

ROOM





THE 2025 Dick Young Classic April 12, 2025 Grinnell College, Grinnell, IA

SITE The Darren Young '93 Track and Field Complex. 8-lane Beynon surface with hammer/disc/shot rings on the

infield and a grass runway for javelin. Pole vault and horizontal jump runways set to run either direction as

dictated by the weather. Team camps can be set up to the west of the track.

PARKING Athlete drop off is by the railroad tracks on the Southeast corner of the facility. Bus drivers will be

instructed where to park after athletes are dropped off. Vans can park in the lot across 10th Ave. from the

Bear Center.

WEIGH IN Implement certification will occur from 9:00 – 10:00 AM in the North Press Box.

ENTRIES Entry deadline is by Wednesday, April 9 by 8 p.m. Late entries will not be accepted.

ENTRY FEE Entry Fee: \$30 per athlete to max. of \$300 per gender or \$600 combined M & W, payable to Grinnell

College Track & Field.

HEAT SHEETS Heat sheets will be posted on Grinnell track website on Friday, April 11th.

CLERKING Runners are to report to the Hip Number Clerk Table in the north press box least 20 minutes prior the start

of their event. Runners must report to the Starting Line Clerks at their respective starting line 10 minutes before their event. Field event athletes should report to their event site at least 25 minutes prior to the

start of competition.

SPIKES Only 1/8" and 1/4" pyramid spikes may be used. No pin spikes, and no 3/8" spikes of any kind.

TRAINING Certified Athletic Trainers and staff will be on site. Please provide your own tape and supplies.

HEAT SHEETS Heat Sheets will be posted at pioneers.grinnell.edu Friday night. Results will be posted on the north side of

the press box and live results will be provided by All-American Timing.

2025 TEAMS Central, Cornell, Faith Baptist, Graceland, Grandview, Grinnell, Iowa T&F Club, Knox, Monmouth, Simpson,

Southwestern CC, Waldorf, William Penn







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Saturday, April 12, 2025:

FIELD EVENTS

8:45 – 9:45 AM Weigh-in for all throwing events 10:00 Hammer Throw (Men-Women) 10:00 Shot Put (Women-Men) 10:30 High Jump (Women-Men) 10:30 Long Jump (Women then Men)

After LJ Triple Jump (Women then Men)

After HJ & Hammer Pole Vault (Men-Women) – Warm-ups will begin at the completion of the Hammer

Able to move inside if weather dictates

After Hammer Javelin (Men-Women) – on the football field

After Shot Put Discus (Women-Men)

RUNNING EVENTS All Running Events: Women-Men

1:30 PM 100/110 Hurdles

1:45 PM 100M Dash

2:00 PM 3000M Steeplechase

4x100 Relay 1500M Run 400M Dash 800M Dash 400 Hurdles 200M Dash 5000M Run 4x400 Relay