



WRESTLING

6-1 OVERALL 0-0 BIG 12 1-1 HOME 0-0 AWAY 5-0 NEUTRAL



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IOWA STATE CYCLONES

6-1 overall (0-0 Big 12)

Ranking (NWCA): 5
Coach: Kevin Dresser

Overall: 234-78 (18th year)
ISU Record: 74-27 (7th year)

VS



ARIZONA STATE SUN DEVILS

1-2 overall (0-0 PAC-12)

Rankings: (NWCA): 21

Coach: Zeke Jones



CALIFORNIA BAPTIST LANCERS

3-4 overall (0-1 Big 12)

Rankings: (NWCA): NR
Coach: Derek Moore

Overall: 8-24 (3rd year)
CBU Record: 8-24 (3rd year)

FRIDAY, JAN. 5 (7 P.M.) // SUNDAY, JAN. 7 (4 P.M.)

Chandler, Ariz. - Hamilton High School // Walnut, Calif. - Mt. San Antonio College

PAC-12 PLUS

Live Stream vs. ASU
on PAC-12 Plus

FLOWRESTLING

Live Stream vs. CBU
on FloWrestling

VARISITY

Ryan Rohlk, PxP
Nate Carr, analyst

TRACKWRESTLING

Live Stats
on TrackWrestling

2023-24 SCHEDULE

NOVEMBER

5	vs. Cleveland State ⁶	W, 43-3
12	Davidson	W, 50-0
19	vs. No. 18 Wisconsin [*]	W, 42-0
26	No. 4 Iowa[#]	L, 15-18

DECEMBER

1-2	Cliff Keen Invitational [®]	1st, 130.5 Pts.
7	vs. No. 13 Pittsburgh ⁺	W, 21-14
18	vs. Little Rock ⁺	W, 31-9
18	vs. No. 5 Cornell ⁺	W, 26-15

JANUARY

5	vs. No. 21 Arizona State ^{**} (PAC-12 Plus)	7 p.m.
7	vs. California Baptist ⁶ (Flo)	4 p.m.
12	Utah Valley[*] (ESPN+)	7 p.m.
14	Pittsburgh (ESPN+)	2 p.m.
26	at Oklahoma [*]	7 p.m.
27	at Oklahoma State [*]	6 p.m.

FEBRUARY

2	West Virginia[*] (ESPN+)	7 p.m.
11	Northern Iowa[*] (ESPN+)	2 p.m.
18	Last Chance Open	All Day
25	Missouri[*] (ESPN+)	2 p.m.

MARCH

9-10	Big 12 Championship [^]	All Day
21-23	NCAA Championships [!]	All Day

Home Dates in Bold // All Times Central

^{} Big 12 Conference Dual*

⁶ Perry High School (Massillon, Ohio)

[%] Humboldt, Iowa

[#] Iowa Corn Cy-Hawk Series

[@] Las Vegas, Nevada

⁺ Collegiate Duals (Nashville, Tenn.)

*^{**} Hamilton High School (Chandler, Ariz.)*

^{\$} Walnut, Calif.

[^] Tulsa, Okla.

[!] Kansas City, Mo.

QUICK FACTS

Location	Ames, Iowa
Enrollment	30,177
Nickname	Cyclones
Mascot	Cy
Colors	Cardinal & Gold
Affiliation	NCAA Division I
Conference	Big 12
Facility	Hilton Coliseum
Capacity	14,267
President	Dr. Wendy Wintersteen
Director of Athletics	Jamie Pollard

THE LEAD

No. 5 Iowa State opens 2024 with a trip to the southwest corner of the United States for a pair of neutral site matchups against No. 21 Arizona State and Big 12 foe California Baptist. The Cyclones and Sun Devils will square off at Hamilton High School in Chandler, Ariz. while ISU and the Lancers will meet in Walnut, Calif. at Mt. San Antonio College.

KEY STORYLINES

- Last time out, Iowa State went 3-0 at the Collegiate Duals in Nashville, Tenn. with a pair of wins over top-15 teams. The Cyclones defeated No. 13 Pitt, Little Rock and No. 5 Cornell at the event.
- Iowa State opens its Big 12 dual slate Sunday against California Baptist. The Cyclones are 35-11 in Big 12 duals under Kevin Dresser, 15-1 in the last two seasons and 26-3 in the last four seasons.
- ISU and Arizona State met last season as top five teams with the No. 4 Cyclones pulling out a 19-15 victory over the No. 3 Sun Devils. Bonus points were the difference as Iowa State won the first five bouts of the dual before Arizona State won the last five.
- Anthony Echemendia went 3-0 at the Collegiate Duals with three bonus-point performances, two of which came against top-16 foes. Echemendia

- started the day with a 12-3 major decision over Pitt's returning All-American Cole Matthews and ended the day with a convincing 13-4 victory over Cornell's No. 16 Vince Cornella.
- Yonger Bastida had a dominant start to the season. The Cuban is 12-0 with eight bonus-point wins, five top-20 victories and owns a 52:1 takedown ratio.
- David Carr became the 39th member of Iowa State's 100-win club in December at the CKLV. His .962 winning percentage ranks fourth all-time in school history among 100-match winners.
- Iowa State wrestlers have pushed the pace and been aggressive on their feet this season. The Cyclones own a 192-56 takedown advantage over their opponents in seven duals and a 294-81 advantage overall.

PROJECTED LINEUP

Wt.	Name	Year	Hometown	Record	Career	Flo	InterMat	WIN
125	Kysen Terukina	Sr.	Ewa Beach, Hawaii	5-4	31-21	23	23	NR
133	Evan Frost	R-Fr.	Metairie, La.	10-2	25-7	9	7	9
141	Anthony Echemendia	R-Jr.	Cabaiguan, Cuba	10-3	16-4	9	12	8
149	Zach Redding	Sr.	Manorville, N.Y.	7-2	41-23	-	-	-
157	Cody Chittum	Fr.	Cleveland, Tenn.	7-3	7-3	22	20	18
165	David Carr	Sr.	Canton, Ohio	11-1	104-4	2	4	3
174	MJ Gaitan	R-Fr.	Temecula, Calif.	8-5	12-9	33	23	NR
184	Will Feldkamp	Sr.	Dexter Township, Mich.	6-4	73-29	8	9	9
197	Julien Broderson	Sr.	Davenport, Iowa	4-3	39-28	30	27	NR
-or-	Caleb Helgeson	R-Fr.	Johnston, Iowa	2-1	10-5	-	-	-
HWT	Yonger Bastida	Sr.	Trinidad, Cuba	12-0	59-20	3	3	4

**FOLLOW THE
CYCLONES**



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@CycloneWR



cyclones.com

HEAD COACH

KEVIN DRESSER

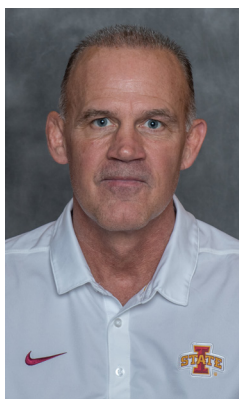
7th year
at Iowa State

Twitter:
@CYWrestle_KD

College:
Iowa, '86

Wife:
Penny

Children:
Emma, Anna & Jack



COACH NOTES

- Named the 8th head wrestling coach in Iowa State history on Feb. 20, 2017.
- 2019 NWCA National Coach of the Year and Big 12 Coach of the Year
- Four-time ACC Coach of the Year
- Has coached 34 All-Americans (14 at Iowa State) and 34 conference champions (eight at Iowa State)
- Legendary Virginia High School wrestling coach at Christiansburgh High School (1996-2006) and Grundy High School (1988-96)
- National Champion wrestler (1986) at the University of Iowa
- Two-time All-American and Big 10 Champion
- Member of the IHSAA (2009), Dan Gable (2014) and Roanoke Valley Hall of Fame (2015).
- Lifetime Service Award by the Virginia Chapter of the National Wrestling Hall of Fame (2013).

AS A HEAD COACH

IOWA STATE (2017-pres.)	74-27 (.733)
Conference Champions: 8	
All-Americans: 14	
VIRGINIA TECH (2006-17)	160-51 (.758)
Conference Champions: 26	
All-Americans: 20	
CAREER (17 years)	234-78 (.750)

HONORS

- 2019** NWCA Coach of the Year
- 2019** Big 12 Coach of the Year
- 2017** ACC Coach of the Year
- 2016** ACC Coach of the Year
- 2015** ACC Coach of the Year
- 2014** ACC Coach of the Year

TEAM ROSTER

Name	Wt.	Year	Hometown / High School
Yonger Bastida	285	Sr.	Trinidad, Cuba
Julien Broderson	197	Sr.	Davenport, Iowa / Davenport Assumption
Xavier Bruening	285	R-Fr.	Burlingame, Calif. / Burlingame
Corey Cabanban	133	Sr.	Aiea, Hawaii / Saint Louis
Cole Carlucci	184	R-Fr.	Lafayette, Colo. / Monarch
David Carr	165	Sr.	Canton, Ohio / Perry
Jacob Cates	285	R-Fr.	Corpus Christi, Texas / Richard King
Cody Chittum	157	Fr.	Cleveland, Tenn. / Cleveland
Anthony Echemendia	141	R-Jr.	Cabaiguan, Cuba / Sunnyside (Ariz.)
Connor Euton	157	R-Fr.	Westerville, Ohio / Westerville North
Will Feldkamp	184	Sr.	Dexter Township, Mich. / Dexter
Carter Fousek	149	R-Fr.	Chester, Iowa / Crestwood
Evan Frost	133	R-Fr.	Metairie, La. / Dowling Catholic
Jacob Frost	141	R-Fr.	Metairie, La. / Dowling Catholic
Caleb Fuessley	125	Sr.	Center Point, Iowa / Center Point-Urbana
MJ Gaitan	174	R-Fr.	Temecula, Calif. / Temecula Valley
Blake Gioimo	125	Fr.	Ely, Iowa / Cedar Rapids Prairie
Garrett Grice	133	R-Fr.	Bellevue, Neb. / Bellevue East
McCrae Hagarty	197	Fr.	Waverly, Iowa / Waverly-Shell Rock
Caleb Helgeson	184	R-Fr.	Johnston, Iowa / Johnston
Sam Hrabovsky	141	So.	Fulton, Mo. / Fulton
Andrew Huddleston	157	Sr.	Hallsville, Mo. / Hallsville
Damon Huston	133	So.	Wyoming, Iowa / Midland
Paniri Johnson	149	So.	Erie, Pa. / Cathedral Prep
Jason Kraisser	157	Sr.	Ellicott City, Md. / Centennial
Ben Monroe	165	Sr.	Ankeny, Iowa / Centennial
Tate Naaktgeboren	184	Fr.	Marion, Iowa / Linn-Mar
Ethan Perryman	125	R-Fr.	Temecula, Calif. / Temecula Valley
Zach Redding	141	Sr.	Manorville, N.Y. / Eastport-South Manor
Manny Rojas	165	R-Fr.	Bay City, Mich. / Detroit Catholic Central
Colby Runner	184	Fr.	Carr, Colorado / Severance
Cade Schmidt	165	Jr.	Norwalk, Iowa / Norwalk
Carter Schmidt	174	Sr.	Norwalk, Iowa / Norwalk
Nate Schon	285	R-Fr.	Selinsgrove, Pa. / Selinsgrove
Christian Stanek	157	R-Fr.	Cedar Rapids, Iowa / Xavier
Logan Stotts	157	Fr.	Urbandale, Iowa / Waukee Northwest
Casey Swiderski	149	So.	Dundee, Mich. / Dundee
Kysen Terukina	125	Sr.	Ewa Beach, Hawaii / Kamehameha
Rowan Udell	197	R-Fr.	Iowa City, Iowa / Regina
Nando Villaescusa	197	R-Fr.	Tucson, Ariz. / Gilbert (Iowa)
Drew Woodley	141	Sr.	Northfield, Minn. / Northfield

COACHING STAFF



Derek St. John
Assistant Coach



Brent Metcalf
Assistant Coach



Fernando Villaescusa
Assistant Coach



Robin Wilson
Director of Operations

PRONUNCIATION GUIDE

AUDIO PRONUNCIATIONS AVAILABLE AT CYCLONES.COM ON THE WRESTLING ROSTER PAGE.

Yonger Bastida // Younger (as opposed to Older) Bastida
Julien Broderson // Julien BROH-dur-sun
Xavier Bruening // Xavier BREW-ning
Corey Cabanban // Corey Cuh-BONN-BONN
Cole Carlucci // Cole Car-LOOCH-ee
Anthony Echemendia // Anthony Etch-em-en-dia
Connor Euton // Connor OOH-tin
Carter Fousek // Carter fow-sick (fow rhymes with cow)
Caleb Fuessley // Caleb FEEZ-lee
MJ Gaitan // MJ guy-TAHN
Sam Hrabovsky // Sam rubb-AH-skee
Damon Huston // Damon Houston (like the city)

Paniri Johnson // puh-NEER-oh Johnson
Jason Kraisser // Jason cry-zirr
Tate Naaktgeboren // Tate Knocked-a-born
Manny Rojas // Manny ROH-hahs
Nate Schon // Nate Shone
Casey Swiderski // Casey swuh-DUR-skee
Kysen Terukina // KAI-senn tare-uh-KEEN-uh
Rowan Udell // ROH-in you-DELL
Nando Villaescusa // Nando Vee-uh-SKOO-suh

RADIO/TELEVISION CHART



Yonger Bastida
285



Julien Broderick
197



Xavier Bruening
285



Corey Cabanban
133



Cole Carlucci
184



David Carr
165



Jacob Cates
285



Cody Chittum
157



Anthony Echmendia
141



Connor Euton
157



Will Feldkamp
184



Carter Fousek
149



Evan Frost
133



Jacob Frost
141



Caleb Fuessley
125



MJ Gaitan
174



Blake Gioimo
125



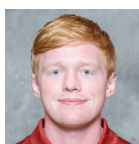
Garrett Grice
133



McCrae Hagarty
197



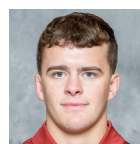
Caleb Helgeson
184



Sam Hrabovsky
141



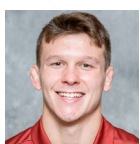
Andrew Huddleston
157



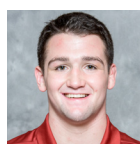
Damon Huston
133



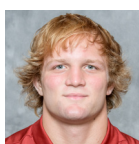
Paniro Johnson
149



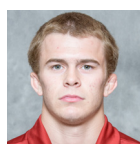
Jason Kraisser
157



Ben Monroe
165



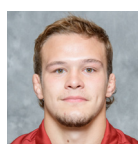
Tate Naaktgeboren
184



Ethan Perryman
125



Zach Redding
141



Manny Rojas
165



Colby Runner
184



Cade Schmidt
165



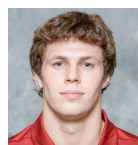
Carter Schmidt
174



Nate Schon
285



Christian Stanek
157



Logan Stotts
157



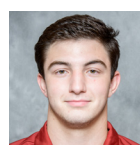
Casey Swiderski
149



Kysen Terukina
125



Rowan Udell
197



Fernando Villascusa
197



Drew Woodley
141

HONORS

Wrestler of the Week

Week 1 - Gaven Sax, NDSU (174) & Jett Strickenberger, WVU (125)

Week 2 - Max Petersen, North Dakota State, Fr., (149 pounds)

Week 3 - **Kysen Terukina, Iowa State, Sr., (125 Pounds)**

Week 4 - **Evan Frost, ISU (133)** & Tanner Jordan, SDSU (125)

Week 5 - **Yonger Bastida, ISU (285)** & Izzak Olejnik, OSU (165)

Week 6 - Jett Strickenberger, West Virginia, Jr., (125 Pounds)

Week 7 - Jore Volk, Wyoming, So., (125 pounds)

Week 8 - Jordan Titus, West Virginia, R-So. (141 Pounds)

Week 9 -

Week 10 -

Week 11 -

Week 12 -

Week 13 -

Week 14 -

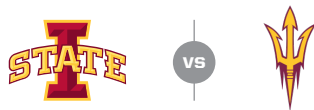
Week 15 -

Week 16 -

IN THE POLLS (DUAL)

Week	NWCA	WIN	Intermat	Flo
Preseason	10	-	10	-
Week 1	10	-	10	-
Week 2	10	-	10	-
Week 3	8	-	8	-
Week 4	8	-	8	-
Week 5	7	8	8	8
Week 6	6	7	7	8
Week 7	5	7	5	7
Week 8				
Week 9				
Week 10				
Week 11				
Week 12				
Week 13				
Week 14				
Week 15				
Week 16				

SERIES HISTORY



41ST MEETING

Overall: 29-11

Home: 15-3

Road: 10-6

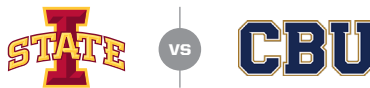
Neutral: 4-2

Current Streak: ISU W1

Longest ISU win streak: 11 (11/28/2004-2/13/2-2015)

Longest ASU win streak: 5 (1/15/2016-2/14/2021)

Last Meeting: 1/8/2023 (ISU 19, ASU 15)



THIRD MEETING

Overall: 2-0

Home: 2-0

Road: 0-0

Neutral: 0-0

Current Streak: ISU W2

Longest ISU win streak: 1 (2021-pres.)

Longest CBU win streak: -

Last Meeting: 11/12/22 (ISU 39, CBU 9)

PROBABLE MATCHUPS

No. 5 Iowa State vs. No. 21 Arizona State

125: #23 Kysen Terukina (5-4) vs. #11 Richard Figueroa **or** Tristan Mascarenas

133: #7 Evan Frost (10-2) vs. #23 Julian Chlebove

141: #12 Anthony Echemendia (10-3) vs. Carter Dibert **or** Cody Foote

149: Zach Redding (7-2) vs. #4 Kyle Parco **or** Mykey Ramos

157: #20 Cody Chittum (7-3) vs. #4 Jacori Teemer **or** Michael Kilic

165: #4 David Carr (11-1) vs. Chance McLane **or** Max Wilner

174: #23 MJ Gaitan (8-5) vs. Cael Valencia **or** Shay Addison

184: #9 Will Feldkamp (6-4) vs. #29 Tony Negron

197: #27 Julien Broderson (4-3) **or** Caleb Helgeson (2-1) vs. Damion Schunke **or** Jacob Meissner

285: #3 Yonger Bastida (12-0) vs. #5 Cohlton Schultz

No. 5 Iowa State vs. California Baptist

125: #23 Kysen Terukina (5-4) vs. Elijah Griffin

133: #7 Evan Frost (10-2) vs. Hunter Leake

141: #12 Anthony Echemendia (10-3) vs. Emilio Trujillo **or** Darren Green

149: Zach Redding (7-2) vs. Dayne Morton

157: #20 Cody Chittum (7-3) vs. Chaz Hallmark

165: #4 David Carr (11-1) vs. Timothy Cowan **or** Joey Mora

174: #23 MJ Gaitan (8-5) vs. Justin Phillips

184: #9 Will Feldkamp (6-4) vs. Nathan Haas

197: #27 Julien Broderson (4-3) **or** Caleb Helgeson (2-1) vs. Eli Sheeren

285: #3 Yonger Bastida (12-0) vs. Max Acciardi

**InterMat Individual Rankings (1/2/2024)*

FROM THE NOTEBOOK

CYCLONES VS. SUN DEVILS

ISU and Arizona State met last season as top five teams with the No. 4 Cyclones pulling out a 19-15 victory over the No. 3 Sun Devils. Bonus points were the difference as Iowa State won the first five bouts of the dual before Arizona State won the last five.

BIG 12 DUAL RECORD...

Under Kevin Dresser35-11
in the last two seasons 15-1
in the last three seasons19-2
in the last four seasons26-3

TAKEDOWN TRACKER

Tracking ISU wrestler takedown totals throughout the season. (*This list excludes extra matches and open tournaments*).

Athlete	For	Against
Yonger Bastida	52	1
Anthony Echemendia	45	5
David Carr	26	1
Casey Swiderski	23	6
Evan Frost	24	5
Cody Chittum	24	5
MJ Gaitan	23	13
Kysen Terukina	22	11
Will Feldkamp	13	13
Jacob Frost	10	3
Caleb Helgeson	9	4
Julien Broderson	9	5
Nando Villaescusa	4	1
Zach Redding	4	2
Jason Kraisser	2	1
Ethan Perryman	2	1
Connor Euton	2	2
Rowan Udell	0	2
McCrae Hagarty	0	0
TEAM	294	81

GOING FOR BONUS

The Cyclone grapplers are pushing the pace this season and taking advantage of the NCAA's new three-point takedown rule.

ISU owns a 192-56 takedown advantage over its dual opponents, resulting in 38 bonus-point wins (7 WBF, 13 TF, 18 MD) in 70 matches.

In total, Iowa State wrestlers have 61 bonus-point wins in 121 matches this season.

Collectively, ISU wrestlers went 34-17 in 51 matches at the CKLV. Of the Cyclones' 34 victories, they won 23 of them with bonus points (5 WBF, 8 TF, 10 MD).

CHALLENGING SCHEDULE

ISU's dual slate includes matchups against four of the top seven, and three of the top five, teams at last season's NCAA Championships. In total, there are eight top-25 teams on ISU's 2023-24 schedule.

FROM THE NOTEBOOK

TROPHY HUNTING

Iowa State is looking to take the next step and put itself in trophy contention in March 2024.

The Cyclones have already won two trophies this season courtesy of their Cliff Keen Invitational title and a 3-0 showing at the Collegiate Duals, both in December.

CARR JOINS 100-WIN CLUB

David Carr became the 39th member of Iowa State's 100-win club in December at the CKLV. His .962 winning percentage ranks fourth all-time in school history among 100-match winners.

CARR TESTED EARLY

No. 4 David Carr has four wins over top-10 opponents this season. Carr suffered his first defeat of the season, and just the fourth of his career, against Cornell's Julian Ramirez in the CKLV semifinals.

Carr vs. Top-10 Foes (2023-24)

No. 4 Dean Hamiti (WIS)	W, 2-0
No. 5 Michael Caliendo (IOWA)	W, 16-4
No. 4 Julian Ramirez (CORN)	L, 4-3
No. 3 Cam Amine (MICH)	W, 3-1
No. 8 Holden Heller (PITT)	W, 9-1

BASTIDA BULKING

Yonger Bastida made the move from 197 pounds to heavyweight this season. To prepare for the jump, he put on 43 pounds during the offseason while lowering his body fat percentage. Bastida still looks quick on his feet, and leads the team with a 52:1 takedown ratio.

The Cyclone heavyweight is 12-0 with eight bonus-point wins this season (5 TF, 3 MD).

Bastida became the first CKLV individual champion for Iowa State since 2014. Bastida did not surrender a takedown or offensive point against him the entire tournament.

He was named Big 12 Wrestler of the Week for his efforts. The Cuban highlighted the tournament with a 5-3 victory over Michigan's No. 3 Lucas Davison in the finals, courtesy of a takedown with less than 10 seconds remaining.

Bastida went 18-9 and qualified for his second NCAA Championships in 2022-23. He has earned All-America honors once in his career, thanks to a fifth-place finish at 197 pounds in 2022.

CHITTUM IS A CYCLONE

Cody Chittum is 7-3 to begin the season and five of his seven wins have come with bonus points.

Chittum, a Cleveland, Tennessee native, returned to his home state and went 3-0 with a pair of bonus-point victories at the Collegiate Duals.

He was FloWrestling's No. 1 pound-for-pound recruit in the class of 2022 but took a grey shirt year training in Iowa City.

Chittum medaled three times at senior level freestyle events in 2023 - silver at the Bill Farrell and bronze medals at the Henri Deglane and Egypt Ranking Series.

CALIFORNIA LOVE

MJ Gaitan returns to his home state of California for Iowa State's Big 12 opener against California Baptist.

Gaitan is never out of a match because of his ability to go upper-body for big-time points. Three of his eight wins have come via fall.

The Temecula, California native finished on the podium at the CKLV in eighth place. Gaitan went 3-3 in the tournament.

A COUNTRY BOY CAN SURVIVE

Casey Swiderski has three top-15 wins this season against No. 14 Joseph Zargo, No. 9 Victor Voinovich III and No. 9 Jaden Abas. He has seven top-15 wins in his career.

The Michigan native is 12-2 with eight bonus-point wins this season.

Swiderski went 14-12 in his freshman season and advanced to the blood round before falling one win shy of All-America honors.

Swiderski got off to a hot start last season but battled injury for much of December and struggled upon his return to the lineup. He failed to earn an NCAA allocation but got hot at the right time and successfully stole a bid to the NCAA Championships with a fourth-place finish at the Big 12 Championship.

Swiderski was the first commitment for Iowa State in its second-ranked 2022 recruiting class and was tabbed by MatScouts as the No. 3 prospect nationally.

He has four Michigan state titles to his name, all at different weight classes (103, 135, 145, 152), and posted a 166-3 high school record, including a 45-0 mark as a senior.

Swiderski is one of four Michigan prep wrestlers all-time to win four-time team and individual state titles. Also among the group is Iowa State assistant coach Brent Metcalf (2002-05).

WHERE ARE THE CYCLONES FROM?

ROSTER BREAKDOWN BY STATE/COUNTRY

The 2023-24 Cyclones hail from 16 different states and two countries, including the United States.

Iowa: 14
California: 3
Michigan: 3
Hawaii: 2
Colorado: 2
Ohio: 2
Missouri: 2
Pennsylvania: 2
Louisiana: 2
Texas: 1
Minnesota: 1
Tennessee: 1
Maryland: 1
Arizona: 1
Nebraska: 1
New York: 1
—
Cuba: 2

Yonger Bastida was one of three international wrestlers in the field at last year's NCAA Championships.

CUBAN CONNECTION

Childhood friends Yonger Bastida and Anthony Echemendia both hail from Cuba. Bastida called Trinidad, Cuba home while Echemendia is from Cabaiguan, Cuba - a mere 36 miles away from each other.

From ages 9-18 the pair trained together at EIDE Lino Salabarría Pupo - a sports teaching facility for the training and development of high-performance athletes in Sancti Spiritus, Cuba, located between their hometowns and 1620 miles away from Ames, Iowa.



FROM THE NOTEBOOK

FELDKAMP GOES BIG

Clarion transfer and 2023 All-American Will Feldkamp is 6-4 with five bonus-point wins this season. He was a CKLV runner-up and captured one of the biggest wins of the tournament when he pinned Oregon State's No. 3 Trey Munoz in the semifinals.

Feldkamp brings big-move potential to the lineup after he was third in NCAA Division I last season with 14 pins.

Feldkamp compiled a 29-6 record with 18 bonus-point wins in 2022-23.

TRACKING TERUKINA

Kysen Terkina is 5-4 to start the 2023-24 season.

He was named Big 12 Wrestler of the Week on Nov. 21 after a 14-3 major decision against Wisconsin's No. 5 Eric Barnett.

Terukina is 4-2 against top-10 foes and 3-1 against top-5 opponents in the last three years.

Terukina is back in the lineup this season after he suffered a season-ending shoulder injury at the NWCA All-Star Classic last November.

ECEHEMENDIA DROPS TO 141

After wrestling ISU's first two duals of the season at 149 pounds, Anthony Echemendia dropped to 141 pounds to help strengthen ISU's lineup.

The Cuba native is 10-3 with nine bonus-point victories (1 WBF, 3 TF, 5 MD). He has three top-16 wins this season.

Echemendia is second on the team with 45 takedowns this season.

DAD STRENGTH

Julien Broderon and his fiancée, Macie, welcomed a baby girl, Olive, during the offseason.



The birth of their daughter has also seemingly given Julien "dad strength" of sorts. He moved up two weight classes from 174 to 197 pounds this season.

Over the offseason, Broderon packed on 51 pounds to his frame while maintaining the same body composition.

NWCA COACHES POLL (DEC. 21, 2023)

Rank	Team (first-place votes)	Record	Points	Previous
1	Penn State (14)	2-0	350	1
2	Missouri	4-0	332	3
3	Iowa	5-0	317	4
4	NC State	9-1	282	2
5	Iowa State	6-1	281	6
6	Michigan	2-0	275	7
7	Nebraska	3-0	271	8
8	Ohio State	7-1	264	10
9	Oklahoma State	4-0	239	9
10	Cornell	3-1	238	5
11	Virginia Tech	3-1	202	11
12	Minnesota	5-0	197	12
13	Pittsburgh	7-3	168	13
14	Rutgers	5-1	163	15
15	South Dakota State	3-2	151	14
16	Navy	5-0	144	17
17	Oregon State	4-1	133	16
18	Stanford	5-1	100	19
19	Oklahoma	4-2	99	18
20	West Virginia	7-1	80	20
21	Arizona State	1-2	48	22
22	Indiana	3-0	38	24
23	Lehigh	0-3	37	23
24	Appalachian State	1-1	29	NR
25	Maryland	2-1	28	NR

Others Receiving Votes: North Carolina 17, Northern Iowa 17, Cal Poly 13, Penn 12, Illinois 7, Northern Colorado 5, Campbell 4, Wisconsin 4, Little Rock 2, Virginia 2, Utah Valley 1.

FEELIN' FROSTY

Evan Frost is 10-2 to begin the season. He was named the Big 12 Wrestler of the Week Nov. 28 after he picked up a statement win with an 8-1 victory over No. 8 Brody Teske. It marked the highest ranked win of the freshman's career.

He and his identical twin brother, Jacob, both started against Cleveland State and Davidson, making them the first set of brothers to appear in ISU's dual lineup since Michael and Gabe Moreno in 2015.

Evan and Jacob wrestled their high school senior seasons at Dowling Catholic in Des Moines, Iowa, but called Metairie, Louisiana home growing up. The pair moved from Louisiana to Iowa for a better and more high-profile wrestling experience. They each won three state titles in Louisiana and Evan added a fourth in Iowa while Jacob grabbed a runner-up finish as a senior.

In 2022-23, both brothers took advantage of the NCAA's new redshirt rule which allows freshmen to wrestle on up to five countable dates and maintain their redshirt status.

RETURNING PRODUCTION

Iowa State returns 69 percent of its dual meet victories from last season's roster and 30 of its 47 points from the 2023 NCAA Championships.

Notable departures from last season's squad include two-time All-American Marcus Coleman (5th - 15.0 pts.) and heavyweight Sam Schuyler (R12 - 2.0 pts.).

CYCLONES, PANTHERS MEET AGAIN

Iowa State won the first of two meetings against Pittsburgh this season at the Collegiate Duals, 21-14. ISU won six of 10 matches in the dual.

The Cyclones also host the Panthers in Ames Jan. 14.

The two schools met last season with Iowa State squeaking out a 16-15 victory on criteria (match points: 51-44).

Trailing 15-12 with one match remaining, ISU heavyweight, No. 12 Sam Schuyler, delivered a dual-winning takedown with less than 15 seconds remaining in the final bout to defeat No. 5 Dayton Pitzer, 4-3.

DRESSER'S DEVELOPMENT

Kevin Dresser inherited a program that finished tied for 57th at the 2017 NCAA Championships. Since then, Iowa State has finished T-45th, 16th, T-13th, 17th and 11th at the NCAA Championships.

Heading into the 2019-20 season, Coach Dresser's roster included one returning All-American and one returning Big 12 Champ. Over the past three seasons, Iowa State has produced six Big 12 Champs, 13 All-Americans and one National Champion.

Iowa State finished the 2022-23 season 11th at the NCAA Championships, the Cyclones' best finish since 2013. ISU scored its highest point total in the tournament since 2010, 47.0 points.

FROM THE NOTEBOOK

CYCLONES ON ESPN

The 2023 Iowa Corn Cy-Hawk dual was televised on ESPN, making it the first college wrestling dual on the flagship network in the company's 44-year history. The broadcast averaged 243,000 viewers while going head-to-head against the afternoon NFL window.

SOLD OUT HILTON

The Cy-Hawk dual pulled a sell-out crowd of 14,267 to Hilton Coliseum, the fifth-largest crowd in school history. It was the 44th most attended college wrestling dual of all-time.

NAAK'S BIG SUMMER

Freshman Tate Naaktgeboren had an impressive summer before arriving on campus, winning Freestyle and Greco-Roman national titles in Fargo, N.D.

Including both styles, Naaktgeboren went 14-0 and outscored his opponents 139-16 on the week. Twelve of his 14 wins came via tech fall or fall.

CARLUCCI'S BATTLE

In mid-April, Strep A bacteria - typically found in the throat - settled in Cole Carlucci's knee bursa. He underwent five surgeries in 10 days to clean out the infection and try to preserve as much quad tissue as possible.

Remarkably, Carlucci was back in the weight room by July and was able to begin wrestling activity along with the team at the start of the school year.

ACTIVE WINNING STREAKS*

**Includes only wrestlers in the projected lineup.*

Name	Streak
Yonger Bastida	12
David Carr	4
Anthony Echemendia	4
Cody Chittum	3
MJ Gaitan	2
Zach Redding	2
Evan Frost	1

NCAA BREAKDOWN

Most Recent ISU NCAA Champion

125:	N/A (Weight started in 1999)
133:	Zach Roberson (2004)
141:	Nate Gallick (2006)
149:	N/A (Weight started in 1999)
157:	David Carr (2021)
165:	Joe Heskett (2002)
174:	Jon Reader (2011)
184:	Cael Sanderson (2001)
197:	Kyven Gadson (2015)
285:	David Zabriskie (2010)

Most Recent ISU All-American

125:	Alex Mackall (2020 - 2nd Team)
133:	Earl Hall (2016 - 7th)
141:	Ian Parker (2020 - 1st Team)
149:	Jarrett Degen (2020 - 1st Team)
157:	David Carr (2022 - 3rd)
165:	David Carr (2023 - 2nd)
174:	Sam Colbray (2020 - HM)
184:	Marcus Coleman (2023 - 5th)
197:	Yonger Bastida (2022 - 5th)
285:	Gannon Gremmel (2021 - 5th)

2023 NCAA CHAMPIONSHIPS STANDINGS

Place	Team	Points	AAs
1	Penn State	137.5	8
2	Iowa	82.5	6
3	Cornell	76.5	4
4	Ohio State	70.5	5
5	Missouri	64.5	5
6	Michigan	58.5	3
7	Arizona State	55.0	4
8	Nebraska	54.0	4
9	Virginia Tech	49.0	5
10	North Carolina State	48.0	3
11	Iowa State	47.0	2
12	North Carolina	42.0	3
13	Princeton	37.5	2
14	South Dakota State	37.0	2
15	Minnesota	30.5	2
16	Northern Iowa	29.0	1
	Wisconsin	29.0	2
18	Air Force	28.5	1
	Oklahoma State	28.5	2
20	Lehigh	28.0	1
	Purdue	28.0	2
22	Pittsburgh	27.0	1
23	Northern Colorado	26.0	1
24	North Dakota State	25.5	2
25	Northwestern	24.5	1

CYCLONE LEGACY: DAVID CARR

DAVID CARR BY THE NUMBERS

1

David Carr has one national title to his name, won in 2021. He defeated Rider's Jesse Dellavecchia in the 157-pound title match.

11

Carr is the 11th wrestler in Big 12 history to win four conference titles. He is one of four Cyclones to win four conference titles, joining Pete Galea (1973-76), Tim Krieger (1986-89) and Cael Sanderson (1999-2002).

12

Carr is the 12th four-time All-American in ISU history.

52

Of Carr's 104 career victories, 59 of them have come with bonus points (23 MD, 19 TF, 17 WBF).

CARR'S FINAL SEASON

David Carr enters his final season at Iowa State with his sights set on a second national title and hopes of ending his collegiate career on top of the podium in Kansas City.

100-WIN CLUB

David Carr is the 39th member of Iowa State's 100-win club. His .962 winning percentage ranks fourth all-time in school history among 100-match winners.

100-Match Winners By Win %

1. Cael Sanderson	100% (159-0)
2. Dan Gable	99.01% (100-1)
3. Tim Krieger	96.69 (116-3-2)
4. David Carr	96.29% (104-4)
5. Joe Heskett	93.46% (143-10)

RECORD BREAKDOWN

Regular Season	75-2
Duals	58-0
Postseason	29-2
OVERALL	104-4

CAREER TAKEDOWN TRACKER

David Carr Takedown Differential By Season

Year	For	Against
2020-21	60	1
2021-22	83	5
2022-23	93	5
2023-24	26	1
TOTAL	262	12

RETURNING HOME

Iowa State opened the 2023-24 season against Cleveland State in Massillon, Ohio inside Carr's high school gymnasium at Perry High School. He used a 'Dresser Dump' to earn a fall in 1:47.

Carr was a four-time Ohio state champion at Perry High School, wrestling for his father, Nate Carr. David posted a 188-6 high school record and was FloWrestling's No. 2 pound-for-pound recruit in his class. David also won a Kentucky high school state title as an eighth grader with a 47-1 record.

CARR MOVES TO 165 POUNDS

Last Season, Carr moved up a weight class from 157 to 165 pounds. He fell one win short of his second national title, losing in the championship match to Keegan O'Toole.

The 165-pound bracket at the NCAA Championships was loaded with three past NCAA champions, another returning NCAA finalist and five more returning All-Americans. Just to reach the finals he had to beat Shane Griffith, a 2021 national champion, and Quincy Monday, a 2022 national finalist.

Carr finished the 2022-23 season with a 27-1 record, including 12 wins over wrestlers ranked in the top-15 of FloWrestling's final poll. Fourteen of Carr's 27 wins came with bonus points.

2021 NATIONAL TITLE

Carr put together an undefeated 2021 season to win the 157-pound national title. As the No. 3 seed, he navigated to the finals with two major decisions, a quarterfinal win in SV-1 and a decision in the semis.

Carr defeated Rider's Jesse Dellavecchia in the finals, 4-0, with 2:04 of riding time thanks to a trademark third-period rideout.

CARR WRESTLES BACK FOR THIRD

Carr entered the 2022 national tournament as an undefeated Big 12 champion but suffered a shocking loss in the second round to Oregon State's Hunter Willits in tiebreakers.

Despite his disappointment, Carr went on a winning streak after that match, beating All-Americans Wyatt Sheets, Kaleb Young, Jared Franek and Will Lewan, in addition to receiving a medical forfeit from Austin O'Connor, to finish third.

It's a run that won respect from the wrestling community at large and showed Carr's leadership and character on the biggest stage in college wrestling.

CYCLONE LEGACY

David Carr's father, Nate, wrestled at Iowa State from 1980-83 and won three NCAA titles for the Cyclones with a 122-17 career record. Nate and David are one of six father-son duos to win Division I NCAA titles and one of two pairs to both accomplish it at the same school.

Nate and David are also one of three ISU father-son duos to both earn All-American honors.

Division I NCAA Champion Father-Son Duos

Rex Peery (Oklahoma State, 1933-34-35)
Hugh Peery (Pittsburgh, 1952-53-54)

Rex Peery (Oklahoma State, 1933-34-35)
Ed Peery (Pittsburgh, 1955-56-57)

Wayne Martin (Oklahoma, 1934-35-36)
Mickey Martin (Oklahoma, 1962-63)

Bill Koll (UNI, 1946-47-48)
Rob Koll (North Carolina, 1988)

Andy Matter (Penn State, 1971-72)
Brett Matter (Penn, 2000)

Nate Carr (Iowa State, 1981-82-83)
David Carr (Iowa State, 2021)

ISU Father-Son All-American Duos

Willie Gadson (1975-76)
Kyven Gadson (2013-14-15)

Mike Moreno (1992)
Michael Moreno (2013-14)

Nate Carr (1981-82-83)
David Carr (2020-21-22-23)

Nate is a coach at the Cyclone Regional Training Center and is the color analyst on ISU wrestling radio broadcasts.

David's brother, Nate Carr Jr., wrestled at Iowa State from 2009-11 and their uncles, Solomon and Michael Carr, were Cyclone wrestlers in the 1980s.

WRESTLING FAMILY

The Carr family is well-known in wrestling circles. Nate grew up one of 16 kids and all nine boys wrestled - five became Division I All-Americans. Two wrestled in the Olympics: Nate won bronze in 1988, and Jimmy made the 1972 team at 17 years old, the youngest ever.

CARR vs. O'TOOLE

BIGGEST RIVALRY IN COLLEGE WRESTLING

David Carr vs. Missouri's Keegan O'Toole captured the attention of the college wrestling world last season. The pair wrestled each other three times in the final 32 days of the 2023 season.

Carr defeated O'Toole in the ISU vs. Mizzou dual and Big 12 Championship match before O'Toole flipped the script in the national finals.

Part I - 2.15.2023 // Columbia, Mo.

In what many dubbed as the "Match of the Year" between No. 1 Keegan O'Toole and No. 2 David Carr, Carr emerged victorious, 7-2. Carr, known for his crisp technique, showed flashes of his scrambling ability as he got two takedowns in the win over the defending 165-pound national champion. Carr also showed his prowess on top, riding O'Toole for the entire third period to secure the riding time point.

Part II - 3.5.2023 // Tulsa, Okla.

In a highly anticipated rematch from a month prior, Carr pinned defending Big 12 and National Champion Keegan O'Toole in sudden victory (7:38).

It was the tightest of the three matches and, after a scoreless first period, saw O'Toole enter the final period with a 1-0 advantage thanks to an escape in the second.

In the third period, Carr escaped in four seconds to tie the match, then took down O'Toole with a minute remaining to take a 3-1 lead. Two stall calls on Carr in the final 36 seconds, and an O'Toole escape with 32 seconds remaining, left the score at 3-3 as the clock hit zeros.

Big 12 Title Match - Third Period

Carr	O'Toole
Caution (2:00)	
Escape (1:56)	
Takedown (1:04)	
Stalling (0:36)	
	Escape (0:32)
Stalling (0:06)	
	Penalty 1 (0:06)

Carr got in on a leg in SV-1 and managed to lock up a cradle with roughly 30 seconds remaining for the fall.

Part III - 3.18.2023 // Tulsa, Okla.

O'Toole changed the narrative when it mattered most, with an 8-2 victory over Carr in the national finals - Carr's only loss of the season which snapped a 33-match win streak.

The Missouri Tiger captured his second national title and found a way to finish his attacks. Carr never found his offense in the match, rather, it was O'Toole who secured takedowns in the first and third periods. O'Toole also had an escape and two near fall points, as well as a riding time point, in the final period.



CARR VS. O'TOOLE SERIES STATS

	Match Pts.	Takedowns	Escapes	NF Pts.
Carr (2-1)	14	4	5	0
O'Toole (1-2)	13	3	3	2

RIVALRY CONTINUED

Both Carr and O'Toole plan to run it back at 165 pounds in 2023-24, meaning college wrestling fans could see this matchup up to three more times.

FloWrestling has O'Toole ranked No. 2 and Carr ranked No. 3 in its preseason pound-for-pound rankings and as the top two wrestlers at 165 pounds.

The first potential matchup between the two wrestlers this season would be Feb. 25 in what could be Carr's final match inside Hilton Coliseum - a building which Carr has never lost in.

SEASON STATISTICS

Wrestler	Overall W-L	Dual W-L	Falls	TF	MD	Quickest Fall
Yonger Bastida	12-0	7-0	0	5	3	-
Julien Broderson	4-3	2-1	2	1	0	0:40
Xavier Bruening	7-3	0-0	1	0	0	2:01
Cole Carlucci	6-7	0-0	0	2	2	-
David Carr	11-1	6-0	2	4	3	1:47
Jacob Cates	1-2	0-0	1	0	0	6:32
Cody Chittum	7-3	5-1	0	1	4	-
Anthony Echemendia	10-3	6-1	1	3	5	2:38
Connor Euton	19-2	1-0	2	8	6	1:37
Will Feldkamp	6-4	2-3	3	1	1	1:39
Thomas Freking	2-2	0-0	1	0	0	1:26
Evan Frost	10-2	6-1	0	1	3	-
Jacob Frost	5-1	1-1	0	4	1	-
Caleb Fuessley	2-3	0-0	0	1	0	-
MJ Gaitan	8-5	5-2	3	1	1	1:46
Blake Gioimo	6-3	0-0	1	2	1	2:28
Garrett Grice	4-3	0-0	0	0	1	-
McCrae Hagarty	6-5	0-1	3	2	0	1:38
Caleb Helgeson	2-1	2-1	0	0	2	-
Sam Hrabovsky	6-0	0-0	0	1	2	-
Andrew Huddleston	1-2	0-0	0	0	0	-
Damon Huston	1-2	0-0	1	0	0	3:45
Jason Kraisser	14-4	1-0	5	4	1	1:29
Tate Naaktgeboren	5-1	0-0	0	3	2	-
Ethan Perryman	13-3	1-0	3	3	3	1:30
Zach Redding	7-2	2-1	0	4	2	-
Manny Rojas	2-2	0-0	0	1	0	-
Colby Runner	5-1	0-0	1	0	0	3:16
Carter Schmidt	5-2	0-0	0	1	1	-
Christian Stanek	9-6	0-0	1	1	3	2:13
Logan Stotts	5-5	0-0	3	0	0	1:56
Casey Swiderski	12-2	2-0	0	4	4	-
Kysen Terukina	5-4	4-2	1	2	1	3:26
Rowan Udell	4-6	0-1	2	0	0	1:16
Nando Villaescusa	2-1	1-0	0	0	2	-
Drew Woodley	2-1	0-0	0	1	0	-

TEAM LEADERS*

**Does not include unattached matches and non-countable matches for redshirting student-athletes*

Wins	
Connor Euton	19
Jason Kraisser	14
Ethan Perryman	13
Yonger Bastida	12
Casey Swiderski	12

Pins	
Jason Kraisser	5
Will Feldkamp	3
MJ Gaitan	3
Logan Stotts	3
McCrae Hagarty	3
Ethan Perryman	3

Technical Falls	
Connor Euton	8
Yonger Bastida	5
Five Wrestlers Tied	4

Bonus Point Wins	
Connor Euton	16
Jason Kraisser	10
David Carr	9
Anthony Echemendia	9
Ethan Perryman	9

DUAL MEET STATISTICS

Wrestler	W-L	TD	2PT	3PT	4PT	REV	ESC	ST	RT
Yonger Bastida	7-0	32	0	0	1	0	5	2	0
Julien Broderson	2-1	2	0	0	0	0	4	0	1
David Carr	6-0	14	0	0	3	0	4	3	2
Cody Chittum	5-1	16	1	0	1	1	7	6	3
Anthony Echemendia	6-1	33	2	1	0	0	1	1	3
Connor Euton	1-0	2	0	0	0	0	3	0	1
Will Feldkamp	2-3	5	0	0	1	2	8	1	0
Evan Frost	6-1	15	0	0	3	3	7	1	2
Jacob Frost	1-1	10	0	0	0	2	2	0	1
MJ Gaitan	5-2	19	1	2	1	0	10	0	1
McCrae Hagarty	0-1	0	0	0	0	0	0	0	0
Caleb Helgeson	2-1	9	0	0	0	0	7	0	2
Jason Kraisser	1-0	2	0	0	2	1	2	0	1
Ethan Perryman	1-0	2	0	0	0	1	2	0	0
Zach Redding	2-1	4	0	0	0	0	3	0	2
Casey Swiderski	2-0	4	0	0	0	0	2	1	0
Kysen Terukina	4-2	19	0	0	0	0	11	0	2
Rowan Udell	0-1	0	0	0	0	0	2	0	0
Nando Villaescusa	1-0	4	0	0	0	1	1	0	1
Totals	54-16	192	4	3	12	11	81	15	22

DUAL POINT SCORING (Points scored FOR / Points scored AGAINST at each weight)

Dual	Final	125	133	141	149	157	165	174	184	197	Hwt
Cleveland State	43-3	5/0	4/0	0/3	5/0	5/0	6/0	5/0	4/0	4/0	5/0
Davidson	50-0	5/0	5/0	5/0	5/0	4/0	5/0	6/0	4/0	6/0	5/0
No. 18 Wisconsin	42-0	4/0	3/0	5/0	3/0	4/0	3/0	6/0	6/0	3/0	5/0
No. 4 Iowa	14-18	0/3	3/0	0/3	3/0	0/3	4/0	0/3	0/3	0/3	4/0
No. 13 Pittsburgh	21-14	3/0	3/0	4/0	0/4	4/0	4/0	0/3	0/4	0/4	3/0
Little Rock	31-9	3/0	0/5	4/0	4/0	3/0	3/0	4/0	6/0	0/4	4/0
No. 5 Cornell	26-15	0/6	3/0	4/0	3/0	4/0	6/0	3/0	0/3	0/6	3/0
No. 21 Arizona State											
California Baptist											
Utah Valley											
Pittsburgh											
Oklahoma State											
West Virginia											
Northern Iowa											
Missouri											
TOTALS	227-59	20/9	21/5	22/6	23/4	24/3	31/0	24/6	20/10	13/17	29/0

DUAL STARTING LINEUPS

Dual		125	133	141	149	157	165	174	184	197	Hwt
Cleveland State	Terukina	E. Frost	J. Frost	Echemendia	Kraisser	Carr	Gaitan	Helgeson	Villaescusa	Bastida	
Davidson	Terukina	E. Frost	J. Frost	Echemendia	Chittum	Carr	Gaitan	Helgeson	Broderon	Bastida	
No. 18 Wisconsin	Terukina	E. Frost	Echemendia	Swiderski	Chittum	Carr	Gaitan	Feldkamp	Broderon	Bastida	
No. 4 Iowa	Terukina	E. Frost	Echemendia	Swiderski	Chittum	Carr	Gaitan	Feldkamp	Broderon	Bastida	
No. 13 Pittsburgh	Terukina	E. Frost	Echemendia	Redding	Chittum	Carr	Gaitan	Feldkamp	Udell	Bastida	
Little Rock	Perryman	E. Frost	Echemendia	Redding	Chittum	Euton	Gaitan	Feldkamp	Helgeson	Bastida	
No. 5 Cornell	Terukina	E. Frost	Echemendia	Redding	Chittum	Carr	Gaitan	Feldkamp	Hagarty	Bastida	
No. 21 Arizona State											
California Baptist											
Utah Valley											
Pittsburgh											
Oklahoma State											
West Virginia											
Northern Iowa											
Missouri											

JUST THE FACTS

8

Iowa State wrestling is one of wrestling's most historic programs, having won eight national titles (1933, 1965, 1969, 1970, 1972, 1973, 1977, 1987).

306

There have been 306 All-Americans in Iowa State history. David Carr (2nd - 165) and Marcus Coleman (5th - 184) are the most recent medalists in 2023.

17

The Cyclones have won 17 conference championships (three Big 12) in their history. ISU's last conference title came in 2009.

6

The Cyclone wrestling program has developed six Olympic Gold Medalists, with its first coming in 1948 (Glen Brand). Dan Gable, Ben Peterson, Kevin Jackson, Cael Sanderson and Jake Varner are the five others.

MATCH-BY-MATCH RESULTS

#10 ISU 43, CLEVELAND STATE 3

	ISU	CSU
174: MJ Gaitan (ISU) TF Ronald Dimmerling (CSU), 19-3 (3:38)	5	0
184: Caleb Helgeson (ISU) maj. dec. Joey Lyons (CSU), 14-3	9	0
197: Nando Villaescura (ISU) maj. dec. Ben Smith (CSU), 16-8	13	0
285: Yonger Bastida (ISU) TF Daniel Bucknavich (CSU), 26-10 (6:03)	18	0
125: Kysen Terukina (ISU) TF Ben Aranda (CSU), 20-5 (7:00)	23	0
133: Evan Frost (ISU) maj. dec. Jake Manley (CSU), 17-3	27	0
141: Dylan Layton (CSU) dec. Jacob Frost (ISU), 22-18	27	3
149: Anthony Echemendia (ISU) TF Douglas Terry (CSU), 24-7 (5:00)	32	3
157: Jason Kraisser (ISU) TF Shane Heil (CSU), 19-3 (7:00)	37	3
165: David Carr (ISU) WBF Daniel Patten (CSU) (1:47)	43	3

#10 ISU 42, #18 WISCONSIN 0

	ISU	WIS
125: Kysen Terukina (ISU) maj. dec. Eric Barnett (WIS), 14-3	4	0
133: Evan Frost (ISU) dec. Nicolar Rivera (WIS), 12-6	7	0
141: Anthony Echemendia (ISU) TF Felix Lettini (WIS), 21-6 (4:15)	12	0
149: Casey Swiderski (ISU) dec. Joseph Zargo (WIS), 9-4	15	0
157: Cody Chittum (ISU) maj. dec. Luke Mechler (WIS), 15-2	19	0
165: David Carr (ISU) dec. Dean Hamiti (WIS), 2-0	22	0
174: MJ Gaitan (ISU) WBF Luke Condon (WIS), 2:25	28	0
184: Will Feldkamp (ISU) WBF Shane Liegel (WIS), 1:39	34	0
197: Julien Broderson (ISU) dec. Josh Otto (WIS), 5-2	37	0
285: Yonger Bastida (ISU) TF Peter Christensen (WIS), 19-4 (2:57)	42	0

#6 ISU 21, #13 PITTSBURGH 14

	ISU	PITT
125: Kysen Terukina (ISU) dec. Colton Camacho (PITT), 6-4	3	0
133: Evan Frost (ISU) dec. Vinnie Santaniello (PITT), 9-6 SV-1	6	0
141: Anthony Echemendia (ISU) maj. dec. Cole Matthews (PITT), 12-3	10	0
149: Finn Solomon (PITT) dec. Zach Redding (ISU), 8-4	10	3
157: Cody Chittum (ISU) maj. dec. Jared Keslar (PITT), 13-2	14	3
165: David Carr (ISU) maj. dec. Holden Heller (PITT), 9-1	18	3
174: Luca Augustine (PITT) dec. MJ Gaitan (ISU), 5-4	18	6
184: Reece Heller (PITT) maj. dec. Will Feldkamp (ISU), 14-6	18	10
197: Mac Stout (PITT) maj. dec. Rowan Udell (ISU), 10-2	18	14
285: Yonger Bastida (ISU) dec. Dayton Pitzer (PITT), 6-3	21	14

#6 ISU 26, #5 CORNELL 15

	ISU	CORN
125: Greg Diakomihalis (CORN) WBF Kysen Terukina (ISU), 6:34	0	6
133: Evan Frost (ISU) dec. Ethan Qureshi (CORN), 12-5	3	6
141: Anthony Echemendia (ISU) maj. dec. Vince Cornella (CORN), 13-4	7	6
149: Zach Redding (ISU) dec. Ethan Fernandez (CORN), 5-1	10	6
157: Cody Chittum (ISU) maj. dec. Cole Handlovic (CORN), 20-6	14	6
165: David Carr (ISU) WBF Benny Rogers (CORN), 2:57	20	6
174: MJ Gaitan (ISU) dec. Benny Baker (CORN), 10-7	23	6
184: Chris Foca (CORN) dec. Will Feldkamp (ISU), 8-7	23	9
197: Jacob Cardenas (CORN) WBF McCrae Hagarty (ISU), 3:19	23	15
285: Yonger Bastida (ISU) dec. Lewis Fernandes (CORN), 6-3	26	15

#10 ISU 50, DAVIDSON 0

	ISU	DC
125: Kysen Terukina (ISU) TF Enis Ljivic (DC), 19-4 (4:46)	5	0
133: Evan Frost (ISU) TF Jackson Sichelstiel (DC), 16-1 (4:56)	10	0
141: Jacob Frost (ISU) TF Josh Viarengo (DC), 19-4 (5:36)	15	0
149: Anthony Echemendia (ISU) TF Tyler McKnight (DC), 22-5 (3:47)	20	0
157: Cody Chittum (ISU) maj. dec. Tanner Peake (DC), 13-3	24	0
165: David Carr (ISU) TF Marc Koch (DC), 17-2 (3:54)	29	0
174: MJ Gaitan (ISU) WBF Brett Sanderlin (DC), 3:37	35	0
184: Caleb Helgeson (ISU) maj. dec. Wyatt Ferguson (DC), 17-5	39	0
197: Julien Broderson (ISU) WBF Cameo Blankenship (DC), 0:45	45	0
285: Yonger Bastida (ISU) TF Jake Fernicola (DC), 19-4 (3:11)	50	0

#8 ISU 14, #4 IOWA 18

	ISU	UI
125: Drake Ayala (UI) dec. Kysen Terukina (ISU), 7-2	0	3
133: Evan Frost (ISU) dec. Brody Teske (UI), 8-1	3	3
141: Real Woods (UI) dec. Anthony Echemendia (ISU), 4-1 SV-1	3	6
149: Casey Swiderski (ISU) dec. Victor Voinovich III (UI), 6-3	6	6
157: Jared Franek (UI) dec. Cody Chittum (ISU), 4-2	6	9
165: David Carr (ISU) maj. dec. Michael Caliendo (UI), 16-4	10	9
174: Patrick Kennedy (UI) dec. MJ Gaitan (ISU), 14-13	10	12
184: Gabe Arnold (UI) dec. Will Feldkamp (ISU), 3-2	10	15
197: Zach Glazier (UI) dec. Julien Broderson (ISU), 7-3	10	18
285: Yonger Bastida (ISU) maj. dec. Bradley Hill (UI), 17-6	14	18

#6 ISU 31, LITTLE ROCK 9

	ISU	LR
125: Ethan Perryman (ISU) dec. Jeremiah Reno (LR), 10-9	3	0
133: Nasir Bailey (LR) TF Evan Frost (ISU), 15-0 (1:57)	3	5
141: Anthony Echemendia (ISU) maj. dec. Brennan Van Hoecke (LR), 19-6	7	5
149: Zach Redding (ISU) maj. dec. Kyle Dutton (LR), 9-1	11	5
157: Cody Chittum (ISU) dec. Matty Bianchi (LR), 10-6	14	5
165: Connor Euton (ISU) dec. Joey Bianchi (LR), 10-7	17	5
174: MJ Gaitan (ISU) maj. dec. Kodiak Cannedy (LR), 15-4	21	5
184: Will Feldkamp (ISU) WBF Triston Wills, 3:21	27	5
197: Stephen Little (LR) maj. dec. Caleb Helgeson (ISU), 14-5	27	9
285: Yonger Bastida (ISU) maj. dec. Josiah Hill (LR), 14-4	31	9



KYSEN TERUKINA



@KysenTerukina

Senior

Ewa Beach, Hawaii (Kamehameha)

125 Pounds

2X NCAA Qualifier (2022 & 2021)

CAREER MATCH BY MATCH

2023-24 Season - 5-4 / 4-2 Duals

Ben Aranda (Cleveland State)	W-TF, 20-5 (7:00)
Enis Ljivic (Davidson)	W-TF, 19-4 (4:46)
#6 Eric Barnett (Wisconsin)	W-MD, 14-3
#17 Drake Ayala (Iowa)	L-D, 7-2
Cliff Keen Las Vegas Invitational (DNP)	
Massey Odiotti (Northwestern)	W-F, 3:26
#20 Nico Provo (Stanford)	L-D, 12-5
Richard Sandoval (Cal State Bakersfield)	L-D, 7-4 SV-1
Colton Camacho (Pittsburgh)	W-D, 6-4
Greg Diakomihalis (Cornell)	L-F, 6:34

2022-23 Season - 3-2 / 3-1 Duals

Zak Thompson (Campbell)	W-MD, 12-4
#6 Eric Barnett (Wisconsin)	W-D, 9-7 (SV-1)
Elijah Griffin (California Baptist)	L-D, 4-2
Esco Walker (Grand View)	W-D, 5-2
#3 Patrick McKee (Minnesota)	L-F, 3:48

2021-2022 Season - 15-8 / 9-3 Duals

Grand View Open (First Place)	
Korey Mendoza (Grand View)	W-D, 11-6
Paul Mascarenas (Grand View)	W-D, 6-1
Caleb Fuessley (Iowa State)	*W-D, 10-3
Corey Cabanban (Iowa State)	*W-D, 3-1

Warren Williamson Daktronics Open (First Place)

Gregory Coapstick (SDSU)	W-MD, 12-2
Bailey Roybal (SDSU)	W-D, 9-4
#17 Liam Cronin (Nebraska)	W-D, 4-3
Corey Cabanban (Iowa State)	*W-D, 3-1
Jake Staud (Army)	W-MD, 12-3
Jesse Ybara (Iowa)	W-D, 8-2
Sam Blackmon (NWKTC)	W-F, 4:26
Eddie Flores (CSU Bakersfield)	W-D, 8-2
Jake Svihel (Wyoming)	W-D, 7-6
Lucas Rodriguez (NDSU)	W-D, 8-3
#32 Joey Prata (Oklahoma)	L-D, 6-5
#6 Trevor Mastrogianni (Oklahoma State)	W-D, 2-1
#5 Killian Cardinale (West Virginia)	W-D, 6-5
Jared Van Vleet (Air Force)	W-D, 8-6
#19 Brody Teske (Northern Iowa)	L-D, 6-3
#18 Noah Surtin (Missouri)	L-D, 7-1

Big 12 Championship (Eighth Place)

#15 Brody Teske (UNI)	L-D, 6-5
Lucas Rodriguez (NDSU)	W-D, 6-2
#16 Taylor LaMont (Utah Valley)	L-F, 1:39
#17 Noah Surtin (Missouri)	L-D, 5-3 (SV)

NCAA Championships (DNP)

#7 Trevor Mastrogianni (Oklahoma State)	L-D, 4-2
#23 Dylan Shawver (Rutgers)	L-D, 6-4

2020-2021 Season - 8-7 / 4-2 Duals

Brenden Baker (Wartburg)	W-MD, 11-2
Julian Valtierrez (Loras)	W-MD, 13-3
Josh Portillo (UNK)	W-D, 6-5
#24 Connor Brown (Missouri)	L-D, 5-4
Mason Naifeh (Oklahoma)	W-D, 6-4
Couy Wells (Iowa Central)	W-F, 4:15
#13 Trevor Mastrogianni (Oklahoma State)	L-D, 6-4 (SV1)
McGwire Midkiff (NDSU)	W-D, 4-2

Big 12 Championship (Sixth Place)

#6 Taylor LaMont (Utah Valley)	L-D, 7-5 (SV1)
Derrick Stacey (Wyoming)	W-D, 4-2
#26 Cody Phippen (Air Force)	W-D, 9-6
#24 Danny Vega (SDSU)	L-MD, 12-3
#16 Trevor Mastrogianni (Oklahoma State)	L-TF, 19-1

NCAA Championships (DNP)

#32 Pat McCormick (Virginia)	L-D, 6-2
#30 Micah Roes (Binghamton)	L-D, 10-4

*Does not count toward Career Record

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
2020-21	8-7	4-2	6th	DNP	2	0	1	4:15
2021-22	15-8	8-3	8th	DNP	2	0	1	4:26
2022-23	3-2	3-1	-	-	1	0	0	-
2023-24	5-4	4-2	-	-	1	2	1	3:26
Career	31-21	19-8	-	-	6	2	3	3:26

AWARDS & HONORS

2x NCAA Qualifier (2021, 2022)
 Big 12 Wrestler of the Week (11/21/23)
 2022 Big 12 Championship (Eighth)
 2021 Big 12 Championship (Sixth)



EVAN FROST

Redshirt-Freshman
Metairie, La. (Dowling Catholic)

133 Pounds

CAREER MATCH BY MATCH

2023-24 Season - 10-2 / 6-1 Duals

Jake Manley (Cleveland State)	W-MD, 17-3
Jackson Sichelstiel (Davidson)	W-TF, 16-1 (4:56)
Nicolar Rivera (Wisconsin)	W-D, 12-6
#8 Brody Teske (Iowa)	W-D, 8-1
Cliff Keen Las Vegas Invitational (Second Place)	
Micah Roes (Binghamton)	W-D, 5-0
Julian Farber (UNI)	W-MD, 14-3
Zeth Romney (Cal Poly)	W-MD, 16-3
Tyler Knox (Stanford)	W-D, 2-1
#4 Kai Orine (NC State)	L-MD, 12-4
#23 Vinnie Santaniello (Pittsburgh)	W-D, 9-6 SV-1
#21 Nasir Bailey (Little Rock)	L-TF, 15-0 (1:57)
Ethan Qureshi (Cornell)	W-D, 12-5

2022-23 Season - 15-5 / 0-0 Duals

Grand View Open (Second Place)	
Zach Westerfield (Simpson)	W-F, 1:11
Hayden Mills (Nebraska)	W-F, 2:22
Jason Henschel (Pratt)	W-D, 5-2
Lane Cowell (Iowa Central)	W-F, 2:51
Dillon Witt (Missouri Baptist)	W-MD, 15-1
Cory Land (Northern Iowa)	L-MD, 13-1
Warren Williamson Daktronics Open (First Place)	
Ethan Bowman (SDSU)	W-MD, 10-1
#15 Kyle Biscoglia (Northern Iowa)	W-D, 8-6
Jake Gliva (Minnesota)	W-MD, 10-1
Cyclone Open (Fifth Place)	
Julian Farber (Northern Iowa)	L-MD, 13-2
Brock Bobzien (Wisconsin RTC)	*W-F, 2:38
Dylan Coy (Wisconsin)	W-D, 8-2
Julian Farber (Northern Iowa)	L-TF, 20-5
Beau Klingensmith (Northern Iowa)	W-Inj., 3:43
UNI Open (First Place)	
Cory Land (Northern Iowa)	L-D, 6-2
Jesse Ybarra (Iowa)	W-D, 8-4
Julian Farber (Northern Iowa)	W-D, 8-5
Jace Rhodes (Iowa)	W-D, 8-1
^North Country Open (First Place)	
Caleb Meekins (St. Cloud State)	^W-TF, 18-3
Sam Spencer (St. Cloud State)	^W-MD, 12-2
Last Chance Open (Fourth Place)	
Caiden Pelc (Lindenwood)	W-TF, 20-4
Nicolar Rivera (Wisconsin)	W-MD, 16-3
#32 Kyle Burwick (Nebraska)	L-TF, 17-0
Kyler Larkin (Unattached)	*W-D, 10-5
Jager Eisch (Minnesota)	*L-MFF

*Does not count toward career record

^Competed unattached, does not count towards career record

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
*2022-23	15-5	0-0	-	-	4	1	3	1:11
2023-24	10-2	6-1	-	-	3	1	0	-
Career	25-7	6-1	-	-	7	2	3	1:11

*Redshirted (Record includes only attached matches from season)

AWARDS & HONORS

Big 12 Wrestler of the Week (11/28/23)



ANTHONY ECHEMENDIA

141 Pounds

Redshirt Junior
Cabaiguan, Cuba / Sunnyside (Ariz.)

CAREER MATCH BY MATCH

2023-24 Season - 10-3 / 6-1 Duals

Douglas Terry (Cleveland State) W-TF, 24-7 (5:00)
Tyler McKnight (Davidson) W-TF, 22-5 (3:47)
Felix Lettini (Wisconsin) W-TF, 21-6 (4:15)
#1 Real Woods (Iowa) L-D, 4-1 SV-1

Cliff Keen Las Vegas Invitational (Seventh Place)

Devin Matthews (Long Island University) W-D, 7-3
#21 Cleveland Belton (Oregon State) W-F, 2:38
#3 Lachlan McNeil (North Carolina) L-D, 9-6
#29 Jason Miranda (Stanford) W-MD, 17-3
#9 Cael Happel (UNI) L-D, 9-3
#14 Vince Cornella (Cornell) W-MD, 13-3
#15 Cole Matthews (Pittsburgh) W-MD, 12-3
Brennan Van Hoecke (Little Rock) W-MD, 19-6
#16 Vince Cornella (Cornell) W-MD, 13-4

2021-22 Season - 2-0 / 0-0 Duals

Michigan State Open (DNP)

Caleb Brooks (Northern Illinois) W-D, 4-2
Nicholas Bolivar (Indiana) W-D, 8-3
(MFF out of tournament in semifinals)

2020-21 Season - 4-1 / 3-1 Duals

Trey Escobar (Wisconsin) W-D, 11-7
Dominic Dentino (Wisconsin - Extra Match) W-D, 11-5
Jake Spiess (Michigan State) W-D, 6-3
Danny Bertoni (Maryland) W-D, 8-6
#1 Jayden Eierman (Iowa) L-F, 5:25

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
2020-21	4-1	3-1	-	-	0	0	0	-
2021-22	2-0	0-0	-	-	0	0	0	-
2023-24	10-3	6-1	-	-	5	3	1	2:38
Career	16-4	9-2	-	-	5	3	1	2:38

AWARDS & HONORS

OSU Scholar-Athlete (2021)



ZACH REDDING

@Z_Redding29

Senior

Manorville, N.Y. (Eastport-South Manor)

141 Pounds

NCAA Qualifier (2021, 2023)

CAREER MATCH BY MATCH

2023-24 Season - 7-2 / 2-1 Duals

Grand View Open (First Place)

Tristan Bremer (Providence)	W-TF, 19-4
Kristofer Arrey (Missouri Valley)	W-MD, 14-2
Marckis Branford (Grand View)	W-TF, 17-1
Logan Wagner (Marian University)	W-TF, 20-4

Daktronics Open (Second Place)

Connor Thorpe (Northern Iowa)	W-TF, 18-3 (7:00)
Cael Happel (Northern Iowa)	L-F, 3:54
#19 Finn Solomon (Pittsburgh)	L-D, 8-4
Kyle Dutton (Little Rock)	W-MD, 9-1
Ethan Fernandez (Cornell)	W-D, 5-1

2022-23 Season - 18-12 / 8-7 Duals

Josh Sarpy (Little Rock)	W-MD, 14-5
Domenic Zaccone (Campbell)	W-D, 3-2
#12 Taylor LaMont (Wisconsin)	W-D, 10-4
Hunter Leake (California Baptist)	L-F, 4:35
#23 (141) Cleveland Belton (Oregon State)	W-D, 6-5
#21 (141) Vince Cornella (Cornell)	L-D, 6-1
#5 (141) Beau Bartlett (Penn State)	L-D, 8-3

Southern Scuffle (Fifth Place)

Jackson Cockrell (Maryland)	W-Inj. Def.
#32 Kurt Phipps (Bucknell)	W-D, 6-2
#2 Daton Fix (Oklahoma State)	L-D, 5-2
Reece Witcraft (Oklahoma State)	W-F, 4:37
#23 Sean Carter (App State)	W-D, 3-1
#21 Aaron Nagao (Minnesota)	L-D, 6-1
Chance Rich (CSUB)	W-MFF

Kobe Nelms (Utah Valley)	W-F, 2:34
#27 Wyatt Henson (Oklahoma)	W-F, 4:11
#2 Daton Fix (Oklahoma State)	L-D, 8-3
Davin Rhoads (West Virginia)	L-D, 6-2
#7 Micky Phillippi (Pittsburgh)	L-D, 5-4
#11 Kyle Biscaglia (Northern Iowa)	W-D, 4-2 SV-1
#10 Lucas Byrd (Illinois)	L-MD, 13-3
#27 Connor Brown (Missouri)	W-D, 9-7

Big 12 Championship (Second Place)

Hunter Leake (California Baptist)	W-D, 4-2
#17 Kyle Biscaglia (Northern Iowa)	W-D, 4-1
#2 Daton Fix (Oklahoma State)	L-MD, 10-2

NCAA Championships (DNP)

#19 Domenic Zaccone (Campbell)	W-D, 7-2
#3 Vito Arujau (Cornell)	L-MD, 12-4
#29 Angelo Rini (Columbia)	W-MD, 11-3
#22 Cody Phippen (Air Force)	W-D, 5-3 SV-1
#8 Aaron Nagao (Minnesota)	L-MD, 12-0 2021-22

Season - 6-2 / 2-1 Duals

Warren Williamson Daktronics Open (First Place)

Aaron Nagao (Minnesota)	W-D, 7-0
Ethan Basille (Northern Iowa)	W-D, 11-4
Marcos Polanco (Minnesota)	W-D, 6-3
Julian Sanchez (Army)	W-D, 6-4
Christian Nunez (California Baptist)	W-D, 4-1
#2 Jaydin Eierman (Iowa)	L-MD, 15-7

David H. Lehman F&M Open (DNP)

Julian Sanchez (Army)	W-MD, 9-1
Myles Griffin (Spartan WC)	*W-TF, 18-2 (4:33)
Gabe Willochell (Edinboro)	L-D, 6-5
Michael Cetta (Rutgers)	*L-MFF

2020-2021 Season - 10-7 / 7-4 Duals

Joe Pins (Wartburg)	W-TF, 16-1
Zach Licht (Loras)	W-D, 7-4
Wesley Dawkins (UNK)	W-D, 7-5 (SV1)
Matt Schmitt (Missouri)	L-D, 4-3
Anthony Madrigal (Oklahoma)	L-D, 3-2 (TB1)
Aidan Harris (Iowa Central)	W-MD, 14-5
Reece Witcraft (Oklahoma State)	W-D, 6-0
Kellyn March (NDSU)	W-D, 8-2
Zach Price (SDSU)	L-D, 4-2
Michael McGee (Arizona State)	L-D, 9-4
Kyle Biscaglia (UNI)	W-D, 6-5 (TB1)

Big 12 Championship (Third Place)

Jack Skudlarczyk (UNI)	W-MD, 13-0
Anthony Madrigal (Oklahoma)	L-D, 8-3
Zach Price (SDSU)	W-D, 8-4
Mosha Schwartz (Northern Colorado)	W-MD, 20-7

NCAA Championships (DNP)

Ryan Sullivan (West Virginia)	L-D, 4-3 (TB1)
Paul Bianchi (Little Rock)	L-D, 9-4

*Does not count toward career record

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
2020-21	10-7	7-4	3rd	DNP	3	1	0	-
2021-22	6-2	2-1	-	-	1	0	0	-
2022-23	18-12	8-7	2nd	DNP	2	0	3	2:34
2023-24	7-2	2-1	-	-	2	4	0	-
Career	41-23	19-13	-	-	8	5	3	2:34

AWARDS & HONORS

NCAA Qualifier (2021, 2023)
 2023 Big 12 Championship (Second)
 2021 Big 12 Championship (Third)



CODY CHITTUM

Freshman
Cleveland, Tenn. / Cleveland

157 Pounds

CAREER MATCH BY MATCH

2023-24 Season - 7-3 / 5-1 Duals

Tanner Peake (Davidson)	W-MD, 13-3
Luke Mechler (Wisconsin)	W-MD, 15-2
#2 Jared Franek (Iowa)	L-D, 4-2
Cliff Keen Las Vegas Invitational (DNP)	
Danny Nini (North Carolina)	W-D, 11-5
#9 Daniel Cardenas (Stanford)	L-D, 9-8
Thomas Snipes (The Citadel)	W-TF, 21-2 (6:39)
#5 Bryce Andonian (Virginia Tech)	L-F, 1:16
Jared Keslar (Pittsburgh)	W-MD, 13-2
#28 Matty Bianchi (Little Rock)	W-D, 10-6
Cole Handlovic (Cornell)	W-MD, 20-6

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
2023-24	7-3	5-1	-	-	4	1	0	-
Career	7-3	5-1	-	-	4	1	0	-

AWARDS & HONORS



DAVID CARR



@CarrChamp

Senior

Canton, Ohio (Perry)

165 Pounds

2021 NCAA Champion

2023 NCAA Runner-Up

4X NCAA Qualifier (2023, 2022, 2021 & 2020)

4X All-American (2023, 2022, 2021 & 2020)

4X Big 12 Champion (2023, 2022, 2021 & 2020)

2021 Big 12 Wrestler of the Year

2023 Big 12 Most Outstanding Wrestler

CAREER MATCH BY MATCH

2023-24 Season - 11-1 / 6-0 Duals

Daniel Patten (Cleveland State) W-F, 1:47
 Marc Koch (Davidson) W-TF, 17-2 (3:54)
 #4 Dean Hamiti (Wisconsin) W-D, 2-0
 #5 Michael Caliendo (Iowa) W-MD, 16-4

Cliff Keen Las Vegas Invitational (Third Place)

Evan Yant (Northern Iowa) W-TF, 19-2 (3:00)
 Will Miller (App State) W-TF, 20-3 (4:10)
 #19 Garrett Thompson (Ohio) W-MD, 15-3
 #7 Julian Ramirez (Cornell) L-D, 4-3
 Hunter Garvin (Harvard) W-TF, 15-0 (3:49)
 #3 Cam Amine (Michigan) W-D, 3-1
 #8 Holden Heller (Pittsburgh) W-MD, 9-1
 Benny Rogers (Cornell) W-F, 2:57

2022-23 Season - 27-1 / 19-0 Duals

Tyler Brennan (Little Rock) W-MD, 11-1
 Riley Augustine (Campbell) W-F, 4:23
 #5 Dean Hamiti (Wisconsin) W-D, 7-5
 Mateo De La Pena (California Baptist) W-F, 3:33
 Marty Margolis (Grand View) W-TF, 17-1 (4:41)
 #1 (157) Quincy Monday (Princeton) W-D, 2-1
 #13 Patrick Kennedy (Iowa) W-D, 10-4
 #23 Matthew Olguin (Oregon State) W-D, 6-1
 #7 Julian Ramirez (Cornell) W-D, 10-5
 #14 Alex Facundo (Penn State) W-D, 4-2
 Cole Moody (Wyoming) W-F, 5:15
 Tony Negron (Arizona State) W-TF, 17-2 (5:35)
 Danny Snediker (Utah Valley) W-F, 1:03
 #20 Gerrit Nijenhuis (Oklahoma) W-MD, 19-6
 #26 Wyatt Sheets (Oklahoma State) W-D, 5-3
 #10 Peyton Hall (West Virginia) W-D, 8-2
 #23 Holden Heller (Pittsburgh) W-D, 7-3
 #13 Austin Yant (Northern Iowa) W-MD, 20-6
 Anthony Federico (Illinois) W-MD, 16-2
 #1 Keegan O'Toole (Missouri) W-D, 7-2

Big 12 Championship (First Place)

#14 Austin Yant (Northern Iowa) W-TF, 21-6 (6:33)
 #11 Peyton Hall (West Virginia) W-D, 3-1
 #2 Keegan O'Toole W-F, 7:38

NCAA Championships (Second Place)

#33 Josh Kim (Harvard) W-MD, 10-2
 #17 Austin Yant (Northern Iowa) W-MD, 15-4
 #9 Shane Griffith (Stanford) W-D, 2-1
 #5 Quincy Monday (Princeton) W-D, 6-5
 #2 Keegan O'Toole (Missouri) L-D, 8-2

2021-22 Season - 28-1 / 13-0 Duals

Warren Williamson Daktronics Open (First Place)

Kaleb Olejniczak (UNI) W-TF, 17-2 (4:23)
 Nic Stoltenberg (Nebraska) W-TF, 18-1 (4:20)
 Cayd Lara (UNI) W-TF, 17-2 (6:12)
 #16 Peyton Robb (Nebraska) W-D, 7-5 (SV)
 #29 Markus Hartman (Army) W-TF, 18-2 (6:02)
 AJ Raya (California Baptist) W-MD, 14-3
 #9 Kaleb Young (Iowa) W-D, 6-3
 #11 Kendall Coleman (Purdue) W-F, 4:30
 #7 Jared Franek (NDSU) W-F, 0:17
 Brock Rogers (CSU Bakersfield) W-F, 4:21
 Darren Green (Wyoming) W-F, 3:54
 #13 Wyatt Sheets (Oklahoma State) W-D, 7-3
 #16 Justin Thomas (Oklahoma) W-D, 3-1
 #13 Wyatt Sheets (Oklahoma State) W-MD, 12-3
 Alex Hornfeck (West Virginia) W-MD, 17-5
 Derek Holschlag (Northern Iowa) W-D, 11-4

#21 Jarrett Jacques (Missouri) W-MD, 14-2

Big 12 Championship (First Place)

Giano Petrucelli (Air Force) W-F, 4:54
 Jaxon Garoutte (Utah Valley) W-TF, 18-3 (7:00)
 #22 Jacob Wright (Wyoming) W-D, 7-4
 #5 Jared Franek (NDSU) W-D, 8-2

NCAA Championships (Third Place)

#33 Derek Holschlag (UNI) W-TF, 21-6 (7:00)
 #17 Hunter Willits (Oregon State) L-D, 2-1 (TB-1)
 #31 Wyatt Sheets (Oklahoma State) W-D, 3-2
 #9 Kaleb Young (Iowa) W-D, 5-3
 #6 Jared Franek (NDSU) W-D, 4-3
 #11 Austin O'Connor (North Carolina) W-MFF
 #8 Will Lewan (Michigan) W-D, 6-3
 #10 Peyton Robb (Nebraska) W-D, 7-2

2020-21 Season - 20-0 / 12-0 Duals

David Hollingsworth (Wartburg) W-TF, 17-0
 Daniel Ruiz (Loras) W-TF, 22-4
 Jacob Wasser (UNK) W-F, 4:47
 #12 Jarrett Jacques (Missouri) W-MD, 14-1
 #9 Justin Thomas (Oklahoma) W-D, 4-0
 Nolan Miller-Johnston (Iowa Central) W-F, 4:00
 Ronnie Gentile (Lindenwood) W-TF, 24-9
 #8 Wyatt Sheets (Oklahoma State) W-D, 8-4
 #17 Jared Franek (NDSU) W-MD, 16-5
 #19 Cade DeVos (SDSU) W-MD, 10-2
 Hunter Balk (Arizona State) W-F, 1:47
 Derek Holschlag (UNI) W-TF, 19-2

Big 12 Championship (First Place)

Parker Simmington (Air Force) W-F, 0:46
 #19 Cade DeVos (SDSU) W-D, 8-2
 #11 Jared Franek (NDSU) W-D, 8-2

NCAA Championships (First Place)

#30 Marcus Hartman (Army) W-MD, 16-2
 #14 Will Lewan (Michigan) W-MD, 10-2
 #6 Brayton Lee (Minnesota) W-D, 4-2 (SV1)
 #2 Hayden Hilday (NC State) W-D, 6-4
 #4 Jesse Dellavecchia (Rider) W-D, 4-0

2019-20 Season - 18-1 / 9-0 Duals

Jaden Fisher (Bucknell) W-TF, 18-3
 Kaleb Young (Iowa) W-D, 6-1

Cliff Keen Las Vegas Invitational (Third Place)

Jared Franek (NDSU) W-D, 11-4
 Avery Shay (Clarion) W-D, 8-2
 Justin Thomas (Oklahoma) W-D, 6-5
 Ryan Deakin (Northwestern) L-D, 8-3
 Jacob Wright (Fresno State) W-MD, 9-0
 Kendall Coleman (Purdue) W-D, 4-0

Tyler Shilson (Chattanooga) W-TF, 21-6
 Jerry Rubio (Utah Valley) W-F, 1:29
 Matthew Dallara (Campbell) W-MD, 18-5
 Hunter Ldnier (Harvard) W-MD, 17-6
 Jacori Teemer (Arizona State) W-D, 4-1
 Colten Carlson (SDSU) W-MD, 16-5
 Wyatt Sheets (Oklahoma State) W-MD, 14-6

Last Chance Open

Eric Owens (Iowa State) W-F, 0:52
 Cael Carlson (Minnesota) L-MFF
 Payton Sitzmann (Iowa State WC) L-MFF

Big 12 Championship (First Place)

Dewey Krueger (Wyoming) W-D, 11-5
 Justin Thomas (Oklahoma) W-D, 4-1
 Wyatt Sheets (Oklahoma State) W-D, 6-4

***2018-2019 Season - 23-1 / 0-0 Duals**

Cyclone Open (Third Place)

Peyton Mocco (Missouri) L-D, 9-8
 Hunter Washburn (Northern Iowa) W-MD, 10-1
 Isaiah Patton (Northern Iowa) W-F, 3:21
 Phyllip DeLoach (Missouri) W-MD, 12-2
 Paden Moore (Northern Iowa) W-D, 3-1

Grand View Open - (First Place)

Keegan Shaw (Iowa) W-D, 6-3
 Peyton Robb (Nebraska) W-D, 6-3
 Renaldo Rodriguez-Spencer (Grand View) W-D, 2-0
 Jeremiah Moody (Iowa) W-MD, 9-0

Lindenwood Open (First Place)

Kyle Lee (Williams Baptist) W-TF, 20-2
 Keegan Shaw (Iowa) W-D, 11-4
 Tyler Mann (Ouachita Baptist) W-MD, 14-2
 Erich Byelick (Northwestern) W-MD, 11-2
 Jeren Glosser (Iowa) W-D, 7-3

UNI Open (First Place)

Derek McDaniel (Missouri) W-F, 1:37
 Ethan Karsten (Iowa Central) W-TF, 18-3
 Cayd Lara (UNI) W-MD, 11-2
 Brayton Lee (Minnesota) W-D, 6-0
 Devin Bahr (Wisconsin) W-D, 8-2

Dave Edmonds Open (First Place)

Weston Milnes (Valiant College Prep) W-MD, 15-5
 Ben Peters (Briar Cliff) W-TF, 20-5
 Kenau Tom (Concordia) W-F, 4:08
 Dalton Jensen (Grand View) W-TF, 22-7
 Taner Stone (Dickinson State) W-MD, 16-5

*Does not count toward Career Record

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
2018-19*	23-1	0-0	-	-	8	4	3	1:37
2019-20	18-1	9-0	1st	Covid	5	2	1	1:29
2020-21	20-0	12-0	1st	1st	5	4	4	0:46
2021-22	28-1	13-0	1st	3rd	4	6	5	0:17
2022-23	27-1	19-0	1st	2nd	6	3	5	3:33
2023-24	11-1	6-0	-	-	3	4	2	1:47
Career	104-4	58-0	-	-	23	19	17	0:17

AWARDS & HONORS

Iowa State Male Athlete of the Year (2021, 2023)
 Big 12 Wrestler of the Week (2/21/23, 11/26/20)
 NCAA Wrestler of the Week (2/21/23)
 2023 NCAA Runner-Up
 2023 Big 12 Championship Most Outstanding Wrestler
 2023 CSC Academic All-American
 2022 NWCA Scholar All-American
 4x NCAA All-American (*2020, 2021, 2022, 2023)
 4x Big 12 Champion (2020, 2021, 2022, 2023)
 2021 Hodge Trophy Finalist
 2021 NCAA Champion
 2021 Big 12 Wrestler of the Year

2020 Senior Nationals (Sixth)
 2020 NWCA Scholar All-America Award
 First Team Academic All-Big 12 (2022, 2023)
 Second Team Academic All-Big 12 (2020, 2021)

 2022-23 US Senior National Team Member
 2022-23 US U23 World Team Member
 2019 Junior World Champion
 2019 UWW Junior National Champion

*2020 First-Team All American (Tournament not wrestled due to COVID-19 Pandemic)



MJ GAITAN

Redshirt-Freshman
Temecula, Calif. (Temecula Valley)

174 Pounds

CAREER MATCH BY MATCH

2023-24 Season - 8-5 / 5-2 Duals

Ronald Dimmerling (Cleveland State) W-TF, 19-3 (3:38)
Brett Sanderlin (Davidson) W-F, 3:37
Luke Condon (Wisconsin) W-F, 2:25
#14 Patrick Kennedy (Iowa) L-D, 14-13

Cliff Keen Las Vegas Invitational (Eighth Place)

Blake Bahna (Long Island Univ.) W-F, 1:46
David Ferrante (Northwestern) W-D, 15-10
#7 Cade DeVos (SDSU) L-MD, 10-2
#3 Shane Griffith (Michigan) W-MFF
#22 Austin Murphy (Campbell) L-D, 10-5
Lorenzo Norman (Stanford) L-D, 11-8
#17 Luca Augustine (Pittsburgh) L-D, 5-4
Kodiak Cannedy (Little Rock) W-MD, 15-4
Benny Baker (Cornell) W-D, 10-7

2022-23 Season - 4-4 / 2-3 Duals

Triston Wills (Little Rock) W-F (5:27)
James Rowley (Wisconsin) L-D, 4-3
#15 Nelson Brands (Iowa) L-MD, 13-5

Southern Scuffle (DNP)

Braden Welch (App State) W-F, 3:33
Tyler Eischens (Stanford) L-D, 9-7
Kolton Clark (Virginia Tech) W-MD, 13-5
#21 Julien Broderon (Iowa State) *L-D, 7-2

^North Country Open (First Place)

Brendan Howes (NDSU) ^W-D, 5-4
Carter Schmidt (Iowa State) ^*W-D, 7-4
Manny Rojas (Iowa State) ^*W-F, 2:39
Luca Augustine (Pittsburgh) L-D, 6-4
#24 Lance Runyon (Northern Iowa) W-D, 9-5

^Last Chance Open (Second Place)

Devin Wasley (Minnesota) ^W-MD, 15-7
Carter Schmidt (Iowa State) ^*W-D, 3-1 SV-1
Julien Broderon (Iowa State) ^*L-MFF

*Does not count toward career record

^Competed unattached, does not count towards career record

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
*2022-23	4-4	2-3	-	-	1	0	1	5:27
2023-24	8-5	5-2	-	-	1	1	3	1:46
Career	12-9	7-5	-	-	2	1	4	1:46

*Redshirted (Record includes only attached matches from season)

AWARDS & HONORS



WILL FELDKAMP

Senior

Dexter Township (Dexter/Northern Illinois/Clarion)

184 Pounds

2x NCAA Qualifier (2023, 2022)

2023 All-American

2023 MAC Champion

CAREER MATCH BY MATCH

2023-24 Season - 6-4 / 2-3 Duals		2022-23 Season - 29-6 / 15-2 Duals		2021-22 Season - 19-6 / 10-2 Duals		2018-19 Season - 13-10 / 9-6 Duals	
Shane Liegel (Wisconsin)	W-F, 1:39	Clarion Open (First Place)		Clarion Open		Norman Conley (Indiana)	
Gabe Arnold (Iowa)	L-D, 3-2	Mike Caniglia (Kent State)		Eli Sheeran (Buffalo)		Emery Parker (Illinois)	
Cliff Keen Las Vegas Invitational (Second Place)		James Liedo (Pittsburgh)		Jake Koser (Navy)		Jordan Atienza (Central Michigan)	
Anthony D'Alesio (Long Island Univ.)	W-D, 7-5	Nicholas Meglino (Pittsburgh)		Tyler Bates (Kent State)		Midlands	
#14 David Key (Navy)	W-TF, 22-7 (7:00)	Reece Heller (Pittsburgh)		Jaxon Smith (Maryland)		William Janzer (Rutgers)	
#3 Trey Munoz (Oregon State)	W-F, 2:21	Brian Soldano (Rutgers)		Thomas Sell (Chattanooga)		Cade Belshay (Arizona State)	
#27 Sam Wolf (Air Force)	W-MD, 10-0	Cliff Keen Las Vegas Invitational		Owen Vietmeier (Davidson)		Jalen Laughlin (Pennsylvania)	
#1 Parker Keckeisen (Northern Iowa)	L-MD, 14-4	Darion Johnson (Western Wyoming Coll.)		Greg Bulsak (Rutgers)		Kyle Jasenski (Maryland)	
#14 Reece Heller (Pittsburgh)	L-MD, 14-6	Anthony Montalvo (Arizona State)		Shorty Hitchcock Open		Gavin Hoffman (Ohio State)	
Triston Wills (Little Rock)	W-F, 3:21	Logan Deacetis (Bucknell)		Aiden Conner (Princeton)		Dean Drugac (Old Dominion)	
#9 Chris Foca (Cornell)	L-D, 8-7	Buridano Stolfi (Bloomsburg)		Jordan Greer (Ohio)		Sergio Villalobos (SIU Edwardsville)	
		Jhaquan Anderson (Gardner-Webb)		Christopher Cratsley (Messiah Coll.)		Trey Rogers (Hofstra)	
		Matthew Waddell (Chattanooga)		Ethan Finch (Pittsburgh)		Martin Duane (The Citadel)	
		Sergio Villalobos (SIU Edwardsville)		Martin Cosgrove (Unattached)		Wyatt Koelling (Missouri)	
		DeAndre Nassar (Cleveland State)		David Tuttle (Bloomsburg)		Arsen Ashughyan (Ohio)	
		Benjamin Cushman (Central Michigan)		Jordan Greer (Ohio)		vs. Bloomsburg	
		Zach Brown (VMI)		Sam Mitchell (Buffalo)		Cameron Caffey (Michigan State)	
		Gavin Claro (LIU)		Parker McClellan (Lock Haven)		Andrew McNally (Kent State)	
		Tyler Kocak (George Mason)		Tyler Bates (Kent State)		Chris Morrow (Cleveland State)	
		Colin Fegley (Lock Haven)		Jon List (George Mason)		Logan Rill (Buffalo)	
		Jack Kilner (Edinboro)		Ryan Yarnell (SIU Edwardsville)		MAC Championships (Fourth Place)	
		Mike Caniglia (Kent State)		Jake Koser (Navy)		Jordan Atienza (Central Michigan)	
		Giuseppe Hoose (Buffalo)		MAC Championships (Second Place)		Logan Rill (Buffalo)	
		Isaac Dean (Rider)		Carson Brewer (Ohio)		Antonio Agee (Old Dominion)	
		Anthony Carman (West Virginia)		Cody Mulligan (Edinboro)		Jordan Atienza (Central Michigan)	
		Donovan Ball (Penn State)		Benjamin Smith (Cleveland State)		*2017-18 Season - 9-3 / 0-0 Duals	
		MAC Tournament (First Place)		NCAA Championships (DNP)		Harold Nichols Cyclone Open (First Place)	
		Isaac Dean (Rider)		Matthew Waddell (Chattanooga)		Justin Guilliams (Northern Iowa)	
		Benjamin Cushman (Central Michigan)		Max Dean (Penn State)		Sam Gregory (Grand View)	
		DeAndre Nassar (Cleveland State)		Kordell Norfleet (Arizona State)		Alec McDowell (Iowa State)	
		Zayne Lehman (Ohio)		2020-21 Season - 5-2 / 0-0		Jim Koch Open (Second Place)	
		NCAA Championships (Seventh Place)		Aaron Bolo (Central Michigan)		Bailey Kelly (Maryville)	
		#19 Jacob Nolan (Binghamton)		Jake Walker (Ohio)		Logan Millizer (Triton College)	
		#3 Aaron Brooks (Penn State)		Rocky Elam (Missouri)		Connor Price (Wisconsin-Parkside)	
		#13 Lenny Pinto (Nebraska)		Brett Wittmann (Clarion)		Bradley Metz (Findlay)	
		#22 Colton Hawks (Missouri)		Sergio Villalobos (SIU Edwardsville)		Pat 'Flash' Flanagan Open	
		#9 Isaiah Salazar (Minnesota)		Tyrell Gordon (Northern Iowa)		Bailey Kelly (Maryville)	
		#5 Marcus Coleman (Iowa State)		Ryan Boyle (Kent State)		Richard Hunter (Loras)	
		#11 Gavin Kane (North Carolina)		2019-20 Season - 1-1 / 0-0 Duals		Robert Muhammad (Loras)	
				Michigan State Open		Alec McDowell (Iowa State)	
				Jake Boyd (Oklahoma)		Miles Wilson (Iowa)	
				Jacob Gray (Central Michigan)			
				Jared Florell (Purdue)			

*Does not count toward career record

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Conf. Place	NCAA Place	MD	TF	Pins	Fastest Pin
2017-18*	9-3	0-0	-	-	1	2	4	1:20
2018-19	13-10	9-6	3rd	-	3	0	4	0:49
2019-20	1-1	1-1	-	-	0	0	0	-
2020-21	5-2	0-0	-	-	0	0	3	3:27
2021-22	19-6	10-2	2nd	DNP	2	2	9	0:56
2022-23	29-6	15-2	1st	7th	3	1	14	0:31
2023-24	6-4	2-3	-	-	1	1	3	1:39
Career	73-29	37-14	-	-	9	4	33	0:31

AWARDS & HONORS

2x NCAA Qualifier (2023, 2022)
2023 All-American (Seventh Place)
2023 MAC Champion



JULIEN BRODERSON

 @JBIII_13

Senior

Davenport, Iowa (Assumption)

197 Pounds

CAREER MATCH BY MATCH

2023-24 Season - 4-3 / 2-1 Duals				2021-22 Season - 13-5 / 3-0 Duals			
Cameo Blankenship (Davidson)	W-F, 0:45	Hayden Hastings (Wyoming)	W-MD, 9-0	UNI Open (Fourth Place)			
Josh Otto (Wisconsin)	W-D, 5-2	#26 Lance Runyon (Northern Iowa)	W-D, 6-2	Pat Schoenfelder (UNI)	L-D, 6-4	Cyclone Open - Fresh/Soph (Second Place)	
#22 Zach Glazier (Iowa)	L-D, 7-3	#23 Cade DeVos (SDSU)	L-D, 3-2	Dajun Johnson (UNI)	W-D, 4-2	Bobby Williams (Pratt CC)	W-F, 1:23
Cliff Keen Las Vegas Invitational (DNP)		Scott Joll (West Virginia)	L-D, 7-4	Graham Calhoun (Wisconsin)	W-D, 8-4	Ben Lee (Grand View)	W-F, 5:53
Daniel Bittner (Harvard)	W-TF, 20-3 (5:21)			Ellis Pfleger (Missouri)	W-TF, 16-0 (4:58)	Noah Glaser (UNI)	W-F, 1:08
#8 Luke Surber (Oklahoma State)	L-D, 7-4			Brennan Swafford (Iowa)	L-D, 8-5	Parker Keckeisen (UNI, Unat.)	L-MD, 18-8
Austin Starr (Ohio)	W-F, 0:40			David H. Lehman F&M Open (Second Place)		Grand View Open - Fresh/Soph (First Place)	
#23 Wyatt Voelker (Northern Iowa)	L-D, 6-1			Lachlan Rosato (Davidson)	W-TF, 15-0 (5:45)	Logan Koedam (Iowa Lakes CC)	W-F, 2:03
2022-23 Season - 16-13 / 6-7 Duals				Nick Fine (Colgate)	W-D, 5-1	Derek Venteicher (Loras)	W-F, 1:02
Cole Rees (Campbell)	W-D, 6-2			Alex Faison (N.C. State)	W-D, 4-2 (TB-1)	Noah Glaser (UNI)	W-F, 4:40
Zach Rowe California Baptist	W-MD, 10-2			Sam Wolf (Air Force)	L-D, 6-4 (SV)	Ottis Peeler (Cowley)	W-F, 0:56
Isaiah Luellen (Grand View)	W-D, 4-2			Albert Urias (CSU Bakersfield)	W-D, 8-5	Lindenwood - Open (Second Place)	
Cyclone Open (First Place)				Carl Hansen (MSU-Northern)	W-F, 4:26	Joey Williams (Marryville)	W-F, 4:13
Carson Babcock (Northern Iowa)	W-D, 1-0			Alan Badley (Providence)	W-F, 3:57	Trevor Blue (Purdue)	W-F, 2:42
Josh Otto (Wisconsin)	W-D, 4-3			Elijah Joseph (Oklahoma)	W-F, 6:23	Canten Marriott (Missouri)	W-D, 2-0
Joel Devine (Iowa State)	*W-D, 6-5			Pat Schoenfelder (Northern Iowa)	L-D, 3-2	Abe Assad (Iowa)	W-D, 8-3
#28 Mateo Olmos (Oregon State)	W-D, 5-2			Last Chance Open (Third Place)		Heath Gray (Central Oklahoma)	L-D, 10-3
#6 Chris Foca (Cornell)	L-MD, 17-4			Brennan Swafford (Iowa)	L-D, 4-1	UNI Open (First Place)	
#1 Carter Starocci (Penn State)	L-D, 5-1			Caleb Long (Iowa State)	*W-MD, 15-7	Cordell Duhart (Missouri)	W-F, 2:18
Southern Scuffle (Eighth Place)				Cael Valencia (Arizona State)	W-MD, 13-0	Tyler Buesgens (Iowa State)	W-F, 0:15
Bryce Keckley (Chattanooga)	W-TF, 18-3 (6:11)			Brennan Swafford (Iowa)	W-MFF	Southern Scuffle	
Jared Krattiger (Minnesota)	L-D, 7-2					Anthony Walters (Drexel)	W-MD, 13-4
Derek Matthews (N. Colorado)	W-F, 0:48					Corey Hazel (Lock Haven)	W-D, 7-1
MJ Gaitan (Iowa State)	*W-D, 7-2					Nino Bonaccorsi (Pittsburgh)	L-MD, 17-4
Gaven Sax (NDSU)	W-D, 3-0					Anthony Montalvo (Oklahoma State)	L-D, 8-4
Triston Wills (Little Rock)	L-D, 8-4					Sioux City Dave Edmonds Open (First Place)	
#25 Tyler Eischens (Stanford)	L-D, 7-6					Jonathan Garcia (Briar Cliff)	W-F, 2:20
#33 Hayden Hastings (Wyoming)	W-F, 0:22					Ben Lee (Grand View)	W-D, 6-1
Josh Nummer (Arizona State)	W-MD, 17-5					Sam Grove (SDSU)	W-D, 5-2
Tate Picklo (Oklahoma)	L-D, 3-2					Tanner Stamper-Smith (Northwestern)	W-F, 6:04
#6 Dustin Plott (Oklahoma State)	L-D, 13-7					Tate Battani (Iowa State)	W-D, 7-3
Scott Joll (West Virginia)	L-D, 8-2					Last Chance Open	
#11 Edmond Ruth (Illinois)	L-D, 3-2					Jacob Schoon (SDSU)	L-Inj. Default
#7 Peyton Mocco (Missouri)	L-D, 7-5					Austin Stotts (Iowa State)	W-Med. Forfeit
Last Chance Open (First Place)						Caden Steffen (Minnesota)	L-Med. Forfeit
Kaden Charboneau (Lindenwood)	W-TF, 17-2 (4:28)						
Caden Ernd (Illinois)	W-D, 5-0						
Graham Calhoun (Wisconsin)	W-D, 8-4						
MJ Gaitan (Iowa State)	*W-MFF						
Big 12 Championship (Eighth Place)							
#7 Peyton Mocco (Missouri)	L-MD, 14-4						
2020-21 Season - 6-7 / 6-5 Duals				Hayden Hastings (Wyoming)	L-D, 6-1		
Kyle Briggs (Wartburg)	L-D, 8-1			Anthony Mantonana (Oklahoma)	L-F, 4:19		
Jacob Krakow (Loras)	W-D, 6-2						
Terrell Garraway (UNK)	W-D, 9-2						
#25 Peyton Mocco (Missouri)	L-F, 0:54						
#9 Anthony Mantonana (Oklahoma)	W-D, 4-3						
Keaton Geerts (Iowa Central)	W-F, 2:22						
Anthony Montalvo (Oklahoma State)	W-D, 4-1 (TB1)						
Riley Habisch (NDSU)	W-MD, 8-0						
Cade King (SDSU)	L-D, 6-3						
Trenton Munoz (Arizona State)	L-D, 7-1						
#18 Lance Runyon (UNI)	L-D, 10-4						
Big 12 Championship							
2019-20 Season - 21-5 / 0-0 Duals							

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
2019-20*	21-5	0-0	-	-	1	0	13	0:15
2020-21	6-7	6-5	DNP	-	1	0	1	2:22
2021-22	13-5	3-0	-	-	1	2	4	3:57
2022-23	16-13	6-7	8th	-	3	2	2	0:22
2023-24	4-3	2-1	-	-	0	1	2	0:40
Career	39-28	17-13	-	-	5	5	9	0:22



CALEB HELGESON

184 Pounds

Redshirt-Freshman
Johnston, Iowa (Johnston)

CAREER MATCH BY MATCH

2023-24 Season - 2-1 / 2-1 Duals		2022-23 Season - 8-4 / 0-0 Duals	
Joey Lyons (Cleveland State)	W-MD, 14-3	Grand View Open (Second Place)	
Wyatt Ferguson (Davidson)	W-MD, 17-5	Jordan Lomeli (Ottawa)	W-MD, 11-2
#13 Stephen Little (Little Rock)	L-MD, 14-5	Sherman Dixon (Triton)	W-D, 5-4
		Jabril Williams (Midway)	W-MD, 10-0
		Juan Isiordia (Ellsworth)	W-D, 7-1
		Manny Rojas (Iowa State)	*L-D, 7-5
		Warren Williamson Daktronics Open (DNP)	
		#13 Cade DeVos (SDSU)	L-MD, 12-3
		Tyson Lien (Northern State)	W-D, 12-7
		Jared Simma (Northern Iowa)	L-D, 12-6
		Cyclone Open (DNP)	
		Josh Otto (Wisconsin)	L-D, 6-4
		Carson Babcock (Northern Iowa)	L-D, 3-1 (SV-1)
		^North Country Open (Fourth Place)	
		Alexander Rapelje (Concordia-Moorhead)	^W-TF, 21-6
		Mannix Morgan (NDSU)	^W-F, 2:30
		Manny Rojas (Iowa State)	^*L-D, 6-2
		Last Chance Open (First Place)	
		Luke Dickhaus (Lindenwood)	W-TF, 18-2 (4:34)
		Drew Gvillo (Lindenwood)	W-MD, 21-7
		Brandyn Van Tassell (Nebraska)	W-D, 11-9 SV-1

*Does not count toward career record
^Competed unattached, does not count towards career record

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
*2022-23	8-4	0-0	-	-	3	1	0	-
2023-24	2-1	2-1	-	-	2	0	0	-
Career	10-5	2-1	-	-	5	1	0	-

*Redshirted (Record includes only attached matches from season)

AWARDS & HONORS



YONGER BASTIDA

@BastidaYonger

Senior

Trinidad, Cuba

285 Pounds

2022 All-American
NCAA Qualifier (2022, 2023)

CAREER MATCH BY MATCH

2023-24 Season - 12-0 / 7-0 Duals

#28 Daniel Bucknavich (Cleveland State)	W-TF, 26-10 (6:03)
Jake Fernicola (Davidson)	W-TF, 19-4 (3:11)
Peter Christensen (Wisconsin)	W-TF, 19-4 (2:57)
Bradley Hill (Iowa)	W-MD, 17-6

Cliff Keen Las Vegas Invitational (First Place)

Peter Ming (Stanford)	W-TF, 21-6 (3:49)
Jack Jessen (Northwestern)	W-D, 11-4
#17 Nick Feldman (Ohio State)	W-MD, 13-5
#10 Grady Griess (Navy)	W-TF, 18-3
#3 Lucas Davison (Michigan)	W-D, 5-3
#10 Dayton Pitzer (Pittsburgh)	W-D, 6-3
#27 Josiah Hill (Little Rock)	W-MD, 14-4
#19 Lewis Fernandes (Cornell)	W-D, 6-3

2022-23 Season - 18-9 / 14-4 Duals

Stephen Little (Little Rock)	W-MD, 11-3
Levi Hopkins (Campbell)	W-MD, 16-5
#20 Braxton Amos (Wisconsin)	W-D, 5-3
Elijah Sobas (California Baptist)	W-TF, 22-7 (6:00)
Garavous Kouekabakila (Grand View)	W-MD, 21-8
#2 Jacob Warner (Iowa)	W-D, 4-3
#10 Tanner Harvey (Oregon State)	W-D, 3-2
#15 (285) Lewis Fernandes (Cornell)	W-D, 4-2
#5 Max Dean (Penn State)	L-D, 4-1
Guillermo Escobedo (Wyoming)	W-MD, 18-7
Jonathan Fagen (Arizona State)	W-MD, 23-11
#23 Evan Bockman (Utah Valley)	W-D, 5-3
#18 Luke Surber (Oklahoma State)	W-D, 7-2
#31 Austin Cooley (West Virginia)	W-MD, 17-8
#2 Nino Bonaccorsi (Pittsburgh)	L-D, 6-4
Wyatt Voelker (Northern Iowa)	W-D, 12-6
#19 Zac Braunagel (Illinois)	L-D, 5-3
#4 Rocky Elam (Missouri)	L-D, 4-0

Big 12 Championship (Sixth Place)

Tyce Raddon (Wyoming)	W-TF, 24-9 (6:24)
#26 Evan Bockman (Utah Valley)	W-D, 9-5
#4 Rocky Elam (Missouri)	L-D, 6-0
#11 Owen Pentz (NDSU)	L-D, 4-2
#26 Evan Bockman (Utah Valley)	L-D, 3-2

NCAA Championships (DNP)

#20 Evan Bockman (Utah Valley)	W-D, 5-2
#4 Ethan Laird (Rider)	L-D, 3-1
#30 Andrew Davison (Northwestern)	W-D, 3-1
#5 Michael Beard (Lehigh)	L-D, 2-1

2021-22 Season - 25-7 / 14-2 Duals

Cody Donnelly (SDSU)	W-MD, 19-5
Silas Allred (Nebraska)	L-F, 6:44
Spencer Mooberry (NDSU)	W-MD, 15-6
Bennett Tabor (Minnesota)	W-TF, 18-3 (4:42)
#20 J.T. Brown (Army)	W-D, 4-3
Arick Lopez (California Baptist)	W-TF, 23-8 (7:00)
#3 Jacob Warner (Iowa)	W-D, 4-3
#10 Thomas Penola (Purdue)	W-D, 6-4
Jayshon Hines (NWKTC)	W-F, 1:17
Josh Loomer (CSU Bakersfield)	W-TF, 20-5 (7:00)

#3 Stephen Buchanan (Wyoming)	L-D, 6-4 (SV)
Isaac Bartel (MSU-Northern)	W-MD, 13-5
Liam Swanson (Providence)	W-F, 3:43
#23 Owen Pentz (NDSU)	W-D, 9-6
#12 Jake Woodley (Oklahoma)	L-D, 4-2
Gavin Stika (Oklahoma State)	W-MD, 18-6
Jackson Moomau (West Virginia)	W-TF, 23-8 (6:17)
Kayne Hutchinson (Air Force)	W-TF, 21-6 (4:31)
John Gunderson (Northern Iowa)	W-MD, 21-8
#6 Rocky Elam (Missouri)	W-D, 8-6 (SV)

Big 12 Championship (Fifth Place)

#8 Rocky Elam (Missouri)	W-D, 4-3
#2 Stephen Buchanan (Wyoming)	L-F, 6:57
#17 Jake Woodley (Oklahoma)	L-D, 1-0
#21 Owen Pentz (NDSU)	W-MFF

NCAA Championships (Fifth Place)

#23 Braxton Amos (Wisconsin)	W-D, 3-2
#7 Rocky Elam (Missouri)	L-D, 1-0
#25 Jaron Smith (Maryland)	W-D, 11-4
#16 Kordell Norfleet (Arizona State)	W-D, 4-2
#13 Jake Woodley (Oklahoma)	W-D, 5-4
#14 Greg Bulsak (Rutgers)	W-D, 4-3
#2 Stephen Buchanan (Wyoming)	L-D, 4-3
#21 Gavin Hoffman (Ohio State)	W-F, 2:29

2020-21 Season - 4-4 / 4-4 Duals

Kobe Woods (Wartburg)	W-D, 15-8
Brady Vogel (Loras)	W-MD, 18-8
Joseph Reimers (UNK)	W-F, 2:37
Rocky Elam (Missouri)	L-D, 5-4
Jacob Woodley (Oklahoma)	L-MD, 12-0
Jesus Gutierrez (Iowa Central)	W-F, 1:22
AJ Ferrari (Oklahoma State)	L-D, 5-2
Kordell Norfleet (Arizona State)	L-MD, 17-7

YEAR-BY-YEAR RECORD

Year	Official Record	Dual	Big 12 Place	NCAA Place	MD	TF	Pins	Fastest Pin
2020-21	4-4	4-4	-	-	1	0	2	1:22
2021-22	25-7	13-2	5th	5th	5	5	3	1:17
2022-23	18-9	14-4	6th	DNP	6	2	0	-
2023-24	12-0	7-0	-	-	3	5	0	-
Career	59-20	38-10	-	-	15	12	5	1:17

AWARDS & HONORS

Big 12 Wrestler of the Week (12/21/21, 12/6/22, 12/5/23)
 2022 NCAA All-American (Fifth)
 2022 NCAA Qualifier
 2022 Big 12 Championship (Fifth)
 2020 Granma Y Cerro Pelado (Second)

2019 Granma Y Cerro Pelado (Second)
 2019 Junior World Silver Medalist
 2019 U23 World Bronze Medalist
 2019 PanAm Junior Gold Medalist