



Sycamore Sentinel

2012 Holiday Edition

Athletics Compliance Newsletter

Occasional Meals

Occasional meal rules still apply for any institutional staff member who wishes to provide a student-athlete or an entire team with a holiday meal. Team holiday parties are considered occasional meals (there may not be a gift exchange). Please complete an **Occasional Meal Form** and submit it to the Compliance Office before the meal occurs.

Dead Periods

Remember: During a dead period, it is not permissible for anyone associated with Indiana State University athletics to contact or evaluate prospects on or off the institution's campus. However, it remains permissible for a coach to write or call a prospect during a dead period. **Upcoming dead periods:**

Volleyball: Dec 12th-31st

Track/CC: Dec 16th-20th

Football: Dec 17th - Jan 3rd

Basketball: Dec 24th -26th

Rules Education

December 12th at 10am in HMSU 407

January 9th at 10am in HMSU 407

February 13th at 10am in HMSU 407

March 13th at 10am in HMSU 407

April 10th at 10am in HMSU 407



Holiday Gifts

Please remember, holidays are not exempt from the extra-benefit rules. It is impermissible to provide holiday gifts to student-athletes, their friends or relatives. Gift exchanges are also impermissible.

Social Media

Social Media Reminder: Sycamores, coaches, staff, and student-athletes; remember, the public eye is watching online. Tweeting at recruits is impermissible.

Please remember you are representing Indiana State and your family before you Tweet or post anything on Facebook. Let's not become a case such as this:

["Boston College sits soccer player after Sanduksy tweets."](#)

Textbooks

All student-athletes receiving an athletic book scholarship must turn in all books purchased with their athletic scholarship **to Katie Gaal by Friday, December 14th at 4:30pm**. Books not turned in will automatically be charged to the student's account and you will not receive a book allowance for the spring 2013 semester.

Outside Competition

If you are planning on competing over the semester break (vacation period), don't forget to fill out the outside competition form and submit to the compliance office for approval before you leave for break.





Holiday Greeting Cards

As the holiday season approaches please note that the only permissible cards a coach may send to a prospect are institutional note cards and blank postcards issued by the U.S. Postal Service. However, it is permissible to create a holiday greeting on institutional letterhead (first page only, including color).

Institutional note cards may not exceed 8 1/2 by 11 inches when opened in full. Note cards may only contain the institution's name and institutional logo or an athletics logo on the outside and may not contain any pre-printed information (e.g., greetings, words, pictures) on the inside.

Traditional holiday cards are not permissible. Please note this legislation applies not only to prospects, but to coaches of prospects and any other individual responsible for teaching or directing an activity in which a prospect is involved.

From Marlon Dechausay's Desk



Sycamores, have you registered for classes already? If not, December 10th is the last day you can change any part of your schedule (adding or dropping) without a \$10 change of course fee added to your account. If you have not registered for spring 2013 courses yet, please see Marlon Dechausay in the Academic Enrichment Center immediately. Remember, you must be enrolled in a minimum of 12 academic credit hours to be eligible to receive athletic aid, practice, and compete on any ISU athletic team. If you are enrolled in less than 12 hours, those must be the only hours you need to graduate in May 2013, which must be signed off on through Marlon's office.

What Does Compliance Want From Santa This Year?

1. Have 100% APR Scores in All Sports.
2. For coaches to submit paperwork timely.
3. Fewer legislative changes (unless for better).
4. Asking Before Acting.
5. All of our waivers be granted.
6. No infractions.
7. All Sycamore teams go undefeated.
8. For all textbooks to be turned in ON TIME.
9. Cash in lieu of gifts.
10. World Peace.

Happy Holidays!



Joel McMullen
Assistant Athletic Director for Compliance
(812) 237-4086 or Joel.McMullen@indstate.edu

Tonya Gimbert
Compliance Coordinator
(812) 237-4173 or Tonya.Gimbert@indstate.edu

First person to tweet @SycamoreRules
"I Love the Compliance Santa List!"
wins a prize!