2021 49er Classic Irwin Belk Track & Field Center

FINAL SCHEDULE

Friday, March 19th, 2021

Saturday, March 20th, 2021

Field Events				<u>Field</u>	<u>Events</u>		
2:00 p	.m.	Heptathlon 100H	Women		10:00 a.m.	Heptathlon LJ	Women
2:30 p	.m.	Decathlon 100m	Men		11:00 a.m.	Shot Put	Men
3:00 p	.m.	Hammer	Women		11:00 a.m.	Long Jump	Women
3:30 p	.m.	Javelin	Men		Noon	High Jump	Women
4:45 p	.m.	Javelin	Women		12:30 p.m.	Shot Put	Women
5:15 p		Hammer	Men		12:45 p.m.	Long Jump	Men
_					1:00 p.m.	Pole Vault	Women
					1:30 p.m.	Discus	Men
					1:45 p.m.	High Jump	Men
					2:30 p.m.	Triple Jump	Women
					3:30 p.m.	Discus	Women
					3:30 p.m.	Pole Vault	Men
					3:45 p.m.	Triple Jump	Men
				Runn	ing Events		
					9:00 a.m.	Decathlon 110H	Men
					Noon	Heptathlon 800m	Women
					12:10 p.m.	4x100m Relay	Men
					12:15 p.m.	4x100m Relay	Women
					12:25 p.m.	1500m Run	Men
					12:40 p.m.	1500m Run	Women
					1:15 p.m.	110m Hurdles	Men
					1:30 p.m.	100m Hurdles	Women
					1:45 p.m.	Decathlon 1500m	Men
					1:55 p.m.	400m Dash	Men
					2:05 p.m.	400m Dash	Women
					2:30 p.m.	100m Dash	Men
					2:35 p.m.	100m Dash	Women
					2:45 p.m.	800m Run	Men
Opening heights	1 40 ((4'7) 5cm to 1.70m then 3cm (9'0.25) 2.80 then 15cm to 4.00	Om then 10cm		3:00 p.m.	800m Run	Women
Women's HJ Women's PV					3:20 p.m.	400m Hurdles	Men
Men's HJ	1.80m (5'10.75) 5cm to 2.10m then 3cm 3.75m (12'3.75) 15 cm to 5.10m then 10cm				3:35 p.m.	400m Hurdles	Women
Men's PV					3:45 p.m.	200m Dash	Men
Weigh In					3:55 p.m.	200m Dash	Women
By 1 hour prior to start of each respective throwing event at					4:15 p.m.	5000m Run	Men
the equipment room at the north end of the mid-level stands (Note: Weigh hammers before exiting stadium for cage to warm up).					4:35 p.m.	5000m Run	Women
					5:00 p.m.	4x400m Relay	Men
					5:10 p.m.	4x400m Relay	Women