Drake Alternative (Alumni Meet) Gustavus Adolphus College Saturday, April 27th, 2024

Tentative Schedule Updated 3/26/24

Teams: Gustavus Adolphus, St. John's University, Martin Luther College, Bethany Lutheran College, Unattached, Alumni, University of Minnesota-Duluth, St. Cloud State University, Minnesota State University-Mankato, College of St. Scholastica

Entries: Unlimited entries by invited teams. Submit entries on Athletic.live

Entries Due: Wednesday, April 24th at 11:59pm

Entry Fee \$250 per gender, \$500 Combined (or \$25 per athlete based on entries until you reach the maximum of \$250 per gender)

Pay entry fee online

Field events: 3 attempts and finals **Implement Inspection:** 9:30am-10:45am

Timing Company and Live Results: Wayzata Results

Clerking: Check in with the clerk at the 100m start line table for hip numbers

Meet Information/Protocols:

- 1. Pole vault and high jump have the ability to be contested indoors or outdoors. Final decision will be made in the days leading up to the competition date.
- 2. Team camps have the ability to be at the indoor track or outdoor track
- 3. Horizontal jumps will be contested on separate runways. Triple jump has 24 and 28 painted boards, and 32 and 41 synthetic boards
- 4. Hammer Throw will be contested in our ring that is beyond the baseball field
- 5. Javelin will be contested on grass beyond the Hammer Throw area
- 6. Two laser measurement systems will be used in the throws to maximize efficiency
- 7. Field events will not be held up by an individual's involvement in another event. Please do your best to plan accordingly based on the time schedule
- 8. Implements will be weighed in at the indoor track
- 9. There is no admissions fee for spectators
- 10. Outdoor bathrooms and biffys will be available at the HT area as well as the outdoor track
- 11. Weather Policy: If inclement weather, the meet will be paused and all athletes, coaches, and meet workers will have to go to their bus/vehicle or assigned inclement weather shelter space indoors.
- 12. Inclement weather make-up day: Sunday, April 28th. It will have the same time schedule
- 13. We have the capability to run the short sprint events in reverse depending on the wind direction. This decision will be finalized the morning of the meet and will be communicated to participating teams.
- 14. Certified Athletic Trainers will be available throughout the meet near the finish line

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10:20am National Anthem (outdoor track)

Field events:

10:30am Javelin (men) - on the grass by HT

Shot Put (women)

Long Jump (men followed by women)
Pole Vault (women followed by men)
High Jump (men followed by women)

11:00am Hammer Throw (men) - ring beyond baseball field

Triple Jump (women followed by men)

12:00pm Javelin (women) - on the grass by HT *We will move up the time if able immediately following the men

1:00pm Shot Put (men) *We will start earlier if possible and start the first flight 20 minutes after the conclusion of the HT (men)

1:30pm Hammer Throw (women) - ring beyond baseball *We will move up the time if able immediately following the men

3:15pm Discus (women) - ring beyond baseball field (*or immediately following women's hammer throw)

Discus (men) - ring on the inside of the track (*or immediately following men's shot put)

Track events:

11:00 AM 3k Steeplechase W

11:22 AM 3k "The Chatty" Steeplechase M

11:40 AM Break 11:50 AM 4x100 W 11:56 AM 4x100 M

12:01 PM 4x100m student orgs/teams

1500m W 12:07 PM 12:15 PM 1500m M 100H W 12:35 PM 12:44 PM 110H M 12:54 PM 400m W 1:09 PM 400m M 1:21 PM 100m W 1:33 PM 100m M

1:45 PM 100m Fastest Student on Campus 1:49 PM 100m Future Gusties Kids Race

 1:53 PM
 800m W

 2:05 PM
 800m M

 2:20 PM
 400H W

 2:30 PM
 400H M

 2:45 PM
 200m W

 2:52 PM
 200m M

2:57 PM Officials Break/Senior Recognition

3:21 PM Rusty Gustie Alumni Mile

 3:43 PM
 5k W

 4:07 PM
 5k M

 4:27 PM
 4x400m W

 4:34 PM
 4x400m M

 4:40 PM
 4x400m Alumni

 4:47 PM
 Complete