



## ANNUAL NCAA RULES EDUCATION OUTLINE



### ***STRENGTH & CONDITIONING STAFF***

- ❖ You are a “coach”
- ❖ Personnel – MBB IAWP non-coach rules (<2/>2 years)
- ❖ Ethical Conduct
  - Self-reporting
  - Honesty/forthcoming during investigations and inquiries
  - Gambling
- ❖ Private Lessons Forbidden
- ❖ CARA – 20/8
  - Multi-sport SA’s
- ❖ Summer Conditioning
  - Limited participation (chart)
- ❖ Use of Facilities
  - Camps/Clinics
  - Insurance
  - Renting facility
- ❖ Non-Qualifiers
- ❖ Supplements/Nutrition
- ❖ Extra benefits – (T-shirts/awards for summer workouts)
- ❖ Rules Education Meetings
- ❖ Ask before you act

Notes: