



SOUTHEAST MISSOURI STATE REDHAWKS

POWER

WHAT WILL YOU BRING?



**REDHAWKS
TRACK & FIELD
2016-17 GUIDE**



**DO
YOU
HAVE
THE
WILL
TO**

**serve all
community
members?**



**SOUTHEAST MISSOURI
STATE UNIVERSITY • 1873**

Southeast Missouri State REDHAWKS

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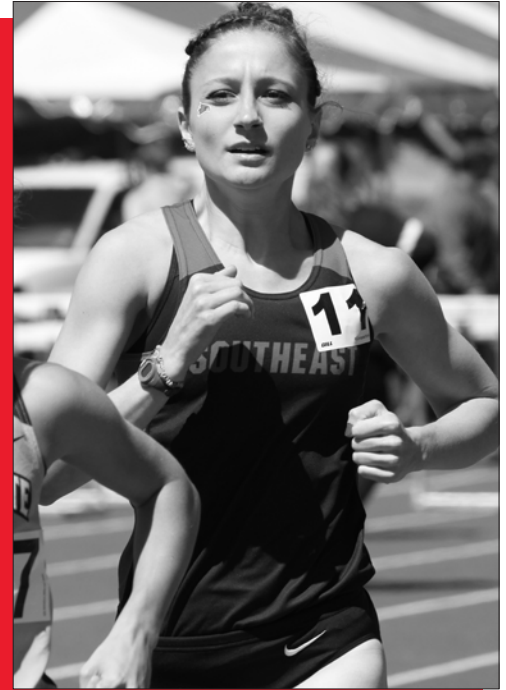
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CREDITS

The 2016-17 Southeast Missouri Track & Field Information Guide was written, edited and designed by Sports Information Assistant Dan Chesnut. Additional editorial and writing assistance by Jeff Honza, Sean Stevenson and Kevin Scanlon. Other design and graphics assistance provided by Tonya Wells and Krista Mayfield. Photography by Marc Mahnke, Keith Hente, Glenn Landberg, Sean Stevenson and Kevin Scanlon.

Southeast Missouri State University accepts the sanctions announced by the National Collegiate Athletic Association (NCAA) in its investigation into the Southeast women's basketball program during the 2013-14 academic year.

Summary of the violations:

- (1) A former assistant women's basketball coach had multiple impermissible in-person, off-campus contacts and communications with two prospective women's basketball student-athletes, who were twin sisters, and their family.
- (2) The former assistant coach also provided the recruits and their family with at least \$178 in school apparel and accessories at no cost.
- (3) Further, the former assistant coach provided one of the recruits impermissible transportation and a meal.

A full list of penalties and corrective measures include:

- Public reprimand and censure for the university.
- One year of probation for the university from Feb. 12, 2016, through Feb. 11, 2017. • A two-year show-cause order for the former assistant coach from Feb. 12, 2016, through Feb. 11, 2018. If he seeks employment at an NCAA member school, he must be restricted from all recruiting activity.
- A reduction in the number of days the women's basketball coaches were allowed to recruit from 112 days to 74 in 2014-15. (Self-imposed by the university)
- A reduction in the number of days the women's basketball coaches can recruit from 112 days to 91 in 2015-16.
- A limit of eight official visits during 2015-16.
- A \$5,000 fine.

MEDIA INFORMATION

Credentials

Credentials are required for entrance to the track, field and pressbox (for photographers). To request season or single-match credentials, please contact the Southeast Missouri State Sports Information Office by phone at (573) 651-2937 or e-mail at dchesnut@semo.edu. Credentials can be picked up at the meet location or prior to competition day at Southeast Athletic Administration building

Press Row

Seating is assigned by the Sports Information office. Professional conduct is expected at all times. Cheering or outward expression is inappropriate. Credentials must be worn at all times. Failure to abide by these policies can result in credentials being revoked.

Photographers

Please observe NCAA regulations and shoot from the designated areas at the Abe Stuber Track & Field Complex and Rec Center.

Mid-Week Interviews

Student-athletes and coaches are generally available after practice or upon request. Please arrange all interviews of coaches and student-athletes through the sports information office. Requests can be made by calling Dan Chesnut at (573) 651-2937. Chesnut can also be reached via e-mail at dchesnut@semo.edu.

Track & Field E-mail List

If you would like to be added to the Redhawk Track & Field e-mail list to receive breaking news about the team, please e-mail Dan Chesnut. The official website, GoSoutheast.com, is the best source for up-to-date information about the team.

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Southeast Missouri State **REDHAWKS**

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SPORTS

TICKETS

ATHLETIC DEPT

FAN ZONE

TRADITIONS

REDHAWKS CLUB



**SOUTHEAST MISSOURI TRACK & FIELD
2016 OVC MEN'S OUTDOOR CHAMPIONS**



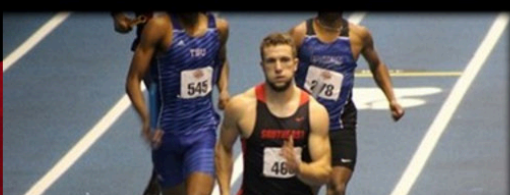
TRACK AND FIELD

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TOP STORIES

SOCIAL MEDIA

SCHEDULES



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ON YOUTUBE



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ABE STUBER TRACK COMPLEX



Abe Stuber Track Complex is the home location for meets held at Southeast Missouri during the outdoor season. Considered one of the finest track facilities in the Midwest, it has been the host of the Ohio Valley Conference Outdoor Track & Field Championships six times and three NCAA Division II Championships. The facility is also home to the Joey Haines Invitational which is held during the first weekend of April every year.

Dedicated in the spring of 1980 and named after the late Abe Stuber -- who coached the Southeast track squads from 1932-46 -- the facility includes a press box and spectator seating for up to 2,000

Recently, an \$800,000 update took place as all track and field runways were resurfaced, jumping areas were renovated and new fencing was added to the complex. Previous updates included a brand new hammer cage added in March, 2012 and an office/weight room adjacent to the track in 2002.

The 2,000-square foot building houses a weight room, coaches offices, restrooms and storage. The weight room is equipped with seven multi-power racks and lifting platforms, containing nearly 5,000 pounds of free weights, 3,000 pounds of dumbbells and numerous weight training machines.

The Abe Stuber Track Complex is located on the north edge of campus off Sprigg Street and within walking distance to the University.



Southeast Missouri State **REDHAWKS**



Abe Stuber Track Complex

Men

Facility Records

Women

6.17	2016	Blake Smith	Unattached	55m	6.83	2015	Ayonna Cartwright	SEMO
22.22	2000	Emmanuel Opoku	SEMO	200m	24.88	2015	Ayonna Cartwright	SEMO
49.36	2016	Jarred Pasley	SEMO	400m	54.76	2000	Heather Keltner	SEMO
01:54.2	1998	Jason McKinney	Murray State	800m	02:14.4	1998	Tammy Wenkel	SEMO
02:26.3	2016	Marc Maton	SEMO	1000m	02:53.3	2016	Megan Parks	SEMO
04:19.1	1996	Jason McKinney	Murray State	Mile Run	05:04.3	2008	Juli Koenegstein	SEMO
08:38.0	2014	Nick Happe	ASU	3000m	10:23.0	2000	Bridgette Buitron	WIU
7.44	2000	Gabe Spezia	EIU	55m Hurdles	7.83	2016	LaDonna Caston	SIUE
03:24.3	2013	Southeast Missouri		4x400m Relay	03:53.7	2001	Southeast Missouri	
10:55.0	2016	SIUE		Distance Medley	12:37.7	2013	SIUE	
7-00.75	2009	Al Winsley	N/A	High Jump	5-08	2007	Cheri Edri	Memphis
17-04.50	2016	Pauls Pujats	Unattached	Pole Vault	13-09.75	2016	Carolina Carmichael	Memphis
25-06	2013	Blake Carter	SEMO	Long Jump	20-02.50	1998	Heather Denihan	SEMO
51-00	2015	Chris Martin	SEMO	Triple Jump	44-03.25	2016	Imani Oliver	Unattached
60-11.75	2012	Josh Uchtman	SEMO	Shot Put	57-08.25	2008	Gail Lee	Unattached
69-04.25	2009	Steffan Nerdal	Memphis	Weight Throw	65-07	2014	Kayla Gutierrez	SEMO

SEMO STUDENT REC CENTER



Southeast Missouri's North Student Rec Center is the home for the Redhawk's indoor track meets. All events are held in the east gym of the facility.

The Student Recreation Center is the headquarters of the Recreation Services Department and is the primary facility for recreation activity.

The indoor track is a four lane, 170 meter running/walking track (9 laps per mile). A work out "pit" is the main attraction of the building, containing 4252 square feet of free weight, plate loaded and cable system equipment.

The facility also contains multiple levels of cardio machines, with one overlooking the track and basketball courts in the east gymnasium. The east gym also features a rock climbing wall, raquetball courts and secluded dumbell room.

The facility contains five basketball courts in total and plays host to both men's and women's basketball practices throughout the year.



Southeast Missouri State **REDHAWKS**



SEMO Student Rec Center

Men			Facility Records		Women		
10.24	1986	Dana Gardner	100m	11.28	2012	Alexis Love	
20.66	1987	Tim Williams	200m	23.32	1987	Kim Walker	
45.12	1983	Charles Phillips	400m	52.36	1987	Jearl Miles	
01:47.8	1984	Fred Williams	800m	02:03.7	1987	Treena Colebrook	
13.62	1983	Jack Pierce	100m Hurdles	13.36	1988	Jackie Humphrey	
49.11	1984	Tranel Hawkins	400m Hurdles	57.45	1987	Yolanda Henry	
03:38.9	1987	Kip Cheruiyot	1500m	04:14.8	1987	Treena Colebrook	
13:52.1	1987	Charles Cheruiyot	5000m	16:15.4	1987	Lesley White	
28:58.8	1985	Keith Hanson	10000m	33:40.6	1986	Andrea Everett	
08:37.5	1982	Ed Wedderbom	3000m Steeplechase	10:48.5	2008	Mary Ballinger	
39.2	1984	Abilene Christian	4x100m Relay	44.8	1987	Hampton	
03:03.4	1984	Abilene Christian	4x400m Relay	03:36.4	1987	Abilene Christian	
2.27m	1991	Steve Smith	High Jump	1.91m	1987	Yolanda Henry	
8.38m	1987	Yussof Alli	Long Jump	6.56m	1992	Dedra Davis	
16.66m	1987	Stan Oporski	Triple Jump	12.98m	1992	Dana Boone	
5.54m	1984	Dale Jenkins	Pole Vault	4.09m	2015	Carolina Carmichael	
77.08m	1986	S. Einarsson	Javelin Throw	55.98m	1983	Sonya Smith	
19.68m	1982	Mike Lehmann	Shot Put	18.28m	1990	Connie Price	
63.42m	1986	Vestein Hafsteinson	Discus Throw	60.37m	1987	Connie Price	
68.60m	2010	Steffen Nerdal	Hammer Throw	69.90m	2013	Gwendolyn Berry	

ACADEMIC EXCELLENCE



The Holcomb Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Stadium. The Holcomb Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings. The facility houses the Southeast Academic Services staff and main weight room for Redhawk student-athletes.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes.

Last year, the Redhawks combined for a 3.10 cumulative grade point average in the fall and spring semesters. Sixty percent of all student-athletes recorded a 3.0

or higher GPA. Nine of Southeast's 15 intercollegiate athletic teams recorded a team GPA over 3.0. Additionally, Southeast student-athletes logged over 4,000 hours of community service during the 2015-16 academic year.

Tutors are available for all student-athletes as needed. In addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic

preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor bi-weekly to discuss academic progress.

The Holcomb Success Center staff works to get athletes involved in campus and

community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Holcomb Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.

#WILLTODO

Southeast Missouri State **REDHAWKS**

2015-16 Notables

- Southeast Missouri's Department of Athletics recorded a cumulative 3.10 GPA during the 2015-16 academic year. Nine of Southeast's athletic teams achieved a GPA above 3.0. Those teams included baseball, women's basketball, women's cross country, gymnastics, soccer, softball, women's tennis, women's track & field and volleyball.
- In all, 197 individuals accumulated a 3.0 or higher GPA during the 2015-16 academic year, accounting for 60 percent of the student-athlete population.
- Fifty-eight student-athletes received their degrees.
- Southeast's women's cross country, gymnastics and volleyball teams were recognized for their outstanding performance in the classroom. The three programs were among 1,000 Division I sports teams to earn NCAA Public Recognition Awards for posting APR scores in the top 10 percent of their sport.
- Southeast finished fifth in the 2015-16 Ohio Valley Conference Commissioner's Cup, moving up two spots from a seventh-place finish the year before. The Redhawks won the OVC men's outdoor track & field title and both the league's regular-season and tournament crowns in baseball.



WOMEN'S TRACK & FIELD WAS NAMED TO THE 2016 ALL-ACADEMIC TEAM LIST BY THE U.S TRACK & FIELD AND CROSS COUNTRY COACHES ASSOCIATION FOR ITS SCHOLASTIC EFFORTS DURING THE 2015-16 YEAR.



SOCIAL DEVELOPMENT



Student-athletes and coaches at Southeast Missouri are dedicated to giving back to the community that so generously supports them.

Redhawk football student-athletes have opportunities to participate in a variety of community service activities each year. Community involvement helps provide a support structure and greater opportunity for academic success.

We are proud of the level of commitment shown by our student-athletes and always encourage them to participate in community service projects here at Southeast.

Southeast student-athletes also have the opportunity to participate in the Redhawks BRIDGE Program. The mission of the Redhawks BRIDGE Program is to develop a

comprehensive student-athlete development program by Building Responsible Individuals and Delivering Gainful Experiences. This program provides student-athletes with both leadership and life skills experiences through interactive programming that will prepare them to be successful in life after athletics. The leadership programming will teach student-athletes about Southeast's culture and allow them to learn, develop, and apply leadership skills. The life skills programming provides educational programs designed to assist student-athletes in identifying and applying transferable skills and experiences to prepare them to succeed outside of the athletic arena.



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COMPETITIVE SUCCESS



Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

Southeast's weight room renovations at Student Recreation Center-South (located in the Holcomb Success Center) were completed in January, 2016.

Indoor turf, weights, equipment and lifting platforms were added

as part of the renovation, which cost \$500,000. The facility now has more space and equipment to handle Southeast's larger teams or multiple teams training at the same time. Branding and new lighting were also included in the overall project.

The newly-renovated weight room enhances training with the best equipment available and is able to accommodate larger teams or multiple teams training at the same time.



Southeast Missouri State **REDHAWKS**

THROUGH THIS DOOR

WE WALK AS CHAMPIONS

Training Principles for Southeast Athletes

1. **Reduce the risk of injuries**
 - If a student-athlete is injured, he/she will not be able to compete at practice or games.
2. **Ensure the athletes are optimally prepared to compete**
 - It is our responsibility to best manage all stressors that are placed on the student-athletes body in order to achieve the best results on the playing field.
3. **Maximize athletic ability**
 - We challenge each athlete, both physically and mentally, in order to achieve optimal results.

Exercises for Southeast Athletes are based on the following Principles:

1. **Ground Based Movements**
 - Athletes compete with their feet on the ground, and therefore, should train that way. The ability to produce force against the ground determines how fast athletes can run and how high they can jump.
2. **Three-Dimensional Movements**
 - Athletes must be able to stabilize themselves in all planes of movement. A fancy way of saying we use free weights (barbells/dumbbells vs. machines).
3. **Multi-Joint Movements**
 - Very rarely in sport do athletes isolate one single joint at a time. Athletes can train more muscle mass at the same time.



SPORTS MEDICINE



Prevention. Treatment. Rehabilitation. Education. Those are the four primary phases of athletic training, and the Southeast Missouri athletic training staff strives to fulfill all of those areas when working with student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the athletic training staff. The Sports Medicine department includes five full-time athletic trainers, six graduate assistants and several student assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

The athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through.

There are currently four athletic

training facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.

The Southeast athletic training rooms are equipped with stationary bikes, hand weights, therapeutic modalities and the latest physical therapy equipment. Each component is strategically designed to not only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and two hospitals in Cape Girardeau. It is from

these hospitals that the Athletic Training department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself to providing the best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and

management of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.



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PRESIDENT CARLOS VARGAS



Dr. Carlos Vargas became the 18th president of Southeast Missouri State University July 1, 2015, after having served as acting president at Kutztown University of Pennsylvania.

During his first year in the presidency, Dr. Vargas' priority has been to listen and learn by visiting with all the University's constituencies, whether on campus, in the community, region, state, or throughout the United States and in foreign countries where Southeast alumni are located. Based on what he learned, President Vargas launched initiatives to marshal the resources, to leverage opportunities, and to address a variety of challenges and needs of Southeast Missouri State University.

President Vargas encouraged and supported the identification and development of innovative academic programs, including a new Unmanned Aircraft Systems program, a Geographic Information Science program, and a proposed engineering program presented to the Missouri Coordinating Board for Higher Education. He has continued to support the globalization of the campus through expansion of study-abroad experiences, extensive engagement of international students, and encouraging students on campus and abroad to explore cultural interaction. He championed the work of the President's Task Force on Diversity Education, and continued emphasizing the expectations for enhancement of the teacher-scholar model. Under

President Vargas' leadership, regional partnerships and collaborations were solidified, including several joint initiatives with Three Rivers and Mineral Area Colleges.

Prior to assuming the presidency at Southeast, Dr. Vargas served one year as acting president of Kutztown University. He served as the provost and vice president for academic and student affairs, and had been the school's chief academic officer since 2006.

Prior to his tenure at Kutztown, Dr. Vargas was at Central State University in Wilberforce, Ohio, where he served as provost and vice president for academic affairs. He previously served in several roles at Kent State University (Ohio) for a total of 18 years, including founding

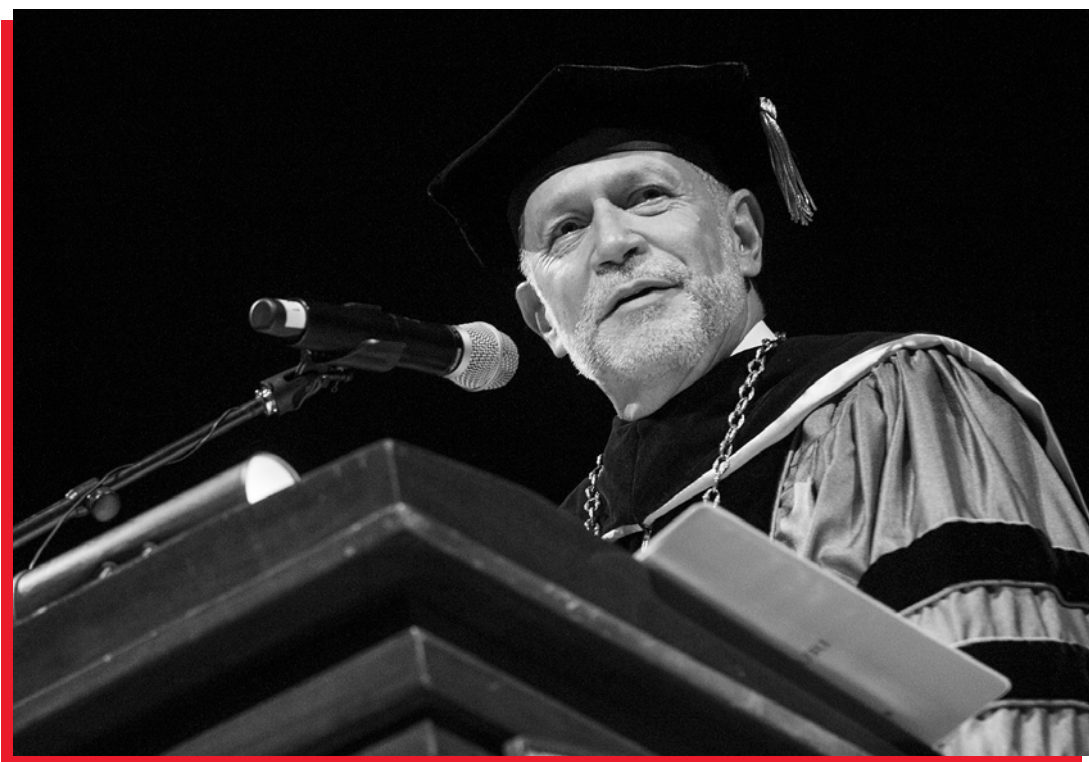
director of the program on electron beam technology. He was also Kent's associate dean for research, interim assistant dean for research, and he served as interim assistant dean for the School of Technology. He started his tenure at Kent State in 1985 as a professor, and continued to teach until his departure from the university.

Dr. Vargas began his career in higher-education at the National Autonomous University of Mexico (UNAM), from which he received a Bachelor of Science degree in physics. His initial appointment was as a senior associate researcher for the Institute of Geophysics, and he later held a similar position for the University's Institute of Physics.

He earned his Ph.D. in physics and aerospace science from the

Southeast Missouri State **REDHAWKS**

University of Michigan and he has Master of Science degrees from Michigan in both physics and aerospace science. He is married to Pam Vargas, who currently serves as director of Research and Grant Development at Southeast, and they have a son, a daughter, and one granddaughter.



Southeast Missouri State University Board of Regents



Jay B. Knudtson
President



Kendra Neely-Martin
Vice President



Donald G. LaFerla



Thomas M. Meyer



Phillip M. Britt



Edward P. Gargas



ATHLETIC DIRECTOR BRADY BARKE



Brady Barke, who had been serving as the Interim Director of Athletics since July, 2015, was named to the permanent position of Director of Athletics at Southeast Missouri State University on June 7, 2016.

Barke was among three finalists and more than 50 applicants for the position following a national search conducted by a search committee including representatives from the faculty, staff, students and the community.

Barke, senior associate to the president and secretary to the Board of Regents at Southeast, officially began his new role July 1.

"Brady brings with him a tremendous commitment to and knowledge of Southeast Missouri State University, along with the caliber of credentials to move our program forward and into the future," said Dr. Carlos Vargas, president of Southeast

Missouri State University. "We believe his experience from the vantage point of both athletics and administration can help our athletics program move to the next level."

"I am extremely honored to have this opportunity to work alongside a great group of coaches and staff, talented student athletes, dedicated Athletics supporters, and a great University community," Barke said. "I believe I bring some unique strengths to this position, and I look forward to working with the University community to promote our programs and build upon our success."

While serving as Interim Athletics Director over the past year, Barke has spearheaded the renovation of the athletic weight room and developed plans to upgrade its academic space. He also has worked with University

and Cape Girardeau City officials on an agreement for the installation of turf and renovations to Capaha Field.

Barke served as Interim Associate Director of Athletics for Compliance & Student Support Services before being named the Senior Associate to the President and Secretary to the Southeast Missouri State University Board of Regents in 2013.

He began his tenure at Southeast in 2008 as Assistant Director of Athletics for Compliance & Eligibility. Barke previously served as a governance intern with the NCAA national headquarters in Indianapolis, and as a law clerk with the Southern Illinois University-Carbondale Department of Athletics Compliance Office.

Barke has served as a member of the National Association of Athletics Compliance (NAAC),

chaired the NAAC Education Committee, and was a member of the NAAC Board of Directors. He has facilitated the NCAA Regional Leadership Academy, and served on both the NCAA Sports Wagering Task Force and the Olympic Sports Liaison Committee.

Barke has a juris doctorate degree from Southern Illinois University School of Law, an MBA from Southeast Missouri State University, and a bachelor of science degree in biology from Webster University. While a student at Webster, Barke was a member of both the basketball and golf teams and was inducted into the Webster Athletic Hall of Fame earlier this year.

He and his wife, Halley, are parents of three children, Mabrie, Jackson, and Kolbe.

Southeast Missouri State **REDHAWKS**



***BRADY BARKE WAS INTRODUCED AS
SOUTHEAST MISSOURI'S PERMANENT
DIRECTOR OF ATHLETICS DURING A PRESS
CONFERENCE ON JUNE 7, 2016.***



MISSION STATEMENT

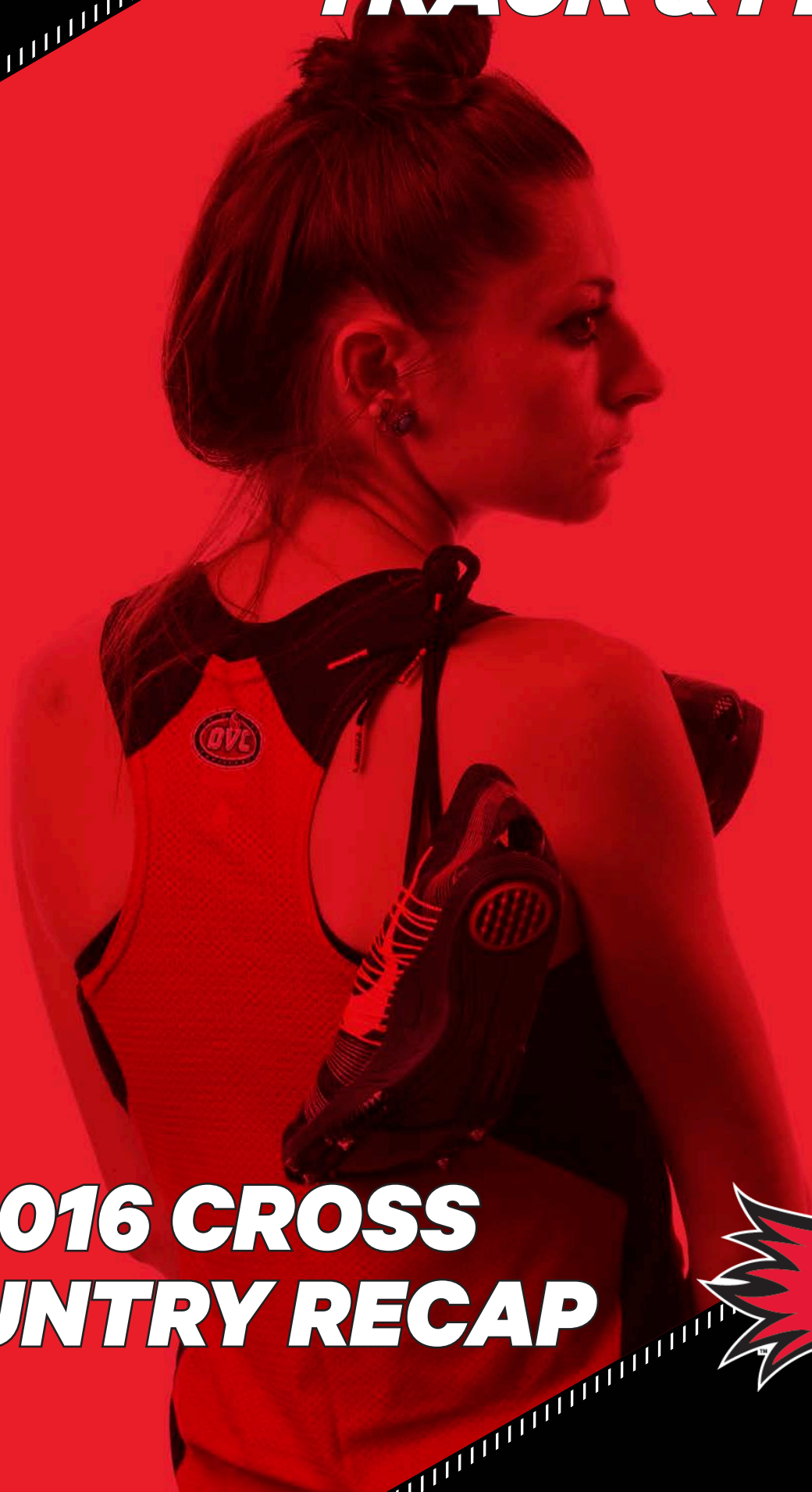


Southeast Missouri State University Athletics Mission Statement

The mission of Southeast Missouri State University Department of Athletics is to provide a first class, student-athlete centered collegiate experience emphasizing the core values of **academic excellence**, **social development**, and **competitive success**. The Department of Athletics strives to compete at the highest possible level in the Ohio Valley Conference and other conference affiliations. The principles of integrity, student welfare, sportsmanship, ethical conduct, rules compliance, equity and diversity, and the prudent management of resources are the foundation on which we operate.



SOUTHEAST MISSOURI STATE REDHAWKS
TRACK & FIELD



**2016 CROSS
COUNTRY RECAP**



2016 WOMEN'S CROSS COUNTRY

2016 Women's Cross Country Roster

Name	Year	Hometown / High school
Bella Bowers	Fr.	Scott City, Mo. / Scott City
Madeline Gaul	Sr.	Swansea, Ill. / Belleville East
Andrea George	Jr.	O'Fallon, Ill. / O'Fallon Township
Rachel Hutchcraft	So.	Florissant, Mo. / Hazelwood West
Carli Knott	Fr.	Jackson, Mo. / Jackson
Natalie Kopplin	So.	Overland Park, Kan. / Olathe East
Danielle Mohrmann	Fr.	Chesterfield, Mo. / Marquette
Sydney O'Brien	Jr.	St. Peters, Mo. / Fort Zumwalt South
Eilish Overby	Jr.	Grover, Mo. / Eureka
Megan Parks	Sr.	Bonne Terre, Mo. / North County
Kennedy Roderick	Sr.	Glen Carbon, Ill. / Edwardsville
Kaitlyn Shea	So.	Jefferson City, Mo. / Helias
Angie Sumner	Sr.	Wildwood, Mo. / Eureka
Anna Thomas	So.	Pilot Knob, Mo. / Arcadia Valley RII
Carlee Williamson	Fr.	Jackson, Mo. / Jackson



Southeast Missouri State REDHAWKS

2016 Women's Cross Country Recap

The 2016 season marked one of the program's best for the women's squad. They landed their first regional rankings (#13) in nearly 20 years; finished second at the Ohio Valley Conference Championship marking their highest finish since 2002, beat numerous ranked and previously ranked opponents, including Illinois, Iowa and Missouri, had two All-OVC performers and collected two top-50 finishers in a Regional for the first time in nearly 20 years.

Senior Megan Parks closed out her collegiate career with her best season as a Redhawk. She placed seventh (17:35) at the OVC Championship, earning her

second-consecutive All-OVC honors and first first-team honors of her career. Parks followed with a 45th-place finish (21:14) at the Midwest Regional, the second-highest place in program history and 54 spots higher than last year. Her performance was also the best 6k time in school history.

Junior Sydney O'Brien and sophomore Kaitlyn Shea added to the team's accolades. O'Brien joined Parks in the top 50 at the Midwest Regional placing 49th with a time of 21:17, the second-fastest 6k time in school history. Shea came in 13th (17:43.6) at the OVC Championship earning second-team OVC honors, the first of her career.

The team opened the year with back-to-back second-place finishes at the Gabby Reuveni Early Bird and Rebel Invite. They followed up with a 13th and 15th-place finish out of 25 teams at the Commodore Classic and Greater Louisville Classic, respectively. They closed out the regular season finishing eighth out of 31 teams at the Bradley Pink Classic.

EVENT RESULTS	Gabby Reuveni Early Bird Washington U - 4K St. Louis, Mo. Sept. 2, 2016	Rebel Invite Ole Miss - 5K Oxford, Miss. Sept. 9, 2016	Commodore Classic Vanderbilt - 5K Nashville, Tenn. Sept. 17, 2016	Greater Louisville XC Louisville - 5K Louisville, Ky. Oct. 1, 2016	Bradley Classic Bradley - 3.73M Peoria, Ill. Oct. 14, 2016	OVC Championship Belmont - 5K Nashville, Tenn. Oct. 29, 2016	Midwest Regional Iowa - 6K Iowa City, Iowa Nov. 11, 2016
BELLA BOWERS	18:20.5	22:43.5	DNC	DNC	DNC	DNC	DNC
MADLINE GAUL	19:27.9	23:21.9	DNC	DNC	DNC	DNC	DNC
ANDREA GEORGE	15:12.6	18:41.9	19:09.7	18:56.5	23:25.2	18:55.0	DNC
RACHEL HUTCHCRAFT	15:44.8	19:19.5	19:51.7	20:10.9	23:21.2	DNC	23:05.8
CARLI KNOTT	16:00.3	19:56.3	DNC	DNC	DNC	DNC	DNC
NATALIE KOPPLIN	15:13.0	18:32.0	19:09.5	19:07.8	22:42.0	18:35.8	22:34.8
DANIELLE MOHRMANN	15:06.1	18:53.2	19:19.9	18:59.4	23:17.0	18:22.6	22:44.6
SYDNEY O'BRIEN	14:33.5	17:39.0	18:05.0	18:13.7	21:39.5	17:43.9	21:17.0
EILISH OVERBY	15:33.8	18:56.5	19:33.9	19:28.3	23:49.6	19:05.4	DNC
MEGAN PARKS	14:21.9	17:24.0	17:57.8	17:37.6	21:30.7	17:34.9	21:14.3
KENNEDY RODERICK	DNC	DNC	DNC	DNC	DNC	DNC	DNC
KAITLYN SHEA	14:05.0	17:30.2	17:53.3	17:55.6	21:34.2	17:43.6	21:46.7
ANGIE SUMNER	DNC	18:24.5	18:54.9	18:31.1	22:01.5	18:15.5	22:11.7
ANNA THOMAS	15:19.1	18:57.5	19:51.6	19:44.6	23:51.1	DNC	DNC
CARLEE WILLIAMSON	18:23.4	23:10.9	DNC	DNC	DNC	DNC	DNC
TEAM FINISH	2 ND OF 11	2 ND OF 3	13 TH OF 25	15 TH OF 26	9 TH OF 31	2 ND OF 12	16 TH OF 33

Head Coach - Ryan Lane (Southeast Missouri, 2006), 7th season

DNC - Did Not Compete; **DNQ** - Did Not Qualify; **(u)** - ran unattached

2016 MEN'S CROSS COUNTRY

2016 Men's Cross Country Roster

Name	Year	Hometown / High school
Griffin Bailey	Fr.	St. Louis, Mo. / Oakville
Tyler Beaman	R-So.	Eureka, Mo. / Eureka
Nathan Cook	Jr.	St. Peters, Mo. / St. Dominic
James Kosbar	So.	Rolla, Mo. / Rolla
Kameron Long	Sr.	Memphis, Tenn. / Southwind
Marc Maton	Sr.	Chatham, Ill. / Glenwood
Dan Plunkett	Jr.	Springfield, Ill. / Pleasant Plains
David Plunkett	Fr.	Springfield, Ill. / Pleasant Plains
Curtis Reed	So.	Mt. Zion, Ill. / Mt. Zion
Nicholas Stewart	Sr.	Florissant, Mo. / McCluer North
Andrew Whitener	So.	Festus, Mo. / Festus
Nicholas Yaeger	So.	Jefferson City, Mo. / Blair Oaks
Jaime Zarate	Sr.	Torreon, Mexico / Cedar Falls



Southeast Missouri State REDHAWKS

2016 Men's Cross Country Recap

For the men's team, the 2016 season was marred by illness and injuries suffered early in the season. The team was unable to overcome the numerous obstacles it faced during the season.

At the OVC Championship, the team came in 10th place, marking their lowest finish in the conference since joining Division I in 1991. It was also the second-consecutive season finishing outside of the top half of the league after finishing sixth or higher the previous 15 seasons.

Junior Dan Plunkett had his best season as a Redhawk, pacing the team in two total races. His 39th-place finish at the OVC Championship was his second highest of his career, narrowly missing his previous best by one spot.

Sophomore James Kosbar led the way at the OVC Championship, taking 34th place (26:37.3) and pacing the team for the first time in his young career.



EVENT RESULTS	Gabby Reuveni Early Bird Washington U - 6K St. Louis, Mo. Sept. 2, 2016	Revel Invite Ole Miss - 6K Oxford, Miss. Sept. 9, 2016	Commodore Classic Vanderbilt - 8K Nashville, Tenn. Sept. 17, 2016	Greater Louisville XC Louisville - 8K Louisville, Ky. Oct. 1, 2016	Bradley Classic Bradley - 4.97M Peoria, Ill. Oct. 14, 2016	OVC Championship Belmont - 8K Nashville, Tenn. Oct. 29, 2016	Midwest Regional Iowa - 10K Iowa City, Iowa Nov. 11, 2016
GRIFFIN BAILEY	19:29.8	19:23.9	27:04.4	26:57.8	DNC	28:32.7	DNQ
TYLER BEAMAN	20:19.0	19:35.6	27:51.7	DNC	DNC	DNC	DNQ
NATHAN COOK	DNC	DNC	DNC	DNC	28:19.3	DNC	34:46.1
JAMES KOSBAR	20:27.8	21:08.2	27:30.2	28:14.4	26:55.6	26:37.3	33:38.2
KAMERON LONG	DNC	DNC	DNC	DNC	DNC	DNC	DNQ
MARC MATON	19:13.0	DNC	26:20.6	25:01.3	26:08.9	27:04.9	DNQ
DAN PLUNKETT	19:22.7	18:41.6	26:14.0	25:28.3	26:30.8	26:51.5	DNQ
DAVID PLUNKETT	DNC	20:24.0	29:47.5	DNC	28:29.5	DNC	DNQ
CURTIS REED	20:15.3	19:42.8	27:21.4	26:28.8	26:23.7	27:20.7	DNQ
NICHOLAS STEWART	25:16.5	22:32.3	DNC	DNC	DNC	DNC	DNQ
ANDREW WHITENER	21:43.7	20:11.7	28:24.4	28:20.5	27:25.2	29:02.8	DNQ
NICHOLAS YAEGER	20:40.0	DNC	DNC	27:24.8	28:24.1	28:59.7	DNQ
JAIME ZARATE	20:07.1	19:02.5	26:53.1	26:10.1	DNC	28:07.1	DNQ
TEAM FINISH	1 ST OF 2	2 ND OF 4	21 ST OF 23	18 TH OF 21	25 TH OF 27	10 TH OF 12	DNQ

Head Coach - Ryan Lane (Southeast Missouri, 2006), 7th season

DNC - Did Not Compete; **DNQ** - Did Not Qualify; **(u)** - ran unattached

CROSS COUNTRY HONORS

OVC Female Runner of the Year

1998	Janelle Quigley
1999	Amy Arteme
2002	Lindsey Zeiler

1999	1. Amy Arteme	18:36
	4. Tammy Wenkel	18:50
	13. Celeste Ramsey	19:26
	14. Leslie McNamara	19:38

2010	13. Kasey Owens	19:11
2011	6. Rebekah Lawson	18:29
	12. Jenny Govero	18:42

1997	14. Erin Roades	26:56
2003	5. Brian Whitehead	26:50
	6. Chad Sierman	25:52

OVC Freshman of the Year

2008	Nate Shipley
2015	Kaitlyn Shea

2000	2. Amy Arteme	18:05
	4. Kaci Pilcher	18:11

2012	7. Rebekah Lawson	17:33
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2004	12. Gabe Lutes	25:49
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Women's Team OVC Year-by-Year All-OVC*

1992	8. Amy Cole	19:37
	10. Tracey Stockton	20:17

1993	3. Amy Cole	19:02
	8. Misty McGhee	19:47
	10. Kari Unterriener	20:01

1994	4. Sherry Lange	18:43
	5. Terry Lange	18:50
	7. Misty McGhee	19:15

1995	6. Misty Dubman	19:32
	8. Jennifer Anderson	19:40
	10. Amy Cole	19:43
	11. Terry Lange	19:45
	13. Misty McGhee	19:52

1996	3. Sherry Lange	18:53
	8. Keisha Grace	19:17
	11. Janelle Quigley	19:32
	13. Estelle McHargue	19:40

1997	4. Leslie McNamara	18:48
	8. Janelle Quigley	19:03
	12. Michelle Ramsey	19:22

1998	1. Janelle Quigley	18:21
	3. Tammy Wenkel	18:55
	14. Leslie McNamara	19:33

2001	5. Kaci Pilcher	18:38
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2002	1. Lindsey Zeiler	17:52
	8. Kaci Pilcher	18:24
	10. Kris Woolf	18:32
	11. Brooke Woodruff	18:38
	13. Anna Verseman	18:49

2003	11. Brooke Woodruff	18:43
	13. Kris Woolf	18:51

2004	9. Jen Caywood	19:20
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2005	5. Lindsey Zeiler	18:22
	7. Jen Caywood	18:33

2006	8. Juli Koenegstein	19:05
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2007	7. Juli Koenegstein	18:41
	12. Brandi Gervais	19:07

2008	2. Juli Koenegstein	18:37
	9. Monica Noble	19:15
	14. Linnea Woldtvedt	19:31

2009	9. Monica Noble	20:28
	12. Szandra Pal	20:33

2013	2. Rebekah Lawson	17:49
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2014	7. Rebekah Lawson	17:42
	12. Gloria Westlake	17:57

2015	12. Megan Parks	22:08
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2016	7. Megan Parks	17:34.9
	13. Kaitlyn Shea	17:43.6

Men's Team OVC Year-by-Year All-OVC*

1991	8. Bryant Wright	27:30
	10. Dave Baker	27:53

1992	5. Joe Dandridge	26:36
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1993	7. Joey Russell	26:22
	9. Steve Lewis	26:30
	10. Jay Orr	26:31

1994	8. Glen Lomenick	26:12
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1995	8. Brian Carter	26:55
	10. Chris Monty	26:58
	12. Steve Watson	27:00
	14. Erin Roades	27:13

2005	13. Gabe Lutes	25:49
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2006	2. Kevin McNab	25:25
	7. Brandon Karcher	26:44

2007	9. Brandon Karcher	25:48
	10. Brandon Funderburk	25:54

2008	4. Brandon Karcher	25:40
	12. Nate Shipley	26:22
	13. Dustin Davis	26:28

2009	8. Jason Lumpkin	26:44
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2010	6. Jason Lumpkin	25:44
	8. Chris Loseman	25:56
	9. Nate Shipley	25:58
	13. Dustin Davis	26:14

2011	6. Nate Shipley	25:20
	10. Brent Collins	26:09

2012	9. Nate Shipley	24:54
	12. Alex Zisser	25:06

2013	7. Craig Munie	24:59
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*Prior to 1995 the All-OVC Team included the Top 7 finishers in the OVC Championship race. Beginning in 1995 the Top 7 finishers a deemed First Team All-OVC while the 8-14 finishers were deemed Second Team All-OVC.

SOUTHEAST MISSOURI STATE REDHAWKS
TRACK & FIELD

**COACHING
STAFF**





ERIC CRUMPECKER

Role: Head Coach

Years: Eighth Season

Alma Mater: Missouri S&T

Eric Crumpecker is in his eighth year as head coach of the Southeast Missouri men's and women's track and field teams. Crumpecker is in his 24th year at Southeast, having served 17 years as an assistant under legendary head coach Joey Haines.

Earlier in 2016, Crumpecker won his second OVC Outdoor Coach of the Year honor as the Redhawks earned their seventh outdoor championship. He helped coach Kevin Farley towards his second championship MVP performance as Farley took gold in the shot put, discus and hammer throw. Farley's success continued at the NCAA Outdoor Championships, earning first-team All-America honors in discus in eighth place and second-team All-America in shot put in 10th.

In 2015, Crumpecker led the Southeast men's program to its second consecutive OVC indoor title and earned his second OVC Men's Indoor Coach of the Year award. During the conference meet, 10 Redhawk athletes brought home gold medals. Following the victory, Reggie Miller and Blake Smith qualified for the NCAA Indoor Championships in the triple jump and 60-meter dash, respectively. Smith finished 10th in the nation at 6.66 seconds during the preliminary race at nationals, falling short of the NCAA's final group of eight by just 0.05 seconds.

In 2014, Southeast Missouri won the men's indoor title followed by sweeping the outdoor championships for the first time since 2006. It was the first men's indoor championship since 1996. Crumpecker was awarded OVC Men's Coach of the Year following both the indoor and outdoor seasons.

The 2014 indoor season featured Farley as Indoor Field Athlete of the Year, Indoor Freshman of the Year Chris Martin and Smith earning OVC Athlete of the Championship. The outdoor season featured Female Field Athlete of the Year Kayla Gutierrez. His student-athletes combined to win 10 individual OVC titles during the season. Gutierrez brought home gold in the indoor weight throw and outdoor discus events. Farley won the indoor shot put and outdoor hammer throw. In his first season with the Redhawks, Shon Kyle won

the shot put and discus events at the outdoor championship. Courtney Gapelu took gold in both the indoor and outdoor shot put.

In 2013, the Redhawks won their first team OVC title under Crumpecker. The women snagged the team crown at the OVC Indoor Championships, using a balanced effort that featured only one individual conference champion, but three runner-up finishes and several strong supporting performances. Crumpecker was voted the OVC Women's Coach of the Year following the team title, marking the first time he has been voted the league's top coach. The Southeast men continued to knock on the door for a team title, finishing second at both the indoor and outdoor meets.

Southeast has also experienced tremendous postseason success individually under Crumpecker's guidance. The Redhawks sent three competitors to the NCAA Outdoor Track and Field Championships in 2013, the most individuals from the program since 2006. Farley took seventh in the shot put, breaking the school record with a throw of 61' 11 $\frac{3}{4}$ " to become the first Redhawk to earn first-team All-American honors since Miles Smith in 2008. Craig Robinson and Gapelu also qualified for the NCAA West Region prelims. Southeast also got second-team All-American performances from Blake Carter in both the indoor and outdoor long jump while Miller earned honorable mention All-American in the outdoor high jump for the second consecutive year.

The Redhawks totaled three second-place team finishes at the OVC Indoor and Outdoor Championships during the 2011-12 season. Both the men and women finished as runner-up during the outdoor meet while the men posted another second-place point total indoors. Crumpecker works closely with the throwers group that combined for three conference titles. Josh Uchtman, the 2012 Male Field Athlete of the Year during the indoor season, claimed the shot put indoors. Brian Grote and Robinson won gold in the javelin and shot put, respectively, at the outdoor meet. In total, the Redhawks won nine individual OVC titles in 2011-12.

Southeast Missouri State **REDHAWKS**

In addition to the three individual conference champion throwers, Farley was named the OVC Male Freshman of the Year during the outdoor season.

During Crumpecker's tenure as head coach, the Redhawks have finished in the top three in all but one OVC indoor or outdoor meet (23 of 24). The men have finished second eight times while the women have been runner-up seven times.

Individually, he has mentored 78 individual OVC champions, 37 regional qualifiers and seven NCAA National Championships qualifiers. Redhawks student-athletes have won OVC Field Athlete of the Year 12 times, Track Athlete of the Year once, Athlete of the Year twice and Freshman of the Year seven times.

The Redhawks have also been stellar in the classroom under Crumpecker. Both the men's and women's track and field programs have earned All-Academic Team recognition from the US Track and Field and Cross Country Coaches Association (USTFCCCA) in five of his six years as head coach. Jill Schnurbusch and Farley were both placed on the USTFCCCA's All-Academic team in 2012-13. Additionally, Alex Zisser earned third-team Academic All-America honors from the College Sports Information Directors of America (CoSIDA) while Farley and Joel Krause joined Zisser on the Academic All-District team.

During his time as an assistant coach working primarily with the field events, Crumpecker was a part of 20 OVC team titles, coached 81 OVC individual champions, 131 All-OVC performers, six OVC Track Athletes of the Year, four NCAA national finalists, 12 NCAA provisional qualifiers, 26 NCAA regional qualifiers and five regional finalists. He guided Southeast student-athletes to 11 school records and three OVC marks.

A native of Union, Mo., Crumpecker is a USATF Level 1 certified coach. He earned a bachelor's degree in History from Missouri S&T and a master's in Higher Education Administration from Southeast. As a collegiate athlete, Crumpecker was a starting lineman for the Miners football team and earned All-MIAA honors in the shot put and discus for the track team.

Crumpecker and his wife, Amy, reside in nearby Jackson, Mo. They are parents of a daughter, Ella, and son, Jake.



Eric
CRUMPECKER



RYAN LANE

Role: Asst. Coach/Head XC Coach

Years: Seventh Season

Alma Mater: SEMO

Ryan Lane is in his seventh season at Southeast Missouri as the head cross country coach while also serving as the assistant track coach specializing in distance running.

Over his first six, the Redhawks' cross country team has posted six top-three finishes at the OVC Championships. During the 2016 season, the women placed second in conference and 16th at regionals. Megan Parks and Sydney O'Brien became the first Southeast duo to finish in the top 50 at Regionals since 1998. The programs have combined for 17 All-OVC performers, including six first-team runners while under Lane.

In 2015, the women's team placed third in the Ohio Valley Conference. Megan Parks earned Second Team All-Conference honors with a 12th place finish at the OVC Championships. Newcomer Kaitlyn Shea was named Female Freshman of the Year and was the first female in program history to win the award.

The 2014 season saw the end of Rebekah Lawson's cross country career. Lane saw Lawson through her career for four seasons. Lawson is the only Redhawk in Division I history to earn First Team All-OVC honors all four years of their career. The women's team capped off a great 2014 season with a fourth-place finish at the OVC Championships. The men finished sixth at the event.

In 2011, both the men and women had one first-team and one second-team All-OVC finisher. Nate Shipley's third-place finish garnered him a spot on the all-conference first team while Brent Collins earned second team all-conference on the men's side. Rebekah Lawson took sixth as a freshman to earn the first team nod while fellow freshman Jenny Govero made second team All-OVC.

The Redhawks have also excelled in the classroom under Lane. In 2013, both the men's and women's programs earned All-Academic honors from the United States Track & Field and Cross Country Coaches' Association (USTFCCCA). Southeast's women posted a 3.72 team GPA, the fifth-highest mark in the nation, while the men's 3.48 GPA was good for 11th. The achievement marks the fourth-

straight year at least one of the cross country programs earned academic recognition under Lane.

Lane's success with the distance runners has carried over to the track as well. Lawson notched a runner-up finish in the 5000m indoors to earn second-team All-OVC honors in 2013. During the outdoor season, Charles Johnson garnered second-team All-OVC recognition for his runner-up finish in the steeplechase.

The 2012 season saw Jessica Bollinger win an OVC title outdoors in the 10,000m while Lawson finished runner-up in both the 5000m and 10,000m. On the men's side, Mohammed Souleiman won an OVC title in the 800m while Chris Loseman earned second-team All-OVC honors after finishing runner-up in the 10,000m. Lane's athletes have combined for 10 All-OVC selections and three OVC titles in his first three seasons.

Lane returned to the Southeast program in which he interned as coach in 2008-09. That season, the Redhawk cross country teams recorded top-three finishes at the Ohio Valley Conference Championships. During that time, he received his Master's in Higher Education, finishing with a 4.0 GPA.

Prior to his coaching internship at Southeast, Lane worked as an assistant coach for the Cape Central High School cross country and track programs.

He also served as an assistant coach at his alma mater, Francis Howell North High School (2006-07). In all, Lane coached 41 All-State performers at the prep level.

Lane competed as a member Southeast cross country and track teams from 2002-2003, before an injury cut his career short. He received his undergraduate degree from Southeast in 2006, graduating with a magna cum laude distinction in Education.

An accomplished marathon runner, Lane placed ninth at the St. Louis Marathon in 2008 and 147th at the Boston Marathon in 2009.



Ryan **LANE**

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DANIELLE BURBAGE

Role: Assistant Coach

Years: Second Season

Alma Mater: Louisville

Danielle Burbage enters her second season with the Southeast Missouri track and field team as an assistant coach. Burbage will serve as the Redhawks multi-events coach and assistant sprints coach.

In 2015, Burbage helped coach Taylor Coffelt to an outstanding senior year where Coffelt set six personal records. Coffelt won gold in the heptathlon with a career high score of 4877 at the OVC Outdoor Championships where she reached personal bests in both high jump (1.60m) and the 200m dash (26.13).

During the 2014-15 season, Burbage served as director of operations at her alma mater, the University of Louisville. She was in charge of alumni relations, fundraising, organizing team travel and logistics, home meet operations and assisting with equipment orders and the program's budget among other duties. Prior to that, Burbage was a volunteer coach who assisted with jumps and multi-events for the Cardinals. She worked closely with NCAA long jump qualifier Brittany Owens and 100m hurdler Briana Brown in that role.

Burbage was an assistant coach at Wilmington College before returning to Louisville. There, she coached one NCAA Division III qualifier in the 400m hurdles. In addition, Burbage monitored classroom activities and efforts of student-athletes, while helping with the program's day-to-day operations.

A native of Paducah, Kentucky, Burbage earned a sports administration degree from Louisville in 2010. She competed in the 100m, 200m and both 4x100m and 4x400m relays as a member of the Cardinals track & field team.

She later received her master's degree in education from Louisiana-Monroe in 2012. Burbage trained student-athletes in sprints and relays, and helped with recruiting as a graduate assistant.



Danielle **BURBAGE**



CHRIS NAVARRO

Role: Assistant Coach

Years: First Season

Alma Mater: SEMO

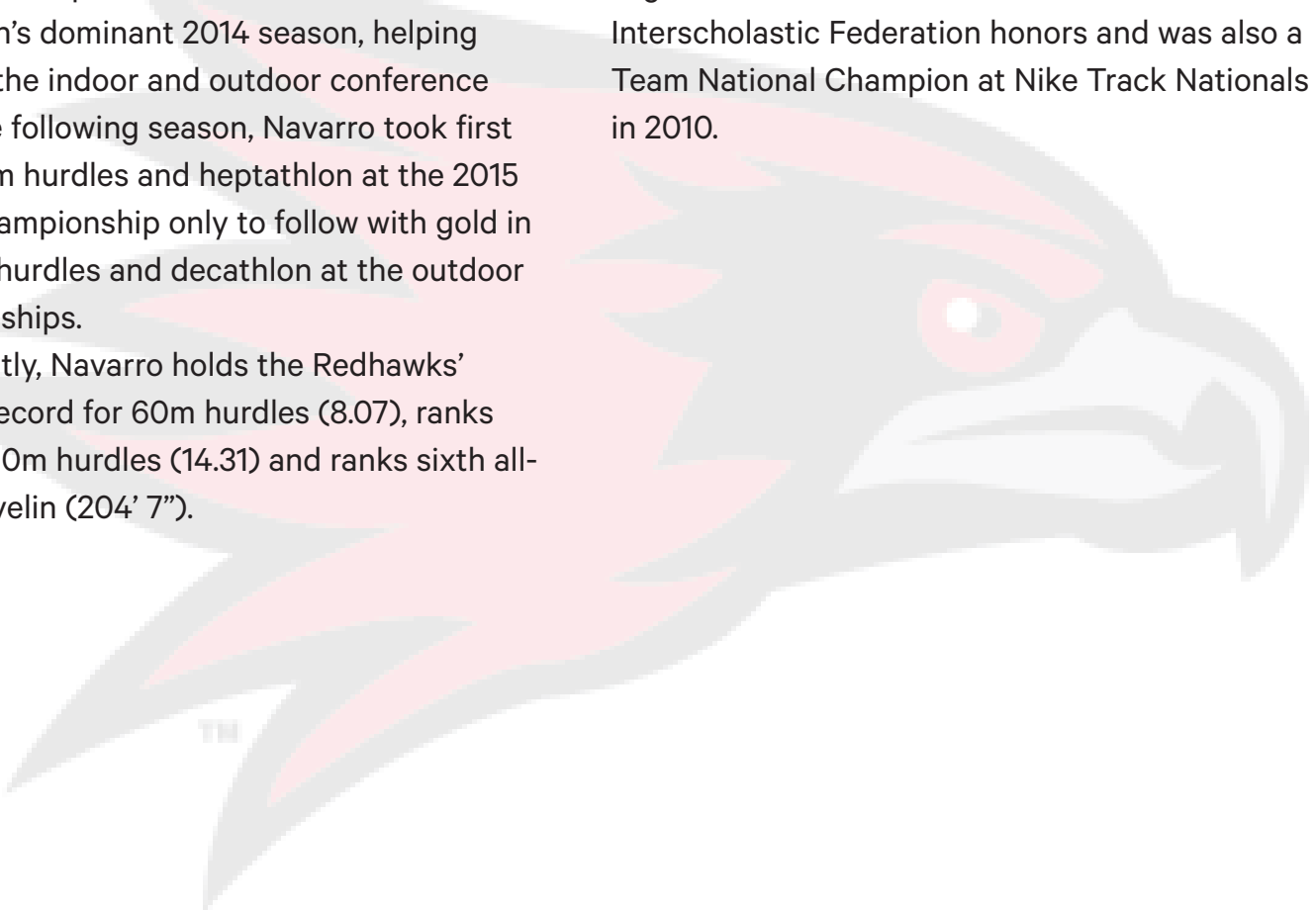
Chris Navarro will join the Southeast Missouri track and field staff for his first season. Navarro will serve as an assistant coach with an emphasis on sprints and jumps.

Navarro had a successful career as a student-athlete at Southeast, capturing six gold medals at OVC Championships. He was victorious during both heptathlon and decathlon events in the men's dominant 2014 season, helping win both the indoor and outdoor conference titles. The following season, Navarro took first in the 60m hurdles and heptathlon at the 2015 indoor championship only to follow with gold in the 110m hurdles and decathlon at the outdoor championships.

Currently, Navarro holds the Redhawks' outdoor record for 60m hurdles (8.07), ranks ninth in 110m hurdles (14.31) and ranks sixth all-time in javelin (204' 7").

Prior to competing at SEMO, Navarro earned Junior College All-American Honors in the decathlon, 110-meter hurdles and javelin while at Riverside Community College. He also helped win back-to-back California Junior College State Team Championships.

Navarro was a graduate of Vista Murrieta High School where he earned All-California Interscholastic Federation honors and was also a Team National Champion at Nike Track Nationals in 2010.





Chris **NAVARRO**

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DR. TIM RADEMAKER

Role: Volunteer Assistant Coach

Tim Rademaker continues to work with the Southeast Missouri track and field teams as a volunteer assistant coach for pole vaulting.

Rademaker, an Associate Professor Emeritus of physical education, retired from Southeast Missouri State University in 2010 after more than 30 years of service (1975-2009). He was a student-athlete at Southeast Missouri and earned his bachelor's degree in Education, History and Social Studies as well as a Master's Degree in Teaching, Physical Education. He would later earn a Doctorate from The Ohio State University.

In 2016, Rademaker was named by the Ohio Valley Conference a recipient of the Thurston Banks Award. Established in 2013, the award was created to recognize individuals with at least five years of service at one or more OVC member institutions for their outstanding contributions to OVC student-athletes' academic success, learning and development, and for his or her overall commitment to the institution's athletics program.

He continues to teach sport psychology as a part-time instructor and also serves as volunteer pole vault coach for the Redhawks track & field team, a position he has held off-and-on since the mid-1980s (after being a full-time assistant with the program from 1975 to 1982).

Professionally, Rademaker has had 22 presentations and seven publications in scholarly journals and received numerous honors for his teaching and contributions as a faculty member. He has helped many students pursue a career in physical education and coaching including holding a clinic to help students attain coaching certification on the weekends at no additional cost other than the price of the book.



SOUTHEAST MISSOURI STATE REDHAWKS
TRACK & FIELD



**WOMEN'S
PROFILES**



WOMEN'S PROFILES



Ayonna Cartwright

Senior
Sprints
Kansas City, Mo.

2016 Outdoor: Did not compete.

2016 Indoor: Competed in two meets...Compiled three first-place finishes, three seconds and one third...Won the 60m in both meets, posting a season-high time of 7.60 at the Missouri Invitational (1/15)...Took second in the 200m at the Missouri Invitational with a season-best time of 25.44...Ran in the 4x400m relay in both meets helping her team to a third-place finish (4:01.77) at the EIU Early Bird (12/11/15) and a second-place finish (3:59.10) at the Missouri Invitational.

2015 Outdoor: Competed in seven meets...Completed year with 13 top five finishes... Set career record in 100m (11.69) and 200m (24.31)...Finished first in 100m, 200m, 4x100 and 4x400 at the Joey Haines Invitational (4/3)...Finished first in 100m (11.94), third in 200m and 4x400 at Memphis Invitational (5/2)...Finished eighth in 100m and helped place fifth in the 4x100 at the OVC Championships.

2015 Indoor: Competed in seven meets...Named OVC Track Athlete of the Week (2/25)...Broke two school records in the 55m (6.83) and the 60m (7.42) at the 2015 Redhawk Invitational and OVC Championships, respectively...Set new career 200m time with 24.72 at the OVC Championships (2/27)...Set new career 400m time with 59.40 vs. SIUE (1/24)...Finished first in the 60m and 200m, as well as a fifth place finish in the 4x400m at the OVC Championships...Took first place in six total events... Had 13 top five finishes.

2014 Outdoor: Ran in seven meets... Set new career-bests in the 100 and 200m events at the end of the season... Took second at the Sam Williams Twilight Qualifier in the 100m dash with a time of 12.17 seconds... Set a new career 200m time of 25.02 at the Georgia Tech Invitational... The 4x100 relay team finished third at the OVC Championships with a time of 46.05 seconds... Finished fourth in the 100m dash at the OVC Championships with a mark of 12.07 seconds.

2014 Indoor: Competed in seven indoor meets... Won the 55m dash at the Redhawks Invite in 7.07 seconds... Finished second in the 60m dash at the SEMO vs. SIUE Dual Meet... The 4x400 relay team took second in the same meet with a time of 3:59.

2013 Outdoor: Ran in seven meets...Named a Southeast Scholar-Athlete...Part of the fifth-place 4x100m relay team (47.72) at the OVC Outdoor Championships (5/3-4)... Crossed the line in a season-best 12.61 in the 100m (third) at the Red Wolf Open (4/26-27).

2013 Indoor: Competed in five meets...Took second in the 60m (7.75/season-best 7.66 prelims) at the EIU Early Bird (12/7).

Prep: Graduate of University Academy...Was district champion in 100m, 200m, 400m...Was sectional champion in the 100m and 200m...Was a state runner-up in 100m... Is record holder in 100m, 200m, and 400m...Also played volleyball and basketball...Was first team all-district in basketball and was the first player in school history to score over 1000 points.

Personal: Born Nov. 9, 1992...Daughter of LaDonna Cartwright.

Southeast Missouri State **REDHAWKS**



Kayla Gutierrez

Senior
Throws
Kirkwood, Mo.

2016 Outdoor: Did not compete.

2016 Indoor: Competed in one meet...Finished fourth in shot put (13.64m, 44' 9") and first in weight throw (19.98m, 65' 6.75") at the EIU Early Bird.

2015 Outdoor: Saw action in eight meets... Set PR in shot put at 14.84m (48'8.25") in first place finish at the OVC Championships...Earned first place in discus (45.39m) at the Joey Haines Invitational...Finished first in hammer throw at the Joey Haines Invitational (55.39m) and the Vanderbilt Black & Gold Invitational (54.49m)...Placed in the top three 13 times.

2015 Indoor: Competed in eight meets...Named OVC Female Field Athlete of the Year...Two-time OVC Field Athlete of the Week (1/21, 2/4)...Broke school record in weight throw with a distance of 64'10"...Set personal best in shot put with a throw of 14.69m (48'2.5")...Placed first in the weight throw (64'10") at the OVC Championships...Accumulated four first-place finishes...Totaled 14 top-five finishes.

2014 Outdoor: Named 2014 OVC Field Athlete of the Year... Was named OVC Field Athlete of the Week two weeks in a row (April 23 and 30)... Broke the school record in the hammer throw with a toss of 58.3m (191'3") at the War Eagle Meet... Competed in nine meets... Set new career highs in all three of her events... Her new shot put record came at the Georgia Tech Invitational with a toss of 14.38m... Set a discus PR at the Red Wolf Open with a mark of 52.32m... Was the OVC Champion in the discus with a toss of 49.66m... Was the runner-up in the hammer throw at the OVC Championship.

2014 Indoor: Competed in six indoor meets... Set a new school record in the weight throw at the Redhawks Invite with a toss of 19.99m (65'7")... Was the OVC Champion in the weight throw with a toss of 19.35m... Was named OVC Field Athlete of the Week on Feb. 26... Set a season-best in the shot put at the OVC Championships with a heave of 13.72m to finish third in the event.

2013 Outdoor: Threw in nine meets... Named a Southeast Scholar-Athlete... Scored in three events: the hammer throw (fourth; 164-0), discus (seventh: 129-0) and shot put (eighth; 40-10 1/2) at the OVC Outdoor Championships (5/3-4)... Launched a season-best hammer throw of 174-11 at the SIUE Cougar Invitational (3/23), placing third in the event... Finished second in the discus (season-best 142-10) at the Sea Ray Relays (4/11-13).

2013 Indoor: Competed in seven meets... Finished third in the weight throw (57-5) at the OVC Indoor Championships (2/22-23)... Tossed a season-best 58-1 to take fourth in the weight throw at the Redhawks Invitational (2/15)... Finished fourth in the shot put with a season-best 44-5 1/4 at the Indiana Relays (1/25-26).

Prep: Attended Kirkwood High School... Lettered three years in track... Was a state qualifier Junior and Senior seasons in discuss and shot put... Also played volleyball.

Personal: Born Jan. 29, 1993... Daughter of Velkys Gutierrez... Pursuing a degree in Forensic Science and Music/Language.

WOMEN'S PROFILES

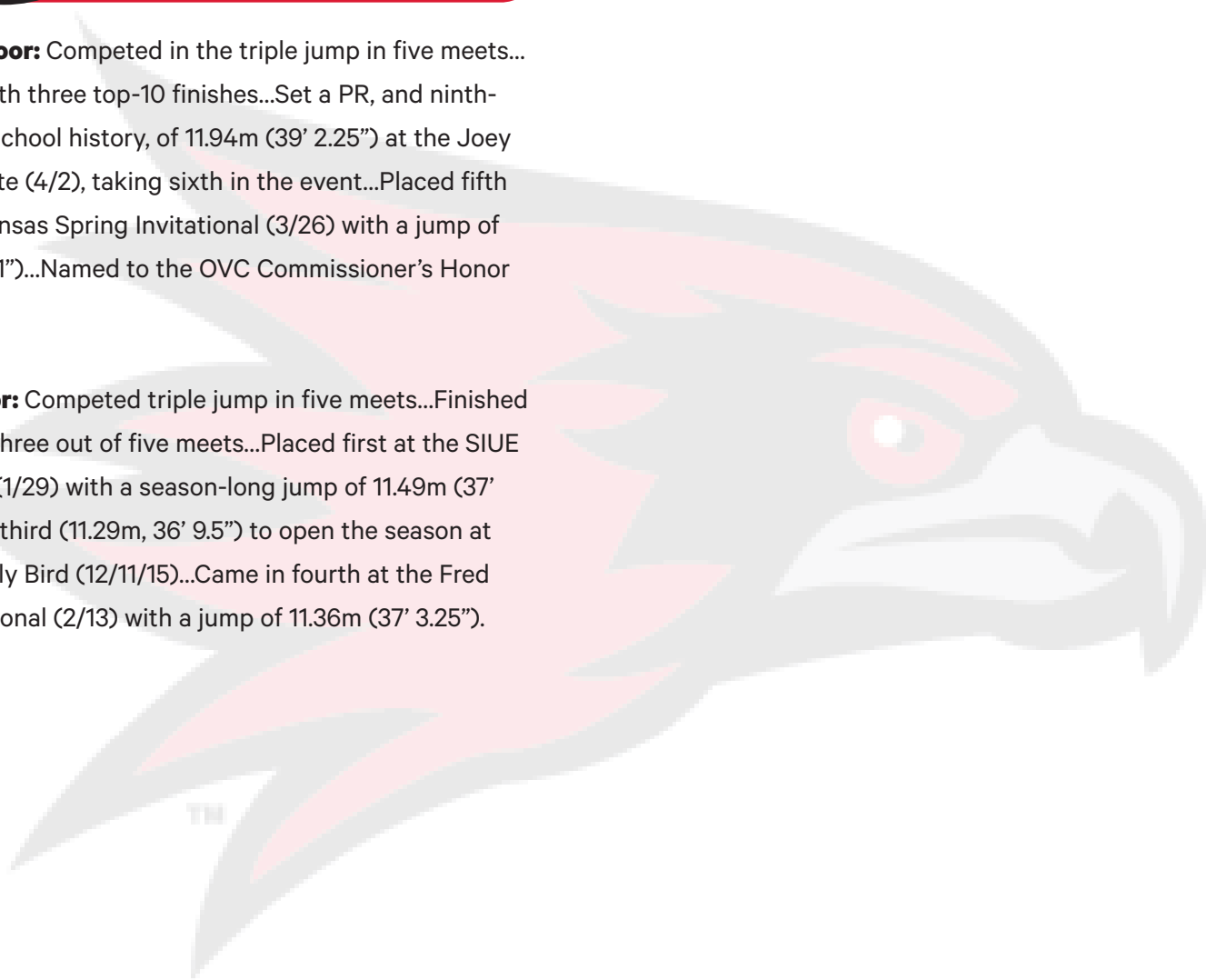


N'Kia Jones

Senior
Jumps
Alton, Ill.

2016 Outdoor: Competed in the triple jump in five meets... Finished with three top-10 finishes...Set a PR, and ninth-longest in school history, of 11.94m (39' 2.25") at the Joey Haines Invite (4/2), taking sixth in the event...Placed fifth at the Arkansas Spring Invitational (3/26) with a jump of 11.91m (39' 1")...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed triple jump in five meets...Finished top five in three out of five meets...Placed first at the SIUE Dual Meet (1/29) with a season-long jump of 11.49m (37' 8.5")...Took third (11.29m, 36' 9.5") to open the season at the EIU Early Bird (12/11/15)...Came in fourth at the Fred Wilt Invitational (2/13) with a jump of 11.36m (37' 3.25").



Southeast Missouri State **REDHAWKS**



Chelsea Miller

Senior
Sprints
Waltonville, Ill.

2016 Outdoor: Competed in four meets...Set career-longs in the long jump (5.26m, 17' 3.25") and javelin (22.26m, 73' 0")...Accumulated six top-10 finishes...Finished fifth in the 200m (26.62) at the SIUE Gateway Invite (4/16)...Member of 4x100 relay team that finished sixth (47.69) at the OVC Championship (5/14)...Took seventh in the 100m at the Gateway Invite with a time of 12.83...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in three meets...Finished inside the top 10 in all but one event...Member of 4x400m relay squad to win the event (4:08.00) at the SIUE Dual Meet (1/29)...Came in second in the 200m at the Redhawks Invite (2/19) with a time of 29.10...Apart of 4x400m team to place third at the EIU Early Bird (12/11/15) with a time of 4:01.77...Added a fourth and fifth-place finish in the 55m at the Redhawks Invite.

2015 Outdoor: Saw action in seven meets...Set PRs in the 200m (25.59) and the 400m (1:00.57)...Helped to first-place finish in the 4x100m (47.83) and the 4x400m (3:55.47) at the Joey Haines Invitational...Helped claim fifth in the 4x100m (48.95) at the OVC Championships...Totaled five top-five finishes...Named to the OVC Commissioner's Honor Roll.

2015 Indoor: Competed in seven meets...Named Southeast Scholar-Athlete...Set PRs in the 60m (8.00) and the 400m (1:01.97)...Helped 4x400m relay team to a fifth-place finish (3:57.59) at the OVC Championships...Finished fourth in both the 200m (29.87) and 400m (1:01.97) at the Redhawks Invite...Accumulated six top-five finishes.

2014 Outdoor: Competed in seven outdoor meets... Set a new PR in the 100m at the Joey Haines Invitational, finishing seventh... Finished third in the 4x100 relay at the OVC Championship with a time of 46.05... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in four meets... Finished third in the 200m at the Redhawks Invite in 26.95.

Prep: Lettered all four years in high school... Won the state championship in the 200 meter dash... Placed second in 100 meter dash her senior year.

Personal: Born Jan. 19, 1995... Daughter Karl and Michelle Miller... Majoring in Public Relations.

WOMEN'S PROFILES



Megan Parks

Senior
Mid Distance
Bonne Terre, Mo.

2016 Cross Country: Ran in all seven races...Ran the fastest 6k time in school history (21:14.3) at the Midwest Regional (11/11), placing 45th and earning the second-highest finish at a Regional in school history...Took seventh at the OVC Championship (10/29), collecting first team All-OVC honors with a time of 17:34.9...Only finished below 45th once all season...Opened the season with three consecutive top-five finishes...Came in 24th place at the Bradley Pink Classic to help lead the team to an eighth-place finish out of 31 total teams.

2016 Outdoor: Competed in all eight meets...Set PRs in the 800m (2:09.97) and 1500m (4:42.42) races...Finished in the top 10 in 13 out of 15 races, including two first-place finishes...Won the 800m prelim (PR) with the fifth fastest time in program history before taking third (2:11.62) in the finals at the OVC Championship (5/14)...Claimed the 800m title at the SIUE Gateway Invite (4/16) with a time of 2:15.12...Member of 4x400m squad to place third at the Memphis Tiger Invitational (4/30) with a time of 3:45.49...Took third in the 800m (2:11.36) at the Georgia Tech Invitational (4/23)...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in eight meets...Accumulated 12 top-10 finishes...Ran fastest 1000m in program history for an indoor season with a time of 2:53.33...Set PRs in the 600m (1:38.18), 1000m, mile (5:16.44) and 3000m (10:59.35)...Member of distance medley relay team to set the indoor program record time of 11:58.34 in a 14th-place effort at the Meyo Invitational (2/6)...Won the mile title at the SIUE Dual Meet (1/29) with her PR...Won the 600m (PR) and 1000m (PR) at the Fred Wilt Invitational (2/13) and Redhawks Invite (2/19), respectively...Part of 4x400m team to place second at the Missouri Invitational (1/15) with a time of 3:59.10.

2015 Cross Country: Ran in all six races...Finished first or second on the team in every race...Earned Second-Team All-OVC honors at the OVC Championships with a 12th-place finish in 18:01.9...Finished in the top-100 in every single race. Paced the women's team at the Commodore Classic (56th, 18:08.8)...One of five Redhawks to finish in the top-100 (43rd, 17:34.77) out of 436 competitors at the Chile Pepper Festival...Finished in 99th place at the NCAA Midwest Regional with a time of 22:08.1.

2015 Outdoor: Saw action in seven meets...Set PRs in the 800m (2:12.94) and the 1500m (4:58.95)...Helped team to a first-place finish in the 4x400m (3:55.47) at the Joey Haines Invitational...Placed 10th in the 800m (PR) and helped finish eighth in the 4x400m (3:57.97) at the OVC Championships...Had five top-five finishes...Named to the OVC Commissioner's Honor Roll.

2015 Indoor: Competed in six meets...Named Southeast Scholar-Athlete...Set PRs in 600m (1:39.67), 800m (2:16.06) and mile (5:18.09)...Placed first in the 800m (2:22.60) and the distance medley relay (13:40.39) vs. SIUE...Had four top-five finishes.

2014 Cross Country: Saw action in all seven meets of the 2014 season ... Had two 8th-place finishes, once at the Gabby Reuveni Early Bird and the second at the Saluki Invitational...Took 41st at the Bradley Classic with time of 22:11... Finished 17th at the OVC Championships with a mark of 18:12.

2014 Outdoor: Competed in five meets... Helped the 4x400 relay team to a 4th-place finish and the 4x1600 relay team to a 3rd-place finish at the OVC Championships... Ran a 2:18 800m race at the OVC Championships... OVC Medal of Honor recipient... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in six meets... Won the 400m at the Redhawks Invite with a time of 1:02... Won the 800m at the SEMO vs. SIUE Dual Meet with a time of 2:31... Helped the distance medley relay team to a fourth-place finish at the OVC Championship.

2013 Cross Country: Competed in five meets in 2013... Placed 12th at the SIUE Cross Country Challenge... Finished 51st at the OVC Championships (11/2) with a time of 19:55.

Prep: Graduated from North County High School in Bonne Terre, Mo....Lettered all four years as a mid-distance runner...PR for in the 400 meter event was 59.36 seconds and 800 meter was 2:22; both a school record...Earned all-conference and all-district honors in both events as well as qualified for the state championships...Earned Distance Runner of the Year all four years...Also a stand-out softball player earning all-conference and all-district honors...Excelled in the classroom as a member of National Honors Society and graduated in the top ten of her class.

Personal: Born Feb. 26, 1995...Daughter of Tom and Stephanie Parks...Sister, Alison, runs for the Southeast track team...Majoring in Exercise Science.

Southeast Missouri State **REDHAWKS**



Kennedy Roderick

Senior
Pole Vault
Glen Carbon, Ill.

2016 Cross Country: Missed season due to injury.

2016 Outdoor: Saw action in three meets...Finished 14th in the 3000m at the SIUE Gateway Invite (4/16) with a time of 12:19.52...Came in 20th (21:34.84) in the 5000m at the Joey Haines Invite (4/2)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Saw action in four meets...Tallied three top-10 finishes in four total events...Set PRs in the mile (6:03.45), 3000m (12:01.47) and 5000m (20:20.68) races... Finished fourth in the mile (PR) at the Redhawks Invite (2/19)...Placed sixth in the 3000m (PR) at the SIUE Dual Meet (1/29)...Came in seventh in the 5000m at the Fred Wilt Invitational.

2015 Cross Country: Ran in one race...Placed 86th at the Gabby Reuveni Early Bird with a time of 20:22.

2015 Outdoor: Competed in one meet...Did not place at Vanderbilt Black & Gold Invitational...Named to the OVC Commissioner's Honor Roll and received the OVC Medal of Honor.

2015 Indoor: Competed in six meets...Named Southeast Scholar-Athlete...Placed eighth in the pole vault, at the OVC Championships with a personal best 3.06m (10'0.5") mark...Finished second vs. SIUE in pole vault with a mark of 3.00m (9'10").

Before Southeast: Spent a year at Grand Valley State University.

Prep: 2013 graduate of Edwardsville High School... Lettered all four years in the pole vault... Competed at the state meet her junior and senior season... Helped lead her team to a state championship her junior year... Career-best pole vault of 11'9"... Was a Tiger Choice Award and honor roll student all four years... Member of the National Honor Society... Also ran cross country and also competed in gymnastics.

Personal: Born March 12, 1995... Daughter of Leslie and Jeffery Roderick... Majoring in Exceptional Child Education at Southeast.

WOMEN'S PROFILES



Paden Wachter

Senior
Throws
Jackson, Mo.

2016 Outdoor: Competed in nine meets...Set PRs in shot put (13.14m, 43' 1.5"), discus (41.19m, 135' 2"), hammer throw (48.23m, 158' 3") and javelin (29.75m, 97' 7")...Personal-best hammer throw is eight longest in school history...Collected 21 top-10 finishes...Tallied three top-five finishes at the Rhodes College Invitational (3/18) in the hammer throw (2nd – 46.00m, 150' 11"), discus (3rd – 38.61m, 126' 8") and shot put (4th – 12.26m, 40' 2.75")...Compiled three top-10 finishes at the SIUE Gateway Invite (4/16) in discus (4th – PR), hammer throw (5th – 48.22m, 158' 2") and shot put (6th – 12.33m, 40' 5.5")...Recorded three top-10 finishes at the OVC Championship (5/13)...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Saw action in five meets...Finished inside the top 10 in all but two events...Set new career-best in weight throw with a toss of 15.31m (50' 2.75")...Finished third in both weight throw (PR) and shot put (12.34m, 40' 6") at the Redhawks Invite (2/19)...Placed fourth in the weight throw at the SIUE Dual Meet (1/29) with a toss of 14.89m (48' 10.25").

2014-15 (Lindenwood): Had a best shot put toss of 13.28m (43' 7") to rank third all-time for outdoor... Throw of 13.03m (42' 8.75") ranks fourth all-time for indoor shot put... Ranked seventh all-time in discus (41.16m, 135' 0").

Personal: Daughter of Becky & Steve Wachter...has one sibling, Landon...majoring in physical education.

Southeast Missouri State **REDHAWKS**



Madeline Gaul

Junior
Distance
Swansea, Ill.

2016 Cross Country: Ran in two races...Finished in the top 50 once...Placed 40th in the Rebel Invitational (9/9) with a time of 23:21.9.

2016 Outdoor: Saw action in three meets...Competed in only the 1500m, tallying one top-15 finish...Placed 13th at the SIUE Gateway Invite (4/16) with a time of 6:01.31...Ran a season-best time of 6:00.20 at the Joey Haines Invite (4/1)...Earned the OVC Medal of Honor for finishing the 2015-16 school year with a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Saw action in three meets. Ran the mile in all three meets, picking up two top-10 finishes...Set a new personal-best of 6:24.22 at the SEMO vs. SIUE Dual Meet (1/29) taking sixth place...Placed fifth at the Redhawks Invite (2/19) with a time of 6:29.07.

2015 Cross Country: Ran in only one race...Finished in 75th place with a time of 19:48 at the Gabby Reuveni Early Bird.

2015 Outdoor: Saw action in three meets...Set PR in 1500m (5:53.20) at the Memphis Invitational...Named to the OVC Commissioner's Honor Roll.

2015 Indoor: Saw action in three meets...Named Southeast Scholar-Athlete...Set PRs in the 800m (2:50.07) and the mile (6:25.03)...Had two top-five finishes.

2014 Cross Country: Competed in only two meets in 2014... Finished 76th at the Forest Park Cross Country Festival (9/12) with a time of 23:06.

2014 Outdoor: Competed in two meets... Helped the 4x400 relay team to a fourth-place finish at the Joey Haines Invitational... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Did not compete.

2013 Cross Country: Competed in three meets in 2013.

Prep: Graduated from Belleville East High School in 2013... Captain of the cross country team her senior year... Also ran 800 meter and 4x800 events on the track team... PR for cross country was 20:51... Qualified for 3A sectional meet all three years of her track career... Honored with the Student Achievement Award all four years of high school.

Personal: Born Aug. 6, 1995... Daughter of Pat and Cindy Gaul... Majoring in Communication Disorders.

WOMEN'S PROFILES



Andrea George

Junior
Distance
O'Fallon, Ill.

2016 Cross Country: Ran in six races...Placed in the top 50 on two occasions...Finished in 12th at the Gabby Reuveni Early Bird (9/2) with a time of 15:12.6...Ran the Rebel Invite (9/9) in a season-best 5k time of 18:41.9, placing 24th overall...Took 55th at the OVC Championship (10/29).

2016 Outdoor: Saw action in four meets...Only ran in the 3000m steeple race, placing in the top 10 in two out of four races...Set a PR of 12:09.81 at the Memphis Tiger Invitational (4/29) in a ninth-place finish...Placed fourth in the steeple at the SIUE Gateway Invite (4/16) in 12:38.62.

2016 Indoor: Competed in four meets...Set PRs in the mile (5:33.70), the 3000m (11:01.24) and the 5000m (19:08.55) races...Tallied three top-five finishes...Finished in second place in the mile at the Redhawks Invite (2/19)...Took third in the 3000m race at the SEMO vs. SIUE Dual Meet (1/29)...Placed fifth in the 5000m at the Fred Wilt Invitational (2/13).

2015 Cross Country: Ran in four races...Finished in 27th place at the Gabby Reuveni Early Bird (16:15).

2015 Outdoor: Competed in six meets...Set PRs in 2000m steeple (7:52.94) and 3000m steeple (12:14.38)... Finished second in the 3000m steeple (12:21:11) at the Gibson Invitational...Named to the OVC Commissioner's Honor Roll and received the OVC Medal of Honor.

2015 Indoor: Saw action in four meets...Named Southeast Scholar-Athlete...Set PR in 3000m (11:04.64) at the SIU Invitational...Set personal best 5000m time of 19:24.51 at the DePauw Indoor Invitational...Had two top five finishes.

Southeast Missouri State **REDHAWKS**



Sierra Maddox

Junior
Pole Vault
Jackson, Mo.

2016 Outdoor: Competed in eight meets...Had four top-five finishes...Set PR of 3.84m (12' 7.25") which is the second-highest in school history...Won the SIUE Gateway Invite (4/16) with the PR...Took second at the Joey Haines Invite (4/2) with a height of 3.56m (11' 8")...Added two fourth place finishes at the Georgia Tech Invitational (4/23 – 3.60m, 11' 9.75") and the OVC Championship (5/14 – 3.44m, 11' 3.5")...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA.

2016 Indoor: Competed in seven meets...Placed in the top-five in all but one meet...Set season-best mark of 3.61m (11' 10")...Won the event at the SIUE Dual Meet (1/29) with a mark of 3.50m (11' 5.75")...Took second at the OVC Championship (2/27), hitting a height of 3.60m (11' 9.75")...Finished in third at the UINDY Collegiate Invitational (1/23 – 3.56m, 11' 8") and the Fred Wilt Invitational (2/13 – PR)...Added two fifth-place finishes.

University of South Dakota: Placed first in pole vault with PR of 4.02m at the Summit League Indoor Championships...Earned All-Academic honors... Was named to the Dean's List for the 2014 fall and 2015 spring semesters.

Prep: Graduate of Jackson High School... Was a two-time state champion in pole vault and four-time conference champion... Held Jackson High School pole vaulting record... Finished sixth at the 2014 Reno Pole Vault Summit... Finished 11th at the 2012 USATF Junior Olympic National Championships.

Personal: Born Oct. 21, 1995... Daughter of Douglas and Stephanie McCallister... Majoring in Sport Management with a Business Administration minor.

WOMEN'S PROFILES



Sydney O'Brien

Junior
Distance
St. Peters, Mo.

2016 Cross Country: Ran in all seven races...Recorded a top-50 finish in all but one race...Ran the second fastest 6k time (21:17) in program history at the Midwest Regional (11/11) where she placed 49th...Opened the year with a fifth-place finish at the Gabby Reuveni (9/2) with a time of 14:33.5...Placed 12th at the Rebel Invitational (9/9) with a time of 17:39...Came in 15th (17:43.9) at the OVC Championship (10/29).

2016 Outdoor: Competed in seven meets...Set PRs in the 1500m (4:59.50), 3000m (10:17.12), 5000m (17:26.21) and 10,000m (37:06.55) races...Tallied five top-10 finishes...Won the 10,000m (PR) at the Joey Haines Invite (4/2) with the tenth fastest time in program history...Came in fourth in the 10,000m at the OVC Championship (5/14) with a time of 37:11.57...Came in sixth place in the 1500m (PR) at the SIUE Gateway Invite (4/16).

2016 Indoor: Competed in six meets...Collected a top-10 finish in five out of eight events...Set PRs in the mile (5:29.89), 3000m (10:26.30) and 5000m (17:45.48) races...Claimed the 3000m title (10:54.24) at the SIUE Dual Meet (1/29)...Placed second at the UINDY Collegiate Invitational (1/23) in the 5000m (18:10.33)...Added a sixth-place finish at the Missouri Invitational (1/15) in the 3000m (10:50.56)...Finished in seventh in the 5000m (18:38.08) at the OVC Championship (2/27).

2015 Cross Country: Ran in all six races...Finished in the top-30 twice...Placed 11th at the Gabby Reuveni Early Bird with a time of 15:36...Third-fastest Redhawk at the OVC Championships (23rd, 18:29)...One of five Redhawks to cross the finish line in the top-100 (75th, 18:05.06) out of 436 total competitors at the Chile Pepper Festival.

2015 Outdoor: Competed in seven meets...Set PRs in the 3000m (10:42.05) and the 10,000m (38:28.20)...Earned three top-five finishes...Named to the OVC Commissioner's Honor Roll.

2015 Indoor: Saw action in five meets...Set PRs in the 3000m (10:54.41) and 5000m (18:14.75)...Finished first in the distance medley relay vs. SIUE with a time of 13:40.39...Placed third in the 5000m at the Indianapolis Challenge (career-best 18:14.75)...Tallied four top-five finishes.

2014 Cross Country: Competed in all seven meets as a true freshman... Finished 22nd in her Redhawk debut at the Gabby Reuveni Early Bird with a time of 15:44... Finished 12th at the Saluki Invitational in 19:28... Finished 44th at the OVC Championships with a time of 19:02.

Prep: 2014 graduate of Fort Zumwalt South High School... Ran cross country and track... Lettered all four years... Was a state qualifier for cross country her junior and senior years... Qualified for state in track her sophomore and junior years... Had a career-best 19:02 5K... Was named all-conference, all-district, and all-sectional in cross country her senior year while also being the team captain... Was awarded the US Marine Corps Distinguished Athlete Award... Member of the National Honor Society... Was also a cheerleader all four years.

Personal: Born December 6, 1995... Daughter of Cary and Talisa O'Brien... Studying Pre-Med at Southeast.

Southeast Missouri State **REDHAWKS**



Eilish Overby

Junior
Mid Distance
Grover, Mo.

2016 Cross Country: Ran in six meets...Totaled two top-50 finishes...Came in 24th at the Gabby Reuveni (9/2) with a time of 15:33.8...Finished in 26th (18:56.5) at the Rebel Invitational (9/9)...Placed 61st at the OVC Championship (10/29) with a time of 19:05.4.

2016 Outdoor: Did not compete...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in five meets...Notched two top-five finishes...Set PRs in the mile (5:19.67) and 3000m (11:30.61) races...Picked up a pair of second-place finishes at the SIUE Dual Meet (1/29) in the 800m (2:24.40) and distance medley relay (13:48.46)...Finished in 12th place in the 800m at the Fred Wilt Invitational (2/13) with a time of 2:27.

2015 Cross Country: Ran in four races...Finished in 36th place at the Gabby Reuveni Early Bird (16:36).

2015 Outdoor: Saw action in seven meets...Set PRs in the 3000m (10:42.05) and the 10,000m (38:28.20)... Helped team place fifth in the 4x400m (4:37.23) at the Joey Haines Invitational...Placed fourth in the 3000m (11:06.61) at the ASU Red Wolf Open... Placed fourth in the 5000m (18:32.58) at the Joey Haines Invitational...Finished sixth in the 10,000m (PR) at the OVC Championships...Named to the OVC Commissioner's Honor Roll...Named to the OVC Commissioner's Honor Roll.

2015 Indoor: Competed in six meets...Set PRs in 800m (2:21.31) and mile (5:22.50)...Finished first in the distance medley relay vs. SIUE (13:40.39)...Helped team to second place finish in 4x800m relay (9:50.74) at the Illini Classic... Recorded three top five finishes.

2014 Cross Country: Competed in four meets in 2014... Finished 64th in her NCAA debut at the Forest Park Cross Country Festival with a time of 20:16... Followed that up with a 24th-place finish at the Saluki Invitational with a time of 20:38... Best finish of the season came at the Louisville Classic in a time of 19:36.

Prep: 2014 graduate of Eureka High School... Lettered all four years... Was the state champion in the 4x800 relay her senior season... Was named all-conference and all-state in cross country her senior year... Was a Renaissance student... Also played soccer.

Personal: Born March 30, 1996... Daughter of David Overby and Michele Wolfe... Majoring in Public Relations.

WOMEN'S PROFILES



Angie Sumner

Junior
Distance
Wildwood, Mo.

2016 Cross Country: Ran in six races...Had two top-30 finishes...Took 20th at the Rebel Invitational (9/9) with a time of 18:24.5...Finished in 28th place (18:15.5) at the OVC Championship (10/29)...Helped team to an eighth-place finish at the Bradley Pink Classic (10/14) placing 57th with a time of 22:01.5.

2016 Outdoor: Competed in seven meets...Totaled five top-10 finishes...Set career-bests in the 800m (2:25.80), 1500m (4:42.50), 3000m (10:10.12) and 5000m (17:23.86) races...Won the 3000m (PR) at the WKU Hilltopper Relays (4/9)...Claimed the 1500m title at the SIUE Gateway Invite (4/16) with her personal-best time...Finished seventh in the 5000m (17:42) at the OVC Championship (5/14).

2016 Indoor: Competed in six meets...Set a new PR in the mile with a time of 5:05.59...Recorded five top-10 finishes...Collected two second-place finishes at the Missouri Invitational (1/15) in the mile (PR) and 3000m (10:17.46)...Took fourth in the 800m (2:27.28) at the SIUE Dual Meet (1/29)...Member of distance relay team to place fifth at the OVC Championship (2/27) with a time of 12:19.49.

2015 Cross Country: Ran in all six races...Paced the women's team at the NCAA Midwest Regional (91st, 22:02.7)...Had three top-60 finishes...Finished in sixth place at the Gabby Reuveni Early Bird with a time of 15:09...Narrowly missed All-Conference honors at the OVC Championships, finishing in 17th place with a time of 18:18.8...One of five Redhawks to finish in the top-100 (59th, 17:53.27) out of 436 total competitors at the Chile Pepper Festival.

2015 Outdoor: Competed in eight meets...Set PRs in the 1500m (4:43.37) and 3000m (10:26.78)...Finished third in the 1500m (4:54.57) at the Joey Haines Invitational...Placed 11th in the 1500m (PR) at the OVC Championships...Had three top-10 finishes.

2015 Indoor: Did not compete...Named Southeast Scholar-Athlete.

2014 Cross Country: Ran in all seven meets in 2014...Sumner finished seventh at the Gabby Reuveni Early Bird with a time of 15:06... Finished fifth in Carbondale, Illinois at the Saluki Invitational in 18:24... Took 22nd at the OVC Championships with a time of 18:20.

2014 Outdoor: Did not compete.

2014 Indoor: Ran in three indoor meets... Finished the mile run in third place at the SEMO vs. SIUE Dual Meet with a time of 5:17... Helped the distance medley relay team to a second-place finish at the same meet with a time of 13:03.

2013 Cross Country: Competed in only two meets... Placed third at the Washington Early Bird (8/31) in a time of 15:02... Finished second at the SIUE Cross Country Challenge (9/13) in 18:26.

Prep: Graduated from Eureka High School in 2013... Earned all-state honors after winning the 4x800... Named all-district and all-sectional for cross country... Earned all-conference, all-district and all-sectional honors as a freshman as well as qualified for the state championships... PR for 5k is 18:32.

Personal: Born July 5, 1994... Daughter of Bill and Jean Sumner... Majoring in Exercise Science.

Southeast Missouri State **REDHAWKS**



Mariam Ajiroba

Sophomore
Sprints
Brampton, Ontario, Canada

2016 Outdoor: Competed in seven meets...Finished with top marks of 11.83 (100m) and 24.61 (200m)...Her 100m time of 11.83 is tied for the seventh fastest in school history...Had seven top-five finishes, including two firsts in the 100m and 4x100m at the SIUE Gateway Invite (4/16)...Added two second-place finishes in the 100m (12.11) and 200m (24.96) at the Joey Haines Invite (4/2)...Closed the year out with two sixth-place finishes in the 100m (12.23) and 4x100m (47.69) at the OVC Championship (5/14).

2016 Indoor: Competed in four meets...Collected four top-five finishes...Recorded a PR of 7.09 in the 55m prelims at the OVC Championship...Notched two fourth-place finishes in the 55m (7.36) and 200m (26.59) at the SIUE Dual Meet (1/29)...Recorded personal bests of 7.67 in the 60m and 25.46 in the 200m.



McKenna Baker

Sophomore
Throws
Quincy, Ill.

2016 Outdoor: Competed in five meets...Had three top-10 finishes...Tallied top marks of 11.98m (39' 3.75"), 33.27m (109' 2") and 37.69m (123' 8") in shot put, discus and hammer throw, respectively...Her top shot put distance landed her a seventh-place finish at the SIUE Gateway Invite (4/15)...Collected a sixth-place finish in shot put at the Rhodes College Invitational (3/18) with a throw of 11.84m (38' 10.25")...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in five meets...Accumulated four top-10 finishes...Placed fourth in weight throw and sixth in shot put with throws of 13.02m (42' 8.75") and 11.59m (38' 0.25"), respectively...Had a personal best 13.23m (43' 5") in the weight throw at the EIU Early Bird (12/11/15) to open the season.

WOMEN'S PROFILES



Sarah Bindel

Sophomore
Sprints/Hurdles
Chester, Ill.

Prep: A four-year member of the varsity cross country and track & field team at Chester High School...Was 10th in state for 100 hurdles her sophomore year...Took second in state for 300 hurdles...Received All-State for hurdles two of her four years...Finished fourth in state for both 100 and 300 hurdles her senior year...Took third at indoor state in the 60 hurdles...Earned All-Conference all four years...Set personal records for 300 hurdles (44.68), 100 hurdles (15.37), and 60 hurdles (9.44)...Was a member of the basketball and swim team...Member of the National Honor Society...Graduated as salutatorian.

Personal: Born Dec. 5, 1995, in Chester, Ill...Daughter of Alan and Nancy Bindel...Has one brother; Brad.



Miya Dorsey

Sophomore
Sprints/Hurdles
Belleville, Ill.

2016 Outdoor: Competed in four meets...Accumulated six top-ten finishes...Set a PR in the 400m hurdles (sixth place) at the OVC Championship (5/13) with a time of 1:02.40, the sixth fastest in program history...Took second in the 400m hurdles (1:04.38) at the Rhodes College Invitational (3/18)...Helped 4x400m relay team nab a fourth-place finish, with a season-best time of 3:48.67, at the OVC Championship... 4x400m relay team placed third at the Memphis Tiger Invitational (4/29) with a time of 3:55.25.

2016 Indoor: Competed in seven meets...Collected 13 top-10 finishes, including nine in the top five...Member of 4x400m relay team to claim first place at the SEMO vs. SIUE Dual Meet (1/29) with a time of 4:08.00...Apart of distance medley relay team that set school indoor record at the Meyo Invitational (2/5) in 11:58.34...Finished third in the 600m with a PR time of 1:43.55 at the Fred Wilt Invitational (2/13)...Placed fifth in the distance Medley Relay (12:19.49) at the OVC Championship (2/26)...Set PRs of 25.89 and 57.13 in the 200m and 400m, respectively... Added two third-place finishes in the 400m (58.91) and 4x400m relay (4:01.77) at the EIU Early Bird (12/11/15).

Southeast Missouri State **REDHAWKS**



Rachel Hutchcraft

Sophomore
Distance
Florissant, Mo.

2016 Cross Country: Ran in six races...Finished in top 50 twice... Came in 30th at the Rebel Invite (9/9) in 19:19.5...Finished in 28th place at the Gabby Reuveni Early Bird (9/2) with a time of 15:44.8.

2016 Outdoor: Saw action in five meets...Set PRs in the 1500m (5:13.68) and 10,000m (39:18.77) races...Had one top-10 performance, placing 5th in the 10,000m (PR) at the Joey Haines Invite (4/2)...Finished in 11th place in the 1500m (PR) at the SIUE Gateway Invite (4/16)...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in five meets...Set career-highs in the mile (5:36.27), 3000m (10:51.15) and 5000m (18:50.82) races... Collected two top-50 finishes...Placed third in the 5000m (PR) at the UINDY Collegiate Invitational (1/23)...Took fourth in the mile (PR) at the SIUE Dual Meet (1/29).

2015 Cross Country: Ran in four races...Had one top-30 finish... Placed 20th at the Gabby Reuveni Early Bird with a time of 16:03.

Prep: Four-year letter winner at Hazelwood West...Named to All-Conference team as a junior and senior. Earned All-Academic honors all four years...As a senior, she qualified for state in cross country and track...Conference and District champs, as a senior...Also played varsity soccer.

Personal: Born March 31,1997...Daughter of Charles Hutchcraft and Laura Devine...Graduated in the top three percent of her class with a 4.13 GPA.

WOMEN'S PROFILES



Natalie Kopplin

Sophomore
Distance
Overland Park, Kan.

2016 Cross Country: Ran in all seven meets...Finished top 50 in three meets...Placed 13th at the Gabby Reuveni (9/2) with a time of 15:13...Ran the Rebel Invitational in 18:32, taking 21st overall...Finished in 41st (18:35.8) at the OVC Championship.

2016 Outdoor: Competed in six meets...Set PRs in the 1500 (5:01.65), 3000m (10:43.47), 5000m (18:59), 10,000m (40:27.49) and 3000m steeple (12:21.46) races...Finished in the top 10 in three total events...Member of 4x400m squad to finish third (4:16.45) at the SIUE Gateway Invite (4/15)...Took 10th in the 1500m (5:05.22) at the same meet...Placed 10th in 3000m steeple (PR) at the Memphis Tiger Invitational (4/30)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in six meets...Tallied six top-10 finishes...Set PRs in the 800m (2:32.19) and mile (5:15.26)...Finished second in the distance medley relay at the SIUE Dual Meet (1/29) with a time of 13:48.46...Took fourth in the 3000m (11:01.36) at the same meet...Placed third in the 800m (2:32.23) at the Redhawks Invite (2/19)...Collected two top-10 finishes (7th – 3000m; 9th mile) at the Missouri Invitational with times of 10:56.47 and 5:27.82, respectively.

2015 Cross Country: Ran in all six races...Had one top-20 finish...Finished 16th at the Gabby Reuveni Early Bird (15:48)...Just missed cracking the top-50 (54th, 19:25.6) at the OVC Championships.

Prep: Lettered four years...Named Olathe East Female Athlete of the Year...Won the booster scholarship for track and cross country... Cross country team won state, as a senior... During freshman and junior seasons, the track team won state...As a senior, she placed fifth in the 1600m, at state, with a time of 5:11...Ran for KC Flyers track club, coached by Ken Ferguson.

Personal: Born September 3, 1996...Majoring in Nutrition... Daughter of Mike and Pam Kopplin...Graduated with a 4.2 GPA.

Southeast Missouri State **REDHAWKS**

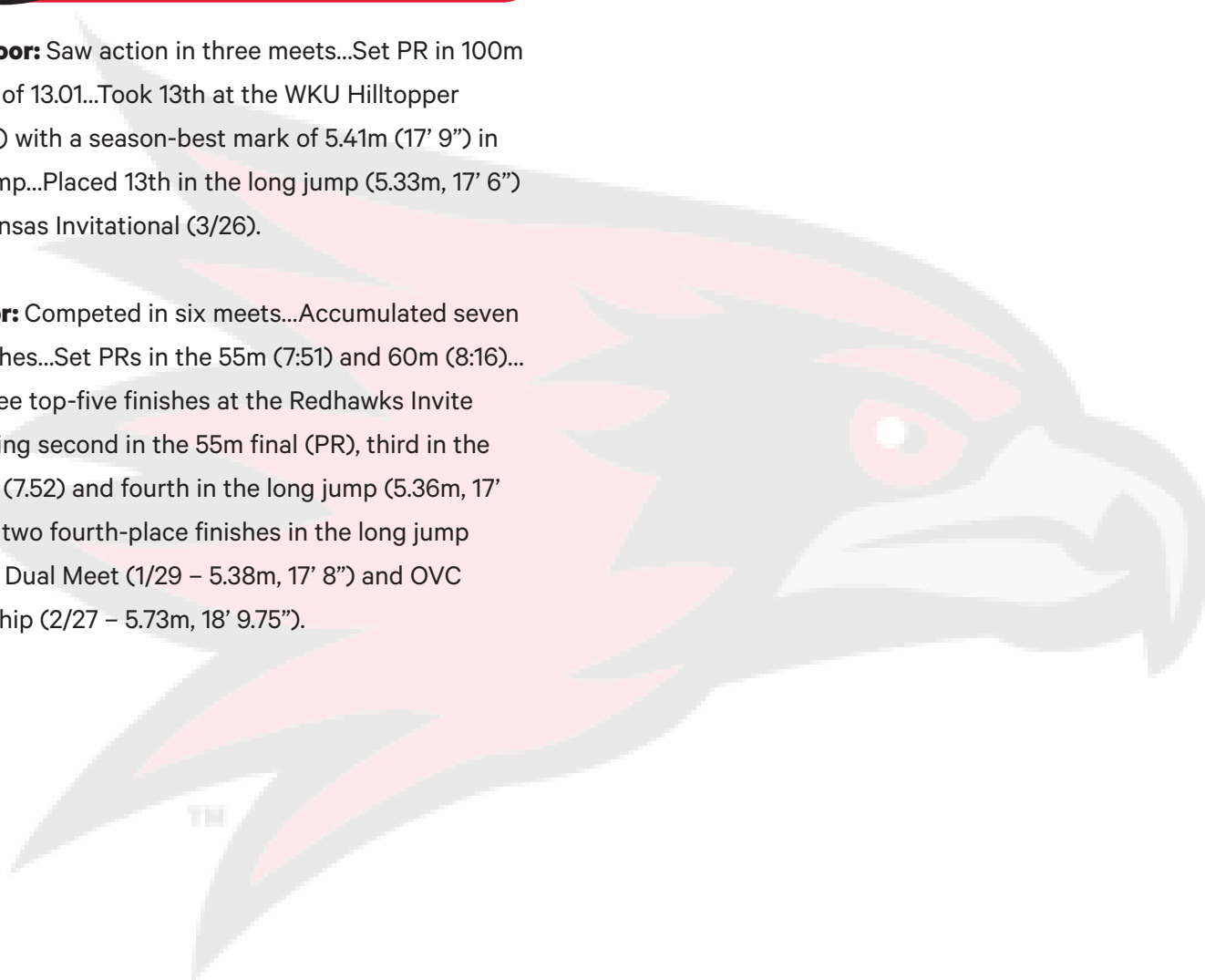


Mikayla Logan

Sophomore
Jumps
Columbia, Mo.

2016 Outdoor: Saw action in three meets...Set PR in 100m with a time of 13.01...Took 13th at the WKU Hilltopper Relays (4/9) with a season-best mark of 5.41m (17' 9") in the long jump...Placed 13th in the long jump (5.33m, 17' 6") at the Arkansas Invitational (3/26).

2016 Indoor: Competed in six meets...Accumulated seven top-10 finishes...Set PRs in the 55m (7:51) and 60m (8:16)... Totaled three top-five finishes at the Redhawks Invite (2/19), placing second in the 55m final (PR), third in the 55m prelim (7.52) and fourth in the long jump (5.36m, 17' 7")...Added two fourth-place finishes in the long jump at the SIUE Dual Meet (1/29 – 5.38m, 17' 8") and OVC Championship (2/27 – 5.73m, 18' 9.75").



WOMEN'S PROFILES



Kaitlyn Shea

Sophomore

Distance

Jefferson City, Mo.

2016 Cross Country: Ran in all seven races...Earned second team All-OVC honors after placing 13th (17:43.6) at the OVC Championship (10/29)...Finished in the top 35 in all but two races...Opened the season with back-to-back top-10 finishes at the Gabby Reuveni (2nd – 14:05) and the Rebel Invitational (8th – 17:30.2)...Came in 26th (21:34.2) at the Bradley Pink Classic (10/14) to help the team to an eighth-place finish out of 31 total teams...Took 34th at the Commodore Classic (9/17) with a time of 17:53.3.

2016 Outdoor: Competed in seven meets...Set PRs in the 800m (2:23), 1500m (4:43.77) and 5000m (17:24.72) races...Compiled seven top-10 finishes in nine total events...Runner-up in the 3000m at the WKU Hilltopper Relays (4/9) with a time of 10:11.07...Added two third-place finishes at the SIUE Gateway Invite (4/16) in the 4x400m relay (4:16.45) and 800m (PR)...Finished third in the 5000m (18:04.71) at the Joey Haines Invite (4/2)...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in six meets...Set PRs in the mile (5:16.48) and 3000m (10:09.06)... Accumulated seven top-10 finishes...Apart of distance medley relay team that set school indoor record at the Meyo Invitational (2/5) in 11:58.34...Won the 5000m at the Fred Wilt Invitational (2/13) with a season-best time of 17:42.31...Finished third in the 3000m (PR) at the Missouri Invitational (1/15)... Member of distance relay team to place fifth at the OVC Championship (2/27) with a time of 12:19.49.

2015 Cross Country: Ran in all six races...Won OVC Female Freshman of the Year honors...In her first ever collegiate race, Shea finished in second place (15:04) at the Gabby Reuveni Early Bird to help lead the team to a first place finish overall...Finished in the top-100 in all but one race...Finished in 20th place at the OVC Championships with a time of 18:25.7...One of five Redhawks to finish in the top-100 (56th, 17:49.24) out of 436 total competitors at the Chile Pepper Festival.

Prep: Lettered four years in track and three in cross country...As a senior, she set new records in the 5k, mile and two mile runs...Medalist at state as a freshman and junior...Qualified for state as a sophomore...Voted most improved all four years...Also played soccer her freshman year.

Personal: Born September 24, 1996...Daughter of Mike and Lynne Shea...Her brother Nick wrestles at Truman State and her other brother Logan plays football at Lincoln University.

Southeast Missouri State **REDHAWKS**



Anna Thomas

Sophomore
Distance
Pilot Knob, Mo.

2016 Cross Country: Ran in five meets...Recorded two top-30 finishes...Placed 17th at the Gabby Reuveni (9/2) with a time of 15:19.1...Finished the Rebel Invitational (9/9) in 18:57.5, taking 27th place overall.

2016 Outdoor: Competed in six meets...Accumulated four top-10 finishes...Set PRs in the 1500m (5:08.19) and 3000m steeple (11:41.60)...Tallied a second and third-place finish at the SIUE Gateway Invite (4/16) in the 3000m steeple (11:45.91) and 4x400m relay (4:16.45), respectively...Finished in eighth in the 3000m steeple (11:53.40) at the Georgia Tech Invitational (4/23)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Saw action in six meets...Compiled five top-10 finishes...Set PRs in the 800m (2:26.91), mile (5:22.48) and 3000m (10:58.11)...Won the 800m (2:30.23) at the Redhawks Invite (2/19)...Member of distance medley relay squad to take second (13:48.46) at the SIUE Dual Meet (1/29).

2015 Cross Country: Ran in four races...Finished in 22nd place at the Gabby Reuveni Early Bird in 16:04.

Prep: Four-year letter winner at Arcadia Valley...As a senior, earned several honors for cross country and track, including All-State, All-Conference, All-District and All-Academic...Finished second in state her freshman year...Played basketball and earned All-Conference and All-District honors...Named to the 2015 KTJJ Dream Team.

Personal: Born November 15, 1996...Daughter of Martin and Carolyn Thomas...Graduated at the top of her class and earned class Valedictorian.

WOMEN'S PROFILES



Bella Bowers

Freshman
Distance
Scott City, Mo.

2016 Cross Country: Ran in two meets... Finished 38th at the Rebel Invitational (22:43.5).

Prep: Attended Scott City High School...Collected all-state honors in the 1600m race her last two years...Conference champion in the 1600m and 800m races...Earned all-district recognition in the 4x800m relay as a freshman... Also played basketball, volleyball and softball.

Personal: Born November 26, 1997...Daughter of Bryan and Harleen Bowers...Majoring in Engineering.



Carli Knott

Freshman
Distance
Jackson, Mo.

2016 Cross Country: Ran in three meets... Had two top-40 finishes... Placed 33rd at the Rebel Invitational (19:56.3).

Prep: Attended Jackson High School...Twice earned all-state honors in the 400m...Placed eighth in the 2015 Class 4 Cross Country State Championships...State qualifier in the 4x800m relay...Set a PR of 18:38 in a 5k race.

Personal: Born February 24, 1998...Daughter of Deanna Knott...Majoring in Exercise Science.



Leslie Brooks

Freshman
Jumps
St. Louis, Mo.

Prep: 2016 graduate of Ritenour High School... Lettered all four years of high school... Set school record in triple jump (38') during senior season... Placed fourth in state in triple jump during junior year and was named MVP of team... Helped reach state in the 4x100m and 4x400m relays... Also competed in long jump, 300m hurdles and 4x200m relay... Also played basketball.

Personal: Born May 2, 1998... Daughter of Rasalind Woods.



Jeziel Martin

Freshman
Sprints
Bloomington, Ill.

Prep: 2016 graduate of Bloomington High School... Competed in 100m, 200m and 400m... Set school record in the 200m (24.6) during junior year.

Personal: Born December 13, 1997... Daughter of Garfield Martin and Lori Ryburn... Studying Exercise Science at Southeast Missouri.

Southeast Missouri State **REDHAWKS**



Danielle Morhmann

Freshman
Distance
Chesterfield, Mo.

2016 Cross Country: Ran in all seven meets... Three top-40 finishes... Placed 10th at the Gabby Reuveni Early Bird (15:06.1)... Finished 25th at the Rebel Invitational (18:53.2)... Took 33rd at the OVC Championships (18:22.6).

Prep: Attended Marquette High School...Earned all-state nods in the 1600m and 3200m races, as a senior... Placed fourth and sixth at state in the 1600 and 3200, respectively...Collected all-conference and all-district recognition during all four years...Had career-bests of 5:04 in the 1600, 11:04 in the 3200 and 19:09 in the 5k...Honor Roll student all four years.

Personal: Born January 21, 1998...Daughter of Donald and Dawn Mohrmann...Majoring in Elementary Education.



Carlee Williamson

Freshman
Distance
Jackson, Mo.

2016 Cross Country: Competed at two meets... Placed 39th at the Rebel Invitational (23:10.9).

Prep: Attended Jackson High School...Competed in both track and cross country...Also played soccer and basketball...Finished in the top 10 percent of her class.

Personal: Born October 8, 1997...Daughter of James and Staci Williamson...Majoring in Pre-Medicine.

WOMEN'S PROFILES



Sasha Smith-Pollard

Junior
Sprints
Clovis, N.M.



Georgia Tomlinson

Junior
Sprints
Terrell, Texas



Jaden Barnes

Freshman
Pole Vault
Cape Girardeau, Mo.



Creshonna Crenshaw

Freshman
Sprints
St. Louis, Mo.



Jessenia Ellis

Freshman
Throws
Poplar Bluff, Mo.



Catherine Hopkins

Freshman
Throws
St. Louis, Mo.



Mikayla Richardson

Freshman
Jumps
Memphis, Tenn.



Rachel White

Freshman

SOUTHEAST MISSOURI STATE REDHAWKS
TRACK & FIELD



MEN'S
PROFILES



MEN'S PROFILES



Christian Locke

Senior (Gr.)
Pole Vault
New London, Mo.

2016 Outdoor: Missed season due to injury.

2016 Indoor: Competed pole vault in eight meets...Set PR and third longest mark in program history with a height of 5.20m (17' 0.75")...Recorded six top-10 finishes, including three even titles...Won the event at the OVC Championship (2/27) with second-best season mark (5.18m, 17' 0")... Won the Fred Wilt Invitational (2/13) title, hitting a height of 5.06m (16' 7.25")...Opened the season winning the EIU Early Bird (12/11/15) title with a mark of 5.05m (16' 6.75")... Took second (PR) at the Redhawks Invite (2/19)...Landed in third at the Missouri Invitational (1/15) with a height of 4.75m (15' 7").

2015 Outdoor: Competed at nine meets... Placed first at Huskie Classic with season-high mark in pole vault at 4.90m (16'0.75")...Took first with 4.85m mark (15'11") at the OVC Championships.

2015 Indoor: Saw action in seven meets...Named Southeast Scholar-Athlete...Took first in pole vault at the OVC Championships with a 5.00m (16'4.75") mark...Placed second with a season-best mark 5.05m (16'6.75") at the EIU Early Bird...Totaled five top five finishes.

2014 Outdoor: Competed in nine meets in the pole vault in 2014... Had a season-high 4.97m vault at the Red Wolf Open, finishing second.

2014 Indoor: Saw action in seven indoor meets... Had a career-best vault of 5.15m at the OVC Championships, placing second in the event... His 5.15m (16'10.75") vault ranks fourth in Southeast's top-ten... Won the pole vault at the SEMO vs. SIUE Dual Meet with a mark of 4.55m.

2013 Outdoor: Competed in five meets... Named a Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll... Finished second in the pole vault (outdoor-best 15-5) at the Joey Haines Invitational (4/5-6)

2013 Indoor: Competed in seven meets... Took fourth in the pole vault with a season-best 15-7 at the OVC Indoor Championships (2/22-23)... Won the pole vault (15-0) in a dual against SIU Edwardsville (2/1).

Prep: Graduate of Hannibal High School... Earned state title in his senior season in the pole vault... Three time state qualifier in the event... Two-time district champion and sectional champion... Helped his team to a third-place finish in the state meet... Also excels in the classroom as member of National Honor Society.

Personal: Born on March 23, 1994... Son of Terry and Becky Locke... Majoring in Business... Brother Jordan competes in cross country and track at William Woods University.

Southeast Missouri State **REDHAWKS**



Jordan Brown

Senior
Mid Distance
Gainesville/ Fla.

2016 Outdoor: Competed in seven meets...Set PRs in the 800m (1:51.65) and 1500m (4:29.13) races...Totaled seven top-10 finishes...Recorded two second-place finishes at the SIUE Gateway Invite (4/16) in the 4x400m relay (3:23.04) and 800m (1:54.92)...Finished third in the 800m (1:55.91) at the WKU Hilltopper Relays (4/9)...Added a fifth and sixth-place finish at the OVC Championship (5/14) in the 800m final (1:52.91) and 800m prelim (PR), respectively.

2016 Indoor: Competed in six meets...Had a top-10 finish in all but one event...Member of distance medley relay team that recorded the program's fifth fastest time (9:55.52) in a second-place effort at the Meyo Invitational (2/6)...Won the 800m at the UINDY Collegiate Invitational (1/23) with a time of 1:58.36...Came in second in the 800m (1:56.20) at the SIUE Dual Meet (1/29)...Tallied a second and fourth-place finish at the OVC Championship (2/27) in the 800m (1:52:58) and distance medley relay (10:47.79).

2015 Cross Country: Did not compete.

2014 Cross Country (NSU): Ran in four meets...Finished eighth at the Westminster Academy Invitational with a time of 16:56.57...Placed 30th (28:03.30) at the SSC Championships

2013 Cross Country (NSU): Ran in several events as a sophomore and helped his team place third in the Sunshine State Conference...Claimed fifth among Sharks in his home town at the Mountain Dew Invitational and clocked in at 27:26.68.

2012 Cross Country (Nova Southeastern): Was a key member of the Sharks' first Sunshine State Conference and NCAA South Region Championship...Ran the program's 15th best 8K time ever at the SSC Championship, finishing in eighth place with a time of 26:25.90...Ran the program's eighth best 10K time ever at the NCAA South Region Championship, finishing in 14th place with a time of 32:53.95...Clocked in at 34:36.80 in the 10K at the NCAA Division II National Championship.

Prep: Ran cross country and track at P.K. Yonge D.R.S...Finished eighth, in the state, in cross country...Finished fifth, in state, in the mile...Named all-area in the 800 meter.

Personal: Born March 30, 1994...Majoring in criminal justice...Favorite food is pasta...Favorite movie is The Avengers...Son of Darryl and Terry Brown.

MEN'S PROFILES



Zach Gordan

Senior
Sprints/Jumps
Carol Stream, Ill.

2016 Outdoor: Competed in five meets...Set PRs in the 200m (21.63), 400m (50.88) and long jump (7.35m, 24' 1.5")...Compiled nine top-10 finishes in 11 total events... Member of 4x100m squad that won the title at the OVC Championship (5/14) with a time of 40.54...Added a third (long jump – PR), fourth (200m (F) – 22.05) and fifth-place (200m (P) – PR) finish at the same meet...Picked up two third-place finishes at the SIUE Gateway Invite (4/16) in the 200m (21.88) and long jump (7.23m, 23' 8.75").

2016 Indoor: Saw action in three meets...Totaled four top-10 finishes...Set PRs in the 55m (6:54), 60m (7:06) and 200m (22:35)...Collected a second (long jump – 7:01m, 23' 0") and third-place (55m – PR) finish at the SIUE Dual Meet (1/29)...Picked up a sixth-place finish in the long jump (7.01m, 23' 0") at the Fred Wilt Invitational (2/13).



Kameron Long

Senior
Mid Distance
Memphis, Tenn.

2016 Cross Country: Did not compete.

2016 Outdoor: Competed in seven meets...Accumulated six top-10 finishes...Set new career-best in the 800m (1:51.95)... Collected a second (4x400m relay – 3:23.04) and fourth-place (800m – 1:55.34) finish at the SIUE Gateway Invite (4/16)... Member of 4x400m team to place third (3:24.49) at the Joey Haines Invite (4/2)...Added a ninth-place finish (PR) in the 800m at the OVC Championship (5/14).

2016 Indoor: Competed in eight meets...Registered a top-five finish in all but one event...Set new career-best time in the 600m (1:20.96)...Member of 4x400m squad that won titles at the OVC Championship (2/27) and Missouri Invitational (1/15) with times of 3:15.74 and 3:18.36, respectively...Member of distance medley relay team that recorded the program's fifth fastest time (9:55.52) in a second-place effort at the Meyo Invitational (2/6)...Added a third (800m (P) – 1:52.70) and two fourth-place (800m (F) – 1:53.23; DMR – 10:47.79) finishes at the OVC Championship...Finished second in the 600m (1:21.85) at the Fred Wilt Invitational (2/13)...Tallied a second and fourth-place finish in the 800m (1:55.55) and 4x400m relay (3:27.82) at the Missouri Invitational.

2015 Cross Country: Did not compete.

2015 Outdoor: Saw action at eight meets... Placed top five in seven events...Set season-best time in 800m at 1:52.67 in preliminary run at the OVC Championships...Helped place first in 4x400m at the Memphis Invitational (3:16.48) and the Joey Haines Invitational (3:19.29)... Helped finish third in the 4x400m at the OVC Championships at 3:15.79.

2015 Indoor: Competed in seven meets...Named Southeast Scholar-Athlete...Set personal-best 600m (1:21.35)...Finished third in the 4x400m relay (3:24.06) and fifth in the 800m (1:56.57) at the OVC Championships...Took first in the 800m vs. SIUE with a time of 1:57.85...Had nine top five finishes.

Southeast Missouri State **REDHAWKS**



Chris Martin

**Senior
Jumps
Cape Girardeau, Mo.**

2016 Outdoor: Competed in seven meets...Notched seven top-10 finishes, including four event titles...Took home first place in two out of three events (4x100m – 40.54; triple jump – 15.74m, 51' 7.75") at the OVC Championship (5/14)... Won the triple jump at the Memphis Tiger Invitational (4/30) with a distance of 15.70m (51' 6.25")...Took the triple jump title (15.67m, 51' 5") at the WKU Hilltopper Relays (4/9)...Represented SEMO at the NCAA Division I West Preliminaries, placing 14th in the triple jump (15.70m, 51' 6.25").

2016 Indoor: Competed in seven meets...Compiled 12 top-10 finishes, including two event titles...Set a new career-high in the 55m with a time of 6.53...Won the triple jump at the Missouri Invitational (1/15) with a mark of 15.52m (50' 11")...Collected a first and third-place finish at the SIUE Dual Meet (1/29) in the triple jump (15.38m, 50' 5.5") and long jump (6.97m, 22' 10.5"), respectively...Finished second in the triple jump (14.36m, 47' 1.5") at the Fred Wilt Invitational (2/13).

2015 Outdoor: Saw action in nine meets...Placed top five in eight meets... Set PR in 100m at 10.80 at the Vanderbilt Invitational... Finished first in triple jump at Joey Haines (15.41m) and the Gibson Invitational (14.88m)... Helped place first in 4x100m at the Gibson Invitational (40.78) and the Memphis Invitational (41.01) and second at the OVC Championships (41.10)...Placed third in triple jump at the OVC Championships (15.11m)... Placed fifth at the NCAA DI Preliminaries and competed at the NCAA Outdoor Championships.

2015 Indoor: Competed in six meets...Named OVC Field Athlete of the Week (2/4)...Set PRs in 60m dash (6.95), 60m hurdles (9.38), pole vault (12'5.25") and triple jump (52'1.75")...Finished first in 60m (6.95) and long jump (22'8.5") at the OVC Championships...Placed first in the triple jump at the Illini classic with a 15.58m (51'1.5") mark... Had six first place finishes...Totaled 15 top five finishes.

2014 Outdoor: Named 2014 OVC Freshman of the Year... Competed in 10 meets as a true freshman in 2014... Was named OVC Field Athlete of the Week on April 30... Finished second in the decathlon at the OVC Championships with 6,043 points... Won the triple jump at the OVC Championships with a leap of 15.61m... Won the triple jump at the Red Wolf Open with a mark of 15.48m... Helped the 4x100 relay team to a top-finish at the Joey Haines Invitational with a time of 41.37 seconds.

2014 Indoor: Named 2014 OVC Freshman of the Year for the indoor season... Competed in six meets... Finished runner-up in the heptathlon at the OVC Championships with 4,832 points while winning four of the events... Won the triple jump at the Saluki Fast Start in his NCAA debut with a leap of 15.49m... Won three more triple jump events in the regular season.

Prep: Lettered all four years at Cape Central High School... State champion in the triple jump... Earned all-state, honors all four years... Also played football for the Central Tigers... Recognized as an all-district and all-conference running back.

Personal: Born Sept. 15, 1994... Son of Lorenzo and Alesha Martin... Studying Pre-Physical Therapy.

MEN'S PROFILES



Marc Maton

Senior
Distance
Chatham, Ill.

2016 Cross Country: Ran in six meets...Recorded top-50 finish in four out of six races...Took fifth at the Gabby Reuveni (9/2) with a time of 19:13...Finished 31st at the Louisville Classic (10/1) with a time of 25:01.3...Placed 44th (27:04.9) at the OVC Championship (10/29).

2016 Outdoor: Competed in eight meets...Set PRs in the 800m (2:00.02), 1500m (3:46.31) and 5000m (14:25.03)...Compiled nine top-10 finishes...Won the 1500m title (3:49.16) at the OVC Championship (5/14)...Claimed the 3000m title (8:26.04) at the SIUE Gateway Invite (4/16)...Collected the 1500m title (3:54.22) at the Joey Haines Invite (4/2)...Finished second in the 1500m at the Georgia Tech Invitational (4/23) with a time of 3:48.78...Added a fourth-place finish in the 5000m (PR) at the Memphis Tiger Invitational (4/30).

2016 Indoor: Competed in eight meets...Broke the 1000m indoor record with a time of 2:26.25...Member of distance medley relay squad to set the new record (9:55.52) in a second-place effort at the Meyo Invitational (2/6)...Set PRs in the 600m (1:23.63), 1000m, mile (4:12.45), 3000m (8:18.18) and 5000m (14:28.91)...Won five total titles; the mile (4:12.45) at the Missouri Invitational (1/15), the mile (4:17.12) at the UINDY Collegiate Invitational (1/23), the 3000m (8:41.93) at the SIUE Gateway Invite (1/29), the 5000m (PR) at the Fred Wilt Invitational (2/13) and the 1000m (PR) at the Redhawk Invite (2/19).

2015 Cross Country: Ran in all six races...Finished in the top-50 in all but one race...Named Male OVC Runner of the Week (9/22) after finishing 20th at the Commodore Classic, the highest finish by any OVC runner that week...Took first place at the Gabby Reuveni Early Bird (19:48).

2015 Outdoor: Saw action at seven meets... Set PRs in the 1500m (3:50.58), the 3000m (8:31.06) and the 5000m (14:59.08)... Placed first in 1500m at Joey Haynes Invitational (3:57.12) and Memphis Invitational (3:51.32)...Had seven top five finishes...Placed fifth in the 1500m and seventh in the 5000m at the OVC Championships.

2015 Indoor: Competed in seven meets...Named Southeast Scholar-Athlete...Set PRs in the mile (4:10.41), 3000m (8:37.07) and 5000m (15:16.64)...Placed fourth in the mile at the OVC Championships with a time of 4:16.45...Took second in the distance medley relay (10:14.26) at Hoosier Hills...Finished first in the mile (4:18.82) at the EIU Early Bird...Accumulated seven top five finishes.

2014 Cross Country: Ran in all seven meets in 2014... Started the season off with a third-place finish at the Gabby Reuveni Early Bird with a time of 19:28... Took 21st two weeks later at the Forest Park Cross Country Festival... Finished 18th at the Saluki Invitational... Was Southeast's second finisher at the Bradley Classic with an 86th-place finish... Finished 34th at the OVC Championships.

2014 Outdoor: Competed in six outdoor meets, primarily in the 1500m... Ran a season best 1500m at the Alabama Relays in 3:53, finishing 14th at the event... Won his lone 3000m race of the season at the Memphis Invitational with a time of 8:54... Finished the 1500m race at the OVC Championships in 13th-place.

2014 Indoor: Ran in six indoor meets in 2014... Finished third in the distance medley relay at the OVC Championships with a time of 10:19... Finished second in the mile run at the SEMO vs. SIUE Dual Meet with a time of 4:25... Finished the mile fifth at the Hoosier Hills Meet in 4:18, a season-best.

2013 Cross Country: Competed in six meets... Finished 11th at the Washington Early Bird (8/31) followed by a 12th-place finish at the SIUE Cross Country Challenge... Best 8k time of the season was recorded at the Bradley "Pink" Classic in 27:05.

Prep: Graduated from Chatham-Glenwood High School in 2013... Lettered all four years... Garnered Most Valuable Runner award three years in a row and conference Male Runner of the Year twice for cross country... Earned all-conference honors in both track and cross country three of his four years... Earned fourth-place in the 3,200 meter event at state his junior.

Personal: Born Sept. 22, 1994... Son of Phil and Ellen Maton.

Southeast Missouri State **REDHAWKS**



Brannon Wright

Senior
Sprints
Jackson, Mo.

2016 Outdoor: Appeared in seven meets... Recorded 12 top-five finishes... Helped set fifth best 4x400m time in school history (3:08.89) at the Georgia Tech Invitational... Recorded new PR in 400m (48.01)... Earned gold at OVC Championships in 4x400m and 4x100m relays and bronze in the 200m with PR of 21.44... Helped finish 20th in the 4x400m at the NCAA West Prelims.

2016 Indoor: Ran at six meets... Helped record four first-place finishes in the 4x400m relay... Captured gold in the 4x400m relay at the OVC Championships (3:15.74).

High School: Attended Jackson High School in Jackson, Missouri...All State 100,200 & 400 Meter Dash-Track...All State Wide Receiver-Football

Personal: Son of Butch & Pam Wright...has two siblings, Dana & Kaci...majoring in exercise science.



Abayomi Akinmoladun

Junior
Jumps
Grandview, Mo.

2016 Outdoor: Competed triple jump in four meets...Had two top-10 finishes...Finished seventh at the Joey Haines Invite (4/2) with a distance of 13.87m (45' 6.25")...Took eighth at the OVC Championship (5/14) with a mark of 14.05m (46' 1.25")...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed triple jump in five meets...Set new PR of 14.43m (47' 4.25")...Collected a top-10 finish in all five events... Finished in fourth with a distance of 13.86m (45' 5.75") at the Redhawks Invite (2/19)...Added fourth-place finish at SIUE Dual Meet tallying a mark of 13.55m (44' 5.5")...Secured seventh-place finish at the OVC Championship with personal-best mark.

2015 Outdoor: Competed in five meets...Set PR in long jump at a mark of 6.52m (21'4.75")...Placed third in long jump (6.47m) at Joey Haines Invitational... Member of the OVC Commissioner's Honor Roll.

2015 Indoor: Saw action in six meets...Set PR in triple jump at a mark of 13.42m (44'0.5")...Placed tenth in the triple jump (43'10.5") at the OVC Championships.

Prep: 2014 graduate of Grandview High School... Lettered all four years in the triple and long jump events... Finished fourth in state as a junior... Helped his team to three state championships... Also played basketball.

Personal: Born July 17, 1996... Son of Olu and Caroline Akinmoladun... Studying Education at Southeast Missouri.

MEN'S PROFILES



Jordan Barber

Junior
Sprints
Cairo, Ill.

2016 Outdoor: Competed in eight meets...Recorded 12 top-10 finishes, including four event titles...Set PRs in the 100m (11.23), 200m (22:19) and 400m (47.86), tying the 10th fastest 400m time in program history...Member of 4x400m squad that recorded fifth fastest time in school history (3:08.89) in a second-place effort at the Georgia Tech Invitational (4/23)... Won both the 400m (PR) and 4x400m (3:11.12) at the Memphis Tiger Invitational (4/30)... Apart of 4x400m relay team to win the title at the OVC Championship (5/14)...Added two third-place finishes at the same meet in the 400m prelim (48.17) and 400m final (47.94)...Took third in the 400m at the Joey Haines Invite (4/2) with a time of 49.32.

2016 Indoor: Competed in seven meets...Recorded a top-10 finish in all but one event...Logged career-bests in the 600m (1:22.79) and 800m (2:07.70)...Apart of 4x400m relay team that won four out of six events, including the OVC Championship (2/27), clocking a time of 3:15.74... Collected three third-place finishes in the 400m, including the Gladstein Invitational (1/23) with a time of 48.72... Finished in second in both the 400m prelim (49.09) and 400m final (48.32) at the OVC Championship.

2015 Outdoor: Competed in seven meets...Set PRs in 100m (11.48), 200m (22.27), 400m (48.89) and 800m (2:08.59)... Helped place top three in five relays... Helped claim first place in 4x400m at Memphis Invitational (3:16.48) and Joey Haines Invitational (3:19.29)...Finished sixth in 400m (48.97) at the OVC Championships.

2015 Indoor: Saw action in six meets...Set PR in 200m (23.36)...Helped team to first place finish in the 4x400m relay (3:22.62) at the EIU Early Bird...Finished third in the 200m with PR vs. SIUE...Had seven top five finishes.

Prep: 2014 graduate of Notre Dame High School... Lettered all four years in multiple events... Was awarded the Male Bulldog Award his senior year... District and sectional champion in the 400m... Finished runner up at state in the 400m.

Personal: Born August 17, 1996... Son of Carlos and Tashika Barber... Majoring in Physical Therapy at Southeast Missouri.

Southeast Missouri State **REDHAWKS**



Brandon Chunn

Junior
Sprints
Florissant, Mo.

2016 Outdoor: Competed in six meets...Tallied nine top-10 finishes, including four event wins...Set a new career-best in the 400m with a time of 48.26...Member of 4x400m squad that recorded fifth fastest time in school history (3:08.89) in a second-place effort at the Georgia Tech Invitational (4/23)...Apart of 4x400m relay team that won the title at the OVC Championship (5/14) with a time of 3:11.45...Claimed two titles at the SIUE Gateway Invite (4/16) in the 400m (49.12) and 4x400m relay (3:12.52)...Won 4x400m relay (3:11.12) at the Memphis Tiger Invitational (4/30)...Added a pair of fifth-place finishes at the OVC Championship in the 400m prelim (48.70) and 400m final (PR).

2016 Indoor: Competed in six meets...Recorded a top-10 finish in all but two events, including nine in the top five...Set PRs in the 600m (1:21.57) and 800m (2:02.72) races...Apart of 4x400m relay team that won four out of six events, including the OVC Championship (2/27), clocking a time of 3:15.74...Finished third in the 400m prelim (49.22) at the OVC Championship...Collected a first and third-place finish at the Fred Wilt Invitational (2/13) in the 600m (1:21.63) and 4x400m relay (3:25.01), respectively...Came in fourth in the 400m (50.54) at the Missouri Invitational (1/15).

2015 Outdoor: Competed in five meets...Set PR in 400m (48.62) in a fourth place finish at the OVC Championships...Helped in first place finish in 4x400m at the Memphis Invitational. Had seven top five finishes...Helped in third place finish in 4x400m (3:15.79) at the OVC Championships.

2015 Indoor: Did not compete.

MEN'S PROFILES



Nathan Cook

Junior
Distance
St. Peters, Mo.

2016 Cross Country: Ran in two meets...Missed most of the season due to injury...Finished in 186th at the Midwest Regional (11/11) with a time of 34:46.1.

2016 Outdoor: Saw action in five meets...Set PRs in the 1500m (3:59.73), 3000m (8:42.28) and 10,000m (32:00.25) races...Collected three top-five finishes...Finished second in the 1500m (PR) and fourth in the 4x400m relay (3:37.97) at the SIUE Gateway Invite (4/16)...Placed third in the 10,000m at the Joey Haines Invite (4/2) with a time of 32:04.98.

2016 Indoor: Competed in five meets...Recorded two top-10 finishes...Set PR in the 3000m (8:47.57)...Took ninth in the 3000m (PR) at the Fred Wilt Invitational (2/13)...Placed ninth in the 5000m at the Gladstein Invitational (1/23) with a time of 15:36.36.

2015 Cross Country: Did not compete.

2015 Outdoor: Competed in seven meets... Competed in eight different events throughout season...Had seven top 10 finishes...Finished first in 3000m (8:48.67) at Memphis Invitational...Finished first in 5000m (14:58.60) in Joey Haines Invitational.

2015 Indoor: Saw action in four meets...Set PRs in the mile (4:25.97), 3000m (9:12.71) and 5000m (16:06.31)...Placed fourth in the distance medley relay (10:24.54) at the OVC Championships...Had two top five finishes.

2014 Cross Country: Ran in all seven meets as a true freshman in 2014... Finished 11th in his NCAA debut at the Gabby Reuveni Early Bird with a time of 19:55... Finished 15th at the Forest Park Cross Country Festival and 16th at the Saluki Invitational... Took 32nd at the OVC Championships... Best finish of the season came at the NCAA Regionals when he finished in 32:20.

Prep: 2014 graduate of St. Dominic High School... Four-year letter winner... Earned all-district and all-state honors in cross country... Was an all-sectional selection in the 3200m... Was the district champion in the 1600m... Also played basketball.

Personal: Son of Ken and Renee Cook... Studying Business Management.

Southeast Missouri State **REDHAWKS**



Tyler Jourdan

Junior
Pole Vault
Salem, ill.

2016 Outdoor: Competed pole vault in four meets...Had a season-best height of 4.41m (14' 5.5") in an eight-place effort at the Memphis Tiger Invitational (4/30)...Placed 10th at the Arkansas Invitational (3/26) with a mark of 4.30m (14' 5.5")...

2016 Indoor: Competed pole vault in eight meets...Recorded three top-10 finishes...Finished fourth at the Redhawk Invite (2/19) with a season-best mark of 4.46m (14' 7.5")...Came in fifth at the EIU Early Bird (12/11/15) with a height of 4.10m (13' 5.25")...Placed sixth at the OVC Championship (2/27), hitting a height of 4.40m (14' 5.25").

2015 Outdoor: Did not compete.

2015 Indoor: Competed in eight meets...Set personal-best pole vault mark at 4.85m (15'11")...Finished second in the pole vault with personal-best at the OVC Championships...Finished first in pole vault (14'11") at the Redhawks Invite...Had five top five finishes.

Prep: 2014 graduate of Salem Community High School... Lettered all four years in the pole vault... Was the pole vault state champion... Earned all-conference accolades... Co-MVP and Coaches Outstanding Track & Field Award winner... Finished runner up in state as a junior... Was awarded the Robert Raver Best in Field Award all four years... Also played soccer for three years.

Personal: Born April 1, 1995... Son of Terry Heern and Carla Jourdan-Heern... Majoring in Cybersecurity at Southeast Missouri.

MEN'S PROFILES



Jarred Pasley

Junior
Sprints
St. Louis, Mo.

2016 Outdoor: Competed in five meets...Set new career-best time in the 400m (46.79)...Recorded seven top-10 finishes...Member of 4x400m relay team to run fifth fastest time in school history (3:08.89)...Won three 4x400m relay titles...Claimed victory in both the 400m prelim (47.35) and 400m final (PR) at the OVC Championship (5/14)...Took second in the 400m (48.15) at the Memphis Tiger Invitational (4/30).

2016 Indoor: Competed in six meets...Recorded a top-10 finish in all 17 events he competed in...Set PRs in the 55m (6.60) and 600m (1:21.91)...Won seven total titles, including four in the 400m...Finished third in the 200m at the Gladstein Invitational (1/23)...Placed fourth in the 55m (PR) at the SIUE Dual Meet (1/29).

2015 Outdoor: Saw action in seven meets...Set PRs in 100m (11.07), 200m (21.68) and 400m (47.88)...Placed first 200m (21.85), 400m (48.14), 4x100m (41.01) and 4x400m (3:16.48) at the Memphis Invitational...Finished first in 200m (22.00), 400m (48.09) and 4x400m (3:19.29) at the Joey Haines Invitational...Helped finish second in 4x100m (41.10) at the OVC Championships.

2015 Indoor: Competed in seven meets...Set PRs in the 60m (7.15) and 200m (22.32)...Placed third in the 4x400m relay (3:24.06) and fifth in the 400m (48.84) at the OVC Championships...Helped team to first-place finish in 4x400m relay at the EIU Early Bird with a time of 3:22.62...Finished second in both the 200m (22.90) and 400m (49.80) vs. SIUE...Totaled 12 top five finishes.

Prep: 2014 graduate of Christian Brothers College in St. Louis, Missouri... Lettered two years... Is the school record holder in the 400m (47.91) and 4x400 (3:14)... Is a two-time state champion in the 400m and the 4x400 as a senior... Was named team MVP... Earned USATF All-American his junior year.

Personal: Born August 29, 1995... Son of Clayton and Lavera Pasley.

Southeast Missouri State **REDHAWKS**



Dan Plunkett

Junior
Distance
Springfield, Ill.

2016 Cross Country: Ran in six meets...Had three top-50 finishes...Took seventh at the Gabby Reuveni (9/2) with a time of 19:22.7...Landed in tenth (18:41.6) at the Rebel Invitational (9/9)...Finished in 39th at the OVC Championship (10/29) with a time of 26:51.5.

2016 Outdoor: Competed in seven meets...Accumulated five top-10 finishes...Set new career-best time (1:59.06) in the 800m...Collected a fourth (4x400m) and fifth-place (1500m) finish at the SIUE Gateway Invite (4/16) with times of 3:37.97 and 4:03.35, respectively...Finished fourth in the 5000m (15:43.64) at the Joey Haines Invite (4/2).

2016 Indoor: Competed in six meets...Compiled nine top-10 finishes...Set PRs in the mile (4:20.34) and 3000m (8:52.09)...Added a second and fourth-place finish at the SIUE Dual Meet (1/29) in the distance medley relay (11:08.16) and 3000m (8:55.54), respectively...Finished fourth in the distance medley relay (10:47.79) at the OVC Championship.

2015 Cross Country: Ran in five races...Placed sixth at the Gabby Reuveni Early Bird with a time of 20:25...Finished second on the team and 38th overall at the OVC Championships (26:46.4).

2015 Outdoor: Competed at seven meets...Set PRs in 1500m (3:59.52) at the OVC Championships and 3000m (9:23.24) at the ASU Red Wolf Open...Earned six top 10 finishes.

2015 Indoor: Saw action in seven meets...Set PRs in the 800m (2:06.92), mile (4:22.24) and 5000m (15:43.23)...Finished fourth in the distance medley relay (10:24.54) at the OVC Championships...Placed first in the mile at the DePauw Indoor Invitational with a time of 4:27.34...Took first in both the mile (4:29.24) and distance medley relay (10:44.34) vs. SIUE...Totaled six top five finishes.

2014 Cross Country: Ran in five total meets as a true freshman... Finished 14th in his NCAA debut at the Gabby Reuveni Early Bird with a time of 19:59... Finished 189th at the NCAA Midwest Regional.

Prep: 2014 graduate of Pleasant Plains High School... Named team captain his senior year... Was a four-time all-state performer in track and a two time all-state honoree in cross country... Personal bests include a 4:25 1600m, 9:32 in the 3200m, and a 1:58 800m.

Personal: Born February 5, 1996... Studies Sport Management at Southeast Missouri.

MEN'S PROFILES



Nicholas Stewart

Junior
Mid Distance
Florissant, Mo.

2016 Outdoor: Competed at three meets... Placed 11th at the SIUE Gateway Invite in the 1500m (4:23.90).

2016 Indoor: Ran in three meets... Recorded best mile time (4:40.41) in debut at Missouri Invitational... Finished fourth in mile at 2016 Redhawks Invite.

2013/14 Cross Country (Lindenwood): Finished second overall at the Truman State University Dual...finished best among fellow Lindenwood runners three times out of the six events Lindenwood participated in...one of three runners to participate in all six events...placed 14th out of 80 participants in the Jackling Jocks Invitational...in the indoor track mile run event at the Missouri Collegiate Challenge, placed second in the mile run event by a tenth of a second.

Prep: An all-state performer in cross country and track...finished in the top-20 in the state cross country championship in 2011 and 2012...had five all-state showings in track, including being runner-up in the 800m in 2013...in cross country, was a three-time district champion, and two-time conference and sectional champion...in track, won seven conference championships, four district championships, and four sectional championships...school record holder in the 3,200m...named to the 2011 St. Louis Post-Dispatch second-team cross country all-Metro team...two-time all-metro selection in cross country by the St. Louis Track Club...twice named the St. Louis Post-Dispatch Athlete of the Week and once was the St. Louis American Athlete of the Week...a five-time AAU track All-American...member of the 2010 AAU National Gold Medalist 4x800 relay team...member of the 2012 AAU National Gold Medalist 4x800 relay team and won the 3000m...2013 USATF National Youth Championship Gold Medalist in the 3,000m and the 4x800 relay.

Personal: Born November 27, 1994...Majoring in Athletic Training...Son of Victor and Chevelle Stewart...Also played basketball and football.



Richard Vinson

Junior
Jumps
Morrisville, N.C.

Personal: Born August 26, 1995... Son of Richard III and Tonya Vinson... Studies Family Studies at Southeast Missouri.

Southeast Missouri State **REDHAWKS**



Wesley White

Junior
Hurdles
Germantown, Tenn.

Mississippi State: Lettered both years of competition... Set personal bests in 60m hurdles (8.14), 110m hurdles (14.6) and 400m hurdles (53.8).

Prep: 2014 graduate of Houston High School... Lettered three years of highs school... Finished 10th in the 2014 New Balance Outdoor Nationals... Holds two school records... 2014 Tennessee AAA State Champion in 110m hurdles and 400m hurdles... Helped team win 2014 AAA Team State Championship.

Personal: Born May 25, 1996... Son of Ronald and Marilyn White... Studying Cyber Security at Southeast Missouri.



Haile Wilson

Junior
Sprints
St. Louis, Mo.

2016 Outdoor: Made appearances in five meets... Recorded four top-five finishes... Captured gold in the 4x100m and silver in the 100m (PR; 10.69) at the OVC Championships.

2016 Indoor: Appeared in six meets... Recorded 10 top-five finishes... Set personal best in the 55m with 6.33 seconds at the 2016 Redhawks Invite... Clocked PR in 200m in ninth place finish at the OVC Championships... Earned gold in the 55m dash (6.35) at the OVC Championships.

MEN'S PROFILES



Jaime Zarate

Junior
Distance
Torreon, Mexico

2016 Cross Country: Earned two top-20 finishes... Placed 18th at the Gabby Reuveni Early Bird (20:07.1)... Took 14th at the Rebel Invitational (19:02.5).

2016 Outdoor: Ran in six meets...Recorded two top-10 finishes... Placed fourth in 10,000m at Joey Haines Invitational (32:21.34)... Took eighth at the SIUE Invite (9:02.90)... in the Finished 14th in 10,000m at the OVC Championships (32:54.82).

2016 Indoor: Did not compete.

2015 Cross Country: Ran in all six races...Had four top-100 finishes...Placed seventh at the Gabby Reuveni Early Bird with a time of 20:27...Finished in 64th place at the Commodore Classic (26:19.2)...Finished third on the team and 40th overall at the OVC Championships in 26:48.9.

2014 Cross Country (NIACC): Competed in seven total meets...Had three top-five finishes...Finished third in the NJCAA Region XI 5k time trial with a time of 15:51.70... Placed third in the St. Ambrose Invitational (25:52)... Finished fourth in the Mount Mercy Mustang Gallop with a time of 15:34.

2013 Cross Country (North Iowa Area CC): Ran in seven meets...Had three top-10 finishes...Placed second in back-to-back meets (NJCAA Region XI 5k time trial; Mount Mercy Mustang Gallop) with times of 16:39.80 and 16:30, respectively...Finished seventh at Regionals with a time of 26:53.

Prep: Lettered four years at Cedar Falls... As a senior, won cross country regionals and finished 11th at state...Was a member of the swim team.

Personal: Born April 19, 1994...Majoring in Biomedical.

Southeast Missouri State **REDHAWKS**



Tyler Beaman

Sophomore
Distance
Eureka, Mo.

2016 Outdoor: Saw action in two meets...Tallied a top-10 finish in all three events...Finished second in the 3000m steeple (9:51.25) and fourth in the 4x400m relay (3:37.97) at the SIUE Gateway Invite (4/16)...Placed eighth in the 3000m steeple at the Memphis Tiger Invitational (4/30).

2016 Indoor: Did not compete.

2014 Cross Country: Ran in all but one meet as a true freshman... Finished 17th in his Redhawk debut at the Gabby Reuveni Early Bird... Took 14th at the Forest Park Cross Country Festival with a time of 19:35... Was the Redhawks' top-finisher at the Bradley Classic with a 66th-place finish in 25:53... Finished 42nd at the OVC Championships.

Prep: 2014 graduate of Eureka High School... Lettered all four years in track and cross country... Earned All-State and All-Conference in multiple events... An accomplished student, was an Academic Leader Renaissance Gold Member.

Personal: Born March 8, 1996... Son of Kim and David Beaman... Studying Business at Southeast Missouri.



Ty Crowden

Sophomore
Hurdles
Jackson, Mo.

2016 Outdoor: Ran 400m hurdles in five meets...Recorded three top-10 finishes...Came in third (58:05) at the SIUE Gateway Invite (4/16)...Took fifth at the Rhodes College Invitational (3/19) with a time of 58:54...Placed eighth at the Joey Haines Invite (4/2) with a mark of 1:00.37... Season-best time of 57:89 landed him in 13th place at the OVC Championship (5/14)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Did not compete.

Prep: 2015 graduate of Jackson High School... Lettered four years while participating in hurdles and 4x400... Academic top 10% of class.

Personal: Born January 2, 1997... Son of Nate and Christi Growden... Studies Secondary Education at Southeast Missouri.

MEN'S PROFILES



Tre Curry

Sophomore
Sprints/Jumps
St. Charles, Mo.

2016 Outdoor: Competed in seven meets...Totaled four top-10 finishes...Set PRs in the 100m (11.45) and long jump (7.02m, 23' 0.5")...Finished fourth in the long jump (6.81m, 22' 4.25") at the SIUE Gateway Invite (4/16)...Took eighth in the long jump (PR) at the OVC Championship (5/14)...Came in eighth at the Joey Haines Invite (4/2) with a long jump mark of 6.70m (21' 11.75").

2016 Indoor: Competed triple jump in three meets...Set season-high mark of 13.96m (45' 9.75")...Tallied two top-10 finishes...Placed sixth at the Fred Wilt Invitational (2/13) with a mark of 13.76m (45' 1.75")...Came in eighth (PR) at the OVC Championship (2/27).

Personal: Born August 26, 1995... Son of Richard III and Tonya Vinson... Studies Family Studies at Southeast Missouri.

Southeast Missouri State **REDHAWKS**



Christopher Davis

Sophomore
Sprints/Jumps
St. Charles, Mo.

2016 Outdoor: Competed in six meets as a decathlete... Compiled 23 top-10 finishes, including four event titles... Claimed the 400m (50:70), 100m (11:14) and shot put (10.64m, 34' 11") titles at the OVC Championship (5/14)... Added two seconds, two thirds and three fourth-place finishes at the same meet, finishing only one event outside of the top five... Won the 400m at the Hendrix Multis (3/26) with a time of 51.78... Placed fifth and seventh at the SIUE Gateway Invite (4/16) in the long jump (5.89m, 19' 4") and javelin (35.30m, 115' 10"), respectively.

2016 Indoor: Competed in three meets... Set PRs in six events... Landed in the top five in all but one event... Collected two second-place finishes in the 55m (6.74) and shot put (11.46m, 37' 7.25") at the OVC Championship (2/27)... Finished third in the high jump at the SIUE Dual Meet (1/29) with a height of 1.78m (5' 10")... Took fourth in the 55m hurdles (8.45) and high jump (1.81m, 5' 11.25") at the OVC Championship.

Prep: Competed at Memphis University School and with the Memphis Mustangs Track club... Finished first in the state in the 400m dash, second in 200m, third in decathlon, and third in triple jump during junior year... Finished first in the state in triple jump sophomore year... Held school record in 200m, triple jump, 4x100m, 4x200m, and 4x400m... Missed Senior year due to injury... Team accolades include 2014 TSSAA State champion, 2014 Eastern Relays champion and 2015 Sugar Bowl Classic runner-up.

Personal: Born Dec. 14 1996... Undeclared major... Son of Veronica Blake and Dr. Christopher Davis Sr.

MEN'S PROFILES



James Kosbar

Sophomore
Mid Distance
Rolla, Mo.

2016 Cross Country: Ran in all seven races...Had three finishes in the top 40...Highest finish came at the Rebel Invitational (9/9 - 25th) following a time of 21:08.2... Finished 28th to open the season at the Gabby Reuveni (9/2)...Led the team at the Bradley Pink Classic (10/14), placing 34th with a time of 26:37.3.

2016 Outdoor: Competed in five meets...Set a season-high in the 1500m with a time of 4:04.86...Recorded two top-10 finishes...Member of 4x400m team to place second (3:23.84) at the SIUE Gateway Invite (4/16)...Took ninth in the 1500m (4:11.50) at the same meet...Added an 11th-place finish at the Memphis Tiger Invitational (4/30) in the 1500m (PR).

2016 Indoor: Competed in seven meets...Tallied five top-10 finishes...Set PRs in the 800m (1:59.87) and mile (4:23.91)...Runner-up in the 800m (PR) at the Redhawks Invite (2/19)...Apart of distance medley relay squad to take second (11:08.16) at the SIUE Dual Meet (1/29)... Helped 4x400m team to a fourth-place finish (3:27.82) at the Missouri Invitational (1/15)...Came in fifth in the mile at the EIU Early Bird (12/11/15) with a time of 4:32.19... Added a tenth-place finish in the mile (PR) at the OVC Championship (2/27).

2015 Cross Country: Ran in four races...Had one top-50 finish...Finished in 25th place at the Gabby Reuveni Early Bird with a time of 21:20.

Prep: Four-year letter winner in Track at Rolla...As a senior, earned All-State in 800m...State champ in 800m with a time of 1:54...Earned All-State honors his junior year in the 4x400m relay...Qualified for sectionals in the 4x800m as a freshman, and the 4x400m and 4x800m relays as a sophomore...Also played soccer in high school.

Personal: Born May 28, 1996...Majoring in Marine Biology... Son of Kurt and Julie Kosbar...Likes to swim and play Clash of Clans.

Southeast Missouri State **REDHAWKS**



Curtis Reed

Sophomore
Distance
Mt. Zion, Ill.

2016 Cross Country: Ran in six races...Had three top-50 finishes...Collected an 18th-place finish at the Rebel Invitational (9/9 - 19:42.8)...Finished 22nd (20:15.3) at the Gabby Reuveni (9/2)...Placed 50th at the OVC Championship (10/29) with a time of 27:20.7.

2015 Cross Country: Ran in five races...Finished in 34th place at the Gabby Reuveni Early Bird with a time of 21:42...Almost cracked the top-50 (54th, 27:17.3) at the OVC Championships.

Prep: Lettered all four years at Mt. Zion...Won state cross country meet as a freshman...Qualified for state in 4x800m and the mile.

Personal: Born October 9, 1996...Son of Curtis Reed Jr... Currently undecided on a major.



Dylas Rush

Sophomore
Pole Vault
Bloomfield, Mo.

2016 Outdoor: Made four appearances... Recorded back-to-back first-place finishes at the Joey Haines Invite (4.90m; 16'0.75") and the SIUE Gateway Invite (5.02m; 16'5.5").

2016 Indoor: Appeared in six meets... Recorded four top-four finishes... took first at the SEMO vs. SIUE Dual Meet with a height of 4.60m (15'1")... Set PR of 5.06m at the 2016 Redhawks Invite with third-place finish... Finished fourth at the OVC Championships (4.55m; 14'11").

Prep: 2014 graduate of Jackson High School... Lettered all four years... Three-time state qualifier in the pole vault... Three-time conference champ... Personal best in the pole vault is 15'6"... Also played football and wrestled... Named team captain of his football and wrestling teams.

Personal: Born May 2, 1995... Son of Jeffery and Mary Beth Rush... Studying Physical Therapy at Southeast Missouri.

MEN'S PROFILES



Andrew Ryan

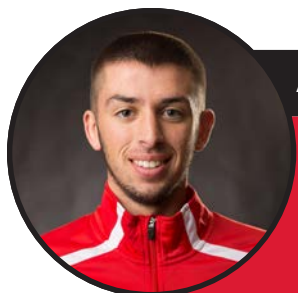
Sophomore
Throws
St. Louis, Mo.

2016 Outdoor: Appeared in nine meets... Earned six top-five finishes... Claimed first in javelin (50.95m (167'2")) at the SIUE Gateway Invite... Set PR in javelin with toss of 54.54m (178'11") in fourth-place finish at the OVC Championships.

2016 Indoor: Made sole appearance at the University of South Alabama Jaguar Invitational in the javelin (50.55m) in sixth-place.

Prep: Double State medalist... MVP of highschool team... School record in shot put (52' 8.5")... State medalist junior year... Lettered three years... Also played football, baseball, and lacrosse... National Honor Society member.

Personal: Born September 8, 1996... Son of Mike and Marian Ryan... Youngest of six brothers... Studies Athletic Training at Southeast Missouri.



Andrew Whitener

Sophomore
Distance
Festus, Mo.

2016 Cross Country: Ran at six events... Earned top finish in 21st at the Rebel Invitational (21:43.7)... Took 72nd at the OVC Championships (29:02.8).

2016 Outdoor: Appeared in two meets... Placed 10th in the 1500m (4:20.53) at the SIUE Gateway Invite... Finished 30th in the 800m (2:03.09) at the Memphis Tiger Invitational.

2016 Indoor: Did not compete.

2015 Cross Country: Ran in five races...Cracked the top-70 in two races...Finished 15th at the Gabby Reuveni Early Bird (20:52)...Placed 69th at the OVC Championships with a time 28:40.4.

Southeast Missouri State **REDHAWKS**



Nicholas Yaeger

Sophomore
Mid Distance
Jefferson City, Mo.

2016 Cross Country: Ran in four meets... Finished 33rd at the Gabby Reuveni Early Bird (20:40.0).

2016 Outdoor: Appeared in four meets... Recorded two top-10 finishes.

2015 Cross Country: Did not compete.

Prep: Lettered all four years at Blair Oaks...Earned All-State honors in cross country and the 800m, 4x400m and 4x800m in track.

Personal: Born January 11, 1997...Son of Curt and April Yaeger...Currently undecided on a major.



Stephen Zagurski

Sophomore
Throws
Papillion, Neb.

2016 Outdoor: Made appearances at nine meets... Recorded 13 top-10 finishes... Opened season with two second-place efforts at Rhodes Invitational in the shot put (14.00m) and hammer throw (53.03m)... Earned new PR in shot put 15.09m (49'6.25")... Set personal bests in discus at 45.62m and hammer at 54.52m (8th all-time; 179' 2")... Finished sixth in hammer throw and seventh in discus at the OVC Championships... Was named to the OVC Commissioner's Honoral and also awarded the OVC Medal of Honor.

2016 Indoor: Appeared in eight meets... Recorded seven top-five finishes... Set personal best 14.69m (48'2.5") in shotput at the SEMO vs. SIUE Dual meet with second-place finish... The following week set personal best in weight throw (17.09m; 56'1") at the Mayo Invitational... Took Bronze in weight throw at OVC Championships.

Prep: Conference Champion in shotput for 2014-2015... Two time All-State shotput, All-State discus, two time All-Metro Conference shotput, two time All-Metro Conference discus... Holds school record for shotput (57' 3.5)... Academic All-State and All-Metro Conference... Southeast Missouri Regents' Scholar... Also played football.

Personal: Born April 3, 1997... Son of Steve Zagurski and Suzan Werner... Studies Environmental Science at Southeast Missouri.

MEN'S PROFILES



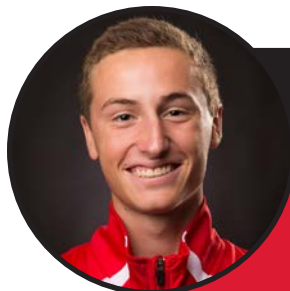
Griffin Bailey

Freshman
Distance
St. Louis, Mo.

2016 Cross Country: Ran in five meets.. Finished top-20 twice... Placed ninth at the Gabby Reuveni (19:29.8)... Finished 16th at the Rebel Invitational (19:23.9).

Prep: Attended Oakville High School...Earned all-state honors in cross country as a senior and track as a junior... Garnered all-conference recognition in cross country his last two years...District champion in the 1600m race as a sophomore...Finished third in state in 800m his junior season...2014 USA Triathlon National Champion in the 16-19 age group...Third-place finish at the 2014 ITU Triathlon World Championship.

Personal: Born December 19, 1997...Son of Scott and Kathleen Bailey...Majoring in Exercise Science.



David Plunkett

Freshman
Distance
Springfield, Ill.

2016 Cross Country: Ran in three meets... Placed 22nd at the Rebel Invitational (20:24).

Prep: Attended Pleasant Plains High School...Holds school records in the 800m (1:55.41), 4x800m relay (8:00.38) and the 4x400m relay (3:29.1)...Apart of 4x800m relay team that won state as a sophomore...State qualifier in cross country during first three years...Four-time Sangamo Conference Champion, four-time Sangamon County Champion and three-time sectional champion.

Personal: Born August 11, 1998...Son of Mike and Cheryl Plunkett...Majoring in International Business...Brother, Dan Plunkett, also competes in cross country and track & field at SEMO.

Southeast Missouri State **REDHAWKS**



Nick South

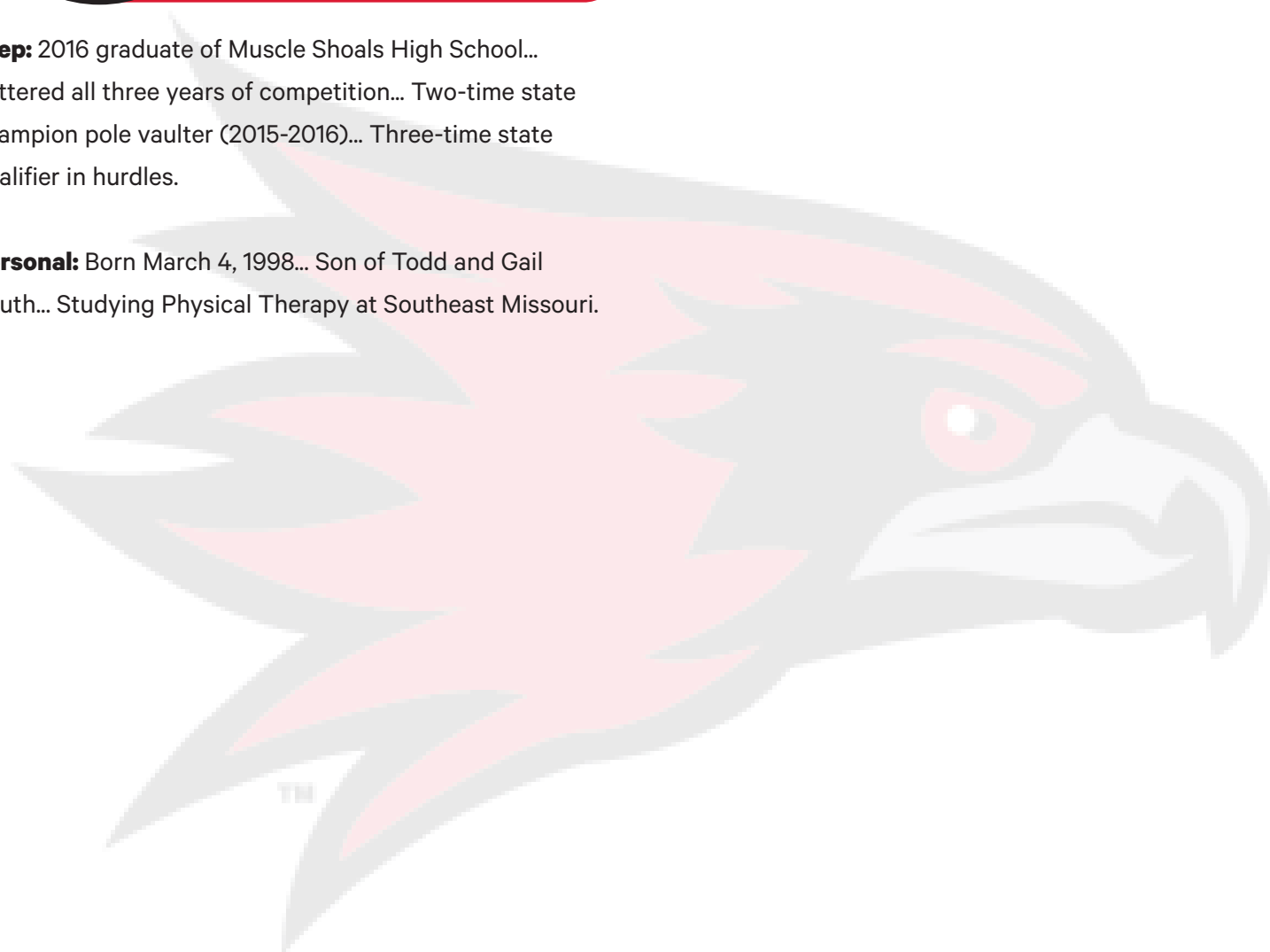
Freshman

Multis

Muscle Shoals, Ala.

Prep: 2016 graduate of Muscle Shoals High School... Lettered all three years of competition... Two-time state champion pole vaulter (2015-2016)... Three-time state qualifier in hurdles.

Personal: Born March 4, 1998... Son of Todd and Gail South... Studying Physical Therapy at Southeast Missouri.



MEN'S PROFILES



Andrew Bluiett

Junior
Sprints
St. Louis, Mo.



Tanner Teigen

Sophomore
Pole Vault
Hannibal, Mo.



Shawn Bareiter

Freshman
Pole Vault
Jackson, Mo.



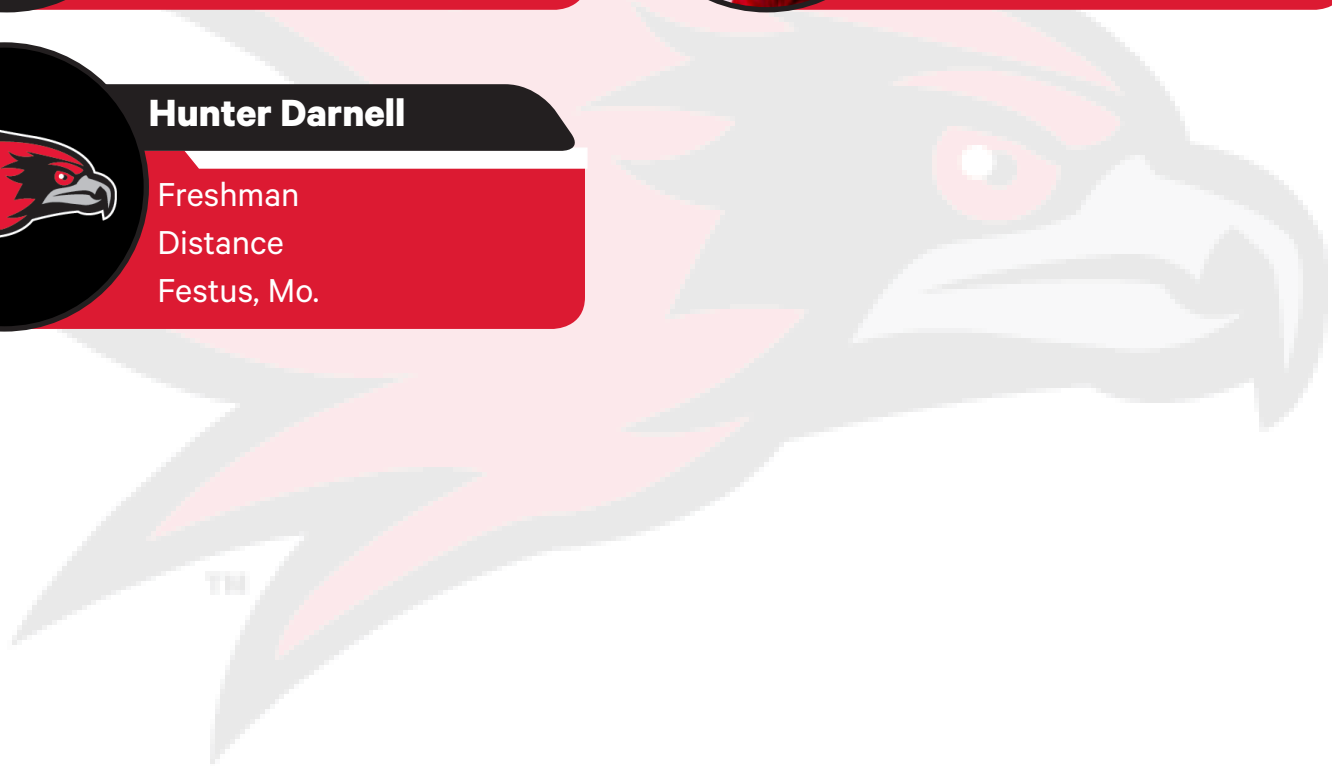
Logan Blumquist

Freshman
Throws
Pleasant Hill, Mo.



Hunter Darnell

Freshman
Distance
Festus, Mo.



SOUTHEAST MISSOURI STATE REDHAWKS
TRACK & FIELD



**RECORDS
& HISTORY**



INDOOR RECORDS

Women's Individual Indoor Records

Event	Mark	Name	Year
55m	6.83	<i>Ayonna Cartwright</i>	2015
60m	7.42	<i>Ayonna Cartwright</i>	2015
200m	24.44	Torvia Bradley	1994
400m	54.35	Michelle Chambliss	1992
600m	1:32.49	Tammy Wenkel	1997
800m	2:08.29	Tammy Wenkel	1998
1000m	2:53.33	<i>Megan Parks</i>	2016
Mile	4:51.94	Janelle Quigley	1998
3000m	9:43.15	Laura Byrne	1989
5000m	17:23.17	Gloria Westlake	2015
55m Hurdles	7.99	Lyndsey Stevenson	2004
60m Hurdles	8.68	Lyndsey Stevenson	2004
Shot Put	51' 9"	Courtney Gapelu	2013
Weight Throw	65' 7"	<i>Kayla Gutierrez</i>	2014
Long Jump	20' 2.5"	Heather Denihan	1997
Triple Jump	40' 5"	Shemeika Brewer	2011
High Jump	5' 7.25"	Angela James	1991
Pole Vault	13' 1.5"	Jill Schnurbusch	2013

Southeast Missouri State **REDHAWKS**

Men's Individual Indoor Records

Event	Mark	Name	Year
55m	6.19	David Jackson	1985
	6.19	Blake Smith	2014
60m	6.65	Blake Smith	2015
200m	21.14	Miles Smith	2008
400m	46.13	Miles Smith	2008
600m	1:19.10	Deryl Gardner	1996
800m	1:50.42	Carl Bell	1984
1000m	2:26.25	Marc Maton	2016
Mile	4:03.82	Brian Radle	1989
3000m	8:17.40	Brian Radle	1989
5000m	14:20.10	Art Waddle	1987
55m Hurdles	7.34	Andrew Presberry	1982
60m Hurdles	8.07	Chris Navarro	2015
Shot Put	60' 11.25"	Josh Uchtman	2012
Weight Throw	69' 6.25"	Kevin Farley	2015
Long Jump	25' 6"	Blake Carter	2013
Triple Jump	53' 5"	Keith Presberry	1986
High Jump	7' 0.25"	Reggie Miller	2013
Pole Vault	17' 0.75"	Christian Locke	2016

OUTDOOR RECORDS

Women's Individual Outdoor Records

Event	Mark	Name	Year
100m	11:50	Benita Thomas	1987
200m	23.91	Jerika Lewis	2013
400m	53.40	Jerika Lewis	2011
800m	2:07.06	Brooke Woodruff	2004
1500m	4:24.16	Laura Byrne	1989
3000m	10:34.98	Julie Koenegstein	2009
5000m	16:35.00	Laura Byrne	1989
10000m	34:56.95	Debbie Kilpatrick	1985
100m Hurdles	13.84	Candace Williams	1981
400m Hurdles	59.29	Shannon O'Dell	1997
Shot Put	52' 1"	Courtney Gapelu	2013
Discus	173' 11"	Heather Jenkins	2002
Javelin	166' 8"	Samantha Espiricueta	2009
Hammer	194' 2"	Sarah Hall	2015
Long Jump	20' 4.5"	Kathy Coleman	2005
Triple Jump	41' 6"	Shemika Brewer	2011
High Jump	5' 9"	Courtney Haman	2003
Pole Vault	12' 11.5"	Jill Schnurbusch	2013
Decathlon	5468	Lizz Barringer	1988

Southeast Missouri State **REDHAWKS**

Men's Individual Outdoor Records

Event	Mark	Name	Year
100m	10.11	Blake Smith	2015
200m	20.40	Tim Williams	1987
400m	45.16	Miles Smith	2005
800m	1:48.85	Carl Bell	1984
1500m	3:41.82	Brian Radle	1989
3000m	8:31.14	Mike Vannatta	1984
5000m	14:01.64	Brian Radle	1989
10000m	29:17.40	Art Waddle	1986
100m Hurdles	13.84	Andrew Presberry	1981
400m Hurdles	50.77	Alonzo Nelso	2005
Shot Put	62' 1.25"	Kevin Farley	2016
Discus	192' 4"	Neil Rock	1986
Javelin	222' 3"	Randy Johnson	1997
Hammer	211' 4"	Kevin Farley	2016
Long Jump	25' 8"	Blake Smith	2015
Triple Jump	53' 1"	Keith Presberry	1986
High Jump	7' 1.25"	Jim Lohr	1984
Pole Vault	17' 10.25"	Bob Ferguson	1987
Decathlon	7881	John Schwepker	1988

RELAY RECORDS

Women's Indoor Relay Records

4 x 400m Relay

3:43.23 (1997)

Shannon O'Dell
Kim Stewart
Tammy Wenkel
Yvonne Hente

Distance Medley Relay

11:58.34 (2016)

Kaitlyn Shea
Miya Dorsey
Megan Parks
Angie Sumner

Women's Outdoor Relay Records

4 x 100m Relay

44.92 (1987)

Michelle Hicks
Kehinde Vaughan
Lisa Like
Benita Thomas

4 x 200m Relay

1:37.15 (2000)

Heather Keltner
Shauna Birge
Hannah Stuckenschneid
Natalie Talley

4 x 400m Relay

3:41.13 (2000)

Kim Stewart
Hannah Stuckenschneid
Natalie Talley
Heather Keltner

4 x 800m Relay

9:09.09 (1985)

Laura Byrne
Debbie Kilpatrick
Pam Palmer
Jennella Torrence

Sprint Medley Relay

3:54.13 (1998)

Natalie Talley
Yvonne Hente
Heather Keltner
Tammy Wenkel

Distance Medley Relay

11:39.26 (2004)

Kaci Pilcher
Natasha Fortenberry
Brooke Woodruff
Lindsey Zeiler

Southeast Missouri State **REDHAWKS**

Men's Indoor Relay Records

4 x 400m Relay

3:09.16 (2006)

Walter Washington

Chris Gill

Alonzo Nelson

Miles Smith

Distance Medley Relay

9:55.52 (2016)

Jordan Brown

Kameron Long

Cole Davis

Marc Maton

Men's Outdoor Relay Records

4 x 100m Relay

39.86 (1984)

Rob Thomas

Mike Dwyer

Barry Hibbert

David Jackson

4 x 200m Relay

1:24.51 (1984)

Ken McNair

Rob Thomas

David Jackson

Mike Dwyer

4 x 400m Relay

3:05.54 (2006)

Alonzo Nelson

Chris Poindexter

Walter Washington

Miles Smith

4 x 800m Relay

7:28.84 (1985)

Carl Bell

Ken Franklin

Shaun Carlile

Norm Kellar

Sprint Medley Relay

3:19.00 (1984)

Rob Thomas

Mike Dwyer

David Jackson

Joe Lackner

Distance Medley Relay

9:54.87 (1986)

Pedro Caceres

Carl Perkins

Shaun Carlile

Brian Radle

WOMEN'S TOP 10

Women's Top-Ten Lists

100 METER

1.	11.50	Benita Thomas	1987
2.	11.54	Torvia Bradley	1994
3.	11.67	Michelle Hicks	1987
4.	11.68	Angelica Larrier	2012
5.	11.69	Ayonna Cartwright	2015
6.	11.78	Rachel Kahle	2009
7.	11.83	Shauna Birge	2000
	11.83	Mariam Ajiroba	2016
9.	11.84	Jerika Lewis	2013
	11.84	Prenechia Ponds	2014

200 METER

1.	23.91	Jerika Lewis	2013
2.	23.99	Yvonne Hente	1997
3.	24.00	Rachel Kahle	2010
4.	24.04	Torvia Bradley	1994
5.	24.06	Angelica Larrier	2012
6.	24.10	Kehinde Vaughan	1987
7.	24.13	Michelle Hicks	1987
8.	24.15	Prenechia Ponds	2014
9.	24.16	Heather Keltner	1999
10.	24.28	Lisa Crawford	1991

400 METER

1.	53.40	Jerika Lewis	2011
2.	53.50	Kehinde Vaughan	1987
3.	53.61	Heather Keltner	2001
4.	54.18	Lisa Crawford	1991
5.	54.26	Yvonne Hente	1997
6.	54.30	Michelle Chambliss	1992
7.	54.43	Hannah Stuckenschneider	2003
8.	54.47	Cheyenne Tunti	2016
9.	55.06	Jennella Torrence	1985
10.	55.08	Kathleen Hudson	1981

800 METER

1.	2:07.06	Brooke Woodruff	2004
2.	2:08.29	Tammy Wenkel	1998
3.	2:08.62	Jennella Torrence	1985
4.	2:09.55	Janice Gibson	1988
5.	2:09.97	Megan Parks	2016
6.	2:10.46	Laura Byrne	1987
7.	2:10.61	Janelle Quigley	1998
8.	2:11.37	Jen Burke	2005
9.	2:13.60	Angela Rohrscheib	1991
10.	2:13.68	Kaci Pilcher	2002

1500 METER

1.	4:24.15	Laura Byrne	1989
2.	4:27.96	Chris Ridenour	1983
3.	4:28.24	Lindsay Zeiler	2004
4.	4:29.67	Pam Palmer	1985
5.	4:29.94	Kelly Cracchiolo	1988
6.	4:30.34	Janelle Quigley	1998
7.	4:30.49	Brooke Woodruff	2005
8.	4:33.84	Misty Dubman	1996
9.	4:35.36	Alyssa Rebecca	2015
10.	4:37.34	Lucie Mays	1990

5000 METER

1.	16:35.00	Laura Byrne	1989
2.	16:48.47	Lucie Mays	1991
3.	16:54.85	Rebekah Lawson	2013
4.	16:55.34	Chris Ridenour	1983
5.	16:59.02	Juli Koenegstein	2009
6.	17:02.26	Janelle Quigley	1999
7.	17:13.00	Debbie Kilpatrick	1985
8.	17:15.14	Jan Gautier	1988
9.	17:19.80	Jessica Bollinger	2012
10.	17:23.06	Laura Tenaglia	1990

10,000 METER

1.	34:56.95	Debbie Kilpatrick	1985
2.	36:03.36	Laura Tenaglia	1990
3.	36:04.18	Jessica Bollinger	2012
4.	36:05.72	Gloria Westlake	2015
5.	36:08.44	Rebekah Lawson	2012
6.	36:12.70	Margaret Hertenstein	1985
7.	36:39.40	Mary Beth Schrieffer	1987
8.	36:40.24	Lisa Durham	1991
9.	36:47.20	Jan Gautier	1987
10.	37:06.55	Sydney O'Brien	2016

100 METER HURDLES

1.	13.84	Candace Williams	1981
2.	14.00	Shannon O'Dell	1997
3.	14.08	Lyndsey Stevenson	2003
4.	14.12	Whitney Thomas	2007
5.	14.19	Trena Anderson	1995
6.	14.20	Orie Ibe	2007
7.	14.40	Jacquelyn Gregware	1983
8.	14.58	Peggy McFarland	1988
	14.58	Taylor Coffelt	2015
10.	14.59	Unique Hooks	2013

400 METER HURDLES

1.	59.29	Shannon O'Dell	1997
2.	1:00.28	Laura Vanhoevelaak	2003
3.	1:00.33	Tammy Wenkel	1997
4.	1:00.69	Candace Williams	1981
5.	1:01.90	Peggy McFarland	1989
6.	1:02.40	Miya Dorsey	2016
7.	1:02.55	Lyndsey Stevenson	2003
8.	1:02.56	Natalie Dansberry	1986
9.	1:02.98	Kim Demers	2000
10.	1:03.74	Jacquelyn Gregware	1983

Southeast Missouri State **REDHAWKS**

3000M STEEPLECHASE

1.	10:34.98	Juli Koenegstein	2009
2.	10:56.38	Mary Dohogne	2015
3.	11:07.46	Coleen Burke	2005
4.	11:14.81	Maria Trowbidge	2013
5.	11:18.90	Kristen Richardet	2015
6.	11:20.86	Gloria Westlake	2013
7.	11:36.19	Kaci Pilcher	2004
8.	11:27.88	Anna Verseman	2003
9.	11:31.93	Linnea Woldtvedt	2007
10.	11:34.31	Jennifer Govero	2013

SHOT PUT

1.	52' 1"	Courtney Gapelu	2013
2.	51' 0"	Heather Jenkins	2004
3.	50' 9.5"	Lutricia Purham	2000
4.	50' 7.25"	Ashley Brewer	2009
5.	49' 3"	Linda Wilson	1989
6.	48' 8.25"	Kayla Gutierrez	2015
7.	48' 6.25"	Sarah Hall	2015
8.	48' 1"	LeAnn Powers	1986
9.	47' 8"	Megan Youse	2004
10.	46' 10"	Brianna Egbuka	2010

DISCUS

1.	173' 11"	Heather Jenkins	2002
2.	171' 8"	Kayla Gutierrez	2014
3.	163' 3"	Ashley Brewer	2010
4.	160' 10"	Pat Washington	1983
5.	154' 3"	Lutricia Purham	2000
6.	150' 9"	Megan Youse	2004
7.	149' 10"	Sarah Hall	2015
8.	149' 2"	Samantha Espiricueta	2010
9.	148' 9"	Linda Wilson	1988
10.	144' 2"	Courtney Gapelu	2013

HAMMER THROW

1.	194' 2"	Sarah Hall	2015
2.	191' 3"	Kayla Gutierrez	2014
3.	179' 11"	Bethany Pfeiffer	2014
4.	179' 0"	Brianna Egbuka	2011
5.	176' 6"	Heather Jenkins	2004
6.	166' 0"	Courtney Gapelu	2014
7.	165' 6"	Samantha Espiricueta	2011
8.	158' 3"	Paden Wachter	2016
9.	154' 11"	Ashley Brewer	2010
10.	150' 11"	Emilea Old	2013

JAVELIN

1.	166' 8"	Samantha Espiricueta	2009
2.	162' 1"	Lizz Barringer	1989
3.	154' 3"	Bethany Pfeiffer	2014
4.	153' 9"	Courtney Haman	2003
5.	153' 0"	Kathy Day	1985
6.	148' 6"	Lindsey Hearne	2008
7.	141' 10"	Rebecca Martin	2009
8.	139' 6"	Taylor Coffelt	2016
9.	134' 0"	LeAnn Powers	1986
10.	133' 5"	Dana Patek	1993
	133' 5"	Becky Shull	1999

TRIPLE JUMP

1.	41' 6"	Shemeika Brewer	2011
2.	40' 9.5"	Ahshane Johnson	2014
3.	40' 6"	Kim Moye	2014
4.	40' 4.75"	Kathy Coleman	2005
5.	40' 1.5"	Tiffany Ford	1995
6.	39' 8"	Heather West	2005
7.	39' 5.25"	Grey C. Harris	1997
8.	39' 2.5"	Jessica Brown	2015
9.	39' 2.25"	N'Kia Jones	2016
10.	39' 1"	Marguerita Johnson	1990

LONG JUMP

1.	20' 4.5"	Kathy Coleman	2005
2.	20' 2.5"	Heather Denihan	1998
3.	20' 0.5"	Beverly Slaughter	1981
	20' 0.5"	Meleisa Greene	2004
5.	19' 11"	Jessica Brown	2014
6.	19' 8.25"	Kathy Taylor	1991
7.	19' 4.5"	LaRita Hawes	1983
8.	19' 4"	Shemeika Brewer	2012
9.	19' 2.5"	Lindsay Meyr	2005
10.	19' 1.25"	Rachel Kahle	2009

HIGH JUMP

1.	5' 9"	Courtney Haman	2003
2.	5' 8.75"	Chante Mosby	2016
3.	5' 8"	Angela James	1988
4.	5' 7.5"	Heather Fisher	1996
5.	5' 7"	Carla Beatie	1983
	5' 7"	Lizz Barringer	1988
	5' 7"	Lainie Bohnsack	2006
	5' 7"	Jessica Brown	2014
9.	5' 6"	Sandy Delling	1986
	5' 6"	Trena Anderson	1993
	5' 6"	Cara Harbstreet	2012
	5' 6"	Abi Sowash	2015

POLE VAULT

1.	13' 1.5"	Jill Schnurbusch	2013
2.	12' 7.25"	Sierra Maddox	2016
3.	12' 4"	Nikki Buchheit	2013
4.	12' 0.5"	Erica Grajales	2014
5.	11' 11.75"	Michele Jett	2005
	11' 11.75"	Audrey Harwood	2007
7.	11' 10"	Haley Holton	2013
8.	11' 8"	Jennifer Leaman	1999
9.	11' 2"	Megan Rosenkoetter	2006
10.	11' 0"	Sara Kaznica	2002

WOMEN'S RELAYS

Women's Top-Five Relay Lists

4 x 100 METER

1. 44.92 Michelle Hicks 1987
Kehinde Vaughan
Lisa Like
Benita Thomas
2. 45.40 Heather Keltner 2000
Shauna Birge
Kim Stewart
Natalie Talley
3. 45.63 Shannon O'Dell 1997
Yvonne Hente
Kim Stewart
Shauna Birge
4. 45.66 Rachel Kahle 2011
Angelica Larrier
Magan Edwards
Jerika Lewis
5. 45.91 Natasha Fortenberry 2004
LaQuita Andrews
Nyisha Porter
Rose Fulton

4 x 200 METER

1. 1:37.15 Heather Keltner 2000
Shauna Birge
Hannah Stuckenschneider
Natalie Talley
2. 1:37.18 Rachel Kahle 2011
Angelica Larrier
Magan Edwards
Jerika Lewis
3. 1:37.30 Shannon O'Dell 1997
Kim Stewart
Shauna Birge
Yvonne Hente
4. 1:37.35 Heather Keltner 2000
Shauna Birge
Hannah Stuckenschneider
Kim Stewart
5. 1:37.82 Kim Stewart 1999
Natalie Talley
Sarah Junkin
Shauna Birge

4 x 400 METER

1. 3:41.13 Hannah Stuckenschneider 2000
Kim Stewart
Natalie Talley
Heather Keltner
2. 3:41.75 Laura Vanhoevelaak 2003
Hannah Stuckenschneider
Brooke Woodruff
LaQuita Andrews
3. 3:42.76 Hannah Stuckenschneider 2000
Kim Stewart
Robbi Durham
Heather Keltner
4. 3:43.23 Shannon O'Dell 1997
Kim Stewart
Tammy Wenkel
Yvonne Hente
5. 3:43.36 Kim Stewart 1998
Heather Keltner
Tammy Wenkel
Yvonne Hente



Sara Hall

Hall was a standout thrower for the Redhawks as she earned multiple top-ten ranks and holds the outdoor hammer throw record.

Southeast Missouri State **REDHAWKS**

4 x 800 METER

1. 9:09.09	Laura Byrne Debbie Kilpatrick Pam Palmer Jennella Torrence	1985
2. 9:15.71	Brooke Woodruff Lindsay Zeiler Kaci Pilcher Jen Burke	2004
3. 9:20.36	Pam Palmer Laura Byrne Jennella Torrence Diane Barlow	1985
4. 9:24.85	Sue Hopson Andrea Talley Karen McMillan Kathleen Hudson	1981
5. 9:27.59	Cathy Palacios Kelly Cracchilo Laura Tenaglia Laura Byrne	1989

SPRINT MEDLEY

1. 3:54.13	Natalie Talley Yvonne Hente Heather Keltner Tammy Wenkel	1998
2. 3:54.43	Shannon O'Dell Shauna Birge Yvonne Hente Tammy Wenkel	1997
3. 3:55.43	Rose Fulton LaQuita Andrews Hannah Stuckenschneider Brooke Woodruff	2003
4. 3:55.55	Natalie Talley Yvonne Hente Tammy Wenkel Janelle Quigley	1998
5. 3:56.36	Kim Stewart Shauna Birge Heather Keltner Tammy Wenkel	1999

DISTANCE MEDLEY

1. 11:39.26	Kaci Pilcher Natasha Fortenberry Brooke Woodruff Lindsay Zeiler	2004
2. 11:50.65	Tammy Wenkel Heather Keltner Yvonne Hente Janelle Quigley	1998
3. 11:57.26	Anna Assenmacher Angela Rohrscheib Kari Unterreiner Lucie Mays	1991
4. 11:58.34	Kaitlyn Shea Miya Dorsey Megan Parks Angie Sumner	2016
5. 11:59.08	Tammy Wenkel Hannah Stuckenschneider Heather Keltner Janelle Quigley	1999

Courtney Gapelu

Gapelu set the record for shotput in both indoor (51'9") and outdoor (52'1") during the 2013 season.



MEN'S TOP 10

Men's Top-Ten Lists

100 METER

1.	10.11	Blake Smith	2015
2.	10.24	Dana Gardner	1986
3.	10.28	David Jackson	1985
4.	10.30	Tim Williams	1987
5.	10.34	Rich Wilson	1977
6.	10.37	Lee Brock	1982
7.	10.41	Rick Reynolds	1982
8.	10.43	Mike Dwyer	1984
9.	10.44	Rob Thomas	1984
	10.44	Dereck Robinson	1986
	10.44	Rick Stovall	1988

200 METER

1.	20.40	Tim Willimas	1987
2.	20.48	Dana Gardner	1986
3.	20.89	David Jackson	1985
4.	20.94	Terrance Branch	1994
5.	20.99	Miles Smith	2005
6.	21.14	Richard Williams	1977
	21.14	Mike Dwyer	1984
8.	21.24	Rich Wilson	1976
9.	21.30	DeAndre Simmons	2012
10.	21.31	Derrick Brown	2001

400 METER

1.	45.16	Miles Smith	2005
2.	45.52	Terrance Branch	1994
3.	45.95	Rob Thomas	1984
4.	46.79	Jarred Pasley	2016
5.	46.95	Terry Harrison	1990
6.	47.22	Walter Washington	2006
	47.22	Chris Gill	2010
8.	47.23	Shaun Jackson	1986
9.	47.32	Jason Campbell	2002
10.	47.86	Myron Pettigrew	2009
	47.86	Jordan Barber	2016

800 METER

1.	1:48.85	Carl Bell	1984
2.	1:49.51	Glen Lomenick	1996
3.	1:49.80	Donnie Phillips	1992
4.	1:50.69	Ted McMillan	1990
5.	1:50.77	Shaun Carlile	1986
6.	1:51.10	Ken Franklin	1985
7.	1:51.30	Norm Kellar	1985
8.	1:51.39	Tyson Brown	2001
9.	1:51.45	Chaz Brown	2005
10.	1:51.54	Brian Radle	1986

1500 METER

1.	3:41.82	Brian Radle	1989
2.	3:44.58	Norm Kellar	1985
3.	3:44.73	Joe Lackner	1984
4.	3:46.31	Marc Maton	2016
5.	3:47.08	Pedro Caceres	1986
6.	3:49.00	John Daly	1989
7.	3:49.59	Pat Ratcliff	1982
8.	3:50.11	Mike Byrne	1984
9.	3:50.80	Edgar White	1976
10.	3:51.59	Art Waddle	1987

5000 METER

1.	14:01.64	Brian Radle	1989
2.	14:02.32	Jimmy Hearld	1991
3.	14:08.90	Mike Vanatta	1984
4.	14:14.50	John Daly	1990
5.	14:16.20	Pedro Caceres	1987
6.	14:20.10	Art Waddle	1987
7.	14:22.70	Steve Sawyer	1990
8.	14:25.03	Marc Maton	2016
9.	14:31.10	Mike Hillyard	1990
10.	14:32.90	Steve Harmon	1977

10000 METER

1.	29:17.40	Art Waddle	1986
2.	29:51.50	Joe Leutschmann	1985
3.	29:53.70	Jimmy Hearld	1990
4.	30:14.75	Brandon Karcher	2007
5.	30:32.37	Steve Sawyer	1990
6.	30:43.00	John Pendergraft	1986
7.	30:46.47	Craig Munie	2013
8.	30:47.86	Jason Lumpkin	2011
9.	30:50.30	Ron Ayers	1981
	30:50.30	Ken Hoffmann	1982

110 METER HURDLES

1.	13.84	Andrew Presberry	1981
2.	13.92	Ken McNair	1984
3.	14.06	Elmo Thorton	1979
4.	14.10	Deric Haynes	1987
5.	14.15	Glenn Haley	2002
6.	14.17	Virgil Lucas	1991
7.	14.19	Darrel Hilkerbaumer	1977
8.	14.25	Leanard Scott	1982
9.	14.31	Chris Navarro	2014
10.	14.36	David Herman	2002

400 METER HURDLES

1.	50.77	Alonzo Nelson	2005
2.	51.35	Andrew Presberry	1981
3.	51.69	Markeith Crawford	1995
4.	52.11	Ken Brown	1983
5.	52.16	Glenn Haley	1998
6.	52.34	Darrel Hilkerbaumer	1976
7.	52.64	Art Miller	1969
8.	52.68	Deric Haynes	1987
	52.68	Ted McMillan	1988
10.	52.74	Mike Peters	2015

Southeast Missouri State REDHAWKS

3000M STEEPLECHASE

1.	8:31.14	Mike Vanatta	1984
2.	8:46.57	Pedro Caceres	1986
3.	8:48.91	Brian Radle	1988
4.	9:00.72	Ken Hoffmann	1982
5.	9:03.05	Kevin McNab	2006
6.	9:07.13	Ken White	1983
7.	9:08.70	Chad Sierman	2003
8.	9:08.99	Paul Skie	1986
9.	9:11.41	Charles Johnson	2014
10.	9:12.05	Brent Collins	2012

SHOT PUT

1.	62' 1.25"	Kevin Farley	2016
2.	60' 11.25"	Josh Utchman	2012
3.	59' 7.75"	Jay Heddell	2003
4.	59' 0.5"	Rick Wadlington	1971
5.	58' 4.5"	Brandon Colbert	2008
6.	58' 2.5"	Brian Knippen	2005
7.	57' 11"	Craig Robinson	2012
8.	57' 3.75"	Shon Kyle	2015
9.	56' 8"	Terry Coff	1969
10.	56' 7.5"	Bryan Alfultis	1998

DISCUS

1.	192' 4"	Neil Rock	1986
2.	191' 5"	Kevin Farley	2016
3.	181' 9.5"	Brandon Myer	2001
4.	179' 2"	Brandon Colbert	2009
5.	178' 3"	Shon Kyle	2015
6.	175' 7"	Mike Hintz	1985
7.	173' 7"	Jay Heddell	2003
8.	172' 2"	Josh Uchtman	2009
9.	172' 1"	Jason Walker	2016
10.	170' 11"	Bryan Alfultis	1998

HAMMER THROW

1.	211' 4"	Kevin Farley	2016
2.	206' 1"	Brandon Colbert	2011
3.	189' 2"	Jared Siemers	2013
4.	188' 10"	Craig Robinson	2013
5.	185' 3"	Shon Kyle	2014
6.	182' 4"	Jason Walker	2016
7.	180' 11"	Seth Sievers	2014
8.	179' 2"	Stephen Zagurski	2016
9.	173' 1"	Josh Uchtman	2012
10.	165' 5"	Andy Croxford	2008

JAVELIN

1.	222' 3"	Randy Johnson	1997
2.	221' 9"	John Hogan	1988
3.	218' 11"	Bob Cohoon	1990
4.	214' 6"	Brian Grote	2014
5.	214' 6"	Ben Stricklin	2008
6.	202' 9"	Ed Draper	2011
7.	204' 7"	Chris Navarro	2014
8.	201' 8"	Matt Krich	1987
9.	198' 10"	Jason Theodorakos	2005
10.	192' 5"	Brian Knippen	2005

TRIPLE JUMP

1.	53' 5"	Keith Presberry	1986
2.	52' 10.25"	Earl Whiting	1986
3.	52' .95"	Reggie Miller	2015
4.	52' 7.5"	Mike Roberson	1988
5.	52' 2"	Shelton Scott	2003
6.	52' 1.75"	Chris Martin	2015
7.	51' 8.5"	Jon Riley	1998
8.	51' 6"	Charles Taylor	1978
9.	51' 4.5"	Mark Daye	1977
10.	50' 7.5"	Bilal Hameed	2008

LONG JUMP

1.	25' 8"	Blake Smith	2015
2.	25' 6.25"	Shelton Scott	2003
	25' 6.25"	Blake Carter	2013
4.	25' 5.5"	John Berry	2008
5.	25' 5"	Jon Riley	1996
6.	25' 0.75"	Rashide Ward	1989
7.	25' 0"	Mark Daye	1977
8.	24' 10.25"	Earl Whiting	1984
9.	24' 9.75"	Tyler Terry	2011
10.	24' 9.5"	Ed Russell	1980

HIGH JUMP

1.	7' 1"	Jim Lohr	1984
2.	7' .5"	Reggie Miller	2013
3.	7' .5"	Alex Neophytou	1990
4.	7' 0"	William Johnson	1983
	7' 0"	Kevin Market	1983
6.	6' 11.75"	Adrian Barnhill	2000
7.	6' 11"	Scott Cant	1986
	6' 11"	Thad Tipton	1995
	6' 11"	Garvin Ambrose	2001
10.	6' 10.25"	Jacob Kent	2012

POLE VAULT

1.	17' 10.25"	Bob Ferguson	1987
2.	17' 2.5"	Jaret Willi	2002
3.	17' 0.75"	Christian Locke	2016
4.	17' 0"	John Schwepker	1988
5.	16' 5.5"	Dylan Rush	2016
6.	16' 5.25"	Tim Davis	1997
7.	16' 4"	Rich Schwepker	1989
8.	16' 0.5"	Jordan Willi	2004
9.	16' 0"	Chris Moore	1998
	16' 0"	Jim Fox	1998

MEN'S RELAYS

Men's Top-Five Relay Lists

4 x 100 METER

1. 39.86 Rob Thomas 1984
Mike Dwyer
Barry Hibbert
David Jackson
2. 40.00 Deric Haynes 1987
Darrel Grady
Terry Harrison
Tim Williams
3. 40.25 Keith Hubbard 1982
Andrew Presberry
Rob Thomas
Rick Reynolds
4. 40.44 James Williams 1977
Richard Williams
Rich Wilson
Eric Hornsby
5. 40.49 Jon Jefferson 2005
Miles Smith
Alonzo Nelson
Chris Poindexter

4 x 200 METER

1. 1:24.51 Ken McNair 1984
Rob Thomas
David Jackson
Mike Dwyer
2. 1:25.52 Chris Gill 2007
David Reid
Brandon Simpson
Chris Poindexter
3. 1:25.64 Rick Townsend 1977
Eric Hornsby
Richard Williams
Rich Wilson
4. 1:25.84 Brian Cowan 1996
Dewayne Johnson
Markeith Crawford
Eric Wade
5. 1:25.87 Deric Haynes 1987
Darrel Grady
Terry Harrison
Tim Williams

4 x 400 METER

1. 3:05.54 Alonzo Nelson 2006
Chris Poindexter
Walter Washington
Miles Smith
2. 3:05.88 Daivd Jackson 1984
Mike Dwyer
Carl Bell
Rob Thomas
3. 3:06.49 Alonzo Nelson 2005
Chris Poindexter
Chaz Brown
Miles Smith
4. 3:08.74 Brian Coleman 1991
Terrance Branch
Donnie Phillips
Jamal Carson
5. 3:08.89 *Brannon Wright* 2016
Brandon Chunn
Jordan Barber
Jarred Pasley



Southeast Missouri State **REDHAWKS**

4 x 800 METER

1. 7:28.84	Carl Bell	1985
	Ken Franklin	
	Shaun Carlile	
	Norm Kellar	
2. 7:35.97	Ted McMillan	1990
	Fred Jones	
	Eric VanMatre	
	John Daly	
3. 7:37.40	Edgar White	1977
	R. McGowan	
	G. Williams	
	C. Logan	
4. 7:38.18	Kameron Long	2013
	Alex Zisser	
	Charles Johnson	
	Tyler Holmes	
5. 7:41.24	Norm Kellar	1986
	Pedro Caceres	
	Shaun Carlile	
	Carl Bell	

SPRINT MEDLEY

1. 3:19.00	Rob Thomas	1984
	Mike Dwyer	
	David Jackson	
	Joe Lackner	
2. 3:19.55	Rob Thomas	1984
	Barry Hibbert	
	Daivd Jackson	
	Joe Lackner	
3. 3:22.00	Brian Cowan	1995
	Dewayne Johnson	
	Markeith Crawford	
	Deryl Gardner	
4. 3:22.03	Emmanuel Opoku	2001
	Derrick Brown	
	Jason Campbell	
	Tyson Brown	
5. 3:22.20	Brian Cowan	1996
	Dewayne Johnson	
	Markeith Crawford	
	Deryl Gardner	

DISTANCE MEDLEY

1. 9:45.87	Pedro Caceres	1986
	Carl Perkins	
	Shaun Carlile	
	Brian Radle	
2. 9:47.30	Joe Lackner	1984
	Ken McNair	
	Shaun Carlile	
	Mike Vanatta	
3. 9:51.20	Brian Radle	1987
	Terry Harrison	
	Fred Jones	
	Pedro Caceres	
4. 9:54.34	Jon Langhans	1995
	Markeith Crawford	
	Deryl Gardner	
	Glen Lomenick	
5. 9:55.52	Jordan Brown	2016
	Kameron Long	
	Cole Davis	
	Marc Maton	



Blake Smith

Smith captured numerous sprinting records during his time at Southeast. Smith also holds the record for long jump (25'8") and placed 15th at the 2015 NCAA Division I Outdoor Championships.

OVC HONORS

OVC INDOOR HONORS

Women

OVC Indoor Champions

1997 1998 2000
2004 2005 2006
2013

Coach of the Year

1997 Joey Haines
1998 Joey Haines
2000 Joey Haines
2004 Joey Haines
2005 Joey Haines
2006 Joey Haines
2013 Eric Crumpecker

Athlete of the Year

2003 Heather Jenkins
2004 Brook Woodruff (T)
Kathy Coleman (F)
2011 Brianna Egbuka (F)
2015 Kayla Gutierrez (F)

Freshman of the Year

2005 Kathy Coleman
2006 Whitney Thomas
2009 Shemeika Brewer

Championship MVP

2005 Kathy Coleman

Men

OVC Indoor Champions

1996 2014
2015

Coach of the Year

1996 Joey Haines
2014 Eric Crumpecker
2015 Eric Crumpecker

Athlete of the Year

2003 Shelton Scott
2005 Miles Smith (T)
Brian Knippen (F)
2006 Miles Smith (T)
2008 Miles Smith (T)
Brandon Colbert (F)
2009 Josh Uchtman (F)
2011 Brandon Colbert (F)
2012 Josh Uchtman (F)
2013 Reggie Miller (F)
2014 Kevin Farley (F)
2015 Kevin Farley (F)

Freshman of the Year

2006 Chris Williams
2009 Nate Shipley
2010 Tyler Mullen
2012 Jacob Kent
2014 Chris Martin

Championship MVP

2006 Miles Smith
2010 Brandon Colbert
2014 Blake Smith
2015 Kevin Farley



2013 OVC Indoor Women's Champs



2015 OVC Indoor Men's Champs

Southeast Missouri State **REDHAWKS**

OVC OUTDOOR HONORS

Women

OVC Outdoor Champions

1995 1997 1998
2000 2003 2004
2005 2006 2014

Coach of the Year

1995 Joey Haines
1997 Joey Haines
1998 Joey Haines
2000 Joey Haines
2003 Joey Haines
2004 Joey Haines
2005 Joey Haines
2006 Joey Haines

Athlete of the Year

2000 Heather Keltner
Lutricia Purham
2001 Heather Keltner
2003 Heather Jenkins
2004 Heather Jenkins
2009 Ashley Brewer (F)
2011 Samantha Espiricueta (F)
2014 Kayla Gutierrez (F)
2015 Sarah Hall (F)

Freshman of the Year

2010 Jerika Lewis

Men

OVC Outdoor Champions

1995 1996 2005
2006 2008 2014
2016

Coach of the Year

1995 Joey Haines
1996 Joey Haines
2005 Joey Haines
2006 Joey Haines
2008 Joey Haines
2014 Eric Crumpecker
2016 Eric Crumpecker

Athlete of the Year

1996 Jon Riley
2005 Brian Knippen (F)
2006 Miles Smith (T)
2007 Brandon Karcher (T)
Brandon Colbert (F)
2008 John Berry (F)
2010 Chris Gill (T)
Brandon Colbert (F)
2013 Kevin Farley (F)
2015 Shon Kyle (F)

Freshman of the Year

2012 Kevin Farley
2014 Chris Martin

Championship MVP

2005 Brian Knippen
2013 Kevin Farley
2016 Kevin Farley



2014 OVC Outdoor Men's and Women's Champs



2016 OVC Outdoor Men's Champs

OVC HONORS

OVC CHAMPIONS

Women's Indoor

55m Dash		Distance Medley Relay	
1998	Natalie Talley	2004	1999
		1996	
60m Dash		High Jump	
2015	Ayonna Cartwright	1997	Heather Fisher
2005	Kathy Coleman	1996	Heather Fisher
55m Dash		Long Jump	
2008	Whitney Thomas	2012	Jessica Brown
1995	Trena Anderson	1998	Heather Denihan
1993	Trena Anderson		
200m Run		Triple Jump	
1999	Heather Keltner	2009	Shemeika Brewer
		2006	Heather West
		2005	Kathy Coleman
400m Run		Shot Put	
2013	Jerika Lewis	2014	Courtney Gapelu
2010	Jerika Lewis	2011	Courtney Gapelu
2002	H. Stuckenschneider	2007	Ashley Brewer
2000	Heather Keltner	2004	Heather Jenkins
1999	Heather Keltner	2003	Heather Jenkins
1998	Heather Keltner	2000	Lutricia Purham
1997	Yvonne Hente	1999	Lutricia Purham
1994	Michelle Chambliss	1992	Charlene Cortez
800m Run		Pole Vault	
2005	Brooke Woodruff	2006	Michelle Jett
2004	Brooke Woodruff	2004	Michelle Jett
2003	Brooke Woodruff		
1998	Tammy Wenkel		
Mile Run		20lb Weight Throw	
2006	Lindsay Zeiler	2015	Kayla Gutierrez
2005	Lindsay Zeiler	2014	Kayla Gutierrez
2004	Lindsay Zeiler	2011	Briana Egbuka
		2006	Heather Jenkins
		2004	Heather Jenkins
		2003	Heather Jenkins
3000m Run			
2006	Lindsay Zeiler		
2004	Lindsay Zeiler		
1997	Janelle Quigley		
1994	Amy Cole		
5000m Run			
2013	Brittney Whitehead		
2006	Jennifer Caywood		
1994	Amy Cole		
4 x 400m Relay			
2009	2000		
1998	1997		

Women Outdoor

100m Dash		High Jump		Shot Put	
2001	Natalie Talley	2003	Courtney Haman	2015	Kayla Gutierrez
1998	Natalie Talley	1997	Heather Fisher	2014	Courtney Gapelu
				2013	Courtney Gapelu
200m Dash		Long Jump		2011	Brianna Egbuka
2001	Heather Keltner	2005	Kathy Coleman	2009	Ashley Brewer
1999	Heather Keltner	1998	Heather Denihan	2006	Heather Jenkins
		1997	Heather Denihan	2004	Heather Jenkins
		1995	Tiffany Ford	2003	Heather Jenkins
400m Dash		Triple Jump		2002	Heather Jenkins
2011	Jerika Lewis	2012	Shemika Brewer	2000	Lutricia Purham
2001	Heather Keltner	2011	Shemika Brewer	1999	Lutricia Purham
2000	Heather Keltner	2009	Shemeika Brewer	1998	Lutricia Purham
1999	Heather Keltner	1995	Tiffany Ford	1993	Charlene Cortez
1998	Heather Keltner			1992	Charlene Cortez
1997	Yvonne Hente				
1993	Lisa Crawford				
800m Run		Discus		Pole Vault	
2004	Brooke Woodruff	2015	Tonia Pratt	2006	Michelle Jett
2003	Brooke Woodruff	2014	Kayla Gutierrez	2004	Michelle Jett
		2011	Samantha Espiricueta	2003	Michelle Jett
		2009	Ashley Brewer	2002	Sara Kaznica
		2006	Heather Jenkins		
		2004	Heather Jenkins	Hammer Throw	
		2003	Heather Jenkins	2011	Brianna Egbuka
		2002	Heather Jenkins	2010	Brianna Egbuka
		2000	Lutricia Purham		
		1992	Charlene Cortez	Heptathlon	
3000m Steeplechase		Javelin		2016	Taylor Coffelt
2010	Juli Koenegstein	2016	Taylor Coffelt		
2009	Juli Koenegstein	2014	Bethany Pfeiffer		
2007	Juli Koenegstein	2011	Samantha Espiricueta		
		2010	Samantha Espiricueta		
5000m Run		2009	Samantha Espiricueta		
1994	Amy Cole	2006	Lindsay Hearne		
		2003	Courtney Hamman		
		2002	Courtney Hamman		
		2001	Courtney Hamman		
		1999	Rebecca Shull		
		1997	Denise Ford		
		1996	Jennifer Phillips		
		1995	Denise Ford		
		1993	Dana Patek		
		1992	Dana Patek		
100m Hurdles					
1997	Shannon O'Dell				
1995	Trena Anderson				
400m Hurdles					
1997	Shannon O'Dell				
1995	Shannon O'Dell				
4 x 100m Relay					
2011	2005				
2004	2000				
1999	1998				
1997					
4 x 400m Relay					
1998	1997				

Southeast Missouri State REDHAWKS

Men's Indoor

55m Dash		Long Jump	
2016	Haile Wilson	2014	Blake Smith
2014	Blake Smith	2013	Blake Carter
60m Dash		2010	Tyler Terry
2014	Blake Smith	2009	Tyler Terry
2001	Emmanuel Opoku	2008	John Berry
60m Hurdles		2003	Shelton Scott
2015	Chris Navarro	1996	Jon Riley
2004	David Herman	1995	Jon Riley
2001	Glenn Haley	Triple Jump	
200m Run		2015	Reggie Miller Jr.
2007	Chris Williams	2010	Tyler Terry
2006	Miles Smith	2009	Tyler Terry
400m Run		2008	Bilal Hameed
2016	Jarred Pasley	2003	Shelton Scott
2008	Chris Gill	2002	Shelton Scott
2006	Miles Smith	2001	Shelton Scott
2005	Miles Smith	1996	Jon Riley
1996	Markeith Crawford	Pole Vault	
800m Run		2016	Christian Locke
1996	Deryl Gardner	2015	Christian Locke
1995	Deryl Gardner	2004	Jordan Willi
1500m Run		2003	Jordan Willi
1995	Glenn Lomenick	2002	Jaret Willi
1993	Joe Dandridge	2001	Jaret Willi
3000m Run		1998	Jim Fox
1993	Joe Dandridge	1996	Tim Davis
5000m Run		1995	Tim Davis
2010	Jason Lumpkin	Shot Put	
2009	Nate Shipley	2015	Kevin Farley
Distance Medley Relay		2014	Kevin Farley
1995		2013	Kevin Farley
4 x 400m Relay		2012	Josh Uchtman
2016	2007	2011	Craig Robinson
2006	2005	2010	Josh Uchtman
4 x 800m Relay		2009	Josh Uchtman
1993		2008	Brandon Colbert
High Jump		2005	Brian Knippen
2014	Reggie Miller Jr.	2004	Jay Heddell
2012	Jacob Kent	2003	Jay Heddell
2001	Garvin Ambrose	2002	Jay Heddell
2000	Adrian Barnhill	2001	Jay Heddell
35lb Weight Throw		1999	Bryan Alfultis
2015	Kevin Farley	1998	Bryan Alfultis
2013	Craig Robinson	1997	Matt Gaylor
2011	Brandon Colbert	1996	Bryan Alfultis
2010	Brandon Colbert	1992	Terrance Parker
2008	Brandon Colbert	Javelin	
2005	Daniel Jones	2016	Jason Walker
2004	Daniel Jones	2014	Brian Grote
Heptathlon		2012	Brian Grote
2015	Chris Navarro	2011	Ed Draper
2014	Chris Navarro	2009	Richard Martin

Men's Outdoor

100m Dash		High Jump	
2015	Blake Smith	2013	Reggie Miller Jr.
2011	DeAndre Simmons	2012	Reggie Miller Jr.
400m Dash		2005	Andrew Lambert
2016	Jarred Pasley	2001	Garvin Ambrose
2008	Miles Smith	1995	Chad Tipton
2006	Miles Smith	Long Jump	
2005	Miles Smith	2013	Blake Carter
2004	Miles Smith	2011	Tyler Terry
2002	Jason Campbell	2010	Tyler Terry
1994	Terrence Branch	2008	John Berry
800m Run		2002	Jaret Wil
2012	Mohamed Souleman	1996	Jon Riley
2001	Tyson Brown	Triple Jump	
1996	Deryl Gardner	2016	Chris Martin
3000m Steeplechase		2015	Reggie Miller Jr.
2007	Chris Herren	2014	Chris Martin
2006	Kevin McNab	2013	Reggie Miller Jr.
2003	Chad Sierman	2011	Tyler Terry
1500m Run		2010	Tyler Terry
2016	Marc Maton	2008	Bilal Hameed
2008	Paul Stemmerman	2003	Shelton Scott
1993	Joe Dandridge	2002	Shelton Scott
5000m		2001	Shelton Scott
2007	Brandon Karcher	1996	Jon Riley
10000m		Discus	
2011	Jason Lumpkin	2016	Kevin Farley
2008	Brandon Karcher	2014	Shon Kyle
2007	Brandon Karcher	2013	Kevin Farley
110m Hurdles		2009	Brandon Colbert
2015	Chris Navarro	2007	Brandon Colbert
2005	Alonzo Nelson	2005	Brian Knippen
2001	Glenn Haley	2004	Jay Heddell
400m Hurdles		2003	Jay Heddell
2005	Alonzo Nelson	2002	Jay Heddell
2001	Glenn Haley	2001	Jay Heddell
1995	Markeith Crawford	1999	Bryan Alfultis
4 x 100m Relay		1998	Bryan Alfultis
2016	2008	1997	Matt Gaylor
2005	2001	1996	Bryan Alfultis
1996	1994	1992	Terrance Parker
4 x 400m Relay		Decathlon	
2016	2008	2015	Chris Navarro
2007	2006	2014	Chris Navarro
2005	2004	Hammer Throw	
4 x 800m Relay		2016	Kevin Farley
2016	2008	2014	Kevin Farley
2007	2006	2013	Jared Siemers
2005	2004	2011	Brandon Colbert
4 x 100m Relay		2010	Brandon Colbert
2016	2008	Decathlon	
2007	2006	2015	Chris Navarro
2005	2004	2014	Chris Navarro

ALL-AMERICANS

WOMEN'S ALL-AMERICANS

Year	Athlete	Event						
1981	Pat Washington	Discus	1987	LeAnn Powers	Shot Put (i),	1989	Laura Byrne	Cross Country,
	Beverly Slaughter	Long Jump		Linda Wilson	Shot Put (i),			1500m (i), 3000 (i),
	Candace Williams	Hurdle, Relay			Shot Put		Lizz Barringer	5000m
	Kathleen Hudson	400m, Relay		Laura Byrne	1500m,			Long Jump (i),
	Shirley Walton	Relay			Cross Country			Hurdles (i),
	Margaret Hertenstein	Cross Country		Kehinde Vaughan	400m(i),		Linda Wilson	Heptathlon
	Debbie Kilpatrick	Cross Country			400 Relay		Peggy McFarland	Shot Put (i)
1982	Pat Washington	Discus		Benita Thomas	1600 Relay(i)		Laura Tenaglia	400m Hurdles
	Candace Williams	Hurdles			55m, 400 Relay		Jan Gautier	3000M
	Pat Smith	4x400 Relay		Lizz Barringer	100m		Kelly Cracchiolo	Cross Country
	Robin Long	4x400 Relay			High Jump (i),	1990	Lucie Mays	1500m (i), 3000m
	Shirley Walton	4x400 Relay		Jan Gautier	Heptathlon		Linda Wilson	Shot Put (i)
	Chris Ridenour	Cross Country			3000 (i),			Shot Put
1983	Chris Ridenour	Cross Country			10,000m,		Laura Tenaglia	3000m (i),
	LaRita Hawes	Long Jump		Lisa Like	Cross Country			5000m
	Jackie Gregware	Heptathlon			1600 Relay,	1991	Kathy Taylor	Long Jump (i)
1984	Margaret Hertenstein	Cross Country		Diana Brown	400 Relay		Lucie Mays	3000m (i),
	Debbie Kilpatrick	Cross Country		Regina Little	1600 Relay (i)			3000m, 5000m
	Chris Ridenour	Cross Country		Michelle Hicks	200m, 100m		Torvia Bradley	55m (i), 100m
1985	Pam Palmer	1500m (i)	1988	Laura Byrne	400 Relay (i)		Angela James	High Jump (i)
	Jennella Torrence	800m (i)		Jan Gautier	Cross Country			High Jump
	Jennella Torrence	800m		Kehinde Vaughan	Cross Country		Charlene Cortez	Shot Put
	Debbie Kilpatrick	10,000m			400M (i),		Lisa Like	400m (i),
1986	Lizz Barringer	Heptathlon		Janice Gibson	1600 Relay			1600m Relay (i),
	Laura Byrne	1500m		Kelly Cracchiolo	800m (i), 800m		Angie Rohrschieb	1600m Relay
	LeAnn Powers	Shot Put		Linda Wilson	1500m (i), 1500m			1600m Relay
					Shot Put (i),		Lisa Crawford	400m (i), 400m
					Shot Put			1600m Relay (i),
				Lisa Like	1600 Relay (i)			1600m Relay
				LeAnn Powers	Shot Put		Lisa Williams	1600m Relay (i),
				Lizz Barringer	Heptathlon			1600m Relay
				Peggy McFarland	1600 Relay (i)			
				Ramona Spencer	1600 Relay (i)			

Southeast Missouri State REDHAWKS

MEN'S ALL-AMERICANS

Year Athlete Event

1957	Rex Miller	Cross Country
1969	Marty Corcoran	Mile Relay
	Mike Ervin	Mile Relay;
	Clarence Finley	Mile Relay
	Art Miller	Mile Relay
1970	Clark Wille	120 yd. High Hurdle
1971	Rick Wadlington	Shot Put
	Steve Parker	Cross Country
	Bob Kauffman	Cross Country
1972	Rick Attig	Javelin
1973	Ed White	Cross Country
1974	Ed White	Cross Country
1975	Ed White	Cross Country
1976	Richard Wilson	100m, 200m
1977	Eric Hornsby	200m
1978	Charles Taylor	Triple Jump
1979	Rick Wadlington	Shot Put
1981	Andrew Presberry	Hurdles, Mile Relay
	Mike Vanatta	Steeplechase
	Robin Thomas	Mile Relay
	Leonard Scott	Mile Relay
	Shay Lewis	Mile Relay
	Ken Hoffman	Cross Country
1982	Mike Vanatta	Steeplechase
	Andrew Presberry	Hurdles
	Rob Thomas	600 (i)
1983	Mike Vanatta	Steeplechase
	Ken McNair	High Hurdles
	Ken Brown	Intermediate Hurdles
	Carl Bell	800m
	Joe Lackner	1500m
	Tim Williams	100m, 200m
	Joe Leuchtmann	Cross Country
1984	Rob Thomas	500m (i)
	Carl Bell	800m
	Mike Dwyer	100m
	Bob Ferguson	Pole Vault
	Barry Hibbert	400 Relay
	Dave Jackson	100m, Relays
	Joe Lackner	1500m, Cross Country
	Joe Leuchtmann	10,000m, Cross Country
	Jim Lohr	High Jump
	Rob Thomas	400m, Relays
	Mike Vanatta	5000m, Steeplechase, Cross Country
	Earl Whiting	Triple Jump
	Art Waddle	Cross Country
1985	Carl Bell	800m (i)
	Bob Ferguson	Pole Vault (i)
	Dave Jackson,	Relays (i), 55m (i)
	Norm Kellar	500 (i)
	Jim Lohr	High Jump (i)
	Kevin Lyons	Relays (i)

	Earl Nichols	Relays (i)
	Tim Pigg	Shot Put (i)
	Keith Presberry	Triple Jump (i)
	Jeff Randle	Relays (i), 55m (i)
	John Schwepker	Pole Vault (i)
	Earl Whiting	Long Jump (i), Triple Jump (i)
	Norm Kellar	1500m
	David Jackson	100m, 200m
	Joe Leuchtmann	10,000m
	Jim Lohr	High Jump
	Mike Hintz	Discus
	Earl Whiting	Long & Triple Jump
	Brian Radle	Cross Country
1986	Pedro Caceres	Steeplechase
	Shaun Carlile	800m
	Bob Ferguson	Pole Vault
	Dana Garner	100m, 200m
	Norm Kellar	1500m
	Keith Presberry	Triple Jump (i), Triple Jump
	John Schwepker	Decathlon
	Art Waddle	10,000m
	Earl Whiting	Triple Jump
1987	Pedro Caceres	1500 (i), Steeplechase, 5000m, Cross Country
	Derec Haynes	55 Hurdles (i)
	Brian Radle	1500m (i), 1500m, Steeplechase
	John Schwepker	Pole Vault (i), Decathlon
	Art Waddle	500m (i), 10,000m, 5000m
	Neil Rock	Discus
	Tim Williams	200m, 400 Relay, 100m, 1600 Relay
	Jerome McDonald	400 Relay, 1600 Relay
	Terry Harrison	400 Relay
	Darryl Grady	400 Relay
	Bob Ferguson	Pole Vault
	Rich Schwepker	Pole Vault
	Ted McMillan	1600 Relay
	Norman Kellar	Cross Country
	Jay Townsend	Cross Country
1988	Jimmy Hearld	Cross Country
	Art Waddle	Cross Country
	Brian Radle	1500m (i), 1500m, 5000m (i), Steeplechase, Cross Country
	John Schwepker	Pole Vault (i), Pole Vault
	Rashid Ward	Long Jump (i)
	Mike Roberson	Triple Jump (i), Triple Jump
	Mike Hintz	Discus
	John Hogan	Javelin

1989	John Daly	1500m
	Jimmy Hearld	5000m (i), 10,000m 5000m
	Terry Harrison	400 (i), Mile Relay (i)
	Fred Jones	Mile Relay (i)
	Jerome McDonald	Mile Relay (i)
	Ted McMillan	Mile Relay (i), 800m
	Brian Radle	Cross Country, 1500 (i), 1500m, 5000m
	Rashid Ward	Long Jump (i)
1990	Bob Cahoon	Javelin
	John Daly	1500m
	Jimmy Hearld	5000m (i), 5000m
	Steve Sawyer	1500m
	Terry Harrison	400m (i), 1600m Relay (i), 1600m Relay
	Eric Van Matre	800m (i), 1600m Relay (i), 1600m Relay
	Jerome McDonald	1600m Relay (i), 1600m Relay
1991	Glen Norwood	Long Jump (i) Long Jump
	Terrence Branch	400m (i), 1600m Relay (i), 1600m Relay
	Virgil Lucas	1600m Relay (i), 1600m Relay
	Brian Coleman	1600m Relay (i), 1600m Relay
	Donnie Phillips	800m Relay (i), 800m Relay
	Jamal Carson	1600m Relay (i), 1600m Relay
	Jimmy Hearld	1600m Relay (i), 1600m Relay
1994	Terrence Branch	400m
2001	Terrance Branch	400m
2005	Miles Smith	400m
2006	Miles Smith	400m
2008	Miles Smith	400m
2013	Kevin Farley	Shot Put
2015	Blake Smith	Long Jump
2016	Kevin Farley	Shot Put, Discus

HALL OF FAME

INAUGURAL CLASS OF 2002

LAURA BYRNE: TRACK AND CROSS COUNTRY (1986-89)

Byrne, a track and cross country athlete from 1986-1989, won four NCAA II individual titles during the 1988-89 school year when she won the cross country national championship and the indoor 1,500 and 3,000-meters and the outdoor 5,000-meters.

MARVIN ROSENGARTEN: TRACK COACH, DIRECTOR OF ATHLETICS

Rosengarten was a football player at Southeast who later served as an assistant football coach, track coach, athletics director and director of athletic development. The Marvin Rosengarten Athletic Complex on the Southeast campus is named in his honor.

ABE STUBER: TRACK COACH (1932-46)

Stuber was football and track coach at Southeast from 1932-1946 and also served as basketball coach from 1932-1935 and from 1943-1946. His track teams won seven MIAA championships and his football teams claimed three league titles including the 1937 team that was unbeaten and untied.

MIKE VANATTA: TRACK AND CROSS COUNTRY (1981-84)

Vanatta, track and cross country from 1981-1984, won four NCAA II individual national championships. He won the steeplechase title in 1982, 1983 and 1984 and claimed the cross country championship in 1984 while leading Southeast to the team title.

1984 MEN'S CROSS COUNTRY TEAM

The team won the NCAA Division II National Championship.

1985 MEN'S INDOOR TRACK TEAM

The team won the NCAA Division II National Championship.



Southeast Missouri State **REDHAWKS**

CLASS OF 2003

RICK ATTIG: TRACK (1970-73)

Attig, a football and track standout, was honorable mention All-American and team captain for the football team, and an All-American in the javelin for the track team. He is the Southeast and MIAA record holder in the javelin. He is currently an assistant track coach at Nebraska after having served as an assistant at Kansas.

HERB MULKEY: TRACK (1939-42)

Herb Mulkey was a star in both basketball and track. He was a two-time all-MIAA selection and team captain in basketball and held school records in the low hurdles, high hurdles and high jump. At one time, Mulkey held 11 high jump records at tracks throughout the Midwest.

WALTER SMALLWOOD: TRACK (1965-68)

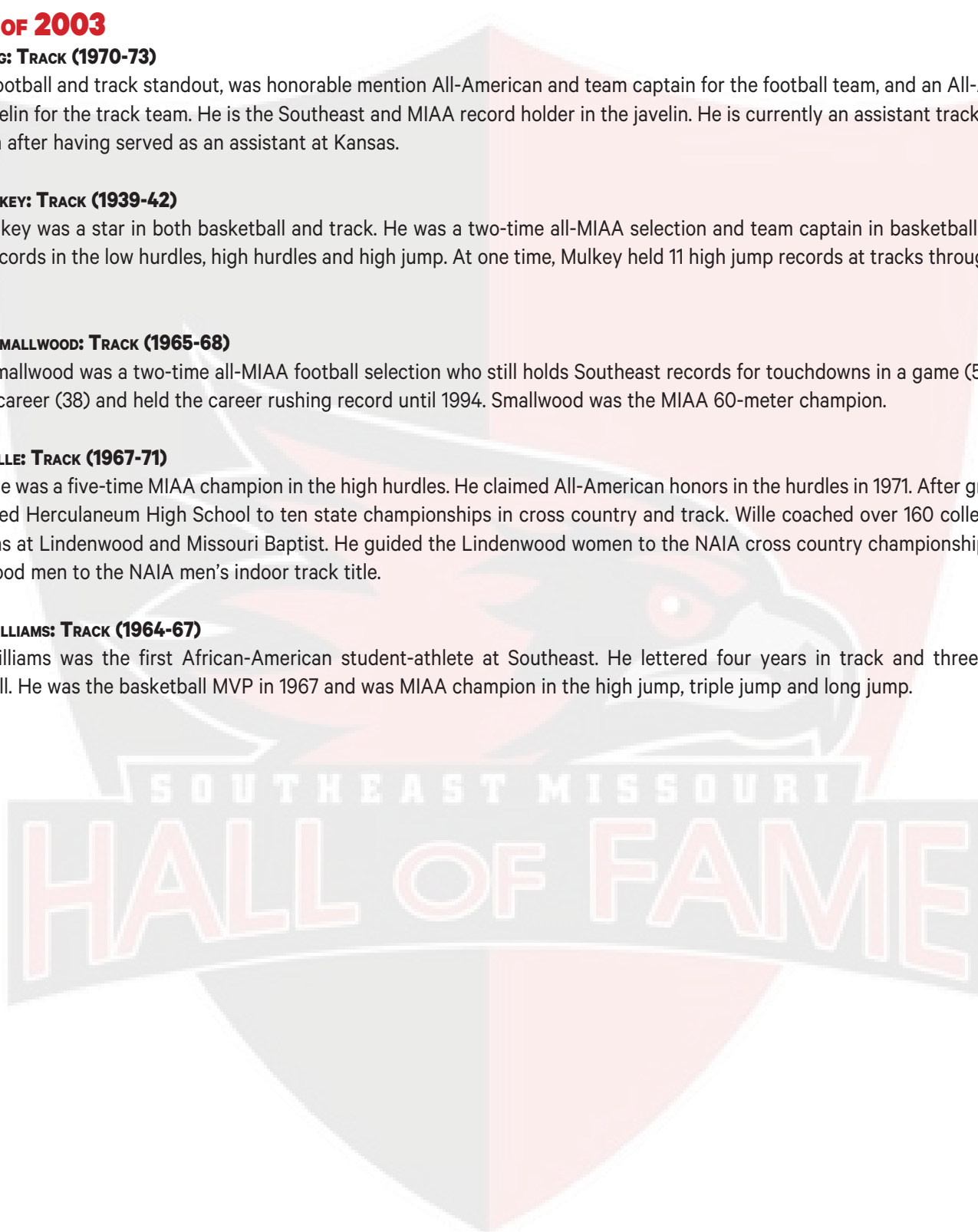
Walter Smallwood was a two-time all-MIAA football selection who still holds Southeast records for touchdowns in a game (5), season (16) and career (38) and held the career rushing record until 1994. Smallwood was the MIAA 60-meter champion.

CLARK WILLE: TRACK (1967-71)

Clark Wille was a five-time MIAA champion in the high hurdles. He claimed All-American honors in the hurdles in 1971. After graduation he coached Herculaneum High School to ten state championships in cross country and track. Wille coached over 160 collegiate All-Americans at Lindenwood and Missouri Baptist. He guided the Lindenwood women to the NAIA cross country championship and the Lindenwood men to the NAIA men's indoor track title.

CURTIS WILLIAMS: TRACK (1964-67)

Curtis Williams was the first African-American student-athlete at Southeast. He lettered four years in track and three years in basketball. He was the basketball MVP in 1967 and was MIAA champion in the high jump, triple jump and long jump.



HALL OF FAME

CLASS OF 2004

LIZZ BARRINGER: TRACK (1986-89)

Lizz Barringer was a four-time Division II All-American in the heptathlon. She was the 1989 NCAA Division II heptathlon national champion and was an Olympic trials qualifier in the heptathlon.

BILL McLANE: TRACK (1934-37)

Bill McLane ranks as one of the all-time great track athletes at Southeast. When he graduated in 1937 he held 24 track and field records at Southeast.

RYLAND “DUTCH” MEYR: TRACK (1958-61)

Ryland “Dutch” Meyr was a four-year starter at tackle and was honored as a Little All-American in 1961. Three of the four teams he played on won MIAA championships. He served as an assistant coach from 1969-1977. He had a record of 25-7 as head coach at Cape Central High School.

REX MILLER: TRACK AND CROSS COUNTRY (1955-58)

Rex Miller was Southeast Missouri State’s first cross country All-American. He was 24th in the 1957 NCAA championships for all divisions held at Michigan State. He was undefeated for three years in the two-mile and was the MIAA mile and two-mile champion. Miller was also the high school coach of Southeast Hall of Famer Mike Vanatta.

ROB THOMAS: TRACK (1981-84)

Rob Thomas ranks as Southeast Missouri State’s only NCAA Division I national champion. He won the 1984 indoor 600-meters at the NCAA Division I championships. He was also a Division I All-American in 1982 and was a Division II All-American in 1982, 1983 and 1984. He was a U.S. Olympic trials qualifier in 1984 and a U.S. National Team member in 1985.

CLASS OF 2006

JOHN SCHWEPKER, TRACK (1984-88)

Schweper won two individual national championships at Southeast while earning seven All-America awards. He won the NCAA Division II indoor pole vault championship in 1985 and was the decathlon national champion in 1988. The Southeast record holder in the decathlon with 7,881 points, Schweper participated in the 1988 Olympic Trials.

ROYAL TIBE: TRACK (1919-23)

Tibi is believed to be the only athlete at Southeast to earn varsity letters in five sports. He lettered in football, basketball, baseball, track and tennis. An outstanding punter on the football team, he also served as captain of the track team and was described as an outstanding defensive player on the basketball team.

CLASS OF 2007

ED WHITE: TRACK AND CROSS COUNTRY (1973-77)

White is the only Southeast cross country runner to earn All-America honors for three straight years. He was honored in 1974, 1975 and 1976 with his highest national finish ninth in 1975. White is retired after coaching track and cross country at Fox High School in Arnold for over 30 years. His wife, the former Laura Byrne, is a member of the Southeast Athletic Hall of Fame inaugural class of 2002.

Southeast Missouri State **REDHAWKS**

CLASS OF 2008

JOEY HAINES: TRACK AND CROSS COUNTRY COACH (1982-2008)

Ohio Valley Conference "Coach of the Year" 20 times during a career that saw his teams win one NCAA II National Indoor Title, one NCAA II National Cross Country Title and earn 18 NCAA II National Top Four Finishes. He was the NCAA II National Coach of the Year in 1985, the NCAA Division I Regional Coach of the Year in 1998, MIAA Coach of the Year six times and Missouri Track & Field Coaches Association Coach of the Year six times. He coached one NCAA Division I national champion, 23 NCAA II national champions, 10 NCAA I All-Americans and 145 NCAA II All-Americans.

RICK WADLINGTON: TRACK (1968-71)

An All-American in 1971 after placing second in the shot put at the NCAA II national finals, he established a Southeast outdoor shot put record with a throw of 59-0 1/2 while winning the MIAA championship. Helped lead the Southeast team to the MIAA title in 1971 by winning both the shot put and discus.

CLASS OF 2009

ANDREW PRESBERRY: TRACK AND FIELD (1978-82)

Presberry was a four-time All-American at Southeast, winning honors in the hurdles and on the mile relay team. He still holds the Southeast record in the 110-meter hurdles with a time of 13.84. The record, established in 1981, has stood for 28 years. Presberry also recorded the second fastest 400-meter hurdle time of 51.35.

CLASS OF 2010

TERRANCE BRANCH: TRACK AND FIELD (1982-2008)

Terrance Branch, of McCluer High School in St. Louis, Mo., tore through the record books during his career as a Southeast Missouri Student-Athlete. As a freshman, Branch ran the 400 meters in 47.74 at the indoor National Championships, earning All-American honors. In 1992, Southeast Missouri moved up to Division I, and Branch ran a 45.8 at nationals, but was disqualified for running out of the lane. He was given a medical redshirt in 1993, and came back to run a school record 45.52 400 meter dash, placing fourth at the NCAA National Championships. Branch earned a degree in Mass Communications, while placing himself in the record books in the 200 meters, 400 meters, 4x400 meter relay, and earning an OVC Outdoor Championship in the 400. Branch hung up his cleats as a four-time All-American.

CLASS OF 2011

BOB FERGUSON: TRACK AND FIELD (1983-86)

Ferguson was part of the 1985 National Championship track & field team which is in the Southeast Hall of Fame. He was a five-time NCAA Division II All-American and eight-time MIAA indoor and outdoor conference champion in the pole vault. Ferguson was the 1987 NCAA Division II Outdoor Pole Vault Champion. He was a world championship team member for the 1987 Pan Am Games. In addition, Ferguson won a silver medal at the 1986 Commonwealth Games.

HALL OF FAME

CLASS OF 2012

CHRISTINE (RIDENOUR) VANATTA: TRACK AND CROSS COUNTRY (1982-84)

Highlighted her athletic career at Southeast by winning the 1984 NCAA Division II Women's Cross Country Championship, leading her team to a third-place finish. She was a three-time NCAA Division II All-American in cross country and a two-time NCAA Division II national qualifier in track & field. By the time she left Southeast, Ridenour had set school records in the 1500m, mile run, 3000m, 2-mile run and 5000m events. She is married to Southeast Hall of Famer Michael Vanatta.

BEVERLY SLAUGHTER: TRACK AND FIELD (1981)

She was one of the first great female athletes at Southeast. She held the long jump record at 20-5 for a period of 17 years. Slaughter was an All-American in 1981 and won numerous MIAA titles. She currently ranks third on the school's all-time long jump list. Two-time national high jump champion who won both the NCAA II indoor and outdoor championships in 1985. He won the indoor title with a jump of 6-11 in Fargo, North Dakota to lead Southeast to the national team title. He won the outdoor title with a jump of 7-1 in Los Angeles, California. A three-time All-American, he still holds the Southeast high jump record at 7-1 1/2.

CLASS OF 2013

KATHLEEN HUDSON: TRACK AND FIELD (1979-1981, 1983)

Hudson began her career at Southeast in 1978-79 and helped lay the foundation for the women's track and field program that has remained strong and extremely competitive for the past 35 years. During her time at Southeast, Hudson became an Association of Intercollegiate Athletics for Women two-time All-American in 1981. In the national championships that year, she finished sixth in the finals after going into the meet with the second-best time in the nation at 55.8, a time that remains outstanding even today. She followed that performance by anchoring the 1600m relay that achieved All-American status by also finishing sixth. While Hudson was an outstanding individual competitor in the 400m dash and long jump, she was versatile and indispensable as a member of all the relay teams. She ran on, and almost always anchored teams that broke 13 school records (nine in the mile relay, three in the 880 yard/800m medley relay, and one in the 400m dash).

MILES SMITH: TRACK AND FIELD (2004-2008)

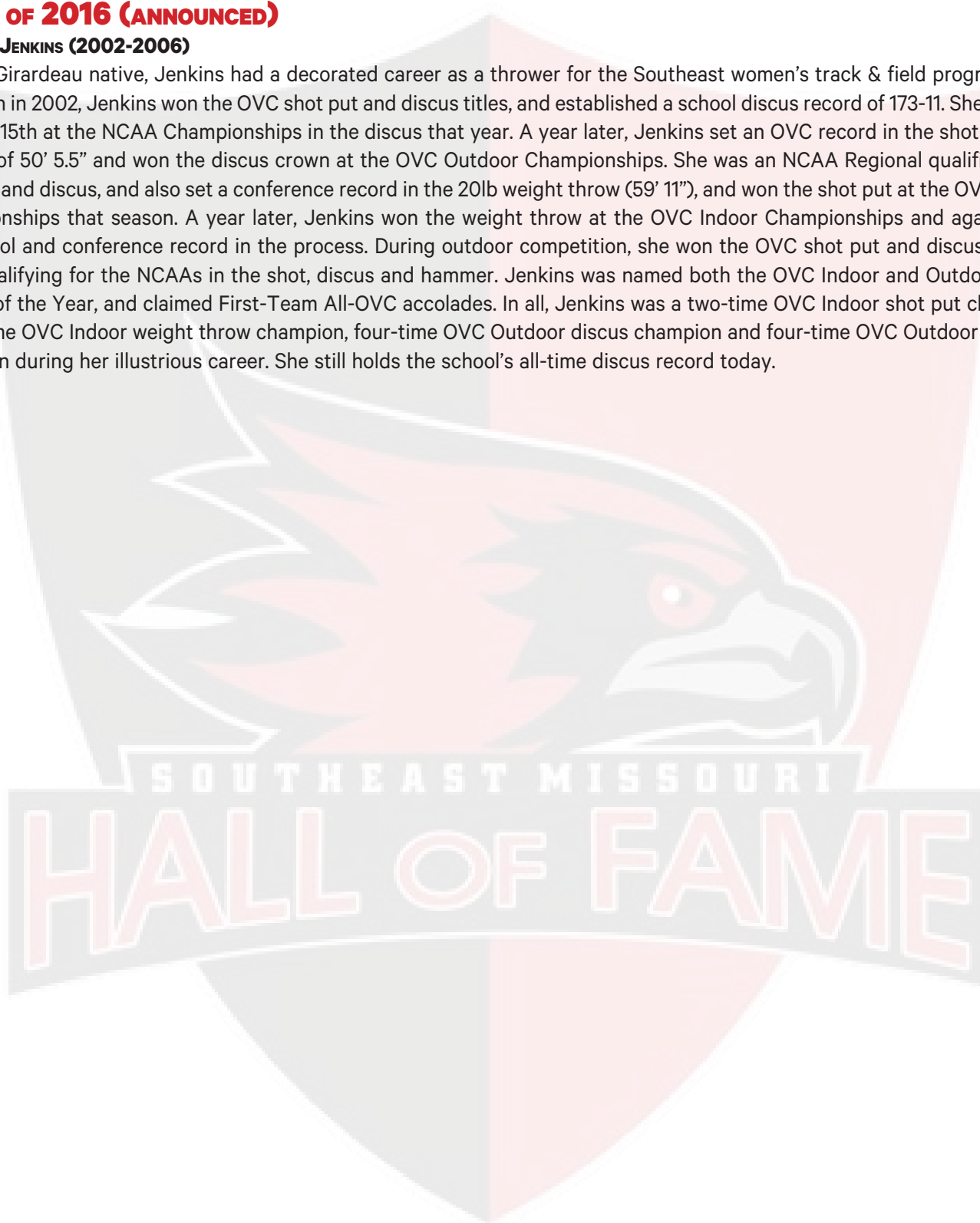
Smith might very well be the greatest Division I athlete Southeast Missouri State University has produced in any sport. A native of St. Louis, Smith was a five-time All-American in the 400m, earning the prestigious honors in 2005, 2006 and 2008. He was named the Ohio Valley Conference Male Track Athlete of the Year four times (2005 indoors, 2006 indoors & outdoors and 2008 indoors) and still owns Southeast school records in the 200m (indoors), 400m (indoors and outdoors) and 4x400m relay (indoors and outdoors). Southeast enjoyed tremendous team success with Smith, winning OVC Outdoor Championships in 2005, 2006 and 2008. He won seven individual OVC Championships in his collegiate career and was named the 2006 OVC Athlete of the Championship at the OVC Indoor Track & Field Championships. Smith was also an elite competitor on the international stage. He ran for the US National Team in the 2005 IAAF World Championships in Helsinki, Finland, where he won a gold medal with the 4x400m relay team. He also qualified for the USA Olympic Trials in both 2008 and 2012. Smith returned to his alma mater as a sprinters coach in 2013-14. Prior to that, he spent the 2012-13 season as a volunteer assistant coach at Tennessee State.

Southeast Missouri State **REDHAWKS**

CLASS OF 2016 (ANNOUNCED)

HEATHER JENKINS (2002-2006)

A Cape Girardeau native, Jenkins had a decorated career as a thrower for the Southeast women's track & field program. As a freshman in 2002, Jenkins won the OVC shot put and discus titles, and established a school discus record of 173-11. She went on to finish 15th at the NCAA Championships in the discus that year. A year later, Jenkins set an OVC record in the shot put with a throw of 50' 5.5" and won the discus crown at the OVC Outdoor Championships. She was an NCAA Regional qualifier in the shot put and discus, and also set a conference record in the 20lb weight throw (59' 11"), and won the shot put at the OVC Indoor Championships that season. A year later, Jenkins won the weight throw at the OVC Indoor Championships and again broke the school and conference record in the process. During outdoor competition, she won the OVC shot put and discus crowns, while qualifying for the NAAs in the shot, discus and hammer. Jenkins was named both the OVC Indoor and Outdoor Track Athlete of the Year, and claimed First-Team All-OVC accolades. In all, Jenkins was a two-time OVC Indoor shot put champion, three-time OVC Indoor weight throw champion, four-time OVC Outdoor discus champion and four-time OVC Outdoor shot put champion during her illustrious career. She still holds the school's all-time discus record today.



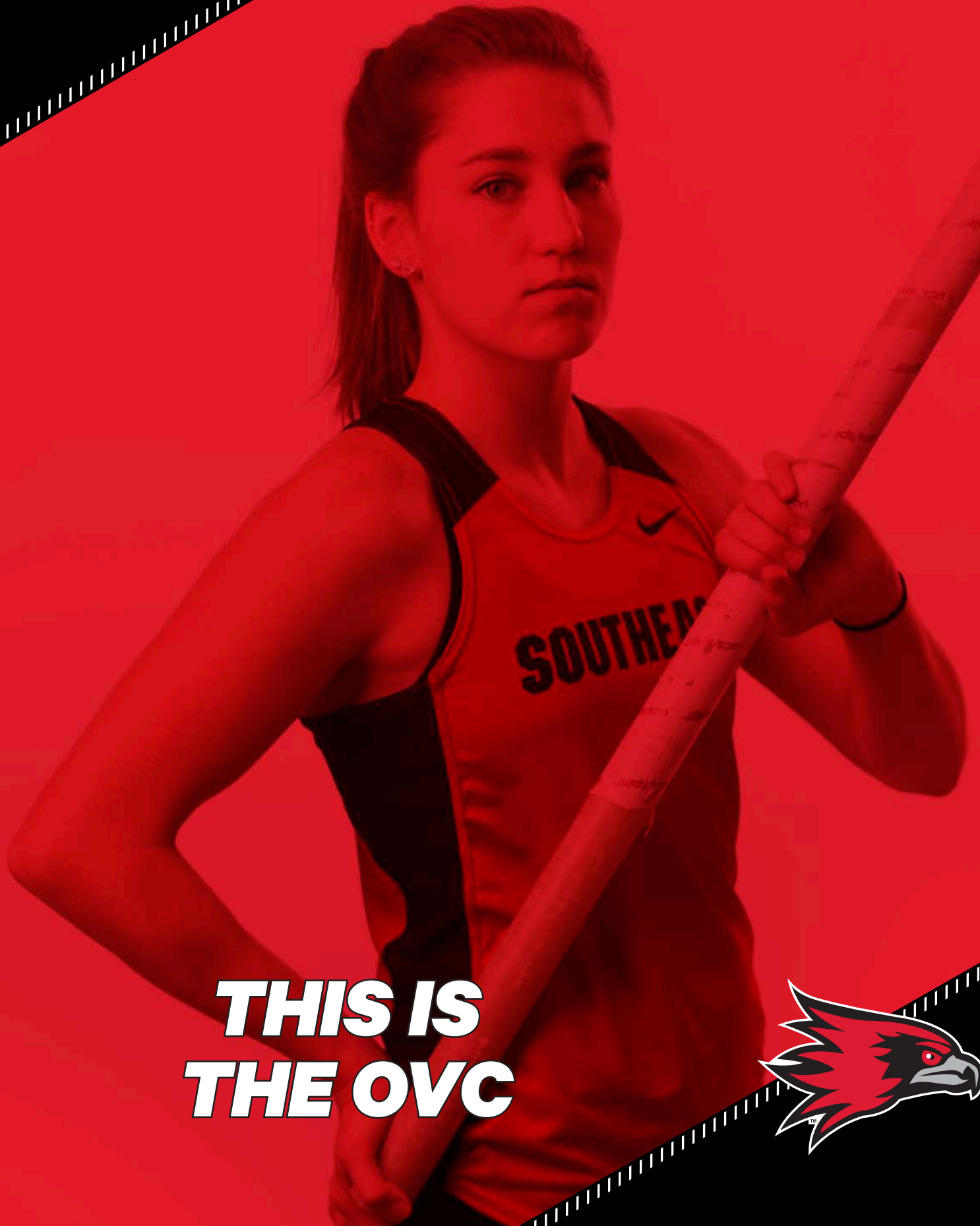
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TRACK & FIELD



THIS IS
THE OVC



THIS IS THE OVC

Now in its 69th year, the Ohio Valley Conference continues to build on the success that has made it the nation's eighth-oldest NCAA Division I conference.

In May 2011 the Conference expanded for the second time in four years, adding Belmont University which began competition in the 2012-13 academic year. The addition of Belmont gave the OVC 12 members, the most the league has had at one time in its illustrious history. The move added a second team in the city of Nashville and was the first addition to the league since Southern Illinois University Edwardsville joined in 2008. Subsequently, the league has shown its stability over the past decade, seeing only one member institution depart over the past 16 years.

The 2009-10 school year saw a change in leadership as Beth DeBauche was named the seventh full-time Commissioner in league history on July 28, 2009. The last three commissioners of the OVC have moved onto jobs as the commissioner of the Big Ten, Big 12 and the Mid-American Conferences.

The OVC's proud history dates back to 1948, but seeds for the new league were actually planted in 1941. It was then that Roy Stewart, the athletics director at Murray State, Charles "Turkey" Hughes, the athletics director at Eastern Kentucky, and Kelly Thompson, the public relations director at Western Kentucky, first broached the idea of forming a new conference. Discussions were put on hold by World War II, but reemerged February 27-28, 1948 at the Kentucky Hotel in Louisville as the three original institutions combined with Morehead State, Louisville and Evansville to form the OVC.

In the 1950s, the OVC became a pioneer on a much more significant scale socially. During times of racial segregation, league member Morehead State became one of the first non-traditionally black mid-southern institutions to accept a black student. In 1958 Marshall Banks earned athletically-related aid at Morehead, which signed a second black athlete, Howard Murphy, a year later. In 1961 Murphy earned all-conference recognition as a halfback in football. With racial barriers broken, the rest of the institutions in the

league began to provide educational and athletic opportunities to African-Americans.

After Title IX legislation passed in 1972, women's athletics began a rebirth on the national scene as the NCAA began sponsoring and marketing women's sports. Recognizing the need to provide increased opportunities for female athletes, the OVC began formulating plans for women's athletics in 1975 and established women's championships in the sports of basketball, tennis and track in 1977, with cross country and volleyball added over the next four years. Those sports were initially governed by the Association of Intercollegiate Athletics for Women (AIAW), but the overall strength

apiece. Austin Peay, Southeast Missouri, UT Martin and former member Youngstown State have one title apiece.

Murray State and Evansville tied for the initial football championship, and the Racers participated in the first-ever bowl game by an OVC team, tying Sul Ross State 21-21 in the 1948 Tangerine Bowl. From 1948 to 1975, OVC teams played in 15 bowl games, winning eight of them. Eastern Kentucky and Western Kentucky were also participants in the NCAA Division II playoffs in the early and mid-1970s prior to the NCAA's reclassification of football programs into Division I-AA. The term "I-AA" lasted until the end of the 2006 season when it was changed to Division I Football Championship Subdivision (FCS).

The first Division I-AA/FCS football playoff was held in 1978 with only four teams, which is the only year through present day that the OVC did not field a playoff representative. In 1979, four of the nation's top teams were invited to the playoffs, and two of them - Eastern Kentucky and Murray State - were from the OVC. Murray dropped its semifinal game to Lehigh, but the Colonels nipped Nevada-Reno in double overtime and claimed the national championship a week later with a 30-7 victory over Lehigh. EKU was coached by former All-America quarterback Roy Kidd, who was

in his 16th year at the helm of his alma mater and who skippered the Colonels to a second national title three years later. Following the 2002 season, Kidd retired after 39 years at EKU; upon retirement, he ranked sixth all-time among Division I coaches with 315 victories, earning him a spot in the College Football Hall of Fame. EKU's now 21 FCS playoff appearances are the second for the most all-time (behind only Montana's 24 berths).

In addition to Kidd, other coaching legends in the OVC include Charles "Bubber" Murphy, who coached at Middle Tennessee from 1947-1968, Western Kentucky's Jimmy Feix (1968-83), Wilburn Tucker (1954-67) and Don Wade (1968-82) of Tennessee Tech, Bill Ferguson (1967-77) of Murray State, Guy Penny (1959-67) of Morehead State and Boots Donnelly (1977-78 at Austin Peay; 1979-1998 at Middle Tennessee). Following the 2011 season Eastern Illinois head coach Bob



**INSPIRING EXCELLENCE
SINCE 1948**

of women's programs in the league was demonstrated by the automatic bids the OVC instantly received when the NCAA became the governing body in 1982. The conference added women's golf and softball in 1994 and women's soccer in 1998.

Through the past 68 years, 15 teams have won or shared the league's football title. The list is led by Eastern Kentucky, winner of 21 outright or shared football crowns, which is tied for the most in Football Championship Subdivision history (with Massachusetts). Among OVC teams, former member Middle Tennessee is next with 11 titles, followed by Tennessee Tech with 10, and Murray State and former member Western Kentucky with eight apiece. Eastern Illinois has claimed seven football crowns and Jacksonville State has five, while Morehead State, Tennessee State and former members Evansville and East Tennessee State have captured two

Southeast Missouri State REDHAWKS

Spoo retired after 25 years at the school (the last 16 as members of the OVC). In his time as an OVC coach he compiled 92 total victories (fifth-most in league history) and 68 OVC wins (fourth-most in league history) and was inducted into the OVC Hall of Fame in 2012. In 2016 former Murray State head coach Frank Beamer (1981-86) was inducted into the OVC Hall of Fame; he introduced his wide tackle six defense to the OVC and compiled a 43-23-2 record with the Racers before leaving for his alma mater Virginia Tech where he won 280 games of 29 seasons.

A sampling of former OVC football stars, some of whom were All-Americans during their collegiate careers before achieving stardom at the professional ranks, include Jim Youngblood and Larry Schreiber (Tennessee Tech), Phil Simms (Morehead State), Virgil Livers and Dale Lindsey (Western Kentucky), Myron Guyton and Chad Bratzke (Eastern Kentucky), Cortland Finnegan (Samford) and Tony Romo and Jimmy Garoppolo (Eastern Illinois). In 2008, former Tennessee State standout Dominique Rodgers-Cromartie became just the fourth NFL First Round draft pick in OVC history when he was selected 16th overall by the Arizona Cardinals. He would break into the starting lineup halfway through his rookie season and started at cornerback for the Cardinals in Super Bowl XLIII.

The 2007 season marked a return to scholarship football and the OVC for the Austin Peay Governors. Following the 1996 season the Governors dropped scholarship football and competed as both an independent (1997-00, 2006) and as a member of the Pioneer Football League (2001-05).

The 2007 season also brought new vernacular to the Ohio Valley Conference and the division formerly known as I-AA. Beginning with the 2006 National Championship game the term I-AA was changed to NCAA Football Championship Subdivision (FCS) in a decision by the Division I Board of Directors. The new label was chosen to communicate in a positive and clear manner the unique differences between Division I football categories (chiefly, the post-season opportunity) while still defining them within the Division I

experience. The FCS includes programs that compete in an effort to participate in the NCAA championship postseason structure (one of 90 NCAA national championships) as opposed to the Football Bowl Subdivision (FBS) which competes in an effort to participate in the postseason bowl system (the 41 NCAA-licensed events which includes the College Football Playoff).

In 2010 Southeast Missouri State, picked to finish seventh in the preseason poll, compiled a 7-1 Conference record on the way to its first OVC Championship since joining the league in 1991. Overall the Redhawks were 9-2 during the regular season and earned a berth in the FCS Playoffs, its first playoff berth at any level in the program's 104-year history. Southeast would lose to eventual national champion Eastern Washington in the second round of the playoffs. Head coach Tony Samuel capped the year by winning the Sports Network's Eddie Robinson Award, given to the National Coach of the Year. Samuel was the second OVC coach to win the award (joining Murray State's Houston Nutt who won the award in 1995).

For only the second time in league history in 2011, three teams shared the OVC football championship, as Eastern Kentucky, Jacksonville State and Tennessee Tech finished with 6-2 records. The only other time in league history more than two champions were crowned at the end of the year was 1962 (when four teams shared the crown).

In 2012 Eastern Illinois became just the fourth football team in OVC history to go from worst-to-first in winning the OVC Championship. The Panthers were led by head coach Dino Babers who became just the fourth first-year head coach to win an OVC Championship (joining Boots Donnelly in 1977, Jason Simpson in 2006 and Dean Hood in 2008 – Jacksonville State head coach John Grass would become the fifth coach to achieve that feat in 2014). During the year Eastern Illinois junior wide receiver Erik Lora shattered the FCS single-season receptions record, hauling in 136 passes in 12 games; that mark was 13 more than the previous NCAA record and 44 more than the previous OVC mark.

In 2013 Eastern Illinois repeated as OVC Champions behind Walter Payton Award

winner Jimmy Garoppolo. The quarterback became just the second OVC player to earn the National Player of the Year Award, joining former EIU signal caller Tony Romo (2002). Garoppolo passed for 5,050 yards (second most in NCAA single-season history) and 53 touchdowns (fourth in NCAA history) in leading the Panthers to a 12-2 record and berth to the quarterfinals of the FCS Playoffs. Garoppolo was drafted by the New England Patriots in the second round of the 2014 NFL Draft, becoming just the fifth OVC player selected in that round and just the fifth OVC quarterback ever selected (and first since 1998).

The 2013 season saw the OVC snap a 19-game playoff losing streak dating back to the 2000 season. Tennessee State shutout Butler (marking the first OVC road playoff victory since 1986) to snap the streak while later that day Jacksonville State smashed Samford in the first round. A week later Eastern Illinois beat Tennessee State while Jacksonville State won at McNeese State to each advance to the quarterfinals; that marked the first time the OVC put two teams in the quarterfinals in the same season since 1991. Overall the four total playoff wins in the same season established a new OVC record.

In 2015 Jacksonville State ascended to No. 1 in both major Top 25 polls, becoming the first OVC team to be ranked No. 1 since the 1999 season. The Gamecocks would go on to complete its second-straight 8-0 Conference mark and won three playoff games to become the first OVC team to advance to the Division I National Championship Game since 1982 (Eastern Kentucky). JSU lost to North Dakota State in the title game but finished the year 13-2 overall and ranked No. 2 in the final Top 25 polls. Head coach John Grass became the first OVC coach honored as the AFCA National Coach of the Year while quarterback Eli Jenkins was named the FCS ADA National Quarterback of the Year, finishing the year with 2,788 passing and 1,161 rushing yards (one of just three Division I quarterbacks – FBS or FCS - to achieve those numbers during the year).

Football wasn't the only sport in which the OVC was quickly gaining respect. In 1955, the OVC became only the second six-member league nationally to earn an

THIS IS THE OVC

automatic bid to the prestigious NCAA Men's Basketball Tournament, which, at that time, was limited to only 24 participants. The Conference quickly proved worthy of that bid, as Morehead State defeated Marshall (107-92) and Wayne State (95-84) in the 1956 tournament.

Fifteen years later, former OVC member Western Kentucky became the first and only Conference team to reach the Final Four. The Hilltoppers defeated Jacksonville, Kentucky and Ohio State before losing to Villanova in double overtime in the national semifinals. WKU went on to finish in third place after beating Kansas 77-75 in the consolation game.

Since that time, the OVC has recorded some of the biggest upsets in the history of the NCAA Tournament. Perhaps the most famous moment came in 1987, when Austin Peay came from fourth place in the regular season to win the OVC Tournament and earn the league's automatic bid. The Governors drew powerful Illinois, and were such big underdogs, that ESPN broadcaster Dick Vitale promised to stand on his head if APSU won the game. After a 68-67 victory over the Illini, and a narrow 90-87 overtime loss to eventual Final Four participant Providence in the second round, Vitale made good on his promise in a visit to Clarksville two months later.

Murray State added to the OVC's string of upsets in 1988 when it knocked off 14th-ranked North Carolina State, 78-75. The Racers' M&M Boys - Jeff Martin and Don Mann - combined for 39 points in the win. MSU nearly went on to the Sweet 16 that year, losing to eventual national champion Kansas, 61-58. A bank shot by Mann that would've given the Racers a one-point lead rolled off the rim with three seconds left. In 1990 as a No. 16 seed, Murray State took No. 1 seed Michigan State into overtime before falling 75-71; that game still marks the closest a No. 16 seed has come to knocking off a No. 1 in men's tournament action. More recently, Murray State has dominated the OVC Tournament, reaching the championship game every year in the 1990's. The Racers' 15 OVC Tournament Championships are the most among all OVC schools.

After former member Middle Tennessee State won a first round game in 1989, the

league had a drought as no other OVC team won a NCAA Tournament game for the next 19 years. But Morehead State, coming off a thrilling double overtime OVC Tournament victory over Austin Peay, topped Alabama State 58-43 in the Opening Round game at University of Dayton Arena in Dayton, Ohio. The game was played in front of an Opening Round record crowd of 11,346 and included many MSU fans who made the three-hour drive from Morehead for the game.

In 2009-10, Murray State made OVC history by winning a record 31 games (31-5) on its way to the league's regular season and tournament championships. In the first round of the NCAA Tournament, the No. 13 seed Racers topped Vanderbilt in thrilling fashion when senior Danero Thomas hit a jumper as time expired to lift MSU to a 66-65 victory. It marked the first OVC team to advance to the second round of the NCAA Tournament since 1989, and snapped a skid of 71-straight losses to Southeastern Conference foes (dating back to 2000-01). In the second round, the Racers pushed eventual national runner-up Butler to the brink before losing 54-52.

In 2010-11 Morehead State would make it three NCAA Tournament wins in as many years for the league and got a bit of revenge for the 2009 tournament loss to Louisville in the process. After finishing second in the regular season and winning the OVC Tournament Championship, the No. 13 seeded Eagles were shipped to Denver to play the in-state foe Cardinals. MSU jumped out to a 15-2 advantage but were down four points (61-57) with just over a minute to play in regulation. After two free throws from two-time OVC Player of the Year Kenneth Faried, the Eagles held for one final shot attempt and senior Demonte Harper pulled up off a cross-over dribble to nail a 3-pointer with 4.3 seconds left that gave Morehead State a 62-61 lead. UofL had one last attempt but Faried blocked the Cardinals last shot, giving MSU the win, its first over Louisville since the 1956-57 season.

In 2011-12 Murray State put together one of the greatest seasons in OVC history, beginning the year 23-0 (an all-time OVC best) and being ranked as high as No. 7 in the coaches poll on Feb. 6. The squad was the first OVC team to be nationally-ranked

since Murray State was ranked in 1997-98; in addition the top 10 ranking was the first for an OVC team since the 1970-71 campaign (WKU). The Racers would top nationally-ranked Memphis and Saint Mary's during the season and win the league's regular season and tournament championships. MSU earned a No. 6 seed in NCAA Tournament, the highest-ever seed for an OVC team since the NCAA began seeding the field in 1979. The Racers would top Colorado State 58-41 in the second round before falling to Marquette in the third round. Murray State would win 31 games overall, tying the OVC all-time record the Racers set in 2009-10.

After the Murray State win in 2011-12, the league had won NCAA Tournament games in four-straight seasons, something that had never happened in league history (three-game winning streaks from 1960-62 and 1987-89 had been the previous best streaks). Over that time period (2009-12) the OVC was one of just nine conferences nationally to win a NCAA Tournament game in each season and one of only three non-BCS leagues (joining the Atlantic 10 and WCC) to do so.

In 2013-14 Murray State won five games to claim the CollegeInsider.com Postseason Tournament (CIT) and in the process became the first OVC men's basketball team to ever play games in the month of April.

The 2014-15 season saw five OVC men's basketball teams earn postseason bids, the most in league history, and a year later (2015-16) that number was eclipsed with six teams making national postseason tournaments. Entering 2016-17 OVC men's basketball teams have at least one national postseason tournament victory in eight-straight seasons, an all-time league record.

In 2007-08, UT Martin guard Lester Hudson became the first men's Division I player to record a quadruple-double in a game, when he registered 25 points, 12 rebounds, 10 assists and 10 steals in a victory over Central Baptist College. Hudson, who ranked fourth in scoring nationally as a junior, returned for his senior season in 2008-09 and was second nationally in scoring (behind Davidson's Stephen Curry) at 27.5 points a contest. Hudson earned numerous honors (including OVC Player of the Year and OVC Male Athlete of the Year in each 2008 and

Southeast Missouri State **REDHAWKS**

2009 and All-American status from several outlets) before being drafted by the Boston Celtics with the No. 58 pick of the 2009 NBA Draft.

During the 2010-11 year Faried, the nation's leading rebounder during the season, became the NCAA's Modern Era (since 1973) career rebounding leader, totaling 1,673 rebounds which passed Tim Duncan for the record (he is 11th all-time in NCAA history). Faried also finished his career with 86 double-doubles, second all-time to only Duncan. He is one of only six players in NCAA history to finish with 2,000-plus career points (2,009) and 1,600-plus career rebounds. Faried was drafted 22nd overall by the Denver Nuggets in the 2011 NBA Draft, becoming the first OVC player selected in the first round since Tennessee State's Carlos Rogers 1994.

Murray State guard Isaiah Canaan, a first-team All-American in 2011-12, capped his illustrious career in 2012-13 by becoming just the 17th player in OVC history to score 2,000 or more career points. Canaan, who was a key part of Murray State NCAA Tournament victories in both 2010 and 2012, earned a pair of OVC Player of the Year honors (2012 and 2013) during his career as well as being named OVC Freshman of the Year (2010), OVC Tournament MVP (2010) and OVC Male Athlete of the Year (2012). He was drafted by the Houston Rockets with the 34th overall pick (No. 2 pick of the second round) of the 2013 NBA Draft.

In 2014-15 Murray State became just the fifth OVC men's team to complete a perfect Conference season (16-0). The Racers were led by sophomore Cameron Payne who was named OVC Men's Basketball Player of the Year, OVC Male Athlete of the Year and earned third-team All-American honors from CBSSports.com. Following the season Payne declared for the NBA Draft, becoming the first sophomore in OVC history to do so and one of just four OVC players all-time to enter and stay in the draft with eligibility remaining. Payne was selected in the lottery by the Oklahoma City Thunder (pick No. 14 overall), making him just the ninth First Round NBA Draft pick in OVC history.

Austin Peay made history in winning the 2016 OVC Men's Basketball Tournament as the Governors became the first No. 8 seed

to claim the championship. APSU had to win its two regular season games just to qualify for the event and then won four games in four days to capture its fifth tournament crown. Along the way the Govs topped a No. 5 seed, No. 4 seed, No. 1 seed and No. 2 seed and were paced by MVP Chris Horton who averaged 22.5 points, 14.0 rebounds and 3.5 assists/game during the event including a 37-point, 21-rebound and 30-point, 16-rebounds performance during the run.

In 2016, former Belmont All-American and 2012-13 OVC Co-Player of the Year Ian Clark became the first former OVC player to advance to the NBA Finals since former Tennessee State star Anthony Mason played for the New York Knicks in 1994. Clark was part of a Golden State Warriors team that won a NBA record 73 regular season games.

Through its 68 years, 13 teams have won or shared the league's regular season men's basketball title. Murray State heads the list with a Conference-record 24 outright or shared basketball crowns. Other past champions include former member Western Kentucky (19), Morehead State (9), Austin Peay (8), Eastern Kentucky (6), Tennessee Tech (5), former member Middle Tennessee (5), Belmont (3), Tennessee State (2), former member East Tennessee State (2), Southeast Missouri State (1), UT Martin (1) and former member Akron (1).

Among the coaching greats in men's basketball have been Western Kentucky's E.A. Diddle, who retired with 759 victories and 10 OVC titles; John Oldham, who was a member of the very first All-OVC squad and went on to win seven OVC crowns during his coaching tenure at Tennessee Tech and Western Kentucky; Paul McBrayer, who guided Eastern Kentucky to 219 wins and three OVC crowns; and Cal Luther, who is the only person in Conference history to win men's basketball Coach of the Year honors at two league schools - Murray State and UT Martin. Current Austin Peay head coach Dave Loos became the winningest coach in OVC history in 2009-10, netting his 319th victory and passing Luther on the all-time list. Loos enters the 2016-17 season with 409 victories.

There have been an equal number of great players including Western Kentucky's Clem Haskins, who is the only three-time

OVC Player of the Year. Several players have won OVC Player of the Year honors twice: Western Kentucky's Jim McDaniels (1969-70 and 1970-71), Murray State's Les Taylor (1971-72, 1972-73), Jeff Martin (1987-88, 1988-89), Popeye Jones (1989-90, 1990-91) and Marcus Brown (1994-95, 1995-96), Austin Peay's Otis Howard (1976-77, 1977-78), Middle Tennessee's Jerry Beck (1980-81, 1981-82), Akron's Joe Jakubick (1982-83, 1983-84), Tennessee State's Carlos Rogers (1992-93, 1993-94), UT Martin's Lester Hudson (2007-08, 2008-09), Morehead State's Kenneth Faried (2009-10, 2010-11) and Murray State's Isaiah Canaan (2011-12, 2012-13).

The OVC also has the honor of being the only conference to boast the nation's leaders in scoring, rebounding and assists all in one season. That feat was accomplished in 1991-92 by Morehead State's Brett Roberts (28.1 ppg), Murray State's Popeye Jones (14.4 rpg) and Tennessee Tech's Van Usher (8.8 apg).

Women's basketball in the OVC has been dominated by Tennessee Tech, which has won or shared 18 regular-season titles and owns nine OVC Tournament crowns. In fact, the Golden Eagles have reached the championship game of the OVC Tournament 22 times in the past 34 years. Although Tennessee Tech remains the standard-bearer, five other teams have won 16 of the last 23 OVC Tournaments. UT Martin added its name to the list capturing its first OVC Tournament title in 2011 and also winning championships in 2012, 2013 and 2014. The Skyhawks became just the fourth team in OVC history (and first since Austin Peay from 2000-03) to win four-straight tournament titles. In 2016 Belmont won its first-ever OVC Tournament Championship.

Several coaches have made their mark in the history of OVC women's basketball. Former Tennessee Tech coach Marynell Meadors posted an amazing 363-139 (72.3%) record at Tech, becoming the first woman in NCAA or AIAW history to win 300 games at the same institution, while former Tennessee State skipper Teresa Phillips earned National Coach of the Year honors from USA Today in 1990 for turning around the Lady Tigers' program before going on to lead TSU to the NCAA Tournament in 1994 and 1995. Tennessee Tech coach Bill Worrell capped

THIS IS THE OVC

a stellar 20-year career in 2005-06 and was inducted into the OVC Hall of Fame in 2007; he compiled a 408-190 record while leading the Golden Eagles to an unprecedented 16 OVC regular-season titles and eight NCAA Tournament appearances, including five straight from 1989-93. Larry Joe Inman, who retired at the conclusion of the 2007-08 season and was inducted into the OVC Hall of Fame in 2009, won more than 100 games at both Middle Tennessee and Eastern Kentucky, and earned OVC Coach of the Year honors a record eight times - five times at EKU and three at MTSU. In 2012-13 Inman came out of retirement to take the Tennessee State job; in 2014-15 he led the Lady Tigers to its first OVC Tournament Championship since 1995. Entering the 2015-16 season he has 535 victories.

Many great players have graced the hardwood over the years, including former OVC Players of the Year Brooke Armistead and Gerlonda Hardin from Austin Peay, Pam Chambers, Jerilyn Harper, Cheryl Taylor, Angela Moorehead, Roschelle Vaughn, Diane Seng, Janet Holt and Emily Christian from Tennessee Tech; Morehead State's Donna Murphy, Priscilla Blackford and Chynna Bozeman; Eastern Kentucky's Kim Mays; Southeast Missouri's Gray C. Harris; Murray State's Ashley Hayes; and UT Martin's Heather Butler and Jasmine Newsome.

Morehead State center Brittany Pittman set new school, league and NCAA standards for blocked shots in 2008-09. Pittman swatted 164 shots during the season, setting a new NCAA single-season record (which has since been broken). During the campaign, only her second with the Eagles, she also set career block records for both Morehead State and the OVC (287).

In 2012-13 the UT Martin duo of Jasmine Newsome and Heather Butler finished fifth and sixth nationally among NCAA scoring leaders. Newsome, the 2012 and 2013 OVC Player of the Year, averaged 22.6 points per game on the way to All-American honors while Butler averaged 22.4 points per contest. Butler set a NCAA record during the season by connecting on a 3-pointer in her 80th-straight game.

In 2013-14 Butler and Newsome capped their brilliant careers by ranking first and

second in scoring in OVC history. Butler, the 2013-14 OVC Female Athlete of the Year, finished her career with 2,865 points, which ranked first in OVC and 16th in NCAA history. She also finished her career with 392 career 3-pointers (which was tied for the most in NCAA history following her career but now ranks second) and scored in double figures in all 129 career games which ranks fifth in NCAA history. Following the season Butler was signed by the WNBA's San Antonio Stars where she became the first OVC player to make an active WNBA roster. Newsome capped her career with 2,566 points, second only to Butler in OVC history.

The league also had another historical moment in November 2008 when the NCAA awarded Nashville the 2014 NCAA Women's Division I Final Four. The OVC served as the host of the prestigious event, which is one of the biggest sporting events the city of Nashville can host. The event was held April 6 & 8 at Bridgestone Arena in downtown Nashville and was played in front of sold-out crowds for both the semifinals and championship as UConn topped Notre Dame in a battle of undefeated teams to win its ninth national title.

Over its 68 years, OVC teams have garnered national championships and bowl games in football, along with national team or individual titles in the sports of rifle, cross country, track and golf.

The OVC has also produced several Olympic athletes, including Murray State's Morgan Hicks, who was a member of the 2004 United States Olympic Rifle Team and Morehead State's Brian Shimer who competed in five Winter Olympics in bobsled (winning a bronze medal in 2002) and coached the 2010 United States bobsled team to its first gold medal since 1948. Former Morehead State football and Eastern Kentucky track and field athlete Dallas Robinson competed with the U.S. bobsled team during the 2014 Sochi Winter Olympics. In addition, some of the greatest players in professional sports were educated at OVC institutions. The list includes former greats such as football's Phil Simms (Morehead State), basketball's Clem Haskins (Western Kentucky) and Bubba Wells (Austin Peay) and two-sport star Steve Hamilton (Morehead State) to present-day

standouts like basketball player Kenneth Faried (Morehead State), football players Tony Romo (Eastern Illinois) and Jimmy Garoppolo (Eastern Illinois) and baseball players A.J. Ellis (Austin Peay) and Shawn Kelley (Austin Peay). Hamilton is the only athlete to ever play in the NCAA Basketball Championship, a Major League Baseball World Series (New York Yankees) and a NBA Championship Series (Los Angeles Lakers).

The OVC's first volleyball tournament was held in 1981, the same year Eastern Kentucky began a string of six straight tournament crowns. Former EKU skipper Dr. Geri Polvino compiled a 627-439 record in 32 seasons as head coach of the Colonels, earning OVC Coach of the Year honors eight times. More recently, former Austin Peay coach Cheryl Holt and former Southeast Missouri skipper Cindy Gannon also earned their peers' recognition multiple times with four awards each.

Throughout the last 33 years, 11 different teams have won an OVC regular-season or tournament volleyball crown. Since joining the league in 1991, Southeast Missouri has dominated the scene, winning seven of its eight regular-season titles during the 1990's, including five straight from 1993-97. The Redhawks have also won five tournament crowns (1994, 1996, 1998, 1999 and 2000). Jacksonville State won back-to-back OVC Tournament Championships (2005, 2006) including going through the OVC undefeated (16-0) in 2006 and winning a NCAA Tournament match in 2010, the league's first NCAA victory since 2000.

Following the 2007 season, Jacksonville State's Abbey Breit was named the OVC Offensive Player of the Year for the third-straight season, becoming the first player in OVC history to accomplish that feat. Five other individuals - Eastern Kentucky's Angela Boykins (1985-86), Morehead State's Dayle Hammontree (1988-89), Southeast Missouri's Tuba Meto (1996-97), Morehead State's Amy Almond (2001-02) and Murray State's Scottie Ingram (2014-15) - were back-to-back winners of the award.

Morehead State won its fourth-straight OVC regular season championship in 2013. Over that four-year period (2010-13) the Eagles compiled an impressive 67-3 league

Southeast Missouri State **REDHAWKS**

record.

In 2007, Eastern Kentucky's Jacob Korir won his fourth-straight Conference cross country title becoming just the third OVC student-athlete and 13th athlete nationally to accomplish that feat. Korir was a three-time All-American in cross country, earning two top-10 finishes at the NCAA Cross Country Championship. The Nairobi, Kenya, native was also named a track and field All-American twice during his career, was selected as the OVC Male Athlete of the Year in 2006-07 and received the NCAA post graduate scholarship in 2008.

In 2011 the Eastern Kentucky men's cross country earned a national ranking in the USTFCCCA poll, climbing to as high as No. 17; the ranking was the highest for an OVC team since the polls began in the early 1980s. The EKU men would qualify for the NCAA Championship, becoming the first OVC team to reach the national championship meet since 1980. Eastern Kentucky finished 26th overall at the event as junior Soufiane Bouchikhi was 47th in a field of 252 runners. On the women's side Eastern Kentucky senior Lydia Kosgei became the first EKU woman to ever qualify for the NCAA Championship and went on to finish 37th at the national meet, marking the second-highest finish for a female in OVC history, and also earning All-American honors.

A year later (2012) the EKU men's cross country team was ranked as high as No. 11 nationally and finished 24th at the NCAA Championship. Wade Meddles led the team with a 38th place finish at the event while Bouchikhi was 40th. In 2013 Eastern Kentucky placed 15th at the NCAA Championship, the highest national finish for an OVC team since 1980. Soufiane Bouchikhi capped his career by winning his fourth-straight OVC Championship and earning National Runner of the Week honors during the season. Bouchikhi finished 26th at the NCAA Championship in 2013, earning All-American honors for the second-straight season. In 2014 EKU qualified for its fourth-straight NCAA Championship and finished 23rd overall and in 2015 earned its fifth-straight bid and finished 17th overall. EKU is only the second OVC team to ever qualify for five-straight NCAA Championships (ETSU being

the other); currently the Colonels are one of only 10 teams in the country to qualify for the national championships each of the last five years (2011-15).

In 2007 the Conference had two teams in the NCAA Women's Soccer Tournament for the first time in league history, as former OVC member Samford earned an at-large selection while Southeast Missouri was the Conference's automatic bid.

Former Austin Peay standout and 2012 OVC Soccer Player of the Year Tatiana Ariza represented her native country of Colombia in both the 2012 Summer Olympics in London (earning a start against the United States) as well as the 2015 FIFA Women's World Cup. In the 2015 event she assisted on the first World Cup goal in her country's history and in the following match helped her team to a 2-0 victory over France, giving Colombia its first-ever win at the event.

For the first time under the current format, OVC men's golfers qualified for the NCAA National Championship in back-to-back years in 2013 and 2014. Austin Peay's Dustin Korte advanced from the regional to the national championship in 2013 (finishing 116th overall) while APSU's Marco Iten won the Auburn Regional in 2014 to qualify for the National Championship (finishing 55th). In 2015 OVC three individual men's golfers competed in the NCAA Regionals (one automatic berth and two at-large berths) in addition to the Eastern Kentucky team; the three individuals were the most from the OVC to qualify in one year under the current format. The OVC also boasts three current PGA Tour professionals in Scott Stallings (Tennessee Tech), Josh Teater (Morehead State) and Danny Willett (Jacksonville State).

In April 2016 Willett won The Masters Championship in Augusta, Georgia. The former JSU standout, who was the 2006 OVC Freshman of the Year and the 2007 OVC Championship Medalist, entered the final round tied for fifth, three shots behind 2015 champion Jordan Spieth after rounds of 70-74-72. In the final round Willett fired a 5-under par round of 67 to finish at 283 (-5) and top the field by three shots. He became just the eighth player in Masters history to win the event in his first or second start and just the second Englishman to win the event.

In 2009 it was OVC softball that accomplished several firsts as UT Martin (tournament champion) and Jacksonville State (at-large) were each selected for the NCAA Championship. Jacksonville State would take it a step farther by winning the Knoxville Regional (beating No. 13 national seed Tennessee along the way) to become the first OVC softball program to advance to a Super Regional. Jax State would fall to No. 4 Alabama in that Super Regional but finished the season 43-16 (19-2 OVC) and ranked 21st nationally in the ESPN.com/USA Softball poll and 24th nationally in the USA Today/NFCA poll.

In 2016 the OVC Softball Championship was held at a neutral site for the first time, as it was played at Choccolocco Park in Oxford, Alabama. Large crowds filled the stands to see Jacksonville State win its fifth OVC crown.

The league's baseball presence has continued to evolve since its inception. The OVC baseball tournament moved to a neutral site for the first time in 2001 with Paducah, Kentucky and Brooks Stadium hosting the tournament in front of raucous crowds. The success of the tournament led to Jackson, Tennessee and The Ballpark at Jackson (the home of the Seattle Mariner's Class AA affiliate) – hosting the event for the first time in 2010.

The OVC also has made a statement in the NCAA Baseball Championship in recent years, with its teams involved in several memorable contests in the last decade. Tennessee Tech surprised Wake Forest in the opening round of the 2001 tournament and Southeast Missouri stunned host Alabama in the opening round of the 2002 championship. Five years later, Austin Peay captured the collegiate baseball world's attention by taking Vanderbilt, the 2007 No. 1 overall seed, to extra innings. Eastern Illinois pushed host Nebraska to the limit in 2008 followed by Tennessee Tech's memorable contest against host Clemson in 2009.

After not making the OVC Tournament field in either 2009 or 2010, Austin Peay, who was picked to finish seventh in the 2011 preseason poll, won the regular season and tournament championships to garner its fourth NCAA Tournament appearance. In the

THIS IS THE OVC

first game of NCAA Regional play the Govs knocked off host and No. 1 seed Georgia Tech 2-1.

In 2012 Austin Peay completed a “repeat squared” (back-to-back regular season and tournament championships) for the first-time in OVC history. The Govs would go on to top Indiana State and Cal State Fullerton at the Eugene Regional, before falling to host Oregon in the regional final. It marked the first time since the 2000 season (Middle Tennessee) that an OVC team had won multiple NCAA Tournaments games in the same season.

Austin Peay completed a “3-Peayt” by winning its third-straight OVC Tournament crown in 2013. Along the way the Govs garnered the first nationally-ranking by an OVC team since 2009 (climbing to as high as 21st nationally) and tied the OVC single-season record with 47 victories. The Govs earned the No. 2 seed in the NCAA Bloomington Regional, becoming the first OVC team in the current regional format (since 1999) to earn anything other than a No. 4 seed. The squad topped Florida and Valparaiso to advance to the regional final for the second-straight season before losing to host Indiana. Govs senior closer Tyler Rogers was a big part of his team’s success during the year, setting the NCAA single-season record for saves (23 – a mark that was later eclipsed during the College World Series).

In 2016 six OVC teams reached the 30-win plateau for the first time in league history; the previous single-season high had been four teams.

In 2014, for the third-straight year, 12 OVC players were selected in the Major League Baseball First-Year Player Draft. Of those 12 selections five came in the first 10 rounds, setting a new record for most OVC players picked in the first 10 rounds (eclipsing the old mark of three set several times). In 2016 13 OVC players were selected in the draft, tying the all-time record established in 2010; overall the OVC has had 78 players selected over the past seven years (2010-16).

A first in the OVC occurred in 2008, when the league had a first round draft pick in both the NFL (Tennessee State’s Dominique Rodgers-Cromartie) and Major League Baseball (Eastern Kentucky’s Christian

Friedrich) Drafts in the same school year. A year later (2009) the league had a Major League Baseball First Round Compensation Round pick (Eastern Illinois’ Tyler Kehrner who was No. 48 overall) and NBA Second Round pick (UT Martin’s Lester Hudson) in the same season.

The playing field is not the only place where OVC athletes are working hard. The league also recognizes excellence in the classroom. Six Scholar-Athlete Awards are presented yearly to male and female athletes, while others are commended for their academic success by being Medal of Honor recipients or earning a spot on the Commissioner’s Honor Roll. Additionally, the league annually presents one institutional Academic Achievement Award, as well as separate team awards in each Conference-sponsored sport. Since the College Sports Information Directors of America (CoSIDA) Academic All-America program began, the Ohio Valley Conference has had 250 student-athletes honored with the award, including 58 over the last six years (2010-16).

Through the early years of the league, administrators wrestled with fan behavior due to the close proximity of the Conference members and the intense rivalries which developed. Just as it did decades ago, the OVC took the leadership role on what has become a national issue. In 1995, the OVC implemented a first-of-its-kind “Sportsmanship Statement,” a policy which promotes principles of fair play, ethical conduct and respect for one’s opponent. The statement has become a model for others to follow across the nation, and has answered the challenge of the NCAA Presidents Commission to improve sportsmanship in collegiate athletics.

Additionally, the OVC annually presents the Steve Hamilton Sportsmanship Award, in honor of the former Morehead State student-athlete, coach and athletics director, to a junior or senior student-athlete with significant athletic contributions who best exemplifies the characteristics of sportsmanship and citizenship. Most recently, the Conference has also implemented the OVC Institutional and Team Sportsmanship Awards, which are presented to one institution and 18 sport-specific teams voted

by their peers to have best exhibited the standards of sportsmanship and ethical conduct as outlined by the OVC and NCAA.

The vision of leadership demonstrated by the Founding Fathers in 1948 remains alive today as the Ohio Valley Conference prepares for the future. One example is in regard to the current trend in collegiate athletics administration for increased involvement of university presidents in setting policies and making rules. The presidents of OVC institutions, however, have always governed the Conference, long before presidential governance became a national theme.

The Ohio Valley Conference sponsors the following sports: baseball, basketball, cross country, football, golf, tennis and track for men, and basketball, cross country, golf, soccer, softball, tennis, track and volleyball for women. In addition, the OVC also sponsors the combined men’s and women’s sport of rifle.

Now in its seventh decade of competition, the Ohio Valley Conference has grown significantly from its humble beginnings while increasing the number of athletics opportunities it provides for students. Current league representatives include charter members Eastern Kentucky University, Morehead State University and Murray State University, along with Austin Peay State University, Belmont University, Eastern Illinois University, Jacksonville State University, Southeast Missouri State University, Southern Illinois University Edwardsville, Tennessee State University, Tennessee Technological University and the University of Tennessee at Martin.

Southeast Missouri State **REDHAWKS**

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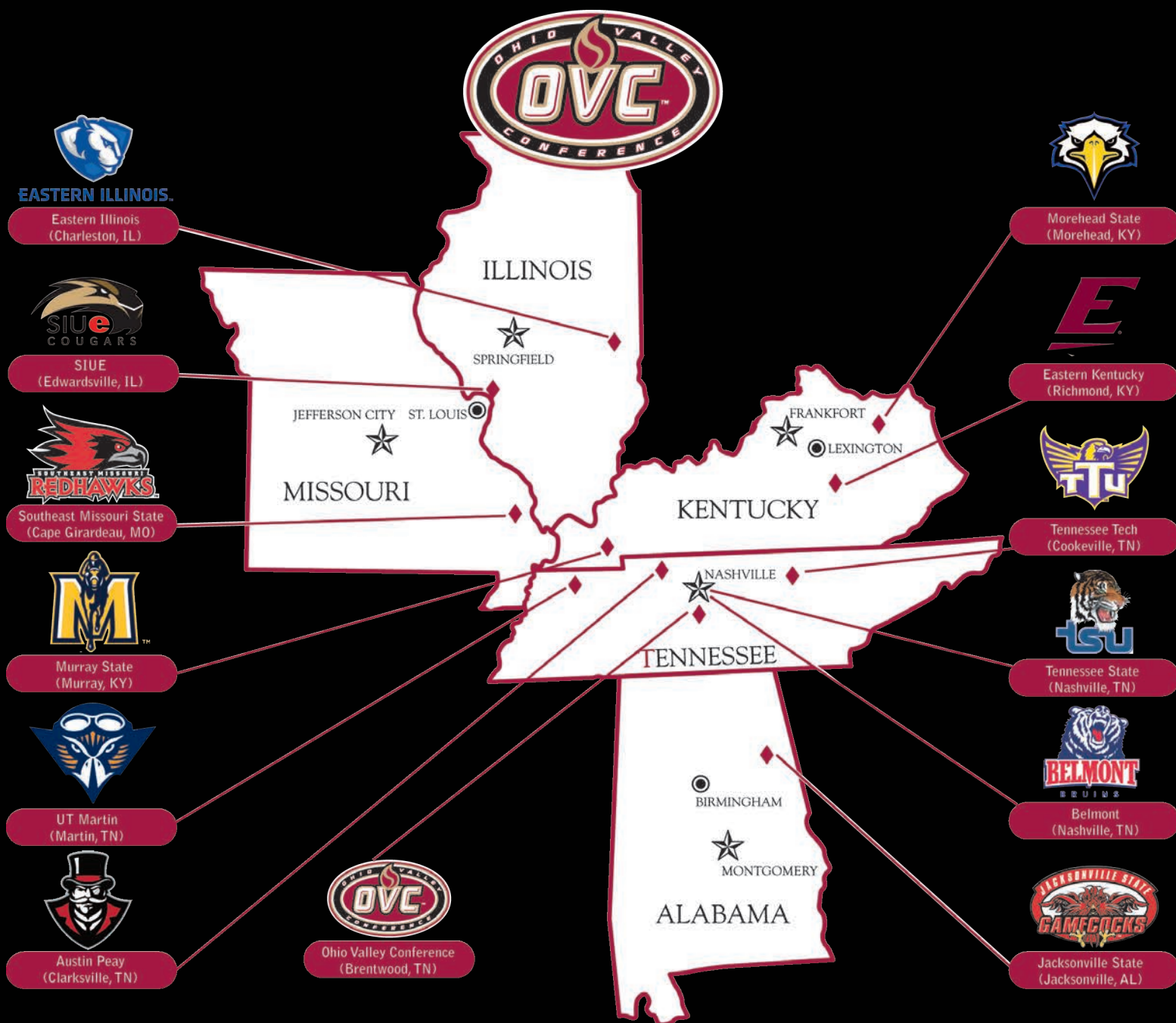


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21

SOCIAL FRATERNITIES AND SORORITIES

Representing the IFC, Panhellenic and NPHC Councils. Many of them call Greek Hill home. And in Fall 2016, a new Greek Village will open on campus, providing an expanded Greek community where thousands of students will make new memories of brotherhood and sisterhood.



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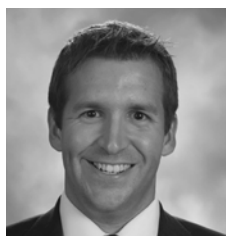
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Director of
Athletics



Cindy Gannon
Senior Associate Director
of Athletics/SWA



Nate Saverino
Assistant Director of
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Karen Gleeson
Senior Administrative
Assistant



Catherine Anderson
Academic Services
Director



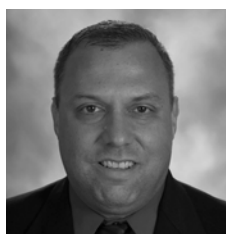
Elizabeth Brucker
Director of Business
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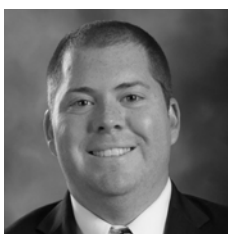
Barb Kinsey
Administrative Assistant
Development



Kent Phillips
Coordinator of Facilities &
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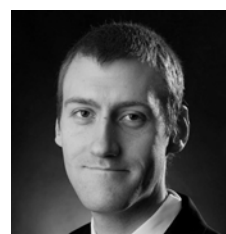
Jeff Honza
Sports Information
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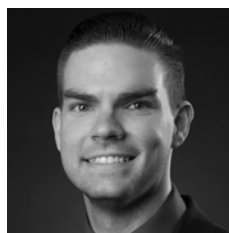
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Jacob Owen
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Assistant Sports
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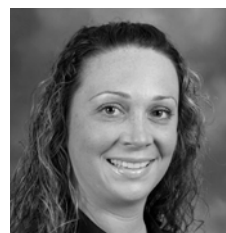
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Catie Furbush
Assistant Strength &
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Amanda Martin
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Ben Fox
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Ashley Angerer
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Kristin Jones
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Andy Sawyers
Head Baseball Coach



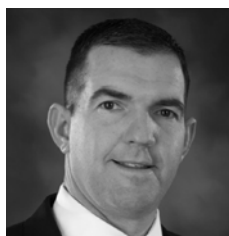
Rick Ray
Head Men's
Basketball Coach



Rekha Patterson
Head Women's
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Tom Matukewicz
Head Football Coach



Kristi Ewasko
Head Women's
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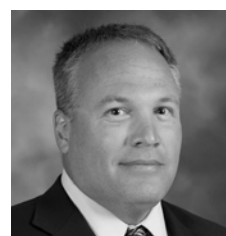
Mark Redburn
Head Softball Coach



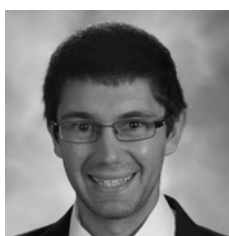
Heather Nelson
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Mary Beth Gunn
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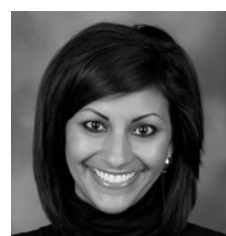
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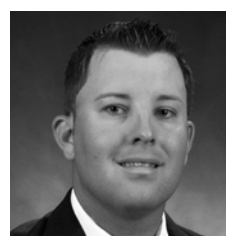
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Head Cross Country
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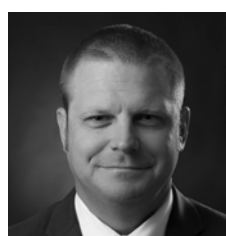
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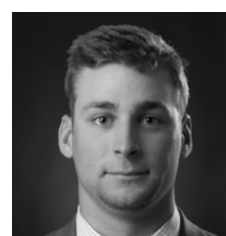
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Craig Ringe
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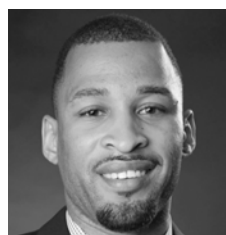
Matthew Kinney
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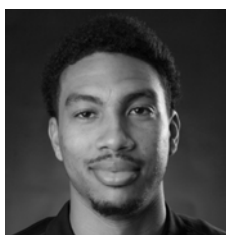
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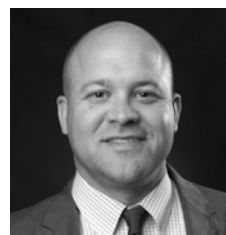
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Assistant Men's
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Tom Berryman
Director of Basketball
Operations



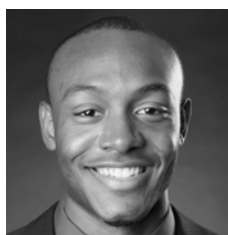
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Men's Basketball
Graduate Manager



James Arnold
Assistant Women's
Basketball Coach



Chanté Crutchfield
Assistant Women's
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Jauwan Scaife
Assistant Women's
Basketball Coach



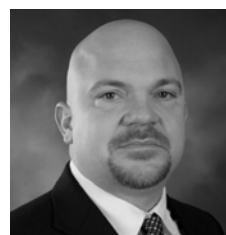
Brooke Sander
Director of Women's
Basketball Operations



Aisha Foy
Women's Basketball
Graduate Assistant

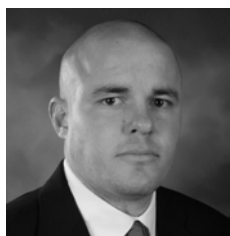


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Assistant Football
Coach

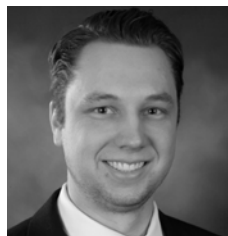


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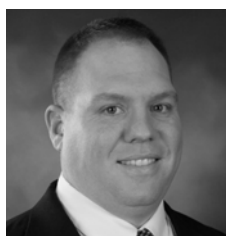
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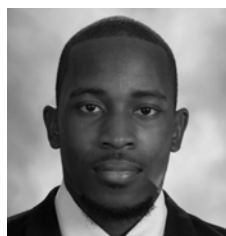
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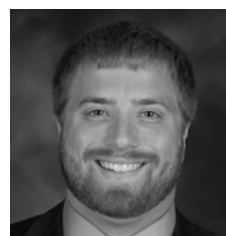
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Ricky Coon
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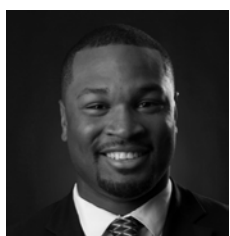
Salim Powell
Assistant Football
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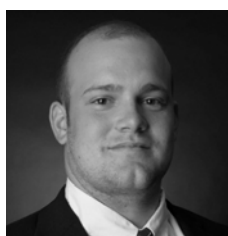
Joe Uhls
Assistant Football
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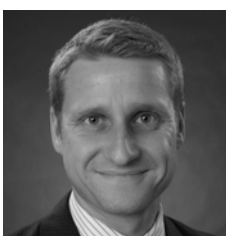
Ben Blake
Assistant Football
Coach



**Ghaali Muhammad-
Lankford**
Assistant Football
Coach



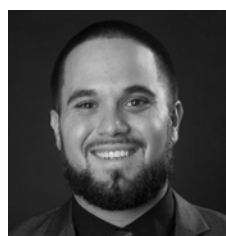
Tyler French
Assistant Football
Coach



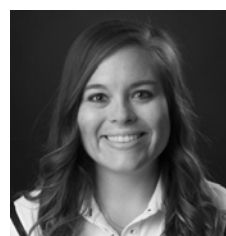
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Jonathon Hankinson
Football Equipment
Manager



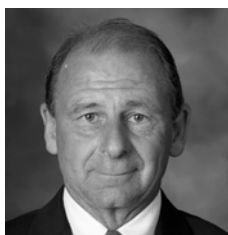
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Coordinator



Brittney Emmons
Assistant Women's
Gymnastics Coach



Chris Licameli
Assistant Women's
Gymnastics Coach



Paul Nelson
Associate Head Women's
Soccer Coach



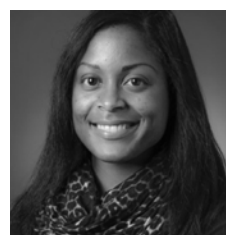
Adam Kleman
Assistant Women's Soccer
Coach



Brie Carmack
Assistant Softball Coach



Kristen Jones
Assistant Softball Coach



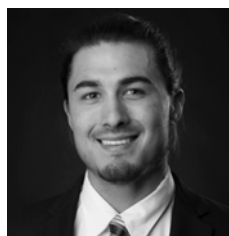
Danielle Burbage
Assistant Track &
Field Coach



SOUTHEAST MISSOURI
STATE UNIVERSITY • 1873



Southeast Missouri State **REDHAWKS**



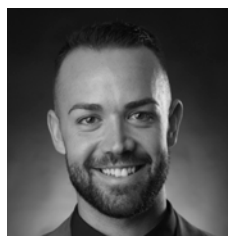
Chris Navarro
Assistant Track &
Field Coach



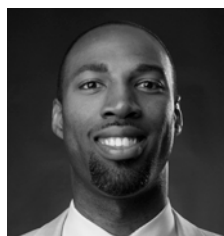
Dr. Tim Rademaker
Vol. Assistant Track &
Field Coach



Nikki Buchholz
Assistant Volleyball Coach



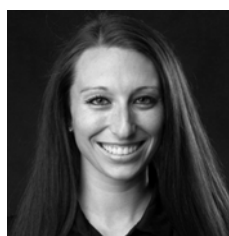
Calae Campbell
Assistant Volleyball Coach



Oge A. Oge
Graduate Assistant
Academic Services



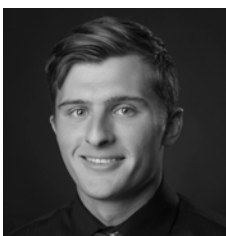
Olivia Caldwell
Graduate Athletic
Trainer



Holly Reynolds
Graduate Athletic
Trainer



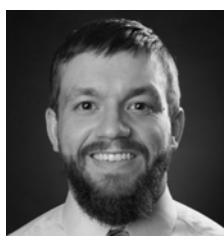
Stephanie Swank
Graduate Athletic
Trainer



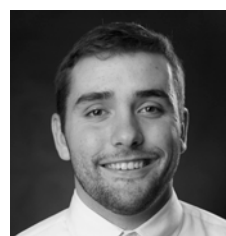
Joe Sweet
Graduate Athletic
Trainer



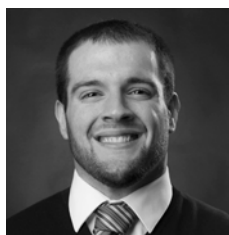
Joey Waugh
Graduate Athletic
Trainer



Justin Guy
Graduate Assistant
Strength & Conditioning



Jackson Frey
Graduate Assistant
Strength & Conditioning



Tyler Knight
Graduate Assistant
Strength & Conditioning



Alexia Koerkenmeier
Graduate Assistant
Marketing & Promotions



Danny Chesnut
Sports Information
Assistant



Kevin Scanlon
Sports Information
Assistant



2016-17 SCHEDULE

INDOOR SCHEDULE

Dec. 9	SIUE Dual Meet	Cape Girardeau, Mo.
Jan. 20	Missouri Invitational	Columbia Mo.
Jan. 27-28	Indiana Relays	Bloomington, Ind.
Feb. 3-4	Don Denoon Invitational	Carbondale, Ill.
Feb. 10-11	Music City Challenge	Nashville, Tenn.
Feb. 17	Redhawks Invitational	Cape Girardeau, Mo.
Feb. 18	Notre Dame/Alex Wilson Invite	South Bend, Ind.
Feb. 24-25	OVC Indoor Championships	Charleston, Ill.
Mar. 10-11	NCAA Indoor Championships	College Station, Texas

OUTDOOR SCHEDULE

Mar. 17-18	Rhodes College Invitational	Memphis, Tenn.
Mar. 24-25	Ole Miss Invitational	Oxford, Miss.
Mar. 31 - Apr. 1	Joey Haines Invitational	Cape Girardeau, Mo.
Apr. 7-8	Tiger Track Classic	Auburn, Ala.
Apr. 15	Missouri Valley vs. OVC	Terre Haute, Ind.
Apr. 22-23	Georgia Tech Invitational	Atlanta, Ga.
Apr. 28-29	Memphis Invitational	Memphis, Tenn.
May 5	Billy Hayes Invitational	Bloomington, Ind.
May 6	Tennessee Challenge	Knoxville, Tenn.
May 11-13	OVC Outdoor Championships	Oxford, Ala.
May 25-27	NCAA West Preliminary Round	Austin, Texas
June 7-10	NCAA Outdoor Championships	Eugene, Ore.

Home meets in **BOLD** and held at:

Indoor - North Student Rec Center

Outdoor: - Abe Stubner Track Complex

*All dates/Meets subject to change

