

**USD Twilight - 5/8/2026**  
**5/8/2026**  
**Session Report**

Session: 1 Field Events  
 Day 1 - Friday 5/8/2026 - Starts at 02:30 PM

Event	Round
3:00 PM #21 Women Pole Vault	Finals
3:00 PM #32 Men Javelin Throw	Finals
3:00 PM #29 Women Hammer Throw	Finals
3:00 PM #23 Women Long Jump	Finals
4:00 PM #31 Women Javelin Throw	Finals
4:15 PM #30 Men Hammer Throw	Finals
4:00 PM #24 Men Long Jump	Finals
5:00 PM #25 Women Triple Jump	Finals
5:30 PM #22 Men Pole Vault	Finals
5:30 PM #34 Men Shot Put	Finals
5:30 PM #27 Women Discus Throw	Finals
5:30 PM #19 Women High Jump	Finals
6:00 PM #26 Men Triple Jump	Finals
6:30 PM #28 Men Discus Throw	Finals
6:30 PM #33 Women Shot Put	Finals
6:45 PM #20 Men High Jump	Finals

Session: 2 Track events  
 Day 1 - Friday 5/8/2026 - Starts at 03:00 PM

Event	Round
3:30 PM #35 Women 4x100 Meter Relay	Finals
3:35 PM #38 Men 4x100 Meter Relay	Finals
3:40 PM #11 Women 5000 Meter Run	Finals
4:05 PM #12 Men 5000 Meter Run	Finals
4:30 PM #13 Women 100 Meter Hurdles	Finals
4:40 PM #14 Men 110 Meter Hurdles	Finals
5:05 PM #1 Women 100 Meter Dash	Finals
5:15 PM #2 Men 100 Meter Dash	Finals
5:30 PM #5 Women 400 Meter Dash	Finals
5:40 PM #6 Men 400 Meter Dash	Finals
6:05 PM #7 Women 800 Meter Run	Finals
6:15 PM #8 Men 800 Meter Run	Finals
6:20 PM #15 Women 400 Meter Hurdles	Finals
6:30 PM #16 Men 400 Meter Hurdles	Finals
6:35 PM #3 Women 200 Meter Dash	Finals
6:45 PM #4 Men 200 Meter Dash	Finals
7:00 PM #17 Women 3000 Meter Steeplechase	Finals
7:20 PM #18 Men 3000 Meter Steeplechase	Finals
7:40 PM #37 Women 4x400 Meter Relay	Finals
7:45 PM #36 Men 4x400 Meter Relay	Finals
7:50 PM #9 Women 1500 Meter Run	Finals
8:00 PM #10 Men 1500 Meter Run	Finals