

2016 STANFORD TRACK AND FIELD

Outdoor Schedule

Date	Meet	Site	Scores/Time
March 5	at Cal Outdoor Opener	Berkeley, Calif.	Non-scoring
March 18-19	at Hornet Invitational	Sacramento, Calif.	Non-scoring
March 30-31	at Clyde Littlefield Texas Relays	Austin, Texas	Non-scoring
April 1-2	Stanford Invitational	Stanford, Calif.	Non-scoring
April 9	at Big Meet	Berkeley, Calif.	M: Stan. 86, Cal 77; W: Stan 114, Cal 48
April 22-23	at Brutus Hamilton	Berkeley, Calif.	Non-scoring
April 22	Stanford Twilight	Stanford, Calif.	Non-scoring
April 23	at Michael Johnson Invitational	Waco, Texas	Non-scoring
May 1	Payton Jordan Invitational	Stanford, Calif.	Non-scoring
May 14-15	at Pac-12 Championships	Seattle, Wash.	W: 3rd (90); M: 6th (74)
May 26-28	at NCAA West Prelims	Lawrence, Kan.	Non-scoring
June 8-11	at NCAA Championships	Eugene, Ore.	W: 7th (29); M: 13th (15)
July 1-10	at U.S. Olympic Trials	Eugene, Ore.	Seven Cardinal competed

School Records

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
Clyde Littlefield Texas Relays			NCAA Championships		
Harrison Williams	Decathlon	7,842	Elise Cranny	1,500	4:09.54
Michael Johnson Invitational					
Harrison Williams, Frank Kurtz, I. Brandt-Sims, Jack Shumway	4x400 relay	3:05.59			
NCAA Championships					
Harrison Williams	Decathlon	8,032			

Meet Records

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
			Stanford Invitational		
			Gaby Gayles, Olivia Baker, Missy Mongiovi, Kristyn Williams	4x400 relay	3:32.67

Conference Winners

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
Pac-12 Championships			Pac-12 Championships		
Harrison Williams, Frank Kurtz, I. Brandt-Sims, Jack Shumway	4x400 relay	3:08.13	Olivia Baker	400	53.20
Darian Brooks	Triple jump	51-11 3/4	Elise Cranny	1,500	4:17.72
			Valarie Allman	Discus	188-11
			Mackenzie Little	Javelin	176-2

2016 STANFORD TRACK AND FIELD

Indoor Schedule

Date	Meet	Site	Scores/Time
Jan. 16	at UW Indoor Preview	Seattle, Wash.	Non-scoring
Jan. 29-30	at Penn State National	University Park, Pa.	Non-scoring
Feb. 12-13	at Iowa State Classic	Ames, Iowa	Non-scoring
Feb. 12-13	at Don Kirby Collegiate Invitational	Albuquerque, N.M.	Non-scoring
Feb. 12-13	at Husky Classic	Seattle, Wash.	Non-scoring
Feb. 19	at NAU Tune-Up	Flagstaff, Ariz.	Non-scoring
Feb. 26-27	at MPSF Championships	Seattle, Wash.	W - 2nd (73.75); M - 6th (51.5)
March 11-12	at NCAA Championships	Birmingham, Ala.	M - 8 (18); W - 16 (12)

Individual Winners

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
UW Indoor Preview			UW Indoor Preview		
Dylan Duvio	Pole vault	17-3	Malika Waschmann	800	2:08.96
			Rebecca Mehra	1,000	2:45.28
Penn State National			Gaby Gayles, Kristyn Williams, Kaitlyn Williams, Olivia Baker		
Harrison Williams	Heptathlon	5,690		4x400 relay	3:40.38
Husky Classic			Penn State National		
Grant Fisher*	3,000	7:50.06	Olivia Baker	800	2:04.10
			Maddy Berkson	1,000	2:47.08
			Claudia Saunders, Kristyn Williams, Olivia Baker, Rebecca Mehra		
				DMR	10:54.58
			Iowa State Classic		
			Elise Cranny	Mile	4:38.44
			MPSF Championships		
			Olivia Baker	800	2:04.28

*unattached

New School Records

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
UW Indoor Preview			Don Kirby Elite Invitational		
Darian Brooks	Triple jump	52-9 1/4	Gaby Gayles, Olivia Baker, M. Crunkleton Wilson, Kr. Williams		
				4x400 relay	3:33.78
Penn State National			MPSF Championships		
Tom Coyle, Jackson Shumway, Justin Brinkley, Sean McGorty			Valarie Allman	Weight throw	62-8 1/2
	DMR	9:27.27			
MPSF Championships					
Sean McGorty	Mile	3:53.95			
NCAA Championships					
Harrison Williams	Heptathlon	5,937			

STANFORD MEN'S 2016 OUTDOOR PERFORMANCE LIST

By Event

100 meters (10.39)

Name	Mark	Meet	Date
Harrison Williams	10.69	NCAA Champs	6/8
Isaiah Brandt-Sims	10.73	Hornet/Stanford	3/19,5/1
Colin Dolese	11.14	Stanford Invitational	4/1
Miguel Shaw	11.37	Big Meet	4/9
Daniel Brady	11.40	Stanford Invitational	4/1
Frank Kurtz	10.81w	Stanford Invitational	4/1
Jackson Shumway	10.98w	Stanford Invitational	4/1

200 meters (20.74)

Name	Mark	Meet	Date
Harrison Williams	21.35	Michael Johnson	4/23
Isaiah Brandt-Sims	21.46	Big Meet	4/9
Frank Kurtz	22.05	Hornet Invitational	3/19
Amit Maity	22.31	Hornet Invitational	3/19
Miguel Shaw	22.94	Payton Jordan	5/1
Isaac Westlund	22.95	Big Meet	4/9
Zac Espinosa	23.32	Twilight Meet	4/22

400 meters (45.36)

Name	Mark	Meet	Date
Harrison Williams	46.66	U.S. Olympic Trials	7/2
Frank Kurtz	47.73	Big Meet	4/9
Colin Dolese	48.85	Twilight Meet	4/22
Isaac Westlund	48.96	Payton Jordan	5/1
Zac Espinosa	49.17	Stanford Invitational	4/1
Amit Maity	49.30	Big Meet	4/9
Lucas Ege	50.85	Twilight Meet	4/22

800 meters (1:46.20)

Name	Mark	Meet	Date
Tai Dinger	1:49.73	Pac-12 Champs	5/15
Justin Brinkley	1:49.81	Big Meet	4/9
Tom Coyle	1:50.43	Payton Jordan	5/1
Brian Smith	1:50.53	Pac-12 Champs	5/14
Daniel Book	1:51.26	Twilight Meet	4/22
Will Drinkwater	1:53.03	Payton Jordan	5/1
Christian White	1:53.49	Payton Jordan	5/1
Patrick Perrier	1:56.07	Big Meet	4/9

1,500 meters (3:35.11)

Name	Mark	Meet	Date
Justin Brinkley	3:40.31	Pac-12 Champs	5/15
Sean McGorty	3:40.74	Pac-12 Champs	5/15
Tom Coyle	3:42.68	Big Meet	4/9
Grant Fisher	3:42.85	Twilight Meet	4/22
Patrick Perrier	3:44.32	Pac-12 Champs	5/14
Jack Keelan	3:46.09	Twilight Meet	4/22
Collin Leibold	3:47.06	Stanford Invitational	4/1
Tai Dinger	3:48.23	Twilight Meet	4/22
Adam Thorne	3:49.86	Hornet Invitational	3/19
Ryan Silva	3:52.42	Big Meet	4/9
Garrett Sweatt	3:55.19	Twilight Meet	4/22
Patrick Gibson	3:57.71	Hornet Invitational	3/19
Jack Bordoni	4:00.18	Hornet Invitational	3/19
Harrison Williams	4:34.12	Texas Relays	3/31

Also:

Alex Ostberg*	3:49.16	Stanford Invite	4/1
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Mile (3:55.16)

Name	Mark	Meet	Date
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3,000-meters steeplechase (8:32.09)

Name	Mark	Meet	Date
Steven Fahy	8:46.69	Pac-12 Champs	5/14
Adam Thorne	9:19.00	Big Meet	4/9
Patrick Perrier	9:28.75	Big Meet	4/9

3,000 meters

Name	Mark	Meet	Date
Jack Keelan	8:08.55	Big Meet	4/9
Collin Leibold	8:14.51	Big Meet	4/9
Sam Wharton	8:15.83	Big Meet	4/9
Patrick Gibson	8:18.03	Big Meet	4/9
Blair Hurlock	8:26.83	Big Meet	4/9
Garrett Sweatt	8:27.11	Big Meet	4/9

5,000 meters (13:15.33)

Name	Mark	Meet	Date
Sean McGorty	13:24.25	Payton Jordan	5/1
Grant Fisher	13:30.13	NCAA Champs	6/10
Jack Keelan	13:40.72	Stumptown Twilight	6/23
Collin Leibold	13:53.15	Payton Jordan	5/1
Jim Rosa	13:56.32	Stumptown Twilight	6/23
Sam Wharton	14:03.52	Twilight Meet	4/22
Steven Fahy	14:04.02	Stanford Invitational	4/1
Garrett Sweatt	14:06.90	Payton Jordan	5/1
Patrick Gibson	14:08.50	Twilight Meet	4/22
Tom Coyle	14:17.75	Stanford Invitational	4/1
Jack Bordoni	14:39.73	Stanford Invitational	4/1

10,000 meters (27:31.38)

Name	Mark	Meet	Date
Jack Keelan	29:13.92	Pac-12 Champs	5/14
Garrett Sweatt	29:15.67	Pac-12 Champs	5/14
Sam Wharton	29:30.98	Stanford Invitational	4/1
Jim Rosa	29:50.30	Pac-12 Champs	5/14

110-meter hurdles (13.61)

Name	Mark	Meet	Date
Harrison Williams	13.88	Payton Jordan	5/1

400-meter hurdles (48.79)

Name	Mark	Meet	Date
Jackson Shumway	51.39	Michael Johnson	4/23
Daniel Brady	51.93	NACAC U-23	7/16
Colin Dolese	52.51	Payton Jordan	5/1

4x100 meter relay (39.64)

Name	Mark	Meet	Date
Williams, Brandt-Sims, Dolese, Kurtz	41.50	Big Meet	4/9
Dolese, Brandt-Sims, Brady, Kurtz	41.63	Stanford Invitational	4/2
Maity, Westlund, Espinosa, Dolese	42.12	Payton Jordan	5/1

STANFORD MEN'S 2016 OUTDOOR PERFORMANCE LIST

By Event

4x400 meter relay (3:05.59)

Name	Mark	Meet	Date
Williams, Kurtz, Brandt-Sims, Shumway	3:05.59	Michael Johnson	4/23
Williams, Brandt-Sims, Brady, Shumway	3:11.21	Big Meet	4/9
Dolese, Brady, Brandt-Sims, Kurtz	3:12.33	Hornet Invitational	3/19
Dolese, Kurtz, Espinosa, Shumway	3:13.02	Stanford Invitational	4/2
Maity, Westlund, Espinosa, Dolese	3:14.78	Brutus Hamilton	4/23
White, Smith, Book, Dinger	3:18.19	Hornet Invitational	3/19

Final 2016

(Parentheses indicate school record for that event)

* unattached

High jump (7-5 3/4, 2.28m)

Name	Mark	Meet	Date
Dartis Willis II	7-2 1/4	Big Meet	4/9
Trevor Rex	6-6 3/4	Hornet Invitational	3/19
Harrison Williams	6-5	Thorpe Cup	7/29

Pole vault (18-9 1/2, 5.72m)

Name	Mark	Meet	Date
Dylan Duvio	17-7 3/4	NCAA West Prelims	5/27
Harrison Williams	17-2 3/4	Thorpe Cup	7/30
Garrett Starkey	17-0 1/4	Payton Jordan	5/1
Dan Emery	16-6 3/4	Stanford Invitational	4/1

Long jump (27-0, 8.22m)

Name	Mark	Meet	Date
Darian Brooks	23-10 3/4	Big Meet	4/9
Harrison Williams	23-1 1/4	U.S. Olympic Trials	7/2

Triple jump (52-6 3/4, 16.02m)

Name	Mark	Meet	Date
Darian Brooks	51-11 3/4	Pac-12 Champs	5/15
Jaak Uudmae	50-10	NCAA West Prelims	5/28

Shot put (67-9 1/4, 20.65m)

Name	Mark	Meet	Date
Tristen Newman	58-10	Hornet Invitational	3/19
Harrison Williams	44-4 1/4	NCAA Champs	6/8

Discus (210-1, 64.04m)

Name	Mark	Meet	Date
Nick Budincich	171-2	Stanford Invitational	4/1
Harrison Williams	133-5	Payton Jordan	5/1

Hammer (240-10, 73.42)

Name	Mark	Meet	Date
Tristen Newman	183-10	Michael Johnson	4/23

Javelin (294-0, 71.32m)

Name	Mark	Meet	Date
Andrew Rondema	216-3	Pac-12 Champs	5/14
Charles Kerr	210-8	Pac-12 Champs	5/14
Harrison Williams	167-11	Texas Relays	3/31

Decathlon (8,032 pts.)

Name	Mark	Meet	Date
Harrison Williams	8,032	NCAA Champs	6/8-9

STANFORD MEN'S 2016 INDOOR PERFORMANCE LIST

By Event

60 meters (6.80)

Name	Mark	Meet	Date
Isaiah Brandt-Sims	6.81	Don Kirby Elite	2/12
Harrison Williams	6.96	NCAA Champs	3/11

200 meters (21.17)

Name	Mark	Meet	Date
Jackson Shumway	21.78	Don Kirby Elite	2/12
Daniel Brady	22.74	Don Kirby Elite	2/12

400 meters (46.16)

Name	Mark	Meet	Date
Jackson Shumway	47.36	MPSF Champs	2/27
Harrison Williams	47.97	Don Kirby Elite	2/13
Daniel Brady	49.81	UW Preview	1/16

500 meters (1:01.44)

Name	Mark	Meet	Date
Jackson Shumway	1:03.14	Penn State Nat'l	1/30
Daniel Brady	1:05.48	Penn State Nat'l	1/30

600 meters (1:18.39)

Name	Mark	Meet	Date
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800 meters (1:47.78)

Name	Mark	Meet	Date
Scott Buttinger	1:51.89	Penn State Nat'l	1/30
Justin Brinkley	1:52.31	MPSF Champs	2/27

1,000 meters (2:22.17)

Name	Mark	Meet	Date
Tom Coyle	2:25.36	UW Preview	1/16
Justin Brinkley	2:25.36	UW Preview	1/16
Patrick Perrier	2:25.93	UW Preview	1/16
Scott Buttinger	2:30.88	UW Preview	1/16
Harrison Williams	2:41.50	Penn State Nat'l	1/30

Mile (3:53.95)

Name	Mark	Meet	Date
Sean McGorty	3:53.95	MPSF Champs	2/27
Collin Leibold	4:02.65	UW Preview	1/16
Patrick Perrier	4:04.13	Iowa State Classic	2/13
Justin Brinkley	4:04.49	Iowa State Classic	2/13
Tom Coyle	4:05.32	MPSF Champs	2/27
Adam Thorne	4:08.59	MPSF Champs	2/27

3,000 meters (7:46.81)

Name	Mark	Meet	Date
Sean McGorty	7:48.79	Iowa State Classic	2/12
Grant Fisher	7:50.06*	Husky Classic	2/13
Collin Leibold	7:59.51	Penn State Nat'l	1/30
Steven Fahy	8:07.95	MPSF Champs	2/27
Patrick Gibson	8:17.83	Husky Classic	2/13
Will Lauer	8:17.98*	Husky Classic	2/13
Jack Bordoni	8:24.22	Husky Classic	2/13

5,000 meters (13:19.58)

Name	Mark	Meet	Date
Collin Leibold	13:50.04	Iowa State Classic	2/12
Jim Rosa	13:57.41	MPSF Champs	2/26
Steven Fahy	14:00.93	Iowa State Classic	2/12
Sam Wharton	14:09.27	MPSF Champs	2/26
Jack Bordoni	14:25.57	MPSF Champs	2/26

60-meter hurdles (7.71)

Name	Mark	Meet	Date
Harrison Williams	8.12	NCAA Champs	3/12

4x400 meter relay (3:10.40)

Name	Mark	Meet	Date
Brady, Williams, Brandt-Sims, Shumway	3:13.91	MPSF Champs	2/27

4x800 meter relay (7:35.71)

Name	Mark	Meet	Date
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Distance medley relay (9:27.27)

Name	Mark	Meet	Date
Coyle, Shumway, Brinkley, McGorty	9:27.27	Penn State Nat'l	1/30
Brinkley, Brady, Coyle, Perrier	9:39.68	MPSF Champs	2/26

High jump (7-3 1/2)

Name	Mark	Meet	Date
Dartis Willis II	7-0 1/2	UW Preview/MPSF	1/16, 2/27
Jaak Uudmae	6-8	Don Kirby Elite	2/12
Harrison Williams	6-6	Penn St. Nat'l/NCAA	1/29,3/11

Pole vault (18-4 3/4)

Name	Mark	Meet	Date
Dylan Duvio	17-3 3/4	MPSF Champs	2/26
Garrett Starkey	17-3 3/4	MPSF Champs	2/26
Harrison Williams	17-3 1/2	Don Kirby Elite	2/12
Dalton Duvio	16-7 1/2	Penn State Nat'l	1/30
Dan Emery	16-1 3/4	Penn State Nat'l	1/30

Long jump (25-7 1/4)

Name	Mark	Meet	Date
Harrison Williams	22-7 1/4	NCAA Champs	3/11

Triple jump (52-9 1/4)

Name	Mark	Meet	Date
Darian Brooks	52-9 1/4	UW Preview	1/16
Jaak Uudmae	51-5 3/4	UW Preview	1/16

Shot put (70-6 1/2)

Name	Mark	Meet	Date
Tristen Newman	58-1	MPSF Champs	2/27
Harrison Williams	44-4	NCAA Champs	3/11

Weight throw (70-6 1/2)

Name	Mark	Meet	Date
Tristen Newman	56-11 1/4	Don Kirby Elite	2/12

Heptathlon (5,837)

Name	Mark	Meet	Date
Harrison Williams	5,690	Penn State Nat'l	1/29-30

Final 2016

(Parentheses indicate school record for that event)

* unattached

STANFORD MEN'S 2016 PERFORMANCE LIST

By Individual

Academic years listed; Years of eligibility may differ.

Daniel Book, Fr.

OUTDOORS

800 (1:51.26)

1:55.45	3) Cal Outdoor Opener	3/5
1:53.18	43) Stanford Invitational	4/2
1:51.62	5) Big Meet	4/9
1:51.26	9) Stanford Twilight	4/22
1:53.23	10) Brutus Hamilton Invite	4/23
1:52.76	Sec.5, 6: Payton Jordan Invite	5/1

4x400 relay

3:18.19 (third leg)	4) Hornet Invitational	3/19
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Jack Bordoni, Sr.

OUTDOORS

1,500 (3:58.24)

4:00.18	23) Hornet Invitational	3/19
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5,000 (14:39.73)

14:39.73	Sec.4, 15) Stanford Invitational	4/1
14:56.74	20) Stanford Twilight	4/22

INDOORS

3,000 (8:24.22)

8:24.22	66) Husky Classic	2/13
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5,000 (14:25.57)

14:25.57	23) MPSF Championships	2/26
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Daniel Brady, So.

OUTDOORS

100 (11.40w)

11.40w	31p) Stanford Invitational	4/1
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400 hurdles (51.93)

52.65	2) Hornet Invitational	3/19
52.87	6) Stanford Invitational	4/1
52.93	2) Big Meet	4/9
52.71	10) Michael Johnson Invite	4/23
52.63	7p) Pac-12 Championships	5/14
54.29	7) Pac-12 Championships	5/15
53.06	4p) Canadian Championships	7/7
51.96	3) Canadian Championships	7/8
51.93	10p) NACAC Under-23 Champs	7/16

4x100 relay

41.63 (third leg)	6) Stanford Invitational	4/2
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4x400 relay

3:12.33 (second leg)	1) Hornet Invitational	3/19
3:11.21 (third leg)	1) Big Meet	4/9

INDOORS

200 (21.74)

22.74	51) Don Kirby Elite	2/12
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400 (49.81)

49.81	13) UW Indoor Preview	1/16
56.11	47) Don Kirby Elite	2/13
50.02	25) MPSF Championships	2/27

500 (1:05.48)

1:05.48i	5) Penn State National	1/30
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4x400 relay

3:13.91 (first leg)	6) MPSF Championships	2/27
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Distance medley relay

9:39.68 (second leg)	4) MPSF Championships	2/26
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Isaiah Brandt-Sims, So.

OUTDOORS

100 (10.53)

10.73	4) Hornet Invitational	3/19
10.76w	19p) Stanford Invitational	4/1
10.77	2) Big Meet	4/9
10.73	7) Payton Jordan Invite	5/1
10.86	17p) Pac-12 Championships	5/14

200 (20.93)

21.61	8) Stanford Invitational	4/2
21.46	2) Big Meet	4/9
21.48	10) Michael Johnson Invite	4/23
21.85	9p) Pac-12 Championships	5/14

4x100 relay

41.63 (second leg)	6) Stanford Invitational	4/2
41.50 (second leg)	2) Big Meet	4/9

4x400 relay

3:12.33 (third leg)	1) Hornet Invitational	3/19
3:11.21 (second leg)	1) Big Meet	4/9
3:05.59 (third leg)	3) Michael Johnson Invite	4/23
3:08.13 (third leg)	1) Pac-12 Championships	5/15
3:06.18 (third leg)	13) NCAA West Prelims	5/28

INDOORS

60 (6.64)

6.81	18) Don Kirby Elite	2/12
6.88	12p) MPSF Championships	2/26

4x400 relay

3:13.91 (second leg)	6) MPSF Championships	2/27
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Justin Brinkley, Sr.

OUTDOORS

800 (1:49.81)

1:49.81	1) Big Meet	4/9
1:50.47	Sec.3, 6: Payton Jordan Invite	5/1

1,500 (3:40.31)

3:44.53	Sec.1, 3) Stanford Invitational	4/1
3:43.44	7) Stanford Twilight	4/22
3:43.62	5p) Pac-12 Championships	5/14
3:40.31	4) Pac-12 Championships	5/15
3:46.46	24) NCAA West Prelims	5/28

INDOORS

800 (1:50.29)

1:52.31	12) MPSF Championships	2/27
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1,000 (2:25.36)

2:25.55	4) UW Indoor Preview	1/16
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Mile (4:04.49)

4:12.51	14, inv.) Penn State National	1/30
4:04.49	18) Iowa State Classic	2/13

Distance medley relay

9:27.27 (third leg)	2) Penn State National	1/29
9:39.68 (first leg)	4) MPSF Championships	2/26
9:33.85 (third leg)	4) NCAA Championships	3/11

Darian Brooks, 5th Sr.**OUTDOORS****Long jump (23-10 3/4, 7.28m)**

23-10 3/4 (7.28m) 1) Big Meet 4/9

Triple jump (52-5 1/2, 15.99m)50-9 1/4 (15.47m) 1) Big Meet 4/9
49-0 1/4 (14.94m) 8) Michael Johnson Invite 4/23
51-11 3/4 (15.84m) 1) Pac-12 Championships 5/15
50-8 3/4 (15.46m) 21) NCAA West Prelims 5/28**INDOORS****Triple jump (52-9 1/2, 16.08m)**52-9 1/2 (16.08m) 2) UW Indoor Preview 1/16
52-0 (15.85m) 4) Penn State National 1/30
51-7 (15.72m) 4) MPSF Championships 2/27
52-4 (15.95m) 9) NCAA Championships 3/12**Nick Budincich, Sr.****OUTDOORS****Discus (178-1, 54.27m)**165-3 (50.36m) 4) Hornet Invitational 3/19
171-2 (52.18m) Coll., 4) Stanford Invitational 4/1
163-11 (49.96m) 4) Big Meet 4/9
156-6 (47.70m) 9) Michael Johnson Invite 4/23
168-8 (51.40m) 3) Payton Jordan Invite 5/1**Scott Buttinger, Jr.****INDOORS****800 meters (1:49.38)**

1:51.89 15, inv.) Penn State National 1/30

1,000 meters (2:22.58)

2:30.88 19) UW Indoor Preview 1/16

Tom Coyle, Jr.**OUTDOORS****800 (1:50.43)**

1:50.43 Sec.3, 5) Payton Jordan Invite 5/1

1,500 (3:42.68)3:42.68 2) Big Meet 4/9
3:47.94 25) Stanford Twilight 4/22
3:46.49 12p) Pac-12 Championships 5/14
3:44.85 9) Pac-12 Championships 5/15
3:49.42 35) NCAA West Prelims 5/28**5,000 (14:17.75)**

14:17.75 Sec.3, 17) Stanford Invitational 4/1

INDOORS**1,000 (2:23.78)**

2:25.36 3) UW Indoor Preview 1/16

Mile (3:59.32)4:05.03 12, inv.) Penn State National 1/30
4:06.21 28) Iowa State Classic 2/13
4:05.32 9) MPSF Championships 2/27**Distance medley relay**9:27.27 (first leg) 2) Penn State National 1/29
9:39.68 (third leg) 4) MPSF Championships 2/26
9:33.85 (first leg) 4) NCAA Championships 3/11**Tai Dinger, So.****OUTDOORS****800 (1:49.73)**1:51.75 24) Stanford Invitational 4/2
1:49.84 2) Big Meet 4/9
1:50.58 6p) Pac-12 Championships 5/14
1:49.73 7) Pac-12 Championships 5/15
1:50.00 23) NCAA West Prelims 5/27**1,500 (3:48.23)**3:51.68 6) Hornet Invitational 3/19
3:48.23 28) Stanford Twilight 4/22
3:48.68 Sec.4, 8) Payton Jordan Invite 5/1**4x400 relay**

3:18.19 (anchor) 4) Hornet Invitational 3/19

Colin Dolese, So.**OUTDOORS****100 (11.14w)**

11.14w 29p) Stanford Invitational 4/1

400 (48.85)

48.55 1) Stanford Twilight 4/22

400 hurdles (52.51)53.13 4) Hornet Invitational 3/19
54.06 12) Stanford Invitational 4/1
53.73 5) Big Meet 4/9
52.51 2) Payton Jordan Invite 5/1
53.16 9p) Pac-12 Championships 5/14**4x100 relay**41.63 (first leg) 6) Stanford Invitational 4/2
41.50 (third leg) 2) Big Meet 4/9
42.12 (anchor leg) 3) Payton Jordan Invite 5/1**4x400 relay**3:12.33 (first leg) 1) Hornet Invitational 3/19
3:13.02 (first leg) 4) Stanford Invitational 4/2
3:14.78 (anchor) 2) Brutus Hamilton Invite 4/23**Will Drinkwater, Sr.****OUTDOORS****800 (1:53.03)**

1:53.03 Sec. 6, 6) Payton Jordan Invite 5/1

Dalton Duvio, 5th sr. (no outdoor eligibility)**INDOORS****Pole vault (17-0, 5.18m)**15-9 1/4 (4.81m) 10) UW Indoor Preview 1/16
16-7 1/2 (5.07m) 6, inv.) Penn State National 1/29
15-5 3/4 (4.72m) 14) Don Kirby Elite 2/12
16-4 (4.98m) 15) MPSF Championships 2/26

Dylan Duvio, Jr.**OUTDOORS****Pole vault (18-2 1/2, 5.54m)**

16-4 3/4 (5.00m)	3) Hornet Invitational	3/19
NH	Stanford Invitational	4/1
16-0 (4.81m)	2) Big Meet	4/9
17-2 3/4 (5.25m)	5) Michael Johnson Invite	4/23
16-6 1/2 (5.04m)	4) Payton Jordan Invite	5/1
17-4 1/2 (5.30m)	2) Pac-12 Championships	5/14
17-7 3/4 (5.38m)	2) NCAA West Prelims	5/27
16-10 3/4 (5.15m)	12) NCAA Championships	6/8

INDOORS**Pole vault (17-5 1/2, 5.32m)**

17-3 (5.26m)	1) UW Indoor Preview	1/16
17-1 1/2 (5.22m)	2, inv.) Penn State National	1/29
17-3 1/2 (5.27m)	3) Don Kirby Elite	2/12
16-10 3/4 (5.15m)	10) NAU Tune-Up	2/19
17-3 3/4 (5.28m)	5) MPSF Championships	2/26

Lucas Ege, Fr.**OUTDOORS****400 (50.85)**

50.85	3) Stanford Twilight	4/22
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400 hurdles (54.19)

54.19	6) Hornet Invitational	3/19
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Dan Emery, Sr.**OUTDOORS****Pole vault (16-6 3/4, 5.05m)**

15-5 (4.70m)	8) Hornet Invitational	3/19
16-6 3/4 (5.05m)	Coll., 1) Stanford Invitational	4/1
15-6 1/4 (4.73m)	3) Big Meet	4/9
15-6 1/2 (4.74m)	9) Payton Jordan Invite	5/1

INDOORS**Pole vault (16-1 3/4, 4.92m)**

15-9 1/4 (4.81m)	8) UW Indoor Preview	1/16
16-1 3/4 (4.92m)	9, inv.) Penn State National)	1/29
15-11 3/4 (4.87m)	10) Don Kirby Elite	2/12
15-4 1/4 (4.68m)	24) MPSF Championships	2/26

Zac Espinosa, Fr.**OUTDOORS****200 (21.78)**

23.34	7) Big Meet	4/9
23.32	2) Stanford Twilight	4/22

400 (47.81)

49.17	27) Stanford Invitational	4/1
49.30	Sec.2, 2: Payton Jordan Invite	5/1

4x100 relay

42.12 (third leg)	3) Payton Jordan Invite	5/1
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4x400 relay

3:13.02 (third leg)	4) Stanford Invitational	4/2
3:14.78 (third leg)	2) Brutus Hamilton Invite	4/23

Steven Fahy, So.**OUTDOORS****Steeplechase (8:46.69)**

9:07.18	2) Big Meet	4/9
8:55.06	Sec.4, 10) Payton Jordan Invite	5/1
8:46.69	6) Pac-12 Championships	5/14
8:57.51	15) NCAA West Prelims	5/27

5,000 (14:04.02)

14:04.02	Sec.2, 13) Stanford Invitational	4/1
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INDOORS**3,000 (8:07.95)**

8:10.41	9, inv.) Penn State National	1/30
8:07.41	14) MPSF Championships	2/27

5,000 (14:00.93)

14:00.93	18) Iowa State Classic	2/12
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Grant Fisher, Fr.**OUTDOORS****1,500 (3:42.85)**

3:42.86	3) Big Meet	4/9
3:42.85	5) Stanford Twilight	4/22
3:48.40	17p) Pac-12 Championships	5/14
3:43.86	10) Stumptown Twilight	6/23

5,000 (13:30.13)

13:39.42	Sec.2, 7) Payton Jordan Invite	5/1
14:14.42	10) NCAA West Prelims	5/28
13:30.13	6) NCAA Championships	6/10
13:53.27	18p) U.S. Olympic Trials	7/4

INDOORS**3,000 (7:50.06)**

7:50.06*	1) Husky Classic	2/13
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Patrick Gibson, Jr.**OUTDOORS****1,500 (3:51.95)**

3:57.71	16) Hornet Invitational	3/19
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3,000 (8:18.03)

8:18.03	5) Big Meet	4/9
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5,000 (13:58.96)

14:21.21	Sec.3, 18) Stanford Invitational	4/1
14:08.50	11) Stanford Twilight	4/22

INDOORS**3,000 (8:12.22)**

8:17.83*	48) Husky Classic	2/13
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Blair Hurlock, So.**OUTDOORS****3,000 (8:26.83)**

3:26.83	7) Big Meet	4/9
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Jack Keelan, Jr.**OUTDOORS****1,500 (3:45.13)**

3:47.75	Sec.2, 5) Stanford Invitational	4/1
3:46.09	17) Stanford Twilight	4/22

3,000 (8:01.03)

8:08.55	1) Big Meet	4/9
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5,000 (13:40.72)

13:46.95	Sec.2, 9) Payton Jordan Invite	5/1
14:19.24	14) NCAA West Prelims	5/28
13:40.72	11) Stumptown Twilight	6/23

10,000 (29:13.92)

29:13.92	4) Pac-12 Championships	5/14
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Charles Kerr, Sr.**OUTDOORS****Javelin (210-8, 64.21m)**

204-9 (62.40m)	2) Hornet Invitational	3/19
206-0 (62.80m)	Coll., 1) Stanford Invitational	4/1
206-4 (62.89m)	2) Big Meet	4/9
199-1 (60.68m)	6) Payton Jordan Invite	5/1
210-8 (64.21m)	9) Pac-12 Championships	5/14
193-4 (58.92m)	36) NCAA West Prelims	5/27

Frank Kurtz, So.**OUTDOORS****100 (10.74)**

10.81w	22p) Stanford Invitational	4/1
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200 (21.44)

22.05	8) Hornet Invitational	3/19
25.76	9) Big Meet	4/9

400 (47.03)

47.73	1) Big Meet	4/9
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4x100 relay

41.63 (anchor)	6) Stanford Invitational	4/2
41.50 (anchor)	2) Big Meet	4/9

4x400 relay

3:12.33 (anchor)	1) Hornet Invitational	3/19
3:13.02 (second leg)	4) Stanford Invitational	4/2
3:05.59 (second leg)	3) Michael Johnson Invite	4/23
3:08.13 (second leg)	1) Pac-12 Championships	5/15
3:06.18 (second leg)	13) NCAA West Prelims	5/28

Will Lauer, Fr.**INDOORS****3,000 (8:17.98)**

8:17.98*	49) Husky Classic	2/13
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Collin Leibold, Gr.**OUTDOORS****1,500 (3:42.80)**

3:47.06	Sec.2, 4) Stanford Invitational	4/1
3:49.65	30) Stanford Twilight	4/22

3,000 (8:14.51)

8:14.51	2) Big Meet	4/9
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5,000 (13:53.15)

13:53.15	Sec.3, 5) Payton Jordan Invite	5/1
14:24.73	19) NCAA West Prelims	5/28

INDOORS**Mile (4:02.65)**

4:02.65	4) UW Indoor Preview	1/16
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3,000 (7:59.51)

7:59.51	4, inv.) Penn State National	1/30
8:03.95	12) MPSF Championships	2/27

5,000 (13:50.04)

13:50.04	10) Iowa State Classic	2/12
14:09.58	10) MPSF Championships	2/26

Amit Maity, Fr.**OUTDOORS****200 (22.23)**

22.31	15) Hornet Invitational	3/19
22.65	5) Big Meet	4/9
22.77	1) Stanford Twilight	4/22

400 (47.92)

49.88	33) Stanford Invitational	4/1
49.30	3) Big Meet	4/9

4x100 relay

42.12 (first leg)	3) Payton Jordan Invite	5/1
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4x400 relay

3:14.78 (first leg)	2) Brutus Hamilton Invite	4/23
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Sean McGorty, Jr.**OUTDOORS****1,500 (3:40.62)**

3:42.11	1) Big Meet	4/9
3:42.22	3) Stanford Twilight	4/22
3:43.58	1p) Pac-12 Championships	5/14
3:40.74	5) Pac-12 Championships	5/15

5,000 (13:24.25)

13:24.25	Sec.1, 7) Payton Jordan Invite	5/1
14:12.52	5) NCAA West Prelims	5/28
13:26.10	2) NCAA Championships	6/10
13:52.16	16p) U.S. Olympic Trials	7/4
14:03.99	15) U.S. Olympic Trials	7/9

INDOORS**Mile (3:53.95)**

3:53.95	2) MPSF Championships	2/27
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3,000 (7:48.79)

7:48.79	2) Iowa State Classic	2/12
8:01.55	2) NCAA Championships	3/12

Distance medley relay

9:27.27 (anchor)	2) Penn State National	1/29
9:33.85 (anchor)	4) NCAA Championships	3/11

Tristen Newman, So.**OUTDOORS****Shot put (58-10, 17.93m)**

58-10 (17.93m)	8) Hornet Invitational	3/19
58-1 3/4 (17.72m)	Inv., 5) Stanford Invitational	4/1
57-4 1/4 (17.48m)	3) Big Meet	4/9
56-0 1/2 (17.08m)	4) Michael Johnson Invite	4/23
56-6 1/2 (17.23m)	3) Payton Jordan Invite	5/1
Foul	Pac-12 Championships	5/14
Foul	NCAA West Prelims	5/28

Hammer (192-8, 58.72m)

177-7 (54.14m)	6) Hornet Invitational	3/18
175-10 (53.59m)	Coll., 9) Stanford Invitational	4/1
173-9 (52.96m)	4) Big Meet	4/9
183-10 (56.03m)	2) Michael Johnson Invite	4/23
192-8 (58.72m)	9) Payton Jordan Invite	5/1
182-3 (55.54m)	10) Pac-12 Championships	5/14

INDOORS**Shot put (58-1, 17.70m)**

54-3 3/4 (16.55m)	8) UW Indoor Preview	1/16
Foul	Penn State National	1/29
57-3 3/4 (17.47m)	7) Husky Classic	2/13
58-1 (17.70m)	11) MPSF Championships	2/27

Weight throw (56-11 1/4, 17.35m)

52-4 (15.95m)	6) UW Indoor Preview	1/16
53-7 (16.33m)	20) Penn State National	1/29
56-11 1/4 (17.35m)	15) Don Kirby Elite	2/12

Alex Ostberg, Fr.***OUTDOORS****1,500 (3:49.16)**

3:49.16	Sec.3, 11) Stanford Invitational	4/1
3:49.65	30) Stanford Twilight	4/22

5,000 (14:08.09)

14:08.09	Sec.4, 4) Payton Jordan Invite	5/1
15:30.37	4) U.S. Junior Nationals	6/25

Patrick Perrier, So.**OUTDOORS****800 (1:50.77)**

1:56.07	9) Big Meet	4/9
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1,500 (3:44.32)

3:47.78	23) Stanford Twilight	4/22
3:44.89	Sec.4, 5) Payton Jordan Invite	5/1
3:44.32	11p) Pac-12 Championships	5/14
3:47.91	10) Pac-12 Championships	5/15
3:52.42	40) NCAA West Prelims	5/28

Steeplechase (9:28.75)

9:28.75	5) Big Meet	4/9
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INDOORS**1,000 (2:25.93)**

2:25.93	5) UW Indoor Preview	1/16
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Mile (4:04.13)

4:05.03	4, inv.) Penn State National	1/30
4:04.13	16) Iowa State Classic	2/13
4:11.09	20) MPSF Championships	2/27

Distance medley relay

9:39.68 (anchor)	4) MPSF Championships	2/26
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Trevor Rex, Fr.**OUTDOORS****High jump (6-10, 2.08m)**

6-6 3/4 (2.00m)	8) Hornet Invitational	3/19
6-5 (1.96m)	Coll., 5) Stanford Invitational	4/1
6-1 1/4 (1.86m)	4) Big Meet	4/9
6-0 3/4 (1.85m)	1) Stanford Twilight	4/22
NH	Payton Jordan Invite	5/1

Andrew Rondema, Sr.**OUTDOORS****Javelin (217-8, 66.34m)**

209-5 (63.83m)	1) Hornet Invitational	3/19
190-5 (58.04m)	Inv., 15) Stanford Invitational	4/1
200-5 (61.10m)	3) Big Meet	4/9
195-9 (59.66m)	2) Michael Johnson Invite	4/23
202-7 (61.76m)	6) Payton Jordan Invite	5/1
216-3 (65.91m)	7) Pac-12 Championships	5/14
199-6 (60.80m)	33) NCAA West Prelims	5/27

Jim Rosa, 5th Sr.**OUTDOORS****5,000 (13:50.55)**

14:35.47	27) Pac-12 Championships	5/15
13:56.32	15) Stumptown Twilight	6/23

10,000 (28:57.51)

29:50.30	14) Pac-12 Championships	5/14
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INDOORS**5,000 (13:57.41)**

14:05.70	21) Iowa State Classic	2/12
13:57.41	4) MPSF Championships	2/26

Joe Rosa, 5th Sr.**OUTDOORS****10,000 (29:16.71)**

DNF	Pac-12 Championships	5/14
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Miguel Shaw, Sr.**OUTDOORS****100 (11.35)**

11.44	47) Hornet Invitational	3/19
11.40	30p) Stanford Invitational	4/1
11.37	5) Big Meet	4/9
11.76	1) Stanford Twilight	4/22

200 (22.64)

23.11	36) Hornet Invitational	3/19
23.25	33) Stanford Invitational	4/2
23.45	8) Big Meet	4/9
22.94	Sec.2, 3: Payton Jordan Invite	5/1

Jackson Shumway, Sr.**OUTDOORS****100 (10.98w)**

10.98w	27p) Stanford Invitational	4/1
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400 hurdles (51.39)

52.25	4) Stanford Invitational	4/1
52.21	1) Big Meet	4/9
51.39	3) Michael Johnson Invite	4/23
51.82	2p) Pac-12 Championships	5/14
51.79	2) Pac-12 Championships	5/15
52.37	23) NCAA West Prelims	5/27

4x400 relay

3:13.02 (third leg)	4) Stanford Invitational	4/2
3:11.21 (anchor)	1) Big Meet	4/9
3:05.59 (anchor)	3) Michael Johnson Invite	4/23
3:08.13 (anchor)	1) Pac-12 Championships	5/15
3:06.18 (anchor)	13) NCAA West Prelims	5/28

INDOORS**200 (21.78)**

21.78	17) Don Kirby Elite	2/12
22.03	11) MPSF Championships	2/26

400 (47.36)

47.71	2) UW Indoor Preview	1/16
47.53	8) Don Kirby Elite	2/13
47.36	6) MPSF Championships	2/27

500 (1:03.14)

1:03.14i	2, inv.) Penn State National	1/30
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4x400 relay

3:13.91 (anchor)	6) MPSF Championships	2/27
3:05.59 (anchor)	3) Michael Johnson Invite	4/23

Distance medley relay

9:27.27 (second leg)	2) Penn State National	1/29
9:33.85 (second leg)	4) NCAA Championships	3/11

Ryan Silva, Jr.**OUTDOORS****1,500 (3:51.45)**

3:54.62	Sec.6, 4) Stanford Invitational	4/1
3:52.42	7) Big Meet	4/9
3:53.75	40) Stanford Twilight	4?22

Brian Smith, Fr.**OUTDOORS****800 (1:50.53)**

1:54.08	2) Cal Outdoor Opener	3/5
1:52.20	6) Hornet Invitational	3/19
1:51.68	22) Stanford Invitational	4/2
1:50.89	4) Big Meet	4/9
1:50.87	8) Stanford Twilight	4/22
1:50.91	6) Brutus Hamilton Invite	4/23
1:51.20	Sec.4, 5: Payton Jordan Invite	5/1
1:50.53	10p) Pac-12 Championships	5/14
1:51.35	9p) U.S. Junior Nationals	6/24

4x400 relay

3:18.19 (second leg)	4) Hornet Invitational	3/19
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Garrett Starkey, Sr.**OUTDOORS****Pole vault (17-3, 5.26m)**

16-4 3/4 (5.00m)	1) Hornet Invitational	3/19
NH	Stanford Invitational	4/1
17-0 1/4 (5.19m)	2) Payton Jordan Invite	5/1
NH	Pac-12 Championships	5/14
16-4 (4.98m)	32) NCAA West Prelims	5/27

INDOORS**Pole vault (17-3 3/4, 5.28m)**

17-3 (5.26m)	2) UW Indoor Preview	1/16
17-1 1/2 (5.22m)	2, inv.) Penn State National	1/29
17-3 1/2 (5.27m)	6) Don Kirby Elite	2/12
16-10 3/4 (5.15m)	6) NAU Tune-Up	2/19
17-3 3/4 (5.28m)	3) MPSF Championships	2/26

Garrett Sweatt, Sr.**OUTDOORS****1,500 (3:48.09)**

3:55.19	42) Stanford Twilight	4/22
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3,000 (8:27.11)

8:27.11	8) Big Meet	4/9
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5,000 (13:54.40)

14:06.90	Sec.3, 18) Payton Jordan Invite	5/1
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10,000 (28:51.56)

29:15.67	5) Pac-12 Championships	5/14
30:27.16	24) NCAA West Prelims	5/27

Adam Thorne, Sr.**OUTDOORS****1,500 (3:49.86)**

3:49.86	4) Hornet Invitational	3/19
3:50.84	Sec.5, 7) Stanford Invitational	4/1
3:51.63	36) Stanford Twilight	4/22

Steeplechase (9:14.46)

9:19.00	4) Big Meet	4/9
9:28.98	Sec.4, 16) Payton Jordan Invite	5/1

INDOORS**Mile (4:08.59)**

4:11.25	57) Husky Classic	2/13
4:08.59	15) MPSF Championships	2/27

Jaak Uudmae, Jr.**OUTDOORS****Triple jump (50-10, 15.49m)**

48-11 1/2 (14.92m)	2) Payton Jordan Invite	5/1
50-9 1/4 (15.47m)	5) Pac-12 Championships	5/15
50-10 (15.49m)	19) NCAA West Prelims	5/28

INDOORS**Long jump (23-4 1/2, 7.12m)**

22-9 1/4 (6.94m)	12) MPSF Championships	2/26
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Triple jump (51-5 3/4, 15.69m)

51-5 3/4 (15.69m)	2) UW Indoor Preview	1/16
50-5 1/2 (15.38m)	8) Penn State National	1/30
50-6 1/4 (15.40m)	9) Don Kirby Elite	2/13
50-11 1/2 (15.53m)	5) MPSF Championships	2/27

High jump (6-8, 2.03m)

6-8 (2.03m)	12) Don Kirby Elite	2/12
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Isaac Westlund, Fr.**OUTDOORS****200 (22.09)**

22.95	6) Big Meet	4/9
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400 (47.75)

49.78	32) Stanford Invitational	4/1
49.17	2) Stanford Twilight	4/22
48.96	Sec.1, 3: Payton Jordan Invite	5/1

4x100 relay

42.12 (second leg)	3) Payton Jordan Invite	5/1
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4x400 relay

3:14.78 (second leg)	2) Brutus Hamilton Invite	4/23
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Sam Wharton, Jr.**OUTDOORS****3,000 (8:15.83)**

8:15.83	3) Big Meet	4/9
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5,000 (14:03.52)

14:03.52	7) Stanford Twilight	4/22
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10,000 (29:23.21)

29:30.98	Sec.2, 25) Stanford Invitational	4/1
29:34.55	9) Pac-12 Championships	5/14
30:35.53	30) NCAA West Prelims	5/27

INDOORS**5,000 (14:04.85)**

14:14.68	32) Iowa State Classic	2/12
14:09.27	8) MPSF Championships	2/26

Christian White, So.**OUTDOORS****800 (1:52.18)**

1:57.59	9) Cal Outdoor Opener	3/5
1:54.28	14) Hornet Invitational	3/19
1:53.81	45) Stanford Invitational	4/2
1:54.69	7) Big Meet	4/9
1:54.55	13) Stanford Twilight	4/22
1:53.49	Sec.6, 7) Payton Jordan Invite	5/1
4x400 relay		
3:18.19 (first leg)	4) Hornet Invitational	3/19

Harrison Williams, So.**OUTDOORS****Decathlon (8,032)**

7,842	1) Texas Relays	3/30-31
8,032	5) NCAA Championships	6/8-9
6,951	15) U.S. Olympic Trials	7/2-3
7,849	2) Thorpe Cup	7/29-30

100 (10.69)

10.72w	dec) Texas Relays	3/30
10.69	dec) NCAA Championships	6/8
10.71	dec) U.S. Olympic Trials	7/2
10.81	dec) Thorpe Cup	7/29

200 (21.35)

21.35	8) Michael Johnson Invite	4/23
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400 (46.66)

47.26	dec) Texas Relays	3/30
47.06	dec) NCAA Championships	6/8
46.66	dec) U.S. Olympic Trials	7/2
47.51	dec) Thorpe Cup	7/29

1,500 (4:27.88)

4:34.12	dec) Texas Relays	3/31
4:27.88	dec) NCAA Championships	6/9
4:46.29	dec) U.S. Olympic Trials	7/3
4:34.70	dec) Thorpe Cup	7/30

110 hurdles (13.88)

14.35	dec) Texas Relays	3/31
14.25	2) Big Meet	4/9
14.27	1) Michael Johnson Invite	4/23
13.88	1) Payton Jordan Invite	5/1
14.23	4p) Pac-12 Championships	5/14
14.46	6) Pac-12 Championships	5/15
14.24	27) NCAA West Prelims	5/28
14.07	dec) NCAA Championships	6/9
14.12w	dec) U.S. Olympic Trials	7/3
14.35	dec) Thorpe Cup	7/30

4x100 relay

41.50 (first leg)	2) Big Meet	4/9
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4x400 relay

3:11.21 (first leg)	1) Big Meet	4/9
3:05.59 (first leg)	3) Michael Johnson Invite	4/23
3:08.13 (first leg)	1) Pac-12 Championships	5/15
3:06.18 (first leg)	13) NCAA West Prelims	5/28

High jump (6-8, 2.03m)

6-2 3/4 (1.90m)	dec) Texas Relays	3/30
6-3 1/2 (1.92m)	dec) NCAA Championships	6/8
6-4 1/4 (1.94m)	dec) U.S. Olympic Trials	7/2
6-5 (1.96m)	dec) Thorpe Cup	7/29

Pole vault (17-2 3/4, 5.25m)

16-8 3/4 (5.10m)	dec) Texas Relays	3/31
16-0 (4.88m)	1) Big Meet	4/9
16-6 1/2 (5.04m)	4) Payton Jordan Invite	5/1
16-2 3/4 (4.95m)	8) Pac-12 Championships	5/14
16-4 3/4 (5.00m)	dec) NCAA Championships	6/9
NH	dec) U.S. Olympic Trials	7/3
17-2 3/4 (5.25m)	dec) Thorpe Cup	7/30

Long jump (23-1 3/4, 7.05m)

22-7 (6.88m)	dec) Texas Relays	3/30
22-9 1/4 (6.94m)	5) Payton Jordan Invite	5/1
22-6 1/4 (6.86m)	dec) NCAA Championships	6/8
23-1 1/4 (7.04m)	dec) U.S. Olympic Trials	7/2
21-11 1/2 (6.69m)	dec) Thorpe Cup	7/29

Shot put (44-4 1/4, 13.52m)

42-8 3/4 (13.02m)	dec) Texas Relays	3/30
44-4 1/4 (13.52m)	dec) NCAA Championships	6/8
42-10 1/4 (13.06m)	dec) U.S. Olympic Trials	7/2
43-6 1/2 (13.27m)	dec) Thorpe Cup	7/29

Discus (136-8, 41.66m)

122-7 (37.36m)	dec) Texas Relays	3/31
133-5 (40.67m)	11) Payton Jordan Invite	5/1
136-8 (41.66m)	dec) NCAA Championships	6/9
128-10 (39.28m)	dec) U.S. Olympic Trials	7/3
126-8 (38.60m)	dec) Thorpe Cup	7/30

Javelin (184-9, 56.31m)

167-11 (51.19m)	dec) Texas Relays	3/31
167-1 (50.94m)	dec) NCAA Championships	6/9
156-11 (47.83m)	dec) U.S. Olympic Trials	7/3
156-2 (47.59m)	dec) Thorpe Cup	7/30

INDOORS**Heptathlon (5,937)**

5,690	1) Penn State National	1/29-30
5,937	4) NCAA Championships	3/11-12

60 meters (6.96)

7.13	hep) Penn State National	1/29
6.96	hep) NCAA Championships	3/11

400 (47.97)

47.97	14) Don Kirby Elite	2/13
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1,000 (2:39.75)

2:41.50	hep) Penn State National	1/30
2:39.75	hep) NCAA Championships	3/12

60 hurdles (8.12)

8.39	p) UW Indoor Preview	1/16
8.29	6) UW Indoor Preview	1/16
8.22	hep) Penn State National	1/30
8.22	p) Don Kirby Elite	2/12
8.26	s) Don Kirby Elite	2/13
8.15	3) Don Kirby Elite	2/13
8.17	9p) MPSF Championships	2/26
8.12	hep) NCAA Championships	3/12

High jump (6-6, 1.98m)

6-6 (1.98m)	hep) Penn State National	1/29
6-6 (1.98m)	hep) NCAA Championships	3/11

Pole vault (17-3 1/2, 5.27m)

17-3 (5.26m)	3) UW Indoor Preview	1/16
15-11 (4.85m)	hep) Penn State National	1/30
17-3 1/2 (5.27m)	7) Don Kirby Elite	2/12
16-10 (5.13m)	9) MPSF Championships	2/26
16-8 3/4 (5.10m)	hep) NCAA Championships	3/12

Long jump (22-7 1/4, 6.89m)

21-7 1/2 (6.59m)	13) UW Indoor Preview	1/16
22-2 1/4 (6.76m)	hep) Penn State National	1/29
22-7 1/4 (6.89m)	hep) NCAA Championships	3/11

Shot put (44-4, 13.51m)

42-4 1/4 (12.91m)	hep) Penn State National	1/29
44-4 (13.51m)	hep) NCAA Championships	3/11

4x400 relay

3:13.91 (second leg)	6) MPSF Championships	2/27
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Dartis Willis II, 5th Sr.**OUTDOORS****High jump (7-2 1/4, 2.19m)**

6-11 (2.11m)	Inv., 5) Stanford Invitational	4/1
7-2 1/4 (2.19m)	1) Big Meet	4/9
6-9 3/4 (2.08m)	6) Michael Johnson Invite	4/22
NH	Payton Jordan Invite	5/1
6-11 1/2 (2.12m)	5) Pac-12 Championships	5/15
6-11 1/2 (2.12m)	13) NCAA West Prelims	5/27

INDOORS**High jump (7-0 1/2, 2.15m)**

7-0 1/2 (2.15m)	3) UW Indoor Preview	1/16
6-11 (2.11m)	4) Penn State National	1/30
6-11 3/4 (2.13m)	4) Don Kirby Elite	2/12
7-0 1/2 (2.15m)	2) MPSF Championships	2/27

STANFORD WOMEN'S 2016 OUTDOOR PERFORMANCE LIST

By Event

100 meters (11.15)

Name	Mark	Meet	Date
Michaela Crunkleton Wilson	11.77	Hornet Invitational	3/19
Gaby Gayles	11.93	Big Meet	4/9
Kristyn Williams	12.20	Stanford Invite	4/1
Amber Lewis	12.72	Hornet Invitational	3/19
Olivia Baker	11.89w	Stanford Invite	4/1
Missy Mongiovi	12.45w	Stanford Invite	4/1

200 meters (22.78)

Name	Mark	Meet	Date
Michaela Crunkleton Wilson	24.08	Stanford Invite	4/2
Gaby Gayles	24.54	Hornet Invitational	3/19
Hannah Labrie-Smith	24.67	Payton Jordan	5/1
Missy Mongiovi	25.08	Hornet Invitational	3/19
Amber Lewis	26.38	Hornet Invitational	3/19

400 meters (52.35)

Name	Mark	Meet	Date
Kristyn Williams	52.99	Michael Johnson	4/23
Olivia Baker	53.17	Michael Johnson	4/23
Gaby Gayles	53.59	Payton Jordan	5/1
Michaela Crunkleton Wilson	53.82	Payton Jordan	5/1
Missy Mongiovi	54.84	Stanford Invite	4/1
Kaitlyn Williams	55.19	Big Meet	4/9
Karina Shepard	1:00.14	Payton Jordan	5/1

800 meters (2:00.63)

Name	Mark	Meet	Date
Olivia Baker	2:01.02	Payton Jordan	5/1
Claudia Saunders	2:02.99	NCAA Champs	6/11
Molly McNamara	2:04.61	Payton Jordan	5/1
Malika Waschmann	2:06.52	Pac-12 Champs	5/14
Elise Cranny	2:07.76	Stanford Invite	4/2
Maddy Berkson	2:09.01	Payton Jordan	5/1
Kaitlyn Williams	2:11.44	Stanford Invite	4/2
Karina Shepard	2:15.31	Stanford Invite	4/2

1,500 meters (4:09.54)

Name	Mark	Meet	Date
Elise Cranny	4:09.54	NCAA Champs	6/11
Molly McNamara	4:15.22	Stanford Twilight	4/22
Claudia Saunders	4:15.52	Stanford Twilight	4/22
Malika Waschmann	4:16.53	Stanford Invite	4/1
Rebecca Mehra	4:17.04	Stumptown	6/23
Vanessa Fraser	4:19.45	Stanford Twilight	4/22
Aisling Cuffe	4:23.69	Pac-12 Champs	5/14
Danielle Katz	4:24.20	Stanford Twilight	4/22
Maddy Berkson	4:24.39	Stanford Invite	4/1
Julia Maxwell	4:31.26	Hornet Invitational	3/19
Anna Laman	4:31.44	Payton Jordan	5/1
Abbie McNulty	4:37.36	Hornet Invitational	3/19

3,000-meter steeplechase (10:01.53)

Name	Mark	Meet	Date
Danielle Katz	10:11.11	Pac-12 Champs	5/14

3,000 meters

Name	Mark	Meet	Date
Vanessa Fraser	9:18.20	Big Meet	4/9
Julia Maxwell	9:32.02	Big Meet	4/9
Abbie McNulty	9:34.37	Big Meet	4/9
Emma Fisher	9:37.85	Big Meet	4/9
Sophie Chase	9:47.69	Big Meet	4/9
Megan Lacy	10:09.05	Big Meet	4/9

5,000 meters (15:11.13)

Name	Mark	Meet	Date
Aisling Cuffe	15:35.12	Stumptown	6/23
Vanessa Fraser	15:41.64	Payton Jordan	5/1
Elise Cranny	15:49.27	Payton Jordan	5/1
Danielle Katz	16:09.45	Stanford Invite	4/1
Julia Maxwell	16:18.05	Stanford Invite	4/1
Emma Fisher	16:20.97	Stanford Twilight	4/22
Sophie Chase	16:33.92	Stanford Invite	4/1
Abbie McNulty	16:40.00	Stanford Twilight	4/22
Megan Lacy	17:33.90	Stanford Twilight	4/22

10,000 meters (32:19.97)

Name	Mark	Meet	Date
Vanessa Fraser	33:55.99	Pac-12 Champs	5/14
Abbie McNulty	35:01.85	Payton Jordan	5/1
Megan Lacy	35:37.27	Stanford Invite	4/1

100-meter hurdles (12.76)

Name	Mark	Meet	Date
Hannah Labrie-Smith	14.15	Michael Johnson	4/23
Amber Lewis	14.50	Payton Jordan	5/1

400-meter hurdles (53.21)

Name	Mark	Meet	Date
Hannah Labrie-Smith	59.67	Michael Johnson	4/23
Amber Lewis	1:01.47	Payton Jordan	5/1

4x100 meter relay (44.07)

Name	Mark	Meet	Date
Mongiovi, G. Gayles, Labrie-Smith, Crunkleton Wilson	45.84	Payton Jordan	5/1
Labrie-Smith, G. Gayles, Lewis, Crunkleton Wilson	46.60	Big Meet	4/9

4x400 meter relay (3:29.39)

Name	Mark	Meet	Date
G. Gayles, Baker, Crunkleton Wilson, Kr. Williams	3:31.13	NCAA West Prelims	5/28
G. Gayles, Baker, Mongiovi, Kr. Williams	3:32.67	Stanford Invite	4/2
G. Gayles, Baker, Ka. Williams, Kr. Williams	3:33.96	Michael Johnson	4/23
G. Gayles, Crunkleton Wilson, Saunders, Baker	3:36.19	Pac-12 Champs	5/15
Mongiovi, Crunkleton Wilson, Labrie-Smith, G. Gayles	3:38.82	Hornet Invitational	3/19
Crunkleton Wilson, Cranny, Lewis, Saunders	3:44.48	Stanford Invite	4/2
Mongiovi, Baker, Saunders, Kr. Williams	3:44.58	Big Meet	4/9
Labrie-Smith, Berkson, Waschmann, Ka. Williams	3:47.41	Stanford Invite	4/2

High jump (6-2)

Name	Mark	Meet	Date
Rachel Reichenbach	5-8	Brutus Hamilton	4/23

Pole vault (14-9 1/2)

Name	Mark	Meet	Date
Kaitlyn Merritt	13-5 1/4	Hornet Invitational	3/19
Taylor Jaques	12-4 1/2	Payton Jordan	5/1
Nicole Summersett	11-10 1/2	Payton Jordan	5/1
Jackie McNulty	11-10 1/2	Payton Jordan	5/1

Long jump (21-11 3/4)

Name	Mark	Meet	Date
Daryth Gayles	20-1 3/4	Michael Johnson	4/23
Marisa Kwiatkowski	18-9 1/4	Big Meet	4/9
Carla Forbes	18-1 1/2	Stanford Invite	4/1

Triple jump (46-5 1/4)

Name	Mark	Meet	Date
Carla Forbes	41-11 1/4	Stanford Invite	4/2
Marisa Kwiatkowski	41-3 3/4	Stanford Invite	4/2

Shot put (59-6 3/4)

Name	Mark	Meet	Date
Lena Giger	53-3 3/4	Michael Johnson	4/23

Discus (207-8)

Name	Mark	Meet	Date
Valarie Allman	201-6	NCAA Champs	6/11
Lena Giger	132-3	Big Meet	4/9

Hammer (219-8)

Name	Mark	Meet	Date
Valarie Allman	200-11	NCAA Champs	6/9
Lena Giger	183-6	Stanford Invite	4/1

Javelin (183-10)

Name	Mark	Meet	Date
Mackenzie Little	183-4	Stanford Invite	4/1
Victoria Smith	145-9	Payton Jordan	5/1

Heptathlon (5,855)

Name	Mark	Meet	Date
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Final 2016

(Parentheses indicates school record for that event)

STANFORD WOMEN'S 2016 INDOOR PERFORMANCE LIST

By Event

60 meters (7.21)

Name	Mark	Meet	Date
Michaela Crunkleton Wilson	7.59	Don Kirby Elite	2/12

200 meters (22.77)

Name	Mark	Meet	Date
Michaela Crunkleton Wilson	24.30	Don Kirby Elite	2/12
Gaby Gayles	24.46	Don Kirby Elite	2/12
Kristyn Williams	24.47	UW Preview	1/16
Kaitlyn Williams	25.19	UW Preview	1/16
Daryth Gayles	25.92	UW Preview	1/16
Brittany McGee	26.33	UW Preview	1/16

400 meters (53.35)

Name	Mark	Meet	Date
Kristyn Williams	53.39	MPSF Champs	2/27
Olivia Baker	53.90	Don Kirby Elite	2/13
Gaby Gayles	54.39	Penn State Nat'l	1/30
Kaitlyn Williams	55.44	Don Kirby Elite	2/13

500 meters (1:10.82)

Name	Mark	Meet	Date
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600 meters (1:29.08)

Name	Mark	Meet	Date
Olivia Baker	1:29.08	UW Preview	1/16

800 meters (2:03.25)

Name	Mark	Meet	Date
Olivia Baker	2:04.10	Penn State Nat'l	1/30
Claudia Saunders	2:04.43	Penn State Nat'l	1/30
Malika Waschmann	2:05.33	MPSF Champs	2/27
Brittany McGee	2:34.34	Penn State Nat'l	1/29

1,000 meters (2:42.26)

Name	Mark	Meet	Date
Rebecca Mehra	2:45.28	UW Preview	1/16
Maddy Berkson	2:47.08	Penn State Nat'l	1/30
Claudia Saunders	2:47.27	UW Preview	1/16

Mile (4:37.07)

Name	Mark	Meet	Date
Elise Cranny	4:38.44	Iowa State Classic	2/13
Maddy Berkson	4:48.05	MPSF Champs	2/27
Molly McNamara	4:50.22	Iowa State Classic	2/13
Catherine Pagano	5:01.42	UW Preview	1/16

3,000 meters (8:53.1)

Name	Mark	Meet	Date
Vanessa Fraser	9:09.89	MPSF Champs	2/27
Aisling Cuffe	9:10.59	MPSF Champs	2/27
Elise Cranny	9:18.18	MPSF Champs	2/27
Danielle Katz	9:21.35	Iowa State Classic	2/12
Rebecca Mehra	9:25.48	MPSF Champs	2/27
Sophie Chase	9:32.85	Penn State Nat'l	1/30

5,000 meters (15:37.97)

Name	Mark	Meet	Date
Vanessa Fraser	16:06.25	Iowa State Classic	2/12
Emma Fisher	16:39.69	MPSF Champs	2/26
Megan Lacy	17:09.11	MPSF Champs	2/26

60-meter hurdles (8.17)

Name	Mark	Meet	Date
Brittany McGee	8.89	Penn State Nat'l	1/29

4x400 meter relay (3:33.78)

Name	Mark	Meet	Date
G. Gayles, Baker, Crunkleton Wilson, Kr. Williams	3:33.78	Don Kirby Elite	2/13
G. Gayles, Kr. Williams, Ka. Williams, Baker	3:40.38	UW Preview	1/16
Crunkleton Wilson, Saunders, Berkson, Waschmann	3:51.41	UW Preview	1/16

4x800 meter relay (9:00.20)

Name	Mark	Meet	Date
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Distance medley relay (10:53.66)

Name	Mark	Meet	Date
Saunders, Kr. Williams, Baker, Mehra	10:54.58	Penn State Nat'l	1/29
Cranny, Kr. Williams, Waschmann, Mehra	10:58.94	NCAA Champs	3/11
Berkson, Saunders, Waschmann, McNamara	11:12.41	MPSF Champs	2/26
Berkson, Ka. Williams, Waschmann, Long	11:18.50	Penn State Nat'l	1/29

High jump (6-5 1/2)

Name	Mark	Meet	Date
Brittany McGee	5-4 1/4	Penn State Nat'l	1/30

Pole vault (14-5 1/2)

Name	Mark	Meet	Date
Kaitlyn Merritt	13-4 1/4	Don Kirby Elite	2/13
Jackie McNulty	12-8	MPSF Champs	2/27

Long jump (21-8 3/4)

Name	Mark	Meet	Date
Daryth Gayles	19-5 1/2	MPSF Champs	2/26
Brittany McGee	18-11 1/4	UW Preview	1/16
Marisa Kwiatkowski	18-10	UW Preview	1/16
Carla Forbes	18-3 1/4	UW Preview	1/16

Triple jump (46-7 1/4)

Name	Mark	Meet	Date
Marisa Kwiatkowski	40-10 1/4	Penn State Nat'l	1/30
Carla Forbes	40-7 3/4	MPSF Champs	2/27

Shot put (57-2 3/4)

Name	Mark	Meet	Date
Lena Giger	53-0 1/4	MPSF Champs	2/27
Brittany McGee	33-7 1/4	Penn State Nat'l	1/29

Weight throw (62-8 1/2)

Name	Mark	Meet	Date
Valarie Allman	62-8 1/2	MPSF Champs	2/27
Lena Giger	53-3	Husky Classic	2/13

Pentathlon (4,063)

Name	Mark	Meet	Date
Brittany McGee	3,611	Penn State Nat'l	1/29

Final 2016

STANFORD WOMEN'S 2016 PERFORMANCE LIST

By Individual

Academic years listed; Years of eligibility may differ.

Valarie Allman, Jr.

OUTDOORS

Discus (201-6, 61.42m)

190-7 (58.09m)	2) Hornet Invitational	3/19
186-6 (56.85m)	Inv., 2) Stanford Invitational	4/1
184-2 (56.13m)	1) Big Meet	4/9
190-11 (58.19m)	2) Michael Johnson Invite	4/23
193-5 (58.96m)	1) Payton Jordan Invite	5/1
188-11 (57.58m)	1) Pac-12 Championships	5/15
182-9 (55.71m)	5) NCAA West Prelims	5/28
201-6 (61.42m)	3) NCAA Championships	6/11
191-9 (58.46m)	7p) U.S. Olympic Trials	7/1
193-8 (59.02m)	6) U.S. Olympic Trials	7/2

Hammer (200-11, 61.25m)

184-10 (56.35m)	Inv., 6) Stanford Invitational	4/1
189-1 (57.63m)	1) Big Meet	4/9
199-5 (60.78m)	1) Michael Johnson Invite	4/23
190-7 (58.10m)	7) Payton Jordan Invite	5/1
194-7 (59.31m)	2) Pac-12 Championships	5/15
200-6 (61.12m)	11) NCAA West Prelims	5/27
200-11 (61.25m)	11) NCAA Championships	6/9

INDOORS

Weight throw (62-8 1/2, 19.11m)

60-1 1/4 (18.32m)	6) Penn State National	1/29
60-10 1/2 (18.55m)	3) Husky Classic	2/13
62-8 1/2 (19.11m)	5) MPSF Championships	2/26

Olivia Baker, So.

OUTDOORS

100 (11.64)

11.89w	5p) Stanford Invitational	4/1
12.04w	5) Stanford Invitational	4/1

400 (52.46)

53.49	2) Stanford Invitational	4/1
53.17	2) Michael Johnson Invite	4/23
54.15	3p) Pac-12 Championships	5/14
53.20	1) Pac-12 Championships	5/15

800 (2:01.02)

2:04.15	2) Big Meet	4/9
2:01.02	Sec.1, 4) Payton Jordan Invite	5/1
2:06.58	9) NCAA West Prelims	5/27
2:03.56	5p) NCAA Championships	6/9
2:02.65	2) NCAA Championships	6/11
2:03.68	21p) U.S. Olympic Trials	7/1
2:01.87	10s) U.S. Olympic Trials	7/2
2:08.77	6) NACAC Under-23 Champs	7/17

4x400 relay

3:32.67 (second leg)	1) Stanford Invitational	4/2
3:44.58 (second leg)	1) Big Meet	4/9
3:33.96 (second leg)	1) Michael Johnson Invite	4/23
3:36.19 (anchor)	2) Pac-12 Championships	5/15
3:31.13 (second leg)	7) NCAA West Prelims	5/28
3:35.92 (second leg)	19p) NCAA Championships	6/9

INDOORS

400 (53.90)

53.90	9) Don Kirby Elite	2/13
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600 (1:29.08)

1:29.08	3) UW Indoor Preview	1/16
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800 (2:04.10)

2:04.10	1, inv.) Penn State National	1/30
2:04.28	1) MPSF Championships	2/27
2:04.73	p) NCAA Championships	3/11

2:06.08	3) NCAA Championships	3/12
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4x400 relay

3:40.38 (anchor)	1) UW Indoor Preview	1/16
3:33.78 (second leg)	3) Don Kirby Elite	2/13
3:33.92 (anchor)	2) MPSF Championships	2/27

Distance medley relay

10:54.58 (third leg)	1, inv.) Penn State National	1/29
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Maddy Berkson, So.

OUTDOORS

800 (2:08.40)

2:09.42	4) Hornet Invitational	3/19
2:09.01	Sec.6, 6) Payton Jordan Invite	5/1

1,500 (4:24.39)

4:24.39	Sec.3, 10) Stanford Invitational	4/1
4:33.08	7) Big Meet	4/9
4:27.64	22) Stanford Twilight	4/22
4:25.46	16p) Pac-12 Championships	5/14
4:28.49	27) NCAA West Prelims	5/28

4x400 relay

3:47.41 (second leg)	10) Stanford Invitational	4/2
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INDOORS

Mile (4:47.81)

4:50.44	12) UW Indoor Preview	1/16
4:48.05	10) MPSF Championships	2/27

1,000 (2:47.08)

2:47.08	1, inv.) Penn State National	1/30
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4x400 relay

3:51.41 (third leg)	3) UW Indoor Preview	1/16
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Distance medley relay

11:18.50 (first leg)	3, inv.) Penn State National	1/29
11:12.41 (first leg)	2) MPSF Championships	2/26

Sophie Chase, Jr.

OUTDOORS

3,000 (9:45.80)

9:47.69	8) Big Meet	4/9
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5,000 (16:33.92)

16:33.92	Sec.3, 19) Stanford Invitational	4/1
16:41.44	14) Stanford Twilight	4/22

INDOORS

3,000 (9:23.51)

9:23.51	9) Iowa State Classic	2/12
9:30.27	15) MPSF Championships	2/27

Elise Cranny, So.

OUTDOORS

800 (2:04.81)

2:07.76	21) Stanford Invitational	4/2
2:10.53	6) Big Meet	4/9

1,500 (4:09.54)

4:21.17	2) Big Meet	4/9
4:16.37	5) Stanford Twilight	4/22
4:20.78	5p) Pac-12 Championships	5/14
4:17.72	1) Pac-12 Championships	5/15
4:21.93	14) NCAA West Prelims	5/28
4:15.87	10p) NCAA Championships	6/9
4:09.54	2) NCAA Championships	6/11
4:23.59	21p) U.S. Olympic Trials	7/7
4:14.20	18s) U.S. Olympic Trials	7/8

5,000 (15:49.27)

15:49.27	Sec.2, 11) Payton Jordan Invite	5/1
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4x400 relay		
3:44.48 (second leg)	7) Stanford Invitational	4/2
INDOORS		
Mile (4:38.44)		
4:38.44	1) Iowa State Classic	2/13
3,000 (8:58.88)		
9:18.18	8) MPSF Championships	2/27
Distance medley relay		
10:58.94 (first leg)	3) NCAA Championships	3/11

Michaela Crunkleton Wilson, So.

OUTDOORS		
100 (11.66)		
11.77	1) Hornet Invitational	3/19
11.73w	2p) Stanford Invitational	4/1
11.79w	3) Stanford Invitational	4/1
11.90	1) Big Meet	4/9
11.93	19p) Pac-12 Championships	5/14
200 (24.08)		
24.08	5) Stanford Invitational	4/2
24.40w	1) Big Meet	4/9
24.33	11) Michael Johnson Invite	4/23
24.54	15p) Pac-12 Championships	5/14
400 (53.82)		
53.82	Sec.1, 4) Payton Jordan Invite	5/1
4x100 relay		
46.60 (anchor)	2) Big Meet	4/9
45.84 (anchor)	3) Payton Jordan Invite	5/1
46.66 (anchor)	5p) Pac-12 Championships	5/14
DNF (anchor)	Pac-12 Championships	5/15
4x400 relay		
3:38.82 (second leg)	1) Hornet Invitational	3/19
3:44.48 (first leg)	7) Stanford Invitational	4/2
3:36.19 (second leg)	2) Pac-12 Championships	5/15
3:31.13 (third leg)	7) NCAA West Prelims	5/28
3:35.92 (third leg)	19p) NCAA Championships	6/9
INDOORS		
60 (7.62)		
7.62	p) Penn State National	1/29
7.66	12) Penn State National	1/29
7.59	p) Don Kirby Elite	2/12
200 (24.30)		
25.09	10) UW Indoor Preview	1/16
24.76	3) Penn State National	1/30
24.30	17) Don Kirby Elite	2/12
4x400 relay		
3:51.41 (first leg)	3) UW Indoor Preview	1/16
3:33.78 (third leg)	3) Don Kirby Elite	2/13
3:33.92 (third leg)	2) MPSF Championships	2/27

Aisling Cuffe, 5th Sr.

OUTDOORS		
1,500 (4:18.29)		
4:23.69	13p) Pac-12 Championships	5/14
Mile (4:36.23)		
4:36.23	9) Morton Games	7/22
5,000 (15:11.13)		
16:16.02	3) Stanford Twilight	4/22
16:08.45	2) NCAA West Prelims	5/28
16:08.56	9) NCAA Championships	6/11
15:35.12	5) Stumptown Twilight	6/23
15:36.12	8) KBC Heusden-Zolder	7/16
INDOORS		
3,000 (9:04.57)		
9:10.59	6) MPSF Championships	2/27

Emma Fisher, Jr.

OUTDOORS		
3,000 (9:37.85)		
9:37.85	7) Big Meet	4/9
5,000 (16:20.97)		
16:40.81	Sec.3, 20) Stanford Invitational	4/1
16:20.97	8) Stanford Twilight	4/22
16:42.77	14) Pac-12 Championships	5/15
16::55.83	27) NCAA West Prelims	5/28
INDOORS		
5,000 (16:39.69)		
16:39.69	7) MPSF Championships	2/26

Carla Forbes, Jr.

OUTDOORS		
Long jump (20-3, 6.17m)		
18-1 1/2 (5.52m)	Inv., 7) Stanford Invitational	4/1
Triple jump (42-1 1/2, 12.83m)		
41-11 1/4 (12.78m)	Inv., 2) Stanford Invitational	4/2
41-7 3/4 (12.69m)	3) Big Meet	4/9
41-2 1/4 (12.55m)	3) Michael Johnson Invite	4/23
39-1 3/4 (11.93m)	10) Pac-12 Championships	5/15
INDOORS		
Long jump (20-1 1/4, 6.14m)		
18-3 1/4 (5.57m)	8) UW Indoor Preview	1/16
Triple jump (42-5 1/4, 12.93m)		
40-0 3/4 (12.21m)	4) UW Indoor Preview	1/16
40-7 3/4 (12.39m)	6) MPSF Championships	2/27

Vanessa Fraser, Jr.

OUTDOORS		
1,500 (4:19.45)		
4:19.45	7) Stanford Twilight	4/22
3,000 (9:18.20)		
9:18.20	1) Big Meet	4/9
5,000 (15:41.64)		
15:41.64	Sec.2, 5) Payton Jordan Invite	5/1
16:10.57	4) NCAA West Prelims	5/28
16:21.35	13) NCAA Championships	6/11
10,000 (33:55.99)		
33:55.99	4) Pac-12 Championships	5/14
INDOORS		
3,000 (9:09.89)		
9:14.06	2, inv.) Penn State National	1/30
9:09.89	4) MPSF Championships	2/27
9:15.09	10) NCAA Championships	3/12
5,000 (16:06.25)		
16:06.25	6) Iowa State Classic	2/12

Daryth Gayles, So.

OUTDOORS		
Long jump (20-1 3/4, 6.14m)		
19-7w (6.20), 19-2 1/2 (5.89)	Inv., 2) Stanford Invitational	4/1
18-9 1/4 (5.72m)	3) Big Meet	4/9
20-1 3/4 (6.14m)	2) Michael Johnson Invite	4/23
20-3 3/4w (6.19), 19-11 1/2 (6.08)	1) Payton Jordan Invite	5/1
18-8 1/2 (5.70m)	13) Pac-12 Championships	5/14
19-5 1/2 (5.93m)	16) NCAA West Prelims	5/28
INDOORS		
200 (25.92)		
25.92	24) UW Indoor Preview	1/16
Long jump (19-5 1/2, 5.93m)		
18-3 (5.56m)	9) UW Indoor Preview	1/16
19-5 1/2 (5.93m)	5) MPSF Championships	2/26

Gaby Gayles, So.**OUTDOORS****100 (11.84)**

11.82w	4p) Stanford Invitational	4/1
11.80w	4) Stanford Invitational	4/1
11.93	2) Big Meet	4/9

200 (24.12)

24.54	1) Hornet Invitational	3/19
24.71w	2) Big Meet	4/9

400 (53.59)

53.76	4) Michael Johnson Invite	4/23
53.59	Sec.1, 3) Payton Jordan Invite	5/1
54.00	4p) Pac-12 Championships	5/14
53.91	5) Pac-12 Championships	5/15
54.80	22) NCAA West Prelims	5/27

4x100 relay

46.60 (second leg)	2) Big Meet	4/9
45.84 (second leg)	3) Payton Jordan Invite	5/1
46.66 (second leg)	5p) Pac-12 Championships	5/14
DNF (second leg)	Pac-12 Championships	5/15

4x400 relay

3:38.82 (anchor)	1) Hornet Invitational	3/19
3:32.67 (first leg)	1) Stanford Invitational	4/2
3:33.96 (first leg)	1) Michael Johnson Invite	4/23
3:36.19 (first leg)	2) Pac-12 Championships	5/15
3:31.13 (first leg)	7) NCAA West Prelims	5/28
3:35.92 (first leg)	19p) NCAA Championships	6/9

INDOORS**200 meters (24.46)**

24.72	3, inv.) Penn State National	1/30
24.46	23) Don Kirby Elite	2/12

400 meters (54.31)

54.39	3, inv.) Penn State National	1/30
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4x400 meter relay

3:40.38 (first leg)	1) UW Indoor Preview	1/16
3:33.78 (first leg)	3) Don Kirby Elite	2/13
3:33.92 (second leg)	2) MPSF Championships	2/27

Lena Giger, So.**OUTDOORS****Shot put (53-3 3/4, 16.25m)**

51-11 (15.82m)	1) Hornet Invitational	3/19
51-3 3/4 (15.64m)	Inv., 5) Stanford Invitational	4/1
49-3 3/4 (15.03m)	1) Big Meet	4/9
53-3 3/4 (16.25m)	1) Michael Johnson Invite	4/23
52-2 3/4 (15.92m)	2) Payton Jordan Invite	5/1
50-11 1/2 (15.53m)	7) Pac-12 Championships	5/14
51-9 1/4 (15.73m)	23) NCAA West Prelims	5/28

Discus (151-10, 46.27m)

132-3 (40.30m)	3) Big Meet	4/9
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Hammer (190-3, 57.99m)

183-6 (55.94m)	Coll., 2) Stanford Invitational	4/1
182-10 (55.73m)	2) Big Meet	4/9
Foul	Michael Johnson Invite	4/23
183-2 (55.83,)	8) Payton Jordan Invite	5/1
170-6 (51.97m)	13) Pac-12 Championships	5/15

INDOORS**Shot put (53-0 1/4, 16.16m)**

49-5 (15.06m)	3) UW Indoor Preview	1/16
49-10 (15.19m)	7) Penn State National	1/30
50-10 (15.49m)	3) Husky Classic	2/13
53-0 1/4 (16.16m)	4) MPSF Championships	2/27

Weight throw (53-3, 16.23m)

53-1 1/2, 16.19m)	11) UW Indoor Preview	1/16
51-9 3/4 (15.79m)	17) Penn State National	1/29
53-3 (16.23m)	19) Husky Classic	2/13

Taylor Jaques, So.**OUTDOORS****Pole vault (13-4 1/2, 4.07m)**

11-7 3/4 (3.55m)	8) Hornet Invitational	3/19
12-2 (3.71m)	Coll., 4) Stanford Invitational	4/1
11-1 3/4 (3.40m)	1) Stanford Twilight	4/22
11-5 3/4 (3.50m)	12) Brutus Hamilton Invite	4/23
12-4 1/2 (3.77m)	10) Payton Jordan Invite	5/1

Danielle Katz, Jr.**OUTDOORS****1,500 (4:24.20)**

4:27.37	5) Hornet Invitational	3/19
4:24.20	13) Stanford Twilight	4/22

Steeplechase (10:11.11)

10:24.13	1) Big Meet	4/9
10:17.85	Sec.3, 5) Payton Jordan Invite	5/1
10:11.11	6) Pac-12 Championships	5/14
10:17.46	15) NCAA West Prelims	5/27

5,000 (16:09.45)

16:09.45	Sec.3, 6) Stanford Invitational	4/1
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INDOORS**3,000 (9:21.35)**

9:21.35	6) Iowa State Classic	2/12
9:35.75	17) MPSF Championships	2/27

Marisa Kwiatkowski, So.**OUTDOORS****Long jump (19-4, 5.89m)**

18-6 1/2w (5.65m)	Inv., 5) Stanford Invitational	4/1
18-9 1/4 (5.72m)	1) Big Meet	4/9
18-9 (5.71m)	8) Michael Johnson Invite	4/23
17-10 1/2 (5.45m)	19) Pac-12 Championships	5/14

Triple jump (41-5 1/4, 12.63m)

41-3 3/4 (12.59m)	Inv., 3) Stanford Invitational	4/2
40-2 (12.24m)	4) Big Meet	4/9
40-9 3/4 (12.44m)	4) Michael Johnson Invite	4/23
40-10 1/2 (12.46m)	3) Payton Jordan Invite	5/1
39-0 1/4 (11.89m)	11) Pac-12 Championships	5/15
41-2 1/2 (12.56m)	22) NCAA West Prelims	5/28

INDOORS**Long jump (19-4, 5.89m)**

18-10 (5.74m)	6) UW Indoor Preview	1/16
18-5 3/4 (5.63m)	8) Penn State National	1/29
18-8 1/2 (5.70m)	15) Don Kirby Elite	2/12
17-7 (5.36m)	11) MPSF Championships	2/26

Triple jump (41-5 1/4, 12.63m)

40-7 (12.37m)	3) UW Indoor Preview	1/16
40-10 1/4 (12.45m)	4) Penn State National	1/30
40-2 1/4 (12.25m)	12) Don Kirby Elite	2/13
40-2 3/4 (12.25m)	8) MPSF Championships	2/27

Hannah Labrie-Smith, Fr.**OUTDOORS****200 (24.67)**

24.67	Sec.1, 7) Payton Jordan Invite	5-1
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100 hurdles (14.15)

14.65	9p) Stanford Invitational	4/1
14.66	8) Stanford Invitational	4/2
14.30	2) Big Meet	4/9
14.15	5) Michael Johnson Invite	4/23
14.23	Sec.2, 2) Payton Jordan Invite	5/1

400 hurdles (59.67)

1:01.43	6) Hornet Invitational	3/19
1:00.74	5) Stanford Invitational	4/1
59.71	1) Big Meet	4/9

59.67 2) Michael Johnson Invite 4/23
1:00.89 9p) Pac-12 Championships 5/14

4x100 relay

46.60 (first leg) 2) Big Meet 4/9
45.84 (third leg) 3) Payton Jordan Invite 5/1
46.66 (third leg) 5p) Pac-12 Championships 5/14
DNF (third leg) Pac-12 Championships 5/15

4x400 relay

3:38.82 (third leg) 1) Hornet Invitational 3/19
3:47.41 (first leg) 10) Stanford Invitational 4/2

Megan Lacy, Sr.

OUTDOORS

3,000 (9:46.67)

10:09.05 12) Big Meet 4/9

5,000 (17:00.63)

17:33.90 22) Stanford Twilight 4/22

10,000 (34:53.07)

35:37.27 Sec.2, 35) Stanford Invitational 4/1

INDOORS

5,000 (16:35.21)

17:09.11 17) MPSF Championships 2/26

Anna Laman, So.

OUTDOORS

800 (2:05.27)

2:06.95 8p) Pac-12 Championships 5/14

2:10.71 8) Pac-12 Championships 5/15

2:10.20 9) NCAA West Prelims 5/27

1,500 (4:13.62)

4:31.44 Sec.5, 10) Payton Jordan Invite 5/1

Amber Lewis, So.

OUTDOORS

100 (12.50)

12.72 32) Hornet Invitational 3/19

13.04 1) Stanford Twilight 4/22

200 (25.83)

26.38 34) Hornet Invitational 3/19

100 hurdles (14.09)

14.85 13p) Stanford Invitational 4/1

14.62 3) Big Meet 4/9

14.50 Sec.3, 1) Payton Jordan Invite 5/1

400 hurdles (1:00.28)

1:02.88 10) Stanford Invitational 4/1

1:03.84 3) Big Meet 4/9

1:02.17 5) Brutus Hamilton Invite 4/23

1:01.47 4) Payton Jordan Invite 5/1

4x100 relay

46.60 (third leg) 2) Big Meet 4/9

4x400 relay

3:44.48 (third leg) 7) Stanford Invitational 4/2

Mackenzie Little, Fr.

OUTDOORS

Javelin (188-3, 57.60m)

183-4 (55.88m) Inv., 1) Stanford Invitational 4/1

179-5 (54.70m) 1) Big Meet 4/9

181-10 (55.43m) 2) Michael Johnson Invite 4/23

175-8 (53.54m) 1) Payton Jordan Invite 5/1

176-2 (53.71m) 1) Pac-12 Championships 5/14

171-8 (52.32m) 5) NCAA West Prelims 5/27

176-0 (53.65m) 7) NCAA Championships 6/9

169-0 (51.52m) 17p) U.S. Olympic Trials 7/7

Hannah Long, Fr.

INDOORS

Distance medley relay

11:18.50 (anchor) 3, inv.) Penn State National 1/29

Julia Maxwell, So.

OUTDOORS

1,500 (4:31.26)

4:31.26 8) Hornet Invitational 3/19

3,000 (9:32.02)

9:32.02 5) Big Meet 4/9

5,000 (16:18.05)

16:18.05 Sec.3, 13) Stanford Invitational 4/1

Brittany McGee, Fr.

INDOORS

Pentathlon (3,611 points)

3,611 4) Penn State National 1/29

200 meters (26.33)

26.33 28) UW Indoor Preview 1/16

800 meters (2:34.34)

2:34.34 pen) Penn State National 1/29

60-meter hurdles (8.89)

9.10 p) UW Indoor Preview 1/16

8.95 10) UW Indoor Preview 1/16

8.89 pen) Penn State National 1/29

High jump (5-4 1/4, 1.63m)

5-3 1/4 (1.61m) pen) Penn State National 1/29

5-4 1/4 (1.63m) 18) Penn State National 1/30

Long jump (18-11, 5.77m)

18-11 1/4 (5.77m) 4) UW Indoor Preview 1/16

18-7 (5.66m) pen) Penn State National 1/29

Shot put (33-7 1/4, 10.24m)

33-7 1/4 (10.24m) pen) Penn State National 1/29

Molly McNamara, 5th Sr.

OUTDOORS

800 (2:04.61)

2:06.56 10) Stanford Invitational 4/2

2:04.61 Sec.4, 2) Payton Jordan Invite 5/1

1,500 (4:15.22)

4:20.76 1) Big Meet 4/9

4:15.22 2) Stanford Twilight 4/22

4:19.63 10p) Pac-12 Championships 5/14

4:25.03 13) Pac-12 Championships 5/15

4:17.20 2) NCAA West Prelims 5/28

4:20.93 20p) NCAA Championships 6/9

INDOORS

Mile (4:43.85)

4:50.22 17) Iowa State Classic 2/13

4:51.49 11) MPSF Championships 2/27

Distance medley relay

11:12.41 (anchor) 2) MPSF Championships 2/26

Abbie McNulty, So.

OUTDOORS

1,500 (4:37.36)

4:37.36 21) Hornet Invitational 3/19

3,000 (9:34.37)

9:34.37 6) Big Meet 4/9

5,000 (16:40.00)

16:54.46 Sec.3, 22) Stanford Invitational 4/1

16:40.00 13) Stanford Twilight 4/22

10,000 (35:01.85)

35:01.85 Sec.2, 23) Payton Jordan Invite 5/1

35:09.38 10) Pac-12 Championships 5/14

Jackie McNulty, Fr.**OUTDOORS****Pole vault (13-4, 4.06m)**

11-7 3/4 (3.55m)	7) Hornet Invitational	3/19
11-8 (3.56m)	Coll., 7) Stanford Invitational	4/1
11-10 1/2 (3.62m)	14) Payton Jordan Invite	5/1

INDOORS**Pole vault (13-3 1/4, 4.04m)**

12-0 1/2 (3.67m)	10) UW Indoor Preview	1/16
12-1 1/4 (3.69m)	11, inv.) Penn State National	1/30
12-4 1/2 (3.77m)	10) Don Kirby Elite	2/13
12-8 (3.86m)	13) MPSF Championships	2/26

Rebecca Mehra, Sr.**OUTDOORS****1,500 (4:17.04)**

4:21.73	3) Big Meet	4/9
4:21.19	Sec.2, 11) Payton Jordan Invite	5/1
4:20.64	2p) Pac-12 Championships	5/14
4:18.38	2) Pac-12 Championships	5/15
4:22.33	15) NCAA West Prelims	5/28
4:17.04	Sec.2, 2) Stumptown Twilight	6/23

INDOORS**1,000 (2:45.28)**

2:45.28	1) UW Indoor Preview	1/16
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3,000 (9:25.48)

9:25.48	10) MPSF Championships	2/27
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Distance medley relay

10:54.58 (anchor)	1, inv.) Penn State National	1/29
10:58.94 (anchor)	3) NCAA Championships	3/11

Kaitlyn Merritt, Fr.**OUTDOORS****Pole vault (14-0 3/4, 4.28m)**

13-5 1/4 (4.10m)	1) Hornet Invitational	3/19
13-0 1/4 (3.97m)	Inv., 1) Stanford Invitational	4/1
12-5 1/2 (3.80m)	1) Big Meet	4/9
12-5 (3.80m)	7) Michael Johnson Invite	4/23
13-2 1/4 (4.02m)	6) Payton Jordan Invite	5/1
NH	Pac-12 Championships	5/15

INDOORS**Pole vault (13-4 1/4, 4.07m)**

12-6 1/4 (3.82m)	4) UW Indoor Preview	1/16
12-1 1/4 (3.69m)	12, inv.) Penn State National	1/30
13-4 1/4 (4.07m)	5) Don Kirby Elite	2/13
13-1 3/4 (4.01m)	4) NAU Tune-Up	2/19
12-8 (3.86m)	7) MPSF Championships	2/26

Missy Mongiovi, Fr.**OUTDOORS****100 (12.32)**

12.45w	19p) Stanford Invitational	4/1
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200 (24.44)

25.08	7) Hornet Invitational	3/19
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400 (54.70)

54.84	10) Stanford Invitational	4/1
55.32	3) Big Meet	4/9
55.84	9) Michael Johnson Invite	4/23
55.15	Sec.2, 1) Payton Jordan Invite	5/1
56.15	17p) Pac-12 Championships	5/14
56.12	24p) U.S. Junior Nationals	6/24

4x100 relay

45.84 (first leg)	3) Payton Jordan Invite	5/1
46.66 (first leg)	5p) Pac-12 Championships	5/14
DNF (first leg)	Pac-12 Championships	5/15

4x400 relay

3:38.82 (first leg)	1) Hornet Invitational	3/19
3:32.67 (third leg)	1) Stanford Invitational	4/2
3:44.58 (first leg)	1) Big Meet	4/9

Catherine Pagano, Fr.**INDOORS****Mile (4:50.66)**

5:01.42	19) UW Indoor Preview	1/16
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Rachel Reichenbach, So.**OUTDOORS****High jump (5-8 3/4, 1.75m)**

5-5 (1.65m)	Coll., 1) Stanford University	4/1
5-3 (1.60m)	1) Stanford Twilight	4/22
5-3 1/4 (1.61m)	2) Big Meet	4/9
5-8 (1.73m)	2) Brutus Hamilton Invite	4/23
5-7 1/4 (1.71m)	1) Payton Jordan Invite	5/1
5-5 1/4 (1.66m)	9) Pac-12 Championships	5/14

Claudia Saunders, Sr.**OUTDOORS****800 (2:00.63)**

2:03.73	1) Big Meet	4/9
2:06.00	Sec.1, 8) Payton Jordan Invite	5/1
2:04.98	1p) Pac-12 Championships	5/14
2:04.88	4) Pac-12 Championships	5/15
2:05.37	3) NCAA West Prelims	5/27
2:03.68	6p) NCAA Championships	6/9
2:02.99	4) NCAA Championships	6/11
2:04.80	6) Brooks PR Invitational	6/18
2:05.69	2p) French Championships	6/24
2:05.18	7) French Championships	6/25

1,500 (4:15.22)

4:17.33	Sec.2, 1) Stanford Invitational	4/2
4:15.22	2) Stanford Twilight	4/22

4x400 relay

3:44.48 (anchor)	7) Stanford Invitational	4/2
3:44.58 (third leg)	1) Big Meet	4/9
3:36.19 (third leg)	2) Pac-12 Championships	5/15

INDOORS**800 (2:04.43)**

2:04.43	3, inv.) Penn State National	1/30
2:05.87	6) Iowa State Classic	2/13
2:04.89	3) MPSF Championships	2/27
2:08.45	15p) NCAA Championships	3/11

1,000 (2:47.27)

2:47.27	8) UW Indoor Preview	1/16
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4x400 relay

3:51.41 (second leg)	3) UW Indoor Preview	1/16
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Distance medley relay

10:54.58 (first leg)	1, inv.) Penn State National	1/29
11:12.41 (second leg)	2) MPSF Championships	2/26

Karina Shepard, So.**OUTDOORS****400 (1:00.14)**

1:00.14	Sec.3, 6) Payton Jordan Invite	5/1
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800 (2:07.14)

2:15.97	19) Hornet Invitational	3/19
2:15.31	52) Stanford Invitational	4/2
2:20.75	8) Big Meet	4/9
2:16.19	16) Stanford Twilight	4/22

Victoria Smith, Jr.**OUTDOORS****Javelin (161-8, 49.27m)**

143-0 (43.59m)	Inv., 9) Stanford Invitational	4/1
142-11 (43.57m)	2) Big Meet	4/9
145-8 (44.39m)	6) Michael Johnson Invite	4/23
145-9 (44.42m)	4) Payton Jordan Invite	5/1
129-5 (39.45m)	12) Pac-12 Championships	5/14

Nicole Summersett, Fr.**OUTDOORS****Pole vault (13-3 1/2, 4.05m)**

NH	Hornet Invitational	3/19
11-8 (13.56m)	Coll., 9) Stanford Invitational	4/1
10-11 3/4 (3.35m)	3) Big Meet	4/9
11-1 3/4 (3.40m)	2) Stanford Twilight	4/22
NH	Brutus Hamilton Invite	4/23
11-10 1/2 (3.62m)	12) Payton Jordan Invite	5/1

Malika Waschmann, Jr.**OUTDOORS****800 (2:06.52)**

2:06.52	6p) Pac-12 Championships	5/14
2:07.10	6) Pac-12 Championships	5/15

1,500 (4:16.53)

4:16.53	Sec.3, 1) Stanford Invitational	4/2
4:24.97	21) NCAA West Prelims	5/28

4x400 relay

3:47.41 (third leg)	10) Stanford Invitational	4/2
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INDOORS**800 (2:05.33)**

2:08.96	1) UW Indoor Preview	1/16
2:05.47	5, inv.) Penn State National	1/30
2:06.10	7) Iowa State Classic	2/13
2:05.33	4) MPSF Championships	2/27

4x400 relay

3:51.41 (anchor)	3) UW Indoor Preview	1/16
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Distance medley relay

11:18.50 (third leg)	3, inv.) Penn State National	1/29
11:12.41 (third leg)	2) MPSF Championships	2/26
10:58.94 (third leg)	3) NCAA Championships	3/11

Kaitlyn Williams, Sr.**OUTDOORS****400 (54.42)**

55.19	2) Big Meet	4/9
55.89	10) Michael Johnson Invite	4/23
55.50	13p) Pac-12 Championships	5/14

800 (2:11.44)

2:11.44	42) Stanford Invitational	4/2
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4x400 relay

3:47.41 (anchor)	10) Stanford Invitational	4/2
3:33.96 (third leg)	1) Michael Johnson Invite	4/23

INDOORS**200 (25.19)**

25.19	11) UW Indoor Preview	1/16
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400 (55.44)

55.85	2) Penn State National	1/30
55.44	19) Don Kirby Elite	2/13

4x400 relay

3:40.38 (third leg)	1) UW Indoor Preview	1/16
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Distance medley relay

11:18.50 (second leg)	3, inv.) Penn State National	1/29
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Kristyn Williams, Sr.**OUTDOORS****100 (12.20)**

12.20	9p) Stanford Invitational	4/1
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400 (52.70)

53.80	4) Stanford Invitational	4/1
53.53	1) Big Meet	4/9
52.99	1) Michael Johnson Invite	4/23
53.70	1p) Pac-12 Championships	5/14
54.00	6) Pac-12 Championships	5/15
54.19	13) NCAA West Prelims	5/27

4x400 relay

3:32.67 (anchor)	1) Stanford Invitational	4/2
3:44.58 (anchor)	1) Big Meet	4/9
3:33.96 (anchor)	1) Michael Johnson Invite	4/23
3:31.13 (anchor)	7) NCAA West Prelims	5/28
3:35.92 (anchor)	19p) NCAA Championships	6/9

INDOORS**200 (24.47)**

24.47	4) UW Indoor Preview	1/16
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400 (53.35)

54.52	4, inv.) Penn State National	1/30
53.80	8) Don Kirby Elite	2/13
53.39	2) MPSF Championships	2/27

4x400 relay

3:40.38 (second leg)	1) UW Indoor Preview	1/16
3:33.78 (anchor)	3) Don Kirby Elite	2/13
3:33.92 (first leg)	2) MPSF Championships	2/27

Distance medley relay

10:54.58 (second leg)	1, inv.) Penn State National	1/29
10:58.94 (second leg)	3) NCAA Championships	3/11

Final 2016*(Personal records in parentheses)*