

**PREVAILING
IS WHAT
WE DO
BEST.**



**SOUTHEAST MISSOURI STATE
REDHAWKS GYMNASTICS**

2016 Media Guide



**DO
YOU
HAVE
THE
WILL
TO**

**serve all
community
members?**



**SOUTHEAST MISSOURI
STATE UNIVERSITY • 1873**



Southeast Missouri State **REDHAWKS**

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Credits

The 2016 Southeast Missouri Gymnastics Information Guide was written, edited and designed by Sports Information Assistant Kevin Scanlon, cover design by Kevin Scanlon and Dan Chesnut. Additional graphic assistance provided by Tonya Wells, Krista Mayfield, Josh Russell, and Aaron Eisenhower. Photography by Marc Mahnke, Josh Russell, and Keith Hente. Editorial assistance by Sports Information Director Jeff Honza, Assistant Sports Information Director Sean Stevenson, Sports Information Assistant Dan Chesnut and Sports Information Student Assistant Trent Kiefer.





Southeast Missouri State **REDHAWKS**

Credentials

Credentials are required for entrance to Houck Field House (for photographers). To request season or single-meet credentials, please contact the Southeast Missouri State Sports Information Office by phone at (573) 651-2937 or email at kscanlon@semo.edu.

Press Row Decorum

Seating is assigned by the Sports Information office. Professional conduct is expected at all times. Cheering or outward expression is inappropriate. Credentials must be worn at all times. Failure to abide by these policies can result in credentials being revoked.

Photographers

Please observe NCAA regulations and shoot from the designated areas at Houck Field House. Flash photography is prohibited.

Interview Requests

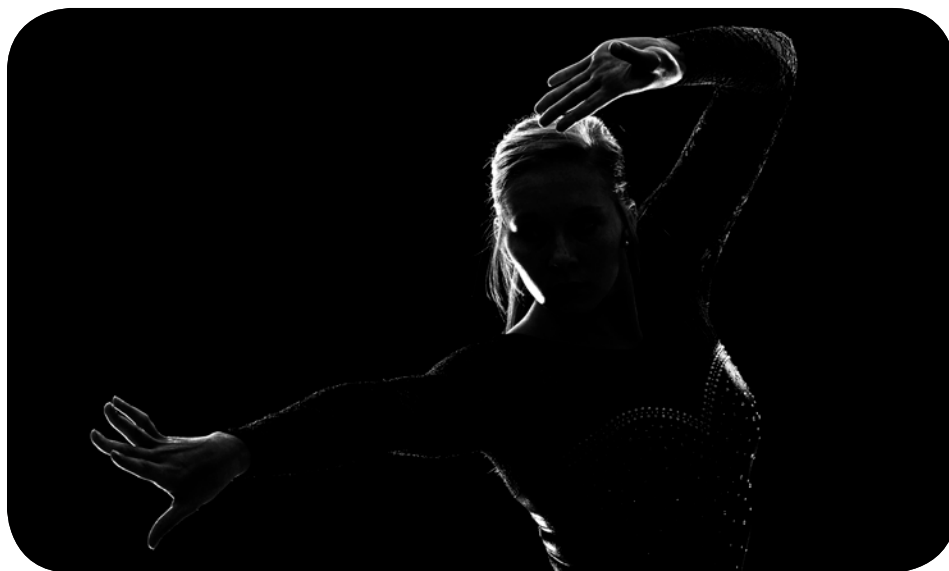
Please arrange all interviews of coaches and student-athletes through the sports information office. Requests can be made by calling Kevin Scanlon at (573) 651-2937. Scanlon can also be reached via email at kscanlon@semo.edu.

Post-Meet Interviews

Anyone wishing to interview a Southeast student-athlete must notify Kevin Scanlon prior to the end of the meet. Student-athletes will be escorted to the designated media interview room after the mandatory 10-minute cooling off period.

Gymnastics Email List

If you would like to be added to the Redhawk Gymnastics email list to receive breaking news about the team, please e-mail Kevin Scanlon. The official website, GoSoutheast.com, is the best source for up-to-date information about the team.



Southeast Missouri Sports Information

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Cape Girardeau, MO 63701
Phone: (573) 651-2294
Fax: (573) 651-2810
Website: GoSoutheast.com



Jeff Honza
Director



Sean Stevenson
Assistant Director



Dan Chesnut
Assistant



Kevin Scanlon
Assistant

2015-16 Sport Assignments

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Cross Country, Women's Tennis
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Cell: (636) 579-1953
Email: kscanlon@semo.edu

MEDIA INFORMATION

STAY CONNECTED WITH THE REDHAWKS

#WillToDo



Facebook

Facebook.com/GoSoutheast
Facebook.com/SEMOGymnastics



Twitter

@GoSoutheast
@SEMOGymnastics



Instagram

@GoSoutheast
@SEMOGymnastics



YouTube

YouTube.com/GoSoutheastRedhawks



Pinterest

Pinterest.com/GoRedhawks

GoSoutheast.com

WOMEN'S GYMNASTICS

COACHING STAFF ROSTER SCHEDULE STATISTICS ADDITIONAL LINKS

TOP STORIES

SOCIAL MEDIA

SCHEDULES



GYMNASTICS HOLDING FINAL INTRASQUAD FRIDAY

Southeast Missouri's gymnastics team will hold its final holiday intrasquad meet on Friday, Dec. 11 at 3:00 p.m. in Parker Gymnasium.

12.10.2015 / Women's Gymnastics

GO SOUTHEAST REDHAWKS ON YOUTUBE





Southeast Missouri State **REDHAWKS**

Houck Field House is the home of the Southeast Missouri volleyball and women's gymnastics teams.

The 40,000-square foot building features a 4-year old sports court as its playing surface. Houck Field House also has the ability to fit two regulation-size volleyball courts.

After the Show Me Center was completed, Houck Field House was renovated in 1987 and 1995 to better accomodate women's volleyball and gymnastics competition.

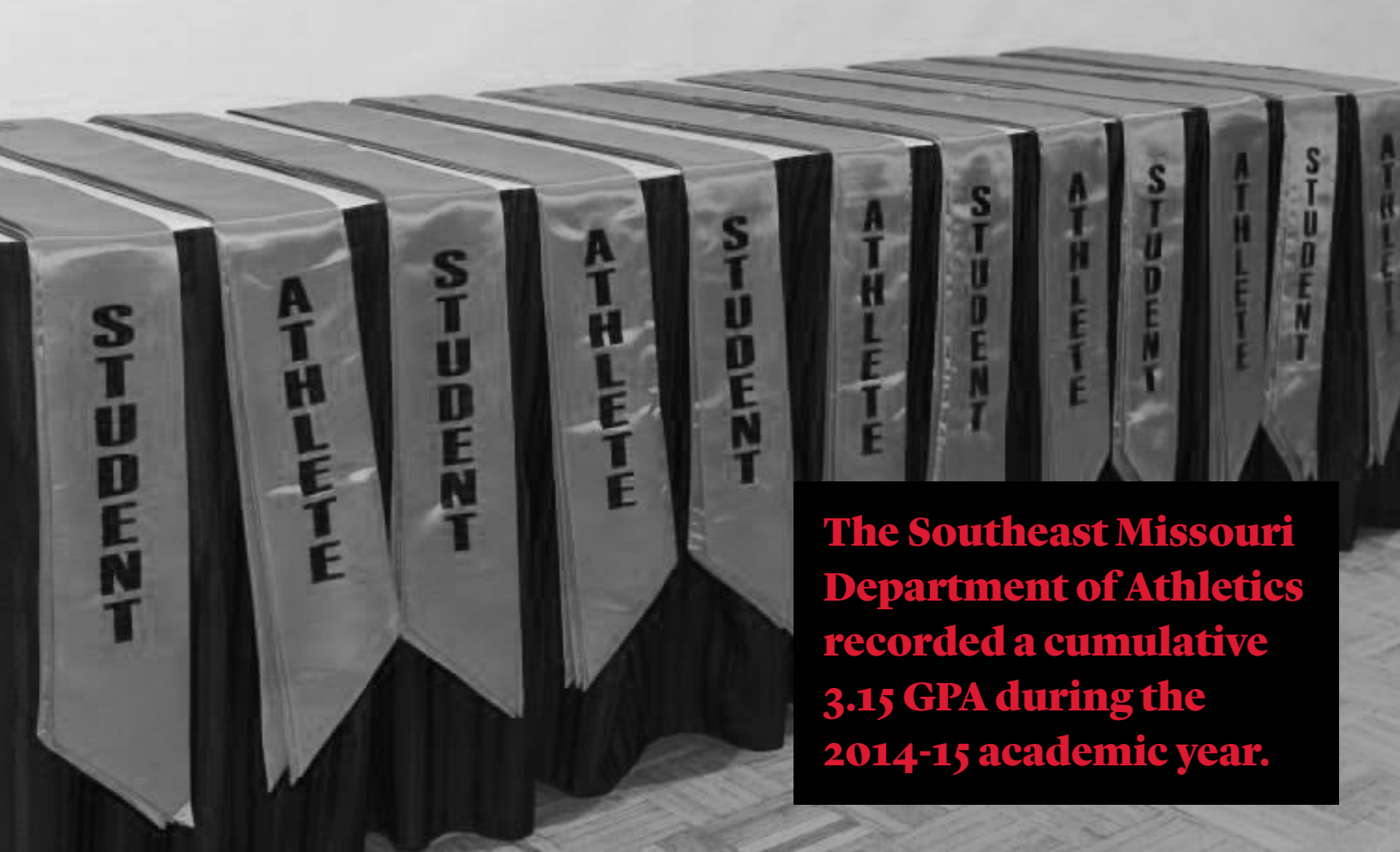
Locker rooms for baseball, soccer and softball, an indoor walking track, athletic training room, and offices for baseball, soccer, softball, volleyball and tennis are also housed in the facility.

Today, Houck Field House seats approximately 1,000 fans for numerous athletic events throughout the year.



HOUCK FIELD HOUSE
REDHAWKS





**The Southeast Missouri
Department of Athletics
recorded a cumulative
3.15 GPA during the
2014-15 academic year.**

ACADEMIC EXCELLENCE

The Redhawk Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Stadium. The Redhawk Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings.

The area is under the guidance of Director of Academic Services Sharon Burgard, Assistant Coordinator Sandy Wiemers and Graduate Assistants Oge Oge and Luke Staudt.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes.

Last year, the Redhawks combined for a 3.15 cumulative grade point average in the fall and spring semesters. Over 60 percent of all student-athletes recorded a 3.0 or higher GPA. Eleven of Southeast's 15 intercollegiate athletic teams recorded a team GPA over 3.0. Additionally, Southeast student-athletes logged a record 4,100 hours of community service over the 2014-15 academic year.

Tutors are available for all student-athletes as needed. In addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The course, which offers three credit hours, is part of a comprehensive program developed to address study

skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor bi-weekly to discuss academic progress.

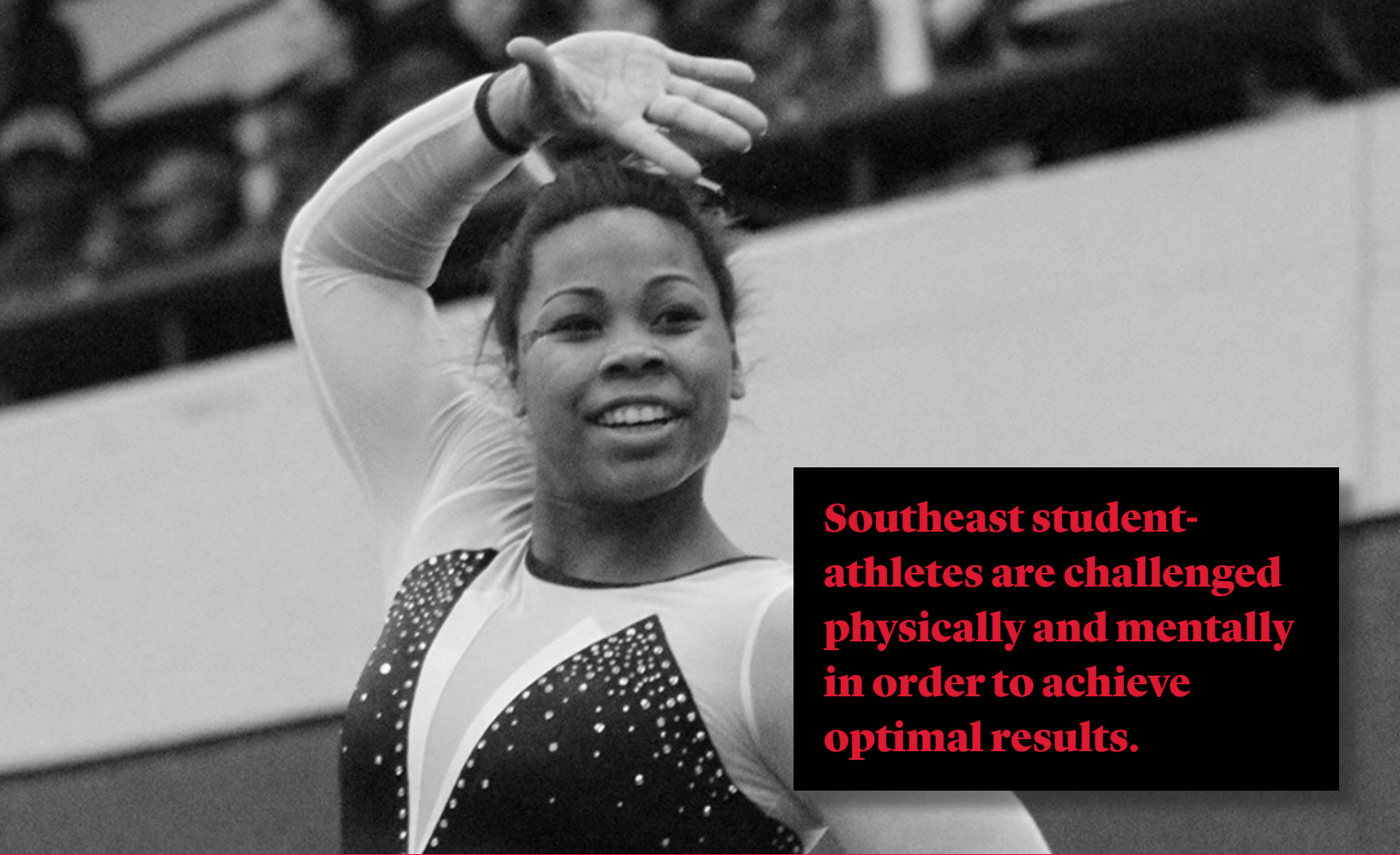
The Success Center staff works to get athletes involved in campus and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.

#WillToDo

2014-15 Notables

- Eleven of Southeast's 15 athletic programs achieved a 3.13 or higher GPA. Women's cross country boasted a department best 3.79 GPA, followed by women's soccer (3.69), women's gymnastics (3.628), women's tennis (3.622), volleyball (3.45), softball (3.35), women's indoor/outdoor Gymnastics (3.31), baseball (3.29), women's basketball (3.28) and men's cross country (3.13).
- In all, 195 individuals accumulated a 3.0 or higher GPA, accounting for 61 percent of the student-athlete population. A total of 140 student-athletes made Southeast's Dean's List -- students must have a 3.5 or higher GPA to earn that distinction.
- Seventy-one student-athletes received their degrees.
- Southeast's women's gymnastics team was among those who received public recognition awards for top academic performance from the NCAA.
- Seven Southeast programs, including women's cross country, women's tennis, volleyball, baseball, men's cross country and men's indoor/outdoor Gymnastics ranked among the top three in the Ohio Valley Conference's single year APR.





Southeast student-athletes are challenged physically and mentally in order to achieve optimal results.

COMPETITIVE SUCCESS

Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

This will be accomplished by focusing on reducing the risk of injury and maximizing athletic potential through individual evaluation and program design.

The Southeast Missouri Strength and Conditioning program is under the direction of Ryan Johnson.

Redhawk student-athletes use various training facilities located inside the Student Recreation Center South.

Training Principles for Southeast Athletes

1. Reduce the risk of injuries

- If a student-athlete is injured, he/she will not be able to compete at practice or games.

2. Ensure the athletes are optimally prepared to compete

- It is our responsibility to best manage all stressors that are placed on the student-athletes body in order to achieve the best results on the playing field.

3. Maximize athletic ability

- We challenge each athlete, both physically and mentally, in order to achieve optimal results.

Exercises for Southeast Athletes are based on the following Principles:

1. Ground Based Movements

- Athletes compete with their feet on the ground, and therefore, should train that way. The ability to produce force against the ground determines how fast athletes can run and how high they can jump.

2. Three-Dimensional Movements

- Athletes must be able to stabilize themselves in all planes of movement. A fancy way of saying we use free weights (barbells/dumbbells vs. machines).

3. Multi-Joint Movements

- Very rarely in sport do athletes isolate one single joint at a time. Athletes can train more muscle mass at the same time.



SPORTS MEDICINE

Prevention. Treatment. Rehabilitation. Education. Those are the four primary phases of athletic training, and the Southeast Missouri athletic training staff strives to fulfill all of those areas when working with student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the athletic training staff. The Sports Medicine department includes five full-time athletic trainers, six graduate assistants and several student assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

The athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through.

There are currently four athletic training facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.

The Southeast athletic training rooms are equipped with stationary bikes, hand weights, therapeutic modalities and the latest physical therapy equipment. Each component is strategically designed to not only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and two hospitals in Cape Girardeau. It is from these hospitals that the Athletic Training

department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself to providing the best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and management of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.



Southeast student-athletes, coaches and staff logged a record 4,100 community service hours in 2014-15.

SOCIAL DEVELOPMENT

Student-athletes and coaches at Southeast Missouri are dedicated to giving back to the community that so generously supports them.

Redhawk student-athletes have opportunities to participate in a variety of community service activities each year. Community involvement helps provide a support structure and greater opportunity for academic success.

We are proud of the level of commitment shown by our student-athletes and always encourage them to participate in community service projects here at Southeast.



SOCIAL DEVELOPMENT

REDHAWKS





**Dr. Carlos Vargas
became the 18th
president of Southeast
Missouri State
University on July 1, 2015.**

PRESIDENT VARGAS

Dr. Carlos Vargas became the 18th president of Southeast Missouri State University on July 1, 2015, after having served as acting president at Kutztown University of Pennsylvania.

The appointment of Dr. Vargas by the Southeast Missouri State University Board of Regents culminated a comprehensive and wide-ranging search process that began in the fall of 2014.

When named as the University's 18th president, Dr. Vargas said, "Southeast Missouri State University is an outstanding university with a national reputation, and I am honored to have been selected as its next president." Vargas said that as he became more familiar with the university, he was impressed with various aspects of Southeast including its core

mission, accreditation efforts, online programs, faculty and staff, and the quality and diversity of its students.

"When I visited the Southeast Missouri State University campus, I was impressed with the institution's long history of service to the region and its unique strengths," Vargas said. "I know Southeast is deeply committed to being accessible and affordable, and continuing to offer accredited academic programs where graduates can meet the needs of employers."

Dr. Vargas was named acting president of Kutztown University by the institution's Council of Trustees, July 1, 2014, following Kutztown University's succession plan for acting president. He served as the provost and vice president for academic and student affairs, and had been the

school's chief academic officer since 2006.

Prior to his tenure at Kutztown, Dr. Vargas was at Central State University in Wilberforce, Ohio, where he served as provost and vice president for academic affairs. He previously served in several roles at Kent State University (Ohio) for a total of 18 years, including founding director of the program on electron beam technology. He was also Kent's associate dean for research, interim assistant dean for research, and he served as interim assistant dean for the School of Technology. He started his tenure at Kent State in 1985 as a professor, and continued to teach until his departure from the university.

Dr. Vargas began his career in higher-education at the National Autonomous University of

Mexico (UNAM), from which he received a Bachelor of Science degree in physics. His initial appointment was as a senior associate researcher for the Institute of Geophysics, and he later held a similar position for the University's Institute of Physics.

He earned his Ph.D. in physics and aerospace science from the University of Michigan and he has Master of Science degrees from Michigan in physics and aerospace science. He is married to Pam Vargas, who currently serves as director of Research and Grant Development at Southeast, and they have a son, a daughter, and one granddaughter.



Brady Barke was appointed to serve as Southeast's Interim Director of Athletics.

BRADY BARKE

Brady Barke, senior associate to the president at Southeast Missouri State University, was appointed to serve as Interim Director of Athletics.

The appointment came shortly after Mark Alnutt resigned as Southeast's Director of Athletics effective July 31, 2015.

Barke was selected as the Senior Associate to the President and Secretary to the Southeast Missouri State University Board of Regents, and has worked in that role since June 1, 2013.

Barke was closely involved with the hiring of head men's basketball coach Rick Ray and head football coach Tom Matukewicz. Ray was named Southeast's 20th head men's basketball coach on April 13, 2015 and Matukewicz was introduced as the Redhawks 13th head football coach on Dec. 18, 2013.

No stranger to athletics, Barke began at Southeast in 2008 as

Assistant Director of Athletics for Compliance & Eligibility. He was then promoted to Associate Director of Athletics for Compliance and Student Support Services in 2011.

Barke was responsible for administering the comprehensive National Collegiate Athletics Association (NCAA) compliance program, directing the baseball, track and field, and cross country programs, and directly supervising the athletics academic services, strength and conditioning and athletic training units. Barke managed the \$3 million athletics scholarship budget for the University's 15 NCAA sports. He directed the men's basketball and football programs in 2011-12, including football scheduling responsibilities. Additionally, Barke was in charge of converting all compliance paperwork to electronic format and assisted with solidifying

the College Classic football game at Busch Stadium.

Prior to Southeast, Barke served as a governance intern with the NCAA national headquarters in Indianapolis and as a law clerk with the Southern Illinois University-Carbondale Department of Athletics Compliance Office.

Barke was previously a member of the National Association of Athletics Compliance (NAAC) and NAAC Board of Directors. He has facilitated the NCAA Regional Leadership Academy, and served on both the NCAA Sports Wagering Task Force and Olympic Sports Liaison Committee. In addition, he was chair of the NAAC Education Committee.

Barke has a juris doctorate degree from Southern Illinois University School of Law and a bachelor of science degree in biology from Webster University. While a student at Webster,

Barke was a member of both the basketball and golf teams. He earned all-conference honors and received the Student-Athlete of the Year Award as a senior.

Barke is a member of the Missouri Bar and earned his MBA from Southeast.

He and his wife, Halley, made a gift to establish The Brady and Halley Barke Endowed Scholarship in March 2014. The scholarship is awarded to a student enrolled at Southeast with first preference given to a freshman student-athlete with a minimum ACT score of 24 and 3.0 cumulative high school grade point average and financial need.

Brady and Halley reside in Cape Girardeau with their children, Mabrie and Jackson.



Southeast Missouri State **REDHAWKS**



Southeast Missouri State University Athletics Mission Statement

The mission of Southeast Missouri State University Department of Athletics is to provide a first class, student-athlete centered collegiate experience emphasizing the core values of **academic excellence, social development, and competitive success**. The Department of Athletics strives to compete at the highest possible level in the Ohio Valley Conference and other conference affiliations. The principles of integrity, student welfare, sportsmanship, ethical conduct, rules compliance, equity and diversity, and the prudent management of resources are the foundation on which we operate.

Southeast Missouri State University Board of Regents



Jay B. Knudtson
President



Kendra Neely-Martin
Vice President



Phillip M. Britt

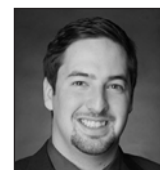
Edward P. Gargas



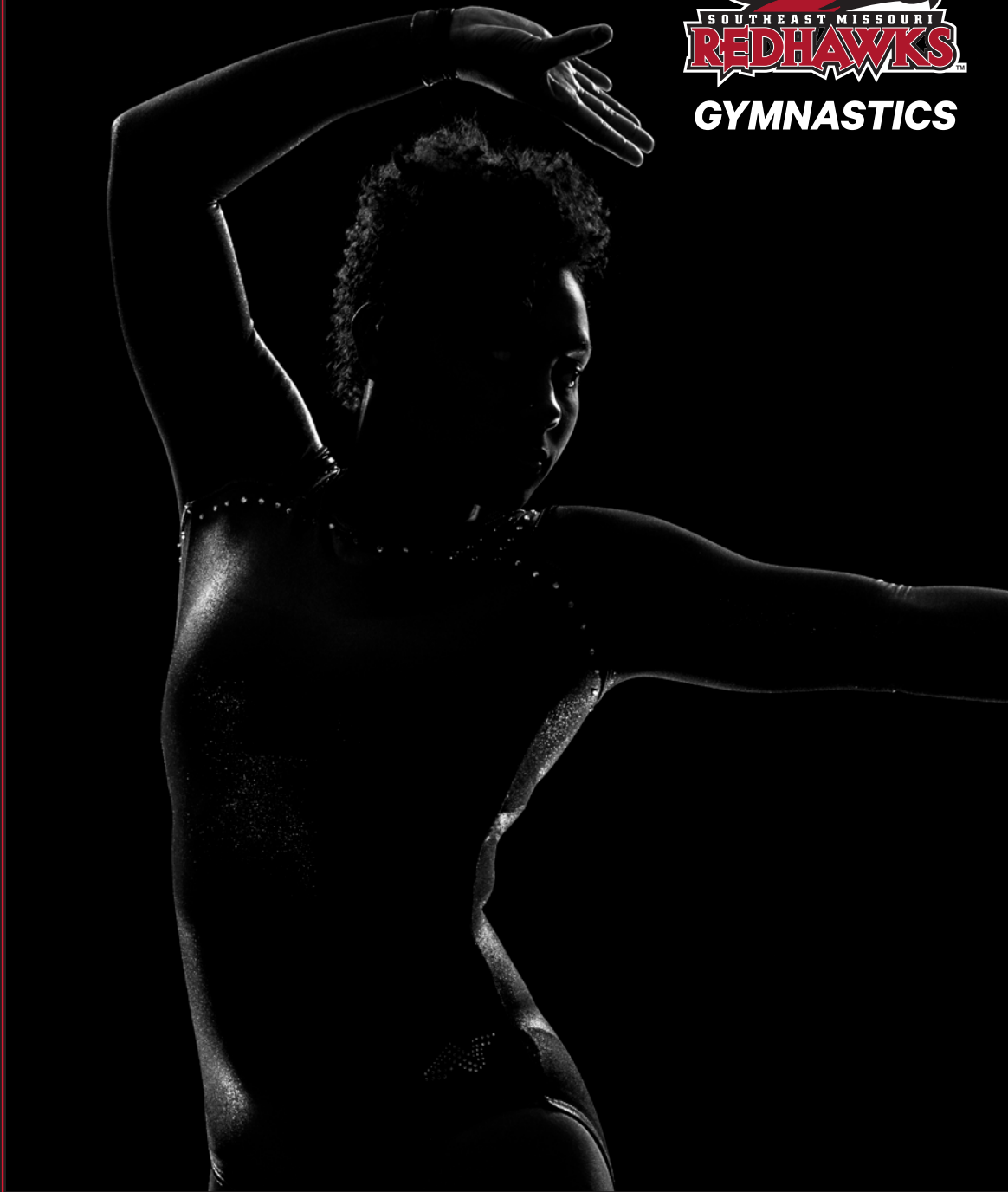
Donald G. LaFerla



Thomas M. Meyer



Austin Cordell
Student
Representative



2016 PREVIEW



Southeast Missouri State **REDHAWKS**

2016 Season Preview

Heading into the 2016 season, the Southeast Missouri gymnastics team is a young group looking to improve upon last year's fourth-place finish at the Midwest Independent Conference Championships.

The squad is comprised of only one senior to go along with five juniors, six sophomores and three freshmen. With so much youth, this prompted head coach Kristi Ewasko to get her student-athletes in the gym earlier.

"We started training in late August or early September, with the early focus being on fitness and skills that the gymnasts had done in the past," said Ewasko. "The next phase went into strength training to help build up those fitness levels to handle more routines and better combinations. We've worked on upgrades for all the events for a majority of the gymnasts, and we really focused on pushing our level to help us compete with those teams that get to regionals on a yearly basis."

This has helped the newcomers transition to the college level, while also helping the rest of the team to be well prepared for the upcoming season.

"Heading into the end of preseason, we have trained consistent routines, half routines and competition-quality workouts," Ewasko added. "Our strength and conditioning has transitioned to circuit-style training with more conditioning to help with their endurance. The team has done really good so far, as they seem to be responding well to the workouts."

Taylor Penzien is the only senior on the roster this season. She is a former MIC Newcomer of the Year and is currently working her way back from injury. The team hopes to have her back sometime in late January.

The junior class consists of Midwest Regional qualifier Ashley Thomas and 2014 Freshman of the Year Alyssa Tucker. Also in the junior class are Chelsi Hamilton,



Lauren Israel and Alexandria Stokes. Alexis Brawner, Jordan Clark and McKenna Stanley headline the sophomore class. The class also returns Brittany Hadj-Romdhane, who is coming off a redshirt year, Jessica Hawks and Jaden Miller.

Southeast welcomes three freshmen in Allyson Bell, McKinzie Jones and Olivia Vincent.

"We have three freshmen this year that will be contributing in different events. They have all challenged for a spot in the lineup and have competed in each intrasquad in at least one event. We have McKinzie who's looking to be in at least three events or possibly an all-around athlete for us. She will be really strong for us on beam and floor, and her bars and vault have come along as well. Ally[son] has come as a walk-on to see what she can build into, and she has been very impressive. She has really stepped up her game on bars, beam and floor, and we are very impressed with where she is right now. We expect to see her in the lineup there. Then we have Olivia who has a really spunky personality and is full of energy. She's very quick and a lot of fun to coach. I believe she's progressing on beam and bars nicely, working on some new skills in both. However, you should definitely be watching for her on vault and floor as she's one of our power kids."

Vault

Vault is going through some changes this season. The event will be scored differently this season forcing gymnasts to shake up their routines in order to start with a 10.0 start value.

“On vault this year, the Gymnastics Association changed the start values for some of our top vaults,” Ewasko added. “This will challenge us, right out of the gate, with a lower score, so we will really be relying on bars and beam this year to step up for us. We have athletes training with new routines to try and help build those start values back up, but we probably won’t see those until the end of the season.”

Heading into the season, the lineup consists of Alyssa Tucker, Ashley Thomas and Alexis Brawner as main-stays in the rotation. McKenna Stanley and Lauren Israel will occupy the fourth and fifth spots, while the sixth spot will be up for grabs for the freshmen.

Uneven Bars

In 2015, uneven bars were a very consistent event for the Redhawks. They finished with an average score of 48.450 in 12 meets, including a season-high 49.000 against Centenary (Mar. 6). Chris Bogantes returns for his second season as the coach for bars.

“This year, we are strong on bars with major releases and bigger dismounts. It’s very clean gymnastics, which is something we’ve really worked hard on in the off-season. Bars also has some changes and special requirements, and I believe Chris has done a great job of getting our athletes prepared for the upcoming season.”

Tucker, Brawner and Israel will anchor the bars lineup. McKinzie Jones will also be in the mix as she begins gaining more experience, with the fifth and sixth spots up for grabs between Thomas, Stanley and Alexandria Stokes.

Balance Beam

Beam is under the direction of first year Assistant Coach Candace Blackerby, who came here after spending a year as a volunteer assistant for Big 12 powerhouse Oklahoma. Beam was another strong event for the Redhawks last season, finishing with six scores of 48.000 or higher, including a season-best 48.825 at the University of Illinois-Chicago (Mar. 15).

“During the offseason, we continued working towards consistency and more base skills,” said Ewasko. “It has helped the team a great deal. We’ve never been this far ahead on the beam like we have been so far. Beam will really be challenged this year to stay consistent and strong to help pull up the lower vault score.”

Jones will anchor beam, while Tucker, Brawner and Israel will be three other strong performers in the event. Thomas and Stanley are also expected to play a part in the beam lineup.

Floor Exercise

On the floor this year, there will be a lot of different styles among the gymnasts. Each will have a unique routine with several different genres of music.

“Floor is going to be fun. We have some amazing dance routines with a lot of hip-hop, classical and rock music to go along with them. Our tumbling hasn’t changed much, but it is cleaner, bigger and our landings are stronger. We are really looking to have a consistent floor lineup throughout the year. We have seven very strong competitors that we will be looking to this year.”

The lineup will consist of Thomas, Israel, Brawner, Jones, Tucker and Olivia Vincent as the main six. Allyson Bell will also have a chance to contend for a lineup spot, as well.



Southeast Missouri State REDHAWKS



Name	Ht.	Yr.	Hometown (Club Team)
Allyson Bell	5-8	Fr.	Buford, Ga. (Gymnastix Training Center)
Alexis Brawner	5-2	So.	Chesterfield, Mich. (Hunts' Gymnastics Academy)
Jordan Clark	5-2	So.	Wentzville, Mo. (Stacey's Gymnastics)
Brittany Hadj Romdhane	5-6	So.	Woodbury, Minn. (Rising Stars Gymnastics Academy)
Chelsi Hamilton	5-3	Jr.	Arlington, Texas (Top Flight Gymnastics)
Jessica Hawks	5-4	So.	O'Fallon, Mo. (Team Central Gymnastics Academy)
Lauren Israel	5-4	Jr.	Lee's Summit, Mo. (Xtreme Gymnastics)
McKinzie Jones	5-5	Fr.	Destin, Fla. (Alabama Elite)
Jaden Miller	5-5	So.	Dublin, Ohio (Universal Gymnastics)
Taylor Penzien	5-8	Sr.	Ray Township, Mich. (Olympia Gymnastics Academy)
McKenna Stanley	5-3	So.	San Antonio, Texas (Aerial Athletics)
Alexandria Stokes	5-7	Jr.	East Bethel, Minn. (Flyaways Gold Gymnastics)
Ashley Thomas	5-5	Jr.	Germantown, Tenn. (SEGA Gymnastics)
Alyssa Tucker	5-5	Jr.	Raleigh, N.C. (Team Attraction Gymnastics)
Olivia Vincent	4-11	Fr.	Columbia, Mo. (Show-Me Gymnastics)

Breakdown by Class

Total Team Members.....	15
Seniors.....	1
Juniors.....	5
Sophomores.....	6
Freshmen	3

Breakdown by State

Florida.....	1
Georgia.....	1
Michigan.....	2
Minnesota.....	2
Missouri	4
North Carolina.....	1
Ohio.....	1
Tennessee	1
Texas	2

Coaches/Support Staff

Head Coach	Kristi Ewasko (Seventh Season)
Assistant Coach	Chris Bogantes (Second Season)
Assistant Coach	Candace Blackerby (First Season)
Student Coach	Hayli Huiner (Second Season)
Director of Operations	Erin Brady (First season)
Athletic Trainer	Holly Reynolds (Second Season)

Pronunciation Guide

Brittany Hadj Romdhane	Hahj-ROM-DON
Taylor Penzi en.....	Pen-ZEEN
Kristi Ewasko	Uh-WASS-KOE
Chris Bogantes	BO-gone-tays

2016 Gymnastics Roster



Allyson Bell
5-8 • Fr.
Buford, Ga.



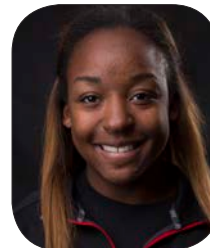
Alexis Brawner
5-2 • So.
Chesterfield, Mich.



Jordan Clark
5-2 • So.
Wentzville, Mo.



Brittany Hadj-Romdhane
5-6 • So.
Woodbury, Minn.



Chelsi Hamilton
5-3 • Jr.
Arlington, Texas



McKinzie Jones
5-5 • Fr.
Destin Fla.



Lauren Israel
5-4 • Jr.
Blue Springs, Mo.



Jessica Hawks
5-4 • So.
O'Fallon, Mo.



Jaden Miller
5-5 • So.
Dublin, Ohio



Taylor Penzien
5-8 • Sr.
Ray Township, Mich.



McKenna Stanley
5-3 • So.
San Antonio, Texas



Alexandria Stokes
5-7 • Jr.
East Bethel, Minn.



Ashley Thomas
5-5 • Jr.
Germantown, Tenn.



Alyssa Tucker
5-5 • Jr.
Raleigh, N.C.



Olivia Vincent
4-11 • Fr.
Columbia, Mo.



Kristi Ewasko
Head Coach
Seventh Season



Chris Bogantes
Asst. Coach
Second Season



Candace Blackerby
Asst. Coach
First Season



Hayli Huiner
Student Coach
Second Season



Erin Brady
Director of Operations
First Season



Southeast Missouri State **REDHAWKS**



SENIOR



JUNIORS



SOPHOMORES



FRESHMEN



COACHING STAFF



Southeast Missouri State REDHAWKS



Kristi Ewasko

Head Coach
Seventh Season
Auburn, 2004
@KBEwasko

In six seasons as head coach, Kristi Ewasko has led the Southeast Missouri gymnastics program to prominent team and individual success in the gym and classroom.

Southeast finished in fourth place at the 2015 Midwest Independent Conference championship with a score of 194.450. Ashley Thomas placed fourth in the all-around earning first team all-conference honors and a trip to the NCAA Regional, where she placed ninth in the all-around.

The Redhawks claimed the 2014 MIC championship where they posted a score of 195.275, the eighth-best total in program history to earn the fifth conference championship for Southeast. Eight Redhawks were named first-team All-MIC and two others earned second-team recognition. Alyssa Tucker was named MIC Freshman of the Year and Sarah Shire Brown received MIC Assistant Coach of the Year honors.

Following the conference title, Tucker and Taryn Vanderpool both advanced to the NCAA regional, where they placed seventh and 13th, respectively, in the all-around portion.

Additionally, with a 3.696 cumulative team grade point average, the 2014 Redhawks recorded the third-best grade point average in the nation. This continued a long tradition of academic success for a program that claimed academic national titles in 2007, 2008, 2009, 2011 and 2013 while also finishing second in the national rankings in 2010 and 2012.

In 2013, Southeast rebounded from a fifth-place conference finish in 2012 to place third at the Midwest Independent Conference Championships. The Redhawks posted their 11th-highest score in program history, scoring a 195.050 in the highly competitive conference meet.

Two Redhawks were crowned MIC champions with Megan Fosnow claiming vault and Taryn Vanderpool winning a share of the uneven bars title. Taylor Penzien also earned postseason accolades from the conference, being voted the MIC Newcomer of the Year. Vanderpool continued her season a little longer, qualifying for the NCAA Norman Regional, the first regional appearance of her career.

Southeast once again excelled in the classroom, posting the highest team grade point average in the nation with a 3.8146 figure. All 13 gymnasts on the 2013 roster also earned All-American scholastic spots on the National Association of Collegiate Gymnastics Coaches/Women (NACGC/W) honor roll.

In 2012, the Redhawks sent two individuals, Fosnow and Taylor Westrick, to the NCAA Regional Championships. Westrick won the balance beam at the regional meet to become the first Southeast gymnast to qualify for the NCAA Gymnastics Championships since the program joined Division I prior to the 1992 season. She finished 28th at the national meet to conclude her historic season.

The 2011 season saw Southeast capture its fourth Midwest Independent Conference title in program history. Southeast also finished 39th nationally with a Regional Qualifying Score (RQS) of 193.875.

On May 24, 2010, then-Southeast Director of Athletics John Shafer named Ewasko the head women's gymnastics coach after she spent her first year as the interim head coach.

The Redhawks posted a 12-8 dual record while going 9-2 against MIC foes in 2011. In addition to the team success, Southeast sent three gymnasts to the NCAA Regional Championships in Norman, Okla. Taylor Westrick competed in the all-around while Brianna Gaddie competed in the vault and Christina Sundgren took part in the uneven bars.

A native of Monroe, Louisiana, Ewasko spent one year as an assistant coach at Southeast before she was promoted to interim head coach. During that time, she led the Redhawks to an overall record of 18-7 and 11-4 in the Midwest Independent Conference. The 18 victories were the most for the program since 1997.

COACHING STAFF

In addition, Southeast finished third at the MIC Championships and had three gymnasts – Jordan Salsberg, Brianna Gaddie and Rikara Turner – qualify for the NCAA South Central Regional. The team just missed the program's ninth NCAA Regional berth, finishing with a final national ranking of 40th with a Regional Qualifying Score (RQS) of 193.850, which led the MIC.

Prior to arriving at Southeast, Ewasko worked as a volunteer assistant coach at Auburn from 2004-08. She was AU's conditioning captain and academic captain from 2004-06. She then spent the 2007 season as an assistant beam and floor coach while transitioning for the 2008 season to being an assistant on vault and bars. During this time, she also assisted with team travel, recruiting files and other day-to-day activities of the program. The Tigers finished the 2008 season ranked 17th and rated among the top-26 each of those four seasons.

In addition to her collegiate coaching duties, Ewasko was an Auburn Gymnastics Academy coach from 2004-2008. She became head coach of the AGA competitive team in May 2006.

Ewasko graduated with a degree in Exercise Science from Auburn in 2004. As a gymnast, she competed for four years as the top vault competitor for the Tigers' perennial top-20 program. Ewasko recorded Auburn's top three vault scores in school history, including the all-time mark of 9.950, which she set against Florida in 2003. Ewasko scored a 9.90 or better on vault, beam and floor during her four years as a collegiate gymnast.

In pursuit of her degree, Ewasko was named an Academic All-American in 2002, named to the SEC Academic Honor Roll in 2003 and 2004, and was also named to the SEC Good Works Team in 2004 for her community service work.

Ewasko and her husband, Matt, have a son, Alex, and a daughter, Cameron Auburn, and reside in Cape Girardeau.



Kristi EWASKO



Southeast Missouri State **REDHAWKS**



Chris Bogantes

Assistant Coach
Second Season
LSU, 2009

Chris Bogantes is in his second season as an assistant coach with the Southeast Missouri gymnastics program. Bogantes coaches bars and serves as the team's recruiting coordinator. His other responsibilities include oversight of equipment moves and equipment updates, assisting with team travel, and working as head spotter for skills.

During his first year as the bars coach, the Redhawks averaged a 48.450 through 12 meets, including a season-best 49.000 in a win against Centenary on Mar. 6.

"Chris really impacted our bar team last year with creating strong, consistent routines, as well as gaining the trust of the team," Ewasko said. "Chris is a very strong coach and brings a level personality to our staff. I'm thankful Chris has returned and I look for him to continue to build our bar team, as well as push into the next level of recruits for the future of our program."

Bogantes joined the Redhawks after previously working on the staffs at Ball State, Texas Woman's University and LSU.

Bogantes became the first full-time assistant gymnastics coach in Ball State history, where he coached during the 2012-13 season. He was also an assistant coach for Texas Woman's for the 2010-11 season, coaching the vault while assisting on bars and floor. He earned his master's degree in kinesiology from Texas Woman's in 2014.

From 2008-10, Bogantes was the team manager and club team head coach at LSU, where he earned his bachelor's degree in history in 2009. He was also a member of the LSU cheer squad from 2007-08, which included a fourth place finish nationally. Additionally, he served as a stunt and tumbling coach for varsity cheerleaders at LSU and Alabama.

In addition to coaching at the collegiate level, Bogantes owns extensive experience in club gymnastics. He coached at Legacy Elite Gymnastics in Illinois from 2011-12, handling vault and bars for Level 8-10 gymnasts while assisting the elite gymnasts on bars, vault and floor.

A native of Covington, Louisiana, Bogantes was an assistant coach at Elite Gymnastics in Baton Rouge from 2006-08. He has worked with three USA National Team members, including a 2012 USA Olympic Team alternate and 2012 Pan Am Games gold medalist. Bogantes also worked at various club and college camps, including LSU, Michigan and Auburn.



COACHING STAFF

Chris
BOGANTES



Southeast Missouri State **REDHAWKS**



Candace Blackerby

Assistant Coach
First Season
Oklahoma, 2011
@1canflip

Candace Blackerby joins Southeast after working as a volunteer assistant at Oklahoma. Prior to being an assistant, she coached all levels on multiple events at Bart Conner and Kurt Thomas Gymnastics. Blackerby completed her Bachelors degree in Broadcast Media and Production, as well as her Masters degree in Intercollegiate Athletics Administration.

From 2007-2012, Blackerby competed for the Sooners. After redshirting her freshman year, she was the beam alternate for the remaining four seasons and competed bars, consistently, her junior year. As a senior, Blackerby set a career-high on bars with a score of 9.9, which tied for second place at the Big 12 Championships.

Candace and her husband Aaron reside in Cape Girardeau.

"I'm blessed and beyond excited for this opportunity to be a Southeast Missouri gymnastics assistant coach," said Blackerby. "Coaching college gymnastics has been my dream since I started high school. On my first visit to Southeast, I fell in love with the gorgeous campus and the people. There was an instant

connection after talking to Kristi and seeing the gym. It felt like the right fit. Kristi's vision for the program has me charged up and ready to contribute in every way possible to help achieve the team's goals. I am looking forward to learning from both Kristi and Chris, in addition to bringing my diverse experiences to help enhance the program."

"Candace joins our program after being a part of a National Championship team," Ewasko said. "Her mentor (K.J. Kindler) is by far one of the best in the business, which has given Candace the opportunity to experience training at the highest level as an athlete and as a coach. Her personality brings fun and excitement while being able to hold the team to expectations, and I'm excited to have her take our beam team to the next level. She will also have responsibilities with recruiting, apparel, team meals, community service and many other day-to-day activities."



COACHING STAFF

Candace **BLACKERBY**



Southeast Missouri State **REDHAWKS**



Erin Brady

Director of Operations
First Season

- Handles organization and filing of daily office work
- Assists with practice needs
- Assists with setup for team travel and team meals
- Oversees the Organization and schedule of home competitions--Meet Director



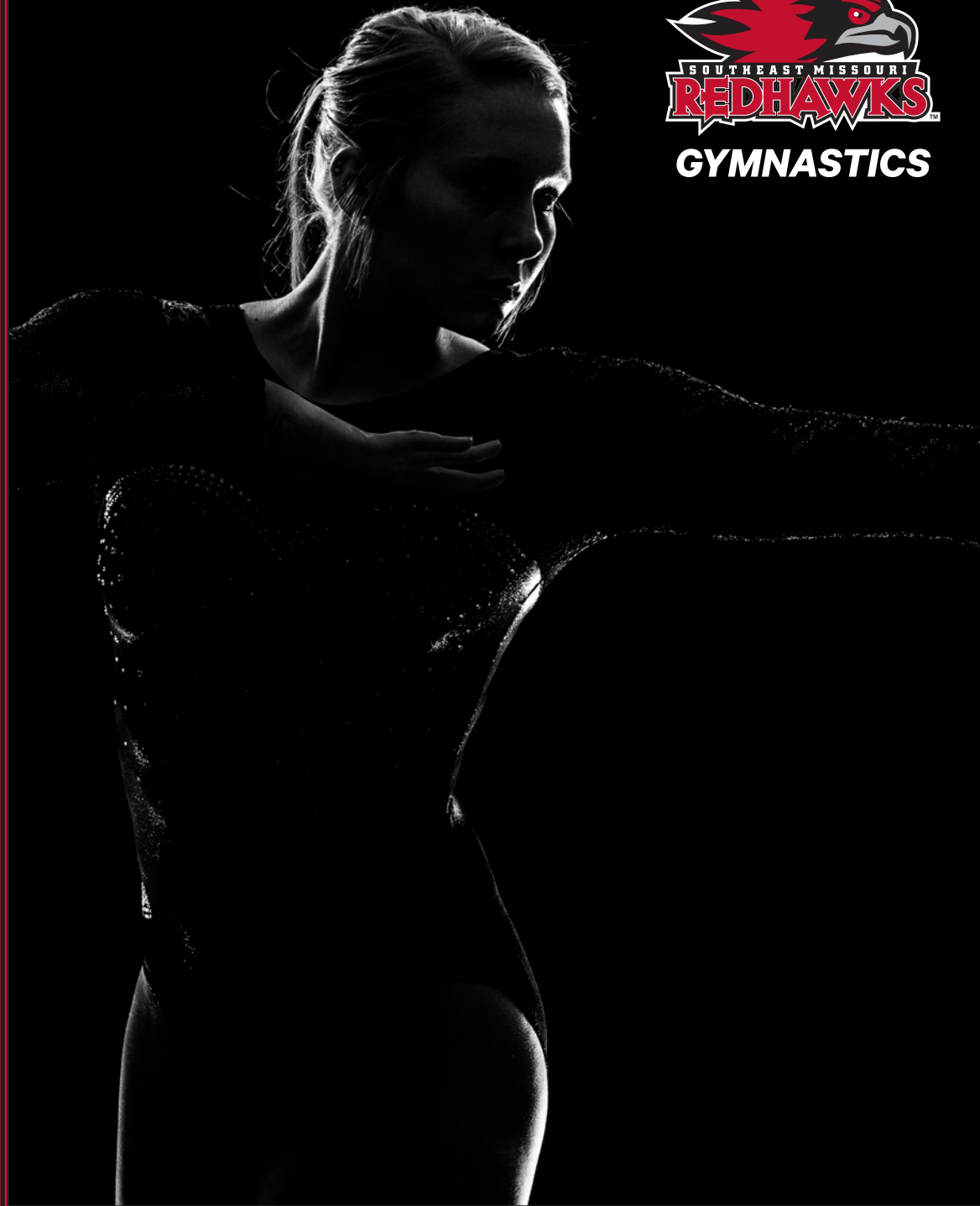
Hayli Huiner

Student Coach
First Season



- Assists with needs of gymnasts at practice (mat and board settings)
- Helps with competition setup and cleanup
- Oversees the score flashers and runners for home competitions
- Assists Meet Director at home competitions





2016 GYMNAST PROFILES



Southeast Missouri State REDHAWKS



Taylor Penzien

Senior **5-8**
Ray Township, Mich.
Olympia Gymnastics Academy

2015: Competed in final eight meets of the season on uneven bars and last five meets on balance beam after recovering from a foot injury...Recorded 10 scores of 9.700 or better...Career-high 9.875 on bars vs. Centenary (3/6)...Career-best 9.825 on beam at Illinois-Chicago (3/15).

2014: Competed in all 12 meets on the season...Set a season-best with a 9.850 on the uneven bars at the Midwest Independent Conference Championships (3/22)...Scored a season-high 9.775 on the balance beam against Michigan State (3/7)...Scored a 9.700 or better 11 times...Named to the MIC Scholastic All-Conference team.

2013: Competed in all 11 meets, going in the all-around three times...Named MIC Newcomer of the Year...Scored 9.700 or higher on 14 occasions, including one score above 9.800...Scored a season-high 9.875 to win the floor exercise at Illinois State (2/24)...Notched at least a 9.700 on bars in each of her last eight meets, going a season-best 9.775 vs. Illinois State (2/15), vs. Eastern Michigan (3/3) and at Kent State (3/15)...Placed on the MIC Scholastic All-Conference team.

Club: Attended New Haven (Mich.) High School...Spent four years as a Level 10 gymnast for Olympia Gymnastics Academy in Shelby Charter Township, Mich., under Lori Koch and Deanna Sigler...Qualified for nationals in 2012...Advanced to Eastern Nationals in 2008...Three-time regional qualifier...Won the state and regional all-around championships in 2012...Also won the floor exercise at the 2012 regional meet...Qualified for the 2011 NIT meet...Won the floor exercise while placing second in vault and all-around at the 2011 state meet

...Finished ninth in the all-around at the 2011 regional meet...Notched a fourth-place finish on bars at the 2011 NIT...Also competed in track and field, winning a state title in the high jump in 2011...Two-time regional champion in the long jump and high jump and earned one more regional crown in the 200-meter dash... Graduated as class valedictorian with a 3.97 grade point average.

Personal: Born March 8, 1994...Daughter of James and Carrie Penzien.





GYMNAST PROFILES

Taylor PENZIEN



Southeast Missouri State **REDHAWKS**



Chelsi Hamilton

Junior 5-3
Arlington, Texas
Top Flight Gymnastics

Championships in 2010...Won vault and all-around titles in all four meets she competed in during the 2011 season.

Personal: Born July 25, 1995...Daughter of Qzonna and Boris Hamilton.

2015: Competed in the first 10 meets of the season, including five times in the all-around...Recorded 15 scores of 9.700 or higher, which tied for third on the team....Season-high 9.800 on the floor exercise and career-best 9.775 on the balance beam at Ohio State (2/28)...Career-high 9.750 on the uneven bars at Iowa State (1/18)...Season-best 9.775 on vault at Iowa State (1/18), at Oklahoma (1/23) and vs. Missouri/Lindenwood (1/30)...Career-high 38.875 in the all-around at Oklahoma (1/23)...Missed the last two meets of the season with a knee injury suffered vs. Centenary (3/6)...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

2014: Named first-team All-Midwest Independent Conference...MIC co-champion on floor exercise...Competed in all 12 meets...Participated in three of four events on four occasions...Scored a career-best 9.850 on the floor at the MIC Championships (3/22)...Scored a career-high 9.800 on the vault in back-to-back meets to open the season...Scored a 9.675 on the beam against Lindenwood (1/31)...Registered 13 scores of 9.700 or better.

Club: Earned Level 10 status prior to the 2012 season, where she was limited to only one meet...Qualified for nationals in 2013, where she took 14th on floor...Placed second on vault and sixth in the all-around at regionals in 2013...Won vault and the all-around title at Level 9 National Championships in 2011...Also placed second on beam and third on floor at the 2011 national meet...Claimed another vault title at the Level 9 National





GYMNAST PROFILES

Chelsi HAMILTON



Southeast Missouri State REDHAWKS



Lauren Israel

Junior 5-4
Blue Springs, Mo.
Xtreme Gymnastics

Personal: Daughter of Dan and Denise Israel...Father, Dan, is Executive Producer of the Kansas City Chiefs Radio Network...Both parents graduated from MidAmerica Nazarene...Brother, Matthew, attends TCU...Majoring in Exercise Science.

2015: Competed in all 12 meets on the uneven bars and floor exercise and 11 meets on balance beam...Recorded 15 scores of 9.700 or higher to tie for third-most on the squad...Set a career-high with a 9.775 on floor vs. Centenary (3/6)...Season-high 9.800 on balance beam vs. Texas Woman's (2/15) and vs. Missouri and Lindenwood (1/30)...Season-best 9.775 on bars vs. Northern Illinois (2/20)...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

2014: Named first-team All-Midwest Independent Conference...Claimed MIC title on uneven bars...Competed in eight meets...Scored a season-best 9.900 on bars at MIC Championships (3/22)...Posted a season-best score on balance beam in regular season finale against Illinois State with a 9.825 (3/9)...Scored a 9.700 or better nine times...Named to the MIC Scholastic all-conference team.

Club: Competed at Level 10 since 2010 for Xtreme Gymnastics in Lee's Summit, Missouri...Qualified for regionals and nationals in 2011 and 2012...Won bars and finished second on floor and in the all-around at the 2012 Missouri State Championships...Placed fifth on beam and ninth on bars at the 2012 Junior Olympic National Championships...Competed all-around in every meet but two since achieving Level 10 status...Coached by Alisha Robinson...Earned a spot on the Principal's Honor Roll at Blue Springs South High School with a 4.2 grade point average.





GYMNAST PROFILES

Lauren ISRAEL



Southeast Missouri State **REDHAWKS**



Alexandria Stokes

Junior 5-7
East Bethel, Minn.
Flyaways Gold Gymnastics

2015: Competed in all 12 events, including the last four in the all-around...Recorded eight scores of 9.700 or better...Won the all-around title vs. Centenary (3/6) with a career-high 38.350 and career-bests of 9.825 on uneven bars and 9.700 on balance beam...Tied the all-around career-high with another 38.350 at the MIC Championships (3/21), including a career-high 9.600 on vault...Career-best 9.650 on the floor exercise vs. Northern Illinois (2/20)...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

2014: Competed in all 12 meets on the season...Scored a season-best 9.750 on the bars in the regular season finale against Illinois State (3/9)...Posted a season-high 9.650 on the balance beam against Michigan State (3/7)...Scored 9.700 or better six times...Named to the Midwest Independent Conference Scholastic All-Conference Team.

Club: Spent her last three club seasons as a Level 10 gymnast for Flyaways Gold Gymnastics in Forest Lake, Minnesota...Qualified for Level 10 Regionals three times, posting two top-10 finishes in the all-around...Named club team captain as a senior...Coached by Steve Hafeman and James Bayer...Graduated from St. Francis High School in Cedar, Minn., with a 3.96 grade point average...Presidential Award recipient.

Personal: Born Oct. 25, 1994...Daughter of Robert and Patricia Stokes...Majoring in Exercise Science.





GYMNAST PROFILES

Alexandria **STOKES**



Southeast Missouri State REDHAWKS



Ashley Thomas

Junior 5-5
Germantown, Tenn.
SEGA Gymnastics

2015: Named First-Team All-Midwest Independent Conference in vault and second-team All-MIC on floor exercise and in the all-around...Advanced to the Norman (Okla.) NCAA Regional, where she finished ninth in the all-around with a 39.100, tying the second-best score of her career...Voted Team MVP and Redhawks Female Athlete of the Year at the Annual Student-Athlete Advisory Committee (SAAC by SAAC) awards...Competed in the all-around in every meet...Named MIC Gymnast of the Week (1/13) for the first week of the season after winning the all-around with a 38.925 vs. Illinois State (1/11)...Recorded career-best 39.225 in the all-around at MIC Championships (3/21) to tie for fourth place, which also tied the 10th-best all-around score in program history...Set career-high vault score of 9.900 at MIC Championships, which ranks as sixth best score in program history...Finished with 40 individual scores of 9.700 or higher...Accumulated seven first-place finishes...Set career-high in bars with a 9.775 at No. 1 Oklahoma (1/23) and at Arkansas (2/13)...Career-best 9.850 on balance beam at Illinois-Chicago (3/15)...Career-high 9.875 on floor exercise at the MIC Championships (3/21)...Earned a spot on the MIC Scholastic All-Conference team...Named a Southeast Scholar-Athlete.

2014: Named first-team All-Midwest Independent Conference...MIC co-champion on vault with a 9.825...Had season-best scores of 9.825 on the floor and vault...Scored the 9.825 on the floor against Michigan State (3/7) and Illinois State (3/9)...Scored 9.825 on the vault at MIC Championship (3/22)...Had a season-best 9.800 on the balance beam at MIC Championship...Scored a 9.700 or better 16 times...Claimed three event titles...Named to the MIC Scholastic All-Conference team.

Club: Spent her last two club seasons as a Level 10 gymnast...Qualified for the Level 10 NIT twice, placing second in the all-around as a junior...Won a Level 10 state all-around title in her junior season...Won vault and beam at Level 9 Regionals as a sophomore...National Honor Society member who graduated with a 3.96 grade point average at Germantown (Tenn.) High School.

Personal: Born July 13, 1995...Daughter of Richard and Shelia Thomas...Sister, Lauren, plays goalkeeper for the Chattanooga soccer team...Also has a younger brother and sister...Majoring in Pre-Physical Therapy/Exercise Science.



A photograph of a female gymnast, Ashley Thomas, captured in mid-air during a performance. She is wearing a black leotard with a sparkling heart-shaped sequin design on the chest and white socks. Her hair is tied in a ponytail with a red bow. The background shows a large arena with red seats and a banner that reads "CHEER LIKE A CHAMPION".

GYMNAST PROFILES

Ashley THOMAS



Southeast Missouri State REDHAWKS



Alyssa Tucker

Junior 5-5
Raleigh, N.C.
Team Attraction Gymnastics

Honor roll student at Athens Drive High School in Raleigh, North Carolina.

Personal: Born Jan. 8, 1995...Daughter of Cassandra Tucker.

2015: Competed in the first seven meets before suffering a season-ending foot injury...Named MIC Gymnast of the Week following the second and third meets of the season (Jan. 20, 27)...Recorded a career-best 39.125 to win the all-around and added a career-high 9.800 on vault at No. 1 Oklahoma (1/23)...Set career-highs on bars and floor with scores of 9.825 vs. Texas Woman's (2/15)...Recorded a season-best 9.825 on balance beam at Iowa State (1/18) and vs. Missouri and Lindenwood (1/30)...Tallied 17 individual scores of 9.700 or higher...Accumulated six first-place event titles.

2014: Named First-Team All-Midwest Independent Conference...MIC Freshman of the Year...Advanced to NCAA Regional, where she finished sixth...Competed in all 12 meets on the season...Scored a season-high 39.000 in the all-around at MIC Championships to place third overall...Had a team-high 25 scores of 9.700 or better...Had four event victories on the season...Scored a season-best 9.875 on the beam vs. Illinois State (3/9)...Scored a season-best 9.825 on bars at Texas Woman's (2/23)...Had season-highs of 9.750 on the vault (1/12) and 9.775 on the floor (3/22)...Placed on the MIC Scholastic All-Conference team.

Club: Spent three seasons as a Level 10 gymnast...Qualified for Junior Olympic Nationals three times...Posted three-straight top-three finishes in the all-around at the state championships...Finished fourth in the all-around at the 2013 regional meet...Placed 16th in the floor exercise (9.600) at nationals in 2013...





GYMNAST PROFILES

Alyssa **TUCKER**



Southeast Missouri State **REDHAWKS**



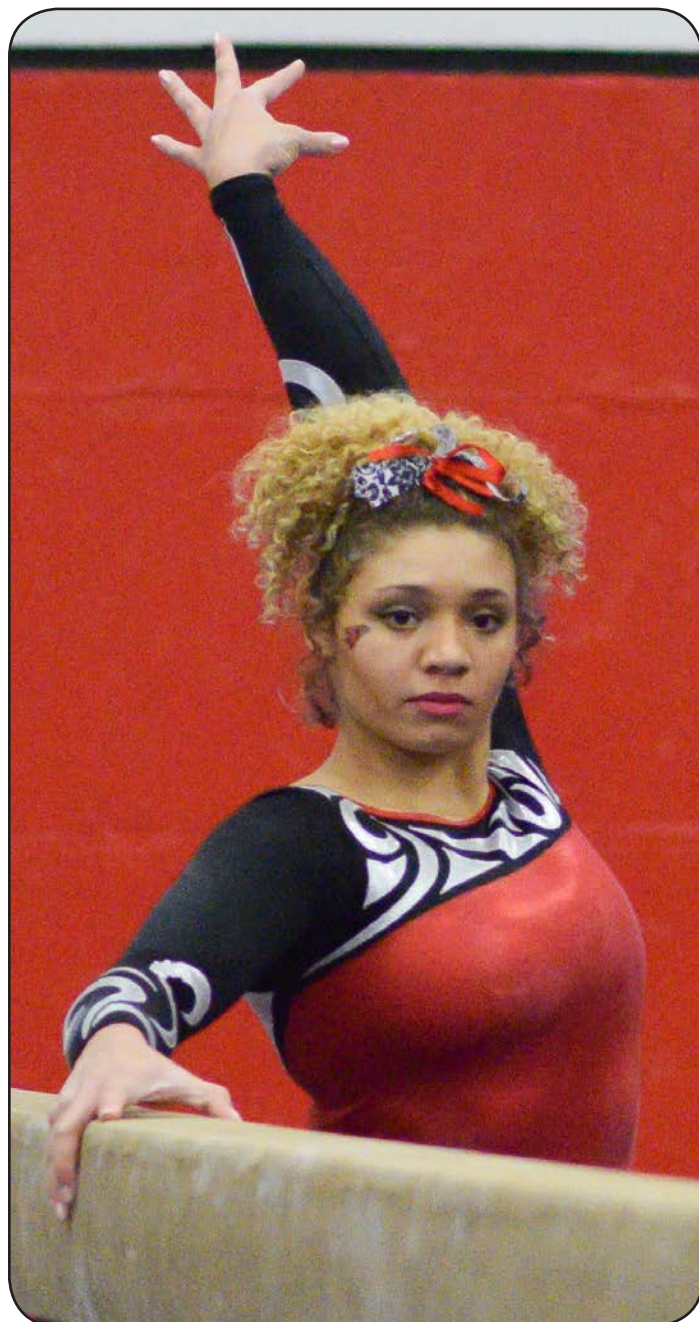
Alexis Brawner

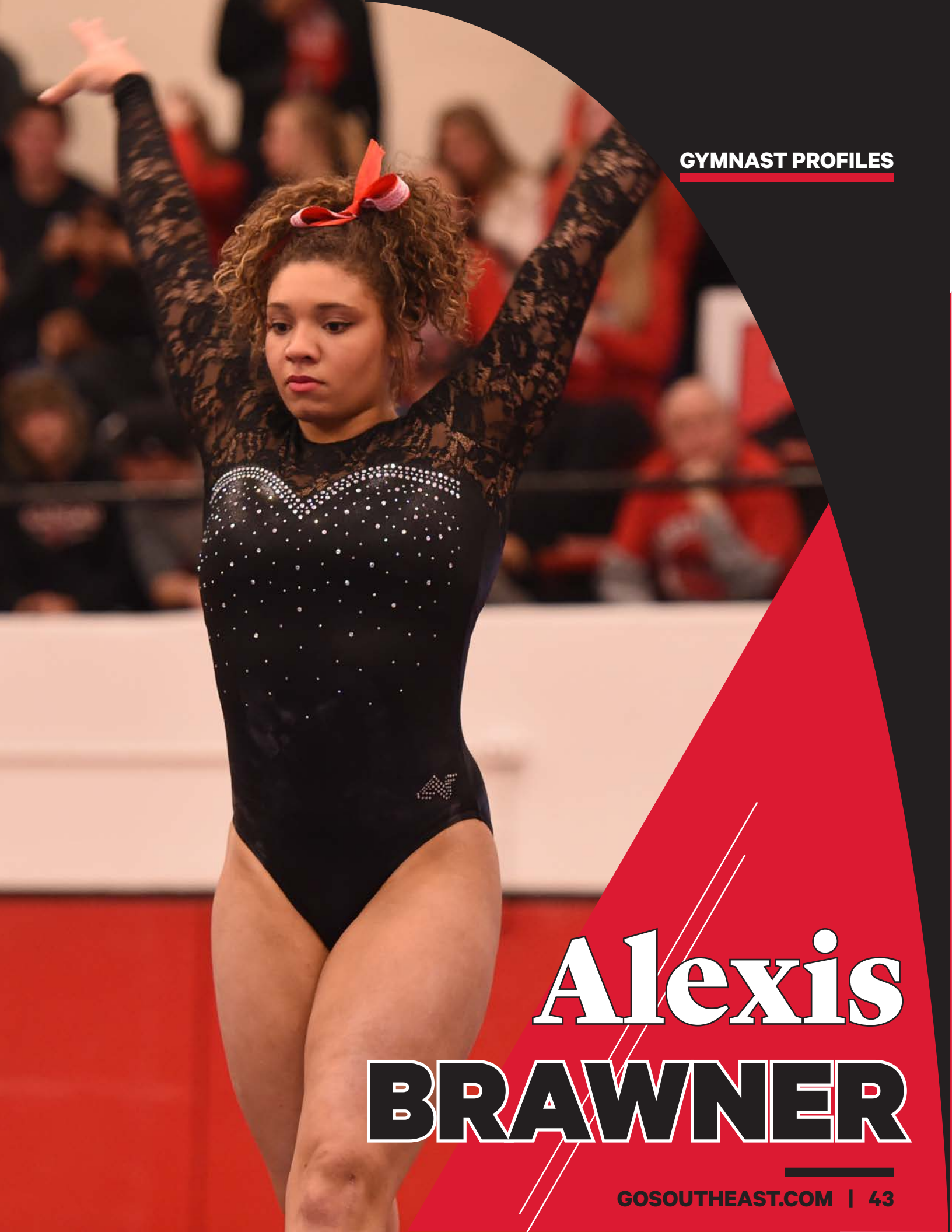
Sophomore 5-2
Chesterfield, Mich.
Hunts' Gymnastics Academy

2015: Competed in all 12 meets on vault...Also saw action on balance beam in final 10 meets and competed in uneven bars at the MIC Championships (3/21)...Recorded 13 scores of 9.700 or higher, which ranked fifth on the squad...Season-high 9.850 on vault at No. 10 Oklahoma (1/23), which tied for the second-best score of the season...Season-best 9.725 on beam at Illinois-Chicago (3/15)...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

Club: 2010 Level 9 vault and floor exercise national champion while training with Hunts' Gymnastics Academy in Harrison Township, Michigan...Finished second nationally in the Level 9 all-around in 2010...Regional vault and all-around champion in 2010...2011 NIT qualifier...Chicago style vault, floor and all-around champion and regional qualifier in 2013...Coached by Shannon Hunt...Graduated from Anchor Bay High School in Fair Haven, Michigan, where she was an honor roll student with a 3.8 grade point average.

Personal: Born Sept. 14, 1996...Daughter of Quincy and Heather Brawner...Majoring in Pre-Medicine.





GYMNAST PROFILES

Alexis **BRAWNER**



Southeast Missouri State **REDHAWKS**



Jordan Clark

Sophomore 5-2
Wentzville, Mo.
Stacey's Gymnastics

2015: Competed in all 12 meets on floor exercise and 11 meets on vault...Recorded three scores of 9.700 or higher...Season-high 9.800 on floor at Ohio State (2/28)...Season-best 9.650 on vault at the MIC Championships (3/21).

Club: State, regionals and NIT qualifier as a junior and senior while training with Stacey's Gymnastics in Wentzville, Missouri...Finished eighth on vault at the Western Nationals as a junior...Became the first gymnast in Stacey's history to earn a spot on a collegiate roster...Graduated from Timberland High School in Wentzville.

Personal: Born Feb. 4, 1996...Daughter of George and Starr Clark...Majoring in Pre-Physical Therapy.





GYMNAST PROFILES

Jordan **CLARK**



Southeast Missouri State **REDHAWKS**



Brittany Hadj-Romdhane

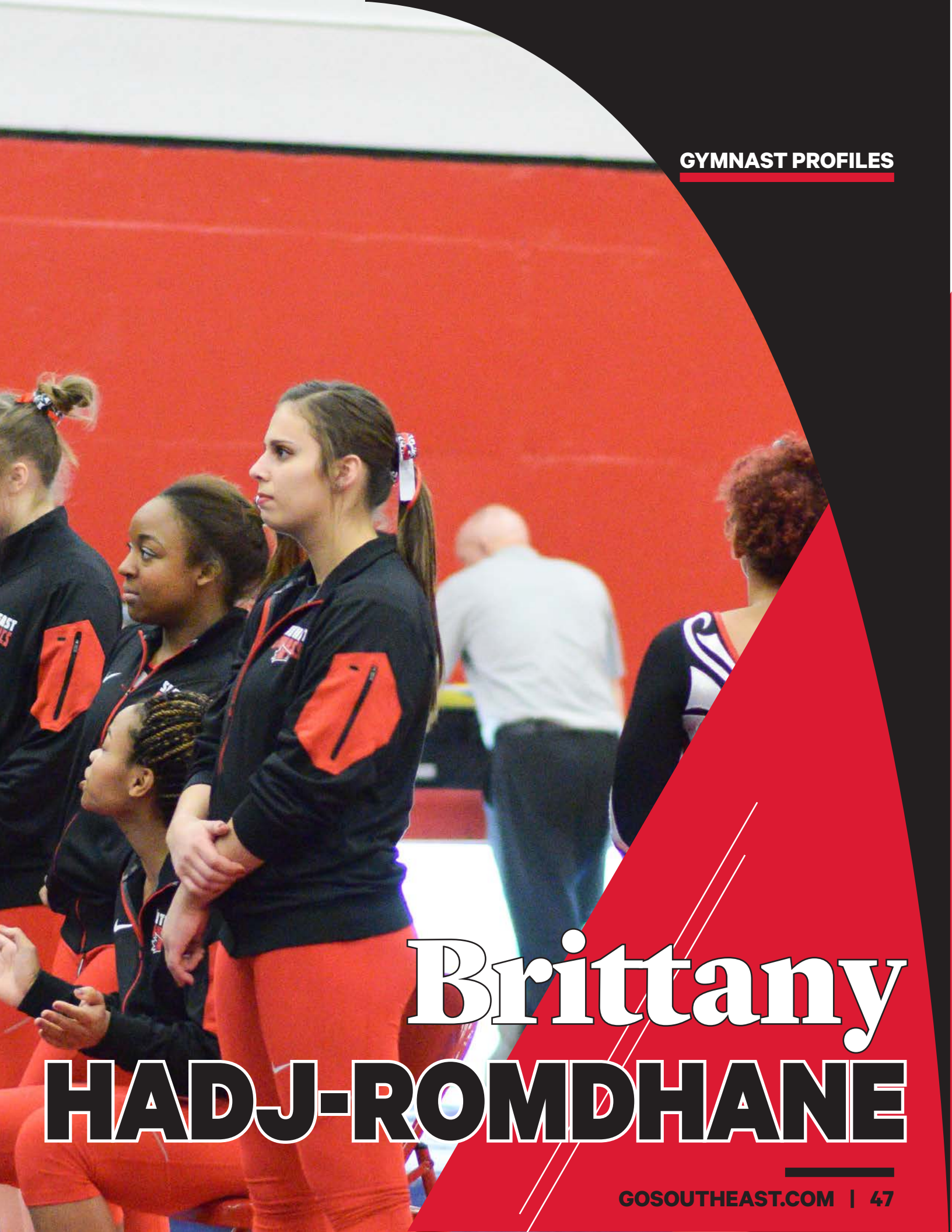
Sophomore 5-2
Woodbury, Minn.
Rising Stars Gymnastics

2015: Redshirted while rehabbing a knee injury suffered during the preseason...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

Club: Registered Level 10 high scores of 37.375 in all-around, 9.625 on floor exercise, 9.575 on balance beam and vault and 8.975 on bars while competing for Rising Stars Gymnastics Academy in Oakdale, Minnesota...Champion of 2013 Winter Challenge in the all-around and finished second at the 2013 Gopher Invite... Finished third in the all-around and on beam at the 2012 Level 10 state meet...Collected a second place finish on beam at the 2012 regional meet...Placed third on vault and floor exercise and eighth in all-around at the 2011 Level 10 JO NIT meet...2010 Region 4 all-around and beam champion...Finished first on vault and second in the all-around at the 2010 Western Nationals... Graduated from Woodbury (Minn.) High School, where she was a member of the National Honor Society and earned an academic letter in all four years of her prep career.

Personal: Born Nov. 27, 1995...Daughter of Ilyess and Sharon Hadj Romdhane...Both parents graduated from Penn State...Majoring in Dietetics...Lived in France for three years.





Brittany **HADJ-ROMDHANE**



Southeast Missouri State **REDHAWKS**



Jessica Hawks

Sophomore 5-4
O'Fallon, Mo.
Team Central Gymnastics

2015: Did not compete...Participated in a balance beam exhibition at No. 1 Oklahoma (1/23)...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

Club: Three-time level 9 all-around state champion while competing for Team Central Gymnastics Academy in Maryland Heights, Mo...Two-time qualifier for the Western Regionals, where she placed second in the floor exercise...Coached by Tom Stevens and Amy Roberts...Graduated cum laude with a 3.96 grade point average from Fort Zumwalt North High School in O'Fallon, Missouri...Positive peer influence mentor.

Personal: Born Feb. 7, 1996...Daughter of Greg and Marcie Hawks...Majoring in Nursing...Has two older siblings, Ashlie and Alec, and two younger siblings, Grace and Colton.



GYMNAST PROFILES

CODE Push one
BLUE of cpi
Jessie is
the competition

Jessica HAWKS



Southeast Missouri State **REDHAWKS**



Jaden Miller

Sophomore 5-5
Dublin, Ohio
Universal Gymnastics

2015: Did not compete...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

Club: Level 10 vault state champion while competing for Universal Gymnastics, Inc., in Hilliard, Ohio...Level 9 Eastern Nationals qualifier and finished fourth in floor exercise...Two-time NIT Level 10 qualifier with a fourth place finish on balance beam and placed eighth in the all-around...Coached by Dave Anthony, Becky Cox and Bill Widman...Earned Celebration of Excellence recognition at Dublin (Ohio) Coffman High School, where she was an honor roll student with a 3.4 grade point average.

Personal: Born Oct. 7, 1995...Daughter of Jason and Robin Miller...Has two younger brothers, Jacey and Rainevan...Majoring in Exercise Science/Pre-Physical Therapy.



GYMNAST PROFILES



Jaden
MILLER



Southeast Missouri State **REDHAWKS**



McKenna Stanley

Sophomore 5-3
San Antonio, Texas
Aerial Gymnastics

2015: Competed in all 12 meets on the uneven bars, three meets on vault and one on floor exercise... Registered four scores of 9.700 or higher...Season-high 9.850 on bars vs. Centenary (3/6)...Season-best 9.575 on vault vs. Texas Woman's (2/15)...Made debut on floor at Oklahoma (1/23)...Named to the MIC Scholastic All-Conference team...Southeast Scholar-Athlete.

Club: State and Region 3 finalist while competing for Aerial Athletics in San Antonio, Texas...JO NIT champion on uneven bars and in vault...Most Improved Level 10 Gymnast...State and Region 3 finalist as a junior...Level 10 Coaches Award recipient...State finalist as a sophomore and finished second in the vault and third in all-around and bars in Region 3... Second-place finish at state in bars and fourth in all-around as a freshman...Finished third in bars and fourth in the all-around at Western Nationals as a freshman...Received the Most Improved Level 9 and underclassman honor...Coached by Heather Schnelzer and Mike Durante...Graduated from Claudia Taylor "Lady Bird" Johnson High School in San Antonio with a 4.4 grade point average, where she earned summa cum laude recognition and was a member of the National Honor Society...Also played soccer for the Western District champions and team that finished fourth in Texas in 2011.

Personal: Born June 9, 1996...Daughter of Lanyon and Kimberly Stanley...Both parents graduated from Texas-San Antonio...Has a younger brother, Mason, who is a golfer and kicker on his high school football team... Majoring in Exercise Science/Pre-Physical Therapy.



A female gymnast with brown hair in a bun with a pink bow is performing a handstand on a horizontal bar. She is wearing a black long-sleeved leotard and white wristbands. Her legs are extended horizontally to the left. The background shows a gymnasium with red bleachers and a white wall with an 'EXIT' sign. A large red triangle is overlaid on the bottom right of the image.

McKenna STANLEY



Southeast Missouri State **REDHAWKS**



Allyson Bell

Freshman 5-8
Buford, Ga.
Gymnastix Training Center

Club: State and Regional qualifier all four years...State champion on vault, bars and all-around as a freshman...Named second alternate for Eastern Nationals...Team named Georgia Club of the Year...Graduated from Mill Creek High School with honors...Member of National Spanish Honors Society, Key Club and iLead.

Personal: Born Dec. 17, 1996...Daughter of Don and Amy Bell...Currently undecided on a major.



A full-page photograph of a young woman, Allyson Bell, in a dynamic pose on a grassy hill. She is wearing a black Nike jacket and red leggings. Her right arm is raised high, and her left arm is extended horizontally. In the background, a large cable-stayed bridge spans a body of water under an overcast sky. The image is framed by a large red triangle on the right side.

GYMNAST PROFILES

Allyson
BELL



Southeast Missouri State **REDHAWKS**



McKinzie Jones

Freshman 5-5
Destin, Fla.
Alabama Elite

Club: State and Regional qualifier all four years... Eastern National qualifier as a freshman...Qualified for NITs during her sophomore and junior campaigns... Graduated Summa Cum Laude from Fort Walton Beach High School.

Personal: Born June 11, 1997...Daughter of K.C. and Minda Jones...Majoring in Nursing...Brother, Kevin Jones, plays collegiate baseball at Jefferson Davis CC.





McKinzie JONES



Southeast Missouri State **REDHAWKS**



Olivia Vincent

Freshman 4-11
Columbia, Mo.
Show-Me Gymnastics

Club: Regional qualifier all four years...As a freshman, won regionals on vault and floor...State and Regional vault champion during sophomore campaign... Member of Show-Me Gymnastics and coached by Kathy Sanford...Graduated Magna Cum Laude Hallsville High School and ranked sixth in her class.

Personal: Born June 25, 1997...Daughter of Jeff and Sara Vincent...Majoring in Exercise Science.





GYMNAST PROFILES

Olivia VINCENT

MIC

CHAMPIONSHIPS

**March 19th • 4 P.M.
Houck Field House
Cape Girardeau, Mo.**



***Date and time subject to change**



RECORDS & HISTORY



Southeast Missouri State **REDHAWKS**

Team Records

Team Score

1. vs. Iowa (3/14/97) 196.025
2. vs. Air Force (3/14/09) 195.700
3. vs. Illinois St. (3/11/97) 195.650
4. vs. Ball State (2/19/09) 195.500
5. vs. Centenary (2/14/04) 195.350
at MIC Championships (3/29/03)
7. at MIC Championships (3/22/14) 195.275
8. vs. Eastern Michigan (2/27/97) 195.225
9. vs. Iowa (3/19/10) 195.125
10. vs. Texas Woman's (2/19/11) 195.075

Vault

1. vs. Seattle Pacific (2/18/95) 49.000
2. vs. Alaska Anchorage & Illinois-Chicago (2/9/14) 48.975
3. at MIC Championships (3/21/15) 48.950
at MIC Championships (3/22/14)
4. vs. Illinois State (2/11/11) 48.925
5. vs. Iowa (2/02/08) 48.900
at MIC Championships (3/23/13)
7. at Southern Utah (2/25/08) 48.875
8. vs. Missouri (2/22/97) 48.850
at Iowa (2/10/95)
10. at Oklahoma (1/23/15) 48.825
vs. Illinois State (2/13/09)
at Illinois-Chicago (3/20/08)

Uneven Bars

1. at MIC Championships (3/22/14) 49.250
2. vs. Air Force (3/14/09) 49.175
3. vs. Iowa (3/14/97) 49.025
vs. BYU (2/13/10)
at Kent St. (3/15/13)
vs. Illinois State (3/9/14)
7. vs. Centenary (3/6/15) 49.000
vs. Hamline (1/30/04)
at Illinois State (3/17/03)
9. vs. Centenary (2/10/08) 48.975
10. vs. Ball State (2/19/09) 48.950
at Texas Woman's (2/23/14)

Balance Beam

1. at MIC Championships (3/29/03) 49.375
2. at Northern Illinois (3/11/01) 49.275
3. vs. Illinois St. (3/2/01) 49.200
4. vs. Texas Woman's (2/19/11) 49.025
5. vs. Hamline (1/30/04) 49.000
6. vs. Air Force (3/14/09) 48.975
7. vs. Denver (1/28/11) 48.900
8. vs. Bowling Green (1/23/04) 48.850
at NIT (4/12/93)
vs. Centenary (3/6/11)

Floor Exercise

1. vs. Centenary (2/14/04) 49.500
vs. Illinois St. (3/11/97)
3. vs. Iowa (3/14/97) 49.475
4. at MIC Championships (3/29/03) 49.450
5. vs. Illinois State (2/13/09) 49.350
6. vs. Southern Utah & Centenary (1/30/09) 49.275
7. Showcase of the Arts (2/21/99) 49.250
8. at Illinois St. (3/17/03) 49.225
9. vs. Ball State (2/19/09) 49.150
10. Outback Invitational (3/7/10) 49.175

The 2009 Redhawks gymnastics team set the team record on bars against Air Force on March 14, 2009 with a score of 49.175. In that same meet, the team finished with a final score of 195.700, which ranks second on the all-time charts. The 2009 team appears on the team top-10 records list nine times.



Individual Records

All-Around

1. Ashley Godwin (3/29/03).....39.550
2. Erin Chenier (3/14/97)39.525
3. Ashley Godwin (2/14/04).....39.450
4. Erin Chenier (3/11/97)39.425
5. Ashley Godwin (2/21/04)39.350
6. Sandra Blake (3/14/09).....39.325
7. Ashley Godwin (3/23/02).....39.275
Erin Chenier (1/27/97)
9. Erin Chenier (3/8/97)39.250
10. Ashley Godwin (1/30/04).....39.225
Vanessa Simmons (3/24/95)

Vault

1. Kate Farrington (twice, last 3/18/97)10.000
3. Kate Farrington (3/11/95).....9.950
4. Kate Farrington (3/14/97).....9.925
Megan Fosnow (3/23/13)
6. **Ashley Thomas (3/21/15)**.....9.900
Kate Farrington (3/10/95)
Megan Fosnow (2/9/14)
Brianna Gaddie (twice, last 3/19/11)
10. Sandra Blake (2/2/08)9.875
Katie Bloom (1/25/04)
Erin Chenier (twice, last 3/9/98)
Kate Farrington (twice, last 2/15/97)
Megan Fosnow (twice, last 3/914)
Brianna Gaddie (3x, last 2/5/11)
Taylor Huey (2/24/12)
Rena Parr (2/18/95)

Uneven Bars

1. Ashley Godwin (2/14/04).....9.925
Malia Roberts (2/21/99)
3. Erin Chenier (2/27/97)9.900
Amy Cole (2/17/02)
Kristin Frohlich (twice, last 3/22/97)
Ashley Godwin (2/17/02)
Jacqueline Heath (2/10/08)
Lauren Israel (3/22/14)
Emily Mann (3/14/09)
Christina Sundgren (twice, last 3/19/11)
Tayrn Vanderpool (twice, last 3/22/14)

Balance Beam

1. Ashley Godwin (3/29/03).....9.975
2. Tara Boldt (3/29/03).....9.925
Kristin Frohlich (3/22/97)
Ericka Harrison (3/22/97)
5. Taylor Westrick (twice, last 4/7/12)9.900
Tara Boldt (2/21/04)
Ashley Godwin (2/21/04)
Tara Boldt (1/25/04)
Stephanie Furman (3/1/01)
Michelle Walker (3/11/01)
Malia Roberts (twice, last 3/22/97)
Erin Chenier (1/27/97)

Floor Exercise

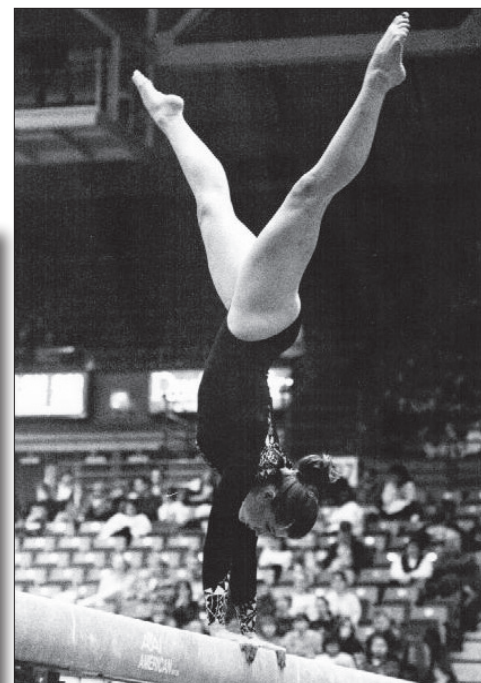
1. Ashley Godwin (2/14/04).....10.000
Erin Chenier (3/14/97)
Kate Farrington (twice, last 3/14/97)
5. Alexis Traylor (2/14/04).....9.950
Kate Farrington (3/24/95)
7. Brianna Gaddie (twice, last 3/7/10).9.925
Sandra Blake (2/19/09)
Alexis Traylor (1/25/04)
Ashley Godwin (twice, last 4/12/03)
Stephanie Furman (3/24/01)
Kim Carter-Newell (3/19/94)



Ashley Godwin holds the school record in uneven bars, beam and all-around.



Kate Farrington owns the five best vault scores in school history, including a perfect 10.000 on two occasions.



Kristin Frohlich ranks second all-time on beam and third on bars.



Southeast Missouri State **REDHAWKS**

MIC Champions & Awards

1992 Vanessa Simmons..... All-Around Heather Markle Uneven Bars Tricia Wells..... Uneven Bars	2008 Sandra Blake Floor Exercise	Gymnast of the Year Tara Boldt2005 Sandra Blake2006 Rikara Turner2009
1996 Kate Farrington Vault Floor Exercise	2009 Sandra Blake Vault Floor Exercise All-Around	Newcomer of the Year Allison Ezell2005 Sandra Blake2006 Rikara Turner2007 Alyssa Tucker.....2014
1997 Erin Chenier..... Vault Kate Farrington Vault	2010 Emily Mann Uneven Bars	
1998 Malia Roberts..... Uneven Bars All-Around	2011 Brianna Gaddie..... Vault Floor Exercise Christina Sundgren Uneven Bars All-Around Taylor Westrick..... Balance Beam	Senior Gymnast of the Year Christina Sundgren.....2011
2001 Stephanie Furman Vault	2012 Taylor Westrick..... Balance Beam	Coach of the Year Tom Farden.....2006 Tom Farden.....2007 Tom Farden.....2008 Tom Farden.....2009
2002 Ashley Godwin..... Uneven Bars	2013 Taryn Vanderpool Uneven Bars	Assistant Coach of the Year Brogan Evanson.....2008 Jessie Kinder-Vasquez2011 Sarah Shire Brown2014
2003 Ashley Godwin..... Balance Beam Floor Exercise All-Around	2014 Chelsi Hamilton..... Floor Exercise Lauren Israel Uneven Bars Ashley Thomas..... Vault	
2004 Tara Boldt Balance Beam		
2007 Jena Nguyen..... Floor Exercise		



Division I Postseason

NCAA Division I National Qualifiers

1991

Cheri Peterson.....Uneven Bars; 15th

2012

Taylor Westrick.....Balance Beam; 28th

NCAA Division I Regional Qualifiers

1992

Team.....6th

1993

Team.....7th

1994

Kim Carter-Newell.....All-Around; 18th

1995

Team.....7th

1996

Erin Chanier.....All-Around; 25th

1997

Team.....7th

1998

Erin Chanier.....All-Around; 14th

Malia Roberts.....All-Around; 16th

1999

Stephanie Furman.....Vault; 34th

Malia Roberts.....Uneven Bars; 28th

2000

Stephanie Furman.....Vault;

Malia Roberts.....Uneven Bars;

2002

Ashley Godwin.....All-Around; 11th

Michelle Walker.....Floor Exercise; 21st

2003

Ashley Godwin. All-Around; 19th (2nd Floor)

2004

Tara Boldt.....All-Around; 11th

Ashley Godwin.....All-Around; 21st

Alexis Traylor.....Floor Exercise; 20th

2005

Katie Bloom.....All-Around; 17th

Tara Boldt.....All-Around; 13th

2006

Team.....5th

2007

Sandra Blake.....All-Around; 19th

Jena Nguyen.....Balance Beam; 8th

Rikara Turner.....All-Around; 20th

Bryanna Wong.....All-Around; 16th

2008

Team.....5th

2009

Sandra Blake.....All-Around; 15th

Brianna Gaddie.....Floor Exercise; 14th

Christina Sundgren.....Uneven Bars; 36th

Rikara Turner.....All-Around; 16th

2010

Brianna Gaddie.....Floor Exercise; 12th

Jordan Salsberg.....All-Around; 17th

Rikara Turner. All-Around; Did Not Compete

2011

Brianna Gaddie.....Vault; 30th

Christina Sundgren.....Uneven Bars; 11th

Taylor Westrick.....All-Around; 17th

2012

Megan Fosnow.....All-Around; 17th

Taylor Westrick.....Balance Beam; 1st

2013

Taryn Vanderpool.....All-Around; 12th

2014

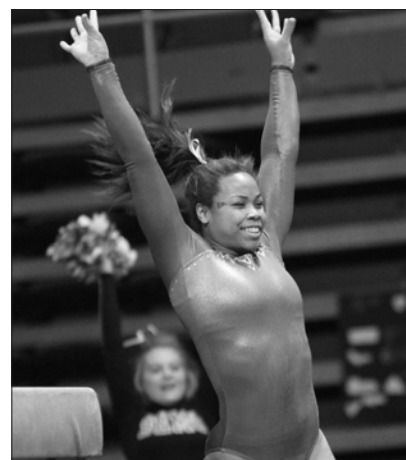
Alyssa Tucker.....All-Around; 7th

Taryn Vanderpool.....All-Around; 13th

2015

Ashley Thomas.....All-Around; 9th

*2015 Honorees in **Bold***





Southeast Missouri State REDHAWKS

NATIONAL CHAMPIONS



Diana Morris
1988 USGF DII
Beam Champion



Kim Carter-Newell
1991 USGF DII
Floor/Bar Champion



Cheri Peterson
1991 USGF DII
Vault/All-Around Champion



Alicia Thier
1995 NIT
Beam Champion



Erin Chenier
1995 NIT
Beam Champion

ALL-AMERICANS

Gymnast

Gymnast	Event	Year
Aimee Bernier	Beam	1990-91
Sandra Blake	Academics	2008-09
Kim Carter-Newell	Vault/Bars/Beam/Floor/All-Around	1991
Ginger Dukes	Vault	1990
Wendy Facklam	Vault/Beam	1988-89
Sandra Foster	Vault/Bars/Floor	1985-86
Margaret Heidbrier	Vault	1984
Tammy Hener	Beam	1987
Debbie Holtgrieve	Beam	1982
Jean Kless	Bars	1985-87
Diana Morris	Vault/Bars/Beam/Floor/All-Around	1984-88

Gymnast

Gymnast	Event	Year
Jeanne Nass	Beam	1982
Toni Niemiec	Beam	1982
Cheri Peterson	Vault/Bars/Beam/Floor/All-Around	1988-91
Jill Prystalski	Beam/Floor	1990-91
Laurie Schoenbaum	Beam/Floor	1983-84
Jennifer Schutt	Floor	1989
Jocelyn Scroggins	Vault	1990
Vanessa Simmons	Bars	1991
Vici Strini	Bars	1984
Trace Walsh	Bars/Beam/All-Around	1987
Traci Willis	Vault	1991



Aimee Bernier

Bernier was a two-time All-American on the balance beam.



Jocelyn Scroggins

Scroggins garnered All-American honors on the vault in 1990.



Diana Morris

Morris was a five-time All-American from 1984-88.



Sandra Blake

Blake became the first Academic All-American in school history following the 2008 season.

Team Champions & Honors

MIC Champions

1997
2009
2011
2014

NCAA Division I Regionals

1992
1993
1995
1997
2006
2008

USGF Division II National Champions

1987
1991

AIAW/NCAA/USGF Division II

Nationals

1980
1981
1982
1983
1984
1985
1986
1987
1988
1989
1990
1991

NCAA/USGF Division II Regional Champions

1982
1983
1984
1985
1986
1987
1988
1989

NCAA/USGF Division II Regionals

1980
1981
1982
1983
1984
1985
1986
1987
1988
1989
1990
1991

NACGC/W Academic National

Champions

2007
2008
2009
2011



The 1987 team won the USGF Division II National Championship behind four All-Americans. That team was inducted into the Southeast Missouri Hall of Fame in 2004.



In its final Division II season, Southeast won its second USGF Division II title and had six All-Americans. Cheri Peterson qualified for the NCAA Division I Individual Championships on uneven bars. That team was inducted into the Southeast Missouri State Hall of Fame in 2003.



Southeast Missouri State REDHAWKS

Year-by-Year Dual Records

Year	Head Coach	Record	Conference Finish	Regionals	Nationals
1976	Sarah Stensil	2-5	-	-	-
1977	Jon Rose	1-4	-	-	-
1978	Jon Rose	1-5	-	-	-
1979	Jon Rose	7-9	-	-	-
1980	Bill Hopkins	9-2	-	4th	10th AIAW
1981	Bill Hopkins	20-4	-	2nd	8th AIAW
1982	Bill Hopkins	31-8	-	1st	3rd NCAA-II
1983	Bill Hopkins	36-10	-	1st	3rd NCAA-II
1984	Bill Hopkins	20-6-1	-	1st	2nd NCAA-II
1985	Bill Hopkins	20-5	-	1st	2nd NCAA-II
1986	Bill Hopkins	13-6	-	1st	2nd NCAA-II
1987	Bill Hopkins	16-10	-	1st	1st USGF-II
1988	Bill Hopkins	24-6	-	1st	2nd USGF-II
1989	Bill Hopkins	23-9	-	1st	3rd USGF-II
1990	Bill Hopkins	28-11	-	6th	2nd USGF-II
1991	Bill Hopkins	36-8	-	4th	1st USGF-II
1992	Bill Hopkins	19-10	2nd MIC	6th	-
1993	Bill Hopkins	27-14	2nd MIC	7th	2nd NIT
1994	Bill Hopkins	16-17	4th MIC	-	5th NIT
1995	Bill Hopkins	19-17	3rd MIC	7th	3rd NIT
1996	Bill Hopkins	18-16	2nd MIC	-	3rd NIT
1997	Bill Hopkins	24-14	1st MIC	7th	2nd NIT
1998	Kris Buchheister	14-8	2nd MIC	-	-
1999	Kris Buchheister	12-12	3rd MIC	-	-
2000	Patty Stotzheim	5-15	3rd MIC	-	-
2001	Patty Stotzheim	10-11	2nd MIC	-	-
2002	Patty Stotzheim	9-11	3rd MIC	-	-
2003	Patty Stotzheim	11-13	4th MIC	-	-
2004	Tom Farden	15-7	2nd MIC	-	-
2005	Tom Farden	6-11	4th MIC	-	-
2006	Tom Farden	10-11	3rd MIC	6th	-
2007	Tom Farden	17-9	3rd MIC	-	-
2008	Tom Farden	9-7	2nd MIC	5th	-
2009	Tom Farden	14-3	1st MIC	-	-
2010	Kristi Ewasko	18-7	3rd MIC	-	-
2011	Kristi Ewasko	12-8	1st MIC	-	-
2012	Kristi Ewasko	2-15	5th MIC	-	-
2013	Kristi Ewasko	8-9	3rd MIC	-	-
2014	Kristi Ewasko	16-5	1st MIC	-	-
2015	Kristi Ewasko	5-10	4th MIC	-	-
40 years	7 Head Coaches	603-388-1			

ALL-TIME COACHING RECORDS

Head Coach	Record	Years
Sarah Stensil	2-5	1
Jon Rose	9-18	3
Bill Hopkins	399-173-1	18
Kris Buchheister	26-20	2
Patty Stotzheim	35-50	4
Tom Farden	71-48	6
Kristi Ewasko	61-54	6



Under the helm of Bill Hopkins the Southeast Missouri State gymnastics program won two USGF D-II National Championships (1987 & 1991) and recorded five top-three NCAA D-II National Championship finishes.

Dual Records vs. Opponents

Air Force..... 11-1	Maryland 1-0	UC Davis.....2-0
Alabama.....0-10	Massachusetts..... 1-0	Valparaiso 17-0
Alaska Anchorage..... 6-0	Memphis1-2	Washburn..... 5-0
Arkansas.....0-2	Miami (Fla.) 1-0	Washington.....0-2
Arizona0-3	Michigan2-7	West Virginia..... 1-2
Auburn.....2-13	Michigan State.....2-10	Western Illinois 4-2
Ball State.....19-9	Minnesota2-3	Western Kentucky 1-0
Bemidji State..... 1-0	Minnesota State, Mankato.....2-0	Western Michigan..... 7-4-1
Boise State 4-4	Missouri..... 8-30	Wheaton13-0
Bowling Green7-4	Morehead State..... 1-0	William & Mary2-0
Bridgeport 6-0	Murray State 1-0	Winona..... 25-2
Brigham Young1-5	Nebraska1-4	Wisconsin..... 1-3
Cal Poly3-1	New Hampshire..... 3-2	Wisconsin-Eau Claire 1-0
Cal State Fullerton.....0-1	North Carolina.....1-1	Wisconsin-La Crosse 10-0
Centenary 36-5	Northeastern..... 1-0	Wisconsin-Oshkosh 14-0
Central Arkansas.....3-0	Northern Colorado 4-0	Wisconsin-Platteville 1-0
Central Michigan2-5	Northern Illinois..... 21-16	Wisconsin-Stout.....3-0
Central Missouri..... 1-0	Northern Iowa 1-0	Wisconsin-Whitewater2-0
Cornell2-0	Northern Michigan 7-0	Yale 1-0
Denver 1-6	Northwestern.....2-0	
DuPage..... 1-0	Notre Dame 1-0	
Eastern Illinois..... 1-0	Ohio State.....1-5	
Eastern Michigan.....8-3	Oklahoma..... 1-7	
Emporia State.....3-0	Oral Roberts 1-0	
Florida0-4	Oregon State.....0-2	
Fort Hays State12-0	Penn State.....0-3	
Georgia College.....3-0	Pittsburgh.....0-1	
George Washington 1-0	Purdue 1-0	
Gustavus 1-0	Rutgers.....2-0	
Hamline.....3-0	Sacramento State 0-1	
Harding 1-0	San Jose State..... 1-0	
Houston Baptist.....3-3	St. Ambrose..... 1-0	
Illinois 7-16	Seattle Pacific 10-1	
Illinois-Chicago..... 37-25	South Dakota State..... 1-0	
Illinois State..... 58-28	Southern Arkansas 6-0	
Indiana5-1	Southern Connecticut..... 1-0	
Indiana (Pa.)3-3	Southern Illinois6-5	
Indiana State.....3-2	Southern Utah.....1-1	
Iowa 18-9	Springfield 1-0	
Iowa State 5-8	TCU 1-0	
Jacksonville State.....6-2	Temple..... 1-0	
Jefferson State 1-0	Tennessee 1-0	
Kent State.....1-5	Texas 0-1	
Kentucky4-7	Texas A&M..... 1-0	
Lindenwood 4-1	Texas State3-0	
Louisiana State..... 1-10	Texas Woman's49-16	
Louisville1-9	Towson2-1	



Southeast Missouri State **REDHAWKS**

All-Time Letterwinners

Danyelle Aber (2005-07)
Michelle Albury (2002-03)
Shelly Allison (1987)
Jessica Bagwill (1999-02)
Kelly Baldridge (2003-05)
Patty Barrow (1984-86)
Laurie Bartelt (1995)
Cheryl Bauer (1978-79)
Mary Bentrup (1977-79)
Aimee Bernier (1990-93)
Sandra Blake (2006-09)
Katie Bloom (2002-05)
Tara Boldt (2003-06)
Erin Brady (2012-15)
Rebekah Brajcki (1995-98)
Alexis Brawner (2015)
Sarah Brillhart (2011)
Jennifer Brittain (1994)
Carol Brommer (1977)
Nadine Brown (1987)
Heather Browning (1997-00)
Rachel Buckner (1990-92)
Gina Bufe (1984-87)
Kelly Burns (1983-84)
Donna Carr (1990-92)
Kim Carter (1991, 1994)
Erin Chenier (1996-99)
Jordan Clark (2015)
Amy Cole (2000-03)
Talia Cover (2002-03)
Aaron Craig (1996-99)
Gail Crumpecker (1977)
Suzanne Daher (1985)
Karen DeSalvo (1978-79)
Linda Deitz (1978-81)
Jennifer Dinan (2006-09)
Lauren Dinan (2008-10)
Jacklyn Doebbler (2001-04)
Maureen Dougherty (1981)
Jessica Dunbar (1997-00)
Ginger Dukes (1989-90)
Paula Dusenberry (1984-85)
Crystal Eberhardt (2002-05)
Cari Egbert (1997-00)
Lisa Enge (1981)
Tanya Etie (1995)
Alison Ezell (2005-08)
Wendy Facklam (1988-90)
Kate Farrington (1994-97)
Andrea Farris (1997)
Kendra Farris (1997)
Cindy Feaster (1980-82)

Anna Fink (2002-03)
Megan Fosnow (2011-14)
Cindy Foster (1986-87)
Sandra Foster (1983-86)
Kristin Frohlich (1995-98)
Stephanie Furman (1999-02)
Traci Flippo (2002-04)
Brianna Gaddie (2008-11)
Amber Garlotte (2007-10)
Emma Garrett (2011-12)
Amanda Gdovicak (1997-99)
Tamara Gent (2012)
Kara Gibbons (2008-10)
Julie Gilbert (1980-81)
Ashley Godwin (2001-04)
Nancy Greco (1982-83)
Caralyn Grigo (1978-81)
Maureen Grimaldi (2006-08)
Amanda Grimes (2003-06)
Leigh Guemmer (1978-81)
Cheryl Hagene (1994-95)
Leah Halleman (1986-87)
Chelsi Hamilton (2014-15)
Karen Hamilton (1999-02)
Ericka Harrison (1997-00)
Tiffany Hatfield (2003)
Lisa Heaman (1986-87)
Hayli Huiner (2013-14)
Jacqueline Heath (2007-11)
Margaret Heidbrier (1982-85)
Lexie Hein (2004-06)
Tammy Hener (1987-90)
Debbie Holtgrieve (1983-84)
Gina Hoormann (1984)
Taylor Huey (2012-13)
Lisa Hughes (1986-87)
Gabrielle Isola (1981)
Lauren Israel (2014-15)
Carrie Johnson (1990-93)
Kathy Kahre (1978-79)
Kasey Karban (2001)
Jennifer Kaye (2005)
Meredith Keen (1997)
Alex King (2006)
Jean Klees (1984-87)
Karen Kohrs (1977)
Amy Kovacs (1990-93)
Melanie Krehl (1998-00)
Kelley Krengiel (2007-10)
Diane Laszczak (1988-89)
Jennifer Laszczak (1989)
Diane Lattimore (1993-95)

Lilly Le (2004)
Mindi Lineweber (2005)
Cristie Logan (1995-99)
Stephanie Maloney (1990-92)
Laura Mangan (1987)
Emily Mann (2009-10)
Nancy Marcotte (1978-79)
Heather Markle (1990-92)
Samantha Marrero (2011-14)
Chloe Marshall (2014-15)
Maureen McDonough (1981)
Lisa McFarland (1977)
Tami McGaugh (1982)
Wendi Meier (1985-88)
Marcy Meyers (1980)
Kelly Miller (1992-95)
Ami Mills (1983)
Paige Milroy (1989-92)
Traci Mitchell (2000)
Erica Moore (2008-11)
Diana Morris (1985-88)
Jeanne Nass (1982-83)
Leigh Nelson (1989)
Jena Nguyen (2007-10)
Toni Niemiec (1982-83)
Kim Oblak (1994)
Kim Oetter (1994-96)
Deanna Ogg (2003)
Margaret O'Neal (2011-12)
Megan Owen (1997-99)
Sarah Pack (1992-93)
Renae Parr (1993-95)
Maggie Paubel (2003)
Taylor Penzien (2013-15)
Cheri Peterson (1989-91)
Kimberly Pickerl (2011-14)
Raina Ponartz (1989)
Bristol Powelski (2004-06)
Laura Prentice (1988-89)
Jill Prystalski (1990-93)
Judy Pyle (1986-87)
Jaci Roberts (1977)
Kim Roberts (1990-91)
Malia Roberts (1997-00)
Traci Roberts (1988-92)
Lauren Ross (2000)
Chrissy Rushton (1989)
Jordan Salsberg (2010)
Tracey Sauls (1988)
Laurie Schenbaurn (1982-85)
Amanda Schoenbaum (2008-10)
Jennifer Schutt (1989-92)

Deanne Schwartz (1985)
Starlyn Schwartz (2006-09)
Jocelyn Scroggins (1987-90)
Angela Serafini (2011-12)
Heather Sharp (1994)
Dawn Shuda (1986-87)
Vanessa Simmons (1991-95)
Erica Smith (1995-99)
Kathy Smith (1998-01)
Sandi Smith (1980-83)
Christa Soekamto (2009-11)
Candace Spicer (2000-03)
McKenna Stanley (2015)
Kelsey Stauffer (2006-08)
Alexandria Stokes (2014-15)
Hazel Stricker (1997-98)
Vici Strini (1982-85)
Christina Sundgren (2008-11)
Alicia Their (1993-96)
Ashley Thomas (2014-15)
Erika Thomas (2006)
Alexis Traylor (2002-05)
Kathy Tronzo (1982-83)
Alyssa Tucker (2014-15)
Rikara Turner (2007-10)
Chelsea Unold (2006)
Taryn Vanderpool (2011-14)
Annette Vaughn (1988)
Carol Wade (1988-89)
Stephanie Walbran (1985)
Bailey Walker (2014-15)
Michelle Walker (1999-02)
Jen Wall (1997-98)
Trace Walsh (1986-87)
Natalie Watts (2004-05)
Patty Watts (1985-88)
Taylor Westrick (2011-12)
Tessa Whitaker (1987-90)
Alicia White (2001)
Shannon Williams (1991)
Traci Wills (1991-94)
Tricia Wills (1992)
Elenor Wilson (1999-02)
Bryanna Wong (2007-10)
Tammy Wyatt (1993-94)



***THIS IS
SOUTHEAST***

BRING YOUR BIG IDEAS.

**And make
them count.**

Your big ideas will be in good company here. Whatever you choose to study, chances are the program is at the head of its class. And if you're at the head of yours, you can join our honors program and elevate your learning experience even further.



SOUTHEAST MISSOURI
STATE UNIVERSITY • 1873



**SOUTHEAST BOASTS 20+ NATIONALLY
AND INTERNATIONALLY ACCREDITED
PROGRAMS, INCLUDING:**

- / ATHLETIC TRAINING
- / BUSINESS
- / CHEMISTRY
- / COMPUTER SCIENCE
- / DIETETICS
- / EDUCATION
- / ENGINEERING PHYSICS
- / INTERIOR DESIGN
- / MASS COMMUNICATION
- / MUSIC
- / NURSING
- / SOCIAL WORK
- / THEATRE



**GETTING INTO MEDICAL
SCHOOL ISN'T EASY —
WE JUST MAKE IT LOOK
THAT WAY. SOUTHEAST'S
PRE-MED STUDENTS ARE
ACCEPTED TO**

**medical
school well
above the
national
average.**

Like our students, Southeast faculty members come from around the country, hailing from leading institutions such as:

/ Boston Conservatory of Music
/ Carnegie Mellon University
/ Harvard University
/ Pennsylvania State University
/ Purdue University
/ Texas A&M University
/ Tulane University
/ University of Florida
/ University of Michigan
/ Vanderbilt University
/ Yale University



**COME HERE
AS A STUDENT.**

**And go
anywhere
as a
teacher.**

Southeast education graduates work as faculty members in school districts across the nation, and in more than 35 countries around the world.

1:21
faculty-
student
ratio

**Full-time
faculty**

**lead most classes, not
teaching assistants —
starting with freshman year.**

**THE DONALD L. HARRISON
COLLEGE OF BUSINESS
CONSISTENTLY MAKES THE
PRINCETON REVIEW'S LIST OF**

**top business
schools.**



ROLL UP YOUR SLEEVES AND GET DOWN TO BUSINESS.

Or education, public policy, communications or journalism — whatever your major, expect to learn a lot in class and even more in practice. And here, that practice happens on the latest technology and in real-world settings. You'll experiment and collaborate in just about all of your coursework. And you'll put new knowledge into action right from the start.



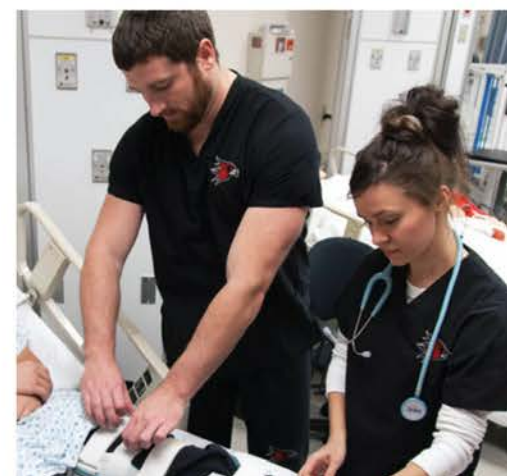
YOUR NEXT BIG IDEA could happen anywhere. But you'll give it legs and watch it run at **Catapult Creative House**, our student-run idea incubator and launchpad for innovation. Get to work in our creative labs, 3D modeling and printing gallery, and impact studio. It's where you'll turn your concepts into prototypes, your prototypes into products, and your products into sales.

THE BEST PLACE TO LEARN ABOUT U.S. POLICY is where it's actually being shaped. So you'll go to the **Center for Strategic and International Studies (CSIS) in Washington, D.C.**, for part of our University Studies course. For four exhilarating days, you'll work directly with researchers and consultants who advise national leaders. And if you're really on top of your game, you may end up influencing the strategies you've come to study.

INTERNSHIPS

RÉSUMÉS ARE BUILT—NOT WRITTEN.

The workforce is just that: a force. And it's one you'll meet head on at Southeast Missouri State. We'll help you find internships (that's plural on purpose) and coach you through any challenges or questions that come your way.



SET OUT AND JOIN IN.

Earn your wings early. Chew your way into campus history. Share your musical gift. Meet your new brothers or sisters. Whatever you do — whether it's joining a club or carrying on a tradition — just know that you won't do it alone (except the chewing part).

21

SOCIAL FRATERNITIES AND SORORITIES

Representing the IFC, Panhellenic and NPHC Councils. Many of them call Greek Hill home.

And in Fall 2016, a new Greek Village will open on campus, providing an expanded Greek community where thousands of students will make new memories of brotherhood and sisterhood.



180+ student groups

With organizations on campus from A (Adult Recess improv group) to Z (Zeta Phi Beta Sorority), there's something to meet every professional, social, recreational or religious interest. And if you can't find what you're looking for, form your own group.

We honor our heritage by sticking to our traditions.

Some of them, quite literally. For years, students have been making the trek up **Cardiac Hill** (a tradition in its own right) to add their chewing gum to our infamous **Gum Tree**.



MAKE ART THAT INSPIRES.

And do it on
a campus
that's equally
inspiring.



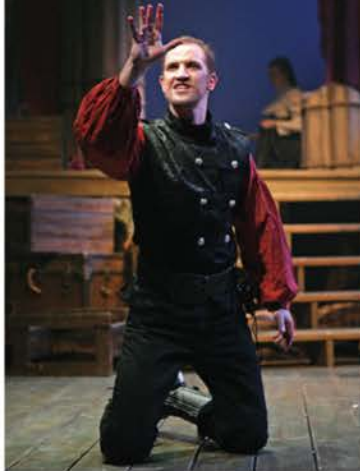
Built
our R
Miss
arts. I
in the
Perfo
Come
the la
breat

Dobbins River Campus Center

Inside this living-learning center, you can make a masterpiece, make dinner and make your bed without ever leaving the **River Campus**.

In addition to a residence hall, dining facilities and contemporary classrooms, the **Cultural Arts Center** offers professional-level theatres, costume and scene shops, music rehearsal and gallery space, and dance and art studios — each equipped to inspire ovation-worthy works of art.





on the banks of the Mississippi,
River Campus is the only one in
ouri dedicated entirely to the
But you don't have to be a student
e Holland School of Visual and
rming Arts to appreciate it.
e catch a performance. Explore
test exhibits. Or just enjoy the
htaking river views.

Five venues for exhibiting your
talent — including theatres, a
recital hall and galleries — set
the stage for

**more than
a hundred
different
events
each year.**

Among our student-produced
musical performances, you'll hear
everything from the classics to the
contemporary — including Brahms'
Double Concerto in A Minor and
Andrew Lipka's *The Addams Family*.



**Southeast makes it
affordable to do what
you dream of doing,
and we're recognized
as one of the country's
institutions with
the least indebted
students.**

LEARN MORE
about our \$17 million in
annual scholarships at
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WHAT YOU'LL DO HERE**
Call us at **(573) 651-2590**
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OFFICE OF ADMISSIONS
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admissions@semo.edu

APPLY
We can't wait to see what you do.
But first, you'll need to get in.
semo.edu/apply



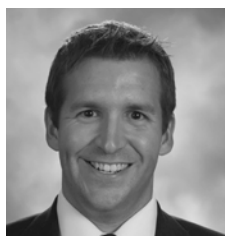
Southeast Missouri State **REDHAWKS**



Cindy Gannon
Senior Associate Director
of Athletics/SWA



Rachel Blunt
Assistant Director of
Athletics/Compliance



Nate Saverino
Assistant Director of
Athletics/External Affairs



Sara Cummings
Senior Administrative
Assistant



Sharon Burgard
Academic Services
Coordinator



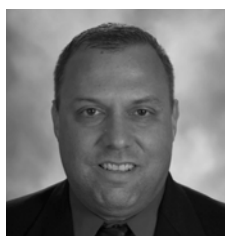
Elizabeth Brucker
Director of Business
Operations



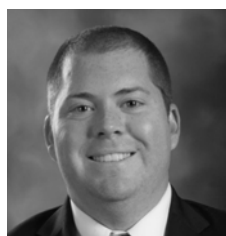
Barb Kinsey
Administrative Assistant
Development



Kent Phillips
Coordinator of Facilities &
Event Management



Jeff Honza
Sports Information
Director



Phillip Lady
Coordinator of Marketing
& Promotions



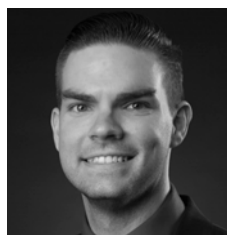
Alan Savage
Ticket Manager & Student
Accountant



Marcia Hendrix
Assistant Ticket Manager/
Insurance



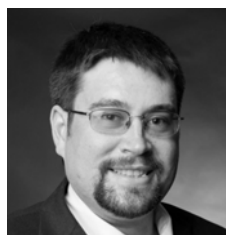
Jacob Owen
Assistant Director of
Compliance



Sean Stevenson
Assistant Sports
Information Director



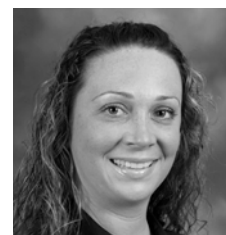
Beth Easter
Faculty Athletics
Representative



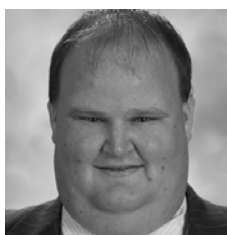
Alex Washam
Facilities & Event
Management Assistant



Ryan Johnson
Strength & Conditioning
Coach



Amanda Martin
Co-Head Athletic Trainer



Ben Fox
Co-Head Athletic Trainer



Ashley Angerer
Assistant Athletic Trainer



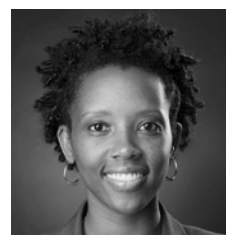
Sandy Wiemers
Academic Services
Assistant



Steve Bieser
Head Baseball Coach

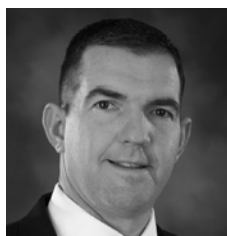


Rick Ray
Head Men's
Basketball Coach



Rekha Patterson
Head Women's
Basketball Coach

ATHLETICS STAFF



Tom Matukewicz
Head Football Coach



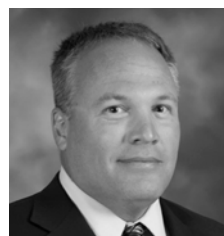
Kristi Ewasko
Head Women's
Gymnastics Coach



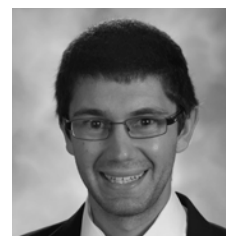
Mark Redburn
Head Softball Coach



Heather Nelson
Head Women's
Soccer Coach



Eric Crumpecker
Head Track & Field Coach



Ryan Lane
Head Cross Country
Coach



Mary Beth Gunn
Head Women's
Tennis Coach



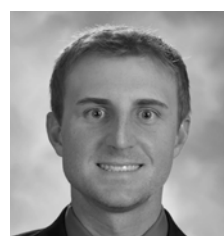
Julie Yankus
Head Volleyball Coach



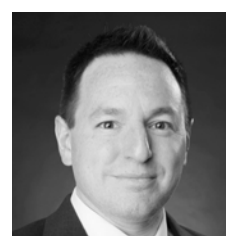
Kodie Edmonds
Cheerleading Coach



Tatianna Parham
Sundancers Coach



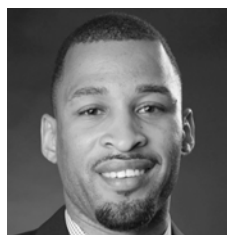
Lance Rhodes
Assistant Baseball
Coach



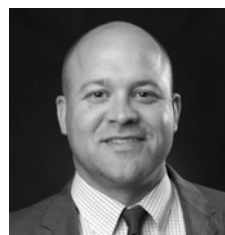
Adam Gordon
Assistant Men's
Basketball Coach



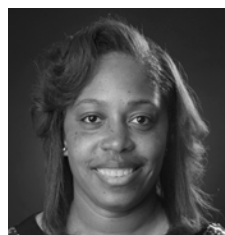
Chris Moore
Assistant Men's
Basketball Coach



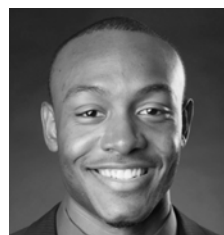
Nick Lagroone
Director of Men's
Basketball Operations



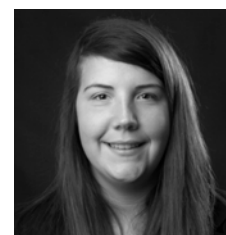
James Arnold
Assistant Women's
Basketball Coach



Chanté Crutchfield
Assistant Women's
Basketball Coach



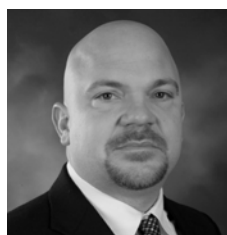
Jauwan Scaife
Assistant Women's
Basketball Coach



Brooke Sander
Director of Women's
Basketball Operations



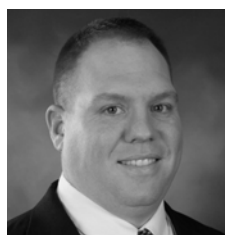
Bryce Saia
Defensive Coordinator



Jon Wiemers
Assistant Head Football
Coach/Offensive Line



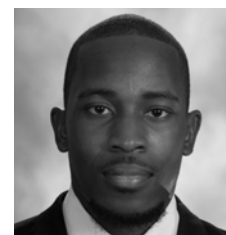
Eric Burrow
Safeties/Recruiting
Coordinator



Ricky Coon
Defensive Line



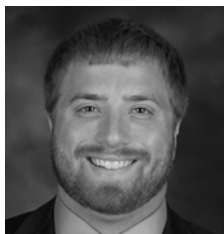
Matt Martin
Running Backs/Special
Teams



Salim Powell
Wide Receivers



Southeast Missouri State **REDHAWKS**



Joe Uhls
Tight Ends/Football
Operations



Melvin Rice
Cornerbacks



Jared Diekmann
Offensive Assistant



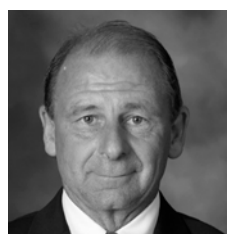
Tyler French
Football Graduate
Assistant



Chris Bogantes
Assistant Women's
Gymnastics Coach



Candace Blackerby
Assistant Women's
Gymnastics Coach



Paul Nelson
Associate Head Women's
Soccer Coach



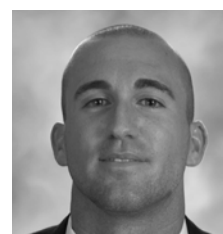
Adam Kleman
Assistant Women's
Soccer Coach



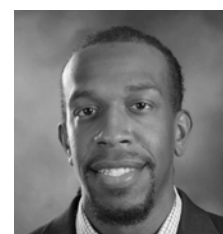
Stephanie Winter
Assistant Softball Coach



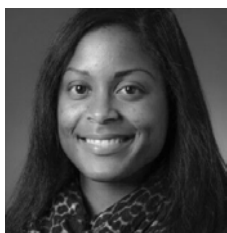
Kristen Jones
Assistant Softball Coach



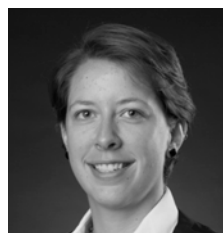
Matt Koelling
Assistant Track & Field
Coach



Miles Smith
Assistant Track & Field
Coach



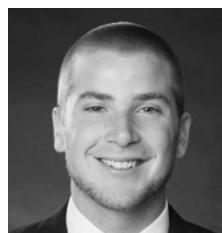
Danielle Burbage
Assistant Track & Field
Coach



Nikki Buchholz
Assistant Volleyball Coach



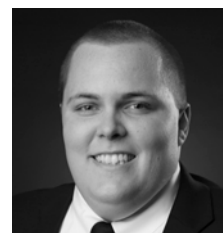
Michael Runde
Assistant Volleyball
Coach



Alex Lais
Graduate Assistant
Marketing & Promotions



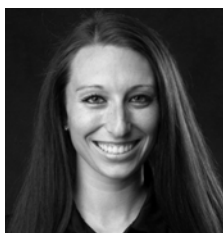
Danny Chesnut
Sports Information
Assistant



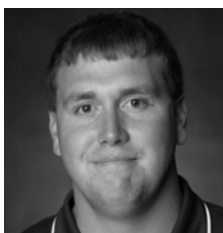
Kevin Scanlon
Sports Information
Assistant



Maya Natori
Graduate Athletic
Trainer



Holly Reynolds
Graduate Athletic
Trainer



Kyle Wolff
Graduate Athletic
Trainer

**DO
YOU
HAVE
THE
WILL
TO**

**make a
medical
discovery?**



**SOUTHEAST MISSOURI
STATE UNIVERSITY · 1873**

GYMNASTICS

2016 SCHEDULE

Date	Opponents	Location	Time (CST)
Jan. 8	Lindenwood	Cape Girardeau, Mo.	6:30 p.m.
Jan. 16	Air Force/Pittsburgh/Iowa State	Knoxville, Tenn.	8 p.m.
Jan. 24	Texas Woman's/Air Force/Centenary	Denton, Texas	1 p.m.
Jan. 29	Wisconsin-Whitewater	Cape Girardeau, Mo.	6:30 p.m.
Feb. 5	Missouri/Lindenwood	Columbia, Mo.	6:30 p.m.
Feb. 13	Bowling Green/Eastern Michigan	Bowling Green, Ohio	5 p.m.
Feb. 19	Illinois State	Cape Girardeau, Mo.	6:30 p.m.
Feb. 26	Air Force	USAF Academy, Colo.	8 p.m.
Feb. 27	Denver/Iowa/Illinois-Chicago	Denver, Colo.	8 p.m.
Mar. 5	Centenary	Cape Girardeau, Mo.	1 p.m.
Mar. 11	Eastern Michigan/Central Michigan	Ypsilanti, Mich.	5:30 p.m.
Mar. 19	MIC Conference Championships	Cape Girardeau, Mo.	4 p.m.
Apr. 2	NCAA Regionals	TBA	TBA

All dates/meets subject to change

Home meets in **RED**

Home meets held at Houck Field House

First team listed hosts away meets



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MIC