

# GRAND VALLEY STATE™

## TRACK & FIELD

**GVSU Big Meet- FRIDAY** *February 9<sup>th</sup>, 2024*

**GVSU Big Meet- SATURDAY** *February 10<sup>th</sup>, 2024*

These are two totally  
separate meets!

To compete in Friday's **GVSU Big Meet- FRIDAY** you will need to hit the listed standards. (Any Level Athlete)

Saturday's **GVSU Big Meet- SATURDAY** will be an Invite only meet with 10-14 teams as well as any unattached individuals who sign-up on Direct Athletics. If you would like to compete in both meets that IS allowed but will have to enter both meets and pay entry fee for both meets. Make sure when entering on Direct Athletics that you enter the correct meet. Friday's meet will be called the **GVSU Big Meet- FRIDAY** and the Saturday meet will be called the **GVSU Big Meet- SATURDAY**. The results will also be listed on TFRRS under two separate meet names.

### **ENTRY FEE**

**Full Team Friday meet only**- \$60 per athlete, PER EVENT including if entered in a relay (\$1,200 Max per school/\$600 per gender)

**Full Team Saturday meet only**- \$60 per athlete, PER EVENT including if entered in a relay (\$1200 Max per school/\$600 per gender)

***Each year these meets gets bigger and bigger. Each year these meets gets harder and harder to run. We are trying to keep the quality of our meet but still run the best possible indoor track meet we can. Please think about bringing student-athletes who can compete at the level of this meet. See last year's results to compare marks.***

***Direct Athletics will be set-up so that EVERYTHING can be paid online if you choose!***

# GVSU BIG MEET- SATURDAY



FEB 10<sup>TH</sup> 2024

FINAL SCHEDULE WILL BE SET AFTER FINAL ENTRIES



## Field Events: (9 to Finals)

10:00am Men Long Jump pit 1- TJ to follow  
Women Long Jump pit 2- TJ to follow

10:00am Women Weight Throw- Cage/Circle  
(men Weight Throw follows women)

10:00am Men Shot Put – wood circle  
(women Shot Put follows men)

10:00am High Jump- women followed by men

11:30am Pole Vault women (two pits)  
Pole Vault men to follow (two pits)

## Running Events: Rolling Schedule

10:00am

Women 3000m  
Men 3000m

Men 60m Hurdle- *Timed Finals*  
Women 60m Hurdle- *Timed Finals*  
Women 60m- *Timed Finals*  
Men 60m- *Timed Finals*

Women DMR  
Men DMR

Women 400m  
Men 400m

Women 800m  
Men 800m

Women 200m\* Limit 4 Entries Per School  
Men 200m\* Limit 4 Entries Per School

Women Mile  
Men Mile

Women 4 x 400m\* Limit 2 Teams Per School  
Men 4 x 400m\* Limit 2 Teams Per School



## Questions on your entries?

Contact meet manager lou andreadis

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