

CASCADE CONFERENCE XC CHAMPIONSHIPS

NOVEMBER 5, 2016

CORBAN UNIVERSITY - SALEM, OREGON

COLLEGE WOMEN

1. 28 Northwest Christian (18:45 1:33:43 0:48)

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1	1	Sierra Brown	18:08
2	4	Shea Vallaire	18:50
3	6	Anna Brooks	18:54
4	7	Alyssa Harmon	18:55
5	10	Rosa Schmidt	18:56
6	(12)	Michelle Fletcher	19:06
7	(23)	Melissa Rios	19:55

2. 78 College of Idaho (19:29 1:37:22 0:55)

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1	8	Molly Vitale-Sullivan	18:56
2	14	Lila Klopfenstein	19:13
3	17	Emily Hawgood	19:41
4	18	Ashtyn Ellis	19:41
5	21	Kaitlyn Schut	19:51
6	(22)	Tamika Russell	19:53
7	(27)	Mishal Cotugno	20:13

3. 80 Oregon Tech (19:28 1:37:19 1:46)

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1	3	Danielle De Castro	18:47
2	9	Cindy Reed	18:56
3	15	Jordan Monroe	19:17

4	20	Susie Garza	19:46
5	33	Annika Andersen	20:33
6	(35)	Allison Babbage	20:41
7	(37)	Kayla Parsons	20:44

4. 96 Southern Oregon (19:43 1:38:33 1:44)

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1	2	Jessa Perkinson	18:27
2	19	Kayle Blackmore	19:42
3	24	Aspen Abbott	20:04
4	25	Braana Weber	20:09
5	26	Ariana Toland	20:11
6	(29)	Natalie Berania	20:19
7	(30)	Jocelyn Schmidt	20:22

5. 148 Corban (20:18 1:41:27 1:45)

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1	13	Amy Murphy	19:07
2	31	Hannah Clarizio	20:25
3	32	Elizabeth Oosterhout	20:27
4	34	Annabel Guptil	20:36
5	38	Kristina Yzaguirre	20:52
6	(45)	Rebecca Sidlo	21:43
7	(47)	Kristen Lachapelle	22:21

6. 151 Eastern Oregon (20:25 1:42:01 2:31)

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1	5	Rachel Roelle	18:51
2	28	Analicia Alvarado	20:13
3	36	Josie Reddington	20:41

4	39 Stormy Bullard	20:54
5	43 Brylee Moyle	21:22
6	(44) Faith Homer	21:36
7	(50) Alexa Jones	22:34

7. 168 Northwest U. (21:00 1:44:56 3:39)

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1	11 Sarah Estabrook	19:03
2	16 Lily Engelbrekt	19:23
3	42 Shandon Lystad	21:20
4	48 Ryan Conlin	22:28
5	51 Mia Valerio	22:42
6	(54) Hannah Delapp	23:21
7	(55) Megan Golling	23:24

8. 246 Multnomah (22:40 1:53:19 3:37)

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1	40 Leah Norquist	20:56
2	46 Rachel Brown	22:03
3	49 Sarah Carrier	22:29
4	53 Moriah Paterson	23:18
5	58 Lucia Morud	24:33
6	(60) Meghan Ward	27:19
7	(61) Johanna Ohmes	31:47

9. 265 Warner Pacific (23:34 1:57:47 4:58)

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1	41 Rebecca Anna	21:03
2	52 Celeste Jackson	23:12
3	56 April Vidal	23:44

4	57	Martina Avendano	23:47
5	59	Larissa Byrgazova	26:01

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COLLEGE WOMEN

Place	Tm	PI No.	Name	Yr	Team Name	Time	Pace
=====	=====	=====	=====	=====	=====	=====	=====
1	1	81	Sierra Brown	SR	Northwest Christian	18:07.3	5:50
2	2	149	Jessa Perkinson	JR	Southern Oregon	18:26.9	5:57
3	3	124	Danielle De Castro	SO	Oregon Tech	18:46.4	6:03
4	4	90	Shea Vallaire	SR	Northwest Christian	18:49.6	6:04
5	5	52	Rachel Roelle	JR	Eastern Oregon	18:50.3	6:04
6	6	80	Anna Brooks	SO	Northwest Christian	18:53.6	6:05
7	7	86	Alyssa Harmon	SR	Northwest Christian	18:54.2	6:06
8	8	10	Molly Vitale-Sullivan	FR	College of Idaho	18:55.5	6:06
9	9	129	Cindy Reed	SO	Oregon Tech	18:55.6	6:06
10	10	89	Rosa Schmidt	JR	Northwest Christian	18:56.0	6:06
11	11	104	Sarah Estabrook	JR	Northwest U.	19:02.1	6:08
12	12	83	Michelle Fletcher	SR	Northwest Christian	19:05.3	6:09
13	13	28	Amy Murphy	FR	Corban	19:06.3	6:09
14	14	7	Lila Klopfenstein	SR	College of Idaho	19:12.5	6:11
15	15	127	Jordan Monroe	FR	Oregon Tech	19:16.5	6:13
16	16	103	Lily Engelbrekt	JR	Northwest U.	19:22.9	6:15
17	17	6	Emily Hawgood	JR	College of Idaho	19:40.1	6:20
18	18	5	Ashtyn Ellis	JR	College of Idaho	19:40.5	6:20

19	19	146	Kayle Blackmore	SO Southern Oregon	19:41.5	6:21
20	20	125	Susie Garza	SO Oregon Tech	19:45.3	6:22
21	21	9	Kaitlyn Schut	SO College of Idaho	19:50.1	6:24
22	22	8	Tamika Russell	SO College of Idaho	19:53.0	6:24
23	23	88	Melissa Rios	SO Northwest Christian	19:54.4	6:25
24		84	Macie Gale	SR Northwest Christian	19:58.4	6:26
25	24	144	Aspen Abbott	SR Southern Oregon	20:03.3	6:28
26	25	153	Braana Weber	SO Southern Oregon	20:08.7	6:30
27	26	152	Ariana Toland	FR Southern Oregon	20:10.8	6:30
28	27	1	Mishal Cotugno	SR College of Idaho	20:12.1	6:31
29	28	43	Analicia Alvarado	FR Eastern Oregon	20:12.7	6:31
30	29	145	Natalie Berania	SR Southern Oregon	20:19.0	6:33
31	30	151	Jocelyn Schmidt	JR Southern Oregon	20:21.6	6:34
32	31	24	Hannah Clarizio	SO Corban	20:24.9	6:35
33		82	Cassandra Brownell	FR Northwest Christian	20:25.2	6:35
34	32	29	Elizabeth Oosterhout	SO Corban	20:26.4	6:35
35		2	Abigail Craig	FR College of Idaho	20:28.6	6:36
36		3	Kathryn Craig	FR College of Idaho	20:30.1	6:36
37	33	122	Annika Andersen	SO Oregon Tech	20:32.7	6:37
38	34	25	Annabel Guptil	SO Corban	20:36.0	6:38
39		148	Margarita Lauer	SO Southern Oregon	20:38.7	6:39
40		4	Annelise Eagleton	JR College of Idaho	20:38.9	6:39
41	35	123	Allison Babbage	FR Oregon Tech	20:40.1	6:40
42	36	50	Josie Reddington	SO Eastern Oregon	20:40.7	6:40
43	37	128	Kayla Parsons	SR Oregon Tech	20:43.7	6:41
44		150	Jassmine Reill	FR Southern Oregon	20:51.6	6:43
45	38	32	Kristina Yzaguirre	JR Corban	20:52.0	6:43
46	39	44	Stormy Bullard	SO Eastern Oregon	20:53.6	6:44
47	40	70	Leah Norquist	JR Multnomah	20:55.5	6:45
48	41	164	Rebecca Anna	SO Warner Pacific	21:02.3	6:47

49	147	Marisa D'Orfani	SR Southern Oregon	21:03.1 6:47
50	42 107	Shandon Lystad	SR Northwest U.	21:19.5 6:52
51	43 49	Brylee Moyle	FR Eastern Oregon	21:21.2 6:53
52	87	Anika Rasubala	FR Northwest Christian	21:30.3 6:56
53	44 46	Faith Homer	JR Eastern Oregon	21:35.7 6:58
54	126	Kimberley Heesacker	SO Oregon Tech	21:39.6 6:59
55	45 30	Rebecca Sidlo	FR Corban	21:43.0 7:00
56	46 67	Rachel Brown	FR Multnomah	22:02.6 7:06
57	130	Kirstin Volk	FR Oregon Tech	22:04.2 7:07
58	47 27	Kristen Lachapelle	JR Corban	22:20.7 7:12
59	48 101	Ryan Conlin	FR Northwest U.	22:27.9 7:14
60	49 68	Sarah Carrier	SO Multnomah	22:28.6 7:15
61	50 47	Alexa Jones	FR Eastern Oregon	22:33.1 7:16
62	51 111	Mia Valerio	FR Northwest U.	22:41.9 7:19
63	23	Brooklyn Baker	SO Corban	22:51.8 7:22
64	31	Sarah Taylor	SR Corban	22:56.4 7:23
65	45	Yunmee Crossler-Laird	JR Eastern Oregon	23:02.8 7:26
66	52 168	Celeste Jackson	FR Warner Pacific	23:11.4 7:28
67	26	Rebekka Kuzichev	SR Corban	23:14.8 7:29
68	53 72	Moriah Paterson	SO Multnomah	23:17.5 7:30
69	54 102	Hannah Delapp	FR Northwest U.	23:20.9 7:31
70	55 105	Megan Golling	FR Northwest U.	23:23.9 7:32
71	56 169	April Vidal	SO Warner Pacific	23:43.1 7:39
72	57 165	Martina Avendano	FR Warner Pacific	23:46.9 7:40
73	110	Leila Praino	FR Northwest U.	24:20.8 7:51
74	58 69	Lucia Morud	SO Multnomah	24:32.1 7:54
75	108	Anna Miller	FR Northwest U.	25:28.1 8:12
76	59 167	Larissa Byrgazova	FR Warner Pacific	26:00.7 8:23
77	60 73	Meghan Ward	FR Multnomah	27:18.4 8:48
78	61 71	Johanna Ohmes	FR Multnomah	31:46.9 10:14