





THE COACHES

ROGER WAIALAE, HEAD COACH

<u>YEAR</u>	<u>SCHOOL</u>	<u>ALL</u>	<u>WVIAC</u>
2005	West Liberty	6-5	4-4
2006	West Liberty	7-4	4-3
2007	West Liberty	8-3	5-2
2008	West Liberty	7-4	6-2
2009	West Liberty	11-2	8-0
2010	West Liberty	7-3	6-2
Totals		46-21	33-13



ROGER WAIALAE, HEAD COACH

7th Season
University of Dubuque (1989)
Record Here: 46-21 (.687)
Career Record: 46-21 (.687)

Heading into his seventh year as head coach at West Liberty, Roger Waialae has put the Hilltopper football program on the national map. While a late-season loss to eventual Region One champion and NCAA Division II national semifinalist Shepherd kept Waialae's 2010 squad from claiming its second straight West Virginia Conference title and NCAA Division II playoff berth, the Hilltoppers bounced back with wins in their last three games to finish at 7-3. It was the sixth winning season in as many years for Waialae – the longest run at the school since World War II – and marked the fifth straight season West Liberty has finished first or second in the final WVIAC standings.



A high-powered offense has been the key to Waialae's success. The Hilltoppers made history in 2010 when they became the first NCAA Division II team ever to lead the nation in scoring and total offense in back-to-back seasons and have ranked at or near the top of the national statistical charts every year. Waialae's career record of 46-21 (.687) leads all active WVIAC coaches in winning percentage while his 33-13 (.717) record in WVIAC games is the league's best over the past six seasons.

The 2009 Hilltoppers won a school-record 11 games, picked up their first WVIAC title since 2000 and advanced to the quarterfinals of the NCAA Division II playoffs. West Liberty cracked the AFCA Top 25 for the first time in school history, finishing the year at No. 9 in the national poll.

mark in WVIAC play – before Waialae picked up the head coaching reins. The Hilltoppers responded to their new coach with a 6-5 season in 2005 and haven't looked back since.

The team's rising fortunes during the Waialae Era have been matched at the individual level. Ben Staggs won the 2009 Gene Upshaw Award as the nation's top NCAA Division II lineman while quarterback Zach Amedro became the leading passer in NCAA Division II history and was runner-up for the Harlon Hill Trophy as the national Player of the Year in 2009 and 2010. Waialae's Hilltoppers have produced 15 NCAA Division II All-Americans and 42 first-team All-WVIAC selections.

A native of Hawaii, Waialae is one of only two Pacific Islanders working as a collegiate head football coach. A standout quarterback at the University of Dubuque (Iowa), he passed for more than 4,600 yards and shattered 20 school records and was named to the 1988 Pizza Hut Small College All-America Team. Also a two-time MVP with the Dubuque golf team, Waialae was inducted into the Dubuque Hall of Fame in 2008.

Waialae spent one year at Dubuque as offensive coordinator before heading overseas for a year as quarterback and offensive coordinator with the Munich Rangers of the German-American Football League. He served two seasons as offensive coordinator at Bethany (W.Va.) College before coming to West Liberty as an assistant coach in 1992.

Waialae was named West Liberty's 12th head football coach prior to the 2005 season. Roger and his wife, Karen, are the parents of three children – Ryan (26), Laura (19) and Kayla (18).

GARY KROL (7TH YEAR)

Offensive Coordinator/Recruiting Coordinator
University of Dayton (1989)



Gary Krol enters his seventh season as offensive coordinator and recruiting coordinator for one of the most explosive offenses in West Virginia Conference history. West Liberty became the only NCAA Division II team ever to lead the nation in scoring and total offense in back-to-back seasons last fall, averaging 46.0 points and 543.8 yards per game. The 2009 Hilltoppers were the first WVIAC school to top the 7,000-yard mark in total offense, averaging 47.3 points and 542.3 yards per game in rolling to an 11-2 record and a berth in the NCAA Division II national quarterfinals.

Krol has developed numerous All-Conference, All-Region and All-America offensive performers at West Liberty. The storybook 2009 season was the high-water mark with seven of the Hilltoppers' 11 offensive starters earning first-team All-WVIAC honors, five attaining All-Region status and four being named NCAA Division II All-Americans. They nearly matched that in 2010 with six first-team All-WVIAC selections, five All-Region picks and three All-Americans.

The West Liberty offense has maintained a constant assault on the school, WVIAC and NCAA record books. Zach Amedro – a two-time Harlon Hill Trophy runner-up – completed more passes (1,079) for more yards (14,733) than any quarterback in NCAA Division II history during his four seasons (2007-10) under Krol while TE Ryan Travis, another 2010 graduate, was a two-time first-team All-American who led the nation in pass receptions (126) and receiving yards (1,402) as a senior.

TB Kevon Calhoun set school single-season and career scoring records with back-to-back 1,000-yard rushing seasons.

The West Liberty offense has been putting up big numbers since Krol's arrival. Derrick Stickles won a WVIAC rushing title in 2005 while Eddie Hills posted back-to-back 1,000-yard rushing seasons in 2006-07 before switching to wide receiver and leading the WVIAC in receiving during the 2008 season. Hills was one of three 1,000-yard receivers in 2009 and ended his career with more than 5,000 all-purpose yards. Jay Gullion (2006) and Amedro (2007, 2009, 2010) led the league in passing and total offense. Renard Stevens, a two-time first-team All-WVIAC receiver, signed with the New York Jets following his senior season in 2006. Almonzo Banks was the WVIAC's leading receiver in 2006 and 2007, earning NCAA Division II All-America honors in 2007. Kashif Walls set a WVIAC record with 21 TD catches in 2009.

Krol came to West Liberty in 2005 after two seasons as quarterback coach and passing game coordinator at Westminster (Pa.) College. Prior to that, Krol had been an assistant coach for six seasons at Millersville (Pa.), helping the Marauders to a pair of NCAA Division II playoff bids. Two of Krol's receivers at Millersville were signed to NFL contracts.

Krol played football and baseball at the University of Dayton and got his coaching start with the Flyers' football program following his graduation in 1985. He left Dayton for a four-year coaching stint at Western Connecticut State before moving on to Millersville.

A native of Martins Ferry, Ohio, Krol holds a bachelor's degree in Communications and Public Relations from the University of Dayton. He and his wife, Kasha, reside in Martins Ferry with their children, Garyn (9) and Turner (6).

JEFF MONTEROSO (7TH YEAR)

Defensive Coordinator /Deep Safeties
Occidental College (1985)



Jeff Monteroso is entering his seventh season as defensive coordinator for the Hilltoppers after helping West Liberty to its sixth consecutive winning season. Senior LB Clay Beeler capped a stellar career by being named WVIAC Defensive Player of the Year and earning All-WVIAC and All-Region honors for the third straight season. Beeler also received second-team NCAA Division II All-America honors from the D2football.com website and was a third-team All-America pick by the Football Gazette. DB Alec Wood was the WVIAC Defensive Freshman of the Year while senior LB Jayson Keyser was a second-team All-WVIAC pick. Defensive linemates Isaac Omaitis, Leonidas Redding, Matt Betz and Nick Ringwalt all earned honorable mention in voting by the league coaches.

The 2010 honorees are merely the latest entries on a lengthy list of Hilltopper defensive standouts to earn significant post-season laurels under Monteroso. Cornerback Derrick Evans was a first-team All-American in 2009 after leading the nation with 30 passes defended and tying for the national lead with 9 interceptions. LB Nick Harding capped his career in 2009 with his third consecutive first-team All-WVIAC honor. Darren Banks, a 2008 graduate, remains the only three-time first-team NCAA Division II All-American in WVIAC history.

Monteroso came to West Liberty following a two-year stint at Arizona Western College in Yuma, Ariz. Before heading west, Monteroso had coached for seven seasons at Marietta (Ohio) College. Monteroso served as the Pioneers' defensive coordinator for five years and was offensive coordinator in

the other two seasons. Outside of football, Monteroso also was head coach of Marietta's lacrosse and women's golf teams.

A 1985 graduate of Occidental (Calif.) College, Monteroso began his coaching career working with the running backs and wide receivers at Sul Ross State University in Alpine, Texas. He left Sul Ross to spend one season as quarterbacks coach at San Mateo (Calif.) State before accepting a position as wide receivers coach at East Tennessee State University. Monteroso left ETSU after three years to coach at his alma mater, spending two years as quarterbacks coach and two more as defensive backs coach at Occidental before accepting the Marietta job.

Jeff and his wife Cathy have two sons, Daniel (17) and Michael (15) and a daughter, Claire (3). He earned his master's degree from East Tennessee State University in 1991.



THE COACHES

BRAD FORSHEY (7TH YEAR)

Associate Head Coach/Director of Football Operations/Defensive Line
Marietta College (2003)



Associate head coach and Director of Football Operations Brad Forshey is heading into his seventh season guiding the defensive line for the West Liberty football program. In his previous six years, Forshey has seen 12 of his starting defensive linemen earn All-WVIAC honors with two of them garnering All-Region laurels. Defensive end Kevin Dixon earned an NCAA Division II National Player of the Week Award during the 2006 season en route to leading the conference with 13 quarterback sacks.

Four defensive linemen earned post-season recognition following the 2010 campaign. Defensive end Isaac Omais, nose guard Matt Betz and defensive tackles Leonidas Redding and Nick Ringwalt all received All-WVIAC honorable mention.

Forshey made the jump to the collegiate ranks after several seasons coaching the offensive and defensive lines at Williamstown (W.Va.) High School, a perennial small-school West Virginia football power.

Forshey is highly respected by his coaching peers. He authored an article on Defensive Line Play that was published in the January 2010 edition of American Football Monthly magazine and also contributed an article to the American Football Coaches Association's 2011 AFCA Technical Manual.

Forshey enjoyed an outstanding playing career at Marietta (Ohio) College. He was a three-year starter, a team captain and an All-Conference performer for the Pioneers. Forshey holds a Bachelor's degree in History from Marietta. He currently resides in West Liberty.



THE COACHES

DAN HOPKINS (5TH YEAR)

Offensive Line/Strength and Conditioning Coordinator
Millersville (Pa.) University (2002)



Dan Hopkins is heading into his fifth season as West Liberty's offensive line coach and strength and conditioning coordinator. Hopkins' offensive lines have been the driving force behind the prolific numbers produced by the Hilltopper attack throughout his tenure and have collected numerous individual honors.

A total of 13 offensive linemen received some form of post-season recognition during Hopkins' first four years at West Liberty. The most decorated lineman was offensive tackle Ben Staggs, a consensus NCAA Division II All-American who won the 2009 Gene Upshaw Award as the NCAA Division II Lineman of the Year and earned an invitation to the prestigious East-West Shrine Game. The 2010 team featured first-team All-Region selections Larry Wriedt at tackle and Nick Madia at center. Wriedt was a second-team NCAA Division II All-America honoree.

Hopkins came to West Liberty in 2007 after two seasons as the offensive line and strength coach at Mansfield (Pa.) University. He spent the 2004 season as offensive line coach at Tennessee-Martin and was an assistant on the defensive line at Temple in 2003. Hopkins broke into the collegiate coaching ranks at Millersville (Pa.) University, where he coached the offensive line, outside linebackers and served as strength and conditioning coach from 2001-03.

Hopkins spent the spring and summer of 2006 in Innsbruck, Austria as a coach with the Swarco Raiders of the European Professional Football League. The Raiders won the Austrian Bowl Championship. Hopkins also traveled to the U.S. Virgin Islands in the spring of 2010 to conduct a high school football clinic.

Hopkins split his collegiate playing career between Glenville State College and Bloomsburg (Pa.) University. He holds a bachelor's in Psychology and a master's in Sport Management from Millersville. He is also a certified strength and fitness trainer.



THE COACHES

CHUCK HAGGERTY (4TH YEAR)

Running Backs

College of Wooster (1987)



Chuck Haggerty enters his fourth season as running backs coach at West Liberty after producing record-setting tailbacks in each of his first three years.

The 2010 season saw Kevon Calhoun set school records for career scoring, career rushing touchdowns and career touchdowns despite missing two games due to injury. The two-time All-WVIAC and All-Region selection led the WVIAC in rushing (136.0 ypg.), touchdowns (18), rushing touchdowns (17), scoring (13.5 ppg.), and all-purpose yards (193.4 ypg.). His 13.5 ppg. scoring average led the nation. He ranked No. 3 nationally in all-purpose yards and No. 5 in rushing.

Calhoun set West Liberty's single-season records for rushing yards (1,529), touchdowns (26), rushing touchdowns (22) and points scored (156) during West Liberty's run to the NCAA Division II quarterfinals in 2009.

In Haggerty's initial season with the Hilltoppers in 2008, tailback Branden Ore rushed for 1,257 yards and 20 touchdowns after transferring from Virginia Tech.

Haggerty has spent nearly a quarter-century on the sidelines as a player and coach dating back to his high school days. Before making the jump to the collegiate coaching ranks, he spent 14 seasons as an assistant coach at Buckeye Local (Ohio) High School.

A 1987 graduate of the College of Wooster, Haggerty was a three-year starter and All-Conference honoree at defensive back for the Fighting Scots.

Haggerty resides in Rayland, Ohio with his wife, Debbie, and their daughters, Brianna and Cortni.



THE COACHES

CURTIS MCGHEE (2ND YEAR)

Cornerbacks

University of Pittsburgh (1998)



Curtis McGhee heads into his second season as cornerbacks coach at West Liberty after coming to the hilltop for the 2010 season.

McGhee enjoyed an outstanding college career as a four-year letterman for head coaches Johnny Majors and Walt Harris at the University of Pittsburgh from 1993-97. A hard-hitting safety, the two-year starter served as the Panthers' defensive captain during his senior season in 1997.

More than a decade after his collegiate career came to an end, McGhee's four-year total of 244 tackles still ranks among the top 25 all-time at Pitt.

McGhee is an Ohio Valley native, having been a multi-sport standout during his high school days at Wheeling Central Catholic High School.

He entered the high school coaching ranks immediately after graduating from Pitt and logged more than a decade working on football staffs at Bridgeport (Ohio) High School, Wheeling Central and Bellaire (Ohio) High School before making his college coaching debut at West Liberty last fall.

Curtis is engaged to Michelle Vapner and is the proud father of 10-year-old Curtis Casbell McGhee III and 4-year-old Mischa Shae-Marie McGhee.



THE COACHES

ANGEL ESTRADA (2ND YEAR)

Receivers

West Virginia University (2002)



Angel Estrada brought an impressive combination of NCAA Division I and professional football playing experience to the hilltop two years ago when he joined the West Liberty University program as the receivers coach.

Three members of Estrada's receiving corps earned All-WVIAC honors last year. Record-setting senior Ryan Travis set the pace, leading the nation in receptions (126) and receiving yards (1,402) to earn his second consecutive All-America honor. The 126 catches and 12.6 catch-per-game average each rank No. 2 in NCAA Division II history. Travis finished his career as the school record-holder in career receptions 285, receiving yards 3,328 and TD catches (34).

The Hilltopper coach made his mark on the defensive side of the ball as a player, recording more than 200 tackles and three interceptions during his two years as a starting safety at West Virginia University. A two-time Big East Defensive Player of the Week during his senior season in 2002, Estrada went on to earn second-team All-Big East laurels that year. A New York City native, Estrada signed with WVU after being named a junior-college All-American at Nassau (N.Y.) Community College.

After graduating from WVU, Estrada signed with the Ohio Valley Greyhounds of the National Indoor Football League and was a first-team NIFL All-Star with a league-best 14 interceptions. Estrada was honored as the

Atlantic Conference Defensive Player of the Year Award and was selected as the Greyhounds' 2004 Rookie of the Year.

Estrada moved up to the Arena Football League in 2005 and spent the next four years playing in the AFL with the Nashville Kats, New York Dragons and Grand Rapids Rampage. Estrada turned to coaching when the AFL shut down for the 2009 season. He served as an assistant coach at Brooke (W.Va.) High School and was a graduate assistant at Fairmont State University before coming to West Liberty.

Angel lives with his wife, Carrie. They are the proud parents of a daughter named Ava Maria.



THE COACHES

MARK SPIGARELLI (2ND YEAR)

Outside Safeties

Ohio University (1993)



Mark Spigarelli returns for his second season as outside safeties coach in the Hilltoppers' defensive scheme. Senior safety Jayson Keyser, a Bellaire (Ohio) native who was coached by Spigarelli in high school, was an All-WVIAC selection in 2010.

Spigarelli was a multi-sport standout during his playing days at Bellaire High School during the late 1980s. He earned his bachelor's degree from Ohio University in 1993 and went on to earn a master's degree in Administration from OU in 1996.

Spigarelli was hired as an assistant football coach at Bellaire in 1997 and spent the next 12 seasons on the sidelines at his alma mater. The versatile assistant coached the Big Reds' outside linebackers, inside linebackers, defensive backs, running backs and wide receivers at various points during his tenure. He was Bellaire's defensive coordinator during his final two seasons.

The Big Reds were one of the most successful high school football programs in the Ohio Valley for much of Spigarelli's coaching tenure. Bellaire qualified for the Ohio Division IV playoffs six times, winning four Regional titles and posting back-to-back unbeaten seasons in 2005 and 2006.

In addition to his football duties at Bellaire, Spigarelli served as an assistant boys' basketball coach from 1995-2001 and was head baseball coach in 2002 and 2003, leading the Big Reds to the Regional finals in 2003.

Spigarelli is a resident of Bellaire.



THE COACHES

ALBERT 'ABU' MA'AFALA (1ST YEAR)

Special Teams Coordinator/Linebackers
University of California-Berkeley (2007)



Albert "Abu" Ma'afala (pronounced MAH-ah-FAH-la) makes his full-time coaching debut with the Hilltoppers this season but the nephew of former NFL running back Chris Fuamatu-Ma'afala is no stranger to the college football sidelines.

Ma'afala's path to the hilltop began in his native Hawaii, where he was a first-team all-state and all-conference defensive lineman at Kamehameha High School in Honolulu.

He signed with the University of Hawaii and had an immediate impact with the Rainbow Warriors. In his collegiate debut against Eastern Illinois, he intercepted a pass by future Dallas Cowboys QB Tony Romo and returned it 32 yards for a touchdown. Ma'afala went on to play in 19 games over two seasons at Hawaii before transferring to the University of California at Berkeley.

After sitting out his transfer year, he quickly established himself as a mainstay on the Golden Bears' defensive front. A part-time starter who played in every game as a junior, Ma'afala became a full-time starter as a senior and earned the team's Most Improved Defensive Lineman Award. Following the season, he was selected to play for the West Team in the Hula Bowl.

West Liberty's newest assistant was a graduate assistant with the University of Louisville from 2008-10, working on the defensive side of the ball for Cardinal head coaches Steve Kragthorpe and Charlie Strong.

Ma'afala is a 2007 graduate of the University of California with a degree in American Studies and earned his master's degree in Exercise Physiology from Louisville in 2010. He and his wife, Marleina, have a son Levi (7) and daughter Lanei (4).

THE COACHES