SOUTHEAST MISSOURI STATE UNIVERSITY



2012 GYMNASTICS GUIDE







LOCATION

Cape Girardeau, MO On the Mississippi River

ENROLLMENT 11,510

STUDENT TO FACULTY RATIO 18 to 1

SMALL CLASSES
Average 25-30 Students

ELITE BUSINESS ACCREDITATION

Accredited by AACSB International for all business programs including the MBA.

ACADEMIC PROGRAMS

Include business, education, science, technology, visual and performing arts and many health professions.

NUMBER OF ATHLETIC TEAMS 15 NCAA Division I Teams



SOUTHEAST MISSOURI STATE UNIVERSITY RECHAMISSOURI STATE UNIVERSITY



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Credits

The 2012 Southeast Missouri
Gymnastics Guide was written, edited and designed by Assistant Sports Information Director Chad Twaro and the Southeast Missouri State Sports Information Office. Cover design and additional graphics assistance provided by Tonya Wells and Krista Mayfield. Photography by Marc Mahnke, Matt Ewasko, Joel Kowsky, Dennis Hubbard, Fred Lynch, Marcus Painton, Keith Hente, Mike Grace and Patrick Clark. Other editorial assistance by Jeff Honza and Nick Seeman.











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Credentials

Credentials are required for entrance to Houck Field House for members of the media. To request season or single-meet credentials, please contact Southeast Missouri State Sports Information by phone at (573) 651-2294 or e-mail at ctwaro@semo.edu. Credentials can be picked up at the ticket table located inside the main entrance of Houck Field House.

Press Row

Media will have assigned seats available. Professional decorum is expected at all times. Cheering or outward expression is strictly prohibited.

Photographers

Photographers must adhere to all photography policies. Check with Chad Twaro regarding approval to shoot in Houck Field House. Flash photography is prohibited.

Interviews

Interviews with Southeast coaches and student-athletes must be arranged through Assistant Sports Information Director Chad Twaro at least 24 hours in advance. Gymnasts are generally

not available on a competition day prior to a meet. Media members are generally welcome to attend practice, but are asked to notify the sports information office that they intend to do so.

Post-meet Interviews

Anyone wishing to interview a Southeast student-athlete must notify Chad Twaro prior to the end of each meet. Student-athletes will be escorted to the media interview room after the mandatory 10-minute cooling off period. Media representatives are not allowed in the dressing room area. Head Coach Kristi Ewasko will be available after each meet, as well.

Gymnastics Email List

If you would like to be added to the Redhawks gymnastics e-mail list to receive breaking news about the team please e-mail Chad Twaro. The official website, *GoSoutheast.com*, is the best source for up-to-date information about the team.

Game Day Services

Statistics, rosters and meet notes will be provided prior to each meet.

Final meet results and scores will also be handed out during and following all competitions.

WebCast

KFVS12 will WebCast all five home meets on its website, KFVS12.com free of charge. This year's WebCast schedule is available online at KFVS12.com and GoSoutheast.com.

On the Web

The latest news on Southeast Missouri Athletics can be found on the web at GoSoutheast. com. Gymnastics releases, stories, information and stats provided by the sports information office are available.





HOUCK FIELD HOUSE

he Southeast Missouri gymnastics team holds all of its home meets at Houck Field House. The facility has provided a home-gym advantage for the program over the years due to the lively crowds and intimate setting.

With over 40,000 square feet available on the main gymnasium floor, Houck can hold meets that can accommodate upwards to five teams comfortably.

Named after Louis Houck, an important and long-time member of the Board of Regents and local railroad entrepreneur, Houck was originally built in 1927 to house the Physical Education Department. The field house was destroyed by fire in 1948 and later rebuilt and expanded in 1951.

After the Show Me Center was completed, the field house was renovated in 1987 and 1995 to better accommodate women's volleyball and gymnastics competition.

Today, Houck Field House seats 2,000

fans for gymnastics meets. The building houses locker rooms for the Redhawk baseball, volleyball, soccer and softball teams. There are also three additional visitor gameday locker rooms.

Houck also houses a fully-equiped training room as well as a meeting room and interview room for post-meet press conferences.

Since 1998, the Redhawks have averaged 502 fans per meet, the best home attendance average over that time period in the Midwest Independent Conference. The all-time attendance mark for the program was set during the 1998 season when 1,486 fans packed Houck for a dual meet against Centenary on March 7.





TOP 10 ATTENDED MEETS AT HOUCK' Attendance Date Opponent 3/7/98 1,486 Centenary Texas Woman's University 1,433 2/7/98 1,017 2/21/99 Illinois & Missouri 755 Southern Utah & Centenary 1/30/09 717 2/15/08 Missouri 713 3/9/98 Illinois State MIC Championships 645 3/19/11 MIC Championships 632 3/25/06 Illinois-Chicago 612 2/1/03 603 3/14/09 Air Force *Since 1998 season







he Southeast Missouri gymnastics team conducts all its practices inside Parker Gymnasium. The state-of-the-art gymnasium is inside Parker Hall, located in the heart of campus.

The practice gymnasium's location moved last season to its current spot on the ground floor of Parker Hall, and went through major renovations during the process.

The new, expanded practice facility now houses an elevated vault runway, two sets of uneven bars, a regulation practice floor, built-in resi pits and trampoline, a trench bar and multiple balance beam stations.

New coaches offices, meeting rooms, fully equipped training and exercise rooms were added.

One of the top practice gymnasiums in the Midwest, it has a seating section for

fans to watch practice or the team's annual pre-season meets, which are held in Parker Gymnasium.

The facility and equipment was made possible by the generous donation of Vince and Jan Kelley. The donation of over \$100,000, the largest ever received by the program, covered the moving, construction cost and equipment costs.

The team's locker room is also located in Parker Hall. The 1,200 square foot area houses 20 oak lockers, showers, restrooms, a athlete lounge and study area.









STRENGTH AND CONDITIONING

outheast Missouri State University Strength and Conditioning is committed to developing the total student-athlete through their experiences within a competitive training environment.

This will be accomplished by focusing on reducing the risk of injury and maximizing athletic potential through individual evaluation and program design.

Training Principles:

- 1. Reduce the risk of injuries
 - If a student-athlete is injured, he/she will not be able to compete at practice or games.
- 2. Maximize athletic ability
 - We challenge each athlete, both physically and mentally, in order to achieve optimal results.

Exercises are based on the following Principles:

- 1. Ground Based Movements
 - Athletes compete with their feet on the ground, and therefore, should train that way. The ability to produce force against the ground determines how fast athletes can run and how high they can jump.
- 2. Three-Dimensional Movements
 - Athletes must be able to stabalize themselves in all planes of movement. A fancy way of saying we use free weights (barbells/dumbbells vs. machines).
- 3. Multi-Joint Movements
 - Very rarely in sport do athletes isolate one single joint, thus there is not much need to train one joint at a time. Athletes can train more muscle mass at the same time.





SOUTHEAST MISSOURI STATE UNIVERSITY PEDHAWKS GYMNASTICS Success Center



SUCCESS CENTER

he Redhawk Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

The Redhawk Success Center is located in the Student Recreation Center, just south of Houck Stadium. The facility offers a computer lab with 18 computer work terminals, study areas and rooms for group meetings.

The area is under the guidance of Interim Associate Director of Athletics Brady Barke, with assistance from Director of Academic Services Sharon Burgard, Assistant Natalie Williams and Graduate Assistants Kelly Benacka and Israel Kirk.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes. During the 2010 fall semester, the Southeast athletic programs combined for a 3.09 grade point

average, its highest for a fall term. Eleven of the Redhawks 15 programs recorded a team GPA of 3.0 or better. In all, 186 student-athletes recorded at least a 3.0 GPA. Of that group, 23 finished the fall term with a perfect 4.0.

Tutors are available for all student-athletes as needed. In addition, both attendance and academic progress are monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor at least



bi-weekly to discuss academic progress.

The Success Center staff also works to get athletes involved in campus and community projects. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/ Life Skills Program, the Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.











SPORTS MEDICINE

revention. Treatment. Rehabilitation. Education. Those are the four primary phases of athletic training, and the Southeast Missouri State University Athletic Training staff strives to fulfill all of those areas when working with the student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the Athletic Training staff. Head Athletic Trainer Alfred Castillo directs the Sports Medicine department which includes four full-time athletic trainers, six graduate assistants and several student assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

The athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through. There are currently four athletic training facilities on campus. The staff treats out

of Rosengarten Athletic Complex, where the primary athletic training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.

The Southeast Athletic Training rooms are equipped with stationary bikes, hand weights, therapeutic modalities, and the latest physical therapy equipment. Each component is strategically designed to not only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and the two hospitals located within Cape Girardeau. It is from these hospitals that the Athletic Training department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself to providing the



best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and management of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.





The Southeast Athletic Training staff is under the direction of Alfred Castillo. Castillo and his staff serve student-athletes at a variety of facilities on campus.







SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS SEASON PREVIEW

All the focus from the Southeast Missouri gymnastics team will be on taking another step forward as the Redhawks prepare for the 2012 season.

The Redhawks return 10 gymnasts from their 2011 squad that captured the program's second Midwest Independent Conference title and finished with a 12-8 record in dual competition. Southeast sent three gymnasts to the NCAA Regional Championships a year ago, including returning junior Taylor Westrick (Waterford, Wis./ Salto Gymnastics).

From a national standpoint, Southeast recorded its fourth-straight top-40 national finish, closing out the 2011 campaign with a No. 39 ranking with a 193.875 Regional Qualifying Score (RQS). The ranking finished just three spots shy of qualifying for the NCAA Regionals as a team.

"The championship last year was great, especially being at home," head coach Kristi Ewasko said. "It was nice that we were able to bring it back to us after just missing out the year before. The team is fired up about having that experience, but wants to continue that postseason success into regionals."

The 2012 Redhawks do not have a senior on their roster, but the returnees have collectively been providing the leadership through the fall.

"We have some very strong leaders in our junior class," Ewasko said. "Taylor Westrick is a leader in the gym. She comes in, gets her

2012 SEASON OUTLOOK

assignments done and makes the changes she needs to. Emma Garrett continues to step up on vault and floor. Margaret O'Neal is looking to challenge in the all-around. Angela Serefini, who started as a walk-on and came on in balance beam last season, is challenging to add more events. We have great leadership in the gym and all our athletes hit the academics hard and hold our team together."

Southeast continued to make national waves in the classroom, sporting a near-perfect 3.91 grade point average as a team. All 17 gymnasts from last year's squad were placed on the National Association of Collegiate Gymnastics Coaches/ Women's All-Academic Team. Every Redhawk boasted a GPA of at least 3.56 and nine maintained a perfect 4.0 GPA through last spring.

"This is a team that works hard in the classroom," Ewasko said. "They are dedicated to their gymnastics, their teammates and their academics. I can't take a lot of credit for this because most of it is self-driven. The gymnasts do this on their own and they understand that their education is a priority and that they're students before athletes. We want them to be accountable for themselves, and they do that. That's why we continue to be successful in the classroom."

That work ethic has manifested itself once again in fall camp as Ewasko has seen several encouraging signs as the team tries to crack into the top 36 for a spot in the NCAA Regional



Junior Emma Garrett is Southeast's top returner on vault after posting a 9.770 RQS in the event a year ago.

Championships.

"The team came back in August with a fire to get to regionals," Ewasko said. "We've upgraded the majority of our routines. Very few of our routines are the same as last year, which is big for us at this level. The talent is there, now we just need to make sure the routines are clean. It was a disappointment to be so close and not make it last year, so they are making sure they are ready to go."

Vault

Southeast will look for improvement out of its vault lineup after the Redhawks ranked 42nd nationally with an RQS of 48.590 on vault last season. The lineup loses its top performer, Brianna Gaddie (40th nationally among vault competitors), due to graduation and will depend on its returnees to collectively raise their scores.

"Our vault routines are all getting better," Ewasko said. "We've upgraded some of our athlete's vaults and we think that will bring our scores up."

Coming into the season, the Redhawks appear to have five of their six routines set. Junior Emma



Junior Taylor Westrick returns to the mix after qualifying for the NCAA Regional meet in the all-around last season.



Angela Serafini scored 9.700 or higher in four of her six balance beam routines last season.

Garrett (Jacksonville, Fla./Starlight Gymnastics) is Southeast's top returnee on the event and competed in all 12 meets on the apparatus. The junior scored 9.700 or higher in vault nine times in 2011.

Another junior who figures to be in the vault lineup is Margaret O'Neal (Highlands Ranch, Colo./ Champion Gymnastics). O'Neal appeared in all 12 meets last season, scoring 9.700 or better on seven occasions and 9.800 or higher three times on vault. She will be relied on for more of the same as one of four upper classmen on the roster.

A sophomore trio of Megan Fosnow (Franklin, Wis./Midwest Twisters Gymnastics), Tamara Gent (St. Peters, Mo./GT Performance Gymnastics) and Taryn Vanderpool (Lenexa, Kan./Elite Gymnastics) will help balance out the rotation. Fosnow was in the vault lineup for the final eight meets of the year and tallied five scores of 9.700 or better. Vanderpool appeared to be turning the corner

2012 SEASON OUTLOOK

during her freshman campaign a year ago, scoring a season-best 9.750 against Denver, before an injury cut short her first season after just four meets. Gent did not see official action in any meet last season, but she has impressed during fall practice and figures to start the year in the vault lineup.

"Emma, Margaret, Megan, Taryn and Tamara should all be strong vault contenders this year," Ewasko said. "The other spot is kind of up in the air right now. Everyone on the team is working hard to earn a spot in the lineup."

Westrick also has experience on vault and is one of several Redhawks in the mix for that final spot in the vault rotation. The junior competed in all 12 meets on vault and is looking to raise her scores in that event this season.

Uneven Bars

Southeast views uneven bars as a spot that will experience a great deal of improvement this season. The Redhawks finished the year 40th in the country on bars with a 48.570 RQS, but returns three gymnasts who competed in the event 10 or more times a year ago in Margaret O'Neal, Megan Fosnow and Taylor Westrick.

"Bars has improved drastically this fall," Ewasko said. "We've upgraded several of our routines and everyone has been more consistent in practice. One of the biggest improvements we've made is that we've been hitting our handstands well, which is very important at this level."

Margaret O'Neal is the Redhawks' top returnee on bars, scoring 9.700 or better seven times while competing on the apparatus in all 12 meets. Westrick also cracked the bars lineup in each meet, scoring a season-high 9.850 against Centenary late in the year and concluding her strong sophomore season with a 9.800 score on bars at NCAA Regionals.

"Taylor will be strong in the lineup once again," Ewasko said. "Margaret has trained a new release combo routine from last year and she can get some big scores with it."

Meanwhile, Fosnow gathered momentum towards the end of her season. The sophomore scored at least 9.725 on bars in four of her last five meets of the season.

Balancing out the lineup will be junior Angela Serafini (Glencoe, Mo./Team Central) along with sophomores Taryn Vanderpool and Kimberly Pickerl (Naperville, Ill./Aerial Gymnastics Club).

Vanderpool was scoring in the 9.650 to 9.750 range in the four meets before her injury and has shown the ability to be a consistently high performer in the event during fall practice.

Serafini only competed on balance beam a year ago, but is a former regional runner-up at the club level in the event.

Pickerl also only appeared on beam in 2011, but has been impressive during fall camp.

"Taryn has upgraded her routine a lot," Ewasko said. "She's very clean and I think she'll be a very consistent athlete for us there. I also look for Kimmie and Angela to be big contributors as well."

Balance Beam

Arguably the most difficult event in the sport appears to be the strongest for the Redhawks as they jump into the 2012 season. Southeast's 48.615 RQS on balance beam ranked 31st in the nation, its highest rank on any of the four events. Taylor Westrick's bread and butter last season was the balance beam. In her sophomore season, she ranked 32nd among all NCAA gymnasts with a 9.850 RQS on beam. The junior scored 9.700 or higher in 12 meets and scored 9.800 or above in her last nine routines of the season, including NCAA Regionals.

"We have a lot of talent to choose from on beam this year," Ewasko said. "Taylor should continue to anchor the lineup. She's upgraded what was already a very strong routine by adding more difficult skills."

Another returnee who figures to make an impact in this rotation is Angela Serafini. The junior made the most of her opportunities a year ago, scoring 9.700 or better in four of her six routines on beam and peaking with a 9.825 against Missouri, Centenary and Temple.

What the rest of the lineup lacks in meet experience it makes up for in ability and work ethic. Returnees Margaret O'Neal, Taryn Vanderpool, Erin Brady (Oshkosh, Wis./Oshkosh Gymnastics Center), Kimberly Pickerl and Tamara Gent all figure to get chances in the lineup.

"We have a number of athletes who are looking to see the beam lineup," Ewasko said. "Angela came on strong at the end of the year for us. Margaret has trained on a new series to create a beam routine that's strong enough to crack the lineup, which will be new for her. Kimmie and Tamara have upgraded their routines and Taryn has been strong during fall practice. Erin is coming off a preseason injury, but she's come back strong and is getting her skills back. We plan to have her back sooner than expected."

Floor Exercise

Southeast has been working to upgrade its floor routines during the fall and Ewasko believes there will be a noticeable difference in the scores this season after the Redhawks ranked 43rd nationally in the event a year ago.

"The floor exercise is going to be fun," Ewasko said. "The choreography of the routines are very upbeat and much different than we've had in the past. The team has fun with the routines. The majority of our team has also upgraded their tumbling passes from last year. We had a strong showing, so we thought there was a good baseline to upgrade for this season."

The junior trio of Emma Garrett, Margaret O'Neal and Taylor Westrick figure to lead the Redhawks' floor lineup. These three all saw significant time there last season.

Garrett cracked 9.700 or higher five times in her eight floor routines. Westrick crossed that barrier seven times in her 12 meets in the lineup, including NCAA Regionals. O'Neal saw the floor lineup in all 12 regular season meets and scored 9.700 or higher on three occasions.

Also in the mix for spots in this lineup are junior Angela Serafini along with sophomores Tamara Gent, Kimmie Pickerl, Taryn Vanderpool, Erin Brady and Megan Fosnow.

After only competing on beam a year ago, Serafini has been impressive during the fall, making her a viable option in a number of other events.

Vanderpool scored 9.700 or better on floor in her final two meets of the season before her injury. Gent figures to be in the lineup right away

2012 SEASON OUTLOOK

after a strong fall, while Pickerl, Brady and Fosnow all have the ability to put up strong scores for the Redhawks this season.

"You can look for Margaret, Taylor, Emma, and Tamara to be strong competitors right away for us," Ewasko said. "Kimmie, Taryn, Erin, Megan and Angela will also get looks. We have a lot of quality options available on floor."

Schedule

In an effort to get to the NCAA Regional Championships as a team, Ewasko has put together a demanding schedule that pits the Redhawks against several elite programs. Southeast faces six teams who qualified for regionals last year, something that Ewasko hopes will bring out the best in her team.

Southeast's regular season gets underway on Jan. 13 when it hosts Northern Illinois at Houck Field House. That meet is the first of five home dates on the Redhawks' slate.

"I am really excited about our schedule this upcoming season," Ewasko said. "Our goal is to qualify for NCAA Regionals, and in order to do that, we must compete against teams that qualify year-in and year-out. Competing against teams like Missouri, Auburn, Oklahoma, Iowa State, and Michigan State gives us a great sense of where we stand in our fight to qualify. Having barely missed beating Missouri last year, we know that NCAA Regionals is within reach and we want to make sure we do everything we can to make that goal a reality."

Following the season-opening home dual, the Redhawks hit the road for their next three competitions as they compete in road duals at Illinois State (Jan. 21) and regional-qualifier Michigan State (Feb. 4) before wrapping up their trip in the Perfect 10 Challenge tri meet in Oklahoma City, Okla. That meet is hosted by Bart Conner Gymnastics as part of the 2012 Nadia Comaneci Invitational and features Super Six participant Oklahoma and regional-qualifier lowa State.

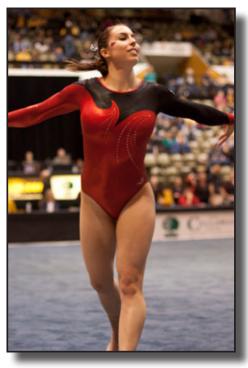
The rest of the Redhawks' February schedule features home conference duals against Illinois-Chicago (Feb. 18) and Illinois State (Feb. 24)

sandwiched around a brief road trip to Iowa State (Feb. 20).

March begins with a trip to Denton, Texas for a quad meet against Texas Woman's and regional-qualifiers lowa and BYU on March 3. From there, the Redhawks close the regular season with home duals against regional-qualifier Auburn (March 9) and Texas Woman's University (March 16).

The 2012 MIC Championships take place on March 24 with Illinois-Chicago serving as the host school.

The top 36 teams in the country qualify for one of the six NCAA Regional meets on April 7. The top two finishers at each regional meet qualify for the 2012 NCAA Championships, which will be held April 20 in Duluth, Ga.



Junior Margaret O'Neal scored 9.700 or higher three times in the floor exercise in 2011.

2012 SOUTHEAST GYMNASTICS ROSTER

Name	Events	Ht.	Yr.	Hometown	Club
		5-9			
Erin Brady	AA		So.	Oshkosh, Wis.	Oshkosh Gymnastics Center
Arielle Bulls	AA	5-4	Fr.	Buford, Ga.	ExCel Gymnastics
Megan Fosnow	AA	5-7	So.	Franklin, Wis.	Midwest Twisters Gymnastics
Emma Garrett	V, FX	5-5	Jr.	Jacksonville, Fla.	Starlight Gymnastics
Tamara Gent	V, B, FX	5-2	So.	St. Peters, Mo.	GT Performance Gymnastics
Taylor Huey	AA	5-2	Fr.	Fleetwood, Pa.	Prestige Gymnastics
Samantha Marrero	AA	5-7	So.	Farmingville, N.Y.	Gold Medal Gymnastics Center
Nicole Nickels	AA	5-5	Fr.	Odessa, Mo.	Xtreme Gymnastics
Margaret O'Neal	AA	5-4	Jr.	Highlands Ranch, Colo.	Champion Gymnastics
Kimberly Pickerl	AA	5-0	So.	Naperville, III.	Aerial Gymnastics Club
Angela Serafini	AA	5-4	Jr.	Glencoe, Mo.	Team Central
Taryn Vanderpool	AAS II	5-2	So.A 5	Lenexa, Kan. 😑 🛽 🔻	Elite Gymnastics
Taylor Westrick	AA	5-4	Jr.	Waterford, Wis.	Salto Gymnastics

COACHING STAFF

Head Coach: Kristi Ewasko (Third Season/Auburn, 2004)

Assistant Coach: Jessie Kinder-Vasquez (Second Season/Oklahoma, 2008/2009)

Assistant Coach: Mary Fredericks (First Season, Ashford, 2010)

Student Coach: Emily Mann

Breakdown by Class: Juniors 4 Sophomores...... 6 Freshmen......3 **Breakdown by State** Colorado 1 Florida......1 Georgia......1 Illinois...... 1 Kansas...... 1 Missouri...... 3 New York...... 1 Pennsylvania 1 Wisconsin 3 **Pronunciation Guide** Arielle Bulls......ARE-ee-el

2012 SOUTHEAST GYMNASTICS SCHEDULE

Date	Opponent	Location	Time (CT)
Jan. 13, 2012	Northern Illinois	Houck Field House	6:30 p.m.
Jan. 21, 2012	Illinois State	Normal, III.	5:00 p.m.
Feb. 4, 2012	Michigan State	East Lansing, Mich.	6:00 p.m.
Feb. 10, 2012	Perfect 10 Challenge (Oklahoma & Iowa State)	Oklahoma City, Okla.	7:00 p.m.
Feb. 18, 2012	Illinois-Chicago	Houck Field House	1:00 p.m.
Feb. 20, 2012	Iowa State	Ames, Iowa	6:30 p.m.
Feb. 24, 2012	Illinois State	Houck Field House	6:30 p.m.
March 3, 2012	Texas Woman's, Iowa & BYU	Denton, Texas	7:00 p.m.
March 9, 2012	Auburn	Houck Field House	6:30 p.m.
March 16, 2012	Texas Woman's	Houck Field House	6:30 p.m.
March 24, 2012	MIC Championships	Chicago, III.	5:00 p.m.
April 7, 2012	NCAA Regional Championships	TBA	TBA
April 20, 2012	NCAA National Championships	Duluth, Ga.	TBA



Erin Brady 5-9 • So. Oshkosh, Wis.



Arielle Bulls 5-4 • Fr. Buford, Ga.



Megan Fosnow 5-7 • So. Franklin, Wis.



Emma Garrett 5-5 • Jr. Jacksonville, Fla.



Tamara Gent 5-2 • So. St. Peters, Mo.



Taylor Huey 5-2 • Fr. Fleetwood, Pa.



Samantha Marrero 5-7 • So. Farmingville, N.Y.



Nicole Nickels 5-5 • Fr. Odessa, Mo.



Margaret O'Neal 5-4 • Jr. Highlands Ranch, Colo.



Kimberly Pickerl 5-0 • So. Naperville, III.



Angela Serafini 5-4 • Jr. Glencoe, Mo.



Taryn Vanderpool 5-2 • So. Lenexa, Kan.



Taylor Westrick 5-4 • Jr. Waterford, Wis.



Head Coach Kristi Ewasko Third Year



Assistant Coach Jessie Kinder-Vasquez Second Year



Assistant Coach Mary Fredericks First Year



Student Coach Emily Mann First Year



SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ENGLY PROFILES



In just two seasons as head coach, Kristi Ewasko has helped the Southeast Missouri State gymnastics program make its mark both in the gym and the classroom.

Southeast captured its second Midwest Independent Conference title in program history a year ago and finished in the top-40 nationally with a regional qualifying score (RQS) of 193.875, which was good for 39th. In dual competition, Southeast has gone 30-15 in Ewasko's two seasons at the helm.

On May 24, 2010 Southeast Missouri then-Director of Athletics John Shafer named Ewasko the head women's gymnastics coach after she spent her first year as the interim head coach.

The Redhawks posted a 12-8 dual record while going 9-2 against MIC foes in 2011. In addition to the team success, Southeast sent three gymnasts to the NCAA Regional Championships in Norman, Okla. Taylor Westrick competed in the all-around while Brianna Gaddie competed in the vault and Christina Sundgren took part in the uneven bars.

Southeast also excelled in the classroom at an unprecedented level, compiling a near-perfect 3.91 grade-point average, the best in the nation to claim the Academic National Championship award from the National Association of Collegiate Gymnastics Coaches/Women. The mark tied the highest figure in the history of the award, which was also set by Southeast in 2009. All 17 members of the team were placed on the NACGC/W All-Academic team for putting up at least a 3.50 GPA, including nine who recorded a perfect 4.0 mark.

A native of Monroe, La., Ewasko spent one year as an assistant coach at Southeast before she was promoted to interim head coach. During that time, she led the Redhawks to an overall record of 18-7 and 11-4 in the Midwest Independent Conference. The 18 victories were the most for the program since 1997.

In addition, Southeast finished third at the MIC Championships and had three gymnasts (Jordan Salsberg, Brianna Gaddie and Rikara Turner) qualify for the NCAA South Central Regional. The team just missed the program's ninth NCAA Regional berth, finishing with a final national ranking of 40th with a Regional Qualifying Score (RQS) of 193.850 which led the MIC.

Academically, the Redhawks finished as runner-ups for the NACGC/W National Academic Team Championship with a team cumulative GPA of 3.8905. The team fell just 0.0018 of a percentage point shy of its fourth-straight national title.

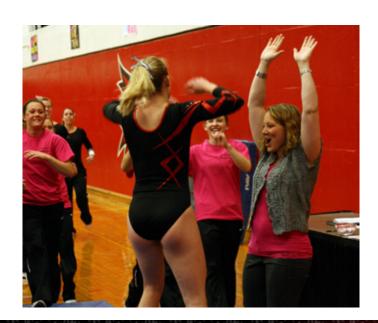
The team had a program-record 18 gymnasts who earned Scholastic All-American status as a result of 3.5 or better GPAs. Thirteen of those individuals recorded perfect 4.0 GPAs.

Prior to arriving at Southeast, Ewasko worked as a volunteer coach at Auburn University from 2004-08. She was AU's conditioning captain and academic captain from 2004-2006. She then spent the 2007 season as an assistant beam and floor coach while transitioning for the 2008 season to being an assistant on vault and bars. During this time, she also assisted with team travel, recruiting files and other day-to-day activities of the program. The Tigers finished the 2008 season ranked 17th and rated among the top-26 each of those four seasons.

In addition to her collegiate coaching duties, Ewasko was an Auburn Gymnastics Academy coach from 2004-2008. She became head coach of the AGA competitive team in May, 2006.

Ewasko graduated with a degree in Exercise Science from Auburn in 2004. As a gymnast, she competed for four years as the top vault competitor for the Tigers' perennial top-20 program. Ewasko recorded Auburn's top three vault scores in school history, including the all-time mark of 9.950 which she set against Florida in 2003. Ewasko scored a 9.90 or better on vault, beam and floor during her four years as a collegiate gymnast. In pursuit of her degree, Ewasko was named an Academic All-American in 2002, named to the SEC Academic Honor Roll in 2003 and 2004, and was also named to the SEC Good Works Team in 2004 for her community service work.

Ewasko and her husband Matt have a two-year old son, Alex.



Year	School	Position
2004-08	Auburn University	Volunteer Coach
2008-09	Southeast Missouri State University	Assistant Coach
2009-Present	Southeast Missouri State University	Head Coach (30-15 record)



Jessie Kinder-Vasquez begins her second season as a Redhawk assistant coach. She will serve as the balance beam and assistant floor coach.

Additional duties include serving as the team's recruiting coordinator, where she will oversee all aspects of the team's recruiting process.

The Kansas City, Missouri native, has over 20 years of gymnastics training and coaching.

In her first season at Southeast, Kinder-Vasquez helped transform the balance beam into one of the Redhawks' greatest strengths. Southeast ranked 31st nationally with regional qualifying score of 48.615 on beam, its best ranking on any apparatus. Southeast also boasted the Midwest Independent Conference's beam champion in Taylor Westrick, who scored 9.875 at the conference meet.

In 2009-2010, she was a graduate assistant coach at her alma mater, Oklahoma under the tutelage of K.J. Kindler. She assisted in the Sooners recruiting process and was in charge of organizing team events.

As a gymnast, Kinder was a three-year letterwinner for the Sooners where she helped the team to back-to-back Big 12 Championships in 2008 and 2009. In 2008 the team finished a program-best eighth at the NCAA National Championships.

Originally a walk-on, she earned a scholarship her senior season as one of the team's top all-around competitors. She was a two-time Academic All-Big 12 and NACGC Scholar Athlete.

As a junior, she finished 11th on the floor at the NCAA National Championships with a score of 9.850.

Her senior season she recorded a career-best 9.900 on the floor against Arkansas for her first collegiate individual title. In that same meet she scored a 39.175 in the all-around to set a career best.

She earned her Bachelor's in Heath and Exercise Sciences in 2008 before receiving her Master's in Intercollegiate Athletic Administration in 2010. She married her husband, Shaun Vasquez, on June 4, 2011.



Mary Fredericks joins the Southeast Missouri State gymnastics program for her first season after a highly decorated competitive career.

Fredericks competed at the highest levels of gymnastics for nearly a decade under Hall of Fame Olympic coach Mary Lee Tracy and Neil Resnick, who currently serves as co-head coach at Boise State. She spent seven years as a member of the US National Team, where she won seven national titles on uneven bars. She also claimed four bars titles in international competition.

The US team experienced great success in Fredericks' time on the team. She was a member of the American squad that won a gold medal at the 1995 Pan American Games and also helped the team earn a bronze medal at the 1995 World Championships. Her success on the international stage earned her a spot as an alternate on the 1996 US Olympic team.

Since her competitive career ended, Fredericks has remained involved in molding young gymnasts. She has coached with several gymnastics clubs in Nevada and Utah, training gymnasts of all ages and levels. Several of her protégés have moved onto the Elite level.

Fredericks spent five years working in the athletic medical department at BYU from 2005-10, where she worked closely with the Cougars' men's track and field, soccer and volleyball programs. She also served as a massage therapist for the US Speed Skating team from 2009-11.

Fredericks earned a bachelor's degree in psychology from Ashford University in 2010. She lives with her husband, Jason, and their three sons Ren (11), Anakin (10), Maximus (8) and daughter Trinity (6). She also raises horses and other animals.



While injuries cut her competitive career short, Emily Mann will still impact the Southeast gymnastics program from the bench this season.

Mann won an MIC title on uneven bars as a sophomore in 2010. As a freshman, Mann made an immediate impact on bars, recording a 9.900, which is still tied for the third best score in school history.

Mann was a two-time NACGC/W Scholar Athlete and is currently completing her bachelor's degree as a general studies major at Southeast.



SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS TO VINANTALIST PROFILES



2011: Competed in 10 meets ... set a career-high on the bars against Centenary (3/6) with a score of 9.825, placing fourth ... posted five scores of 9.700 or higher on vault, with a season-high of 9.775 at the Midwest Independent Conference Championships (3/19).

Club: Coached by Katie Giuffre and Rick Nelson ... four-year Level 10 gymnast ... Level 10 gymnast in 2009 who qualified for Junior Olympics and National Invitational Tournament ... 2008 Level 10 first alternate for Junior Olympic Nationals ... placed ninth in the all-around and on the bars at the 2007 Level 9 Westerns ... placed fourth on vault at the 2006 Level 9 Regionals ... 2005 Level 8 state all-around champion and Regional qualifier ... honor roll student at Greenfield High School.

Personal: Born May 11, 1992 ... daughter of Doug and Jill Fosnow ... majoring in Physical Therapy.

Veer	SEASON HIGHS BY YEAR				
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011	9.775	9.825	-	-	-
Career Best	9.775	9.825			





2011: Competed in all 12 meets on the vault, scoring 9.7 or higher nine times ... recorded career-highs on the vaults with scores of 9.800 against Texas Woman's (2/19) and at the Midwest Independent Conference Championships (3/19) ... also performed the floor exercise in the final eight meets, setting a season-high in a quad meet against Missouri, Centenary and Temple (3/4).

2010: Competed in all 13 meets on the vault and floor ... recorded 11 top-five finishes ... claimed first career individual title on the floor with a score of 9.775 vs. Illinois-Chicago (1/30) ... recorded a career-high on the floor with a score of 9.850 at the Outback Invitational (3/7), placing fourth ... recorded a career-best on the vault at the Outback Invitational with a score of 9.725 (3/7) ... placed second on the vault at Centenary (2/5) with a score of 9.675 ... NACGC Scholar Athlete ... OVC Commissioner's Honor Roll ... Southeast Scholar Athlete.

Club: Level 8 and Level 10 Florida State Champion on vault ... First Alternate for Level 9 Nationals in 2005 ... Level 10 Nationals qualifier in 2008 ... qualified for Regionals for Level 8, 9 and 10 ... won the all-around at the "Go for It Classic" in Las Vegas, Nevada in 2007 ... honor roll student at Providence High School ... member of the National Honor Society from 2007-09 ... "A/B" Honor Roll-college prep honors course work from 2006-09.

Personal: Born 1/16/91 ... daughter of Craig and Jennifer Garrett ... majoring in Dietetics ... chose Southeast because it is close to family, a smaller university, she felt like she fit in well with the team, loved the stress on academics, and loved the coaches.

SEASON HIGHS BY YEAR					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010	9.750		-	9.850	
2011	9.800		-	9.800	
Career Best	9.800			9.850	





2011: Competed in nine of the 12 meets ... competed in the all-around in the season-opener at Illinois State (1/8) ... tied for second place twice on the beam with a score of 9.825 both times against Missouri (3/4) and Centenary (3/6) ... recorded a season high vault score of 9.500 against Western Michigan (1/21) ... recorded season high bar score of 9.400 against Illinois State (1/8).

Club: Coached by Tammy Marshall, a two-time NCAA champion at UMass and a member of the U.S. National Team ... 2009 Junior Olympic National qualifier ... two-time Level 10 National qualifier ... placed 22nd in the all-around at the 2010 Level 10 Nationals ... placed seventh on the beam and ninth on the floor at the 2009 Level 10 Nationals ... honor roll student at Sachem High School East ... member of the National Honor Society and Foreign Language National Honor Society.

Personal: Born Aug. 9, 1992 ... daughter of Daniel and Debra Marrero ... undecided in major.

SEASON HIGHS BY YEAR								
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around			
2011	9.400	9.400	9.825	8.850	36.050			
Career Best	9.400	9.400	9.825	8.850	36.050			





2011: Competed in all 12 meets on vault, bars and floor ... recorded 32 top-five finishes ... scored 9.7 or higher 17 times and 9.8 or better six times ... placed first on vault against Missouri (3/4) and Centenary College (3/6) ... placed first on bars against College (3/6) and Missouri (1/15) ... scored a career-best 9.875 on bars against Centenary (3/6) ... set a new career-high on vault with a 9.850 against Illinois State (2/11) ... season-high on the floor was a 9.800 against Denver (1/28).

2010: Competed in all 13 meets on the bars ... recorded seven top-five finishes ... placed second on bars in the team's season opener at Illinois-Chicago (1/9) ... recorded career-highs on the bars with scores of 9.750 vs. BYU (2/13) and at the Outback Invitational (3/7) ... placed third on the bars vs. Centenary (3/12) ... NAC-GC Scholar Athlete ... OVC Commissioner's Honor Roll ... Southeast Scholar Athlete.

Club: She finished second on floor and 12th in the all-around at the 2008 Region III, Level 10 Regional Championships ... first Colorado gymnast to be recognized by the State USAG Board as Colorado Level 10 Gymnast of the Year ... 2009 Nationals qualifier invented a new release skill on the bars that she successfully performed at the National Junior Olympic Championships, "THE O'NEAL" is now listed in the International Book of Code for Gymnastics ... graduated with the highest honors from Highlands Ranch High School ... member of the National Honor Society ... Spanish and English Academic Achievement Award.

Personal: Born Sept. 21, 1990 ... daughter of Stephen and Rebecca O'Neal ... majoring in Biology ... chose Southeast because she liked the small class sizes and she felt that she was going to become part of a team that always supported each other.

SEASON HIGHS BY YEAR					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010	9.725	9.750			
2011	9.850	9.875	-	9.800	-
Career Best	9.850	9.875		9.800	





2011: Competed in one meet, at home against Illinois State (2/11) ... scored a 9.175 on the balance beam.

Club: Coached by Don and Patrice McPherson ... 2009 Junior Olympic National qualifier ... placed third on the vault and 10th in the all-around at the 2010 Junior Olympic National Invitational Tournament ... first alternate for the 2008 Junior Olympic National Championships ... three-time Level 10 gymnast ... honor roll student at Neuqua Valley High School ... member of the Spanish National Honor Society.

Personal: Born May 21, 1992 ... daughter of Hanson and Margo Pickerl ... majoring in Dietetics.

SEASON HIGHS BY YEAR					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011			9.175		
Career Best			9.175		





2011: Competed in six of 12 meets in beam ... earned second place three times ... scored a career-best 9.825 on the beam against Missouri (3/4) ... earned four scores of 9.700 or higher in her six beam routines.

2010: Did not compete in any meets due to injury ... NACGC Scholar Athlete ... OVC Commissioner's Honor Roll ... Southeast Scholar Athlete.

Club: Member of the 2008 Level 8 Missouri Regionals "MO Super Team" ... 2008 Region IV all-around and vault champion ... placed second on bars and floor at the 2008 Region IV Championships ... 2008 Missouri State all-around, vault, bars, beam and floor champion ... finished second on bars, third on beam and fifth in the all-around at the 2009 Level 10 Region IV Championships ... 2009 Junior Olympic Nationals qualifier ... attended Eureka High School.

Personal: Born Nov. 28, 1990 ... daughter of Chris and Ellen Serafini ... majoring in Dietetics ... chose Southeast because the team is very close, like sisters.

			SEASON HIGHS BY YEAR		
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010	-				-
2011	-		9.825		-
Career Best	-		9.825		-





2011: Competed in four of 12 team meets in vault, uneven bars and floor exercise ... recorded a season-best score of 9.800 on the floor exercise against Western Michigan (1/21) ... also scored a season-best 9.750 on bars against the Broncos ... season-high vault score was 9.750 against Denver (1/28).

Club: Coached by Gerald Carley ... two-time Junior Olympic National qualifier ... three-time Level 10 National qualifier ... placed fifth on bars and 10th in the all-around at the 2010 Junior Olympic Nationals...honor roll student at Shawnee Mission West High School ... member of the National Honor Society and Spanish National Honor Society.

Personal: Born Aug. 28, 1992 ... daughter of Troy and Nancy Vanderpool ... majoring in Biomedical Science.

		.5	SEASON HIGHS BY YEAR		
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011	9.750	9.750		9.800	-
Career Best	9.750	9.750		9.800	





2011: Competed in all 12 meets, competing in the all-around in all but one ... NCAA Regional qualifier in the all-around, where she scored a 38.125 ... scored 9.700 or higher 24 times and 9.800 or higher on 12 occasions ... recorded a season best floor exercise score 9.850 against Texas Women's college (2/19) ... best all-around season score was a 39.100 also recorded against Texas Woman's (2/5) ... recorded season and career best score of 9.850 on the uneven bars against Centenary (3/6) ... recorded her seasons best a score of 9.875 on 3 different occasions on the balance beam: Texas Woman's (2/19) Missouri, Centenary College and Temple (3/4) and the Midwest Independent Conference Championships (3/19).

2010: First Team All-MIC selection on beam ... placed third on the beam with a score of 9.675 at the MIC Championships (3/27) ... captured four individual titles on the beam ... recorded seven top-three finishes ... ranked fourth in the MIC on the beam with an RQS of 9.740 ... won beam title vs. lowa (3/19) with a career-best score of 9.875 ... captured first career individual title at Centenary (2/5) ... set a career-high on the floor against Centenary (3/12) with a score of 9.675, placing fourth ... made collegiate debut at Illinois State (1/9), placing second on the beam ... NACGC Scholar Athlete ... OVC Commissioner's Honor Roll ... Southeast Scholar Athlete.

Club: Six-time Level 10 Wisconsin State Champion ... Level 10 Regional Champion on bars ... qualified for Level 10 Junior Olympic Nationals in 2003, '04, '07, '08 and '09 ... placed on beam at Nationals in 2007, '08 and '09 ... has three top-10 finishes on beam at Nationals ... attended Waterford Union High School ... member of the National Honor Society ... made "A" Honor Roll every semester.

Personal: Born July 18, 1991 ... daughter of Jeffery and Doreen Westrick ... majoring in Health Promotion ... chose Southeast because she loved the campus, loved the team because they have a lot of drive and good attitudes, and she loved the emphasis on academics.

			SEASON HIGHS BY YEAR		
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010			9.875	9.675	
2011	9.650	9.850	9.875	9.850	39.100
Career Best	9.650	9.850	9.875	9.850	39.100





2011: Did not compete.

Club: Coached by Phyllis and Dale Hardt ... four-year Level 10 gymanst ... three-time Junior Olympic qualifier ... placed ninth on the floor and 25th in the all-around at the 2008 Junior Olympic Nationals ... finished fourth on the floor at 2006 and 2007 Level 10 Regionals ... won vault title and placed fourth in the all-around at the 2009 Regionals ... honor roll student at Oshkosh West High School ... winner of the Academic Achievement Award.

Personal: Born April 23, 1992 ... daughter of Joseph and Julie Brady ... major is undeclared.



2011: Did not compete.

Club: Two-time Level 10 gymnast ... 2009 Level 10 Regional qualifier ... placed sixth on the vault and floor at the 2009 State Championships ... finished second on the beam and third on the vault at the Level 9 Regionals ... honor roll student at Living Word Christian High School.

Personal: Born July 8, 1991 ... daughter of Stanley and Pamela Gent ... major is Nursing.

RECHAWKS GYMNASTICS



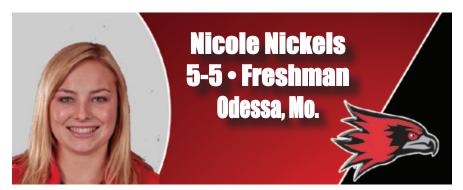
Club: Coached by Agina Simpkins ... four-year lettermen 2011 National Invitational Tournament competitor helped lead team to a state championship in GA 2010 leadership award recipient Help lead team to a 3rd place finish in nationals 2009 regional and state qualifier 2008 regional and state qualifier

Personal: Born May 28, 1993 ... daughter of Travis and Denette Bulls ... major is undeclared.



Club: Coached by Tony and Jen Fattafour-year level 10 gymnast Level 10 all- around, floor, bars champion ... 2011 national invitational tournament qualifier 2010 national invitational tournament qualifier 2009 level 10 regional state qualifier honor roll studentmember of national honor society

Personal: Born March 29, 1993 ... daughter of Steve and Ilelene Huey majoring in Exercise Science.



Club: Coached by Alisha Robinson She finished first on the beam and finished 3rd all around at Missouri regionals in 2011 state, regional and national qualifier Help lead Odessa to a state championship in 2011 2010 state, regional and national qualifier 2009 state and regional qualifier

Personal: Born July 30, 1993 daughter of Brett and Jeanette Nickels majoring in pre-Physical Therapy.



SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS 2011 REVIEW

2011 RESULTS

TEAM HIGHS

Score

Event

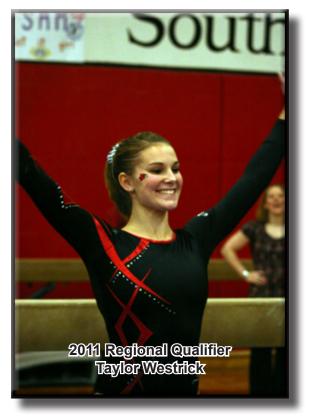
<u>Date</u>	Opponent	Vault	Bars	Beam	Floor	Total	Result
lan. 8	at Illinois State	46.325	48.275	48.225	47.450	190.275	L
an. 15	at Missouri	47.625	48.425	48.325	48.450	192.825	L
an. 21	Western Michigan	47.650	48.575	48.300	48.700	193.225	L
an. 28	Denver	48.750	47.950	48.475	48.900	194.075	L
eb. 5	at Texas Woman's	47.800	47.750	48.300	48.625	192.475	2nd of 3
eb. 11	Illinois State	48.925	48.450	47.750	48.650	193.775	W
eb. 19	Texas Woman's	48.650	48.650	48.750	49.025	195.075	W
eb. 24	at Central Michigan	48.450	48.575	48.325	48.525	193.875	2nd of 4
larch 4	at Missouri	48.575	48.600	48.950	48.550	194.675	2nd of 4
1arch 6	Centenary	47.375	48.675	49.025	48.850	193.925	W
1arch 11	at Auburn	48.475	47.700	46.800	48.275	191.250	L
1arch 19	MIC Championships	48.700	48.600	48.725	47.750	193.775	1st of 5
pril 2	NCAA Regionals	-	-	-	-	-	-
•	Averages	48.108	48.352	48.329	48.479	193.269	
	RQS (NCAA rank) 48	3.590 (42nd)	48.570 (40th)	48.615 (31st)	48.690 (43rd)	193.875 (39th)	

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Date

LVCIIL	00010	IVICCE	Date	
Vault	48.925	vs. Illinois State	Feb. 11	
Bars	48.675	vs. Centenary	March 6	
Beam	49.025	vs. Centenary	March 6	
Floor	49.025	vs. Texas Woman's	Feb. 19	
Meet	195.075	vs. Texas Woman's	Feb. 19	
INDIVIDUAL HI	IGHS			
Event	Score	Gymnast	Meet	Date
Vault	9.900	Brianna Gaddie	vs. Illinois State	Feb. 11
			MIC	March 19
	9.875	Brianna Gaddie	vs. Denver	Jan. 28
			at Texas Woman's	Feb. 5
Uneven Bars	9.900	Christina Sundgren		March 19
	9.875	Margaret O'Neal	vs. Centenary	March 6
	9.850	Christina Sundgren	•	March 6
		Taylor Westrick	vs. Centenary	March 6
Balance Beam	9.875	Taylor Westrick	MIC	March 19
	9.875	Sarah Brillhart	vs. Centenary	March 6
	9.825	Angela Serafini	at Missouri	March 4
		-		
Floor Exercise	9.900	Brianna Gaddie	at Texas Woman's	Feb. 11
	9.875	Brianna Gaddie	vs. Centenary	March 6
			at Texas Woman's	Feb. 11
All-Around	39.100	Taylor Westrick	at Texas Woman's	Feb. 11
	38.950	Christina Sundgren		March 6
	38.900	Christina Sundgren		March 11
	00.000	Simotina Sanagion	at/tabaiii	WIGHT II

Meet



RECHAWKS GYMNASTICS

2011 INDIVIDUAL RESULTS

	Sarah Brillhart							
Date	Opponent	Vault	Bars	Beam	Floor	AA		
Jan. 8	at Illinois State	-	-	9.675	9.500	-		
Jan. 15	at Missouri	-	-	9.700	8.975	-		
Jan. 21	Western Mich.	-	-	9.725	9.650	-		
Jan. 28	Denver	-	-	9.700	9.775	-		
Feb. 5	at Texas Woman's	-	9.750	9.750	9.725	-		
Feb. 11	Illinois State	-	9.700	9.375	9.700	-		
Feb. 19	Texas Woman's	-	9.675	9.750	9.625	-		
Feb. 24	at Central Mich.	-	9.700	9.600	-	-		
March 4	at Missouri	-	9.675	9.700	9.600	-		
March 6	Centenary	-	9.275	9.875	9.725	-		
March 11	Auburn	-	9.675	8.500	9.700	-		
March 19	MIC Champ.	-	9.650	9.725	9.575	-		
April 2	NCAA Regional	-	-	-	-	-		

		Brianna	ı Gaddie			
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	9.600	-	9.550	9.750	-
Jan. 15	at Missouri	9.800	-	9.775	9.800	-
Jan. 21	Western Mich.	9.850	-	9.650	9.850	-
Jan. 28	Denver	9.875	-	9.750	9.825	-
Feb. 5	at Texas Woman's	9.875	-	9.650	9.800	-
Feb. 11	Illinois State	9.900	-	9.750	9.875	-
Feb. 19	Texas Woman's	9.800	-	9.725	9.900	-
Feb. 24	at Central Mich.	9.850	-	9.650	9.800	-
March 4	at Missouri	-	-	-	-	-
March 6	Centenary	9.325	-	9.825	9.875	-
March 11	Auburn	9.800	-	9.200	9.750	-
March 19	MIC Champ.	9.900	-	9.700	9.750	-
April 2	NCAA Regional	9.725	-	-	-	-

Samantha Marrero								
Date	Opponent	Vault	Bars	Beam	Floor	AA		
Jan. 8	at Illinois State	8.850	9.400	8.950	8.850	36.050		
Jan. 15	at Missouri	-	-	9.400	-	-		
Jan. 21	Western Mich.	9.400	-	9.050	-	-		
Jan. 28	Denver	-	8.825	9.050	-	-		
Feb. 5	at Texas Woman's	-	-	9.550	-	-		
Feb. 11	Illinois State	-	-	-	-	-		
Feb. 19	Texas Woman's	-	-	-	-	-		
Feb. 24	at Central Mich.	-	-	9.500	-	-		
March 4	at Missouri	-	-	9.825	-	-		
March 6	Centenary	-	-	9.825	-	-		
March 11	Auburn	-	-	9.550	-	-		
March 19	MIC Champ.	-	-	-	-	-		
April 2	NCAA Regional	-	-	-	-	-		

Megan Fosnow							
Date	Opponent	Vault	Bars	Beam	Floor	AA	
Jan. 8	at Illinois State	-	-	-	-	-	
Jan. 15	at Missouri	-	9.675	-	-	-	
Jan. 21	Western Mich.	-	9.625	-	-	-	
Jan. 28	Denver	-	-	-	-	-	
Feb. 5	at Texas Woman's	9.075	9.000	-	-	-	
Feb. 11	Illinois State	9.775	8.250	-	-	-	
Feb. 19	Texas Woman's	9.700	8.825	-	-	-	
Feb. 24	at Central Mich.	9.525	9.750	-	-	-	
March 4	at Missouri	9.750	9.750	-	-	-	
March 6	Centenary	8.800	9.825	-	-	-	
March 11	Auburn	9.725	9.525	-	-	-	
March 19	MIC Champ.	9.775	9.725	-	-	-	
April 2	NCAA Regional	-	-	-	-	-	

Emma Garrett							
Date	Opponent	Vault	Bars	Beam	Floor	AA	
Jan. 8	at Illinois State	9.675	-	-	-	-	
Jan. 15	at Missouri	9.750	-	-	-	-	
Jan. 21	Western Mich.	9.750	-	-	-	-	
Jan. 28	Denver	9.750	-	-	-	-	
Feb. 5	at Texas Woman's	9.775	-	-	9.750	-	
Feb. 11	Illinois State	9.775	-	-	9.525	-	
Feb. 19	Texas Woman's	9.800	-	-	9.750	-	
Feb. 24	at Central Mich.	9.750	-	-	9.700	-	
March 4	at Missouri	9.750	-	-	9.800	-	
March 6	Centenary	9.250	-	-	9.775	-	
March 11	Auburn	9.650	-	-	9.675	-	
March 19	MIC Champ.	9.800	-	-	9.675	-	
April 2	NCAA Regional	-	-	-	-	-	

2011 INDIVIDUAL RESULTS

	Erica Moore							
Date	Opponent	Vault	Bars	Beam	Floor	AA		
Jan. 8	at Illinois State	-	-	-	-	-		
Jan. 15	at Missouri	-	-	-	-	-		
Jan. 21	Western Mich.	-	-	-	-	-		
Jan. 28	Denver	-	-	-	-	-		
Feb. 5	at Texas Woman's	-	-	-	-	-		
Feb. 11	Illinois State	-	-	-	-	-		
Feb. 19	Texas Woman's	-	-	-	-	-		
Feb. 24	at Central Mich.	-	9.625	-	-	-		
March 4	at Missouri	-	9.675	-	-	-		
March 6	Centenary	-	9.250	-	-	-		
March 11	Auburn	-	8.950	-	-	-		
March 19	MIC Champ.	-	9.525	-	-	-		
April 2	NCAA Regional	-	-	-	-	-		

	Kimberly Pickerl					
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	-	-	-	-	-
Jan. 15	at Missouri	-	-	-	-	-
Jan. 21	Western Mich.	-	-	-	-	-
Jan. 28	Denver	-	-	-	-	-
Feb. 5	at Texas Woman's	-	-	-	-	-
Feb. 11	Illinois State	-	-	9.175	-	-
Feb. 19	Texas Woman's	-	-	-	-	-
Feb. 24	at Central Mich.	-	-	-	-	-
March 4	at Missouri	-	-	-	-	-
March 6	Centenary	-	-	-	-	-
March 11	Auburn	-	-	-	-	-
March 19	MIC Champ.	-	-	-	-	-
April 2	NCAA Regional	-	-	-	-	-

	(Christa S	oekamto			
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	-	9.550	9.475	-	-
Jan. 15	at Missouri	-	9.600	9.100	-	-
Jan. 21	Western Mich.	-	9.675	9.500	-	-
Jan. 28	Denver	-	8.950	9.575	-	-
Feb. 5	at Texas Woman's	-	8.500	9.550	-	-
Feb. 11	Illinois State	-	9.725	9.525	-	-
Feb. 19	Texas Woman's	-	9.675	9.150	-	-
Feb. 24	at Central Mich.	-	-	-	8.600	-
March 4	at Missouri	-	-	9.725	9.700	-
March 6	Centenary	-	-	-	-	-
March 11	Auburn	-	-	-	-	-
March 19	MIC Champ.	-	-	9.600	-	-
April 2	NCAA Regional	-	-	-	-	-

		Margaret	O'Neal			
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	8.975	9.750	-	9.250	-
Jan. 15	at Missouri	9.725	9.750	-	9.700	-
Jan. 21	Western Mich.	9.625	9.675	-	9.675	-
Jan. 28	Denver	9.825	9.800	-	9.800	-
Feb. 5	at Texas Woman's	9.650	9.450	-	9.650	-
Feb. 11	Illinois State	9.850	9.675	-	9.100	-
Feb. 19	Texas Woman's	9.700	9.775	-	9.700	-
Feb. 24	at Central Mich.	9.750	9.600	-	9.675	-
March 4	at Missouri	9.800	9.700	-	9.625	-
March 6	Centenary	9.700	9.875	-	9.600	-
March 11	Auburn	9.625	9.650	-	9.400	-
March 19	MIC Champ.	9.600	9.725	-	8.825	-
April 2	NCAA Regional	-	-	-	-	-

		Angela S	erafini			
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	-	-	-	-	-
Jan. 15	at Missouri	-	-	-	-	-
Jan. 21	Western Mich.	-	-	-	-	-
Jan. 28	Denver	-	-	-	-	-
Feb. 5	at Texas Woman's	-	-	-	-	-
Feb. 11	Illinois State	-	-	-	-	-
Feb. 19	Texas Woman's	-	-	9.725	-	-
Feb. 24	at Central Mich.	-	-	9.750	-	-
March 4	at Missouri	-	-	9.825	-	-
March 6	Centenary	-	-	9.100	-	-
March 11	Auburn	-	-	8.500	-	-
March 19	MIC Champ.	-	-	9.725	-	-
April 2	NCAA Regional	-	-	-	-	-

2011 INDIVIDUAL RESULTS

	Christina Sundgren					
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	-	9.775	9.675	9.525	-
Jan. 15	at Missouri	-	9.700	9.800	9.650	-
Jan. 21	Western Mich.	-	9.800	9.650	9.700	-
Jan. 28	Denver	9.550	9.850	9.675	9.675	38.750
Feb. 5	at Texas Woman's	9.425	9.800	9.050	9.700	37.975
Feb. 11	Illinois State	9.625	9.825	9.275	9.775	38.500
Feb. 19	Texas Woman's	9.500	9.800	9.675	9.825	38.800
Feb. 24	at Central Mich.	9.450	9.850	9.075	9.675	38.050
March 4	at Missouri	9.650	9.800	9.600	9.725	38.775
March 6	Centenary	9.675	9.850	9.700	9.725	38.950
March 11	Auburn	9.675	9.750	9.725	9.750	38.900
March 19	MIC Champ.	9.625	9.900	9.700	9.650	38.875
April 2	NCAA Regional	-	9.850	-	-	-

Taylor Westrick						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	8.000	9.575	9.850	-	-
Jan. 15	at Missouri	9.400	9.650	9.650	9.750	38.450
Jan. 21	Western Mich.	8.875	9.675	9.775	9.675	38.000
Jan. 28	Denver	9.500	9.700	9.775	9.775	38.750
Feb. 5	at Texas Woman's	9.050	9.750	9.800	9.575	38.175
Feb. 11	Illinois State	9.600	9.525	9.825	9.775	38.725
Feb. 19	Texas Woman's	9.650	9.725	9.875	9.850	39.100
Feb. 24	at Central Mich.	9.575	9.650	9.825	9.675	38.725
March 4	at Missouri	9.625	9.600	9.875	9.700	38.800
March 6	Centenary	9.425	9.850	9.800	9.750	38.825
March 11	Auburn	9.500	9.100	9.825	9.150	37.575
March 19	MIC Champ.	9.600	9.600	9.875	9.100	38.175
April 2	NCAA Regional	8.825	9.800	9.800	9.700	38.125

Taryn Vanderpool						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 8	at Illinois State	9.225	9.625	-	9.425	-
Jan. 15	at Missouri	8.950	9.650	-	9.550	-
Jan. 21	Western Mich.	9.025	9.750	-	9.800	-
Jan. 28	Denver	9.750	9.650	-	9.725	-
Feb. 5	at Texas Woman's	-	-	-	-	-
Feb. 11	Illinois State	-	-	-	-	-
Feb. 19	Texas Woman's	-	-	-	-	-
Feb. 24	at Central Mich.	-	-	-	-	-
March 4	at Missouri	-	-	-	-	-
March 6	Centenary	-	-	-	-	-
March 11	Auburn	-	-	-	-	-
March 19	MIC Champ.	-	-	-	-	-
April 2	NCAA Regional	-	-	-	-	-





SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS HISTORY & RECERCIS

TEAM RECORDS

	TEAM SCORES		
1.	vs. lowa (3/14/97)	196.025	1.
2.	vs. Air Force (3/14/09)	195.700	2.
3.	vs. Illinois St. (3/11/97)	195.650	
4.	vs. Ball State (2/19/09)	195.500	3.
5.	vs. Centenary (2/14/04)	195.350	
	at MIC (3/29/03)		5.
7.	vs. Eastern Michigan (2/27/97)	195.225	6.
8.	vs. lowa (3/19/10)		7.
9.	vs. Texas Woman's (2/19/11)		8.
10.	vs. Hamline (1/30/04)	195.025	
	TEAM VAULT		1.
1.	vs. Seattle Pacific (2/18/95)	49.000	2.
2.	vs. Illinois State (2/11/11)	- 48.925	3.
3.	vs. lowa (2/02/08)	- 48.900	4.
4.	at Southern Utah (2/25/08)	- 48.875	5.
5.	vs. Missouri (2/22/97)	- 48.850	6.
	at lowa (2/10/95)		7.
7.	vs. Illinois State (2/13/09)	- 48.825	8.
	at Illinois-Chicago (3/20/08)		
9.	at NCAA Regional (4/5/97)	- 48.800	
10.	vs. Texas Woman's (3/20/08)	- 48.775	
	at Outback Invitational (3/5/06)		
	at NIT (4/15/97)		

at NIT (4/15/95)

TEAM LINEVEN RARS	
• •	
vs. lowa (3/14/97) 49.025	
vs. BYU (2/13/10)	
vs. Hamline (1/30/04) 49.000	
at Illinois St. (3/17/03)	
vs. Centenary (2/10/08) 48.975	
vs. Ball State (2/19/09) 48.950	
vs. Texas Woman's (2/4/06) 48.925	
vs. lowa (3/19/10) 48.900	
TEAM BALANCE BEAM	
at MIC (3//29/03) 49.375	
at Northern Illinois (3/11/01) 49.275	
vs. Texas Woman's (2/19/11) 49.025	
vs. Hamline (1/30/04) 49.000	
vs. Air Force (3/14/09) 48.975	
	vs. Hamline (1/30/04)

vs. Denver (1/28/11)------ 48.900 vs. Bowling Green (1/23/04) ----- 48.850

at NIT (4/12/93) vs. Centenary (3/6/11)



The 2009 Redhawks gymnastics team set the team record on bars against Air Force on March 14, 2009 with a score of 49.175. In that same meet, the team finished with a final score of 195.700, which ranks second on the all-time charts. The 2009 team appears on the team top-10 records list nine times.

INDIVIDUAL RECORDS

-9.925

	ALL-AROUND	
1.	Ashley Godwin (3/29/03) 39.550	1
2.	Erin Chenier (3/14/97) 39.525	
3.	Ashley Godwin (2/14/04) 39.450	3
4.	Erin Chenier (3/11/97) 39.425	
5.	Ashley Godwin (2/21/04) 39.350	
6.	Sandra Blake (3/14/09) 39.325	
7.	Ashley Godwin (3/23/02) 39.275	
	Erin Chenier (1/27/97)	
9.	Erin Chenier (3/8/97) 39.250	
10.	Ashley Godwin (1/30/04) 39.225	
	Vanessa Simmons (3/24/95)	
	<u>VAULT</u>	
1.	Kate Farrington (3/18/97) 10.000	1
	Kate Farrington (3/24/95)	2

	OHEVER DAILS
1.	Ashley Godwin (2/14/04)9.925
	Malia Roberts (2/21/99)
3.	Emily Mann (3/14/09)9.900
	Christina Sundgren (last 3/19/11)
	Jacqueline Heath (2/10/08)
	Amy Cole (2/17/02)
	Ashley Godwin (2/17/02)
	Kristin Frohlich (3/22/97)
	Kristin Frohlich (3/11/97)
	Erin Chenier (2/27/97)
	BALANCE BEAM
1.	Ashley Godwin (3/29/03)9.975

UNFVFN BARS

	FLOOK EXEKCISE
1.	Ashley Godwin (2/14/04) 10.000
	Erin Chenier (3/14/97)
	Kate Farrington (3/14/97)
	Kate Farrington (3/11/97)
5.	Alexis Traylor (2/14/04)9.950
	Kate Farrington (3/24/95)
7.	Brianna Gaddie (3/7/10)9.925
	Sandra Blake (2/19/09)
	Brianna Gaddie (2/19/09)
	Alexis Traylor (1/25/04)
	Ashley Godwin (4/12/03)
	Ashley Godwin (3/17/03)
	Stephanie Furman (3/24/01)
	Kim Carter-Newell (3/19/94)

<u>VAULT</u>					
1.	Kate Farrington (3/18/97) 10.000				
	Kate Farrington (3/24/95)				
3.	Kate Farrington (3/11/95)9.950				
4.	Kate Farrington (3/14/97)9.925				
5.	Kate Farrington (3/10/95)9.900				
	Brianna Gaddie (last 3/19/11)9.900				
6.	Brianna Gaddie (last: 2/5/11)9.875				
	Sandra Blake (2/2/08)				
	Katie Bloom (1/25/04)				
	Erin Chenier (3/9/98)				

Erin Chenier (3/18/97)

Renae Parr (2/18/95) Kate Farrington (2/10/95)

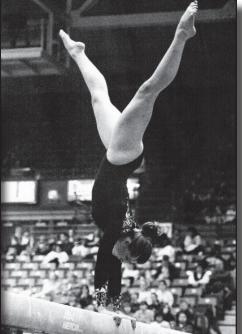
Kate Farrington (2/15/97)

Ashley Godwin (2/21/04) Tara Boldt (1/25/04) Stephanie Furman (3/1/01) Michelle Walker (3/11/01) Malia Roberts (3/22/97) Malia Roberts (3/18/97) Erin Chenier (1/27/97)

Tara Boldt (3/29/03)--

Kristin Frohlich (3/22/97) Ericka Harrison (3/22/97) 5. Tara Boldt (2/21/04)-----





ASHLEY GODWIN

KATE FARRINGTON

KRISTIN FROHLICH

Ashley Godwin owns four of the five individual records including the top spot on the uneven bars.

Kate Farrington owns the top-five vault scores in Kristin Frohlich ranks second all-time on the balschool history, including a perfect 10.000.

ance beam and third on the bars.

INDIVIDUAL AWARDS & HONORS

NATIONAL CHAMPIONS



Diana Morris 1988 USGF DII **Beam Champion**



Kim Carter-Newell 1991 USGF DII Floor/Bar Champion



Cheri Peterson 1991 USGF DII Vault/All-Around Champion



Alicia Thier 1995 NIT **Beam Champion**



Erin Chenier 1995 NIT **Beam Champion**

ALL-AMERICANS

Gymnast	Event	Year
Aimee Bernier	Beam	1990-91
Sandra Blake	Academics	2008-09
Kim Carter-Newell	Vault/Bars/Beam/Floor/All-Around	1991
Ginger Dukes	Vault	1990
Wendy Facklam	Vault/Beam	1988-89
Sandra Foster	Vault/Bars/Floor	1985-86
Margaret Heidbrier	Vault	1984
Tammy Hener	Beam	1987
Debbie Holtgrieve	Beam	1982
Jean Kless	Bars	1985-87
Diana Morris	Vault/Bars/Beam/Floor/All-Around	1984-88

/ wU	18. 0 40 11 10 11 75 11 180 11	TEAM 19 0 . 6 5 ALL AROUND 2 HYDDEN 32 55 71 1 KANEEL 32 50 91 7 NULL 32 50 92
AIMEE	BER	1 NUC 22 25 48 1 NUC 32 25 27 4 NUE 37 25 27

Bernier was a two-time All-American on Blake became the first Academic All-Amerithe balance beam

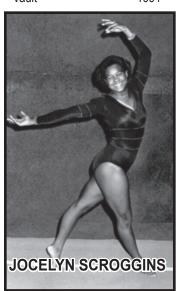


can in school history in 2008

Gymnast	Event	Year
Jeanne Nass	Beam	1982
Toni Niemiec	Beam	1982
Cheri Peterson	Vault/Bars/Beam/Floor/All-Around	1988-91
Jill Prystalski	Beam/Floor	1990-91
Laurie Schoenbaum	Beam/Floor	1983-84
Jennifer Schutt	Floor	1989
Jocelyn Scroggins	Vault	1990
Vanessa Simmons	Bars	1991
Vici Strini	Bars	1984
Trace Walsh	Bars/Beam/All-Around	1987
Traci Willis	Vault	1991



Morris was a five-time All-American from 1984-88



Scroggins garnered All-American honors on the vault in 1990

RECHAWKS GYMNASTICS

TEAM CHAMPIONS & HONORS



The 1987 team won the USGF Division II title under the direction of head coach Bill Hopkins. The team featured four gymnasts who garned All-American honors led by Diana Morris who won four All-America awards at the 1987 national championships. The team was inducted into the Southeast Missouri State Hall of Fame in 2004.



The 1991 team won the program's second USGF Division II title under the direction of head coach Bill Hopkins. The team featured six gymnasts who garned All-American honors led by Hall of Famer Cheri Peterson who claimed the national vault and all-around titles. The team was inducted into the Southeast Missouri State Hall of Fame in 2003.



The 2007 team garnered the first of three consecutive NACGC/W Academic National Championships with a 3.74 cumulative grade point average. The team featured nine Scholar Athletes. Four gymnasts qualified for the NCAA South Central Region.



The 2008 team captured their second-straight NACGC/W Academic National Championship, finishing tops in the nation with a 3.82 GPA. Sixteen gymnasts were named Scholar Athletes. Sandra Blake was named Third Team Academic All-American. The team made their eighth all-time Regional Appearance.



The 2009 team were awarded their third-straight NACGC/W Academic National Championship with a 3.91 GPA, the highest GPA in program history. Seventeen gymnasts garnered Scholar Athlete honors. The team won their first-ever MIC Championship.



The 2011 Redhawks claimed their second MIC title in program history while also posting the nation's top GPA for the fourth time in five years, tying their previous school record with a 3.91 GPA.



YEAR-BY-YEAR SUMMARY

<u>Year</u>	Head Coach	Record	Conference Finish	Regionals	Nationals
1976	Sarah Stensil	2-5	-	-	-
1977	Jon Rose	1-4	-	-	-
1978	Jon Rose	1-5	-	-	-
1979	Jon Rose	7-9	-	-	-
1980	Bill Hopkins	9-2	-	4th	10th AIAW
1981	Bill Hopkins	20-4	-	2nd	8th AIAW
1982	Bill Hopkins	31-8	-	1st	3rd NCAA-II
1983	Bill Hopkins	36-10	-	1st	3rd NCAA-II
1984	Bill Hopkins	20-6-1	-	1st	2nd NCAA-II
1985	Bill Hopkins	20-5	-	1st	2nd NCAA-II
1986	Bill Hopkins	13-6	-	1st	2nd NCAA-II
1987	Bill Hopkins	16-10	-	1st	1st USGF-II
1988	Bill Hopkins	24-6	-	1st	2nd USGF-II
1989	Bill Hopkins	23-9	-	1st	3rd USGF-II
1990	Bill Hopkins	28-11	-	6th	2nd USGF-II
1991	Bill Hopkins	36-8	-	4th	1st USGF-II
1992	Bill Hopkins	19-10	-	6th	-
1993	Bill Hopkins	27-14	-	7th	2nd NIT
1994	Bill Hopkins	16-17	-	-	5th NIT
1995	Bill Hopkins	19-17	-	7th	3rd NIT
1996	Bill Hopkins	18-16	-	-	3rd NIT
1997	Bill Hopkins	24-14	-	7th	2nd NIT
1998	Kris Buchheister	14-8	-	-	-
1999	Kris Buchheister	12-12	-	-	-
2000	Patty Stotzheim	5-15	-	-	-
2001	Patty Stotzheim	10-11	-	-	-
2002	Patty Stotzheim	9-11	3rd MIC	-	-
2003	Patty Stotzheim	11-13	4th MIC	-	-
2004	Tom Farden	15-7	2nd MIC	-	-
2005	Tom Farden	6-11	4th MIC	-	-
2006	Tom Farden	10-11	3rd MIC	6th	-
2007	Tom Farden	17-9	3rd MIC	-	-
2008	Tom Farden	9-7	2nd MIC	5th	-
2009	Tom Farden	14-3	1st MIC	-	-
2010	Kristi Ewasko	18-7	3rd MIC	-	-
<u>2011</u>	Kristi Ewasko	12-8	1st MIC		
36 years	7 Head Coaches	570-326-1	-		

ALL-TIME COACHING RECORDS

Head Coach	Record	Years
Sarah Stensil	2-5	1
Jon Rose	9-18	3
Bill Hopkins	388-171-1	18
Kris Buchheister	26-20	2
Patty Stotzheim	25-38	4
Tom Farden	71-48	6
Kristi Ewasko	30-15	2



Under the helm of Bill Hopkins the Southeast Missouri State gymnastics program won two USGF D-II National Championships (1987 & 1991) and recorded five top-three NCAA D-II National Championship finishes.

RECHAWKS GYMNASTICS

RECORD AGAINST OPPONENTS

Air Force	11-1	Gustavus1-0	Murray State 1-0	Temple 1-0
Alabama	0-10	Hamline3-0	Nebraska1-4	Tennessee 1-0
Alaska	5-0	Harding University 1-0	New Hampshire 3-1	Texas0-1
Arkansas	0-2	Houston Baptist 3-3	North Carolina 1-1	Texas A&M1-0
Arizona	0-3	Illinois 7-16	Northeastern 1-0	Texas Christian 1-0
Auburn	2-12	Illinois-Chicago34-21	Northern Colorado 4-0	Texas State 3-0
Ball State	18-9	Illinois State53-22	Northern Illinois21-13	Texas Woman's42-14
Bemidji	1-0	Indiana5-1	Northern Iowa 1-0	Towson State2-1
Boise State	4-3	Indiana (Pa.)3-3	Northern Michigan 7-0	Valparaiso 17-0
Bowling Green	7-4	Indiana State3-2	Northwestern2-0	Washburn 5-0
Bridgeport		lowa 18-8	Notre Dame 1-0	Washington0-2
Brigham Young	1-3	Iowa State5-5	Ohio State 1-4	West Virginia 1-2
UC-Davis	2-0	Jacksonville State6-2	Oklahoma 1-5	Western Illinois4-2
Cal Poly SLO	3-1	Jefferson State 1-0	Oral Roberts1-0	Western Kentucky1-0
Cal-State Fullerton	0-1	Kent State 1-3	Oregon State0-1	Western Michigan 7-4-1
Centenary	30-4	Kentucky 4-7	Penn State0-2	Wheaton 13-0
Central Arkansas	3-0	Louisiana State 1-10	Pittsburgh 0-1	William & Mary2-0
Central Michigan	2-5	Louisville 1-9	Purdue1-0	Winona 25-2
Central Missouri State	1-0	Mankato State2-0	Rutgers2-0	Wisconsin1-3
Denver	1-6	Maryland 1-0	San Jose State 1-0	Wisconsin-Eau Claire 1-0
DuPage	1-0	Massachusetts1-0	St. Ambrose 1-0	Wisconsin-LaCrosse 10-0
Eastern Illinois	1-0	Memphis1-2	Seattle Pacific 10-1	Wisconsin-Oshkosh 14-0
Eastern Michigan	7-3	Miami (Fla.)1-0	South Dakota State 1-0	Wisconsin-Platteville 1-0
Emporia State	3-0	Michigan2-7	Southern Arkansas 6-0	Wisconsin-Stout3-0
Florida	0-4	Michigan State2-8	Southern Connecticut 1-0	Wisconsin-Whitewater2-0
Fort Hays State	12-0	Minnesota2-3	Southern Illinois6-5	Yale1-0
Georgia College		Missouri 8-28	Southern Utah 1-1	
George Washington	1-0	Morehead State 1-0	Springfield 1-0	





ALL-TIME LETTERWINNERS

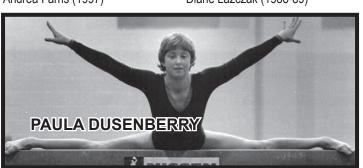
Kendra Farris (1997)

Danyelle Aber (2005-07) Michelle Albury (2002-03) Shelly Allison (1987) Jessica Bagwill (1999-02) Kelly Baldridge (2003-05) Patty Barrow (1984-86) Laurie Bartelt (1995) Cheryl Bauer (1978-79) Mary Bentrup (1977-79) Aimee Bernier (1990-93) Sandra Blake (2006-09) Katie Bloom (2002-05) Tara Boldt (2003-06) Rebekah Brajcki (1995-98) Sarah Brillhart (2011) Jennifer Brittain (1994) Carol Brommer (1977) Nadine Brown (1987) Heather Browning (1997-00) Rachel Buckner (1990-92) Gina Bufe (1984-87) Kelly Burns (1983-84) Donna Carr (1990-92) Kim Carter (1991, 94) Erin Chenier (1996-99) Amy Cole (2000-03) Talia Cover (2002-03) Aaron Craig (1996-99) Gail Crumpecker (1977) Suzanne Daher (1985) Karen DeSalvo (1978-79) Linda Deitz (1978-81) Jennifer Dinan (2006-09) Lauren Dinan (2008-10) Jacklyn Doebbler (2001-04) Maureen Dougherty (1981) Jessica Dunbar (1997-00) Ginger Dukes (1989-90) Paula Dusenberry (1984-85) Crystal Eberhardt (2002-05) Cari Egbert (1997-00) Lisa Enge (1981) Tanya Etie (1995) Alison Ezell (2005-08) Wendy Facklam (1988-90) Kate Farrington (1994-97) Andrea Farris (1997)

Cindy Feaster (1980-82) Anná Fink (2002-03) Megan Fosnow (2011-) Cindy Foster (1986-87) Sandra Foster (1983-86) Kristin Frohlich (1995-98) Stephanie Furman (1999-02) Traci Flippo (2002-04) Brianna Gaddie (2008-11) Amber Garlotte (2007-10) Emma Garrett (2011-) Amanda Gdovicak (1997-99) Kara Gibbons (2008-10) Julie Gilbert (1980-81) Ashley Godwin (2001-04) Nancy Greco (1982-83) Caralyn Grigo (1978-81) Mauréen Gřímàldi (2006-08) Amanda Grimes (2003-06) Leigh Guemmer (1978-81) Cheryl Hagene (1994-95) Leah Halleman (1986-87) Karen Hamilton (1999-02) Ericka Harrison (1997-00) Tiffany Hatfield (2003) Lisa Heaman (1986-87) Jacqueline Heath (2007-) Margaret Heidbrier (1982-85) Lexie Hein (2004-06) Tammy Hener (1987-90) Debbie Holtgriève (1983-84) Gina Hoormann (1984) Lisa Hughes (1986-87) Gabrielle Isolà (1981) Carrie Johnson (1990-93) Kathy Kahre (1978-79) Kasey Karban (2001) Jennifer Kaye (2005) Meredith Keen (1997) Alex King (2006) Jean Klees (1984-87) Karen Kohrs (1977) Amy Kovacs (1990-93) Melanie Krehl (1998-00) Kelley Krengiel (2007-10) Diane Lazczak (1988-89)

Jennifer Laszczak (1989) Diane Lattimore (1993-95) Lilly Le (2004) Mindi Lineweber (2005) Cristie Logan (1995-99) Stephanie Maloney (1990-92) Laura Mangan (1987) Emily Mann (2009-10) Nancy Marcotte (1978-79) Heather Markle (1990-92) Samantha Marrero (2011-) Maureen McDonough (1981) Lisa McFarland (1977) Tami McGaugh (1982) Wendi Meier (1985-88) Marcy Meyers (1980) Kelly Miller (1992-95) Ami Mills (1983) Paige Milroy (1989-92) Traci Mitchell (2000) Erica Moore (2008-11) Diana Morris (1985-88) Jeanne Nass (1982-83) Leigh Nelson (1989) Jena Nguyen (2007-10) Toni Niemiec (1982-83) Kim Oblak (1994) Kim Oetter (1994-96) Deanna Ogg (2003) Margaret O'Neal (2011-) Megan Owen (1997-99) Sarah Pack (1992-93) Renae Parr (1993-95) Maggie Paubel (2003) Cheri Peterson (1989-91) Kimberly Pickerl (2011-) Raina Ponartz (1989) Brystol Powelski (2004-06) Laura Prentice (1988-89) Jill Prystalski (1990-93) Judy Pyle (1986-87) Jaci Roberts (1977) Kim Roberts (1990-91) Malia Roberts (1997-00) Traci Roberts (1988-92) Lauren Ross (2000) Chrissy Rushton (1989)

Jordan Salsberg (2010) Tracey Sauls (1988) Laurie Schenbaurn (1982-85) Amanda Schoenbaum (2008-10) Jennifer Schutt (1989-92) Deanne Schwartz (1985) Starlyn Schwartz (2006-09) Jocelyn Scroggins (1987-90) Angela Serafini (2011-) Heather Sharp (1994) Dawn Shuda (1986-87 Vanessa Simmons (1991-95) Erica Smith (1995-99) Kathy Smith (1998-01) Sandi Smith (1980-83) Christa Soekamto (2009-11) Candace Spicer (2000-03) Kelsey Stauffer (2006-08) Hazel Stricker (1997-98) Vici Strini (1982-85) Christina Sundgren (2008-11) Alicia Their (1993-96) Erika Thomas (2006) Kathy Tronzo (1982-83) Alexis Traylor (2002-05) Rikara Turner (2007-10) Chelsea Unold (2006) Taryn Vanderpool (2011-) Annette Vaughn (1988) Carol Wade (1988-89) Stephanie Walbran (1985) Michelle Walker (1999-02) Jen Wall (1997-98) Trace Walsh (1986-87) Natalie Watts (2004-05) Patty Watts (1985-88) Taylor Westrick (2011-) Tessa Whitaker (1987-90) Alicia White (2001) Shannon Williams (1991) Traci Wills (1991-94) Tricia Wills (1992) Elenor Wilson (1999-02) Bryanna Wong (2007-10) Tammy Wyatt (1993-94)







SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS THIS IS STUTHEAST

30UTHEAST MISSOURI

The college experience of a lifetime. The job of your dreams. A life that is amazing.

That is what most students and parents want from a college education. At Southeast, we want the same for you. We want you to learn your profession, gain the experience or internship you need, and get that first paycheck!

The growing—and changing—student body has had an impact on everything and everyone. The physical changes of the campus are the most visible. Two new residence halls. The River Campus. The polytechnic building. An information commons in the library. And so on.

Students and faculty are experiencing change of a different kind. Classroom activity has reached a new level of productivity, as students are brighter and more prepared than ever. Enrollment is at an all-time high. The impact on the honors program has been dramatic with more students than ever choosing to participate in and complete the honors curriculum. The number participating tripled in five years!

All of this means that Southeast has become Missouri's most academically competitive regional university.

2009—InsideCollege.com experts single out our honors program as an effective way to make a large school seem smaller with a more personal approach to learning.

2010—Computer science receives prestigious national accreditation.



2010—Southeast is named the safest campus in Missouri and among the safest in the nation by StateUniversity.com.



2010—Consumer watchdog group GetEducated.com ranks Southeast #1 on its list of "Top 10 Ranked Best Values Online MBAs— AACSB Accredited."



STATE UNIVERSITY



We have...

- ► Small classes with 98 percent of courses having fewer than 50 students
- ► Faculty with PhDs—not teaching assistants—who teach most classes
- More than 200 areas of study
- Wired (and wireless) classrooms and best-of-class technology
- Internships and real-world learning offered in 100 percent of programs
- Study abroad opportunities that take you almost anywhere

We are...

- NCAA Division I Athletics
- Listed among the Midwest's top universities
- One of the safest college campuses in the nation
- Conveniently located 115 miles south of St. Louis
- A medium-sized university with more than 11,000 students
- Comprised of ten colleges and schools

We provide...

- Choices in the University Studies (general education) classes
- ► Some of the newest residence halls in Missouri
- ▶ 150 organizations that keep you busy after class
- Each student with two advisors—academic and career
- Fraternities and sororities that are productive and fun
- One of a kind student aquatic center in one of our two recreation centers

2011—U.S. News & World Report names Southeast a "Best Midwest Regional University."



2011—For seven consecutive years, Princeton Review includes Harrison College of Business on its list of "Best Business Schools."



2011—Princeton Review again names Southeast as one of the "Best in the Midwest," representing only about 25 percent of the nation's four-year colleges.





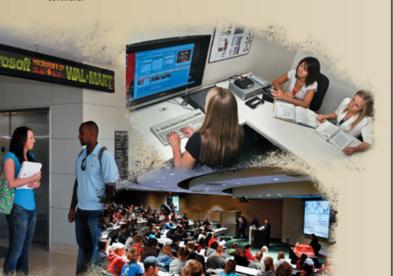
2012—U.S. News & World Report lists both nursing and communication disorders on its list of top graduate programs in health.



Donald L. Harrison College of Business

Our increasingly popular business programs have made us one of the major colleges of business in the Midwest. The Donald L. Harrison College of Business is accredited by AACSB International—the gold standard of business school accreditation—an honor held by only 5 percent of institutions offering business degrees worldwide.

- Employers and students value our techno-savvy environment. In a recent survey of 98 nationally known business programs, Southeast ranked in the top 7 percent in learning to use and manage technology.
- Our entrepreneurial studies program is Missouri's most comprehensive, offering options for both BSBA and MBA degrees. The Douglas C. Greene Center for Innovation and Entrepreneurship is one of the most comprehensive entrepreneurship-focused university
- Southeast students have access to more than 30 international exchange and study abroad opportunities in London, Paris, Spain, Portugal and North Africa.
- One hundred percent of our students have the opportunity to participate in internship programs with companies nationwide.
- Doctoral level professors make learning interactive with classrooms that have Internet, cable TV, direct satellite feed and electronic presentation capability.
- St. Louis employers rate the "St. Louis Interview Days" as the best recruiting event in which they participate in the Midwest.
- Our accounting curriculum prepares students for the Certified Public Accountant (CPA) and Certified Internal Auditor (CIA) designations. Students may go to work directly into an accounting field or go on to complete the 150 hours required by Missouri, and other states, to sit for the CPA examination. Our first-time pass rates on the CPA exam continue to be well above the national average.
- Business programs are housed in Dempster Hall, a wireless Internet environment featuring an electronic presentation lab and more than 400 networked computers with the latest software.



College of

Education Education

If you are considering teaching as a profession, you are looking at the right university. For more than a century, Southeast has been preparing and sustaining some of the nation's brightest and best teachers. Moreover, we have a record of accomplishment to prove it.

 Most importantly, our education program is fully accredited by the National Council of Teacher Education (NCATE), which sets the highest standards for teacher education programs nationwide.

In the 2010 reaccreditation process, 12 of the 13 specialty professional association reports submitted by the College of Education received national recognition, and four are being used as examples of best practices in education

 Because you begin assisting and observing in area classrooms starting in your first year, you accumulate more teaching practice and knowledge than graduates from other universities.

The American Association of State Colleges and Universities (AASCU) featured Southeast as one of 20 national model programs.

 The American Association of Colleges for Teacher Education (AACTE) presented the college with the "Best Practice Award for Global and International Teacher Education."

Southeast is one of only 33 institutions nationwide selected to be part of the White House Conference on Education, an honor no other Missouri institution has received.

Our program was accepted into the prestigious Renaissance Group of Institutions.



STATE UNIVERSITY

College of

Health and Human Services

Although there are diverse academic offerings in the College of Health and Human Services, all programs potentially lead to a career that significantly and positively impact the lives of individuals and families.

- Students in our nationally accredited nursing program consistently have a high pass rate on the state licensing exam and routinely enjoy a 100 percent placement rate after graduation.
- The recreation program is accredited by the Council on Accreditation for Recreation, Park Resources and Leisure Services.
- Our sport management program is one of 53 nationwide approved by the Sport Management Review Council and one of only a few in the Midwest.
- Students can participate in one of three state licensed centers—one for senior adults, a child enrichment center and our center for disabled adults.
- Air Force ROTC juniors and seniors can join the Professional Officer Corps, which allows you to assume commanding positions over members of the General Military
 - Our nationally accredited social work program requires students to complete 448 hours of field education under the supervision of experienced social workers.
 - Southeast has a strong connection with the Law Enforcement Academy and has more than 30 years of partnerships in all branches of criminal justice at the federal, state and local levels. Our students intern with the U.S. Marshals Service; the ATF; the U.S. Secret Service; Federal Probation; Missouri Division of Probation and Parole; Missouri Youth Services and other law enforcement agencies.
 - The dietetics program is accredited by the Commission on Accreditation for Dietetics Education and the American Dietetic Association. Our graduates have a success rate of nearly 100 percent on the national exam to become a registered dietitian.



College of

Liberal Arts

An education in the liberal arts gives you broad-based training for careers in business, the arts, media, education and the legal profession.

- Southeast's mass communication program is accredited by the Accrediting Council on Education in Journalism and Mass Communications (ACEJMC). Only one other institution in Missouri has this elite accreditation. Our public relations program is one of only 28 institutions—none in Missouri—that holds certification by the Public Relations Society of America (PRSA). Only 12 other institutions in the world have recognition from both ACEJMC and PRSA for their mass communication program.
- Students can work at two campus radio stations (NPR affiliate KRCU 90.9 FM and KDMC 103.7), the Arrow student newspaper and "U2" cable television
- Our certified historic preservation program is one of a few U.S. programs that offer a four-year degree and is among a small number to have full membership in the National Council for Preservation of Education.
- During the last five years, Southeast's pre-law students have exceeded the national LSAT average score, and their placement rate in law school approaches 100 percent.
- Students majoring in philosophy have a 100 percent acceptance rate to graduate and law school.
- Our students make politics come alive by working on political campaigns and by serving as interns. Each year approximately 30 students from a variety of majors around the University travel to Washington, D.C. to conference with some of the nation's top scholars at the Center for Strategic and International Studies.

SOUTHEAST MISSOURI

College of

Science and Mathematics

The foundation of success in Southeast's College of Science and Mathematics is a faculty of teacher-scholars supported by well equipped laboratories and the latest technology, which offer our students personalized study and research opportunities during their undergraduate studies.

- Our popular computer science bachelor's program is nationally accredited by the Computing Accreditation Commission of the Accreditation Board of Engineering Technology.
- Our popular marine biology program is one of the only inland programs in the U. S., creating an opportunity for students to combine a traditional college experience with the study of marine life because of our collaboration with the Gulf Coast Research Laboratory in Ocean Springs, Miss.
- Southeast's pre-med curriculum prepares students for the MCAT (Medical College Admission Test). Our students are accepted to medical school at a rate that is well above the national average.
- Our chemistry graduates consistently score at or above the 70th percentile on the Major Field Achievement Test in Chemistry.

Our engineering physics program is nationally accredited by the Accrediting Board of Engineering and Technology (ABET), the sole accrediting body of engineering programs.

Southeast is one of only 20 similarly named engineering programs nationwide with this accreditation.



School of

Polytechnic Studies

Today's industrial and agricultural environment is dynamic and highly dependent on technology. The Otto and Della Seabaugh Polytechnic Building features modern classrooms and laboratory space, teleconferencing and interactive television capabilities, fully networked computer labs, and an industrial space for training and research.

- All of the bachelor of science programs in the Department of Industrial and Engineering Technology are nationally accredited.
- Southeast is a designated Center of Excellence in Advanced Manufacturing Technology.
- In addition to a 252-acre David M. Barton Agriculture Research Center, there is a 110-acre rice research station, a new irrigated turf plot facility, and a modern soil fertility laboratory.
- The School of Polytechnic Studies operates the 11,000-square-foot, climate-controlled Charles L. Hutson Horticulture Greenhouse.
- Our new cybersecurity program is the only one of its kind in Missouri. The U.S. Department of Labor estimates there will be 135,000 new jobs in this field by 2018—a 21 percent increase in Missouri alone.
- The innovative sustainable energy systems management major responds to world needs to address global warming, air pollution and ecosystem destruction.









STATE UNIVERSITY

Earl and Margie Holland School of

Visual and Performing Arts

Classic beauty and modern technology converge at Southeast's River Campus—Missouri's only campus dedicated exclusively to art, dance, music and theatre.

Overlooking the Mississippi River, a Cultural Arts Center and transformed Seminary Building are now home to the Earl and Margie Holland School of Visual and Performing Arts. With the coming of this magnificent facility, the number of new students planning to major in the visual and performing arts doubled in one year.

- Art students have five interconnected art studios for painting, drawing, printmaking, fibers and design plus two computerized looms, as well as two presses in the printmaking studio and a computer design lab with the latest hardware and software available.
- Students find internships and professional experience at the Berkshire Theatre Festival, the Lucille Lortel Theatre in New York, the McLeod Summer Theatre or the University of Connecticut Summer Theatre and more.
- In 2008, the Golden Eagles Marching Band performed at the Edinburgh Military Tattoo in Scotland becoming only the second American university marching band to perform there twice.
- In addition to performances throughout the season, featuring world famous guest artists, the Southeast Missouri Symphony Orchestra exchanged music as well as culture in China when they performed concerts in Shanghai and Beijing in 2009.
- The River Campus gives students the opportunity to show their work in a variety of first-class venues: the 950-seat Donald C. Bedell Performance Hall is a proscenium theatre with spacious stage and backstage areas. The 200-seat Wendy Kurka Rust Flexible Theatre can be configured in unlimited ways for "black box" productions. The 200-seat Robert F. and Gertrude L. Shuck Music Recital Hall features nearly perfect acoustics. a student/faculty art gallery features technology that allows for the display of 3-D animation, as well as painting, prints, ceramics and sculpture. The Rosemary Berkel and Harry L. Crisp II Museum has an interactive educational theatre, art gallery for changing exhibitions and a permanent display featuring southeast Missouri.



Living on Campus

Southeast offers students 11 residence halls from which to choose. Each room has Internet access and cable TV. Nine dining areas are available with a variety of options. And, with more than 150 diverse organizations, students find plenty of opportunities to get involved.



PRESIDENT KEN DOBBINS



r. Kenneth W. Dobbins became the seventeenth president of Southeast Missouri State University on July 1, 1999 after serving as the University's Vice President of Finance and Administration from 1991 to 1993, and Executive Vice President from 1993 until his appointment as president. He previously held several positions in higher education administration at Kent State University in Ohio.

During his tenure at Southeast, academic programs have been enhanced, including establishment of a School of Polytechnic Studies and the Earl and Margie Holland School of Visual and Performing Arts which opened in Fall 2007 on the new River Campus. A comprehensive review of all academic and non-academic programs has been accomplished to maintain quality and minimize student fee increases in the face of significant state appropriation



reductions. Southeast continues to be recognized nationally for many of its outstanding accredited academic programs. For the seventh year in a row, Princeton Review recognized the Master of Business Administration program on its list of "Best Business Schools." GetEducated.com listed Southeast #1 on the list of "Top 10 Ranked Best Values Online MBAs-AACSB-Accredited"; Southeast is recognized in the top tier of the Midwest best regional universities in U.S. News Best Colleges for 2011; and Southeast was again named among the "Best in the Midwest" by Princeton Review. Additionally, StateUniversity.com ranked Southeast the safest college campus in Missouri.

Enrollment has increased significantly since a 20-year-low in 1994 when some 7,900 students attended Southeast. In Fall 2005, enrollment topped 10,000 for the first time, and stood at more than 11,200 in 2010. Additionally, record enrollments in higher education have occurred in the University's 25-county service region during his tenure due to the establishment of new regional campuses in Sikeston and Kennett and a higher education center at Perryville serving placebound students in and near those rural communities.

During Dr. Dobbins' presidency, more than \$250 million in capital construction and building improvement projects have enhanced the University. The Seabaugh Polytechnic Building and the \$50 million River Campus were constructed. An innovation center and business incubator to promote entrepreneurship and enhance the region's economy opened on the campus in 2005; Southeast dedicated its new, state-of-the-art David M. Barton Agriculture Research Center in 2009; two new 300-bed residence halls were constructed in 2002 and 2009; and the University currently is in the midst of \$58 million in capital renovation, maintenance and repair projects including the renovation of the historic 105-year-old Academic

Hall.

Dr. Dobbins has served a two-year term as president of the Missouri Council on Public Higher Education (COPHE), the organization for presidents and chancellors of Missouri's public colleges and universities. In 2007, he was selected to serve a three-year term on the American Association of State Colleges and Universities (AASCU) Board of Directors, an organization which represents over 420 public college and university members and more than 3.7 million students or 56 percent of the enrollment at all public four-year institutions. He was elected Secretary-Treasurer of the organization in 2008, and currently serves as chair of the AASCÚ Board. Also, for the past seven years, he has served as one of five faculty members for the AASCU New Presidents' Academy. He previously served three years as president of the Ohio Valley Conference and is currently a member of the Conference finance subcommittee. In addition, he is a vice president of the executive board of the Greater St. Louis Council, Boy Scouts of America, and in 2010, he was awarded the Silver Beaver Award, the highest honor bestowed upon a Boy Scout volunteer by a council.

He earned his B.S. degree in accounting from the University of Akron (Ohio) in 1971 and served as a commissioned officer and civilian executive in the U.S. Air Force for almost 10 years. He received the M.B.A. degree in 1979 from Old Dominion University (Virginia), and the Ph.D. in higher education administration in 1987 from Kent State. He is also a Certified Public Accountant in Ohio.

Dr. Dobbins and his wife, Jeanine Larson Dobbins, Founder and Director Emeritus of the Missouri Statewide Early Literacy Intervention Program based at Southeast, have a son, Paul, and a daughter-inlaw, Stacey, who are both Southeast graduates, and a grandson, Lincoln Kenneth Dobbins.



INTERIM AD CINDY GANNON



indy Gannon has been part of Southeast
Missouri State University
Athletics for more than 20 years.

In 2011-12, Gannon will serve as interim Director of Athletics in addition to continuing her role as Senior Woman Administrator. Gannon was named to the position for the second time in her career after John Shafer announced his retirement following three years of service.

Gannon officially began her duties as interim Director of Athletics on July 1 after completing her sixth year as Associate Director of Athletics and Senior Woman Administrator.

As Southeast's Associate Director of Athletics and Senior Woman Administrator, Gannon was in charge of event management, sports supervision, personnel recruitment and monitoring the department's compliance with gender equity, while serving as an institutional representative to the Ohio Valley Conference.

Gannon also led the efforts for the department's NCAA thirdcycle recertification. This certification process evaluates the Athletic Department's commitment to three operating principles outlined by the NCAA, including governance and commitment to rules; academic integrity; and gender/ diversity issues and student-athlete well-being. Southeast delivered a report on its progress to the NCAA in April.

Gannon has been the driving force behind other major events such as the Women's Walk and Dig for Life which continue to grow each year.

The Fourth Annual Women's Walk reached record numbers and raised \$30,000 for the Redhawk Athletics Scholarship Fund in 2011.

Meanwhile, Dig for Life, which is a month-long campaign during the Redhawks volleyball season, brought in a record \$22,000 a year ago. Gannon started this special foundation in 2000 after losing her mother to breast cancer. The campaign raises money to fund 200 local women for mammogram screening, who otherwise could not afford it.

In addition, Gannon recently finished her fourth year as a member of the National NCAA Division I Volleyball Committee.

A native of De Soto, Mo., Gannon started working at Southeast as a graduate assistant with the volleyball team. Three years later, she took over as head coach.

Gannon was at the helm of the volleyball program from 1989-2004, where she compiled a 366-211 record and led Southeast to eight OVC Championships and four NCAA Tournament Appearances. Gannon was also named OVC Coach of the Year four times.

Following her coaching career, Gannon remained at Southeast to work in athletic administration. She was last appointed interim Director of Athletics in October, 2008.

Recognized by not only her peers for her exceptional coach-

ing, Gannon was a recipient of the Southeast Missouri State University College of Education Young Alumni Merit Award in 1998. She was recognized by her junior college alma mater when Mineral Area College selected her as an "Outstanding Alum." Gannon was also inducted into the De Soto High School Athletics Hall of Fame in 2009.

Gannon is a former member of the American Volleyball Coaches

Association (AVCA) and National Association of Collegiate Women Athletics Administrators (NAC-WAA). In 2000, she chaired Southeast's Midwest Region and was a member of the AVCA Division I Top-25 Selection and All-America Committees.

Gannon received her undergraduate degree in physical education (1985) and master's in higher education (1987) from Southeast. She resides in Cape Girardeau.





ATHLETICS STAFF



Brady Barke Interim Associate Director of Athletics/Compliance



Torry Rollins
Assistant Director of Athletics/
Finance



Joyce Penny Ticket Manager Student Accountant



Marcia Hendrix Assistant Ticket Manager Insurance



Sharon Burgard
Director of Academic
Services



Kent Phillips
Coordinator of Facilities and
Event Management



Alfred Castillo Head Athletic Trainer



Jeff Honza
Sports Information Director



Rachel Blunt Compliance Assistant



Nate Saverino
Coordinator of Marketing
and Promotions



Jan Onderdonk Senior Administrative Assistant



Ryan Johnson
Strength & Conditioning
Coach



Amanda Martin Assistant Athletic Trainer



Maria Dominguez
Assistant Athletic Trainer



Robby Rasco Equipment Manager



Natalie Williams Academic Services Assistant



Chad Twaro
Assistant Sports Information
Director



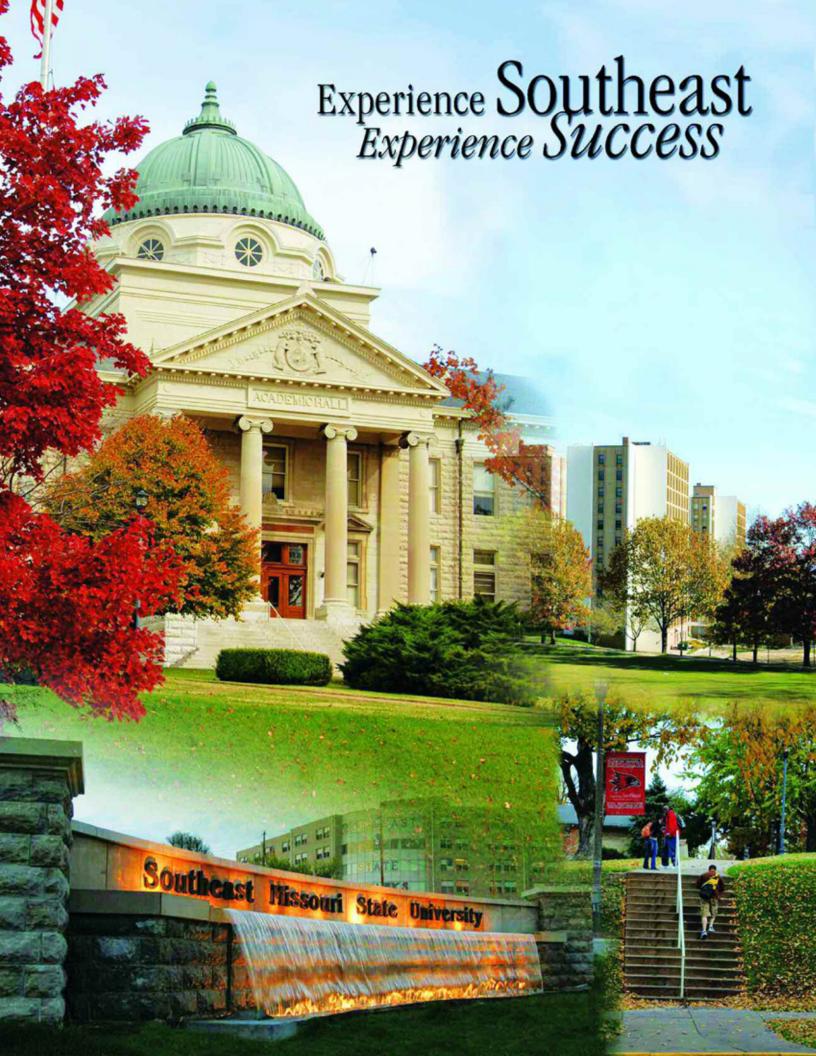
Phil Lady Graduate Assistant Marketing



Kelly Benacka Graduate Assistant Academic Services



Israel Kirk Graduate Assistant Academic Services







April 7



NCAA Regionals

Home meets in **BOLD**

Home meets held at Houck Field House All times central and subject to change

6:30 P.M.

5 p.m.

6 p.m.

7 p.m.

1 P.M.

7 p.m.

5 p.m.

TBA

6:30 p.m.

6:30 P.M.

6:30 P.M.

6:30 P.M.