

**2024-2025
STUDENT-ATHLETE
HANDBOOK**

**JACKSONVILLE STATE
UNIVERSITY**

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ACADEMIC CALENDAR 2024-2025

FALL 2024

August 21: Classes Begin

August 27: Last Day to Register or Add a Class

August 27: Fall Graduation Applications Due

September 2: Labor Day Holiday

October 10-11: Advisement/Grading Days

October 14: Midterm Grades Viewable to Students at 10:00 AM

November 13: Last Day to Drop a Class or Withdraw

November 25-29: Thanksgiving Holiday

December 3: Last Day of Class

December 4-10: Final Exams

December 13: All Grades Due by Noon

December 12-13: Fall Commencements

SPRING 2025

January 8: Classes Begin

January 14: Last Day to Register or Add a Class

January 14: Last Day to Apply for Spring Graduation

January 20: MLK Holiday

February 27-28: Advisement/Grading Days

March 3: Midterm Grades Viewable to Students at 10:00 AM

March 24-28: Spring Break

April 22: Last Day of Class

April 23-29: Final Exams

May 2: All Grades Due by Noon

May 1-2: Spring Commencements

THE ALMA MATER

Alma Mater, Alma Mater,
Grateful voices raise
A song of tribute and devotion,
Thy honored name we praise.
Light of knowledge,
Store of wisdom,
Love of truth abide in thee,
Quest for beauty,
Search for freedom,
Thine eternally,
Oh, Alma Mater, Alma Mater
We humbly bow to thee!

THE FIGHT SONG

Fight on, Fight on for ole Jax State
We're proud that were from Alabama
Fight on, now don't you hesitate,
Courage, pride, and honor
will lead you on to victory, so
Fight on, fight for the red and white,
We're gonna howl tonight,
Come on! You Gamecocks,
Fight and see,
That we will win the victory

JSU MISSION STATEMENT

Jacksonville State University, a learning-centered community, provides distinctive educational, cultural and social experiences to prepare students to be competent, ethical professionals and engaged, responsible, global citizens.

JACKSONVILLE STATE UNIVERSITY

ATHLETIC DEPARTMENT MISSION STATEMENT

The Athletics Department conducts itself in such a way as to be consistent with the overall goals of the University and to enhance the quality of the college experience by maintaining a standard of excellence and sportsmanship among the student-athletes.

GOALS

- To foster a primary concern and maximize potential for the academic, physical and emotional welfare of the student-athlete
- To ensure compliance with the NCAA, Conference, University and Athletic Department regulations
- To provide equitable opportunities for all students and staff without regard to race or gender
- To maintain a positive atmosphere for the student body, alumni, fans and supporters while serving both the campus community and general public
- To achieve and maintain fiscal responsibility as defined by the University administration

JSU AT A GLANCE

ACADEMIC AFFAIRS

JSU seeks to be recognized as the premier regional, comprehensive institution of higher learning in the Southeast. We aspire to be noted primarily for our focus on students, the provision of selected academic and professional programs recognized for their excellence, and a geographic and culturally diverse faculty and student body. Our educational programs are designed to prepare students for the marketplace of the future and citizenship in a world economy.

UNDERGRADUATE MAJORS AND CONCENTRATIONS

Major	Concentrations
Accounting	
Applied Manufacturing Engineering	Automation and Robotics
	Industrial Leadership
	Manufacturing Management
	Occupational Safety and Health Management
Art	Art History
	Ceramics
	Graphic Design
	Illustration
	Painting
	Photography
	Printmaking
Biology	Studio Art
	Cellular & Molecular Biology
	Ecology/Environmental Biology
	General Biology
	Marine Biology
	Organismal Biology
	Pre-Health Professions
Career Technical Education and Professional Studies	Child Development
	Family and Consumer Sciences Education
	Human Sciences
	Merchandising
	Hospitality & Culinary Management
	Business Education
	Computer Science Education
Chemistry	Applied
	Chemistry with ACS Certification
	Medicinal Chemistry

Communication	Digital Journalism
	Digital Media & Relations
	Public Relations & Advertising
Computer Information Systems	Data Science
	General Information Systems
	Information Assurance
Computer Systems and Software Design	Web Development
Computer Science	Data Science
	Game Development
	General Computer Science, Information Assurance
Counselor Education	Clinical Mental Health Counseling
	School Counseling
Criminal Justice	Law Enforcement
	Offender Rehabilitation
	Law Enforcement
Didactic Program	Dietetics
	Performance
Early Childhood/Elementary Education	General
	Special Education
Economics	General
Emergency Management	Biology
	Collaborative Education 6-12
	Collaborative Education K-6
	Early Childhood Education
	Elementary Education
	English Language Arts
	General Science
	History
	Instructional Media
	Mathematics
	Physical Education
	Social Science
English	Creative Writing, Literature, Professional Writing
Exercise Science and Wellness	Clinical and Human Performance
English	
Exercise Science & Wellness	Clinical
	Human Performance
Film	Business Marketing Education
	Child Development
	Human Science
	Merchandising
	Community Nutrition
	Restaurant & Food Service Management
Finance	
Forensic Investigations	Criminal Investigations
	Forensic Laboratory Technician
Geography	Geospatial Technology
	Geoarchaeology
	Geographic Technique

Health and Physical Education	
Health and Physical Education-Physical Activity Studies	
History	
Integrated Studies	
Library Media	
Management	Human Resource Management
	Entrepreneurship
	Management Information Systems
Marketing	
Mathematics	Data Science
	General
	Traditional
Music	General Music
	Music Education-Instrumental
	Music Education-Vocal
	Instrumental Performance
	Vocal Performance
	Jazz Performance
	Piano Performance
Nursing	Traditional BSN
	Step RN to BSN
Political Science	
Public Health	Human Performance
	Nutrition
	P-12 Teacher Education
Psychology	
Respiratory Therapy	Traditional BSRT
	RRT to BSRT
	Emergency Management
	Political Science
Reading Specialist	
Respiratory Therapy	
Secondary Education (6-12 Certification)	
	English Language Arts
	General Social Studies
	General Science
	Mathematics
Social Work	
Sociology	Advanced and Applied
Special Education	Collaborative Teacher (K-12)
Sport Management & Recreation	Recreational Leadership
	Sport Management
Theatre	Performance
	Production

MASTER'S PROGRAMS, CERTIFICATES, AND MICRO CREDENTIALS

Major	Major
Applied Behavior Analysis (MS)	
Art-Visual Communication Design (MFA)	Biology (MS)
	Industrial Leadership
	Manufacturing Management
	Occupational Safety and Health Management
Athletic Training (MAT)	Art History
	Ceramics
	Graphic Design
	Illustration, Painting, Photography, Printmaking, Studio Art
Biology (MS)	Cellular & Molecular Biology
	Ecology/Environmental Biology
	General Biology
	Marine Biology
	Organismal Biology
	Pre-Health Professions
Career Technical Edu	Child Development
Business Administration (MBA)	Accounting (MBA)
	General Business (MBA)
	Healthcare (MBA)
	Human Resource Management (MBA)
	Organizational Leadership (MBA)
Computer Systems and Software Design (MS)	Sport Management (MBA)
	General (MS)
	Information Security and Assurance (MS)
Counselor Education (MS)	Public Relations & Advertising
	Clinical Mental Health Counseling (MS)
Criminal Justice (MS)	School Counseling P-12 (MS)
Early Childhood Education P-3 (MSE)	
Education	Alternative Class A P-3
	Special Education P-3
	Instructional Technology (MSE)
	Instructional Technology
Elementary Education K-6 (MSE)	Library Media P-12 (MSE)
Emergency Management (MS)	Alternative Class A (MSE)
English (MA)	
Geographic Information Science and Technology (MS)	
History (MA)	
Integrated Studies (MA)	
Manufacturing Systems Technology (MS)	
Mathematics (MS)	
Music (MA)	General Music: Instrumental
	General Music: Vocal Choir
	P-12: Instrumental
	P-12: Instrumental-Alternative Class A
	P-12: Vocal-Choral

	P-12: Vocal-Choral-Alternative Class
Nursing (MSN)	Population Health Nursing
	Population Health Nursing-Emergency Management
	Population Health Nursing-Nursing Education
Physical Education (MSE)	Human Performance
	Nutrition
	P-12
	P-12 -Alternative Class A
Public Administration (MPA)	Administrative Management
	Criminal Justice
	Emergency Management
	Geographic Information Science and Technology
	Political Science
Public Health (MPH)	Generalist
	Rural Health
Secondary Education (MSE)	Business Marketing Education 6-12
	Business Marketing Education 6-12, Alternative Class A
	Biology Education 6-12
	English Language Arts 6-12
	English Language Arts 6-12-Alternative Class A
	Family and Consumer Sciences 6-12
	Family and Consumer Sciences 6-12, Alternative Class A
	General Science 6-12
	General Science 6-12-Alternative Class A
	General Social Studies6-12
	General Social Studies 6-12-Alternative Class A
	History 6-12
	History 6-12-Alternative Class A
	Mathematics 6-12
	Mathematics 6-12-Alternative Class A
Social Work(MSW)	
Special Education Collaborative Teacher K-6/6-12 (MSE)	Alternative Class K-6/6-12
Sport Management (MS)	Non-Professional Educator Certification
	Professional & Non Professional Educator Certification

CERTIFICATES & MICRO CREDENTIALS

Program	Undergraduate/Graduate Certificate or Credentials
Athletic Administration	Graduate
Cannabis Business and Culture	Undergraduate Micro credential
Cannabis Science	Undergraduate Micro credential
Criminology and Justice in a Diverse Society	Undergraduate Micro credential
Cybersecurity	Undergraduate Micro credential
Drone Piloting/Spatial Data Analysis	Undergraduate Micro credential
Emergency Management	Graduate
Emergency Preparedness Nursing Coordinator	Graduate
English Teaching College Literature	Graduate Certificate & Micro credential
English Teaching College Writing	Graduate Certificate & Micro credential
Equity and Diversity	Undergraduate Micro credential
Healthcare Administration	Graduate
Healthcare Systems and Society	Undergraduate Micro credential
History-Teaching college U.S. History	Graduate
History-Teaching College World History	Graduate
Human Resources Management	Graduate
Industrial Leadership	Undergraduate Micro credential
Manufacturing Management	Undergraduate Micro credential
Nursing Education	Graduate
Organizational Leadership	Graduate
Physical Education-Human Performance	Graduate
Physical Education- Nutrition	Graduate
Podcasting	Undergraduate Micro credential
Social Media Management	Undergraduate Micro credential
Sport Management	Graduate
Sustainable Trail Science	Undergraduate Micro credential

UNDERGRADUATE ACADEMIC STANDARDS POLICY

FINANCIAL AID SUSPENSION INFORMATION

All undergraduate students **must** have an overall 2.0 Financial Aid GPA. Your Academic GPA is different than your Financial Aid GPA, and it cannot be viewed on MyJSU. Your Financial Aid GPA includes **ALL academic forgiveness, second chance, grade replacements and excluded coursework.**

Quality Points Averaged Per Grade

A = 4.0

B = 3.0

C = 2.0

D = 1.0

F or FA = 0.0

WF = 0.0

W = not calculated

WP = not calculated

I = not calculated

P = not calculated

****All academic forgiveness, second chance, grade replacements and excluded coursework will be calculated in the GPA based on the grade earned. (EX: DR = D, FR = F)**

How to calculate your Financial Aid GPA:

1. Calculate your GPA Course Credit Hours and your Quality Points for every course on your transcript.

Courses	GPA Course Credit Hours	multiplied by	Quality Points	Average per grade	=	Quality Points
HY 101 (A)	3 hours	X	4		=	12
GY 100 (C)	3 hours	X	2		=	6
EH 201 (D grade replacement)	3 hours	X	1		=	3
MS 100 (W)	+ not counted in gpa hours	X	no calculation		=	n/a
	9					21

2. Take your Quality Points and divide it by the GPA Course Credit Hours.

$$\begin{array}{rcl} \text{Quality Points} & \text{divided by} & \text{GPA Course Credit Hours} = \text{Your (New/Correct) Financial Aid GPA} \\ 21 & / & 9 = 2.33 \end{array}$$

Starting Summer 2015, if an undergraduate student does not have an overall 2.0 Financial Aid GPA that student will be placed on Financial Aid suspension **ONLY**. NO EXCEPTIONS! A student may appeal.

Graduate students who do not have an overall 3.0 Financial Aid GPA will be placed on Financial Aid suspension **ONLY**. NO EXCEPTIONS! A student may appeal.

ACADEMIC STANDING

Effective Fall 2024: Academic Standing

Minimum Academic Standards

Undergraduate students must earn a minimum 2.00 JSU (institutional) grade point average (GPA) or above to continue at Jacksonville State University in good academic standing to be eligible to take classes at JSU. Eligible academic standing includes Good Standing, Academic Warning, and Academic Probation.

Academic Warning

A student will be placed on Academic Warning following a term when the semester and JSU (institutional) GPA is less than the required minimum 2.00.

First Time, First Semester Undergraduates will be required to meet with their Academic Advisor and Success Coach, if applicable, at the beginning of the subsequent semester to ascertain needs for an academic advising review, tutoring and/or academic support interventions, access to resources for personal issues, financial wellness concerns and/or career development services. Other students on Academic Warning will be required to meet with the Student Success Center Retention Specialist or designee at the beginning of the following semester to ascertain needs for tutoring and /or academic support interventions, access to campus services for basic needs, financial wellness concerns, campus resources, and career development services. All students on Academic Warning will also be required to complete a short Academic Warning class in Canvas during the semester and meet with a financial aid representative to learn about the consequences of failing to meet Satisfactory Academic Progress. The Retention Specialist or designee may also require additional sessions.

Academic Warning is recorded on the transcript.

Academic Probation

A student will be placed on Academic Probation at the end of any semester following a semester on Academic Warning when the JSU (institutional) GPA is less than the required 2.0 GPA. Academic Probation is recorded on the transcript. If your GPA is below a 2.0 at the end of a term you will be placed on Academic Warning.

Remediation: A student on Academic Probation is limited to 13 hours attempted in the subsequent semester with a required minimum semester GPA of 2.0. The student is also required to meet with the Student Success Center Retention Specialist or designee at the beginning of the following semester to ascertain needs for tutoring and /or academic support interventions, access to campus services for basic needs, financial wellness concerns, campus resources, and career development services. Additionally, the student must complete a short Academic Probation class module in Canvas during the semester and meet with financial aid representative to learn about the consequences of failing to meet Satisfactory Academic Progress. The Student Success Center Retention Specialist or designed may also require additional sessions. If the students make progress towards a JSU (institutional GPA of 2.0 each semester, and the semester GPA stays at or above 2.0, the student will remain on Academic Probation. When the student's JSU (institutional) GPA reaches 2.0 or higher, the student will be returned to Good Academic Standing. However, if the student on Academic Probation's semester GPA falls below 2.0 following placement into Academic Probation, the student will be placed on Academic Suspension.

Academic Suspension

A student on Academic Probation whose semester GPA falls below 2.0 will be placed on Academic Suspension for one semester.

- If placed on Academic Suspension following the Spring semester, the student will be suspended from Summer semester with an opportunity to petition for Fall reinstatement during the summer.
- If placed on Academic Suspension following the Summer semester, the student will be suspended from Fall Semester with an opportunity to petition for Spring reinstatement during the Fall.
- If placed on Academic Suspension following the Fall semester, the student will be suspended from Spring semester with an opportunity to petition for Summer reinstatement during the Spring.

Procedures for Reinstatement following Academic Suspension

Students seeking reinstatement following Academic Suspension should apply by the following deadlines:

1. Reinstatement for Fall Semester: July 1st
2. Reinstatement for Spring Semester: October 1st
3. Reinstatement for Summer Semester: April 1st

***If you have questions about your academic standing, please see your athletic academic counselor.**

ACADEMIC ELIGIBILITY

Full Time Enrollment... student-athletes must be enrolled in 12 or more semester hours each semester to be eligible to practice and compete. Should you ever go below 12 hours, for any reason, you immediately become ineligible to practice or compete.

Continuing Eligibility... Each student-athlete must meet certain “satisfactory progress” requirements during specific times of enrollment at the institution. This is to ensure that the student-athlete makes continued progress toward the degree. Your athletic academic advisor or the compliance office can inform you of the progress you have made toward meeting eligibility requirements and graduation. However, you are responsible for being aware of your academic status.

ACADEMIC ELIGIBILITY

Summary of the Division I Academic Eligibility Requirements

Note: This is intended as a summary only and does not include significant detail. Requirements can vary for each sport

Entering Second Year of Collegiate Enrollment	Entering Third Year of Collegiate Enrollment	Entering Fourth Year of Collegiate Enrollment	Entering Fifth Year of Collegiate Enrollment
• 24 semester/ 36 quarter credits • 18/27 credits earned during academic year • 90% of GPA for graduation • Six credits/term • A maximum of six semester/ nine quarter hours of remedial courses may be used in the first year	• 40% of degree requirements • 18/27 credits earned during academic year • 95% of GPA for graduation. • Six credits/term • Declaration of degree program	• 60% of degree requirements • 18/27 credits earned during academic year • 100% of GPA for graduation • Six credits/term	• 80% of degree requirements • 18/27 credits earned during academic year • 100% of GPA for graduation • Six credits/term

CONTINUING ELIGIBILITY

Summer Credit Hours

- Summer credit hours may be used to satisfy the 24-credit-hour requirement when certifying a student-athlete entering his or her second year of collegiate enrollment. Summer hours may also be used to meet the 40/60/80- percent-of-degree requirements.

Remedial, Tutorial or Noncredit Courses

- A student-athlete may use remedial, tutorial or noncredit courses earned during his or her first year of collegiate enrollment and when certifying a student-athlete entering his or her second year of collegiate enrollment. These courses may be used to meet the 24-semester credit-hour requirement but may not exceed six semester total credit hours.

Six Credit Hours/ 9 Credit Hours (Football only)

- All student-athletes, including those currently enrolled, must successfully complete at least six (6) semester hours in the previous regular academic term of full-time enrollment to be eligible to participate in the next regular academic term. In the sport of football, student-athletes must complete at least nine (9) semester hours in the fall semester, or the student is ineligible for the first four games of the following season.

ACADEMICS IN ATHLETICS

CLASS ATTENDANCE POLICY

Specific policies on attendance are established by individual departments and colleges. These policies will be communicated to you through the class syllabus/ outline at the beginning of the semester. Student-athletes are held responsible for attendance at all class meetings unless excused due to an athletic event. Although absences may be excused, work missed in class is not. **It is the student-athletes' responsibility to initiate a request to make up missed class work.**

A travel excuse letter, which lists all travel dates for the season, is provided for all eligible student-athletes. It is the student-athlete's responsibility to inform their professors of their travel dates at the beginning of the semester. Additionally, electronic travel letters are sent through Navigate two to three days before each competition. If a student-athlete is not traveling with his/her team, they are **REQUIRED** to attend all scheduled classes.

ABSENTEE POLICY

Jacksonville State University is committed to scheduling athletics events (competition and practice) without conflict with class attendance.

The policy below was reviewed and revised by the athletic council on November 19, 2003.

1. Practice opportunities within the control of the athletics department personnel shall not conflict with class time.
2. Competition opportunities within the control of the athletics department personnel shall not conflict with class time. *Exception: Sports having to compete due to facilities not lighted may begin no earlier than 1:00 p.m.
3. No academic penalty shall be imposed on students who miss class or tests due to participation in a University sponsored event. Students will be required to have an excuse (with schedule attached) from an academic advisor in the athletics department and signed by the Athletics Director and the Provost and Vice President for Academic Affairs or from a faculty sponsor or advisor if it is a non-athletic event.
4. Competition shall not be scheduled on academic preparation day through the last day of final examinations. Exceptions to this policy would only include competition scheduled by Conference USA or the NCAA.

****This policy should only apply if the scheduling of the events is not under the control of the appropriate coach or sponsor.**

TEXTBOOKS

As part of the grant-in-aid, the Department of Athletics may furnish your textbooks that are required. The University Bookstore is located in the Theron Montgomery Building. At the beginning of each semester, a time will be arranged for student-athletes to pick up their textbooks.

NOTE: Student-athletes will be responsible for returning all textbooks issued to them on the assigned date at the end of each semester. The student-athlete's account will be charged for any textbooks not returned to the University Bookstore by the deadline each semester.

PROGRESS REPORTS

Three times throughout the semester, professors are asked to submit progress reports on student-athletes via the JSU Navigate Online System. On the electronic report, the professor indicates the current grade, number of absences, attitude and additional comments. These reports are available to coaches, academic support personnel, and athletic administration on JSU Navigate.

DROPPING AND ADDING CLASSES

Deadlines are published each semester for dropping and adding classes. Refer to the calendar in the JSU Catalog or the front page in this handbook. **No student-athlete is allowed to drop or add after the first day of classes except through their Athletic Academic Advisor.**

STUDENT SUCCESS CENTER

TUTORING

Student-athletes are afforded scheduled (individual) tutoring appointments through Tutoring Services. Free tutorial services are available for student-athletes in core courses, as well as many upper-level courses depending on availability of qualified tutors. A student-athlete may schedule a tutoring appointment through their JSU Navigate account. Attendance to scheduled tutoring appointments is required and monitored through JSU Navigate. Athletic Academic Counselors will receive a text message and/or email notification of each no-show or cancelled tutoring session. They are also given access to view all no-show and cancellation reports for their student-athletes. The success rates for student-athletes receiving tutorial services are very high each semester; therefore, it is important for student-athletes to be proactive and schedule a session(s) as soon as they feel the need to.

ONLINE TUTORING

JSU has partnered with a professional tutoring company, Tutor.com, to offer online tutoring available 24/7. Tutor.com provides students with access to over 3,000 online tutors and appointment availability 24 hours per day, 7 days per week. Subjects cover a wide variety of course types including math, science, world languages, computer science, nursing, and health sciences, history and social sciences, literature, and business. Writing support will continue to be offered by the JSU Writing Center. Students may access Tutor.com and schedule an appointment through their Canvas course account.

SUPPLEMENTAL INSTRUCTION (SI)

Supplemental Instruction (SI) is offered in historically difficult courses (or courses with high DFW rates) and SI study sessions are held outside of class 2 – 3 times per week by an SI leader. SI leaders have successfully completed the course, they attend weekly class meetings, and they work with each professor to design collaborative learning sessions for students to attend on a voluntary basis.

STUDY HALL

Study hall is structured in a way that provides student athletes with a quiet, monitored environment in which to prepare for classes, study for tests, or obtain additional academic support. All students are required to come to study hall with proper materials and with specific academic goals to accomplish during that time. All students are required to check into study hall through JSU Navigate at the front desk of the Student Success center (Houston Cole Library, 2nd floor). Coaches set their own guidelines regarding the amount of study hall hours required. Cell phone use, other activities deemed not “on task,” or any behavior that disrupts study hall will result in immediate dismissal. Student athletes may also utilize in-person tutoring or Success Coaching to accrue study hall time.

ACADEMIC ADVISEMENT

Each freshman student is assigned an Academic Athletic Counselor based on the student's sport. Incoming transfer students are also assigned an Academic Athletic Counselor based on their sport. The Academic Athletic Counselor assigned will serve as that student's counselor/advisor throughout their time at JSU.

Each student athlete will schedule an appointment with their Athletic Academic Counselor for advisement using the Navigate system. Student athletes will be advised for the fall, spring and summer terms. It is the student athletes' responsibility to be at their appointment on their set day and time. During your advisement, you and your AAC will review your degree audit using DegreeWorks. Using this tool, you will be advised of classes needed to track continuing eligibility and graduation. You and your AAC will also use Schedule Planner to create a schedule that will work as closely as possible with your athletic schedule. Missed appointments will be marked as No-Show and the academic coach will receive notification.

Student athletes will have a specific day, (normally the Friday before open registration), in which to register. This day is set aside for student athletes to allow them to schedule the classes they need for eligibility reasons and to work around their practice schedules. This privilege is given to the athletic department, and every student athlete will be expected to take advantage of this privilege. The pin needed for registration will be sent to you using your JSU email address.

The date set for student athlete registration will be for registration only; no advisement will be done on this date.

Coaches will be notified in advance of all these dates. It is their responsibility to notify their athletes and make sure they make all their appointments.

NOTE: All holds and money owed to the University must be paid before you can register for classes

JSU-Student Success Center

<u>IN-PERSON TUTORING</u> Individual peer tutoring for core courses and some upper-level courses	Student Success Center Houston Cole Library 2 nd Floor	Monday-Thursday: 8:00am-8:00pm Friday: 8:00am-4:00pm
<u>TUTOR.COM</u> Online Tutoring available 24/7	Online - Canvas	24/7
<u>SUPPLEMENTAL INSTRUCTION (SI)</u> Collaborative learning sessions conducted by a student leader	Locations vary by semester	Courses supported vary by semester
<u>DROP-IN TUTORING</u>	Student Success Center Houston Cole Library 2 nd Floor	Times vary according to tutor availability
<u>STUDY HALL</u> <i>*Study hall may also be accrued by utilizing in-person tutoring or Success Coaching</i>	Student Success Center Houston Cole Library 2 nd Floor	Monday-Thursday: 8:00am-9:00pm Friday: 8:00am-4:00pm

STUDENT ATHLETE ACADEMIC SERVICES IN HOUSTON COLE LIBRARY

Rachel Haas – (256)782-5774, 201-B Houston Cole Library
Director, Student Athlete Academic Success

Dr. Yolanda McCants- (256) 782-5841, 201 Houston Cole Library
Lead Learning Specialist

Ashley Oliver – (256)782-5889, 203 Houston Cole Library
Athletic Academic Counselor

Rachel Merritt – (256)782-5844, 206 Houston Cole Library
Athletic Academic Counselor

Nathan Roberts– (256)782-5889, 204 Houston Cole Library
Athletic Academic Counselor

Mallorie Kandziorski– (256)782-8233, 203 Houston Cole Library
Athletic Academic Counselor

Rolonzia Stitts – (256)782-8207, 205 Houston Cole Library
Athletic Academic Counselor

HELPFUL HINTS AND THINGS YOU SHOULD KNOW

GPA Calculations

Most undergraduate courses use a letter grade system to evaluate academic performance. Each letter has a numerical value (ex. A = 4.0), also known as quality points, that can be used to calculate your grade point average (GPA). GPA is calculated by dividing the quality points earned by the number of hours attempted.

A = 4 quality points per hour

B = 3 quality points per hour

C = 2 quality points per hour

D = 1 quality points per hour

F = 0 quality points

Example Calculation:

Course	Grade	Hours	Quality Points		Total	
EH 101	B	3	X	3	=	9
MS 112	D	3	X	1	=	3
HY 201	A	3	X	4	=	12
BY 101	C	3	X	2	=	6
BY 103	A	1	X	4	=	4
EH 141	A	3	X	4	=	12
HPE 191	A	1	X	4	=	4
		17 hours			50 quality points	

Overall GPA = Quality Points ÷ Hours Attempted

GPA = $50 \div 17$

GPA = 2.9411

ACADEMIC INTEGRITY

Each student-athlete is expected to take personal responsibility for his or her academics, including writing and submitting papers, test-taking, and studying. Cheating in any form is considered a serious offense and could result in the student-athlete failing a course, being dismissed from the team, and/or losing his or her eligibility.

The faculty and administration of Jacksonville State University regards the following acts as serious violations of academic integrity:

1. Plagiarism in any form. Many students do not understand what constitutes plagiarism. Essentially, plagiarism is taking someone else's ideas, language, or work without giving appropriate credit to the author and presenting those ideas, language or work as one's own.

Submitting as one's own:

1. Material copied from a published source: print, internet, CD-ROM, audio, video, etc.
2. Another person's unpublished work or examination material.
3. Allowing another or paying another to write or research a paper for one's own benefit.
4. Purchasing, acquiring, and using for course credit a pre-written paper.

2. Academic cheating is another serious act that violates academic integrity. Obtaining, distributing, or communicating examination materials prior to the scheduled examination without the consent of the teacher; providing information to or obtaining information from another student during the examination; attempting to change answers after the examination has been submitted; and falsifying medical or other documents to petition for excused absences all are violations of the integrity and honesty standards of the examination process.

The following excerpt on JSU policies related to academic honesty is from the JSU student handbook:

II. ACADEMIC HONESTY

In a University community, true knowledge can be gained only through honest means. All academic dishonesty is expressly prohibited. This policy is applicable for campus and distance learning activities.

Violations include BUT ARE NOT LIMITED TO, the following:

- A. The use of unauthorized materials or the receipt of unauthorized assistance during an examination or in the completion of any other assignment, exercise, experiment, or project for academic credit. Unauthorized materials may include, but are not limited to, notes, textbooks, previous examinations, exhibits, experiments, papers, or other supplementary items.
- B. Copying or utilizing information from a paper of another student during an examination.
- C. Rendering unauthorized assistance to another student by knowingly permitting him or her to copy an examination, project, paper, assignment, exhibit, exercise, or other material to be submitted for academic credit.
- D. Illegally obtaining or attempting to obtain unauthorized prior knowledge of an examination or test materials.
- E. Selling or giving to another student unauthorized copies of tests or examinations or research assignments.
- F. The use of a commercially prepared term paper or research project or the submission of a paper, project, or experiment completed by someone other than the student submitting any of the above for academic credit.
- G. Falsifying class attendance.
- H. Falsifying reasons why a student did not attend a required class or take a scheduled examination.
- I. Taking an examination in the place of another student.
- J. Making unauthorized change in any reported grade or on an official academic report form.
- K. Unauthorized collaboration between two students on an examination, paper, or project.
- L. Plagiarism, which is the deliberate act of copying, writing, or presenting as one's own the information, ideas, or phrasing of another person without proper acknowledgment of their true source.
- M. Making use of computing facilities in an academically dishonest manner.

Note: Students may be found in violation of the Academic Honesty Policy through the academic grading procedure as long as notice and hearing are granted and appeal is available and/or through the University Judicial System (See Judicial Procedures, Section III, 1-4)

JSU ACADEMIC AND STUDENT SUPPORT SERVICES

These services are free to all JSU Students and are for your benefit so be sure to take advantage of their expertise!

STUDENT SUCCESS CENTER

Debra James, Director

E-mail: dmjames@jsu.edu

Telephone: 256-782-8224

Houston Cole Library , 2nd Floor

Business Hours: Monday - Friday 8:00 AM – 4:30 PM

Student Success Center Office Telephone: 256-782-8223

The mission of Student Success is to provide an integrated network of support to facilitate the academic and personal success of undergraduate students at JSU.

CAREER SERVICES

Jennifer Gault, Director, College to Career Initiatives 256-782-5297, jkgault@jsu.edu

Career Development Coordinators by College:

Joseph McMullen, jmcmullen@jsu.edu, 256-782-5485

-College of Arts and Humanities/College of Education and & Professional Studies

Alex Wilkerson, awilkerson3@jsu.edu, 256-782-5382

-College of Business & Industry

Kirsten Hughes, khughes6@jsu.edu, 256-782-8465

-College of Health Professions and Wellness/ Social and Behavioral Sciences

Career Services can help you discover your unique personal strengths and how you can use them to determine the best career suited to your personality and interests. Career Services also provides employment assistance to graduating seniors and alumni through on-campus interviews, job listings, career fairs, referrals, computer resources, corporate information, and employability skills training. Career Services also coordinates the Cooperative Education Program.

COUNSELING SERVICES

Ataska Winsett, Counselor, Athletics

E-mail: awinsett@jsu.edu

Telephone: 256-782-8799

332 Pete Mathews Coliseum

Hours: By appointment

Counseling Services offers personal, educational, and career counseling for JSU students. Personal counseling is conducted in a private setting under the strictest confidence. Counselors are available on an individual or group basis.

DISABILITY RESOURCES

Sean Creech

Houston Cole Library, 2nd Floor

Hours: Monday – Friday 8:00 AM – 4:30 PM

Telephone: 256-782-8380

E-mail: disabilityresources@jsu.edu

Disability Resources provides academic support services as required by Section 504/ADA, removing unfair barriers, and equalizing opportunities to otherwise qualified students. DSS provides additional programming for students who have sensory learning or attentional disabilities. DSS works with faculty and staff to facilitate the student's integration into the academic community.

LEARNING SERVICES & ANALYTICS

Courtney Peppers-Owen, Director

Basement of Houston Cole Library

Hours: Monday – Friday 8:00 AM – 4:30 PM

Telephone: 256-782-5570

E-mail: cpeppers@jsu.edu

Learning Services & Analytics supports academic achievement through the Department of Learning Skills, computer-assisted practice on basic and advanced skills, and Fast Start Academy, a summer bridge between high school and college. Learning assistance is provided in study skills, as well as remediation for the ECE (English Competency Exam). EdReady, JSU's new math placement test, is also overseen by this department.

DEAN OF STUDENTS OFFICE

Josh Robinson, Associate Dean of Students

402, Theron Montgomery Building

Hours: Monday – Friday 8:00 AM – 4:30 PM

Telephone: 256- 782-5491

E-mail: studentlife@jsu.edu

The purpose of the **Dean of Students Office** is to help students enhance their collegiate experience by providing co-curricular programs and activities that promote a better quality of life by assisting students in developing personal leadership skills and community responsibility. The office is student oriented, focused, and willing to serve a diverse student body. The services provided by the Dean of Students Office are intended to compliment the educational process and contribute to a well-rounded education so that students may develop physically, socially, spiritually, intellectually, and morally.

***All JSU Academic and Student Support Services websites can be accessed by visiting www.jsu.edu.**

NCAA AWARDS AND SCHOLARSHIPS

NCAA Today's Top 10 Award, Award of Valor, Silver Anniversary Award, Theodore Roosevelt Award

The NCAA Woman of the Year (honors senior student-athletes who have distinguished themselves throughout their collegiate careers in the areas of academic achievement, athletics excellence, service and leadership).

Jim McKay Graduate Scholarship

Walter Byers Postgraduate Scholarship Program

Ethnic Minority & Women's Enhancement Postgraduate Scholarship Program

NCAA Postgraduate Scholarship Program

Degree Completion Scholarships

NCAA Accelerating Academic Success Program

AASP Career Development Award

NCAA Innovations in Research and Practice Grant Program

NCAA Graduate Student Research Grant Program

The Freedom Forum-NCAA Foundation Sports-Journalism Scholarships

Ethnic Minority and Women's Internship Programs

Academic All-American

Academic All-District

***If you have a question about NCAA awards or scholarships please contact Misty C. Ray at (256) 782-5970.**

<https://www.ncaa.org/sports/2015/9/14/ncaa-scholarships-and-grants.aspx>

ACADEMIC HONORS

JACKSONVILLE STATE UNIVERSITY DEAN'S LIST AND PRESIDENT'S LIST

- (a) Undergraduate students carrying 12 or more hours in the Fall and Spring semesters and obtain a 4.0 grade point average will be listed on the President's List.
- (b) Undergraduate students carrying 12 or more hours in the Fall and Spring semesters and obtain a grade point average between 3.5 and 3.99 will be listed on the Dean's List.
- (c) Excel in his/her sport and be a positive role model for others.

JACKSONVILLE STATE UNIVERSITY SCHOLAR ATHLETE HALL OF FAME

The criteria for entry into the Hall of Fame include:

- (a) student-athlete must have a cumulative GPA of 3.50; -or-
- (b) The student-athlete must earn at least 28 hours and a 3.50 GPA during the previous school year (2015-16 fall, spring, and summer); and
- (c) The student-athlete must have participated during the previous school year.

JACKSONVILLE STATE UNIVERSITY EAGLE OWL AWARD

The Eagle Owl Award was established by former Athletic Director Jerry Cole in 1995 and given to an outstanding female student-athlete.

Overseen by the Sports Information Department, the award is now given to a female and a male student-athlete that exemplify the following:

- (a) have a cumulative 2.5 GPA or higher
- (b) be a starter or important reserve in his/her sport and be in his/her senior season of eligibility
- (c) must excel in his or her sport and
- (d) be a positive role model for others

****This award is presented at the end of the academic year during the annual Senior Banquet.**

FEMALE ATHLETE OF THE YEAR

2024-Rebecca Hagerman, Bowling
2023-Claire Vermette, Women's Golf
2022-Lexie Libs, Volleyball
2021-Alexus Jimmerson, Softball
2020-Chloe Long, Basketball
2019-Mackenzie Rombach, Volleyball
2018-Kayla Thompson, Soccer/ Track & Field
2017-Taylor West, Softball
2016-Melania Bajo Geijo, Women's Golf
2015-Sara Borders, Softball
2014-Tiffany Harbin, Softball
2013-Krystal Ruth, Softball
2012-Lauren Harkins, Volleyball
2011- Caitlin Vorbeck, Volleyball
2010-Nikki Prier, Softball
2009- Allie Barker, Softball
2008-Abbey Breit, Volleyball
2007-Daniela Pappano, Softball
2006-Kisha West, Volleyball
2005-Kari Baldwin, Rifle
2004-Jennifer Brenneman, Volleyball
2003-Sally Pearson, Tennis
2002-Adriana Finelli, Soccer
2001-Lauren Buck, Softball
2000-Lisa Baswell, Basketball
1999-Lucinda Roddy, Rifle
1998-Melissa Harden, Basketball
1997-Kathy Schuneman, Rifle
1996-Tracey Wilder, Tennis
1996-Ann Shelton, Softball
1995-Jana Simmons, Basketball, Softball, Volleyball

MALE ATHLETE OF THE YEAR

2024-Erik Jansson, Golf
2023-Stevonte Tullis, Football
2022-Darian Adams, Basketball
2021-Jesus Montenegro, Golf
2020-Joshua Brady, Football
2019-Jason Burnell, Basketball
2018- Justin Lea, Football
2017- Eli Jenkins, Football
2016-Jermaine Hough, Football
2015-Max Holcombe, Football
2014-Sam Muegge, Rifle
2013-Marques Ivory, Football
2012-Todd Hornsby, Baseball
2011-Curt Porter, Football
2010- Joshua Cain, Football
2009-Gavin Hallford, Football
2008-Clay Whittemore, Baseball
2007-Clay Green, Football
2006-James Hall, Rifle
2005-Matias Anselmo, Golf
2004-C.R.Palmer, Baseball
2003-Jose Campra, Golf
2002-Jeremy Sullivan, Football
2001-Brad Smith, Baseball
2000-Joey Hamilton, Football

FINANCIAL AID

SCHOLARSHIPS

As a student-athlete, you should be familiar with the terms and conditions of your athletically-related grant-in-aid (scholarship), as well as other forms of financial assistance. Once your athletics scholarship is awarded, Jacksonville State University will renew its financial obligation to you on a year-to-year basis until your athletics eligibility is exhausted. However, your athletics scholarship may be canceled or reduced during the *period of the award if you:

- (a) render yourself ineligible for intercollegiate competition;
- (b) fraudulently misrepresent any information on an application, letter of intent or financial aid application;
- (c) engage in serious misconduct warranting substantial disciplinary penalty;
- (d) voluntarily withdraw from your sport for personal reasons
- (e) violates a nonathletically related condition outlined in the financial aid agreement or violates a documented institutional rule or policy

*The period of award begins when the student-athlete receives any benefits as a part of the student's grant-in-aid on the first day of classes for a particular academic term, or the first day of practice, whichever is earlier, until the conclusion of the period set forth in the financial aid agreement. An athletics grant-in-aid shall not be awarded in excess of the student-athlete's five-year period of eligibility. (NCAA Bylaw 15.3.3.1).

Notifications of athletic scholarship renewals or non-renewals will be made in writing on or before July 1 prior to the academic year in which it is to be effective. Renewals will be on a one-year basis and may be subject to an increase, decrease, or non-renewal as permitted per NCAA Bylaw 15.3.4. If aid is reduced or cancelled you will be provided the opportunity for a hearing, at your request.

You may also be eligible to receive additional financial assistance through grants, loans or employment opportunities. It is strongly recommended that you investigate the opportunity to receive Pell Grant monies on a yearly basis – available through the financial aid office. It is crucial that all financial assistance and employment earnings are reported to the compliance office.

DEGREE COMPLETION

- 1. The student-athlete has completed his/her eligibility for competition within four or five years of his/her initial date of enrollment as a full time student;
- 2. The student-athlete is within 20 hours of finishing degree requirements;
- 3. The student-athlete has competed for JSU for at least the last two years;
- 4. The student-athlete has no eligibility remaining in his/her primary sport, and is not receiving any other athletics aid;
- 5. The student-athlete is in good academic standing; and
- 6. Student-athletes who have received athletic financial aid for three summer terms (May Term, June Term or July Term) may only receive degree completion aid for one semester. Those who have received athletic financial aid for six summer terms are not eligible to receive degree completion aid.

**Degree Completion money is normally awarded to a student-athlete for a period of one fall and one spring semester. Funds awarded during the fall semester are not guaranteed in the spring. Spring tuition will be given according to funds available.

**As a part of the NCAA's Student-Athlete Core Guarantees, additional Degree Completion Assistance may be available. For more information contact Misty Ray, at 256.782.5970 or mcassell@jsu.edu. Please also see:*

https://ncaaorg.s3.amazonaws.com/compliance/d1/D1Comp_CoreGuaranteesDegreeCompletion.pdf

NCAA STUDENT ASSISTANCE FUND

The NCAA Student Assistance Fund (SAF) provides direct benefits to student-athletes through assistance with educational expenses and fees, health and safety expenses, personal or family expenses, and institutional academic or programming enhancements. If a student-athlete has a need they can contact the compliance office to check on the possibility of using the SAF for that specific need or expense.

NIL-NAME, IMAGE, LIKENESS

***PLEASE VISIT THE BELOW WEBSITE FOR MORE INFORMATION ON NAME, IMAGE, LIKENESS AT JSU**

<https://jsugamecocksports.com/sports/2021/7/8/nil-name-image-likeness.aspx>

EMPLOYMENT

Earnings from a student-athlete's on- or off-campus employment that occurs at any time is exempt and is not counted in determining a student-athlete's cost of attendance or in the institution's financial aid limitations, provided:

- (a) The student-athlete's compensation does not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that he or she has obtained because of athletics ability;
- (b) The student-athlete is compensated only for work actually performed; and
- (c) The student-athlete is compensated at a rate commensurate with the going rate in that locality for similar services. (See Bylaw 12.4)

NOTE: All student-athlete employment must be reported to the compliance office.

NCAA BYLAW 12.4.1.1 ATHLETICS REPUTATION

Such compensation may not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that he or she has obtained because of athletics ability.

NCAA BYLAW 12.4.4 SELF EMPLOYMENT

A student-athlete may establish his or her own business, provided the student-athlete's name, photograph, appearance or athletics reputation are not used to promote the business.

NCAA BYLAW 12.5.2.1 ADVERTISEMENTS AND PROMOTIONS AFTER BECOMING A STUDENT-ATHLETE

After becoming a student-athlete, an individual shall not be eligible for participation in intercollegiate athletics if the individual:

- a) Accepts any remuneration for or permits the use of his or her name or picture to advertise, recommend or promote directly the sale of use of a commercial product or service of any kind; or
- b) Receives remuneration for endorsing a commercial product or service through the individual's use of such product or service

NCCA BYLAW 12.4.2 SPECIFICALLY RELATED ATHLETIC EMPLOYMENT ACTIVITIES

NCAA BYLAW 12.4.2.1 Fee-For-Lesson Instruction

A student-athlete may receive compensation for teaching or coaching sport skills or techniques in the student-athlete's sport on a fee-for-lesson basis, provided: [R] (Revised: 1/9/96 effective 8/1/96, 4/25/02 effective 8/1/02, 4/2/03 effective 8/1/03, 1/23/19)

- (a) Institutional facilities are not used;**
- (b) Playing lessons shall not be permitted;**
- (c) The compensation is paid by the lesson recipient (or the recipient's family member) and not another individual or entity;**
- (d) Instruction to each individual is comparable to the instruction that would be provided during a private lesson when the instruction involves more than one individual at a time; and**
- (e) The student-athlete's name, picture or appearance is not used to promote or advertise the availability of fee-for-lesson sessions.**

YOUR TIME AT JSU

STUDENT HOST

Student-athletes will be asked, on occasion, to assist their coaches in recruiting prospective student-athletes by acting as a Student Host during a prospect's official campus visit. Acting as a Student Host is an important service to the institution and the Athletics Department. Appropriate conduct is required of you by institutional, conference, and NCAA standards to avoid violations. All activities with prospective students should be planned and approved by the coach. These activities should always promote the University and its values.

STUDENT HOST FACTS—OFFICIAL VISITS

Jacksonville State University requires the student host and the prospect to adhere to the regulations of the NCAA and the institution in regards to an official visit. JSU and the respective coaching staff reserve the right to enforce any disciplinary action that may result as a violation of the below listed guidelines. A student host must be enrolled at JSU. If a host is a freshman student, he/she must have been a qualifier.

When serving as a student host you must ensure a prospect will/does NOT:

- Receive transportation to and from the campus in excess of my actual round-trip transportation costs on a direct route between my home (or site of my athletics competition or educational institution) and JSU's campus for an official visit.
- Receive transportation to, from, or during the campus visit in the use of a special vehicle (e.g. Limousine, modified vehicle with TV's or special décor, Hummer, etc.)
- Have knowledge that my friend(s) or relative(s) received cost-free transportation, reimbursement, or travel expenses for the visit.
- Receive more than three meals and a snack per day.
- Receive lodging or accommodations that would be considered excessive (i.e. Jacuzzi's, luxury suites).
- Receive cash, souvenirs, free or reduced cost athletics gear given to me by the coaches, staff, student host(s) or boosters. Entertainment funds shall not used to purchase gifts of value (e.g., souvenirs or clothing).
- Be involved in the use of alcohol or illegal drugs during the visit.
- Be involved in any gaming, wagering, or gambling activities during the visit.
- Engage in any game-day simulations during the visit
- Be shown personalized jerseys, personalized signs, or personalized audio/video presentations.
- Be transported or entertained more than 30 miles from the JSU campus.

- Receive an automobile for use for myself or my student host during the official visit.
- Receive tickets to the institution's athletics contest during the visit that are not issued through a pass gate.
- Have in-person contacts with athletics boosters, alumni, or former student-athletes who are not currently enrolled at JSU during the official visit.
- Participate in physical workouts or recreational activities that involve any sport while a coach is present.
- Have more than five (5) expense paid visits to NCAA member institutions; and
- Be involved in activities or events at any location that are improper, illegal, or representative of any sense of impropriety (e.g. use of escorts or exotic dancers/strippers, visiting adult entertainment establishments, etc.)

When serving as a student host a maximum of \$60 per official visit to cover the entertainment expenses of yourself, the prospect, and the prospect's parents, legal guardians or spouse maybe provided to you. You may be provided an additional \$60 per visit as permitted by NCAA regulations. If any issues arise during the official visit, you should immediately contact a member of your coaching staff.

PLAYING AND PRACTICE SEASONS

DAILY AND WEEKLY HOUR LIMITATIONS-PLAYING SEASON

The NCAA regulates that a student-athlete's participation in countable athletically related activities shall be limited to a maximum of four hours per day and 20 hours per week. **Student-athletes must be given an off day each week.**

WEEKLY HOUR LIMITATIONS-OUTSIDE OF PLAYING SEASON

The NCAA regulates that a student-athletes participation in countable athletically related activities outside of the playing season shall be limited to a maximum of eight hours per week, of which no more than four hours per week may be spent on individual skill workouts. **Student-athletes must be given two off days each week.**

NCAA BYLAW 17.1.7.11.2- NO CLASS TIME MISSED FOR PRACTICE ACTIVITIES

No class time shall be missed at any time (e.g., regular academic term, mini term, summer term) for practice activities except when a team is traveling to an away-from-home contest and the practice is in conjunction with the contest.

NCAA BYLAW 17.1.7.11.5- COUNTABLE ATHLETICALLY RELATED ACTIVITIES BETWEEN MIDNIGHT AND 5 A.M.

Countable athletically related activities shall not occur between midnight and 5 a.m.

NCAA BYLAW 17.1.7.11.5.1-EXCEPTIONS

Countable athletically related activities may occur between midnight and 5 a.m. under the following circumstances:

- (a) During participation in a conference championship or an NCAA championship;
- (b) Participation in any competition that begins before midnight and concludes after midnight; or
- (c) Participation in a promotional practice activity (e.g., first practice of the season).

EXTRA BENEFITS

NCAA BYLAW 16.02.3-EXTRA BENEFIT

An extra benefit is any special arrangement by an institutional employee or representative of the institution's athletics interests to provide a student-athlete or the student-athlete family member or friend a benefit not expressly authorized by NCAA legislation. Receipt of a benefit by student-athletes or their family members or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit is generally available to the institution's students or their family members or friends or to a particular segment of the student body (e.g., international students, minority students) determined on a basis unrelated to athletics ability.

NCAA BYLAW 16.1.4.2-AWARDS FOR WINNING CONFERENCE AND NATIONAL CHAMPIONSHIPS

Awards for winning an individual or team conference or national championship may be presented each year, limited in value and number as specified in [Figure 16-2](#). Awards for winning a conference or national championship in a team sport may be provided only to student-athletes who were eligible to participate in the championship event. The total value of any single award received for a national championship may not exceed \$415. The total value of any single award received for a conference championship may not exceed \$325, and each permissible awarding agency is subject to a separate \$325 limit per award. Each permissible awarding agency may provide only a single award for each championship to each student-athlete. Separate awards may be presented to both the regular-season conference champion and the postseason conference champion (with a separate \$325 limitation), but if the same institution wins both the regular-season and postseason conference championship, the combined value of both awards shall not exceed \$325.

NCAA BYLAW 16.2.1.1-INSTITUTIONAL EVENTS IN THE STUDENT-ATHLETE'S SPORT

An institution may provide four complimentary admissions per home or away intercollegiate athletics event to a student-athlete in the sport in which the individual participates (either practices or competes), regardless of whether the student-athlete competes in the contest. Such complimentary admissions are for the use of the individuals designated by the student-athlete and may be issued through digital ticketing or a pass list on an individual-game basis.

NCAA BYLAW 16.3.1.1-ACADEMIC COUNSELING/ SUPPORT SERVICES

Member institutions shall make general academic counseling and tutoring services available to all student-athletes. Such counseling and tutoring services may be provided by the department of athletics or the institution's nonathletics student support services. In addition, an institution, conference or the NCAA may finance other academic support, career counseling or personal development services and provide benefits and expenses that support or are incidental to the academic success of student-athletes.

*If you have a question about the permissibility of you or a family member/ friend of yours receiving any benefit please check with the compliance office.

EXIT INTERVIEWS

At the conclusion of each academic year, exit interviews will be conducted with seniors or students transferring from the program. The Athletics Director or his/her designee will conduct the interviews.

The exit interview ask each student-athlete to respond to a series of questions regarding the value of the athletic experience, the extent of time demand placed on the student-athlete, proposed changes in intercollegiate athletics, and concerns related to administration.

GAMBLING

SPORTS WAGERING ACTIVITIES (NCAA BYLAW 10.3)

The following individuals shall not knowingly participate in sports wagering activities or provide information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics competition: (Adopted: 4/26/07 effective 8/1/07)

- (a) Staff members of an institution's athletics department;
- (b) Nonathletic department staff members who have responsibilities within or over the athletics department (e.g., chancellor or president, faculty athletics representative, individual to whom athletics reports);
- (c) Staff members of a conference office; and
- (d) Student-athletes.

Scope of Application (NCAA Bylaw 10.3.1)

The prohibition against sports wagering applies to any institutional practice or any competition (intercollegiate, amateur or professional) in a sport in which the Association conducts championship competition, in bowl subdivision football and in emerging sports for women.

Exception (NCAA Bylaw 10.3.1.1)

The provisions of Bylaw 10.3 are not applicable to traditional wagers between institutions (e.g., traditional rivalry) or in conjunction with particular contests (e.g., bowl games). Items wagered must be representative of the involved institutions or the states in which they are located. (Adopted: 4/26/07 effective 8/1/07)

ATHLETIC SUPPORT

ACADEMIC SUPPORT

As a student-athlete at Jacksonville State University, you're more than just a member of a team – you are a member of a family who is committed to JSU!

JSU is committed to producing champions both on the field and in the classroom. An invaluable resource to help the Gamecock student-athletes achieve their academic potential is the academic support staff, in the Athletic Department.

Among the many services it provides:

- Scheduling of classes that do not conflict with practices and competition
- Academic/Eligibility Advisement
- Athletic Study Hall
- Monitoring Classroom Attendance and Performance

ATHLETIC COUNCIL

The Athletic Council is a standing committee with membership appointed by the President of the University established to advise and study matters concerning athletics. Members of this committee range from University administrators, faculty, staff and students.

The Faculty Athletics Representative serves as chairperson. The Chair calls the initial meeting at the beginning of each academic year and reviews the committee's role and charge.

The committee's role and charge concerning athletics ranges from evaluating academic standards and support services for student-athletes to reviewing and advising on athletic schedules, ticket prices, policies and procedures, renovations of athletic facilities, and exit interviews.

The committee will make recommendations to the President for final approval.

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

NCAA Division I SAAC Mission Statement

"The mission of the National Collegiate Athletic Association Student-Athlete Advisory Committee is to enhance the total student-athlete experience by promoting opportunity, protecting student-athlete welfare and fostering a positive student-athlete image."

JSU SAAC Mission Statement

The mission of the Student-Athlete Advisory Committee at Jacksonville State University is to provide a link of communication between JSU student-athletes and athletic department administration and to provide a support system for student-athletes to discuss various issues specific to the rigors of student-athlete life. The SAAC represents the best interests of student-athletes and their experience in higher education while encouraging campus unity and spirit among teams, students, and supporters. The SAAC recognizes that student-athletes are role-models and have responsibility to Jacksonville and the surrounding communities to give of themselves for the greater good.

The SAAC consists of student-athletes from each of our JSU NCAA sports. The SAAC participates in various community service projects such as:

- Reading to Local Elementary School Students
- National Student-Athlete Day
- SAAC Can Food Drive
- Purchasing Christmas Gifts for Underprivileged Children

The SAAC meetings are also a time where student-athletes can voice concerns about issues that affect them both on and off the "playing field". The SAAC may be used as a sounding board for our athletic administration when various issues arise, and a student-athletes opinion is desired. If you have any issues that need to be addressed by the committee, please let your team representatives know or you may contact the SAAC President or Advisor, confidentially.

Physical and Mental Health Services

The Jacksonville State Mental Health team includes a diverse staff of licensed clinical professionals representing counseling, social work, sport psychology, and psychiatry. JSU student-athletes are eligible to receive individual and group psychotherapy, psychiatric evaluation, medication management, psychological assessment support, mental skills training, crisis intervention and performance enhancement consultation through our partnership with MNDFLW.

ATHLETIC MEDIA RELATIONS AND COMMUNICATIONS/ SPORTS INFORMATION

The Jacksonville State University Athletic Media Relations and Communications is the publicity and media relations office for the University's 17-sport intercollegiate athletic program and is located on the third floor of Pete Mathews Coliseum.

The goal of the Department is to serve as a contact point for all communication between Jacksonville State student-athletes, coaches and the media. Media Relations is responsible for promoting JSU athletics, coordinating interviews, providing pertinent information to the members of the media, compiling and maintaining statistical data for all sports and maintaining historical records, statistics, the internet and a photograph catalog.

The other principle duty of the office is serving as the University's liaison to various athletic governing bodies such as the NCAA and the ASUN.

Athletic Media Relations and Communication's is dedicated to making your experience at JSU a positive one as it relates to dealing with the media. Don't be afraid to stop by the office during the day so our staff can get to know you better. The more they know about you, the better they can share your story with the media.

Deadlines/Interviews

If you are asked to speak with a member of the media following a game, please talk with them as soon as possible. Just as your sport has a clock that expires, members of the media have a deadline clock that must be constantly watched. Most newspapers require a 10:30 p.m. deadline for submission of stories, which leaves little time for writing in many cases, especially following a night event.

On occasion you may be asked to do an interview leading up to a game or event or for a special feature. All interview requests for athletes come through the Media Relations Office. **DO NOT** grant interviews without your SID knowing. No reporter should be calling your house, unless previously arranged through the SID.

If one does, let us know. That is our job.

****Anytime the Sports Information Office receives a request, it will contact you directly or through your coach and work around your academic schedule as best it can to arrange interviews and to accommodate the media.****

You have a responsibility to Jacksonville State University, your coaches and teammates, as well as yourself to cooperate with the media. You are public figures by virtue of your participation in the University's athletic program. What you do is of interest to the fans of JSU.

****Remember, how effectively you deal with the news media reflects directly on how they feel about you and your team.****

- The media's role is **NOT** to be a cheerleader for a player or team. Student-athletes will find that the more cooperative they are with the media, the better chance he or she will have of the media presenting positive stories about them.

- Use the media to develop a positive image. View any opportunity to cooperate with the media as an opportunity to promote yourself, your team and your sport.

- Media attention also means that conduct both on and off the field will be under intense scrutiny because of your position as a JSU athlete. As an athlete, you are different from other JSU students in that you are a public ambassador for the University at ALL times. The last thing any athlete wants is to receive publicity for an unfortunate off-the-field incident. Keep that in mind at all times.

We look forward to working with each Jacksonville State University student-athlete this season and wish each of you the best of luck in your endeavors. Let us know if we can help!

Athletic Media Relations and Communications

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SPORTS MEDICINE

JSU Medical Care and Insurance Procedures

ICA Insurance Coverage of Student-Athletes:

The Jacksonville State University Department of Intercollegiate Athletics **strongly recommends** that all student-athletes possess some type of individual health insurance coverage **BEFORE** participating in any practice, game, and/or competition. The student-athlete's insurance should cover athletics related injuries and/or illnesses, and will be considered the **PRIMARY** insurance coverage for all athletic and non-athletic related injuries. The student-athlete must complete a Health Insurance Information Form; and supply a legible photocopy (front & back) of his/her health insurance card and prescription benefits card (if applicable) on a yearly basis.

The Jacksonville State University Department of Intercollegiate Athletics provides a medical insurance program for its student-athletes. **THIS POLICY, HOWEVER, IS SECONDARY TO, OR IN EXCESS OF, PERSONAL FAMILY MEDICAL INSURANCE COVERAGE**, and covers only injuries / illnesses / accidents resulting from the direct participation in the intercollegiate athletics program during the dates of the primary competitive season and designated, supervised off-seasons as approved by the Director of Athletics according to NCAA regulations.

104 Week Limitation on Secondary Insurance Coverage:

The Jacksonville State University medical (secondary) insurance program will pay for the excess of the "Necessary" medical treatment up to the "Usual" and "Customary" charges for such expense incurred within **104 weeks (2 years)** from the initial date of the injury / illness / accident. The first expense must be incurred within sixty calendar days of the date of the injury / accident.

Compliance with Insurance Company Requests:

It is the student-athletes and his/her parent(s) / guardian(s) responsibility to understand the conditions that apply to their personal health insurance policy and comply with any requests for information, etc. from the primary insurance company. Any delinquent bills resulting in bad credit due to non-compliance with insurance company requests may be the responsibility of the student-athlete and/or his/her parent(s) / guardian(s).

Direct Insurance Payment To A Student-Athlete and/or His/Her Parent(s)/Guardian(s):

In the event that a student-athlete and/or his/her parent(s) / guardian(s) receives payment / reimbursement directly from their insurance company for athletic related injury / illness claims, ***the full account balance becomes the responsibility of the student-athlete and/or his/her parent(s) / guardian(s), until payment is turned over to the provider, the Staff Athletic Trainer and/or the Head Athletic Trainer/Director of Sports Medicine.***

HMOs:

If a student-athlete's primary insurance is an HMO, the Jacksonville State University Sports Medicine department strongly encourages the student-athlete and/or his/her parent(s) / guardian(s) to change the primary care physician (PCP) to a Jacksonville State University Team Physician or local physician. This will allow the student-athlete to have a network of physicians in the Jacksonville or Birmingham area, as well as better access to care.

Insurance Policy Changes:

The Jacksonville State University Sports Medicine department must receive any changes to a health insurance policy as soon as they occur. If proper notification is not received, the Jacksonville State University Department of Intercollegiate Athletics may not be responsible for any delays in payment, collections notices, credit reports, etc. that occur and/or the full account balance.

Medical Bills / EOBs:

In the event that a student-athlete should receive a bill, statement, EOB, or other information from an insurance company for an injury / illness that occurred as a direct result of participation in intercollegiate athletics at Jacksonville State University, the student-athlete must submit all correspondence to a Jacksonville State University certified athletic trainer in a timely manner. Bills not received in a timely manner may be the responsibility of the student-athlete and/or the student athlete's parent(s)/ guardian(s). ***The Jacksonville State University Department of Intercollegiate Athletics WILL NOT be responsible for any delays in payment, collections notices, credit reports, etc. that occur due to bills not being submitted in a timely manner (within 90 days).*** Submit all correspondence to:

Jacksonville State University
Gamecock Fieldhouse Training Room
700 Pelham Road North
Jacksonville, AL 36265
Office- 256-782-5369
Fax- 256-782-5370

Exclusions and Limitations:

The Jacksonville State University Athletics Department's secondary medical insurance policy **will not** apply to the situations indicated below. This list is not all-inclusive.

- Injuries / illnesses that are not the direct result of intercollegiate athletics participation during the dates of the primary competitive season and designated off-seasons as approved by the Director of Athletics according to NCAA regulations.
- Experimental procedures.
- Cosmetic surgery or procedures unless directly related to an athletics related injury.
- Hospital room and board charges in excess of the semi-private room rate unless hospitalized in an intensive care unit.
- Injuries / illnesses that are a result of intramural, club sports, and recreational activities (non-intercollegiate activities), as well as training / conditioning activities that occur outside of the primary competitive season and designated off-season periods.
- Injuries / illnesses that are recurrences of old injuries/ illnesses which were sustained before participation in the intercollegiate sports program.
- Expenses for athletic injuries incurred after completion of the student-athletes intercollegiate athletic eligibility.
- Medical expenses beyond the limitations and exclusions of, or not covered by the Jacksonville State University Department of Athletics insurance policy.
- Second opinions without the consent of JSU team physician or Asst. AD for Sports Medicine.

The importance of having some form of personal health insurance coverage cannot be overemphasized. Medical bills resulting from the aforementioned activities will be submitted to the student-athlete's primary medical insurance. ***Any unpaid balances will be the responsibility of the student-athlete and/or the student-athlete's parent(s)/guardian(s).***

The Master Policy on file at the University contains all of the provisions, limitations, exclusions, and qualifications of the Jacksonville State University Department of Intercollegiate Athletics' insurance policy, some of which may not be included in this brochure. If any discrepancy exists between this brochure and the Policy, the Master Policy will govern and control the payment of benefits.

Injury / Illness Reporting Procedures:

Any certified intercollegiate athletics participant who is injured / becomes ill must **IMMEDIATELY** report the injury / illness to a member of the Jacksonville State University Sports Medicine Department. Costs pertaining to an injury and/or illness not reported in a timely manner may be the responsibility of the student-athlete and/or his/her parent(s) / guardian(s).

Non-Sport Related Injury / Illness Procedures:

The Jacksonville State University Department of Intercollegiate Athletics may assume financial responsibility for injuries and illnesses that are not directly related to participation in the intercollegiate athletics program at the discretion of the Asst. AD for Sports Medicine and/or the Director of Athletics and/or his/her designee. Such injuries and/or illnesses must take place during the traditional school year from the beginning of fall training camp and/or the first day of classes through the last day of final exams in the spring semester and/or the last day of scheduled competition for athletic teams whose competitive season extends past the last day of final exams for the spring semester. Expenses related to non-sport-related illnesses and minor medical conditions (as per the attached list) will be considered for payment during the summer months only if the student-athlete is on-campus and participating in a University-sanctioned strength and conditioning program under the guidance of a Jacksonville State University Strength and Conditioning staff member.

Covered Non-Sport Related Illnesses and Minor Medical Conditions (include, but are not limited to)-

- Upper respiratory infections
- Strep throat
- Allergic rhinitis
- Mononucleosis
- Conjunctivitis
- MRSA / staph infections and other dermatological conditions related to athletic participation
- Ruptured ear drum
- Ingrown toenails
- Gastroenteritis
- Asthma
- Initial diagnostic testing to determine diagnosis and safety for training
- Other conditions as approved by the Head Athletic Trainer/Director of Sports Medicine

Non-Covered Non-Sport Related Illnesses and Minor Medical Conditions (include, but are not limited to)-

- Urinary tract infections
- Anemia
- Menstrual irregularities // Pregnancy related expenses
- MRSA / staph infections and other dermatological conditions that ARE NOT related to athletic participation
- Sexually transmitted diseases
- Gynecological issues unless directly related to athletic participation / injury

- Migraine headaches
- Stomach conditions
- Cancer
- Fungal infections // Nail infections
- Diabetes / Kidney / thyroid / liver diseases
- Congenital issues
- Warts (unless related to athletic participation / injury)
- Appendicitis / Ruptured spleen
- Psychological conditions
- Eating disorders
- Drug & Alcohol counseling / treatment
- Internal surgery / conditions
- Ear infections (except for swimming and water polo student-athletes and/or other student-athletes that recently participated in aquatic therapy and/or conditioning)
- Any illnesses and/or medical conditions incurred during a fight or other act of violence or commission of a misdemeanor or felony crime.

Other Issues-

- Diagnostic Testing
 - ICA will continue to pay for diagnostic testing associated with the diagnosis of asthma.
 - Diagnostic testing will be scheduled within the parameters of the student-athlete's primary insurance at all times.
- Maintenance Medications
 - ICA will not pay for maintenance medications associated with asthma.
- Rescue Medications-
 - ICA will pay for one (1) rescue inhaler per year for student-athletes
- Epinephrine Auto-Injectors (EpiPen)
 - ICA will pay for one (1) auto-injector per year for student-athletes
- Pre-Existing Medical Conditions (e.g. diabetes, kidney, thyroid, etc.)-
 - ICA will not pay for expenses related to pre-existing, non-sport-related medical conditions
- ADHD / ADD Medications
 - ICA will not pay for expenses for ADD, ADHD, etc. related medications.
 - Student-athletes may apply for financial assistance / reimbursement for non-reimbursed expenses through the Student-Athlete Opportunity Fund (SAOF)
- Psychological Conditions (e.g. Mental Health Counseling, Eating Disorders, etc.)
 - ICA will pay for expenses related to on-campus counseling, mental health, nutrition, and eating disorders treatment only. ICA will not pay for any expenses for off-campus (in-patient or out-patient) psychological / psychiatric care.
 - ICA will not pay for medications associated with psychological / psychiatric care.
 - Student-athletes may apply for financial assistance / reimbursement for non-reimbursed expenses through the Student-Athlete Opportunity Fund (SAOF)
- Major Non-Sport-Related Medical Conditions
 - ICA will not pay for expenses related to major non-sport-related medical conditions (including, but not limited to)-
 - Appendicitis;
 - kidney stones;
 - gall stones;
 - ruptured spleen;
 - tonsillitis/peri-tonsillar abscess;
 - ovarian cysts;
 - Student-athletes may apply for financial assistance / reimbursement for non-reimbursed expenses through the NCAA Student Assistance Fund (SAF)
- Non-Sport-Related Dental Issues
 - Student-athletes may apply for financial assistance / reimbursement for non-sport-related dental expenses through the Student-Athlete Opportunity Fund (SAOF)
 - There will be a cap on reimbursement for non-sport-related dental expenses through the Student-Athlete Opportunity Fund (SAOF) unless approved in advance by the Asst. AD for Sports Medicine and the Associate Athletic Director- Compliance.
 - SAOF will not reimburse student-athletes for dental expenses incurred during a fight or other act of violence or commission of a misdemeanor or felony crime.

Missed Doctor's Appointment Policy:

Student-athletes who are late and/or fail to show-up for scheduled appointments with the team physician, medical consultants, and/or diagnostic tests / procedures will be financially responsible for any and all charges resulting from the missed appointment. In addition, the student-athlete may be responsible for rescheduling the appointment and providing his / her own transportation.

Contact Lens Policy:

Student-athletes in need of an eye exam and/or contact lenses will be referred to an optician by Jacksonville State University Sports Medicine personnel at their expense. Student-athletes may apply for financial assistance / reimbursement for non-reimbursed expenses through the Student-Athlete Opportunity Fund (SAOF). If appropriate, student-athletes will receive an applicable supply of contact lenses. One (1) pair of lenses will be kept by the student-athlete's certified athletic trainer in case of an emergency. Student-athletes may not:

- Schedule an appointment without prior authorization and the proper referral from Jacksonville State University Sports Medicine personnel;
- Receive colored and/or novelty contact lenses;
- Receive glasses / sunglasses in lieu of contact lenses

"Out-of-town" Physical Therapy / Rehabilitation Procedures:

At times, it may be necessary for a student-athlete to utilize an "out-of-town" physical therapy facility. In such situations, permission must be granted from the Asst. AD for Sports Medicine and/or his designee. Such referrals must come from Jacksonville State University Sports Medicine personnel. There is a \$100 cap/visit and \$1,500 cap per injury. ***If a student-athlete decides to utilize physical therapy / rehabilitation services without authorization from Jacksonville State University Sports Medicine personnel, the student-athlete and/or the student athlete's parent(s) / guardian(s) will be financially responsible for any and all medical bills incurred.***

Physician Referrals / Consultations:

The Jacksonville State University Department of Intercollegiate Athletics and Sports Medicine Unit has fostered positive relationships with many medical providers at St. Vincent's Hospital and Jacksonville area health care specialists who have consistently provided high quality service to Jacksonville State University student-athletes. Jacksonville State University Sports Medicine personnel will refer student-athletes to these providers, unless extenuating circumstances necessitate a different provider. Student-athletes with HMO policies are strongly encouraged to have a local primary care physician (PCP), so that timely care can be given.

All student-athletes must be seen and evaluated by a Jacksonville State University certified athletic trainer before a referral to a physician will be made. Jacksonville State University Sports Medicine personnel must authorize and properly refer all student-athletes to see a physician or medical consultant, and/or for diagnostic tests.

If a student-athlete decides to see a physician / medical consultant, and/or undergo a diagnostic test WITHOUT prior authorization / referral from Jacksonville State University Sports Medicine personnel, the student-athlete and/or the student athlete's parent(s) / guardian(s) will be financially responsible for any and all medical bills incurred.

Orthopedic and/or Medical Second Opinions:

If a student-athlete and/or his/her parent(s) / guardian(s) desire another physician's opinion on an orthopedic and/or medical injury / illness, a Jacksonville State University Team Physician and/or certified athletic trainer will make arrangements for the second opinion with a qualified local physician. ***If a student-athlete decides to see an orthopedic and/or medical physician without prior authorization from Jacksonville State University Sports Medicine personnel, the student-athlete and/or the student athlete's parent(s) / guardian(s) will be financially responsible for any and all medical bills incurred.***

Return to Play Policy:

A Jacksonville State University Team Physician or his/her designee, in consultation with a Jacksonville State University certified athletic trainer, has the final authority in deciding if and when an injured student-athlete may return to practice and/or competition.

Any student-athlete seen by a physician other than the Jacksonville State University Team Physician, must return to the athletic training room with all medical records, copies of any diagnostic tests, labs, etc., discharge documentation, and/or other pertinent documentation for follow-up and final clearance prior to active participation status. If a student-athlete is under the care of a private physician for an injury or illness and the physician's treatment precludes or alters activity in intercollegiate athletics, the student-athlete must secure, in writing, a release to reinstate the student-athlete to full participation. No student-athlete will be allowed to return to participation until the Jacksonville State University Sports Medicine Unit has received a release from the private physician and the student-athlete is examined by a Jacksonville State University Team Physician and cleared for participation.

Dental Care:

The Jacksonville State University Department of Intercollegiate Athletics' medical insurance program will assume financial responsibility for dental care resulting from the direct participation in the intercollegiate athletics program as approved by the Asst. AD for Sports Medicine according to NCAA regulations. As with other injuries, this insurance is SECONDARY to, or in excess of, personal family medical insurance coverage.

The Jacksonville State University Department of Intercollegiate Athletics and its medical insurance program WILL NOT assume financial responsibility for dental injuries, head and facial injuries, and/or mild traumatic brain injuries (concussions) if the student-

athlete is not properly wearing his/her required mouthpiece at the time of injury. Medical bills associated with such injuries will be the sole responsibility of the student-athlete and/or his/her parent(s) / guardian(s).

Walk-On Student-Athletes

All non-scholarship student-athletes must have and show proof of primary insurance before any sport participation or tryouts.

****It is the student-athlete's responsibility to ensure their primary insurance covers athletically related injuries.***

2024-25 NCAA Banned Substances

It is the student-athlete's responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following drug classes:

1. Stimulants.
2. Anabolic agents.
3. Beta blockers (banned for rifle only).
4. Diuretics and masking agents.
5. Narcotics.
6. Peptide hormones, growth factors, related substances and mimetics.
7. Hormone and metabolic modulators.
8. Beta-2 agonists.

Note: This is not a complete or exhaustive list. Any substance chemically/pharmacologically related to these classes also is banned. The school and the student-athlete shall be held accountable for all drugs within the banned-drug class regardless of whether they have been specifically identified. Examples of substances under each class can be found at [ncaa.org/drugtesting](https://www.ncaa.org/drugtesting). There is no complete list of banned substances.

Substances and Methods Subject to Restrictions:

1. Blood and gene doping.
2. Local anesthetics (permitted under some conditions).
3. Manipulation of urine samples.
4. Tampering of urine samples.
5. Beta-2 agonists (permitted only by inhalation with prescription).

NCAA Nutritional/Dietary Supplements:

Before consuming any nutritional/dietary supplement product, first review the product and its label with your athletics department staff.

1. There are no NCAA-approved nutritional or dietary supplements.
2. Nutritional/dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test.
3. Student-athletes have tested positive and lost their eligibility using nutritional/dietary supplements.
4. Many nutritional/dietary supplements are contaminated with banned drugs not listed on the label.
5. While third-party tested and low-level risk products may be options, complete elimination of risk is impossible.
6. All nutritional/dietary supplements are taken at the student-athlete's own risk.

Athletics department staff should provide guidance to student-athletes about supplement use, including a directive to have any product checked by qualified staff members before consuming. The NCAA subscribes only to Drug Free Sport AXIS™ (AXIS) for authoritative review of label ingredients in medications and nutritional/dietary supplements. Contact AXIS at 816-474-7321 or axis.drugfreesport.com (access code ncaa1, ncaa2 or ncaa3).

JACKSONVILLE STATE UNIVERSITY
DEPARTMENT OF ATHLETICS
(Updated 4/15/14)

DRUG/ALCOHOL ABUSE PREVENTION PROGRAM

I. PROGRAM PHILOSOPHY

- A. Substance abuse is a national concern. Banned drug usage and alcohol abuse pose a potentially serious threat to the growth, development, and overall physical, mental, and social well-being of student-athletes.
- B. The Jacksonville State University Athletics Department is committed to an active role in the elimination of banned drug usage and alcohol abuse among the participants in the JSU athletics programs. This program, as set forth below, is considered to be a preventative measure in helping JSU student-athletes. The intent is to provide a safe and healthy environment in which the student-athlete can meet the demands of both academic and athletic pursuits.
- C. The central administration of Jacksonville State University instituted the *Drug/Alcohol Abuse Prevention Program*, and the specific components are explained on the following pages.

II. PROGRAM OBJECTIVES

- A. The objectives of the Drug/Alcohol Abuse Prevention Program include:
 - 1. Protecting the health and welfare of the JSU student-athlete by providing a drug free environment
 - 2. Deterring the abuse of alcohol and performance enhancing supplements
 - 3. Assisting the student-athlete in avoiding improper involvement with banned drugs by providing current, factual information to all participants
 - 4. Empowering student-athletes with a reason to say “NO” to drug and alcohol abuse
 - 5. Identifying substance abusers
 - 6. Providing counseling and rehabilitation services as deemed necessary
 - 7. Promoting the role of JSU student-athletes as representatives of the University and non-negative role models for the youth in the community.

III. PROGRAM COMPLIANCE AND ELIGIBILITY

- A. Participation in JSU athletics is a privilege, not a right. To become and remain a participant within JSU athletics, a student-athlete must comply with the terms of this program that encompasses drug education, screening, and, when deemed necessary, counseling and/or treatment.
- B. The student-athlete must complete a drug screening authorization and consent form prior to beginning participation each year, agreeing to submit to screening procedures as requested by JSU athletics to detect unauthorized drug use. The student-athlete will provide written consent to release testing results to individuals noted in Section V of this program. During the recruitment process, potential student-athletes are informed of this drug/alcohol abuse preventions program policy and required to sign a form indicating that they are aware of the policy.
- C. Once on campus, student-athletes, student managers, student coaches, athletic training students and cheerleaders are also subject to the provisions of this policy.
- D. Parent/Guardians of student-athletes who have not attained legal age prior to beginning participation must grant consent for their child’s participation in this program.
- E. The student-athlete and parents/guardians of minor student-athletes will provide written consent to release testing result to the individuals noted in Section V of this program.

IV. INVOLVEMENT OF PARENTS/GUARDIANS

- A. This program will be most effective with the involvement of the parents/guardians of our student-athletes. JSU Athletics will operate on the premise that the great majority of parents/guardians want their children to refrain from banned drug usage and alcohol abuse.
- B. This policy will be posted online on the JSU Athletic Department website.
- C. A copy of the substance abuse policy is available to the parents/guardians of JSU student-athletes upon their request.
- D. The parents/guardians of a student-athlete whose urine sample is confirmed to be non-negative for the presence of a banned substance will be notified of the findings and actions. Parents/guardians will also be notified if a student-athlete refuses to submit to screening.

- E. The parent/guardian of any student-athlete who is identified from observed behavior or other screening methods as having an alcohol abuse issues will be notified.

V. PROGRAM COMPONENTS

A. EDUCATION

1. The basic purpose of *Drug/Alcohol Abuse Prevention Program* is that of prevention. An essential portion of this program is an ongoing education component. The intent is to increase the student-athlete's awareness of the physiological, psychological, and legal ramifications of substance abuse. The student-athlete will have opportunity to participate in various educational experiences that will emphasize the damaging effects of drug and alcohol abuse. Every student-athlete at Jacksonville State University will be required to attend the drug education activities. The Associate Athletic Director of Sports medicine is responsible for implementing the accountability system to ensure compliance.
2. Education will include outreach programming. In addition to JSU student-athletes, all students and local high school students will be invited to participate in programs regarding the common substance abuse issues.

B. DRUG SCREENING

1. PROGRAM CONSENT

- A. At the beginning of each academic year, a presentation will be made to all student-athletes regarding the JSU *Drug/Alcohol Abuse Prevention Program*, at which time the student-athletes will be given the opportunity to voluntarily consent to the administration of urinalysis testing during the academic year. Those student-athletes who wish to participate in intercollegiate athletics will take part in the *Drug/Alcohol Abuse Prevention Program*, and will indicate so by signing an informed consent. The informed consent specifically provides that the results will remain confidential and will be supplied only to those persons as authorized in Section E, Disciplinary Actions.
- B. Jacksonville State University is a member of the NCAA which also has a drug testing program for student-athletes who wish to participate in intercollegiate athletics. The NCAA requires that a separate consent form be completed prior to beginning participation each academic year. Failure to complete and sign both consent forms shall result in the student-athlete's ineligibility for participation in all intercollegiate programs at Jacksonville State University.

2. BANNED DRUGS

Screening will include banned drugs as well as those drugs which have been reported to have high potential for abuse.

- A. Controlled, banned drugs include, but are not limited to:

1. Amphetamines
 - Crystal meth
 - Ritalin
 - Adderall
 - Fastin
2. Barbiturates
 - Tuinal
 - Secanol
 - Nembutal
3. Benzodiazepines
 - Dalmane
 - Valiumm
 - Xanax
4. Cannabinoids
 - Marijuana
 - Hashish
 - Hashish oil
 - K2 or Spice
5. Cocaine metabolites
 - Cocaine

- “Coke”
- “Crack”
- 6. Methaqualone
 - Qualudes
 - Sopor
- 7. Opiates
 - Heroin
 - Methadone
- 8. Propoxyphene
 - Darvon
 - Darvocet N
- 9. Phencyclidine
 - “Angel Dust”
 - PCP
 - “Cyclone”
- 10. Urine manipulators
 - Diuretics
 - “Gold Seal”

B. Other substances as prohibited by the NCAA.

3. SELECTION FOR JSU DRUG TESTING

- A. The program director will, in accordance with this policy, determine the times and dates for obtaining urinalysis. All student-athletes, student managers, cheerleaders, and athletic training students will be subject to selection for testing according to the following criteria:
1. Random – The program director shall develop and maintain random announced and unannounced selection procedures for administering drug screens. Student-athletes on the NCAA squad list may be tested one or more times at any time during the academic year, as well as during summer conditioning and preseason sessions.
 2. Reasonable Suspicion – Drug testing may be required of a student-athlete where there is reasonable cause to suspect the student-athlete is engaged in the use of any banned substances. Reasonable cause is defined as follows: “If the available information were conveyed to a person unfamiliar with the student-athlete, that the person would conclude that there is enough factual information to determine that the student-athlete is using a substance on the banned drug list.”
 3. The Associate Athletic Director of Sports Medicine may determine reasonable cause based on, but not limited to the following:
 - A. Abnormal conduct, appearance, or other behavior indicative of drug usage
 - B. Possession of substances on the banned drug list
 - C. Arrest and/or conviction for a criminal offense related to the possession, use, or trafficking of banned drugs
 - D. Previous medical history of banned drug use

4. NOTIFICATION OF SELECTION FOR DRUG SCREENING

- A. Student-athletes selected for JSU drug screening will be handed a Student-Athlete Drug Testing Notification Form by the program director or his/her designee. The form will specify the collection site, date, and time for collection of the specimen. The form must be signed by the student-athlete upon receipt, and a copy may be retained by the student-athlete upon his/her request. The student-athlete is responsible for reporting to the collection site at the specified time on the form.
- B. If the student-athlete cannot be located, the program director will inform the Head Coach of the inability to locate the student-athlete. It becomes that student-athlete’s head coach’s responsibility to locate the student-athlete, and deliver the notification form to the student-athlete. The signed form should be returned to the program director prior to the scheduled collection time.

5. COLLECTION PROCEDURE

- A. Collection procedures will follow the protocols of the National Center for Drug Free Sport. A member of the same gender of the drug testing crew will observe the collection of each urine

sample. The specimens will be collected, sealed, and secured under the same protocols as utilized for NCAA drug screening.

- B. The samples will be sealed and labeled into two separate samples with a “code number” corresponding to the student-athlete’s name in his/her presence. The lab will have access to only the code numbers of the samples, not the identity of the student-athlete. A witness will verify that the coded sample was submitted by that student-athlete, and that the sample was secured and sealed in accordance with the Center’s protocol.
- C. The samples will be forwarded by the testing crew to a lab certified and approved by the NCAA.
- D. All non-negative tests will be confirmed using GC—Mass Spectrometry to assure accurate results. In the event of a confirmed non-negative sample, the lab will secure the second sample in the event that the student-athlete desires to challenge the result.
- E. A challenge of the result can be conducted at the student-athlete’s expense.
- F. An extensive explanation of the NCAA collection procedures and protocols can be found at www.ncaa.org/health-safety.

6. SAFE HARBOR PROGRAM

- A. Any student-athlete may refer himself/herself to Jacksonville State University’s “Safe Harbor Program” for voluntary evaluation and counseling. The program director will assist the student-athlete in obtaining a counseling and/or treatment plan. The student-athlete is subject to participation until the completion of the treatment/counseling program at the discretion of the counseling or treatment protocol.
- B. The Director of Athletics and the student-athlete’s Head Coach will be notified that the student-athlete has requested entry into Safe Harbor. No team and/or administrative sanctions will be imposed upon the student-athlete when entering the “Safe Harbor Program.” The student-athlete will be included in the University’s next scheduled drug screen to establish a baseline of banned substance metabolite contained in the urine sample. Subsequent samples should yield a continued reduction of metabolite in the sample. Any increase in the amount of metabolite in subsequent samples will be deemed the second non-negative screen as noted in Section V. After the student-athlete submits a sample which is free of any banned metabolite, an additional non-negative urine screen will be deemed the second non-negative screen as noted in Section V.
- C. A student-athlete is not eligible for the “Safe Harbor Program” after being informed of selection in JSU drug testing or after having received a non-negative JSU or NCAA drug test.

7. CONSEQUENCES OF FAILURE TO PARTICIPATE

- A. Without a verified excuse acceptable to the program director, the student-athlete who could not be located for notification of drug testing will be suspended from participation in his or her respective sport until the test can be rescheduled and completed. The cost completion of the rescheduled test will be the responsibility of the student-athlete, and not the University.
- B. If the student-athlete refuses to sign the drug testing notification form, said student-athlete will be suspended from participation in his or her respective sport for the balance of the academic year, and the event will be treated as a confirmed non-negative test.
- C. If the student-athlete fails to appear at the designated site and time for drug testing without a verified excuse acceptable to the program director, the event will be treated as a confirmed non-negative test.
- D. The student-athlete is required produce the minimum volume for the urine specimen, and the sample must meet the required levels for specific gravity and ph. The student-athlete must remain in the testing area until an adequate sample is obtained. Failure to produce an adequate sample will result in a confirmed non-negative test.

8. DISCIPLINARY ACTION

A. PHASE I (First Offense)

With the occurrence of the first incidence of a confirmed non-negative urine sample or alcohol related incidence, or if the student-athlete refuses to submit to follow up screening, the following conditions will be enacted.

- 1. Any student-athlete whose urine sample is confirmed to be non-negative for any presence of NCAA banned substances (refer to section V.B.2) or alcohol is subject to

the following disciplinary actions. These disciplinary actions also apply to any student-athlete who refuses to submit to urine screens when requested.

2. Suspension from a minimum 10% of NCAA regularly scheduled contests. Suspensions not fulfilled at the end of a playing season will be carried over to the next season if the student-athlete has eligibility remaining. The student-athlete is to continue to participate in all non-NCAA competition team activities (e.g., practice, team meeting, strength and conditioning, etc.).
3. Mandatory follow-up drug screening for a minimum of six months or longer, or at the discretion of the Associate Athletic Director of Sports Medicine.
4. Completion of the University's New Pathways Program and an evaluation by an outside rehabilitative agency at the expense of the athlete.
5. Notification by the Associate Athletic Director of Sports Medicine to student-athlete's Head Coach, student-athlete's parent/guardian, Director of Athletics, University President, Head Athletic Trainer, team physician, Director of JSU Counseling Services, Assistant Director for Compliance, Senior Woman Administrator and Associate Athletic Director for Internal Affairs.
6. If a student-athlete is participating in JSU Athletics with redshirt status, suspensions from game participation will carry over until the following season.

B. PHASE II (Second Offense)

With the occurrence of the second incidence of a confirmed non-negative urine sample or alcohol related incidence, or if the student-athlete refuses to submit to follow up screening, the following conditions will be enacted.

1. Suspension from a minimum of 20% of NCAA regularly scheduled contests up to a maximum of one full calendar year suspension. Suspensions not fulfilled at the end of a playing season will be carried over to the next season if the student-athlete has eligibility remaining. The student-athlete is to continue to participate in all non-NCAA competition team activities (e.g., practice, team meetings, strength, etc.).
2. If a student-athlete is participating in redshirt status, suspensions from participating in sanctioned NCAA competitions will carry over to the following season.
3. The Director of Athletics will determine whether financial aid is maintained or revoked in accordance with NCAA guidelines.
4. The student-athlete will be required to complete an out-patient drug rehabilitation program at his/her own expense.
 - A. Jacksonville State University will not be responsible for the cost of this treatment program.
 - B. The independent provider must be reputable and approved by the Associate Athletic Director of Sports Medicine.
 - C. The student-athlete will grant authorization the independent rehabilitation provider to submit periodic progress evaluations to the Associate Athletic Director of Sports Medicine.
5. The student-athlete will agree to follow up drug testing at the discretion of the Associate Athletic Director of Sports Medicine and/or the student-athlete's Head Coach.

C. PHASE III (Third Offense)

With the occurrence of the third incidence of a confirmed non-negative urine sample or alcohol related incidence, or if the student-athlete refuses to submit to follow up screening, the following conditions will be enacted.

1. The student-athlete will be suspended from participation in competition at Jacksonville State University for one calendar year. The student-athlete may continue to participate in all non-NCAA competition team activities (e.g., practice, team meeting, strength and conditioning, etc.), upon review by the student-athlete's head coach, Director of Athletics, and the Associate Athletic Director for Sports Medicine.
2. The Director of Athletics will determine whether financial aid is maintained or revoked in accordance with NCAA guidelines.
3. The student-athlete may be eligible for reinstatement after a yearlong suspension upon review by the student-athlete's head coach, Director of Athletics, and the Associate

Athletic Director of Sports Medicine. The student-athlete must continue to pass all subsequent drug screenings for the remainder of his/her career.

4. The Associate Athletic Director of Sports Medicine will notify the following: student-athlete's Head Coach, student-athlete's parent/guardian, Director of Athletics, University President, Head Athletic Trainer, team physician, Director of JSU Counseling Services, Assistant Athletic Director for Compliance, Senior Woman Administrator, and Associate Athletic Director for Internal Affairs.

9. POLICY STATEMENT ON THE USE OF ALCOHOL

THE CONSUMPTION OF ALCOHOL BY ANY MEMBER OF THE OFFICIAL TRAVEL PARTY ON ALL UNIVERSITY SANCTIONED TRAVEL IS PROHIBITED.

- A. Student-athletes under the age of 21 years cannot legally purchase or consume alcoholic beverages under any circumstances.
- B. Student-athletes over the age of 21 years cannot legally purchase or provide alcoholic beverages to anyone under the age of 21 years.
- C. The Head Coaches of JSU's individual sports have the authority to establish specific alcohol policies for their respective teams. That policy should be provided to team members at the beginning of each academic year.
- D. Alcohol Abuse: The following constitute alcohol abuse violations, and are subject to the conditions identified in section E *DISCIPLINARY ACTION*.
 1. Minor in possession
 2. Minor under the influence
 3. Driving Under the Influence
 4. Drive While Intoxicated
 5. Public Intoxication
 6. Drunk and Disorderly
- E. The JSU Athletics Department will exercise the following options for a student-athlete, manager, athletic trainer, coach, or other staff member observed using and/or in possession of alcohol products;
 1. Suspension from activity for the remainder of that day
 2. Suspension from a number of contests or events
 3. Suspension for the entire season
 4. Reduction or elimination of financial aid
 5. Termination of membership on team

10. POLICY STATEMENT ON THE USE OF TOBACCO PRODUCTS

- A. The Athletics Department of Jacksonville State University does not condone the use of tobacco in any form. Volumes of research have demonstrated the harmful effects of both smoking and smokeless tobacco usage.
- B. In accordance with NCAA Bylaws, Ohio Valley Conference (OVC) policy, and University policy, the JSU Athletics Department prohibits the use of tobacco products by any participant in and around all practice, competition, strength and conditioning session, meetings, film, locker room, training room and travel areas.
- C. The JSU Athletics Department will exercise the following options for a student-athlete, manager, athletic trainer, Coach or other staff member observed using and/or in possession of any tobacco product:
 1. Suspension from activity for the remainder of that day
 2. Suspension from a number of contests or events
 3. Suspension for the entire season
 4. Reduction or elimination of financial aid
 5. Termination of membership on a team

11. HEARING PROCESS AND APPEALS

- A. The student-athlete must submit a written request for a hearing to the Associate Vice President for Enrollment Management and Student Affairs (AVPEMSA) within three days of receipt of notice of a confirmed non-negative drug screening. Failure to request a hearing will result in a waiver of the student-athlete's right to a hearing.

- B. The AVPEMSA will chair a committee of three members who will review the student-athlete's appeal and submit a ruling to the Associate Athletic Director of Sports Medicine. No Athletics personnel will sit on the Appeals Committee.
- C. Except for witnesses who are called to give testimony, only the Appeals Committee, the student-athlete and a person of his/her choice may be present. Immediately after hearing the student-athlete's challenge of the results of the drug test and/or explanation of why the test results do not constitute a violation of this policy, the Appeals Committee shall decide to uphold the disciplinary action previously imposed or to overturn it. The AVPEMSA will inform the student-athlete and the Associate Athletic Director of Sports Medicine of the determination of the Appeals Committee in writing.
- D. The Associate Athletic Director of Sports Medicine will notify the following of the Appeals committee's decision: student-athlete's Head Coach, student-athlete's parent/guardian, Director of Athletics, University President, Head Athletic Trainer, team physician, Director of JSU Counseling Services, Assistant Athletic Director for Compliance, Senior Woman Administrator, and Associate Athletic Director for Internal Affairs.

12. NCAA DRUG TESTING PROGRAM

The NCAA Drug Testing Protocol states the following:

- A. The method for selecting championships, institutions, or student-athletes to be tested will be recommended by the Competitive Safe Guards Committee, approved by the Executive Committee in advance of the testing occasion, and implemented by the NCAA staff and assigned crew chief.
- B. Every NCAA Division I institution will be drug tested at least once each academic year with all student-athletes subject to random selection. Note that institutions may be selected for testing more than once each academic year.
- C. All student-athletes are subject to NCAA testing at NCAA championships,
- D. Complete information regarding the NCAA Drug Education and Drug Testing Program can be found on the NCAA website (www.ncaa.org). Additional information may be obtained at The National Center for Drug Free Sport, Inc. (www.drugfreesport.com), the official administrator of the NCAA Drug Testing Program.
- E. Copies of NCAA Drug Testing information are available in the Gamecock Field House athletic training room and on the Jacksonville State University Athletics website under *Compliance*.

13. USAGE OF DIETARY SUPPLEMENTS

- A. The Athletics Department does not recommend utilization of nutritional supplements to negate deficiencies in proper nutrition, proper hydration, proper training and conditioning, proper technique, lack of rest/restoration, and alcohol usage.
- B. It is mandatory that student-athletes who choose to utilize nutritional supplements seek approval from the JSU Compliance office and/or JSU sports medicine personnel to ensure the supplement's safety, effectiveness, and NCAA compliance.

14. CONFIDENTIALITY

- A. The Associate Athletic Director of Sports Medicine will notify the following: student-athlete's Head Coach, student-athlete's parent/guardian, Director of Athletics, University President, Head Athletic Trainer, team physician, Director of JSU Counseling Services, Assistant Athletic Director for Compliance, Senior Woman Administrator and Associate Athletic Director for Internal Affairs.
- B. Statements or releases from JSU Athletics or from any member of JSU staff will refer to penalties, suspensions or expulsions as "violations of team policy."

VI. STUDENT-ATHLETES DETERMINED TO BE CRIMINALLY INVOLVEMENT IN DRUG ACTIVITY

A. POSSESSION OF A CONTROLLED SUBSTANCE

- 1. Any student-athlete who is arrested and formally charged with possession of a controlled substance will be suspended from participation in his or her sport immediately. If that student-athlete is found guilty either by his/her admission or through normal legal channels, the student-athlete will be subject to the suspensions, restrictions, probations, and possibility of expulsion from his or her respective sport as a student-athlete who tests non-negative through urinalysis in the first instance.
- 2. As provisions for return to active participation in his or her respective sport, the student-athlete must fulfill the aforementioned obligations as noted in Section V.

3. If said student-athlete elects to plead innocent to the charges and proceed through normal legal channels, the student-athlete is subject to suspension from his or her respective sport until the court's decision is finalized.

B. ZERO TOLERANCE

1. POSSESSION W/ INTENT TO DISTRIBUTE

- A. Any student-athlete who is arrested and formally charged with possession of a controlled substance with intent to distribute will be suspended from participation in his or her sport immediately. If that student-athlete is found guilty either by his/her own admission or through normal legal channels, the student-athlete will be subject to permanent expulsion from his or her sport. His/her parent/guardian will be notified by phone and by certified mail as soon as possible.
- B. If said student-athlete elects to plead innocent to the charges and proceed through normal legal channels, the student-athlete is subject to suspension from his or her respective sport until the court's decision is finalized.
- C. Upon expulsion, the student-athlete's grant-in-aid will not be renewed, consistent with NCAA and University regulations.
- D. The Associate Athletic Director of Sports Medicine will notify the following: student-athlete's Head Coach, student-athlete's parent/guardian, Director of Athletics, University President, Head Athletic Trainer, team physician, Director of JSU Counseling Services, Assistant Athletic Director for Compliance, Senior Woman Administrator and Associate Athletic Director for Internal Affairs.

C. YOUTHFUL OFFENDER STATUS

1. Student-athletes who are eligible to receive youthful offender status from the court are not absolved from the penalties, sanctions, and other provisions of this program. The policy will be enforced as written without regard to obtaining youthful offender status.

D. FINANCIAL/LEGAL ASSISTANCE

1. Jacksonville State University is not responsible for financial or legal assistance for any student-athlete as noted in section V.

E. AMENDMENTS TO THIS PROGRAM

1. The provisions of the *JSU Drug/Alcohol Abuse Prevention Program* can be amended at any time as deemed necessary by the Associate Athletic Director of Sports Medicine, Director of Athletics, and the President of the University.
2. The Director of Athletics will notify the Athletic Council immediately of any approved changes to this policy.

JSU ATHLETIC AWARDS

I. PROCEDURE

At the conclusion of the regular season all head coaches will submit a roster as part of their Season Ending Report signifying who has lettered for the preceding year based on their pre-established criteria.

II. SENIOR RINGS

Senior rings will be awarded by the Gamecock Club at the end of each year to those student-athletes who have exhausted their eligibility. Cheerleaders, managers and trainers must have participated for a minimum of two years in order to be awarded a senior ring.

III. SENIOR RECOGNITION

Flowers and/or senior plaque (with photo) provided through SID Office will be presented to senior athletes while PA announcement made during player introductions at the last home game of the season or the home game designated by the head coach.

IV. CHAMPIONSHIP RINGS

Championship rings will be commissioned for conference, regional or national championships. Conference champions will be determined by points awarded for all-sports award within the conference (i.e., regular season vs. tournament champion.)

V. POST SEASON

No other institutional awards will be given.

JACKSONVILLE STATE UNIVERSITY STUDENT ATHLETE ENGAGEMENT

Vision

Jacksonville State University is committed to providing services and support to student-athletes from admission through graduation which equip them with life skills to promote success in present and future endeavors.

Commitment to Academic Excellence

To support the academic progress of the student-athlete toward intellectual development and graduation.

- Academic Counseling and Advising
- Tutoring and Study Hall through JSU's Academic Center for Excellence
- New Student Orientation for all incoming freshmen at JSU
- Awards, Honors and Recognition for academic achievements (Scholar Athlete Hall of Fame, Senior Banquet, Media Coverage)

Commitment to Career Development

To encourage the student-athlete to develop and pursue career and life goals.

- Provide Introductions to Human Resources Departments at various companies for Job Placement
- Resume Building
- Interview Tips, Etiquette Dinners, Career Fairs and Federal Employee Application Workshops
- Professional Job Posting Listed on Career Services Website
- Cooperative Education Opportunities

Commitment to Personal Development

To support the development of a well-balanced lifestyle for student-athletes, encouraging emotional well-being, personal growth and decision-making skills

- Beginning of the Year Student-Athlete Cookout
- Activities such as Homerun Derby, Basketball game, and Cookout to honor National Student-Athlete Day
- Student-Athlete Advisory Committee Participation
- Clothing Allowance for qualifying Student-Athletes
- Counseling Services (Includes Academic, Personal, and Group Counseling)

Commitment to Service

To engage the student-athlete in service to his/her campus and surrounding communities.

- Student-Athlete Advisory Committee OVC Canned Food Drive
- Read to Local Elementary School Students
- Collected Christmas Gifts for Underprivileged Children
- Volunteered at Special Needs Fishing Tournament
- OVC Hoops for Heroes Project

Commitment to Athletic Excellence

To build philosophical foundations for the development of the athletic programs that are broad-based, equitable and dedicated to the well-being of the student-athlete.

- Strength and Conditioning Program
- Coaching and Support Personnel
- Medical and Training Services
- Equipment, Facilities and Competitive Scheduling
- Senior Exit Interviews

STUDENT GRIEVANCE PROCEDURES

The Department of Athletics at Jacksonville State University is committed to resolving all complaints or grievances brought to its attention in the most equitable fashion possible for all persons concerned. It is the expectation of the Department that attempts be made to resolve any complaints or grievances via the informal procedures outlined below. However, if a satisfactory resolution of the problem proves impossible through the informal mechanism, formal grievance procedures may be employed.

NOTE: If you have a complaint about a decision regarding your athletic grant-in-aid, the process for grieving that decision is set forth in the Policy on Student Athletic Financial Aid Appeals.

INFORMAL PROCEDURES

Any student-athlete with a complaint or grievance involving an athletic team, coach, department official, or policy should discuss and attempt to resolve the complaint or grievance with the person(s) involved. All persons involved in the process should make every attempt to resolve the problem as promptly as possible. In the event that a satisfactory resolution cannot be reached by the parties involved, the following actions may be taken by the grievant:

1. The grievant may consult informally and confidentially with a third party with whom she/he feels comfortable. Among those who might serve as resources are coaches, faculty athletic representative, academic counselors, members of the Athletic Department administration, members of the Athletic Council or other staff members. With the aid of that person, the grievant may attempt to identify other approaches to resolving the problem. After consultation, the grievant should make an additional attempt to resolve the problem with the person(s) involved.
2. If no satisfactory resolution of the complaint or grievance can be achieved, the grievant may request that the resource person call together the persons involved in an attempt to facilitate an informal resolution.
3. At the discretion of the Director of Athletics, the Director or his designee may schedule a meeting with the grievant in a final attempt to resolve the problem informally. The Director, or his designee, may also wish to contact the person(s) about whom the complaint is being lodged.
4. If a meeting among those involved is not feasible or if the parties are unable to resolve the complaint or grievance to their satisfaction, the grievant may use the formal grievance procedure.

NOTE: The grievant is required to employ the informal procedure prior to taking formal action.

FORMAL PROCEDURE

Should the grievant wish to employ formal means to resolve a complaint or grievance, the following action should be taken:

1. The grievant should notify the Director of Athletics of his/her grievance in writing, outlining the complaints, the persons involved and any other pertinent information.
2. The Director of Athletics or his designee should conduct a preliminary interview with the grievant. The Director, or his designee, may also wish to contact the person(s) about whom the complaint is being lodged.
3. The Director, or his designee, shall conduct a formal meeting involving the grievant, the person(s) about whom the complaint is made and any other relevant parties. Each party may also be accompanied by an adviser.
4. Within seven days after the formal meeting, the Athletic Director, or his designee, shall notify the grievant, in writing, of the decision.

FORMAL APPEAL

Should the grievant be unsatisfied with the decision of the Athletic Director, or his designee, and only if substantial new facts have been discovered that were unavailable at the time of the initial formal meeting, he or she may take the following steps:

1. Within 7 days after receipt of a written decision, the grievant should notify the Associate Vice President for Student Affairs, in writing that he or she wishes to appeal the decision and notify the Associate Vice President for Student Affairs of the substantial new facts which were unavailable at the time of the meeting.
2. After receiving the request for appeal, the Associate Vice President, or the Associate Vice President's designee shall conduct a formal meeting to hear the appeal.
3. Within seven days after the appeal meeting, the Associate Vice President shall notify the grievant, in writing, of the Associate Vice President's decision. The decision of the Associate Vice President shall be final.

(Approved by the Athletic Council on November 19, 2003)

POLICY ON STUDENT ATHLETIC FINANCIAL AID APPEALS

Per NCAA Bylaw 15.3.2.3 to provide a student-athlete a hearing opportunity when institutional financial aid based on any degree on athletics ability is to be reduced or canceled during the period of the award, or is reduced or not renewed for the following academic year or years.

The Jacksonville State University Financial Aid Athletic Appeals Committee shall be the hearing body to consider student athlete appeals of:

- 1) The institution's decision to cancel or reduce a student athlete's institutional financial aid based in any degree on athletics ability during the period of the award; and/ or**
- 2) The institution's decision to reduce or not to renew a student athlete's institutional financial aid based in any degree on athletics ability for the following academic year.**

Financial Aid Athletic Appeals Committee: the Student Financial Aid Appeals Committee includes:

- 1) The Financial Aid Appeals Committee Chair (staff member from the Office of Student Financial Aid)*
- 2) Three representatives from campus offices who have no affiliation with the Department of Intercollegiate Athletics*

Initial Notice to Student

The institution's Director of Financial Aid must notify in writing any student athletes, subject to decisions by the institution as set forth above, of such action. While an Athletic Coach may make the first notification verbally or in writing, the Director of Financial Aid should then issue the written notification forthwith.

Opportunity for student-athlete to appeal the cancellation or reduction of athletic grant-in-aid:

A student-athlete who believes that the athletic grant-in-aid was cancelled or reduced in violation of the NCAA Policy may request an appeal. To request an appeal, the student-athlete should submit a written statement that contains all of the following information:

1. A statement that the student-athlete wishes to appeal the cancellation or reduction of the athletic grant-in-aid;
2. The following information:
 - a. Student-athlete name
 - b. JSU Student Banner Identification Number
 - c. Year in School (both academically and athletically)
 - d. Sport that the student-athlete is involved in
 - e. The amount and type of athletic grant-in-aid awarded;
3. Names of coaches, Financial Aid Officers, and other university employees with whom the student-athlete has discussed financial aid;
4. Reasons for appeal, including any relevant documents to support the appeal and;
5. Copies of any documents or any correspondence regarding the cancellation or reduction of athletic grant-in-aid.

The student-athlete's request for appeal must be date-stamped or postmarked within 14 days from the Notice of Cancellation or Reduction of Athletic Grant-in-Aid letter. Any requests postmarked or date-stamped after 14 days will not be processed. All the above information and documentation must be received within 14 days by Director of Financial Aid in order for an appeal to be considered.

Request for Appeal Hearing

The student shall make the request for an appeal hearing in writing to the Director of Financial Aid, who shall then establish the date and time of the hearing. The student shall make this written request within fourteen (14) days of receiving the written notification from the Financial Aid Director, as previously prescribed above.

The Athletic Department shall be provided with a copy of the student's request for an appeal and offered the opportunity to submit a relevant response to the hearing panel.

Notice

Once the request for a hearing is received, the Financial Aid Athletic Appeals Committee Chair shall schedule a hearing to occur within 21 days of receiving the appeal letter. The Appellant and the Athletic Department shall be notified, in writing, of the date, time, and location of the hearing. The Appellant shall be provided with such notice at least 24 hours prior to the scheduled hearing.

Hearing Procedures

- The original letter of appeal and the Athletic Department's response, if applicable, shall be submitted to panel members for review.
- The Appellant, the Athletic Coach(es) or Athletic Director, and the Associate Athletic Director, Compliance and Student-Athlete Services shall be allowed to attend the entire portion of the hearing at which information is received (excluding deliberations). Admission of any other person to the hearing shall be at the discretion of the chairperson. The Assistant Athletic Director, Compliance is present only to offer clarification and interpretation of relevant policy issues.
- Pertinent records and written statements may be accepted as information for consideration by the hearing board, at the discretion of the chairperson.
- Any procedural questions are subject to the final decision of the chairperson.
- If an Appellant, with notice, does not appear before the hearing board, the written appeal shall be presented and the Athletic Department heard, even if the Appellant is not present.
- In the event that circumstances prohibit the Appellant and/or an Athletic Department representative from physically attending the appeal hearing, the Appellant and/or the Athletic Department representative may offer information via a teleconference call with the hearing body.

One of two actions is taken:

- If the Financial Aid Athletic Appeals Committee finds that the decision to reduce, cancel or not renew aid is **not** a violation of the rules, regulations or institutional policies and no extenuation circumstances are present, the appeal is immediately denied.
- If the Financial Aid Athletic Appeals Committee finds that the decision to reduce, cancel or not renew aid is a violation of the rules, regulations and institutional policies, the appeal is immediately approved.

Decision

The Appellant and the Athletic Department shall be provided with written notice of the decision of the hearing board, within seven days of the conclusion of the hearing. The Committee may uphold the Athletic Department's decision(s), in whole or in part, or grant the student's appeal, in whole or in part. The decision of the hearing committee shall be considered the final decision rendered in the matter, and binding upon all involved. Should the Committee grant the student's appeal, this does not mean the student-athlete will be a member of the athletic team. That decision is left to the discretion of the coach.

POLICY AND PROCEDURE FOR REQUESTING A TRANSFER RELEASE

Athletic Notification of Transfer Process For (or After) the 2023-24 Academic Year

A student-athlete must first notify their head coach of their intention to transfer, and then notify the Assistant Athletic Director for Compliance or Athletic Compliance Specialist of their intention to transfer via their JSU email account.

The Compliance Office will provide a link to the student-athlete with the required NCAA Transfer Portal Education Module for the student-athlete to complete. Upon completion of the Education Module the student-athlete must notify the Compliance Office it has been done. Once completion is confirmed by the Compliance Office, and if it is a permissible Transfer Window for the student-athlete's sport, the Compliance Office has two business days to enter the student-athlete in the Transfer Portal, once the below information is received*. If it is not a permissible Transfer Window for the student-athlete, the Compliance Office will notify the student-athlete of the next applicable Transfer Window. It will

be the responsibility of the student-athlete to contact the Compliance Office during the Transfer Window, requesting entrance in the Transfer Portal.

*Once the official request (made during a permissible Transfer Window) has been made by the student-athlete, a confirmation email to the student-athlete, head coach, athletic director, and other necessary parties will be sent. In this confirmation email, the Compliance Office will provide educational materials related to the Transfer Portal and One-Time Transfer legislation. The Compliance office will also attach a document explaining athletic financial aid appeals. The Compliance Office will ask for the email address and phone number the student-athlete wishes to have listed in their profile in the Transfer Portal.

The Compliance Office will enter the student-athlete's information into the NCAA Transfer Portal within two business days of receiving Educational Module competition, phone number, and email address. The two business days is only applicable if it is a permissible Transfer Window or other permitted time for entry in the Transfer Portal per NCAA Legislation.

Per NCAA Bylaw 15.3.5.1, institutional financial aid based in any degree on athletics ability may be reduced or canceled during the period of the award or reduced or not renewed for the following academic year or years of the student-athlete's five-year period of eligibility if the recipient provides written notification of transfer to the institution; however, the student-athlete's financial aid may not be reduced or canceled until the end of the regular academic term in which written notification of transfer is received.

If the student-athlete notifies the Compliance Office of their intention to transfer and their name is entered into the NCAA transfer database and they are still a current member of the team in good standing, then JSU will provide the following: training room and medical services, athletic academic services, strength and conditioning activities. If the student-athlete notifies the Compliance Office of their intention to transfer and their name is entered into the NCAA transfer database requests and they are no longer on their team (voluntarily leaves team, dismissed from team, etc.) then JSU will provide the following: athletic academic services. However, training room and medical services, and access to strength and conditioning activities will not be guaranteed. The athletic director can make exceptions on a case-by-case basis. Please note, academic services remain available as is provided to the general student population.

If at any time the student-athlete wants their name removed from the NCAA Transfer Portal, they must send the Assistant Athletic Director for Compliance or Athletic Compliance Specialist an email via their JSU email account, and the Compliance Office will remove their name from the Transfer Portal within two business days.

NCAA BYLAWS PERTAINING TO THE TRANSFER PORTAL

NCAA Bylaw 13.1.1.4 Four-Year College Prospective Student-Athletes. An athletics staff member or other representative of the institution's athletics interests shall not communicate or make contact with the student-athlete of another NCAA Division I institution, or any individual associated with the student-athlete (e.g., family member scholastic or non-scholastic coach, advisor), directly or indirectly, without first obtaining authorization through the notification of transfer process. Before making contact, directly or indirectly, with a student-athlete of an NCAA Division II or Division III institution, or an NAIA four-year collegiate institution, an athletics staff member or other representative of the institution's athletics interests shall comply with the rule of the applicable division or the NAIA rule for making contact with a student-athlete. [See Bylaw 19.1.2-(f).] (Revised: 1/10/91, 1/16/93, 1/11/94, 4/26/01, 4/29/04 effective 8/1/04, 4/29/10 effective 8/1/10, 10/30/14, 8/8/18 effective 10/15/18, 4/28/21 applicable to transfer student-athletes seeking eligibility during the 2021-22 academic year)

NCAA Bylaw 13.1.1.3.1 Notification of Transfer -- Undergraduate Student-Athletes.

A student-athlete may initiate the notification of transfer process by providing the student-athlete's institution with a written notification of transfer and completing an educational module related to transferring. Notification of transfer must be initiated during a period specified for the applicable sport (see also [Figure 13-1](#)). If notification of transfer is provided during a specified period, the student-athlete's institution shall enter the student-athlete's information into the national transfer database within two business days of receipt of a written notification of transfer from the student-athlete or receipt of confirmation of the student-athlete's completion of the educational module, whichever occurs later. **[D]** (Adopted: 8/8/18 effective 10/15/18, Revised: 4/28/21, 8/31/22, 9/21/22, 10/5/22, 2/2/23 effective 2/27/23, 10/4/23, 4/18/24, 10/9/24)

(a) In fall sports other than football, the student must provide written notification of transfer during:

- (1) A 30 consecutive-day period beginning seven days after championship selections are made in the sport; or
- (2) May 1-15.

(b) In football, a student-athlete must provide written notification of transfer during:

- (1) A 20 consecutive-day period beginning the Monday after the first Saturday in December; or
- (2) April 16-25.

(i) **Exception -- Participants in Postseason Contests.** Student-athletes who are members of teams that participate in a postseason contest (bowl game, NCAA Division I Football Championship, College Football Playoff, etc.) may also provide written notification of transfer during a five consecutive-day period beginning the day after their team's final postseason contest.

(c) In winter sports other than basketball, a student must provide written notification of transfer during a 45 consecutive-day period beginning seven days after championship selections are made in the sport.

- (d) In basketball, a student must provide written notification of transfer during a 30 consecutive-day period beginning the day after the conclusion of the second round of the NCAA Division I Men's Basketball Championship and the NCAA Division I Women's Basketball Championship, respectively.
- (e) In spring sports, the student must provide written notification of transfer during:
- (1) December 1-15; or
 - (2) A 30 consecutive-day period beginning seven days after championship selections are made in the sport.
- (f) In emerging sports for women, the student must provide written notification of transfer during the applicable period (30 consecutive-day period or May 1-15 for fall sports or 45 consecutive-day period for winter and spring sports) beginning seven days after selections are made for a recognized national intercollegiate championship event in the sport.

NCAA Bylaw 13.1.1.4.1.1 Exceptions.

NCAA Bylaw 13.1.1.4.1.1.1 Head Coach Departure or Athletics Aid Reduction, Cancellation or Nonrenewal. A student-athlete may initiate notification of transfer during a 30 consecutive-day period beginning the day after any of the following occurs: *(Adopted: 8/31/22 applicable to transfer student-athletes seeking eligibility during the 2023-24 academic year and thereafter, Revised: 8/1/24)*

- (a) The head coach of the student-athlete's team departs or announces departure from the institution; or
- (b) The student-athlete received or was issued athletically related financial aid after the academic year of initial, full-time enrollment at the certifying institution and such aid is reduced, canceled or not renewed after the period of award, unless the recipient:
 - (1) Is rendered ineligible for intercollegiate competition based on the recipient's action or inaction;
 - (2) Fraudulently misrepresents any information on an application, letter of intent or financial aid agreement (see Bylaw 15.3.4.2.4);
 - (3) Engages in serious misconduct warranting substantial disciplinary penalty (see Bylaw 15.3.4.2.5);
 - (4) Voluntarily (on the recipient's own initiative) withdraws from a sport at any time for personal reasons; or
 - (5) Violates a nonathletically related condition outlined in the financial aid agreement or violates a documented institutional rule or policy (e.g., academics policies or standards, athletics department or team rules or policies);
 - (6) Provides written notification of transfer to the institution.

NCAA Bylaw 13.1.1.4.1.1.2 Discontinued Sport Exception. A student-athlete whose four-year collegiate institution dropped (or has publicly announced it will drop) the sport (in which the student has practiced or competed at that institution in intercollegiate competition) from its intercollegiate program while the student is in attendance may initiate the notification of transfer process at any time by providing the student-athlete's institution with a written notification of transfer and completing an educational module related to transferring. *(Adopted: 1/11/23, Revised: 4/18/24)*

NCAA Bylaw 13.1.1.4.2 Notification of Transfer -- Postgraduate Student-Athletes. A student-athlete who will participate as a postgraduate student at another institution following the next regular academic term or academic year (two semesters/three quarters) may initiate the notification of transfer process at any time between October 1 and the end of the final period specified for the applicable sport in Bylaw [13.1.1.4.1](#) by providing the student-athlete's institution with a written notification of transfer and completing an educational module related to transferring. The student-athlete's institution shall enter the student-athlete's information into the national transfer database within two business days of receipt of a written notification of transfer from the student-athlete or receipt of confirmation of the student-athlete's completion of the educational module, whichever occurs later. *(Adopted: 9/21/22, Revised: 4/18/24, 6/26/24)*

NCAA Bylaw 13.1.1.4.2.1 Exceptions. A student-athlete who will participate as a postgraduate student at another institution during the next academic year or regular term who qualifies for an exception to the notification of transfer periods for undergraduate student-athletes (see Bylaw [13.1.1.4.1.1](#)) may initiate notification of transfer consistent with the applicable exception. *(Adopted: 4/18/24)*

UNIVERSITY TITLE IX STATEMENT

JSU DOES NOT DISCRIMINATE ON THE BASIS OF SEX IN THE EDUCATIONAL PROGRAMS OR ACTIVITIES THAT IT OPERATES. JSU IS REQUIRED, BY TITLE IX OF THE EDUCATION AMENDMENTS OF 1972 AND DEPARTMENT OF EDUCATION REGULATIONS TO IMPLEMENT TITLE IX, NOT TO DISCRIMINATE IN SUCH A MANNER. THIS REQUIREMENT TO NOT DISCRIMINATE IN EDUCATIONAL PROGRAMS AND ACTIVITIES EXTENDS TO EMPLOYMENT BY THE UNIVERSITY AND TO ADMISSION THERETO. QUESTIONS REGARDING TITLE IX AND THE IMPLEMENTING REGULATIONS SHOULD BE REFERRED TO JSU'S TITLE IX COORDINATOR, TO THE ASSISTANT SECRETARY OF EDUCATION FOR CIVIL RIGHTS, OR TO BOTH. FOR MORE INFORMATION ABOUT THE TITLE IX GRIEVANCE PROCEDURE, INCLUDING HOW TO REPORT OR FILE A COMPLAINT OF SEX DISCRIMINATION, HOW TO REPORT OR FILE

A FORMAL COMPLAINT OF SEXUAL HARASSMENT, AND HOW JSU WILL RESPOND TO SUCH COMPLAINTS, PLEASE VISIT OUR TITLE IX WEBSITE AT WWW.JSU.EDU/TITLEIX OR CONTACT OUR TITLE IX COORDINATOR:

JOSH ROBINSON, ACTING TITLE IX COORDINATOR

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JSU ATHLETIC DIRECTORY

All Area Codes (256)

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