

Idaho Duals

Indoor Track & Field Meet

Last Revised: 1/31/18



- Date/Time:** Friday, February 2, 2018 **Field Events:** 9:00am **Running Events:** 12:00am
- Facility:** Kibbie Dome indoor track at University of Idaho in Moscow, Idaho;
Kibbie-ASUI Activity Center, 875 Perimeter Drive.
- Spikes:** ¼” or shorter spikes are required.
- Admission:** Admission is free to the public. Please enter on the NW corner of the Kibbie Dome.
- Teams:** Only the following teams, and their unattached athletes will compete at the Idaho Duals: University of Montana, University of Idaho, Eastern Washington University, Portland State University, Gonzaga University. Other interested Division I programs bringing a full team may email cathleencawley@uidaho.edu for consideration.
- Entry Procedure:** Entries will close on Tuesday, January 30, 2018 at 11:59 PM PST. Only marks since 12/1/2016 in DirectAthletics will be accepted. Please email **scratches only** to cathleencawley@uidaho.edu by 12:00 noon on Wednesday, January 31, 2018. Entries will be taken only through www.DirectAthletics.com. No entries will be accepted by email or phone. Unattached entries from the invited universities should be emailed directly to cathleencawley@uidaho.edu.
- Entry Fee:** No entry fee.
- Rules:** NCAA rules will be used in all cases. Fully automatic timing system will be used.
- Scoring:** This is a scoring competition. In order to give you up to 3 competitions to meet NCAA Division I sponsorship requirements (NCAA Bylaw 20.9.4.3.3), we will score the meet as “double duals” amongst the teams, amounting to your team scoring against each of the other teams. Each dual meet will be scored per Rule 7, Section 1, Article 1 of NCAA Rulebook, i.e., 5 points will be awarded for 1st place, 3 for 2nd, 2 for 3rd and 1 for 4th. Relays are 5 for 1st, 3 for 2nd. A maximum of 2 per team will score per event. There will be prizes for the champion of each event. **Prizes:** Event winners will receive cupcakes from Sweet Mutiny.
- Schedule:** The meet will stay on schedule and will NOT operate on a rolling schedule. The final schedule will be posted on Wednesday, January 31, 2018 at www.govandals.com.
- Weigh-Ins:** Only indoor shot puts and soft shell weights will be allowed. Implement weigh-ins will take place during the following times:
Weigh-ins: 8:00 AM – W WT; 8:45AM - 10:00AM – All other events
- Check-In:** All competitors in track events should check-in with the clerk of course table **NO LATER THAN 20 minutes** prior to the start of the event. All field event athletes should check-in with the field event judge 30 minutes prior to the scheduled start of the event.
- Starting Heights / Minimum Marks:** Triple jump boards will be at W-32’ and M-40’. There will not be any other takeoff boards available. Bar progressions in the high jump and pole vault will be adjusted to hit Division I National marks. Opening heights will be determined based on entries.

Relay Cards: Turn into the finish line timing table in the blue box.

Advancement Protocols for 60/60H: If less than 8 competitors report to the start line for prelims, the prelim will be cancelled, and the race will be run as a final at the originally scheduled final. 8 competitors will advance to the finals. Prelim race heat winners will advance to finals, all others will advance on time.

Live Feed And Results: Meet results will be available approximately 30 minutes after the last event. Results will be posted by the meet only at www.govandals.com and at www.directathletics.com. Results will be posted at the meet on the NE corner of the Dome floor. There will likely be a live feed of the event. Details TBD.

Parking: Parking is on the west end of the Kibbie Dome. You will be able to park on the west side of the Kibbe Dome in the blue lot numbered 57. We have reserved this lot for the meet, so no pass is needed. Parking in any other lot will likely result in a ticket and fine.

Showers: Showers may be available in the Kibbie Dome locker rooms. Email request to cathleencawley@uidaho.edu by 1/29/18.

Practice Times: Dome floor with **most** field events will be open until 4:30pm on Thursday 2/1/18. Other facilities may be available by warmups only. Contact cathleencawley@uidaho.edu to arrange.

Trainers: University of Idaho trainers will be available in the training room just east of the track. For special requests, please contact: Elizabeth Bonanni at bona0841@vandals.uidaho.edu

For additional information, cancellation or weather info, please check our twitter @IdahoTrack or call:

Meet official's information:

Tim Cawley at (970) 988-4919 or tcawley@uidaho.edu

Travis Floeck at (208) 310-5024 or tfloeck@uidaho.edu

Warm Ups and Finals Information for the Horizontal Jumps and Throwing Events

For the **horizontal jumps and throwing events**, the following procedures will be followed:

- **General Warm-up:** 20 minutes of general warm-up time for all competitors will be provided. This will occur 30 minutes prior to the start of competition. If another event precedes it in the same competition area, this warm-up time will begin immediately at the conclusion of the previous event.
- **Flight Specific Warm-up:** 10 minutes of flight specific warm-up time will be provided. This will occur 10 minutes prior to the start of competition.
- **Finals after only 1 flight:** If only 1 flight is run, there will be no warm-up period between prelims and finals.
- **Finals after 2 flights:** If 2 flights are run, there will be a 10 minute warm-up period ONLY if a participant from an earlier flight qualifies, otherwise if all competitors are from the last flight, there will be no warm-up period between prelims and finals.
- **Note:** If there is only 1 flight, a total of 30 minutes warm-up will be provided – 20 minutes general and 10 minutes for the 1 flight.
- **Advancing to Finals:** Top 9 will advance based on performance. If 9 or fewer competitors start the preliminary round of competition, each competitor that takes a legal ATTEMPT in the preliminary rounds will automatically advance, even if each preliminary attempt is a foul.

Idaho Duals

Indoor Track & Field Meet

February 2, 2018



Friday, February 2, 2018:

Field Events:

9:00am	Women's Weight Throw (1 flight)
10:00am	Women's Long Jump (2 flights)
10:30am	Women's Pole Vault (1 flight)
11:00am	Men's High Jump (1 flight)
1:00pm	Women's High Jump (1 flight)
After W's WT	Men's Weight Throw (1 flight)
After M's WT	Women's Shot Put (1 flight)
After W's SP	Men's Shot Put (1 flight)
After W's LJ	Men's Long Jump (1 flight)
After M's LJ	Women's Triple Jump (1 flight) **Will begin 30 minutes after the completion of men's long jump.
After W's TJ & M WT	Men's Triple Jump (1 flight) **Will start 30 minutes after the completion of the M TJ or M WT, whichever is later.
After W's PV	Men's Pole Vault (1 flight) ** Will begin 60 minutes after the completion of the women's pole vault.

**TJ boards will be at W-32' and M-40'

**Top nine marks will go to finals in the throws and horizontal jumps.

Running Events:

11:25am	National Anthem	
11:30am	Men's Mile (two sections)	
11:45am	Women's Mile (two sections)	
12:00pm	Men's 60 Hurdle Prelims (two sections)	*If < 9 runners report, the prelims will be cancelled per R5, Art. 3.
12:10pm	Women's 60 Hurdle Prelims (two sections)	*If < 9 runners report, the prelims will be cancelled
12:20pm	Men's 60m Prelims (two sections)	*If < 9 runners report, the prelims will be cancelled
12:30pm	Women's 60m Prelims (two sections)	*If < 9 runners report, the prelims will be cancelled
12:40pm	Men's 400m (three sections)	
12:50pm	Women's 400m (two sections)	
1:00pm	Senior Recognition Ceremony at Finish Line Area	
1:25pm	Women's 60 Hurdle Final (one section)	*Heat winners + next fastest overall advance to final of 8.
1:35pm	Men's 60 Hurdle Final (one section)	*Heat winners + next fastest overall advance to final of 8.
1:45pm	Men's 60m Final (one section)	*Heat winners + next fastest overall advance to final of 8.
1:55pm	Women's 60m Final (one section)	*Heat winners + next fastest overall advance to final of 8.
2:00pm	Men's 800m (two sections)	
2:10pm	Women's 800m (two sections)	
2:20pm	Men's 200m (four sections)	**The 200 will be reseeded if many scratches occur on meet day.
2:35pm	Women's 200m (five sections)	**The 200 will be reseeded if many scratches occur on meet day.
2:45pm	Men's 3000m (two sections)	
3:05pm	Women's 3000m (one or two sections)	
3:30pm	Men's 4 x 400m (one section)	**The Relay will be reseeded if many scratches occur on meet day.
3:35pm	Women's 4 x 400m (one section)	**The Relay will be reseeded if many scratches occur on meet day.

*All races will be heats against time.

*All events and times are subject to change depending on the number of teams competing.

***The meet will stay on schedule and will NOT operate on a rolling schedule.**

The final schedule will be posted on Wednesday, January 31, 2018 at www.govandals.com.