



# 2015-16 Swim/Dive Performance List

## 2015-16 Schedule/Results

Date	Opponent/Event	Place	Score/Time
Oct. 10	La Salle	Philadelphia, Pa.	W, 181-116
Oct. 17	Liberty	Harrisonburg, Va.	W, 155-145
Oct. 31	William & Mary (CAA Pod Meet)	Newark, Del.	W, 202-145
Oct. 31	Delaware (CAA Pod Meet)	Newark, Del.	W, 192-160
Oct. 31	UNCW (CAA Pod Meet)	Newark, Del.	W, 255-98
Nov. 19	Nike Cup (diving only)	Chapel Hill, N.C.	N/A
Nov. 20	Frank Elm Invitational (swimming only)	Piscataway, N.J.	4th/10, 921.5
Jan. 16	University of Richmond	Harrisonburg, Va.	W, 175-121
Jan. 21	Marshall	Huntington, W.Va.	W, 159-141
Jan. 30	Clemson (Diving Only)	Clemson, S.C.	N/A
Feb. 5-7	Carolina College Invitational (swimming only)	Chapel Hill, N.C.	N/A
Feb. 6	JMU Diving Invitational	Harrisonburg, Va.	N/A
Feb. 20-21	CAA Diving Championships	Newark, Del.	N/A
Feb. 24-27	CAA Swimming Championships	Richmond, Va.	2nd (681.50)
March 7-8	NCAA Zone A Diving Championships	Annapolis, Md.	N/A
March 17-19	NCAA Women's Swimming and Diving Championships	Atlanta, Ga.	N/A

## 2015-16 Top Performances by Event

50 Freestyle		
\$-22.95 (Camilla Czulada, 2/25/16) NCAA A-21.86; B-22.99		
Athlete	Event	Time
Camilla Czulada	at CAA Champs	\$pB22:95

100 Freestyle		
\$-49.54 (Eva Hannesdottir, 2/23/12) NCAA A-47.79; B-49.99		
Athlete	Event	Time
Kristen Zielinski	at CAA Champs	rB49:87

200 Freestyle		
\$-1:46.92 (Quinn MacMillan, 2/25/16) NCAA A-1:43.82; B-1:47.99		
Athlete	Event	Time
Quinn MacMillan	at CAA Champs	\$B1:46:92

500 Freestyle		
\$-4:48.75 (Quinn MacMillan, 2/25/16) NCAA A-4:36.30; B-4:47.79		
Athlete	Event	Time
Quinn MacMillan	at CAA Champs	\$4:48.75

1000 Freestyle		
\$-10:02.42 (Emily Konieczny, 2/28/09)		
Athlete	Event	Time
Claire Adkins	at Marshall	10:28.44

1650 Freestyle		
\$-16:38.24 (Emily Konieczny, 2/28/09) NCAA A-15:53.50; B-16:30.59		
Athlete	Event	Time
Claire Adkins	at Frank Elm	16:59.74

100 Butterfly		
\$-53.68 (Andrea Criscuolo, 3/1/13) NCAA A-51.56; B-54.49		
Athlete	Event	Time
Cameron Martin	at CAA Champs	55.36

200 Butterfly		
\$-1:58.92 (Andrea Criscuolo, 3/2/13) NCAA A-1:54.22; B-1:59.59		
Athlete	Event	Time
Cameron Martin	at CAA Champs	p2:01:76

100 Backstroke		
\$-54.75 (MaryElizabeth Warhol, 2/26/16) NCAA A-51.51; B-55.09		
Athlete	Event	Time
MaryElizabeth Warhol	at CAA Champs	\$rB54:75

200 Backstroke		
\$-1:58.01 (MaryElizabeth Warhol, 2/27/16) NCAA A-1:51.95; B-1:59.19		
Athlete	Event	Time
MaryElizabeth Warhol	at CAA Champs	\$pB1:58:01

100 Breaststroke		
\$-1:00.25 (Shannon Dubay, 3/1/14) NCAA A-59.04; B-1:02.49		
Athlete	Event	Time
Katie Parker	at CAA Champs	B1:02:19

200 Breaststroke		
\$-2:12.52 (Kelsey Holmgaard, 3/2/13) NCAA A-2:07.42; B-2:15.99		
Athlete	Event	Time
Katie Parker	at CAA Champs	B2:13:16

200 Individual Medley		
\$-1:59.29 (Kelsey Holmgaard, 2/28/13) NCAA A-1:55.35; B-2:01.59		
Athlete	Event	Time
Katie Parker	at CAA Champs	B2:00:26

400 Individual Medley		
\$-4:15.58 (Kelsey Holmgaard, 3/1/13) NCAA A-4:05.37; 4:19.39		
Athlete	Event	Time
Maddie Massey	at Frank Elm	4:25.30

200 Freestyle Relay		
\$-1:30.80 (Hannesdottir/Mendieta/Holmgaard/Gingher, 2012) NCAA A-1:29.16; B-1:29.90		
Athlete	Event	Time
Molano, Zielinski, Barney, MacMillan	at Frank Elm	1:35.16

400 Freestyle Relay		
\$-3:20.45 (Czulada,Zielinski,Quinn,Gingher) NCAA A-3:16.15; B-3:17.59		
Athlete	Event	Time
MacMillan, Molano, Zielinski, Czulada	at Frank Elm	3:24.76

800 Freestyle Relay		
\$-7:13.51 (Zielinski, Molano, Martin, MacMillan, 2/24/16) NCAA A-7:06.77; B-7:09.96		
Athlete	Event	Time
Zielinski, Molano Martin, MacMillan	at CAA Champs	\$7:13.51

200 Medley Relay		
\$-1:40.26 (Edsall, Won, Dubay, Gingher, 2013) NCAA A-1:37.46; B-1:37.96		
Athlete	Event	Time
Haddock, Parker, Tremols, Czulada	at Frank Elm	1:44.68

400 Medley Relay		
\$-3:40.14 (Burns, Won, A. Criscuolo, Gingher, 2013) NCAA A-3:33.89; B-3:35.31		
Athlete	Event	Time
Warhol, Parker, Martin, Czulada	vs. Richmond	3:50.40

1-Meter Diving		
\$-327.85 (Kimberly Helfrich, 12/1/12) Z-265.00 (six dives)		
Athlete	Event	Score
Olivia Lehman	at CAA Champs	p318.35

3-Meter Diving		
\$-377.70 (Kimberly Helfrich, 1/22/11) Z-280.00 (six dives)		
Athlete	Event	Score
Olivia Lehman	at CAA Champs	304.45

# 2015-16 Performances by Event

## 50 Freestyle \$-22.95 (Camilla Czulada, 2/25/16)

NCAA A-21.86; B-22.99

Athlete	Event	Time
Camilla Czulada	at CAA Champs	\$pB22.95
Camilla Czulada	at CAA Champs	23.03
Carli Molano	at CAA Champs	23.32
Camilla Czulada	at Frank Elm	23.43
Carli Molano	at CAA Champs	p23.44
Camilla Czulada	at Carolina College	23.63
Camilla Czulada	at Carolina College	p23.77
Camilla Czulada	vs. Liberty	23.81
Katie Barney	at Carolina College	p23.85
Jillian Breeger	at Carolina College	t23.86
Carli Molano	at Frank Elm	23.95
Kristen Zielinski	at Carolina College	t23.98
Camilla Czulada	at CAA Pod	23.98
Quinn MacMillan	at Carolin College	t23.98
Kristen Zielinski	at Marshall	24.00
Camilla Czulada	vs. Richmond	24.00
Camilla Czulada	at La Salle	24.02
Katie Barney	at Frank Elm	24.06
Katie Barney	at Carolina College	24.07
Jillian Breeger	at Carolina College	t24.09
Jillian Breeger	at Carolina College	p24.21
Carli Molano	at Carolina College	t24.31
Carli Molano	vs. Richmond	24.37
Quinn MacMillan	at Carolina College	p24.43
Lindsay Bosek	at Frank Elm	p24.45
Katie Barney	vs. Liberty	24.46
Quinn MacMillan	at CAA Pod	24.53
Carli Molano	at Carolina College	p24.57
Lindsay Bosek	at Carolina College	p24.58
Carli Molano	at CAA Pod	24.61
Katie Parker	vs. Richmond	24.65
Jillian Breeger	vs. Liberty	24.67
Carli Molano	at Marshall	24.68
Carli Molano	vs. Liberty	24.68
Ashley Clark	at Carolina College	24.74
Katie Barney	at CAA Pod	24.80
Jillian Breeger	at Marshall	24.89
Quinn MacMillan	at La Salle	24.89
Jillian Breeger	vs. Richmond	24.94
Katie Barney	at Marshall	24.95
Shannon Harper	at Carolina College	p24.99
Ashley Clark	at Carolina College	t25.01
Kacy Edsall	at Carolina College	t25.01
Jillian Breeger	at Frank Elm	p25.06
Kristen Zielinski	at La Salle	25.09
Kali Edsall	at Carolina College	p25.12
Jillian Breeger	at La Salle	25.14
Kacy Edsall	at Carolina College	p25.19
Logan Haddock	at Carolina College	t25.31
Kali Edsall	at Carolina College	t25.42
Kali Edsall	at Frank Elm	p25.43
Ashley Clark	at Frank Elm	p25.69
Lindsay Bosek	vs. Liberty	25.80
Ashley Clark	at La Salle	26.07
Kelly Long	at Frank Elm	p26.11
Amanda Presgraves	at Carolina College	t26.31
Amanda Presgraves	at Carolina College	p26.31
Lindsay Bosek	at La Salle	26.32
Jennifer Vieni	at Carolina College	p26.59
Brianna DiSilvestro	at Carolina College	p26.65
Nina Tremols	at Carolina College	p26.71
Courtney Clarke	at Frank Elm	p27.13
Maddy Murphy	at Carolina College	p27.86
Brianna DiSilvestro	at Frank Elm	p27.88

## 100 Freestyle \$-49.54 (Eva Hannesdottir, 2/23/12)

NCAA A-47.79; B-49.99

Athlete	Event	Time
Kristen Zielinski	at CAA Champs	rB49.87
Kristen Zielinski	at CAA Champs	p50.03
Kristen Zielinski	at CAA Champs	50.10
Camilla Czulada	at CAA Champs	50.13
Camilla Czulada	at CAA Champs	p50.18
Quinn MacMillan	at CAA Champs	p50.51
Camilla Czulada	at Frank Elm	50.60
Carli Molano	at CAA Champs	50.88
Quinn MacMillan	at CAA Champs	51.01
Carli Molano	at CAA Champs	p51.39
Camilla Czulada	at CAA Pod	51.60
Kristen Zielinski	at Marshall	51.87
Carli Molano	at Frank Elm	51.89
Jillian Breeger	at Carolina College	52.13
Camilla Czulada	vs. Liberty	52.17
Jillian Breeger	at Carolina College	p52.18
Kristen Zielinski	at CAA Pod	52.33
Jennifer Vieni	at CAA Champs	p52.45
Kristen Zielinski	at Frank Elm	52.56
Lindsay Bosek	at Carolina College	52.76

Lindsay Bosek	at Carolina College	p52.78
Katie Barney	at Frank Elm	52.91
Lindsay Bosek	at Frank Elm	52.94
Quinn MacMillan	at Marshall	52.96
Quinn MacMillan	at Frank Elm	p52.96
Katie Barney	at Carolina College	p52.97
Katie Barney	at Carolina College	53.07
Camilla Czulada	at La Salle	53.09
Camilla Czulada	vs. Richmond	53.58
Carli Molano	vs. Richmond	53.74
Kristen Zielinski	at La Salle	53.82
Jennifer Vieni	at Frank Elm	53.84
Carli Molano	at CAA Pod	53.89
Jillian Breeger	at Frank Elm	p54.01
Carli Molano	at Marshall	54.18
Ashley Clark	at Frank Elm	p54.33
Carli Molano	vs. Liberty	54.45
Katie Barney	vs. Liberty	54.49
Shannon Harper	at CAA Pod	54.51
Shannon Harper	vs. Liberty	54.57
Shannon Harper	at Frank Elm	p54.65
Katie Barney	at Marshall	54.66
Lindsay Bosek	at Marshall	55.03
Katie Barney	vs. Richmond	55.05
Katie Barney	at La Salle	55.26
MaryElizabeth Warhol	at La Salle	55.51
Kelly Long	at Carolina College	p55.69
Lodan Haddock	at La Salle	56.06
Lindsay Bosek	vs. Richmond	56.10
Lindsay Bosek	vs. Liberty	56.16
Claire Adkins	at La Salle	56.34
Kelly Long	vs. Liberty	56.43
Claire Adkins	at Frank Elm	p56.49
Kelly Long	vs. Richmond	56.96
Madi Oster	vs. Richmond	57.01
Lindsay Bosek	at La Salle	57.01
Kelly Long	at Frank Elm	p57.26
Erin Dougherty	vs. Richmond	57.60
Kelly Long	at La Salle	58.20
Brianna DiSilvestro	at Marshall	1:01.34

## 200 Freestyle \$-1:46.92 (Quinn MacMillan, 2/25/16)

NCAA A-1:43.82; B-1:47.99

Athlete	Event	Time
Quinn MacMillan	at CAA Champs	\$B1:46.92
Kristen Zielinski	at CAA Champs	B1:47.94
Kristen Zielinski	at CAA Champs	p1:48.04
Camilla Czulada	at CAA Champs	1:49.49
Quinn MacMillan	at CAA Champs	p1:49.66
Shannon Harper	at CAA Champs	1:50.07
Camilla Czulada	at Frank Elm	1:50.58
Camilla Czulada	at CAA Champs	p1:50.62
Carli Molano	at CAA Champs	1:50.89
Quinn MacMillan	at CAA Pod	1:50.94
Carli Molano	at CAA Champs	1:51.24
Shannon Harper	at CAA Champs	p1:51.33
Carli Molano	at Frank Elm	1:51.63
Quinn MacMillan	at Frank Elm	1:51.98
Kristen Zielinski	vs. Richmond	1:52.17
Logan Haddock	at CAA Champs	1:52.55
Lindsay Bosek	at Carolina College	1:52.95
Camilla Czulada	at Marshall	1:53.00
Logan Haddock	at CAA Champs	p1:53.04
Kristen Zielinski	at Marshall	1:53.28
Quinn MacMillan	vs. Richmond	1:53.34
Kristen Zielinski	vs. Liberty	1:53.74
Kristen Zielinski	at Frank Elm	1:53.59
Lindsay Bosek	at Frank Elm	1:53.87
Lindsay Bosek	at Carolina College	p1:53.89
Madi Oster	at Carolina College	1:53.99
Kristen Zielinski	at CAA Pod	1:54.21
Quinn MacMillan	at Marshall	1:54.33
Quinn MacMillan	vs. Liberty	1:54.42
Shannon Harper	at CAA Pod	1:54.47
Kelly Long	at Carolina College	1:54.54
Logan Haddock	at Frank Elm	1:54.81
MaryElizabeth Warhol	at Carolina College	p1:55.52
Claire Adkins	at Frank Elm	p1:55.43
Shannon Harper	vs. Richmond	1:55.46
Shannon Harper	at Frank Elm	1:55.50
Katie Barney	at Carolina College	1:55.59
MaryElizabeth Warhol	vs. Liberty	1:55.70
Logan Haddock	at Marshall	1:55.97
Cameron Martin	at Frank Elm	p1:56.26
Katie Parker	at La Salle	1:56.67
Katie Barney	at Frank Elm	p1:56.75
Katie Barney	at Carolina College	p1:57.18
Madi Oster	at Frank Elm	p1:57.46
Kelly Long	at Frank Elm	p1:57.89
Madi Oster	at Carolina College	p1:58.01
Jennifer Vieni	at Carolina College	p1:58.53

Erin Dougherty	at Carolina College	t1:58.72
Lindsay Bosek	at CAA Pod	1:59.44
Katie Barney	at La Salle	2:00.15
Lindsay Bosek	vs. Richmond	2:00.61
Kelly Long	at La Salle	2:02.01

## 500 Freestyle \$-4:48.75 (Quinn MacMillan, 2/25/16)

NCAA A-4:36.30; B-4:47.79

Athlete	Event	Time
Quinn MacMillan	at CAA Champs	\$4:48.75
Quinn MacMillan	at CAA Champs	p4:51.51
Kristen Zielinski	at CAA Champs	4:51.76
Claire Adkins	at CAA Champs	4:53.33
Claire Adkins	at CAA Champs	p4:55.40
Cameron Martin	at CAA Champs	4:56.13
Maddie Massey	at Frank Elm	4:58.06
Kristen Zielinski	at CAA Champs	p4:58.35
Maddie Massey	at Carolina College	4:58.73
Cameron Martin	at CAA Champs	p4:59.15
Maddie Massey	at CAA Champs	p4:59.75
Lindsay Bosek	at Carolina College	5:00.07
Quinn MacMillan	at Frank Elm	5:00.82
Kelly Long	at Carolina College	5:01.20
Lindsay Bosek	at Carolina College	p5:01.22
Madi Oster	at Carolina College	p5:01.44
Kelly Long	at Carolina College	p5:01.61
Cameron Martin	at Frank Elm	5:02.52
Quinn MacMillan	at CAA Pod	5:03.51
Katie Parker	at Carolina College	p5:04.63
Claire Adkins	at CAA Pod	5:05.51
Lindsay Bosek	at Frank Elm	5:05.64
Kristen Zielinski	at Frank Elm	5:05.91
Claire Adkins	at Marshall	5:05.99
Quinn MacMillan	vs. Liberty	5:06.24
Cameron Martin	at Marshall	5:06.61
Quinn MacMillan	vs. Richmond	5:07.44
Cameron Martin	at La Salle	5:07.88
Kristen Zielinski	vs. Liberty	5:08.09
Claire Adkins	vs. Liberty	5:09.02
Kristen Zielinski	vs. Richmond	5:09.62
Claire Adkins	at Frank Elm	p5:10.95
Claire Adkins	vs. Richmond	5:11.28
Quinn MacMillan	vs. Liberty	5:11.80
Madi Oster	at CAA Pod	5:12.57
Maddie Massey	at Marshall	5:12.74
Logan Haddock	at Carolina College	p5:14.84
Erin Dougherty	at Carolina College	p5:17.96
Kelly Long	at Frank Elm	p5:18.01
Madi Oster	vs. Liberty	5:19.60
Kelly Long	at Marshall	5:20.16
Madi Oster	vs. Richmond	5:21.33
Madi Oster	at La Salle	5:21.33

## 1000 Freestyle \$-10:02.42 (Emily Konieczny, 2/28/09)

NCAA A-10:02.42; B-10:02.42

Athlete	Event	Time
Claire Adkins	at Marshall	10:28.44
Claire Adkins	vs. Liberty	10:31.87
Claire Adkins	vs. Richmond	10:36.10
Madi Oster	at Marshall	10:39.26
Claire Adkins	at La Salle	10:39.59
Kelly Long	vs. Richmond	10:42.20
Madi Oster	vs. Richmond	10:49.16
Kelly Long	at Marshall	10:49.30
Madi Oster	vs. Liberty	10:50.24
Madi Oster	at La Salle	10:52.97
Erin Dougherty	vs. Richmond	10:58.18
Erin Dougherty	at Marshall	11:04.40
Erin Dougherty	vs. Liberty	11:11.80

## 1650 Freestyle \$-16:38.24 (Emily Konieczny, 2/28/09)

NCAA A-15:53.50; B-16:30.59

Athlete	Event	Time
Claire Adkins	at Frank Elm	16:59.74
Claire Adkins	at CAA Champs	17:00.61
Madi Oster	at Frank Elm	17:12.91
Claire Adkins	at CAA Pod	17:33.58
Madi Oster	at CAA Pod	17:45.21

## 50 Butterfly

Athlete	Event	Time
Kacy Edsall	at Carolina College	t26.25
Courtney Clarke	at Carolina College	t26.33
Brianna DiSilvestro	at Carolina College	t26.35
Nina Tremols	at Carolina College	t26.57
Carli Molano	at Carolina College	t26.71
Katie Parker	at Carolina College	t26.73
Kacy Edsall	at La Salle	26.86
Shannon Harper	at Carolina College	t26.95
Jennifer Vieni	at Carolina College	t26.95
Jennifer Vieni	at La Salle	27.05
Jillian Breeger	at La Salle	27.10

# 2015-16 Performances by Event/Individual

Carli Molano	at La Salle	27.12	Courtney Clarke	vs. Richmond	2:09.45	Abby Ortman	vs. Liberty	2:07.16
Courtney Clarke	at La Salle	27.13	Maddie Massey	vs. Richmond	2:09.72	Abby Ortman	at La Salle	2:07.39
Logan Haddock	at Carolina College	t27.16	Maddie Massey	at CAA Pod	2:10.13	Logan Haddock	at Marshall	2:07.41
Ashley Clark	at La Salle	27.33	Courtney Clarke	vs. Liberty	2:10.53	Abby Ortman	vs. Richmond	2:08.23
Shannon Harper	at La Salle	27.37	Courtney Clarke	at CAA Pod	2:10.72	Jennifer Vieni	vs. Richmond	2:08.65
Logan Haddock	at Carolina College	t27.62	Maddie Massey	vs. Liberty	2:11.50	Jennifer Vieni	at La Salle	2:08.74
Brianna DiSilvestro	at La Salle	27.68	Courtney Clarke	at La Salle	2:11.87	Logan Haddock	vs. Richmond	2:10.54
Maddie Massey	at La Salle	27.78	Brianna DiSilvestro	at Marshall	2:12.50	Logan Haddock	vs. Liberty	2:11.31
Maddy Murphy	at Carolina College	t28.02	Maddie Massey	at La Salle	2:12.97	Kacy Edsall	at CAA Pod	2:13.17
			Brianna DiSilvestro	at CAA Pod	2:13.87	Nina Tremols	at La Salle	2:13.44
			Brianna DiSilvestro	vs. Liberty	2:14.02			
			Brianna DiSilvestro	vs. Richmond	2:14.60			
			Brianna DiSilvestro	at La Salle	2:15.71			
<b>100 Butterfly \$-53.68 (Andrea Criscuolo, 3/1/13)</b>								
<b>NCAA A-51.56; B-54.49</b>								
<b>Athlete</b>	<b>Event</b>	<b>Time</b>						
Cameron Martin	at CAA Champs	55.36						
Cameron Martin	at CAA Champs	p55.47						
Nina Tremols	at CAA Champs	55.86						
Courtney Clarke	at CAA Champs	55.87						
Nina Tremols	at CAA Champs	p56.16						
Nina Tremols	at Frank Elm	56.26						
Courtney Clarke	at CAA Champs	p56.54						
Jillian Breeger	at Carolina College	56.82						
Cameron Martin	at Carolina College	56.87						
Jillian Breeger	at Carolina College	p57.15						
Jennifer Vieni	at CAA Champs	p57.17						
Kacy Edsall	at CAA Champs	p57.21						
Cameron Martin	at Carolina College	p57.40						
Ashley Clark	at Frank Elm	57.47						
Kacy Edsall	at Frank Elm	57.53						
Katie Parker	at Carolina College	p57.61						
Brianna DiSilvestro	at Carolina College	57.74						
Courtney Clarke	at Frank Elm	57.85						
Katie Parker	at Carolina College	57.91						
Cameron Martin	at CAA Pod	57.96						
Kristen Zielinski	at Carolina College	p58.03						
Cameron Martin	vs. Richmond	58.04						
Kacy Edsall	at Carolina College	p58.05						
Jennifer Vieni	at CAA Pod	58.09						
Cameron Martin	vs. Liberty	58.14						
Jillian Breeger	at Marshall	58.15						
Ashley Clark	at Carolina College	p58.19						
Brianna DiSilvestro	at Carolina College	p58.20						
Jennifer Vieni	at Frank Elm	58.26						
Kacy Edsall	vs. Richmond	58.29						
Shannon Harper	at Marshall	58.36						
Jillian Breeger	vs. Richmond	58.40						
Jillian Breeger	vs. Liberty	58.45						
Brianna DiSilvestro	at Carolina College	t58.68						
Jillian Breeger	at Frank Elm	p58.75						
Courtney Clarke	vs. Richmond	59.16						
Courtney Clarke	vs. Liberty	59.16						
Nina Tremols	vs. Liberty	59.29						
Brianna DiSilvestro	at Frank Elm	59.40						
Jillian Breeger	at CAA Pod	59.76						
Kacy Edsall	vs. Liberty	59.77						
Courtney Clarke	at CAA pod	59.80						
Abby Ortman	at Frank Elm	p59.86						
Ashley Clark	at Marshall	59.90						
Nina Tremols	at Marshall	59.92						
Abby Ortman	at Carolina College	p1:00.09						
Nina Tremols	vs. Richmond	1:00.21						
Carli Molano	at Carolina College	p1:00.50						
Ashley Clark	vs. Richmond	1:00.50						
Ashley Clark	vs. Liberty	1:00.93						
Maddie Massey	vs. Liberty	1:01.10						
Maddie Massey	vs. Richmond	1:01.26						
Brianna DiSilvestro	vs. Liberty	1:01.45						
Brianna DiSilvestro	vs. Richmond	1:01.81						
Maddy Murphy	at Carolina College	p1:02.55						
<b>200 Butterfly \$-1:58.92 (Andrea Criscuolo, 3/2/13)</b>								
<b>NCAA A-1:54.22; B-1:59.59</b>								
<b>Athlete</b>	<b>Event</b>	<b>Time</b>						
Cameron Martin	at CAA Champs	p2:01.76						
Cameron Martin	at CAA Champs	2:02.11						
Maddie Massey	at CAA Champs	p2:03.63						
Maddie Massey	at CAA Champs	2:03.91						
Cameron Martin	at Marshall	2:04.02						
Courtney Clarke	at CAA Champs	2:04.03						
Courtney Clarke	at CAA Champs	p2:04.09						
Maddie Massey	at Frank Elm	2:04.82						
Cameron Martin	vs. Richmond	2:05.75						
Cameron Martin	at CAA Pod	2:07.01						
Cameron Martin	at Frank Elm	2:07.30						
Brianna DiSilvestro	at Carolina College	p2:07.51						
Cameron Martin	vs. Liberty	2:07.61						
Maddie Massey	at Marshall	2:08.13						
Brianna DiSilvestro	at Carolina College	2:08.29						
Brianna DiSilvestro	at Frank Elm	2:08.60						
<b>50 Backstroke \$-54.75 (MaryElizabeth Warhol, 2/26/16)</b>								
<b>NCAA A-51.51; B-55.09</b>								
<b>Athlete</b>	<b>Event</b>	<b>Time</b>						
MaryElizabeth Warhol	at CAA Champs	\$pB1:58.01						
MaryElizabeth Warhol	at CAA Champs	B1:58.24						
Abby Ortman	at CAA Champs	2:00.43						
Abby Ortman	at CAA Champs	p2:01.33						
Logan Haddock	at CAA Champs	p2:01.46						
Logan Haddock	at CAA Champs	2:01.54						
Kacy Edsall	at CAA Champs	p2:03.28						
Nina Tremols	at CAA Champs	p2:03.30						
Logan Haddock	at Frank Elm	2:03.41						
Nina Tremols	at Frank Elm	2:04.61						
Jennifer Vieni	at CAA Champs	p2:05.63						
MaryElizabeth Warhol	at Frank Elm	2:04.86						
Courtney Clarke	at Marshall	2:05.94						
Jennifer Vieni	at CAA Pod	2:06.10						
MaryElizabeth Warhol	vs. Liberty	2:06.19						
Jennifer Vieni	vs. Liberty	2:06.29						
Jennifer Vieni	at Frank Elm	2:06.75						
Kacy Edsall	at Frank Elm	2:06.84						
Logan Haddock	at CAA Pod	2:06.94						
<b>100 Breaststroke \$-1:00.25 (Shannon Dubay, 3/1/14)</b>								
<b>NCAA A-59.04; B-1:02.49</b>								
<b>Athlete</b>	<b>Event</b>	<b>Time</b>						
Katie Parker	at CAA Champs	B1:02.19						
Katie Parker	at CAA Champs	p1:02.62						
Amanda Presgraves	at CAA Champs	1:03.91						
Katie Parker	vs. Richmond	1:04.28						
Maddy Murphy	at CAA Champs	1:04.37						
Amanda Presgraves	at CAA Champs	p1:04.46						
Maddy Murphy	at CAA Champs	p1:04.80						
Katie Parker	at Frank Elm	1:04.89						
Amanda Presgraves	at Frank Elm	1:04.92						
Katie Parker	at CAA Pod	1:04.95						
Katie Parker	vs. Liberty	1:05.08						
Maddy Murphy	at Frank Elm	1:05.48						
Amanda Presgraves	at CAA Pod	1:05.66						
Amanda Presgraves	vs. Richmond	1:05.86						
Katie Parker	at Marshall	1:06.17						
Amanda Presgraves	at Marshall	1:06.40						
Amanda Presgraves	at Carolina College	p1:06.74						
Shannon Harper	at Carolina College	1:07.53						
Shannon Harper	vs. Liberty	1:07.53						
Maddy Murphy	at CAA Pod	1:07.81						
Shannon Harper	at Marshall	1:07.88						
Shannon Harper	at Carolina College	p1:08.11						
Maddy Murphy	vs. Richmond	1:08.37						
Maddy Murphy	vs. Liberty	1:09.44						
Maddy Murphy	at Marshall	1:09.66						
Claire Adkins	at Carolina College	1:09.69						
Claire Adkins	at Carolina College	p1:10.24						
Nina Tremols	at Carolina College	1:10.40						
Nina Tremols	at Carolina College	p1:11.00						
Maddie Massey	at Carolina College	p1:12.93						
Ashley Clark	at CAA Pod	1:12.93						
<b>200 Breaststroke \$-2:12.52 (Kelsey Holmgard, 3/2/13)</b>								
<b>NCAA A-2:07.42; B-2:15.99</b>								
<b>Athlete</b>	<b>Event</b>	<b>Time</b>						
Katie Parker	at CAA Champs	B2:13.16						
Katie Parker	at CAA Champs	pB2:15.32						
Amanda Presgraves	at CAA Champs	2:16.40						
Maddy Murphy	at CAA Champs	2:19.69						
Maddy Murphy	at CAA Champs	p2:19.84						
Amanda Presgraves	at CAA Champs	p2:19.88						
Katie Parker	at CAA Pod	2:19.93						
Katie Parker	at Frank Elm	2:20.30						
Katie Parker	vs. Richmond	2:20.73						
Amanda Presgraves	at Frank Elm	2:20.86						
Maddy Murphy	at Frank Elm	2:21.33						
Amanda Presgraves	at Marshall	2:21.46						
Amanda Presgraves	at CAA Pod	2:22.19						
Katie Parker	at Marshall	2:22.27						
Shannon Harper	at CAA Champs	p2:22.36						
Amanda Presgraves	vs. Richmond	2:22.54						
Katie Parker	vs. Liberty	2:22.56						
Katie Parker	at La Salle	2:22.87						
Amanda Presgraves	vs. Liberty	2:23.25						
Amanda Presgraves	at La Salle	2:24.32						
Maddy Murphy	at CAA Pod	2:25.46						
Shannon Harper	vs. Richmond	2:27.74						
Maddy Murphy	at Marshall	2:28.34						
Maddy Murphy	vs. Richmond	2:28.60						
Maddy Murphy	at La Salle	2:29.62						
Maddy Murphy	vs. Liberty	2:30.19						
<b>200 Individual Medley \$-1:59.29 (Kelsey Holmgard, 2/28/13)</b>								
<b>NCAA A-1:55.35; B-2:01.59</b>								
<b>Athlete</b>	<b>Event</b>	<b>Time</b>						
Katie Parker	at CAA Champs	B2:02.26						
Katie Parker	at CAA Champs	p2:02.05						



# 2015-16 Performances by Individual

Shannon Harper	at CAA Champs	2:02.85	Martin, Presgraves	Ortman, Presgraves, vs. Richmond	3:56.53
Shannon Harper	at CAA Champs	p2:03.44		Tremols, Molano	
Katie Parker	at Frank Elm	2:06.01	<b>400 Freestyle Relay</b>	Ortman, Presgraves, at La Salle	3:57.20
Katie Parker	at Marshall	2:07.10	(Czulada, Zielinski, Quinn, Gingher)	Breeger, Barney	
Katie Parker	at CAA Pod	2:07.26	NCAA A-3:16.15; B-3:17.59	Kc Edsall Presgraves at Marshall	3:57.75
Kristen Zielinski	at Carolina College	2:08.13	<b>Athlete</b>	Breeger, Barney	
Nina Tremols	at Frank Elm	2:08.38	<b>Event</b>	Clarke, Murphy, vs. Richmond	4:00.91
Katie Parker	vs. Liberty	2:08.38	<b>Time</b>	Vieni, Barney	
Shannon Harper	at CAA Pod	2:08.80	Zielinski, Molano, at CAA Champs	Clarke, Murphy, at CAA Pod	4:02.09
Kristen Zielinski	at Carolina College	p2:09.24	Czulada, MacMillan	Tremols, Bosek	
Shannon Harper	vs. Richmond	2:09.35	MacMillan, Molano, at Frank Elm	Haddock, Murphy at Marshall	4:02.53
Shannon Harper	at La Salle	2:09.36	Zielinski, Czulada *Frank Elm Record	Clark, Bosek	
Shannon Harper	at Marshall	2:09.72	Zielinski, Molano, at CAA Pod	Haddock, Murphy Clark, Bosek	4:03.16
Shannon Harper	at Frank Elm	2:09.79	MacMillan, Czulada	Haddock, Harper, at CAA Pod	
Katie Parker	vs. Richmond	2:09.95	MacMillan, Molano	Clark, Long	
Jillian Breeger	at Marshall	2:11.04	Zielinski, Czulada	Haddock, Murphy, at La Salle	4:04.71
Shannon Harper	vs. Liberty	2:11.17	Harper, Bosek, at Frank Elm	Martin, Bosek	
Abby Ortman	at Frank Elm	p2:11.71	Vieni, Barney	Haddock, Breeger, vs. Richmond	4:05.96
Abby Ortman	at Carolina College	2:11.92	Breeger, Adkins, at Frank Elm	Clark, Massey	
Cameron Martin	at Carolina College	2:12.03	Parker, Martin		
Maddie Massey	at Carolina College	2:12.14	Clark, Haddock, at Frank Elm		
Cameron Martin	at Carolina College	p2:12.31	Massey, Long	<b>1-Meter Diving</b>	<b>\$-327.85 (Kimberly Helfrich, 12/1/12)</b>
Maddy Murphy	at CAA Champs	p2:12.39	Vieni, Harper, at CAA Pod	<b>Z-265.00 (six dives)</b>	
Claire Adkins	at Carolina College	2:12.44	Barney, Breeger	<b>Athlete</b>	<b>Event</b>
Abby Ortman	at Carolina College	p2:12.54	Barney, Breeger, vs. Liberty	<b>Score</b>	
Jennifer Vieni	vs. Liberty	2:13.01	Haddock, Martin	Olivia Lehman	at CAA Champs
Maddy Murphy	at Frank Elm	p2:13.81	Long, Haddock, at CAA Pod	Olivia Lehman	NCAA Zones
Maddie Massey	at Carolina College	p2:13.84	Clark, Bosek, vs. Liberty	Olivia Lehman	at CAA Champs
Jillian Breeger	at Frank Elm	p2:14.07	Long, Bosek, vs. Liberty	Olivia Lehman	NCAA Zones
Abby Ortman	at La Salle	2:14.20	Adkins, Oster	Olivia Lehman	vs. Liberty
Jennifer Vieni	at Frank Elm	p2:14.82		Taryn McLaughlin	at La Salle
Maddie Massey	at CAA Pod	2:14.84	<b>800 Freestyle Relay</b>	Olivia Lehman	at CAA Pod
Claire Adkins	at Carolina College	p2:14.95	(Zielinski, Molano, Martin, MacMillan, 2/24/16)	Carly Alexander	vs. Richmond
Maddie Massey	at La Salle	2:15.14	NCAA A-7:06.77; B-7:09.96	Carly Alexander	at CAA Pod
Ashley Clark	at Frank Elm	p2:15.59	<b>Athlete</b>	Olivia Lehman	at La Salle
Ashley Clark	at CAA Pod	2:16.25	<b>Event</b>	Olivia Lehman	at Marshall
Nina Tremols	vs. Richmond	2:16.26	<b>Time</b>	Carly Alexander	at La Salle
Quinn MacMillan	vs. Richmond	2:16.35	Zielinski, Molano	Carly Alexander	at CAA Champs
Maddy Murphy	at Marshall	2:16.67	Martin, MacMillan	Olivia Lehman	NCAA Champs
Courtney Clarke	at Carolina College	p2:17.40	Adkins, Parker, at Frank Elm	Carly Alexander	at CAA Champs
Erin Dougherty	vs. Liberty	2:19.76	Bosek, Long	Carly Alexander	at Marshall
			<b>200 Medley Relay</b>	Danni Wilson	vs. Richmond
			(Edsall, Won, Dubai, Gingham, 2013)	Olivia Lehman	at JMU Invite
			NCAA A-1:37.46; B-1:37.96	Carly Alexander	at Nike Cup
			<b>Athlete</b>	Vivian Ross	vs. Liberty
			<b>Event</b>	Carly Alexander	at JMU Invite
			<b>Time</b>	Vivian Ross	at La Salle
			Haddock, Parker, at Frank Elm	Danni Wilson	at JMU Invite
			Tremols, Czulada	Danni Wilson	at Marshall
			Edsall, Parker, vs. Liberty	Vivian Ross	at CAA Pod
			Tremols, Czulada	Danni Wilson	at Clemson
			Edsall, Presgraves, at Frank Elm	Danni Wilson	at Nike Cup
			Clarke, Molano	Danni Wilson	at CAA Champs
			Ortman, Harper, vs. Liberty	Carly Alexander	NCAA Zones
			Vieni, Barney	Vivian Ross	at Nike Cup
			Warhol, Parker, at CAA Pod		
			Martin, Czulada		
			Ortman, Murphy, at Frank Elm		
			Vieni, Barney		
			Edsall, Presgraves, at CAA Pod		
			Vieni, Barney		
			Clarke, Murphy, vs. Liberty		
			Martin, Breeger		
			Clarke, Murphy, at CAA Pod		
			Tremols, Molano		
			Haddock, Clark, vs. Liberty		
			DiSilvestro, Bosek		
			Haddock, Clark, at CAA Pod		
			DiSilvestro, Long		
			<b>400 Medley Relay</b>		
			(Burns, Won, A. Criscuolo, Gingham, 2013)		
			NCAA A-3:33.89; B-3:35.31		
			<b>Athlete</b>		
			<b>Event</b>		
			<b>Time</b>		
			Warhol, Parker, at CAA Champs		
			Martin, Czulada		
			Warhol, Parker, vs. Richmond		
			Martin, Czulada		
			Warhol, Parker, at CAA Pod		
			Martin, Czulada		
			Clarke, Parker, at Marshall		
			Martin, Molano		
			Ortman, Parker		
			Martin, Molano		
			Tremols, Murphy, at Frank Elm		
			Vieni, MacMillan		
			Ortman, Presgraves, at CAA Pod		
			Breeger, Zielinski		
			Clarke, Harper, at Frank Elm		
			Edsall, Zielinski		
			Warhol, Parker		
			Tremols, Molano		

## 2015-16 Performances by Individual

Danni Wilson			vs. Richmond			187.45			vs. Liberty			3rd			1:45.78			Meet			Place			Time					
/Vivian Ross			at CAA Pod			165.45			at CAA Pod			4th			1:47.96			at Frank Elm			10th			3:30.59					
/Vivian Ross			at Nike Cup			p152.70			at La Salle			2nd			3:57.20			vs. Liberty			7th			3:41.92					
Claire Adkins									400 Medley Relay									800 Freestyle Relay											
100 Freestyle			Place			Time			Place			Time			Place			Time			Place			Time					
Meet			--			56.34			at Marshall			3rd			3:57.75			at Frank Elm			8th			7:38.10					
at La Salle			62nd			p56.49			vs. Richmond			4th			4:00.91			at Frank Elm			8th			7:38.10					
at Frank Elm									at La Salle			2nd			3:57.20														
200 Freestyle									50 Freestyle									Jillian Breeger											
Place			Time			Place			Time			Place			Time			Place			Time			Time					
Meet			34th			p1:55.43			at Marshall			6th			24.95			Meet			51st			2:14.07					
at Frank Elm									vs. Richmond			t3rd			24.65			at Frank Elm			4th			1:48.44					
									at Frank Elm			19th			24.06			vs. Liberty			4th			1:48.44					
<b>500 Freestyle</b>			<b>Place</b>			<b>Time</b>			at CAA Pod			9th			24.80			<b>400 Medley Relay</b>			<b>Place</b>			<b>Time</b>					
Meet			5th			4:53.53			vs. Liberty			4th			24.46			at Marshall			3rd			3:57.75					
at CAA Champs			6th			p4:55.40			at Carolina College			--			p23.85			at CAA Champs			6th			4:05.96					
at CAA Champs			3rd			5:05.99			at Carolina College			15th			24.07			at Marshall			4th			3:54.08					
at Marshall			4th			5:11.28			Meet			<b>100 Freestyle</b>			<b>Place</b>			at CAA Pod			2nd			3:57.20					
vs. Richmond			4th			5:05.51			vs. Richmond			5th			55.05			at La Salle			5th			24.89					
at CAA Pod			4th			5:09.02			at Frank Elm			27th			52.91			at Frank Elm			47th			p25.06					
vs. Liberty			35th			p5:10.95			vs. Liberty			7th			54.49			at La Salle			--			25.14					
at Frank Elm									at La Salle			4th			55.26			at Carolina College			2nd			p24.21					
									at Carolina College			--			p52.97			at Carolina College			--			t24.09					
<b>1000 Freestyle</b>			<b>Place</b>			<b>Time</b>			at Carolina College			15th			53.07			<b>50 Freestyle</b>			<b>Place</b>			<b>Time</b>					
Meet			3rd			10:28.44			Meet			<b>200 Freestyle</b>			<b>Place</b>			at Marshall			5th			24.89					
at Marshall			1st			10:36.10			at Frank Elm			47th			p1:56.75			vs. Richmond			5th			24.94					
vs. Richmond			2nd			10:31.87			at La Salle			4th			2:00.15			at Frank Elm			--			25.14					
vs. Liberty			2nd			10:39.59			at Carolina College			--			p1:57.18			at Carolina College			2nd			p24.21					
at LaSalle									at Carolina College			14th			1:55.59			at Carolina College			--			t24.09					
									Meet			<b>200 Freestyle Relay</b>			<b>Place</b>			Meet			<b>200 IM</b>			<b>Place</b>			<b>Time</b>		
<b>1650 Freestyle</b>			<b>Place</b>			<b>Time</b>			at Marshall			3rd			1:38.12			at Marshall			4th			2:11.04					
Meet			5th			17:00.61			vs. Richmond			3rd			1:39.79			at Frank Elm			45th			p54.01					
at CAA Champs			5th			16:59.74			at Frank Elm			8th			1:35.16			at Carolina College			--			p52.18					
at Frank Elm			3rd			17:33.58			at CAA Pod			3rd			1:36.29			at Carolina College			12th			52.13					
at CAA Pod									at La Salle			--			1:39.86														
400 Freestyle Relay									400 Freestyle Relay									50 Butterfly											
Place			Time			Place			Time			Place			Time			Place			Time			Time					
Meet			11th			3:30.59			at Frank Elm			10th			3:30.28			Meet			5th			24.67					
vs. Liberty			7th			3:46.78			at CAA Pod									at La Salle			--			27.10					
									vs. Liberty			5th			3:35.40			at Frank Elm			10th			56.82					
									Meet			<b>400 Freestyle Relay</b>			<b>Place</b>			at Marshall			<b>100 Freestyle</b>			<b>Place</b>			<b>Time</b>		
<b>200 IM</b>			<b>Place</b>			<b>Time</b>			at Frank Elm			4th			3:36.48			at Marshall			2nd			58.15					
Meet			--			p2:14.95			at CAA Pod			--						vs. Richmond			3rd			p58.75					
at Carolina College			15th			2:12.44			at La Salle			--						at Frank Elm			4th			58.45					
at Carolina College									vs. Liberty			4th			3:36.48			vs. Liberty			11th			59.76					
									Meet			<b>100 Butterfly</b>			<b>Place</b>			at Carolina College			--			p57.15					
<b>400 IM</b>			<b>Place</b>			<b>Time</b>			at Frank Elm			5th			3:35.40			at Carolina College			12th			52.13					
Meet			9th			4:21.68			at CAA Pod			4th			3:36.48			at Marshall			2nd			58.15					
at CAA Champs			9th			p4:26.29			at La Salle			--						vs. Richmond			3rd			p58.75					
at CAA Pod			3rd			4:34.81			at Carolina College			15th			53.07			at Frank Elm			4th			58.45					
									at Carolina College			--						at Carolina College			11th			59.76					
<b>800 Freestyle Relay</b>			<b>Place</b>			<b>Time</b>			at Frank Elm			10th			3:30.28			at Carolina College			12th			p57.15					
Meet			8th			7:38.62			at CAA Pod			3rd			1:36.29			at Carolina College			12th			52.13					
at Frank Elm									at La Salle			--			1:39.86			at Frank Elm			45th			p54.01					
									Meet			<b>400 Freestyle Relay</b>			<b>Place</b>			at Marshall			4th			2:11.04					
<b>200 Freestyle Relay</b>			<b>Place</b>			<b>Time</b>			at Frank Elm			4th			3:36.48			at Marshall			4th			2:11.04					
Meet			4th			1:40.93			at CAA Pod			--						at Frank Elm			45th			p54.01					
at Marshall									at La Salle			--						at Carolina College			--			p52.18					
									Meet			<b>100 Breaststroke</b>			<b>Place</b>			at Carolina College			12th			52.13					
at Carolina College			--			p1:10.24			at Frank Elm			34th			p24.45			at Marshall			5th			3:35.40					
at Carolina College			15th			1:09.69			at La Salle			6th			26.32			at Frank Elm			11th			3:30.59					
									vs. Liberty			--			25.80			at CAA Pod			4th			3:36.48					
									at Carolina College			--			p24.58			vs. Liberty			10th			56.82					
Carly Alexander									Lindsay Bosek									Ashley Clark											
1-Meter Diving			Place			Score			200 Medley Relay			Place			Time			200 Freestyle Relay			Place			Time					
Meet			58th			p163.55			Meet			7th			1:53.77			Meet			3rd			1:39.79					
at NCAA Zones			5th			249.710			at Marshall			4th			4:02.53			at Frank Elm			12th			1:37.38					
at CAA Champs			5th			p245.65			vs. Richmond			--			4:02.09			vs. Liberty			--			1:40.85					
at CAA Champs			2nd			244.65			at Frank Elm			4th			4:04.71			at CAA Pod			3rd			1:39.79					
at Marshall			2nd			267.65			vs. Liberty			--						at Carolina College			11th			59.76					
vs. Richmond			1st			z294.90			at La Salle			50 Freestyle			Place			at Carolina College			10th			56.82					
vs. Liberty			4th			251.95			at Carolina College			Place			Time			at Frank Elm			12th			p57.15					
at CAA Pod			3rd			249.97			at Carolina College			34th			p24.45			at Marshall			11th			59.76					
at LaSalle			19th			p231.15			Meet			6th			26.32			vs. Richmond			12th			1:37.38					
at Nike Cup			19th			211.45			at Frank Elm			--			25.80			at Frank Elm			--			1:40.85					
at JMU Invite									at La Salle			--			p24.58			at CAA Pod			4th			3:36.48					
									at Carolina College			100 Freestyle			Place			at Frank Elm			5th			3:35.40					
									Meet			7th			2:00.61			vs. Liberty			10th			56.82					
<b>3-Meter Diving</b>			<b>Place</b>			<b>Score</b>			at Marshall			4th			4:02.53			at Marshall			11th			3:30.59					
Meet			32nd			p222.85			vs. Richmond			--			4:02.09			at Frank Elm			12th			1:37.38					
at NCAA Zones			4th			263.75			at Frank Elm			4th			4:04.71			at CAA Pod			12th			p57.15					
at CAA Champs			4th			p250.45			at CAA Pod			50 Freestyle			Place			at Carolina College			12th			p57.15					
at CAA Champs			2nd			233.85			at Carolina College			Place			Time			at Carolina College			12th			p57.15					
at Marshall			2nd			270.15			at Carolina College			34th			p24.45			at Marshall			11th			3:30.59					
vs. Richmond			2nd			252.35			Meet			6th			26.32			vs. Richmond			12th			1:37.38					
at CAA Pod			3rd			252.35			at Frank Elm			14th			1:59.44			at Frank Elm			12th			1:37.38					
at CAA Pod			2nd			289.50			at Carolina College			--			p1:53.89			at La Salle			12th			1:37.38					
vs. Liberty			2nd			256.05			at Carolina College			6th			1:52.95			at Carolina College			12th			1:37.38					
at La Salle			24th			p217.10			Meet			23rd			5:05.64			at Carolina College			12th			1:37.38					
at Nike Cup			8th			249.85			at Frank Elm			--			p5:01.22			at Carolina College			12th			1:37.38					
at JMU Invite									at Carolina College			7th			5:00.07			at Carolina College			12th			1:37.38					
									at Carolina College			200 Freestyle Relay			Place			at Marshall			12th			1:37.38					
									at Marshall			Place			Time			at Frank Elm			12th			1:37.38					
<b>Katie Barney</b>			<b>Place</b>			<b>Time</b>			at Frank Elm			3rd			1:38.12			at Frank Elm			12th			1:37.38					
200 Medley Relay			15th			1:47.73			vs. Richmond			1st			1:37.01			at La Salle			12th			1:37.38					
Meet			at Frank Elm						at La Salle			--			1:39.86			Meet			6th			59.90					
at Frank Elm									400 Freestyle Relay									at Marshall											
\$-school record			p-prelim time			r-relay leadoff			t-time trial																				
A-NCAA "A" Cut			B-NCAA "B" Cut			Z-NCAA Zone Diving Qualifying Standard																							

## 2015-16 Performances by Individual

vs. Richmond	8th	1:00.50	at Carolina College	10th	23.63	Meet	Place	Time
at Frank Elm	25th	57.47		100 Freestyle		vs. Liberty	8th	2:19.76
vs. Liberty	--	1:00.93	Meet	Place	Time		400 IM	
at Carolina College	--	p58.19	at CAA Champs	4th	50.13	Meet	Place	Time
	200 Freestyle Relay		at CAA Champs	3rd	p50.18	at Carolina College	--	p4:48.30
Meet	Place	Time	vs. Richmond	1st	53.58		100 Freestyle	
at Marshall	4th	1:40.93	at Frank Elm	9th	50.60	Meet	Place	Time
vs. Richmond	4th	1:41.43	at CAA Pod	2nd	51.60	vs. Richmond	--	57.60
at Frank Elm	12th	1:37.38	vs. Liberty	2nd	52.17		200 Freestyle	
at La Salle	--	1:39.47	at La Salle	1st	53.09	Meet	Place	Time
	400 Freestyle Relay			200 Freestyle		at Carolina College	1st	t1:58.72
Meet	Place	Time	Meet	Place	Time		500 Freestyle	
at Frank Elm	16th	3:33.82	at CAA Champs	5th	1:49.49	Meet	Place	Time
at CAA Pod	--	3:41.92	at CAA Champs	6th	p1:50.62	at Carolina College	--	p5:17.96
	200 IM		at Marshall	2nd	1:53.00			
Meet	Place	Time	at Frank Elm	17th	1:50.58		Kacy Edsall	
at CAA Pod	15th	2:16.25		200 Medley Relay			50 Backstroke	
	100 Breaststroke		Meet	Place	Time	Meet	Place	Time
Meet	Place	Time	at CAA Champs	DQ	--	at La Salle	2nd	27.56
at CAA Pod	16th	1:12.93	at Frank Elm	6th	1:44.68	at Carolina College	1st	t26.99
			at CAA Pod	2nd	1:46.50		100 Backstroke	
			vs. Liberty	2nd	1:45.32	Meet	Place	Time
	200 Medley Relay			400 Medley Relay		at CAA Champs	16th	56.99
Meet	Place	Time	at CAA Champs	Place	Time	at CAA Champs	15th	p56.76
at Frank Elm	10th	1:45.68	vs. Richmond	2nd	3:40.55	vs. Richmond	3rd	59.54
vs. Liberty	4th	1:48.44	at CAA Pod	1st	3:50.40	at Frank Elm	17th	57.57
at CAA Pod	--	1:49.52	at CAA Pod	1st	3:50.86	vs. Liberty	4th	59.46
	400 Medley Relay			200 Freestyle Relay		at CAA Pod	10th	59.94
Meet	Place	Time	Meet	Place	Time		200 Backstroke	
at Marshall	1st	3:51.85	at CAA Champs	2nd	1:32.28	Meet	Place	Time
vs. Richmond	4th	4:00.91	at Marshall	1st	1:35.41	at CAA Champs	18th	p2:03.28
at Frank Elm	14th	3:55.88	vs. Richmond	1st	1:37.01	at Frank Elm	22nd	2:06.84
at CAA Pod	--	4:02.09	vs. LaSalle	--	1:40.85	at CAA Pod	13th	2:13.17
	50 Freestyle			400 Freestyle Relay			50 Freestyle	
Meet	Place	Time	Meet	Place	Time	Meet	Place	Time
at Frank Elm	69th	p27.13	at CAA Champs	1st	3:20.51	at Carolina College	5th	t25.01
	50 Backstroke		at Frank Elm	2nd	3:24.76	at Carolina College	--	p25.19
at Carolina College	2nd	t27.22	at CAA Pod	2nd	3:28.44		50 Butterfly	
	100 Backstroke		vs. Liberty	1st	3:30.00	Meet	Place	Time
Meet	Place	Time				vs. LaSalle	1st	26.86
at CAA Champs	9th	55.63		Brianna DiSilvestro		at Carolina College	--	t26.25
at CAA Champs	12th	56.14		200 Medley Relay			100 Butterfly	
at Marshall	2nd	58.04	Meet	Place	Time	Meet	Place	Time
at Frank Elm	18th	57.84	vs. Liberty	7th	1:53.77	at CAA Champs	20th	p57.21
	200 Backstroke		at CAA Pod	--	1:54.47	vs. Richmond	3rd	58.29
Meet	Place	Time		50 Freestyle		at Frank Elm	20th	57.53
at Marshall	3rd	2:05.94	Meet	Place	Time	vs. Liberty	--	59.77
	50 Butterfly		at Frank Elm	71st	p27.88	at Carolina College	--	p58.05
Meet	Place	Time	at Carolina College	--	p26.65		200 Freestyle Relay	
vs. LaSalle	--	27.70		100 Freestyle		Meet	Place	Time
at Carolina College	1st	t26.33	Meet	Place	Time	vs. Richmond	4th	1:41.43
	100 Butterfly		at Marshall	--	1:01.34	vs. LaSalle	--	1:40.85
Meet	Place	Time	at Carolina College	--	p58.20		200 Medley Relay	
at CAA Champs	12th	55.87	at Carolina College	14th	57.74	Meet	Place	Time
at CAA Champs	14th	p56.54		100 Backstroke		at CAA Champs	DQ	--
vs. Richmond	--	59.16	Meet	Place	Time	vs. Liberty	2nd	1:45.32
at Frank Elm	15th	57.85	at Carolina College	--	t59.50	at Frank Elm	10th	1:45.68
vs. Liberty	5th	59.16		50 Butterfly		at CAA Pod	4th	1:47.96
at CAA Pod	13th	59.80		Place	Time		400 Medley Relay	
	200 Butterfly		at La Salle	--	27.68	Meet	Place	Time
Meet	Place	Time	at Carolina College	2nd	t26.35	at Marshall	3rd	3:57.75
at CAA Champs	12th	2:04.03		100 Butterfly		at Frank Elm	14th	3:55.98
at CAA Champs	11th	p2:04.09	Meet	Place	Time		Kali Edsall	
vs. Richmond	4th	2:09.45	vs. Richmond	--	1:01.81		50 Freestyle	
vs. Liberty	4th	2:10.2	at Frank Elm	37th	p59.40	Meet	Place	Time
at CAA Pod	11th	2:10.72	vs. Liberty	--	1:01.45	at Frank Elm	51st	p25.43
at La Salle	2nd	2:11.87	at Carolina College	--	p58.20	at Carolina College	--	p25.12
	200 Freestyle Relay			200 Butterfly			200 Freestyle Relay	
Meet	Place	Time	at Marshall	Place	Time	Meet	Place	Time
at Marshall	4th	1:40.93	vs. Richmond	6th	2:12.50	vs. Richmond	3rd	1:39.79
	200 IM		at Frank Elm	6th	2:14.60		100 Backstroke	
Meet	Place	Time	at CAA Pod	20th	2:08.60	Meet	Place	Time
at Carolina College	--	p2:17.40	vs. Liberty	14th	2:13.87	at Marshall	6th	1:01.12
			at La Salle	7th	2:14.02			
			at Carolina College	4th	2:15.71			
			at Carolina College	--	p2:07.51			
				8th	2:08.29			
							Logan Haddock	
	50 Freestyle			1000 Freestyle			200 Medley Relay	
Meet	Place	Time	Meet	Place	Time	Meet	Place	Time
at CAA Champs	3rd	23.03	at Marshall	8th	11:04.40	vs. Liberty	7th	1:53.77
at CAA Champs	3rd	p\$B22.95	vs. Richmond	6th	10:58.18	at CAA Pod	--	1:54.47
vs. Richmond	1st	24.00	vs. Liberty	7th	11:11.80		400 Medley Relay	
at Frank Elm	10th	23.43		200 IM		Meet	Place	Time
vs. Liberty	1st	23.81				at Marshall	4th	4:02.53
at La Salle	1st	24.02				vs. Richmond	6th	4:05.96
at CAA Pod	3rd	23.98						
at Carolina College	--	p23.77						

## Z-NCAA Zone Diving Qualifying Standard

## 2015-16 Performances by Individual

at CAA Pod at La Salle		4:03.16 4:04.71	Meet at Frank Elm at La Salle at Carolina College	50 Freestyle Place 54th	Time p54.65 27.37 p24.99	vs. Liberty Meet at CAA Pod	7th 400 Medley Relay Place --	3:46.78 Time 4:03.16
Meet vs. LaSalle	50 Backstroke Place --	Time 28.28					200 Medley Relay Place --	Time 1:54.47
Meet at CAA Champs vs. Richmond at Frank Elm at CAA Pod	100 Backstroke Place 19th 5th 13th 8th	Time p56.97 1:00.32 57.17 59.47	Meet at Frank Elm at CAA Pod	400 Freestyle Relay Place 10th 5th	Time 3:30.28 3:35.40	Meet at CAA Pod	400 Freestyle Relay Place 16th --	Time 3:33.82 3:41.92
Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty	200 Backstroke Place 12th 14th 4th 5th 11th 6th 6th	Time 2:01.54 p2:01.46 2:07.41 2:10.54 2:03.41 2:06.94 2:11.31	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	200 IM Place 3rd 4th 3rd 1st 23rd 3rd 4th --	Time 2:02.85 p2:0344 2:09.72 2:09.35 2:09.79 2:08.80 2:11.17 2:09.36	Meet at Frank Elm	800 Freestyle Relay Place 8th	Time 7:38.10
Meet at Carolina College	50 Freestyle Place 7th	Time 25.42	Meet at Carolina College	400 IM Place --	Time p4:35.83		Quinn MacMillan 100 Freestyle Place 7th 5th 3rd 33rd	Time 51.04 p50.51 52.96 p52.96
Meet at La Salle	100 Freestyle Place --	Time 56.06	Olivia Lehman 1-Meter Diving Place 40th 1st 2nd 1st 1st 1st 1st 5th 2nd 2nd 11th	Score p246.90 z295.30 pz290.30 z290.45 p318.35 z294.15 251.85 z291.10 z287.40 z269.25 251.92 236.10	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at CAA Pod at Frank Elm vs. Liberty Meet at CAA Champs at Marshall at Frank Elm at CAA Pod at La Salle	200 Freestyle Place 1st 3rd 4th 2nd 1st 10th 2nd	Time \$B1:46.92 p1:49.66 1:54.33 1:53.34 1:50.94 1:51.98 1:54.42	
Meet at Carolina College	500 Freestyle Place --	Time p5:14.84	Meet at Marshall at Nike Cup vs. Liberty at CAA Pod at La Salle at JMU Invite	3-Meter Diving Place 49th 9th 7th 2nd 2nd 2nd 1st 1st 6th 1st 1st 3rd 7th	Score p249.85 250.95 p293.35 304.45 p286.65 z299.40 274.86 z298.00 270.20 z291.65 232.95 250.25	Meet at CAA Champs at Frank Elm at CAA Pod vs. Liberty Meet at CAA Champs at CAA Champs at Marshall at Frank Elm at CAA Pod at La Salle	200 Freestyle Relay Place 2nd 1st 8th 3rd --	Time 1:32.28 1:35.41 1:35.16 1:36.29 1:39.4
Meet at Marshall at La Salle	200 Freestyle Relay Place 3rd --	Time 1:38.12 1:39.47	Meet at Frank Elm at CAA Pod vs. Liberty	400 Freestyle Relay Place 16th -- 4th	Time 3:33.82 3:41.92 3:36.48	Meet at Frank Elm at CAA Pod vs. Liberty	400 Freestyle Relay Place 1st 2nd 2nd 1st	Time 3:20.51 3:24.76 3:28.44 3:30.00
Meet at Frank Elm	200 Medley Relay Place 6th	Time 1:44.68	Meet at CAA Champs at CAA Champs at CAA Champs at CAA Champs at Marshall at Nike Cup at CAA Pod vs. Liberty at La Salle at JMU Invite	200 Medley Relay Place 1st 6th 1st 1st 3rd 7th	Time 2:29.40 274.86 z298.00 270.20 z291.65 232.95 250.25	Meet at CAA Champs at CAA Champs at Marshall at Frank Elm at CAA Pod at La Salle	800 Freestyle Relay Place 1st 400 Medley Relay Place 11th	Time 7:13.51 3:52.04
at Carolina College at Carolina College	50 Butterfly 2nd 7th	t27.16 t27.62				Meet at Frank Elm vs. Richmond at Carolina College at Carolina College	50 Freestyle Place 6th 1st --	Time 2:16.35 t23.98 p24.43
Shannon Harper 200 Medley Relay Place 3rd	Time 1:45.78		Kelly Long 1000 Freestyle Place 7th 4th	Score 10:49.30 10:42.20	Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm at CAA Pod vs. Liberty	500 Freestyle Place 1st 2nd 1st 18th 1st 1st	Time \$4:48.75 p4:51.51 5:07.44 5:00.82 5:03.51 5:06.24	
Meet vs. Liberty	400 Medley Relay Place 14th --	Time 3:55.98 4:03.16	Meet at Marshall vs. Richmond	200 Freestyle Place 5th -- 12th	Score 2:02.01 p1:58.57 1:54.54	Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm at CAA Pod vs. Liberty	50 Freestyle Place 7th 2nd	Time 24.53 24.89
Meet at Marshall vs. Liberty at Carolina College at Carolina College	100 Breaststroke Place 4th 4th -- 12th	Time 1:07.88 1:07.53 p1:08.11 1:07.53	Meet at La Salle at Carolina College at Carolina College	500 Freestyle Place 8th 52nd -- 8th	Time 5:20.16 p5:18.01 p5:01.61 5:01.20	Meet at CAA Pod vs. La Salle	Cameron Martin 100 Butterfly Place 5th 7th 2nd 5th 2nd -- 11th	Time 55.36 p55.47 58.04 57.96 58.14 p57.40 56.87
Meet at CAA Champs vs. Richmond at Frank Elm at CAA Pod	200 Breaststroke Place 19th 4th	Time p2:22.36 2:27.74	Meet at Marshall at Frank Elm at Carolina College at Carolina College	100 Freestyle Place -- 65th -- -- --	Time 56.96 p57.26 56.43 58.20 p55.69	Meet at CAA Champs at CAA Champs vs. Richmond at CAA Pod vs. Liberty at Carolina College at Carolina College	200 Butterfly Place 4th 3rd 2nd 1st 3rd	Time 2:02.11 p2:01.76 2:03.70 2:05.75 2:07.01
Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm at CAA Pod	100 Freestyle Place 11th 8th	Time 54.51 54.57	Meet at Frank Elm	200 Freestyle Relay Place 52nd --	Time 1:57.89 1:40.85	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at CAA Pod		
Meet at Carolina College	50 Butterfly Place 5th	Time t26.95	Meet at Frank Elm at La Salle	400 Freestyle Relay Place --	Time --			
Meet at Marshall	100 Butterfly Place 3rd	Time 58.36	Meet					

t-time trial

## Z-NCAA Zone Diving Qualifying Standard



# 2015-16 Performances by Individual

at Frank Elm vs. Liberty	14th 1st	2:07.30 2:07.61	Meet at Carolina College	100 Breaststroke Place --	Time p1:12.93	vs. Richmond at Frank Elm at CAA Pod at La Salle	4th 11th -- 4th	4:00.91 3:52.04 4:02.09 4:04.71
Meet at CAA Pod vs. Liberty	200 Medley Relay Place 2nd 4th	Time 1:46.50 1:48.44	Taryn McLaughlin			Meet at CAA Champs at Marshall at Frank Elm	200 IM Place 26th 8th 50th	Time p2:12.39 2:16.67 2:13.81
Meet at CAA Champs at Marshall vs. Richmond at CAA Pod at Frank Elm at La Salle	400 Medley Relay Place 2nd 1st 1st 10th 4th	Time 3:40.55 3:51.85 3:50.40 3:50.86 3:51.86 4:04.71	Meet at La Salle	1-Meter Diving Place 1st	Score z278.77	Meet vs. LaSalle	50 Breaststroke Place 4th	Time 32.97
Meet at Marshall vs. Richmond	200 Freestyle Relay Place 3rd 4th	Time 1:38.12 1:41.43	Meet at CAA Champs at CAA Champs at Frank Elm vs. Liberty	3-Meter Diving Place 1st	Score 295.80	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty	100 Breaststroke Place 11th 13th 5th 4th 17th 7th 6th	Time 1:04.37 p1:04.80 1:09.66 1:08.37 1:05.48 1:07.81 1:09.67
Meet at Frank Elm vs. Liberty	400 Freestyle Relay Place 11th 4th	Time 3:30.59 3:36.48	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty	200 Freestyle Place 7th 8th 7th 7th	Time 1:50.89 p1:51.24 1:51.63 1:57.97	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty	200 Breaststroke Place 10th 10th 3rd 5th 13th 8th 6th 3rd	Time 2:19.69 p2:19.84 2:28.34 2:28.60 2:21.33 2:25.46 2:30.19 2:29.62
Meet at CAA Champs	800 Freestyle Relay Place 1st	Time 7:13.51	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty	100 Freestyle Place 9th 9th 5th 2nd 8th 7th 6th	Time 50.88 p51.39 54.18 53.74 51.89 53.89 54.45	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	50 Butterfly Place 8th	Time T28.02
Meet at Frank Elm	200 Freestyle Place 43rd	Time p1:56.26	Meet at Frank Elm at CAA Pod	200 Medley Relay Place 10th --	Time 1:45.68 1:49.52	Meet at Carolina College	100 Butterfly Place --	Time p1:02.55
Meet at CAA Champs at CAA Champs at Marshall at Frank Elm at La Salle	500 Freestyle Place 10th 16th 4th 25th 4th	Time 4:56.13 p4:59.15 5:06.61 5:02.52 5:07.88	Meet at Marshall vs. Richmond at Frank Elm at La Salle	400 Medley Relay Place 1st 3rd 10th 1st	Time 3:51.85 3:56.53 3:51.86 3:56.07	Meet at Carolina College	50 Freestyle Place --	Time p27.86
Meet at Carolina College	100 Backstroke Place --	Time p1:00.73	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at Carolina College	50 Freestyle Place 7th 6th 4th 2nd 8th 6th 3rd --	Time 23.32 p23.44 24.68 24.37 23.95 24.61 24.68 t24.31 p24.57	Meet at Carolina College	Abby Ortman	
Meet at Carolina College at Carolina College	200 IM Place -- 13th	Time p2:12.31 2:12.03	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at Carolina College	100 Butterfly Place --	Time p1:00.50	Meet at Frank Elm at La Salle at Carolina College at Carolina College	200 Medley Relay Place 3rd 15th	Time 1:45.78 1:47.73
Maddie Massey			Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	50 Butterfly Place -- 1st	Time 27.12 t26.71	Meet at CAA Champs at CAA Champs at CAA Champs at CAA Pod	400 Medley Relay Place 3rd 10th 4th 2nd	Time 3:56.53 3:51.86 3:54.08 3:57.20
Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	200 Butterfly Place 11th 9th 5th 5th 9th 8th 5th 3rd	Time 2:03.91 p2:03.63 2:08.13 2:09.72 2:04.82 2:10.13 2:11.50 2:12.97	Meet vs. LaSalle at Carolina College	100 Butterfly Place --	Time p1:00.50	Meet at Frank Elm at La Salle at Carolina College at Carolina College	200 IM Place 34th -- -- 12th	Time p2:11.71 2:14.20 p2:12.54 2:11.92
Meet at La Salle	50 Butterfly Place --	Time 27.78	Meet at Carolina College	200 Freestyle Relay Place 2nd 1st 1st 8th 3rd --	Time 1:32.28 1:35.41 1:37.01 1:35.16 1:36.29 1:39.47	Meet at CAA Champs at CAA Champs at CAA Champs at CAA Pod	400 IM Place 14th 12th 7th	Time 4:27.33 p4:28.26 4:37.79
Meet at CAA Pod at La Salle at Carolina College at Carolina College	200 IM Place 13th -- -- 14th	Time 2:14.84 2:15.14 p2:13.84 2:12.14	Meet at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at La Salle	400 Freestyle Relay Place 1st 2nd 2nd 1st	Time 3:20.51 3:24.76 3:28.44 3:30.00	Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm vs. Liberty at CAA Pod	100 Backstroke Place 6th 16th 2nd 19th 3rd 7th	Time 55.27 p55.55 58.77 58.27 58.36 58.87
Meet at CAA Champs at CAA Champs at Frank Elm at CAA Pod	400 IM Place 4th 4th 5th 5th	Time 4:20.29 p4:23.30 4:25.30 4:35.21	Meet at CAA Champs at Frank Elm at CAA Pod vs. Liberty	800 Freestyle Relay Place 1st	Time 7:13.51	Meet at CAA Champs at CAA Champs vs. Richmond vs. Liberty at La Salle	200 Backstroke Place 9th 12th 1st 5th 1st	Time 2:00.43 p2:01.33 2:08.23 2:07.87 2:07.39
Meet vs. Richmond vs. Liberty	100 Butterfly Place -- --	Time 1:01.26 1:01.10	Meet at CAA Champs	Maddy Murphy			100 Butterfly Place 42nd --	Time p59.86 p1:00.09
Meet at CAA Champs at Marshall at Frank Elm	500 Freestyle Place 18th 7th 7th	Time p4:59.75 5:1274 4:58.06	Meet at Frank Elm vs. Liberty at CAA Pod	200 Medley Relay Place 15th 4th --	Time 1:47.73 1:48.44 1:49.52	Meet at Frank Elm at Carolina College	Madison Oster	
Meet vs. Richmond	400 Medley Relay Place 6th	Time 4:05.96	Meet at Marshall	400 Medley Relay Place 4th	Time 4:02.53	1650 Freestyle		

\$-school record	p-prelim time	r-relay leadoff	t-time trial
A-NCAA "A" Cut	B-NCAA "B" Cut	Z-NCAA Zone Diving Qualifying Standard	



# 2015-16 Performances by Individual

Meet	Place	Time	at Carolina College	4th	t26.73	200 Backstroke	Place	Time	
at Frank Elm	10th	17:12.91		100 Butterfly		at CAA Champs	19th	2:03.30	
at CAA Pod	5th	17:45.21	Meet	Place	Time	at Frank Elm	14th	2:04.61	
	1000 Freestyle		at Carolina College	--	p57.61	at La Salle	3rd	2:13.44	
Meet	Place	Time	Amanda Presgraves			50 Butterfly	Place	Time	
at Marshall	5th	10:39.26		400 Medley Relay		at Carolina College	3rd	t26.57	
vs. Richmond	5th	10:49.16				100 Butterfly	Place	Time	
vs. Liberty	5th	10:50.24	Meet	Place	Time				
at LaSalle	3rd	10:52.97	at Marshall	3rd	3:57.75				
	500 Freestyle		vs. Richmond	3rd	3:56.53	Meet	Place	Time	
Meet	Place	Time	at CAA Pod	4th	3:54.08	at CAA Champs	11th	55.86	
vs. Richmond	8th	5:21.33	at La Salle	2nd	3:57.20	at CAA Champs	9th	p56.16	
at CAA Pod	9th	5:12.57		50 Breaststroke		at Marshall	7th	59.92	
vs. Liberty	8th	5:19.60	Meet	Place	Time	vs. Richmond	7th	1:00.21	
at La Salle	5th	5:21.33	vs. LaSalle	1st	31.63	at Frank Elm	10th	56.26	
at Carolina College	--	p5:01.44		100 Breaststroke		vs. Liberty	6th	59.29	
at Carolina College	6th	4:58.73	Meet	Place	Time	200 IM	Place	Time	
	200 Freestyle		at CAA Champs	9th	1:03.91	Meet	Place	Time	
Meet	Place	Time	at CAA Champs	11th	p1:04.46	vs. Richmond	5th	2:16.26	
at Frank Elm	49th	1:57.46	at Marshall	2nd	1:06.40	at Frank Elm	21st	2:08.38	
at Carolina College	--	p1:58.01	vs. Richmond	2nd	1:05.86	200 Freestyle Relay	Place	Time	
at Carolina College	10th	1:53.99	at Frank Elm	8th	1:04.49		Place	Time	
	100 Freestyle		at CAA Pod	2nd	1:05.66	Meet			
Meet	Place	Time	at Carolina College	--	p1:06.74	at Marshall	4th	1:40.93	
vs. Richmond	--	57.01		200 Breaststroke		at Carolina College	--	p1:11.00	
	400 Freestyle Relay		Meet	Place	Time	at Carolina College	16th	1:10.40	
Meet	Place	Time	at CAA Champs	9th	2:16.40	Jennifer Vieni			
vs. Liberty	7th	3:46.78	at CAA Champs	11th	p2:19.88	200 Medley Relay	Place	Time	
	Katie Parker		at Marshall	1st	2:21.46		Place	Time	
	100 Breaststroke		vs. Richmond	2nd	2:22.54	Meet	Place	Time	
Meet	Place	Time	at Frank Elm	8th	2:20.86	at Frank Elm	15th	1:47.73	
at CAA Champs	t3rd	B1:02.19	at CAA Pod	2nd	2:22.19	vs. Liberty	3rd	1:45.78	
at CAA Champs	4th	p1:02.62	vs. Liberty	3rd	2:23.25	at CAA Pod	4th	1:47.96	
at Marshall	1st	1:06.17	at La Salle	2nd	2:24.32		400 Medley Relay	Place	Time
vs. Richmond	1st	1:04.28		200 Medley Relay		Meet	Place	Time	
at Frank Elm	10th	1:04.89	Meet	Place	Time	vs. Richmond	4th	4:00.91	
at CAA Pod	1st	1:04.95	at Frank Elm	10th	1:45.68	at Frank Elm	11th	3:52.04	
	200 Breaststroke		at CAA Pod	4th	1:47.96		50 Backstroke	Place	Time
Meet	Place	Time	Meet	Place	Time	Meet	Place	Time	
at CAA Champs	3rd	B2:13.16	vs. Richmond	4th	1:41.43	at La Salle	--	28.79	
at CAA Champs	3rd	pB2:15.32		50 Freestyle		Meet	Place	Time	
at Marshall	1st	2:22.27	Meet	Place	Time		Place	Time	
vs. Richmond	1st	2:20.73	at Carolina College	8th	t26.31	Meet	Place	Time	
at Frank Elm	10th	2:20.30	at Carolina College	--	p26.31	at La Salle	2nd	27.05	
at CAA Pod	1st	2:19.93		Vivian Ross		at Carolina College	5th	t26.95	
vs. Liberty	2nd	2:22.56		1-Meter Diving		Meet	Place	Time	
at La Salle	1st	2:22.87		Place	Score	at CAA Champs	19th	p57.17	
	200 Freestyle		Meet	Place	Score	at Frank Elm	24th	58.26	
Meet	Place	Time	vs. Liberty	3rd	221.75	at CAA Pod	6th	58.09	
vs. LaSalle	1st	1:56.67	at La Salle	7th	203.17	Meet	Place	Time	
	200 IM		at CAA Pod	7th	200.90	at Carolina College	--	p26.59	
Meet	Place	Time	at Nike Cup	38th	p150.15		100 Freestyle	Place	Time
at CAA Champs	1st	B2:00.26		3-Meter Diving		Meet	Place	Time	
at CAA Champs	2nd	p2:02.26	Meet	Place	Score	at CAA Champs	20th	p52.45	
at Marshall	2nd	2:07.10	at CAA Pod	9th	165.45	at Frank Elm	32nd	53.84	
vs. Richmond	2nd	2:09.95	vs. Liberty	3rd	233.85		200 Freestyle	Place	Time
at Frank Elm	6th	2:06.01	at La Salle	7th	189.82	Meet	Place	Time	
at CAA Pod	1st	2:07.26	at Nike Cup	37th	p152.70	at Carolina College	--	p1:58.53	
vs. Liberty	2nd	2:08.38		Nina Tremols		200 Freestyle Relay	Place	Time	
	200 Medley Relay		Meet	Place	Time		Place	Time	
Meet	Place	Time	at CAA Champs	DQ	--	Meet	Place	Time	
at CAA Champs	DQ	--	at Frank Elm	6th	1:44.68	vs. Richmond	3rd	1:39.79	
at Frank Elm	6th	1:44.68	vs. Liberty	2nd	1:45.32	at Frank Elm	12th	1:37.38	
at CAA Pod	2nd	1:46.50	at CAA Pod	--	1:49.52	at La Salle	--	1:39.86	
vs. Liberty	2nd	1:45.32		400 Medley Relay		Meet	Place	Time	
	400 Medley Relay		Meet	Place	Time	at Frank Elm	10th	3:30.28	
Meet	Place	Time	vs. Richmond	3rd	3:56.53	at CAA Pod	5th	3:35.40	
at CAA Champs	2nd	3:40.55	at Frank Elm	11th	3:52.04		200 Backstroke	Place	Time
at Marshall	1st	3:51.85	at CAA Pod	--	4:02.09	Meet	Place	Time	
vs. Richmond	1st	3:50.40	at La Salle	1st	3:56.07	at CAA Champs	23rd	2:05.63	
at CAA Pod	1st	3:50.86		50 Freestyle		vs. Richmond	2nd	2:08.65	
at Frank Elm	10th	3:51.86	Meet	Place	Time	at CAA Pod	5th	2:06.10	
at La Salle	1st	3:56.07	vs. Liberty	3rd	3:56.07	vs. Liberty	4th	2:07.16	
	400 Freestyle Relay		at Nike Cup	37th	p152.70	at La Salle	2nd	2:08.74	
Meet	Place	Time		50 Backstroke		at Frank Elm	20th	2:06.75	
at Frank Elm	11th	3:30.59	Meet	Place	Time		200 IM	Place	Time
	800 Freestyle Relay		at Carolina College	--	p26.71	Meet	Place	Time	
Meet	Place	Time	vs. LaSalle	Place	Time	at Frank Elm	55th	2:14.82	
at Frank Elm	8th	7:38.10		100 Backstroke		vs. Liberty	6th	2:13.01	
	800 Freestyle Relay		Meet	Place	Time		100 Backstroke	Place	Time
Meet	Place	Time	at CAA Champs	18th	p56.82	at Carolina College	--	p59.67	
at Carolina College	--	p57.61	at Marshall	7th	1:01.28	at Carolina College	9th	59.41	
at Carolina College	15th	57.91	at Frank Elm	26th	57.51				
Meet	Place	Time							

\$-school record	p-prelim time	r-relay leadoff	t-time trial
A-NCAA "A" Cut	B-NCAA "B" Cut	Z-NCAA Zone Diving Qualifying Standard	

# 2015-16 Performances by Individual

## MaryElizabeth Warhol

<b>200 Medley Relay</b>			vs. Richmond	2nd	5:09.62
<b>Meet</b>	<b>Place</b>	<b>Time</b>	at Frank Elm	28th	5:05.91
at CAA Pod	2nd	1:46.50	vs. Liberty	3rd	5:08.09
<b>400 Medley Relay</b>			<b>Meet</b>	<b>200 Freestyle Relay</b>	<b>Time</b>
<b>Meet</b>	<b>Place</b>	<b>Time</b>	at CAA Champs	2nd	1:32.28
at CAA Champs	2nd	3:40.55	at Marshall	1st	1:35.41
vs. Richmond	1st	3:50.40	vs. Richmond	1st	1:37.01
at CAA Pod	1st	3:50.86	at Frank Elm	8th	1:35.16
at La Salle	1st	3:56.07	at CAA Pod	3rd	1:36.29
<b>50 Backstroke</b>			at LaSalle	--	1:39.86
<b>Meet</b>	<b>Place</b>	<b>Time</b>	<b>Meet</b>	<b>400 Freestyle Relay</b>	<b>Time</b>
vs. LaSalle	3rd	27.91	at CAA Champs	1st	3:20.51
at Carolina College	3rd	t27.38	at Frank Elm	2nd	3:24.76
at Carolina College	--	t27.20	at CAA Pod	2nd	3:28.44
<b>100 Backstroke</b>			vs. Liberty	1st	3:30.00
<b>Meet</b>	<b>Place</b>	<b>Time</b>	<b>Meet</b>	<b>800 Freestyle Relay</b>	<b>Time</b>
at CAA Champs	--	\$rB54.75	at CAA Champs	1st	7:13.51
at CAA Champs	5th	55.15	<b>400 Medley Relay</b>		
at CAA Champs	5th	p55.41	<b>Meet</b>	<b>Place</b>	<b>Time</b>
vs. Richmond	1st	58.24	at Frank Elm	14th	3:55.98
at Frank Elm	11th	56.90	at CAA Pod	4th	3:54.08
at CAA Pod	2nd	57.24	<b>200 IM</b>		
<b>200 Backstroke</b>			<b>Meet</b>	<b>Place</b>	<b>Time</b>
<b>Meet</b>	<b>Place</b>	<b>Time</b>	at Carolina College	--	p2:09.24
at CAA Champs	3rd	B1:58.24	at Carolina College	9th	2:08.13
at CAA Champs	1st	p\$B1:58.01	<b>100 Butterfly</b>		
at Frank Elm	25th	2:04.86	<b>Meet</b>	<b>Place</b>	<b>Time</b>
vs. Liberty	2nd	2:06.19	at Carolina College	--	p58.03
<b>100 Freestyle</b>					
<b>Meet</b>	<b>Place</b>	<b>Time</b>			
vs. LaSalle	--	55.51			
<b>200 Freestyle</b>					
<b>Meet</b>	<b>Place</b>	<b>Time</b>			
vs. Liberty	5th	1:55.98			

## Danni Wilson

<b>3-Meter Diving</b>		
<b>Meet</b>	<b>Place</b>	<b>Score</b>
at CAA Champs	11th	242.65
at CAA Champs	16th	p207.85
at Clemson	6th	224.47
at Marshall	4th	219.23
vs. Richmond	5th	187.45
at JMU Invite	13th	231.05
<b>1-Meter Diving</b>		
<b>Meet</b>	<b>Place</b>	<b>Score</b>
at CAA Champs	21st	p176.35
at Clemson	8th	179.84
at Marshall	6th	201.00
vs. Richmond	4th	236.75
at Nike Cup	36th	p179.70
at JMU Invite	21st	201.85

## Kristen Zielinski

<b>50 Freestyle</b>		
<b>Meet</b>	<b>Place</b>	<b>Time</b>
at Marshall	1st	24.00
vs. LaSalle	--	25.09
<b>100 Freestyle</b>		
<b>Meet</b>	<b>Place</b>	<b>Time</b>
at CAA Champs	--	rB49.87
at CAA Champs	3rd	50.10
at CAA Champs	2nd	p50.03
at Marshall	1st	51.87
at CAA Pod	4th	52.33
at Frank Elm	21st	52.56
at La Salle	2nd	53.82
<b>200 Freestyle</b>		
<b>Meet</b>	<b>Place</b>	<b>Time</b>
at CAA Champs	2nd	B1:47.94
at CAA Champs	1st	p1:48.04
at Mashall	3rd	1:53.28
vs. Richmond	1st	1:52.17
at Frank Elm	14th	1:53.59
vs. Liberty	1st	1:53.74
at CAA Pod	3rd	1:54.21
at Carolina College	--	p1:55.52
<b>500 Freestyle</b>		
<b>Meet</b>	<b>Place</b>	<b>Time</b>
at CAA Champs	9th	4:51.76
at CAA Champs	12th	p4:58.35

\$-school record

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B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard