

# Dr. Dan Caprioglio

## Tentative Meet Schedule

March 20-21:

### Friday

#### FIELD

Noon – Triple Jump, men first

Noon– Hammer, men first

Noon – Javelin, women first

### Saturday

#### FIELD

10:00am – Shot put, men first

10:00am– Discus, women first

10am – Pole vault, women first

11am – Long Jump, women first

noon – High Jump, women first

\*based on entries as of 11am Tues

### Saturday

#### TRACK

8:00am – 10k women

8:50am – 10k men (2 heats)

10:10am – 3k Steeplechase men

10:30am – 4x100 relay women

10:35am – 4x100 relay men

10:45am – 1500m women

11:15am – 1500m men

11:45pm – 100m hurdles women

11:55pm – 110m hurdles men

12:10pm – 800m women

12:20pm – 800m men

12:35pm- 400m women

12:50pm- 400m men

1:10pm – 100m women

1:20pm – 100m men

1:25pm – 400mH women

1:35pm – 400mH men

1:50pm – 200m women

2:10pm – 200m men

2:30pm- 5000m women

2:55pm- 5000m men

3:15pm – 4x400 relay women

3:25pm – 4x400m relay men