



GRAND VALLEY STATE *GVSU Early Meet*

Friday/Saturday April 3-4, 2026

In Accordance with the NCAA Rule Book

Grand Valley State meet management designates video review allowable anywhere in the facility that is not on the runway, circle, or jumping area, as well as the track when it is in use. Please consult the field event official if you have questions.

FRIDAY

Noon Hammer Women 1st Men to follow

Noon Javelin Men 1st Women to follow after completion of women's Hammer

Shot Put and Discus will start at the completion of the men's hammer

Shot Put Women 1st Men to follow after completion of Men's discus

Discus Men 1st Women to follow

3:00pm High Jump- Women 1st Men to follow

3:00pm Long Jump- Men 1st Women to follow

To Follow LJ Triple Jump Men 1st Women to follow

ESTIMATED TIME SCHEDULE

2:00 100/110m Hurdles- Prelims (if necessary)

2:15 100m- Prelims (if necessary)

2:30 5000m-

3:10 400m Relay

3:15 1500m

3:45 400m

4:00 100/110m Hurdles- Finals

4:10 100m- Finals

4:05 800m

4:30 400m Hurdles

4:45 200m

5:15 3000m Steeplechase

5:45 1600m Relay

6:00 5000 Invite



100m Dash and 100/110m Hurdles

If more runners report to the check-in than lanes on the track (9) there will be prelims, and finals will follow after the 400m. If nine or less people report at check-in, it will be run as a timed final before the 5k.

Watch direct athletics to see how many are entered in each event.

**GRAND VALLEY
STATE™
TRACK & FIELD**

SATURDAY

1:00pm Pole Vault Men 1st Women to follow INDOORS AT THE KELLY