

Monthly Compliance Rules Education



September
2012

Agenda Items

- Countable Athletically Related Activity (CARA)
- Eligibility
- Financial Aid
- Recruiting
- Official Visits
- Unofficial Visits
- Phone Bills and Logs





CARA

- Countable Athletically Related Activities
 - In Season: 20 hours per week, no more than 4 hours per day, and 1 mandatory day off per week
 - Out of Season: 8 hours per week, 2 mandatory days off, no limit on the hours per day – no more than 2 hours of skill instruction
 - No CARA may occur between midnight and 5:00am
 - No CARA after competition (multi-day/tourney)
 - No missed class time!
 - What’s “countable?”
 - Monthly report/SAAC rep sign





CARA - What Counts?

- Anything that is not “voluntary”
- Competition
- Conditioning
- Film Review
- Mandatory meetings initiated by the coach
- Practice
- Weights
- Required participation in camps and clinics



CARA - What Does Not Count?

- Compliance meetings
- Meetings initiated by the student-athlete
- Treatment from athletic training
- Preparing the competition site (set-up or tear down)
- CHAMPS/Life Skills Meetings
- Team travel
- Voluntary sport-related activities (e.g., initiated by the student-athlete, no attendance taken, no coach present)





Eligibility

- All student-athletes must pass 6 hours of credit in the Fall to be eligible in the spring. Football: must pass 9 hours of credit, juniors[↑] must be degree applicable and earn APR point.
- In addition to -18 Hr. Rule
- 24 Hr. Rule-Freshmen
- Sophomores = 40%
- Juniors = 60%
- Seniors = 80% (NQs as well)
- GPA Requirements (90/95/100%)!





Financial Aid

- Increases any time for any reason now
- Transcript evaluation needed before issuing an NLI/GIA.





Roster Management

Roster Change Forms

- Adding someone to the team?
 - Transfer? Release obtained?
- Cut, dismissed, or quit?
 - Scholarship impact?
- Quit = SA Voluntary Withdrawal Form
- APR considerations
- Physical/Sickle Cell/Insurance!





Official Visits

- Form online
- 1st day of class in Sr. year; **MBB – January | Junior year**
- Baseball-25, Football-56, Basketball-12 (8/1-7/31)
- Completed entirely, submit at least 48 hours in advance
- Social media restrictions – SA's too.
- Unlimited phone calls 5 days prior to visit
- Post-visit forms: Attach receipts and who attended meal – directly on the paper next to receipt.
- Host money recap





Unofficial Visits

- Form Online – filled out prior/after.
- May not pay for or reimburse for meals, transportation or housing
- NO Social media
- Restaurants considered “on-campus” (Adjacent/Blue Bucks)
 - ▶ 7th & Elm
 - ▶ Pie Company
 - ▶ Pizza City
 - ▶ Bookstore
 - ▶ J Gumbo’s
 - ▶ Saratoga
 - ▶ Coffee Grounds
 - ▶ Roly Poly





Pass Lists – Complimentary Admissions

- Pass Lists: online or emailed to you by Tonya
- All persons on the pass list must show an ID to get in.
- Student-Athletes: receive 4 complimentary admissions for each home. Away contests vary.
- Recruits: Must be on a pass list and receive 2 complimentary admissions for 2 guests (Put guest of “ “)
- Volunteer Coaches: 2 per home contest in their sport only!
- Submit prior to departure for road competition

Remember: All ISU students get in FREE with their ISU ID card 😊





Phone Bills and Logs

- Submit monthly.
- No calls? Write “no calls” on log for that month
- Unlimited Calls for all sports with a recruiting calendar, during a Contact Period (excludes Golf and Soccer)
- Form for logging calls online or Word Doc. from Compliance



Ask Before You Act!

Sylvania



Ask Us



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