

Memphis Track and Field

Men's Walk-On Standards

*****Reaching the posted standards will not guarantee you a spot on the team.******

Thank you for your interest in Memphis Track and Field! Below you will find our walk-on standards for potential student-athletes. **The standards below are a guide and should not be regarded as a guarantee. Our coaching staff makes individual assessments of each potential student-athlete.** We have the NCAA maximum 12.6 scholarships for men and 18.0 for women for all track and field events. In addition, please know — per NCAA Rules — we cannot respond to email correspondence or make telephone calls prior to June 15 after the completion of your sophomore year. If, after reading through these standards, you feel you are a good fit for our program, please complete the recruiting questionnaire for your gender. **NOTE: Completing this questionnaire does not guarantee a response from our coaching staff. We encourage you to follow up with an email to your respective event coach to express further interest.** Thanks again for your interest in the University of Memphis.

Sprints/Hurdles	Jumps	Distance	Throws
100m = 10.75	HJ = 6'6	800m = Sub 1:59	SP = 55FT
110mh = 14.30	LJ = 23'0	Mile = Sub 4:26	Discus = 160FT
200m = 21.60	TJ = 48'0	Two mile =Sub 9:45	Hammer = 160FT
300mh = 39.50	PV = 15'6	5km/XC = Sub 16:20	WT = 60FT
400m = 48.05			Javelin = 175FT
			Decathlon = 6300