NCAA MIDWEST REGIONAL 10K

IOWA STATE UNIVERSITY • AMES, IA

COURSE LEGEND

- Loops 1, 2, & 3:
- Loops 4 & 5:
- Finish Loop:

CYCLONES
CROSS COUNTRY

START
9K
3K
7K
FINISH
5K
1K
2K
6K
4K
8K

10K COURSE MAP