

POD Meet A - 11/5/2016**Results****Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 William and Mary, College of-VA	A	NT	1:46.13
1) Sell, Katie K 18	2) Christy, Allie L 21	3) Mack, Abby R 20	4) Miller, Jaimie C 20
26.67 57.91 (31.24)	1:23.14 (25.23)	1:46.13 (22.99)	
2 James Madison University-VA	A	NT	1:46.21
1) Ortman, Abby 20	2) Parker, Katie 20	3) Gring, Mackenzie 18	4) Zhang, Bonnie 19
27.35 56.40 (29.05)	1:22.83 (26.43)	1:46.21 (23.38)	
3 William and Mary, College of-VA	B	NT	1:46.72
1) Rittenhouse, Sophie C 21	2) Valls, Annie C 20	3) Crompton, Georgie R 21	4) Miller, Annie A 19
27.37 57.56 (30.19)	1:22.96 (25.40)	1:46.72 (23.76)	
4 James Madison University-VA	B	NT	1:47.80
1) Clarke, Courtney 20	2) Marsh, Megan C 18	3) Tremols, Nina 21	4) Breeger, Jillian R 19
27.64 57.38 (29.74)	1:23.80 (26.42)	1:47.80 (24.00)	
5 East Carolina University-NC	A	NT	1:48.07
1) Graumann, Logan D 20	2) Early, Lauren C 21	3) Svanbergsson, Anna Maria 23	4) Polich, Erin K 21
27.37 57.85 (30.48)	1:23.74 (25.89)	1:48.07 (24.33)	
6 East Carolina University-NC	B	NT	1:48.95
1) Hague, Taylor L 21	2) Norrman, Vendela 21	3) Gillet, Victoria S 18	4) Johnson, Catherine E 18
27.72 58.42 (30.70)	1:24.86 (26.44)	1:48.95 (24.09)	
7 William and Mary, College of-VA	C	NT	x1:49.02
1) Merrill, Emma C 20	2) Williams, Claire C 19	3) Crowley, Jess M 20	4) Lesser, Nina L 19
27.77 58.23 (30.46)	1:24.41 (26.18)	1:49.02 (24.61)	
8 James Madison University-VA	C	NT	x1:51.42
1) Haddock, Logan C 20	2) Murphy, Maddy 22	3) DiSilvestro, Brianna 20	4) Barney, Katie 21
28.03 59.20 (31.17)	1:26.66 (27.46)	1:51.42 (24.76)	
9 William and Mary, College of-VA	D	NT	x1:51.77
1) Arenz, Kitty I 20	2) Freeman, Lauren D 18	3) Kuwahara, Yuka 18	4) Williams, Margaret E 18
28.97 59.64 (30.67)	1:27.07 (27.43)	1:51.77 (24.70)	

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 East Carolina University-NC	A	NT	1:33.11
1) Taylor, Tristan T 19	2) Craven, Erle B 23	3) Hicks, Will L 21	4) Martins Dos Santos, Victor 19
24.31 50.12 (25.81)	1:12.59 (22.47)	1:33.11 (20.52)	
2 William and Mary, College of-VA	A	NT	1:33.57
1) Grubb, Wyatt A 21	2) Montes De Oca, Alex F 21	3) Baker, Evan A 20	4) Wright, Colin J 18
24.11 50.74 (26.63)	1:12.89 (22.15)	1:33.57 (20.68)	
3 William and Mary, College of-VA	B	NT	1:33.76
1) Demers, Colin D 18	2) Peterson, Brooks E 19	3) Kealy, Tommy D 20	4) Neri, Kyle D 21
24.02 50.82 (26.80)	1:13.11 (22.29)	1:33.76 (20.65)	
4 East Carolina University-NC	B	NT	1:35.36
1) Krznaric, Fran 22	2) Queen, Andrew C 20	3) Zieg, Tyler K 20	4) Cadiat, Maxime 18
24.64 51.44 (26.80)	1:14.25 (22.81)	1:35.36 (21.11)	
5 East Carolina University-NC	C	NT	x1:37.56
1) Reams, Thomas J 20	2) Dilks, Danny L 18	3) Pofahl, Trey E 19	4) Barnhill, Kelly K 19
24.77 51.41 (26.64)	1:15.80 (24.39)	1:37.56 (21.76)	
6 William and Mary, College of-VA	C	NT	x1:38.27
1) Thompson, Ian R 18	2) Zimmt, Josh B 21	3) Higgins, Sean M 21	4) Doherty, Jack T 18
24.55 52.13 (27.58)	1:23.23 (31.10)	1:38.27 (15.04)	

Event 3 Women 400 Yard IM

Name	Age	School	Seed Time	Finals Time
1 Lajoie, Julie R	20	East Carolina University-NC	NT	4:26.18
28.47 59.75 (31.28)	1:32.63 (32.88)	2:05.24 (32.61)		
2:43.35 (38.11)	3:22.66 (39.31)	3:55.16 (32.50)	4:26.18 (31.02)	

POD Meet A - 11/5/2016**Results****(Event 3 Women 400 Yard IM)**

	Name	Age	School	Seed Time	Finals Time
2	Adkins, Claire	21	James Madison University-VA	NT	4:32.85
	29.12	1:02.17 (33.05)	1:38.65 (36.48)	2:14.49 (35.84)	
	2:53.28 (38.79)	3:32.26 (38.98)	4:03.15 (30.89)	4:32.85 (29.70)	
3	Fakhry, Yara	20	East Carolina University-NC	NT	4:34.18
	29.69	1:02.77 (33.08)	1:38.04 (35.27)	2:12.09 (34.05)	
	2:50.71 (38.62)	3:29.66 (38.95)	4:02.79 (33.13)	4:34.18 (31.39)	
4	Smith, Morgan L	19	William and Mary, College of-VA	NT	4:34.63
	30.58	1:03.45 (32.87)	1:38.71 (35.26)	2:14.54 (35.83)	
	2:53.80 (39.26)	3:33.32 (39.52)	4:04.57 (31.25)	4:34.63 (30.06)	
5	Gourdie, Emma L	18	James Madison University-VA	NT	4:36.74
	29.75	1:03.69 (33.94)	1:38.13 (34.44)	2:12.21 (34.08)	
	2:52.81 (40.60)	3:33.72 (40.91)	4:05.49 (31.77)	4:36.74 (31.25)	
6	Lagod, Hannah B	18	James Madison University-VA	NT	4:37.54
	29.03	1:02.29 (33.26)	1:39.11 (36.82)	2:15.46 (36.35)	
	2:53.01 (37.55)	3:32.75 (39.74)	4:05.74 (32.99)	4:37.54 (31.80)	
7	Harrington, Shannon C	20	William and Mary, College of-VA	NT	4:41.76
	29.62	1:04.02 (34.40)	1:38.84 (34.82)	2:13.58 (34.74)	
	2:54.00 (40.42)	3:35.08 (41.08)	4:08.52 (33.44)	4:41.76 (33.24)	
8	Pierce, Jessica L	18	James Madison University-VA	NT	x4:43.49
	30.89	1:06.28 (35.39)	1:43.75 (37.47)	2:20.24 (36.49)	
	2:59.54 (39.30)	3:38.73 (39.19)	4:12.36 (33.63)	4:43.49 (31.13)	
9	Anderson, Rachel S	20	William and Mary, College of-VA	NT	4:44.04
	30.94	1:04.33 (33.39)	1:39.98 (35.65)	2:17.09 (37.11)	
	2:56.73 (39.64)	3:37.43 (40.70)	4:11.43 (34.00)	4:44.04 (32.61)	
10	Austin, Kailey H	18	East Carolina University-NC	NT	4:49.54
	31.70	1:08.44 (36.74)	1:45.42 (36.98)	2:22.13 (36.71)	
	3:02.05 (39.92)	3:42.63 (40.58)	4:16.84 (34.21)	4:49.54 (32.70)	
11	Hunt, Norah M	18	William and Mary, College of-VA	NT	x4:52.81
	30.51	1:03.96 (33.45)	1:42.49 (38.53)	2:20.59 (38.10)	
	3:04.21 (43.62)	3:48.63 (44.42)	4:20.86 (32.23)	4:52.81 (31.95)	

Event 4 Men 400 Yard IM

	Name	Age	School	Seed Time	Finals Time
1	Balbo, Chris M	18	William and Mary, College of-VA	NT	4:00.64
	25.92	54.89 (28.97)	1:25.81 (30.92)	1:56.59 (30.78)	
	2:29.87 (33.28)	3:04.09 (34.22)	3:32.83 (28.74)	4:00.64 (27.81)	
2	Skopic, Ben H	18	William and Mary, College of-VA	NT	4:04.52
	26.73	57.14 (30.41)	1:28.30 (31.16)	1:59.52 (31.22)	
	2:34.06 (34.54)	3:09.06 (35.00)	3:37.46 (28.40)	4:04.52 (27.06)	
3	Araya, Esteban	20	East Carolina University-NC	NT	4:06.10
	26.35	55.40 (29.05)	1:27.03 (31.63)	1:58.20 (31.17)	
	2:32.39 (34.19)	3:08.01 (35.62)	3:37.70 (29.69)	4:06.10 (28.40)	
4	Barden, Brett A	20	William and Mary, College of-VA	NT	4:07.30
	27.51	58.82 (31.31)	1:31.07 (32.25)	2:02.91 (31.84)	
	2:36.57 (33.66)	3:11.83 (35.26)	3:40.28 (28.45)	4:07.30 (27.02)	
5	De Pawlikowski, Boleck	20	East Carolina University-NC	NT	4:07.68
	26.85	57.06 (30.21)	1:27.79 (30.73)	1:58.73 (30.94)	
	2:35.28 (36.55)	3:12.11 (36.83)	3:40.52 (28.41)	4:07.68 (27.16)	
6	Alvarez Garcia, Manu A	19	East Carolina University-NC	NT	4:13.32
	26.82	58.08 (31.26)	1:30.59 (32.51)	2:02.78 (32.19)	
	2:39.11 (36.33)	3:15.87 (36.76)	3:44.89 (29.02)	4:13.32 (28.43)	
7	Barto, Philip D	18	William and Mary, College of-VA	NT	x4:16.38
	27.63	58.11 (30.48)	1:29.38 (31.27)	2:00.80 (31.42)	
	2:38.66 (37.86)	3:17.41 (38.75)	3:46.81 (29.40)	4:16.38 (29.57)	

POD Meet A - 11/5/2016**Results****(Event 4 Men 400 Yard IM)**

Name	Age	School	Seed Time	Finals Time
8 Webb, Zachary T	21	East Carolina University-NC	NT	x4:19.00
27.46	58.58 (31.12)	1:31.99 (33.41)	2:04.65 (32.66)	
2:41.32 (36.67)	3:18.27 (36.95)	3:49.45 (31.18)	4:19.00 (29.55)	

Event 5 Women 200 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
*1 MacMillan, Quinn	20	James Madison University-VA	NT	1:51.68
27.30	56.38 (29.08)	1:24.41 (28.03)	1:51.68 (27.27)	
*1 Abert, Marion C	23	East Carolina University-NC	NT	1:51.68
26.42	54.69 (28.27)	1:23.42 (28.73)	1:51.68 (28.26)	
3 Zhang, Bonnie	19	James Madison University-VA	NT	1:51.76
26.68	55.24 (28.56)	1:23.78 (28.54)	1:51.76 (27.98)	
4 Angermeier, Tori M	21	East Carolina University-NC	NT	1:53.74
25.92	54.15 (28.23)	1:23.57 (29.42)	1:53.74 (30.17)	
5 Svanbergsson, Anna Maria	23	East Carolina University-NC	NT	1:54.06
26.91	55.70 (28.79)	1:24.90 (29.20)	1:54.06 (29.16)	
6 Darmody, Kristie L	19	James Madison University-VA	NT	1:54.81
27.24	56.35 (29.11)	1:25.80 (29.45)	1:54.81 (29.01)	
7 Scherwitzel, Stefanie	18	East Carolina University-NC	NT	x1:55.24
26.11	55.05 (28.94)	1:24.92 (29.87)	1:55.24 (30.32)	
8 Ocegueda, Maria V	19	William and Mary, College of-VA	NT	1:55.95
26.96	56.29 (29.33)	1:26.32 (30.03)	1:55.95 (29.63)	
9 Fuller, Selina D	20	William and Mary, College of-VA	NT	1:56.30
27.69	56.77 (29.08)	1:26.58 (29.81)	1:56.30 (29.72)	
10 Herold, Emma E	18	William and Mary, College of-VA	NT	1:56.45
27.01	55.88 (28.87)	1:25.65 (29.77)	1:56.45 (30.80)	
11 Gvozdaz, Bryn R	17	William and Mary, College of-VA	NT	x1:57.49
27.52	56.93 (29.41)	1:27.24 (30.31)	1:57.49 (30.25)	
12 Long, Kelly A	19	James Madison University-VA	NT	x1:58.67
27.48	57.06 (29.58)	1:27.79 (30.73)	1:58.67 (30.88)	
--- Williams, Margaret E	18	William and Mary, College of-VA	NT	X1:57.33
27.67	56.97 (29.30)	1:27.37 (30.40)	1:57.33 (29.96)	

Event 6 Men 200 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Eiden, Joseph P	20	William and Mary, College of-VA	NT	1:41.51
24.01	50.17 (26.16)	1:15.95 (25.78)	1:41.51 (25.56)	
2 Owens, Ryan C	19	East Carolina University-NC	NT	1:42.81
24.52	51.03 (26.51)	1:16.88 (25.85)	1:42.81 (25.93)	
3 Demsar, Blaz	19	East Carolina University-NC	NT	1:43.11
24.01	50.19 (26.18)	1:16.82 (26.63)	1:43.11 (26.29)	
4 Grimes, Eric E	19	William and Mary, College of-VA	NT	1:44.96
24.41	50.98 (26.57)	1:17.84 (26.86)	1:44.96 (27.12)	
5 Pierce, Jake E	20	East Carolina University-NC	NT	1:46.17
24.97	51.79 (26.82)	1:19.14 (27.35)	1:46.17 (27.03)	
6 Popovic, Grega	18	East Carolina University-NC	NT	x1:46.27
24.24	50.88 (26.64)	1:18.67 (27.79)	1:46.27 (27.60)	
7 Cudahy, Conor J	21	William and Mary, College of-VA	NT	1:48.01
25.45	52.78 (27.33)	1:20.55 (27.77)	1:48.01 (27.46)	
8 Doherty, Jack T	18	William and Mary, College of-VA	NT	x1:49.04
24.77	51.60 (26.83)	1:19.48 (27.88)	1:49.04 (29.56)	

POD Meet A - 11/5/2016**Results****Event 7 Women 100 Yard Backstroke**

	Name	Age	School	Seed Time	Finals Time
1	Rittenhouse, Sophie C 27.82	21	William and Mary, College of-VA	NT	57.22
		57.22 (29.40)			
2	Warhol, MaryElizabeth 28.25	21	James Madison University-VA	NT	57.50
		57.50 (29.25)			
3	Sell, Katie K 27.63	18	William and Mary, College of-VA	NT	57.61
		57.61 (29.98)			
4	Ortman, Abby 28.25	20	James Madison University-VA	NT	57.66
		57.66 (29.41)			
5	Graumann, Logan D 28.09	20	East Carolina University-NC	NT	58.16
		58.16 (30.07)			
6	Haddock, Logan C 28.85	20	James Madison University-VA	NT	59.16
		59.16 (30.31)			
7	Hague, Taylor L 28.73	21	East Carolina University-NC	NT	59.23
		59.23 (30.50)			
8	Gourdie, Emma L 29.70	18	James Madison University-VA	NT	x59.64
		59.64 (29.94)			
9	Merrill, Emma C 28.63	20	William and Mary, College of-VA	NT	59.76
		59.76 (31.13)			
10	Arenz, Kitty I 29.89	20	William and Mary, College of-VA	NT	x1:00.38
		1:00.38 (30.49)			
11	Baertlein, Lizzy D 29.63	20	East Carolina University-NC	NT	1:00.63
		1:00.63 (31.00)			
12	Hensley, Lauren A 29.37	20	East Carolina University-NC	NT	x1:00.65
		1:00.65 (31.28)			
---	Tremols, Nina 29.89	21	James Madison University-VA	NT	X1:02.09
		1:02.09 (32.20)			

Event 8 Men 100 Yard Backstroke

	Name	Age	School	Seed Time	Finals Time
1	De Pawlikowski, Boleck 24.82	20	East Carolina University-NC	NT	50.64
		50.64 (25.82)			
2	Grubb, Wyatt A 24.83	21	William and Mary, College of-VA	NT	51.29
		51.29 (26.46)			
3	Demers, Colin D 25.06	18	William and Mary, College of-VA	NT	51.75
		51.75 (26.69)			
4	Krznaric, Fran 25.37	22	East Carolina University-NC	NT	51.95
		51.95 (26.58)			
5	Taylor, Tristan T 25.51	19	East Carolina University-NC	NT	52.58
		52.58 (27.07)			
6	Rento, Joey A 25.49	19	William and Mary, College of-VA	NT	52.67
		52.67 (27.18)			
7	Henderson, Alex A 25.95	21	William and Mary, College of-VA	NT	x53.28
		53.28 (27.33)			
8	Reams, Thomas J 25.78	20	East Carolina University-NC	NT	x53.73
		53.73 (27.95)			

Event 9 Women 100 Yard Breaststroke

	Name	Age	School	Seed Time	Finals Time
1	Parker, Katie 31.24	20	James Madison University-VA	NT	1:05.06
		1:05.06 (33.82)			
2	Marsh, Megan C 31.30	18	James Madison University-VA	NT	1:06.13
		1:06.13 (34.83)			

POD Meet A - 11/5/2016**Results****(Event 9 Women 100 Yard Breaststroke)**

Name	Age	School	Seed Time	Finals Time
3 Williams, Claire C	19	William and Mary, College of-VA	NT	1:06.27
31.30	1:06.27 (34.97)			
4 Norrman, Vendela	21	East Carolina University-NC	NT	1:06.50
31.65	1:06.50 (34.85)			
5 Crowley, Jess M	20	William and Mary, College of-VA	NT	1:06.63
31.44	1:06.63 (35.19)			
6 Christy, Allie L	21	William and Mary, College of-VA	NT	1:07.03
32.11	1:07.03 (34.92)			
7 Valls, Annie C	20	William and Mary, College of-VA	NT	x1:07.07
31.15	1:07.07 (35.92)			
8 Fakhry, Yara	20	East Carolina University-NC	NT	1:07.91
32.89	1:07.91 (35.02)			
9 Early, Lauren C	21	East Carolina University-NC	NT	1:07.98
31.97	1:07.98 (36.01)			
10 Murphy, Maddy	22	James Madison University-VA	NT	1:08.28
32.34	1:08.28 (35.94)			
11 Pierce, Jessica L	18	James Madison University-VA	NT	x1:09.60
33.19	1:09.60 (36.41)			

Event 10 Men 100 Yard Breaststroke

Name	Age	School	Seed Time	Finals Time
1 Craven, Erle B	23	East Carolina University-NC	NT	56.82
26.27	56.82 (30.55)			
2 Hicks, Will L	21	East Carolina University-NC	NT	56.95
26.54	56.95 (30.41)			
3 Queen, Andrew C	20	East Carolina University-NC	NT	58.49
27.49	58.49 (31.00)			
4 Parmenter, Josh W	17	East Carolina University-NC	NT	x58.53
27.77	58.53 (30.76)			
5 Zimmt, Josh B	21	William and Mary, College of-VA	NT	59.36
28.11	59.36 (31.25)			
6 Peterson, Brooks E	19	William and Mary, College of-VA	NT	59.53
28.26	59.53 (31.27)			
7 Montes De Oca, Alex F	21	William and Mary, College of-VA	NT	59.59
28.02	59.59 (31.57)			
8 Zamparello, Conrad J	21	William and Mary, College of-VA	NT	x1:03.72
30.06	1:03.72 (33.66)			

Event 11 Women 200 Yard Butterfly

Name	Age	School	Seed Time	Finals Time
1 Lajoie, Julie R	20	East Carolina University-NC	NT	2:03.71
28.40	59.69 (31.29)	1:31.79 (32.10)	2:03.71 (31.92)	
2 Gillet, Victoria S	18	East Carolina University-NC	NT	2:05.58
27.98	59.79 (31.81)	1:32.21 (32.42)	2:05.58 (33.37)	
3 Ocegüera, Maria V	19	William and Mary, College of-VA	NT	2:05.67
28.46	1:00.86 (32.40)	1:33.40 (32.54)	2:05.67 (32.27)	
4 Mack, Abby R	20	William and Mary, College of-VA	NT	2:08.46
29.97	1:03.14 (33.17)	1:35.87 (32.73)	2:08.46 (32.59)	
5 Clarke, Courtney	20	James Madison University-VA	NT	2:09.30
29.47	1:02.14 (32.67)	1:35.00 (32.86)	2:09.30 (34.30)	
6 Fuller, Selina D	20	William and Mary, College of-VA	NT	2:09.74
29.58	1:02.55 (32.97)	1:36.54 (33.99)	2:09.74 (33.20)	
7 Lagod, Hannah B	18	James Madison University-VA	NT	2:10.40
29.33	1:03.07 (33.74)	1:36.78 (33.71)	2:10.40 (33.62)	

POD Meet A - 11/5/2016**Results****(Event 11 Women 200 Yard Butterfly)**

Name	Age	School	Seed Time	Finals Time
8 Kuwahara, Yuka	18	William and Mary, College of-VA	NT	x2:10.67
29.84	1:02.89 (33.05)	1:37.14 (34.25)	2:10.67 (33.53)	
9 Massey, Maddie	20	James Madison University-VA	NT	2:12.47
30.08	1:02.89 (32.81)	1:36.88 (33.99)	2:12.47 (35.59)	
10 DiSilvestro, Brianna	20	James Madison University-VA	NT	x2:15.95
30.44	1:04.68 (34.24)	1:39.90 (35.22)	2:15.95 (36.05)	
--- Bland, Julia V	18	William and Mary, College of-VA	NT	X2:11.29
29.35	1:02.43 (33.08)	1:37.94 (35.51)	2:11.29 (33.35)	

Event 12 Men 200 Yard Butterfly

Name	Age	School	Seed Time	Finals Time
1 Demsar, Blaz	19	East Carolina University-NC	NT	1:51.70
24.93	53.17 (28.24)	1:22.55 (29.38)	1:51.70 (29.15)	
2 Kealy, Tommy D	20	William and Mary, College of-VA	NT	1:51.90
24.90	53.29 (28.39)	1:22.53 (29.24)	1:51.90 (29.37)	
3 Kale, Carter C	19	William and Mary, College of-VA	NT	1:52.92
25.52	53.80 (28.28)	1:23.34 (29.54)	1:52.92 (29.58)	
4 Gomez, Maicoll A	18	William and Mary, College of-VA	NT	1:54.71
25.35	54.46 (29.11)	1:24.51 (30.05)	1:54.71 (30.20)	
5 Zieg, Tyler K	20	East Carolina University-NC	NT	1:56.07
25.71	54.63 (28.92)	1:24.31 (29.68)	1:56.07 (31.76)	
6 Webb, Zachary T	21	East Carolina University-NC	NT	1:57.43
27.22	57.21 (29.99)	1:27.41 (30.20)	1:57.43 (30.02)	
7 Araya, Esteban	20	East Carolina University-NC	NT	x1:59.10
26.61	56.16 (29.55)	1:27.35 (31.19)	1:59.10 (31.75)	
8 Higgins, Sean M	21	William and Mary, College of-VA	NT	x2:02.55
27.64	58.74 (31.10)	1:30.56 (31.82)	2:02.55 (31.99)	

Event 13 Women 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Miller, Jaimie C	20	William and Mary, College of-VA	NT	23.72
2 Zhang, Bonnie	19	James Madison University-VA	NT	23.92
3 Miller, Annie A	19	William and Mary, College of-VA	NT	24.12
4 Breeger, Jillian R	19	James Madison University-VA	NT	24.51
5 Gring, Mackenzie	18	James Madison University-VA	NT	24.55
6 Graumann, Logan D	20	East Carolina University-NC	NT	24.57
7 Herold, Emma E	18	William and Mary, College of-VA	NT	24.64
8 Barney, Katie	21	James Madison University-VA	NT	x24.70
9 Polich, Erin K	21	East Carolina University-NC	NT	24.72
10 Johnson, Catherine E	18	East Carolina University-NC	NT	24.74
11 Crompton, Georgie R	21	William and Mary, College of-VA	NT	x25.16
--- Lesser, Nina L	19	William and Mary, College of-VA	NT	X25.13

Event 14 Men 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Eiden, Joseph P	20	William and Mary, College of-VA	NT	20.93
2 Martins Dos Santos, Victor	19	East Carolina University-NC	NT	21.18
3 Cadiat, Maxime	18	East Carolina University-NC	NT	21.27
4 Wright, Colin J	18	William and Mary, College of-VA	NT	21.38
5 Neri, Kyle D	21	William and Mary, College of-VA	NT	21.40
6 Owens, Ryan C	19	East Carolina University-NC	NT	21.42
7 Baker, Evan A	20	William and Mary, College of-VA	NT	x21.69
8 Barnhill, Kelly K	19	East Carolina University-NC	NT	x21.91

POD Meet A - 11/5/2016**Results****Event 15 Women 100 Yard Freestyle**

	Name	Age	School	Seed Time	Finals Time
1	Zhang, Bonnie	19	James Madison University-VA	NT	51.19
	25.17	51.19 (26.02)			
2	Miller, Jaimie C	20	William and Mary, College of-VA	NT	52.04
	25.16	52.04 (26.88)			
3	Svanbergsson, Anna Maria	23	East Carolina University-NC	NT	52.85
	25.47	52.85 (27.38)			
4	Angermeier, Tori M	21	East Carolina University-NC	NT	52.86
	25.42	52.86 (27.44)			
5	Sell, Katie K	18	William and Mary, College of-VA	NT	53.52
	25.60	53.52 (27.92)			
6	Gring, Mackenzie	18	James Madison University-VA	NT	53.54
	25.79	53.54 (27.75)			
7	Haddock, Logan C	20	James Madison University-VA	NT	53.64
	26.11	53.64 (27.53)			
8	Herold, Emma E	18	William and Mary, College of-VA	NT	53.84
	25.99	53.84 (27.85)			
9	Johnson, Catherine E	18	East Carolina University-NC	NT	53.92
	25.88	53.92 (28.04)			
10	Darmody, Kristie L	19	James Madison University-VA	NT	x53.97
	26.44	53.97 (27.53)			
11	Polich, Erin K	21	East Carolina University-NC	NT	x54.31
	25.95	54.31 (28.36)			
12	Crowley, Jess M	20	William and Mary, College of-VA	NT	x54.78
	26.08	54.78 (28.70)			

Event 16 Men 100 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Eiden, Joseph P	20	William and Mary, College of-VA	NT	45.53
	22.58	45.53 (22.95)			
2	Martins Dos Santos, Victor	19	East Carolina University-NC	NT	46.51
	22.44	46.51 (24.07)			
3	Cadiat, Maxime	18	East Carolina University-NC	NT	46.99
	23.13	46.99 (23.86)			
4	Neri, Kyle D	21	William and Mary, College of-VA	NT	47.23
	22.67	47.23 (24.56)			
5	Grimes, Eric E	19	William and Mary, College of-VA	NT	47.75
	23.13	47.75 (24.62)			
6	Owens, Ryan C	19	East Carolina University-NC	NT	47.79
	22.64	47.79 (25.15)			
7	Wright, Colin J	18	William and Mary, College of-VA	NT	x47.86
	23.44	47.86 (24.42)			
8	Reams, Thomas J	20	East Carolina University-NC	NT	x48.53
	23.51	48.53 (25.02)			

Event 17 Women 200 Yard Backstroke

	Name	Age	School	Seed Time	Finals Time
1	Lajoie, Julie R	20	East Carolina University-NC	NT	2:03.26
	29.36	1:00.55 (31.19)	1:32.19 (31.64)	2:03.26 (31.07)	
2	Warhol, MaryElizabeth	21	James Madison University-VA	NT	2:04.15
	30.12	1:01.15 (31.03)	1:32.68 (31.53)	2:04.15 (31.47)	
3	Rittenhouse, Sophie C	21	William and Mary, College of-VA	NT	2:05.04
	29.94	1:01.83 (31.89)	1:33.26 (31.43)	2:05.04 (31.78)	

POD Meet A - 11/5/2016**Results****(Event 17 Women 200 Yard Backstroke)**

Name	Age	School	Seed Time	Finals Time
4 Ortman, Abby	20	James Madison University-VA	NT	2:05.16
30.01	1:01.82 (31.81)	1:33.53 (31.71)	2:05.16 (31.63)	
5 Clarke, Courtney	20	James Madison University-VA	NT	2:07.95
31.27	1:03.99 (32.72)	1:36.10 (32.11)	2:07.95 (31.85)	
6 Fuller, Selina D	20	William and Mary, College of-VA	NT	2:09.03
30.94	1:03.28 (32.34)	1:36.24 (32.96)	2:09.03 (32.79)	
7 Merrill, Emma C	20	William and Mary, College of-VA	NT	2:09.11
31.04	1:03.68 (32.64)	1:36.17 (32.49)	2:09.11 (32.94)	
8 Gourdie, Emma L	18	James Madison University-VA	NT	x2:09.19
30.98	1:04.18 (33.20)	1:37.51 (33.33)	2:09.19 (31.68)	
9 Hague, Taylor L	21	East Carolina University-NC	NT	2:09.34
30.21	1:02.46 (32.25)	1:36.03 (33.57)	2:09.34 (33.31)	
10 Smith, Morgan L	19	William and Mary, College of-VA	NT	x2:11.56
31.12	1:03.91 (32.79)	1:37.92 (34.01)	2:11.56 (33.64)	
11 Hensley, Lauren A	20	East Carolina University-NC	NT	2:12.17
31.45	1:04.68 (33.23)	1:39.10 (34.42)	2:12.17 (33.07)	
12 Baertlein, Lizzy D	20	East Carolina University-NC	NT	x2:12.54
31.32	1:05.14 (33.82)	1:39.22 (34.08)	2:12.54 (33.32)	

Event 18 Men 200 Yard Backstroke

Name	Age	School	Seed Time	Finals Time
1 De Pawlikowski, Boleck	20	East Carolina University-NC	NT	1:50.36
26.02	53.88 (27.86)	1:22.45 (28.57)	1:50.36 (27.91)	
2 Montes De Oca, Alex F	21	William and Mary, College of-VA	NT	1:52.99
26.57	54.89 (28.32)	1:24.12 (29.23)	1:52.99 (28.87)	
3 Henderson, Alex A	21	William and Mary, College of-VA	NT	1:53.47
27.41	56.24 (28.83)	1:25.34 (29.10)	1:53.47 (28.13)	
4 Barto, Philip D	18	William and Mary, College of-VA	NT	1:54.67
27.50	55.72 (28.22)	1:24.93 (29.21)	1:54.67 (29.74)	
5 Rento, Joey A	19	William and Mary, College of-VA	NT	x1:56.10
27.60	56.88 (29.28)	1:26.34 (29.46)	1:56.10 (29.76)	
6 Taylor, Tristan T	19	East Carolina University-NC	NT	1:56.86
27.60	56.74 (29.14)	1:27.05 (30.31)	1:56.86 (29.81)	
7 Krznaric, Fran	22	East Carolina University-NC	NT	1:58.57
27.32	56.48 (29.16)	1:27.27 (30.79)	1:58.57 (31.30)	

Event 19 Women 200 Yard Breaststroke

Name	Age	School	Seed Time	Finals Time
1 Parker, Katie	20	James Madison University-VA	NT	2:19.39
32.44	1:08.17 (35.73)	1:44.17 (36.00)	2:19.39 (35.22)	
2 Norrman, Vendela	21	East Carolina University-NC	NT	2:21.21
32.28	1:08.03 (35.75)	1:44.22 (36.19)	2:21.21 (36.99)	
3 Freeman, Lauren D	18	William and Mary, College of-VA	NT	2:25.23
33.53	1:10.58 (37.05)	1:47.69 (37.11)	2:25.23 (37.54)	
4 Christy, Allie L	21	William and Mary, College of-VA	NT	2:25.54
33.76	1:10.28 (36.52)	1:47.60 (37.32)	2:25.54 (37.94)	
5 Fakhry, Yara	20	East Carolina University-NC	NT	2:25.79
33.55	1:10.90 (37.35)	1:48.40 (37.50)	2:25.79 (37.39)	
6 Williams, Claire C	19	William and Mary, College of-VA	NT	2:26.15
33.32	1:10.18 (36.86)	1:48.12 (37.94)	2:26.15 (38.03)	
7 Harrington, Shannon C	20	William and Mary, College of-VA	NT	x2:26.35
33.24	1:10.41 (37.17)	1:48.07 (37.66)	2:26.35 (38.28)	
8 Murphy, Maddy	22	James Madison University-VA	NT	2:26.77
33.79	1:11.53 (37.74)	1:49.32 (37.79)	2:26.77 (37.45)	

POD Meet A - 11/5/2016**Results****(Event 19 Women 200 Yard Breaststroke)**

Name	Age	School	Seed Time	Finals Time
9 Marsh, Megan C	18	James Madison University-VA	NT	2:27.68
33.19	1:10.76 (37.57)	1:49.16 (38.40)	2:27.68 (38.52)	
10 Early, Lauren C	21	East Carolina University-NC	NT	2:29.66
34.04	1:12.12 (38.08)	1:51.31 (39.19)	2:29.66 (38.35)	
11 Pierce, Jessica L	18	James Madison University-VA	NT	x2:30.09
34.98	1:13.28 (38.30)	1:52.21 (38.93)	2:30.09 (37.88)	
12 Austin, Kailey H	18	East Carolina University-NC	NT	x2:31.51
34.97	1:12.95 (37.98)	1:51.99 (39.04)	2:31.51 (39.52)	

Event 20 Men 200 Yard Breaststroke

Name	Age	School	Seed Time	Finals Time
1 Craven, Erle B	23	East Carolina University-NC	NT	2:03.36
27.15	58.58 (31.43)	1:30.39 (31.81)	2:03.36 (32.97)	
2 Queen, Andrew C	20	East Carolina University-NC	NT	2:06.88
29.45	1:01.82 (32.37)	1:34.11 (32.29)	2:06.88 (32.77)	
3 Parmenter, Josh W	17	East Carolina University-NC	NT	2:07.53
29.18	1:01.31 (32.13)	1:33.96 (32.65)	2:07.53 (33.57)	
4 Dilks, Danny L	18	East Carolina University-NC	NT	x2:08.34
28.90	1:00.96 (32.06)	1:33.48 (32.52)	2:08.34 (34.86)	
5 Peterson, Brooks E	19	William and Mary, College of-VA	NT	2:10.71
29.71	1:03.20 (33.49)	1:36.63 (33.43)	2:10.71 (34.08)	
6 Zimmt, Josh B	21	William and Mary, College of-VA	NT	2:10.85
29.40	1:02.36 (32.96)	1:36.23 (33.87)	2:10.85 (34.62)	
7 Skopic, Ben H	18	William and Mary, College of-VA	NT	2:12.15
30.70	1:04.17 (33.47)	1:38.36 (34.19)	2:12.15 (33.79)	
8 Barden, Brett A	20	William and Mary, College of-VA	NT	x2:14.30
31.10	1:05.09 (33.99)	1:39.12 (34.03)	2:14.30 (35.18)	

Event 21 Women 500 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 MacMillan, Quinn	20	James Madison University-VA	NT	4:57.87
28.52	58.92 (30.40)	1:29.67 (30.75)	2:00.33 (30.66)	
2:31.13 (30.80)	3:01.38 (30.25)	3:31.26 (29.88)	4:00.94 (29.68)	
4:29.71 (28.77)	4:57.87 (28.16)			
2 Abert, Marion C	23	East Carolina University-NC	NT	4:58.81
27.72	57.49 (29.77)	1:27.66 (30.17)	1:58.40 (30.74)	
2:28.73 (30.33)	2:58.80 (30.07)	3:29.22 (30.42)	3:59.48 (30.26)	
4:29.64 (30.16)	4:58.81 (29.17)			
3 Ocegüera, Maria V	19	William and Mary, College of-VA	NT	5:06.20
28.80	59.87 (31.07)	1:31.09 (31.22)	2:02.10 (31.01)	
2:32.67 (30.57)	3:03.28 (30.61)	3:34.23 (30.95)	4:05.22 (30.99)	
4:36.11 (30.89)	5:06.20 (30.09)			
4 Adkins, Claire	21	James Madison University-VA	NT	5:09.22
29.68	1:01.17 (31.49)	1:32.98 (31.81)	2:04.36 (31.38)	
2:35.77 (31.41)	3:06.85 (31.08)	3:37.38 (30.53)	4:08.15 (30.77)	
4:39.14 (30.99)	5:09.22 (30.08)			
5 Oster, Madi G	20	James Madison University-VA	NT	5:10.90
28.32	59.29 (30.97)	1:30.92 (31.63)	2:02.70 (31.78)	
2:34.32 (31.62)	3:05.78 (31.46)	3:37.10 (31.32)	4:08.73 (31.63)	
4:40.32 (31.59)	5:10.90 (30.58)			
6 Hauser, Kaitlyn T	18	East Carolina University-NC	NT	5:11.67
28.27	58.66 (30.39)	1:30.24 (31.58)	2:02.15 (31.91)	
2:33.95 (31.80)	3:05.82 (31.87)	3:37.38 (31.56)	4:09.77 (32.39)	
4:41.63 (31.86)	5:11.67 (30.04)			

POD Meet A - 11/5/2016**Results****(Event 21 Women 500 Yard Freestyle)**

Name	Age	School	Seed Time	Finals Time
7 Gvozdas, Bryn R	17	William and Mary, College of-VA	NT	5:14.36
29.28	1:00.96 (31.68)	1:33.05 (32.09)	2:05.15 (32.10)	
2:37.33 (32.18)	3:09.24 (31.91)	3:41.31 (32.07)	4:12.93 (31.62)	
4:44.27 (31.34)	5:14.36 (30.09)			
8 Bland, Julia V	18	William and Mary, College of-VA	NT	5:15.68
28.94	1:00.56 (31.62)	1:32.70 (32.14)	2:04.83 (32.13)	
2:37.22 (32.39)	3:08.75 (31.53)	3:40.86 (32.11)	4:12.58 (31.72)	
4:44.49 (31.91)	5:15.68 (31.19)			
9 Hunt, Norah M	18	William and Mary, College of-VA	NT	x5:17.39
29.02	1:00.11 (31.09)	1:31.70 (31.59)	2:03.40 (31.70)	
2:35.48 (32.08)	3:07.62 (32.14)	3:39.93 (32.31)	4:12.60 (32.67)	
4:45.29 (32.69)	5:17.39 (32.10)			
10 Long, Kelly A	19	James Madison University-VA	NT	x5:17.86
29.32	1:00.90 (31.58)	1:32.93 (32.03)	2:04.99 (32.06)	
2:36.96 (31.97)	3:08.99 (32.03)	3:41.28 (32.29)	4:13.61 (32.33)	
4:45.95 (32.34)	5:17.86 (31.91)			
11 Scherwitz, Stefanie	18	East Carolina University-NC	NT	5:18.71
28.63	59.57 (30.94)	1:31.34 (31.77)	2:03.38 (32.04)	
2:35.52 (32.14)	3:08.42 (32.90)	3:41.33 (32.91)	4:14.54 (33.21)	
4:47.30 (32.76)	5:18.71 (31.41)			
12 Kreager, Alex P	19	East Carolina University-NC	NT	x5:21.89
29.24	1:00.65 (31.41)	1:32.68 (32.03)	2:04.67 (31.99)	
2:37.11 (32.44)	3:09.77 (32.66)	3:42.49 (32.72)	4:15.30 (32.81)	
4:48.69 (33.39)	5:21.89 (33.20)			
--- Dougherty, Erin P	19	James Madison University-VA	NT	X5:19.95
29.46	1:01.28 (31.82)	1:33.18 (31.90)	2:05.55 (32.37)	
2:37.89 (32.34)	3:10.56 (32.67)	3:43.29 (32.73)	4:15.96 (32.67)	
4:48.40 (32.44)	5:19.95 (31.55)			

Event 22 Men 500 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Balbo, Chris M	18	William and Mary, College of-VA	NT	4:38.18
26.44	55.00 (28.56)	1:23.60 (28.60)	1:51.81 (28.21)	
2:19.64 (27.83)	2:47.73 (28.09)	3:15.10 (27.37)	3:42.90 (27.80)	
4:11.04 (28.14)	4:38.18 (27.14)			
2 Popovic, Grega	18	East Carolina University-NC	NT	4:40.76
25.47	53.14 (27.67)	1:21.26 (28.12)	1:49.77 (28.51)	
2:18.58 (28.81)	2:47.29 (28.71)	3:16.08 (28.79)	3:45.05 (28.97)	
4:13.79 (28.74)	4:40.76 (26.97)			
3 Kale, Carter C	19	William and Mary, College of-VA	NT	4:41.87
26.59	55.40 (28.81)	1:24.56 (29.16)	1:53.54 (28.98)	
2:22.30 (28.76)	2:50.96 (28.66)	3:19.55 (28.59)	3:47.61 (28.06)	
4:15.07 (27.46)	4:41.87 (26.80)			
4 Bidwell, Ian W	18	William and Mary, College of-VA	NT	4:42.38
26.69	55.13 (28.44)	1:24.10 (28.97)	1:53.20 (29.10)	
2:22.25 (29.05)	2:51.33 (29.08)	3:19.51 (28.18)	3:47.75 (28.24)	
4:15.25 (27.50)	4:42.38 (27.13)			
5 Alvarez Garcia, Manu A	19	East Carolina University-NC	NT	4:43.08
26.58	55.13 (28.55)	1:24.13 (29.00)	1:52.99 (28.86)	
2:21.90 (28.91)	2:50.79 (28.89)	3:19.51 (28.72)	3:47.79 (28.28)	
4:16.04 (28.25)	4:43.08 (27.04)			
6 Zamparello, Conrad J	21	William and Mary, College of-VA	NT	x4:49.28
27.08	56.35 (29.27)	1:25.74 (29.39)	1:55.30 (29.56)	
2:24.98 (29.68)	2:54.37 (29.39)	3:23.58 (29.21)	3:52.68 (29.10)	
4:21.38 (28.70)	4:49.28 (27.90)			

POD Meet A - 11/5/2016**Results****(Event 22 Men 500 Yard Freestyle)**

	Name	Age	School	Seed Time	Finals Time
7	Pierce, Jake E	20	East Carolina University-NC	NT	4:50.00
	26.89	55.78 (28.89)	1:24.70 (28.92)	1:54.00 (29.30)	
	2:23.39 (29.39)	2:52.77 (29.38)	3:22.45 (29.68)	3:52.79 (30.34)	
	4:22.85 (30.06)	4:50.00 (27.15)			
8	Pofahl, Trey E	19	East Carolina University-NC	NT	x4:52.48
	26.21	55.27 (29.06)	1:24.46 (29.19)	1:54.13 (29.67)	
	2:23.79 (29.66)	2:53.63 (29.84)	3:23.59 (29.96)	3:53.78 (30.19)	
	4:23.74 (29.96)	4:52.48 (28.74)			

Event 23 Women 100 Yard Butterfly

	Name	Age	School	Seed Time	Finals Time
1	Parker, Katie	20	James Madison University-VA	NT	56.99
	27.59	56.99 (29.40)			
2	Sell, Katie K	18	William and Mary, College of-VA	NT	57.71
	28.16	57.71 (29.55)			
3	Mack, Abby R	20	William and Mary, College of-VA	NT	57.91
	27.34	57.91 (30.57)			
4	Breeger, Jillian R	19	James Madison University-VA	NT	57.96
	27.24	57.96 (30.72)			
5	Crompton, Georgie R	21	William and Mary, College of-VA	NT	58.05
	27.95	58.05 (30.10)			
6	Gillet, Victoria S	18	East Carolina University-NC	NT	58.26
	27.39	58.26 (30.87)			
7	Clarke, Courtney	20	James Madison University-VA	NT	59.00
	27.99	59.00 (31.01)			
8	Anderson, Rachel S	20	William and Mary, College of-VA	NT	x59.69
	28.06	59.69 (31.63)			
9	Tremols, Nina	21	James Madison University-VA	NT	x1:00.47
	27.95	1:00.47 (32.52)			
10	Hague, Taylor L	21	East Carolina University-NC	NT	1:01.52
	28.14	1:01.52 (33.38)			
---	DiSilvestro, Brianna	20	James Madison University-VA	NT	X1:03.88
	29.85	1:03.88 (34.03)			

Event 24 Men 100 Yard Butterfly

	Name	Age	School	Seed Time	Finals Time
1	Baker, Evan A	20	William and Mary, College of-VA	NT	50.32
	23.31	50.32 (27.01)			
2	Demsar, Blaz	19	East Carolina University-NC	NT	50.37
	23.68	50.37 (26.69)			
3	Kealy, Tommy D	20	William and Mary, College of-VA	NT	50.85
	23.97	50.85 (26.88)			
4	Martins Dos Santos, Victor	19	East Carolina University-NC	NT	50.91
	24.09	50.91 (26.82)			
5	Zieg, Tyler K	20	East Carolina University-NC	NT	51.25
	24.34	51.25 (26.91)			
6	Doherty, Jack T	18	William and Mary, College of-VA	NT	52.36
	24.40	52.36 (27.96)			
7	Skopic, Ben H	18	William and Mary, College of-VA	NT	x52.52
	24.93	52.52 (27.59)			

POD Meet A - 11/5/2016**Results****Event 25 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 East Carolina University-NC	A	NT	1:36.31
1) Graumann, Logan D 20	2) Polich, Erin K 21	3) Svanbergsson, Anna Maria 23	4) Angermeier, Tori M 21
24.73	48.66 (23.93)	1:12.70 (24.04)	1:36.31 (23.61)
2 James Madison University-VA	A	NT	1:37.36
1) Gring, Mackenzie 18	2) Macmillan, Quinn A 20	3) Haddock, Logan C 20	4) Breeger, Jillian R 19
24.58	48.47 (23.89)	1:12.94 (24.47)	1:37.36 (24.42)
3 William and Mary, College of-VA	B	NT	1:37.75
1) Miller, Annie A 19	2) Herold, Emma E 18	3) Williams, Margaret E 18	4) Lesser, Nina L 19
24.36	48.85 (24.49)	1:13.68 (24.83)	1:37.75 (24.07)
4 William and Mary, College of-VA	A	NT	1:37.83
1) Miller, Jaimie C 20	2) Crowley, Jess M 20	3) Arenz, Kitty I 20	4) Gvozdas, Bryn R 17
23.89	48.69 (24.80)	1:13.27 (24.58)	1:37.83 (24.56)
5 James Madison University-VA	B	NT	1:39.01
1) Barney, Katie K 21	2) Marsh, Megan C 18	3) Darmody, Kristie L 19	4) Tremols, Nina A 21
25.00	49.41 (24.41)	1:14.26 (24.85)	1:39.01 (24.75)
6 East Carolina University-NC	B	NT	1:39.27
1) Scherwitzel, Stefanie 18	2) Johnson, Catherine E 18	3) Abert, Marion C 23	4) Hauser, Kaitlyn T 18
25.09	49.33 (24.24)	1:14.14 (24.81)	1:39.27 (25.13)

Event 26 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 William and Mary, College of-VA	A	NT	1:23.01
1) Neri, Kyle D 21	2) Montes De Oca, Alex F 21	3) Wright, Colin J 18	4) Eiden, Joseph P 20
21.46	42.24 (20.78)	1:02.72 (20.48)	1:23.01 (20.29)
2 East Carolina University-NC	A	NT	1:24.75
1) Craven, Erle B 23	2) Hicks, Will L 21	3) Barnhill, Kelly K 19	4) Cadiat, Maxime 18
21.68	42.91 (21.23)	1:03.97 (21.06)	1:24.75 (20.78)
3 East Carolina University-NC	B	NT	1:26.04
1) Owens, Ryan C 19	2) Reams, Thomas J 20	3) Krznaric, Fran 22	4) Taylor, Tristan T 19
21.73	42.82 (21.09)	1:04.57 (21.75)	1:26.04 (21.47)
4 William and Mary, College of-VA	B	NT	1:27.30
1) Henderson, Alex A 21	2) Rento, Joey A 19	3) Grimes, Eric E 19	4) Thompson, Ian R 18
22.18	44.40 (22.22)	1:05.83 (21.43)	1:27.30 (21.47)
5 William and Mary, College of-VA	C	NT	x1:29.67
1) Higgins, Sean M 21	2) Demers, Colin D 18	3) Kale, Carter C 19	4) Gomez, Maicoll A 18
23.13	45.61 (22.48)	1:07.46 (21.85)	1:29.67 (22.21)
6 East Carolina University-NC	C	NT	x1:30.22
1) Zieg, Tyler K 20	2) Popovic, Grega 18	3) Pofahl, Trey E 19	4) Pierce, Jake E 20
22.98	44.89 (21.91)	1:06.89 (22.00)	1:30.22 (23.33)

Event 27 Women 1 mtr Diving

Name	Age	School	Finals Score
1 Lehman, Olivia	18	James Madison University-VA	NP
2 Roueche, Alicia M	21	East Carolina University-NC	NP
3 Byrum, Hope H	18	James Madison University-VA	NP
4 Sams, Ashley M	21	East Carolina University-NC	NP

Event 28 Men 1 mtr Diving

Name	Age	School	Finals Score
1 Mullen, Matt D	20	East Carolina University-NC	NP
2 Berkey, Taylor J	20	East Carolina University-NC	NP
3 Duval, Zach E	22	East Carolina University-NC	NP

POD Meet A - 11/5/2016**Results****Event 29 Women 3 mtr Diving**

	Name	Age	School		Finals Score
1	Lehman, Olivia	18	James Madison University-VA	NP	281.70
2	Roueché, Alicia M	21	East Carolina University-NC	NP	281.15
3	Sams, Ashley M	21	East Carolina University-NC	NP	242.95
4	Byrum, Hope H	18	James Madison University-VA	NP	218.65
5	Armstrong, Lily K	21	East Carolina University-NC	NP	218.45

Event 30 Men 3 mtr Diving

	Name	Age	School		Finals Score
1	Mullen, Matt D	20	East Carolina University-NC	NP	286.30
2	Berkey, Taylor J	20	East Carolina University-NC	NP	227.00