



Southeast Missouri State University

Joey Haines Invitational

Abe Stuber Track & Field Complex

Cape Girardeau, Missouri

April 2-3, 2027

ENTRY DEADLINE: Entries submitted online at www.directathletics.com . Entry deadline is **Wednesday March 31, 2027 at 1:00 p.m.** ****Unlimited entries but field events may be restricted to the top 24 depending on entries** due to time schedule – so please make sure to provide accurate seed marks**.

ENTRY FEE: \$250 entry fee per gender. \$500 for combined program. **Entry fee must be paid online through Direct Athletics once your entries are finalized.** Entry fee for individuals is \$30.00 and must be paid on Direct Athletics.

MEET CONDUCT: All running events will be sections run against time. Three preliminary attempts will be permitted in the long jump, hammer, triple jump, shot put, discus and javelin with the top nine athletes in each event advancing to the finals for three additional attempts.

SCORING: No team score will be kept.

SHOWER FACILITIES: There are no showers at the track. Please contact a member of the Southeast Track Staff to make arrangements to use the Recreation Center facilities.

KEEP TRACK & INFIELD CLEAR! Only competing athletes and coaches are allowed on the infield. When races are not in progress, warm-up is allowed on the track. Team camps must be outside the track on the north and east side of track.

STARTING HEIGHTS - HIGH JUMP & POLE VAULT

Pole Vault - Women	2.75m
Pole Vault - Men	4.00m
High Jump - Men	1.80m
High Jump - Women	1.50m

IMPLEMENT WEIGHT-IN AND INSPECTION: All implements will be inspected behind the hammer cage 9:30-10:30am on Saturday. Hammers on Friday just need to be inspected prior to the start of the event at the hammer cage.

TRAINING FACILITIES: Trainers and training facilities will be available under tent near 100m start line.

CHECK-IN: There will be no team packets. Start list will be posted prior to the meet. Check in for running events will be at clerk table under tent at North end of track. You will receive your hip #s there. Field events check in at event site.

RELAY CARDS: Relay cards will be available at clerking table

MEET RESULTS: Meet results will be available online at Big River Race Management – <https://brrm.com/results/>

TEAM BUS PARKING: Team buses must park on “Old Sprigg Road” which is the road off Sprigg Street used to get to the Track Complex. **No buses are allowed to park in the small lot on the SW corner of the Track Complex or in other areas designated as spectator parking! NO BUSES ALLOWED IN GREENHOUSE PARKING LOT!**

QUESTIONS? Southeast Track & Field Office email ecrumpecker@semo.edu



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Tentative Schedule

Friday, April 2

3:00pm Hammer

Women followed by Men

Saturday, April 3

Running Events (all running events women followed by men)

12:00pm	3000m Steeplechase
12:30pm	4x100m
12:55pm	1,500m
1:40pm	100m/110m Hurdles
2:05pm	400m
2:40pm	100m
3:20pm	800m
4:00pm	Southeast Senior Recognition
4:20pm	400m Hurdles
4:35pm	200m
5:10pm	5000m
5:50pm	4x400m

Field Events

11:00am	Shot Put	Men followed by Women
11:00am	Discus	Women followed by Men
11:00am	Long Jump	Men followed by Women
11:00am	High Jump	Women followed by Men
11:00am	Pole Vault	Men
2:30pm	Pole Vault	Women
3:00pm	Triple Jump	Men followed by Women
3:00pm	Javelin	Women followed by Men