

SCHEDULE OF EVENTS

Wednesday, May 11, 2022

10:00am Decathlon (100, LJ, SP, HJ, 400)

10:30am Heptathlon (100H, HJ, SP, 200)

Thursday, May 12, 2022

10:00 am Decathlon (110H, Discus, PV, Jav, 1500)

10:30 am Heptathlon (LJ, Jav, 800)

Friday, May 13, 2022

Field Events		Running Events	
10:00am	W Hammer	11:55pm	National Anthem
12:00pm	W High Jump	1:30pm	M 3,000 Steeplechase
12:30pm	M Shot Put	1:50pm	W 3,000 Steeplechase
1:30pm	W Long Jump	2:10pm	M 1,500 Prelims
2:00pm	W Discus	2:30pm	W 1,500 Prelims
2:30pm	M Pole Vault	2:55pm	M 110 Hurdle Prelims
4:30pm	M Javelin	3:10pm	W 100 Hurdle Prelims
4:30pm	M Long Jump	3:25pm	M 400 Prelims
		3:40pm	W 400 Prelims
		4:00pm	M 100 Prelims
		4:20pm	W 100 Prelims
		4:40pm	M 800 Prelims
		4:55pm	W 800 Prelims
		5:15pm	M 400 Hurdle Prelims
		5:30pm	W 400 Hurdle Prelims
		5:50pm	M 200 Prelims
		6:05pm	W 200 Prelims
		6:25pm	M 10,000 Final
		7:05pm	W 10,000 Final

Saturday, May 14, 2022

Field Events		Running Events	
9:30am	M Hammer	10:55pm	National Anthem
11:00am	M High Jump	2:00pm	M 4x100 Relay Final
11:30am	W Shot Put	2:15pm	W 4x100 Relay Final
12:00pm	W Triple Jump	2:35pm	M 1,500 Final
1:00pm	M Discus	2:45pm	W 1,500 Final
2:30pm	W Pole Vault	3:05pm	M 110 Hurdle Final
2:45pm	M Triple Jump	3:15pm	W 100 Hurdle Final
3:15pm	W Javelin	3:30pm	M 400 Final
		3:35pm	W 400 Final
		3:45pm	M 100 Final
		3:50pm	W 100 Final
		4:00pm	M 800 Final
		4:05pm	W 800 Final
		4:20pm	M 400 Hurdle Final
		4:30pm	W 400 Hurdle Final
		4:45pm	M 200 Final
		4:50pm	W 200 Final
		5:00pm	M 5,000 Final
		5:25pm	W 5,000 Final
		At the conclusion of all other events	
		M 1,600 Relay Final	
		W 1,600 Relay Final	
		Team Awards — Photos	