

2016 Rainbow Relays – Women's Dual Meet with San Jose State University

Friday, April 8, 2016

■ Running Events

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| 6:15 | 1500m run |
| 6:30 pm | 10,000m run |

Saturday, April 9, 2016

■ Field Events

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| 8:00 AM | Pole Vault, Triple Jump |
| 9:00 AM | Hammer Throw |
| 9:45 AM | Discus Throw, High Jump |
| 10:15 AM | Javelin Throw |
| 11:00 AM | Shot Put, Long Jump |

■ Running Events

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| 8:00 AM | 5000M Run |
| 8:30 AM | 3000M Steeplechase |
| 9:00 AM | 100m Hurdles |
| 9:30 AM | 4 x 100m Relay |
| 10:00 AM | 400m Dash |
| 10:15 AM | 100m Dash |
| 10:30 AM | 800m Run |
| 10:45 AM | 400m Hurdles |
| 11:00 AM | 200m Dash |
| 11:30 AM | 4 x 400m Relay |