



SYCAMORE SENTINEL

COMPLIANCE OFFICE

DECEMBER 2009

DO YOU WANT TO BE ELIGIBLE IN THE SPRING SEMESTER? FOLLOW THESE GUIDELINES

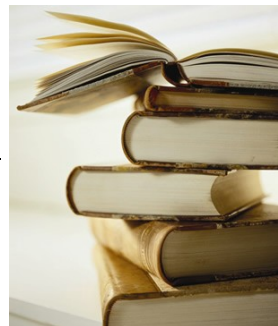
Academic Eligibility Information

IMPORTANT, IMPORTANT, IMPORTANT!!!!!!!

Student -Athletes and Coaches, please be advised in order to compete in the upcoming Spring semester, you must pass 6 hours. If you are in your 5th full time semester (a junior) or beyond, the minimum of 6 hours **MUST COUNT TOWARDS YOUR DEGREE PLAN!** Lastly, your cumulative GPA must remain above a 2.0 as well in virtually all circumstances!

TEXTBOOKS - CALLING ALL TEXTBOOKS.

If you received an athletic scholarship that includes an allowance for textbooks, you must return **ALL** books purchased by your scholarship to the Compliance Office any time prior to and no later than the last day of final exams each semester (December 18, 2009). This includes book returns and exchanges required due to a change in your class schedule. **In the event of a schedule change**, you must provide the Compliance Office with an official copy of your new class schedule and it will then be confirmed with the Academic Support Services Office.



NO returns are to be made to the bookstore. Any books not returned shall be charged against YOU and YOU will be financially responsible for the reimbursement of the books' value. Failure to return the books, or in the alternative, reimburse the athletic department, will result in cancellation of any current book scholarship for the current academic year and denial of all future book scholarships .

If you return all of your books at the conclusion of the Fall semester, you shall receive a credit of 25% of your annual book scholarship award (not to exceed \$400) towards your book scholarship for the following spring semester; if, in fact, you receive a book scholarship the following semester. There is no 25% credit provision at the end of the spring semester or any other academic term.

INTERP CENTRAL: YOUR ONE STOP SHOP FOR ANSWERS

Q: Can I send a holiday greeting card to a recruit?

A: Under NCAA Bylaw 13.4.1.1 these cards are **NOT** permissible. However, note cards containing the institution's name and institutional logo on the outside may be permissible. These cards **MAY NOT** contain preprinted information (e.g., greetings, words, pictures) on the inside. Traditional holiday cards are not permissible. Thus, *the ONLY permissible cards a coach may send to a prospect are institutional note cards and blank postcards issued by the U.S. Postal Service. Institutional note cards may not exceed 8 1/2 by 11 inches when opened in full.*

Q: Can I put the picture of a current student athlete on the cover of my camp brochure?

A: No. They can only appear in the camp counselor section. You can only use pictures of student athletes who have exhausted their eligibility to compete.

DECEMBER DIVISION I RECRUITING CALENDAR PERIODS

Baseball

Dec. 1-31 Quiet

Football

Dec. 1-19 Contact

Dec. 20 Quiet

Dec. 21-31 Dead

M & W Basketball

Dec. 1-23 Evaluation

Dec. 24-26 Dead

Softball

Dec. 1-8 Quiet

Dec. 9-12 Dead

Dec. 13-31 Quiet

Track/CC

Dec. 1-13 Contact

Dec. 14-17 Dead

Dec. 18-31 Quiet

Volleyball

Dec. 1-6 Contact

Dec. 7-15 Quiet

Dec. 16-31 Dead

All Other Sports

Dec. 1-31 Contact

COMPLIANCE EDUCATION MEETINGS

DECEMBER	14
JANUARY	25
FEBRUARY	22
MARCH	22
APRIL	26
MAY	17



CALENDAR REMINDERS

Dec. 4: Scheduling w/ \$10 fee
Dec. 7-11: Study "Dead" Week
Dec. 14-18: Final Exams
Dec. 19-Jan 10: Christmas Break
Jan. 11: Spring Classes Begin

Outside Competition Reminder

If you want to compete in an outside competition, please review and fill out the [request form](#) on gosycamores.com. Remember to get signatures from your coach and the assistant athletic director for compliance.

What's Going On in the News?

[Officiating Balance May Lead to Rougher Play](#)
[Sports Wagering and Student-Athletes](#)
[NCAA Emerging Leader Seminar](#)
[Devoted Efforts to Special Olympics](#)

FINANCIAL AID INFORMATION



Please take a look at your ISU Portal, Account Balance section, to make sure you do not have an outstanding balance. If you do, please make sure you take care of it this semester. If you have any questions, please contact the financial aid office first, as well as your coach. If you still have problems, contact the compliance office for assistance.

Season Workouts

If your sport is not in season - only 8 hours or less of workout time is permitted, (2 hours may be individual skill instruction), with two days off per week. Football player-only two of the 8 hours may consist of watching film. If your sport is in season, no more than 4 hours a day, 20 hours per week with one required day off.

If your sport is not currently "in-season" you cannot be forced/asked to lift weights, watch film or do skill instruction during "dead week"

EXTRA BENEFITS REMINDER

All "extra benefit" rules still apply during the holiday season. Consequently, it is not permissible to accept holiday gifts from coaches or boosters. This includes any type of gift regardless of how large, small or seemingly insignificant.

An extra benefit is any special arrangement provided by coaches, staff, or boosters to a student-athlete or a prospective student-athlete that is not generally available to students or prospective students at the Indiana State University.

Preferential treatment is any other special arrangement provided to a student-athlete or prospective student-athlete on the basis of his/her athletics ability or reputation. Both are violations of NCAA rules and both may render you permanently ineligible.

Happy Holidays from the Compliance Staff!

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