

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

Women 55 Meter Dash

Name	Year	School	Seed	Prelims	H#		
Preliminaries							
1	Kate	Gallagher	SO	St. Benedict	7.38	7.38Q	3
2	Tiana	Johnson	SO	St. Benedict	7.46	7.39Q	2
3	Sarah	Stellmach	FR	Bethel	7.31	7.41Q	1
4	Jailyn	Robinson	SO	Hamline	7.37	7.42q	2
5	Kate	Carlson	FR	Gustavus	7.55	7.44q	2
6	Madi	Genz	FR	St. Catherine	7.52	7.47q	1
7	Jireh	Babalola	SO	Bethel	7.38	7.48q	3
8	Dacoda	Speidel	SR	St. Benedict	7.49	7.51q	1
9	Sydney	Klausler	SR	Saint Marys	7.64	7.59	3
10	Brianna	Parsons	FR	Augsburg	7.62	7.63	3
11	Daya	Davidson	JR	St. Scholastica	7.64	7.65	2
12	Carlie	Heinecke	JR	Concordia	7.66	7.67	1
13	Essence	Boe	SO	Hamline	7.71	7.72	1
14	Ellie	Logelin	FR	Hamline	7.74	7.77	3
15	Grace	Zdechlik	SR	St. Benedict	7.74	7.79	2
16	Riley	Roberts	FR	Carleton	7.79	7.83	2
17	Mary	Wunderlich	FR	Concordia	7.84	7.84	1
18	Clare	Collins	JR	St. Olaf	7.78	7.85	3
19	Hailey	Johnson	JR	St. Benedict	8.00	7.93	3 7.927
20	Penny	Hunter	SO	Macalester	7.88	7.93	2 7.929
21	Olivia	Thomley	SO	Gustavus	7.87	7.95	1
22	Katie	Petersen	FR	Gustavus	8.12	8.09	2
23	Mya	Bishop	SO	Augsburg	8.08	8.13	3
24	Liliana	Olson	SO	Hamline	8.12	8.15	1

Women 55 Meter Dash

Name	Year	School	Prelims	Finals	Points		
Finals							
1	Jailyn	Robinson	SO	Hamline	7.42	7.34	10
2	Kate	Gallagher	SO	St. Benedict	7.38	7.37	8
3	Sarah	Stellmach	FR	Bethel	7.41	7.39	6
4	Jireh	Babalola	SO	Bethel	7.48	7.40	5 7.393
5	Tiana	Johnson	SO	St. Benedict	7.39	7.40	4 7.398
6	Kate	Carlson	FR	Gustavus	7.44	7.45	3
7	Dacoda	Speidel	SR	St. Benedict	7.51	7.55	2
8	Madi	Genz	FR	St. Catherine	7.47	7.58	1

Women 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points	
1	Birgen	Nelson	SO	Gustavus	25.94	25.77	6 10
2	Megan	Geraets	FR	Gustavus	26.06	25.79	6 8
3	Sarah	Stellmach	FR	Bethel	26.81	26.23	5 6
4	Tiana	Johnson	SO	St. Benedict	26.14	26.25	6 5
5	Hannah	Sankey	SR	Bethel	26.92	26.60	5 4
6	Karla	Kroschel	SO	St. Olaf	27.08	26.78	4 3
7	Jireh	Babalola	SO	Bethel	27.82	26.88	3 2
8	Dacoda	Speidel	SR	St. Benedict	26.75	26.98	5 1

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 200 Meter Dash

9	Daya Davidson	JR St. Scholastica	27.52	27.15	4
10	Sydney Klausler	SR Saint Marys	27.29	27.24	4
11	Kate Gallagher	SO St. Benedict	28.11	27.31	1
12	Mary Wunderlich	FR Concordia	27.71	27.52	3
13	Ellie Logelin	FR Hamline	27.96	27.66	2
14	Mirjana Ganley	SO St. Benedict	28.05	27.90	2
15	Riley Roberts	FR Carleton	28.31	27.97	1
16	Makenna Brown	SO Bethel	28.08	28.07	1
17	Carlie Heinecke	JR Concordia	27.83	28.08	3
18	Hailey Johnson	JR St. Benedict	28.35	28.32	6
19	Abbie Swenson	FR Bethel	28.62	28.40	4
20	Penny Hunter	SO Macalester	28.40	28.48	5

Women 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Hannah Sankey	SR Bethel	59.13	58.79	3	10
27.757 (27.757)	58.781 (31.025)				
2 Megan Geraets	FR Gustavus	59.26	58.95	3	8
27.814 (27.814)	58.948 (31.134)				
3 Mikayla Turek	SO Bethel	1:00.07	1:00.47	3	6 1:00.461
28.014 (28.014)	1:00.461 (32.447)				
4 Britta Nordberg	SO Bethel	1:00.35	1:00.47	2	5 1:00.468
28.222 (28.222)	1:00.468 (32.246)				
5 Jocelyn Ferguson	FR Carleton	1:00.29	1:00.79	3	4
28.024 (28.024)	1:00.783 (32.759)				
6 Lucy Hoelscher	SO Hamline	1:01.62	1:01.43	2	3
29.013 (29.013)	1:01.426 (32.413)				
7 Caroline Gearin	SO Saint Marys	1:01.40	1:01.65	2	2
28.769 (28.769)	1:01.642 (32.873)				
8 Adisa Preston	FR Macalester	1:02.43	1:02.25	1	1
29.553 (29.553)	1:02.243 (32.690)				
9 Makenna Brown	SO Bethel	1:02.49	1:03.10	1	
29.019 (29.019)	1:03.092 (34.074)				
10 Laura Mitch	SR St. Benedict	1:03.45	1:03.59	3	
30.147 (30.147)	1:03.585 (33.438)				
11 Hailey Gregg	FR Bethel	1:03.98	1:03.86	3	
29.825 (29.825)	1:03.857 (34.033)				
12 Mirjana Ganley	SO St. Benedict	1:04.21	1:04.02	2	
29.213 (29.213)	1:04.013 (34.800)				
13 Audrey Parrott	FR Carleton	1:04.67	1:04.36	1	
31.310 (31.310)	1:04.351 (33.042)				
14 Abbie Swenson	FR Bethel	1:04.54	1:04.90	2	
29.218 (29.218)	1:04.895 (35.678)				
15 Thea Traw	FR Carleton	1:05.37	1:05.90	1	
30.450 (30.450)	1:05.892 (35.442)				
-- Ellie Sholing	SO St. Scholastica	1:01.48	DQ	2	lane violation
28.678 (28.678)	1:00.591 (31.913)				

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

Women 600 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Elizabeth Donnelly 29.749 (29.749)	JR Gustavus 1:02.020 (32.271)	1:34.52 1:34.713 (32.693)	1:34.72	3	10
2 Annessa Ihde 30.260 (30.260)	FR Bethel 1:03.272 (33.012)	1:41.25 1:38.839 (35.567)	1:38.84	3	8
3 Jocelyn Ferguson 29.925 (29.925)	FR Carleton 1:03.016 (33.091)	1:38.68 1:39.120 (36.104)	1:39.12	3	6
4 Mikayla Turek 29.985 (29.985)	SO Bethel 1:03.065 (33.080)	1:40.74 1:39.387 (36.322)	1:39.39	3	5
5 Drew Frolek 30.991 (30.991)	FR Concordia 1:04.834 (33.843)	1:41.42 1:40.628 (35.794)	1:40.63	3	4 1:40.628
6 Ellie Sholing 1:40.629 (1:40.629)	SO St. Scholastica 1:43.22	1:40.63	1:40.63	2	3 1:40.629
7 Amy Kropp 1:40.884 (1:40.884)	JR Carleton	1:42.36	1:40.89	2	2
8 Lucy Hoelscher 30.528 (30.528)	SO Hamline 1:03.981 (33.453)	1:41.17 1:41.201 (37.220)	1:41.21	3	1
9 Kalli Smith 1:42.680 (1:42.680)	FR St. Benedict	1:42.66	1:42.68	2	
10 Ruby Gernandt 32.412 (32.412)	FR Bethel 1:06.983 (34.571)	1:44.81 1:42.923 (35.940)	1:42.93	1	
11 Evie Hage 1:43.027 (1:43.027)	FR Bethel	1:44.44	1:43.03	2	
12 Alice Cutter 32.023 (32.023)	FR Carleton 1:06.538 (34.515)	1:45.25 1:43.130 (36.592)	1:43.13	1	
13 Sidela Nyuga 1:43.395 (1:43.395)	FR St. Benedict	1:44.35	1:43.40	2	
14 Malakai Holloway 32.092 (32.092)	JR Bethel 1:06.745 (34.653)	1:44.59 1:43.415 (36.670)	1:43.42	1	
15 Eden Smith 1:44.448 (1:44.448)	FR Concordia	1:43.26	1:44.45	2	
16 Anna Swanson 1:07.974 (1:07.974)	JR Saint Marys 1:44.503 (36.529)	1:44.75	1:44.51	1	
17 Riley Mauzer 32.744 (32.744)	JR St. Olaf 1:08.301 (35.557)	1:44.78 1:44.774 (36.473)	1:44.78	1	
18 Thea Traw 31.887 (31.887)	FR Carleton 32.729 (0.842)	1:46.11 1:46.967 (1:14.238)	1:46.97	1	

Women 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Alexandra Maddux 32.011 (32.011)	JR Hamline 1:06.276 (34.265)	2:18.31 1:40.851 (34.575)	2:14.07	3	10 2:14.067 (33.216)
2 Elizabeth Donnelly 32.239 (32.239)	JR Gustavus 1:06.451 (34.213)	2:11.97 1:40.735 (34.284)	2:14.13	3	8 2:14.129 (33.394)
3 Katherine Geist 32.221 (32.221)	FR Carleton 1:06.508 (34.288)	2:15.89 1:40.974 (34.466)	2:14.72	3	6 2:14.715 (33.741)
4 Annessa Ihde 32.833 (32.833)	FR Bethel 1:07.093 (34.260)	2:18.86 1:41.829 (34.736)	2:17.52	3	5 2:17.512 (35.683)
5 Lara Erickson 33.238 (33.238)	FR Carleton 1:07.701 (34.464)	2:22.14 1:44.720 (37.019)	2:21.73	3	4 2:21.727 (37.008)

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 800 Meter Run

6	Ali Seaton	SO St. Olaf	2:21.59	2:21.95	3	3
	33.594 (33.594)	1:08.848 (35.254)	1:45.530 (36.683)	2:21.943 (36.413)		
7	Alice Cutter	FR Carleton	2:26.20	2:24.80	2	2
	34.111 (34.111)	1:11.788 (37.677)	1:49.703 (37.915)	2:24.793 (35.090)		
8	Malakai Holloway	JR Bethel	2:25.44	2:25.01	2	1
	33.826 (33.826)	1:11.893 (38.067)	1:50.058 (38.166)	2:25.006 (34.948)		
9	Drew Frolek	FR Concordia	2:23.06	2:25.48	3	
	32.673 (32.673)	1:08.535 (35.863)	1:47.162 (38.627)	2:25.474 (38.312)		
10	Emily Brockberg	SO Bethel	2:27.41	2:28.95	2	
	34.348 (34.348)	1:12.270 (37.923)	1:50.679 (38.409)	2:28.948 (38.269)		
11	Kate Ulrich	FR Carleton	2:26.99	2:29.29	2	
	34.196 (34.196)	1:12.547 (38.351)	1:51.615 (39.069)	2:29.285 (37.670)		
12	Kalli Smith	FR St. Benedict	2:24.38	2:29.43	2	
	34.355 (34.355)	1:11.862 (37.507)	1:50.461 (38.599)	2:29.429 (38.968)		
13	Sophie Abernethy	FR St. Olaf	2:27.23	2:29.82	2	
	33.933 (33.933)	1:12.080 (38.147)	1:51.012 (38.932)	2:29.819 (38.808)		
14	Nora Doyle	SR St. Benedict	2:29.58	2:30.43	2	
	33.756 (33.756)	1:12.264 (38.509)	1:52.000 (39.736)	2:30.426 (38.426)		
15	Lucy Jagoe	FR St. Benedict	2:33.74	2:31.55	1	
	33.798 (33.798)	1:10.700 (36.902)	1:51.529 (40.829)	2:31.548 (40.019)		
16	Jules Fromm	FR St. Olaf	2:32.66	2:32.57	1	
	34.565 (34.565)	1:11.534 (36.969)	1:51.726 (40.193)	2:32.562 (40.836)		
17	Maranda Thier	FR St. Benedict	2:36.29	2:33.51	1	
	34.925 (34.925)	1:13.360 (38.436)	1:53.831 (40.471)	2:33.504 (39.673)		
18	Esther Nelson	FR Bethel	2:34.76	2:34.47	1	
	34.324 (34.324)	1:11.869 (37.545)	1:52.722 (40.854)	2:34.466 (41.744)		
19	Kaye Rysdahl	FR Bethel	2:35.73	2:34.93	1	
	34.994 (34.994)	1:12.307 (37.313)	1:53.122 (40.815)	2:34.925 (41.804)		
20	Natalie Lieser	FR St. Benedict	2:35.33	2:35.62	1	
	35.108 (35.108)	1:12.615 (37.507)	1:53.689 (41.074)	2:35.620 (41.931)		
21	Alex Cook	SO St. Benedict	2:31.50	2:36.68	1	
	34.851 (34.851)	1:13.610 (38.760)	1:55.689 (42.079)	2:36.676 (40.988)		

Women 1000 Meter Run

=====						
Name	Year	School	Seed	Finals	H#	Points
=====						
1	Katherine Geist	FR Carleton	2:59.94	2:55.97	3	10
	32.995 (32.995)	1:07.352 (34.357)	1:43.826 (36.474)	2:20.659 (36.833)		
	2:55.969 (35.310)					
2	Alexandra Maddux	JR Hamline	3:00.06	2:59.77	3	8
	33.751 (33.751)	1:09.156 (35.405)	1:46.119 (36.963)	2:23.550 (37.431)		
	2:59.763 (36.213)					
3	Maria Blaesing	SO Macalester	3:02.90	3:01.14	3	6
	33.447 (33.447)	1:08.427 (34.980)	1:45.182 (36.755)	2:23.061 (37.879)		
	3:01.139 (38.078)					
4	Ellen Mickelson	SR St. Olaf	3:00.14	3:02.60	3	5
	34.416 (34.416)	1:11.210 (36.794)	1:48.652 (37.442)	2:26.622 (37.970)		
	3:02.591 (35.969)					
5	Christine Albrecht	JR St. Olaf	3:04.06	3:03.18	3	4
	34.489 (34.489)	1:11.412 (36.923)	1:48.908 (37.496)	2:26.264 (37.356)		
	3:03.178 (36.914)					

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 1000 Meter Run

6	Katie Gebert	SO St. Olaf	3:07.78	3:04.26	2	3
	35.040 (35.040)	1:10.899 (35.859)	1:47.623 (36.724)	2:25.528 (37.905)		
	3:04.258 (38.730)					
7	Mary Blanchard	FR Carleton	3:05.98	3:05.98	3	2
	36.462 (36.462)	1:13.615 (37.153)	1:51.634 (38.019)	2:29.003 (37.369)		
	3:05.980 (36.977)					
8	Isabel Fredrickson	SR Concordia	3:08.13	3:06.95	2	1
	35.071 (35.071)	1:11.107 (36.036)	1:47.866 (36.759)	2:27.313 (39.447)		
	3:06.944 (39.631)					
9	Lara Erickson	FR Carleton	3:06.19	3:08.33	3	
	34.875 (34.875)	1:11.555 (36.680)	1:49.580 (38.025)	2:29.246 (39.666)		
	3:08.322 (39.076)					
10	Grace Cole	JR Bethel	3:13.81	3:08.64	2	
	35.107 (35.107)	1:10.750 (35.643)	1:48.272 (37.522)	2:28.914 (40.642)		
	3:08.639 (39.725)					
11	Lena Stern	SR Macalester	3:13.50	3:08.91	2	
	35.610 (35.610)	1:12.674 (37.064)	1:51.090 (38.416)	2:30.910 (39.820)		
	3:08.906 (37.996)					
12	Sophie Abernethy	FR St. Olaf	3:09.28	3:08.93	2	
	35.652 (35.652)	1:13.115 (37.463)	1:51.839 (38.724)	2:31.245 (39.406)		
	3:08.922 (37.677)					
13	Bella Call	SO St. Olaf	3:08.75	3:10.18	2	
	35.236 (35.236)	1:11.826 (36.590)	1:50.514 (38.688)	2:31.175 (40.661)		
	3:10.175 (39.000)					
14	Kate Ulrich	FR Carleton	3:11.51	3:10.97	2	
	35.366 (35.366)	1:12.334 (36.968)	1:50.391 (38.057)	2:31.486 (41.095)		
	3:10.970 (39.484)					
15	Lilianne Tapper	JR St. Scholastica	3:18.02	3:13.84	1	
	36.879 (36.879)	1:16.099 (39.220)	1:57.379 (41.280)	2:37.464 (40.085)		
	3:13.839 (36.375)					
16	Nell Schafer	SO Carleton	3:20.47	3:13.88	1	
	36.377 (36.377)	1:15.633 (39.256)	1:56.473 (40.840)	2:35.499 (39.026)		
	3:13.875 (38.376)					
17	Nora Doyle	SR St. Benedict	3:14.52	3:14.69	2	
	35.407 (35.407)	1:13.022 (37.615)	1:51.795 (38.773)	2:33.032 (41.237)		
	3:14.681 (41.649)					
18	Ella Krumm	FR Macalester	3:17.14	3:17.66	1	
	36.489 (36.489)	1:15.968 (39.479)	1:56.862 (40.894)	2:36.685 (39.823)		
	3:17.656 (40.971)					
19	Jules Fromm	FR St. Olaf	3:20.90	3:20.92	1	
	36.275 (36.275)	1:15.549 (39.274)	1:57.094 (41.545)	2:39.120 (42.026)		
	3:20.919 (41.799)					
20	Natalie Lieser	FR St. Benedict	3:21.60	3:21.09	1	
	36.557 (36.557)	1:15.847 (39.290)	1:57.274 (41.427)	2:39.767 (42.493)		
	3:21.087 (41.320)					
21	Alex Cook	SO St. Benedict	3:26.02	3:26.00	1	
	40.628 (40.628)	1:21.448 (40.820)	2:03.698 (42.250)	2:45.834 (42.136)		
	3:25.998 (40.164)					
22	Maggie Morgan	SO Macalester	3:28.79	3:28.89	1	
	40.407 (40.407)	1:21.113 (40.706)	2:03.942 (42.829)	2:46.815 (42.873)		
	3:28.886 (42.071)					

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

Women 1 Mile Run

Name	Year School	Seed	Finals	H#	Points
1 Clara Mayfield	SO Carleton	4:53.68	4:52.70	3	10
35.577 (35.577)	1:10.270 (34.693)	1:46.077 (35.808)	2:22.465 (36.388)		
2:59.237 (36.772)	3:36.362 (37.125)	4:14.745 (38.383)	4:52.696 (37.952)		
2 Ellen Mickelson	SR St. Olaf	4:59.76	5:02.85	3	8
37.535 (37.535)	1:13.486 (35.952)	1:50.511 (37.025)	2:28.172 (37.662)		
3:06.671 (38.499)	3:45.878 (39.207)	4:24.821 (38.944)	5:02.846 (38.025)		
3 Maria Blaesing	SO Macalester	5:05.91	5:03.46	3	6
38.070 (38.070)	1:13.942 (35.872)	1:50.902 (36.960)	2:28.731 (37.829)		
3:07.116 (38.385)	3:46.242 (39.126)	4:25.235 (38.994)	5:03.452 (38.217)		
4 Katie Gebert	SO St. Olaf	5:14.59	5:12.14	3	5
39.114 (39.114)	1:17.239 (38.125)	1:57.089 (39.851)	2:36.974 (39.885)		
3:14.947 (37.973)	3:53.348 (38.402)	4:33.075 (39.727)	5:12.140 (39.065)		
5 Mary Blanchard	FR Carleton	5:16.34	5:12.78	3	4
39.634 (39.634)	1:17.357 (37.723)	1:18.363 (1.006)	1:58.487 (40.124)		
2:38.477 (39.990)	3:18.088 (39.612)	3:57.208 (39.120)	5:12.773 (1:15.566)		
6 Isabel Fredrickson	SR Concordia	5:23.39	5:14.19	3	3
39.245 (39.245)	1:17.276 (38.031)	1:17.528 (0.252)	1:57.194 (39.667)		
2:37.370 (40.176)	3:55.879 (1:18.509)	4:35.197 (39.319)	5:14.189 (38.992)		
7 Helen Cross	FR Carleton	5:16.72	5:14.41	3	2
38.798 (38.798)	1:17.139 (38.341)	1:17.178 (0.039)	1:56.856 (39.679)		
2:37.022 (40.166)	3:16.119 (39.098)	4:35.393 (1:19.274)	5:14.405 (39.012)		
8 Sophie Call	SO St. Olaf	5:17.31	5:17.31	3	1
39.008 (39.008)	1:17.241 (38.233)	1:57.039 (39.799)	2:37.326 (40.287)		
3:16.585 (39.260)	3:17.152 (0.567)	3:57.486 (40.335)	5:17.308 (1:19.822)		
9 Sam Posey	JR St. Olaf	5:20.84	5:20.71	3	
38.866 (38.866)	1:17.159 (38.293)	1:56.950 (39.792)	2:37.185 (40.235)		
3:16.410 (39.226)	3:57.822 (41.412)	4:39.194 (41.372)	5:20.709 (41.515)		
10 Grace Cole	JR Bethel	5:28.47	5:25.48	2	
42.179 (42.179)	1:21.792 (39.613)	2:03.166 (41.375)	2:43.730 (40.564)		
3:24.932 (41.202)	4:06.172 (41.240)	4:46.711 (40.539)	5:25.479 (38.769)		
11 Olivia Corbo	FR Carleton	5:35.79	5:27.58	2	
43.467 (43.467)	2:04.236 (1:20.770)	2:45.907 (41.671)	4:08.740 (1:22.833)		
4:47.356 (38.617)	5:27.571 (40.215)				
12 Piper Dean	FR Carleton	5:28.83	5:29.83	2	
42.990 (42.990)	1:21.984 (38.994)	2:03.465 (41.482)	2:44.084 (40.619)		
3:25.661 (41.578)	4:07.376 (41.715)	4:49.075 (41.699)	5:29.827 (40.753)		
13 Maggie Froh	SO Macalester	5:35.23	5:31.47	2	
43.315 (43.315)	1:22.729 (39.414)	2:04.532 (41.803)	2:46.268 (41.736)		
3:27.428 (41.160)	4:10.403 (42.976)	4:52.691 (42.288)	5:31.461 (38.770)		
14 Erika Swanson	SO Bethel	5:34.58	5:37.57	2	
42.454 (42.454)	1:21.555 (39.101)	2:02.948 (41.393)	2:44.430 (41.483)		
3:26.206 (41.776)	4:09.871 (43.665)	4:54.696 (44.826)	5:37.564 (42.868)		
15 Nell Schafer	SO Carleton	5:29.66	5:38.16	2	
42.392 (42.392)	1:22.136 (39.744)	2:03.958 (41.822)	2:45.645 (41.688)		
3:27.205 (41.560)	4:10.996 (43.792)	4:55.440 (44.444)	5:38.157 (42.718)		
16 Anna Decker	FR Bethel	5:38.74	5:38.43	2	
42.728 (42.728)	1:22.343 (39.615)	2:03.686 (41.344)	2:45.273 (41.587)		
3:26.791 (41.518)	3:27.109 (0.318)	4:10.095 (42.986)	5:38.426 (1:28.332)		
17 Marissa Cutlan	SO Bethel	5:41.13	5:42.20	1	
44.783 (44.783)	1:26.569 (41.786)	2:08.370 (41.801)	2:51.205 (42.835)		
3:34.485 (43.281)	4:19.028 (44.543)	5:03.059 (44.031)	5:42.200 (39.141)		

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 1 Mile Run

18 Sophie Gossard	JR St. Olaf	5:45.03	5:43.66	1
44.996 (44.996)	45.147 (0.151)	1:26.842 (41.696)	2:08.717 (41.875)	
2:52.073 (43.357)	3:35.166 (43.093)	4:19.349 (44.183)	5:43.654 (1:24.305)	
19 Olivia Edstrom	SO St. Olaf	5:40.41	5:45.24	1
44.825 (44.825)	1:26.588 (41.763)	2:08.500 (41.912)	2:51.903 (43.404)	
3:36.801 (44.898)	4:22.461 (45.660)	5:08.064 (45.604)	5:45.234 (37.170)	
20 Julia Clark	SR St. Catherine	5:39.78	5:46.13	1
44.947 (44.947)	1:27.078 (42.131)	2:07.712 (40.634)	2:50.129 (42.417)	
3:34.778 (44.650)	4:19.070 (44.292)	5:04.081 (45.011)	5:46.122 (42.042)	
21 Lucy Lyngen	SO St. Benedict	5:45.00	5:46.57	1
45.381 (45.381)	1:27.341 (41.961)	2:09.152 (41.811)	2:52.661 (43.510)	
3:37.347 (44.686)	4:22.891 (45.545)	5:06.928 (44.037)	5:46.564 (39.636)	
22 Sydney Hagen	FR Gustavus	5:47.97	5:46.77	1
46.002 (46.002)	1:27.768 (41.766)	2:10.355 (42.588)	2:53.343 (42.988)	
3:37.573 (44.230)	4:22.953 (45.381)	5:07.664 (44.711)	5:46.765 (39.102)	
23 Zoe Plechaty	JR St. Olaf	5:46.60	5:47.58	1
45.879 (45.879)	1:27.106 (41.227)	2:09.239 (42.133)	2:52.771 (43.533)	
3:37.148 (44.377)	4:22.162 (45.014)	5:05.881 (43.719)	5:47.578 (41.697)	
24 Claire Schoenfield	FR Gustavus	5:49.87	5:48.32	1
1:27.757 (1:27.757)	2:10.437 (42.681)	2:53.585 (43.148)	3:37.594 (44.009)	
4:23.142 (45.548)	5:07.694 (44.552)	5:48.319 (40.625)		
25 Airial Johnson	FR Concordia	5:53.19	5:57.26	1
45.724 (45.724)	1:28.491 (42.767)	2:55.944 (1:27.453)	3:40.908 (44.964)	
4:27.460 (46.552)	5:13.937 (46.477)	5:57.251 (43.314)		

Women 3000 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Fiona Smith	SO St. Benedict	9:37.36	9:34.60	2	10
38.361 (38.361)	1:16.713 (38.352)	1:54.771 (38.058)	2:33.117 (38.346)		
3:11.537 (38.420)	3:50.439 (38.902)	4:29.500 (39.061)	5:08.250 (38.750)		
5:46.826 (38.576)	6:25.826 (39.000)	7:04.794 (38.968)	9:34.594 (2:29.800)		
2 Clara Mayfield	SO Carleton	9:35.77	9:36.39	2	8
38.621 (38.621)	1:17.092 (38.471)	1:55.029 (37.937)	2:33.397 (38.368)		
3:11.777 (38.380)	3:50.721 (38.944)	4:29.732 (39.011)	5:08.498 (38.766)		
5:47.018 (38.520)	6:26.051 (39.033)	7:05.026 (38.975)	9:36.388 (2:31.362)		
3 Helen Cross	FR Carleton	10:22.61	10:17.19	2	6
39.212 (39.212)	1:19.542 (40.330)	2:01.431 (41.889)	2:02.458 (1.027)		
2:43.223 (40.765)	3:25.077 (41.854)	4:06.770 (41.693)	4:47.892 (41.122)		
5:29.617 (41.725)	6:11.731 (42.114)	6:52.985 (41.254)	7:34.902 (41.917)		
9:37.997 (2:03.095)	10:17.189 (39.192)				
4 Sophie Call	SO St. Olaf	10:29.58	10:18.17	2	5
39.559 (39.559)	1:20.605 (41.046)	2:01.935 (41.330)	4:06.354 (2:04.419)		
4:47.696 (41.342)	5:29.309 (41.613)	6:11.454 (42.145)	6:53.891 (42.437)		
9:41.200 (2:47.309)	10:18.161 (36.961)				
5 Iliana Ramon	JR Gustavus	10:40.04	10:19.57	2	4
40.158 (40.158)	1:20.825 (40.667)	2:02.160 (41.335)	2:43.831 (41.671)		
3:25.700 (41.869)	4:48.118 (1:22.418)	5:29.795 (41.677)	6:12.243 (42.448)		
6:53.739 (41.496)	7:35.932 (42.193)	7:36.280 (0.348)	10:19.568 (2:43.288)		

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 3000 Meter Run

6	Sofia Carlson	FR St. Olaf	10:30.72	10:19.73	2	3
	39.834 (39.834)	1:20.415 (40.581)	2:01.741 (41.326)	2:43.489 (41.748)		
	3:25.364 (41.875)	4:06.508 (41.144)	4:48.018 (41.510)	5:29.909 (41.891)		
	6:12.009 (42.100)	6:53.523 (41.514)	7:35.261 (41.738)	9:41.809 (2:06.548)		
	10:19.730 (37.921)					
7	Tracy Renier	SR St. Benedict	10:42.41	10:27.26	2	2
	40.520 (40.520)	1:21.425 (40.905)	2:02.714 (41.289)	2:43.777 (41.063)		
	2:44.473 (0.696)	3:26.204 (41.731)	4:08.538 (42.334)	4:51.234 (42.696)		
	5:33.584 (42.350)	6:16.938 (43.354)	10:27.253 (4:10.315)			
8	Phoebe Ward	FR Carleton	10:38.68	10:28.57	2	1
	40.852 (40.852)	1:21.986 (41.134)	2:03.283 (41.297)	2:44.261 (40.978)		
	2:44.663 (0.402)	3:26.376 (41.713)	4:08.344 (41.968)	4:50.953 (42.609)		
	5:33.375 (42.422)	6:15.955 (42.580)	6:58.497 (42.542)	7:41.841 (43.344)		
	10:28.570 (2:46.729)					
9	Alison Bode	FR St. Olaf	10:31.27	10:32.29	2	
	40.110 (40.110)	1:20.841 (40.731)	2:02.310 (41.469)	2:44.163 (41.853)		
	3:25.480 (41.317)	3:25.812 (0.332)	4:06.728 (40.916)	4:07.569 (0.841)		
	4:49.352 (41.783)	5:32.937 (43.585)	6:16.451 (43.514)	6:59.153 (42.702)		
	10:32.285 (3:33.132)					
10	Sophie McManus	FR Carleton	10:30.76	10:32.82	2	
	41.373 (41.373)	1:22.298 (40.925)	2:03.551 (41.253)	3:25.928 (1:22.377)		
	4:08.146 (42.218)	4:50.657 (42.511)	5:33.085 (42.428)	6:17.456 (44.371)		
	7:00.459 (43.003)	10:32.814 (3:32.355)				
11	Mikayla Erlenborn	FR Bethel	10:47.59	10:33.25	2	
	40.286 (40.286)	1:21.009 (40.723)	3:26.020 (2:05.011)	4:07.853 (41.833)		
	4:49.781 (41.928)	5:33.237 (43.456)	6:16.744 (43.507)	6:59.369 (42.625)		
	10:33.243 (3:33.874)					
12	Bridget Tetmeyer	FR St. Benedict	10:45.18	10:35.49	2	
	40.666 (40.666)	1:21.748 (41.082)	2:03.025 (41.277)	2:44.751 (41.726)		
	3:26.566 (41.815)	4:08.851 (42.285)	4:51.332 (42.481)	5:33.892 (42.560)		
	6:17.128 (43.236)	6:59.287 (42.159)	6:59.732 (0.445)	10:35.489 (3:35.757)		
13	Julia Everest	SO St. Olaf	10:48.94	10:37.17	1	
	39.877 (39.877)	1:20.655 (40.778)	2:02.646 (41.991)	3:27.764 (1:25.118)		
	4:11.020 (43.256)	4:54.001 (42.981)	5:36.657 (42.656)	6:20.406 (43.749)		
	7:03.228 (42.822)	7:47.132 (43.904)	8:30.758 (43.626)	9:14.560 (43.802)		
	9:57.863 (43.303)	10:37.163 (39.300)				
14	Mackinzee Miest	JR Gustavus	10:43.87	10:37.82	2	
	41.135 (41.135)	1:22.170 (41.035)	2:03.447 (41.277)	2:45.043 (41.596)		
	3:26.594 (41.551)	4:09.019 (42.425)	4:51.592 (42.573)	5:34.301 (42.709)		
	6:17.716 (43.415)	7:00.890 (43.174)	10:37.816 (3:36.926)			
15	Raina Moorjani	FR Bethel	10:58.29	10:43.04	1	
	41.159 (41.159)	1:22.522 (41.363)	2:05.610 (43.088)	2:49.446 (43.836)		
	3:33.631 (44.185)	4:17.889 (44.258)	5:02.072 (44.183)	5:44.682 (42.610)		
	6:28.039 (43.357)	7:11.803 (43.764)	7:55.286 (43.483)	8:38.606 (43.320)		
	9:21.869 (43.263)	10:04.549 (42.680)	10:43.038 (38.489)			
16	Sylvia Greene	SO Macalester	10:59.41	10:46.77	1	
	42.318 (42.318)	1:24.149 (41.831)	2:07.180 (43.031)	2:51.159 (43.979)		
	3:35.211 (44.052)	3:35.478 (0.267)	4:19.045 (43.567)	5:02.592 (43.547)		
	5:45.592 (43.000)	6:28.850 (43.258)	7:12.937 (44.087)	7:56.963 (44.026)		
	8:40.070 (43.107)	9:23.586 (43.516)	10:46.763 (1:23.177)			
17	Libby Rowland	FR Carleton	10:47.27	10:46.86	2	
	41.487 (41.487)	2:03.853 (1:22.366)	2:45.259 (41.406)	3:26.820 (41.561)		
	4:09.265 (42.445)	4:51.798 (42.533)	5:34.817 (43.019)	6:18.028 (43.211)		
	7:01.745 (43.717)	10:46.860 (3:45.115)				

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 3000 Meter Run

18 Piper Dean	FR Carleton	10:52.13	10:48.11	1
41.372 (41.372)	1:21.054 (39.682)	2:03.039 (41.985)	2:46.098 (43.059)	
3:29.029 (42.931)	4:12.740 (43.711)	5:41.270 (1:28.530)	6:25.091 (43.821)	
7:09.625 (44.534)	7:54.600 (44.975)	8:39.132 (44.532)	9:23.878 (44.746)	
10:48.102 (1:24.224)				
19 Emma Mader	SR Hamline	10:52.96	10:48.85	1
41.007 (41.007)	1:22.250 (41.243)	2:05.438 (43.188)	2:49.270 (43.832)	
3:33.409 (44.139)	4:17.773 (44.364)	5:02.316 (44.543)	5:45.300 (42.984)	
6:29.323 (44.023)	7:13.839 (44.516)	7:58.363 (44.524)	8:42.506 (44.143)	
9:26.789 (44.283)	10:48.843 (1:22.054)	10:48.849 (0.006)		
20 Maggie Froh	SO Macalester	11:05.81	10:49.33	1
42.048 (42.048)	1:23.753 (41.705)	2:50.865 (1:27.112)	3:34.885 (44.020)	
4:18.483 (43.598)	5:02.784 (44.301)	5:45.656 (42.872)	6:28.413 (42.757)	
7:12.584 (44.171)	7:56.642 (44.058)	8:40.662 (44.020)	9:24.635 (43.973)	
10:49.314 (1:24.679)	10:49.321 (0.007)			
21 Danielle Freshwaters	SR Macalester	11:04.23	10:49.88	1
41.719 (41.719)	1:22.945 (41.226)	1:23.431 (0.486)	2:06.576 (43.145)	
2:50.567 (43.991)	3:34.553 (43.986)	4:18.216 (43.663)	5:01.890 (43.674)	
5:44.470 (42.580)	6:27.959 (43.489)	7:12.220 (44.261)	7:56.266 (44.046)	
8:40.349 (44.083)	9:24.175 (43.826)	10:49.874 (1:25.699)		
22 Molly Weberg	SO Gustavus	11:08.12	10:52.12	1
43.766 (43.766)	1:27.825 (44.059)	2:12.854 (45.029)	2:56.675 (43.821)	
3:39.152 (42.477)	4:21.708 (42.556)	5:04.797 (43.089)	5:48.766 (43.969)	
6:33.379 (44.613)	7:17.703 (44.324)	8:01.354 (43.651)	8:46.221 (44.867)	
9:31.186 (44.965)	10:52.111 (1:20.925)	10:52.117 (0.006)		
23 Emily Rugloski	SR Concordia	11:11.34	10:55.63	1
43.114 (43.114)	1:25.927 (42.813)	2:09.009 (43.082)	2:52.433 (43.424)	
4:19.291 (1:26.858)	5:02.926 (43.635)	5:47.089 (44.163)	6:31.182 (44.093)	
7:16.874 (45.692)	8:02.060 (45.186)	8:46.875 (44.815)	9:31.923 (45.048)	
10:55.625 (1:23.702)	10:55.627 (0.002)			
24 Elise Yeager	SO St. Benedict	11:02.09	10:57.46	1
41.483 (41.483)	1:22.947 (41.464)	2:06.309 (43.362)	2:50.313 (44.004)	
3:34.275 (43.962)	4:18.144 (43.869)	5:02.510 (44.366)	5:46.528 (44.018)	
6:31.528 (45.000)	7:17.164 (45.636)	8:02.369 (45.205)	8:47.771 (45.402)	
9:32.991 (45.220)	10:57.459 (1:24.468)	10:57.461 (0.002)		
25 Marte Borgmann	SO Carleton	11:07.83	11:08.23	1
42.467 (42.467)	1:24.471 (42.004)	1:24.591 (0.120)	2:07.681 (43.090)	
2:51.796 (44.115)	3:35.731 (43.935)	4:19.927 (44.196)	5:04.973 (45.046)	
5:50.292 (45.319)	6:35.426 (45.134)	7:21.265 (45.839)	8:07.294 (46.029)	
8:53.941 (46.647)	9:40.387 (46.446)	11:08.230 (1:27.843)		
26 Laura Hardwick	FR Bethel	11:19.60	11:14.64	1
42.281 (42.281)	1:23.891 (41.610)	1:24.325 (0.434)	2:07.561 (43.236)	
2:50.947 (43.386)	2:51.598 (0.651)	3:35.837 (44.239)	4:19.831 (43.994)	
5:05.456 (45.625)	5:50.168 (44.712)	6:35.799 (45.631)	7:22.241 (46.442)	
8:08.507 (46.266)	8:55.515 (47.008)	11:14.638 (2:19.123)		
27 Julia Clark	SR St. Catherine	11:16.07	11:15.13	1
42.774 (42.774)	2:07.206 (1:24.432)	2:51.221 (44.015)	3:35.037 (43.816)	
4:18.879 (43.842)	5:47.367 (1:28.488)	6:33.993 (46.626)	7:21.618 (47.625)	
8:09.248 (47.630)	8:57.053 (47.805)	9:44.432 (47.379)	10:32.245 (47.813)	
11:15.120 (42.875)	11:15.122 (0.002)			

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 3000 Meter Run

28 Anna Decker	FR Bethel	11:07.07	11:15.44	1
42.199 (42.199)	2:06.924 (1:24.725)	2:50.957 (44.033)	3:34.773 (43.816)	
4:18.529 (43.756)	5:03.276 (44.747)	5:49.140 (45.864)	6:36.187 (47.047)	
7:22.563 (46.376)	8:08.668 (46.105)	8:55.211 (46.543)	9:43.084 (47.873)	
11:15.425 (1:32.341)	11:15.433 (0.008)			

Women 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Fiona Smith	SO St. Benedict	16:42.91	17:20.20	10
17:20.192 (17:20.192)				
2 Sofia Carlson	FR St. Olaf	17:58.25	17:40.29	8
17:40.290 (17:40.290)				
3 Alison Bode	FR St. Olaf	18:03.47	17:45.28	6
17:45.278 (17:45.278)				
4 Iliana Ramon	JR Gustavus	18:33.56	17:58.55	5
17:58.548 (17:58.548)				
5 Tracy Renier	SR St. Benedict	18:30.88	18:03.71	4
18:03.707 (18:03.707)				
6 Mikayla Erlenborn	FR Bethel	18:20.45	18:05.27	3
18:05.263 (18:05.263)				
7 Phoebe Ward	FR Carleton	18:40.26	18:11.00	2
18:10.999 (18:10.999)				
8 Bridget Tetmeyer	FR St. Benedict	18:39.84	18:20.13	1
18:20.121 (18:20.121)				
9 Sylvia Greene	SO Macalester	19:14.25	18:47.06	
18:47.058 (18:47.058)				
10 Josie Harms	FR Bethel	19:23.28	18:50.67	
18:50.663 (18:50.663)				
11 Emily DeMorett	JR St. Benedict	19:26.58	18:57.65	
18:57.650 (18:57.650)				
12 Raina Moorjani	FR Bethel	19:10.99	18:58.92	
18:58.918 (18:58.918)				
13 Marte Borgmann	SO Carleton	19:35.12	19:15.51	
19:15.508 (19:15.508)				
14 Laura Hardwick	FR Bethel	19:26.95	19:18.04	
19:18.037 (19:18.037)				
15 Gracia Larsen-Schmidt	FR St. Olaf	19:30.88	19:26.60	
19:26.593 (19:26.593)				
16 Amelia Landsverk	JR Concordia	19:36.38	19:28.52	
19:28.514 (19:28.514)				
17 Seneca Norvell	JR St. Olaf	20:19.37	19:46.55	
19:46.545 (19:46.545)				
18 Charlotte Adams	SO Hamline	20:21.16	20:06.16	
20:06.154 (20:06.154)				

Women 55 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Kelsie Sealock	SO Bethel	8.09	8.13Q	3
2 Birgen Nelson	SO Gustavus	8.00	8.18Q	1

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 55 Meter Hurdles

3	Nayeli Williams	FR Carleton	8.60	8.74Q	2
4	Rebekah Salfer	JR St. Olaf	8.75	8.71q	1
5	AnnaGrace Nelson	FR Bethel	8.67	8.78q	2
6	Danielle Miller	FR Gustavus	8.73	8.86q	3
7	Peyton Selle	SO Concordia	8.87	8.90q	3
8	McKenzie Williams	FR St. Scholastica	8.76	8.93q	1
9	Stephanie Pickthorn	SR St. Benedict	8.89	9.04	2
10	Cecelia Miller	SR Hamline	9.34	9.28	1
11	Burnices Barlue	FR St. Catherine	9.24	9.29	1
12	Nicole Lilleberg	JR Concordia	8.92	9.40	2
13	Riki Poore	SO St. Olaf	9.20	9.41	3
14	Julianna Boyum	FR Hamline	9.55	9.55	2
15	Makenna Huetten	FR Gustavus	9.43	9.58	2
16	Emmarie Byom	FR Saint Marys	9.54	9.62	2
17	Jenna Kalevik	FR Concordia	9.95	9.78	3
18	Gabriele Hannah	FR Hamline	9.90	9.88	1
19	Hannah King	SO Bethel	9.54	10.10	3
20	Cynthia Garcia Balmaceda	SO Bethel	10.21	10.40	1
21	Alli Joerger	FR Gustavus	10.36	11.18	2
22	Ally Stackhouse	FR Bethel	9.42	11.61	3

Women 55 Meter Hurdles

Name	Year	School	Prelims	Finals	Points
------	------	--------	---------	--------	--------

Finals

1	Kelsie Sealock	SO Bethel	8.13	7.96	10
2	Birgen Nelson	SO Gustavus	8.18	8.14	8
3	Rebekah Salfer	JR St. Olaf	8.71	8.63	6
4	AnnaGrace Nelson	FR Bethel	8.78	8.69	5
5	Nayeli Williams	FR Carleton	8.74	8.79	4
6	Danielle Miller	FR Gustavus	8.86	8.93	3
7	Peyton Selle	SO Concordia	8.90	8.95	2
8	McKenzie Williams	FR St. Scholastica	8.93	9.21	1

Women 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Bethel	1:55.60	1:45.44	1	10
1) Sarah Stellmach FR		2) Kelsie Sealock SO		
3) Britta Nordberg SO		4) Jireh Babalola SO		
2 Gustavus	1:49.00	1:45.78	3	8
1) Megan Geraets FR		2) Ally Rakow FR		
3) Danielle Miller FR		4) Birgen Nelson SO		
3 St. Benedict	1:49.96	1:46.15	3	6
1) Dacoda Speidel SR		2) Tiana Johnson SO		
3) Kate Gallagher SO		4) Mirjana Ganley SO		
4 St. Olaf	1:51.09	1:51.26	2	5
1) Karla Kroschel SO		2) Emma Storbakken FR		
3) Emma Sahly FR		4) Ququ Holman SO		
5 Saint Marys	1:51.03	1:51.40	2	4
1) Sydney Klausler SR		2) Caroline Gearin SO		
3) Lillian Maul SO		4) Nathalie Freire SR		

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women 4x200 Meter Relay

6 Concordia	1:53.47	1:51.46	1	3	
1) Carlie Heinecke JR	2) Nicole Lilleberg JR				
3) Meg Shercliffe SO	4) Mary Wunderlich FR				
7 Macalester	1:54.39	1:51.72	2	2	
1) Journey Amundson JR	2) Adisa Preston FR				
3) Penny Hunter SO	4) Mikayla Ennevor SR				
8 Carleton	1:54.20	1:52.19	3	1	
1) Grace Blanchette SO	2) Riley Roberts FR				
3) Audrey Parrott FR	4) Amira Aladetan FR				
9 St. Catherine	1:53.86	1:53.01	1		
1) Madi Genz FR	2) Claire Nichols JR				
3) Burnices Barlue FR	4) Erin Doyle SO				
10 Hamline	1:55.68	1:54.80	3		
1) Ellie Logelin FR	2) Mercedes Hamilton FR				
3) Liliana Olson SO	4)				
-- St. Scholastica			DQ	2	handoff zone viola
1) Daya Davidson JR	2) McKenzie Williams FR				
3) Anna Kiminiski FR	4) Annika Voss JR				

Women 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Bethel	3:55.26	3:55.68	2	10
1) Hannah Sankey SR	2) Britta Nordberg SO			
3) Mikayla Turek SO	4) Kelsie Sealock SO			
2 Gustavus	4:04.59	3:55.98	2	8
1) Elizabeth Donnelly JR	2) Makenna Huetten FR			
3) Megan Geraets FR	4) Birgen Nelson SO			
3 Carleton	4:09.80	4:09.45	2	6
1) Jocelyn Ferguson FR	2) Nayeli Williams FR			
3) Amy Kropp JR	4) Ineke Cordova SO			
4 Hamline	4:17.23	4:11.29	1	5
1) Lucy Hoelscher SO	2) Ellie Logelin FR			
3) Alexandra Maddux JR	4) Lindsey Bernardy FR			
5 St. Scholastica	4:15.34	4:11.84	1	4
1) McKenzie Williams FR	2) Lilianne Tapper JR			
3) Annika Voss JR	4) Ellie Sholing SO			
6 St. Olaf	4:12.53	4:12.17	2	3
1) Karla Kroschel SO	2) Emma Storbakken FR			
3) Emma Sahly FR	4) Ququ Holman SO			
7 Saint Marys	4:15.66	4:12.82	1	2
8 Macalester	4:19.13	4:13.36	1	1
1) Journey Amundson JR	2) Adisa Preston FR			
3) Hannah Grosse SR	4) Maria Blaesing SO			
9 Concordia	4:13.81	4:17.24	2	
1) Peyton Selle SO	2) Isabel Fredrickson SR			
3) Meg Shercliffe SO	4) Drew Frolek FR			
10 St. Benedict	4:21.63	4:20.83	1	
1) Laura Mitch SR	2) Tiana Johnson SO			
3) Hailey Johnson JR	4) Sidela Nyuga FR			

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

Women Distance Medley

School	Seed	Finals	Points
1 Carleton		12:22.44	10
1) Libby Rowland FR	2) Ineke Cordova SO		
3) Amy Kropp JR	4) Clara Mayfield SO		
2 St. Olaf		12:33.74	8
1) Christine Albrecht JR	2) Riley Mauzer JR		
3) Bella Call SO	4) Ellen Mickelson SR		
3 St. Benedict		12:46.03	6
1) Elise Yeager SO	2) Laura Mitch SR		
3) Kalli Smith FR	4) Fiona Smith SO		
4 Bethel		12:55.21	5
1) Evie Hage FR	2) Makenna Brown SO		
3) Ruby Gernandt FR	4) Grace Cole JR		
5 Concordia		13:03.64	4
1) Eden Smith FR	2) Meg Shercliffe SO		
3) Kelly Lorenz SO	4) Emily Rugloski SR		
6 Macalester		13:06.31	3
1) Lena Stern SR	2) Sara Gregor JR		
3) Ella Krumm FR	4) Danielle Freshwaters SR		
7 Gustavus		13:07.47	2
1) Molly Weberg SO	2) Makenna Huetten FR		
3) Kailyn Walukas FR	4) Mackinzee Miest JR		
8 St. Scholastica		13:38.56	1
1) Lilianne Tapper JR	2) Anna Kiminiski FR		
3) Annika Voss JR	4) Jenna Terrio FR		
9 Saint Marys		13:52.47	
1) Anna Swanson JR	2) Abrianna Utgaard JR		
3) Caroline Gearin SO	4) Amanda Tuvey SO		
10 Hamline		14:00.81	
1) Miranda Ekleberry SO	2) Andreiana Aurelius FR		
3) Jalisa Mathews SO	4) Libby Roberdeau FR		

Women High Jump

Name	Year School	Seed	Finals	Points
1 AnnaGrace Nelson	FR Bethel	1.60m	1.57m	5-01.75 10
1.36 1.41 1.46 1.51 1.54 1.57 1.61				
P P O PPP XXO XXO XXX				
2 Justus Floren	FR St. Benedict	1.55m	1.54m	5-00.50 8
1.36 1.41 1.46 1.51 1.54 1.57				
P O O XXO XXO XXX				
3 Erin Beer	SO Gustavus	1.37m	1.51m	4-11.50 5
1.36 1.41 1.46 1.51 1.54				
O O XO O XXX				
3 Olivia Motley	SO Gustavus	1.50m	1.51m	4-11.50 5
1.36 1.41 1.46 1.51 1.54				
O O XO O XXX				
3 Peyton Selle	SO Concordia	1.56m	1.51m	4-11.50 5
1.36 1.41 1.46 1.51 1.54				
P XO O PPO XXX				

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women High Jump

6	Teresa Pettitt-Kenney	JR St. Olaf	1.50m	J1.51m	4-11.50	3
	1.36 1.41 1.46 1.51 1.54					
	P O XO XO XXX					
7	Alli Joerger	FR Gustavus	1.45m	1.46m	4-09.50	2
	1.36 1.41 1.46 1.51					
	O O XO XXX					
8	Eve Farrell	JR Carleton	1.53m	J1.46m	4-09.50	0.50
	1.36 1.41 1.46 1.51					
	P O XXO XXX					
8	Ally Rakow	FR Gustavus	1.45m	J1.46m	4-09.50	0.50
	1.36 1.41 1.46 1.51					
	O O XXO XXX					
10	Jordyn Johnson	FR Concordia	1.45m	1.41m	4-07.50	
	1.36 1.41 1.46					
	O O XXX					
11	Jensen Luehrs	FR Gustavus	1.45m	J1.41m	4-07.50	
	1.36 1.41 1.46					
	XO O XXX					
12	Aoife Zamacona	SR Hamline	1.43m	J1.41m	4-07.50	
	1.36 1.41 1.46					
	O XO XXX					
13	Rebekah Salfer	JR St. Olaf	1.47m	1.36m	4-05.50	
	1.36 1.41					
	O XXX					
13	Elizabeth Selisker	SO St. Benedict	1.48m	1.36m	4-05.50	
	1.36 1.41					
	O XXX					
13	Toria Strampe	FR St. Scholastica	1.43m	1.36m	4-05.50	
	1.36 1.41					
	O XXX					
13	Stephanie Pickthorn	SR St. Benedict	1.47m	1.36m	4-05.50	
	1.36 1.41					
	O XXX					
17	Claire Nichols	JR St. Catherine	1.45m	J1.36m	4-05.50	
	1.36 1.41					
	XO XXX					
--	Lily Johnson	FR St. Olaf	1.40m	NH		
	1.36					
	XXX					

Women Pole Vault

=====						
Name	Year	School	Seed	Finals	Points	
=====						
1	Hannah Grosse	SR Macalester	3.46m	3.42m	11-02.50	10
	2.72 2.87 3.02 3.17 3.32 3.42 3.52					
	P P P O O O XXX					
2	Gabrielle Evans	JR Carleton	3.38m	3.32m	10-10.75	8
	2.72 2.87 3.02 3.17 3.32 3.42					
	P P O O XO XXX					
3	Caroline Gearin	SO Saint Marys	3.21m	J3.32m	10-10.75	6
	2.72 2.87 3.02 3.17 3.32 3.42					
	P P PPP XXO XO XXX					

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women Pole Vault

4	Molly Vaughan	FR St. Benedict	3.23m	J3.32m	10-10.75	5
	2.72 2.87 3.02 3.17 3.32 3.42					
	O O O XXO XXO XXX					
5	Jessica Lillard	SO Bethel	3.58m	3.17m	10-04.75	4
	2.72 2.87 3.02 3.17 3.32					
	P P O XO XXX					
6	Sydney Marsh	JR Carleton	3.21m	J3.17m	10-04.75	3
	2.72 2.87 3.02 3.17 3.32					
	P O XO XO XXX					
7	Melanie Roberts	SO St. Olaf	3.17m	J3.17m	10-04.75	1.50
	2.72 2.87 3.02 3.17 3.32					
	O O O XXO XXX					
7	Sadie Koelz	SR Bethel	3.37m	J3.17m	10-04.75	1.50
	2.72 2.87 3.02 3.17 3.32					
	P P O XXO XXX					
9	Emily Litton	SO Carleton	3.06m	3.02m	9-10.75	
	2.72 2.87 3.02 3.17					
	O O O XXX					
9	Caitlin Salfer	JR St. Benedict	3.17m	3.02m	9-10.75	
	2.72 2.87 3.02 3.17					
	O O O XXX					
9	Teresa Pettitt-Kenney	JR St. Olaf	3.38m	3.02m	9-10.75	
	2.72 2.87 3.02 3.17					
	P O O XXX					
12	Julia Cordes	JR St. Olaf	2.94m	2.87m	9-05.00	
	2.72 2.87 3.02					
	O O XXX					
12	Olivia Hoff	SR St. Benedict	3.02m	2.87m	9-05.00	
	2.72 2.87 3.02					
	O O XXX					
--	Zoe Witham	SR St. Benedict	2.78m	NH		
	2.72					
	XXX					
--	Grace Pierson	SO Hamline	2.60m	NH		
	2.72					
	XXX					
--	Julia Goetzman	JR Bethel	2.75m	NH		
	2.72					
	XXX					
--	Signe Harris	SO Bethel	2.79m	NH		
	2.72					
	XXX					
--	Nathalie Freire	SR Saint Marys	3.21m	NH		
	2.72 2.87 3.02 3.17					
	P P PPX XX					

Women Long Jump

Name	Year School	Seed	Finals	H#	Points
1 Jailyn Robinson	SO Hamline	5.59m	5.41m	17-09.00	2 10
	FOUL 5.26m 5.41m 5.07m 4.98m 5.22m				
2 Sydney Klausler	SR Saint Marys	5.17m	5.34m	17-06.25	1 8
	5.16m 5.20m 5.34m FOUL 5.15m 4.47m				

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women Long Jump

3	Jen Valley	SO Hamline	5.58m	5.30m	17-04.75	2	6
	FOUL FOUL 5.30m 4.95m 5.19m 5.17m						
4	Megan Geraets	FR Gustavus	5.42m	5.28m	17-04.00	2	5
	FOUL 5.12m 5.11m 5.28m 5.20m 5.26m						
5	Nayeli Williams	FR Carleton	5.13m	5.27m	17-03.50	1	4
	5.06m FOUL 5.25m FOUL 5.24m 5.27m						
6	Madi Kes	FR Gustavus	5.22m	5.23m	17-02.00	1	3
	5.06m 4.86m 4.81m 5.23m 5.18m FOUL						
7	Justus Floren	FR St. Benedict	5.10m	5.13m	16-10.00	2	2
	4.96m 4.76m 4.83m 4.80m 5.13m 4.90m						
8	Mikayla Ennevor	SR Macalester	4.91m	5.03m	16-06.00	1	1
	4.92m 5.03m FOUL 4.95m 4.97m FOUL						
9	Jordan Terry	SR Augsburg	4.85m	J5.03m	16-06.00	1	
	FOUL 4.86m 5.03m 4.61m FOUL 4.89m						
10	Sydney Marsh	JR Carleton	5.21m	4.93m	16-02.25	1	
	4.85m 4.84m 4.93m						
11	Ainslee Parker	SO St. Olaf	4.88m	4.91m	16-01.50	2	
	4.82m 4.79m 4.91m						
12	Journey Amundson	JR Macalester	5.05m	4.81m	15-09.50	1	
	FOUL 4.77m 4.81m						
13	Grace Perrenoud	JR Bethel	4.96m	4.77m	15-07.75	1	
	4.62m FOUL 4.77m						
14	Claire Nichols	JR St. Catherine	4.99m	4.75m	15-07.00	1	
	FOUL FOUL 4.75m						
15	Reilee Schepper	SR St. Catherine	5.04m	4.72m	15-06.00	2	
	FOUL 4.72m FOUL						
16	Ella Eliason	SO Bethel	4.91m	4.71m	15-05.50	2	
	FOUL 4.71m FOUL						
17	Elizabeth Selisker	SO St. Benedict	5.01m	4.68m	15-04.25	2	
	4.59m FOUL 4.68m						
18	Olivia Thomley	SO Gustavus	4.66m	4.37m	14-04.00	2	
	3.58m 4.37m 4.18m						
--	Briana Gilbert	FR Hamline	5.19m	FOUL		2	
	FOUL FOUL FOUL						

Women Triple Jump

Name	Year School	Seed	Finals	H#	Points
1 Madi Kes	FR Gustavus	11.20m	11.33m	37-02.25	1 10
	11.04m 11.06m 10.59m 11.30m 11.22m 11.33m				
2 Annika Muller	JR St. Olaf	11.40m	11.30m	37-01.00	1 8
	10.97m 10.87m FOUL 11.30m 11.01m 11.02m				
3 Journey Amundson	JR Macalester	10.96m	10.85m	35-07.25	1 6
	FOUL FOUL 10.85m FOUL 10.23m 10.73m				
4 Ainslee Parker	SO St. Olaf	10.77m	10.78m	35-04.50	1 5
	FOUL 10.49m 10.75m 10.48m 10.78m 10.70m				
5 Reilee Schepper	SR St. Catherine	10.59m	10.71m	35-01.75	2 4
	10.71m 10.43m 10.50m 10.26m 10.49m FOUL				
6 AnnaGrace Nelson	FR Bethel	10.84m	10.68m	35-00.50	2 3
	10.62m 10.63m 10.55m 10.30m 10.29m 10.68m				
7 Grace Perrenoud	JR Bethel	10.65m	10.62m	34-10.25	1 2
	10.38m 10.62m 10.49m 10.48m 10.22m 10.15m				

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women Triple Jump

8	Burnices Barlue	FR St. Catherine	10.51m	10.51m	34-05.75	2	1
	10.51m 10.31m FOUL 9.71m 9.93m PASS						
9	Stephanie Pickthorn	SR St. Benedict	10.80m	10.22m	33-06.50	2	
	10.22m 9.94m PASS PASS PASS PASS						
10	Briana Gilbert	FR Hamline	10.24m	10.16m	33-04.00	1	
	FOUL 10.02m 10.16m						
11	Lily Johnson	FR St. Olaf	9.63m	9.88m	32-05.00	2	
	9.77m 9.88m 9.73m						
12	Kyra Nichols	JR Concordia	9.96m	9.84m	32-03.50	2	
	9.75m 9.73m 9.84m						
12	Kayla LaRue	SR St. Olaf	9.52m	9.84m	32-03.50	2	
	FOUL 9.84m FOUL						
14	Bryana Leverentz	SR St. Catherine	10.05m	9.83m	32-03.00	2	
	9.83m FOUL 9.42m						
15	Danielle Anderson	SO St. Benedict	9.89m	9.77m	32-00.75	1	
	FOUL 9.77m 9.72m						
16	Nicole Lilleberg	JR Concordia	10.01m	9.74m	31-11.50	2	
	9.44m 9.74m 9.54m						
17	Lillian Selberg	FR Gustavus	8.81m	9.30m	30-06.25	1	
	9.30m 9.02m 9.12m						
18	Julia Benson	FR Hamline	9.15m	8.68m	28-05.75	1	
	8.68m FOUL FOUL						

Women Shot Put

Name	Year School	Seed	Finals	H#	Points
1 Annika Poe	SO Gustavus	13.69m	13.80m	45-03.50	2 10
	12.80m 13.59m 13.49m 13.80m 13.34m 13.38m				
2 Cayle Hovland	SR Concordia	13.16m	13.44m	44-01.25	2 8
	13.29m 13.32m 12.88m 13.44m 13.31m 12.51m				
3 Emma Roethler	FR Bethel	12.95m	13.18m	43-03.00	2 6
	11.76m 12.77m 13.18m 12.20m 12.12m 12.60m				
4 Allyson Kangas	JR Concordia	13.24m	13.13m	43-01.00	2 5
	12.87m 12.25m 13.09m 11.99m 12.75m 13.13m				
5 Aleah Keske	SO St. Olaf	12.69m	12.99m	42-07.50	2 4
	12.34m 12.99m 12.64m 11.79m 12.68m 12.75m				
6 Jacey Schlosser	JR Concordia	12.31m	12.50m	41-00.25	2 3
	11.50m 11.46m 12.50m FOUL 12.34m 12.14m				
7 Sam Hedtke	SO St. Olaf	12.15m	J12.50m	41-00.25	2 2
	12.12m 11.13m 12.33m FOUL 11.91m 12.50m				
8 Samantha Kubes	SO Saint Marys	12.12m	12.04m	39-06.00	2 1
	12.04m FOUL 11.83m 11.68m 11.64m FOUL				
9 Emily White	SR Concordia	11.46m	11.81m	38-09.00	1
	11.63m 11.72m 11.81m 11.67m 11.51m 11.50m				
10 Haley Joos	SO St. Benedict	11.71m	11.65m	38-02.75	2
	11.65m FOUL 11.21m				
11 Ellie Biggins	SO Hamline	11.40m	J11.65m	38-02.75	1
	11.65m 10.72m 10.90m				
12 Lauren Isaacson	SR St. Catherine	11.53m	11.13m	36-06.25	1
	11.07m 11.13m 10.98m				
13 Anna Becker	JR St. Scholastica	11.90m	11.12m	36-05.75	2
	10.95m FOUL 11.12m				

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women Shot Put

14 Dana Bach	JR Gustavus	10.63m	10.91m	35-09.50	1
10.34m 10.46m 10.91m					
15 Maggie Beckmann	SR St. Benedict	11.25m	10.55m	34-07.50	1
FOUL 10.55m FOUL					
16 Abby Schulte	FR Gustavus	10.54m	10.54m	34-07.00	1
9.88m 10.40m 10.54m					
17 Kelsie Fettig	FR Bethel	11.34m	10.49m	34-05.00	1
FOUL FOUL 10.49m					
18 Morgan Wallendal	FR Saint Marys	10.60m	10.38m	34-00.75	1
10.29m 9.25m 10.38m					
19 Kendall Bechtold	JR St. Benedict	10.52m	9.88m	32-05.00	1
9.70m 9.88m 9.38m					
20 Payton Packer	SO Hamline	10.73m	9.13m	29-11.50	1
8.88m FOUL 9.13m					

Women Weight Throw

Name	Year School	Seed	Finals	H#	Points
1 Jenneel Rodney	JR Hamline	17.04m	17.49m	57-04.75	2 10
15.63m FOUL 17.49m 15.97m 16.49m 16.19m					
2 Cayle Hovland	SR Concordia	16.23m	16.34m	53-07.50	2 8
16.13m 16.34m 15.71m FOUL 16.11m 16.22m					
3 Maggie Beckmann	SR St. Benedict	16.20m	16.06m	52-08.25	2 6
15.21m 14.54m 16.06m FOUL 14.17m 14.89m					
4 Anna Becker	JR St. Scholastica	15.72m	15.52m	50-11.00	2 5
FOUL 15.52m 14.27m 15.51m 14.91m FOUL					
5 Lily Beneke	FR St. Scholastica	15.86m	15.43m	50-07.50	2 4
15.43m 15.03m 15.38m FOUL 13.43m 14.80m					
6 Allyson Kangas	JR Concordia	15.13m	14.79m	48-06.25	2 3
13.31m FOUL 14.13m 14.79m FOUL 13.53m					
7 Lexi Ellinghuysen	SO Bethel	13.10m	14.26m	46-09.50	1 2
13.27m FOUL 13.50m 13.99m FOUL 14.26m					
8 Jacey Schlosser	JR Concordia	14.74m	13.83m	45-04.50	2 1
FOUL FOUL 13.83m 13.79m FOUL FOUL					
9 Emily White	SR Concordia	13.73m	13.70m	44-11.50	2
13.70m 13.12m 13.47m 12.71m 12.86m 13.20m					
10 Molly Lukenbill	SO Bethel	13.43m	13.46m	44-02.00	1
FOUL 12.54m 13.46m					
11 Kelsie Fettig	FR Bethel	12.63m	13.19m	43-03.25	1
11.99m 12.29m 13.19m					
12 Samantha Kubes	SO Saint Marys	14.23m	12.82m	42-00.75	2
12.64m 12.82m FOUL					
13 Nicole Nelson	FR Gustavus	12.88m	12.53m	41-01.50	1
12.13m 11.90m 12.53m					
14 Madison Fiecke	SR Hamline	13.45m	12.35m	40-06.25	1
12.35m 11.81m FOUL					
15 Neenah Bosman	FR Carleton	13.45m	12.27m	40-03.25	1
FOUL 12.27m 11.48m					
16 Ellie Biggins	SO Hamline	12.37m	11.69m	38-04.25	1
11.46m 10.82m 11.69m					
17 Haley Joos	SO St. Benedict	12.98m	11.49m	37-08.50	1
11.47m FOUL 11.49m					

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Women Weight Throw

18 Brooke Kangas	FR Concordia	12.36m	10.89m	35-08.75	1
FOUL FOUL 10.89m					
19 Kendall Bechtold	JR St. Benedict	12.80m	10.14m	33-03.25	1
FOUL 10.14m 10.04m					
-- Madison Reed	FR Hamline	13.61m	FOUL		2
FOUL FOUL FOUL					

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Rebekah Salfer	JR St. Olaf	2:33.01	656
36.665 (36.665)	1:15.450 (38.785)	1:54.911 (39.461)	2:33.007 (38.096)
2 Eve Farrell	JR Carleton	2:35.48	626
36.366 (36.366)	1:14.795 (38.429)	1:55.665 (40.870)	2:35.476 (39.811)
3 Peyton Selle	SO Concordia	2:38.35	592
37.282 (37.282)	1:17.451 (40.169)	1:59.585 (42.134)	2:38.341 (38.756)
4 Stephanie Pickthorn	SR St. Benedict	2:39.28	581
37.115 (37.115)	1:17.416 (40.301)	2:00.145 (42.729)	2:39.274 (39.129)
5 Grace Blanchette	SO Carleton	2:41.22	559
37.799 (37.799)	1:18.954 (41.155)	2:01.241 (42.287)	2:41.215 (39.974)
6 Sydney Marsh	JR Carleton	2:41.59	555
37.479 (37.479)	1:16.166 (38.687)	1:57.800 (41.634)	2:41.583 (43.783)
7 Justus Floren	FR St. Benedict	2:42.77	542
37.670 (37.670)	1:18.063 (40.393)	2:00.881 (42.818)	2:42.768 (41.887)
8 Aoife Zamacona	SR Hamline	2:44.26	525
35.578 (35.578)	1:16.089 (40.511)	2:00.121 (44.032)	2:44.260 (44.139)
9 Lily Johnson	FR St. Olaf	2:44.61	521
37.071 (37.071)	1:16.530 (39.459)	2:00.603 (44.073)	2:44.605 (44.002)
10 Kaitlyn Braun	FR Bethel	2:50.93	454
38.102 (38.102)	1:19.927 (41.825)	2:04.906 (44.979)	2:50.923 (46.017)
11 Sarah Beth Hobby	SO Macalester	2:54.03	423
37.645 (37.645)	1:18.827 (41.182)	2:04.134 (45.307)	2:54.029 (49.895)
12 Jordyn Johnson	FR Concordia	3:08.40	291
39.714 (39.714)	1:26.611 (46.897)	2:17.735 (51.124)	3:08.394 (50.659)
13 Jenna Kalevik	FR Concordia	3:09.04	286
39.706 (39.706)	1:26.589 (46.883)	2:17.835 (51.246)	3:09.034 (51.199)

Indoor Pentathlon: #1 Women 55 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Peyton Selle	SO Concordia	8.69	4	838
2 Rebekah Salfer	JR St. Olaf	8.75	4	826
3 Justus Floren	FR St. Benedict	8.92	3	791
4 Stephanie Pickthorn	SR St. Benedict	8.97	4	779
5 Grace Blanchette	SO Carleton	9.24	4	723
6 Aoife Zamacona	SR Hamline	9.51	3	670
7 Sydney Marsh	JR Carleton	9.51	2	670
8 Kaitlyn Braun	FR Bethel	9.53	3	666
9 Jenna Kalevik	FR Concordia	9.78	2	618
10 Sarah Beth Hobby	SO Macalester	10.02	2	573
11 Lily Johnson	FR St. Olaf	10.27	1	528
12 Jordyn Johnson	FR Concordia	10.35	1	515

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Indoor Pentathlon: #1 Women 55 Meter Hurdles Indoor Pentathlon

13 Eve Farrell JR Carleton 10.40 1 506

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1 Justus Floren	FR	St. Benedict	1.56m	5-01.25	2 689
2 Peyton Selle	SO	Concordia	1.53m	5-00.25	2 655
3 Eve Farrell	JR	Carleton	1.50m	4-11.00	2 621
3 Aoife Zamacona	SR	Hamline	1.50m	4-11.00	1 621
5 Stephanie Pickthorn	SR	St. Benedict	1.47m	4-09.75	2 588
6 Grace Blanchette	SO	Carleton	1.44m	4-08.75	1 555
7 Sydney Marsh	JR	Carleton	1.41m	4-07.50	2 523
8 Jenna Kalevik	FR	Concordia	1.38m	4-06.25	1 491
8 Jordyn Johnson	FR	Concordia	1.38m	4-06.25	2 491
8 Sarah Beth Hobby	SO	Macalester	1.38m	4-06.25	1 491
11 Rebekah Salfer	JR	St. Olaf	1.35m	4-05.00	2 460
11 Lily Johnson	FR	St. Olaf	1.35m	4-05.00	1 460
13 Kaitlyn Braun	FR	Bethel	1.23m	4-00.50	1 340

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Justus Floren	FR	St. Benedict	4.95m	16-03.00 546
2 Sydney Marsh	JR	Carleton	4.93m	16-02.25 540
3 Stephanie Pickthorn	SR	St. Benedict	4.77m	15-07.75 498
4 Peyton Selle	SO	Concordia	4.73m	15-06.25 487
5 Grace Blanchette	SO	Carleton	4.65m	15-03.25 466
6 Sarah Beth Hobby	SO	Macalester	4.57m	15-00.00 446
7 Rebekah Salfer	JR	St. Olaf	4.50m	14-09.25 428
8 Aoife Zamacona	SR	Hamline	4.30m	14-01.25 379
9 Eve Farrell	JR	Carleton	4.24m	13-11.00 364
10 Lily Johnson	FR	St. Olaf	4.23m	13-10.50 362
11 Jenna Kalevik	FR	Concordia	3.94m	12-11.25 294
12 Jordyn Johnson	FR	Concordia	3.90m	12-09.50 285
13 Kaitlyn Braun	FR	Bethel	3.86m	12-08.00 276

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1 Rebekah Salfer	JR	St. Olaf	10.01m	32-10.25 530
2 Peyton Selle	SO	Concordia	9.94m	32-07.50 526
3 Jenna Kalevik	FR	Concordia	9.53m	31-03.25 499
4 Justus Floren	FR	St. Benedict	9.49m	31-01.75 496
5 Stephanie Pickthorn	SR	St. Benedict	9.39m	30-09.75 490
6 Grace Blanchette	SO	Carleton	9.07m	29-09.25 469
7 Sarah Beth Hobby	SO	Macalester	9.01m	29-06.75 465
8 Eve Farrell	JR	Carleton	8.83m	28-11.75 453
9 Sydney Marsh	JR	Carleton	8.74m	28-08.25 447
10 Aoife Zamacona	SR	Hamline	7.91m	25-11.50 394
11 Kaitlyn Braun	FR	Bethel	7.66m	25-01.75 377
12 Jordyn Johnson	FR	Concordia	6.70m	21-11.75 316

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results

....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

13 Lily Johnson FR St. Olaf 6.05m 19-10.25 274

Women Indoor Pentathlon

Name	Year School	Seed	Finals	H#	Points
1 Peyton Selle	SO Concordia		3098		10
2 Justus Floren	FR St. Benedict		3064		8
3 Stephanie Pickthorn	SR St. Benedict		2936		6
4 Rebekah Salfer	JR St. Olaf		2900		5
5 Grace Blanchette	SO Carleton		2772		4
6 Sydney Marsh	JR Carleton		2735		3
7 Aoife Zamacona	SR Hamline		2589		2
8 Eve Farrell	JR Carleton		2570		1
9 Sarah Beth Hobby	SO Macalester		2398		
10 Jenna Kalevik	FR Concordia		2188		
11 Lily Johnson	FR St. Olaf		2145		
12 Kaitlyn Braun	FR Bethel		2113		
13 Jordyn Johnson	FR Concordia		1898		

Women - Team Rankings - 20 Events Scored

1) Bethel	134.50	2) Gustavus	125.50
3) Carleton	113.50	4) St. Olaf	104.50
5) St. Benedict	94	6) Hamline	65
7) Concordia	60	8) Macalester	36
9) Saint Marys	23	10) St. Scholastica	18
11) St. Catherine	6		