



BLACK & GOLD INVITE

MARCH 18-19, 2022

FINAL SCHEDULE

Friday March 18th

Field Events:

11:00am Women's Pole Vault
11:00am Women's Discus; Men to Follow
1:00pm Women's Long Jump
1:30pm Men's Pole Vault
3:30pm Women's Javelin
4:00pm Women's High Jump
4:00pm Men's Long Jump
5:00pm Women's Shot Put; Men to Follow
6:00pm Men's High Jump

Running Events:

5:30pm Women's 400m Hurdles
5:45pm Men's 400m Hurdles
6:00pm Women's 200m
6:40pm Men's 200m
7:10pm Women's 1500m
7:40pm Men's 1500m
8:10pm Women's 2000m Steeplechase
8:20pm Men's 2000m Steeplechase
8:30pm Women's 5000m
9:10pm Men's 5000m

Saturday March 19th

Field Events:

10:00am Women's Hammer; Men to Follow
10:00am Men's Javelin
12:00pm Women's Triple Jump; Men to Follow

Running Events:

12:00pm Women's 4x100m Relay
12:10pm Men's 4x100m Relay
12:20pm Women's 800m
12:35pm Men's 800m
12:50pm Women's 100m Hurdles
1:10pm Men's 110m Hurdles
1:25pm Women's 400m
1:45pm Men's 400m
2:10pm Women's 100m
2:30pm Men's 100m
2:50pm Women's 3000m
3:05pm Men's 3000m
3:15pm Women's 4x400m Relay
3:35pm Men's 4x400m Relay