



2016-17 JAMES MADISON SWIMMING & DIVING

JMU ATHLETICS COMMUNICATIONS: 380 University Blvd., MSC 0404 || Harrisonburg, VA 22807 || JMUSPORTS.COM || @JMUswimDive

2016-17 SCHEDULE/RESULTS

DATE	OPPONENT/EVENT	LOCATION	SCORE/TIME
Oct. 15	Liberty	Harrisonburg, Va.	11 a.m.
Oct. 22	Northeastern (Northeastern Tri-Meet)	Boston, Mass.	12 p.m.
Oct. 22	New Hampshire (Northeastern Tri-Meet)	Boston, Mass.	12 p.m.
Nov. 5-6	Delaware (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 5-6	UNCW (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 5-6	East Carolina (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 5-6	William & Mary (CAA Pod Meet)	Harrisonburg, Va.	All Day
Nov. 17-18	H2Okie Fall Invitational (Diving Only)	Christiansburg, Va.	All Day
Nov. 18-20	Frank Elm Invitational (Swimming Only)	New Brunswick, N.J.	All Day
Jan. 14	Richmond	Richmond Va.	Noon
Jan. 20-21	VMI (JMU Invitational)	Harrisonburg, Va.	All Day
Jan. 20-21	Marshall (JMU Invitational)	Harrisonburg, Va.	All Day
Feb. 3-5	Janis Hape Dowd Nike Cup (Swimming Only)	Chapel Hill, N.C.	All Day
Feb. 4	JMU Diving Invitational	Harrisonburg, Va.	All Day
Feb. 22-25	CAA Swimming & Diving Championships	Christiansburg, Va.	All Day
March 6-7	NCAA Zone A Diving Championships	Christiansburg, Va.	All Day
March 16-18	NCAA Swimming & Diving Championships	Indianapolis, Ind.	All Day

2015-16 TOP PERFORMANCES BY EVENT

50 Freestyle \$-22.95 (Camilla Czulada, 2/25/16) NCAA A-21.86; B-22.99 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Camilla Czulada</td><td>at CAA Champs</td><td>\$pB22:95</td></tr> </table>	Athlete	Event	Time	Camilla Czulada	at CAA Champs	\$pB22:95	100 Backstroke \$-54.75 (MaryElizabeth Warhol, 2/26/16) NCAA A-51.51; B-55.09 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>MaryElizabeth Warhol</td><td>at CAA Champs</td><td>\$rB54:75</td></tr> </table>	Athlete	Event	Time	MaryElizabeth Warhol	at CAA Champs	\$rB54:75	400 Freestyle Relay \$-3:20.45 (Czulada, Zielinski, Quinn, Gingham) NCAA A-3:16.15; B-3:17.59 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>MacMillan, Molano, Zielinski, Czulada</td><td>at Frank Elm</td><td>3:24.76</td></tr> </table>	Athlete	Event	Time	MacMillan, Molano, Zielinski, Czulada	at Frank Elm	3:24.76
Athlete	Event	Time																		
Camilla Czulada	at CAA Champs	\$pB22:95																		
Athlete	Event	Time																		
MaryElizabeth Warhol	at CAA Champs	\$rB54:75																		
Athlete	Event	Time																		
MacMillan, Molano, Zielinski, Czulada	at Frank Elm	3:24.76																		
100 Freestyle \$-49.54 (Eva Hannesdottir, 2/23/12) NCAA A-47.79; B-49.99 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Kristen Zielinski</td><td>at CAA Champs</td><td>rB49:87</td></tr> </table>	Athlete	Event	Time	Kristen Zielinski	at CAA Champs	rB49:87	200 Backstroke \$-1:58.01 (MaryElizabeth Warhol, 2/27/16) NCAA A-1:51.95; B-1:59.19 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>MaryElizabeth Warhol</td><td>at CAA Champs</td><td>\$pB1:58:01</td></tr> </table>	Athlete	Event	Time	MaryElizabeth Warhol	at CAA Champs	\$pB1:58:01	800 Freestyle Relay \$-7:13.51 (Zielinski, Molano, Martin, MacMillan, 2/24/16) NCAA A-7:06.77; B-7:09.96 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Zielinski, Molano, Martin, MacMillan</td><td>at CAA Champs</td><td>\$7:13.51</td></tr> </table>	Athlete	Event	Time	Zielinski, Molano, Martin, MacMillan	at CAA Champs	\$7:13.51
Athlete	Event	Time																		
Kristen Zielinski	at CAA Champs	rB49:87																		
Athlete	Event	Time																		
MaryElizabeth Warhol	at CAA Champs	\$pB1:58:01																		
Athlete	Event	Time																		
Zielinski, Molano, Martin, MacMillan	at CAA Champs	\$7:13.51																		
200 Freestyle \$-1:46.92 (Quinn MacMillan, 2/25/16) NCAA A-1:43.82; B-1:47.99 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Quinn MacMillan</td><td>at CAA Champs</td><td>\$B1:46.92</td></tr> </table>	Athlete	Event	Time	Quinn MacMillan	at CAA Champs	\$B1:46.92	100 Breaststroke \$-1:00.25 (Shannon Dubay, 3/1/14) NCAA A-59.04; B-1:02.49 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Katie Parker</td><td>at CAA Champs</td><td>B1:02:19</td></tr> </table>	Athlete	Event	Time	Katie Parker	at CAA Champs	B1:02:19	200 Medley Relay \$-1:40.26 (Edsall, Won, Dubay, Gingham, 2013) NCAA A-1:37.46; B-1:37.96 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Haddock, Parker, Tremols, Czulada</td><td>at Frank Elm</td><td>1:44.68</td></tr> </table>	Athlete	Event	Time	Haddock, Parker, Tremols, Czulada	at Frank Elm	1:44.68
Athlete	Event	Time																		
Quinn MacMillan	at CAA Champs	\$B1:46.92																		
Athlete	Event	Time																		
Katie Parker	at CAA Champs	B1:02:19																		
Athlete	Event	Time																		
Haddock, Parker, Tremols, Czulada	at Frank Elm	1:44.68																		
500 Freestyle \$-4:48.75 (Quinn MacMillan, 2/25/16) NCAA A-4:36.30; B-4:47.79 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Quinn MacMillan</td><td>at CAA Champs</td><td>\$4:48.75</td></tr> </table>	Athlete	Event	Time	Quinn MacMillan	at CAA Champs	\$4:48.75	200 Breaststroke \$-2:12.52 (Kelsey Holmgaard, 3/2/13) NCAA A-2:07.42; B-2:15.99 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Katie Parker</td><td>at CAA Champs</td><td>B2:13:16</td></tr> </table>	Athlete	Event	Time	Katie Parker	at CAA Champs	B2:13:16	400 Medley Relay \$-3:40.14 (Burns, Won, A. Criscuolo, Gingham, 2013) NCAA A-3:33.89; B-3:35.31 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Warhol, Parker, Martin, Czulada</td><td>vs. Richmond</td><td>3:50.40</td></tr> </table>	Athlete	Event	Time	Warhol, Parker, Martin, Czulada	vs. Richmond	3:50.40
Athlete	Event	Time																		
Quinn MacMillan	at CAA Champs	\$4:48.75																		
Athlete	Event	Time																		
Katie Parker	at CAA Champs	B2:13:16																		
Athlete	Event	Time																		
Warhol, Parker, Martin, Czulada	vs. Richmond	3:50.40																		
1000 Freestyle \$-10:02.42 (Emily Konieczny, 2/28/09) <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Claire Adkins</td><td>at Marshall</td><td>10:28.44</td></tr> </table>	Athlete	Event	Time	Claire Adkins	at Marshall	10:28.44	200 Individual Medley \$-1:59.29 (Kelsey Holmgaard, 2/28/13) NCAA A-1:55.35; B-2:01.59 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Katie Parker</td><td>at CAA Champs</td><td>B2:00:26</td></tr> </table>	Athlete	Event	Time	Katie Parker	at CAA Champs	B2:00:26	1-Meter Diving \$-327.85 (Kimberly Helfrich, 12/1/12) Z-265.00 (six dives) <table> <tr> <th>Athlete</th><th>Event</th><th>Score</th></tr> <tr> <td>Olivia Lehman</td><td>at CAA Champs</td><td>p318.35</td></tr> </table>	Athlete	Event	Score	Olivia Lehman	at CAA Champs	p318.35
Athlete	Event	Time																		
Claire Adkins	at Marshall	10:28.44																		
Athlete	Event	Time																		
Katie Parker	at CAA Champs	B2:00:26																		
Athlete	Event	Score																		
Olivia Lehman	at CAA Champs	p318.35																		
1650 Freestyle \$-16:38.24 (Emily Konieczny, 2/28/09) NCAA A-15:53.50; B-16:30.59 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Claire Adkins</td><td>at Frank Elm</td><td>16:59.74</td></tr> </table>	Athlete	Event	Time	Claire Adkins	at Frank Elm	16:59.74	400 Individual Medley \$-4:15.58 (Kelsey Holmgaard, 3/1/13) NCAA A-4:05.37; B-4:19.39 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Maddie Massey</td><td>at Frank Elm</td><td>4:25.30</td></tr> </table>	Athlete	Event	Time	Maddie Massey	at Frank Elm	4:25.30	3-Meter Diving \$-377.70 (Kimberly Helfrich, 1/22/11) Z-280.00 (six dives) <table> <tr> <th>Athlete</th><th>Event</th><th>Score</th></tr> <tr> <td>Olivia Lehman</td><td>at CAA Champs</td><td>304.45</td></tr> </table>	Athlete	Event	Score	Olivia Lehman	at CAA Champs	304.45
Athlete	Event	Time																		
Claire Adkins	at Frank Elm	16:59.74																		
Athlete	Event	Time																		
Maddie Massey	at Frank Elm	4:25.30																		
Athlete	Event	Score																		
Olivia Lehman	at CAA Champs	304.45																		
100 Butterfly \$-53.68 (Andrea Criscuolo, 3/1/13) NCAA A-51.56; B-54.49 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Cameron Martin</td><td>at CAA Champs</td><td>55.36</td></tr> </table>	Athlete	Event	Time	Cameron Martin	at CAA Champs	55.36	200 Freestyle Relay \$-1:30.80 (Hannesdottir/Mendieta/Holmgaard/Gingham, 2012) NCAA A-1:29.16; B-1:29.90 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Molano, Zielinski, Barney, MacMillan</td><td>at Frank Elm</td><td>1:35.16</td></tr> </table>	Athlete	Event	Time	Molano, Zielinski, Barney, MacMillan	at Frank Elm	1:35.16							
Athlete	Event	Time																		
Cameron Martin	at CAA Champs	55.36																		
Athlete	Event	Time																		
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200 Butterfly \$-1:58.92 (Andrea Criscuolo, 3/2/13) NCAA A-1:54.22; B-1:59.59 <table> <tr> <th>Athlete</th><th>Event</th><th>Time</th></tr> <tr> <td>Cameron Martin</td><td>at CAA Champs</td><td>p2:01.76</td></tr> </table>	Athlete	Event	Time	Cameron Martin	at CAA Champs	p2:01.76														
Athlete	Event	Time																		
Cameron Martin	at CAA Champs	p2:01.76																		

\$-school record

p-prelim time

r-relay leadoff

t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2015-16 PERFORMANCES BY EVENT

50 Freestyle \$-22.95 (Camilla Czulada, 2/25/16)

NCAA A-21.86; B-22.99

Athlete	Event	Time
Camilla Czulada	at CAA Champs	\$pB22.95
Camilla Czulada	at CAA Champs	23.03
Carli Molano	at CAA Champs	23.32
Camilla Czulada	at Frank Elm	23.43
Carli Molano	at CAA Champs	p23.44
Camilla Czulada	at Carolina College	23.63
Camilla Czulada	at Carolina College	p23.77
Camilla Czulada	vs. Liberty	23.81
Katie Barney	at Carolina College	p23.85
Jillian Breeger	at Carolina College	t23.86
Carli Molano	at Frank Elm	23.95
Kristen Zielinski	at Carolina College	t23.98
Camilla Czulada	at CAA Pod	23.98
Quinn MacMillan	at Carolin College	t23.98
Kristen Zielinski	at Marshall	24.00
Camilla Czulada	vs. Richmond	24.00
Camilla Czulada	at La Salle	24.02
Katie Barney	at Frank Elm	24.06
Katie Barney	at Carolina College	24.07
Jillian Breeger	at Carolina College	t24.09
Jillian Breeger	at Carolina College	p24.21
Carli Molano	at Carolina College	t24.31
Carli Molano	vs. Richmond	24.37
Quinn MacMillan	at Carolina College	p24.43
Lindsay Bosek	at Frank Elm	p24.45
Katie Barney	vs. Liberty	24.46
Quinn MacMillan	at CAA Pod	24.53
Carli Molano	at Carolina College	p24.57
Lindsay Bosek	at Carolina College	p24.58
Carli Molano	at CAA Pod	24.61
Katie Parker	vs. Richmond	24.65
Jillian Breeger	vs. Liberty	24.67
Carli Molano	at Marshall	24.68
Carli Molano	vs. Liberty	24.68
Ashley Clark	at Carolina College	24.74
Katie Barney	at CAA Pod	24.80
Jillian Breeger	at Marshall	24.89
Quinn MacMillan	at La Salle	24.89
Jillian Breeger	vs. Richmond	24.94
Katie Barney	at Marshall	24.95
Shannon Harper	at Carolina College	p24.99
Ashley Clark	at Carolina College	t25.01
Kacy Edsall	at Carolina College	t25.01
Jillian Breeger	at Frank Elm	p25.06
Kristen Zielinski	at La Salle	25.09
Kali Edsall	at Carolina College	p25.12
Jillian Breeger	at La Salle	25.14
Kacy Edsall	at Carolina College	p25.19
Logan Haddock	at Carolina College	t25.31
Kali Edsall	at Carolina College	t25.42
Kali Edsall	at Frank Elm	p25.43
Ashley Clark	at Frank Elm	p25.69
Lindsay Bosek	vs. Liberty	25.80
Ashley Clark	at La Salle	26.07
Kelly Long	at Frank Elm	p26.11
Amanda Presgraves	at Carolina College	t26.31
Amanda Presgraves	at Carolina College	p26.31
Lindsay Bosek	at La Salle	26.32
Jennifer Vieni	at Carolina College	p26.59
Brianna DiSilvestro	at Carolina College	p26.65
Nina Tremols	at Carolina College	p26.71
Courtney Clarke	at Frank Elm	p27.13
Maddy Murphy	at Carolina College	p27.86
Brianna DiSilvestro	at Frank Elm	p27.88

100 Freestyle \$-49.54 (Eva Hannesdottir, 2/23/12)

NCAA A-47.79; B-49.99

Athlete	Event	Time
Kristen Zielinski	at CAA Champs	rB49.87
Kristen Zielinski	at CAA Champs	p50.03
Kristen Zielinski	at CAA Champs	50.10
Camilla Czulada	at CAA Champs	50.13
Camilla Czulada	at CAA Champs	p50.18
Quinn MacMillan	at CAA Champs	p50.51
Camilla Czulada	at Frank Elm	50.60
Carli Molano	at CAA Champs	50.88
Quinn MacMillan	at CAA Champs	51.01
Carli Molano	at CAA Champs	p51.39
Camilla Czulada	at CAA Pod	51.60
Kristen Zielinski	at Marshall	51.87
Carli Molano	at Frank Elm	51.89
Jillian Breeger	at Carolina College	52.13
Camilla Czulada	vs. Liberty	52.17
Jillian Breeger	at Carolina College	p52.18
Kristen Zielinski	at CAA Pod	52.33
Jennifer Vieni	at CAA Champs	p52.45
Kristen Zielinski	at Frank Elm	52.56
Lindsay Bosek	at Carolina College	52.76

Lindsay Bosek	at Carolina College	p52.78
Katie Barney	at Frank Elm	52.91
Lindsay Bosek	at Frank Elm	52.94
Quinn MacMillan	at Marshall	52.96
Quinn MacMillan	at Frank Elm	p52.96
Katie Barney	at Carolina College	p52.97
Katie Barney	at Carolina College	53.07
Camilla Czulada	at La Salle	53.09
Camilla Czulada	vs. Richmond	53.58
Carli Molano	vs. Richmond	53.74
Kristen Zielinski	at La Salle	53.82
Jennifer Vieni	at Frank Elm	53.84
Carli Molano	at CAA Pod	53.89
Jillian Breeger	at Frank Elm	p54.01
Carli Molano	at Marshall	54.18
Ashley Clark	at Frank Elm	p54.33
Carli Molano	vs. Liberty	54.45
Katie Barney	vs. Liberty	54.49
Shannon Harper	at CAA Pod	54.51
Shannon Harper	vs. Liberty	54.57
Shannon Harper	at Frank Elm	p54.65
Katie Barney	at Marshall	54.66
Lindsay Bosek	at Marshall	55.03
Katie Barney	vs. Richmond	55.05
Katie Barney	at La Salle	55.26
MaryElizabeth Warhol	at La Salle	55.51
Kelly Long	at Carolina College	p55.69
Lodan Haddock	at La Salle	56.06
Lindsay Bosek	vs. Richmond	56.10
Lindsay Bosek	vs. Liberty	56.16
Claire Adkins	at La Salle	56.34
Kelly Long	vs. Liberty	56.43
Claire Adkins	at Frank Elm	p56.49
Kelly Long	vs. Richmond	56.96
Madi Oster	vs. Richmond	57.01
Lindsay Bosek	at La Salle	57.01
Kelly Long	at Frank Elm	p57.26
Erin Dougherty	vs. Richmond	57.60
Kelly Long	at La Salle	58.20
Brianna DiSilvestro	at Marshall	1:01.34

200 Freestyle \$-1:46.92 (Quinn MacMillan, 2/25/16)

NCAA A-1:43.82; B-1:47.99

Athlete	Event	Time
Quinn MacMillan	at CAA Champs	\$B1:46.92
Kristen Zielinski	at CAA Champs	B1:47.94
Kristen Zielinski	at CAA Champs	p1:48.04
Camilla Czulada	at CAA Champs	1:49.49
Quinn MacMillan	at CAA Champs	p1:49.66
Shannon Harper	at CAA Champs	1:50.07
Camilla Czulada	at Frank Elm	1:50.58
Camilla Czulada	at CAA Champs	p1:50.62
Carli Molano	at CAA Champs	1:50.89
Quinn MacMillan	at CAA Pod	1:50.94
Carli Molano	at CAA Champs	1:51.24
Shannon Harper	at CAA Champs	p1:51.33
Carli Molano	at Frank Elm	1:51.63
Quinn MacMillan	at Frank Elm	1:51.98
Kristen Zielinski	vs. Richmond	1:52.17
Logan Haddock	at CAA Champs	1:52.55
Lindsay Bosek	at Carolina College	1:52.95
Camilla Czulada	at Marshall	1:53.00
Logan Haddock	at CAA Champs	p1:53.04
Kristen Zielinski	at Marshall	1:53.28
Quinn MacMillan	vs. Richmond	1:53.34
Kristen Zielinski	vs. Liberty	1:53.74
Kristen Zielinski	at Frank Elm	1:53.59
Lindsay Bosek	at Frank Elm	1:53.87
Lindsay Bosek	at Carolina College	p1:53.89
Madi Oster	at Carolina College	1:53.99
Kristen Zielinski	at CAA Pod	1:54.21
Quinn MacMillan	at Marshall	1:54.33
Quinn MacMillan	vs. Liberty	1:54.42
Shannon Harper	at CAA Pod	1:54.47
Kelly Long	at Carolina College	1:54.54
Logan Haddock	at Frank Elm	1:54.81
MaryElizabeth Warhol	at Carolina College	p1:55.52
Claire Adkins	at Frank Elm	p1:55.43
Shannon Harper	vs. Richmond	1:55.46
Shannon Harper	at Frank Elm	1:55.50
Katie Barney	at Carolina College	1:55.59
MaryElizabeth Warhol	vs. Liberty	1:55.70
Logan Haddock	at Marshall	1:55.97
Cameron Martin	at Frank Elm	p1:56.26
Katie Parker	at La Salle	1:56.67
Katie Barney	at Frank Elm	p1:56.75
Katie Barney	at Carolina College	p1:57.18
Madi Oster	at Frank Elm	p1:57.46
Kelly Long	at Frank Elm	p1:57.89
Madi Oster	at Carolina College	p1:58.01
Jennifer Vieni	at Carolina College	p1:58.53

Erin Dougherty	at Carolina College	t1:58.72
Lindsay Bosek	at CAA Pod	1:59.44
Katie Barney	at La Salle	2:00.15
Lindsay Bosek	vs. Richmond	2:00.61
Kelly Long	at La Salle	2:02.01

500 Freestyle \$-4:48.75 (Quinn MacMillan, 2/25/16)

NCAA A-4:36.30; B-4:47.79

Athlete	Event	Time
Quinn MacMillan	at CAA Champs	\$4:48.75
Quinn MacMillan	at CAA Champs	p4:51.51
Kristen Zielinski	at CAA Champs	4:51.76
Claire Adkins	at CAA Champs	4:53.33
Claire Adkins	at CAA Champs	p4:55.40
Cameron Martin	at CAA Champs	4:56.13
Maddie Massey	at Frank Elm	4:58.06
Kristen Zielinski	at CAA Champs	p4:58.35
Maddie Massey	at Carolina College	4:58.73
Cameron Martin	at CAA Champs	p4:59.15
Maddie Massey	at CAA Champs	p4:59.75
Lindsay Bosek	at Carolina College	5:00.07
Quinn MacMillan	at Frank Elm	5:00.82
Kelly Long	at Carolina College	5:01.20
Lindsay Bosek	at Carolina College	p5:01.22
Madi Oster	at Carolina College	p5:01.44
Kelly Long	at Carolina College	p5:01.61
Cameron Martin	at Frank Elm	5:02.52
Quinn MacMillan	at CAA Pod	5:03.51
Katie Parker	at Carolina College	p5:04.63
Claire Adkins	at CAA Pod	5:05.51
Lindsay Bosek	at Frank Elm	5:05.64
Kristen Zielinski	at Frank Elm	5:05.91
Claire Adkins	at Marshall	5:05.99
Quinn MacMillan	vs. Liberty	5:06.24
Cameron Martin	at Marshall	5:06.61
Quinn MacMillan	vs. Richmond	5:07.44
Cameron Martin	at La Salle	5:07.88
Kristen Zielinski	vs. Liberty	5:08.09
Claire Adkins	vs. Liberty	5:09.02
Kristen Zielinski	vs. Richmond	5:09.62
Claire Adkins	at Frank Elm	p5:10.95
Claire Adkins	vs. Richmond	5:11.28
Quinn MacMillan	vs. Liberty	5:11.80
Madi Oster	at CAA Pod	5:12.57
Maddie Massey	at Marshall	5:12.74
Logan Haddock	at Carolina College	p5:14.84
Erin Dougherty	at Carolina College	p5:17.96
Kelly Long	at Frank Elm	p5:18.01
Madi Oster	vs. Liberty	5:19.60
Kelly Long	at Marshall	5:20.16
Madi Oster	vs. Richmond	5:21.33
Madi Oster	at La Salle	5:21.33

1000 Freestyle \$-10:02.42 (Emily Konieczny, 2/28/09)

NCAA A-9:53.50; B-10:02.42

Athlete	Event	Time
Claire Adkins	at Marshall	10:28.44
Claire Adkins	vs. Liberty	10:31.87
Claire Adkins	vs. Richmond	10:36.10
Madi Oster	at Marshall	10:39.26
Claire Adkins	at La Salle	10:39.59
Kelly Long	vs. Richmond	10:42.20
Madi Oster	vs. Richmond	10:49.16
Kelly Long	at Marshall	10:49.30
Madi Oster	vs. Liberty	10:50.24
Madi Oster	at La Salle	10:52.97
Erin Dougherty	vs. Richmond	10:58.18
Erin Dougherty	at Marshall	11:04.40
Erin Dougherty	vs. Liberty	11:11.80

1650 Freestyle \$-16:38.24 (Emily Konieczny, 2/28/09)

NCAA A-15:53.50; B-16:30.59

Athlete	Event	Time
Claire Adkins	at Frank Elm	16:59.74
Claire Adkins	at CAA Champs	17:00.61
Madi Oster	at Frank Elm	17:12.91
Claire Adkins	at CAA Pod	17:33.58
Madi Oster	at CAA Pod	17:45.21

50 Butterfly

Athlete	Event	Time
Kacy Edsall	at Carolina College	t26.25
Courtney Clarke	at Carolina College	t26.33
Brianna DiSilvestro	at Carolina College	t26.35
Nina Tremols	at Carolina College	t26.57
Carli Molano	at Carolina College	t26.71
Katie Parker	at Carolina College	t26.73
Kacy Edsall	at La Salle	26.86
Shannon Harper	at Carolina College	t26.95
Jennifer Vieni	at Carolina College	t26.95
Jennifer Vieni	at La Salle	27.05
Jillian Breeger	at La Salle	27.10

\$-school record

p-prelim time

r-relay leadoff

t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2015-16 PERFORMANCES BY EVENT

Carli Molano	at La Salle	27.12
Courtney Clarke	at La Salle	27.13
Logan Haddock	at Carolina College	t27.16
Ashley Clark	at La Salle	27.33
Shannon Harper	at La Salle	27.37
Logan Haddock	at Carolina College	t27.62
Brianna DiSilvestro	at La Salle	27.68
Maddie Massey	at La Salle	27.78
Maddy Murphy	at Carolina College	t28.02

100 Butterfly \$-53.68 (Andrea Criscuolo, 3/1/13) NCAA A-51.56; B-54.49

Athlete	Event	Time
Cameron Martin	at CAA Champs	55.36
Cameron Martin	at CAA Champs	p55.47
Nina Tremols	at CAA Champs	55.86
Courtney Clarke	at CAA Champs	55.87
Nina Tremols	at CAA Champs	p56.16
Nina Tremols	at Frank Elm	56.26
Courtney Clarke	at CAA Champs	p56.54
Jillian Breeger	at Carolina College	56.82
Cameron Martin	at Carolina College	56.87
Jillian Breeger	at Carolina College	p57.15
Jennifer Vieni	at CAA Champs	p57.17
Kacy Edsall	at CAA Champs	p57.21
Cameron Martin	at Carolina College	p57.40
Ashley Clark	at Frank Elm	57.47
Kacy Edsall	at Frank Elm	57.53
Katie Parker	at Carolina College	p57.61
Brianna DiSilvestro	at Carolina College	57.74
Courtney Clarke	at Frank Elm	57.85
Katie Parker	at Carolina College	57.91
Cameron Martin	at CAA Pod	57.96
Kristen Zielinski	at Carolina College	p58.03
Cameron Martin	vs. Richmond	58.04
Kacy Edsall	at Carolina College	p58.05
Jennifer Vieni	at CAA Pod	58.09
Cameron Martin	vs. Liberty	58.14
Jillian Breeger	at Marshall	58.15
Ashley Clark	at Carolina College	p58.19
Brianna DiSilvestro	at Carolina College	p58.20
Jennifer Vieni	at Frank Elm	58.26
Kacy Edsall	vs. Richmond	58.29
Shannon Harper	at Marshall	58.36
Jillian Breeger	vs. Richmond	58.40
Jillian Breeger	vs. Liberty	58.45
Brianna DiSilvestro	at Carolina College	t58.68
Jillian Breeger	at Frank Elm	p58.75
Courtney Clarke	vs. Richmond	59.16
Courtney Clarke	vs. Liberty	59.16
Nina Tremols	vs. Liberty	59.29
Brianna DiSilvestro	at Frank Elm	59.40
Jillian Breeger	at CAA Pod	59.76
Kacy Edsall	vs. Liberty	59.77
Courtney Clarke	at CAA pod	59.80
Abby Ortman	at Frank Elm	p59.86
Ashley Clark	at Marshall	59.90
Nina Tremols	at Marshall	59.92
Abby Ortman	at Carolina College	p1:00.09
Nina Tremols	vs. Richmond	1:00.21
Carli Molano	at Carolina College	p1:00.50
Ashley Clark	vs. Richmond	1:00.50
Ashley Clark	vs. Liberty	1:00.93
Maddie Massey	vs. Liberty	1:01.10
Maddie Massey	vs. Richmond	1:01.26
Brianna DiSilvestro	vs. Liberty	1:01.45
Brianna DiSilvestro	vs. Richmond	1:01.81
Maddy Murphy	at Carolina College	p1:02.55

200 Butterfly \$-1:58.92 (Andrea Criscuolo, 3/2/13) NCAA A-1:54.22; B-1:59.59

Athlete	Event	Time
Cameron Martin	at CAA Champs	p2:01.76
Cameron Martin	at CAA Champs	2:02.11
Maddie Massey	at CAA Champs	p2:03.63
Maddie Massey	at CAA Champs	2:03.91
Cameron Martin	at Marshall	2:04.02
Courtney Clarke	at CAA Champs	2:04.03
Courtney Clarke	at CAA Champs	p2:04.09
Maddie Massey	at Frank Elm	2:04.82
Cameron Martin	vs. Richmond	2:05.75
Cameron Martin	at CAA Pod	2:07.01
Cameron Martin	at Frank Elm	2:07.30
Brianna DiSilvestro	at Carolina College	p2:07.51
Cameron Martin	vs. Liberty	2:07.61
Maddie Massey	at Marshall	2:08.13
Brianna DiSilvestro	at Carolina College	2:08.29
Brianna DiSilvestro	at Frank Elm	2:08.60

Courtney Clarke	vs. Richmond	2:09.45
Maddie Massey	vs. Richmond	2:09.72
Maddie Massey	at CAA Pod	2:10.13
Courtney Clarke	vs. Liberty	2:10.53
Courtney Clarke	at CAA Pod	2:10.72
Maddie Massey	vs. Liberty	2:11.50
Courtney Clarke	at La Salle	2:11.87
Brianna DiSilvestro	at Marshall	2:12.50
Maddie Massey	at La Salle	2:12.97
Brianna DiSilvestro	at CAA Pod	2:13.87
Brianna DiSilvestro	vs. Liberty	2:14.02
Brianna DiSilvestro	vs. Richmond	2:14.60
Brianna DiSilvestro	at La Salle	2:15.71

50 Backstroke \$-54.75 (MaryElizabeth Warhol, 2/26/16) NCAA A-51.51; B-55.09

Athlete	Event	Time
Kacy Edsall	at Carolina College	t29.93
Kacy Edsall	at Carolina College	t26.99
MaryElizabeth Warhol	at Carolina College	t27.16
MaryElizabeth Warhol	at Carolina College	t27.20
Courtney Clarke	at Carolina College	t27.22
Kali Edsall	at Carolina College	t27.52
Kacy Edsall	at La Salle	27.56
Courtney Clarke	at Carolina College	t27.76
MaryElizabeth Warhol	at La Salle	27.91
Nina Tremols	at Carolina College	t28.20
Logan Haddock	at La Salle	28.28
Nina Tremols	at La Salle	28.46
Jennifer Vieni	at La Salle	28.79

100 Backstroke \$-54.75 (MaryElizabeth Warhol, 2/26/16) NCAA A-51.51; B-55.09

Athlete	Event	Time
MaryElizabeth Warhol	at CAA Champs	\$B54.75
MaryElizabeth Warhol	at CAA Champs	55.15
Abby Ortman	at CAA Champs	55.27
MaryElizabeth Warhol	at CAA Champs	p55.41
Abby Ortman	at CAA Champs	p55.55
Courtney Clarke	at CAA Champs	55.63
Courtney Clarke	at CAA Champs	p56.14
Kacy Edsall	at CAA Champs	p56.76
Nina Tremols	at CAA Champs	p56.82
MaryElizabeth Warhol	at Frank Elm	56.90
Logan Haddock	at CAA Champs	p56.97
Kacy Edsall	at CAA Champs	56.99
Logan Haddock	at Frank Elm	57.17
MaryElizabeth Warhol	at CAA Pod	57.24
Nina Tremols	at Frank Elm	57.51
Kacy Edsall	at Frank Elm	57.57
Courtney Clarke	at Frank Elm	57.84
Courtney Clarke	at Marshall	58.04
MaryElizabeth Warhol	vs. Richmond	58.24
Abby Ortman	at Frank Elm	58.27
Abby Ortman	vs. Richmond	58.77
Abby Ortman	at CAA Pod	58.87
Jennifer Vieni	at Carolina College	59.41
Logan Haddock	at CAA Pod	59.47
Brianna DiSilvestro	at Carolina College	t59.50
Kacy Edsall	vs. Richmond	59.54
Jennifer Vieni	at Carolina College	p59.67
Kacy Edsall	at CAA Pod	59.94
Logan Haddock	vs. Richmond	1:00.32
Quin MacMillan	at Carolina College	p1:00.73
Kali Edsall	at Marshall	1:01.12
Nina Tremols	at Marshall	1:01.28

200 Backstroke \$-1:58.01 (MaryElizabeth Warhol, 2/27/16) NCAA A-1:51.95; B-1:59.19

Athlete	Event	Time
MaryElizabeth Warhol	at CAA Champs	\$pB1:58.01
MaryElizabeth Warhol	at CAA Champs	B1:58.24
Abby Ortman	at CAA Champs	2:00.43
Abby Ortman	at CAA Champs	p2:01.33
Logan Haddock	at CAA Champs	p2:01.46
Logan Haddock	at CAA Champs	2:01.54
Kacy Edsall	at CAA Champs	p2:03.28
Nina Tremols	at CAA Champs	p2:03.30
Logan Haddock	at Frank Elm	2:03.41
Nina Tremols	at Frank Elm	2:04.61
Jennifer Vieni	at CAA Champs	p2:05.63
MaryElizabeth Warhol	at Frank Elm	2:04.86
Courtney Clarke	at Marshall	2:05.94
Jennifer Vieni	at CAA Pod	2:06.10
MaryElizabeth Warhol	vs. Liberty	2:06.19
Jennifer Vieni	vs. Liberty	2:06.29
Jennifer Vieni	at Frank Elm	2:06.75
Kacy Edsall	at Frank Elm	2:06.84
Logan Haddock	at CAA Pod	2:06.94

Abby Ortman	vs. Liberty	2:07.16
Abby Ortman	at La Salle	2:07.39
Logan Haddock	at Marshall	2:07.41
Abby Ortman	vs. Richmond	2:08.23
Jennifer Vieni	vs. Richmond	2:08.65
Jennifer Vieni	at La Salle	2:08.74
Logan Haddock	vs. Richmond	2:10.54
Logan Haddock	vs. Liberty	2:11.31
Kacy Edsall	at CAA Pod	2:13.17
Nina Tremols	at La Salle	2:13.44

50 Breaststroke \$-1:00.25 (Shannon Dubay, 3/1/14) NCAA A-59.04; B-1:02.49

Athlete	Event	Time
Amanda Presgraves	at La Salle	31.63
Shannon Harper	at La Salle	32.96
Maddy Murphy	at La Salle	32.97

100 Breaststroke \$-1:00.25 (Shannon Dubay, 3/1/14) NCAA A-59.04; B-1:02.49

Athlete	Event	Time
Katie Parker	at CAA Champs	B1:02.19
Katie Parker	at CAA Champs	p1:02.62
Amanda Presgraves	at CAA Champs	1:03.91
Katie Parker	vs. Richmond	1:04.28
Maddy Murphy	at CAA Champs	1:04.37
Amanda Presgraves	at CAA Champs	p1:04.46
Maddy Murphy	at CAA Champs	p1:04.80
Katie Parker	at Frank Elm	1:04.89
Amanda Presgraves	at Frank Elm	1:04.92
Katie Parker	at CAA Pod	1:04.95
Katie Parker	vs. Liberty	1:05.08
Maddy Murphy	at Frank Elm	1:05.48
Amanda Presgraves	at CAA Pod	1:05.66
Amanda Presgraves	vs. Richmond	1:05.86
Katie Parker	at Marshall	1:06.17
Amanda Presgraves	at Marshall	1:06.40
Amanda Presgraves	at Carolina College	p1:06.74
Shannon Harper	at Carolina College	1:07.53
Shannon Harper	vs. Liberty	1:07.53
Maddy Murphy	at CAA Pod	1:07.81
Shannon Harper	at Marshall	1:07.88
Shannon Harper	at Carolina College	p1:08.11
Maddy Murphy	vs. Richmond	1:08.37
Maddy Murphy	vs. Liberty	1:09.44
Maddy Murphy	at Marshall	1:09.66
Claire Adkins	at Carolina College	1:09.69
Claire Adkins	at Carolina College	p1:10.24
Nina Tremols	at Carolina College	1:10.40
Nina Tremols	at Carolina College	p1:11.00
Maddie Massey	at Carolina College	p1:12.93
Ashley Clark	at CAA Pod	1:12.93

200 Breaststroke \$-2:12.52 (Kelsey Holmgaard, 3/2/13) NCAA A-2:07.42; B-2:15.99

Athlete	Event	Time
Katie Parker	at CAA Champs	B2:13.16
Katie Parker	at CAA Champs	pB2:15.32
Amanda Presgraves	at CAA Champs	2:16.40
Maddy Murphy	at CAA Champs	2:19.69
Maddy Murphy	at CAA Champs	p2:19.84
Amanda Presgraves	at CAA Champs	p2:19.88
Katie Parker	at CAA Pod	2:19.93
Katie Parker	at Frank Elm	2:20.30
Katie Parker	vs. Richmond	2:20.73
Amanda Presgraves	at Frank Elm	2:20.86
Maddy Murphy	at Frank Elm	2:21.33
Amanda Presgraves	at Marshall	2:21.46
Amanda Presgraves	at CAA Pod	2:22.19
Katie Parker	at Marshall	2:22.27
Shannon Harper	at CAA Champs	p2:22.36
Amanda Presgraves	vs. Richmond	2:22.54
Katie Parker	vs. Liberty	2:22.56
Katie Parker	at La Salle	2:22.87
Amanda Presgraves	vs. Liberty	2:23.25
Amanda Presgraves	at La Salle	2:24.32
Maddy Murphy	at CAA Pod	2:25.46
Shannon Harper	vs. Richmond	2:27.74
Maddy Murphy	at Marshall	2:28.34
Maddy Murphy	vs. Richmond	2:28.60
Maddy Murphy	at La Salle	2:29.62
Maddy Murphy	vs. Liberty	2:30.19

200 Individual Medley \$-1:59.29 (Kelsey Holmgaard, 2/28/13) NCAA A-1:55.35; B-2:01.59

Athlete	Event	Time
Katie Parker	at CAA Champs	B2:00.26
Katie Parker	at CAA Champs	p2:02.05

2015-16 PERFORMANCES BY EVENT

Shannon Harper	at CAA Champs	2:02.85	Martin, Presgraves		Ortman, Presgraves,	vs. Richmond	3:56.53
Shannon Harper	at CAA Champs	p2:03.44			Tremols, Molano		
Katie Parker	at Frank Elm	2:06.01	400 Freestyle Relay	\$-3:20.45	Ortman, Presgraves,	at La Salle	3:57.20
Katie Parker	at Marshall	2:07.10	(Czulada, Zielinski, Quinn, Gingher)		Breeger, Barney		
Katie Parker	at CAA Pod	2:07.26	NCAA A-3:16.15; B-3:17.59		Kc Edsall Presgraves	at Marshall	3:57.75
Kristen Zielinski	at Carolina College	2:08.13	Athlete	Event	Time	Breeger, Barney	
Nina Tremols	at Frank Elm	2:08.38	Zielinski, Molano,	at CAA Champs	3:20.51	Clarke, Murphy,	vs. Richmond
Katie Parker	vs. Liberty	2:08.38	Czulada, MacMillan			Vieni, Barney	
Shannon Harper	at CAA Pod	2:08.80	MacMillan, Molano,	at Frank Elm	3:24.76	Clarke, Murphy,	at CAA Pod
Kristen Zielinski	at Carolina College	p2:09.24	Zielinski, Czulada	*Frank Elm Record		Tremols, Bosek	
Shannon Harper	vs. Richmond	2:09.35	Zielinski, Molano,	at CAA Pod	3:28.44	Haddock, Murphy	at Marshall
Shannon Harper	at La Salle	2:09.36	MacMillan, Czulada			Clark, Bosek	
Shannon Harper	at Marshall	2:09.72	MacMillan, Molano	vs. Liberty	3:30.00	Haddock, Harper,	at CAA Pod
Shannon Harper	at Frank Elm	2:09.79	Zielinski, Czulada			Clark, Long	
Katie Parker	vs. Richmond	2:09.95	Harper, Bosek,	at Frank Elm	3:30.28	Haddock, Murphy,	at La Salle
Jillian Breeger	at Marshall	2:11.04	Vieni, Barney			Martin, Bosek	
Shannon Harper	vs. Liberty	2:11.17	Breeger, Adkins,	at Frank Elm	3:30.59	Haddock, Breeger,	vs. Richmond
Abby Ortman	at Frank Elm	p2:11.71	Parker, Martin			Clark, Massey	
Abby Ortman	at Carolina College	2:11.92	Clark, Haddock,	at Frank Elm	3:33.82		
Cameron Martin	at Carolina College	2:12.03	Massey, Long				
Maddie Massey	at Carolina College	2:12.14	Vieni, Harper,	at CAA Pod	3:35.40		
Cameron Martin	at Carolina College	p2:12.31	Barney, Breeger			1-Meter Diving	\$-327.85 (Kimberly Helfrich, 12/1/12)
Maddy Murphy	at CAA Champs	p2:12.39	Barney, Breeger,	vs. Liberty	3:36.48	Athlete	Event
Claire Adkins	at Carolina College	2:12.44	Haddock, Martin			Olivia Lehman	at CAA Champs
Abby Ortman	at Carolina College	p2:12.54	Long, Haddock,	at CAA Pod	3:41.92	Olivia Lehman	NCAA Zones
Jennifer Vieni	vs. Liberty	2:13.01	Clark, Bosek,			Olivia Lehman	at CAA Champs
Maddy Murphy	at Frank Elm	p2:13.81	Long, Bosek,	vs. Liberty	3:46.78	Olivia Lehman	at Nike Cup
Maddie Massey	at Carolina College	p2:13.84	Adkins, Oster			Olivia Lehman	at CAA Champs
Jillian Breeger	at Frank Elm	p2:14.07				Olivia Lehman	NCAA Zones
Abby Ortman	at La Salle	2:14.20				Olivia Lehman	vs. Liberty
Jennifer Vieni	at Frank Elm	p2:14.82	800 Freestyle Relay	\$-7:13.51		Taryn McLaughlin	at La Salle
Maddie Massey	at CAA Pod	2:14.84	(Zielinski, Molano, Martin, MacMillan, 2/24/16)			Olivia Lehman	at CAA Pod
Claire Adkins	at Carolina College	p2:14.95	NCAA A-7:06.77; B-7:09.96			Carly Alexander	vs. Richmond
Maddie Massey	at La Salle	2:15.14	Athlete	Event	Time	Carly Alexander	at CAA Pod
Ashley Clark	at Frank Elm	p2:15.59	Zielinski, Molano	at CAA Champs	\$7:13.51	Olivia Lehman	at La Salle
Ashley Clark	at CAA Pod	2:16.25	Martin, MacMillan			Olivia Lehman	at Marshall
Nina Tremols	vs. Richmond	2:16.26				Olivia Lehman	at La Salle
Quinn MacMillan	vs. Richmond	2:16.35	Adkins, Parker,	at Frank Elm	7:38.10	Carly Alexander	at CAA Champs
Maddy Murphy	at Marshall	2:16.67	Bosek, Long			Carly Alexander	NCAA Champs
Courtney Clarke	at Carolina College	p2:17.40	200 Medley Relay	\$-1:40.26		Carly Alexander	at CAA Champs
Erin Dougherty	vs. Liberty	2:19.76	(Edsall, Won, Dubay, Gingham, 2013)			Danni Wilson	at Marshall
			NCAA A-1:37.46; B-1:37.96			Danni Wilson	vs. Richmond
400 Individual Medley \$-4:15.58 (Kelsey Holmgaard, 3/1/13)			Athlete	Event	Time	Olivia Lehman	at JMU Invite
	NCAA A-4:05.37; 4:19.39		Haddock, Parker,	at Frank Elm	1:44.68	Carly Alexander	at Nike Cup
Athlete	Event	Time	Tremols, Czulada			Vivian Ross	vs. Liberty
Maddie Massey	at CAA Champs	4:20.29	Edsall, Parker,	vs. Liberty	1:45.32	Carly Alexander	at JMU Invite
Claire Adkins	at CAA Champs	4:21.68	Tremols, Czulada			Vivian Ross	at La Salle
Maddie Massey	at CAA Champs	p4:23.30	Edsall, Presgraves,	at Frank Elm	1:45.68	Danni Wilson	at JMU Invite
Maddie Massey	at Frank Elm	4:25.30	Clarke, Molano			Danni Wilson	at Marshall
Claire Adkins	at CAA Champs	p4:426.29	Ortman, Harper,	vs. Liberty	1:45.78	Vivian Ross	at CAA Pod
Abby Ortman	at CAA Champs	4:27.33	Vieni, Barney			Danni Wilson	at Clemson
Abby Ortman	at CAA Champs	p4:28.26	Warhol, Parker,	at CAA Pod	1:46.50	Danni Wilson	at Nike Cup
Claire Adkins	at CAA Pod	4:34.81	Martin, Czulada			Danni Wilson	at CAA Champs
Maddie Massey	at CAA Pod	4:35.21	Ortman, Murphy,	at Frank Elm	1:47.73	Carly Alexander	NCAA Zones
Shannon Harper	at Carolina College	p4:35.83	Vieni, Barney			Vivian Ross	at Nike Cup
Abby Ortman	at CAA Pod	4:37.79	Edsall, Presgraves,	at CAA Pod	1:47.96		
Erin Dougherty	at Carolina College	p4:48.30	Vieni, Barney				
			Clarke, Murphy,	vs. Liberty	1:48.44	3-Meter Diving	-377.70 (Kimberly Helfrich, 1/22/11)
200 Freestyle Relay			Martin, Breeger			Athlete	Event
(Hannesdottir/Mendieta/Holmgaard/Gingher, 2012)			Clarke, Murphy,	at CAA Pod	1:49.52	Olivia Lehman	at CAA Champs
NCAA A-1:29.16; B-1:29.90			Tremols, Molano			Olivia Lehman	at Clemson
Athlete	Event	Time	Haddock, Clark,	vs. Liberty	1:53.73	Olivia Lehman	at Nike Cup
Zielinski, Molano,	at CAA Champs	1:32.28	DiSilvestro, Bosek			Taryn McLaughlin	at La Salle
MacMillan, Czulada			Haddock, Clark,	at CAA Pod	1:54.47	Olivia Lehman	NCAA Zones
Molano, Zielinski,	at Frank Elm	1:35.16	DiSilvestro, Long			Olivia Lehman	vs. Liberty
Barney, MacMillan						Carly Alexander	vs. Liberty
Zielinski, MacMillan	at Marshall	1:35.41	400 Medley Relay	\$-3:40.14		Olivia Lehman	at CAA Champs
Molano, Czulada			(Burns, Won, A. Criscuolo, Gingham, 2013)			Olivia Lehman	at Marshall
Zielinski, Barney,	at CAA Pod	1:36.29	NCAA A-3:33.89; B-3:35.31			Olivia Lehman	at CAA Pod
Molano, MacMillan			Athlete	Event	Time	Carly Alexander	vs. Richmond
Czulada, Molano,	vs. Richmond	1:37.01	Warhol, Parker,	at CAA Champs	3:40.55	Carly Alexander	at CAA Champs
Zielinski, Bosek			Martin, Czulada			Carly Alexander	at La Salle
Bosek, Vieni,	at Frank Elm	1:37.38	Warhol, Parker,	vs. Richmond	3:50.40	Carly Alexander	at CAA Pod
Breeger, Clark			Martin, Czulada			Olivia Lehman	NCAA Zones
Barney, Martin,	at Marshall	1:38.12	Warhol, Parker,	at CAA Pod	3:50.86	Carly Alexander	at CAA Champs
Haddock, Bosek			Martin, Czulada			Olivia Lehman	at JMU Invite
Molano, MacMillan	at La Salle	1:39.47	Clarke, Parker,	at Marshall	3:51.85	Olivia Lehman	NCAA Champs
Clark, Haddock			Martin, Molano			Carly Alexander	at JMU Invite
Barney, Breeger,	vs. Richmond	1:39.79	Ortman, Parker	at Frank Elm	3:51.86	Danni Wilson	at CAA Champs
Edsall (Kali), Vieni			Martin, Molano			Olivia Lehman	at La Salle
Barney, Zielinski,	at La Salle	1:39.86	Tremols, Murphy,	at Frank Elm	3:52.04	Carly Alexander	at Marshall
Bosek, Vieni			Vieni, MacMillan			Vivian Ross	vs. Liberty
Clark, Clarke,	at Marshall	1:40.93	Ortman, Presgraves,	at CAA Pod	3:54.08	Danni Wilson	at JMU Invite
Adkins, Tremols			Breeger, Zielinski			Danni Wilson	at Clemson
Breeger, Zielinski	at La Salle	1:40.85	Clarke, Harper,	at Frank Elm	3:55.98	Carly Alexander	NCAA Zones
Long, Edsall (Kacy)			Edsall, Zielinski			Danni Wilson	at Marshall
Clark, Edsall (Kacy),	vs. Richmond	1:41.43	Warhol, Parker	at La Salle	3:56.07	Carly Alexander	at Nike Cup
			Tremols, Molano			Vivian Ross	at La Salle

2015-16 PERFORMANCES BY EVENT/INDIVIDUAL

Danni Wilson	vs. Richmond	187.45	vs. Liberty	3rd	1:45.78	Meet	Place	Time
Vivian Ross	at CAA Pod	165.45	at CAA Pod	4th	1:47.96	at Frank Elm	10th	3:30.59
Vivian Ross	at Nike Cup	p152.70				at CAA Pod	--	3:41.92
						vs. Liberty	7th	3:46.78
Claire Adkins								
100 Freestyle								
Meet	Place	Time		Place	Time		Place	Time
at La Salle	--	56.34		3rd	3:57.75			
at Frank Elm	62nd	p56.49		4th	4:00.91			
				2nd	3:57.20			
200 Freestyle								
Meet	Place	Time		Place	Time		Place	Time
at Frank Elm	34th	p1:55.43		6th	24.95			
				t3rd	24.65			
500 Freestyle								
Meet	Place	Time		19th	24.06			
at CAA Champs	5th	4:53.53		9th	24.80			
at CAA Champs	6th	p4:55.40		4th	24.46			
at Marshall	3rd	5:05.99		--	p23.85			
vs. Richmond	4th	5:11.28		15th	24.07			
at CAA Pod	4th	5:05.51						
vs. Liberty	4th	5:09.02						
at Frank Elm	35th	p5:10.95						
1000 Freestyle								
Meet	Place	Time		Place	Time			
at Marshall	3rd	10:28.44		5th	55.05			
vs. Richmond	1st	10:36.10		27th	52.91			
vs. Liberty	2nd	10:31.87		7th	54.49			
at LaSalle	2nd	10:39.59		4th	55.26			
				--	p52.97			
				15th	53.07			
200 Freestyle								
Meet	Place	Time		Place	Time			
at Frank Elm	47th	p1:56.75		47th	p1:56.75			
at La Salle	4th	2:00.15		4th	2:00.15			
at Carolina College	--	p1:57.18		--	p1:57.18			
at Carolina College	14th	1:55.59		14th	1:55.59			
200 Freestyle Relay								
Meet	Place	Time		Place	Time			
at Marshall	3rd	1:38.12		3rd	1:38.12			
vs. Richmond	3rd	1:39.79		3rd	1:39.79			
at Frank Elm	8th	1:35.16		8th	1:35.16			
at CAA Pod	3rd	1:36.29		3rd	1:36.29			
at La Salle	--	1:39.86		--	1:39.86			
400 Freestyle Relay								
Meet	Place	Time		Place	Time			
at Frank Elm	10th	3:30.28		10th	3:30.28			
at CAA Pod	5th	3:35.40		5th	3:35.40			
vs. Liberty	4th	3:36.48		4th	3:36.48			
Lindsay Boser								
200 Medley Relay								
Meet	Place	Time		Place	Time			
vs. Liberty	7th	1:53.77		7th	1:53.77			
400 Medley Relay								
Meet	Place	Time		Place	Time			
at Marshall	4th	4:02.53		4th	4:02.53			
at CAA Pod	--	4:02.09		--	4:02.09			
at La Salle	4th	4:04.71		4th	4:04.71			
50 Freestyle								
Meet	Place	Time		Place	Time			
at Frank Elm	34th	p24.45		34th	p24.45			
at La Salle	6th	26.32		6th	26.32			
vs. Liberty	--	25.80		--	25.80			
at Carolina College	--	p24.58		--	p24.58			
100 Freestyle								
Meet	Place	Time		Place	Time			
at Marshall	--	55.03		--	55.03			
vs. Richmond	7th	56.10		7th	56.10			
at Frank Elm	29th	52.94		29th	52.94			
vs. Liberty	--	56.16		--	56.16			
at La Salle	--	57.01		--	57.01			
at Carolina College	--	p52.78		--	p52.78			
at Carolina College	14th	52.76		14th	52.76			
200 Freestyle								
Meet	Place	Time		Place	Time			
vs. Richmond	7th	2:00.61		7th	2:00.61			
at Frank Elm	27th	1:53.87		27th	1:53.87			
at CAA Pod	14th	1:59.44		14th	1:59.44			
at Carolina College	--	p1:53.89		--	p1:53.89			
at Carolina College	6th	1:52.95		6th	1:52.95			
500 Freestyle								
Meet	Place	Time		Place	Time			
vs. Richmond	7th	5:05.64		7th	5:05.64			
at Frank Elm	23rd	p5:01.22		23rd	p5:01.22			
at Carolina College	--	5:00.07		--	5:00.07			
at Carolina College	7th	5:00.07		7th	5:00.07			
200 Freestyle Relay								
Meet	Place	Time		Place	Time			
at Marshall	3rd	1:38.12		3rd	1:38.12			
vs. Richmond	1st	1:37.01		1st	1:37.01			
at Frank Elm	12th	1:37.38		12th	1:37.38			
at La Salle	--	1:39.86		--	1:39.86			
400 Freestyle Relay								
Meet	Place	Time		Place	Time			
at Marshall	3rd	1:38.12		3rd	1:38.12			
vs. LaSalle	1st	1:37.01		1st	1:37.01			
	12th	1:37.38		12th	1:37.38			
	--	1:39.86		--	1:39.86			
Ashley Clark								
200 Medley Relay								
Meet	Place	Time		Place	Time			
at Frank Elm	59th	p2:15.59		59th	p2:15.59			
vs. Liberty	7th	1:53.77		7th	1:53.77			
at CAA Pod	--	1:54.47		--	1:54.47			
400 Medley Relay								
Meet	Place	Time		Place	Time			
at Marshall	4th	4:02.53		4th	4:02.53			
vs. Richmond	6th	4:05.96		6th	4:05.96			
at CAA Pod	--	4:03.16		--	4:03.16			
50 Freestyle								
Meet	Place	Time		Place	Time			
at Frank Elm	55th	p25.69		55th	p25.69			
at La Salle	--	26.07		--	26.07			
at Carolina College	5th	t25.01		5th	t25.01			
at Carolina College	--	p24.74		--	p24.74			
100 Freestyle								
Meet	Place	Time		Place	Time			
at Frank Elm	50th	p54.33		50th	p54.33			
50 Butterfly								
Meet	Place	Time		Place	Time			
vs. LaSalle	--	27.33		--	27.33			
100 Butterfly								
Meet	Place	Time		Place	Time			
at Marshall	6th	59.90		6th	59.90			

\$-school record

p-prelim time

r-relay leadoff

t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2015-16 PERFORMANCES BY INDIVIDUAL

vs. Richmond at Frank Elm vs. Liberty at Carolina College	8th 25th -- --	1:00.50 57.47 1:00.93 p58.19	at Carolina College	10th 23.63	Meet vs. Liberty	Place 8th	Time 2:19.76	
200 Freestyle Relay	Place	Time	100 Freestyle	Place	Time	400 IM	Place	Time
at Marshall vs. Richmond at Frank Elm at La Salle	4th 4th 12th --	1:40.93 1:41.43 1:37.38 1:39.47	Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	4th 3rd 1st 9th 2nd 2nd 1st	50.13 p50.18 53.58 50.60 51.60 52.17 53.09	Meet at Carolina College	--	p4:48.30
400 Freestyle Relay	Place	Time	200 Freestyle	Place	Time	100 Freestyle	Place	Time
at Frank Elm at CAA Pod	16th --	3:33.82 3:41.92	Meet at CAA Champs at CAA Champs at Marshall at Frank Elm	5th 6th 2nd 17th	1:49.49 p1:50.62 1:53.00 1:50.58	Meet vs. Richmond	--	57.60
200 IM	Place	Time	200 Medley Relay	Place	Time	200 Freestyle	Place	Time
at CAA Pod	15th	2:16.25	400 Medley Relay	Place	Time	at Carolina College	1st	t1:58.72
100 Breaststroke	Place	Time	200 Freestyle Relay	Place	Time	500 Freestyle	Place	Time
at CAA Pod	16th	1:12.93	400 Freestyle Relay	Place	Time	at Carolina College	--	p5:17.96
Kacy Edsall								
200 Medley Relay	Place	Time	50 Backstroke	Place	Time	Meet at La Salle at Carolina College	2nd 1st	27.56 t26.99
at Frank Elm vs. Liberty at CAA Pod	10th 4th --	1:45.68 1:48.44 1:49.52	Meet at CAA Champs vs. Richmond at CAA Pod	DQ 6th 2nd 2nd	-- 1:44.68 1:46.50 1:45.32	100 Backstroke	Place	Time
400 Medley Relay	Place	Time	200 Freestyle Relay	Place	Time	at CAA Champs at CAA Champs vs. Richmond at Frank Elm vs. Liberty at CAA Pod	16th 15th 3rd 17th 4th 10th	56.99 p56.76 59.54 57.57 59.46 59.94
at Marshall vs. Richmond at Frank Elm at CAA Pod	1st 4th 14th --	3:51.85 4:00.91 3:55.88 4:02.09	Meet at CAA Champs at Marshall vs. Richmond vs. LaSalle	2nd 1st 1st --	1:32.28 1:35.41 1:37.01 1:40.85	200 Backstroke	Place	Time
50 Freestyle	Place	Time	400 Freestyle Relay	Place	Time	at CAA Champs at Frank Elm at CAA Pod	18th 22nd 13th	p2:03.28 2:06.84 2:13.17
at Frank Elm	69th	p27.13	Meet at CAA Champs at Frank Elm at CAA Pod vs. Liberty	1st 2nd 2nd 1st	3:20.51 3:24.76 3:28.44 3:30.00	50 Freestyle	Place	Time
50 Backstroke	Place	Time	Brianna DiSilvestro			at Carolina College at Carolina College	5th --	t25.01 p25.19
at Carolina College	2nd	t27.22	200 Medley Relay	Place	Time	Meet vs. LaSalle at Carolina College	1st --	26.86 t26.25
100 Backstroke	Place	Time	50 Freestyle	Place	Time	100 Butterfly	Place	Time
at CAA Champs at CAA Champs at Marshall at Frank Elm	9th 12th 2nd 18th	55.63 56.14 58.04 57.84	Meet vs. Liberty at CAA Pod	7th --	1:53.77 1:54.47	at CAA Champs vs. Richmond at Frank Elm vs. Liberty at Carolina College	20th 3rd 20th --	p57.21 58.29 57.53 59.77 p58.05
200 Backstroke	Place	Time	100 Freestyle	Place	Time	200 Freestyle Relay	Place	Time
at Marshall	3rd	2:05.94	100 Backstroke	Place	Time	vs. Richmond vs. LaSalle	4th --	1:41.43 1:40.85
50 Butterfly	Place	Time	50 Butterfly	Place	Time	Meet at CAA Champs vs. Liberty at Frank Elm at CAA Pod	DQ 2nd 10th 4th	-- 1:45.32 1:45.68 1:47.96
vs. LaSalle	--	27.70	Meet at Carolina College	--	t59.50	400 Medley Relay	Place	Time
at Carolina College	1st	t26.33	Meet at La Salle at Carolina College	-- 2nd	27.68 t26.35	at Marshall at Frank Elm	3rd 14th	3:57.75 3:55.98
100 Butterfly	Place	Time	Meet at Marshall at Carolina College at Carolina College	-- -- 14th	1:01.34 p58.20 57.74	Kali Edsall		
at CAA Champs at CAA Champs vs. Richmond at Frank Elm vs. Liberty at CAA Pod	12th 14th -- 15th 5th 13th	55.87 p56.54 59.16 57.85 59.16 59.80	Meet at Carolina College	--	t59.50	50 Freestyle	Place	Time
200 Butterfly	Place	Time	Meet at La Salle at Carolina College	-- 2nd	27.68 t26.35	Meet at Frank Elm at Carolina College	51st --	p25.43 p25.12
at CAA Champs at CAA Champs vs. Richmond vs. Liberty at CAA Pod	12th 11th 4th 4th 11th 2nd	2:04.03 p2:04.09 2:09.45 2:10.2 2:10.72 2:11.87	Meet vs. Richmond at Frank Elm vs. Liberty at Carolina College	-- 37th -- --	1:01.81 p59.40 1:01.45 p58.20	200 Freestyle Relay	Place	Time
200 Freestyle Relay	Place	Time	200 Butterfly	Place	Time	Meet vs. Richmond	3rd	1:39.79
at Marshall	4th	1:40.93	Meet at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle at Carolina College at Carolina College	6th 6th 20th 14th 7th 4th -- 8th	2:12.50 2:14.60 2:08.60 2:13.87 2:14.02 2:15.71 p2:07.51 2:08.29	100 Backstroke	Place	Time
200 IM	Place	Time	Meet at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle at Carolina College at Carolina College	6th 6th 20th 14th 7th 4th -- 8th	2:12.50 2:14.60 2:08.60 2:13.87 2:14.02 2:15.71 p2:07.51 2:08.29	Meet at Marshall	6th	1:01.12
at Carolina College	--	p2:17.40	Meet at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle at Carolina College at Carolina College	6th 6th 20th 14th 7th 4th -- 8th	2:12.50 2:14.60 2:08.60 2:13.87 2:14.02 2:15.71 p2:07.51 2:08.29	Logan Haddock		
Camilla Czulada								
50 Freestyle	Place	Time	1000 Freestyle	Place	Time	200 Medley Relay	Place	Time
at CAA Champs	3rd	23.03	200 IM	6th	2:12.50	Meet vs. Liberty at CAA Pod	7th --	1:53.77 1:54.47
at CAA Champs	3rd	p\$B22.95	200 IM	6th	2:14.60	400 Medley Relay	Place	Time
vs. Richmond	1st	24.00	200 IM	20th	2:08.60	at Marshall vs. Richmond	4th 6th	4:02.53 4:05.96
at Frank Elm	10th	23.43	200 IM	14th	2:13.87			
vs. Liberty	1st	23.81	200 IM	7th	11:11.80			
at La Salle	1st	24.02						
at CAA Pod	3rd	23.98						
at Carolina College	--	p23.77						

at CAA Pod at La Salle		-- 4th	4:03.16 4:04.71	Meet at Frank Elm at La Salle at Carolina College	50 Freestyle Place	Time 54th 27.37 p24.99	vs. Liberty	7th 400 Medley Relay Place	Time 3:46.78
Meet vs. LaSalle	50 Backstroke Place	Time --	28.28				Meet at CAA Pod	--	4:03.16
Meet at CAA Champs vs. Richmond at Frank Elm at CAA Pod	100 Backstroke Place	Time 19th 5th 13th 8th	p56.97 1:00.32 57.17 59.47	Meet at Frank Elm at CAA Pod	400 Freestyle Relay Place	Time 10th 5th 3:35.40	Meet at CAA Pod	200 Medley Relay Place	Time -- 1:54.47
Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty	200 Backstroke Place	Time 12th 14th 4th 5th 11th 6th 6th	2:01.54 p2:01.46 2:07.41 2:10.54 2:03.41 2:06.94 2:11.31	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	200 IM Place	Time 3rd 4th 3rd 1st 23rd 3rd 4th --	Meet at Frank Elm	400 Freestyle Relay Place	Time 16th -- 3:33.82 3:41.92
Meet at Carolina College	50 Freestyle Place	Time 7th	25.42	Meet at Carolina College	400 IM Place	Time -- p4:35.83		800 Freestyle Relay Place	Time 8th 7:38.10
Meet at La Salle	100 Freestyle Place	Time --	56.06		Olivia Lehman			Quinn MacMillan	
Meet at CAA Champs at CAA Champs at Marshall at Frank Elm	200 Freestyle Place	Time 15th t15th 7th 22nd	1:52.55 p1:53.04 1:55.97 1:54.81	Meet NCAA Champs at NCAA Zones at NCAA Zones at CAA Champs at CAA Champs at Clemson at Marshall at Nike Cup vs. Liberty at CAA Pod at La Salle at JMU Invite	1-Meter Diving Place	Score 40th 1st 2nd 1st 1st 1st 1st 1st 5th 2nd 2nd 11th	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at CAA Pod at Frank Elm vs. Liberty	200 Freestyle Place	Time 1st 3rd 4th 2nd 1st 10th 2nd
Meet at Carolina College	500 Freestyle Place	Time --	p5:14.84				Meet at CAA Champs at Marshall at Frank Elm at CAA Pod at La Salle	200 Freestyle Relay Place	Time 2nd 1st 8th 3rd --
Meet at Marshall at La Salle	200 Freestyle Relay Place	Time 3rd --	1:38.12 1:39.47					400 Freestyle Relay Place	Time 1st 2nd 2nd 1st
Meet at Frank Elm at CAA Pod vs. Liberty	400 Freestyle Relay Place	Time 16th -- 4th	3:33.82 3:41.92 3:36.48	Meet NCAA Champs at NCAA Zones at NCAA Zones at CAA Champs at CAA Champs at Clemson at Marshall at Nike Cup at CAA Pod vs. Liberty at La Salle at JMU Invite	3-Meter Diving Place	Score 49th 9th 7th 2nd 2nd 2nd 1st 1st 6th 1st 1st 3rd 7th	Meet at CAA Champs at Frank Elm at CAA Pod vs. Liberty	800 Freestyle Relay Place	Time 1st 2nd 2nd 1st
Meet at Frank Elm	200 Medley Relay Place	Time 6th	1:44.68				Meet at CAA Champs	400 Freestyle Relay Place	Time 1st 2nd 2nd 1st
at Carolina College at Carolina College	50 Butterfly Place	Time 2nd 7th	t27.16 t27.62				Meet at CAA Champs	800 Freestyle Relay Place	Time 1st 7:13.51
	Shannon Harper						Meet at Frank Elm	400 Medley Relay Place	Time 11th 3:52.04
Meet vs. Liberty	200 Medley Relay Place	Time 3rd	1:45.78				Meet at CAA Champs	50 Freestyle Place	Time 6th 1st --
Meet at Frank Elm at CAA Pod	400 Medley Relay Place	Time 14th --	3:55.98 4:03.16	Meet at Marshall vs. Richmond	Kelly Long		Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm at CAA Pod vs. Liberty	500 Freestyle Place	Time 1st 2nd 1st 18th 1st 1st
Meet at Marshall vs. Liberty at Carolina College at Carolina College	100 Breaststroke Place	Time 4th 4th -- 12th	1:07.88 1:07.53 p1:08.11 1:07.53	Meet at La Salle at Carolina College at Carolina College	1000 Freestyle Place	Score 7th 4th 10:49.30 10:42.20			
Meet at CAA Champs vs. Richmond	200 Breaststroke Place	Time 19th 4th	p2:22.36 2:27.74	Meet at Marshall at Frank Elm at Carolina College at Carolina College	200 Freestyle Place	Score 5th -- 12th	Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm at CAA Pod vs. Liberty	50 Freestyle Place	Time 7th 2nd
Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm at CAA Pod	200 Freestyle Place	Time 9th 9th 4th 31st 4th	1:50.07 p1:51.33 1:55.46 1:55.50 1:54.47				Meet at CAA Pod vs. La Salle		24.53 24.89
Meet at CAA Pod vs. Liberty	100 Freestyle Place	Time 11th 8th	54.51 54.57	Meet at Frank Elm	500 Freestyle Place	Time 8th 52nd -- 8th		Cameron Martin	
Meet at Carolina College	50 Butterfly Place	Time 5th	t26.95	Meet at Frank Elm	100 Freestyle Place	Time -- 65th -- -- --	Meet at CAA Champs at CAA Champs vs. Richmond at CAA Pod vs. Liberty at Carolina College at Carolina College	100 Butterfly Place	Time 5th 7th 2nd 5th 2nd -- 11th
Meet at Marshall	100 Butterfly Place	Time 3rd	58.36	Meet at Frank Elm	200 Freestyle Relay Place	Time 52nd -- 1:40.85	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at CAA Pod	200 Butterfly Place	Time 4th 3rd 2nd 1st 3rd

\$-school	record
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p-prelim time

r-relay leadoff

t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2015-16 PERFORMANCES BY INDIVIDUAL

at Frank Elm vs. Liberty	14th 1st	2:07.30 2:07.61	100 Breaststroke	Place	Time	vs. Richmond at Frank Elm at CAA Pod at La Salle	4th 11th -- 4th	4:00.91 3:52.04 4:02.09 4:04.71				
Meet at CAA Pod vs. Liberty	200 Medley Relay	Place 2nd 4th	Time 1:46.50 1:48.44	Taryn McLaughlin			200 IM	Place 26th 8th 50th	Time p2:12.39 2:16.67 2:13.81			
Meet at CAA Champs at Marshall vs. Richmond at CAA Pod at Frank Elm at La Salle	400 Medley Relay	Place 2nd 1st 1st 1st 10th 4th	Time 3:40.55 3:51.85 3:50.40 3:50.86 3:51.86 4:04.71	Meet at La Salle	1-Meter Diving	Place 1st	Score z278.77	Meet at CAA Champs at Marshall at Frank Elm	50 Breaststroke	Place 4th	Time 32.97	
Meet at Marshall vs. Richmond	200 Freestyle Relay	Place 3rd 4th	Time 1:38.12 1:41.43	Meet at CAA Champs at CAA Champs at Frank Elm vs. Liberty	3-Meter Diving	Place 1st	Score 295.80	Meet vs. LaSalle	100 Breaststroke	Place 11th 13th 5th 4th 17th 7th 6th	Time 1:04.37 p1:04.80 1:09.66 1:08.37 1:05.48 1:07.81 1:09.67	
Meet at Frank Elm vs. Liberty	400 Freestyle Relay	Place 11th 4th	Time 3:30.59 3:36.48	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty	100 Freestyle	Place 9th 9th 5th 2nd 8th 7th 6th	Time 50.88 p51.39 54.18 53.74 51.89 53.89 54.45	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	200 Breaststroke	Place 10th 10th 3rd 5th 13th 8th 6th 3rd	Time 2:19.69 p2:19.84 2:28.34 2:28.60 2:21.33 2:25.46 2:30.19 2:29.62	
Meet at CAA Champs	800 Freestyle Relay	Place 1st	Time 7:13.51	Meet at Frank Elm at CAA Pod	200 Medley Relay	Place 10th --	Time 1:45.68 1:49.52	Meet at Carolina College	50 Butterfly	Place 8th	Time T28.02	
Meet at Frank Elm	200 Freestyle	Place 43rd	Time p1:56.26	Meet at Marshall vs. Richmond at Frank Elm at La Salle	400 Medley Relay	Place 1st 3rd 10th 1st	Time 3:51.85 3:56.53 3:51.86 3:56.07	Meet at Carolina College	100 Butterfly	Place --	Time p1:02.55	
Meet at CAA Champs at CAA Champs at Marshall at Frank Elm at La Salle	500 Freestyle	Place 10th 16th 4th 25th 4th	Time 4:56.13 p4:59.15 5:06.61 5:02.52 5:07.88	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at Carolina College	50 Freestyle	Place 7th 6th 4th 2nd 8th 3rd --	Time 23.32 p23.44 24.68 24.37 23.95 24.61 t24.31 p24.57	Meet at Carolina College	50 Freestyle	Place --	Time p27.86	
Meet at Carolina College	100 Backstroke	Place --	Time p1:00.73	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at Carolina College	100 Butterfly	Place 7th 6th 4th 2nd 8th 3rd --	Time 23.32 p23.44 24.68 24.37 23.95 24.61 t24.31 p24.57	Meet at Carolina College	Abby Ortman	200 Medley Relay	Place 3rd 15th	Time 1:45.78 1:47.73
Meet at Carolina College at Carolina College	200 IM	Place -- 13th	Time p2:12.31 2:12.03	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at Carolina College	50 Butterfly	Place -- 1st	Time 27.12 t26.71	Meet at Frank Elm at La Salle at Carolina College at Carolina College	400 Medley Relay	Place 3rd 10th 4th 2nd	Time 3:56.53 3:51.86 3:54.08 3:57.20	
Maddie Massey												
Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod vs. Liberty at La Salle	200 Butterfly	Place 11th 9th 5th 5th 9th 8th 5th 3rd	Time 2:03.91 p2:03.63 2:08.13 2:09.72 2:04.82 2:10.13 2:11.50 2:12.97	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at Carolina College	100 Butterfly	Place -- 1st	Time 27.12 t26.71	Meet at Frank Elm at La Salle at Carolina College at Carolina College	200 IM	Place 34th -- -- 12th	Time p2:11.71 2:14.20 p2:12.54 2:11.92	
Meet at La Salle	50 Butterfly	Place --	Time 27.78	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at La Salle	200 Freestyle Relay	Place 2nd 1st 1st 8th 3rd --	Time 1:32.28 1:35.41 1:37.01 1:35.16 1:36.29 1:39.47	Meet at CAA Champs at CAA Champs at CAA Pod	400 IM	Place 14th 12th 7th	Time 4:27.33 p4:28.26 4:37.79	
Meet at CAA Pod at La Salle at Carolina College at Carolina College	200 IM	Place 13th -- -- 14th	Time 2:14.84 2:15.14 p2:13.84 2:12.14	Meet at CAA Champs at CAA Champs at Marshall vs. Richmond at Frank Elm at CAA Pod at La Salle	400 Freestyle Relay	Place 1st 2nd 2nd 1st	Time 3:20.51 3:24.76 3:28.44 3:30.00	Meet at CAA Champs at CAA Champs vs. Richmond at Frank Elm vs. Liberty at CAA Pod	100 Backstroke	Place 6th 16th 2nd 19th 3rd 7th	Time 55.27 p55.55 58.77 58.27 58.36 58.87	
Meet at CAA Champs at CAA Champs at Frank Elm at CAA Pod	400 IM	Place 4th 4th 5th 5th	Time 4:20.29 p4:23.30 4:25.30 4:35.21	Meet at CAA Champs at Frank Elm at CAA Pod vs. Liberty	800 Freestyle Relay	Place 1st	Time 7:13.51	Meet at CAA Champs at CAA Champs vs. Richmond vs. Liberty at La Salle	200 Backstroke	Place 9th 12th 1st 5th 1st	Time 2:00.43 p2:01.33 2:08.23 2:07.87 2:07.39	
Meet vs. Richmond vs. Liberty	100 Butterfly	Place -- --	Time 1:01.26 1:01.10	Meet at CAA Champs	Maddy Murphy	200 Medley Relay	Place 15th 4th --	Time 1:47.73 1:48.44 1:49.52	Meet at Frank Elm at Carolina College	100 Butterfly	Place 42nd --	Time p59.86 p1:00.09
Meet at CAA Champs at Marshall at Frank Elm	500 Freestyle	Place 18th 7th 7th	Time p4:59.75 5:12.74 4:58.06	Meet at Frank Elm vs. Liberty at CAA Pod	400 Medley Relay	Place 15th 4th --	Time 1:47.73 1:48.44 1:49.52	Meet at Frank Elm at Carolina College	Madison Oster	1650 Freestyle		
Meet vs. Richmond	400 Medley Relay	Place 6th	Time 4:05.96	Meet at Marshall	400 Medley Relay	Place 4th	Time 4:02.53					
Meet at Frank Elm	400 Freestyle Relay	Place 16th	Time 3:33.82	Meet at Marshall	400 Medley Relay	Place 4th	Time 4:02.53					

2015-16 PERFORMANCES BY INDIVIDUAL

Meet
at Frank Elm
at CAA Pod

Place
10th
5th

Time
17:12.91
17:45.21

at Carolina College

4th
t26.73

Meet
at Carolina College

100 Butterfly
Place
--
Time
p57.61

Amanda Presgraves

Meet
at Marshall
vs. Richmond
at CAA Pod
at La Salle

400 Medley Relay
Place
3rd
3rd
4th
2nd
Time
3:57.75
3:56.53
3:54.08
3:57.20

Meet
vs. LaSalle

50 Breaststroke
Place
1st
Time
31.63

Meet
at CAA Champs
at CAA Champs
at Marshall
vs. Richmond
at Frank Elm
at CAA Pod
at Carolina College

100 Breaststroke
Place
9th
11th
2nd
2nd
8th
2nd
--
Time
1:03.91
p1:04.46
1:06.40
1:05.86
1:04.49
1:05.66
p1:06.74

Meet
at CAA Champs
at CAA Champs
at Marshall
vs. Richmond
at Frank Elm
at CAA Pod
vs. Liberty
at La Salle

200 Breaststroke
Place
9th
11th
1st
2nd
2nd
3rd
2nd
Time
2:16.40
p2:19.88
2:21.46
2:22.54
2:20.86
2:22.19
2:23.25
2:24.32

Meet
at Frank Elm
at CAA Pod

200 Medley Relay
Place
10th
4th
Time
1:45.68
1:47.96

Meet
vs. Richmond

200 Freestyle Relay
Place
4th
Time
1:41.43

Meet
at Carolina College
at Carolina College

50 Freestyle
Place
8th
--
Time
t26.31
p26.31

Vivian Ross

Meet
vs. Liberty
at La Salle
at CAA Pod
at Nike Cup

1-Meter Diving
Place
3rd
7th
7th
38th
Score
221.75
203.17
200.90
p150.15

Meet
at CAA Pod
vs. Liberty
at La Salle
at Nike Cup

3-Meter Diving
Place
9th
3rd
7th
37th
Score
165.45
233.85
189.82
p152.70

Nina Tremols

Meet
at CAA Champs
at Frank Elm
vs. Liberty
at CAA Pod

200 Medley Relay
Place
DQ
6th
2nd
2nd
Time
--
1:44.68
1:45.32
1:49.52

Meet
vs. Richmond
at Frank Elm
at CAA Pod
at La Salle

400 Medley Relay
Place
3rd
11th
--
1st
Time
3:56.53
3:52.04
4:02.09
3:56.07

Meet
at Carolina College

50 Freestyle
Place
--
Time
p26.71

Meet
vs. LaSalle

50 Backstroke
Place
5th
Time
28.54

Meet
at CAA Champs
at Marshall
at Frank Elm

100 Backstroke
Place
18th
7th
26th
Time
p56.82
1:01.28
57.51

Meet
at CAA Champs
at Frank Elm
at La Salle

200 Backstroke
Place
19th
14th
3rd
Time
2:03.30
2:04.61
2:13.44

Meet
at Carolina College

50 Butterfly
Place
3rd
Time
t26.57

Meet
at CAA Champs
at CAA Champs
at Marshall
vs. Richmond
at Frank Elm
vs. Liberty

100 Butterfly
Place
11th
9th
7th
7th
10th
6th
Time
55.86
p56.16
59.92
1:00.21
56.26
59.29

Meet
vs. Richmond
at Frank Elm

200 IM
Place
5th
21st
Time
2:16.26
2:08.38

Meet
at Marshall

200 Freestyle Relay
Place
4th
Time
1:40.93

at Carolina College
at Carolina College

100 Breaststroke
--
16th
p1:11.00
1:10.40

Jennifer Vieni

Meet
at Frank Elm
vs. Liberty
at CAA Pod

200 Medley Relay
Place
15th
3rd
4th
Time
1:47.73
1:45.78
1:47.96

Meet
vs. Richmond
at Frank Elm

400 Medley Relay
Place
4th
11th
Time
4:00.91
3:52.04

Meet
at La Salle

50 Backstroke
Place
--
Time
28.79

Meet
at La Salle
at Carolina College

50 Butterfly
Place
2nd
5th
Time
27.05
t26.95

Meet
at CAA Champs
at Frank Elm
at CAA Pod

100 Butterfly
Place
19th
24th
6th
Time
p57.17
58.26
58.09

Meet
at Carolina College

50 Freestyle
Place
--
Time
p26.59

Meet
at CAA Champs
at Frank Elm

100 Freestyle
Place
20th
32nd
Time
p52.45
53.84

Meet
at Carolina College

200 Freestyle
Place
--
Time
p1:58.53

Meet
vs. Richmond
at Frank Elm
at La Salle

200 Freestyle Relay
Place
3rd
12th
--
Time
1:39.79
1:37.38
1:39.86

Meet
at Frank Elm
at CAA Pod

400 Freestyle Relay
Place
10th
5th
Time
3:30.28
3:35.40

Meet
at CAA Champs
vs. Richmond
at CAA Pod
vs. Liberty
at La Salle
at Frank Elm

200 Backstroke
Place
23rd
2nd
5th
4th
2nd
20th
Time
2:05.63
2:08.65
2:06.10
2:07.16
2:08.74
2:06.75

Meet
at Frank Elm
vs. Liberty

200 IM
Place
55th
6th
Time
2:14.82
2:13.01

at Carolina College
at Carolina College

100 Backstroke
--
9th
p59.67
59.41

\$-school record

p-prelim time

r-relay leadoff

t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard

2015-16 PERFORMANCES BY INDIVIDUAL

MaryElizabeth Warhol

Meet	Place	Time
at CAA Pod	2nd	1:46.50

Meet	Place	Time
at CAA Champs	2nd	3:40.55
vs. Richmond	1st	3:50.40
at CAA Pod	1st	3:50.86
at La Salle	1st	3:56.07

Meet	Place	Time
vs. LaSalle	3rd	27.91
at Carolina College	3rd	t27.38
at Carolina College	--	t27.20

Meet	Place	Time
at CAA Champs	--	\$rB54.75
at CAA Champs	5th	55.15
at CAA Champs	5th	p55.41
vs. Richmond	1st	58.24
at Frank Elm	11th	56.90
at CAA Pod	2nd	57.24

Meet	Place	Time
at CAA Champs	3rd	B1:58.24
at CAA Champs	1st	p\$B1:58.01
at Frank Elm	25th	2:04.86
vs. Liberty	2nd	2:06.19

Meet	Place	Time
vs. LaSalle	--	55.51

Meet	Place	Time
vs. Liberty	5th	1:55.98

vs. Richmond	2nd	5:09.62
at Frank Elm	28th	5:05.91
vs. Liberty	3rd	5:08.09

Meet	Place	Time
at CAA Champs	2nd	1:32.28
at Marshall	1st	1:35.41
vs. Richmond	1st	1:37.01
at Frank Elm	8th	1:35.16
at CAA Pod	3rd	1:36.29
at LaSalle	--	1:39.86

Meet	Place	Time
at CAA Champs	1st	3:20.51
at Frank Elm	2nd	3:24.76
at CAA Pod	2nd	3:28.44
vs. Liberty	1st	3:30.00

Meet	Place	Time
at CAA Champs	1st	7:13.51

Meet	Place	Time
at Frank Elm	14th	3:55.98
at CAA Pod	4th	3:54.08

Meet	Place	Time
at Carolina College	--	p2:09.24
at Carolina College	9th	2:08.13

Meet	Place	Time
at Carolina College	--	p58.03

Danni Wilson

Meet	Place	Score
at CAA Champs	11th	242.65
at CAA Champs	16th	p207.85
at Clemson	6th	224.47
at Marshall	4th	219.23
vs. Richmond	5th	187.45
at JMU Invite	13th	231.05

Meet	Place	Score
at CAA Champs	21st	p176.35
at Clemson	8th	179.84
at Marshall	6th	201.00
vs. Richmond	4th	236.75
at Nike Cup	36th	p179.70
at JMU Invite	21st	201.85

Kristen Zielinski

Meet	Place	Time
at Marshall	1st	24.00
vs. LaSalle	--	25.09

Meet	Place	Time
at CAA Champs	--	rB49.87
at CAA Champs	3rd	50.10
at CAA Champs	2nd	p50.03
at Marshall	1st	51.87
at CAA Pod	4th	52.33
at Frank Elm	21st	52.56
at La Salle	2nd	53.82

Meet	Place	Time
at CAA Champs	2nd	B1:47.94
at CAA Champs	1st	p1:48.04
at Mashall	3rd	1:53.28
vs. Richmond	1st	1:52.17
at Frank Elm	14th	1:53.59
vs. Liberty	1st	1:53.74
at CAA Pod	3rd	1:54.21
at Carolina College	--	p1:55.52

Meet	Place	Time
at CAA Champs	9th	4:51.76
at CAA Champs	12th	p4:58.35

\$-school record

p-prelim time

r-relay leadoff

t-time trial

A-NCAA "A" Cut

B-NCAA "B" Cut

Z-NCAA Zone Diving Qualifying Standard