

Boston University
David Hemery Valentine Invite
Friday February 13, 2026 (Men)
Saturday February 14, 2026 (Women)

Field Events:

10:30am Long Jump followed by Triple Jump
Pole Vault
3:00pm High Jump
Shot Put followed by Women's Weight Throw

Running events: will run fast to slow.
Preferred oval sprint lanes 5-6-4-3-2-1
Preferred straight sprint lanes 5-4-6-3-7-2-8-1-9

7:30am – Doors Open

9:00am – Earliest Start Time

DMR

60H Invite (top 27 entries)

60H Open Final

60m Invite (top 27 entries)

60m Open Final

400m Invite (top 40 entries with blocks)

400m open **(without blocks)**

60H Invite Finals (9)

60m Invite Finals (9)

800m Open

200m Invite (top 40 entries with blocks)

200m Open **(without blocks)**

1000m

4x400m

Mile Open

~4:00pm – Elite Window (3:00pm for women)**

800m Invite (3 heats)

Mile Invite (3 heats)

3k Invite (2 heats)

5k Invite (1 heat)

~5:30pm (4:30pm for women)**

3k Open

5k Open

Meet Concludes by 9:30pm