



WRESTLING

9-3 OVERALL 4-1 BIG 12 6-3 HOME 1-0 AWAY 2-0 NEUTRAL



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Athletics Communications

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IOWA STATE CYCLONES

9-3 overall (4-1 Big 12)

Rankings: (NWCA/Flo): 13 / 10 **Overall:** 197-72 (15th year)
Coach: Kevin Dresser **ISU Record:** 37-21 (4th year)

2021 SCHEDULE

JANUARY

3	WARTBURG	W, 35-6
10	LORAS	W, 40-0
10	NEBRASKA-KEARNEY	W, 38-4
17	No. 9 MISSOURI	L, 31-7
24	vs. No. 18 Oklahoma*\$	W, 18-16
30	IOWA CENTRAL	W, 50-0
30	LINDENWOOD	W, 28-9
30	No. 5 OKLAHOMA STATE*	L, 16-15

FEBRUARY

7	at North Dakota State*	W, 32-6
7	vs South Dakota State*%	W, 19-12
14	NORTHERN COLORADO*	Canceled
14	No. 11 ARIZONA STATE	L, 20-15
14	No. 15 UNI*	W, 23-17
19	at West Virginia*	Canceled

MARCH

6-7	at Big 12 Championship*^	3rd, 117.5
18-20	at NCAA Championships&	T-13th, 37.5

* Conference Match

\$ Cedar Falls, Iowa

% Fargo, N.D.

^ Tulsa, Okla.

& St. Louis, Mo.

QUICK FACTS

Location	Ames, Iowa
Enrollment	33,391
Nickname	Cyclones
Mascot	Cy
Colors	Cardinal & Gold
Affiliation	NCAA Division I
Conference	Big 12
Facility	Hilton Coliseum
Capacity	14,123
President	Dr. Wendy Wintersteen
Director of Athletics	Jamie Pollard

THE LEAD

The 2021 Iowa State wrestling season concluded with a tied for 13th finish at the NCAA Championships. The Cardinal and Gold were led by David Carr, who claimed the 157-pound NCAA Champion. Joining Carr on the NCAA podium was heavyweight, Gannon Gremmel, who took fifth at the NCAA Championships.

KEY STORYLINES

- David Carr went 5-0 at the NCAA Championships, becoming Iowa State's 50th individual to win a national title and the 70th individual national champion overall in school history.
- En route to the 157-pound crown, Carr secured two wins by major decision and didn't yield a single takedown during the Championships.
- Following the season, Carr was named a finalist for the Dan Hodge Trophy.
- Gannon Gremmel also earned All-America honors in St. Louis, wrestling to a fifth-place finish at the NCAA Championships.
- Carr and Gremmel are Iowa State's 300th and 301st All-Americans in program history and the 86th and 87th wrestlers to earn All-America status in two or more seasons.
- The Cyclones finished third at the Big 12 Championship in a tightly contested team race. ISU's 117.5 team points was the most-ever by a non-championship team at the Big 12 Championship.
- During the regular season, Iowa State posted a 9-3 dual record, which included a 4-1 Big 12 mark.
- Iowa State qualified eight wrestlers for the NCAA Championships. It's the third season in a row that the Cyclones have qualified eight or more for the national tournament, ISU's best streak since 2008-10.
- Jarrett Degen became Iowa State's 46th four-time NCAA Qualifier with a fourth-place finish at the Big 12 Championship.
- David Carr and Gannon Gremmel were crowned Big 12 Champions at the conference meet in Tulsa.
- Kysen Terukina and Zach Redding were two of 26 true freshmen in the NCAA Championships field. Iowa State's two true-frosh qualifiers were the second-most of any team.
- Three Cyclones were seeded in the top-8 in their brackets, No. 7 Ian Parker, No. 3 David Carr and No. 6 Gannon Gremmel.

NCAA QUALIFIERS

Wt.	Name	NCAA Seed	Year	Hometown	Record	Flo	Intermat	NCAA
125	Kysen Terukina	33	Fr.	Ewa Beach, Hi.	8-7	-	-	-
133	Zach Redding	13	Fr.	Manorville, N.Y.	10-7	12th	13th	25th
141	Ian Parker	7	RSr.	Saint Johns, Mich.	14-4	6th	7th	6th
149	Jarrett Degen	18	RSr.	Belgrade, Mont.	6-5	12th	18th	9th
157	David Carr	3	RSO.	Canton, Ohio	20-0	3rd	3rd	3rd
184	Sam Colbray	29	RSr.	Hermiston, Ore.	8-5	24th	16th	21st
197	Marcus Coleman	21	RJr.	Ames, Iowa	9-6	13th	-	-
HWT	Gannon Gremmel	6	RSr.	Dubuque, Iowa	19-4	6th	6th	5th

FOLLOW THE
CYCLONES



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cyclones.com

HEAD COACH

KEVIN DRESSER

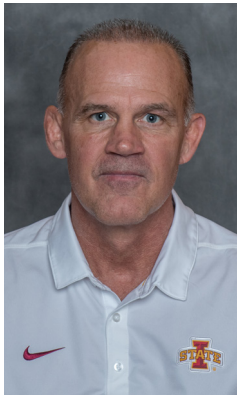
4th year
at Iowa State

Twitter:
@CYWrestle_KD

College:
Iowa, '86

Wife:
Penny

Children:
Emma, Anna & Jack



COACH NOTES

- Named the 8th head wrestling coach in Iowa State history on Feb. 20, 2017.
- 2019 NWCA National Coach of the Year and Big 12 Coach of the Year
- Four-time ACC Coach of the Year
- Has coached 28 All-Americans (eight at Iowa State) and 29 conference champions (three at Iowa State)
- Legendary Virginia High School wrestling coach at Christiansburgh High School (1996-2006) and Grundy High School (1988-96)
- National Champion wrestler (1986) at the University of Iowa
- Two-time All-American and Big 10 Champion
- Member of the IHSAA (2009), Dan Gable (2014) and Roanoke Valley Hall of Fame (2015).
- Lifetime Service Award by the Virginia Chapter of the National Wrestling Hall of Fame (2013).

AS A HEAD COACH

IOWA STATE (2017-) 37-21 (.638)

Conference Champions: 5

All-Americans: 10

National Champions: 1

VIRGINIA TECH (2006-17) 160-51 (.758)

Conference Champions: 26

All-Americans: 20

CAREER (15 years) 197-72 (.732)

HONORS

2019 NWCA Coach of the Year

2019 Big 12 Coach of the Year

2017 ACC Coach of the Year

2016 ACC Coach of the Year

2015 ACC Coach of the Year

2014 ACC Coach of the Year

TEAM ROSTER

Name	Wt.	Year	Hometown (Last School)
Ethan Andersen	285	Sr.	Altoona, Iowa / Southeast Polk
Ramazan Attasauov	133	R-Fr.	Nalchik, Russia / Wayland High School
Yonger Bastida	197	Fr.	Trinidad, Cuba /
Tate Battani	184	R-So.	Huxley, Iowa / Ballard
Sinjin Briggs	133	Sr.	Ames, Iowa / Gilbert
Julien Broderson	174	R-Fr.	Davenport, Iowa / Davenport Assumption
Corey Cabanban	125	R-So.	Aiea, Hawaii / Saint Louis
David Carr	157	R-So.	Canton, Ohio / Perry
Sam Colbray	184	R-Sr.	Hermiston, Ore. / Hermiston
Marcus Coleman	197	R-Jr.	Ames, Iowa / Ames
Jarrett Degen	149	R-Sr.	Belgrade, Mont. / Belgrade
Hunter DeJong	197	R-So.	Sibley, Iowa / Sibley-Ocheyedon
Joel Devine	184	R-So.	West Des Moines, Iowa / Valley
Francis Duggan	285	R-So.	Iowa City, Iowa / Iowa City West
Cody Fisher	197	Fr.	Madrid, Iowa / Madrid
Andrew Flora	149	R-Fr.	Adel, Iowa / ADM
DeMichael Franklin	174	R-Jr.	Houston, Texas / Mayde Creek
Caleb Fuessley	125	R-Fr.	Center Point, Iowa / Center Point-Urbana
Austin Gomez	133	R-Jr.	Carol Stream, Ill. / Glenbard North
Gannon Gremmel	285	R-Sr.	Dubuque, Iowa / Hempstead
Nolan Harsh	174	R-Fr.	Adel, Iowa / ADM
Andrew Huddleston	157	Fr.	Hallsville, Mo. / Hallsville
Isaac Judge	165	R-So.	Tama, Iowa / South Tama
Charlie Klepps	141	R-So.	Billings, Mont. / Billings
Caleb Long	184	R-Fr.	St. Valentine, Neb. / St. Valentine
Ben Monroe	149	Fr.	Ankeny, Iowa / Centennial
Ian Parker	141	R-Sr.	Saint Johns, Mich. / St. Johns
Jacob Perez-Eli	133	Fr.	Paulsboro, N.J. / Paulsboro
Zach Redding	133	Fr.	Manorville, N.Y. / Eastport-South Manor
Aden Reeves	125	R-Fr.	Albia, Iowa / Albia
Cam Robinson	149	Fr.	Churchville, Pa. / Council Rock North
Carter Schmidt	165	R-Fr.	Norwalk, Iowa / Norwalk
Logan Schumacher	165	R-So.	Martensdale, Iowa / Martensdale St. Marys
Todd Small	133	R-Sr.	Suwanee, Ga. / North Gwinnett
Mac Southard	174	R-Jr.	Council Bluffs, Iowa / Lewis Central
Austin Stotts	184	R-Sr.	Urbandale, Iowa / Valley
Grant Stotts	165	R-So.	West Des Moines, Iowa / Valley
Kysen Terukina	125	Fr.	Ewa Beach, Hi. / Kamehameha
Drew Woodley	141	Fr.	Northfield, Minn. / Northfield

COACHING STAFF



Derek St. John
Assistant Coach



Brent Metcalf
Assistant Coach



Fernando Villaescusa
Volunteer Assistant



Robin Wilson
Director of Operations

PRONUNCIATION GUIDE

Ramazan Attasauov (RAH-ma-zahn AH-tuh-cy-of)

Yonger Bastida (YOUNG-er BAH-stee-duh)

Tate Battani (BUH-ta-nee)

Corey Cabanban (CA-bon-bon)

Jarrett Degen (DAY-gun)

Francis Duggan (DO-gun)

Caleb Fuessley (FEES-lee)

Kysen Terukina (KAI-sen TEAR-uh-kee-nuh)

RADIO/TELEVISION CHART



Ethan Andersen
285



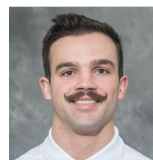
Ramazan Attasauov
133



Yonger Bastida
197



Tate Battani
184



Sinjin Briggs
133



Julien Broderon
174



Corey Cabanban
125



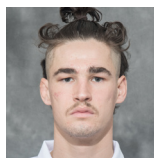
David Carr
157



Sam Colbray
184



Marcus Coleman
197



Jarrett Degen
149



Hunter DeJong
197



Francis Duggan
285



Cody Fisher
197



Andrew Flora
149



Demichael Franklin
174



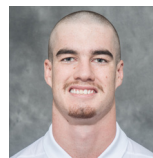
Caleb Fuessley
125



Austin Gomez
133



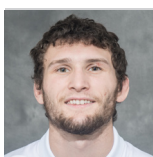
Gannon Gremmel
285



Nolan Harsh
174



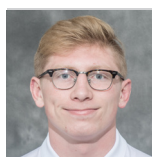
Andrew Huddleston
157



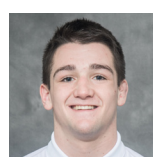
Isaac Judge
165



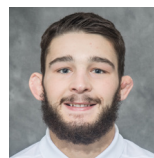
Charlie Klepps
141



Caleb Long
184



Ben Monroe
149



Ian Parker
141



Jacob Perez-Eli
133



Zach Redding
133



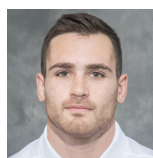
Aden Reeves
125



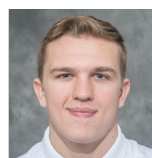
Cam Robinson
149



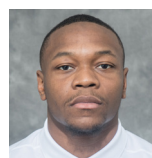
Carter Schmidt
157



Logan Schumacher
165



Joel Devine
184



Todd Small
133



Mac Southard
174



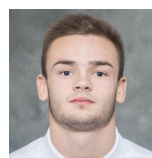
Austin Stotts
184



Grant Stotts
165



Kysen Terukina
125



Brandon Tessau
165



Drew Woodley
141



RECORDS *(Final)*

School	Big 12	Overall
Air Force	2-5	2-5
Fresno State	0-4	0-6
Iowa State	4-1	9-3
North Dakota State	5-2	7-3
Northern Colorado	3-2	4-2
Oklahoma	2-4	5-5
Oklahoma State	5-0	10-0
South Dakota State	2-5	5-6
UNI	3-2	4-4
Utah Valley	0-3	2-4
West Virginia	3-2	7-3
Wyoming	3-1	5-3



HONORS

Wrestler of the Week

Jan. 12 - Justin Thomas (Oklahoma)

Jan. 19 - Brody Teske (UNI)

Jan. 26 - Ian Parker (ISU)

Feb. 2 - Parker Keckeisen (UNI)

Feb. 9 - Stephen Buchanan (Wyoming)

Feb. 16 - Hayden Hastings (Wyoming)

Feb. 23 - Justin Thomas (Oklahoma)

IN THE POLLS

Week	NWCA	Flo	Intermat
Preseason	9th	T3rd	8th
Jan. 4	9th	6th	7th
Jan. 11	10th	5th	6th
Jan. 18	13th	6th	9th
Jan. 25	13th	8th	9th
Feb. 1	12th	12th	8th
Feb. 8	13th	12th	8th
Feb. 15	13th	12th	9th
Feb. 22	13th	12th	9th
March. 2	13th	11th	9th

NCAA Coaches Ranking *(Final)*

Wt.	Wrestler	Rank
133	Zach Redding	25th
141	Ian Parker	6th
149	Jarrett Degen	9th
157	David Carr	3rd
174	Julien Broderon	27th
184	Sam Colbray	21st
Hwt	Gannon Gremmel	5th

FloWrestling *(Final)*

Wt.	Wrestler	Rank
133	Zach Redding	12th
141	Ian Parker	6th
149	Jarrett Degen	12th
157	David Carr	3rd
184	Sam Colbray	24th
197	Marcus Coleman	13th
Hwt	Gannon Gremmel	6th

Intermat Wrestle *(Final)*

Wt.	Wrestler	Rank
133	Zach Redding	13th
141	Ian Parker	7th
149	Jarrett Degen	18th
157	David Carr	3rd
184	Sam Colbray	16th
Hwt	Gannon Gremmel	6th

CATCHING UP WITH THE CYCLONES

- The Cyclones capped off the 2021 campaign with a tied for 13th finish at the NCAA Championships. ISU was led by All-American, and 157-pound national champion, David Carr. Gannon Gremmel also earned All-America honors with a fifth-place finish at heavyweight.
- Iowa State finished third in a tight team race at the Big 12 Championship behind title performances from David Carr and Gannon Gremmel.
- At the Big 12 Championship, Zach Redding (3rd), Ian Parker (2nd), Jarrett Degen (4th), Carr (1st), Marcus Coleman (4th) and Gremmel (1st) all earned NCAA Championship berths.
- Kysen Terukina and Sam Colbray qualified for the NCAA Championships with at-large bids.
- The Cyclones finished the dual season 9-3 on the year, including 4-1 in conference. The Cyclones posted wins over Wartburg, Loras, Nebraska-Kearney, Oklahoma, Iowa Central, Lindenwood, North Dakota State, South Dakota State and UNI.
- Iowa State got the job done in the classroom, as well. The Cyclones set a program record with 11 grapplers being named to the Academic All-Big 12 teams. Tate Battani, Sinjin Briggs, Joel Devine, Isaac Judge, Aden Reeves, Todd Small, Austin Stotts and Grant Stotts were all First Team honorees. Ethan Andersen, David Carr and Marcus Coleman each garnered Second Team honors.

CARR CHAMP

- David Carr etched his name deeper into Iowa State wrestling lore with a title performance at the 2021 NCAA Championships.
- He was dominant throughout the tournament, outscoring his opponents by a 40-10 margin and didn't yield a takedown.
- The Canton, Ohio, native is a two-time NCAA All-American, the 86th in Iowa State history. Last year, he earned first-team All-America honors from the NWCA.
- Following his NCAA title performance, Carr was named the Big 12 Wrestler of the Year, and was recognized as a Hodge Trophy finalist. He also added Academic All-Big 12 honors to his postseason awards list.
- Carr is now a two-time Big 12 Champion. Carr topped NDSU's Jared Franek by 8-2 decision to claim his second Big 12 crown. He is the 57th wrestler in program history to have won two or more conference titles.
- Carr went a perfect 20-0 on the year with five majors, four techs and four pins. 12 of his wins came over opponents ranked in the top-25.
- He led the team in wins, bonus-point wins, major decision wins, technical fall wins, dual takedowns, four-point nearfalls and total back points. He held a 60-1 takedown differential throughout the entire 2021 season.
- Carr holds a 33-match win streak, dating back to December 2019. During that stretch, he has accumulated eight majors, five techs and six pins.

ALL-AMERICAN GREM

- Gannon Gremmel became Iowa State's 301st All-American in school history with a fifth-place performance at the NCAA Championships.
- The Dubuque native has qualified for the national tournament three times in his career. He became Iowa State's 87th two-time All-American in school history. Last year, he was awarded second-team All-America honors by the NWCA.
- After finishing runner-up in 2020, Gremmel won the 285-pound Big 12 title in Tulsa at the conference championships.
- The senior went 19-4 on the year with two majors and a pin. Nine of his wins came over ranked opponents. He went 11-1 in dual action. He was third on the team in total dual points scored and fourth on the team in total dual takedowns.
- Gremmel won 31 out of his last 36 dual matches while anchoring the Cyclone lineup. During that stretch, the All-American toppled 16 ranked opponents and has won five matches by major decision and one by fall.

DRESSER'S DEVELOPMENT

- Kevin Dresser inherited a team that finished tied for 57th at the 2017 NCAA Championships. Since then, Iowa State has finished T-45th, 16th and T-13th at the NCAA Championships, improving every year.
- Heading into the 2019-20 season, Coach Dresser's roster included one returning All-American and one returning Big 12 Champ. Over the past two seasons, Iowa State has produced four Big 12 Champs, eight All-Americans and one National Champion.
- The Cyclones have set and broken Iowa State's best Academic All-Big 12 number in school history the past two seasons, with 11 Academic All-Big 12 student-athletes this season.

PARKER POWER

- Ian Parker was 14-4 on the year with three majors, a tech and two pins. He finished the season with an 11-1 dual mark.
- The senior from St. Johns, Mich., is a three-time NCAA Qualifier. Last year, he earned first-team All-America honors from the NWCA.
- Parker posted a runner-up performance at the Big 12 Championship.
- Parker was named Big 12 Wrestler of the Week for his 4-3 victory over Dom Demas in the Oklahoma dual on Jan. 24.

FOUR-TIMER

- In qualifying for the 2021 NCAA Championships, Jarrett Degen became Iowa State's 46th four-time qualifier in school history. Last year, Degen was named first-team All-American by the NWCA.
- At the Big 12 Championship, Degen finished fourth place to qualify for the NCAA Championships.
- Degen wrestled to a 6-5 record in his abbreviated season, while going 3-1 in dual matchups.

HOME GROWN

- Marcus Coleman compiled a 9-6 record on the year, winning six matches by fall, which led the team in 2021.
- He qualified for the NCAA Championships, making him a three-time NCAA Qualifier at three different weights. Coleman led the field of 197-pounders in St. Louis in falls on the year.
- Coleman finished fourth at the Big 12 Championship and went on a pinning tear. In Tulsa, Coleman went 4-2, with all four wins coming by fall. He led the tournament in pins.
- His final pin of the tournament was over South Dakota State's No. 5 Tanner Sloan.

COLBRAY'S CLIMB

- Sam Colbray compiled an 8-5 record in 2021, which concluded with a trip to the NCAA Championships.
- He is now a three-time NCAA Qualifier. The Hermiston, Ore., native made the blood round in 2019 and was named an honorable mention All-American by the NWCA last season.
- Colbray finished fourth at the Big 12 Championship and qualified for the national tournament with an at-large bid.

REDDING OR NOT

- Zach Redding capped off a successful freshman campaign with a trip to the NCAA Championships. The rookie went 10-7 on the year and 7-4 in dual outings.
- He finished the year with three major decision and one technical fall. He was fourth on the team in total dual points scored, fifth on the team in dual takedowns and was second on the team in reversals.
- Redding was one of two true freshmen in the 133-pound bracket in St. Louis.
- Redding finished third place at the Big 12 Championship in a bracket that featured 11 wrestlers ranked in the NCAA Coaches rankings.
- At the Big 12 Championship, Redding went 3-1, scoring two majors over former NCAA qualifiers and knocking off two wrestlers ranked in the top-15 nationally.

TRACKING TERUKINA

- Kysen Terukina is another true frosh who stepped up into the lineup for Coach Dresser this season. After beating out returning All-American, Alex Mackall, Terukina went 8-7 on the year, 4-2 in duals, and qualified for the NCAA Championships.
- After finishing sixth at the Big 12 Championship, Terukina earned an at-large bid for the 2021 NCAA Championships.
- The Ewa Beach, Hawaii was the only qualifier in the NCAA field from Hawaii.

SEASON

NAME	Weight	W	L	MD	TF	F
Corey Cabanban	125	0	1	0	0	0
Caleb Fuessley	125	0	2	0	0	0
Alex Mackall	125	4	1	1	0	3
Aden Reeves	125	0	6	0	0	0
Kysen Terukina	125	8	7	2	0	1
Ramazan Attasauov	133	9	3	1	0	4
Austin Gomez	133	0	0	0	0	0
Zach Redding	133	10	7	3	1	0
Todd Small	133	5	2	1	0	0
Sinjin Briggs	141	0	0	0	0	0
Jacob Perez-Eli	141	1	0	0	0	0
Charlie Klepps	141	2	3	1	0	0
Ian Parker	141	14	4	3	1	2
Drew Woodley	141	1	0	0	0	0
Jarrett Degen	149	6	5	1	0	0
Andrew Flora	149	1	1	0	0	0
Ben Monroe	149	4	8	1	0	0
Cam Robinson	149	6	1	4	0	1
David Carr	157	20	0	5	4	4
Andrew Huddleston	157	1	1	0	0	0
Carter Schmidt	157	3	5	0	0	0
Isaac Judge	165	7	7	1	0	1
Logan Schumacher	165	0	0	0	0	0
Grant Stotts	165	6	1	1	0	1
Brandon Tessau	165	1	0	0	0	0
Julien Broderon	174	6	7	1	0	1
DeMichael Franklin	174	1	1	0	0	0
Nolan Harsh	174	1	0	0	0	0
Mac Southard	174	5	3	1	0	0
Caleb Long	184	1	2	0	0	1
Tate Battani	184	5	3	2	0	1
Sam Colbray	184	8	5	2	0	0
Austin Stotts	184	0	1	0	0	0
Joel Devine	184	4	0	0	0	0
Marcus Coleman	197	9	6	0	1	6
Yonger Bastida	197	4	4	1	0	2
Hunter DeJong	197	0	0	0	0	0
Cody Fisher	197	3	1	0	0	2
Ethan Andersen	285	3	1	1	0	1
Francis Duggan	285	3	1	0	0	1
Gannon Gremmel	285	19	4	2	0	1
TOTALS		181	104	35	7	33

DUAL STATS

NAME	WEIGHT	W	L	TD	2PT	4 PT	REV	ESC	ST	RT
Alex Mackall	125	2	0	3	0	2	0	1	0	0
Aden Reeves	125	0	4	6	0	0	0	14	0	0
Kysen Terukina	125	4	2	11	0	0	1	6	2	2
Ramazan Attasauov	133	1	0	4	0	0	0	1	0	1
Zach Redding	133	7	4	20	4	0	5	9	3	5
Ian Parker	141	11	1	30	0	2	1	14	0	6
Jarrett Degen	149	3	1	9	1	0	2	3	0	2
Ben Monroe	149	1	3	6	0	1	0	2	3	1
Cam Robinson	149	3	1	11	0	2	1	6	2	2
David Carr	157	12	0	44	3	15	0	11	2	4
Isaac Judge	165	5	5	16	0	1	6	13	2	5
Grant Stotts	165	1	1	3	0	0	0	2	0	0
Julien Broderon	174	6	5	11	0	0	1	14	2	3
Mac Southard	174	0	1	0	0	0	1	1	0	0
Tate Battani	184	4	3	20	0	1	0	10	0	2
Sam Colbray	184	2	1	5	0	0	0	4	0	1
Joel Devine	184	2	0	2	1	0	0	0	0	1
Marcus Coleman	197	2	1	7	1	2	1	5	0	1
Yonger Bastida	197	4	4	23	0	0	1	4	0	2
Cody Fisher	197	1	0	0	0	0	0	0	0	0
Gannon Gremmel	285	11	1	21	1	2	3	19	4	8
TOTALS		82	38	252	11	28	23	139	20	46

2020-21 TEAM LEADERS

Wins

20 - David Carr
 19 - Gannon Gremmel
 14 - Ian Parker
 10 - Zach Redding
 9 - Ramazan Attasauov
 9 - Marcus Coleman
 8 - Sam Colbray
 8 - Kysen Terukina

Pins

6 - Marcus Coleman
 4 - Ramazan Attasauov
 4 - David Carr
 2 - Ian Parker
 2 - Yonger Bastida
 2 - Cody Fisher
 1 - 9 wrestlers

Technical Falls

4 - David Carr
 1 - Zach Redding
 1 - Ian Parker
 1 - Marcus Coleman

Major Decisions

5 - David Carr
 4 - Cam Robinson
 3 - Kysen Terukina
 3 - Zach Redding
 3 - Ian Parker

Bonus Point Wins

13 - David Carr
 7 - Marcus Coleman
 6 - Ian Parker
 5 - Ramazan Attasauov
 5 - Cam Robinson
 4 - Zach Redding
 3 - Kysen Terukina
 3 - Yonger Bastida
 3 - Gannon Gremmel

DUAL POINT SCORING (VARSITY) (Points scored FOR / Points scored AGAINST at each weight)

Dual	Final	125	133	141	149	157	165	174	184	197	Hwt
WARTBURG	35-6	6/0	5/0	4/0	4/0	5/0	0/3	0/3	4/0	3/0	4/0
LORAS	40-0	6/0	3/0	5/0	4/0	5/0	4/0	3/0	3/0	4/0	3/0
NEBRASKA-KEARNEY	38-4	3/0	3/0	4/0	3/0	6/0	0/4	3/0	4/0	6/0	6/0
MISSOURI	7-31	0/3	0/3	0/3	0/3	4/0	0/6	0/6	0/4	0/3	3/0
vs. Oklahoma	18-16	3/0	0/3	3/0	0/6	3/0	3/0	3/0	0/3	0/4	3/0
IOWA CENTRAL	50-0	6/0	4/0	6/0	4/0	6/0	3/0	6/0	6/0	6/0	3/0
LINDENWOOD	28-9	0/3	4/0	3/0	0/3	5/0	3/0	0/3	3/0	6/0	4/0
OKLAHOMA STATE	15-16	0/3	3/0	3/0	0/4	3/0	0/3	3/0	0/3	0/3	3/0
at North Dakota State	32-6	3/0	3/0	3/0	4/0	4/0	0/6	4/0	3/0	5/0	3/0
vs. South Dakota State	19-12	0/3	0/3	3/0	3/0	4/0	3/0	0/3	3/0	0/3	3/0
ARIZONA STATE	15-20	0/4	0/3	3/0	3/0	6/0	0/3	0/3	3/0	0/4	0/3
UNI	23-17	0/5	3/0	6/0	0/6	5/0	3/0	0/3	0/3	3/0	3/0
at West Virginia	-	-	-	-	-	-	-	-	-	-	-
TOTALS	320-130	27/21	28/12	43/3	25/22	56/0	19/25	21/21	29/13	30/17	38/3

DUAL STARTING LINEUPS (VARSITY)

Dual	125	133	141	149	157	165	174	184	197	Hwt
WARTBURG	Mackall	Redding	Parker	Robinson	Carr	Judge	Broderson	Battani	Bastida	Gremmel
LORAS	Mackall	Redding	Parker	Robinson	Carr	Judge	Broderson	Battani	Bastida	Gremmel
NEBRASKA-KEARNEY	Terukina	Redding	Parker	Robinson	Carr	Judge	Broderson	Battani	Bastida	Gremmel
MISSOURI	Terukina	Redding	Parker	Robinson	Carr	G. Stotts	Broderson	Battani	Bastida	Gremmel
vs. Oklahoma	Terukina	Redding	Parker	Monroe	Carr	Judge	Broderson	Battani	Bastida	Gremmel
IOWA CENTRAL	Terukina	Redding	Parker	Monroe	Carr	G. Stotts	Broderson	Battani	Bastida	Gremmel
LINDENWOOD	Reeves	Attasauov	Parker	Monroe	Carr	Judge	Southard	Devine	Fisher	Gremmel
OKLAHOMA STATE	Terukina	Redding	Parker	Monroe	Carr	Judge	Broderson	Battani	Bastida	Gremmel
at North Dakota State	Terukina	Redding	Parker	Degen	Carr	Judge	Broderson	Shapiro	Coleman	Gremmel
vs. South Dakota State	Reeves	Redding	Parker	Degen	Carr	Judge	Broderson	Colbray	Coleman	Gremmel
ARIZONA STATE	Reeves	Redding	Parker	Degen	Carr	Judge	Broderson	Colbray	Bastida	Gremmel
UNI	Reeves	Redding	Parker	Degen	Carr	Judge	Broderson	Colbray	Coleman	Gremmel

JUST THE FACTS

8

Iowa State wrestling is one of the most storied programs in the sport, having won eight national titles (1933, 1965, 1969, 1970, 1972, 1973, 1977, 1987).

301

As David Carr and Gannon Gremmel collected All-America honors this season, Iowa State moved over the 300-mark, and now have 301 All-Americans in program history.

17

The Cyclones have won 17 conference championships (three Big 12) in their history. ISU's last conference title came in 2009.

6

The Cyclone wrestling program has developed six Olympic Gold Medalists, with its first coming in 1948 (Glen Brand). Dan Gable, Ben Peterson, Kevin Jackson, Cael Sanderson and Jake Varner are the five others.

MATCH-BY-MATCH RESULTS

ISU 35, WARTBURG 6

	ISU	WC
125: Alex Mackall pinned Owen McClave, 2:55.	6	0
133: Zach Redding tech fall Joe Pinns, 16-1 (7:00).	11	0
141: Ian Parker maj. dec. Kris Rumph, 9-1.	15	0
149: Cam Robinson maj. dec. Brady Fritz, 15-3.	19	0
157: David Carr tech fall David Hollingsworth, 17-0 (4:42).	24	0
165: Zane Mulder dec. Isaac Judge, 8-6.	24	3
174: Kyle Briggs dec. Julien Broderson, 8-1.	24	6
184: Tate Battani maj. dec. Jordan Bushey, 15-7.	28	6
197: Yonger Bastida dec. Kobe Woods, 15-8.	31	6
Hwt: Gannon Gremmel maj. dec. Jordan Brandon, 17-4.	35	6

ISU 40, LORAS 0

	ISU	LC
125: Alex Mackall pinned Aidan Evans, 4:01.	6	0
133: Zach Redding dec. Zach Licht, 7-4.	9	0
141: Ian Parker tech fall Jalen Schropp, 17-1 (6:28).	14	0
149: Cam Robinson maj. dec. Zeke Smith, 16-5.	18	0
157: David Carr tech fall Daniel Ruiz, 22-4 (4:43).	23	0
165: Isaac Judge maj. dec. Baylor Crigger, 19-5.	27	0
174: Julien Broderson dec. Jacob Krakow, 6-2.	30	0
184: Tate Battani dec. Shane Liegel, 7-6.	33	0
197: Yonger Bastida maj. dec. Brady Vogel, 18-8.	37	0
Hwt: Gannon Gremmel dec. Slade Sifuentes, 8-3.	40	0

ISU 38, NEBRASKA-KEARNEY 4

	ISU	UNK
125: Kysen Terukina dec. Josh Portillo, 6-5.	3	0
133: Zach Redding dec. Wesley Dawkins, 7-5 (SV1).	6	0
141: Ian Parker maj. dec. Nick James, 14-4.	10	0
149: Cam Robinson dec. Sam Turner, 9-7.	13	0
157: David Carr pinned Jacob Wasser, 4:47.	19	0
165: Matt Malcom maj. dec. Isaac Judge, 13-4.	0	4
174: Julien Broderson dec. Terrell Garraway, 9-2.	22	4
184: Tate Battani maj. dec. Hayden Price, 12-3.	26	4
197: Yonger Bastida pinned Josephy Reimers, 2:37.	32	4
Hwt: Gannon Gremmel pinned Lee Herrington, 6:47.	38	4

ISU 7, MISSOURI, 31

	ISU	UM
125: Connor Brown dec. Kysen Terukina, 5-4.	0	3
133: Matt Schmitt dec. Zach Redding, 4-3.	0	6
141: Alan Hart dec. Ian Parker, 7-4.	0	9
149: Brock Mauller dec. Cam Robinson, 7-3.	0	12
157: David Carr maj. dec. Jarrett Jacques, 14-1.	4	12
165: Keegan O'Toole pinned Grant Stotts, 4:19.	4	18
174: Peyton Mocco pinned Julien Broderson, 0:54.	4	24
184: Jeremiah Kent maj. dec. Tate Battani, 10-0.	4	28
197: Rocky Elam dec. Yonger Bastida, 5-4.	4	31
Hwt: Gannon Gremmel dec. Zach Elam, 7-2.	7	31

ISU 18, OKLAHOMA, 16

	ISU	OU
125: Kysen Terukina dec. Mason Naifeh, 6-4.	3	0
133: Anthony Madrigal dec. Zach Redding, 3-2 (TB1).	3	3
141: Ian Parker dec. Dom Demas, 4-3.	6	3
149: Mitch Moore pinned Ben Monroe, 0:59.	6	9
157: David Carr dec. Justin Thomas, 4-0.	9	9
165: Isaac Judge dec. Jake Stiles, 4-1.	12	9
174: Julien Broderson dec. Anthony Mantanona, 4-3.	15	9
184: Darrien Roberts dec. Tate Battani, 5-3.	15	12
197: Jake Woodley maj. dec. Yonger Bastida, 12-0.	15	16
Hwt: Gannon Gremmel dec. Josh Heindselman, 5-4 (TB1).	18	16

ISU 50, IOWA CENTRAL 0

	ISU	LU
125: Kysen Terukina pinned Couy Well, 4:15.	6	0
133: Zach Redding maj. dec. Aidan Harris, 14-5.	10	0
141: Ian Parker pinned Bret Minor, 2:34.	16	0
149: Ben Monroe maj. dec. Amir Pierce, 20-7.	20	0
157: David Carr pinned Nolan Miller-Johnston, 4:00.	26	0
165: Grant Stotts dec. Andrew Gamble, 5-1.	29	0
174: Julien Broderson pinned Keaton Geerts, 2:22.	35	0
184: Tate Battani pinned Aiden Carr, 4:23.	41	0
197: Yonger Bastida pinned Jesus Gutierrez, 1:22.	47	0
Hwt: Gannon Gremmel dec. Jorden Pryer, 9-3.	50	0

ISU 28, LINDENWOOD 9

	ISU	ICC
125: Cevion Severado dec. Aden Reeves, 14-10.	0	3
133: Ramazan Attasauov maj. dec. Tanner Hitchcock, 10-2.	4	3
141: Ian Parker dec. Colby Smith, 2-0.	7	3
149: Gavin Londoff dec. Ben Monroe, 2-1.	0	6
157: David Carr tech fall Ronnie Gentile, 24-9 (6:58).	12	6
165: Isaac Judge dec. Nate Trepanier, 4-3.	15	6
174: Abner Romero dec. Mac Southard, 8-3.	15	9
184: Joel Shapiro dec. Kyle Dickhaus, 3-0.	18	9
197: Cody Fisher pinned Keaton Fogler, 2:47.	24	9
Hwt: Gannon Gremmel maj. dec. Tage McNutt, 13-5.	28	9

ISU 15, OKLAHOMA STATE, 16

	ISU	OSU
125: Trevor Mastrogiovanni dec. Kysen Terukina, 6-4 (SV1).	0	3
133: Zach Redding dec. Reece Witcraft, 6-0.	3	3
141: Ian Parker dec. Dusty Hone, 12-6.	6	3
149: Boo Lewallen maj. dec. Ben Monroe, 10-1.	6	7
157: David Carr dec. Wyatt Sheets, 8-4.	9	7
165: Travis Witlake dec. Isaac Judge, 6-2.	9	10
174: Julien Broderson dec. Anthony Montalvo, 4-1 (TB1).	12	10
184: Dakota Geer dec. Tate Battani, 6-2.	12	13
197: A.J. Ferrari dec. Yonger Bastida, 5-2.	12	16
Hwt: Gannon Gremmel dec. Austin Harris, 6-2.	15	16

MATCH-BY-MATCH RESULTS

ISU 32, NORTH DAKOTA STATE, 6

	ISU	NDSU
125: Kysen Terukina dec. McGwire Midkiff, 4-2.	3	0
133: Zach Redding dec. Kellyn March, 8-2.	6	0
141: Ian Parker dec. Dylan Droegemueller, 8-2.	9	0
149: Jarrett Degen maj. dec. Jaden Van Maanen, 12-3.	13	0
157: David Carr maj. dec. Jared Franek, 16-5.	17	0
165: Luke Weber pinned Isaac Judge, 6:24.	17	6
174: Julien Broderson maj. dec. Riley Habisch, 8-0.	21	6
184: Joel Devine dec. Michael Nelson, 4-1.	24	6
197: Marcus Coleman tech fall Owen Pentz, 19-4 (4:22).	29	6
Hwt: Gannon Gremmel dec. Brandon Metz, 2-0.	32	6

ISU 19, SOUTH DAKOTA STATE, 12

	ISU	SDSU
125: Danny Vega dec. Aden Reeves, 14-8.	0	3
133: Zach Price dec. Zach Redding, 4-2.	0	6
141: Ian Parker dec. Clay Carlson, 5-2.	3	6
149: Jarrett Degen dec. Hunter Marko, 8-3.	6	6
157: David Carr maj. dec. Cade DeVos, 10-2.	10	6
165: Isaac Judge dec. Colten Carlson, 11-5.	13	6
174: Cade King dec. Julien Broderson, 6-3.	13	9
184: Sam Colbray dec. Jacob Schoon, 6-2.	16	9
197: Tanner Sloan dec. Marcus Coleman, 7-3.	16	12
Hwt: Gannon Gremmel dec. Blake Wolters, 5-2 (TB2).	19	12

ISU 15, ARIZONA STATE, 20

	ISU	ASU
125: Brandon Courtney maj. dec. Aden Reeves, 12-4.	0	4
133: Michael McGee dec. Zach Redding, 9-4.	0	7
141: Ian Parker dec. Peter Lipari, 8-3.	3	7
149: Jarrett Degen dec. Cory Crooks, 5-0.	6	7
157: David Carr pinned Hunter Balk, 1:47.	12	7
165: Anthony Valencia dec. Isaac Judge, 8-4.	12	10
174: Trenton Munoz dec. Julien Broderson, 10-4.	12	13
184: Sam Colbray dec. Cade Belshay, 6-5.	15	13
197: Kordell Norfleet maj. dec. Yonger Bastida, 17-7.	15	17
Hwt: Cohlton Schultz dec. Gannon Gremmel, 3-2 (TB1).	15	20

ISU 23, UNI, 17

	ISU	UNI
125: Brody Teske tech fall Aden Reeves, 23-4 (6:30).	0	5
133: Zach Redding dec. Kyle Biscaglia, 6-5 (TB1).	3	5
141: Ian Parker pinned Ethan Basile, 4:29.	9	5
149: Tristan Lara pinned Jarrett Degen, 4:30.	9	11
157: David Carr tech fall Derek Holschlag, 19-2 (5:00)	14	11
165: Isaac Judge dec. Pat Schoenfelder, 11-7.	17	11
174: Lance Runyon dec. Julien Broderson, 10-4.	17	14
184: Parker Keckeisen dec. Sam Colbray, 4-3.	17	17
197: Marcus Coleman dec. Keegan Moore, 10-5.	20	17
Hwt: Gannon Gremmel dec. Carter Isley, 6-3.	23	17

2021 RECAPS

IOWA STATE OPENS 2021 WITH A 35-6 VICTORY OVER WARTBURG

AMES, Iowa - The Iowa State wrestling team (1-0, 0-0 Big 12) opened the season with a 35-6 victory over Wartburg (0-1, 0-0 ARC). The day consisted of a varsity dual, junior varsity dual and extra matches. In total, the Cyclones went 22-3 in individual matches.

How It Happened

In the varsity dual, the Cyclones won eight of the 10 bouts, with seven of their eight wins coming by bonus-point variety. Three true freshmen got the nod in the starting lineup, with all three coming away victorious.

At 133 pounds, Zach Redding posted a 16-1 technical fall over Joe Pins. The Manorville, N.Y., native tallied four takedowns and a trio of two-point nearfalls en route to victory. Cam Robinson followed suit at 149 pounds. He won by 15-3 major decision over Brady Fritz, scoring on four takedowns and a four-point nearfall to cap off the match. At 197 pounds, Yonger Bastida began his Cardinal and Gold career with a 15-8 win over Kobe Woods. Bastida racked up six takedowns in the match, cruising to victory.

Along with those ISU rookies, sophomore Tate Battani also made his debut in the Cyclone lineup. The Huxley, Iowa, native recorded a 15-7 major decision over Jordan Bushey. Battani scored all of his points in the second and third periods, which included six takedowns.

Senior Alex Mackall got the dual started in impressive fashion. It took him just 2:55 to turn Owen McClave to his back and secure the fall. Fellow senior Ian Parker also collected bonus points for the Cyclones, taking out Kris Rumph by 9-1 major decision.

Sophomore David Carr had his offense on full display at 157 pounds. He notched two takedowns and three, four-point nearfalls as he went on to win by 17-0 technical fall in 4:42.

Senior Gannon Gremmel closed out the varsity dual with a 17-4 major decision against Jordon Brandon. Gremmel scored on four takedowns, a four-point nearfall, a pair of stalling calls, two escapes and riding time.

CYCLONES SCORE A PAIR OF WINS OVER LORAS AND UNK

AMES, Iowa - No. 9 Iowa State (3-0, 0-0 Big 12) won a pair of wrestling matches Sunday afternoon in Hilton Coliseum, defeating Loras (40-0) and Nebraska-Kearney (38-4).

Loras Recap

Iowa State received bonus points in six of its 10 matches in a 40-0 victory over Loras. Alex Mackall (125) had a pin and Ian Parker (141) and David Carr (157) both registered technical falls. Carr's match vs. Daniel Ruiz ended with 2:17 remaining in a 22-4 victory.

Major decisions were recorded by Cam Robinson (149), Isaac Judge (165) and Yonger Bastida (197). Bastida had eight takedowns in his 18-8 triumph over Brady Vogel.

Nebraska-Kearney Recap

Three pins were the highlight of the second match, a 38-4 victory over Nebraska-Kearney.

Kysen Terukina, competing in his first dual match at Iowa State, set the tone with a come-from-behind 6-5 victory over Josh Portillo at 125 pounds. Terukina registered a pair of third-period takedowns with under 1:30 remaining in the match.

Zach Redding battled back for a 7-5 sudden victory over Wesley Dawkins at 133 pounds. Down 4-3 late in the third period, Redding scored a key reversal and then recorded a takedown with :20 seconds left in overtime. Ian Parker had 4:19 of riding time in his 14-4 major decision victory over Nick James at 141 pounds and David Carr was up big before securing the pin at the 4:47 mark in the 157-pound bout vs. Daniel Ruiz.

Cam Robinson posted his second victory of the day with a 9-7 win over two-time NCAA Qualifier, Sam Turner. Robinson secured a late takedown that pushed the ISU rookie over the UNK senior.

Tate Battani (184) closed out the match with a major decision followed by pins from Yonger Bastida (197) and Gannon Gremmel (285).

CYCLONES FALL TO MISSOURI, 31-7

AMES, Iowa - No. 9 Missouri (7-0, 0-0 MAC) defeated No. 10 Iowa State (3-1, 0-0 Big 12), 31-7, in wrestling action Sunday afternoon in Hilton Coliseum.

Missouri took advantage early by winning close matches in the first four bouts. Connor Brown edged Kysen Terukina, 5-4, with a reversal in the final moments at 125 pounds, and Matt Schmitt got a late takedown in the third period to defeat Zach Redding in the 133-pound match.

David Carr got the Cyclones on the board with a 14-1 major decision over Jarrett Jacques at 157 pounds. Carr had four-point nearfalls in the first and third period in the dominating victory. Carr, ranked third nationally, improves to 4-0 on the season with four bonus-point victories.

Yonger Bastida fell to Rocky Elam, 5-4, in a tight match at 197 pounds. Bastida had two first-period takedowns, but Elam won with three escapes, a stalling point and riding time, staying on top of Bastida all two minutes of the third period.

2021 RECAPS

Gannon Gremmel closed out the match with a victory at heavyweight over Zach Elam. After giving up a first-period takedown, Gremmel battled back with a pair of escapes, two stalling points, a takedown and riding time in a 7-2 triumph.

Iowa State will face Oklahoma on Sunday (Jan. 24) in Cedar Falls. 125 pounds. Terukina registered a pair of third-period takedowns with under 1:30 remaining in the match.

IOWA STATE VICTORIOUS IN BIG 12 OPENER OVER OKLAHOMA

CEDAR FALLS, Iowa – No. 13 Iowa State's (4-1, 1-0 Big 12) matchup with No. 18 Oklahoma (2-2, 1-1 Big 12) came down to the final bout to determine a winner. With the Sooners leading 16-15 heading into the final match, senior Gannon Gremmel came away with a 5-4 decision over Josh Heindselman in TB1, lifting Iowa State to its fourth win of the season.

How it Happened

In the 285-pound match, Gremmel took an early lead, securing a takedown in the first period. After an escape in the second period, Gremmel brought a 3-1 lead into the third period. Heindselman briefly took a 4-3 lead, but Gremmel got to his feet to send the match into overtime. After a scoreless sudden victory period, Gremmel earned an escape in TB1 and rode out Heindselman to secure a 5-4 decision and a dual win for the Cyclones.

Senior Ian Parker and freshman Julien Broderon also tallied big wins on the day. In a rematch of the 2020 Big 12 finals, Parker toed the line with Oklahoma's Dom Demas. Trailing 3-2 in the third period, Parker locked in a takedown with :30 on the clock and rode Demas out for the 4-3 victory.

A 4-3 decision was also the result of Broderon's match with OU's Anthony Mantanona, advantage Broderon. The Davenport, Iowa, native scored a takedown in the first and led 2-1 early. With the match tied 3-3 late, Broderon's pace forced a second stall call on Mantanona, awarding Broderon one point, which was enough to knock off the top-10 Sooner.

Sophomore David Carr remained perfect on the year, defeating Justin Thomas by 4-0 decision. Carr used a takedown, an escape and nearly three minutes of riding time to push past Thomas.

Like Carr, sophomore Isaac Judge also imposed his will on top in his match with Jake Stiles. Judge was in complete control, racking up 3:08 of riding time in a 4-1 victory at 165 pounds.

At 125 pounds, freshman Kysen Terukina got the nod for the Cyclones on Sunday. The Ewa Beach, Hawaii, native was tied 4-4 with Mason Naifeh with under a minute to go in the match. Terukina scored a takedown with 0:15 left in the match to put the Cyclones on the board with a 6-4 decision over Naifeh.

IOWA STATE GOES 2-1 IN DUALS ON SATURDAY

AMES, Iowa – No. 13 Iowa State (6-2, 1-1 Big 12) won two of three duals Saturday in Hilton Coliseum, defeating Iowa Central Community College (50-0) and Lindenwood (28-9) before falling to No. 5 Oklahoma State (7-0, 3-0 Big 12), 16-15 in the nightcap.

Iowa State-Iowa Central Match Highlights

Iowa State had six pins and won eight of 10 matches by bonus points in a 50-0 shutout of Iowa Central. The Cyclones got falls from Kysen Terukina (125), Ian Parker (141), David Carr (157), Julien Broderon (174), Tate Battani (184) and Yonger Bastida (197). Parker, Broderon and Bastida all had first-period falls. Iowa State had 35 takedowns to ICC's four.

Iowa State-Lindenwood Match Highlights

Iowa State won seven of 10 matches in a 28-9 victory over Lindenwood, a Division II power ranked No. 2 nationally. Ramazan Attasauov won by major decision (10-2) over Tanner Hitchcock at 133 pounds to get the Cyclones on the board. He had four takedowns in the win.

Ian Parker won a close match over Colby Smith at 141 pounds, 2-0. After a scoreless first period, Parker rode out Smith in period two and got an escape in the final frame for the victory. David Carr was a takedown machine in a 24-9 technical fall victory over Ronnie Gentile at 157 pounds. Carr dominated the match with 10 takedowns.

In his first match of the year, Joel Shapiro took a 3-0 decision over Kyle Dickhaus at 184 pounds. A first period takedown and riding time was all Shapiro needed, staying on top of Dickhaus the entire second period. Cody Fisher got the lone pin in the match, turning Keaton Fogler in the first period of the 197-pound bout to get the fall at the 2:47 mark.

ISU held the advantage in takedowns, 25-9.

Iowa State-Oklahoma State Match Highlights

No. 13 Iowa State lost a tight one to No. 5 Oklahoma State, 16-15. The teams split the matches, with the difference being a major decision victory at 149 pounds by the Cowboys. The swing match was at 125 pounds, as Couy Well came back to defeat Kysen Terukina, 6-4 in sudden victory.

Zach Redding won the Cyclones' first match at 133 pounds defeating Reece Witcraft, 6-0. After a scoreless first period, Redding stayed on top the entire two minutes of period two and then got a takedown and a two-point nearfall in the third stanza.

Five takedowns by Ian Parker propelled him to a 12-6 win over Dusty Hone at 141 pounds. Parker had four of his takedowns in the final

2021 RECAPS

two periods. Third-ranked David Carr remained unbeaten (8-0) with an 8-4 triumph at 157 pounds over Wyatt Sheets. Carr didn't allow a takedown while recording three.

Julien Broderson scored a huge win at 174 pounds with a 4-1 TB1 victory over Anthony Montalvo. Broderson rode out Montalvo in the extra period before scoring an escape and takedown with under :10 seconds left.

Gannon Gremmel closed out the dual with a 6-2 win over Austin Harris at heavyweight. Gremmel was the aggressor and was never threatened, scoring a pair of takedowns to improve to 8-0 on the year.

IOWA STATE WINNERS OVER NDSU AND SDSU

FARGO, N.D. – No. 12 Iowa State (8-2, 3-1 Big 12) picked up a pair of Big 12 wins on Sunday, taking out North Dakota State (32-6) and South Dakota State (19-12). The Cyclones won 15 out of the 20 individual dual matches on the day with five bonus-point victories.

NDSU Recap

Iowa State opened up the day with a commanding 32-6 victory over NDSU. The Cyclones won nine out of the 10 bouts with four bonus-point victories.

Making his return to the Iowa State lineup, Jarrett Degen won by 12-3 major decision over Jaden Van Maanen. Degen used a seven-point third period to score bonus-points over his Bison opponent.

Marcus Coleman also made his dual debut on Sunday. He won by 19-4 technical fall over Owen Pentz in 4:22. The Ames, Iowa, native used three takedowns, a reversal and a series of nearfalls to top Pentz.

David Carr and Julien Broderson scored a pair of major decision wins for the Cardinal and Gold at 157 pounds and 174 pounds, respectively. Carr took out Jared Franek by 17-5 major decision, while Broderson bested Riley Habisch by 8-0 major decision.

Kysen Terukina, Zach Redding, Ian Parker, Joel Shapiro and Gannon Gremmel all secured wins by decision to help push the Cyclones past the Bison.

SDSU Recap

In the second dual of the day, Iowa State took out South Dakota State by a final score of 19-12. After a slow start, ISU went on to win six of the final eight matches over the Jackrabbits.

Sam Colbray saw his first action of the year in the dual. He defeated Jacob Schoon by 6-2 decision behind two takedowns, an escape and a point for riding time.

Carr picked up his second bonus-point win of the day, defeating Cade DeVos by 10-2 major decision. Carr took DeVos down four times in the match and racked up over three minutes of riding time.

In the dual finale, Gannon Gremmel gritted out a 5-2 victory over Blake Wolters in TB2 to remain perfect on the year. After seven minutes of action, the score was tied 1-1. After 11 minutes of action, Gremmel outlasted Wolters, riding him out in TB2 and scoring on an escape and a takedown to ice the match away.

Parker, Degen and Isaac Judge each won their matches by decision, aiding in Iowa State's win over South Dakota State.

CYCLONES DOWN UNI, FALL TO ARIZONA STATE IN DUAL ACTION

AMES, Iowa – No. 13 Iowa State (9-3, 4-1 Big 12) split a pair of duals on Sunday, falling to No. 11 Arizona State (5-0), 20-15, and defeating No. 15 UNI (4-4, 3-2 Big 12), 23-17.

Both duals went down to the final match.

Iowa State-Arizona State Match Highlights

Ian Parker won ISU's first match at 141 pounds with an 8-3 decision over Peter Lipari. Parker had a takedown in each period and gained a point for riding time by staying on top of Lipari throughout the majority of the third period.

Jarrett Degen blanked Cory Crooks, 5-0, at 149 pounds. Degen got a takedown on the edge in the closing seconds of the second period and tacked on another in the third in his first match in Hilton Coliseum this season.

David Carr wasted little time in his match at 157 pounds against Hunter Balk. Carr got two quick takedowns and eight nearfall points before securing the pin at the 1:47 mark.

Sam Colbray came up big at 184 pounds with a 6-5 decision over Cade Belshay. Colbray fought back after giving up a first-period takedown. Down 4-3 entering the third period, Colbray picked up an escape and took down Belshay with :22 seconds left in the match to secure the win.

The dual went down to heavyweight, as the Sun Devils held a 17-15 lead with one bout left between No. 5 Gannon Gremmel vs. No. 7 Cohlton Schultz. The match was tied at 2-2 after seven minutes. Gremmel gave up a point with a hands to the face violation, but made up

2021 RECAPS

for the call by riding out Schultz for most of the second period.

Schultz was able to lock up the victory, 3-2, in TB1 by riding out Gremmel for :30 seconds.

ISU held the edge in takedowns, 14-11.

Iowa State-UNI Match Highlights

Zach Redding mounted a come-from-behind 6-5 TB1 victory over Kyle Biscoglia at 133 pounds. Down 5-3 late in the third period, Redding got a takedown with :10 second left to stay alive. Biscoglia's stalling point in TB1 was the deciding factor in the match.

Ian Parker moved ISU ahead in the match (9-5) by collecting the fall at the 4:29 mark over Ethan Basile at 141 pounds.

David Carr had four takedowns and 10 nearfall points in a dominating 19-2 technical fall over Derek Holschlag at 157 pounds.

Isaac Judge scored an important victory at 165 pounds, defeating Pat Schoenfelder, 10-7. Judge gave up a takedown early, but a reversal and two takedowns gave him a comfortable lead. Schoenfelder closed the gap with a pair of takedowns in the third period, but a key reversal helped seal the win.

Marcus Coleman won a huge match at 197 pounds. Down in the second period, Coleman took down Keegan Moore with :03 seconds left in the period. He then added another in the third for a 10-5 triumph.

Gannon Gremmel wrapped up the Cyclone victory with a 6-3 win over Carter Isley at heavyweight. Two takedowns by Gremmel was the difference.

The takedown tally was even at 15-15. of the final eight matches over the Jackrabbits.

CARR, GREMMEL BIG 12 CHAMPIONS

TULSA, Okla. – Iowa State's David Carr (157) and Gannon Gremmel (285) each battled to individual Big 12 titles on Sunday night at the Big 12 Championship. As a team, the No. 13 Cyclones finished third in Tulsa with 117.5 team points, closely behind co-champions No. 19 Oklahoma and No. 6 Oklahoma State with 124 team points.

Next Up: Iowa State will turn its attention to the 2021 NCAA Championships. At-large selections for the championship are set to come out on Tuesday, followed by the seeds and brackets on Wednesday. The NCAA Championships are set for March 18-20 in St. Louis, Mo.

NCAA Qualifiers

After winning in the semifinals, Parker, Carr and Gremmel all secured their spot in St. Louis in a couple of weeks. Zach Redding's third-place finish, Jarrett Degen's fourth-place finish and Marcus Coleman's fourth-place finish have all solidified their spot at the NCAA Championships.

Ian Parker vs. Dom Demas

The 141-pound championship bout was the seventh meeting between Ian Parker and Dom Demas, the series tied at 3-3 all-time. Just like in their previous bouts, little separated the two 141-pounders. After seven minutes of action, the score was tied at 1-1, sending the match to over time.

A winner couldn't be determined in SV1, TB1 or SV2. Parker and Demas traded escapes in TB1 and after a scoreless SV2, they went to TB2 tied at 2-2. Parker took a 3-2 advantage on an escape to start the period, but Demas answered with an escape of his own. During that sequence, Parker was hit for a locked hands call on the edge of the mat, giving Demas the 4-3 victory over Parker.

David Carr vs. Jared Franek

At 157-pounds, Carr set out to capture his second Big 12 title in as many years against No. 3 Jared Franek of NDSU. Carr took control of the match early, scoring on a pair of takedowns in the first. After one period of action, Carr led 4-1.

The All-American added another takedown in the third and controlled the top position, riding for 2:51 in the match. In the end, Carr successfully defended his 157-pound crown with an 8-2 victory over Franek.

Carr is Iowa State's first back-to-back Big 12 Champion since Kyven Gadson, who won three in-a-row from 2013-15. The Canton, Ohio, native is the 57th wrestler in program history to win two or more conference titles.

Gannon Gremmel vs. Brian Andrews

To cap off the night, the 285-pound Big 12 title bout featured a rematch from the 2020 Big 12 finals, with Gremmel taking on Wyoming's Brian Andrews.

After a scoreless first period, Gremmel took a 1-0 lead on an escape in the second period. In the final stanza, Gremmel rode Andrews for the entire period and won the Big 12 title by 2-0 decision.

Gremmel is the first Iowa State 285-pound champion since Matt Gibson won the title in 2012. Overall, he is Iowa State's sixth Big 12 heavyweight champion.

2021 RECAPS

Iowa State Placements

125: Kysen Terukina, 6th
133: Zach Redding, 3rd
141: Ian Parker, 2nd
149: Jarrett Degen, 4th
157: David Carr, 1st
184: Sam Colbray, 5th
197: Marcus Coleman, 4th
285: Gannon Gremmel, 1st

Medal Matches

In the third-place bout at 133 pounds, Redding put on a takedown clinic against his opponent from Northern Colorado. No. 4 Mosha Schwartz didn't have an answer for Redding's offense, as the freshman put up seven takedowns on the scoreboard to win it by 20-7 major decision.

After dropping his consolation semifinal match, Colbray bounced back against Oklahoma's No. 7 Darrien Roberts. Colbray tallied three takedowns and a point for riding time in a decisive 9-3 victory over his Sooner opponent.

At 125 pounds, Terukina fell to No. 3 Trevor Mastrogiovanni (OSU), 19-1, Degen dropped a 9-4 decision to FSU's Kyle Parco and Coleman was bested by No. 3 Noah Adams of West Virginia by 6-3 decision.

Team Scores

1. Oklahoma, 124
1. Oklahoma State, 124
3. Iowa State, 117.5
4. Wyoming, 105.5
5. UNI, 79
6. North Dakota State, 78
7. Northern Colorado, 70.5
8. South Dakota State, 67.5
9. West Virginia, 57
10. Utah Valley, 55
11. Air Force, 32.5
12. Fresno State, 31

DAVID CARR WINS 157-POUND NCAA TITLE, GREMMEL ALL-AMERICAN

ST. LOUIS, Mo. - Iowa State's David Carr continues to etch his name deeper into Iowa State wrestling history. On Saturday night, the Canton, Ohio, native won the 2021 157-pound NCAA Wrestling Championship.

With his national title, Carr becomes Iowa State's 50th individual wrestler to win a national title and the 70th-overall individual national champion in program history.

As a team, Iowa State tied for 13th at the 2021 NCAA Championships with 37.5 team points.

Session VII (Finals)

In the 157-pound championship bout, Carr took on Jesse Dellavecchia from Rider. After a scoreless first period, Carr began the second with an escape. He added a takedown and finished the period on top. Heading to the final stanza, Carr led 3-0.

In the final period, Carr went to work on top, stifling any attempt by Dellavecchia to get to his feet. He racked up 2:04 of riding time and posted a 4-0 decision to claim the 157-pound crown.

With his championship performance, Carr gives head coach Kevin Dresser his first-ever individual National Champion. Carr becomes Iowa State's first NCAA Champion since 2015, when Kyven Gadson won the 197-pound bracket in the very same arena.

Session VI (Medal Round)

During the medal rounds on Saturday morning, two-time All-American Gannon Gremmel wrestled to a fifth-place finish at 285 pounds. Coming into the week, the heavyweight bracket was touted as one of the deepest in the tournament.

After dropping a tight 3-1 decision to Cohlton Schultz of Arizona State in sudden victory in the consolations-semifinals, Gremmel took on Wisconsin's Trent Hillger in the fifth-place match at 285 pounds.

The Big 12 Champion got to work early against Hillger, taking him down in the first period. Gremmel finished the period on top and led 2-0. Hillger put in a tough ride to begin the second, but Gremmel eventually broke free and reversed the Badger to extend the lead to 4-0. In the end, it was Gremmel over Hillger, 4-0, for a fifth-place finish for the Cyclones.

2021 RECAPS

NCAA Champion Notes

- David Carr is Iowa State's first NCAA champion since 2015 (Kyven Gadson)
- Carr is Iowa State's 50th individual national champion and 70th individual national champion overall
- Carr is Iowa State's first 157-pound champion since 2007 (Trent Paulson)
- Carr is Kevin Dresser's first-career individual national champion

All-American Notes

- David Carr became Iowa State's 300th All-American in school history
- Gannon Gremmel is Iowa State's 301st All-American in school history
- Carr and Gremmel are Iowa State's 86th and 87th multi-time All-Americans
- Iowa State has had multi-All-Americans in three-straight years
- Carr is Iowa State's seventh All-American at 157 pounds and the third multi-time All-American at the weight*
- Carr's 1st-place finish is the highest by a Cyclone 157-pounder since 2007 (Trent Paulson, 1st)
- Gremmel is Iowa State's ninth All-American at heavyweight and the third multi-time All-American at the weight*
- Gremmel's fifth-place finish is the highest by a Cyclone-heavyweight since 2010 (David Zabriskie, 1st)

*Since the weight classes changed in 1998-99

Day Three Iowa State Match-by-Match

157: No. 3 David Carr dec. No. 4 Jesse Dellavecchia (RID), 4-0.

285: No. 4 Cohlton Schultz dec. No. 6 Gannon Gremmel, 3-1(SV1).
No. 6 Gannon Gremmel dec. No. 14 Trent Hillger (WIS), 4-0.

Day Two Iowa State Match-by-Match

141: No. 8 Chad Red (NEB) dec. No. 7 Ian Parker, 11-8.

157: No. 3 David Carr dec. No. 6 Brayton Lee (MINN), 4-2 (SV1).
No. 3 David Carr dec. No. 2 Hayden Hidlay (NC State), 6-4.

184: No. 29 Sam Colbray dec. No. 14 Caleb Hopkins (CAMP), 7-3.
No. 11 Dakota Geer (OSU) dec. No. 29 Sam Colbray, 9-4.

197: No. 21 Marcus Coleman pinned No. 11 Jay Aiello (UVA), 5:37.
No. 19 Thomas Penola dec. No. 21 Marcus Coleman, 3-2.

285: No. 6 Gannon Gremmel dec. No. 14 Trent Hillger (WIS), 2-1.
No. 2 Mason Parris (MICH) pinned No. 6 Gannon Gremmel, 4:02.

Day One Iowa State Match-by-Match

125: No. 32 Patrick McCormick (UVA) dec. No. 33 Kysen Terukina, 6-2.
No. 30 Micah Roes (BING) dec. No. 33 Kysen Terukina, 10-4.

133: No. 20 Ryan Sullivan (WVU) dec. No. 13 Zach Redding, 4-3 (TB1).
No. 29 Paul Bianchi (ALR) dec. No. 13 Zach Redding, 9-4.

141: No. 26 Colin Valdiviez (NW) dec. No. 7 Ian Parker, 8-5.
No. 7 Ian Parker dec. No. 23 Saul Ervin (SIUE), 4-2 (SV1).

149: No. 15 Griffin Parriott (PUR) dec. No. 18 Jarrett Degen, 10-7.
No. 31 Corey Crooks (ASU) dec. No. 18 Jarrett Degen, 8-6.

157: No. 3 David Carr maj. dec. No. 30 Markus Hartman (ARMY), 16-2.
No. 3 David Carr maj. dec. No. 14 Will Lewan (MICH), 10-2.

184: No. 4 Parker Keckeisen (UNI) dec. No. 29 Sam Colbray, 2-1.
No. 29 Sam Colbray maj. dec. No. 13 Christopher Weiler (WIS), 12-4.

197: No. 12 Lucas Davison (NW) dec. No. 21 Marcus Coleman, 8-3.
No. 21 Marcus Coleman dec. No. 28 Nick Reenan (NC State), 6-1.

285: No. 6 Gannon Gremmel dec. No. 27 Zach Knighton-Ward (HOF), 5-2.
No. 6 Gannon Gremmel dec. No. 11 Zach Elam (MIZ), 3-1.