



Greg Lansing

Indiana State Head Basketball Coach Fifth Season

Greg Lansing is in his fifth season as the head basketball coach at Indiana State. He previously spent eight seasons with the program as an assistant coach, including three as associate head coach.

Lansing (South Dakota, 1990) is 79-55 (.590) in four seasons as the helm of the Sycamore basketball program. He owns a mark of 41-31 in MVC games, including a 27-9 record at home. During his career, he is 43-12 in all home games and 13-9 in neutral court contests with 23 road victories to his credit and is 28-13 in games decided by five points or less. Lansing is 7-3 in the MVC Tournament, with three of those victories coming as the lower seeded team. Indiana State's game at Iowa in the NIT was Lansing's 100th as Indiana State head coach. His 79 career victories rank seventh on ISU's all-time win list.

He is the second head coach to lead the Sycamores to the NCAA Tournament in their rookie campaign in the history of the program, with the other being Bill Hodges leading ISU to a 33-1 record and a Final Four appearance in the 1979 NCAA Tournament. Lansing was just the 14th rookie head coach in the history of the MVC to lead his team to 20 victories during their debut season.

With a 23-win campaign in 2013-14, the Sycamores have now reached the 17 victory mark for the fifth consecutive season, which is the first time five Indiana State teams have reached that mark in succession since the 1960's. The Sycamores won 17 games in 2009-10, 20 in 2010-11, 18 in 2011-12, 18 in 2012-13 and 23 one year ago. Indiana State has notched five consecutive winning seasons for the first time in over 40 years.

In 2012-13, Indiana State finished 18-15 and advanced to the semifinals of the MVC Tournament on the strength of a 51-50 victory over Evansville. In 2013-14, the Sycamores finished with a 23-11 mark and reached the second MVC Tournament Championship game in four seasons under Lansing. The Sycamores have played in the National Invitation Tournament (NIT) in each of the last two years, reaching the postseason for the fifth consecutive season, including each year with Lansing at the helm.

Last season, the Sycamores finished in the Top 5 nationally for most true road victories with nine. Indiana State also notched a victory over nationally-ranked Notre Dame, giving the program at least one victory over a nationally-ranked opponent in each of Lansing's four seasons as head coach.

Jake Odum was a repeat selection on the All-MVC First Team and became the first player in the 100-year history of the Missouri Valley Conference to record at least 500 career assists and 500 career made free throws. Odum finished as the school's record holder for career free throws made and attempted. He also wrapped up his career as the school's fifth all-time leading scorer and was in the Top 4 in both assists and steals. Odum also was named to the NABC All-District Team and was a Mid-Major All-American for the second consecutive season.

Khristian Smith earned his second consecutive nod on the MVC All-Bench Team and was selected as the league's Sixth Man Of The Year. Manny Arop added an honorable mention all-conference selection while Justin Gant and Lucas Eitel were each named to the MVC Scholar-Athlete Team.

Indiana State's three victories over the RPI Top 50 were tied for the most of any one in the Missouri Valley Conference in 2012-13. Creighton, the league's tournament and

The Lansing File:

PERSONAL

Birthdate: December 9, 1967

Birthplace: Ainsworth, Iowa

Hometown: Harlan, Iowa

Family: Wife (Angie)

EDUCATION

High School: Harlan Community, 1986

College: South Dakota, 1990 (B.S.)

South Dakota, 1992 (Masters)

PLAYING EXPERIENCE

High School: Harlan Community, 1982-86

College: South Dakota, 1986-90

COACHING EXPERIENCE

2010-Present: Head Coach, Indiana State

2006-10: Associate Head Coach, Indiana State

1999-06: Assistant Coach, Iowa

1995-99: Assistant Coach, Indiana State

1993-95: Head Coach, Roosevelt High School

1992-93: Assistant Coach, South Dakota

1990-92: Graduate Assistant, South Dakota

regular season champion also owned three. Indiana State owned a victory in the Diamond Head Classic against ACC Champion Miami and also took down Ole Miss to finish third in the event while Jake Odum was named to the All-Tournament Team.

Odum also became the first Sycamore to appear on the All-Missouri Valley Conference First Team since 2001 and just the sixth all-time. Freshman Khristian Smith was a member of the MVC All-Bench Team while Lucas Eitel and Justin Gant were named Second Team MVC Scholar-Athletes. Additionally, Odum was named to the 2013 Lou Henson All-America Team as well as the 2013 NABC All-District 16 First Team.

Indiana State owns four victories over opponents in the Top 25 under Lansing. ISU won at No. 14 Wichita State -- its best-victory over a nationally-ranked team on the road since 1999 and downed No. 13 Creighton at home, the highest ranked team to fall to Indiana State inside Hulman Center since joining the MVC. The Sycamores also have won at Vanderbilt and Notre Dame under Lansing while those opponents were ranked in the Top 25.

The Sycamores are 43-12 (.782) inside Hulman Center under third-year head coach Greg Lansing. The Sycamores have won 34 of their last 42 home games. Additionally, the Sycamores have won 27 of their last 36 MVC games at home.

ISU finished the 2013-14 campaign with a 14-1 record when holding an opponent under 63 points or less in a game. Under Lansing, the Sycamores are 54-4 when allowing less than 63 points to the opposition (including a 16-0 mark when holding teams to 53 or less).

Indiana State did not allow a made 3-pointer at Illinois State on January 23, 2013 as the Redbirds went 0-for-13 from long range on their home court and snapped a string of over 400 games with one which dated back to 1999. It marked the second time during the 2012-13 season that the Sycamores did not allow a trey in a game as nationally-ranked Miami went 0-of-15 back on December 25, 2012 in the consolation game of the Diamond Head Classic.

With its participation in the 2014 NIT, the Sycamores have played in a postseason national tournament for the fifth consecutive time in 2013, a feat never before accomplished at Indiana State.

In 2011-12, the Sycamores finished the year with an 18-15 record and advanced to the CollegelInsiders.com Postseason Tournament. It marked the third consecutive year the team has reached postseason play -- its longest such stretch since the 1977, 1978 and 1979 seasons when Larry Bird donned the Indiana State uniform.

Jake Odum was one of just four players nationally to average at least 10 points, five rebounds and 4.5 assists per game during his sophomore season and was a Second Team All-Missouri Valley Conference selection as well as Second Team All-District selection as announced by the National Association of Basketball Coaches.

The Sycamores downed No. 25 nationally-ranked Vanderbilt on the road and finished third at the Old Spice Classic -- the best-ever finish by a MVC team in the event.

Lansing burst onto the scene as a rookie head coach with the Sycamore basketball program in 2010-11 as he became just the second-ever Indiana State head coach to lead the team to the NCAA Tournament in his first season. He led the team to a 20-14 record, becoming just the 14th head coach in the history of the Missouri Valley Conference to lead a team to 20 or more victories in their first year at the helm.

ISU reached the NCAA Tournament and took on Syracuse in Cleveland, Ohio based on the program's third-ever MVC Tournament Championship won at the Scottrade Center in St. Louis, Mo. ISU raced to the title with victories over No. 6 Evansville, No. 2 Wichita State and No. 1 Missouri State in the Championship Game as the Sycamores entered as the No. 3 seed in the tournament. Freshman Jake Odum was named to the MVC All-Tournament Team.

Odum was named a CollegelInsider.com Mid Major Freshman All-American and was named an All-MVC Honorable Mention selection as well as a member of the MVC All-Freshman, All-Newcomer and All-Defense Team. Carl Richard was also named to the All-MVC's Honorable Mention squad. ISU took two thrilling buzzer beating victories over league foes Missouri State and Creighton during the regular season at Hulman Center. The buzzer beater over Creighton by Richard was voted the No. 2 play of the weekend by ESPN's SportsCenter.

In 2009-10 the Sycamores overcame a ton of adversity to still put together its best season in nearly a decade under the professional leadership of the ISU coaching staff. Despite



only having its full compliment of student-athletes for just 28 minutes of the rough and tumble Missouri Valley Conference slate, the Sycamores still recorded its first winning season since 2001 as they finished 17-15. ISU also finished the year with a 9-9 record in league play, bolstering the Sycamores out of the MVC Opening Round at the State Farm Missouri Valley Conference Tournament by securing the league's No. 6 seed after finishing in a tie for fifth in the standings.

Starting guard Jake Kelly suffered a season ending knee injury with 12 minutes left in the conference opener at Southern Illinois and subsequently also lost Dwayne Lathan and Harry Marshall for extended periods over the course of the year.

Marshall, who was the heart and soul of the team, led the MVC in scoring in league contests with a 16.0 ppg average. Marshall was tabbed Second Team All-MVC and was named to the MVC's All-Defensive Team after turning in shutdown performances against most of the league's all-conference opposition. Running a well-rounded program, the Sycamores also two representatives on the MVC's Scholar Athlete Team as both Jordan Printy and Aaron Carter took those plaudits.

The payoff for the Sycamores continued as ISU reached postseason play for the first since 2001 when they accepted a bid to the 2010 College Basketball Invitational, appearing in a road contest at Saint Louis.

With a keen attention to details that most coaches think of as an afterthought, the Sycamores concentrated on extreme efficiency on the court, finishing the year as the nation's second leading free throw shooting team. ISU's 76.9 percent mark at the line finished just behind NCAA qualifier BYU on the NCAA Division I list for the best free throw shooting teams in the country.

Additionally, the Sycamores overcame a 24-point deficit in the second half at Missouri State before falling in overtime. The 24-point comeback in front of a national television audience was the largest in the history of the MVC by a team that at least forced overtime.

During his second stint with the Sycamore basketball program, Lansing has been a key recruiting for many talented student-athletes. Lansing has also been a major part of the several all-conference accolades for several players, including Harry Marshall and Jay Tunnell, who took All-MVC honors following the 2008-09 campaign. Last season, the Sycamores concluded the regular season by winning six of their final games, including a trio of road contests.

Indiana State and Northern Iowa participated in the annual Coaches vs. Cancer Suits and Sneaks Challenge along with the rest of the nation's teams on January 26. All of the basketball coaches in the state of Indiana have issued a challenge to the state's lawmakers to wear sneakers with their suits on Monday, January 28 as part of the program to promote cancer awareness. Through an invitation from State Representative Bob Heaton, who played for ISU on the 1978-79 team which advanced to the NCAA Final Four, ISU head coach Greg Lansing will officially issue the day's challenge to Indiana Speaker Of The House Brian Bosma at the State House in Indianapolis on January 28.

Lansing returned to Indiana State after a seven year stint with the Iowa Hawkeyes. During Lansing's seven years as assistant coach at Iowa, the Hawkeye's went 135-92, received three NCAA Tournament invitations, three NIT appearances and won a pair of Big Ten tournament titles, the first of which came on four wins in four games making Iowa the first team in the Big Ten to accomplish such a feat. In 2005-06, Iowa earned a 25-9 record, the second-most wins in school history, the first undefeated (17-0) home record in the school's history and a No. 3 seed in the NCAA Tournament. Iowa earned seven All-Big Ten selections, 17 Academic All-Big Ten selections and four Academic All-Americans. Lansing coached four of the last five Big Ten rebounding champions, three straight conference leaders in blocked shots and, the league's 2005-06 defensive player of the year. Three of his student-athletes reached the NBA and two from the 2005-06 team were invited to NBA camps.

In Lansing's final two seasons of his first stint at Indiana State, the Sycamores posted back-to-back winning campaigns for the first time since 1979 and 1980. When the Sycamores posted a 16-11 record in 1998 it marked the first winning season for Indiana State since 1980. Indiana State advanced to the NCAA Tournament in both 2000 and 2001.

Prior to joining the staff at Indiana State, Lansing was the head basketball coach at Roosevelt High School in Des Moines, Iowa. Roosevelt had not had a winning season in 12 years before Lansing's initial season. The Roughriders went on to have back-to-back winning seasons under Greg's direction.

Lansing earned a Bachelor of Science degree from the University of South Dakota in 1990 and a master's degree in counseling from USD in 1992. As a member of the Coyote basketball team Lansing helped South Dakota reach the NCAA Division II Tournament during his junior and senior seasons, the first NCAA invitation for USD since 1954. He was twice named the South Dakota Defensive Player of the Year. Greg is currently ranked among the leaders in career assists at USD. Following his playing career, Lansing served as a graduate assistant coach at South Dakota for two seasons. In 1992-93 he was a full-time assistant.

Greg's father, Dave Lansing, coached high school basketball for 33 years in Iowa. Dave Lansing was inducted into the Iowa High School Athletic Association Coaches Hall of Fame during the 1999 Iowa boys state basketball tournament. Lansing's dad, his mother, Diane, his sister, Angela, and his nephew, Jordan, live in West Des Moines. His brother, Steve, is the head basketball coach at Faribault High School (Minn.), where he was named Regional Coach of the Year in 2004. Lansing is married to the former Angie Menser, who is an Indiana State graduate and a former track and cross country academic All-American for the Sycamores. She currently serves as ISU's senior woman administrator and athletics business manager.