



TRACK & FIELD

AKRON DUAL - JANUARY 24, 2020 - KENT STATE FIELD HOUSE

MEET SCHEDULE

FIELD EVENTS

- 5:00 MEN LONG JUMP (WOMEN TO FOLLOW)
MEN TRIPLE JUMP (WOMEN TO FOLLOW)
- 5:25 MEN POLE VAULT (WOMEN TO FOLLOW)
- 5:30 WOMEN WEIGHT THROW (MEN TO FOLLOW)
WOMEN SHOT PUT (MEN TO FOLLOW)
- 5:30 WOMEN HIGH JUMP (MEN TO FOLLOW)

RUNNING EVENTS WOMEN EVENTS FIRST, FOLLOWED BY MEN

- 6:30 1 MILE RUN
- 6:50 60M HURDLES
- 7:05 400M DASH
- 7:20 60M DASH
- 7:35 800M RUN
- 7:45 200M DASH
- 8:00 3,000M RUN
- 8:30 4x400M RELAY