	5K	14:54.0
9/11	UTC Powerade Inv.	11	5K	16:18.0
9/18	Crimson Classic	25	8K	26:07.0
9/26	Mercer Runfit Sports Inv.	4	8K	26:55.0
10/10	Dis. World XC Clas.	3	8K	26:04.8
10/23	KSU Owl Invitational	2	5K	16:07.21
10/31	A-Sun Championships	3	8K	25:45.0
11/14	NCAA South Regional	25	10K	31:17.57

Nathan Haskins (Jr.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Opener	2	5K	14:50.0
10/31	A-Sun Championship	8	8K	26:26.0
11/14	NCAA South Regional	93	10K	33:23.86

Michael Johnson (Sr.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Classic	16	5K	15:33
9/11	UTC Powerade Inv.	22	5K	16:57
9/19	Crimson Classic	50	8K	27:00
9/26	Mercer Runfit Inv.	12	8K	27:35
10/10	Walt Dis.XC World Clas.	41	8K	27:51.0
10/23	KSU Owl Invitational	16	8K	17:12.99
10/31	A-Sun Championships	23	5K	27:10.0
11/14	NCAA Regional	83	10K	33:07.04

Jaakko Nieminen (So.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Opener	7	5K	15:07.0
9/11	UTC Powerade Inv.	7	5K	16:15.0
9/18	Crimson Classic	23	8K	26:05.0
9/26	Mercer Runfit Sports Inv.	5	8K	27:00.0
10/10	Dis. World XC Clas.	12	8K	26:35.00
10/23	KSU Owl Invitational	3	5K	16:12.53
10/31	A-Sun Championships	5	8K	25:54.0
11/14	NCAA South Regional	45	10K	32:03.26

Kyle Pearson (So.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Classic	17	5K	15:36
9/11	UTC Powerade Inv.	17	5K	16:45
9/19	Crimson Classic	61	8K	27:28
10/10	Walt Dis.XC World Clas.	32	8K	27:33
10/23	KSU Owl Invitational	15	5K	17:28.07
10/31	A-Sun Championships	50	8K	28:47

Pekko Solla (Fr.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Opener	13	5k	15:20.0
9/11	UTC Powerade Inv.	22	5k	16:50.0
9/18	Crimson Classic	108	8K	30:40.0
9/26	Mercer Run Fit Inv.	15	8k	27:39.0
10/16	Walt Dis. XC Classic	16	8K	26:57.0
10/30	A-Sun Championships	41	8K	28:02.0

Kyle Pearson (So.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Classic	17	5K	15:36
9/11	UTC Powerade Inv.	17	5K	16:45
9/19	Crimson Classic	61	8K	27:28
10/10	Walt Dis.XC World Clas.	32	8K	27:33
10/23	KSU Owl Invitational	15	5K	17:28.07
10/31	A-Sun Championships	50	8K	28:47

Piotr Witczak (Jr.)

Date	Meet	Place	Distance	Time
9/5	JSU Struts XC Opener	3	5K	14:52.0
9/11	UTC Powerade Inv.	5	5K	16:07.0
9/18	Crimson Classic	41	8K	26:47.0
10/10	Dis. World XC Clas.	14	8K	26:39.6
10/23	KSU Owl Invitational	4	5K	16:12.74
10/31	A-Sun Championships	13	8K	26:45.0
11/14	NCAA South Regional	56	10K	32:29.71



2008 INDIVIDUAL RESULTS

Scott Burley (Jr.)

Date	Meet	Place	Distance	Time
8/30	Jacksonville Inv.	2	5K	15:46.0
9/5	Powerade Inv.	11	5K	15:57.0
9/27	Run Fit Invitational	20	8K	26:41.0
10/4	Auburn Invitational	33	8K	24:01.72
10/11	Dis. World Classic	7	8K	25:44.8
10/18	Front Runner Inv.	5	5K	15:19.0
11/1	A-Sun Championships	8	8K	25:12.10

Maxwell Ndungu (Sr.)

Date	Meet	Place	Distance	Time
8/30	Jacksonville Inv.	12	5K	16:37.0
9/5	Powerade Inv.	34	5K	17:03.0
9/27	Run Fit Invitational	38	8K	27:13.0
10/11	Dis. World XC Clas.	64	8K	27:09.7
10/18	Front Runner Inv.	23	5K	16:26.0
11/1	A-Sun Championships	31	8K	26:31.74

Scott Burley (Jr.)

Date	Meet	Place	Distance	Time
8/30	Jacksonville Inv.	2	5K	15:46.0
9/5	Powerade Inv.	11	5K	15:57.0
9/27	Run Fit Invitational	20	8K	26:41.0
10/4	Auburn Invitational	33	8K	24:01.72
10/11	Dis. World Classic	7	8K	25:44.8
10/18	Front Runner Inv.	5	5K	15:19.0
11/1	A-Sun Championships	8	8K	25:12.11

Gianni Catalano (So.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invitational	53	5K	18:08.0
9/27	Run Fit Invitational	64	8K	28:11.55
10/4	Auburn Invitational	167	8K	26:54.2
10/11	Dis. World XC Clas.	144	8K	28:47.4
10/18	Front Runner Inv.	40	5K	17:11.0
11/1	A-Sun Championships	43	8K	27:06.89

Daniel Grass (Fr.)

Date	Meet	Place	Distance	Time
8/30	Jacksonville Inv.	23	5K	17:33.0
9/5	Powerade Invitational	41	5K	17:22.0
9/27	Run Fit Invitational	58	8K	28:04.0
10/4	Auburn Invitational	171	8K	26:57.77
10/11	Dis. World XC Clas.	153	8K	28:57.4
10/18	Front Runner Inv.	34	5K	16:51.0

Mike Gunter (So.)

Date	Meet	Place	Distance	Time
9/27	Run Fit Invitational	154	8K	31:44.0
10/18	Front Runner Inv.	55	5K	18:53

Alex Hay (So.)

Date	Meet	Place	Distance	Time
9/5	Powerade Inv.	60	5K	18:33
10/18	Front Runner Inv.	45	5K	17:37
11/1	A-Sun Championships	53	8K	28:06

Travis Holmes (Fr.)

Date	Meet	Place	Distance	Time
8/31	Jacksonville Inv.	18	5K	17:18.0
9/5	Powerade Invitational	52	5K	18:06.0
10/12	Dis. World XC Clas.	58	8K	27:04.6
10/18	Front Runner Inv	21	5K	16:24
11/1	A-Sun Championships	21	8K	25:56

Josh James (So.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invitational	70	5K	20:42.0

Steve Murray (So.)

Date	Meet	Place	Distance	Time
8/30	Jacksonville Inv.	5	5K	16:06.0
9/5	Powerade Inv.	23	5K	16:30.0
9/27	Run Fit Invitational	15	8K	26:07.0
10/4	Auburn Invitational	80	8K	24:54.81
10/11	Dis. World XC Clas.	31	8K	26:27.6
10/18	Front Runner Inv.	17	5K	16:05.0
11/1	A-Sun Championships	15	8k	25:35.25

Jaakko Nieminen (Fr.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invi.	40	5K	17:21.0
9/27	Run Fit Invitational	22	8K	26:44.41
10/4	Auburn Invitational	123	8K	25:58.07
10/11	Dis. World XC Clas.	89	8K	27:39.4
10/18	Front Runner Inv.	22	5K	16:24.0
11/1	A-Sun Championships	25	8K	26:17.03

Robert Thorton (Fr.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invitational	62	5K	18:51.0

James Verdi (So.)

Date	Meet	Place	Distance	Time
8/30	Jacksonville Inv.	22	5K	17:32
9/5	Powerade Inv.	64	5K	19:06
9/27	Run Fit Invitational	115	8K	29:40.0
10/4	Auburn Invitational	151	8K	26:31
10/12	Dis. World XC Clas.	206	8K	30:36
10/18	Front Runner Inv.	43	5K	17:32

Adam Williams (So.)

Date	Meet	Place	Distance	Time
9/5	Powerade Inv.	61	5K	18:43
9/27	Run Fit Invitational	131	8K	30:16.0
10/18	Front Runner Inv.	48	5K	17:40.0

Piotr Witczak (So.)

Date	Meet	Place	Distance	Time
8/30	Jacksonville Inv.	3	5K	16:00.0
9/5	Powerade Inv.	13	5K	16:03.0
9/27	Run Fit Invitational	16	8K	26:17.0
10/4	Auburn Invitational	63	8K	24:32.3
10/11	Dis. World XC Clas.	35	8K	26:32.7

**2007 INDIVIDUAL RESULTS****Matthew Auers (So.)**

Date	Meet	Place	Distance	Time
9/1	JSU XC Opener	11	5K	15:31.9
9/8	Mercer Invitational	13	6K	22:03.23
9/15	Ga. State Invitational	25	8K	28:08.11
9/29	Auburn Invitational	52	8K	26:11.15
10/6	Dis. World XC Clas.	76	8K	27:38.23
10/13	JSU Foothills Inv.	26	8K	28:17.0
10/27	A-Sun Championships	48	8K	28:14.0

Gianni Catalano (Fr.)

Date	Meet	Place	Distance	Time
9/8	Mercer Invitational	18	6K	22:44.32
9/15	Ga. State Invitational	72	8K	29:58.51
9/29	Auburn Invitational	123	8K	28:02.15
10/6	Dis. World XC Clas.	136	8K	28:45.28
10/13	JSU Foothills Inv.	27	8K	28:47.0

Matteo DiCecco (Sr.)

Date	Meet	Place	Distance	Time
9/1	JSU XC Opener	14	5K	15:38.0
9/8	Mercer Invitational	12	6K	21:58.98
9/15	Ga. State Invitational	13	8K	27:40.83
9/29	Auburn Invitational	95	8K	27:09.26
10/6	Dis. World XC Clas.	38	8K	26:47.82
10/13	JSU Foothills Inv.	16	8K	27:30.0
10/27	A-Sun Championships	27	8K	27:15.0

Michael Gunter (So.)

Date	Meet	Place	Distance	Time
9/8	Mercer Invitational	39	6K	24:47.39

Alex Hay (Fr.)

Date	Meet	Place	Distance	Time
9/8	Mercer Invitational	51	6K	25:38
9/15	Ga. State Invitational	117	8K	32:03

Nathan Haskins (Fr.)

Date	Meet	Place	Distance	Time
9/1	JSU XC Opener	15	5K	15:46.0
9/8	Mercer Invitational	3	6K	20:57.51
9/15	Ga. State Invitational	6	8K	27:13.26
9/29	Auburn Invitational	39	8K	25:48.9
10/13	JSU Foothills Inv.	7	8K	26:28.0
10/27	A-Sun Championships	21	8K	26:47.0

Michael Johnson (Jr.)

Date	Meet	Place	Distance	Time
9/1	JSU XC Opener	16	5K	15:47.0
9/8	Mercer Invitational	7	6K	21:37.66
9/15	Ga. State Invitational	19	8K	27:53.5
9/29	Auburn Invitational	46	8K	26:03.05
10/6	Dis. World XC Clas.	22	8K	26:20.59
10/27	A-Sun Championships	31	8K	27:31.0

Steve Murray (Fr.)

Date	Meet	Place	Distance	Time
9/1	JSU XC Opener	13	5K	15:36.0
9/8	Mercer Invitational	5	6K	21:29.99
9/15	Ga. State Invitational	28	8K	28:17.28
9/29	Auburn Invitational	78	8K	26:48.64
10/6	Dis. World XC Clas.	58	8K	27:12.27
10/13	JSU Foothills Inv.	15	8K	27:23.0
10/27	A-Sun Championships	32	8K	27:37.0

Brett Luna (Fr.)

Date	Meet	Place	Distance	Time
9/8	Mercer Invitational	14	6K	22:26.18
9/15	Ga. State Invitational	73	8K	29:58.89
9/29	Auburn Invitational	151	8K	29:23.61
10/8	Dis. World XC Clas.	105	8K	28:11.25

Maxwell Ndungu (Jr.)

Date	Meet	Place	Distance	Time
9/8	Mercer Invitational	10	6K	21:26.6
9/15	Ga. State Invitational	96	8K	27:11
9/29	Auburn Invitational	32	8K	26:37
10/6	Dis. World XC Clas.	8	8K	26:31
10/13	JSU Foothills Inv.	34	8K	27:40

Peikko Solla (So.)

Date	Meet	Place	Distance	Time
9/1	JSU XC Opener	7	5K	15:20.0
9/8	Mercer Invitational	2	6K	20:27.77
9/15	Ga. State Invitational	8	8K	27:24.48
9/29	Auburn Invitational	64	8K	26:31.07
10/6	Dis. World XC Clas.	9	8K	25:44.22
10/13	JSU Foothills Inv.	4	8K	26:03.8
10/27	A-Sun Championships	9	8K	26:05.0

James Verdi (Fr.)

Date	Meet	Place	Distance	Time
9/8	Mercer Invitational	26	6K	23:50
9/15	Ga. State Invitational	112	8K	31:56

Adam Williams (So.)

Date	Meet	Place	Distance	Time
9/8	Mercer Invitational	11	6K	21:57.72
9/15	Ga. State Invitational	44	8K	28:49.7
9/29	Auburn Invitational	116	8K	27:46.18
10/6	Dis. World XC Clas.	85	8K	27:49.68
10/13	JSU Foothills Inv.	18	8K	27:41
10/27	A-Sun Championships	66	8K	29:21.0

Piotr Witczak (Fr.)

Date	Meet	Place	Distance	Time
9/1	JSU XC Opener	10	5K	15:31.5
9/8	Mercer Invitational	4	6K	20:57.89
9/15	Ga. State Invitational	14	8K	27:42.4
9/29	Auburn Invitational	50	8K	26:09.06
10/6	Dis. World XC Clas.	44	8K	26:54.27
10/13	JSU Foothills Inv.	10	8K	26:36.0
10/27	A-Sun Championships	42	8K	27:53.0



2006 INDIVIDUAL RESULTS

Matthew Auers (So.)

Date	Meet	Place	Distance	Time
9/2	JSU XC Season Opener	10	5K	16:42.0
9/9	Mercer Invitational	7	6K	22:01.0
9/16	Crimson Classic	68	8K	28:51.0
10/1	Auburn Invitational	86	8K	26:39.79
10/8	G-Webb CC Duels	18	6K	20:46.0

Scott Burley (Fr.)

Date	Meet	Place	Distance	Time
9/2	Mercer Invitational	3	6K	21:03.2
9/16	Crimson Classic	11	8K	25:47.58
10/1	Auburn Invitational	8	8K	24:16.9
10/8	G-Webb CC Duels	2	6K	19:10.8
10/15	Furman Invitational	3	8K	25:41.0
10/29	A-Sun Championships	3	8K	25:52.0

Tony Crocker (So.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	21	5K	18:10
10/1	Auburn Invitational	128	8K	29:43

Dan Gormley (Sr.)

Date	Meet	Place	Distance	Time
9/2	JSU XC Season Opener	3	5K	15:51.3
9/9	Mercer Invitational	2	6K	20:51.5
9/16	Crimson Classic	20	8K	26:19.29
10/1	Auburn Invitational	62	8K	25:17.17
10/15	Furman Invitational	47	8K	27:50.0
10/29	A-Sun Championships	18	8K	27:14.0

Nathan Haskins (Fr.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	7	5K	16:18.5
9/9	Mercer Invitational	6	6K	21:54.4

Michael Johnson (So.)

Date	Meet	Place	Distance	Time
9/2	JSU XC Season Opener	6	5K	16:13.8
9/9	Mercer Invitational	4	6K	21:20.7
9/16	Crimson Classic	39	8K	27:22.37
10/1	Auburn Invitational	71	8K	26:14.62
10/8	Gardner-Webb Duels	16	6K	20:35.0
10/15	Furman Invitational	42	8K	27:45.0
10/29	A-Sun Championships	24	8K	27:47.0

Walter Keeshan (Fr.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	12	5K	16:54.7
9/16	Crimson Classic	60	8K	28:32.39
10/8	G-Webb CC Duels	21	6K	20:49.0

Brett Luna (So.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	19	5K	17:37
10/1	Auburn Invitational	109	8K	27:35

Kevin Mahncke (So.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	23	5K	16:13.8

Maxwell Ndungu (So.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	8	5K	16:28.3
9/9	Mercer Invitational	5	6K	21:38.4
9/16	Crimson Classic	30	8K	27:03.82
10/1	Auburn Invitational	67	8K	26:07.41
10/8	G-Webb CC Duels	14	6K	20:18.0
10/29	A-Sun Championships	23	8K	27:47.0

Scott Phillips (So.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	13	5K	17:01.3
9/16	Crimson Classic	67	8K	28:55.86
10/1	Auburn Invitational	90	8K	26:48.93
10/15	Furman Invitational	64	8K	28:22.0

Peikko Solla (Fr.)

Date	Meet	Place	Distance	Time
9/2	JSU XC Season Opener	4	5K	16:01.9
9/9	Mercer Invitational	1	6K	20:47.3
9/16	Crimson Classic	28	8K	27:01.89
10/1	Auburn Invitational	34	8K	25:18.53
10/8	G-Webb CC Duels	8	6K	19:55.0
10/15	Furman Invitational	12	8K	26:36.0
10/29	A-Sun Championships	11	8K	26:48.0

Wes Vernon (So.)

Date	Meet	Place	Distance	Time
9/3	JSU XC Season Opener	17	5K	16:13.8
10/1	Auburn Invitational	123	8K	28:46



2005 INDIVIDUAL RESULTS

Matthew Auers (Fr.)

Date	Meet	Place	Distance	Time
9/17	Crimson Classic	68	8K	28:51.00
10/1	Georgia Collegiate	69	8K	28:55.00
10/15	GSU Invitational	68	8K	28:22.05

Matthew Coy (Fr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	30	5K	18:15.41
9/16	Crimson Classic	57	8K	28:25.52
10/1	Georgia Collegiate	29	8K	27:26.00
10/8	Auburn Invitational	102	8K	26:04.0
10/15	GSU Invitational	16	8K	26:52.98
10/29	A-Sun Championships	35	8K	27:06.0

Dan Gormley (Jr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	5	5K	17:10.43
9/17	Crimson Classic	44	8K	27:43.3
10/1	Georgia Collegiate	12	8K	26:28.00
10/15	GSU Invitational	15	8K	26:51.08
10/29	A-Sun Championships	14	8K	25:48.0

Michael Johnson (Fr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	27	5K	28:22.1
10/1	Georgia Collegiate	33	8K	27:36.00
10/8	Auburn Invitational	141	8K	26:46.0
10/15	GSU Invitational	23	8K	27:46.57
11/0/29	A-Sun Championships	39	8K	27:32.0

Piotr Kaszkur (Sr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	1	5K	16:53.38
9/17	Crimson Classic	23	8K	26:44.81
10/1	Georgia Collegiate	4	8K	25:51.00
10/8	Auburn Invitational	126	8K	26:32.00
10/15	GSU Invitational	9	8K	26:24.99
10/29	A-Sun Championships	11	8K	25:44.0

Maxwell Ndungu (Fr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	12	5K	17:34.53
9/16	Crimson Classic	35	8K	27:12.6
10/1	Georgia Collegiate	22	8K	26:59.00
10/8	Auburn Invitational	108	8K	26:08.0
10/15	GSU Invitational	22	8K	27:36.02
10/29	A-Sun Championships	34	8K	27:05.0

Alex Parker (Fr.)

Date	Meet	Place	Distance	Time
10/1	Georgia Collegiate	128	8K	32:35.00
10/15	GSU Invitational	123	8K	32:23.70

Scott Phillips (Fr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	28	5K	18:08.58
9/16	Crimson Classic	70	8K	29:03.0
10/1	Georgia Collegiate	45	8K	27:52.0
10/8	Auburn Invitational	151	8K	26:57.0
10/15	GSU Invitational	52	8K	28:00.67

Lukasz Skrzypiec (Sr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	3	5K	17:08.35
9/17	Crimson Classic	24	8K	26:45.99
10/1	Georgia Collegiate	6	8K	25:56.0
10/8	Auburn Invitational	52	8K	25:15.0
10/15	GSU Invitational	7	8K	26:06.37
10/29	A-Sun Championships	16	8K	25:56.0

Jason Waters (Sr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	2	5K	16:54.93
9/17	Crimson Classic	10	8K	26:01.2
10/1	Georgia Collegiate	2	8K	25:15.0
10/8	Auburn Invitational	21	8K	24:37.0
10/15	GSU Invitational	3	8K	25:39.93
10/29	A-Sun Championships	3	8K	25:21.0



A-SUN CHAMPIONSHIP TEAM RESULTS

2005		
Place	Team	Points
1	Kennesaw State	40
2	ETSU	82
T-3	North Florida	98
T-3	USC Upstate	98
5	Belmont	102
6	Lipscomb	134
7	Mercer	194
8	Florida Gulf Coast	206
9	Campbell	210
10	Jacksonville	324
11.	Stetson	354

2006		
Place	Team	Points
1	Belmont	23
2	Kennesaw State	79
3	ETSU	96
4	Gardner-Webb	97
5	Campbell	128
6	North Florida	129
7	Lipscomb	168
8	Mercer	206
9	Stetson	280
10.	Jacksonville	313

2007		
Place	Team	Points
1	Belmont	30
2	ETSU	46
3	Campbell	88
4	Kenneaw State	114
5	Gardner-Webb	136
6	North Florida	152
7	Lipscomb	198
8	Florida Gulf Coast	204
9	Mercer	233
10.	USC Upstate	297
11.	Stetson	344
12.	Jacksonville	386

2008		
Place	Team	Points
1	ETSU	29
2	Belmont	35
3	Kennesaw State	87
4	North Florida	122
5	Campbell	129
6	Lipscomb	141
7	Florida Gulf Coast	210
8	USC Upstate	227
9	Mercer	245
10.	Stetson	308
11.	Jacksonville	347

2009		
Place	Team	Points
1	Kennesaw State	40
2	ETSU	82
T-3	North Florida	98
T-3	USC Upstate	98
5	Belmont	102
6	Lipscomb	134
7	Mercer	194
8	FGCU	206
9	Campbell	210
10.	Jacksonville	324
11.	Stetson	354

2010		
Place	Team	Points
1	Kennesaw State	55
2	Belmont	68
3	USC Upstate	80
4	North Florida	96
5	Campbell	114
6	ETSU	137
7	Mercer	169
8	FGCU	200
9	Lipscomb	214
10.	Stetson	324
11.	Jacksonville	334

2011		
Place	Team	Points
1	USC Upstate	69
2	Kennesaw State	79
3	Belmont	84
4	Lipscomb	90
5	North Florida	94
6	ETSU	104
7	Mercer	145
8	Florida Gulf Coast	177
9	Stetson	296
10.	Jacksonville	314

2012		
Place	Team	Points
1	USC Upstate	49
2	ETSU	53
3	Kennesaw State	85
4	Florida Gulf Coast	110
5	Mercer	126
6	Northern Kentucky	135
7	Lipscomb	142
8	North Florida	159
9	Stetson	255
10.	Jacksonville	305

2013		
Place	Team	Points
1	Lipscomb	26
2	Northern Kentucky	82
3	ETSU	83
4	Florida Gulf Coast	92
5	North Florida	107
6	USC Upstate	155
7	Mercer	194
T-8	Stetson	273
T-8	Jacksonville	273
10.	Kennesaw State	303

2014		
Place	Team	Points
1	Lipscomb	38
2	Northern Kentucky	48
3	North Florida	66
4	Florida Gulf Coast	108
5	USC Upstate	125
6	Kennesaw State	136
7	Stetson	209
8	Jacksonville	230



ATLANTIC SUN AND NCAA PERFORMANCES

Top Atlantic Sun Championship Team Performances

Year	Place	Points
2014	6th	136
2013	10th	303
2012	3rd	85
2011	2nd	79
2010	1st	55
2009	1st	40
2008	3rd	87
2007	4th	114
2006	2nd	79
2005	3rd	78

Top Atlantic Sun Championship Performances

Year	Runner	Time	Place
2010	Nabil Hamid	24:41.66	2nd
2012	Nabil Hamid	24:43.8	2nd
2010	J. Nieminen	24:44.22	3rd
2012	Natan Reuter	24:53.5	5th
2012	Ryan Burruss	25:01.5	7th
2014	Daniel Garcia	25:03.00	2nd
2010	Piotr Witzak	25:11.88	7th
2011	Nabil Hamid	25:12.32	2nd
2008	Scott Burley	25:12.11	8th
2011	J. Nieminen	25:13.32	3rd
2011	Ryan Burruss	25:36.90	8th
2009	Nabil Hamid	25:45.0	3rd
2006	Scott Burley	25:52.0	3rd

All-Atlantic Sun Conference Team

Year	Runners
2014	Daniel Garcia
2012	Nabil Hamid, Ryan Burruss, Natan Reuter
2011	Nabil Hamid and Jaakko Nieminen
2010	Nabil Hamid, Jaakko Nieminen, Piotr Witzak
2009	Scott Burley, Nabil Hamid, Jaakko Nieminen, Piotr Witzak, Nathan Haskins
2008	Scott Burley
2007	Peikko Solla
2006	Scott Burley
2005	Jason Waters

A-Sun Conference Men's Coach of the Year

Year	Coach
2010	Stan Sims
2009	Stan Sims

A-Sun Conference Men's Freshman Runner of the

Year	Runners
2014	Daniel Garcia
2008	Travis Holmes

All-Atlantic Sun Freshman Team

Date	Runners
2014	Daniel Garcia, Dylan Titon
2011	Josh Jenkins
2009	Nabil Hamid
2008	Jaakko Nieminen, Travis Holmes
2007	Matteo Dicecco
2006	Peikko Solla
2005	Dan Gormley

NCAA Regional Results

Year	Place	Points
2014	DNF	DQ
2012	10th	305
2011	7th	264
2010	9th	244
2009	8th	283

NCAA National Qualifier

Year	Runner	Time	Place
2012	Nabil Hamid	31:05.0	147th
2011	Nabil Hamid	30:41.8	87th

USTFCCCA All-Region Team

Year	Runners
2014	Daniel Garcia
2012	Nabil Hamid, Natan Reuter
2011	Nabil Hamid, Ryan Burruss

USTFCCCA All-Academic Team

Year	Runners
2014	Daniel Garcia
2013	Natan Reuter



MEN'S INDIVIDUAL RECORDS

Individual Records (2005-Present)

Fastest 8K Times

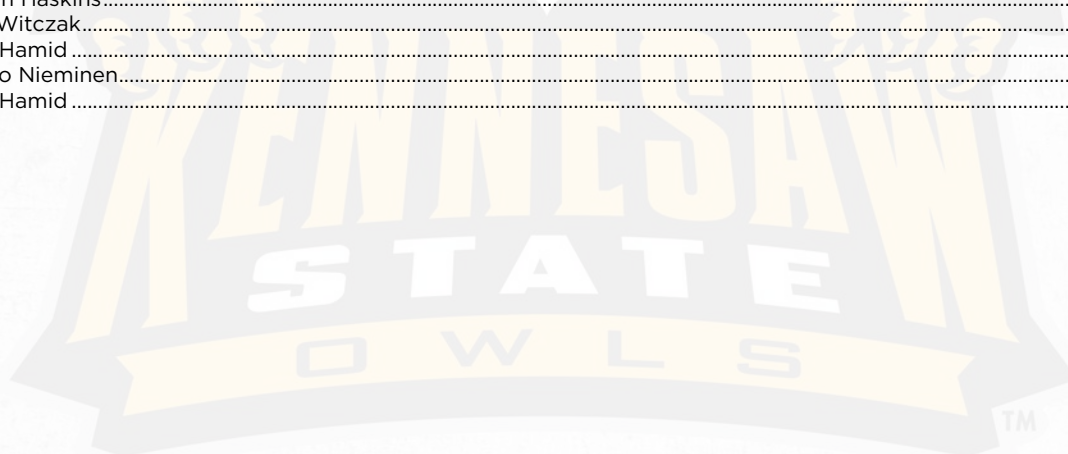
Year	Runner	Time
2012	Nabil Hamid	24:01.06
2008	Scott Burley	24:01.72
2010	Nathan Haskins.....	24:03.0
2006	Scott Burley	24:16.90
2012	Ryan Burruss	24:20.54

Fastest 6K Times

Year	Runner	Time
2012	Natan Reuter	19:07.9
2006	Scott Burley	19:10.8
2011	Nabil Hamid	19:12.3
2011	Ryan Burruss	19:12.7
2012	Ryan Burruss	19:20.7

Fastest 5K Times

Year	Runner	Time
2009	Nathan Haskins.....	14:50.0
2009	Piotr Witczak.....	14:52.0
2009	Nabil Hamid	14:54.0
2009	Jaakko Nieminen.....	15:07.0
2010	Nabil Hamid	15:15.0





PEACH BELT CHAMPIONSHIPS RESULTS AND HONORS

<u>Year</u>	<u>Place</u>
2004	1st
2003	1st
2002	1st
2001	1st
2000	2nd
1999	1st
1998	1st
1997	1st
1996	1st
1995	1st
1994	1st

Peach Belt Conference Men's Individual Champion

<u>Year</u>	<u>Runners</u>
2004	Joseph Mutai
2003	Joseph Mutai
2001	Gediminas Banevicius
1999	Jari Venalainen
1998	Edwin Bii
1997	Ambrose Kimambe
1996	Ambrose Kimambe
1995	Ambrose Kimambe
1994	Peter Mutheki

Peach Belt Conference Men's Outstanding Runner of the Year

<u>Year</u>	<u>Runners</u>
2004	Joseph Mutai
2003	Joseph Mutai
2001	Gediminas Banevicius
1999	Jari Venalainen
1998	Edwin Bii
1997	Ambrose Kimambe
1996	Ambrose Kimambe
1995	Ambrose Kimambe
1994	Peter Mutheki

Peach Belt Conference Men's Freshman Runner of the Year

<u>Year</u>	<u>Runners</u>
2002	Jason Waters
2001	Landon Taylor
2000	Greg Mason

Peach Belt Conference Men's Coach of the Year

<u>Year</u>	<u>Coach</u>
2004	Stan Sims
2003	Stan Sims
2002	Stan Sims
1996	Stan Sims
1995	Stan Sims
1994	Stan Sims

All Peach Belt Conference (Men)

<u>Year</u>	<u>Runners</u>
2004	Landon Taylor, Joseph Mutai, Kennedy Kitur, Jason Waters, Lukasz Skrzypiec
2003 ..	Greg Mason, Landon Taylor, Joseph Mutai, Jason Waters, Lukasz Skrzypiec, Francis Korir
2002	Greg Mason, Landon Taylor, Joseph Mutai, Piotr Flajszer, Albert Mokaya,
2002	Kennedy Kitur, Jason Waters
2001	Jari Venalainen, Greg Mason, Gediminas Banevicius, Landon Taylor
2000	Edwin Bii, Jari Venalainen, Bob Sams, Greg Mason
1999	Edwin Bii, Gary Woerner, Jari Venalainen, Jari Tourminen, Mikko Virta
1998	Mario Gomez, Edwin Bii, Gary Woerner, Martin Serrano
1997	Ambrose Kimitei, Mario Gomez, Luis Urteaga
1996	Peter Mutheki, Ambrose Kimitei, Salomon Corella, Julius Kiplorir
1995	Peter Mutheki, Kevin Bachtel, Ambrose Kimitei, David Kimaiyo, Salomon Corella
1994	Peter Mutheki, Paschal Renaud, Julius Ogachi, Curtis Crocker, Greg Clark, Kevin Bachtel, John Shoust
1993	Peter Mutheki



DIVISION II HONORS 1993-2004

Men's All-Americans

<u>Year</u>	<u>Runners</u>
2004.....	Landon Taylor, Jason Waters
2003.....	Joseph Mutai
2002.....	Joseph Mutai
2001.....	Gediminas Banevicius
1999	Jari Venalainen

Men's National Championship Individual Qualifier

<u>Year</u>	<u>Runners</u>
1998	Edwin Bi

Men's All-Southeast Region Team

<u>Year</u>	<u>Runners</u>
2004.....	Piotr Kaszkur, Lukasz Skrypiec
2003.....	Francis Korir, Greg Mason, Joseph Mutai, Landon Taylor, Jason Waters
2002.....	Albert Mokaya, Kennedy Kitur, Gediminas Banevicius
2001.....	Gediminas Banevicius, Landon Taylor, Edwin Bii
2000	Jari Venalainen, Edwin Bii, Bob Sams
1999	Mikko Virta, Gary Woerner
1998	Gary Woerner, Mario Gomez, Ambrose Kimitei
1997.....	Ambrose Kimitei, Jones Kirui
1996	Kevin Bachtel, Peter Mutheki
1995.....	Peter Mutheki
1994	Peter Mutheki



DIVISION II REGIONAL AND CHAMPIONSHIP RESULTS

NCAA Regional Results

Year	Place
2004.....	2nd
2003.....	2nd
2002.....	2nd
2001.....	2nd
2000.....	2nd
1999.....	1st
1998.....	1st
1997.....	1st
1996.....	1st
1995.....	1st
1994.....	1st

NCAA Championship Results

Year	Place
2004.....	10th
2003.....	9th
2002.....	13th
2001.....	14th
2000.....	22nd
1999.....	12th
1997.....	17th
1996.....	17th
1995.....	16th
1994.....	14th



ALL TIME COACHES AND ROSTER

All-Time Head Coaches

DAVE MORGAN	1992-93
STAN SIMS	1994-2011
RYAN WAGNER	2012-2013
JOEL PEARSON	2013-14
CHRIS RENGIFO	2015-

Men's All-Time Roster (1992-2014)

ALMAND, RICHARD	2006
AMINI, MEHRDAD	2000-01
AUERS, MATTHEW	2005-09
AUSTIN, JONATHAN	1992-93
BACHTEL, KEVIN	1995-97
BANEVICIUS, GEDIMINUS	2001
BENGTTSSON, DANIEL	2005
BII, EDWIN	1998-00
BILICH, MATTHEW	2005
BURLEY, SCOTT	2006-09
BURRUSS, RYAN	2009-12
CARTER, BRETT	2011-13
CATALANO, GIANNI	2007-09
CHELIMO, ALFONCE	2003-04
CHEPAYTOR, ALBERT	1999-00
CLARK, GREG	1995-97
COKER, ANDY	2001-02
COLLINS, JONATHAN	1992-93
CORELLA, SALOMON	1996-98
COY, MATTHEW	2005
CROCKER, ANTONIO	2006
DANIELS, MARK	1992-93
DARNELL, GABE	2001
DECARREAU, THOMAS	2012
DICECCO, MATTEO	2007
DOUGLASS, BRETT	1992-93
EDWARDS, TYLER	2006
FLAJSZER, PIOTR	2002
GARCIA, DANIEL	2014
GATT, CAMERON	2014
GOLDSACK, TIM	2005-06
GOMEZ, MARIO	1997-98
GORMLEY, DANIEL	2005-06
GREESON, ANDREW	2008-10
GUNTNER, MICHAEL	2007-08
HAMID, NABIL	2009-12
HAND, JORDAN	2014-PRESENT
HASKINS, NATHAN	2006-10
HAY, ALEX III	2007-08
HERALD, ALEX	2003
HOLMES, TRAVIS	2008
HOWELL, JUSTIN	2012
JACKOB, COLE	2010
JENKINS, JOSH	2011-12
JIMENEZ, JAVIER	1997
JOHNSON, MICHAEL	2005-07, 09
JUNTENEN, JUOKO	2006
KAAS, ALEX	2006
KASZKUR, PIOTR	2004-05
KEEL, ANDY	1997-98
KEESHAN, WALT	2006
KIBOGY, ABDUL	1998
KIMAIYO, DAVID	1996-98
KIMITEI, AMBROSE	1996-97
KIMITEI, SYMON	1996-97
KIPKORIR, JULIUS	1996-98
KIRUI, JONES	1997-99
KITUR, KENNEDY	2002-04
KORIR, FRANCIS	2003
LABBE, LARRY	1996
LUNA, BRETT	2006
MANGUSSON, KAAREL	2013

MASON, GREG	2000-03
MCNUTT, KYLE	1992-93
MERRILL, BRIAN	2006
MOKAYA, ALBERT	2002-04
MULDER, JOSHUA	2013
MUTAI, JOSEPH	2002-04
MUTHEKI, PETER	1995-96
MURRAY, STEVEN	2007-2011
NDUNGU, MAXWELL	2005-08
NIEMINEN, JAAKKO	2008-2011
O'BRYANT, BLAIR	2012-13
OGACHI, JULIUS	1995
PEARSON, KYLE	2010, 2012
PHILLIPS, SCOTT	2005-06
RENAUD, PASCAL	1995
REUTER, NATAN	2012-14
RICCARDO, STEVEN	1992-93
SAMS, BOB	2000
SANTOS, JOSE	2012
SERRANO, MARTIN	1998
SETSER, THOMAS	1999
SHOUST, JOHN	1995
SKRZYPIEC, LUKASZ	2003-05
SMITH, TYSHAWN	2013
SOLLA, PEIKKO	2006-09
SORRELLS, DUSTIN	1992-93
SWAFFORD, DYLAN	2010
SWEENEY, KIP	2002-05
TAYLOR, LONDON	2001-04
TITON, DYLAN	2014
TUOMINEN, JARI	1999
TUPPER, ZACH	2010
UCHIMA, JOHN	1997
URTEAGA, LUIS	1997-98
VAN, AMBURGH	1993
VENALAINEN, JARI	1999-02
VENTER, JANUS	2003
VERNON, WES	2006
VIRTA, MIKKO	1999
WALSH, SHANE	2004
WATKINS, DAVID	1999-00
WATERS, JASON	2002-05
WEBB, DAVID	1992-93
WEIDEN, MATT	2010
WHITLOCK, PARKER	2011
WILLIAMS, ADAM	2007
WITCZAK, PIOTR	2007-10
WOERNER, GARY	1998-99
YOUNG, ROB	1995-97
ZAVALA, PABLO	1997



WOMEN'S PROGRAM RECORDS

**PROGRAM
RECORDS**



MEET BY MEET TEAM RESULTS

2005

Date	Meet	Place	Distance	Points
9/10	Mercer Invitational	2	2mi.	39
9/17	Crimson Classic	5	5K	100
10/1	Georgia Collegiate	1	5K	38
10/8	Auburn Invitational	7	5K	214
10/15	GSU Invitational	1	5K	24
10/29	A-Sun Championships	1	5K	42

2006

Date	Meet	Place	Distance	Points
9/2	JSU CC Opener	1	2mi.	21
9/9	Mercer Invitational	1	5K	21
9/17	Crimson Classic	4	5K	133
10/1	Auburn Invitational	11	5K	259
10/8	G-Webb CC Duals	1	4K	50
10/15	Furman Invitational	4	5K	113
10/28	A-Sun Championships	3	5K	96

2007

Date	Meet	Place	Distance	Points
9/1	JSU CC Opener	1	2mi.	24
9/8	Mercer Invitational	1	5K	16
9/15	GSU Invitational	2	5K	41
9/29	Auburn Invitational	11	5K	323
10/7	Dis. World CC Clas.	7	5K	207
10/13	JSU Foothills Inv.	2	5K	32
10/27	A-Sun Championships	2	5K	83

2008

Date	Meet	Place	Distance	Points
8/30	JSU Invitational	1	2mi.	26
9/5	Powerade Invitational	4	2mi.	64
9/27	RunFit Invitational	2	5K	95
10/4	Auburn Invitational	28	5K	444
10/11	Dis. World CC Clas.	6	5K	286
10/18	Front Runner Inv.	2	2mi.	62
11/1	A-Sun Championships	2	5K	90

2009

Date	Meet	Place	Distance	Points
9/5	JSU CC Opener	1	2K	21
9/12	UTC Invitational	3	2K	48
9/19	Crimson Classic	7	5K	164
9/26	RunFit Invitational	1	5K	75
10/10	Dis. World CC Clas.	1	5K	79
10/23	KSU Invitational	1	2mi.	29
10/31	A-Sun Championships	2	5K	80

2010

Date	Meet	Place	Distance	Points
9/10	Powerade UTC Inv.	5	2mi.	111
9/18	Crimson Classic	9	5K	240
10/2	Louisville Classic	34	5K	811
10/9	Samford Invitational	4	5K	97
10/16	Front Runner Inv.	5	2mi.	142
10/30	A-Sun Championships	9	5K	217

2011

Date	Meet	Place	Distance	Points
9/2	Belmont Invitational	6	4K	192
9/9	Auburn Invitational	7	4K	186
9/17	GSU Invitational	4	6K	135
10/1	Louisville Classic	21	5K	696
10/15	Crimson Classic	17	5K	569
10/29	A-Sun Championships	9	5K	214

2012

Date	Meet	Place	Distance	Points
8/31	Belmont Invitational	6	4K	176
9/7	Auburn Invitational	6	4K	122
9/22	UWG Wolves XC Inv.	2	5K	46
10/5	FSU XC Invitational	6	6K	151
10/13	Front Runner Inv.	2	2mi	51
10/27	A-Sun Championships	4	5K	125

2013

Date	Meet	Place	Distance	Point
8/30	JU Short Course Duals	2	3.6K	46
8/31	North Florida XC Inv.	3	5K	73
9/20	Georgia State Inv.	6	4K	175
10/5	Greater Louisville Clas.	45	5K	747
11/2	A-Sun Championships	9	5K	230

2014

Date	Meet	Place	Distance	Points
8/30	Clemson Invitational	3	5K	53
9/20	Mt. Dew Invitational	6	5K	184
10/4	Gr. Louisville Classic	27	5K	700
10/17	Crimson Classic	20	4.9K	503
11/1	A-Sun Championships	4	4.9K	114
11/4	NCAA South Regionals	25	5.8K	650

**2014 INDIVIDUAL RESULTS****Evalina Beramand(Fr.)**

Date	Meet	Place	Distance	Time
8/30	Clemson Invit.	13	5K	18:50.0
9/20	Mt. Dew Invit.	50	5K	18:39.20
10/4	Gr. Louisville Classic	DNP	5K	DNP
10/17	Crimson Classic	DNP	4.9K	DNP
11/1	A-Sun Champ.	57	4.9K	20:51.04

Andzelika Bobrova (Jr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	32	5K	20:18.8
9/20	Mt. Dew Invitational	97	5K	19:46.82
10/4	Gr. Louisville Classic	263	5K	19:57.79
10/17	Crimson Classic	166	4.9K	20:05.67
11/1	A-Sun Champ.	46	4.9K	19:57.05

Claire Bohrer (Jr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	20	5K	19:15.3
9/20	Mt. Dew Invitational	92	5K	19:37.31
10/4	Gr. Louisville Classic	282	5K	20:32.52
10/17	Crimson Classic	121	4.9K	19:27.45
11/1	A-Sun Champ.	42	4.9K	19:38.13
11/14	NCAA South Reg.	169	5.8K	22:55.80

Greciana Cooper (Jr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	21	5K	19:16.7
9/20	Mt. Dew Invitational	109	5K	20:00.87
10/4	Gr. Louisville Classic	210	5K	19:14.60
10/17	Crimson Classic	DNF	4.9K	DNF
11/1	A-Sun Champ.	51	4.9K	20:38.20

Amanda Cope (Jr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	35	5K	20:34.3
9/20	Mt. Dew Invitational	103	5K	19:55.75
10/4	Gr. Louisville Classic	251	5K	19:43.42
10/17	Crimson Classic	197	4.9K	20:33.87
11/1	A-Sun Champ.	33	4.9K	19:15.24
11/14	NCAA South Reg.	155	5.8K	22:38.50

Kidan "Lilly" Kidane (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	2	5K	18:15.8
9/20	Mt. Dew Invitational	15	5K	17:52.33
10/4	Gr. Louisville Classic	121	5K	18:29.53
10/17	Crimson Classic	144	4.9K	19:42.47
11/1	A-Sun Champ.	11	4.9K	18:03.54
11/14	NCAA South Reg.	65	5.8K	21:06.10

Joyce Mattagliano (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	DNF	5K	DNF
9/20	Mt. Dew Invitational	56	5K	18:46.88
10/4	Gr. Louisville Classic	178	5K	18:59.95
10/17	Crimson Classic	DNF	4.9K	DNF
11/1	A-Sun Champ.	22	4.9K	18:44.92

Katrine Rasmussen (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	1	5K	18:02.8
9/20	Mt. Dew Invitational	21	5K	18:07.27
10/4	Gr. Louisville Classic	95	5K	18:19.55
10/17	Crimson Classic	55	4.9K	18:26.92
11/1	A-Sun Champ.	14	4.9K	18:17.33
11/14	NCAA South Reg.	84	4.K	21:20.90

Kennedy Sorge (Fr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	38	5K	20:56.4
9/20	Mt. Dew Invitational	79	5K	19:14.55
10/4	Gr. Louisville Classic	222	5K	19:21.30
10/17	Crimson Classic	148	4.9K	19:45.09
11/1	A-Sun Champ.	DNP	4.9K	DNP
11/14	NCAA South Reg.	187	5.8K	23:36.00

Paige Tucker (So.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	DNF	5K	DNF
9/20	Mt. Dew Invitational	DNP	5K	DNP
10/4	Gr. Louisville Classic	DNP	4.9K	DNP
10/17	Crimson Classic	DNP	4.9K	DNP
11/1	A-Sun Champ.	DNP	5.8K	DNP

Sydney Williams (Sr.)

Date	Meet	Place	Distance	Time
8/30	Clemson Invitational	26	5K	19:31.7
9/20	Mt. Dew Invitational	63	5K	18:53.10
10/4	Gr. Louisville Classic	194	5K	19:07.95
10/17	Crimson Classic	127	4.9K	19:34.11
11/1	A-Sun Champ.	41	5.8K	19:37.88



2013 INDIVIDUAL RESULTS

Andzelika Bobrova (So.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	15	3.6K	15:59.0
8/31	North Florida XC Inv.	35	5K	21:26.8
9/20	Georgia State Inv.	23	4K	16:15.83
10/5	Greater Louisville Clas.	139	5K	20:11.05
11/2	A-Sun Championships	46	5K	19:54.35

Claire Bohrer (So.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	6	3.6K	14:58.0
8/31	North Florida XC Inv.	20	5K	20:27.0
9/20	Georgia State Inv.	52	4K	17:30.10
10/5	Greater Louisville Clas.	212	5K	20:53.02
11/2	A-Sun Championships	73	5K	20:58.48

Greciana Cooper (So.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	9	3.6K	15:14.0
8/31	North Florida XC Inv.	16	5K	20:06.0
10/5	Greater Louisville Clas.	93	5K	19:41.94
11/2	A-Sun Championships	49	5K	19:58.47

Amanda Cope (So.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	11	3.6K	15:36.0
8/31	North Florida XC Inv.	26	5K	21:00.0
9/20	Georgia State Inv.	32	4K	16:39.4
10/5	Greater Louisville Clas.	128	5K	20:02.12
11/2	A-Sun Championships	58	5K	20:23.19

Blair Gelb (Fr.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	12	3.6K	15:37.0
9/20	Georgia State Inv.	45	4K	17:13.48
10/5	Greater Louisville Clas.	157	5K	20:19.84
11/2	A-Sun Championships	78	5K	21:22.10

Lilly Kidane (Fr.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	8	3.6K	15:13.0
8/31	North Florida XC Inv.	9	5K	19:35.0
9/20	Georgia State Inv.	62	4K	17:59.61
10/5	Greater Louisville Clas.	278	5K	21:57.85
11/2	A-Sun Championships	80	5K	21:32.71

Paige Tucker (Fr.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	10	3.6K	15:22.0
8/31	North Florida XC Inv.	23	5K	20:36.0
9/20	Georgia State Inv.	58	4K	17:48.12
10/5	Greater Louisville Clas.	230	5K	21:04.62
11/2	A-Sun Championships	67	5K	20:40.53

Sydney Williams (Jr.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	5	3.6K	14:51.0
8/31	North Florida XC Inv.	10	5K	19:43.0
9/20	Georgia State Inv.	31	4K	16:36.83
11/2	A-Sun Championships	36	5K	19:35.26

Shelby Wilson (Fr.)

Date	Meet	Place	Distance	Time
8/30	JU Short Course Duals	14	3.6K	15:53.0
8/31	North Florida XC Inv.	18	5K	20:19.0
9/20	Georgia State Inv.	44	4K	17:10.08
10/5	Greater Louisville Clas.	244	5K	21:16.31
11/2	A-Sun Championships	74	5K	21:04.53



2012 INDIVIDUAL RESULTS

Andzelika Bobrova (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	42	4K	16:17.7
9/7	Auburn Invitational	30	4K	15:55.4
9/22	UWG Wolves XC Inv.	16	5K	19:40.28
10/5	FSU XC Invitational	68	6K	24:51.1
10/13	Front Runner Inv.	14	2mi	12:09.03
10/27	A-Sun Championships	30	5K	18:59.7
11/7	NCAA South Regional	169	6K	23:51.4

Claire Bohrer (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	60	4K	16:58.5
9/7	Auburn Invitational	64	4K	17:21.2
9/22	UWG Wolves XC Inv.	28	5K	20:46.11
10/5	FSU XC Invitational	79	6K	25:06.5
10/13	Front Runner Inv.	24	2mi	12:50.56
10/27	A-Sun Championships	67	5K	20:48.6
11/9	NCAA South Regional	187	6K	25:00.6

Greciana Cooper (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	41	4K	16:15.9
9/22	UWG Wolves XC Inv.	8	5K	18:55.86
10/5	FSU XC Invitational	31	6K	23:27.8
10/27	A-Sun Championships	37	5K	19:16.6
11/9	NCAA South Regional	121	6K	22:32.7

Amanda Cope (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	76	4K	18:09.3
9/7	Auburn Invitational	55	4K	16:57.3
9/22	UWG Wolves XC Inv	24	5K	20:29.08
10/5	FSU XC Invitational	97	6K	25:31.8
10/13	Front Runner Inv.	26	2mi	12:57.8
10/27	A-Sun Championships	74	5K	21:35.1

Caitlyn Creel (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	75	4K	18:00.5
9/7	Auburn Invitational	67	4K	17:09.3
10/13	Front Runner Inv.	44	2mi	13:59.63

Katie Souther (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	66	4K	17:26.2
9/7	Auburn Invitational	46	4K	16:39.1
9/22	UWG Wolves XC Inv	60	5K	24:59.13
10/13	Front Runner Inv.	35	2mi	13:26.69

Destiny Jenkins (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	45	4K	16:20.9
9/7	Auburn Invitational	20	4K	15:28.0
9/22	UWG Wolves XC Inv.	7	5K	18:48.67
10/5	FSU XC Invitational	38	6K	23:45.2
10/13	Front Runner Inv	9	2mi	11:51.79
10/27	A-Sun Championships	23	5K	18:40.2
11/9	NCAA South Regional	103	6K	22:07.0

Heather Morris (Jr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	43	4K	16:18.6
9/7	Auburn Invitational	24	4K	15:42.0
9/22	UWG Wolves XC Inv.	12	5K	19:04.35
10/5	FSU XC Invitational	25	6K	23:19.4
10/13	Front Runner Inv.	8	2mi	11:50.85
10/27	A-Sun Championships	22	5K	18:34.9
11/9	NCAA South Regional	114	6K	22:20.4

Jessica Postlewaite (Jr.)

Date	Meet	Place	Distance	Time
10/27	A-Sun Championships	71	5K	21:19.2

Lauren Scott (So.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	17	4K	15:21.4
9/7	Auburn Invitational	8	4K	14:57.2
9/22	UWG Wolves XC Inv.	5	5K	18:31.36
10/5	FSU XC Invitational	9	6K	22:20.7
10/13	Front Runner Inv.	2	2mi	11:27.97
10/27	A-Sun Championships	15	5K	18:11.1
11/9	NCAA South Regional	71	6K	21:39.6

Katie Souther (Fr.)

Date	Meet	Place	Distance	Time
8/31	Belmont Invitational	66	4K	17:26.2
9/7	Auburn Invitational	46	4K	16:39.1
9/22	UWG Wolves XC Inv	60	5K	24:59.13
10/13	Front Runner Inv.	35	2mi	13:26.69

Sydney Williams (So.)

Date	Meet	Place	Distance	Time
9/7	Auburn Invitational	41	4K	16:24.1
9/22	UWG Wolves XC Inv.	19	5K	20:07.27
10/13	Front Runner Inv.	22	2mi	13:38.44
10/27	A-Sun Championships	62	5K	20:31.0

Alla Yoonis (So.)

Date	Meet	Place	Distance	Time
9/7	Auburn Invitational	59	4K	17:09.3
9/22	UWG Wolves XC Inv.	40	5K	22:10.77
10/13	Front Runner Inv.	8	2mi	13:32.04



2011 INDIVIDUAL RESULTS

Olivia Eurek (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	75	4K	19:06.92
9/17	GSU Invitational	84	6K	28:44.0
10/1	Louisville Classic	232	5K	21:55.73
10/15	Crimson Classic	182	5K	23:20.96

Heather Morris (So.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	48	4K	15:57.48
9/9	Auburn Invitational	20	4K	15:38.4
9/17	GSU Invitational	16	6K	23:44.0
10/29	A-Sun Championships	48	5K	19:45.5

Jessica Postlewaite (So.)

Date	Meet	Place	Distance	Time
10/29	A-Sun Championships	42	5K	19:29.5
11/12	NCAA South Regional	134	6K	23:41.7

Amy Rice (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	72	4K	17:54.08
9/9	Auburn Invitational	76	4K	17:46.1
9/17	GSU Invitational	74	6K	27:01.0
10/1	Louisville Classic	211	5K	21:26.26
10/15	Crimson Classic	168	5K	21:56.87
10/21	A-Sun Championships	67	5K	21:31.8

Brittany Robinson (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	77	4K	20:33.12
9/9	Auburn Invitational	91	4K	19:21.5
9/17	GSU Invitational	83	6K	28:41.0
10/1	Louisville Classic	217	5K	21:36.05
10/15	Crimson Classic	174	5K	22:18.5

Lauren Scott (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	57	4K	16:33.5
9/9	Auburn Invitational	78	4K	17:47.5
10/15	Crimson Classic	105	5K	19:53.21
10/29	A-Sun Championships	44	5K	19:31.2
11/12	NCAA South Regional	117	6K	23:16.3

Patrice Sweet (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	67	4K	17:08.18
9/9	Auburn Invitational	44	4K	16:44.2
9/17	GSU Invitational	55	6K	25:27.0
10/1	Louisville Classic	152	5K	20:13.75
10/15	Crimson Classic	151	5K	20:53.01
10/29	A-Sun Championships	63	5K	21:03.3
11/12	NCAA South Regional	184	6K	26:07.5

Ashley Wallace (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	73	4K	17:54.08
9/9	Auburn Invitational	73	4K	17:42.3
9/17	GSU Invitational	74	6K	27:01.0
10/1	Louisville Classic	208	5K	21:18.25
10/21	A-Sun Championships	71	5K	22:05.1

Sydney Williams (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	59	4K	16:43.15
9/9	Auburn Invitational	34	4K	16:15.3
9/17	GSU Invitational	32	6K	24:35.0
10/1	Louisville Classic	122	5K	19:50.73
10/15	Crimson Classic	100	5K	19:48.81
10/29	A-Sun Championships	51	5K	20:08.7
11/12	NCAA South Regional	164	6K	24:40.3

Vicky Winslow (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	51	4K	16:04.6
9/9	Auburn Invitational	32	4K	16:07.4
9/17	GSU Invitational	17	6K	23:48.0
10/1	Louisville Classic	33	5K	18:52.85
10/15	Crimson Classic	47	5K	18:52.03
10/29	A-Sun Championships	29	5K	18:59.7
11/12	NCAA South Regional	118	6K	23:19.8

Alla Yoonis (Fr.)

Date	Meet	Place	Distance	Time
9/2	Belmont Invitational	70	4K	17:18.81
9/9	Auburn Invitational	60	4K	17:19.7
9/17	GSU Invitational	62	6K	25:59.0
10/1	Louisville Classic	182	5K	20:39.05
10/15	Crimson Classic	166	5K	21:50.03



2010 INDIVIDUAL RESULTS

Haley Carson(Fr.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	42	2mi.	13:04.0
9/18	Crimson Classic	91	5K	21:02.0
10/2	Louisville Classic	283	5K	20:38.0
10/9	Samford Invitational	35	5K	22:23.0
10/16	Front Runner Inv.	39	2mi.	12:54.0
10/30	A-Sun Championships	68	5K	20:22.72

Mackenzie Howe (Sr.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	1	2mi.	11:01.0
9/18	Crimson Classic	2	5K	17:11.0
10/2	Louisville Classic	15	5K	17:30.0
10/9	Samford Invitational	2	5K	18:02.0
10/16	Front Runner Inv.	2	2mi.	10:58.0
10/30	A-Sun Championships	1	5K	17:22.78
11/13	NCAA South Regional	8	6K	20:16.13
11/22	NCAA Championships	108	6K	21:22.8

Victoria Jackson (Fr.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	60	2mi.	14:53.0

Naomi Mack (Fr.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	55	2mi.	14:31.0

Suzee Mills(Fr.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	73	2mi.	18:49.0

Heather Morris (Fr.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	12	2mi.	12:02.0
9/18	Crimson Classic	34	5K	18:45.0
10/2	Louisville Classic	148	5K	18:51.0
10/30	A-Sun Championships	40	5K	19:08.75
11/13	NCAA South Regional	118	6K	22:53.12

Brittany Robinson(Jr.)

Date	Meet	Place	Distance	Time
10/2	Louisville Classic	302	5K	23:26.0
10/16	Front Runner Inv.	52	2mi.	16:01.0

Stephanie Sawyer (So.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	32	2mi.	12:45.0
9/18	Crimson Classic	69	5K	19:55.0
10/9	Samford Invitational	28	5K	20:33.0
10/16	Front Runner Inv.	34	2mi.	12:32.0
10/30	A-Sun Championships	67	5K	20:19.18

Alison Wald (Fr.)

Date	Meet	Place	Distance	Time
9/10	Powerade UTC Inv.	37	2mi.	12:51.0
9/18	Crimson Classic	77	5K	20:14.0
10/2	Louisville Classic	239	5K	19:45.0
10/9	Samford Invitational	24	5K	20:26.0
10/16	Front Runner Inv.	33	2mi.	12:28.0
10/30	A-Sun Championships	55	5K	19:40.34



2009 INDIVIDUAL RESULTS

Katie Charles (Sr.)

Date	Meet	Place	Distance	Time
9/5	JSU CC Opener	16	2K	12:39
9/11	UTC Invitational	19	2K	13:18
10/10	Dis. World CC Clas.	100	5K	21:31.4
10/23	KSU Invitational	18	2mi.	13:39.5
10/31	A-Sun Championships	62	5K	20:38.0

Mackenzie Howe (Jr.)

Date	Meet	Place	Distance	Time
9/5	JSU CC Opener	1	2K	11:07
9/12	UTC Invitational	1	2K	11:05
9/19	Crimson Classic	1	5K	17:13.0
9/26	RunFit Invitational	1	5K	17:56.0
10/10	Dis. World CC Clas.	1	5K	18:07.6
10/16	Hatter Invitational	1	5K	17:42.0
10/31	A-Sun Championships	2	5K	17:31.0
11/14	NCAA South Regionals	18	6K	20:58.62

Kristen Gibson (Jr.)

Date	Meet	Place	Distance	Time
9/5	JSU CC Opener	3rd	2K	11:55
9/11	UTC Invitational	13	2K	12:37
9/19	Crimson Classic	44	5K	19:40.0
9/26	RunFit Invitational	56	5K	23:40.0
10/10	Dis. World CC Clas.	34	5K	20:09.0
10/23	KSU Invitational	6	2mi.	12:25.51
10/31	A-Sun Championships	31	5K	19:10.0

Caitlin German (Sr.)

Date	Meet	Place	Distance	Time
9/5	JSU CC Opener	6	2K	12:06
9/11	UTC Invitational	11	2K	12:31
9/19	Crimson Classic	55	5K	19:57.0
9/26	RunFit Invitational	31	5K	22:33.0
10/10	Dis. World CC Clas.	31	5K	20:04.09
10/23	KSU Invitational	8	2mi.	12:50.32
10/31	A-Sun Championships	33	5K	19:13.0

Lorena Jaime (Sr.)

Date	Meet	Place	Distance	Time
9/5	JSU CC Opener	9	2K	12:12
9/11	UTC Invitational	15	2K	12:53
9/19	Crimson Classic	62	5K	20:14.0
9/26	RunFit Invitational	17	5K	21:04.0
10/10	Dis. World CC Clas.	72	5K	21:02.3
10/23	KSU Invitational	9	2mi.	12:55.59
10/31	A-Sun Championships	52	5K	20:02.0

Brittany Reilly (Sr.)

Date	Meet	Place	Distance	Time
9/5	JSU CC Opener	2	2K	11:50
9/12	UTC Invitational	8	2K	12:16
9/19	Crimson Classic	26	5K	18:58.0
9/26	RunFit Invitational	2	5K	19:32.0
10/10	Dis. World CC Clas.	13	5K	19:24.9
10/23	KSU Invitational	1	2mi.	12:09.0
10/31	A-Sun Championships	8	5K	18:13.0
11/14	NCAA South Regionals	69	6K	22:19.36

Brittany Robinson (So.)

Date	Meet	Place	Distance	Time
9/19	Crimson Classic	109	5K	25:01.0
9/26	RunFit Invitational	143	5K	28:29.0

Erin Sutton (Sr.)

Date	Meet	Place	Distance	Time
10/10	Dis. World CC Clas.	8	5K	19:09.4
10/23	KSU Invitational	5	2mi.	12:25.06
10/31	A-Sun Championships	6	5K	18:09.0

Soibhan Wolcott (Sr.)

Date	Meet	Place	Distance	Time
9/5	JSU CC Opener	12	2K	12:18
9/11	UTC Invitational	18	2K	13:03
9/19	Crimson Classic	57	5K	20:04.0
9/26	RunFit Invitational	24	5K	22:02.0
10/10	Dis. World CC Clas.	71	5K	21:01.6
10/23	KSU Invitational	10	2mi.	13:01.97
10/31	A-Sun Championships	45	5K	19:45.0



2008 INDIVIDUAL RESULTS

Katie Charles (Jr.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invitational	39	2mi.	14:14.0
10/4	Auburn Invitational	133	5K	19:10.49
10/11	Dis. World CC Clas.	205	5K	22:17.4
10/18	Front Runner Inv.	38	2mi.	14:14.0
11/1	A-Sun Championships	59	5K	21:09.19

Caitlin German (Jr.)

Date	Meet	Place	Distance	Time
8/30	JSU Invitational	7	2mi.	12:24.0
9/5	Powerade Invitational	22	2mi.	12:37.0
9/27	RunFit Invitational	21	5K	19:34.36
10/4	Auburn Invitational	133	5K	19:10.49
10/11	Dis. World CC Clas.	86	5K	19:48.0
10/18	Front Runner Inv.	27	2mi.	13:07.0
11/1	A-Sun Championships	25	5K	19:09.53

Kristen Gibson (So.)

Date	Meet	Place	Distance	Time
8/30	JSU Invitational	11	2mi.	12:40.0
9/5	Powerade Invitational	20	2mi.	12:32.0
9/27	RunFit Invitational	12	5K	19:13.0
10/4	Auburn Invitational	137	5K	19:11.68
10/11	Dis. World CC Clas.	26	5K	18:43.2
10/18	Front Runner Inv.	12	2mi.	11:52.0
11/1	A-Sun Championships	7	5K	18:25.0

Mackenzie Howe (So.)

Date	Meet	Place	Distance	Time
8/30	JSU Invitational	1	2mi.	11:44.0
9/5	Powerade Invitational	4	2mi.	11:31.0
9/27	RunFit Invitational	2	5K	17:55.0
10/4	Auburn Invitational	28	5K	17:17.47
10/11	Dis. World CC Clas.	5	5K	17:50.9
10/18	Front Runner Inv.	2	2mi.	11:11.0
11/1	A-Sun Championships	2	5K	17:58.46

Lorena Jaime (Jr.)

Date	Meet	Place	Distance	Time
8/30	JSU Invitational	12	2mi.	12:58.0
9/5	Powerade Invitational	22	2mi.	12:31.0
9/27	RunFit Invitational	51	5K	20:51.53
10/4	Auburn Invitational	182	5K	20:51.48
10/18	Front Runner Inv.	29	2mi.	13:20.0
11/1	A-Sun Championships	53	5K	20:42.79

Brittany Reilly (Fr.)

Date	Meet	Place	Distance	Time
8/30	JSU Invitational	3	2mi	11:58
9/5	Powerade Invitational	12	2mi	12:15.0

Brittany Robinson (Fr.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invitational	42	2mi	14:33.0

Ashley Sisco (Fr.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invitational	29	2mi	13:18

Merdith Steinmetz (Fr.)

Date	Meet	Place	Distance	Time
9/5	Powerade Invitational	12	2mi	15:31

Soibhan Wolcott (Jr.)

Date	Meet	Place	Distance	Time
8/30	JSU Invitational	4	2mi.	12:10.0
9/5	Powerade Invitational	14	2mi.	12:24.0
9/27	RunFit Invitational	9	5K	18:54.0
10/4	Auburn Invitational	83	5K	18:18.7
10/11	Dis. World CC Clas.	43	5K	18:59.1
10/18	Front Runner Inv.	8	2mi.	11:43.0
11/1	A-Sun Championships	5	5K	18:17.56



KENNESAW STATE CROSS COUNTRY

2007 INDIVIDUAL RESULTS

Caitlin German (So.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	7	2mi.	11:43.0
9/8	Mercer Invitational	7	5K	22:06.36
9/15	GSU Invitational	19	5K	20:33.0
10/7	Dis. World CC Clas.	64	5K	19:43.88
10/13	JSU Foothills Inv.	9	5K	18:59.0
10/27	A-Sun Championships	27	5K	20:01.0

Kristen Gibson (Fr.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	8	2mi.	11:45.0
9/8	Mercer Invitational	3	5K	21:21.43
9/15	GSU Invitational	13	5K	20:13.0
9/29	Auburn Invitational	105	5K	20:01.23
10/7	Dis. World CC Clas.	56	5K	19:35.42
10/13	JSU Foothills Inv.	1	5K	18:10.0
10/27	A-Sun Championships	28	5K	20:03.0

Mackenzie Howe (Fr.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	2	2mi.	11:00.0
9/8	Mercer Invitational	2	5K	20:24.72
9/15	GSU Invitational	7	5K	19:21.88
9/29	Auburn Invitational	27	5K	17:45.69
10/7	Dis. World CC Clas.	4	5K	18:06.45
10/27	A-Sun Championships	8	5K	19:08.0

Kristen Gibson (Fr.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	8	2mi.	11:45.0
9/8	Mercer Invitational	3	5K	21:21.43
9/15	GSU Invitational	13	5K	20:13.0
9/29	Auburn Invitational	105	5K	20:01.23
10/7	Dis. World CC Clas.	56	5K	19:35.42
10/13	JSU Foothills Inv.	1	5K	18:10.0
10/27	A-Sun Championships	28	5K	20:03.0

Lorena Jaime (So.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	11	2mi.	12:03.0
9/8	Mercer Invitational	13	5K	22:32.33
9/15	GSU Invitational	32	5K	21:11.32
9/29	Auburn Invitational	101	5K	19:52.09
10/7	Dis. World CC Clas.	117	5K	20:31.55
10/13	JSU Foothills Inv.	13	5K	19:35.0
10/27	A-Sun Championships	45	5K	20:39.0

Britany Reilly (So.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	6	2mi.	11:38.0
9/8	Mercer Invitational	4	5K	21:40.02
9/15	GSU Invitational	22	5K	20:44.38
9/29	Auburn Invitational	70	5K	18:57.67
10/7	Dis. World CC Clas.	79	5K	19:58.64
10/13	JSU Foothills Inv.	6	5K	18:41.0
10/27	A-Sun Championships	31	5K	20:11.0

Erin Sutton (Jr.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	1	2mi.	10:53.0
9/8	Mercer Invitational	1	5K	20:10.1
9/15	GSU Invitational	6	5K	19:09.71
10/7	Dis. World CC Clas.	16	5K	18:41.67
10/27	A-Sun Championships	6	5K	18:56.0

Soibhan Wolcott (So.)

Date	Meet	Place	Distance	Time
9/1	JSU CC Opener	9	2mi.	11:50.0
9/8	Mercer Invitational	6	5K	21:45.46
9/15	GSU Invitational	24	5K	20:45.69
9/29	Auburn Invitational	93	5K	19:28.06
10/7	Dis. World CC Clas.	94	5K	20:13.66
10/13	JSU Foothills Inv.	3	5K	18:36.0
10/27	A-Sun Championships	14	5K	19:27.0



2006 INDIVIDUAL RESULTS

Kelly Bloom (Sr.)

Date	Meet	Place	Distance	Time
9/2	JSU CC Opener	5	2mi.	12:42.7
9/9	Mercer Invitational	3	5K	21:13
9/16	Crimson Classic	30	5K	20:05.26
10/1	Auburn Invitational	53	5K	18:32.22
10/8	G-Webb CC Duals	12	4K	16:38.9
10/15	Furman Invitational	19	5K	19:45
10/28	A-Sun Championships	17	5K	20:13.0

Kate Brun (Sr.)

Date	Meet	Place	Distance	Time
9/2	JSU CC Opener	3	2mi.	12:24.3
9/9	Mercer Invitational	2	5K	20:49.0
9/17	Crimson Classic	10	5K	18:52.81
10/1	Auburn Invitational	32	5K	18:10.57
10/8	G-Webb CC Duals	5	4K	16:13.0
10/15	Furman Invitational	14	5K	19:28
10/28	A-Sun Championships	13	5K	19:49.0

Catherine Combs (So.)

Date	Meet	Place	Distance	Time
9/2	JSU CC Opener	8	2mi.	12:55.6
9/9	Mercer Invitational	9	5K	22:13
9/16	Crimson Classic	45	5K	20:34.23
10/1	Auburn Invitational	79	5K	19:03.84
10/8	G-Webb CC Duals	15	4K	16:48.0
10/15	Furman Invitational	43	5K	20:21

Barbara Garner (Jr.)

Date	Meet	Place	Distance	Time
9/9	Mercer Invitational	16	5K	23:24.0
9/16	Crimson Classic	90	5K	22:07
10/1	Auburn Invitational	176	5K	22:13
10/8	G-Webb CC Duals	35	4K	17:51.0
10/15	Furman Invitational	61	5K	20:51

Caitlin German (Fr.)

Date	Meet	Place	Distance	Time
9/2	JSU CC Opener	12	2mi.	13:24.4
9/9	Mercer Invitational	13	5K	22:45
9/16	Crimson Classic	55	5K	20:59.13
10/1	Auburn Invitational	92	5K	19:28.95
10/8	G-Webb CC Duals	18	4K	16:54.0
10/15	Furman Invitational	61	5K	20:59
10/28	A-Sun Championships	51	5K	21:35.0

Britany Reilly (Fr.)

Date	Meet	Place	Distance	Time
9/2	JSU CC Opener	15	2mi.	13:36.4
9/16	Crimson Classic	58	5K	21:07.95
10/1	Auburn Invitational	98	5K	19:36.94
10/8	G-Webb CC Duals	26	4K	17:16.0
10/15	Furman Invitational	47	5K	20:49
10/28	A-Sun Championships	46	5K	21:11.0

Erin Sutton (So.)

Date	Meet	Place	Distance	Time
9/2	JSU CC Opener	1	2mi.	11:52.1
9/9	Mercer Invitational	1	5K	20:22.0
9/16	Crimson Classic	5	5K	18:32.32
10/1	Auburn Invitational	13	5K	17:36.11
10/8	G-Webb CC Duals	2	4K	15:37.0
10/15	Furman Invitational	4	5K	18:43
10/28	A-Sun Championships	9	5K	19:24.0

Soibhan Wolcott (Fr.)

Date	Meet	Place	Distance	Time
9/2	JSU CC Opener	4	2mi.	12:40.4
9/9	Mercer Invitational	4	5K	21:36
9/16	Crimson Classic	43	5K	20:28.63
10/8	G-Webb CC Duals	16	4K	16:50.0
10/15	Furman Invitational	31	5K	19:59
10/28	A-Sun Championships	21	5K	20:19.0



2005 INDIVIDUAL RESULTS

Kelly Bloom (Jr.)

Date	Meet	Place	Distance	Time
9/17	Crimson Classic	75	5K	20:59.73
10/1	Georgia Collegiate	35	5K	19:53.0
10/8	Auburn Invitational	102	5K	19:06.0
10/15	GSU Invitational	23	5K	24:14.83
10/29	A-Sun Championships	28	5K	19:05.0

Kate Brun (Jr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	22	2mi.	14:29.08
9/17	Crimson Classic	32	5K	19:20.53
10/1	Georgia Collegiate	18	5K	19:10.0
10/8	Auburn Invitational	76	5K	18:49.0
10/15	GSU Invitational	11	5K	23:26.54
10/29	A-Sun Championships	19	5K	18:50.0

Catherine Combs (Fr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	18	2mi.	14:16.98
9/17	Crimson Classic	42	5K	19:45.96
10/1	Georgia Collegiate	50	5K	20:34.0

Barbara Garner (Sr.)

Date	Meet	Place	Distance	Time
9/17	Crimson Classic	54	5K	20:11.16
10/1	Georgia Collegiate	38	5K	19:58.0
10/8	Auburn Invitational	121	5K	19:23.0

Kimberly Garner (Sr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	27	2mi.	14:59.51
9/17	Crimson Classic	53	5K	20:08.48
10/1	Georgia Collegiate	27	5K	19:37.0
10/8	Auburn Invitational	96	5K	19:04.0
10/15	GSU Invitational	27	5K	24:25.06
10/29	A-Sun Championship	39	5K	19:56.0

Patrina Haynes (Sr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	1	2mi.	12:47.11
9/17	Crimson Classic	3	5K	17:38.79
10/1	Georgia Collegiate	1	5K	17:23.0
10/8	Auburn Invitational	6	5K	17:03.0
10/15	GSU Invitational	1	5K	21:06.46
10/29	A-Sun Championships	2	5K	17:17.0

Tara Mooney (Sr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	10	2mi.	13:54.41
10/1	Georgia Collegiate	9	5K	18:39.0
10/8	Auburn Invitational	41	5K	18:10.0
10/15	GSU Invitational	6	5K	22:45.51
10/29	A-Sun Championships	12	5K	18:31.0

Magdalena Polko (Sr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	6	2mi.	13:37.3
9/17	Crimson Classic	25	5K	18:59.32
10/1	Georgia Collegiate	7	5K	18:34.0
10/15	GSU Invitational	4	5K	22:39.96
10/29	A-Sun Championships	5	5K	18:03.0

Erin Sutton (Fr.)

Date	Meet	Place	Distance	Time
9/10	Mercer Invitational	4	2mi.	13:30.18
9/17	Crimson Classic	13	5K	18:22.05
10/1	Georgia Collegiate	4	5K	18:04.0
10/8	Auburn Invitational	14	5K	17:31.0
10/15	GSU Invitational	2	5K	21:41.91
10/29	A-Sun Championships	4	5K	17:57.0

Erica Turner (Fr.)

Date	Meet	Place	Distance	Time
9/17	Crimson Classic	85	5K	23:39

Lindsey Tyus (Jr.)

Date	Meet	Place	Distance	Time
9/17	Crimson Classic	78	5K	21:01
10/1	Georgia Collegiate	43	5K	20:17
10/8	Auburn Invitational	143	5K	19:49



WOMEN'S A-SUN CHAMPIONSHIP YEAR-BY-YEAR RESULTS

2005			2010		
Place	Team	Points	Place	Team	Points
1.	Kennesaw State	42	1.	North Florida	55
2.	Belmont	94	2.	Lipscomb	73
3.	Campbell	111	3.	Jacksonville	96
4.	North Florida	117	4.	USC Upstate	108
5.	Florida Atlantic	127	5.	Belmont	110
6.	Lipscomb	148	6.	Florida Gulf Coast	158
7.	Jacksonville	158	7.	Mercer	172
8.	ETSU	161	8.	Campbell	174
9.	Mercer	195	9.	Kennesaw State	217
10.	Gardner-Webb	208	10.	ETSU	261
11.	Stetson	314	11.	Stetson	314
2006			2011		
Place	Team	Points	Place	Team	Points
1.	Belmont	46	1.	Lipscomb	53
2.	North Florida	60	2.	North Florida	69
3.	Kennesaw State	95	3.	Belmont	81
4.	Campbell	103	4.	USC Upstate	91
5.	Jacksonville	116	5.	Jacksonville	122
6.	Lipscomb	145	6.	Mercer	169
7.	Gardner-Webb	153	7.	Florida Gulf Coast	193
8.	Mercer	186	8.	ETSU	197
9.	ETSU	244	9.	Kennesaw State	202
10.	Stetson	278	10.	Stetson	279
2007			2012		
Place	Team	Points	Place	Team	Points
1.	Belmont	53	1.	Lipscomb	40
2.	Kennesaw State	83	2.	North Florida	63
3.	North Florida	93	3.	Jacksonville	105
4.	Jacksonville	118	4.	Kennesaw State	125
5.	Campbell	131	5.	ETSU	126
6.	Lipscomb	134	6.	Mercer	152
7.	Florida Gulf Coast	174	7.	Florida Gulf Coast	174
8.	Mercer	189	8.	Northern Kentucky	186
9.	Gardner-Webb	231	9.	USC Upstate	199
10.	ETSU	269	10.	Stetson	213
11.	Stetson	296	2013		
12.	USC Upstate	304	Place	Team	Points
2008			1.	Lipscomb	32
Place	Team	Points	2.	ETSU	84
1.	Belmont	54	3.	North Florida	92
2.	Jacksonville	78	4.	Jacksonville	140
3.	Kennesaw State	90	5.	Northern Kentucky	145
4.	Lipscomb	101	6.	Mercer	148
5.	Campbell	104	7.	USC Upstate	149
6.	North Florida	172	8.	Florida Gulf Coast	183
7.	USC Upstate	187	9.	Kennesaw State	237
8.	ETSU	202	10.	Stetson	252
9.	Florida Gulf Coast	224	2014		
10.	Stetson	243	Place	Team	Points
11.	Mercer	270	1.	Lipscomb	21
2009			2.	Northern Kentucky	34
Place	Team	Points	3.	Florida Gulf Coast	112
1.	Jacksonville	43	4.	Kennesaw State	114
2.	Kennesaw State	80	5.	Jacksonville	157
3.	North Florida	84	6.	Stetson	168
4.	USC Upstate	114	7.	Northern Kentucky	182
5.	Belmont	124	8.	Jacksonville	293
6.	Lipscomb	129			
7.	Florida Gulf Coast	167			
8.	Campbell	187			
9.	Mercer	251			
10.	ETSU	286			
11.	Stetson	307			



ATLANTIC SUN/NCAA PERFORMANCES AND AWARDS

Women's Atlantic Sun Team Championship Results

Year	Place	Points
2014	4th	114
2013	9th	237
2012	4th	125
2011	9th	214
2010	9th	217
2009	1st	80
2008	3rd	92
2007	2nd	83
2006	3rd	96
2005	1st	42

Top Atlantic Sun Championship Performances

Year	Runner	Time	Place
2005	Patrina Haynes	17:17.0	2nd
2010	Mackenzie Howe	17:22.18	1st
2009	Mackenzie Howe	17:31.0	2nd
2005	Erin Sutton	17:57.0	5th
2008	Mackenzie Howe	17:58.46	2nd
2005	Magdalena Polko	18:03.0	5th
2009	Erin Sutton	18:09.0	6th
2009	Britany Reilly	18:13.0	8th
2008	Kristen Gibson	18:25.53	8th
2009	Britany Reilly	18:17.57	8th

A-Sun Conference Women's Runner of the Year

Year	Runner
2010	Mackenzie Howe

All-Atlantic Sun Conference Team

Year	Runners
2014	Kidan Kidane, Katrine Rasmussen
2010	Mackenzie Howe
2009	Mackenzie Howe, Erin Sutton, Britany Reilly
2008	Mackenzie Howe, Soibhan Wolcott, Kristen Gibson
2007	Mackenzie Howe, Erin Sutton
2006	Erin Sutton
2005	Patrina Haynes, Erin Sutton, Magdalena Polko

A-Sun Conference Women's Freshman of the Year

Year	Runner
2005	Erin Sutton

All-Atlantic Sun Freshman Team

Date	Runner
2014	Katrine Rasmussen
2012	Destiny Jenkins
2007	Mackenzie Howe
2006	Soibhan Wolcott
2005	Erin Sutton

All-Time NCAA Division I Honors (2005-2012)

NCAA Regional Results

Year	Place	Points
2014	25th	650
2012	21st	548
2011	23rd	714

NCAA National Qualifier

Year	Runner	Time	Place
2010	Mackenzie Howe	21:22.8	108

NCAA All-South Region

Year	Runner
2010	Mackenzie Howe



2005-PRESENT INDIVIDUAL BEST TIMES

Fastest 6K Times

Year	Runner	Time
2010	Mackenzie Howe	20:16.13
2009	Mackenzie Howe	20:58.62
2010	Mackenzie Howe	21:22.8
2012	Lauren Scott	21:39.6
2012	Destiny Jenkins.....	22:07.0

Fastest 5K Times

Year	Runner	Time
2005	Patrina Haynes.....	17:03.0
2010	Mackenzie Howe	17:11.0
2009	Mackenzie Howe	17:13.0
2005	Patrina Haynes.....	17:17.0
2008	Mackenzie Howe	17:17.47

Fastest 4K Times

Year	Runner	Time
2012	Lauren Scott	14:57.2
2012	Lauren Scott	15:21.4
2012	Destiny Jenkins.....	15:28.0
2005	Erin Sutton	15:37.0
2012	Heather Morris	15:28.0

Fastest 2 Mile Times

Year	Runner	Time
2007	Erin Sutton	10:53.0
2010	Mackenzie Howe	10:58.0
2007	Mackenzie Howe	11:00.0
2010	Mackenzie Howe	11:01.0
2012	Lauren Scott	11:27.97



KENNESAW STATE CROSS COUNTRY

PEACH BELT CHAMPIONSHIP PERFORMANCES AND HONORS

Peach Belt Conference Team Championship Results

Year	Place
2004	1st
2003	5th
2002	1st
2001	3rd
2000	1st
1999	1st
1998	1st
1997	1st
1996	1st
1995	1st
1994	1st

Peach Belt Conference Women's Individual Champion

Year	Runner
2002	Irina Watkins
2001	Marjo Venalainen
2000	Marjo Venalainen
1999	Marjo Venalainen
1998	Tina Manninen
1996	Molly McKennedy
1995	Catherine Kilat

Peach Belt Conference Women's Outstanding Runner of the Year

Year	Runner
2002	Irina Watkins
2001	Marjo Venalainen
2000	Marjo Venalainen
1999	Marjo Venalainen
1998	Tina Manninen
1996	Molly McKennedy
1995	Catherine Kilat

Peach Belt Conference Women's Freshman Runner of the Year

Year	Runner
2003	Tina Manninen,
2001	Kelly Bloom

Peach Belt Conference Women's Coach of the Year

Year	Coach
2004	Stan Sims
2002	Stan Sims
2000	Stan Sims
1999	Stan Sims
1998	Stan Sims
1997	Stan Sims
1994	Stan Sims

All Peach Belt Conference (Women)

Year	Runners
2004	Patrina Haynes, Rasa Kavaliauskaite, Agnes Kipkuna, Ruth Nakkatudde, Julita Kusmierek, Agnes Kipkuna, Magdalena Polko
2003	Magdalena Polko, Agnes Kipkuna, Alexandra Jo, Kelly Bloom
2002	Julie Drake, Irina Watkins, Sarah Bouchard, Elizabeth Tanui, Magdalena Polko, Lindsey Tyus
2001	Julie Drake, Marjo Venalainen
2000	Rima Brazenas, Irina Koistinen, Marjo Venalainen, Sharon Kigen, Christy Bromley
1999	Marjo Venalainen, Linda Chepyator, Sharon Kigen, Kim Bennett
1998	Palvi Mahosenaho, Linda Chepyator, Sharon Kigen, Pia Routsalainen, Tina Manninen, Stephanie Krakowiak
1997	Melissa Clay, Molly McKennedy, Jaydene Moralee, Kim Bennett, Stephanie Krakowiak
1996	Melissa Clay, Molly McKennedy, Jaydene Moralee, Lynn Price, Kristie Marshall
1995	Melissa Clay, Catherine Kilat, Molly McKennedy, Stephanie Gudermuth
1994	Melissa Clay, April Satterfield, Tara Solomon



NCAA DIVISION II HONORS 1994-2004

Women's National Runner of the Year

Year	Runner
2001.....	Marjo Venalainen

Women's Individual National Champion

Year	Runner
1999.....	Marjo Venalainen
2000.....	Marjo Venalainen

Women's All-Americans

Year	Runners
2004.....	Patrina Haynes
2002.....	Marjo Venalainen
2001.....	Marjo Venalainen
2000.....	Marjo Venalainen
1999.....	Marjo Venalainen
1997.....	Jaydene Moralee

Women's All-Americans

Year	Runners
2004.....	Patrina Haynes
2002.....	Marjo Venalainen
2001.....	Marjo Venalainen
2000.....	Marjo Venalainen
1999.....	Marjo Venalainen
1997.....	Jaydene Moralee

Women's All-Southeast Region Team

Year	Runners
2004.....	Patrina Hayes, Rasa Kavaliauskaite, Agnes Kipkuna, Ruth Nakkatude
2002.....	Marjo Venalainen, Irina Watkins, Sarah Bouchard, Elizabeth Tanui, Magdalena Polko
2001.....	Marjo Venalainen
2000.....	Marjo Venalainen, Irina Watkins, Christy Bromley
1999.....	Kim Bennett
1998.....	Kim Bennett, Sharon Kigen, Stephanie Krakowiak, Pavi Mahosenaho, Tinna Manninen, Pita Routsalainen
1997.....	Stephanie Krakowiak, Kim Bennett, Melissa Clay, Jaydene Moralee
1996.....	Melissa Clay, Jaydene Moralee, Molly McKennedy, Lynn Price
1995.....	Jaydene Moralee
1994.....	Jaydene Moralee



NCAA DIVISION II TEAM POSTSEASON RESULTS 1994-2004

NCAA Regional Results

Year	Place
2004.....	3rd
2002.....	2nd
2001.....	12th
2000.....	4th
1998.....	1st
1997.....	1st
1996.....	1st

NCAA Championship Results

Year	Place
2004.....	5th
2002.....	8th
1998.....	10th
1996.....	15th
1995.....	15th



