



2016-17 JAMES MADISON SWIMMING & DIVING

JMU ATHLETICS COMMUNICATIONS: 380 University Blvd., MSC 0404 || Harrisonburg, VA 22807 || JMUSPORTS.COM || @JMUswimDive

2016-17 SCHEDULE/RESULTS

DATE	OPPONENT/EVENT	LOCATION	SCORE/TIME
Oct. 15	Liberty	Harrisonburg, Va.	W, 168.5-125.5
Oct. 22	Northeastern (Northeastern Tri-Meet)	Boston, Mass.	12 p.m.
Oct. 22	New Hampshire (Northeastern Tri-Meet)	Boston, Mass.	12 p.m.
Nov. 5-6	Delaware (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 5-6	UNCW (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 5-6	East Carolina (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 5-6	William & Mary (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 17-18	H2Okie Fall Invitational (Diving Only)	Christiansburg, Va.	All Day
Nov. 18-20	Frank Elm Invitational (Swimming Only)	New Brunswick, N.J.	All Day
Jan. 14	Richmond	Richmond Va.	Noon
Jan. 20-21	VMI (JMU Invitational)	Harrisonburg, Va.	All Day
Jan. 20-21	Marshall (JMU Invitational)	Harrisonburg, Va.	All Day
Feb. 3-5	Janis Hape Dowd Nike Cup (Swimming Only)	Chapel Hill, N.C.	All Day
Feb. 4	JMU Diving Invitational	Harrisonburg, Va.	All Day
Feb. 22-25	CAA Swimming & Diving Championships	Christiansburg, Va.	All Day
March 6-7	NCAA Zone A Diving Championships	Christiansburg, Va.	All Day
March 16-18	NCAA Swimming & Diving Championships	Indianapolis, Ind.	All Day

2016-17 TOP PERFORMANCES BY EVENT

<p>50 Freestyle \$-22.95 (Camilla Czulada, 2/25/16) NCAA A-21.80; B-22.99</p> <p>Athlete Event Time Bonnie Zhang vs. Liberty 24.15</p>	<p>100 Backstroke \$-54.75 (MaryElizabeth Warhol, 2/26/16) NCAA A-51.45; B-55.09</p> <p>Athlete Event Time Abby Ortman vs. Liberty 57.58</p>	<p>400 Freestyle Relay \$-3:20.45 (Czulada, Zielinski, Quinn, Gingher) NCAA A-3:15.78; B-3:17.11</p> <p>Athlete Event Time Zhang, Breeger vs. Liberty 3:28.93 Gring, MacMillan</p>
<p>100 Freestyle \$-49.54 (Eva Hannesdottir, 2/23/12) NCAA A-47.69; B-49.99</p> <p>Athlete Event Time Bonnie Zhang vs. Liberty 51.42</p>	<p>200 Backstroke \$-1:58.01 (MaryElizabeth Warhol, 2/27/16) NCAA A-1:51.95; B-1:59.19</p> <p>Athlete Event Time Abby Ortman vs. Liberty 2:05.35</p>	<p>800 Freestyle Relay \$-7:13.51 (Zielinski, Molano, Martin, MacMillan, 2/24/16) NCAA A-7:05.68; B-7:08.93</p> <p>Athlete Event Time N/A</p>
<p>200 Freestyle \$-1:46.92 (Quinn MacMillan, 2/25/16) NCAA A-1:43.63; B-1:47.99</p> <p>Athlete Event Time Quinn MacMillan vs. Liberty 1:52.36</p>	<p>100 Breaststroke \$-1:00.25 (Shannon Dubay, 3/1/14) NCAA A-59.04; B-1:02.49</p> <p>Athlete Event Time Katie Parker vs. Liberty 1:05.38</p>	<p>200 Medley Relay \$-1:40.26 (Edsall, Won, Dubay, Gingher, 2013) NCAA A-1:37.21; B-1:37.71</p> <p>Athlete Event Time Ortman, Parker vs. Liberty 1:45.76 Breeger, Gring</p>
<p>500 Freestyle \$-4:48.75 (Quinn MacMillan, 2/25/16) NCAA A-4:36.30; B-4:47.79</p> <p>Athlete Event Time Quinn MacMillan vs. Liberty 5:01.61</p>	<p>200 Breaststroke \$-2:12.52 (Kelsey Holmgaard, 3/2/13) NCAA A-2:07.33; B-2:15.99</p> <p>Athlete Event Time Katie Parker vs. Liberty 2:21.95</p>	<p>400 Medley Relay \$-3:40.14 (Burns, Won, A. Criscuolo, Gingher, 2013) NCAA A-3:33.40; B-3:34.96</p> <p>Athlete Event Time N/A</p>
<p>1000 Freestyle \$-10:02.42 (Emily Konieczny, 2/28/09) NCAA A-9:53.50; B-10:02.42</p> <p>Athlete Event Time Kelly Long vs. Liberty 10:31.61</p>	<p>200 Individual Medley \$-1:59.29 (Kelsey Holmgaard, 2/28/13) NCAA A-1:55.35; B-2:01.59</p> <p>Athlete Event Time Katie Parker vs. Liberty 2:08.54</p>	<p>1-Meter Diving \$-327.85 (Kimberly Helfrich, 12/1/12) Z-265.00 (six dives)</p> <p>Athlete Event Score Olivia Lehman vs. Liberty z297.82</p>
<p>1650 Freestyle \$-16:38.24 (Emily Konieczny, 2/28/09) NCAA A-15:53.50; B-16:30.59</p> <p>Athlete Event Time N/A</p>	<p>400 Individual Medley \$-4:15.58 (Kelsey Holmgaard, 3/1/13) NCAA A-4:05.36; B-4:19.39</p> <p>Athlete Event Time N/A</p>	<p>3-Meter Diving \$-377.70 (Kimberly Helfrich, 1/22/11) Z-280.00 (six dives)</p> <p>Athlete Event Score Carlyn McNeely vs. Liberty z318.90</p>
<p>100 Butterfly \$-53.68 (Andrea Criscuolo, 3/1/13) NCAA A-51.49; B-54.49</p> <p>Athlete Event Time Jillian Breeger vs. Liberty 57.94</p>	<p>200 Freestyle Relay \$-1:30.80 (Hannesdottir/Mendieta/Holmgaard/Gingher, 2012) NCAA A-1:28.98; B-1:29.75</p> <p>Athlete Event Time N/A</p>	
<p>200 Butterfly \$-1:58.92 (Andrea Criscuolo, 3/2/13) NCAA A-1:54.01; B-1:59.59</p> <p>Athlete Event Time Courtney Clarke vs. Liberty 2:08.83</p>		

\$-school record

p-prelim time

r-relay leadoff

t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2016-17 PERFORMANCES BY EVENT

50 Freestyle **\$-22.95 (Camilla Czulada, 2/25/16)**
NCAA A-21.80; B-22.99

Athlete	Event	Time
Bonnie Zhang	vs. Liberty	24.15
Mackenzie Gring	vs. Liberty	24.37
Katie Barney	vs. Liberty	24.62
Jillian Breeger	vs. Liberty	24.62

100 Freestyle **\$-49.54 (Eva Hannesdottir, 2/23/12)**
NCAA A-47.69; B-49.99

Athlete	Event	Time
Bonnie Zhang	vs. Liberty	51.42
Shannon Harper	vs. Liberty	53.31
Mackenzie Gring	vs. Liberty	53.76
Logan Haddock	vs. Liberty	56.22

200 Freestyle **\$-1:46.92 (Quinn MacMillan, 2/25/16)**
NCAA A-1:43.63; B-1:47.99

Athlete	Event	Time
Quinn MacMillan	vs. Liberty	1:52.36
Bonnie Zhang	vs. Liberty	1:52.43
Shannon Harper	vs. Liberty	1:54.84
Kristie Darmody	vs. Liberty	1:55.66

500 Freestyle **\$-4:48.75 (Quinn MacMillan, 2/25/16)**
NCAA A-4:36.30; B-4:47.79

Athlete	Event	Time
Quinn MacMillan	vs. Liberty	5:01.61
Claire Adkins	vs. Liberty	5:07.94
Maddie Massey	vs. Liberty	5:14.24
Kristie Darmody	vs. Liberty	5:14.35

1000 Freestyle **\$-10:02.42 (Emily Konieczny, 2/28/09)**

Athlete	Event	Time
Kelly Long	vs. Liberty	10:31.61
Claire Adkins	vs. Liberty	10:34.19
Madi Oster	vs. Liberty	10:38.23
Erin Dougherty	vs. Liberty	10:57.05

100 Butterfly **\$-53.68 (Andrea Criscuolo, 3/1/13)**
NCAA A-51.49; B-54.49

Athlete	Event	Time
Jillian Breeger	vs. Liberty	57.94
Courtney Clarke	vs. Liberty	58.49
Nina Tremols	vs. Liberty	59.95
Brianna DiSilvestro	vs. Liberty	1:02.05

200 Butterfly **\$-1:58.92 (Andrea Criscuolo, 3/2/13)**
NCAA A-1:54.01; B-1:59.59

Athlete	Event	Time
Courtney Clarke	vs. Liberty	2:08.83
Hannah Lagod	vs. Liberty	2:09.15
Maddie Massey	vs. Liberty	2:10.62
Brianna Silvestro	vs. Liberty	2:16.74

100 Backstroke **\$-54.75 (MaryElizabeth Warhol, 2/26/16)**
NCAA A-51.45; B-55.09

Athlete	Event	Time
Abby Ortman	vs. Liberty	57.57
MaryElizabeth Warhol	vs. Liberty	58.25
Logan Haddock	vs. Liberty	59.92
Nina Tremols	vs. Liberty	1:02.58

200 Backstroke **\$-1:58.01 (MaryElizabeth Warhol, 2/27/16)**
NCAA A-1:51.95; B-1:59.19

Athlete	Event	Time
Abby Ortman	vs. Liberty	2:05.35
Emma Gourdie	vs. Liberty	2:05.41
MaryElizabeth Warhol	vs. Liberty	2:06.18
Jennifer Vieni	vs. Liberty	2:08.85

100 Breaststroke **\$-1:00.25 (Shannon Dubay, 3/1/14)**
NCAA A-59.04; B-1:02.49

Athlete	Event	Time
Katie Parker	vs. Liberty	1:05.38
Megan Marsh	vs. Liberty	1:05.99
Maddy Murphy	vs. Liberty	1:08.09
Jessica Pierce	vs. Liberty	1:09.29

200 Breaststroke **\$-2:12.52 (Kelsey Holmgaard, 3/2/13)**
NCAA A-2:07.33; B-2:15.99

Athlete	Event	Time
Katie Parker	vs. Liberty	2:21.95
Hannah Lagod	vs. Liberty	2:26.99
Jessica Pierce	vs. Liberty	2:27.02
Megan Marsh	vs. Liberty	2:27.34

200 Individual Medley **\$-1:59.29 (Kelsey Holmgaard, 2/28/13)**
NCAA A-1:55.35; B-2:01.59

Athlete	Event	Time
Katie Parker	vs. Liberty	2:08.54
Shannon Harper	vs. Liberty	2:08.57
Emma Gourdie	vs. Liberty	2:11.01
Jessica Pierce	vs. Liberty	2:13.28

400 Freestyle Relay **\$-3:20.45**
(Czulada,Zielinski,Quinn,Gingher)
NCAA A-3:15.78; B-3:17.11

Athlete	Event	Time
Zhang, Breeger	vs. Liberty	3:28.93
Gring, MacMillan		
Vieni, Haddock	vs. Liberty	3:37.48
Darmody, Barney		
Long, Lagod	vs. Liberty	3:41.43
Tremols, Adkins		

200 Medley Relay **\$-1:40.26**
(Edsall, Won, Dubay, Gingher, 2013)
NCAA A-1:37.21; B-1:37.71

Athlete	Event	Time
Ortman, Parker	vs. Liberty	1:45.76
Breeger, Gring		
Warhol, Marsh	vs. Liberty	1:47.71
Tremols, Harper		
Clarke, Murphy	vs. Liberty	1:49.07
Vieni, Barney		
Haddock, Pierce	vs. Liberty	1:52.33
DiSilvestro, Darmody		

1-Meter Diving **\$-327.85 (Kimberly Helfrich, 12/1/12)**
Z-265.00 (six dives)

Athlete	Event	Score
Olivia Lehman	vs. Liberty	z297.82
Carlyn McNeely	vs. Liberty	z294.45
Hope Byrum	vs. Liberty	242.63

3-Meter Diving **\$-377.70 (Kimberly Helfrich, 1/22/11)**
Z-280.00 (six dives)

Athlete	Event	Score
Carlyn McNeely	vs. Liberty	z318.90
Olivia Lehman	vs. Liberty	z282.60
Hope Byrum	vs. Liberty	215.85

\$-school record

p-prelim time

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t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2016-17 PERFORMANCES BY INDIVIDUAL

Claire Adkins			Brianna DiSilvestro			Hannah Lagod		
Meet vs. Liberty	500 Freestyle Place 2nd	Time 5:07.94	Meet vs. Liberty	100 Butterfly Place 8th	Time 1:02.05	Meet vs. Liberty	200 Butterfly Place 3rd	Time 2:08.83
Meet vs. Liberty	1000 Freestyle Place 3rd	Time 10:34.19	Meet vs. Liberty	200 Butterfly Place 6th	Time 2:16.74	Meet vs. Liberty	200 Breaststroke Place 4th	Time 2:26.99
Meet vs. Liberty	400 Freestyle Relay Place 5th	Time 3:41.43	Meet vs. Liberty	200 Medley Relay Place 6th	Time 1:52.33	Meet vs. Liberty	400 Freestyle Relay Place 5th	Time 3:41.43
Katie Barney			Erin Dougherty			Olivia Lehman		
Meet vs. Liberty	50 Freestyle Place 6th	Time 24.62	Meet vs. Liberty	1000 Freestyle Place 6th	Time 10:57.05	Meet vs. Liberty	1-Meter Dive Place 1st	Time 2:297.82
Meet vs. Liberty	400 Freestyle Relay Place 4th	Time 3:37.48	Emma Gourdie			Meet vs. Liberty	3-Meter Dive Place 2nd	Time 2:282.60
Meet vs. Liberty	200 Medley Relay Place 5th	Time 1:49.07	Meet vs. Liberty	200 Backstroke Place 2nd	Time 2:05.41	Kelly Long		
Jillian Breeger			Meet vs. Liberty	200 Individual Medley Place 4th	Time 2:11.01	Meet vs. Liberty	1000 Freestyle Place 2nd	Time 10:31.61
Meet vs. Liberty	50 Freestyle Place 6th	Time 24.62	Mackenzie Gring			Meet vs. Liberty	400 Freestyle Relay Place 5th	Time 3:41.43
Meet vs. Liberty	100 Butterfly Place 2nd	Time 57.94	Meet vs. Liberty	50 Freestyle Place 3rd	Time 24.37	Quinn MacMillan		
Meet vs. Liberty	400 Freestyle Relay Place 2nd	Time 3:28.93	Meet vs. Liberty	100 Freestyle Place 6th	Time 53.76	Meet vs. Liberty	200 Freestyle Place 1st	Time 1:52.36
Meet vs. Liberty	200 Medley Relay Place 2nd	Time 1:45.76	Meet vs. Liberty	400 Freestyle Relay Place 2nd	Time 3:28.93	Meet vs. Liberty	500 Freestyle Place 1st	Time 5:01.61
Hope Byrum			Meet vs. Liberty	200 Medley Relay Place 2nd	Time 1:45.76	Meet vs. Liberty	400 Freestyle Relay Place 2nd	Time 3:28.93
Meet vs. Liberty	1-Meter Dive Place 3rd	Time 215.85	Logan Haddock			Megan Marsh		
Meet vs. Liberty	3-Meter Dive Place 3rd	Time 242.63	Meet vs. Liberty	100 Freestyle Place 8th	Time 56.22	Meet vs. Liberty	100 Breaststroke Place 3rd	Time 1:05.99
Courtney Clarke			Meet vs. Liberty	100 Backstroke Place 5th	Time 59.92	Meet vs. Liberty	200 Breaststroke Place 6th	Time 2:27.34
Meet vs. Liberty	100 Butterfly Place 4th	Time 58.49	Meet vs. Liberty	400 Freestyle Relay Place 4th	Time 3:37.48	Meet vs. Liberty	200 Medley Relay Place 3rd	Time 1:47.71
Meet vs. Liberty	200 Butterfly Place 2nd	Time 2:08.83	Meet vs. Liberty	200 Medley Relay Place 6th	Time 1:52.33	Maddie Massey		
Meet vs. Liberty	200 Medley Relay Place 5th	Time 1:49.07	Shannon Harper			Meet vs. Liberty	500 Freestyle Place 5th	Time 5:14.24
Kristie Darmody			Meet vs. Liberty	100 Freestyle Place 4th	Time 53.31	Meet vs. Liberty	200 Butterfly Place 4th	Time 2:10.62
Meet vs. Liberty	200 Freestyle Place 5th	Time 1:55.66	Meet vs. Liberty	200 Freestyle Place 4th	Time 1:54.84	Carlyn McNeely		
Meet vs. Liberty	500 Freestyle Place 6th	Time 5:14.35	Meet vs. Liberty	200 Individual Medley Place 3rd	Time 2:08.57	Meet vs. Liberty	1-Meter Dive Place 2nd	Time 2:294.45
Meet vs. Liberty	400 Freestyle Relay Place 4th	Time 3:37.48	Meet vs. Liberty	200 Medley Relay Place 3rd	Time 1:47.71	Meet vs. Liberty	3-Meter Dive Place 1st	Time 2:318.90
Meet vs. Liberty	200 Medley Relay Place 6th	Time 1:52.33	Maddy Murphy			Meet vs. Liberty	100 Breaststroke Place 5th	Time 1:09.09

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A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2016-17 PERFORMANCES BY INDIVIDUAL

Meet vs. Liberty	200 Medley Relay Place 5th	Time 1:49.07	Meet vs. Liberty	400 Freestyle Relay Place 4th	Time 3:37.48
Abby Ortman			MaryElizabeth Warhol		
Meet vs. Liberty	100 Backstroke Place 2nd	Time 57.58	Meet vs. Liberty	200 Medley Relay Place 5th	Time 1:49.07
Meet vs. Liberty	200 Backstroke Place 1st	Time 2:05.35	Meet vs. Liberty	100 Backstroke Place 3rd	Time 58.25
Meet vs. Liberty	200 Medley Relay Place 2nd	Time 1:45.76	Meet vs. Liberty	200 Backstroke Place 3rd	Time 2:06.18
Madison Oster			Meet vs. Liberty	200 Medley Relay Place 3rd	Time 1:47.71
Meet vs. Liberty	1000 Freestyle Place 4th	Time 10:38.23	Bonnie Zhang		
Katie Parker			Meet vs. Liberty	50 Freestyle Place 2nd	Time 24.15
Meet vs. Liberty	100 Breaststroke Place 1st	Time 1:05.38	Meet vs. Liberty	100 Freestyle Place 1st	Time 51.42
Meet vs. Liberty	200 Breaststroke Place 1st	Time 2:21.95	Meet vs. Liberty	200 Freestyle Place 2nd	Time 1:52.43
Meet vs. Liberty	200 Individual Medley Place 2nd	Time 2:08.54	Meet vs. Liberty	400 Freestyle Relay Place 2nd	Time 3:28.93
Meet vs. Liberty	200 Medley Relay Place 2nd	Time 1:45.76			
Jessica Pierce					
Meet vs. Liberty	100 Breaststroke Place 7th	Time 1:09.29			
Meet vs. Liberty	200 Breaststroke Place 5th	Time 2:27.02			
Meet vs. Liberty	200 Individual Medley Place 5th	Time 2:13.28			
Meet vs. Liberty	200 Medley Relay Place 6th	Time 1:52.33			
Nina Tremols					
Meet vs. Liberty	100 Butterfly Place 7th	Time 1:00.42			
Meet vs. Liberty	100 Backstroke Place 8th	Time 1:02.58			
Meet vs. Liberty	200 Medley Relay Place 3rd	Time 1:47.71			
Meet vs. Liberty	400 Freestyle Relay Place 5th	Time 3:41.43			
Jennifer Vieni					
Meet vs. Liberty	200 Backstroke Place 6th	Time 2:08.85			

\$-school record

p-prelim time

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t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard