

# DAVID HEMERY VALENTINE INVITATIONAL

## MEN'S FINAL SCHEDULE

**FRIDAY, FEBRUARY 13, 2026**

**DOORS OPEN: 7:30AM**



### FIELD EVENTS

10:30AM LONG JUMP FOLLOWED BY TRIPLE JUMP

10:30AM POLE VAULT

3:00PM HIGH JUMP

3:00PM SHOT PUT FOLLOWED BY WEIGHT THROW

### RUNNING EVENTS

***SESSION 1 WILL RUN UP TO 10 MINUTES AHEAD OF SCHEDULE***

9:00AM DMR

9:12AM 60H PRELIMS

9:20AM 60M INVITE PRELIMS (TOP 27)

9:25AM 60M OPEN FINALS

9:30AM 400M INVITE (TOP 40 IN BLOCKS – 4 PER HEAT)

9:52AM 400M OPEN (NO BLOCKS – 5 PER HEAT)

10:25AM 60H FINAL

10:28AM 60M FINAL

10:30AM 800M OPEN

11:25AM 200M INVITE (TOP 40 IN BLOCKS – 4 PER HEAT)

11:40AM 200M OPEN (NO BLOCKS – 4 PER HEAT)

12:10PM 1000M

12:40PM 4x400m (5 PER HEAT)

1:20PM MILE OPEN

**3:30PM FLOTRACK NIGHT IN AMERICA (ELITE WINDOW) BEGINS**

3:30PM 800M INVITE (5 HEATS)

3:50PM MILE INVITE (5 HEATS)

4:20PM 3K INVITE (1 HEAT)

4:30PM 5K INVITE (1 HEAT)

***SESSION 2 WILL BEGIN IMMEDIATELY AFTER THE ELITE WINDOW***

4:45PM 3K OPEN

6:40PM 5K OPEN

**ESTIMATED FINISH 9:15PM**