



November Division I Recruiting Calendar Reminders

Baseball

Nov. 1-8	Contact
Nov. 9-12	Dead
Nov. 13-30	Quiet

Men's Basketball

Nov. 1-8	Evaluation
Nov. 9-12	Dead
Nov. 13-30	Evaluation

Women's Basketball

Nov. 1-8	Evaluation
Nov. 9-12	Dead
Nov. 13-30	Evaluation

Football

Nov. 1-28	Evaluation
Nov. 29-30	Contact

(6 in person, off-campus contacts per PSA/one per week)

Golf

Nov. 9-12	Dead
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Softball

Nov. 1-8	Contact
Nov. 9-12	Dead
Nov. 13-25	Contact
Nov. 26-30	Quiet

Track/Cross Country

Nov. 1-22	Contact
Nov. 23-24	Dead
Nov. 24-30	Contact

Volleyball

Nov. 1-8	Contact
Nov. 9-12	Dead
Nov. 13-30	Contact

Save The Date. Next Compliance Education Meetings

Nov. 9: HMSU 407 @ 10am
 Dec. 14: HMSU 407 @ 10am
 Jan. 25: HMSU 307 @ 10am
 Feb. 22: HMSU 307 @ 10am

Extra Benefits

NCAA Bylaw 16.02.3:

An **extra benefit** is any special arrangement by an institutional employee or a representative of the institution's athletics interests to provide a student-athlete or the student-athlete's relative or friend a benefit not expressly authorized by NCAA legislation.

Receipt of a benefit by student-athletes or their relatives or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit is generally available to the institution's students or their relatives or friends or to a particular segment of the student body (e.g., international students, minority students) determined on a basis unrelated to athletics ability.

Division I Proposed Legislation

Eligibility - Core-Curriculum Requirements.

This legislation would provide further clarification on the use of nontraditional courses for initial-eligibility purposes. Specifically, in order for a nontraditional course (e.g., internet course, distance-learning, independent-study) to satisfy NCAA core-course requirements, the course must be one in which the instructor and the student have ongoing access to one another and regular interaction with one another for purposes of teaching, evaluating and providing assistance to the student throughout the duration of the course; the student's work (e.g., exams, papers, assignments) is available for review and validation; and a defined time period for completion of the course is included. The goal of this legislation is to ensure that individuals who take nontraditional courses are enrolled in quality courses that satisfy the intent of the NCAA core-curriculum requirements.

Dead Period Reminder



During this time it is not permissible to make in-person recruiting contacts or evaluations on or off campus or to permit official or unofficial visits by prospects to our campus. A coaching staff member may not serve as a speaker at or attend a meeting or banquet at which prospects are in attendance, except as provided in 13.1.9, and may not visit the prospects' educational institutions.

Unlimited Phone Calls

Bylaw 13.1.3.3.2 : Coaches may make unlimited phone calls to recruits on the initial date for NLI signing and the two days thereafter.

**Wednesday,
November 11, 2009
at 7AM through 7AM
Friday, November 13,
2009.**



HOT TOPICS

[Female Athletes Found More Susceptible to ACL Injuries](#)

[NCAA Drug Education and Testing](#)

[Curious About H1N1? Find Information Here!](#)

[Check out these AWESOME Photos!! Are you in them??](#)

[Questions About Banned Substances? Check This Out!](#)

Mark Your Calendars!

Nov. 14: Football Blue/White Game

Nov. 2-24: Priority Scheduling for Spring 2009

Nov. 21: Volleyball Blue/White Game

Nov. 27: Study Hall Closed Sunday-Thanksgiving Break

Nov. 25-27: Thanksgiving Break

Nov. 30: Study Hall Closed—Thanksgiving Break

Dec. 7-11: Study Week (Last Week of Mentoring/Study Hall)

Dec. 14-18: Final Exams



\$\$ Financial Aid \$\$

Having problems with your bill? Do you have a balance and think you shouldn't? Check with financial aid first (812-237-2215), then your coach, then the compliance staff for help.

Outside Competition Reminder

If you want to compete in an outside competition, please review and fill out the [request form](#) on gosycamores.com. Remember to get signatures from your coach and the assistant athletic director for compliance.



**Congratulations
Men's Cross Country**



CHAMPIONS!!

Congratulations All Conference Runners!
Eric Schulz, Scott Keeney, Jeremiah Vaughan, Michael Disher, and Craig Padgett

Enjoy the Holiday Season, but . . .

Don't be a Turkey! As the holiday season approaches you may be presented with the opportunity to attend meals or receive gifts from supporters of Indiana State athletics. At the Compliance Office, we want to take a moment to remind you of some important regulations on accepting meals and gifts.

Meals: NCAA guidelines allow student-athletes to receive meals on an occasional basis. Under ISU Athletics Department policy, meals may be received on an "occasional basis." If the meal is provided by a booster it must be provided in an individual's home (as opposed to a restaurant) but it may be catered. Who is a booster? Anybody who wants to give you a free meal (among others).

Gifts: All "extra benefit" rules still apply during the holiday season. Consequently, it is not permissible to accept holiday gifts from coaches or boosters. This includes any type of gift regardless of how large, small or seemingly insignificant. An extra benefit is any special arrangement provided by coaches, staff, or boosters to a student-athlete or a prospective student-athlete that is not generally available to students or prospective students at the Indiana State University.

Preferential treatment is any other special arrangement provided to a student-athlete or prospective student-athlete on the basis of his/her athletics ability or reputation. Both are violations of NCAA rules and both may render you permanently ineligible.

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