

SOUTHEAST MISSOURI REDHAWKS

Southeast Missouri State Redhawks

TRACK & FIELD MEDIA GUIDE

2014-15 SEASON

Southeast
Missouri State University™

Located

- Cape Girardeau, Mo.

Enrollment

- 11,510

Class Size

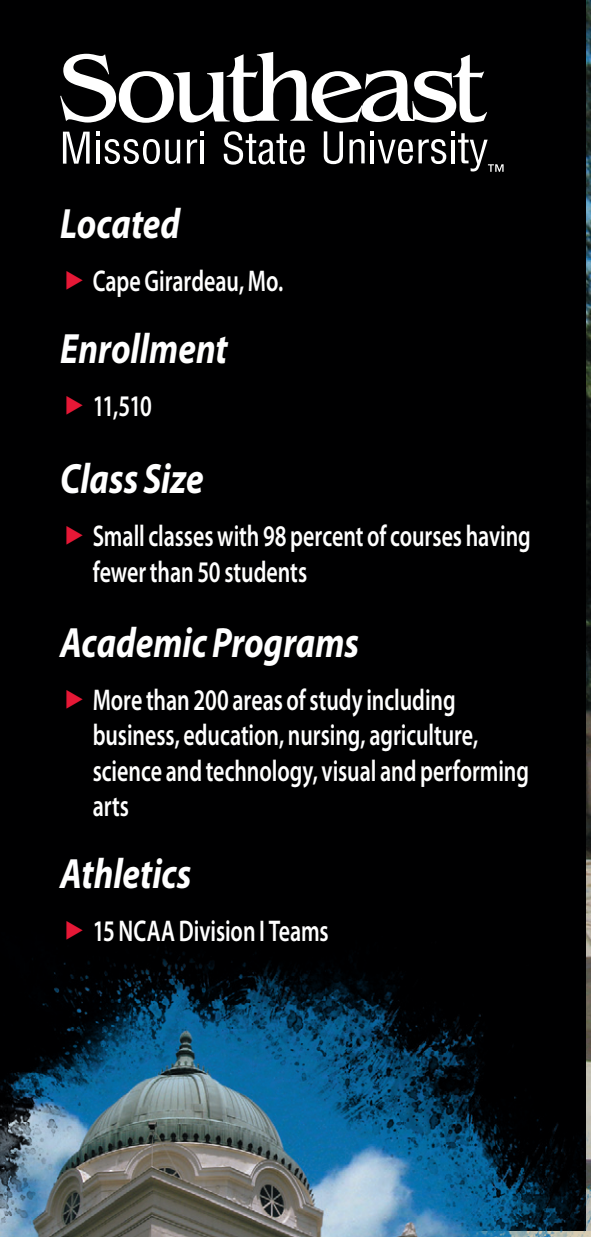
- Small classes with 98 percent of courses having fewer than 50 students

Academic Programs

- More than 200 areas of study including business, education, nursing, agriculture, science and technology, visual and performing arts

Athletics

- 15 NCAA Division I Teams











SOUTHEAST MISSOURI STATE REDHAWKS

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Credits

The 2014 Southeast Missouri Track & Field Information Guide was written, edited and designed by Sports Information Assistant Sean Stevenson. Cover design by Sean Stevenson with assistance from Veda Barnett and Ashton Schlitt of Moll Printing. Photography by Keith Hente, Marc Mahnke, Pat Patterson, and Josh Russell. Other editorial assistance by Sports Information Director Jeff Honza, Assistant Sports Information Director Tyler Koonce, and Sports Information Student Assistant Kevin Scanlon.



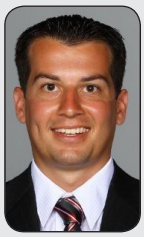
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MEDIA INFORMATION

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Tyler Koonce
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2014-15 Sport Assignments

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Credentials

Credentials are required for entrance to the track or field areas at the Abe Stuber Track & Field Complex (for photographers). To request season or single-meet credentials, please contact the Southeast Missouri State Sports Information Office by phone at (573) 651-2294 or email at sstevenson@semo.edu or tkoonce@semo.edu.

Photographers

Please observe NCAA regulations and shoot from the designated areas at the Abe Stuber Track & Field Complex.

Interview Requests

Please arrange all interviews of coaches and student-athletes through the sports information office. Requests can be made by calling Sean Stevenson at (573) 651-2294. Stevenson can also be reached via e-mail at sstevenson@semo.edu.

Track & Field Email List

If you would like to be added to the Redhawk Track & Field email list to receive breaking news about the team, please email Sean Stevenson. The official website, GoSoutheast.com, is the best source for up-to-date information about the team.



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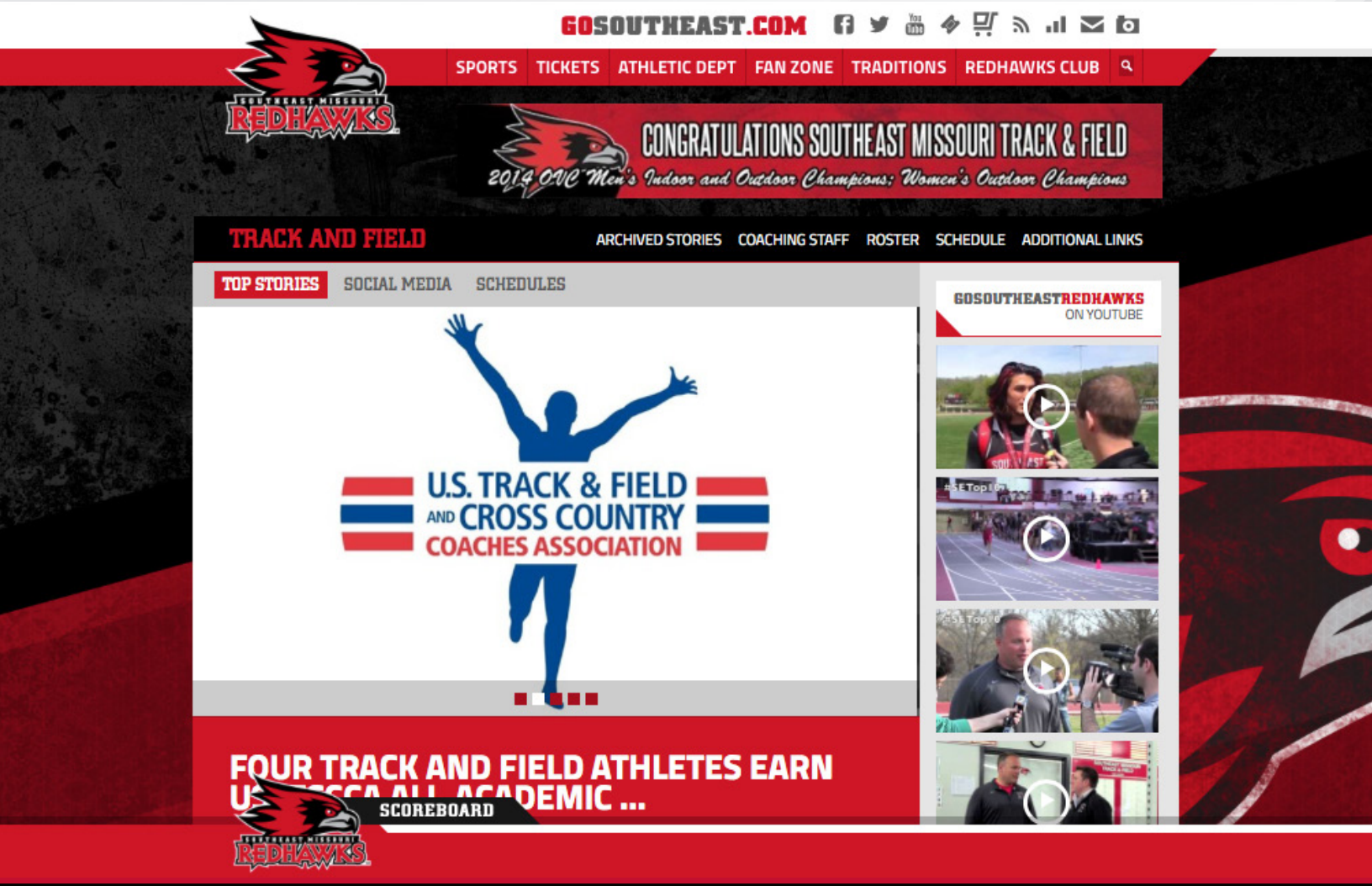
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ABE STUBER TRACK & FIELD COMPLEX

The Southeast Missouri track and field teams train and compete at the Abe Stuber Track & Field Complex during the outdoor season. Considered one of the finest track facilities in the Midwest, it has been the host of the Ohio Valley Conference Outdoor Track & Field Championships six times, most recently the 2012 season. The facility is also the home of the annual Joey Haines Invitational, held the first weekend of every April.

Dedicated in the spring of 1980 and named after the late Abe Stuber, who coached the Southeast track squads from 1932-46, the facility includes a press box and spectator seating for up to 2,000 people. Designed strictly as a track and field complex, it has also served as the host site of three NCAA Division II National Track & Field Championships.

Following the 2014 outdoor season, the Abe Stuber Track & Field Complex underwent a massive renovation. The over $750,000 renovation included a complete resurfacing of the entire track, completely new jumps pits and a new area for the high jump, and the shot put area has also been moved and extended to better serve student-athletes. The job also included cosmetic and structural improvements around the complex.

The track and runways were resurfaced in 2001 and a weight room and office building added adjacent to the track in 2002. The 2,000 square foot building houses a 1,500 square foot weight room, offices, bathrooms and storage.

The spacious weight room is equipped with seven multi-power racks and lifting platforms. It contains nearly 5,000 pounds of free weights, 3,000 pounds of dumbbells and numerous weight machines.

The completion of this $300,000 project has given the team one of the best training facilities in the region. The complex allows the men's and women's track teams to practice at any time, in a safe and efficient manner.

The complex is located on the north edge of campus off Sprigg Street and within walking distance to the University.

North Student Recreation Center

The Redhawks track & field teams compete and train at the North Student Recreation Center on the campus of Southeast Missouri.

The indoor facility features a four-lane track and an infield area for field events. The infield area also offers ample space for spectator watching.

Southeast holds the annual Redhawks Invite each season in the Rec Center as well as hosting the SEMO vs. SIUE Dual Meet, which alternates locations each season.


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Abe Stuber
Track & Field
Complex

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SUCCESS CENTER

The Redhawk Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Stadium. The Redhawk Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings.

The area is under the guidance of Director of Academic Services Sharon Burgard, Assistant Coordinator Sandy Wiemers and Graduate Assistants Karley Evans and Bethany Pfeiffer.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes. Last year, the Redhawks combined for a 3.17 cumulative grade point average in the fall and spring semesters. Over 60 percent of all student-athletes recorded a 3.0 or higher GPA. Thirteen of Southeast's 15 intercollegiate athletic teams recorded a team GPA over 3.0. Additionally, Southeast student-athletes logged over 3,000 hours of community service over the 2013-14 academic year.

Tutors are available for all student-athletes as needed. In addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor bi-weekly to discuss academic progress.

The Success Center staff works to get athletes involved in campus and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.



2013-14 Notables

- Southeast Missouri finished third in the Ohio Valley Conference Commissioner's Cup for the second-straight year in 2013-14. The third-place finish matched the Redhawks highest in school history. Southeast accumulated a total of 107.5 points, a +3.25 increase in its point total from the previous year.

- Southeast Missouri's student-athletes finished the 2013-14 academic year with a 3.17 grade point average and had 13 teams maintain a 3.0 the entire year. In all, 197 individuals finished the year with a 3.0 or higher cumulative GPA accounting for 62.5 percent of the student-athlete population.

- A total of 60 student-athletes received their degrees, including 19 in the fall and 41 in the spring.

- For the fifth time in seven years, Southeast's women's gymnastics team posted the highest cumulative GPA among all NCAA programs as announced by the National Association of Collegiate Gymnastics Coaches/ Women (NACGC/W). The Redhawks 3.81 mark edged Western Michigan's 3.80 GPA.

- Southeast student-athletes logged over 3,000 community service hours in 2013-14. Redhawk student-athletes participated in a number of community service activities, including Feed My Starving Children, Pink Up Cape, Read to Succeed, Special Olympics, American Cancer Society benefit dinner and the SEMO Food Bank's Party for the Good.

- Southeast teams combined for five conference championships in 2013-14. The Redhawks won the OVC men's indoor track, men's and women's outdoor track titles, and baseball crown. Meanwhile, the women's gymnastics team won the Midwest Independent Conference championship.

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Prevention. Treatment. Rehabilitation. Education. Those are the four primary phases of athletic training, and the Southeast Missouri athletic training staff strives to fulfill all of those areas when working with student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the athletic training staff. The Sports Medicine department includes five full-time athletic trainers, six graduate assistants and several student assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

The athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through.

There are currently four athletic training facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.

The Southeast athletic training rooms are equipped with stationary bikes, hand weights, therapeutic modalities and the latest physical therapy equipment. Each component is strategically designed to not only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and two hospitals in Cape Girardeau. It is from these hospitals that the Athletic Training department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself to providing the best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and management of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.



Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

This will be accomplished by focusing on reducing the risk of injury and maximizing athletic potential through individual evaluation and program design.

The Southeast Missouri Strength and Conditioning program is under the direction of Ryan Johnson.

Redhawk student-athletes use various training facilities located inside the Student Recreation Center South.

Training Principles for Southeast Athletes:

1. *Reduce the risk of injuries*
   • If a student-athlete is injured, he/she will not be able to compete at practice or games.

2. *Ensure the athletes are optimally prepared to compete*
   • It is our responsibility to best manage all stressors that are placed on the student-athletes body in order to achieve the best results on the playing field.

3. *Maximize athletic ability*
   • We challenge each athlete, both physically and mentally, in order to achieve optimal results.

Exercises for Southeast Athletes are based on the following Principles:

1. *Ground Based Movements*
   • Athletes compete with their feet on the ground, and therefore, should train that way. The ability to produce force against the ground determines how fast athletes can run and how high they can jump.

2. *Three-Dimensional Movements*
   • Athletes must be able to stabalize themselves in all planes of movement. A fancy way of saying we use free weights (barbells/dumbbells vs. machines).

3. *Multi-Joint Movements*
   • Very rarely in sport do athletes isolate one single joint at a time. Athletes can train more muscle mass at the same time.

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The 2013-14 Redhawks track & field teams walked away with a total of three Ohio Valley Conference Championships.

The men's team earned their first OVC Indoor Championship since 1996. Head coach Eric Crumpecker was named Men's Coach of the Year while Kevin Farley earned Field Athlete of the Year. Chris Martin picked up Freshman of the Year honors and Blake Smith was named Athlete of the Championship.

The Redhawk men won five individual events at the championship. Blake Smith won both the 60-yard dash and the long jump events. Reggie Miller brought the gold home in the high jump while Kevin Farley won the shot put and Chris Navarro won the first-ever OVC indoor heptathlon.

The Redhawks followed up a great indoor season with an even better outdoor season.

The Redhawk men and women swept the 2014 OVC Outdoor Championship. It was the first time since 2006 that Southeast Missouri had swept the outdoor championships. It was the first outdoor crown for the men since 2008 and the first for the women since 2006.

Once again, Coach Crumpecker was named Men's Coach of the Year with Chris Martin picking up Freshman of the Year honors for the outdoor season.

On the women's side, Kayla Gutierrez was honored as the Female Field Athlete of the Year.

Individual event champions for the men included Chris Martin in the triple jump, Brian Grote in the javelin, Kevin Farley in the hammer throw, and Shon Kyle in both the discus and shot put. Chris Navarro won the first ever outdoor decathlon.

The Redhawks had three individual champions on the women's side. Kayla Gutierrez took gold in the discus while Bethany Pfeiffer won the javelin and Courtney Gapelu won the shot put.






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PRESIDENT DR. KENNETH W. DOBBINS

Dr. Kenneth W. Dobbins became the seventeenth president of Southeast Missouri State University on July 1, 1999 after serving as the University's Vice President of Finance and Administration from 1991 to 1993, and Executive Vice President from 1993 until his appointment as president. He previously held several positions in higher education administration at Kent State University in Ohio.

During his tenure at Southeast, academic programs have been enhanced including the establishment of the College of Science, Technology, and Agriculture and the Earl and Margie Holland School of Visual and Performing Arts which opened in fall 2007 on the new River Campus. A comprehensive review of all academic and non-academic programs has been accomplished to maintain quality and minimize student fee increases in the face of significant state appropriation reductions. Southeast continues to be recognized nationally for many of its outstanding accredited academic programs. For the 11th year in a row, Princeton Review recognized the Master of Business Administration program on its list of "Best Business Schools." GetEducated.com listed Southeast #1 on the list of "Top 10 Ranked Best Values Online MBAs-AACSB-Accredited"; Southeast is recognized in the top tier of the Midwest best regional universities in U.S. News Best Colleges for 2014; and Southeast was again named among the "Best in the Midwest" by Princeton Review. Additionally, Militaryfriendlyschools.com lists Southeast among the top schools that embrace veterans as students, and recent freshmen survey data indicate that new students applied only to Southeast at a rate three times the national average.

Enrollment has increased significantly since a 20-year-low in 1994 when approximately 7,900 students attended Southeast. In fall 2005, enrollment topped 10,000 for the first time, and stood at more than 11,900 in 2013. Additionally, record enrollments in higher education have occurred in the University's 25-county service region during his tenure due to the establishment of new regional campuses in Sikeston and Kennett and a higher education center at Perryville serving place-bound students in and near those rural communities.

During Dr. Dobbins' presidency more than $400 million in capital construction and building improvement projects have enhanced the University. The Seabaugh Polytechnic Building and the $58 million River Campus were constructed. In 2005, the Douglas C. Greene Center for Innovation and Entrepreneurship was opened, followed by the dedication of the state-of-the-art David M. Barton Agriculture Research Center in 2009, and the University's Autism Center for Diagnosis and Treatment in 2010. Southeast is known throughout the Midwest for its modern and student-friendly residence halls. Vandiver Hall was completed in 2002; Merick Hall in 2009; and LaFerla

Hall was dedicated in the fall of 2013. More than $90 million in capital renovation projects were completed in 2013, including the renovation of the historic 108-year-old Academic Hall, and the remodeling and upgrades to the Magill and Rhodes sciences complex. Additionally, the University will open the River Campus Center, a new academic and residence hall center, at the River Campus in fall 2014.

Dr. Dobbins has served a two-year term as president of the Missouri Council on Public Higher Education (COPHE), the organization for presidents and chancellors of Missouri's public colleges and universities, and is the senior member of the organization. In 2007, he was selected to serve a three-year term on the American Association of State Colleges and Universities (AASCU) Board of Directors, an organization which represents over 420 U.S. public college and university members and more than 3.7 million students or 56 percent of the enrollment at all public four-year institutions. He was elected Secretary-Treasurer of the organization in 2008, chaired the organization in 2010-2011, and again serves on the AASCU Board. Also, for the past ten years, he has served as one of four faculty members for the week-long AASCU New Presidents' Academy, and currently chairs the Finance Committee of the American Academic Leadership Institute. He previously served three years as president of the Ohio Valley Conference and is currently a member of the Conference finance subcommittee. In addition, he is the vice president for membership on the executive board of the Greater St. Louis Council, Boy Scouts of America, and was elected by local council associates to serve on the National Council, Boy Scouts of America. In 2010, he was awarded the Silver Beaver Award, the highest honor bestowed upon a Boy Scout volunteer by a council.

He earned his B.S. degree in accounting from the University of Akron (Ohio) in 1971 and served as a commissioned officer and civilian executive in the U.S. Air Force for almost 10 years. He received the M.B.A. degree in 1979 from Old Dominion University (Virginia) where he was awarded the 2001 Distinguished Alumni Award, and the Ph.D. in higher education administration in 1987 from Kent State, where in 2011, he was awarded the Alumni Leadership Award for the College of Education, Health and Human Services Annual Hall of Fame Awards. He is also a Certified Public Accountant in Ohio.

Dr. Dobbins and his wife, Jeanine Larson Dobbins, Founder and Director Emeritus of the Missouri Statewide Early Literacy Intervention Program based at Southeast, have a son, Paul, and a daughter-in-law, Stacey, who are both Southeast graduates, and two grandsons, Lincoln Kenneth and Brady Larson Dobbins.

Board of Regents



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SOUTHEAST MISSOURI STATE REDHAWKS



DIRECTOR OF ATHLETICS MARK ALNUTT

Southeast Missouri's Department of Athletics is thriving under the leadership of Mark Alnutt.

Southeast Athletics operates on the three core values of its mission -- Academic Excellence, Social Development and Competitive Success. As a result, the Redhawks are soaring in all of those areas.

Academically, Southeast student-athletes have combined for over a 3.1 cumulative grade point average in the fall and spring semesters each year with Alnutt at the helm. The 2013-14 campaign saw a total of 197 individuals achieve a 3.0 or higher cumulative GPA accounting for 62.5 percent of the student-athlete population. That success led to the Department of Athletics securing a 3.17 GPA with 13 teams maintaining a 3.0 or better the entire year.

Prior to that, the Redhawks accumulated a 3.12 GPA with 192 student-athletes getting a 3.0 or higher mark in 2012-13.

In line with academics, Alnutt strongly encourages coaches, administrators and student-athletes to be visible in the community. That being said, student-athletes have logged over 4,000 hours of community service in Alnutt's term as Director of Athletics. Pink Up Cape, Feed My Starving Children, Project Homeless Connect, Cape Girardeau Adopt-A-Street, Read to Succeed and Special Olympics are among the many community service opportunities the Redhawks have actively participated in.

Another valuable piece of Southeast's growth in athletics has been Alnutt's Redhawks Road Trip. The Redhawks Road Trip features a series of outreach events to give fans, alumni, supporters and community members the chance to meet select coaches, student-athletes and administration from Southeast Athletics. Last year, the Redhawks made 11 different stops along the "I-55 Corridor," that stretch between St. Louis and Memphis which is so important from a branding, recruiting and fundraising standpoint.

Athletically, Southeast finished third in the Ohio Valley Conference Commissioner's Cup for the second-straight year in 2013-14. The Redhawks tallied 107.5 points, a +3.25 increase from the previous season. Those third-place finishes are the best in school history.

Southeast nearly had a clean sweep of the OVC track & field championships, winning the men's indoor and men's and women's outdoor crowns. The Redhawks also won the OVC baseball title and Midwest Independent Conference women's gymnastics championship during the 2013-14 campaign. In all, Southeast teams have won six conference titles in Alnutt's first two years as Director of Athletics.

Alnutt was the driving force behind securing the first-ever NCAA football game at Busch Stadium in St. Louis. Longstanding regional-rivals Southeast Missouri and Southern Illinois met in the

College Classic on Sept. 21, 2013.

Alnutt has made some new coaching hires as well. He introduced Tom Matukewicz as the Redhawks head football coach on Dec. 18, 2013 and Mark Redburn as the school's next head softball coach on June 26, 2014.

Since Alnutt officially took over as Director of Athletics on April 19, 2012, total giving to athletics has increased by more than 26 percent. As a result, the department raised over $780,000 through various fundraising initiatives.

Prior to accepting his first job as Director of Athletics, Alnutt served as the Senior Associate Athletics Director at the University of Missouri.

Alnutt was the administrative liaison for football; supervised track and field, cross country, gymnastics and golf; spearheaded the department's project management team; served as the primary point person for the Athletic Department, overseeing all aspects of facility project master planning, development, management and implementation; and was involved with external department operations, including development, game operations, marketing, media relations, Mizzou Sports Properties and ticket operations.

Alnutt also managed postseason travel arrangements for each of the University of Missouri's 20 intercollegiate sport programs. He oversaw Missouri's Nike contract, the Big Wheels and Flying Tiger programs and the department's relationship with Old Hawthorne Golf Club. In 2009, he managed a $5 million video board project through the University of Missouri Sports Complex with the centerpiece being a new board at Faurot Field. He also oversaw the design and construction of the new Golden Girls/ Gymnastics practice facililty in the fall of 2011. Alnutt was actively involved in the solicitation and stewardship efforts of capital gift giving, as well.

Alnutt spent six years at the University of Missouri as director of football operations, adding an assistant athletic director title prior to the 2005-2006 season. In that role, his duties included coordinating the team's travel plans, overseeing the football budget, handling compliance issues, scheduling of facilities, assisting with recruiting operations and managing the day-to-day operations of the football program.

He coordinated public relations and community service events for football, and oversaw all organizational aspects for the University of Missouri's trips to the 2003 and 2005 Independence Bowl games played in Shreveport, La. He also represented the football program as part of the design team that planned the $16 million expansion and renovation project which turned the Tom Taylor Building into the Missouri Athletics Training Complex.

Alnutt was a three-year letterman for the University of Missouri as a linebacker and tight end from 1993-1995 and was voted the team's champion of the year as a senior. He earned a degree in sociology in 1995 and went to work for Major Brands as a senior salesman in Kansas City from February 1996 to August 1997.

He returned to the University of Missouri to pursue a master's degree in public administration with an emphasis on sports psychology. He joined the Missouri football staff in 1998 as an administrative/ video graduate assistant. Alnutt completed his master's degree in May 2000 and took over as director of football operations that August.

A native of Kansas City, Alnutt served as president of the board of directors for Big Brothers/Big Sisters of Boone County and was selected to participate in the 2002-2003 NCAA Leadership Institute for Ethnic Minority Males. In June 2005, he was recognized by Columbia Business Times as one of the Columbia's 40-Under-40 business leaders for his work in the community.

He has participated in the Division I-A Athletic Director's Institute, attended the NACDA Mentoring Institute and chaired the NCAA Women's Gymnastics committee. In 2010, he was the recipient of an Outstanding Chancellor's Staff recognition and the Barbara S. Uehling Award for Administrative Excellence at the University of Missouri.

Alnutt was selected to serve a four-year term on the NCAA Minority Opportunities and Interests Committee, effective Sept. 1, 2013.

The NCAA Minority Opportunities and Interests Committee (MOIC) was formed by the Association in January 1990 to review issues related to the interests of ethnic minorities and women. These issues focus on the education and welfare of minority student-athletes, as well as the enhancement of opportunities for ethnic minorities and women in coaching, athletics, administration, officiating and the NCAA governance structure.

A year later, Alnutt was appointed to serve a four-year term on the NCAA Football Playing Rules Committee that will begin Sept. 1, 2014.

The mission of the NCAA Football Rules Committee is to govern the playing rules of collegiate football by: Acknowledging the traditions of sport; Soliciting input from various college constituencies; Examining existing regulations and making necessary modifications to create safe, practical, concise and enforceable rules; and influencing the long term vision and direction of NCAA football.

Alnutt and his wife, the former Kate Hankins, are the parents of four children, Jaren, Kinleigh, Mason and Aidan.

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The mission of Southeast Missouri State University Department of Athletics is to provide a first class, student-athlete centered collegiate experience emphasizing the core values of academic excellence, social development, and competitive success. The Department of Athletics strives to compete at the highest possible level in the Ohio Valley Conference and other conference affiliations. The principles of integrity, student welfare, sportsmanship, ethical conduct, rules compliance, equity and diversity, and the prudent management of resources are the foundation on which we operate.

MISSION STATEMENT

SOUTHEAST MISSOURI REDHAWKS™

CROSS COUNTRY RECAP



SOUTHEAST MISSOURI STATE REDHAWKS



From left to right: Mary Dohogne, Megan Parks, Madeline Gaul, Sydney O'Brien, Maria Trowbridge, Rebekah Lawson, Kristen Richardet, Lindsey Seabaugh, Eilish Overby, Laura Chavez, Andrea George, Zhao Ni Dirnberger, Angela Sumner, Gloria Westlake; Not pictured: Nichole Beffa

2014 WOMEN'S ROSTER

Name	Year	Hometown / Last School
Nichole Beffa	Sr.	Festus, Mo. / Festus
Laura Chavez	Jr.	Cape Girardeau, Mo. / Cape Central
Zhao Ni Dirnberger	Fr.	Jackson, Mo. / Jackson
Mary Dohogne	Sr.	Cape Girardeau / Cape Central
Madeline Gaul	So.	Swansea, Ill. / Belleville East
Andrea George	Fr.	O'Fallon, Ill. / O'Fallon Township
Rebekah Lawson	Sr.	Fenton, Mo. / Rockwood Summit
Sydney O'Brien	Fr.	St. Peters, Mo. / Fort Zumwalt South
Eilish Overby	Fr.	Grover, Mo. / Eureka
Megan Parks	So.	Bonne Terre, Mo. / North County
Kristen Richardet	Sr.	Jackson, Mo. / Jackson
Lindsey Seabaugh	Jr.	Cape Girardeau, Mo. / Jackson
Angela Sumner	So.	Wildwood, Mo. / Eureka
Maria Trowbridge	Jr.	Meshoppen, Pa. / Elk Lake
Gloria Westlake	Sr.	St. Peters, Mo. / Fort Zumwalt East

2014 Women's Cross Country Recap

The 2014 women's cross country teams put together a fantastic season. Seniors Rebekah Lawson and Gloria Westlake capped terrific careers at Southeast Missouri earning All-OVC honors at the Ohio Valley Conference Championships. Lawson earned First Team with a seventh-place finish with a time of 17:42. Lawson is the only woman in Southeast Missouri cross country Division I history to earn All-OVC honors all four years of her career. Westlake earned Second Team honors with a 12th-place finish at the conference championship.

The women's team started the season off on the right foot with a first place finish at the Gabby Reuveni Early Bird on August 30. The Redhawks had four runners in the top ten with Lawson leading the way with a fourth-place finish. They followed that up two weeks later at the Forest Park Cross Country Festival with a fourth-place finish. Lawson once again finished in the top ten with a ninth-place time.

Southeast had a terrific showing at the Bradley Classic on Oct. 17 when they took 10th-place of 30 teams and topping four other OVC squads in the meet. Lawson finished 14th that day. Lawson's performance at Bradley earned her OVC Runner of the Week honors.

The squad finished fourth at the OVC Championships. Eastern Kentucky won the race while Eastern Illinois took second followed by Belmont in third. The Redhawks followed in fourth followed by Murray State and Morehead State to round out the top-six.

	Gabby Reuveni Early Bird Washington U St. Louis, Mo.	Forest Park XC Fesitval Saint Louis St. Louis, Mo.	Saluki Invitational Southern Illinois Carbondale, Ill.	Louisville Classic Louisville Louisville, Ky.	Bradley Classic Bradley Peoria, Ill.	OVC Championship UT Martin Oxford, Ala.	Midwest Regional Bradley Peoria, Ill.
WOMEN'S TEAM	Aug. 30, 2014	Sept. 12, 2014	Sept. 20, 2014	Oct. 4, 2014	Oct. 17, 2014	Nov. 1, 2014	Nov. 14, 2014
Nichole Beffa	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Laura Chavez	DNC	46th, 19:36	25th, 20:39.14	283rd, 20:33.96	DNC	DNC	DNC
Zhao Ni Dirnberger	DNC	73rd, 21:34	27th, 20:47.50	DNC	DNC	DNC	DNC
Mary Dohogne	13th, 15:27	26th, 19:02	22nd, 20:21.63	181st, 19:00.51	101st, 22:54.5	38th, 18:49.36	199th, 13:08.2
Madeline Gaul	87th, 18:52	76th, 23:06	DNC	DNC	DNC	DNC	DNC
Andrea George	DNC	48th, 19:37	21st, 20:13.79	245th, 19:39.20	198th, 23:42.0	DNC	DNC
Rebekah Lawson	4th, 14:47	9th, 18:18	7th, 18:48.49	109th, 18:24.84	14th, 21:37.9	7th, 17:42.10	84th, 21:33.6
Sydney O'Brien	22nd, 15:44	29th, 19:04	12th, 19:28.87	198th, 19:08.90	156th, 23:18.6	44th, 19:02.93	208th, 23:27.3
Eilish Overby	DNC	64th, 20:16	24th, 20:38.71	242nd, 19:36.29	233rd, 24:23.4	DNC	DNC
Megan Parks	8th, 15:08	17th, 18:41	8th, 18:54.70	104th, 18:22.90	41st, 22:11.9	17th, 18:12.69	151st, 22:21.0
Kristen Richardet	28th, 15:50	31st, 19:25	17th, 20:09.90	233rd, 19:29.12	165th, 23:20.8	47th, 19:08.19	202nd, 23:10.5
Lindsey Seabaugh	26th, 15:49	44th, 19:35	15th, 19:54.92	250th, 19:41.48	149th, 23:15.8	53rd, 19:20.18	DNC
Angela Sumner	7th, 15:06	24th, 19:02	5th, 18:28.76	120th, 18:29.34	120th, 23:03.3	22nd, 18:20.19	147th, 22:17.4
Maria Trowbridge	70th, 17:36	DNC	DNC	DNC	DNC	DNC	DNC
Gloria Westlake	5th, 15:52	10th, 18:20	9th, 19:07.77	84th, 18:14.87	24th, 21:57.9	12th, 17:57.30	78th, 21:30.9
TEAM FINISH	1ST OF 10	4TH OF 6	2ND OF 3	22ND OF 32	10TH OF 30	4TH OF 12	28TH OF 32

SOUTHEAST MISSOURI STATE REDHAWKS



From left to right: Craig Munie, Cole Ross, Marc Maton, Nathan Cook, Ryan Anderson, Tyler Holmes, Tyson Stoverink, Tyler Beaman, Colten Strotheide, Dan Plunkett; Not pictured: Sean Brown, Shane Brown

Name	Year	Hometown / Last School
Ryan Anderson	Sr.	Springfield, Ill. / Chatman-Glenwood
Tyler Beaman	Fr.	Eureka, Mo. / Eureka
Sean Brown	Jr.	Festus, Mo. / Festus
Shane Brown	Jr.	Festus, Mo. / Festus
Nathan Cook	Fr.	St. Peters, Mo. / St. Dominic
Tyler Holmes	Sr.	Arnold, Mo. / Fox HS
Marc Maton	So.	Chatham, Ill. / Chatham-Glenwood
Craig Munie	Sr.	O'Fallon, Ill. / O'Fallon Township
Dan Plunkett	Fr.	Springfield, Mo. / Pleasant Plains
Cole Ross	So.	Marble City, Mo. / Notre Dame
Tyson Stoverink	Sr.	Jackson, Mo. / Jackson
Colten Strotheide	Sr.	Breese, Ill. / Mater Dei

2014 Men's Cross Country Recap

The 2014 men's cross country team started the season off with three-straight second-place finishes. The first came at the Gabby Reuveni Early Bird in St. Louis. Shane Brown won the men's race with a time of 19:23. Brown earned Ohio Valley Conference Male Runner of the Week following his performance. Marc Maton turned in a third-place finish to kick off his sophomore campaign. The men took second-place once again at the Forest Park Cross Country Festival on Sept. 21. Shane Brown was once again the top-finisher for Southeast with a 10th-place finish. Freshman Tyler Beaman finished next for the Redhawks when he took 14th-place. Fellow newcomer Nathan Cook was right behind in 15th.

The Redhawks finished 18th at the Bradley Pink Classic on Oct. 17. Beaman was Southeast's top finisher at Bradley while Maton and Ryan Anderson rounded out the top three for Southeast.

At the OVC Championships, the men took sixth-place as a team. Shane Brown finished first for the Redhawks when he took 26th-place with a time of 25:30. Cook finished next in 32nd-place followed by Maton in 34th.

The Redhawks ran a young squad at the Midwest Regional. The young team gained a lot of experience on their way to a 28th-place finish.

	Gabby Reuveni Early Bird Washington U St. Louis, Mo.	Forest Park XC Fesitval Saint Louis St. Louis, Mo.	Saluki Invitational Southern Illinois Carbondale, Ill.	Louisville Classic Louisville Louisville, Ky.	Bradley Classic Bradley Peoria, Ill.	OVC Championship UT Martin Oxford, Ala.	Midwest Regional Bradley Peoria, Ill.
MEN'S TEAM	Aug. 30, 2014	Sept. 12, 2014	Sept. 20, 2014	Oct. 4, 2014	Oct. 17, 2014	Nov. 1, 2014	Nov. 14, 2014
Ryan Anderson	21st, 20:16	19th, 19:54	22nd, 28:02.88	160th, 26:09.34	89th, 26:06.5	43rd, 26:12.48	178th, 33:11.5
Tyler Beaman	17th, 20:00	14th, 19:35	DNC	152nd, 26:03.30	66th, 25:53.5	42nd, 26:11.66	163rd, 32:53.0
Sean Brown	47th, 21:08	60th, 21:30	20th, 27:51.46	237th, 27:53.94	241st, 29:29.9	DNC	DNC
Shane Brown	1st, 19:23	10th, 19:13	9th, 26:28.20	141st, 25:55.57	95th, 26:09.1	26th, 25:30.60	191st, 33:38.6
Nathan Cook	11th, 19:55	15th, 19:38	16th, 26:58.03	167th, 26:14.49	121st, 26:27.1	32nd, 25:50.62	137th, 32:20.6
Tyler Holmes	20th, 20:12	50th, 20:28	10th, 26:28.37	153rd, 26:03.53	139th, 26:39.2	50th, 26:32.57	DNC
Marc Maton	3rd, 19:28	21st, 20:02	18th, 27:31.07	104th, 25:36.64	86th, 26:05.6	34th, 25:58.91	157th, 32:42.4
Craig Munie	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Dan Plunkett	14th, 19:59	51st, 20:35	DNC	243rd, 28:27.40	204th, 27:43.6	DNC	189th, 33:30.6
Cole Ross	53rd, 21:27	56th, 21:05	28th, 29:11.32	DNC	DNC	DNC	DNC
Tyson Stoverink	13th, 19:58 (u)	18th, 19:51	14th, 26:45.47	208th, 26:45.17	120th, 26:27.1	44th, 26:16.73	181st, 33:12.4
Colten Strotheide	15th, 19:59	24th, 20:04	13th, 26:38.46	173rd, 26:16.74	106th, 26:16.1	52nd, 26:42.65	DNC
TEAM FINISH	2ND OF 9	2ND OF 5	2ND OF 2	24TH OF 28	18TH OF 26	6TH OF 12	28TH OF 29

SOUTHEAST MISSOURI STATE REDHAWKS

OVC Female Runner of the Year

1998 Janelle Quigley
1999 Amy Arteme
2002 Lindsey Zeiler

OVC Freshman of the Year

2008 Nate Shipley

Women's Team OVC Year-by-Year All-OVC*

1992		
8.	Amy Cole	19:37
10.	Tracey Stockton	20:17
1993		
3.	Amy Cole	19:02
8.	Misty McGhee	19:47
10.	Kari Unterriener	20:01
1994		
4.	Sherry Lange	18:43
5.	Terry Lange	18:50
7.	Misty McGhee	19:15
1995		
6.	Misty Dubman	19:32
8.	Jennifer Anderson	19:40
10.	Amy Cole	19:43
11.	Terry Lange	19:45
13.	Misty McGhee	19:52
1996		
3.	Sherry Lange	18:53
8.	Keisha Grace	19:17
11.	Janelle Quigley	19:32
13.	Estelle McHargue	19:40
1997		
4.	Leslie McNamara	18:48
8.	Janelle Quigley	19:03
12.	Michelle Ramsey	19:22
1998		
1.	Janelle Quigley	18:21
3.	Tammy Wenkel	18:55
14.	Leslie McNamara	19:33
1999		
1.	Amy Arteme	18:36
4.	Tammy Wenkel	18:50
13.	Celeste Ramsey	19:26
14.	Leslie McNamara	19:38
2000		
2.	Amy Arteme	18:05
4.	Kaci Pilcher	18:11
2001		
5.	Kaci Pilcher	18:38
2002		
1.	Lindsey Zeiler	17:52
8.	Kaci Pilcher	18:24
10.	Kris Woolf	18:32
11.	Brooke Woodruff	18:38
13.	Anna Verseman	18:49
2003		
11.	Brooke Woodruff	18:43
13.	Kris Woolf	18:51
2004		
9.	Jen Caywood	19:20
2005		
5.	Lindsey Zeiler	18:22
7.	Jen Caywood	18:33
2006		
8.	Juli Koenegstein	19:05
2007		
7.	Juli Koenegstein	18:41
12.	Brandi Gervais	19:07
2008		
2.	Juli Koenegstein	18:37
9.	Monica Noble	19:15
14.	Linnea Woldtvedt	19:31
2009		
9.	Monica Noble	20:28
12.	Szandra Pal	20:33
2010		
13.	Kasey Owens	19:11
2011		
6.	Rebekah Lawson	18:29
12.	Jenny Govero	18:42
2012		
7.	Rebekah Lawson	17:33
2013		
2.	Rebekah Lawson	17:49
2014		
7.	Rebekah Lawson	17:42
12.	Gloria Westlake	17:57

Men's Team OVC Year-by-Year All-OVC*

1991		
8.	Bryant Wright	27:30
10.	Dave Baker	27:53
1992		
5.	Joe Dandridge	26:36
1993		
7.	Joey Russell	26:22
9.	Steve Lewis	26:30
10.	Jay Orr	26:31
1994		
8.	Glen Lomenick	26:12
1995		
8.	Brian Carter	26:55
10.	Chris Monty	26:58
12.	Steve Watson	27:00
14.	Erin Roades	27:13
1997		
14.	Erin Roades	26:56
2003		
5.	Brian Whitehead	26:50
6.	Chad Sierman	25:52
2004		
12.	Gabe Lutes	25:49
2005		
13.	Gabe Lutes	25:49
2006		
2.	Kevin McNab	25:25
7.	Brandon Karcher	26:44
2007		
9.	Brandon Karcher	25:48
10.	Brandon Funderburk	25:54
2008		
4.	Brandon Karcher	25:40
12.	Nate Shipley	26:22
13.	Dustin Davis	26:28
2009		
8.	Jason Lumpkin	26:44
2010		
6.	Jason Lumpkin	25:44
8.	Chris Loseman	25:56
9.	Nate Shipley	25:58
13.	Dustin Davis	26:14
2011		
6.	Nate Shipley	25:20
10.	Brent Collins	26:09
2012		
9.	Nate Shipley	24:54
12.	Alex Zisser	25:06
2013		
7.	Craig Munie	24:59

*Prior to 1995 the All-OVC Team included the Top 7 finishers in the OVC Championship race. Beginning in 1995 the Top 7 finishers were deemed First Team All-OVC while the 8-14 finishers were deemed Second Team All-OVC.

SOUTHEAST MISSOURI REDHAWKS™

COACHING STAFF



SOUTHEAST MISSOURI STATE REDHAWKS



Eric Crumpecker

Head Coach
Seventh Season
Missouri S&T

Eric Crumpecker's sixth season as head coach of the Southeast Missouri men's and women's track and field teams was his most successful to date. Crumpecker led the men's team to an Ohio Valley Conference Indoor Championship then followed it up with a sweep of the OVC Outdoor Championships. Crumpecker was awarded Men's Coach of the Year for both the indoor and outdoor seasons. Crumpecker is in his 24th season at Southeast, serving 17 of those years as an assistant under legendary head coach Joey Haines.

2014 was the first time Southeast Missouri swept the outdoor championships since 2006. It was the first men's indoor championship since 1996. The 2014 indoor season featured Kevin Farley as the Indoor Field Athlete of the Year, Chris Martin as the Indoor Freshman of the Year, and Blake Smith as the Athlete of the Championship. The outdoor season featured Female Field Athlete of the Year in Kayla Gutierrez and Chris Martin repeating as Freshman of the Year.

In 2013, the Redhawks won their first team OVC title under Crumpecker. The women snagged the team crown at the OVC Indoor Championships, using a balanced effort that featured only one individual conference champion, but three runner-up finishes and several strong supporting performances. Crumpecker was voted the OVC Women's Coach of the Year following the Redhawks' team title, the first time he has been voted the league's top coach. The Southeast men continued to knock on the door for a team title, finishing second at both the indoor and outdoor meets.

Crumpecker, who coaches the Redhawks' throwers, continued to have his group shine the brightest in the OVC. His competitors combined to win ten individual OVC titles in 2014. Kayla Gutierrez brought home gold in the indoor weight throw and the outdoor discus events. Kevin Farley won the indoor shot put and outdoor hammer throw. In his first season with the Redhawks, Shon Kyle won the shot put and discus events at the outdoor championship. Courtney Gapelu took gold in the both the indoor and outdoor shot put.

Southeast has experienced tremendous postseason success individually as well. The Redhawks sent three competitors to the NCAA Outdoor Track and Field Championships in 2013, their most individuals at the meet since 2006. Farley took seventh in the shot put, breaking the school record with a throw of 61-11 3/4 to the first Redhawk to earn first-team All-America honors since Miles Smith in 2008. Robinson and Gapelu also qualified for the NCAA West Region prelims. Southeast also got second-team All-America performances from Blake Carter in both the indoor and outdoor long jump while Reggie Miller earned All-America honorable mention in the outdoor high jump. Miller also earned All-America honorable mention in 2014.

The Redhawks totaled three second-place team finishes at the OVC Indoor and Outdoor Championships during the 2011-12 season. Both the men and women finished runner-up during the outdoor meet while the men posted another second-place point total indoors. Crumpecker works closely with the throwers and that group combined for three conference titles. Josh Uchtman, the 2012 Male Field Athlete of the Year during the indoor season, claimed the shot put indoors. Brian Grote and Craig Robinson won gold in the javelin and shot put, respectively, at the outdoor meet. In total, the Redhawks won nine individual OVC titles in 2011-12.

In addition to the three individual conference champion throwers, Kevin Farley was named the OVC Male Freshman of the Year during the outdoor season

In Crumpecker's time as head coach, the Redhawks have finished in the top three of all but one OVC indoor or outdoor meet (21 out of 22). The men have finished second in eight of the 11 conference meets while the women have been runner-up seven times.

Individually, he has mentored 78 individual OVC champions, 37 regional qualifiers and seven NCAA National Championships qualifiers. Redhawk student-athletes have won OVC Field Athlete of the Year 12

times, Track Athlete of the Year once, Athlete of the Year twice and Freshman of the Year seven times.

The Redhawks have been stellar in the classroom under Crumpecker. Both the men's and women's track and field programs have earned All-Academic Team recognition from the US Track and Field and Cross Country Coaches Association (USTFCCCA) in five of his six years as head coach. Jill Schnurbusch and Kevin Farley were both placed on the USTFCCCA's All-Academic team in 2012-13. Additionally, Alex Zisser earned third-team Academic All-America honors from the College Sports Information Directors of America (CoSIDA) while Farley and Joel Krause joined Zisser on the Academic All-District team.

During his years as a Southeast assistant, working primarily with the field events, Crumpecker was a part of 20 OVC team titles, coached 81 OVC individual champions, 131 OVC All-Conference performers, six OVC Track Athletes of the Year, four NCAA national finalists, 12 NCAA provisional qualifiers, 26 NCAA regional qualifiers and five regional finalists. He guided Southeast student-athletes to 11 school records and three OVC marks.

A native of Union, Mo., Crumpecker is a USATF Level 1 certified coach. He has a Bachelor of Arts degree in history from Missouri-Rolla and a Master of Science in Administration from Southeast Missouri. As a collegiate athlete, Crumpecker was a starting lineman for the UMR football team and earned All-MIAA honors in the shot put and discus for the Miners' track team.

He and his wife, Amy, reside in Jackson, Missouri. They have a daughter, Ella, and a son, Jake.



Eric CRUMPECKER

SOUTHEAST MISSOURI STATE REDHAWKS



Ryan Lane

Assistant Coach
Distance
Southeast Missouri

Ryan Lane is in his fifth season as Southeast's head cross country coach and assistant track coach for distance.

Over his first four seasons, the Redhawks' cross country team has posted four top-three finishes at the OVC Championships. The men took second in 2010 while both programs placed third at the 2011 conference meet. The programs have combined for 14 All-OVC performers, including five first-team runners.

2014 saw the end of Rebekah Lawson's cross country career. Lane saw Lawson through her career for four seasons. Lawson is the only Redhawk in Division I history to earn First Team All-OVC honors all four years of their career. The women's team capped off a great 2014 season with a fourth-place finish at the OVC Championships. The men finished sixth at the event.

In 2011, both the men and women had one first-team and one second-team All-OVC finisher. Nate Shipley's third-place finish garnered him a spot on the all-conference first team while Brent Collins earned second team all-conference on the men's side. Rebekah Lawson took sixth as a freshman to earn the first team nod while fellow freshman Jenny Govero made second team All-OVC.

The Redhawks have also excelled in the classroom under Lane. In 2013, both the men's and women's programs earned All-Academic honors from the United States Track & Field and Cross Country Coaches' Association (USTFCCCA). Southeast's women posted a 3.72 team GPA, the fifth-highest mark in the nation, while the men's 3.48 GPA was good for 11th. The achievement marks the fourth-straight year at least one of the cross country programs earned academic recognition under Lane.

Lane's success with the distance runners has carried over to the track as well. Lawson notched a runner-up finish in the 5000m indoors to earn second-team All-OVC honors in 2013. During the outdoor season, Charles Johnson garnered second-team All-OVC recognition for his runner-up finish in the steeplechase.

The 2012 season saw Jessica Bollinger win an OVC title outdoors in the 10,000m while Lawson finished runner-up in both the 5000m and 10,000m. On the men's side, Mohammed Souleiman won an OVC title in the 800m while Chris Loseman earned second-team All-OVC honors after finishing runner-up in the 10,000m. Lane's athletes have combined for 10 All-OVC selections and three OVC titles in his first three seasons.

Lane returned to the Southeast program in which he interned as coach in 2008-09. That season, the Redhawk cross country teams recorded top-three finishes at the Ohio Valley Conference Championships. During that time, he received his Master's in Higher Education, finishing with a 4.0 GPA.

Prior to his coaching internship at Southeast, Lane worked as an assistant coach for the Cape Central High School cross country and track programs.

He also served as an assistant coach at his alma mater, Francis Howell North High School (2006-07). In all, Lane coached 41 All-State performers at the prep level.

Lane competed as a member Southeast cross country and track teams from 2002-2003, before an injury cut his career short. He received his undergraduate degree from Southeast in 2006, graduating magna cum laude distinction in Education.

Lane is an accomplished marathon runner. In 2008, he placed ninth at the St. Louis Marathon and in 2009, he finished 147th at the Boston Marathon.



Ryan LANE

SOUTHEAST MISSOURI STATE REDHAWKS



Matt Koelling

Assistant Coach
Jumps
Emporia State

Matt Koelling is in his fourth season as the Southeast Missouri jumps coach. In those four seasons, Koelling has transformed the Redhawks' jumps team into an elite squad in the Ohio Valley Conference.

During this time, Koelling has mentored 13 OVC Champions and 13 OVC Runner-Up finishes. His athletes have also broken six school records and he has coached 16 Southeast Top-Ten Performances in the jump events.

The 2014 season was very successful for the jumps team. Three Redhawk men walked away with gold medals at the OVC indoor and outdoor championships. Reggie Miller won the indoor high jump while Blake Smith took gold in the long jump. Freshman of the Year Chris Martin won the top-spot in the triple jump during the outdoor season. Smith and Miller each competed at the NCAA Championships; Smith for indoor and Miller for outdoor. Smith placed 14th in the long jump while Miller took 17th in the triple jump.

In 2013, Blake Carter broke the school's long jump record with a jump of 25-6. Koelling also coached Carter to a 13th Place finish in the long jump at the NCAA Indoor Championships, garnering second team All-America honors.

During the 2013 outdoor season, the Redhawks made another national appearance in the jumps. Carter placed 10th at the NCAA Outdoor Championships with a school-record long jump of 25-6 1/4, earning second team All-America honors. Miller took 17th in the high jump, earning him All-America honorable mention.

In 2012, Koelling mentored four OVC champions, three of whom were freshmen. Jacob Kent, the OVC Co-Freshman of the Year indoors, claimed the men's indoor high jump while fellow freshman Jessica Brown claimed the women's indoor long jump. Outdoors, freshman Miller took the men's high jump while Shemeika Brewer claimed the women's triple jump in her final collegiate season. The group also combined for six runner-up finishes at the OVC indoor and outdoor meets. Miller, Brewer and Carter extended their seasons further, qualifying for the NCAA West Region preliminary meet.

In his first season, Koelling led Southeast to an impressive showing in such events at the Ohio Valley Outdoor Championships in 2011. Southeast had two athletes win gold. Tyler Terry won the men's long jump and Brewer was victorious in triple jump. Koelling produced four All-OVC selections during the outdoor campaign and coached one NCAA West Preliminary qualifier in Brewer, who qualified in the triple jump

During the indoor season, Koelling led five Redhawks to all-conference honors. Southeast placed amongst the top-three in both the high jump and long jump on the men's side. The Redhawks also had two pole vaulters and one triple jumper earn All-OVC honors on the women's side.

Before arriving at Southeast Missouri, Koelling was a standout jumper at Emporia State University. While at ESU, he finished 12th in the triple jump at the 2008 NCAA D2 Outdoor National Meet and ninth in the triple jump at the 2010 NCAA D2 Indoor National Meet.

Koelling is a Certified Strength & Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA). He is also a Registered Coach through USA Track and Field and holds a USATF Level 1 Certification.



Matt KOELLING

SOUTHEAST MISSOURI STATE REDHAWKS



Miles Smith

Assistant Coach
Sprints
Southeast Missouri

Miles Smith returns as the Southeast Missouri sprints coach for a second season. Smith, who was a star for the Redhawks' track team, returned to Southeast a season ago to take over the sprint coach duties.

Smith, who competed at Southeast from 2004-08, brings his expertise to the Redhawks' sprints team. He spent the 2012-13 season as a volunteer assistant coach at Tennessee State.

In 2014, Smith mentored Blake Smith to school records in the 55m and 60m dash events during the indoor season. During the outdoor season, Smith coached newcomer Prenecia Ponds to Southeast top-ten performances in the 100m and 200m events. On the men's side, Blake Smith had a top-ten 100m performance while Chris Navarro and Mike Peters notched top-ten times in the 110m hurdles and 400m hurdles, respectively.

Smith also mentored Chris Navarro en route to Ohio Valley Conference individual championships in the indoor heptathlon and outdoor decathlon.

Last year, Smith was inducted into the Southeast Missouri Athletics Hall of Fame. Smith became the 23rd Southeast Missouri track & field athlete to be inducted into the Hall of Fame. Smith was inducted with with fellow track athlete Kathleen Hudson (1979-1981, 1983).

An argument can be made for Smith being the greatest Division I athlete Southeast has produced in any sport. A native of St. Louis, Missouri, Smith was a three-time All-American in the 400m, earning the honors in 2005, 2006 and 2008. He was named the Ohio Valley Conference's Male Track Athlete of the Year four times (2005 indoors, 2006 indoors and outdoors and 2008 indoors) and still owns Southeast school records in the 200m (indoors), 400m (indoor and outdoors) and 4x400m relay (indoors and outdoors). Southeast enjoyed tremendous team success with Smith, winning OVC outdoor championships in 2005, 2006 and 2008. He won seven individual OVC championships in his collegiate career and was named the 2006 OVC Athlete of the Championship at the OVC Indoor Track and Field Championships.

Smith was also an elite competitor on the international stage. He ran for the US National Team in the 2005 IAAF World Championships in Helsinki, Finland, where he won a gold medal with the 4x400m relay team. He also qualified for the USA Olympic Trials in both 2008 and 2012.

Smith graduated from Southeast in 2008 with a Bachelor of Science in Mass Communications.


Miles
SMITH



Madalyn Stichnot

Assistant Coach
Distance
Southeast Missouri

Madalyn Stichnot is in her first season as an assistant coach with the Redhawks. Stichnot serves as the cross country assistant coach and assists with the distance teams during the track seasons.

Stichnot joins the coaching staff after having a successful cross country and track career as a Redhawk. Stichnot was a member of the 2013 Ohio Valley Conference Indoor Championship and the 2014 Outdoor Championships teams.

A standout student, Stichnot was a Southeast Scholar-Athlete and was named to the OVC Commissioner's Honor Roll all four years.

Stichnot, who hails from Lexington, Kentucky, graduated from Southeast Missouri in 2014.

SOUTHEAST MISSOURI REDHAWKS™

WOMEN'S BIOS





Nichole Beffa

Mid-Distance
Senior
Festus, Mo.

2014 Cross Country: Did not compete.

2014 Outdoor: Competed in three meets during the outdoor season, primarily in the 800m... Ran a season-best 2:31 800m at the Red Wolf Open... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in three indoor meets... Won the 800m event at the Redhawks Invite with a time of 2:31... Helped the distance medley relay team to a second-place finish at the SEMO vs. SIUE Dual Meet with a time of 13:03.

2013 Cross Country: Did not compete.

2013 Outdoor: Ran in four meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took seventh in the 800m with a season-best 2:29.07 at the Red Wolf Open (4/26-27).

2013 Indoor: Competed in six meets… Opened the indoor season with a season-best 2:30.74 in the 800m at the EIU Early Bird (12/7).

2012 Cross Country: Did not compete.

2012 Outdoor: Competed in six meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took eighth in the 800m (2:23.77) at the Joey Haines Invitational.

2012 Indoor: Competed in seven meets… Set a career-best mark in the 200m run with a time of 28.70 at the SIU Invitational… Set a career-best mark in the 600m run with a time of 1:43.99 at the SIU Saluki Fast Start… Set a career-best mark of 2:23 in the 800m run at the OVC Indoor Championships.

2011 Cross Country: Competed in three meets during the season… Recorded a time of 21:03 and a 39th-place finish at the SIUE Cross Country Challenge.

Prep: Lettered all four year in both cross country and track… During her senior and freshman year, she was all-state track and qualified for state in both cross country and track all four years… Named Miss Cross Country and Miss Track her senior year.

Personal: Born Dec. 13, 1992… Parents are Joseph and Cheryl Beffa… Majoring in nursing.



Jessica Brown

Jumps
Senior
Memphis, Tenn.

2014 Outdoor: Competed in 10 meets during the outdoor season... Helped her 4x100m relay team finish third at the OVC Championships with a time of 46.05 seconds... Had a season-best 6.93m long jump at the Georgia Tech Invitational, placing eighth... Won the long jump with a 5.76m lead at the Joey Haines Invitational... Also won the long jump at the Memphis Invitational with a 5.44m mark... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Saw action in six indoor meets in 2014... Recorded a career-best 1.7m high jump at the OVC Championships to place sixth in the event... Also placed sixth at the OVC Championships in the long jump with a mark of 5.83m... Won the long jump with a career-best leap of 6.07m at the SEMO vs. SIUE Dual Meet.

2013 Outdoor: Competed in eight meets… Named a Southeast Scholar-Athlete… Scored in both the long jump (fourth; 18-9 1/4) and high jump (sixth; 5-5 3/4) at the OVC Outdoor Championships (5/3-4)… Won the long jump at the Red Wolf Open (4/26-27)… Cleared a season-best 19-2 in the long jump at the Georgia Tech Invitational (5/10-11).

2013 Indoor: Competed in seven meets… Earned second-team All-OVC honors after finishing runner-up in the long jump (season-best 18-10 1/2) at the OVC Indoor Championships (2/22-23)… Also placed fifth in the high jump (5-3 1/4) at the conference meet… Notched a season-best 35-10 in the triple jump (11th) at the conference meet.

2012 Outdoor: Competed in nine meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Posted three top-four finishes at the OVC Outdoor Championships, taking third in the long jump (19-1 1/4), fourth in the high jump (career-best 5-6) and fourth in the triple jump (career-best 39-3 3/4)… Named OVC Co-Field Athlete of the Week after winning the long jump (career-best 19-2 1/2) and finishing second in the triple jump (37-3) at the Joey Haines Invitational.

2012 Indoor: Competed in six meets… OVC Champion in the long jump with a mark of 19–0 1/2… Earned a first-place finish in the long jump at 19–0 1/2 at the Redhawks Invitational… Recorded a career-best time of 8.41 in the 60m dash at the Illini Classic.

Prep: Graduate of White Station High School… Lettered all four years… Had a career best in triple jump (38.15)… Won the state championship in the triple jump and 4 x 400 relay… Was a Pepsi's Memphis Best of the Best finalist… Also participated in basketball.

Personal: Daughter of Danny and Jocelyn Brown… Born Jan. 24, 1993… Majoring in nursing.



Mary Dohogne

Distance
Senior
Cape Girardeau, Mo.

2014 Cross Country: Competed in all seven meets of the 2014 season... Finished 13th at the Gabby Reuveni Early Bird with a time of 15:27... Took 22nd at the Saluki Invitational in 20:21... Finished 38th at the OVC Championships with a time of 18:49.

2014 Outdoor: Competed in five meets... Ran a career-best 5000m race at the OVC Championships with a time of 18:39, finishing 16th... Also ran a season-best steeplechase at the OVC Championships with a time of 11:23, finishing eighth... Finished fourth in the javelin at the Joey Haines Invitational with a season-best toss of 30.62m... Recipient of the OVC Medal of Honor... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Saw action in six indoor meets... Ran a career-best mile in a time of 5:06 at the OVC Indoor Championships, placing fifth... Won the mile race at the Redhawks Invite with a time of 5:11... Helped the distance medley relay team to a fourth-place finish at the OVC Championships... Ran a career-best 3000m at the SIU Invitational, finishing eighth.

2013 Cross Country: Competed in six meets... Placed fifth at the SIUE Cross Country Challenge (9/13) in 19:05... Her best 6k time of the season came at the Louisville Classic (10/5) when she ran the course in 19:03... Placed 27th at the OVC Championship (11/2) in a time of 19:17.

2013 Outdoor: Competed in seven meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took fifth in the 3000m steeplechase (11:28.68) and eighth in the javelin (career-best 110-2) at the OVC Outdoor Championships (5/3-4)… Finished the steeplechase in a career-best 11:06.68 at the Louisville Twilight (5/10).

2013 Indoor: Ran in eight meets… Took sixth in the mile run (career-best 5:10.97) at the OVC Indoor Championships (2/22-23)… Also ran a leg on the distance medley relay team, which took eighth with a time of 12:36.55, at the conference meet.

2012 Cross Country: Competed in all regular season meets during the 2012 season… Best finish for a 5K was at the OVC Championships, where she finished 51st with a time of 19:10.31.

2012 Outdoor: Ran in six meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took second in the steeplechase (12:03.18) at the Joey Haines Invitational… Competed in the javelin and steeplechase at the OVC Outdoor Championships.

2012 Indoor: Competed in five meets… Ran a leg in the fourth-place distance medley (12:36.91) relay team at the OVC Indoor Championships… Recorded a career-best mark of 3:08.96 in the 1000m at the Redhawks Invitational, earning a first-place finish… Earned a career-best time of 5:23.56 in the mile run at the OVC Indoor Championships.

2011 Cross Country: Competed in all meets during the season… Recorded a season-best time of 20:47 at the Greater Louisville Classic where she placed 189th… Placed 58th at the OVC Championships.



Sarah Hall

Throws
Senior
Columbia, Mo.

2014 Outdoor: Competed in nine meets... Had a career-best performance in the discus at the OVC Championships with a toss of 44.64m finishing as the runner-up... Threw a career-best 55.71 in the hammer throw at the War Eagle Meet, placing third... Also had a career-best in the javelin at the Red Wolf Open... Finished third in the shot put at the OVC Championships with a toss of 14.32m... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Saw action in six meets... Had a career day at the Redhawks Invite, setting new career-bests in the shot put (14.45m) and the weight throw (17.29m)... Finished fourth in the shot put at the OVC Championships.

2013 Outdoor: Threw in nine meets… Named a Southeast Scholar-Athlete… Member of the OVC Commissioner's Honor Roll… Scored in three events: the shot put (fourth; 43-5 1/4), discus (fourth; 132-2) and hammer throw (fifth; 163-5) at the OVC Outdoor Championships (5/3-4)… Tossed a season best in both the hammer throw (168-1) and discus (139-8), finishing eighth in both events at the Joey Haines Invitational (4/5-6)… Took third in the shot put (season-best 47-2 1/4) at the Oliver Nickoloff Invitational (3/30).

2013 Indoor: Competed in seven meets… Scored in both the shot put (third; 45-10 1/2) and weight throw (seventh; 53-1 1/2) at the OVC Indoor Championships (2/22-23)… Tossed a season-best 55-2 3/4 in the weight throw to take 11th at the Samford Multi Invitational (2/8-9)… Won the shot put with a season-best 46-7 1/2 at the Indiana Relays (1/25-26).

Prior to Southeast: Attended Georgia Southern University... All-Southern Conference Freshman Team Selection.

Prep: Graduate of Columbia Hickman High School... Women in Sports Award Winner... Hickman Female Athlete of the Year... Won district title in shot put all four of her high school seasons... Earned a state championship in shot put her junior season and set school record in shot put and discus during her junior campaign.

Personal: Born March 31, 1993… Daughter of Jarvis and Carol Hall… Pursuing a degree in Secondary Education-English.



Ahshane Johnson

Jumps
Senior
Moberly, Mo.

2014 Outdoor: Competed in eight meets in her first year with the Redhawks... Set a career-best triple jump at the Joey Haines Invitational with a leap of 12.32m, winning the event... Finished second in the triple jump at the Memphis Invitational with a mark of 11.99m... Her season-best long jump came at the Red Wolf Open when she recorded a 5.7m jump, placing fifth... Placed eighth in the triple jump at the OVC Championship with a lead of 11.99m.

2014 Indoor: Saw action in six indoor meets... Placed second at the Saluki Fast Start Meet in the triple jump with a leap of 12.23m, a season-best... Had two triple jumps of 11.49m at the SEMO vs. SIUE Dual Meet and the SIU Invitational... Finished eighth in the triple jump and ninth in the long jump at the OVC Championships.

Prep: Graduated from Moberly High School.

Personal: Born Jan. 10, 1992... Daughter of Niesha Smith... Majoring in Social work.

SOUTHEAST MISSOURI STATE REDHAWKS



Rebekah Lawson

Distance
Senior
Fenton, Mo.

2014 Cross Country: Lawson capped off a tremendous cross country career when she earned First Team All-OVC honors at the OVC Championships with a 7th place finish in 17:42... Lawson earned First Team All-OVC honors all four years of her career; the only female Redhawk to do so... Started the season off with a 4th-place finish at the Gabby Reuveni Early Bird with a time of 14:47... Followed that up with top ten finishes at the Forest Park Cross Country Festival and the Saluki Invitational... Finished 14th at the Bradley Classic, earning her OVC Runner of the Week Honors.

2014 Outdoor: Competed in five outdoor meets... Ran a 10:20 in the 3000m race at the Memphis Invitational, finishing fifth... Won the 5000m race at the Joey Haines Invitational with a time of 17:36... Was the top-finisher at the Kansas Relay in the 10K race in 36:10, a season best and only two seconds behind her career-best... Finished fourth in the 10K at the OVC Championships... Finished 12th in the 5000m race... Recipient of the OVC Medal of Honor... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Ran in five meets during the indoor season... Set a career-best mile time of 5:29 at the SIU Invitational... Finished third in the 5000m race at the Indiana Relays... Finished the 5K race at the OVC Championships in sixth-place.

2013 Cross Country: Led the Redhawks in all six meets Lawson competed in during the 2013 season... Placed first at both the Washington Early Bird (8/31) and the SIUE Cross Country Challenge (9/13)... Ran the fasted 6k in the OVC at the Bradley "Pink" Classic in a time of 21:20; placing ninth... Earned All-OVC honors with a second place finish at the OVC Championships (11/2) in a time of 17:49... Earned OVC Female Runner of the Week twice (Sept. 3, Oct. 22)... Also named one of six winners of the prestigious OVC Scholar-Athlete Award during the 2013 Cross Country season.

2013 Outdoor: Ran in seven meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took fourth in the 5000m (17:44.85) at the OVC Outdoor Championships (5/3-4)… Clocked a career-best 16:54.85 to finish fifth in the 5000m at the Vanderbilt Invitational (4/19-20)… Notched four top-three finishes.

2013 Indoor: Raced in seven meets… Earned second-team All-OVC honors after finishing runner-up in the 5000m, breaking the indoor school record with a time of 17:28.21, at the OVC Indoor Championships (2/22-23)… Also took fourth in the 3000m (career-best 10:03.46) at the conference meet… Finished first or second four times… First-place finishes came in the 3000m (10:22.67) at the EIU Early Bird (12/7) and the 3000m (10:48.69) against SIU Edwardsville (2/1).

2012 Cross Country: Competed in all regular season meets during the 2012 season… Best finish for a 5K was at the OVC Championship (10/27), where she finished 7th with a time of 17:33.84 to earn first-team All-OVC honors… Led the Redhawks in all six meets she competed in during the season… Had three top-ten finishes during the season.

2012 Outdoor: Ran in seven meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Earned second-team All-OVC honors following second-place finishes in both the 5000m (18:21.81) and 10,000m (38:25.72) at the OVC Outdoor Championships (5/4-5)… Received the OVC Medal of Honor… Won the 5000m (17:54.68) at the Joey Haines Invitational (17:54.68)… Finished first or second in five races.

2012 Indoor: Competed in four meets… Took ninth in the 3000m (10:48.28) at the SIU Saluki Open… Recorded a career-best mark of 5:31.97 in the mile run at the Hoosier Hills.

2011 Cross Country: Competed in all meets during the season… Named to the All-OVC first team… Named Female OVC Runner of the Week for the week of September 27th… Finished sixth at the OVC Championships… placed in the top 10 in four of seven meets.

Prep: Three-sport athlete in Rockwood Summit High School… Ran cross country and track and was also on the swim team.

Personal: Born April 6, 1993… Daughter of Clarence Lawson and Angela Burrus… Majoring in dietetics.



Gloria Westlake

Distance
Senior
St. Peters, Mo.

2014 Cross Country: Ran in all seven meets of the 2014 season... Posted three top-ten finishes... Finished fifth at the Gabby Reuveni Early Bird in 14:52... Finished 10th at the Forest Park Cross Country Festival and ninth at the Saluki Invitational... Was Southeast's top-finisher at the Louisville Classic in 84th-place... Earned Second Team All-OVC honors with a 12th-place finish in 17:57... Her time of 21:30 at the Midwest Regional was top-five in school history.

2014 Outdoor: Ran in five outdoor meets... Set a new career-best time in the 5000m race at the Kansas Relays with a time of 17:35, finishing seventh... Finished second in the 5K at the Joey Haines Invitational in a time of 17:54... At the OVC Championships, she finished eighth in the 5000m (18:06) and fifth in the 10K (36:52)... Her 36:52 10K ranks ninth in Southeast's top-ten list... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in five meets... Set a new career mile time at the SIU Invitational with a time of 5:17... Had a career performance at the OVC Championships in the 3000m with a time of 10:23, finishing ninth... Finished third in the 5000m race at the OVC Championship with a time of 17:44... Won the 5K at the Indiana Relays in 17:38.

2013 Cross Country: Competed in the last four meets of the season... Placed 20th at the Saluki Invitational (9/21) with a time of 19:33... Placed 16th at the OVC Championship (11/2) with a time of 19:01.

2013 Outdoor: Ran in seven meets… Named a Southeast Scholar-Athlete… Earned the OVC Medal of Honor and Placed on the OVC Commissioner's Honor Roll… Ran a career-best 17:55.50 to take fifth in the 5000m at the Louisville Twilight (5/10)… Took fourth in the steeplechase (11:23.88) at the OVC Outdoor Championships (5/3-4)… Finished the steeplechase in a career-best 11:20.86 (fifth place) at the Vanderbilt Invitational (4/19-20).

2013 Indoor: Raced in four meets… Took third in the 3000m (11:47.40) at the Redhawks Invitational (2/15)… Notched season-bests in both the 3000m (13th; 10:40.33) and 5000m (12th; 18:29.78) at the OVC Indoor Championships (2/22-23).

2012 Cross Country: Competed in all regular season meets during the 2012 season… Best finish for a 5K was at the OVC Championship, where she finished 25th with a time of 18:26.38… Had two top-ten finishes during the season.

2012 Outdoor: Ran in six meets… Received the OVC Medal of Honor… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Won the steeplechase (11:45.58) at the Joey Haines Invitational… Took fourth in the steeplechase (11:39.80) at the OVC Outdoor Championships (5/4-5)… Posted three top-five finishes.

2012 Indoor: Competed in four meets… Best finish was ninth place in the 5000m (18:25.25) at the OVC Indoor Championships… Earned a career-best mark of 5:32.61 in the mile run at the SIU Saluki Open.

2011 Cross Country: Competed in all meets during the season… Recorded a season best time of 18:50 at the Greater Louisville Classic where she placed 32nd… Earned a top 10 finish at the SIUE Cross Country Challenge… Placed 19th at the OVC Championships.

Prep: Ran cross country and track in high school.

Personal: Born July 22, 1993… Daughter of Don and Lois Westlake… Majoring in dietetics.



Kim Moye

Jumps
Senior
St. Louis, Mo.

2014 Outdoor: Competed in eight outdoor meets competing mainly in the triple jump... Recorded a career-best 12.34m triple jump at the OVC Championship en route to a bronze medal... Once again took third at the Joey Haines Invitational with a leap of 11.84m.

2014 Indoor: Saw action in six indoor meets... Competed in the pentathlon at the OVC Championships, coming in 12th-place... Won the 55m hurdles race at the Redhawks Invite with a time of 9.06... Took third in the triple jump at the Redhawks Invite with a jump of 11.59m.

2013 Outdoor: Competed in five meets… Placed fifth in the triple jump (season-best 37-10) at the OVC Outdoor Championships (5/3-4)… Took second in the triple jump (37-1 3/4) at the SIUE Cougar Invitational (3/23).

2013 Indoor: Competed in seven meets… Took third in the triple jump (career-best 38-9 1/2) at the OVC Indoor Championships (2/22-23)… Won the triple jump (38-0 1/4) at the Redhawks Invitational (2/15).

2012 Outdoor: Competed in seven meets… Scored with career-bests in both the long jump (fourth; 19-0 3/4) and triple jump (fifth; 38-9) at the OVC Outdoor Championships… Posted six top-10 finishes… Highest place was third in both the long jump (17-9 3/4) and triple jump (35-9 1/2) at the Joey Haines Invitational… Named a Southeast Scholar-Athlete.

2012 Indoor: Competed in six meets… Earned a season-best jump of 17-0 3/4 at the Redhawks Invitational in the long jump… Earned a season-best jump of 37-1 1/4 in the triple jump at the SIU Saluki Fast Start.

Prep: Graduate of Hazelwood Central High School… Team captain junior and senior year… Earned All-State honors in both triple jump and 4x200…Was a member of the St. Louis Blues track club.

Personal: Daughter of Leonard and Theresa Moye… Born May 20, 1993… Majoring in nursing.



Ayonna Cartwright

Sprints
Junior
Kansas City, Mo.

2014 Outdoor: Ran in seven meets... Set new career-bests in the 100 and 200m events at the end of the season... Took second at the Sam Williams Twilight Qualifier in the 100m dash with a time of 12.17 seconds... Set a new career 200m time of 25.02 at the Georgia Tech Invitational... The 4x100 relay team finished third at the OVC Championships with a time of 46.05 seconds... Finished fourth in the 100m dash at the OVC Championships with a mark of 12.07 seconds.

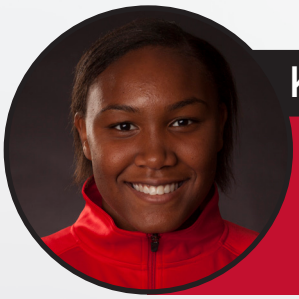
2014 Indoor: Competed in seven indoor meets... Won the 55m dash at the Redhawks Invite in 7.07 seconds... Finished second in the 60m dash at the SEMO vs. SIUE Dual Meet... The 4x400 relay team took second in the same meet with a time of 3:59.

2013 Outdoor: Ran in seven meets… Named a Southeast Scholar-Athlete… Part of the fifth-place 4x100m relay team (47.72) at the OVC Outdoor Championships (5/3-4)… Crossed the line in a season-best 12.61 in the 100m (third) at the Red Wolf Open (4/26-27).

2013 Indoor: Competed in five meets… Took second in the 60m (7.75/season-best 7.66 prelims) at the EIU Early Bird (12/7).

Prep: Graduate of University Academy… Was district champion in 100m, 200m, 400m… Was sectional champion in the 100m and 200m… Was a state runner-up in 100m… Is record holder in 100m, 200m, and 400m… Also played volleyball and basketball… Was first team all-district in basketball and was the first player in school history to score over 1000 points.

Personal: Born Nov. 9, 1992… Daughter of LaDonna Cartwright.



Kayla Gutierrez

Throws
Junior
Kirkwood, Mo.

2014 Outdoor: Names 2014 OVC Field Athlete of the Year... Was named OVC Field Athlete of the Week two weeks in a row (April 23 and 30)... Broke the school record in the hammer throw with a toss of 58.3m (191'3") at the War Eagle Meet... Competed in nine meets... Set new career highs in all three of her events... Her new shot put record came at the Georgia Tech Invitational with a toss of 14.38m... Set a discus PR at the Red Wolf Open with a mark of 52.32m... Was the OVC Champion in the discus with a toss of 49.66m... Was the runner-up in the hammer throw at the OVC Championship.

2014 Indoor: Competed in six indoor meets... Set a new school record in the weight throw at the Redhawks Invite with a toss of 19.99m (65'7")... Was the OVC Champion in the weight throw with a toss of 19.35m... Was named OVC Field Athlete of the Week on Feb. 26... Set a season-best in the shot put at the OVC Championships with a heave of 13.72m to finish third in the event.

2013 Outdoor: Threw in nine meets… Named a Southeast Scholar-Athlete… Scored in three events: the hammer throw (fourth; 164-0), discus (seventh: 129-0) and shot put (eighth; 40-10 1/2) at the OVC Outdoor Championships (5/3-4)… Launched a season-best hammer throw of 174-11 at the SIUE Cougar Invitational (3/23), placing third in the event… Finished second in the discus (season-best 142-10) at the Sea Ray Relays (4/11-13).

2013 Indoor: Competed in seven meets… Finished third in the weight throw (57-5) at the OVC Indoor Championships (2/22-23)… Tossed a season-best 58-1 to take fourth in the weight throw at the Redhawks Invitational (2/15)… Finished fourth in the shot put with a season-best 44-5 1/4 at the Indiana Relays (1/25-26).

Prep: Attended Kirkwood High School… Lettered three years in track… Was a state qualifier Junior and Senior seasons in discuss and shot put… Also played volleyball.

Personal: Born Jan. 29, 1993… Daughter of Velkys Gutierrez… Pursuing a degree in Forensic Science and Music/Language.



Haley Holton

Pole Vault
Junior
O'Fallon, Ill.

2014 Outdoor: Did not compete.

2014 Indoor: Did not compete.

2013 Outdoor: Competed in five meets… Named a Southeast Scholar-Athlete… Finished seventh in the pole vault (season-best 11-5 3/4) at the OVC Outdoor Championships (5/3-4)… Matched her outdoor best of 11-5 3/4 in the pole vault in the Joey Haines Invitational (4/5-6), where she took fourth.

2013 Indoor: Competed in six meets… Placed seventh in the pole vault (11-1 3/4) at the OVC Indoor Championships (2/22-23)… Cleared a season-best 11-6 1/2 in the pole vault, taking sixth, at the Redhawks Invitational (2/15).

Prior to Southeast: Attended University of Missouri… Redshirted indoor season… Competed in three outdoor meets.

Prep: Attended O'Fallon Township High School… Lettered all four years in high school… Earned all conference and all-area selection all four years of high school.

Personal: Born October 16, 1992… Daughter of Alan and Kimberly Holton… Pursuing a degree in Physical Education.



Chante Mosby

Jumps
Junior
Belleville, Ill.

2014 Outdoor: Competed in only two meets... Finished fourth in the fourth at the Red Wolf Open in the high jump with a height of 1.66m... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in seven meets in the indoor season... Won the high jump at the Redhawks Invite with a leap of 1.66m... Won the event at the SEMO vs. SIUE Dual Meet with a mark of 1.65m... Had the same height jump at the OVC Championships to earn eighth place.

2013 Outdoor: Competed in seven meets… Named a Southeast Scholar-Athlete… Cleared a season-best 5-2 1/4 to take fifth in the high jump at the SIUE Cougar Invitational (3/23), her first collegiate meet.

2013 Indoor: Did not compete.

Prep: Graduate of Belleville East High School... Four-time all-conference section in track and field... Earned a state title in the 4x200 rely her senior season... Also lettered in volleyball where she was named third-team all-conference... Member of the Sahers Track Club... Also excelled in the classroom with a 3.80 GPA.

Personal: Born Dec. 11, 1993… Daughter of Raymond and Trudy Mosby… Pursuing a degree in Early Childhood Education.



Alyssa Rebecca

Distance
Junior
Wildwood, Mo.

2014 Outdoor: Ran in six meets... Set a new PR at the OVC Championships in the 1500m race with a time of 4:43, earning ninth place... The 4x1600 relay team finished third at the Kansas Relays with a time of 21:48... Finished the 1500m race at the Joey Haines Invitational in fourth place in 4:50.

2014 Indoor: Competed in only three indoor meets... Finished second in the 800m at the Redhawks Invite in 2:31... The distance medley relay team finished fourth at the OVC Championship with a time of 12:30.

2013 Cross Country: Did not compete.

2013 Outdoor: Ran in six meets… Named a Southeast Scholar-Athlete… Took sixth in the 800m (2:15.79) finals at the OVC Outdoor Championships (5/3-4) after finishing the prelims in a career-best 2:14.24… Also ran with the third-place 4x400m relay team (3:50.07) at the conference meet.

2013 Indoor: Raced in six meets… Took third in the 600m (1:42.95) in a dual against SIU Edwardsville (2/1)… Notched a second-place finish in the 800m (2:22.78) at the Redhawks Invitational (2/15)… Placed sixth in the 800m (indoor-best 2:17.55) at the OVC Indoor Championships (2/22-23)… Also ran a leg with the seventh-place 4x400m relay (3:56.59) and eighth-place distance medley relay (12:36.55) teams at the conference meet.

2012 Cross Country: Did not compete.

Prep: Graduate of Eureka High School… Twelve-time all -state selection… Two-time state champion in relays earning 4x800 crowns in freshman and junior seasons… Earned a second-place finish in state cross country meet in 2009… During her senior season earned third-place finish in 800m run.

Personal: Daughter of Steve and Michelle Rebecca.



Kristen Richardet

Distance
Junior
Jackson, Mo.

2014 Cross Country: Competed in all seven meets in 2014... Finished 28th at the season opener at the Gabby Reuveni Early Bird... Took 17th at the Saluki Invitational in 20:09... Finished 47th at the OVC Championships with a time of 19:08.

2014 Outdoor: Ran in four meets... Took fifth-place at the Joey Haines Invitational in the 5000m with a time of 18:54... Helped the 4x400 relay team take fifth at the Joey Haines Invitational.

2014 Indoor: Did not compete.

2013 Cross Country: Did not compete.

2013 Outdoor: Raced in four meets… Clocked a season-best 5000m time of 19:08.33 at the Vanderbilt Invitational (4/19-20).

2013 Indoor: Did not compete.

2012 Cross Country: Did not compete.



Macy Ritter

Jumps
Junior
Sullivan, Mo.

2014 Outdoor: Competed in six meets... Took third-place in the heptathlon at the OVC Championships with 4,506 points; winning the high jump during the heptathlon... Finished the high jump event in second place at the OVC Championships... Won the high jump at the Joey Haines Invitational with a jump of 1.6m... Took second-place at the Joey Haines Invitational in the 100m hurdles.

2014 Indoor: Competed in six indoor meets... Finished 10th in the heptathlon at the OVC Championships... Set a new PR in the long jump at the SEMO vs. SIUE Dual Meet with a 5.67m leap... Finished fourth in the high jump at the Indiana Relays with a mark of 1.6m.

2013 Outdoor: Competed in seven meets… Named a Southeast Scholar-Athlete… Finished fifth in the high jump (season-best 5-5 3/4) at the OVC Outdoor Championships (5-3/4)… also part of the Redhawks' fifth-place 4x100m relay team (47.72) at the conference meet… Cleared a season-best 18-0 1/2 in the long jump at the Joey Haines Invitational (4/5-6), where she finished sixth.

2013 Indoor: Competed in six meets… Narrowly missed scoring in the triple jump (ninth; season-best 36-11 1/2) at the OVC Indoor Championships (2/22-23)… Cleared a season-best 5-3 3/4 in the high jump at the Samford Multi Invitational (2/8-9), finishing 13th.

Prep: Graduate of Sullivan High School... Helped her team to a third-place finish in the State Track and Field Meet... Won state long jump championship and took fourth in triple jump during her senior season... During her high school career she took 16 conference championships.

Personal: Born Dec. 29, 1993… Daughter of David and Lee Ritter.



Lindsey Seabaugh

Distance
Junior
Cape Girardeau, Mo.

2014 Cross Country: Ran in all but one meet in 2014... Finished 26th at the Gabby Reuveni Early Bird with a time of 15:49... Finished 15th in Carbondale, Illinois in the Saluki Invitational in 19:41... Took 53rd-place at the OVC Championships with a time of 19:20.

2014 Outdoor: Ran in five meets... Finished third in the 5K race at the Joey Haines Invitational in 18:36, a season-best... Finished 15th in the steeplechase at the OVC Championships... Finished ninth in the 3000m race at the Memphis Invitational.

2014 Indoor: Competed in five indoor meets... Set a new PR in the 5000m at the OVC Championships, finishing 11th in 18:10... Finished fifth in the mile at the SEMO vs. SIUE Dual Meet in 5:38.

2013 Cross Country: Competed in six meets in 2013...Placed 11th at the SIUE Cross Country Challenge (9/13)... Finished in 46th-place at the OVC Championships (11/2) with a time of 19:44.

2013 Outdoor: Raced in three meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took ninth with in the 10,000m (40:04.06) at the OVC Outdoor Championships (5/3-4)… Finished the 5000m in a season-best 18:54.40 at the Vanderbilt Invitational (4/19-20).

2013 Indoor: Ran in seven meets… Ran a season-best 19:15.40 in the 5000m, which was good for 17th, at the OVC Indoor Championships (2/22-23).

2012 Cross Country: Competed in five meets… Best 5K time was 18:50.2, good for 40th at the OVC Championships (10/27)… Took 12th with a time of 19:37.2 at the SIUE Challenge (9/14)

Prep: Lettered all four years in cross country and track and field… Team finished seventh in the state in 2010… Finished first or second in every race she ran her senior year… Earned the team's leadership award twice… Logged the most miles on the team each of her last three years… Made the honor roll all four years.

Personal: Born Feb. 24, 1994… Parents are Randy and Emma Seabaugh.



Jovannie Spears

Sprints
Junior
Chicago, Ill.

2014 Outdoor: Ran in five meets... Set a new PR in the 400m at the Red Wolf Open in 57.20 seconds, placing seventh... Helped the 4x400 relay team finish fourth at the OVC Championships.

2014 Indoor: Competed in six meets... Finished second in the 200m at the Redhawks Invite with in season-best 26.93 seconds... Finished second in the 600m at the Saluki Fast Start with a time of 1:40... Helped the 4x400 relay team take second place at the SEMO vs. SIUE Dual Meet.

2013 Outdoor: Ran in seven meets … Named a Southeast Scholar-Athlete … Part of Southeast's third-place 4x400m relay team (3:50.07) at the OVC Outdoor Championships (5/3-4) … Ran an outdoor-best 27.12 to take ninth in the 200m at the Lenny Lyles-Clark Wood Invitational (4/19) … Took eighth in the 400m (season-best 58.31) at the Joey Haines Invitational (4/5-6)

2013 Indoor: Competed in six meets… Part of the Redhawks' seventh-place 4x400m relay team (3:56.59) at the OVC Indoor Championships (2/22-23)… Took third in the 200m (season-best 26.32) and 400m (1:03.06) at the Indiana Relays (1/25-26)… Ran a season-best 1:01.59 in the 400m prelims at the conference meet.

Prep: Attended Prospective Leadership Academy… lettered all four years in high school… Senior year won fourth place in state championships in the indoor 4x400m relays… was also captain of the track team and was on the Dean's List all four years of high school.

Personal: Born July 14, 1993… Daughter of Michael Spears and Denise Avrett… Pursuing a degree in Accounting.



Maria Trowbridge

Distance
Junior
Meshoppen, Pa.

2014 Cross Country: Competed in only one meet... Finished 70th at the Gabby Reuveni Early Bird in 17:36 to begin the season.

2014 Outdoor: Did not compete... Recipient of the OVC Medal of Honor... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Did not compete.

2013 Cross Country: Competed in four meets in 2013...Finished 22nd at the SIUE Cross Country Challenge (9/13) with a time of 20:18.

2013 Outdoor: Raced in seven meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took sixth in the steeplechase (11:33.43) at the OVC Outdoor Championships (5/3-4)… Took fourth in the steeplechase with a season-best 11:14.81 at the Vanderbilt Invitational (4/19-20)… Ran the 5000m in 18:49.10, good for 11th at the Sea Ray Relays (4/11-13)… Won the steeplechase (11:46.28) at the Joey Haines Invitational (4/5-6).

2013 Indoor: Competed in seven meets… Won the 3000m (11:27.67) at the Redhawks Invitational (2/15)… Ran a season-best 10:25.25 in the 3000m at the Samford Multi Invitational (2/8-9)… Was near her season-best time in the 3000m (10:26.27) at the OVC Indoor Championships (2/22-23), where she took ninth.

2012 Cross Country: Ran in five meets… Finished the 5K in a season-best 18:53.2 at the OVC Championships (10/27).

Prep: Lettered and cross country, swimming and track and field… Cross country team won a state title in 2010 and finished runner-up in 2011… Class president who graduated with a perfect 4.0 GPA.

Personal: Born Nov. 13, 1993… Parents are Gene and Valerie Trowbridge.



Cheyenne Tunti

Sprints
Junior
Surrey, B.C.

2014 Outdoor: Competed in seven meets... Finished fourth in the 400m with a PR time of 55.52 seconds at the OVC Championships... Helped the 4x100 and 4x400 relay teams to two top-four finishes at the OVC Championships... Won the 400m race at the Joey Haines Invitational in 56.4 seconds... The 4x100 relay team won the race at the Memphis Invitational in 48.44 seconds.

2014 Indoor: Competed in six indoor meets... Won the 200m race at the Redhawks Invite in a time of 26:55, an indoor-best.

2013 Outdoor: Competed in six meets… Named a Southeast Scholar-Athlete… Member of the Redhawks' third-place 4x400m relay team (3:50.07) at the OVC Outdoor Championships (5/3-4)… Placed third in the 400m (season-best 56.41) at the Joey Haines Invitational (4/5-6)

2013 Indoor: Ran in seven meets… Scored as a member of both the 4x400m (seventh; 3:56.59) and distance medley (eighth; 12:36.55) relay teams at the OVC Indoor Championships (2/22-23)… Ran an indoor-best 58.18 in the 400m, taking 19th at the Samford Multi Invitational (2/8-9).

Prep: Attended Kwantlen Park Secondary School in British Columbia… Was the top female athlete and ran in the 200m, 400m, 4x100m relays, and the 4x400m relays… Was a honor roll student all through high school.

Personal: Born April 4, 1994… Daughter of Solomon and Shannon Tunti.

SOUTHEAST MISSOURI STATE REDHAWKS



Laura Chavez

Distance
Sophomore
Cape Girardeau, Mo.

2014 Cross Country: Competed in three meets... Placed 46th at the Forest Park Cross Country Invitational with a time of 19:36... Finished 25th at the Saluki Invitational in 20:39.

2014 Outdoor: Did not compete... Southeast Scholar-Athlete.

2014 Indoor: Competed in only one meet... Finished seventh at the SEMO vs. SIUE Dual Meet in the 5000m with a time of 19:58.

2013 Cross Country: Competed in all but one meet in 2013... Placed ninth at the SIUE Cross Country Challenge (9/13) in 19:15... Placed 31st at the OVC Championship (11/2) with a time of 19:24.

2013 Outdoor: Raced in three meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took 10th in the 5000m (19:53.29) at the Joey Haines Invitational… Crossed the finish line in a season-best 19:48.10 in the 5000m at the Vanderbilt Invitational (4/19-20).

2013 Indoor: Ran in five meets… Took eighth in the 3000m, notching a season-best time of 11:21.65, in a dual against SIU Edwardsville (2/1).

2012 Cross Country: Competed in five meets… Took 44th with a season-best time of 18:56.2 at the OVC Championships (10/27).

Prep: Earned three letters in track and field and cross country… Qualified for the state meet three times… Earned all-conference honors on three occasions.

Personal: Born Feb. 18, 1994… Parents are Luis and Laura Chavez.



Madaline Gaul

Distance
Sophomore
Swansea, Ill.

2014 Cross Country: Competed in only two meets in 2014... Finished 76th at the Forest Park Cross Country Festival (9/12) with a time of 23:06.

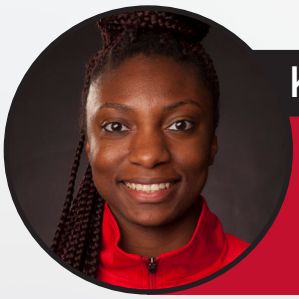
2014 Outdoor: Competed in two meets... Helped the 4x400 relay team to a fourth-place finish at the Joey Haines Invitational... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Did not compete.

2013 Cross Country: Competed in three meets in 2013.

Prep: Graduated from Belleville East High School in 2013… Captain of the cross country team her senior year… Also ran 800 meter and 4x800 events on the track team… PR for cross country was 20:51… Qualified for 3A sectional meet all three years of her track career… Honored with the Student Achievement Award all four years of high school.

Personal: Born Aug. 6, 1995… Daughter of Pat and Cindy Gaul… Majoring in Communication Disorders.



Kayla Heidelberg

Sprints
Sophomore
St. Louis, Mo.

2014 Outdoor: Did not compete.

2014 Indoor: Competed in five indoor meets... Finished sixth in the 60m dash at the Saluki Fast Start in her NCAA debut with a time of 7.68, a personal best time... Finished third in the 60m hurdles at the SEMO vs. SIUE Dual Meets with a time of 9.64.

Prep: Graduated from University City High School.

Personal: Born December 12, 1993... Daughter of Jessie and Rosalyn Heidelburg.



Chelsea Miller

Sprints
Sophomore
Waltonville, Ill.

2014 Outdoor: Competed in seven outdoor meets... Set a new PR in the 100m at the Joey Haines Invitational, finishing seventh... Finished third in the 4x100 relay at the OVC Championship with a time of 46.05... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in four meets... Finished third in the 200m at the Redhawks Invite in 26.95.

Prep: Lettered all four years in high school... Won the state championship in the 200 meter dash... Placed second in 100 meter dash her senior year.

Personal: Born Jan. 19, 1995... Daughter Karl and Michelle Miller... Majoring in Public Relations.



Megan Parks

Distance
Sophomore
Bonne Terre, Mo.

2014 Cross Country: Saw action in all seven meets of the 2014 season... Had two 8th-place finishes, once at the Gabby Reuveni Early Bird and the second at the Saluki Invitational... Took 41st at the Bradley Classic with time of 22:11... Finished 17th at the OVC Championships with a mark of 18:12.

2014 Outdoor: Competed in five meets... Helped the 4x400 relay team to a fourth-place finish and the 4x1600 relay team to a third-place finish at the OVC Championships... Ran a 2:18 800m race at the OVC Championships... OVC Medal of Honor recipient... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in six meets... Won the 400m at the Redhawks Invite with a time of 1:02... Won the 800m at the SEMO vs. SIUE Dual Meet with a time of 2:31... Helped the distance medley relay team to a fourth-place finish at the OVC Championship.

2013 Cross Country: Competed in five meets in 2013... Placed 12th at the SIUE Cross Country Challenge... Finished 51st at the OVC Championships (11/2) with a time of 19:55.

Prep: Graduated from North County High School in Bonne Terre, Mo. in 2013… Lettered all four years as a mid-distance runner… PR for in the 400 meter event was 59.36 seconds and 800 meter was 2:22; both a school record… Earned all-conference and all-district honors in both events as well as qualified for the state championships… Earned Distance Runner of the Year all four years… Also a stand-out softball player earning all-conference and all-district honors… Excelled in the classroom as a member of National Honors Society and graduated in the top ten of her class.

Personal: Born Feb. 26, 1995… Daughter of Tom and Stephanie Parks… Sister Alison runs for the Southeast Missouri track team... Majoring in Exercise Science.



Abi Sowash

Jumps
Sophomore
Highland, Ill.

2014 Outdoor: Competed in the high jump at six meets... Had an outdoor-best height of 1.61m at the Red Wolf Open... Finished ninth at the OVC Championships with a height of 1.60m... Recipient of the OVC Medal of Honor... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in six indoor meets... Set a new PR of 1.66m at the Redhawks Invite en route to a top-finish... Had a jump of 1.65m at the OVC Championships, finishing 10th.

Prep: Lettered all four years at Triad High School in the high jump... Set a school record in the high jump at 5' 6"... Conference champion all four years... Qualified to the state championship her senior and junior seasons... Also participated in dance and cheer leading in high school.

Personal: Born Sept. 10, 1994... Daughter of Emmette and Jean Sowash... Nursing major.



Angela Sumner

Distance
Sophomore
Wildwood, Mo.

2014 Cross Country: Ran in all seven meets in 2014... Sumner finished seventh at the Gabby Reuveni Early Bird with a time of 15:06... Finished fifth in Carbondale, Illinois at the Saluki Invitational in 18:24... Took 22nd at the OVC Championships with a time of 18:20.

2014 Outdoor: Did not compete.

2014 Indoor: Ran in three indoor meets... Finished the mile run in third place at the SEMO vs. SIUE Dual Meet with a time of 5:17... Helped the distance medley relay team to a second-place finish at the same meet with a time of 13:03.

2013 Cross Country: Competed in only two meets... Placed third at the Washington Early Bird (8/31) in a time of 15:02... Finished second at the SIUE Cross Country Challenge (9/13) in 18:26.

Prep: Graduated from Eureka High School in 2013… Earned all-state honors after winning the 4x800… Named all-district and all-sectional for cross country… Earned all-conference, all-district and all-sectional honors as a freshman as well as qualified for the state championships… PR for 5k is 18:32.

Personal: Born July 5, 1994… Daughter of Bill and Jean Sumner… Majoring in Exercise Science.



Alison Parks

Distance
Junior
Bonne Terre, Mo.

Prep: Graduated in 2011 from North County High School in Bonne Terre, Missouri... Lettered all four years as a mid-distance runner... Her senior year, she was all-conference in the 4x800 relay & 300m hurdles, all-district 4x800m relay, and a state qualifier in the 4x800m relay.

Personal: Born May 265, 1993… Daughter of Tom and Stephanie Parks… Sister Megan runs for the Southeast Missouri track and cross country teams... Majoring in Health Management.



Taylor Coffelt

Multis
Junior
Riverside, Calif.

Before Southeast: Spent two years at Riverside Community College.

Prep: Graduated from Jurupa Valley High School in Mira Loma, California.

Personal: Born April 19, 1994... Hails from Riverside, California.



Doesha Mitchell

Sprints
Junior
St. Louis, Mo.

Before Southeast: Competed two seasons at Coffeyville Community College.

Prep: Graduated in 2012 from Eureka High School... Also played field hockey and volleyball.

Personal: Born March 18, 1994... Daughter of Sureta Lesure.



Myriah Bernard

Throws
Sophomore
Jackson, Mo.

Prep: 2013 graduate of Notre Dame High School in Cape Girardeau, Missouri... Lettered all four years as a thrower for the Bulldogs... PRs include a 42' shot put and 125 discus throw... Earned all-conference, all-district, all-sectional, and all-state honors as a senior... Also played volleyball in high school.

Personal: Born May 22, 1995... Daughter of Juan and Barbara Bernard... Studying Pre-Law at Southeast Missouri.



Andrea George

Distance
Freshman
O'Fallon, Ill.

2014 Cross Country: Competed in four meets in 2014... Finished 21st at the Saluki Invitational (9/20) with a time of 20:13... Took 48th at the Forest Park Cross Country Festival (9/12) in 19:37.

Prep: Is a 2014 graduate of O'Fallon Township High School... Earned Belleville News Democrat and all-conference team honors as a senior... Named scholar-athletes both years she lettered.

Personal: Born May 4, 1996... Daughter of Mark and Jessica George... Majoring in Environmental Science.



Marissa New

Throws
Freshman
Cape Girardeau, Mo.

Prep: 2014 graduate of Notre Dame High School in Cape Girardeau... Competed in the discus and shot put... Lettered all four years for the Bulldogs... Set a PR for discus of 132'10"... Was the conference and district champion in the discus her senior season... Named Track & Field Athlete of the Year at Notre Dame... Was an honor roll student all throughout high school and was a member of the National Art Society... Also played tennis.

Personal: Born September 9, 1996... Daughter of Kenneth and Cynthia New... Studying Biomedical Sciences at Southeast Missouri.

Kennedy Roderick

Pole Vault
Sophomore
Glen Carbon, Ill.

Before Southeast: Spent a year at Grand Valley State University.

Prep: 2013 graduate of Edwardsville High School... Lettered all four years in the pole vault... Competed at the state meet her junior and senior season... Helped lead her team to a state championship her junior year... Career-best pole vault of 11'9"... Was a Tiger Choice Award and honor roll student all four years... Member of the National Honor Society... Also ran cross country and also competed in gymnastics.

Personal: Born March 12, 1995... Daughter of Leslie and Jeffery Roderick... Majoring in Exceptional Child Education at Southeast.



Sydney O'Brien

Distance
Freshman
St. Peters, Mo.

2014 Cross Country: Competed in all seven meets as a true freshman... Finished 22nd in her Redhawk debut at the Gabby Reuveni Early Bird with a time of 15:44... Finished 12th at the Saluki Invitational in 19:28... Finished 44th at the OVC Championships with a time of 19:02.

Prep: 2014 graduate of Fort Zumwalt South High School... Ran cross country and track... Lettered all four years... Was a state qualifier for cross country her junior and senior years... Qualified for state in track her sophomore and junior years... Had a career-best 19:02 5K... Was named all-conference, all-district, and all-sectional in cross country her senior year while also being the team captain... Was awarded the US Marine Corps Distinguished Athlete Award... Member of the National Honor Society... Was also a cheerleader all four years.

Personal: Born December 6, 1995... Daughter of Cary and Talisa O'Brien... Studying Pre-Med at Southeast.



Elish Overby

Distance
Freshman
Grover, Mo.

2014 Cross Country: Competed in four meets in 2014... Finished 64th in her NCAA debut at the Forest Park Cross Country Festival with a time of 20:16... Followed that up with a 24th-place finish at the Saluki Invitational with a time of 20:38... Best finish of the season came at the Louisville Classic in a time of 19:36.

Prep: 2014 graduate of Eureka High School... Lettered all four years... Was the state champion in the 4x800 relay her senior season... Was named all-conference8 and all-state in cross country her senior year... Was a Renaissance student... Also played soccer.

Personal: Born March 30, 1996... Daughter of David Overby and Michele Wolfe... Majoring in Public Relations.

SOUTHEAST MISSOURI REDHAWKS™

MEN'S BIOS





Alexander Anderson

Sprints
Senior
Kansas City, Mo.

2014 Outdoor: Competed in eight meets... Helped his team to a top-finish in the 4x100 relay at the Joey Haines Invitational with a time of 41.37... The 4x100 team took second at the OVC Championships with a time of 40.54... His seventh-place triple jump at the OVC Championships was a career-best at 14.45m... Took third in both the 100m and the long jump at the Joey Haines Invitational... His Joey Haines long jump of 7.2m was a career best... Took ninth in the long jump at the Memphis Invitational with a mark of 6.47m.

2014 Indoor: Saw action in five indoor meets... Took third in the long jump at the Redhawks Invite with a jump of 7.15m... Finished seventh in the triple jump (14.22m) and eighth in the long jump (6.94m) at the OVC Championships...

2013 Outdoor: Competed in six meets… Took fifth in the 200m (22.29) and eighth in both the 100m (11.01) and long jump (22-3) at the OVC Outdoor Championships (5/3-4)… Also ran a leg in the Redhawks' third-place 4x400m relay (3:18.84) at the conference meet… Posted career-best times in the 100m (10.83) and 200m (21.95) in the prelims at the conference meet… Finished the 400m in a career-best 50.45 at the Sea Ray Relays (4/11-13), taking 25th in the race.

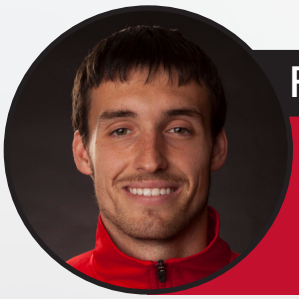
2013 Indoor: Ran in eight meets… Finished fifth in the 400m (51.11) at the OVC Indoor Championships (2/22-23)… Also scored in the triple jump (eighth; 44-4 1/4) at the conference meet… Cleared a career-best 22-10 in the long jump at the Redhawks Invitational (2/15)… Took 15th in the 400m with a season-best time of 50.60 at the Indiana Relays (1/25-26).

2012 Outdoor: Competed in four meets, running mostly in sprint relays… Ran a leg in the third-place 4x100m relay team (42.09) at the OVC Outdoor Championships… Also ran a leg in the fourth-place 4x400m relay team (3:20.76) at the OVC meet.

2012 Indoor: Competed in seven meets… Recorded a career-best 6.58 in the 55m dash at the OVC Indoor Championships… Recorded a career-best time of 7.11 in the 60m dash at the SIU Saluki Fast Start, his first ever collegiate meet… Was part of 4x400m relay team that finished third at the OVC Indoor Championships.

Prep: Graduate of Raytown South High School… Lettered all four years… Earned the leadership award two years… Won the 4x100 state championship twice… Also participated in cheer leading.

Personal: Son of Charles and Robin Anderson…Born July 25, 1993… Majoring in Cybersecurity.



Ryan Anderson

Distance
Senior
Springfield, Ill.

2014 Cross Country: Competed in all seven meets in 2014... Began the season with a 21st-place finish at the Gabby Reuveni Early Bird... Followed that up at the Forest Park Cross Country Festival with a 19th-place finish in 19:54... Took 22nd at the Saluki Invitational... Finished 43rd at the OVC Championships... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Outdoor: Competed in five meets during the outdoor season... Finished ninth in the steeplechase at the OVC Championships with a time of 10:13... Top steeplechase time was at the Red Wolf Open in 10:03... Helped his 4x400 team to a seventh-place finish at the Joey Haines Invitational.

2014 Indoor: Competed in three indoor meets... Ran a season-best 9:30 in the 3000m at the SIU Invitational... Finished fifth in the mile at the SEMO vs. SIUE Dual Meet in 4:50.

2013 Cross Country: Turned in a top-ten time of 26:15 at the SIUE Cross Country Challenge (9/13) when he placed ninth in 26:15... Best 8k time of the season was at the Bradley "Pink" Classic (10/18) when he placed 76th... Finished 40th at the OVC Championship (11/2) in 26:34.

2013 Outdoor: Ran in six meets… Named a Southeast Scholar-Athlete… Member of the OVC Commissioner's Honor Roll… Scored in both the 1500m (seventh; career-best 4:04.34) and 3000m steeplechase (sixth; 9:48.67) at the OVC Outdoor Championships (5/3-4)… Placed third in the 1500m at the SIUE Cougar Invitational (3/23)… Clocked a career-best time of 9:43.70 in his first 3000m steeplechase of the year at the Oliver Nickoloff Invitational (3/30).

2013 Indoor: Competed in six meets… Ran a career-best 4:24.38 in the mile run at the OVC Indoor Championships (2/22-23), taking ninth in the race… Ran a leg on the distance medley relay at the Samford Multi Invitational, helping the group take fifth with a time of 10:32.78… Finished second in the mile run (4:31.41) in the Redhawks' dual against SIU Edwardsville (2/1).

2012 Cross Country: Competed in all regular season meets during the 2012 season… Best finish for an 8K was at the OVC Championships (10/27), where he finished 35th with a time of 26:13.23.

2012 Outdoor: Competed in two meets… Finished third in the 3000m steeplechase (10:02.52) at the Joey Haines Invitational (4/7).

2012 Indoor: Competed in four meets… Ran in the 800m, mile and 3000m twice each… Posted two top-10 finishes, placing fifth in the 3000m (9:13.56) at the Redhawks Invitational (2/17) and ninth in the mile run (4:37.18) at the Illini Classic (1/20).

2011 Cross Country: Competed in all regular season meets during the 2011 Season… Best finish for an 8K was at the SIUE Cross Country Challenge (9/16), where he finished 17th with a time of 27:20.

High School: Lettered four times in cross country and track while in high school… Received second-team all-state cross country honors in 2007 and second-team all-state track honors in 2011.

Personal: Born March 2, 1993… Parents are Steve and Sherry Anderson… Brother, Neal, attends Southern Illinois and also runs cross country and track… Pursuing a degree in Criminal Justice.



Blake Carter

Sprints/Jumps
Senior
O'Fallon, Mo.

2014 Outdoor: Competed in ninth meets during the outdoor season... Had a career-best 14.81m triple jump at the Joey Haines Invitational... Was the runner-up at the OVC Championships in the long jump with a mark of 7.56m... Helped his 4x100 team to a silver medal at the OVC Championships with a time of 40.54... The 4x100 team won the event at the Joey Haines Invitational with a time of 41.37... Won the long jump at the Sam Williams Twilight Qualifier with a mark of 7.58m... Southeast Scholar-Athlete.... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in four indoor meets... Had a season-best 7.61m long jump at the Redhawks Invite... Won the long jump at the SIU Invitational with a jump of 7.56m... Named OVC Field Athlete of the Week on Feb. 12.

2013 Outdoor: Competed in eight meets… Earned second-team All-American status by finish 10th in the long jump, tying the outdoor school record with a wind-aided 25-6 1/4, at the NCAA Outdoor Championships (6/5-8)… Named a Southeast Scholar-Athlete… Punched his ticket to nationals by finishing seventh in the long jump with a wind-aided 25-4 at the NCAA West Region Prelims (5/23-25)… Won his second-straight OVC title in the long jump (wind-aided 25-0 3/4) at the OVC Outdoor Championships (5/3-4)… Also placed fourth in the 100m (10.91/career-best 10.68 prelims) at the conference meet.

2013 Indoor: Competed in seven meets… Earned second-team All-America status after taking 13th in the long jump (24-5 1/2) at the NCAA Indoor Championships (3/8-9)… Crowned OVC champion in the long jump (24-5) and finished second in the 60m (6.86/6.78 prelims) at the OVC Indoor Championships (2/22-23)… Broke the indoor school record in the long jump (25-6) at the Redhawks Invitational (2/15)… Snapped the school record in the 60m (6.76) at the season-opening EIU Early Bird (12/7).

2012 Outdoor: Competed in seven meets… Qualified NCAA West Region preliminary meet in the long jump, where he took 18th with a wind-aided leap of 24-7 3/4… Placed third in both the long jump (career-best 24-2 1/4) and triple jump (48-1 1/4) at the OVC Outdoor Championships… Also ran a leg in the third-place 4x100m relay team (42.09) at the OVC meet… Took second in the long jump (23-4 1/2) at the Joey Haines Invitational.

2012 Indoor: Competed in five meets… Named OVC Field Athlete of the Week on January 31… Earned a third place finish in the triple jump at the OVC Indoor Championships with a jump of 46-11 3/4… Earned a first place finish in the long jump at the Indiana Relays at 23-5 1/2… Took first in the 200m dash at the Indiana Relays with a career-best time of 22.40… Tied an indoor career-best with a long jump of 24-1 1/2 earning a second place finish at the SIU Saluki Open.

2011 Outdoor: Did not appear in any meets during the outdoor season... Southeast Scholar Athlete.

2011 Indoor: Appeared in four meets… Earned a first place finish with a season best time of 22.40 at the Indiana Relays… Earned a first place finish in the long jump at the Arkansas State Kickoff classic with a jump of 23' 6.25"… Ran a career-best 7.06 in the 60 meter dash at the SIU Saluki Open… Earned a first place finish in the long jump at SIU Saluki Open with a jump of 24' 1.5", which was a season-high.



Kevin Farley

Throws
Senior
Springfield, Ill.

2014 Outdoor: Competed in nine meets in the outdoor season... Broke the school's hammer throw record at the OVC Championships with a heave of 63.03m (206'9"), also earning him the gold in the event... Was the runner-up in the shot put at the OVC Championships with a toss of 16.41m... Had a season-best shot of 17.49 at the Tennessee Relays... Won the hammer throw at the Joey Haines Invitational with a mark of 53.72m... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in seven meets during the indoor season... Was named 2014 OVC Field Athlete of the Year... Earned OVC Field Athlete of the Week twice (Jan. 15, 29)... Won the shot put at the OVC Championships with a heave of 17.71m... Finished runner-up in the weight throw with a mark of 18.38m... Had a career-best 19.29m weight throw at the SEMO vs. SIUE Dual Meet... Also won the shot put against SIUE (17.26m)... Season-best shot put throw of 17.98m at the Indiana University Relays... Won both the shot put and the weight throw at the Redhawks Invite.

2013 Outdoor: Competed in 11 meets… Became the first Redhawk to be named a first-team All-American since 2008 after finishing seventh in the shot put with a school-record throw of 61-11 3/4 at the NCAA Outdoor Championships (6/5-8)… Named CoSIDA Academic All-District, a Southeast Scholar-Athlete, placed on the OVC Commissioner's Honor Roll and landed a spot on the USTFCCCA All-Academic Team… Launched a throw of 60-8 1/2 to finish eighth in the shot put at the NCAA West Region Prelims (5/23-25), punching his ticket to nationals… Won the shot put at the Georgia Tech Invitational (5/10-11) with a then-record throw of 60-3 1/4… Named OVC Male Field Co-Athlete of the Year… Voted OVC Male Athlete of the Championship after winning both the shot put (56-3 1/4) and discus (166-6) while finishing runner-up in the hammer throw (177-10) at the OVC Outdoor Championships (5/3-4)… Accumulated 18 top-three finishes and won eight event titles.

2013 Indoor: Threw in eight meets… Notched 10 top-three finishes… Won the shot put (56-10 3/4) while taking second in the weight throw (60-1) at the OVC Indoor Championships (2/22-23)… Launched a career-best throw of 58-11 1/4 to take second in the shot put at the Arkansas Final Qualifier (3/1).2012 Outdoor: Competed in 10 meets… Named OVC Male Freshman of the Year…named a Southeast Scholar- Athlete… Posted 16 top-five finishes… Placed on the OVC Commissioner's Honor Roll… Earned a spot on the USTFCCCA All-Academic Team… Qualified for the NCAA West Region prelims in the shot put, where he placed 29th with a throw of 56-3… Competed at the USA Junior Track and Field Championships, where he finished 14th in the shot put (57-0)… Scored in all three of his throwing events, earning second-team All-OVC honors in the discus with a runner-up throw of 164-10 (career best) at the OVC Outdoor Championships (5/4-5)… Also placed third in the shot put (56-2) and fourth in the hammer throw (179-0) at the conference meet… Finished runner-up in the shot put with a career-best throw of 58-2 at the Lenny Lyles-Clark Wood Invitational, a throw that earned him OVC Co-Field Athlete of the Week honors… Achieved a season-best hammer throw of 180-3 at the Georgia Tech Invitational.

2012 Indoor: Competed in eight meets… Finished second at the OVC Indoor Championships in the shot put at 55-2.. Earning second-team All-OVC honors… Threw an indoor-career best of 55- 4 1/4 at the Indiana Relays finishing in second… Threw a indoor career-best of 55-5 3/4 in the weight throw at the Arkansas State Kickoff Klassic.

Prep: Graduate of Lonphier High School... Was a two-time state champion in the shot put and holds the Illinois State record in the shot put... Threw a career-high 62' 11.5" in the shot put and 175' 0.8" in the discuss throw... Was a three year letter winner in track and field under head coach Mike Garcia... Also participated in wrestling.

Personal: Born July 18, 1993... Son of Robert Farley and Tina Toigo... Majoring in Pre-Med at Southeast.



Tyler Holmes

Distance/Mid-Distance
Senior
Arnold, Mo.

2014 Cross Country: Ran in all but one meet in 2014... Best finish came at the Saluki Invitational when he finished 10th with a time of 26:28... Finished the Gabby Reuveni Early Bird in 20th with a time of 20:12... Took 50th-place at the OVC Championships.

2014 Outdoor: Competed in seven outdoor meets in 2014... Ran a season-best 800m at the War Eagle Invite with a time of 1:55.52... 4x400 team finished second at the Joey Haines Invitational with a time of 3:21... 4x400 team finished fifth at the OVC Championships in 3:24.

2014 Indoor: Saw action in six meets during the indoor season... Distance Medley Relay team took third at the OVC Championships with a time of 10:19... Ran a season-best 1:54 800m at the OVC Championships, earning fourth-place... Won the 400m event at the Redhawks Invite with a time of 52.92, a season-best... Won the 800m at the Saluki Invite with a 1:57 time.

2013 Cross Country: Competed in six meets... Best 8k was set at the Bradley "Pink" Classic (10/18) when he placed 59th in 25:33... Placed 20th at the OVC Championship (11/2) with a time of 25:45... Took 150th at the NCAA Regional (11/15) in 33:18.

2013 Outdoor: Raced in six meets… Earned bronze in the 800m at the OVC Outdoor Championships (5/3-4) with a third-place time of 1:53.61, this coming after clocking a career-best 1:53.48 in the prelims… Also ran a leg with the third-place 4x400m relay team (3:18.84) at the conference meet.

2013 Indoor: Ran in seven meets, mostly competing in the 800m… Finished sixth in the 800m (1:56.36) while also running a leg with the fourth-place 4x400m relay team (3:26.17) at the OVC Indoor Championships (2/22-23)… Placed 14th in the 800m with an indoor-best 1:55.29 at the Samford Multi Invitational (2/8-9).

2012 Cross Country: Competed in all regular season meets during the 2012 season… Best finish for an 8K was at the SIUE Challenge (9/14), where he finished 24th in 26:52.75.

2012 Outdoor: Competed in four meets… Finished third in the 5000m (16:01.86) at the Joey Haines Invitational.

2012 Indoor: Competed in five meets… Recorded a season-best second-place finish in the 1000m run at the Redhawks Invitational with a career-best time of 2:33.72… Recorded a career-best time of 1:56.66 in the 800m run at the OVC Indoor Championships… Recorded a career-best time of 4:29.62 in the mile run at the Illini Classic to finish in sixth place.

2011 Cross Country: Competed in five meets during the season, including the OVC Championships where he placed 33rd… Had a season best at the Greater Louisville Classic where he placed 164th with a time of 26:58.

High School: Graduate of Fox High School in Arnold, Mo… Participated in track and field as well as cross country.



Zachary Horrell

Throws
Senior
Cape Girardeau, Mo.

2014 Outdoor: Competed in five outdoor meets... Threw a career-best in the discus at the OVC Championships with a toss of 46.5m, earning him sixth-place... Southeast Scholar-Athlete.

2014 Indoor: Did not compete.

2013 Outdoor: Competed in six meets… Finished sixth in the javelin (142-10) at the OVC Outdoor Championships (5/3-4)… Threw a career-best 149-7 in the javelin at the Joey Haines Invitational (4/5-6) to finish eighth in the event… Named a Southeast Scholar-Athlete.

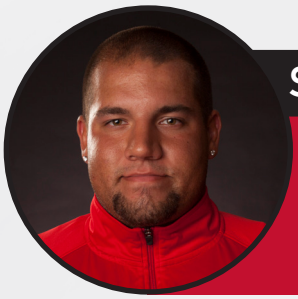
2013 Indoor: Appeared in one meet… Took 15th in the discus (140-10) at the Wisconsin Elite Invitational (1/18-19).

2012 Outdoor: Competed in four meets… Named a Southeast Scholar-Athlete… Took 10th in the discus with a season-best 137-8 at the Lenny Lyles-Clark Wood Invitational (4/20).

2012 Indoor: Did not compete.

Prep: Graduate of Cape Central High School… Lettered all four years… Threw a personal best in discus with 158' and in shot put with 48'.

Personal: Son of Scott and Karen Horrell… Born October 10, 1992… Majoring in Construction Management.



Shon Kyle

Throws
Senior
Imperial, Mo.

2014 Outdoor: Competed in 10 meets during the outdoor season... Had a season-best 17.05m toss in the shot put en route to the gold medal at the OVC Championships... Also threw a season-best 54.03m discus toss at the OVC Championships, winning the event... His 56.46 hammer throw heave at the OVC Championships was also a season-best but was runner-up... Placed second in the discus at the Tennessee Relays with a mark of 53.01m.

2014 Indoor: Competed in six indoor meets in 2014... Threw a season-best 16.33m toss in the shot put at the OVC Indoor Championships, placing second in the event... Finished third in the weight throw at the OVC Championships with a heave of 17.16m... Had a season-best 17.18m toss in the weight throw at the Indiana University Relays.

College (Rend Lake CC): Nine-time NJCAA All-American… Two-time letter winner for Eric Alberter… Top collegiate marks were 54-4 in the shot put, 169-4 in the discus, 170-0 in the hammer throw and 55-8 in the weight throw…

Prep: Graduate of Windsor High School… Competed in the shot put and discus… Set school record with shot put of 57-1 and discus throw of 172-7… Was a five-time medalist with All-State honors…

Personal: Son of Debra and Pat Kyle… Plans to major in Recreation.



Reggie Miller

Jumps
Senior
Kansas City, Mo.

2014 Outdoor: Competed in nine outdoor meets including the NCAA Outdoor Championships... Placed 17th in the triple jump at the NCAA Championships with a mark of 15.66m, earning him All-American Honorable Mention... Earned a spot at the national meet with a 15.84m triple jump at the War Eagle Invite, also a career-best... Finished third in the high jump at the OVC Championships with a height of 2.05m... Finished sixth in the triple jump (14.70m)... Season-high 2.14m high jump came at the Alabama Relays... Season-best long jump of 6.78m came at the OVC Championships, placing 10th.

2014 Indoor: Saw action in five indoor meets... Won the high jump at the OVC Indoor Championships with a leap of 2.13m, a season-best... Finished runner-up in the triple jump at the OVC Championships with a mark of 15.26m, also a season-best... Won the high jump at the Redhawks Invite with a jump of 2.05m.

2013 Outdoor: Jumped in six meets… Qualified for the NCAA Outdoor Championships (6/5-8) where he took 17th in the high jump (6-10 3/4) to earn All-America honorable mention… Punched his ticket to nationals by finishing ninth in the high jump (6-11 1/2) at the NCAA West Region Prelims (5/23-25)… Also finished 17th in the triple jump (career-best 50-11 3/4) at the regional meet… Won both the high jump (career-best 7-1) and triple jump (47-5 1/4) at the OVC Outdoor Championships (5/3-4)… High jump height at the conference meet was 1/4 of an inch shy of the school record… Finished in the top two in the high jump or triple jump seven times.

2013 Indoor: Competed in seven meets… Named OVC Male Field Athlete of the Year… Suffered an injury at the OVC Indoor Championships (2/22-23), but still placed third in the high jump (6-5)… Broke the indoor school record in the high jump (7-0 1/4) at the Wisconsin Elite Invitational (1/18-19)

2012 Outdoor: Competed in seven meets… Qualified for the NCAA West Region preliminary meet in the high jump… Crowned OVC Champion in the high jump after clearing a career-best 6-11 1/2 at the OVC Outdoor Championships… Finished runner-up in the triple jump, clearing a wind-aided distance of 48-8, at the conference meet… Also scored with a fifth-place finish in the long jump (career-best 23-8 3/4) at the conference meet… Posted nine top-five finishes.

2012 Indoor: Competed in six meets… Recorded a Redhawk indoor-season high in the triple jump with a distance of 48-3 3/4 at the SIU Saluki Open earning a second place finish… Placed second in the triple jump at the OVC Indoor Championships with a jump of 47- 1 1/2... Jumped 6-7 earning a first place finish at the SIU Saluki Fast Start.

Prep: Graduate of Ruskin High School… Two- time letterman… Career-high in high jump (6'9), triple jump (47'9), and long jump (22'6)… Also participated in soccer.

Personal: Son of Reginald Sr. and Shawn Miller… Born July 25, 1992… Majoring in engineering and business.



Chris Navarro

Multis
Senior
Menifee, Calif.

2014 Outdoor: Competed in eight meets during the outdoor season... Won the first ever decathlon at the OVC Outdoor Championships scoring a total of 6,274 points in the event; winning five of the events in the decathlon... Was named OVC Field Athlete of the Week on March 26... Finished runner-up in the 100m hurdles at the OVC Championship with a time of 14.50 seconds... Won the 110m hurdles at the Joey Haines Invitational with a time of 14.31, a season-best... Also won the hurdle at the Memphis Invitational... Was the top-finisher in the decathlon at the Alabama Relays, winning four of the events of the decathlon.

2014 Indoor: Competed in six indoor meets in 2014... Won the first ever heptathlon at the OVC Indoor Championships, scoring 4,851 points in the event... Won the 60m hurdles at the SEMO vs. SIUE Dual Meet with a time of 8.25 seconds... Helped his team to a second-place finish in the 4x400 relay at the SEMO vs. SIUE Dual Meet.

Previous (Riverside Community College): Earned Junior College All-American Honors in the decathlon, 110-meter hurdles and javelin… Back-to-back California Junior College State Team Champion…

Prep: Competed for Coaley Candael at Vista Murrieta High School… Earned All-California Interscholastic Federation honors… Team National Champion at Nike Track Nationals in 2010… Ran hurdles in a personal-best 14.14 seconds…

Personal: Son of Irma and John Navarro… Plans to major in recreational management…



Mike Peters

Hurdles
Senior
Apple Valley, Calif.

2014 Outdoor: Competed in nine outdoor meets... Finished third in the 400m hurdles at the OVC Championships with a time of 53 seconds... Also finished third in the 110m hurdles in 14.55 seconds, a season-best... Won the 400m hurdles at the Tennessee Relays and the Joey Haines Invitational... Had a season-best 400m hurdle time of 52.83 in the preliminary round at the OVC Championships... 4x400 relay team placed second at the Joey Haines Invitational.

2014 Indoor: Competed in seven indoor meets... Ran a season-best 8.54 second 60m hurdles at the SIU Invitational... Placed second in the 60m hurdles at the SEMO vs. SIUE Dual Meet.

Prep: Lettered all four years at Granite Hills High School competing in the hurdles... Qualified for the CIF Finals... Team captain.

Personal: Born July 8, 1992... Son of James and Mary Peters... Studying TV/Film at Southeast.



Blake Smith

Jumps
Senior
Jackson, Mo.

2014 Outdoor: Competed in seven outdoor meets in 2014... Ran a career-best 10.45 100m dash at the OVC Championships, finishing runner-up in the event... Placed third in the long jump with a leap of 7.55m, a season-best, at the OVC Championships... Won the long jump (7.41m), the 100m (10.57), and the 4x100 relay (41.37 seconds) at the Joey Haines Invitational... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in seven indoor meets including competing at the NCAA Indoor Championships in the long jump... Finished 14th in the long jump at the NCAA Championships with a lead of 7.15m... Had a career-best 7.73m long jump at the OVC Championships, winning the event... Also won the 55m dash at the OVC Championships in a career-best 6.72 seconds... Was named 2014 OVC Athlete of the Championship... Was named OVC Field Athlete of the Week on Feb. 26... Tied the school's 55m dash record with a mark of 6.19 seconds at the Redhawks Invite... Also broke the school's 60m dash record at the Indiana University Relays with a time of 6.72 seconds.

2013 Outdoor: Competed in eight meets… Placed seventh in the 100m (11.00/wind-aided 10.79 prelims) at the OVC Outdoor Championships (5/3-4)… Took fifth in the long jump (23-5 1/2) at the conference meet… Finished the 100m in a career-best (non-wind aided) 10.95 at the Joey Haines Invitational (4/5-6).

2013 Indoor: Competed in eight meets… Scored in both the 60m (fifth; 6.91/6.92 prelims) and long jump (sixth; 23-0 3/4) at the OVC Indoor Championships (2/22-23)… Took second in the long jump (career-best 23-9 1/2) in a dual meet against SIU Edwardsville (2/1).2012

2012 Outdoor: Competed in six meets… Took fourth in the long jump with a wind-aided leap of 24-1 at the OVC Outdoor Championships… Also ran a leg in the 4x100m relay (42.09), which placed third at the conference meet… Won the long jump (career-best 23-6) at the Joey Haines Invitational.

2012 Indoor: Competed in six meets… Finished third in the long jump with a distance of 23-8 3/4 at the OVC Indoor Championships a career-best jump… Recorded a career-best time of 6.56 in the 55m dash at the Redhawks Invite finishing second… Recorded seven top-10 finishes… Finished second in the long jump at the Redhawks invitational with a jump of 23-7 1/2.

Prep: Graduate of Jackson High School… Lettered all four years… Finished first at Kansas Relays and at Missouri Relays…Had a career best in long jump with 23'1… Won state in long jump.

Personal: Son of Tim and Shari Smith… Born May 28, 1993.



Tyson Stoverink

Distance
Senior
Jackson, Mo.

2014 Cross Country: Ran in all meets in 2014... Ran unattached at the Gabby Rueveni Early Bird and finished 13th in 19:58... Finished 14th at the Saluki Invitational and 18th at the Forest Park Cross Country Festival... Finished 44th at the OVC Championships with a new personal record time of 26:16.

2014 Outdoor: Competed in five outdoor meets... Ran a career-best 4:07 1500m at the Joey Haines Invitational, finishing seventh... Ran a career-best 3000m at the Memphis Invitational in a time of 9:09, finishing seventh... His career-best 9:48 steeplechase placed eighths at the OVC Championship... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Competed in six indoor meets... Ran a career-best 4:23 mile at the Hoosier Hills Invite... Won the mile run at the Redhawks Invite with a time of 4:33.

2013 Cross Country: Competed in six meets... Turned in a top-8k time of 26:36 at the Bradley "Pink" Invitational (10/18)... Placed 55th at the OVC Championships with a time of 27:22.

2013 Outdoor: Competed in one meet, running the 1500m at the Joey Haines Invitational (4/5-6)… Named a Southeast Scholar-Athlete.

2013 Indoor: Raced in four meets… Won the 800m (2:04.86) at the Redhawks Invitational (2/15).

2012 Cross Country: Competed in two meets with a top time of 28:31.3 at the SIUE Challenge (9/14).

2012 Outdoor: Competed in three meets… Ran a career-best 1:58.87 in the 800m at the Ole Miss Invitational (3/31).

2012 Indoor: Competed in four meets… Ran an indoor-best 2:01.18 in the 800m at the SIU Saluki Open (1/13- 14).

2011 Cross Country: Competed in two events during the season… Placed 36th at the SIUE Cross Country Challenge with a time of 28:24.

2011 Outdoor: Participated in five meets… Earned a season-best time of 2:01.18 in the 800m at the OVC Outdoor Championships, placing him 13th in the field… Earned a career-best time of 4:09.88 in the 1500 meter run at the Vanderbilt Black and Gold Invite for a 12th-place finish… Finished a season-high sixth place in the 1500 meter run at the Jace Lacoste Invite with a time of 4:11.94… Southeast Scholar Athlete…OVC Commissioner's Honor Roll.

2011 Indoor: Participated in five meets… Earned a first place finish in the 1000m run at the Redhawks Invitational with a time of 2:41.56… Earned a 12th-place finish in the mile run at the SIU Saluki Fast Start with a season-best time of 4:39.44… Was also a member of the 4x400 meter relay team that finished seventh at the SIU Saluki Fast Start Meet.

2010 Cross Country: Only competed in two races during the 2010 season… Placed 47th with a time of 30:43.9 in the Saluki Invitational.

SOUTHEAST MISSOURI STATE REDHAWKS



Colten Strotheide

Distance
Senior
Breese, Ill.

2014 Cross Country: Ran in all but one meet in 2014... Finished 15th at the Gabby Rueveni Early Bird in 19:59... Finished 13th at the Saluki Invitational and 24th at the Forest Park Cross Country Festival... Took 52nd at the OVC Championships.

2014 Outdoor: Ran in five outdoor meets in 2014... Finished 11th in the 10K at the OVC Championships in 32:51... Finished third in the 1500m with a time of 4:05... Season-best 1500m was at the OVC Championships, where he placed 12th... Finished third in the 3000m event at the Memphis Invitational with a season-best time of 8:58... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Ran in five indoor meets in 2014... Finished 14th at the OVC Championship in the 3000m in 8:55, a season-best... Ran a season-best 15:27 5K at the GVSU Big Meet Invite.

2013 Cross Country: Competed in five meets in 2013... Led the Redhawks at the Saluki Invitational (9/21) when he placed 11th in 26:55... Personal-best 8k time of the season was set at the OVC Championship (11/2) when he placed 34th with a time of 26:25.

2013 Outdoor: Ran in five meets… Named a Southeast Scholar-Athlete… Placed ninth in the 1500m (4:05.56) at the OVC Outdoor Championships (5/3-4).

2013 Indoor: Raced in six meets… Member of the Redhawks' fourth-place 4x400m relay team (3:26.17) at the OVC Indoor Championships (2/22-23)… Ran a career-best 15:22.80 in the 5000m at the Samford Multi Invitational (2/8-9).

2012 Cross Country: Competed in three regular season meets during the 2012 season… Best finish for an 8K was at the SIUE Challenge (9/14), where he finished 20th with a time of 26:40.94.

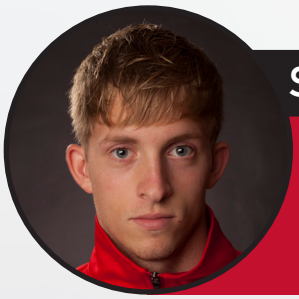
2012 Outdoor: Competed in six meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Took 10th in the 1500m (4:11.43) at the OVC Outdoor Championships… Posted a career-high 4:01.33 in the 1500m at the Joey Haines Invitational.

2012 Indoor: Competed in four meets… Took eighth in the 3000m (8:53.85) at the OVC Indoor Championships… Ran a career-best 4:25.53 in the mile run at the Hoosier Hills Invitational.

2011 Cross Country: Competed in six meets during the 2011 season… Recorded a season-best time of 26:14 at the Greater Louisville Classic where he placed 72nd… Placed 23rd at the OVC Championships and 102nd at the NCAA Midwest Regional.

High School: Graduate of Mater Dei High School… Lettered all four years… Ran 15:09 at state in cross country… Earned MVP honors for cross country twice and once for track… Earned runner of the year his junior year… Also excelled in the classroom as a member of the National Honor Society.

Personal: Son of Kenny and Cathy Strotheide… Born July 4, 1993… Majoring in Mathematics.



Shane Brown

Distance
Junior
Festus, Mo.

2014 Cross Country: Ran in all seven meets in the 2014 season... Posted three top-ten finishes... Won the men's race at the Gabby Reuveni Early Bird with a time of 19:23, earning him the first OVC Runner of the Week honors of the season... Finished ninth at the Saluki Inviational and 10th at the Forest Park Cross Country Festival... Finished 26th at the OVC Championships with a new personal record time of 25:30.

2014 Outdoor: Ran in five outdoor meets... Ran a career-best 9:43 steeplechase at the Red Wolf Open, placing fourth in the event... Finished seventh in the steeplechase at the OVC Championships... Finished second with a season-best time of 8:58 in the 3000m at the Memphis Invitational... Southeast Scholar-Athlete.

2014 Indoor: Ran in five indoor meets in 2014... Finished 12th in both the mile and the 5000m events at the OVC Championships... Won the 3000m with a career-best time of 8:53 at the Redhawks Invite... Finished third in the 5000m with another career-best time of 15:34.

2013 Cross Country: Ran in all but one meet... Placed 10th at the SIUE Cross Country Challenge (9/13) with a time of 26:20... Placed 46th at the OVC Championships (11/2) with a time of 26:50... Finished 178th (34:23) at the NCAA Regional.

2013 Outdoor: Ran in six meets… Named a Southeast Scholar-Athlete… Member of the OVC Commissioner's Honor Roll… Took third in the steeplechase with a season-best time of 9:49.11 at the Vanderbilt Invitational (4/19)… Also posted a third-place finish in the steeplechase (9:51.41) at the Joey Haines Invitational (4/5-6).

2013 Indoor: Competed in six meets… Won the mile run (4:28.82) and ran with the winning distance medley relay team (11:03.02) in a dual against SIU Edwardsville (2/1)… Ran a season-best 4:29.29 in the mile run at the OVC Indoor Championships (2/22-23), placing 12th.

2012 Cross Country: Ran in four meets… Took 19th with a time of 26:36.4 at the SIUE Challenge (9/14)… Finished 40th with a season-best 26:23.9 at the OVC Championships (10/27).

Prep: Lettered four times each in cross country and track and field… Cross country team won the state title in 2009 and finished runner-up in 2010 and 2011… Qualified for the state track meet in the 3200m as a junior and the 1600m and 3200m as a senior… Finished 11th in the state cross country meet as a junior… Earned all-state honors as a member of the 4x800m relay team as a junior and senior… Honor roll student all four years who graduated with a near-perfect 3.98.

Personal: Born March 21, 1993… Parents are Shawn and Lisa Eggemeyer… Twin brother, Sean, also runs cross country and track at Southeast.



Sean Brown

Distance
Junior
Festus, Mo.

2014 Cross Country: Ran in five meets in the 2014... Finished 20th at the Saluki Invitational with a time of 27:51... Finished 47th at the Gabby Reuveni Early Bird to begin the season.

2014 Outdoor: Competed in only three meets during the outdoor season... Ran a season-best 2:05 800m at the Joey Haines Invitational, finishing ninth.

2014 Indoor: Saw action in three meets... Ran an indoor season-best 800m at the Redhawks Invite, winning the event with a time of 2:03... Helped his team to a distance medley relay win at the SEMO vs. SIUE Dual Meet with a time of 10:56.

2013 Cross Country: Competed in four meets... Ran a personal-best 8k this season at the Saluki Invitational with a time of 28:43.

2013 Outdoor: Competed in four meets… Named a Southeast Scholar-Athlete… Took seventh in the 800m (season-best 2:00.66) at the Red Wolf Invitational (4/26-27).

2013 Indoor: Raced in four meets… Took second in the 800m with an indoor-best time of 2:04.99 at the Redhawks Invitational (2/15).

2012 Cross Country: Ran in two meets… Made his collegiate debut with a time of 28:40.1 at the SIUE Challenge (9/14)

Prep: Lettered four times each in cross country and track and field… Cross country team won the state title in 2009 and finished runner-up in 2010 and 2011… Earned all-state honors as a member of the 4x800m relay team as a junior and senior… Honor roll student all four years who graduated with a 3.74 GPA.

Personal: Born March 21, 1993… Parents are Shawn and Lisa Eggemeyer… Twin brother, Shane, also runs cross country and track at Southeast.



Alexander Eichorn

Javelin
Junior
Scott City, Mo.

2014 Outdoor: Competed in the javelin in seven meets in 2014... Had a career-best throw of 55.21m at the OVC Championships, placing sixth... Finished fifth at the Joey Haines Invitational with a toss of 53.87m... OVC Scholar-Athlete.

2014 Indoor: Did not compete.

2013 Outdoor: Did not compete.

2013 Indoor: Did not compete.

2012 Outdoor: Threw the javelin in seven meets… Launched a season-best throw of 163-7 to take third in the javelin at the Lenny Lyles-Clark Wood Invitational (4/20)… Placed third in the javelin (159-5) at the OVC Outdoor Championships (5/4-5).

2012 Indoor: Did not compete.

Prep: Graduate of Scott City High School… Lettered all four years… Recorded personal best in triple jump (41-1), shot put (51-5), discus (132-0) and the 4x100 relay (44.44)… Also participated in baseball, basketball, and football… Academic All-State for two seasons.

Personal: Son of Jerome and Myra Eichorn… Born Sept. 15, 1992… Majoring in computer science.



Jacob Kent

Jumps
Junior
Ste. Genevieve, Mo.

2014 Outdoor: Competed solely in the high jump in five meets... Had a season-best jump of 2.01m at the Red Wolf Open, placing eighth in the event... Finished sixth at the OVC Championships... OVC Scholar-Athlete.

2014 Indoor: Compete in the high jump in four indoor meets... Had a season-best 2.03m jump at the OVC Championships, finishing eighth... Finished third in the high jump at the Redhawks Invite with a leap of 1.95m.

2013 Outdoor: Redshirted… Named a Southeast Scholar-Athlete.

2013 Indoor: Redshirted.

2012 Outdoor: Competed in four meets…earned second-team All-OVC honors with a runner-up finish in the high jump (6-8) at the OVC Outdoor Championships (5/4-5)… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Also scored with a sixth-place finish in the triple jump (career-best 46-4 1/4) at the conference meet… Finished runner-up in both the high jump (career-best 6-10 1/4) and long jump (season-best 23-3 1/4) at the Vanderbilt Black and Gold Invitational (3/23-24).

2012 Indoor: Competed in seven meets… OVC Co- Freshman Athlete of the Year… Earned nine top five finishes on the season… OVC Indoor Champion in the high jump with a personal best mark of 6-10 1/4, a mark that ranks ninth all-time at Southeast… Recorded a career best 23-4 mark in the long jump at the Redhawks Invite earning a fourth place finish… Recorded a pair of second places finishes in the high jump with a jump of 6-8 at the Redhawks Invitational and Indiana Relays.

Prep: Graduate of Ste. Genevieve High School… Had a career-best in high jump (6'8), long jump (22'8), and triple jump (46'2)… Finish first in long jump, second in high jump, and fifth in triple jump at the state games… Also participated in basketball… Also excelled in the classroom by finishing in the top 15% of his class.

Personal: Son of David Kent and Melinda Dallas… Born Sept. 1, 1992.



Christian Locke

Pole Vault
Junior
New London, Mo.

2014 Outdoor: Competed in nine meets in the pole vault in 2014... Had a season-high 4.97m vault at the Red Wolf Open, finishing second.

2014 Indoor: Saw action in seven indoor meets... Had a career-best vault of 5.15m at the OVC Championships, placing second in the event... His 5.15m (16'10.75") vault ranks fourth in Southeast's top-ten... Won the pole vault at the SEMO vs. SIUE Dual Meet with a mark of 4.55m.

2013 Outdoor: Competed in five meets… Named a Southeast Scholar-Athlete… Member of the OVC Commissioner's Honor Roll… Finished second in the pole vault (outdoor-best 15-5) at the Joey Haines Invitational (4/5-6)

2013 Indoor: Competed in seven meets… Took fourth in the pole vault with a season-best 15-7 at the OVC Indoor Championships (2/22-23)… Won the pole vault (15-0) in a dual against SIU Edwardsville (2/1).

Prep: Graduate of Hannibal High School… Earned state title in his senior season in the pole vault… Three time state qualifier in the event… Two-time district champion and sectional champion… Helped his team to a third-place finish in the state meet… Also excels in the classroom as member of National Honor Society.

Personal: Born on March 23, 1994… Son of Terry and Becky Locke… Majoring in Business… Brother Jordan competes in cross country and track at William Woods University.



Craig Munie

Distance
Junior
O'Fallon, Ill.

2014 Cross Country: Did not compete.

2014 Outdoor: Did not compete... Named Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Ran in five indoor meets in 2014... Ran a season-best 8:47 3000m at the SIU Invitational, finishing third in the event... Ran a 15:08 5K at the GVSU Big Meet Invite, placing 36th... Finished eighth in the 5K at the OVC Championships.

2013 Cross Country: Led the Redhawks in all meets in 2013... Won the SIUE Cross Country Challenge (9/13) in 25:06... Turned in the sixth-best 8k time in the OVC at the Bradley "Pink" Classic (10/18) when he placed fourth with a time of 24:31... Earned All-OVC honors with a seventh place finish at the OVC Championship (11/2) in 24:59... Placed 60th at the Midwest Regional with a time of 31:38.

2013 Outdoor: Competed in seven meets… Named a Southeast Scholar-Athlete… Member of the OVC Commissioner's Honor Roll… Earned bronze in the 10,000m with a third-place time of 31:35.56 at the OVC Outdoor Championships (5/3-4)… Ran a career-best 30:46.47 in the 10,000m at the Sea Ray Relays (4/11-13)… Placed third in the 5000m with a career-best 14:42.63 at the Vanderbilt Invitational (4/19).

2013 Indoor: Raced in six meets… Scored with an eighth-place finish in the 5000m (15:13.37) at the OVC Indoor Championships (2/22-23)… Notched three top-five finishes… Ran an indoor-best 8:42.52 in the 3000m at the conference meet… Took fourth in the 3000m (8:50.36) at the Wisconsin Elite Invitational (1/18-19).

2012 Cross Country: Competed in all but the first meet of the 2012 season… Best finish for an 8K was at the OVC Championships (10/27), where he finished 22nd with a time of 25:30.87… Placed in the top-ten in the first two meets of the season.

2012 Outdoor: Competed in six meets… Named a Southeast Scholar-Athlete… Placed on the OVC Commissioner's Honor Roll… Placed 10th in the 10,000m (34:15.75) at the OVC Outdoor Championships (5/4-5).

2012 Indoor: Competed in six meets… Finished second in the 3000m run at the Redhawks Invitational (2/17) with a time of 9:03.62.

2011 Cross Country: Competed in all meets during the 2011 season… Had a season-best time of 26:18 at the Greater Louisville Classic where he placed 82nd… Placed 16th at the OVC Championships and 139th at the NCAA Midwest Regional.

High School: Lettered two years… As a senior, he was a part of the all-sectionals, all-conference and second-team all-metro… Ran three miles with a career-best time of 14:55.

Personal: Son of Joseph and Linda Munie… Born Jan. 5, 1993… Studying Business Management.



Adam Shivers

Distance
Junior
High Ridge, Mo.

2014 Outdoor: Competed in five meets... Ran a season-best 1:59 in the 800m at the Tennessee Relays, finishing 32nd in the event... Helped the 4x400 relay team to a second-place finish at the Joey Haines Invitational in 3:21... The 4x400 relay team finished fifth at the OVC Championship... Southeast Scholar-Athlete.

2014 Indoor: Ran in five indoor meets in 2014... 4x400 relay team finished fourth at the OVC Championships in 3:23... Finished third in the 200m with a time of 23:85... The distance medley relay team won the event at the SEMO vs. SIUE Dual Meet with a time of 10:56... Ran a career-best 51.59 second 400m at the Hoosier Hills Meet.

2013 Cross Country: Did not compete.

2013 Outdoor: Competed in seven meets, primarily in the 800m… Ran an outdoor-best 2:00.49 in the 800m at the Oliver Nickoloff Invitational (3/30).

2013 Indoor: Ran in seven meets… Scored points as a member of the distance medley (third; 10:08.69) and 4x400m relay teams (fourth; 3:26.17) at the OVC Indoor Championships (2/22-23)… Took second in the 400m (51.79) at the Redhawks Invitational (2/15).

2012 Cross Country: Did not compete.

Prep: Lettered four years in track and field, cross country and basketball… Ran a leg in the 4x200m relay that broke the school record… Finished sixth in the state meet in the 800m as a senior.

Personal: Born Feb. 7, 1994… Parents are H. Lee Shivers and Rebecca Becker.



Jason Walker

Throws
Junior
Festus, Mo.

2014 Outdoor: Competed in eight outdoor meets in 2014... Finished fifth in the shot put at the OVC Championships with a career-best toss of 14.74m... Also had a career-best throw in the hammer throw at the OVC Championships with a mark of 54.02, finishing fourth... Had a career-best discus throw of 51.54m at the Tennessee Relays... Finished third in the discus at the OVC Championships with a mark of 49.90... Southeast Scholar-Athlete.

2014 Indoor: Competed in seven meets... Had a career-best weight throw of 16.08 at the Saluki Fast Stater to kick off the 2014 season... Had a season-best shot put toss of 14.57m at the SIU Invitational... Finished sixth in the shot put at the OVC Championship with a heave of 14.27m... Finished 10th in the weight throw at the OVC Championship.

2013 Outdoor: Competed in seven meets… Named a Southeast Scholar-Athlete… Scored in four events: javelin (fourth; season-best 166-0), discus (seventh; 145-4), hammer throw (seventh; 153-2) and shot put (sixth; 45-7) at the OVC Outdoor Championships (5/3-4)… Opened the outdoor season with a season-best 157-2 in the hammer throw, good for fifth at the Rhodes Open (3/16)… Tossed a season-best 47-3 1/2 in the shot put at the Joey Haines Invitational (4/5-6)… Took sixth in the discus (season-best 152-0) at the Red Wolf Open (4/26-27).

2013 Indoor: Threw in seven meets… Took eighth in the weight throw (49-7 3/4) at the OVC Indoor Championships (2/22-23)… Tossed a season-best 50-7 1/2 at the Redhawks Invitational (2/15).

Prep: Attended Festus High School... Three-time all-state selection, three-time all-district selection and four time all-conference selection... Was also apart of the Regional Dream Team... Holds school records in shot put and discuss as well as becoming a state champion... Also participated in football as all-conference and all-district linebacker.

Personal: Born April 15, 1994… Son of Rich Walker and Joide Bruns… Pursuing a degree in Sport Management.



Jordan Jeffers

Pole Vault
Sophomore
Jackson, Mo.

2014 Outdoor: Competed in six meets in 2014 in the pole vault... Vaulted a season-best height of 4.25m at the OVC Championships, finishing fourth in the event... Placed second at the Joey Haines Invitational with a vault height of 4.17m... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Vaulted in four indoor meets... Set a career-best 4.4m vault height at the OVC Indoor Championship, finishing sixth... Finished second in the SEMO vs. SIUE Dual Meet with a height of 4.25m.

Prep: Lettered all four years at Jackson High School in the pole vault... Set a career-best 14' pole vault...Qualified for District and Sectional competition...Part of the 2013 District Championship team... Also played football for the Indians.

Personal: Born June 3, 1995... Son of Kris and Angela Jeffers, who are both Southeast Missouri graduates... Major is currently undeclared.



Kameron Long

Distance
Sophomore
Memphis, Tenn.

2014 Outdoor: Did not compete... Southeast Scholar-Athlete... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Did not compete.

2013 Outdoor: Ran in seven meets… Named a Southeast Scholar-Athlete… Helped the 4x400m relay team take third with a time of 3:18.84 at the OVC Outdoor Championships (5/3-4)… Qualified for the USA Junior Outdoor Track and Field Championships over the summer, where he placed 16th in the 800m with a time of 1:55.06… Placed fifth in the 800m with a career-best 1:52.50 at the Oliver Nickoloff Invitational (3/30).

2013 Indoor: Ran in seven meets… Won the 800m with a time of 1:54.75 in his collegiate debut at the EIU Early Bird (12/7)… Earned bronze with a third-place finish in the 800m (1:53.97) at the OVC Indoor Championships (2/22-23)… Also ran legs on the distance medley relay (third; 10:08.69) and 4x400m relay (fourth; 3:26.17) at the conference meet.

2012 Cross Country: Did not compete.

Prep: Lettered four years in track and field… Competed in the AAU Junior Olympics three times, medaling seven times, including winning a silver medal as a freshman… Placed fifth in the 800m at the state championship as a junior… Graduated with a 3.45 GPA.

Personal: Born Feb. 28, 1994… Parents are Yerrit and Anna Long, who each coached him in AAU and high school.



Chris Martin

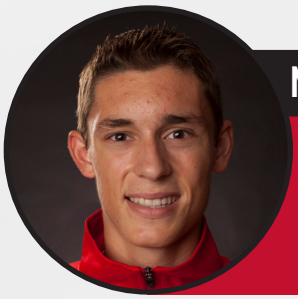
Jumps
Sophomore
Cape Girardeau, Mo.

2014 Outdoor: Named 2014 OVC Freshman of the Year... Competed in 10 meets as a true freshman in 2014... Was named OVC Field Athlete of the Week on April 30... Finished second in the decathlon at the OVC Championships with 6,043 points... Won the triple jump at the OVC Championships with a leap of 15.61m... Won the triple jump at the Red Wolf Open with a mark of 15.48m... Helped the 4x100 relay team to a top-finish at the Joey Haines Invitational with a time of 41.37 seconds.

2014 Indoor: Named 2014 OVC Freshman of the Year for the indoor season... Competed in six meets... Finished runner-up in the heptathlon at the OVC Championships with 4,832 points while winning four of the events... Won the triple jump at the Saluki Fast Start in his NCAA debut with a leap of 15.49m... Won three more triple jump events in the regular season.

Prep: Lettered all four years at Cape Central High School... State champion in the triple jump... Earned all-state, honors all four years... Also played football for the Central Tigers... Recognized as an all-district and all-conference running back.

Personal: Born Sept. 15, 1994... Son of Lorenzo and Alesha Martin... Studying Pre-Physical Therapy.



Marc Maton

Distance
Sophomore
Chatham, Ill.

2014 Cross Country: Ran in all seven meets in 2014... Started the season off with a third-place finish at the Gabby Reuveni Early Bird with a time of 19:28... Took 21st two weeks later at the Forest Park Cross Country Festival... Finished 18th at the Saluki Invitational... Was Southeast's second finisher at the Bradley Classic with an 86th-place finish... Finished 34th at the OVC Championships.

2014 Outdoor: Competed in six outdoor meets, primarily in the 1500m... Ran a season best 1500m at the Alabama Relays in 3:53, finishing 14th at the event... Won his lone 3000m race of the season at the Memphis Invitational with a time of 8:54... Finished the 1500m race at the OVC Championships in 13th-place.

2014 Indoor: Ran in six indoor meets in 2014... Finished third in the distance medley relay at the OVC Championships with a time of 10:19... Finished second in the mile run at the SEMO vs. SIUE Dual Meet with a time of 4:25... Finished the mile fifth at the Hoosier Hills Meet in 4:18, a season-best.

2013 Cross Country: Competed in six meets... Finished 11th at the Washington Early Bird (8/31) followed by a 12th-place finish at the SIUE Cross Country Challenge... Best 8k time of the season was recorded at the Bradley "Pink" Classic in 27:05.

Prep: Graduated from Chatham-Glenwood High School in 2013… Lettered all four years… Garnered Most Valuable Runner award three years in a row and conference Male Runner of the Year twice for cross country… Earned all-conference honors in both track and cross country three of his four years… Earned fourth-place in the 3,200 meter event at state his junior.

Personal: Born Sept. 22, 1994… Son if Phil and Ellen Maton… Major is currently undecided.



Cole Ross

Distance
Sophomore
Marble Hill, Mo.

2014 Cross Country: Competed in three meets... Finished the Saluki Invitational in 28th-place in 29:11.

2014 Outdoor: Competed in four outdoor meets... Finished 13th in the 800m at the Red Wolf Open in 2:01... Finished 14th in the 1500m at the Joey Haines Invitational in 3:31... Southeast Scholar-Athlete.

2014 Indoor: Did not compete.

2013 Cross Country: Competed in two meets in 2013... Placed 37th at the Saluki Invitational with a time of 29:08, a season best.

Prep: Graduated from Notre Dame Regional High School in 2013… PR in cross country is 16:4… Named all-conference in cross country… Named all-conference, all-district, all-section and all-state for track… Placed fourth in state in the 4x800 meter event.

Personal: Born July 29, 1995… Son of Kenny and Donna Ross… Majoring in Nursing.



Duncan Ross

Pole Vault
Sophomore
Marble Hill, Mo.

2014 Outdoor: Competed in six meets in the outdoor season... Recorded a career-best pole vault of 4.67m at the Red Wolf Open, finishing seventh in the event... Finished eighth at the War Eagle Meet with a height of 4.45m.

2014 Indoor: Competed in seven meets... Finished fifth at the OVC Championships with a pole vault of 4.40m... Had a season-best 4.48m height at the SIU Invitational, finishing third.

Prep: Competed in the pole vault and decathlon at Notre Dame Regional High School... Graduated in 2012... Qualified for state in the pol vault.

Personal: Born Dec. 26, 1993... Son of Kenny and Donna Ross... Majoring in Agribusiness.



Ben Rushin

Throws
Sophomore
Jackson, Mo.

2014 Outdoor: Did not compete.

2014 Indoor: Did not compete.

Before Southeast: Competed in the shot put and discus at Johnson County Community College for a year.

Prep: Lettered all four years at Jackson High School... Conference champion in the shot put in 2011... Qualified for the state championship his junior season... Captain of the football and wrestling team his senior year.

Personal: Born Nov. 29, 1993... Son of Richard and Debby Rushin, both Southeast Missouri graduates... Majoring in Education.



Seth Sievers

Throws
Sophomore
Jackson, Mo.

2014 Outdoor: Competed in seven meets as a true freshman... Had a career-best hammer throw of 55.15m at the Red Wolf Open, finishing ninth... Finished second at the Sam Williams Twilight Qualifier in the hammer throw with a mark of 54.67m... Had a career-best 14.94 shot put toss at the Alabama Relays... Member of the OVC Commissioner's Honor Roll.

2014 Indoor: Saw action in seven indoor meets... Had a season-best 15.55m toss in the weight throw at the OVC Championship, finishing eighth... Had a season-best shot put at the Indiana Relays with a toss of 14.65m.

Prep: Lettered three years for the Notre Dame Bulldogs... Set a career best 160 ft. in the discus, 54 ft. 11 in. in the shot put, 162 ft. in the hammer... District champion in the shot put and discus... Qualified for the state championship... Also wrestled in high school.

Personal: Born April 1, 1995... Son of Doug and Eileen Sievers... Studying Pre-Med.



Cole Davis

Mid-Distance
Junior
Black Jack, Mo.

Prep: 2012 graduate of Hazelwood Central... Was a member of the state championship team three times... Finished ninth in the 800m at the state championship his senior year.

Personal: Born March 26, 1994... Son of Jennifer and Carey Davis... Majoring in Health Studies at Southeast.



Austin Barousse

Pole Vault
R-Freshman
Poplar Bluff, Mo.

Prep: 2013 graduate of Poplar Bluff High School... Lettered all four years... Was the Class 4A state pole vault champion his senior season... Was the state runner-up as a junior... Graduated with honors... Also played football.

Personal: Born February 26, 1994... Son of Mark and Mary Barousse... Sister Kathryn competes in track at the University of Notre Dame... Studying Pre-Veterinarian at Southeast.



Abayomi Akinmoladun

Jumps
Freshman
Grandview, Mo.

Prep: 2014 graduate of Grandview High School... Lettered all four years in the triple and long jump events... Finished fourth in state as a junior... Helped his team to three state championships... Also played basketball.

Personal: Born July 17, 1996... Son of Olu and Caroline Akinmoladun... Studying Education at Southeast Missouri.

Jordan Barber

Sprints
Freshman
Cairo, Ill.

Prep: 2014 graduate of Notre Dame High School... Lettered all four years in multiple events... Was awarded the Male Bulldog Award his senior year... District and sectional champion in the 400m... Finished runner up at state in the 400m.

Personal: Born August 17, 1996... Son of Carlos and Tashika Barber... Majoring in Physical Therapy at Southeast Missouri.



Nathan Cook

Distance
Freshman
St. Peters, Mo.

2014 Cross Country: Ran in all seven meets as a true freshman in 2014... Finished 11th in his NCAA debut at the Gabby Reuveni Early Bird with a time of 19:55... Finished 15th at the Forest Park Cross Country Festival and 16th at the Saluki Invitational... Took 32nd at the OVC Championships... Best finish of the season came at the NCAA Regionals when he finished in 32:20.

Prep: 2014 graduate of St. Dominic High School... Four-year letter winner... Earned all-district and all-state honors in cross country... Was an all-sectional selection in the 3200m... Was the district champion in the 1600m... Also played basketball.

Personal: Son of Ken and Renee Cook... Studying Business Management.



Tyler Beaman

Distance
Freshman
Eureka, Mo.

2014 Cross Country: Ran in all but one meet as a true freshman... Finished 17th in his Redhawk debut at the Gabby Reuveni Early Bird... Took 14th at the Forest Park Cross Country Festival with a time of 19:35... Was the Redhawks' top-finisher at the Bradley Classic with a 66th-place finish in 25:53... Finished 42nd at the OVC Championships.

Prep: 2014 graduate of Eureka High School... Lettered all four years in track and cross country... Earned All-State and All-Conference in multiple events... An accomplished student, was an Academic Leader Renaissance Gold Member.

Personal: Born March 8, 1996... Son of Kim and David Beaman... Studying Business at Southeast Missouri.

SOUTHEAST MISSOURI STATE REDHAWKS



Tyler Jourdan

Pole Vault
Freshman
Salem, Ill.

Prep: 2014 graduate of Salem Community High School... Lettered all four years in the pole vault... Was the pole vault state champion... Earned all-conference accolades... Co-MVP and Coaches Outstanding Track & Field Award winner... Finished runner up in state as a junior... Was awarded the Robert Raver Best in Field Award all four years... Also played soccer for three years.

Personal: Born April 1, 1995... Son of Terry Heern and Carla Jourdan-Heern... Majoring in Cybersecurity at Southeast Missouri.

Jarred Pasley

Sprints
Freshman
St. Louis, Mo.

Prep: 2014 graduate of Christian Brothers College in St. Louis, Missouri... Lettered two years... Is the school record holder in the 400m (47.91) and 4x400 (3:14)... Is a two-time state champion in the 400m and the 4x400 as a senior... Was named team MVP... Earned USATF All-American his junior year.

Personal: Born August 29, 1995... Son of Clayton and Lavera Pasley.



Dan Plunkett

Distance
Freshman
Springfield, Ill.

2014 Cross Country: Ran in five total meets as a true freshman... Finished 14th in his NCAA debut at the Gabby Reuveni Early Bird with a time of 19:59... Finished 189th at the NCAA Midwest Regional.

Prep: 2014 graduate of Pleasant Plains High School... Named team captain his senior year... Was a four-time all-state performer in track and a two time all-state honoree in cross country... Personal bests include a 4:25 1600m, 9:32 in the 3200m, and a 1:58 800m.

Personal: Born February 5, 1996... Study Sport Management at Southeast Missouri.



Dylan Rush

Pole Vault
Freshman
Bloomfield, Mo.

Prep: 2014 graduate of Jackson High School... Lettered all four years... Three-time state qualifier in the pole vault... Three-time conference champ... Personal best in the pole vault is 15'6"... Also played football and wrestled... Named team captain of his football and wrestling teams.

Personal: Born May 2, 1995... Son of Jeffery and Mary Beth Rush... Studying Physical Therapy at Southeast Missouri.

SOUTHEAST MISSOURI STATE REDHAWKS

Christian Lamborn

Throws
Sophomore
Lancaster, Penn.



Aaron Bell

Sprints
Freshman

Brandon Chunn

Sprints
Freshman



Nick Pattillo

Sprints
R-Freshman
Poplar Bluff, Mo.

SOUTHEAST MISSOURI REDHAWKS™

RECORD BOOK



Women's Individual Indoor Records

Event	Mark	Name	Year
55m	6.94	Benita Thomas	1987
	6.94	Natalie Talley	2000
60m	7.54	Natalie Talley	2001
200m	24.44	Torvia Bradley	1994
400m	54.35	Michelle Chambliss	1992
600m	1:32.49	Tammy Wenkel	1997
800m	2:08.29	Tammy Wenkel	1998
1000m	2:56.70	Janelle Quigley	1998
Mile	4:51.94	Janelle Quigley	1998
3000m	9:43.15	Laura Byrne	1989
5000m	***17:28.21***	***Rebecca Lawson***	***2013***
55m Hurdles	7.99	Lyndsey Stevenson	2004
60m Hurdles	8.68	Lyndsey Stevenson	2004
Shot Put	51' 9"	Courtney Gapelu	2013
Weight Throw	***65' 7"***	***Kayla Gutierrez***	***2014***
Long Jump	20' 2.5"	Heather Denihan	1997
Triple Jump	40' 5"	Shemeika Brewer	2011
High Jump	5' 7.25"	Angela James	1991
Pole Vault	13' 1.5"	Jill Schnurbusch	2013

Men's Individual Indoor Records

Event	Mark	Name	Year
55m	6.19	David Jackson	1985
	6.19	***Blake Smith***	***2014***
60m	***6.72***	***Blake Smith***	***2014***
200m	21.14	Miles Smith	2008
400m	46.13	Miles Smith	2008
600m	1:19.10	Deryl Gardner	1996
800m	1:50.42	Carl Bell	1984
1000m	2:27.60	Paul Stemmerman	2009
Mile	4:03.82	Brian Radle	1989
3000m	8:17.40	Brian Radle	1989
5000m	14:20.10	Art Waddle	1987
55m Hurdles	7.34	Andrew Presberry	1982
60m Hurdles	8.10	Glenn Haley	2002
Shot Put	60' 11.25"	Josh Uchtman	2012
Weight Throw	66' 7.25"	Brandon Colbert	2010
Long Jump	***25' 6"***	***Blake Carter***	***2013***
Triple Jump	53' 5"	Keith Presberry	1986
High Jump	***7' 0.25"***	***Reggie Miller***	***2013***
Pole Vault	16' 11.5"	Jaret Willi	2002

Women's Individual Outdoor Records

Event	Mark	Name	Year
100m	11:50	Benita Thomas	1987
200m	23.91	Jerika Lewis	2013
400m	53.40	Jerika Lewis	2011
800m	2:07.06	Brooke Woodruff	2004
1500m	4:24.16	Laura Byrne	1989
3000m	10:34.98	Julie Koenegstein	2009
5000m	16:35.00	Laura Byrne	1989
10000m	34:56.95	Debbie Kilpatrick	1985
100m Hurdles	13.84	Candace Williams	1981
400m Hurdles	59.29	Shannon O'Dell	1997
Shot Put	52' 1"	Courtney Gapelu	2013
Discus	173' 11"	Heather Jenkins	2002
Javelin	166' 8"	Samantha Espiricueta	2009
Hammer	***191'3"***	***Kayla Gutierrez***	***2014***
Long Jump	20' 4.5"	Kathy Coleman	2005
Triple Jump	41' 6"	Shemika Brewer	2011
High Jump	5' 9"	Courtney Haman	2003
Pole Vault	12' 11.5"	Jill Schnurbusch	2013
Decathlon	5468	Lizz Barringer	1988

Men's Individual Outdoor Records

Event	Mark	Name	Year
100m	10.24	Dana Gardner	1986
200m	20.40	Tim Williams	1987
400m	45.16	Miles Smith	2005
800m	1:48.85	Carl Bell	1984
1500m	3:41.82	Brian Radle	1989
3000m	8:31.14	Mike Vannatta	1984
5000m	14:01.64	Brian Radle	1989
10000m	29:17.40	Art Waddle	1986
100m Hurdles	13.84	Andrew Presberry	1981
400m Hurdles	50.77	Alonzo Nelso	2005
Shot Put	61' 11.75"	Kevin Farley	2013
Discus	192' 4"	Neil Rock	1986
Javelin	222' 3"	Randy Johnson	1997
Hammer	***206'9"***	***Kevin Farley***	***2014***
Long Jump	25' 6.25"	Shelton Scott	2003
	25' 6.25"	Blake Carter	2013
Triple Jump	53' 1"	Keith Presberry	1986
High Jump	7" 1.25"	Jim Lohr	1984
Pole Vault	17' 10.25"	Bob Ferguson	1987
Decathlon	7881	John Schwepker	1988

Women's Indoor Relay Records

4 x 400m Relay
3:43.23 (1997)
Shannon O'Dell
Kim Stewart
Tammy Wenkel
Yvonne Hente

Distance Medley Relay
12:03.08 (2003)
Kaci Pilcher
Lindsey Meyr
Brooke Woodruff
Lindsay Zeiler

Women's Outdoor Relay Records

4 x 100m Relay
44.92 (1987)
Michelle Hicks
Kehinde Vaughan
Lisa Like
Benita Thomas

4 x 200m Relay
1:37.15 (2000)
Heather Keltner
Shauna Birge
Hannah Stuckenschneid
Natalie Talley

4 x 400m Relay
3:41.13 (2000)
Kim Stewart
Hannah Stuckenschneid
Natalie Talley
Heather Keltner

4 x 800m Relay
9:09.09 (1985)
Laura Byrne
Debbie Kilpatrick
Pam Palmer
Jennella Torrence

Sprint Medley Relay
3:54.13 (1998)
Natalie Talley
Yvonne Hente
Heather Keltner
Tammy Wenkel

Sprint Medley Relay
11:39.26 (2004)
Kaci Pilcher
Natasha Fortenberry
Brooke Woodruff
Lindsey Zeiler

Men's Indoor Relay Records

4 x 400m Relay
3:09.16 (2006)
Walter Washington
Chris Gill
Alonzo Nelson
Miles Smith

Distance Medley Relay
10:00.71 (2012)
Mohamed Soulieman
Curt Wood
Max Wieser
Alex Zisser

Men's Outdoor Relay Records

4 x 100m Relay
39.86 (1984)
Rob Thomas
Mike Dwyer
Barry Hibbert
David Jackson

4 x 200m Relay
1:24.51 (1984)
Ken McNair
Rob Thomas
David Jackson
Mike Dwyer

4 x 400m Relay
3:05.54 (2006)
Alonza Nelson
Chris Poindexter
Walter Washington
Mile Smith

4 x 800m Relay
7:28.84 (1985)
Carl Bell
Ken Franklin
Shaun Carlile
Norm Kellar

Sprint Medley Relay
3:19.00 (1984)
Rob Thomas
Mike Dwyer
David Jackson
Joe Lackner

Sprint Medley Relay
9:54.87 (1986)
Pedro Caceres
Carl Perkins
Shaun Carlile
Brian Radle



SOUTHEAST MISSOURI STATE REDHAWKS

100 Meter

1.	11.50	Benita Thomas	1987
2.	11.54	Torvia Bradley	1994
3.	11.67	Michelle Hicks	1987
4.	11.68	Angelica Larrier	2012
5.	11.78	Rachel Kahle	2009
6.	11.83	Shauna Birge	2000
7.	11.84	Jerika Lewis	2013
8.	***11.84***	***Prenecia Ponds***	***2014***
9.	11.87	Kehinde Vaughan	1988
10.	11.88	Natalie Talley	2011

200 Meter

1.	23.91	Jerika Lewis	2013
2.	23.99	Yvonne Hente	1997
3.	24.00	Rachel Kahle	2010
4.	24.04	Torvia Bradley	1994
5.	24.06	Angelica Larrier	2012
6.	24.10	Kehinde Vaughan	1987
7.	24.13	Michelle Hicks	1987
8.	***24.15***	***Prenecia Ponds***	***2014***
9.	24.16	Heather Keltner	1999
10.	24.28	Lisa Crawford	1991

400 Meter

1.	53.40	Jerika Lewis	2011
2.	53.50	Kehinde Vaughan	1987
3.	53.61	Heather Keltner	2001
4.	54.18	Lisa Crawford	1991
5.	54.26	Yvonne Hente	1997
6.	54.30	Michelle Chambliss	1992
7.	54.43	Hannah Stuckenschneider	2003
8.	55.06	Jennella Torrence	1985
9.	55.08	Kathleen Hudson	1981
10.	55.19	LaQuita Andrews	2003

800 METER

1.	2:07.06	Brooke Woodruff	2004
2.	2:08.29	Tammy Wenkel	1998
3.	2:08.62	Jennella Torrence	1985
4.	2:09.55	Janice Gibson	1988
5.	2:10.46	Laura Byrne	1987
6.	2:10.61	Janelle Quigley	1998
7.	2:11.37	Jen Burke	2005
8.	2:13.60	Angela Rohrscheib	1991
9.	2:13.68	Kaci Pilcher	2002
10.	2:13.74	Alyssa Rebecca	2013

1500 Meter

1.	4:24.15	Laura Byrne	1989
2.	4:27.96	Chris Ridenour	1983
3.	4:28.24	Lindsay Zeiler	2004
4.	4:29.67	Pam Palmer	1985
5.	4:29.94	Kelly Cracchiolo	1988
6.	4:30.34	Janelle Quigley	1998
7.	4:30.49	Brooke Woodruff	2005
8.	4:33.84	Misty Dubman	1996
9.	4:37.34	Lucie Mays	1990
10.	4:38.38	Kaci Pilcher	2004

5000 METER

1.	16:35.00	Laura Byrne	1989
2.	15:48.47	Lucie Mays	1991
3.	***16:54.85***	***Rebekah Lawson***	***2013***
4.	16:55.34	Chris Ridenour	1983
5.	16:59.02	Juli Koenegstein	2009
6.	17:02.26	Janelle Quigley	1999
7.	17:13.00	Debbie Kilpatrick	1985
8.	17:15.14	Jan Gautier	1988
9.	17:19.80	Jessica Bollinger	2012
10.	17:23.06	Laura Tenaglia	1990

10000 METER

1.	34:56.95	Debbie Kilpatrick	1985
2.	36:03.36	Laura Tenaglia	1990
3.	36:04.18	Jessica Bollinger	2012
4.	***36:08.44***	***Rebekah Lawson***	***2012***
5.	36:12.70	Margaret Hertenstein	1985
6.	36:39.40	Mary Beth Schriefer	1987
7.	36:40.24	Lisa Durham	1991
8.	36:47.20	Jan Gautier	1987
9.	***36:52.95***	***Gloria Westlake***	***2014***
10.	37:30.74	Anna Assenmacher	1991

100 METER HURDLES

1.	13.84	Candace Williams	1981
2.	14.00	Shannon O'Dell	1997
3.	14.08	Lyndsey Stevenson	2003
4.	14.12	Whitney Thomas	2007
5.	14.19	Trena Anderson	1995
6.	14.20	Orie Ibe	2007
7.	14.40	Jacquelyn Gregware	1983
8.	14.58	Peggy McFarland	1988
9.	14.59	Unique Hooks	2013
10.	14.61	Lizz Barringer	1988

400 METER HURDLES

1.	59.29	Shannon O'Dell	1997
2.	1:00.28	Laura Vanhoevelaak	2003
3.	1:00.33	Tammy Wenkel	1997
4.	1:00.69	Candace Williams	1981
5.	1:01.90	Peggy McFarland	1989
6.	1:02.55	Lyndsey Stevenson	2003
7.	1:02.56	Natalie Dansberry	1986
8.	1:02.98	Kim Demers	2000
9.	1:03.74	Jacquelyn Gregware	1983
10.	1:03.79	Elizabeth Prewitt-Allen	2009

3000 M STEEPLECHASE

1.	10:34.98	Juli Koenegstein	2009
2.	11:06.68	Mary Dohogne	2013
3.	11:07.46	Coleen Burke	2005
4.	11:14.81	Maria Trowbidge	2013
5.	11:20.86	Gloria Westlake	2013
6.	11:36.19	Kaci Pilcher	2004
7.	11:27.88	Anna Verseman	2003
8.	11:31.93	Linnea Woldtvedt	2007
9.	11:34.31	Jennifer Govero	2013
10.	11:34.70	Jessie Thompson	2002

HAMMER THROW

1.	***191'3"***	***Kayla Gutierrez***	***2014***
2.	***189'4"***	***Sarah Hall***	***2014***
3.	179'0"	Brianna Egbuka	2011
4.	176'6"	Heather Jenkins	2004
5.	174'11"	Kayla Gutierrez	2013
6.	168'1"	Sarah Hall	2013
7.	165'6"	Samantha Espiricueta	2011
8.	158'6"	Courtney Gapelu	2013
9.	154'11"	Ashley Brewer	2010
10.	150'11"	Emilea Old	2013

LONG JUMP

1.	20'4.5"	Kathy Coleman	2005
2.	20'2.5"	Heather Denihan	1998
3.	20'0.5"	Beverly Slaughter	1981
	20'0.5"	Meleisa Greene	2004
5.	***19'11"***	***Jessica Brown***	***2014***
6.	19'8.25"	Kathy Taylor	1991
7.	19'4.5"	LaRita Hawes	1983
8.	19' 4"	Shemeika Brewer	2012
9.	19'2.5"	Lindsay Meyr	2005
	19' 2.5"	Jessica Brown	2012

SHOT PUT

1.	52'1"	Courtney Gapelu	2013
2.	51'0"	Heather Jenkins	2004
3.	50'9.5"	Lutricia Purham	2000
4.	50'7.25"	Ashley Brewer	2009
5.	49'3"	Linda Wilson	1989
6.	48'1"	LeAnn Powers	1986
7.	47'8"	Megan Youse	2004
8.	***47'5"***	***Sarah Hall***	***2014***
9.	***47'2.25"***	***Kayla Gutierrez***	***2014***
10.	46'10"	Brianna Egbuka	2010

JAVELIN

1.	166'8"	Samantha Espiricueta	2009
2.	162'1"	Lizz Barringer	1989
3.	153'9"	Courtney Haman	2003
4.	153'0"	Kathy Day	1985
5.	148'6"	Lindsey Hearne	2008
6.	141'10"	Rebecca Martin	2009
7.	134'0"	LeAnn Powers	1986
8.	133'5"	Dana Patek	1993
	133'5"	Becky Shull	1999
10.	129'7"	Denise Ford	1995

HIGH JUMP

1.	5'9"	Courtney Haman	2003
2.	5'8"	Angela James	1988
3.	5'7.5"	Heather Fisher	1996
4.	5'7"	Carla Beatie	1983
	5'7"	Lizz Barringer	1988
	5'7"	Lainie Bohnsack	2006
	5'7"	***Jessica Brown***	***2014***
7.	5'6"	Sandy Delling	1986
	5'6"	Trena Anderson	1993
	5'6"	Jessica Brown	2012
	5'6"	Cara Harbstreet	2012

DISCUS

1.	173'11"	Heather Jenkins	2002
2.	***171'8"***	***Kayla Gutierrez***	***2014***
3.	163'3"	Ashley Brewer	2010
4.	160'10"	Pat Washington	1983
5.	154'3"	Lutricia Purham	2000
6.	150'9"	Megan Youse	2004
7.	149'2"	Samantha Espiricueta	2010
8.	148'9"	Linda Wilson	1988
9.	***146'5"***	***Sarah Hall***	***2014***
10.	144'2"	Courtney Gapelu	2013

TRIPLE JUMP

1.	41'6"	Shemeika Brewer	2011
2.	***40'9.5"***	***Ahshane Johnson***	***2014***
3.	***40'6"***	***Kim Moye***	***2014***
4.	40'4.75"	Kathy Coleman	2005
3.	40'1.5"	Tiffany Ford	1995
4.	39'8"	Heather West	2005
5.	39'5.25"	Grey C. Harris	1997
6.	39'1"	Marguerita Johnson	1990
7.	38'11"	Renee Bergmeier	1998
8.	38'10"	Charmen Jackson	1990

POLE VAULT

1.	13'1.5"	Jill Schnurbusch	2013
2.	11'11.75"	Michele Jett	2005
	11'11.75"	Audrey Harwood	2007
	11'11.75"	Erica Grajales	2012
5.	11'9.75"	Nikki Buchheit	2012
6.	11'8"	Jennifer Leaman	1999
7.	11'6.5"	Haley Holton	2013
8.	11'2"	Megan Rosenkoetter	2006
9.	11'0"	Sara Kaznica	2002
10.	10'11.75"	Amy West	2006

4 x 100m Relay

1.	44.92	Michelle Hicks Kehinde Vaughan Lisa Like Benita Thomas	1987
2.	45.40	Heather Keltner Shauna Birge Kim Stewart Natalie Talley	2000
3.	45.63	Shannon O'Dell Yvonne Hente Kim Stewart Shauna Birge	1997
4.	45.66	Rachel Kahle Angelica Larrier Magan Edwards Jerika Lewis	2011
5.	45.91	Natasha Fortenberry LaQuita Andrews Nyisha Porter Rose Fulton	2004

4 x 200m Relay

1.	1:37.15	Heather Keltner Shauna Birge Hannah Stuckenschneider Natalie Talley	2000
2.	1:37.18	Rachel Kahle Angelica Larrier Magan Edwards Jerika Lewis	2011
3.	1:37.30	Shannon O'Dell Kim Stewart Shauna Birge Yvonne Hente	1997
4.	1:37.35	Heather Keltner Shauna Birge Hannah Stuckenschneider Kim Stewart	2000
5.	1:37.82	Kim Stewart Natalie Talley Sarah Junkin Shauna Birge	1999

4 x 400m Relay

1.	3:41.13	Hannah Stuckenschneider Kim Stewart Natalie Talley Heather Keltner	2000
2.	3:41.75	Laura Vanhoevelaak Hannah Stuckenschneider Brooke Woodruff LaQuita Andrews	2003
3.	3:42.76	Hannah Stuckenschneider Kim Stewart Robbi Durham Heather Keltner	2000
4.	3:43.23	Shannon O'Dell Kim Stewart Tammy Wenkel Yvonne Hente	1997
5.	3:43.36	Kim Stewart Heather Keltner Tammy Wenkel Yvonne Hente	1998



Torvia Bradley (right)

Bradley is one of the most decorated runners in Redhawk history as she ranks second in the 100 meter dash and fourth in the 200 meter dash.

LeAnn Powers (left)

Powers was a standout thrower for the Redhawks as she ranks fifth in the Shot put and seventh in the javelin.



4 x 800m Relay

1.	9:09.09	Laura Byrne Debbie Kilpatrick Pam Palmer Jennella Torrence	1985
2.	9:15.71	Brooke Woodruff Lindsay Zeiler Kaci Pilcher Jen Burke	2004
3.	9:20.36	Pam Palmer Laura Byrne Jennella Torrence Diane Barlow	1985
4.	9:24.85	Sue Hopson Andrea Talley Karen McMillan Kathleen Hudson	1981
5.	9:27.59	Cathy Palacios Kelly Cracchilo Laura Tenaglia Laura Byrne	1989

Sprint Medley Relay

1.	3:54.13	Natalie Talley Yvonne Hente Heather Keltner Tammy Wenkel	1998
2.	3:54.43	Shannon O'Dell Shauna Birge Yvonne Hente Tammy Wenkel	1997
3.	3:55.43	Rose Fulton LaQuita Andrews Hannah Stuckenschneider Brooke Woodruff	2003
4.	3:55.55	Natalie Talley Yvonne Hente Tammy Wenkel Janelle Quigley	1998
5.	3:56.36	Kim Stewart Shauna Birge Heather Keltner Tammy Wenkel	1999

Distance Medley Relay

1.	11:39.26	Kaci Pilcher Natasha Fortenberry Brooke Woodruff Lindsay Zeiler	2004
2.	11:50.65	Tammy Wenkel Heather Keltner Yvonne Hente Janelle Quigley	1998
3.	11:57.26	Anna Assenmacher Angela Rohrscheib Kari Unterreiner Lucie Mays	1991
4.	11:59.08	Tammy Wenkel Hannah Stuckenschneider Heather Keltner Janelle Quigley	1999
5.	12:01.79	Jannella Torrence Vickie Wright Pam Palmer Chris Ridenour	1984



SOUTHEAST MISSOURI STATE REDHAWKS

100 Meter

1.	10.24	Dana Gardner	1986
2.	10.28	David Jackson	1985
3.	10.30	Tim Williams	1987
4.	10.34	Rich Wilson	1977
5.	10.37	Lee Brock	1982
6.	10.41	Rick Reynolds	1982
7.	***10.42***	***Blake Smith***	***2014***
8.	10.43	Mike Dwyer	1984
8.	10.44	Rob Thomas	1984
	10.44	Dereck Robinson	1986

200 Meter

1.	20.40	Tim Willimas	1987
2.	20.48	Dana Gardner	1986
3.	20.89	David Jackson	1985
4.	20.94	Terrance Branch	1994
5	20.99	Miles Smith	2005
6.	21.14	Richard Williams	1977
6.	21.14	Mike Dwyer	1984
8.	21.24	Rich Wilson	1976
9.	21.30	DeAndre Simmons	2012
10.	21.31	Derrick Brown	2001

400 Meter

1.	45.16	Miles Smith	2005
2.	45.52	Terrance Branch	1994
3.	45.95	Rob Thomas	1984
4.	46.95	Terry Harrison	1990
5.	47.22	Walter Washington	2006
5.	47.22	Chris Gill	2010
7.	47.23	Shaun Jackson	1986
8.	47.32	Jason Campbell	2002
9.	47.86	Myron Pettigrew	2009
10.	47.98	Markeith Crawford	1995

800 METER

1.	1:48.85	Carl Bell	1984
2.	1:49.51	Glen Lomenick	1996
3.	1:49.80	Donnie Phillips	1992
4.	1:50.69	Ted McMillan	1990
5.	1:50.77	Shaun Carlile	1986
6.	1:51.10	Ken Franklin	1985
7.	1:51.30	Norm Kellar	1985
8.	1:51.39	Tyson Brown	2001
9.	1:51.45	Chaz Brown	2005
10.	1:51.54	Brian Radle	1986

1500 Meter

1.	3:41.82	Brian Radle	1989
2.	3:44.58	Norm Kellar	1985
3.	3:44.73	Joe Lackner	1984
4.	3:47.08	Pedro Caceres	1986
5.	3:49.00	John Daly	1989
6.	3:49.59	Pat Ratcliff	1982
7.	3:50.11	Mike Byrne	1984
8.	3:50.80	Edgar White	1976
9.	3:51.59	Art Waddle	1987
10.	3:52.10	Joe Dandridge	1993

5000 METER

1.	14:01.64	Brian Radle	1989
2.	14:02.32	Jimmy Hearld	1991
3.	14:08.90	Mike Vanatta	1984
4.	14:14.50	John Daly	1990
5.	14:16.20	Pedro Caceres	1987
6.	14:20.10	Art Waddle	1987
7.	14:22.70	Steve Sawyer	1990
8.	14:31.10	Mike Hillyard	1990
9.	14:32.90	Steve Harmon	1977
10.	14:34.7	Jason Lumpkin	2011

10000 METER

1.	29:17.40	Art Waddle	1986
2.	29:51.50	Joe Leutchmann	1985
3.	29:53.70	Jimmy Hearld	1990
4.	30:14.75	Brandon Karcher	2007
5.	30:32.37	Steve Sawyer	1990
6.	30:43.00	John Pendergraft	1986
7.	30:46.47	Craig Munie	2013
8.	30:47.86	Jason Lumpkin	2011
9.	30:50.30	Ron Ayers	1981
	30:50.30	Ken Hoffmann	1982

110 METER HURDLES

1.	13.84	Andrew Presberry	1981
2.	13.92	Ken McNair	1984
3.	14.06	Elmo Thorton	1979
4.	14.10	Deric Haynes	1987
5.	14.15	Glenn Haley	2002
6.	14.17	Virgil Lucas	1991
7.	14.19	Darrel Hilkerbaumer	1977
8.	14.25	Leanard Scott	1982
9.	***14.31***	***Chris Navarro***	***2014***
10.	14.36	David Herman	2002

400 METER HURDLES

1.	50.77	Alonzo Nelson	2005
2.	51.35	Andrew Presberry	1981
3.	51.69	Markeith Crawford	1995
4.	52.11	Ken Brown	1983
5.	52.16	Glenn Haley	1998
6.	52.34	Darrel Hilkerbaumer	1976
7.	52.64	Art Miller	1969
8.	52.68	Deric Haynes	1987
	52.68	Ted McMillan	1988
10.	***52.83***	***Mike Peters***	***2014***

3000 M STEEPLECHASE

1.	8:31.14	Mike Vanatta	1984
2.	8:46.57	Pedro Caceres	1986
3.	8:48.91	Brian Radle	1988
4.	9:00.72	Ken Hoffmann	1982
5.	9:03.05	Kevin McNab	2006
6.	9:07.13	Ken White	1983
7.	9:08.70	Chad Sierman	2003
8.	9:08.99	Paul Skie	1986
9.	9:11.41	Charles Johnson	2014
10.	9:12.05	Brent Collins	2012

HAMMER THROW

1.	***206'9"***	***Kevin Farley***	***2014***
2.	206'1"	Brandon Colbert	2011
3.	189'2"	Jared Siemers	2013
4.	188'10"	Craig Robinson	2013
5.	***185'3"***	***Shon Kyle***	***2014***
6.	***180'11"***	***Seth Sievers***	***2014***
7.	***177'3"***	***Jason Walker***	***2014***
8.	173'1"	Josh Uchtman	2012
9.	165'5"	Andy Croxford	2008
10.	162'2"	Steve Hendry	2012

LONG JUMP

1.	25'6.25"	Shelton Scott	2003
	25'6.25"	***Blake Carter***	***2013***
3.	25'5.5"	John Berry	2008
4.	25'5"	Jon Riley	1996
5.	***25'4.5"***	***Blake Smith***	***2014***
6.	25'0.75"	Rashide Ward	1989
7.	25'0"	Mark Daye	1977
8.	24'10.25"	Earl Whiting	1984
9.	24'9.75"	Tyler Terry	2011
10.	24'9.5"	Ed Russell	1980

SHOT PUT

1.	61'11.75"	Kevin Farley	2013
2.	60'11.25"	Josh Utchman	2012
2.	59'7.75"	Jay Heddell	2003
3.	59'0.5"	Rick Wadlington	1971
4.	58'4.5"	Brandon Colbert	2008
5.	58'2.5"	Brian Knippen	2005
7.	57'11"	Craig Robinson	2012
8.	56'8"	Terry Coff	1969
9.	56'7.5"	Bryan Alfultis	1998
10.	56'2.5"	Brandon Myer	2001

JAVELIN

1.	222'3"	Randy Johnson	1997
2.	221'9"	John Hogan	1988
3.	218'11"	Bob Cohoon	1990
4.	214'6"	Brian Grote	2014
4.	214'6"	Ben Stricklin	2008
5.	202'9"	Ed Draper	2011
6.	***204'7"***	***Chris Navarro***	***2014***
7.	201'8"	Matt Krich	1987
9.	198'10"	Jason Theodorakos	2005
10.	192'5"	Brian Knippen	2005

HIGH JUMP

1.	7'1"	Jim Lohr	1984
2.	7'.5"	Reggie Miller	2013
3.	7'.5"	Alex Neophytou	1990
4.	7'0"	William Johnson	1983
	7'0"	Kevin Market	1983
6.	6'11.75"	Adrian Barnhill	2000
7.	6'11"	Scott Cant	1986
	6'11"	Thad Tipton	1995
	6'11"	Garvin Ambrose	2001
10.	6"10.25	Jacob Kent	2012

DISCUS

1.	192'4"	Neil Rock	1986
2.	181'9.5"	Brandon Myer	2001
3.	179'2"	Brandon Colbert	2009
4.	***177'3"***	***Shon Kyle***	***2014***
5.	175'7"	Mike Hintz	1985
6.	173'7"	Jay Heddell	2003
7.	172'7"	Josh Uchtman	2009
8.	170'11"	Bryan Alfultis	1998
	170'11"	***Kevin Farley***	***2013***
10.	***169'1"***	***Jason Walker***	***2014***

TRIPLE JUMP

1.	53'5"	Keith Presberry	1986
2.	52'10.25"	Earl Whiting	1986
3.	52'7.5"	Mike Roberson	1988
4.	52'2"	Shelton Scott	2003
5.	***51'11.75"***	***Reggie Miller***	***2014***
	51'11.75"	***Chris Martin***	***2014***
7.	51'8.5"	Jon Riley	1998
8.	51'6"	Charles Taylor	1978
9.	51'4.5"	Mark Daye	1977
10.	50'7.5"	Bilal Hameed	2008

POLE VAULT

1.	17'10.25"	Bob Ferguson	1987
2.	17'2.5"	Jaret Willi	2002
3.	17'0"	John Schwepker	1988
4.	***16'10.75"***	***Christian Locke***	***2014***
5.	16'5.25"	Tim Davis	1997
6.	16'4"	Rich Schwepker	1989
7.	16'0.5"	Jordan Willi	2004
8.	16'0"	Chris Moore	1998
	16'0"	Jim Fox	1998
10.	15'9"	Kevin Lea	1981
	15'9"	Chris Prescott	1997
	15'9"	Matt Murphy	1990

4 x 100m Relay

1. 39.86	Rob Thomas Mike Dwyer Barry Hibbert David Jackson	1984
2. 40.00	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987
3. 40.25	Keith Hubbard Andrew Presberry Rob Thomas Rick Reynolds	1982
4. 40.44	James Williams Richard Williams Rich Wilson Eric Hornsby	1977
5. 40.49	Jon Jefferson Miles Smith Alonzo Nelson Chris Poindexter	2005

4 x 200m Relay

1. 1:24.51	Ken McNair Rob Thomas David Jackson Mike Dwyer	1984
2. 1:25.52	Chris Gill David Reid Brandon Simpson Chris Poindexter	2007
3. 1:25.64	Rick Townsend Eric Hornsby Richard Williams Rich Wilson	1977
4. 1:25.84	Brian Cowan Dewayne Johnson Markeith Crawford Eric Wade	1996
5. 1:25.87	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987

4 x 400m Relay

1. 3:05.54	Alonzo Nelson Chris Poindexter Walter Washington Miles Smith	2006
2. 3:05.88	Daivd Jackson Mike Dwyer Carl Bell Rob Thomas	1984
3. 3:06.49	Alonzo Nelson Chris Poindexter Chaz Brown Miles Smith	2005
4. 3:08.74	Brian Coleman Terrance Branch Donnie Phillips Jamal Carson	1991
5. 3:09.16	Walter Washington Chris Gill Alonzo Nelson Miles Smith	2006



Barry Hibbert and David Jackson

Hibbert and Jackson ran the final two legs of the Redhawks 4 x 100m relay team in 1984. The two along with Rob Thomas and Mike Dwyer hold a school record in the event with a time of 39.86.



Norm Kellar

Kellar ranks second all-Time at Southeast Missouri in the 1,500 meter run with a time of 3:44.58 which was set in 1985.

4 x 800m Relay

1.	7:28.84	Carl Bell Ken Franklin Shaun Carlile Norm Kellar	1985
2.	7:35.97	Ted McMillan Fred Jones Eric VanMatre John Daly	1990
3.	7:37.40	Edgar White R. McGowan G. Williams C. Logan	1977
4.	7:38.18	Kameron Long Alex Zisser Charles Johnson Tyler Holmes	2013
5.	7:41.24	Norm Kellar Pedro Caceres Shaun Carlile Carl Bell	1986

Sprint Medley Relay

1.	3:19.00	Rob Thomas Mike Dwyer David Jackson Joe Lackner	1984
2.	3:19.55	Rob Thomas Barry Hibbert Daivd Jackson Joe Lackner	1984
3.	3:22.00	Brian Cowan Dewayne Johnson Markeith Crawford Deryl Gardner	1995
4.	3:22.03	Emmanuel Opoku Derrick Brown Jason Campbell Tyson Brown	2001
5.	3:22.20	Brian Cowan Dewayne Johnson Markeith Crawford Deryl Gardner	1996

Distance Medley Relay

1.	9:45.87	Pedro Caceres Carl Perkins Shaun Carlile Brian Radle	1986
2.	9:47.30	Joe Lackner Ken McNair Shaun Carlile Mike Vanatta	1984
3.	9:51.20	Brian Radle Terry Harrison Fred Jones Pedro Caceres	1987
4.	9:54.34	Jon Langhans Markeith Crawford Deryl Gardner Glen Lomenick	1995
5.	9:58.59	James McCrackin Markeith Crawford Deryl Gardner Joe Dandridge	1993



Terrance Branch

Branch had a stellar career at Southeast and can be found in the Redhawk recordbooks in many events such as the 200 meter and 400 meter dashes. He was also an NCAA Division I All-American in the 400m Dash in 1994.

SOUTHEAST MISSOURI STATE REDHAWKS

Women

OVC Indoor Champions
1997
1998
2000
2004
2005
2006
2013

Coach of the Year
1997 Joey Haines
1998 Joey Haines
2000 Joey Haines
2004 Joey Haines
2005 Joey Haines
2006 Joey Haines
2013 Eric Crumpecker

Athlete of the Year
2003 Heather Jenkins
2004 Brook Woodruff (T)
Kathy Coleman (F)
2011 Brianna Egbuka (F)

Freshman of the Year
2005 Kathy Coleman
2006 Whitney Thomas
2009 Shemeika Brewer

Championship MVP
2005 Kathy Coleman

Men

OVC Indoor Champions
1996
2014

Coach of the Year
1996 Joey Haines
2014 Eric Crumpecker

Athlete of the Year
2003 Shelton Scott
2005 Miles Smith (T)
Brian Knippen (F)
2006 Miles Smith (T)
2008 Miles Smith (T)
Brandon Colbert (F)
2009 Josh Uchtman (F)
2011 Brandon Colbert (F)
2012 Josh Uchtman (F)
2013 Reggie Miller (F)
2014 Kevin Farley (F)

Freshman of the Year
2006 Chris Williams
2009 Nate Shipley
2010 Tyler Mullen
2012 Jacob Kent
2014 Chris Martin

Championship MVP
2006 Miles Smith
2010 Brandon Colbert
2014 Blake Smith



2013 Women's Indoor Champions



2014 Men's Indoor Champions

Women

OVC Outdoor Champions
1995
1997
1998
2000
2003
2004
2005
2006
2014

Coach of the Year
1995 Joey Haines
1997 Joey Haines
1998 Joey Haines
2000 Joey Haines
2003 Joey Haines
2004 Joey Haines
2005 Joey Haines
2006 Joey Haines

Athlete of the Year
2000 Heather Keltner
Lutricia Purham
2001 Heather Keltner
2003 Heather Jenkins
2004 Heather Jenkins
2009 Ashley Brewer (F)
2011 Samantha Espiricueta (F)
2014 Kayla Gutierrez (F)

Freshman of the Year
2010 Jerika Lewis

Men

OVC Outdoor Champions
1995
1996
2005
2006
2008
2014

Coach of the Year
1995 Joey Haines
1996 Joey Haines
2005 Joey Haines
2006 Joey Haines
2008 Joey Haines
2014 Eric Crumpecker

Athlete of the Year
1996 JonRiley
2005 Brian Knippen (F)
2006 Miles Smith (T)
2007 Brandon Karcher (T)
Brandon Colbert (F)
2008 John Berry (F)
2010 Chris Gill (T)
Brandon Colbert (F)
2013 Kevin Farley (F)

Freshman of the Year
2012 Kevin Farley
2014 Chris Martin

Championship MVP
2005 Brian Knippen
2013 Kevin Farley



2014 Women's Outdoor Champions



2014 Men's Outdoor Champions

SOUTHEAST MISSOURI STATE REDHAWKS

Women's Indoor

55m Dash
1998 Natalie Talley

60 Meter Dash
2005 Kathy Coleman

55m Hurdles
2008 Whitney Thomas
1995 Trena Anderson
1993 Trena Anderson

200m Dash
1999 Heather Keltner

400m Dash
2013 Jerika Lewis
2010 Jerika Lewis
2002 H. Stuckenschneider
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1994 Michelle Chambliss

800m Run
2005 Brooke Woodruff
2004 Brooke Woodruff
2003 Brooke Woodruff
1998 Tammy Wenkel

Mile
2006 Lindsay Zeiler
2005 Lindsay Zeiler
2004 Lindsay Zeiler

3000m Run
2006 Lindsay Zeiler
2004 Lindsay Zeiler
1997 Janelle Quigley
1994 Amy Cole

5000m Run
2013 Brittney Whitehead
2006 Jennifer Caywood
1994 Amy Cole

4 x 400m Relay
2009 2000
1998 1997

Distance Medley Relay
2004 1999
1996

High Jump
1997 Heather Fisher
1996 Heather Fisher

Long Jump
2012 Jessica Brown
1998 Heather Denihan

Triple Jump
2009 Shemeika Brewer
2006 Heather West
2005 Kathy Coleman

Shot Put
2014 Courtney Gapelu
2011 Courtney Gapelu
2007 Ashley Brewer
2004 Heather Jenkins
2003 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1992 Charlene Cortez

Pole Vault
2006 Michelle Jett
2004 Michelle Jett

20lb Weight Throw
2014 Kayla Gutierrez
2011 Briana Egbuka
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins

Women Outdoor

100m Dash
2001 Natalie Talley
1998 Natalie Talley

200m Dash
2001 Heather Keltner
1999 Heather Keltner

400m Dash
2011 Jerika Lewis
2001 Heather Keltner
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1993 Lisa Crawford

800m Run
2004 Brooke Woodruff
2003 Brooke Woodruff

1500m Run
2007 Lindsay Zeiler
2006 Lindsay Zeiler
2005 Brooke Woodruff
2004 Lindsay Zeiler

3000m Steeplechase
2010 Juli Koenegstein
2009 Juli Koenegstein
2007 Juli Koenegstein

5000m Run
1994 Amy Cole

10,000m Run
2012 Jessica Bollinger
2003 Kris Woolf

100m Hurdles
1997 Shannon O'Dell
1995 Trena Anderson

400m Hurdles
1997 Shannon O'Dell
1995 Shannon O'Dell

4 x 100m Relay
2011 2005
2004 2000
1999 1998
1997

4 x 400m Relay
1998 1997

High Jump
2003 Courtney Haman
1997 Heather Fisher

Long Jump
2005 Kathy Coleman
1998 Heather Denihan
1997 Heather Denihan
1995 Tiffany Ford

Triple Jump
2012 Shemika Brewer
2011 Shemika Brewer
2009 Shemeika Brewer
1995 Tiffany Ford

Discus
2014 Kayla Gutierrez
2011 Samantha Espiricueta
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1992 Charlene Cortez

Javelin
2014 Bethany Pfeiffer
2011 Samantha Espiricueta
2010 Samantha Espiricueta
2009 Samantha Espiricueta
2006 Lindsay Hearne
2003 Courtney Hamman
2002 Courtney Hamman
2001 Courtney Hamman
1999 Rebecca Shull
1997 Denise Ford
1996 Jennifer Phillips
1995 Denise Ford
1993 Dana Patek
1992 Dana Patek

Shot Put
2014 Courtney Gapelu
2013 Courtney Gapelu
2011 Brianna Egbuka
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1998 Lutricia Purham
1993 Charlene Cortez
1992 Charlene Cortez

Pole Vault
2006 Michelle Jett
2004 Michelle Jett
2003 Michelle Jett
2002 Sara Kaznica

Hammer Throw
2011 Brianna Egbuka
2010 Brianna Egbuka

OVC CHAMPIONS

Men's Indoor

55m Dash
2014 Blake Smith
2001 Emmanuel Opoku

60m Hurdles
2004 David Herman
2001 Glenn Haley

200m Dash
2007 Chris Gill
2006 Miles Smith

400m Dash
2008 Chris Gill
2006 Miles Smith
2005 Miles Smith
1996 Markeith Crawford

800m Run
1996 Deryl Gardner
1995 Deryl Gardner

Mile Run
1995 Glenn Lomenick
1993 Joe Dandridge

3000 Meter Run
1993 Joe Dandridge

5000 Meter Run
2010 Jason Lumpkin
2009 Nate Shipley

Distance Medley Relay
1995

4 x 400m Relay
2007 2006
2005

4 x 800m Relay
1993

High Jump
2014 Reggie Miller Jr.
2012 Jacob Kent
2001 Garvin Ambrose
2000 Adrian Barnhill

Long Jump
2014 Blake Smith
2013 Blake Carter
2010 Tyler Terry
2009 Tyler Terry
2008 John Berry
2003 Shelton Scott
1996 Jon Riley
1995 Jon Riley

Triple Jump
2010 Tyler Terry
2009 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

Pole Vault
2004 Jordan Willi
2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
1998 Jim Fox
1996 Tim Davis
1995 Tim Davis

Shot Put
2014 Kevin Farley
2013 Kevin Farley
2012 Josh Uchtman
2011 Craig Robinson
2010 Josh Uchtman
2009 Josh Uchtman
2008 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1997 Bryan Alfultis
1996 Matt Gaylor
1995 Cleon Mitchell

35lb Weight Throw
2013 Craig Robinson
2011 Brandon Colbert
2010 Brandon Colbert
2008 Brandon Colbert
2005 Daniel Jones
2004 Daniel Jones

Heptathlon
2014 Chris Navarro

Men's Outdoor

100m Dash
2011 DeAndre Simmons

400m Dash
2008 Miles Smith
2006 Miles Smith
2005 Miles Smith
2004 Miles Smith
2002 Jason Campbell
1994 Terrence Branch

800m Run
2012 Mohamed Souleman
2001 Tyson Brown
1996 Deryl Gardner

3000m Steeplechase
2007 Chris Herren
2006 Kevin McNab
2003 Chad Sierman

1500m Run
2008 Paul Stemmerman
1993 Joe Dandridge

5000m
2007 Brandon Karcher

10000m
2011 Jason Lumpkin
2008 Brandon Karcher
2007 Brandon Karcher

110m Hurdles
2005 Alonzo Nelson
2001 Glenn Haley

400m Hurdles
2005 Alonzo Nelson
2001 Glenn Haley
1995 Markeith Crawford

4 x 100m Relay
2008 2005
2001 1996
1994

4 x 400m Relay
2008 2007
2006 2005
2004

High Jump
2013 Reggie Miller
2012 Reggie Miller
2005 Andrew Lambert
2001 Garvin Ambrose
1995 Chad Tipton

Long Jump
2013 Blake Carter
2011 Tyler Terry
2010 Tyler Terry
2008 John Berry
2002 Jaret Wil
1996 Jon Riley

Triple Jump
2014 Chris Martin
2013 Reggie Miller
2011 Tyler Terry
2010 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

Discus
2014 Shon Kyle
2013 Kevin Farley
2009 Brandon Colbert
2007 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1999 Bryan Alfultis
1998 Bryan Alfultis
1997 Matt Gaylor
1996 Bryan Alfultis
1992 Terrance Parker

Javelin
2014 Brian Grote
2012 Brian Grote
2011 Ed Draper
2009 Richard Martin
2008 Ben Stricklin
2005 Jason Theodorakos
1999 Bryan Alfultis
1998 Randy Johnson
1997 Randy Johnson
1996 Randy Johnson
1995 Randy Johnson

Pole Vault
2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
2000 Colin Sheridan
1999 Jaret Willi
1998 Jim Fox
1995 Jim Davis

Shot Put
2014 Shon Kyle
2013 Kevin Farley
2012 Craig Robinson
2011 Brandon Colbert
2010 Brandon Colbert
2009 Josh Uchtman
2008 Andy Glass
2005 Brian Knippen
2004 Jay Heddell
2003 Brandon Myer
2002 Jay Heddell
2001 Brandon Myer
2000 Brandon Myer
1997 Matt Gaylor
1996 Bryan Alfultis

Hammer Throw
2014 Kevin Farley
2013 Jared Siemers
2011 Brandon Colbert
2010 Brandon Colbert

Decathlon
2014 Chris Navarro

SOUTHEAST MISSOURI STATE REDHAWKS

Year	Athlete	Event
1981	Pat Washington	Discus
	Beverly Slaughter	Long Jump
	Candace Williams	Hurdle, Relay
	Kathleen Hudson	400m, Relay
	Shirley Walton	Relay
	Margaret Hertenstein	Cross Country
	Debbie Kilpatrick	Cross Country
1982	Pat Washington	Discus
	Candace Williams	Hurdles
	Pat Smith	4x400 Relay
	Robin Long	4x400 Relay
	Shirley Walton	4x400 Relay
	Chris Ridenour	Cross Country
1983	Chris Ridenour	Cross Country
	LaRita Hawes	Long Jump
	Jackie Gregware	Heptathlon
1984	Margaret Hertenstein	Cross Country
	Debbie Kilpatrick	Cross Country
	Chris Ridenour	Cross Country
1985	Pam Palmer	1500m (i)
	Jennella Torrence	800m (i)
	Jennella Torrence	800m
	Debbie Kilpatrick	10,000m
1986	Lizz Barringer	Heptathlon
	Laura Byrne	1500m
	LeAnn Powers	Shot Put
1987	LeAnn Powers	Shot Put (i), Shot Put
	Linda Wilson	Shot Put (i), Shot Put
	Laura Byrne	1500m, Cross Country
	Kehinde Vaughan	400m(i), 400 Relay 1600 Relay(i)
	Benita Thomas	55m, 400 Relay 100m
	Lizz Barringer	High Jump (i), Heptathlon
	Jan Gautier	3000 (i), 10,000m, Cross Country
	Lisa Like	1600 Relay, 400 Relay
	Diana Brown	1600 Relay (i)
	Regina Little	1600 Relay (i)
	Michelle Hicks	200m, 100m 400 Relay (i)
1988	Laura Byrne	Cross Country
	Jan Gautier	Cross Country
	Kehinde Vaughan	400M (i), 1600 Relay
	Janice Gibson	800m (i), 800m
	Kelly Cracchiolo	1500m (i), 1500m
	Linda Wilson	Shot Put (i), Shot Put
	Lisa Like	1600 Relay (i)
	LeAnn Powers	Shot Put
	Lizz Barringer	Heptathlon
	Peggy McFarland	1600 Relay (i)
	Ramona Spencer	1600 Relay (i)
1989	Laura Byrne	Cross Country, 1500m (i), 3000 (i), 5000m
	Lizz Barringer	Long Jump (i), Hurdles (i), Heptathlon
	Linda Wilson	Shot Put (i)
	Peggy McFarland	400m Hurdles
	Laura Tenaglia	3000M
	Jan Gautier	Cross Country
	Kelly Cracchiolo	1500m (i)
1990	Lucie Mays	1500m (i), 3000m
	Linda Wilson	Shot Put (i) Shot Put
	Laura Tenaglia	3000m (i), 5000m
1991	Kathy Taylor	Long Jump (i)
	Lucie Mays	3000m (i), 3000m, 5000m
	Torvia Bradley	55m (I), 100m
	Angela James	High Jump (i) High Jump
	Charlene Cortez	Shot Put
	Lisa Like	400m (i), 1600m Relay (i), 1600m Relay
	Angie Rohrschieb	1600m Relay (i), 1600m Relay
	Lisa Crawford	400m (i), 400m 1600m Relay (i), 1600m Relay
	Lisa Williams	1600m Relay (i), 1600m Relay



Debbie Kilpatrick (left) and LeAnn Powers (right) were both three-time All-Americans in their respective careers. Kilpatrick earned the honors from 1981-85 as a distance runner. Powers captured the honors from 1986-88 in the Shot Put.



Year	Athlete	Event
1957	Rex Miller	Cross Country
1969	Marty Corcoran	Mile Relay
	Mike Ervin	Mile Relay;
	Clarence Finley	Mile Relay
	Art Miller	Mile Relay
1970	Clark Wille	120 yd. High Hurdle
1971	Rick Wadlington	Shot Put
	Steve Parker	Cross Country
	Bob Kauffman	Cross Country
1972	Rick Attig	Javelin
1973	Ed White	Cross Country
1974	Ed White	Cross Country
1975	Ed White	Cross Country
1976	Richard Wilson	100m, 200m
1977	Eric Hornsby	200m
1978	Charles Taylor	Triple Jump
1979	Rick Wadlington	Shot Put
1981	Andrew Presberry	Hurdles, Mile Relay
	Mike Vanatta	Steeplechase
	Robin Thomas	Mile Relay
	Leonard Scott	Mile Relay
	Shay Lewis	Mile Relay
	Ken Hoffman	Cross Country
1982	Mike Vanatta	Steeplechase
	Andrew Presberry	Hurdles
	Rob Thomas	600 (i)
1983	Mike Vanatta	Steeplechase
	Ken McNair	High Hurdles
	Ken Brown	Intermediate Hurdles
	Carl Bell	800m
	Joe Lackner	1500m
	Tim Williams	100m, 200m
	Joe Leuchtmann	Cross Country
1984	Rob Thomas	500m (i)
	Carl Bell	800m
	Mike Dwyer	100m
	Bob Ferguson	Pole Vault
	Barry Hibbert	400 Relay
	Dave Jackson	100m, Relays
	Joe Lackner	1500m, Cross Country
	Joe Leuchtmann	10,000m, Cross Country
	Jim Lohr	High Jump
	Rob Thomas	400m, Relays
	Mike Vanatta	5000m, Steeplechase, Cross Country
	Earl Whiting	Triple Jump
	Art Waddle	Cross Country
1985	Carl Bell	800m (i)
	Bob Ferguson	Pole Vault (i)
	Dave Jackson,	Relays (i), 55m (i)
	Norm Kellar	500 (i)
	Jim Lohr	High Jump (i)
	Kevin Lyons	Relays (i)
	Earl Nichols	Relays (i)
	Tim Pigg	Shot Put (i)
	Keith Presberry	Triple Jump (i)
	Jeff Randle	Relays (i), 55m (i)
	John Schwepker	Pole Vault (i)
	Earl Whiting	Long Jump (i), Triple Jump (i)
	Norm Kellar	1500m
	David Jackson	100m, 200m
	Joe Leuchtmann	10,000m
	Jim Lohr	High Jump
	Mike Hintz	Discus
	Earl Whiting	Long & Triple Jump
	Brian Radle	Cross Country
1986	Pedro Caceres	Steeplechase
	Shaun Carlile	800m
	Bob Ferguson	Pole Vault
	Dana Garner	100m, 200m
	Norm Kellar	1500m
	Keith Presberry	Triple Jump (i), Triple Jump
	John Schwepker	Decathlon
	Art Waddle	10,000m
	Earl Whiting	Triple Jump
1987	Pedro Caceres	1500 (i), Steeplechase 5000m, Cross Country
	Derec Haynes	55 Hurdles (i)
	Brian Radle	1500m (i), 1500m Steeplechase
	John Schwepker	Pole Vault (i), Decathlon
	Art Waddle	500m (i), 10,000m, 5000m
	Neil Rock	Discus
	Tim Williams	200m, 400 Relay, 100m, 1600 Relay
	Jerome McDonald	400 Relay, 1600 Relay
	Terry Harrison	400 Relay, 1600 Relay
	Darryl Grady	400 Relay
	Bob Ferguson	Pole Vault
	Rich Schwepker	Pole Vault
	Ted McMillan	1600 Relay
	Norman Kellar	Cross Country
	Jay Townsend	Cross Country
1988	Jimmy Hearld	Cross Country
	Art Waddle	Cross Country
	Brian Radle	1500m (i),1500m, 5000m (i), Steeplechase, Cross Country
	John Schwepker	Pole Vault (i), Pole Vault Decathlon
	Rashid Ward	Long Jump (i)
	Mike Roberson	Triple Jump (i) Triple Jump
	Mike Hintz	Discus
	John Hogan	Javelin
1989	John Daly	1500m
	Jimmy Hearld	5000m (i), 10,000m 5000m
	Terry Harrison	400 (i), Mile Relay (i)
	Fred Jones	Mile Relay (i)
	Jerome McDonald	Mile Relay (i)
	Ted McMillan	Mile Relay (i), 800m
	Brian Radle	Cross Country, 1500 (i), 1500m, 5000m
	Rashid Ward	Long Jump (i)
1990	Bob Cahoon	Javelin
	John Daly	1500m
	Jimmy Hearld	5000m (i), 5000m
	Steve Sawyer	1500m
	Terry Harrison	400m (i), 1600m Relay (i), 1600m Relay
	Eric Van Matre	800m (i), 1600m Relay (i), 1600m Relay
	Jerome McDonald	1600m Relay (i), 1600m Relay
1991	Glen Norwood	Long Jump (i) Long Jump
	Terrence Branch	400m (i), 1600m Relay (i), 1600m Relay
	Virgil Lucas	1600m Relay (i), 1600m Relay
	Brian Coleman	1600m Relay (i), 1600m Relay
	Donnie Phillips	800m Relay (i), 800m Relay
	Jamal Carson	1600m Relay (i), 1600m Relay
	Jimmy Hearld	1600m Relay (i), 1600m Relay
1994	Terrence Branch	400m
2001	Terrance Branch	400m
2005	Miles Smith	400m
2006	Miles Smith	400m
2008	Miles Smith	400m
2013	Kevin Farley	Shot Put

Inaugural Class of 2002

Laura Byrne: Track and Cross Country (1986-89)
Byrne, a track and cross country athlete from 1986-1989, won four NCAA II individual titles during the 1988-89 school year when she won the cross country national championship and the indoor 1,500 and 3,000-meters and the outdoor 5,000-meters.

Marvin Rosengarten: Track Coach, Director of Athletics
Rosengarten was a football player at Southeast who later served as an assistant football coach, track coach, athletics director and director of athletic development. The Marvin Rosengarten Athletic Complex on the Southeast campus is named in his honor.

Abe Stuber: Track Coach (1932-46)
Stuber was football and track coach at Southeast from 1932-1946 and also served as basketball coach from 1932-1935 and from 1943-1946. His track teams won seven MIAA championships and his football teams claimed three league titles including the 1937 team that was unbeaten and untied.

Mike Vanatta: Track and Cross Country (1981-84)
Vanatta, track and cross country from 1981-1984, won four NCAA II individual national championships. He won the steeplechase title in 1982, 1983 and 1984 and claimed the cross country championship in 1984 while leading Southeast to the team title.

1984 Men's Cross Country Team
The team won the NCAA Division II National Championship.

1985 Men's Indoor Track Team
The team won the NCAA Division II National Championship.

Class of 2003

Rick Attig: Track (1970-73)
Attig, a football and track standout, was honorable mention All-American and team captain for the football team, and an All-American in the javelin for the track team. He is the Southeast and MIAA record holder in the javelin. He is currently an assistant track coach at Nebraska after having served as an assistant at Kansas.

Herb Mulkey: Track (1939-42)
Herb Mulkey was a star in both basketball and track. He was a two-time all-MIAA selection and team captain in basketball and held school records in the low hurdles, high hurdles and high jump. At one time, Mulkey held 11 high jump records at tracks throughout the Midwest.

Walter Smallwood: Track (1965-68)
Walter Smallwood was a two-time all-MIAA football selection who still holds Southeast records for touchdowns in a game (5), season (16) and career (38) and held the career rushing record until 1994. Smallwood was the MIAA 60-meter champion.

Clark Wille: Track (1967-71)
Clark Wille was a five-time MIAA champion in the high hurdles. He claimed All-American honors in the hurdles in 1971. After graduation he coached Herculaneum High School to ten state championships in cross country and track. Wille coached over 160 collegiate All-Americans at Lindenwood and Missouri Baptist. He guided the Lindenwood women to the NAIA cross country championship and the Lindenwood men to the NAIA men's indoor track title.

Curtis Williams: Track (1964-67)
Curtis Williams was the first African-American student-athlete at Southeast. He lettered four years in track and three years in basketball. He was the basketball MVP in 1967 and was MIAA champion in the high jump, triple jump and long jump.

Class of 2004

Lizz Barringer: Track (1986-89)
Lizz Barringer was a four-time Division II All-American in the heptathlon. She was the 1989 NCAA Division II heptathlon national champion and was an Olympic trials qualifier in the heptathlon.

Bill McLane: Track (1934-37)
Bill McLane ranks as one of the all-time great track athletes at Southeast. When he graduated in 1937 he held 24 track and field records at Southeast.

Ryland "Dutch" Meyr: Track (1958-61)
Ryland "Dutch" Meyr was a four-year starter at tackle and was honored as a Little All-American in 1961. Three of the four teams he played on won MIAA championships. He served as an assistant coach from 1969-1977. He had a record of 25-7 as head coach at Cape Central High School.

Rex Miller: Track and Cross Country (1955-58)
Rex Miller was Southeast Missouri State's first cross country All-American. He was 24th in the 1957 NCAA championships for all divisions held at Michigan State. He was undefeated for three years in the two-mile and was the MIAA mile and two-mile champion. Miller was also the high school coach of Southeast Hall of Famer Mike Vanatta.

Rob Thomas: Track (1981-84)
Rob Thomas ranks as Southeast Missouri State's only NCAA Division I national champion. He won the 1984 indoor 600-meters at the NCAA Division I championships. He was also a Division I All-American in 1982 and was a Division II All-American in 1982, 1983 and 1984. He was a U.S. Olympic trials qualifier in 1984 and a U.S. National Team member in 1985.

Class of 2006

John Schwepker, Track (1984-88)

Schwepker won two individual national championships at Southeast while earning seven All-America awards. He won the NCAA Division II indoor pole vault championship in 1985 and was the decathlon national champion in 1988. The Southeast record holder in the decathlon with 7,881 points, Schwepker participated in the 1988 Olympic Trials.

Royal Tibe: Track (1919-23)

Tibi is believed to be the only athlete at Southeast to earn varsity letters in five sports. He lettered in football, basketball, baseball, track and tennis. An outstanding punter on the football team, he also served as captain of the track team and was described as an outstanding defensive player on the basketball team.

Class of 2007

Ed White: Track and Cross Country (1973-77)

White is the only Southeast cross country runner to earn All-America honors for three straight years. He was honored in 1974, 1975 and 1976 with his highest national finish ninth in 1975. White is retired after coaching track and cross country at Fox High School in Arnold for over 30 years. His wife, the former Laura Byrne, is a member of the Southeast Athletic Hall of Fame inaugural class of 2002.

Class of 2008

Joey Haines: Track and Cross Country Coach (1982-2008)

Ohio Valley Conference "Coach of the Year" 20 times during a career that saw his teams win one NCAA II National Indoor Title, one NCAA II National Cross Country Title and earn 18 NCAA II National Top Four Finishes. He was the NCAA II National Coach of the Year in 1985, the NCAA Division I Regional Coach of the Year in 1998, MIAA Coach of the Year six times and Missouri Track & Field Coaches Association Coach of the Year six times. He coached one NCAA Division I national champion, 23 NCAA II national champions, 10 NCAA I All-Americans and 145 NCAA II All-Americans.

Rick Wadlington: Track (1968-71)

An All-American in 1971 after placing second in the shot put at the NCAA II national finals, he established a Southeast outdoor shot put record with a throw of 59-0 1/2 while winning the MIAA championship. Helped lead the Southeast team to the MIAA title in 1971 by winning both the shot put and discus.

Class of 2009

Andrew Presberry: Track and Field (1978-82)

Presberry was a four-time All-American at Southeast, winning honors in the hurdles and on the mile relay team. He still holds the Southeast record in the 110-meter hurdles with a time of 13.84. The record, established in 1981, has stood for 28 years. Presberry also recorded the second fastest 400-meter hurdle time of 51.35.

Class of 2010

Terrance Branch: Track and Field (1982-2008)

Terrance Branch, of McCluer High School in St. Louis, Mo., tore through the record books during his career as a Southeast Missouri Student-Athlete. As a freshman, Branch ran the 400 meters in 47.74 at the indoor National Championships, earning All-American honors. In 1992, Southeast Missouri moved up to Division I, and Branch ran a 45.8 at nationals, but was disqualified for running out of the lane. He was given a medical redshirt in 1993, and came back to run a school record 45.52 400 meter dash, placing fourth at the NCAA National Championships. Branch earned a degree in Mass Communications, while placing himself in the record books in the 200 meters, 400 meters, 4x400 meter relay, and earning an OVC Outdoor Championship in the 400. Branch hung up his cleats as a four-time All-American.

Class of 2011

Bob Ferguson: Track and Field (1983-86)

Ferguson was part of the 1985 National Championship track & field team which is in the Southeast Hall of Fame. He was a five-time NCAA Division II All-American and eight-time MIAA indoor and outdoor conference champion in the pole vault. Ferguson was the 1987 NCAA Division II Outdoor Pole Vault Champion. He was a world championship team member for the 1987 Pan Am Games. In addition, Ferguson won a silver medal at the 1986 Commonwealth Games.

Class of 2012

Christine (Ridenour) Vanatta: Track and Cross Country (1982-84)

Highlighted her athletic career at Southeast by winning the 1984 NCAA Division II Women's Cross Country Championship, leading her team to a third-place finish. She was a three-time NCAA Division II All-American in cross country and a two-time NCAA Division II national qualifier in track & field. By the time she left Southeast, Ridenour had set school records in the 1500m, mile run, 3000m, 2-mile run and 5000m events. She is married to Southeast Hall of Famer Michael Vanatta.

Beverly Slaughter: Track and Field (1981)

She was one of the first great female athletes at Southeast. She held the long jump record at 20-5 for a period of 17 years. Slaughter was an All-American in 1981 and won numerous MIAA titles. She currently ranks third on the school's all-time long jump list. Two-time national high jump champion who won both the NCAA II indoor and outdoor championships in 1985. He won the indoor title with a jump of 6-11 in Fargo, North Dakota to lead Southeast to the national team title. He won the outdoor title with a jump of 7-1 in Los Angeles, California. A three-time All-American, he still holds the Southeast high jump record at 7-1 1/2.

Class of 2013

Kathleen Hudson: Track and Field (1979-1981, 1983)

Hudson began her career at Southeast in 1978-79 and helped lay the foundation for the women's track and field program that has remained strong and extremely competitive for the past 35 years. During her time at Southeast, Hudson became an Association of Intercollegiate Athletics for Women two-time All-American in 1981. In the national championships that year, she finished sixth in the finals after going into the meet with the second-best time in the nation at 55.8, a time that remains outstanding even today. She followed that performance by anchoring the 1600m relay that achieved All-American status by also finishing sixth. While Hudson was an outstanding individual competitor in the 400m dash and long jump, she was versatile and indispensable as a member of all the relay teams. She ran on, and almost always anchored teams that broke 13 school records (nine in the mile relay, three in the 880 yard/800m medley relay, and one in the 400m dash).

Miles Smith: Track and Field (2004-2008)

Smith might very well be the greatest Division I athlete Southeast Missouri State University has produced in any sport. A native of St. Louis, Smith was a five-time All-American in the 400m, earning the prestigious honors in 2005, 2006 and 2008. He was named the Ohio Valley Conference Male Track Athlete of the Year four times (2005 indoors, 2006 indoors & outdoors and 2008 indoors) and still owns Southeast school records in the 200m (indoors), 400m (indoors and outdoors) and 4x400m relay (indoors and outdoors). Southeast enjoyed tremendous team success with Smith, winning OVC Outdoor Championships in 2005, 2006 and 2008. He won seven individual OVC Championships in his collegiate career and was named the 2006 OVC Athlete of the Championship at the OVC Indoor Track & Field Championships. Smith was also an elite competitor on the international stage. He ran for the US National Team in the 2005 IAAF World Championships in Helsinki, Finland, where he won a gold medal with the 4x400m relay team. He also qualified for the USA Olympic Trials in both 2008 and 2012. Smith returned to his alma mater as a sprinters coach in 2013-14. Prior to that, he spent the 2012-13 season as a volunteer assistant coach at Tennessee State.

SOUTHEAST MISSOURI REDHAWKS™

THIS IS THE OVC





SOUTHEAST MISSOURI STATE REDHAWKS

Now in its 67th year, the Ohio Valley Conference continues to build on the success that has made it the nation's eighth-oldest NCAA Division I conference.

In May 2011 the Conference expanded for the second time in four years, adding Belmont University which began competition in the 2012-13 academic year. The addition of Belmont gave the OVC 12 members, the most the league has had at one time in its illustrious history. The move added a second team in the city of Nashville and was the first addition to the league since Southern Illinois University Edwardsville joined in 2008. Subsequently, the league has shown its stability over the past decade, seeing only one member institution depart over the past 14 years.

The 2009-10 school year saw a change in leadership as Beth DeBauche was named the seventh full-time Commissioner in league history on July 28, 2009. The last three commissioners of the OVC have moved onto jobs as the commissioner of the Big Ten, Big 12 and the Mid-American Conferences.

The OVC's proud history dates back to 1948, but seeds for the new league were actually planted in 1941. It was then that Roy Stewart, the athletics director at Murray State, Charles "Turkey" Hughes, the athletics director at Eastern Kentucky, and Kelly Thompson, the public relations director at Western Kentucky, first broached the idea of forming a new conference. Discussions were put on hold by World War II, but reemerged Feb. 27-28, 1948 at the Kentucky Hotel in Louisville as the three original institutions combined with Morehead State, Louisville and Evansville to form the OVC.

In the 1950s, the OVC became a pioneer on a much more significant scale socially. During times of racial segregation, league member Morehead State became one of the first non-traditionally black mid-southern institutions to accept a black student. In 1958 Marshall Banks earned athletically-related aid at Morehead, which signed a second black athlete, Howard Murphy, a year later. In 1961 Murphy earned all-conference recognition as a halfback in football. With racial barriers broken, the rest of the institutions in the league began to provide educational and athletic opportunities to African-Americans.

After Title IX legislation passed in 1972, women's athletics began a rebirth on the national scene as the NCAA began sponsoring and marketing women's sports. Recognizing the need to provide increased opportunities for female athletes, the OVC began formulating plans for women's athletics in 1975 and established women's championships in the sports of basketball, tennis and track in 1977, with cross country and volleyball added over the next four years. Those sports were initially governed by the Association of Intercollegiate Athletics for Women (AIAW), but the overall strength of women's programs in the league was demonstrated by the automatic bids the OVC instantly received when the NCAA became the governing body in 1982. The conference added women's golf and softball in 1994 and women's soccer in 1998.

Through the past 66 years, 15 teams have won or shared the league's football title. The list is led by Eastern Kentucky, winner of 21 outright or shared football crowns, which is tied for the most in Football Championship Subdivision history (with Massachusetts). Among OVC teams, former member Middle Tennessee is next with 11 titles, followed by Tennessee Tech with 10, and Murray State and former member Western Kentucky with eight apiece. Eastern Illinois has claimed seven football crowns and Jacksonville State has three, while Morehead State, Tennessee State and former members Evansville and East Tennessee State have captured two apiece. Austin Peay, Southeast Missouri, UT Martin and former member Youngstown State have one title apiece.

Murray State and Evansville tied for the initial football championship, and the Racers participated in the first-ever bowl game by an OVC team, tying Sul Ross State 21-21 in the 1948 Tangerine Bowl. From 1948 to 1975, OVC teams played in 15 bowl games, winning eight of them. Eastern Kentucky and Western Kentucky were also participants in the NCAA Division II playoffs in the early and mid-1970s prior to the NCAA's reclassification of football programs into Division I-AA. The term "I-AA" lasted until the end of the 2006 season when it was changed to Division I Football Championship Subdivision (FCS).

The first Division I-AA/FCS football playoff was held in 1978 with only four teams, which is the only year through present day that the OVC did not field a playoff representative. In 1979, four of the nation's top teams were invited to the playoffs, and two of them - Eastern Kentucky and Murray State - were from the OVC. Murray dropped its semifinal game to Lehigh, but the Colonels nipped Nevada-Reno in double overtime and claimed the national championship a week later with a 30-7 victory over Lehigh. EKU was coached by former All-America quarterback Roy Kidd, who was in his 16th year at the helm of his alma mater and who skippered the Colonels to a second national title three years later. Following the 2002 season, Kidd retired after 39 years at EKU; upon retirement, he ranked sixth all-time among Division I coaches with 315 victories, earning him a spot in the College Football Hall of Fame. EKU's 20 FCS playoff appearances are the second for the most all-time (behind only Montana and tied with Appalachian State).

In addition to Kidd, other coaching legends in the OVC include Charles "Bubber" Murphy, who coached at Middle Tennessee from 1947-1968, Western Kentucky's Jimmy Feix (1968-83), Wilburn Tucker (1954-67) and Don Wade (1968-82) of Tennessee Tech, Bill Ferguson (1967-77) of Murray State, Guy Penny (1959-67) of Morehead State and Boots Donnelly (1977-78 at Austin Peay; 1979-1998 at Middle Tennessee). Following the 2011 season Eastern Illinois head coach Bob Spoo retired after 25 years at the school (the last 16 as members of the OVC). In his time as an OVC coach he compiled 92 total victories (fifth-most in league history) and 68 OVC wins (fourth-most in league history) and was inducted into the OVC Hall of Fame in 2012.

A sampling of former OVC football stars, some of whom were All-Americans during their collegiate careers before achieving stardom at the professional ranks, include Jim Youngblood and Larry Schreiber (Tennessee Tech), Phil Simms (Morehead State), Virgil Livers and Dale Lindsey (Western Kentucky), Myron Guyton and Chad Bratzke (Eastern Kentucky), Cortland Finnegan (Samford) and Tony Romo and Jimmy Garoppolo (Eastern Il-

linois). In 2008, former Tennessee State standout Dominique Rodgers-Cromartie became just the fourth NFL First Round draft pick in OVC history when he was selected 16th overall by the Arizona Cardinals. He would break into the starting lineup halfway through his rookie season and started at cornerback for the Cardinals in Super Bowl XLIII.

The 2007 season marked a return to scholarship football and the OVC for the Austin Peay Governors. Following the 1996 season the Governors dropped scholarship football and competed as both an independent (1997-00, 2006) and as a member of the Pioneer Football League (2001-05).

The 2007 season also brought new vernacular to the Ohio Valley Conference and the division formerly known as I-AA. Beginning with the 2006 National Championship game the term I-AA was changed to NCAA Football Championship Subdivision (FCS) in a decision by the Division I Board of Directors. The new label was chosen to communicate in a positive and clear manner the unique differences between Division I football categories (chiefly, the post-season opportunity) while still defining them within the Division I experience. The FCS includes programs that compete in an effort to participate in the NCAA championship postseason structure (one of 89 NCAA national championships) as opposed to the Football Bowl Subdivision (FBS) which competes in an effort to participate in the postseason bowl system (the 35 NCAA-licensed events which includes the Bowl Championship Series).

In 2010 Southeast Missouri State, picked to finish seventh in the preseason poll, compiled a 7-1 Conference record on the way to its first OVC Championship since joining the league in 1991. Overall the Redhawks were 9-2 during the regular season and earned a berth in the FCS Playoffs, its first playoff berth at any level in the program's 104-year history. Southeast would lose to eventual national champion Eastern Washington in the second round of the playoffs. Head coach Tony Samuel capped the year by winning the Sports Network's Eddie Robinson Award, given to the National Coach of the Year. Samuel was the second OVC coach to win the award (joining Murray State's Houston Nutt who won the award in 1995).

For only the second time in league history in 2011, three teams shared the OVC football championship, as Eastern Kentucky, Jacksonville State and Tennessee Tech finished with 6-2 records. The only other time in league history more than two champions were crowned at the end of the year was 1962 (when four teams shared the crown).

In 2012 Eastern Illinois became just the fourth football team in OVC history to go from worst-to-first in winning the OVC Championship. The Panthers were led by head coach Dino Babers who became just the fourth first-year head coach to win an OVC Championship (joining Boots Donnelly in 1977, Jason Simpson in 2006 and Dean Hood in 2008). During the year Eastern Illinois junior wide receiver Erik Lora shattered the FCS single-season receptions record, hauling in 136 passes in 12 games; that mark was 13 more than the previous NCAA record and 44 more than the previous OVC mark.

In 2013 Eastern Illinois repeated as OVC Champions behind Walter Payton Award winner Jimmy Garoppolo. The quarterback became just the second OVC player to earn the National Player of the Year Award, joining former EIU signal caller Tony Romo (2002). Garoppolo passed for 5,050 yards (second most in NCAA single-season history) and 53 touchdowns (fourth in NCAA history) in leading the Panthers to a 12-2 record and berth to the quarterfinals of the FCS Playoffs. Garoppolo was drafted by the New England Patriots in the second round of the 2014 NFL Draft, becoming just the fifth OVC player selected in that round and first OVC quarterback selected since 1998.

The 2013 season saw the OVC snap a 19-game playoff losing streak dating back to the 2000 season. Tennessee State shutout Butler (marking the first OVC road playoff victory since 1986) to snap the streak while later that day Jacksonville State smashed Samford in the first round. A week later Eastern Illinois beat Tennessee State while Jacksonville State won at McNeese State to each advance to the quarterfinals; that marked the first time the OVC put two times in the quarterfinals in the same season since 1991. Overall the four total playoff wins in the same season established a new OVC record.

Football wasn't the only sport in which the OVC was quickly gaining respect. In 1955, the OVC became only the second six-member league nationally to earn an automatic bid to the prestigious NCAA Men's Basketball Tournament, which, at that time, was limited to only 24 participants. The Conference quickly proved worthy of that bid, as Morehead State defeated Marshall (107-92) and Wayne State (95-84) in the 1956 tournament.

Fifteen years later, former OVC member Western Kentucky became the first and only Conference team to reach the Final Four. The Hilltoppers defeated Jacksonville, Kentucky and Ohio State before losing to Villanova in double overtime in the national semifinals. WKU went on to finish in third place after beating Kansas 77-75 in the consolation game.

Since that time, the OVC has recorded some of the biggest upsets in the history of the NCAA Tournament. Perhaps the most famous moment came in 1987, when Austin Peay came from fourth place in the regular season to win the OVC Tournament and earn the league's automatic bid. The Governors drew powerful Illinois, and were such big underdogs, that ESPN broadcaster Dick Vitale promised to stand on his head if APSU won the game. After a 68-67 victory over the Illini, and a narrow 90-87 overtime loss to eventual Final Four participant Providence in the second round, Vitale made good on his promise in a visit to Clarksville two months later.

Murray State added to the OVC's string of upsets in 1988 when it knocked off 14th-ranked North Carolina State, 78-75. The Racers' M&M Boys - Jeff Martin and Don Mann - combined for 39 points in the win. MSU nearly went on to the Sweet 16 that year, losing to eventual national champion Kansas, 61-58. A bank shot by Mann that would've given the Racers a one-point lead rolled off the rim with three seconds left. In 1990 as a No. 16 seed, Murray State took No. 1 seed Michigan State into overtime before falling 75-71; that game still marks the closest a No. 16 seed has come to knocking off a No. 1 in men's tournament action. More recently, Murray State has dominated the OVC Tournament, reaching the champion-



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ship game every year in the 1990's. The Racers' 15 OVC Tournament Championships are the most among all OVC schools.

After former member Middle Tennessee State won a first round game in 1989, the league had a drought as no other OVC team won a NCAA Tournament game for the next 19 years. But Morehead State, coming off a thrilling double overtime OVC Tournament victory over Austin Peay, topped Alabama State 58-43 in the Opening Round game at University of Dayton Arena in Dayton, Ohio. The game was played in front of an Opening Round record crowd of 11,346; that crowd included many MSU fans who made the three-hour drive from Morehead for the game.

In 2009-10, Murray State made OVC history by winning a record 31 games (31-5) on its way to the league's regular season and tournament championships. In the first round of the NCAA Tournament, the No. 13 seed Racers topped Vanderbilt in thrilling fashion when senior Danero Thomas hit a jumper as time expired to lift MSU to a 66-65 victory. It marked the first OVC team to advance to the second round of the NCAA Tournament since 1989, and snapped a skid of 71-straight loses to Southeastern Conference foes (dating back to 2000-01). In the second round the Racers pushed eventual national runner-up Butler to the brink before losing 54-52.

In 2010-11 Morehead State would make it three NCAA Tournament wins in as many years for the league and got a bit of revenge for the 2009 tournament loss to Louisville in the process. After finishing second in the regular season and winning the OVC Tournament Championship, the No. 13 seeded Eagles were shipped to Denver to play the in-state foe Cardinals. MSU jumped out to a 15-2 advantage but were down four points (61-57) with just over a minute to play in regulation. After two free throws from two-time OVC Player of the Year Kenneth Faried, the Eagles held for one final shot attempt and senior Demonte Harper pulled up off a cross-over dribble to nail a 3-pointer with 4.3 seconds left that gave Morehead State a 62-61 lead. UofL had one last attempt but Faried blocked the Cardinals last shot, giving MSU the win, its first over Louisville since the 1956-57 season.

In 2011-12 Murray State put together one of the greatest seasons in OVC history, beginning the year 23-0 (an all-time OVC best) and being ranked as high as No. 7 in the coaches poll on Feb. 6. The squad was the first OVC team to be nationally-ranked since Murray State was ranked in 1997-98; in addition the top 10 ranking was the first for an OVC team since the 1970-71 campaign (WKU). The Racers would top nationally-ranked Memphis and Saint Mary's during the season and win the league's regular season and tournament championships. MSU earned a No. 6 seed in NCAA Tournament, the highest-ever seed for an OVC team since the NCAA began seeding the field in 1979. The Racers would top Colorado State 58-41 in the second round before falling to Marquette in the third round. Murray State would win 31 games overall, tying the OVC all-time record the Racers set in 2009-10.

After the Murray State win in 2011-12, the league had won NCAA Tournament games in four-straight seasons, something that had never happened in league history (three-game winning streaks from 1960-62 and 1987-89 had been the previous best streaks). Over that time period (2009-12) the OVC was one of just nine conferences nationally to win a NCAA Tournament game in each season and one of only three non-BCS leagues (joining the Atlantic 10 and WCC) to do so.

During the 2010-11 year Faried, the nation's leading rebounder during the season, became the NCAA's Modern Era (since 1973) career rebounding leader, totaling 1,673 rebounds which passed Tim Duncan for the record (he is 11th all-time in NCAA history). Faried also finished his career with 86 double-doubles, second all-time to only Duncan. He is one of only six players in NCAA history to finish with 2,000-plus career points (2,009) and 1,600-plus career rebounds. Faried was drafted 22nd overall by the Denver Nuggets in the 2011 NBA Draft, becoming the first OVC player selected in the first round since Tennessee State's Carlos Rogers 1994.

Through its 66 years, 13 teams have won or shared the league's regular season men's basketball title. Murray State heads the list with a Conference-record 23 outright or shared basketball crowns. Other past champions include former member Western Kentucky (19), Morehead State (9), Austin Peay (8), Eastern Kentucky (6), Tennessee Tech (5), former member Middle Tennessee (5), Tennessee State (2), former member East Tennessee State (2), Belmont (2 – including winning the titles in each of its first two years in the league), Southeast Missouri State (1), UT Martin (1) and former member Akron (1).

Among the coaching greats in men's basketball have been Western Kentucky's E.A. Diddle, who retired with 759 victories and 10 OVC titles; John Oldham, who was a member of the very first All-OVC squad and went on to win seven OVC crowns during his coaching tenure at Tennessee Tech and Western Kentucky; Paul McBrayer, who guided Eastern Kentucky to 219 wins and three OVC crowns; and Cal Luther, who is the only person in Conference history to win men's basketball Coach of the Year honors at two league schools - Murray State and UT Martin. Current Austin Peay head coach Dave Loos became the winningest coach in OVC history in 2009-10, netting his 319th victory and passing Luther on the all-time list. Loos enters the 2014-15 season with 383 victories.

There have been an equal number of great players including Western Kentucky's Clem Haskins, who is the only three-time OVC Player of the Year. Several players have won OVC Player of the Year honors twice: Western Kentucky's Jim McDaniels (1969-70 and 1970-71), Murray State's Les Taylor (1971-72, 1972-73), Jeff Martin (1987-88, 1988-89), Popeye Jones (1989-90, 1990-91) and Marcus Brown (1994-95, 1995-96), Austin Peay's Otis Howard (1976-77, 1977-78), Middle Tennessee's Jerry Beck (1980-81, 1981-82), Akron's Joe Jakubick (1982-83, 1983-84), Tennessee State's Carlos Rogers (1992-93, 1993-94), UT Martin's Lester Hudson (2007-08, 2008-09), Morehead State's Kenneth Faried (2009-10, 2010-11) and Murray State's Isaiah Canaan (2011-12, 2012-13).

The OVC also has the honor of being the only conference to boast the nation's leaders in scoring, rebounding and assists all in one season. That feat was

accomplished in 1991-92 by Morehead State's Brett Roberts (28.1 ppg), Murray State's Popeye Jones (14.4 rpg) and Tennessee Tech's Van Usher (8.8 apg).

In 2007-08, UT Martin guard Lester Hudson became the first men's Division I player to record a quadruple-double in a game, when he registered 25 points, 12 rebounds, 10 assists and 10 steals in a victory over Central Baptist College. Hudson, who ranked fourth in scoring nationally as a junior, returned for his senior season in 2008-09 and was second nationally in scoring (behind Davidson's Stephen Curry) at 27.5 points a contest. Hudson earned numerous honors (including OVC Player of the Year and OVC Male Athlete of the Year in each 2008 and 2009 and All-American status from several outlets) before being drafted by the Boston Celtics with the No. 58 pick of the 2009 NBA Draft.

Murray State guard Isaiah Canaan, a first-team All-American in 2011-12, capped his illustrious career in 2012-13 by becoming just the 17th player in OVC history to score 2,000 or more career points (and the third player in the past three years to do so). Canaan, who was a key part of Murray State NCAA Tournament victories in both 2010 and 2012, earned a pair of OVC Player of the Year honors (2012 and 2013) during his career as well as being named OVC Freshman of the Year (2010), OVC Tournament MVP (2010) and OVC Male Athlete of the Year (2012).

Women's basketball in the OVC has been dominated by Tennessee Tech, which has won or shared 18 regular-season titles and owns nine OVC Tournament crowns. In fact, the Golden Eagles have reached the championship game of the OVC Tournament 22 times in the past 32 years. Although Tennessee Tech remains the standard-bearer, five other teams have won 14 of the last 21 OVC Tournaments. UT Martin became the latest program to add its name to the list, capturing its first OVC Tournament title in 2011 and also winning championships in 2012, 2013 and 2014. The Skyhawks became just the fourth team in OVC history (and first since Austin Peay from 2000-03) to win four-straight tournament titles.

Several coaches have made their mark in the history of OVC women's basketball. Former Tennessee Tech coach Marynell Meadors posted an amazing 363-139 (72.3%) record at Tech, becoming the first woman in NCAA or AIAW history to win 300 games at the same institution, while former Tennessee State skipper Teresa Phillips earned National Coach of the Year honors from USA Today in 1990 for turning around the Lady Tigers' program before going on to lead TSU to the NCAA Tournament in 1994 and 1995. Tennessee Tech coach Bill Worrell capped a stellar 20-year career in 2005-06 and was inducted into the OVC Hall of Fame in 2007; he compiled a 408-190 record while leading the Golden Eagles to an unprecedented 16 OVC regular-season titles and eight NCAA Tournament appearances, including five straight from 1989-93. Larry Joe Inman, who retired at the conclusion of the 2007-08 season and was inducted into the OVC Hall of Fame in 2009, won more than 100 games at both Middle Tennessee and Eastern Kentucky, and earned OVC Coach of the Year honors a record eight times - five times at EKU and three at MTSU. In 2012-13 Inman came out of retirement to take the Tennessee State job.

Many great players have graced the hardwood over the years, including former OVC Players of the Year Brooke Armistead and Gerlonda Hardin from Austin Peay, Pam Chambers, Jerilynn Harper, Cheryl Taylor, Angela Moorehead, Roschelle Vaughn, Diane Seng, Janet Holt and Emily Christian from Tennessee Tech; Morehead State's Donna Murphy, Priscilla Blackford and Chynna Bozeman; Eastern Kentucky's Kim Mays; Southeast Missouri's Gray C. Harris; Murray State's Ashley Hayes; and UT Martin's Heather Butler and Jasmine Newsome.

Morehead State center Brittany Pittman set new school, league and NCAA standards for blocked shots in 2008-09. Pittman swatted 164 shots during the season, setting a new NCAA single-season record (which has since been broken). During the campaign, only her second with the Eagles, she also set career block records for both Morehead State and the OVC (287).

In 2012-13 the UT Martin duo of Jasmine Newsome and Heather Butler finished fifth and sixth nationally among NCAA scoring leaders. Newsome, the 2012 and 2013 OVC Player of the Year, averaged 22.6 points per game on the way to All-American honors while Butler averaged 22.4 points per contest. Butler set a NCAA record during the season by connecting on a 3-pointer in her 80th-straight game.

In 2013-14 Butler and Newsome capped their brilliant careers by ranking first and second in scoring in OVC history. Butler, the 2013-14 OVC Female Athlete of the Year, finished her career with 2,865 points, which ranked first in OVC and 16th in NCAA history. She also finished her career with 392 career 3-pointers (tied for the most in NCAA history) and scored in double figures in all 129 career games which ranks fifth in NCAA history. Following the season Butler was signed by the WNBA's San Antonio Stars where she became the first OVC player to make an active WNBA roster. Newsome capped her career with 2,566 points, second only to Butler in OVC history.

The league also had another historical moment in November 2008 when the NCAA awarded Nashville the 2014 NCAA Women's Division I Final Four. The OVC served as the host of the prestigious event, which is one of the biggest sporting events the city of Nashville can host. The event was held April 6 & 8 at Bridgestone Arena in downtown Nashville and was played in front of sold-out crowds for both the semifinals and championship as UConn topped Notre Dame in a battle of undefeated teams to win its ninth national title.

Over its 66 years, OVC teams have garnered national championships and bowl games in football, along with national team or individual titles in the sports of rifle, cross country, track and golf.

The OVC has also produced several Olympic athletes, including Murray State's Morgan Hicks, who was a member of the 2004 United States Olympic Rifle Team and Morehead State's Brian Shimer who competed in five Winter Olympics in bobsled (winning a bronze medal in 2002) and coached the 2010 United States bobsled team to its first gold medal since 1948. Former Morehead State football and Eastern Kentucky track and field athlete Dallas Robinson competed with the U.S. bobsled team during the 2014 Sochi



SOUTHEAST MISSOURI STATE REDHAWKS

Winter Olympics. In addition, some of the greatest players in professional sports were educated at OVC institutions. The list includes former greats such as football's Phil Simms (Morehead State), basketball's Clem Haskins (Western Kentucky) and Bubba Wells (Austin Peay) and two-sport star Steve Hamilton (Morehead State) to present-day standouts like basketball player Kenneth Faried (Morehead State), football player Tony Romo (Eastern Illinois) and baseball players A.J. Ellis (Austin Peay) and Shawn Kelley (Austin Peay). Hamilton is the only athlete to ever play in the NCAA Basketball Championship, a Major League Baseball World Series (New York Yankees) and a NBA Championship Series (Los Angeles Lakers).

The OVC's first volleyball tournament was held in 1981, the same year Eastern Kentucky began a string of six straight tournament crowns. Former EKU skipper Dr. Geri Polvino compiled a 627-439 record in 32 seasons as head coach of the Colonels, earning OVC Coach of the Year honors eight times. More recently, former Austin Peay coach Cheryl Holt and former Southeast Missouri skipper Cindy Gannon also earned their peers' recognition multiple times with four awards each.

Throughout the last 31 years, 11 different teams have won an OVC regular-season or tournament volleyball crown. Since joining the league in 1991, Southeast Missouri has dominated the scene, winning seven of its eight regular-season titles during the 1990's, including five straight from 1993-97. The Redhawks have also won five tournament crowns (1994, 1996, 1998, 1999 and 2000). Jacksonville State won back-to-back OVC Tournament Championships (2005, 2006) including going through the OVC undefeated (16-0) in 2006 and winning a NCAA Tournament match in 2010, the league's first NCAA victory since 2000.

Following the 2007 season, Jacksonville State's Abbey Breit was named the OVC Offensive Player of the Year for the third-straight season, becoming the first player in OVC history to accomplish that feat. Four other individuals - Eastern Kentucky's Angela Boykins (1985-86), Morehead State's Dayle Hammontree (1988-89), Southeast Missouri's Tuba Meto (1996-97) and Morehead State's Amy Almond (2001-02) – were back-to-back winners of the award.

Morehead State won its fourth-straight OVC regular season championship in 2013. Over that time period the Eagles have compiled an impressive 67-3 league record.

In 2007, Eastern Kentucky's Jacob Korir won his fourth-straight Conference cross country title becoming just the third OVC student-athlete and 13th athlete nationally to accomplish that feat. Korir was a three-time All-American in cross country, earning two top-10 finishes at the NCAA Cross Country Championship. The Nairobi, Kenya, native was also named a track and field All-American twice during his career, was selected as the OVC Male Athlete of the Year in 2006-07 and received the NCAA post graduate scholarship in 2008.

In 2011 the Eastern Kentucky men's cross country earned a national ranking in the USTFCCCA poll, climbing to as high as No. 17; the ranking was the highest for an OVC team since the polls began in the early 1980s. The EKU men would qualify for the NCAA Championship, becoming the first OVC team to reach the national championship meet since 1980. Eastern Kentucky finished 26th overall at the event as junior Soufiane Bouchikhi was 47th in a field of 252 runners. On the women's side Eastern Kentucky senior Lydia Kosgei became the first EKU woman to ever qualify for the NCAA Championship and went on to finish 37th at the national meet, marking the second-highest finish for a female in OVC history, and also earning All-American honors.

A year later (2012) the EKU men's cross country team was ranked as high as No. 11 nationally and finished 24th at the NCAA Championship. Wade Meddles led the team with a 38th place finish at the event while Bouchikhi was 40th. In 2013 Eastern Kentucky placed 15th at the NCAA Championship, the highest national finish for an OVC team since 1980. Soufiane Bouchikhi capped his career by winning his fourth-straight OVC Championship and earning National Runner of the Week honors during the season. Bouchikhi finished 26th at the NCAA Championship in 2013, earning All-American honors for the second-straight season.

In 2007 the Conference had two teams in the NCAA Women's Soccer Tournament for the first time in league history, as former OVC member Samford earned an at-large selection while Southeast Missouri was the Conference's automatic bid.

In 2009 it was OVC softball that accomplished several firsts as UT Martin (tournament champion) and Jacksonville State (at-large) were each selected for the NCAA Championship. Jacksonville State would take it a step farther by winning the Knoxville Regional (beating No. 13 national seed Tennessee along the way) to become the first OVC softball program to advance to a Super Regional. Jax State would fall to No. 4 Alabama in that Super Regional but finished the season 43-16 (19-2 OVC) and ranked 21st nationally in the ESPN.com/USA Softball poll and 24th nationally in the USA Today/NFCA poll.

The league's baseball presence has continued to evolve since its inception. The OVC baseball tournament moved to a neutral site for the first time in 2001 with Paducah, Ky. and Brooks Stadium hosting the tournament in front of raucous crowds. The success of the tournament led to Jackson, Tenn. and The Ballpark at Jackson (the home of the Seattle Mariner's Class AA affiliate) – hosting the event for the first time in 2010.

The OVC also has made a statement in the NCAA Baseball Championship in recent years, with its teams involved in several memorable contests in the last decade. Tennessee Tech surprised Wake Forest in the opening round of the 2001 tournament and Southeast Missouri stunned host Alabama in the opening round of the 2002 championship. Five years later, Austin Peay captured the collegiate baseball world's attention by taking Vanderbilt, the 2007 No. 1 overall seed, to extra innings. Eastern Illinois pushed host Nebraska to the limit in 2008 followed by Tennessee Tech's memorable contest against host Clemson in 2009.

After not making the OVC Tournament field in either 2009 or 2010, Austin Peay, who was picked to finish seventh in the 2011 preseason poll, won the regular season and tournament championships to garner its fourth

NCAA Tournament appearance. In the first game of NCAA Regional play the Govs knocked off host and No. 1 seed Georgia Tech 2-1.

In 2012 Austin Peay completed a "repeat squared" (back-to-back regular season and tournament championships) for the first-time in OVC history. The Govs would go on to top Indiana State and Cal State Fullerton at the Eugene Regional, before falling to host Oregon in the regional final. In marked the first time since the 2000 season (Middle Tennessee) that an OVC team had won multiple NCAA Tournaments games in the same season.

Austin Peay completed a "3-Peayt" by winning its third-straight OVC Tournament crown in 2013. Along the way the Govs garnered the first nationally-ranking by an OVC team since 2009 (climbing to as high as 21st nationally) and tied the OVC single-season record with 47 victories. The Govs earned the No. 2 seed in the NCAA Bloomington Regional, becoming the first OVC team in the current regional format (since 1999) to earn anything other than a No. 4 seed. The squad topped Florida and Valparaiso to advance to the regional final for the second-straight season before losing to host Indiana. Govs senior closer Tyler Rogers was a big part of his team's success during the year, setting the NCAA single-season record for saves (23 – a mark that was later eclipsed during the College World Series).

After the 2014 baseball season OVC teams have won at least one game in the NCAA regional round in five of the last eight years.

For the third-straight year 12 OVC players were selected in the 2014 Major League Baseball First-Year Player Draft. Of those 12 selections five came in the first 10 rounds, setting a new record for most OVC players picked in the first 10 rounds (eclipsing the old mark of three set several times). The 12 selections were once again just one off the record of 13 selections in 2010; overall the OVC has had 58 players selected over the past five years (2010-14).

A first in the OVC occurred in 2008, when the league had a first round draft pick in both the NFL (Tennessee State's Dominique Rodgers-Cromartie) and Major League Baseball (Eastern Kentucky's Christian Friedrich) Drafts in the same school year. A year later (2009) the league had a Major League Baseball First Round Compensation Round pick (Eastern Illinois' Tyler Kehrer who was No. 48 overall) and NBA Second Round pick (UT Martin's Lester Hudson) in the same season.

The playing field is not the only place where OVC athletes are working hard. The league also recognizes excellence in the classroom. Six Scholar-Athlete Awards are presented yearly to male and female athletes, while others are commended for their academic success by being Medal of Honor recipients or earning a spot on the Commissioner's Honor Roll. Additionally, the league annually presents one institutional Academic Achievement Award, as well as separate team awards in each Conference-sponsored sport. Since the College Sports Information Directors of America (CoSIDA) Academic All-America program began, the Ohio Valley Conference has had 229 student-athletes honored with the award, including 50 over the last five years (2009-10, 2010-11, 2011-12, 2012-13, 2013-14).

Through the early years of the league, administrators wrestled with fan behavior due to the close proximity of the Conference members and the intense rivalries which developed. Just as it did decades ago, the OVC took the leadership role on what has become a national issue. In 1995, the OVC implemented a first-of-its-kind "Sportsmanship Statement," a policy which promotes principles of fair play, ethical conduct and respect for one's opponent. The statement has become a model for others to follow across the nation, and has answered the challenge of the NCAA Presidents Commission to improve sportsmanship in collegiate athletics.

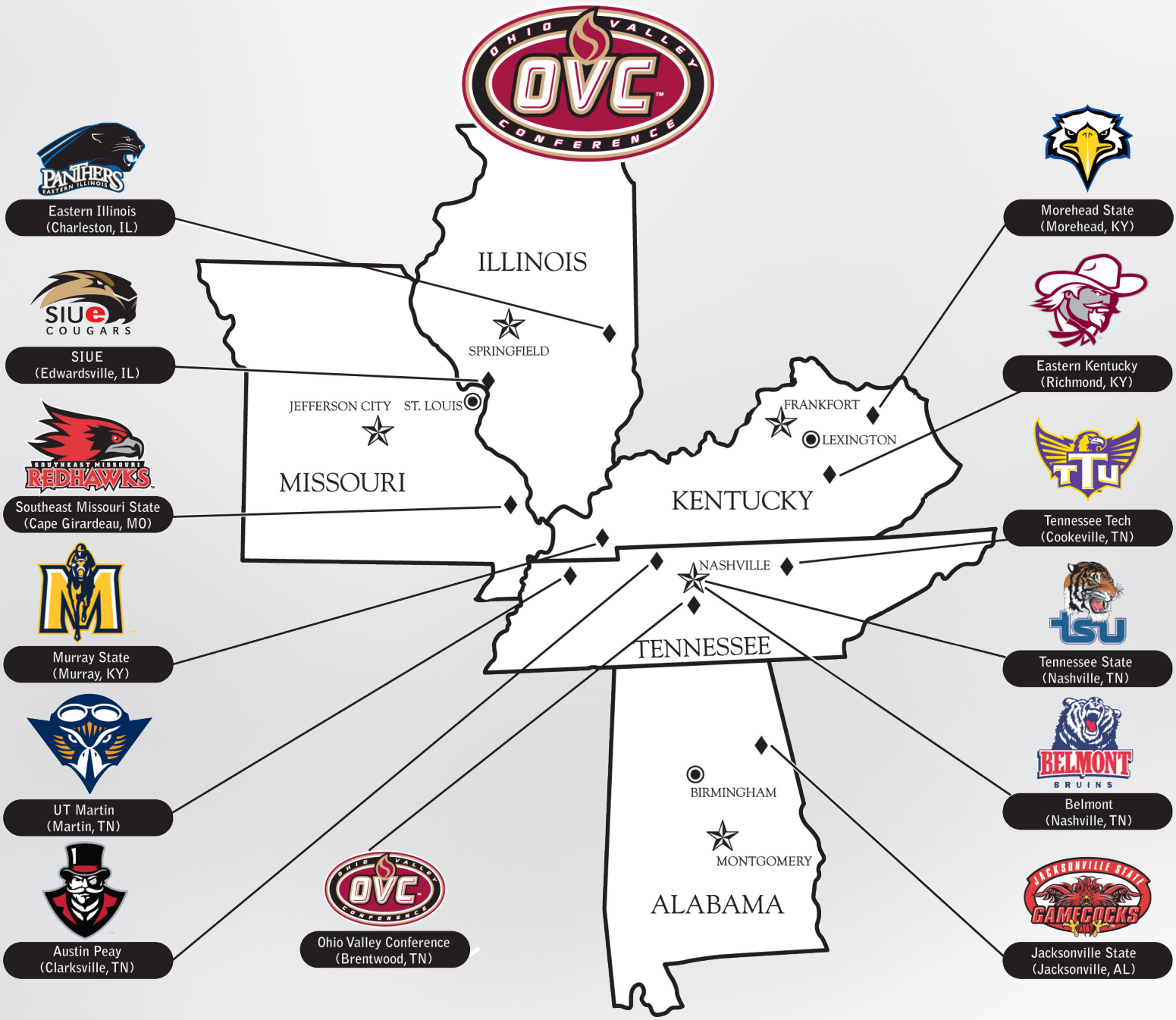
Additionally, the OVC annually presents the Steve Hamilton Sportsmanship Award, in honor of the former Morehead State student-athlete, coach and athletics director, to a junior or senior student-athlete with significant athletic contributions who best exemplifies the characteristics of sportsmanship and citizenship. Most recently, the Conference has also implemented the OVC Institutional and Team Sportsmanship Awards, which are presented to one institution and 18 sport-specific teams voted by their peers to have best exhibited the standards of sportsmanship and ethical conduct as outlined by the OVC and NCAA.

The vision of leadership demonstrated by the Founding Fathers in 1948 remains alive today as the Ohio Valley Conference prepares for the future. One example is in regard to the current trend in collegiate athletics administration for increased involvement of university presidents in setting policies and making rules. The presidents of OVC institutions, however, have always governed the Conference, long before presidential governance became a national theme.

The Ohio Valley Conference sponsors the following sports: baseball, basketball, cross country, football, golf, tennis and track for men, and basketball, cross country, golf, soccer, softball, tennis, track and volleyball for women. In addition, the OVC also sponsors the combined men's and women's sport of rifle.

Now in its seventh decade of competition, the Ohio Valley Conference has grown significantly from its humble beginnings while increasing the number of athletics opportunities it provides for students. Current league representatives include charter members Eastern Kentucky University, Morehead State University and Murray State University, along with Austin Peay State University, Belmont University, Eastern Illinois University, Jacksonville State University, Southeast Missouri State University, Southern Illinois University Edwardsville, Tennessee State University, Tennessee Technological University and the University of Tennessee at Martin. In addition Columbus State University serves as an affiliate member for the sport of rifle.

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Regional campuses: Sikeston, Malden, Kennett and Perryville

Population Cape Girardeau County: approximately 74,000

Campus size: 328 acres

Enrollment: Undergraduate: 10,755; Graduate: 1,162

Student Body: 78.8% from Missouri. Out-of-state from almost all 50 states; 16% Multicultural population; 950 international students from 60 countries

Student-Faculty Ratio: 21-to-1

Average Class Size: 30-35

Areas of Study: more than 200

Athletic Conference: NCAA Division I, Ohio Valley Conference

Varsity Sports: Men's – baseball, basketball, cross country, football and track (indoor/outdoor), Women's – basketball, cross country, gymnastics, soccer, softball, tennis, track (indoor/outdoor) and volleyball

Student Organizations: 150+

Average ACT score: 23

Average GPA: 3.3 entering freshman
Number of study abroad programs Southeast offers: 30+

Office of Admissions
Southeast Missouri State University
One University Plaza
Cape Girardeau, MO 63701-4710
admissions@semo.edu
573-651-2590

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GIVE ME BREADTH, DEPTH & BRAIN MUSCLE

Southeast offers the best of all possible academic worlds: An education that will give you knowledge and sharpen your critical thinking. An education that will give you practical experience that will put your thinking into action. You'll discover academic programs accredited by the highest standards, such as the AACSB ranking that places our Business School among a select few. You'll study in wired classrooms on a fully wireless campus. You'll achieve.

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— *Easin Nasib*
Biochemistry
Gagipur, Bangladesh

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- Southeast is one of the Midwest's most affordable 4-year comprehensive universities, costing as much as $25,000 per year less than comparable public institutions.
- Southeast Missouri State University offers more than $17 million in scholarship awards annually.
- As a testament to how well it takes care of students, Southeast's average freshman-to-sophomore retention rate is 73.7%.

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— *Adam E. Hanna*
Criminal Justice
Attorney, Bradshaw, Steele, Cochrane & Berens, L.C.

GRADUATES OF SOUTHEAST'S BIOMEDICAL SCHOLAR'S PROGRAM GET ADMITTED INTO SUCH WELL-KNOWN MEDICAL SCHOOLS AS HARVARD, UNIVERSITY OF MINNESOTA AND VANDERBILT—AND THEY DO IT AT A RATE ABOVE THE NATIONAL AVERAGE.

OUR BUSINESS GRADUATES WORK FOR GLOBALLY RECOGNIZED COMPANIES, SUCH AS AMERICAN AIRLINES, AT&T, KMPG INTERNATIONAL, PROCTER & GAMBLE, PRICEWATERHOUSECOOPERS, AMONG MANY OTHERS.

GRADUATES OF SOUTHEAST'S PHILOSOPHY PROGRAM HAVE AN ALMOST 100 PERCENT ACCEPTANCE RATE INTO LAW SCHOOL.

SOUTHEAST HAS 100 PERCENT PLACEMENT OF GRADUATES IN CYBERSECURITY, ENGINEERING TECHNOLOGY, NURSING, ENVIRONMENTAL SCIENCE, COMMUNICATION DISORDERS AND MEDICAL TECHNOLOGY TO NAME A FEW.

5 SOUTHEAST STUDENTS HAVE INTERNSHIPS IN THE STATE CAPITAL IN JEFFERSON CITY: ONE IN THE GOVERNOR'S OFFICE; TWO FOR SENATORS; TWO FOR STATE REPRESENTATIVES.

STUDENTS IN CYBERSECURITY LAND JOB OFFERS BEFORE THEY'VE FINISHED THE PROGRAM.

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Cindy Gannon
Senior Associate Director of Athletics/Senior Woman Administrator



Rachel Blunt
Assistant Director of Athletics/Compliance



Nate Saverino
Assistant Director of Athletics/External Affairs



Sara Cummings
Administrative Assistant



Sharon Burgard
Academic Services Coordinator



Elizabeth Brucker
Director of Business Operations



Barb Kinsey
Administrative Assistant/Development



Kent Phillips
Coordinator of Facilities & Event Management



Jeff Honza
Sports Information Director



Phillip Lady
Coordinator of Marketing & Promotions



Alan Savage
Ticket Manager/Student Accountant



Marcia Hendrix
Assistant Ticket Manager/Insurance



Tyler Koonce
Assistant Sports Information Director



Beth Easter
Faculty Athletics Representative



Steve Bieser
Head Baseball Coach



Tom Matukewicz
Head Football Coach



Dickey Nutt
Head Men's Basketball Coach



Ty Margenthaler
Head Women's Basketball Coach



Kristi Ewasko
Head Women's Gymnastics Coach



Heather Nelson
Head Women's Soccer Coach



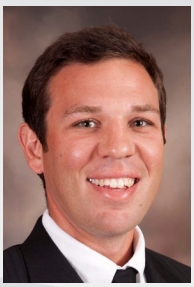
Mark Redburn
Head Softball Coach



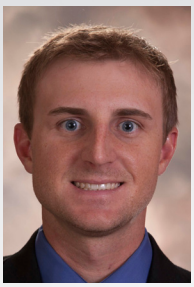
Leah Killen
Head Women's Tennis Coach



Julie Yankus
Head Volleyball Coach



Dillon Lawson
Assistant Baseball Coach



Lance Rhodes
Assistant Baseball Coach



Jamie Rosser
Associate Head Men's Basketball Coach



Stetson Hairston
Assistant Men's Basketball Coach



Justin Argenal
Assistant Men's Basketball Coach



Heather Ezell
Assistant Women's Basketball Coach



Cameron Tucker
Assistant Women's Basketball Coach



Lavesa Glover
Assistant Women's Basketball Coach



Sarah Brown
Assistant Women's Gymnastics Coach



Chris Bogantes
Assistant Women's Gymnastics Coach



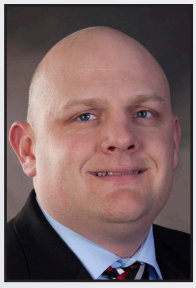
Paul Nelson
Associate Head Women's Soccer Coach



Adam Kleman
Assistant Women's Soccer Coach



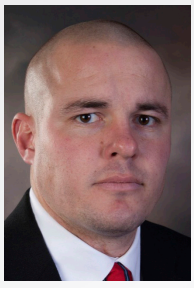
Bryce Saia
Assistant Football Coach



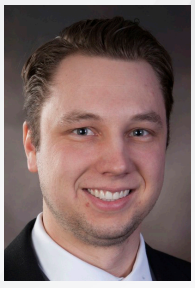
Sherard Poteete
Assistant Football Coach



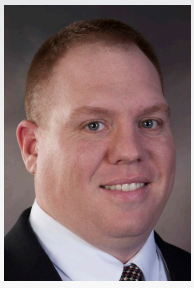
Jon Wiemers
Assistant Football Coach



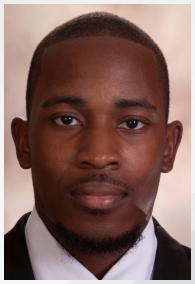
Matt Martin
Assistant Football Coach



Eric Burrow
Assistant Football Coach



Ricky Coon
Assistant Football Coach



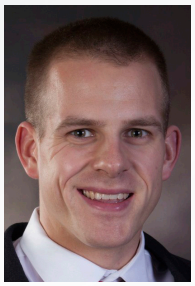
Salim Powell
Assistant Football Coach



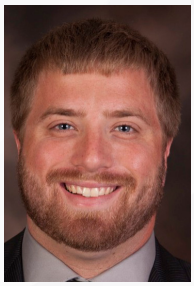
Travis Fisher
Assistant Football Coach



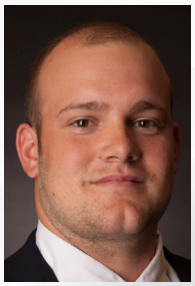
Willie Ponder
Undergraduate Assistant Football Coach



Steve Hendry
Defensive Assistant Football Coach



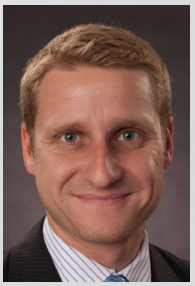
Joe Uhls
Assistant Football Coach/Football Operations



Tyler French
Offensive Assistant Football Coach



Robby Rasco
Equipment Manager



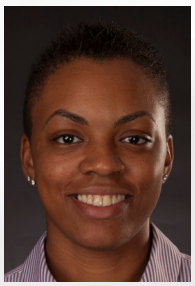
Jared Diekmann
Football Video Coordinator



Stephanie Winter
Assistant Softball Coach



Kerry Shaw
Assistant Softball Coach



Kayani Turner
Assistant Volleyball Coach



Nikki Buchholz
Assistant Volleyball Coach



Kodie Bennett
Cheerleading Coach



Tatianna Parham
Sundancers Coach



Sandy Wiemers
Assistant Academic Services Coordinator



Ben Fox
Assistant Athletic Trainer



Ashley Angerer
Assistant Athletic Trainer



Ryan Johnson
Strength & Conditioning Coach



Megan Rottler
Strength & Conditioning Specialist



Andrew Salter
Graduate Assistant Strength & Conditioning



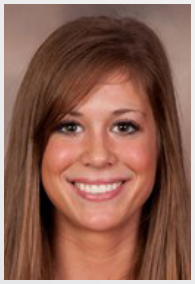
Phil Baier
Graduate Assistant Strength & Conditioning



Leah Ginn
Graduate Assistant Athletic Trainer



Jamie Jetton
Graduate Assistant Athletic Trainer



Karley Evans
Graduate Assistant Academic Services



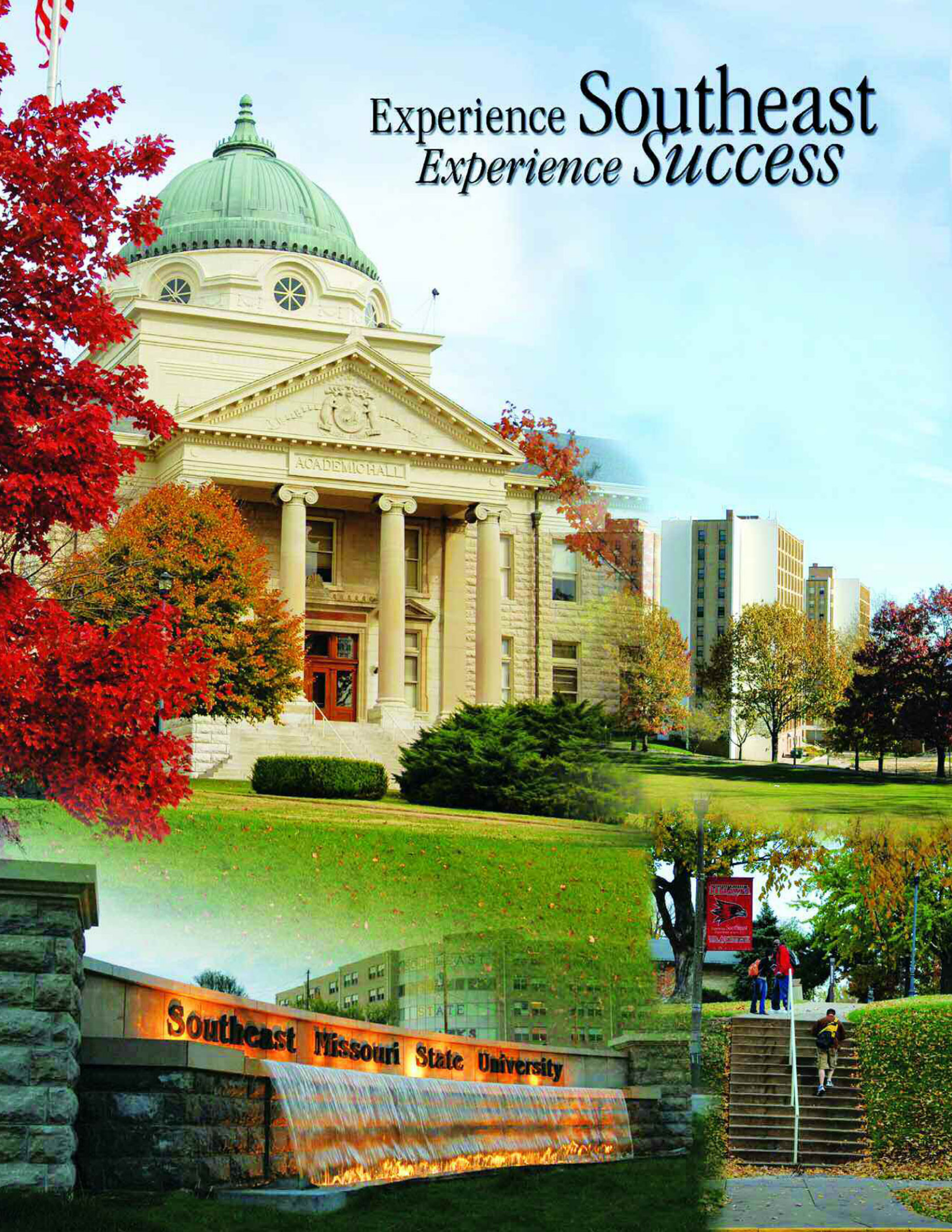
Bethany Pfeiffer
Graduate Assistant Academic Services



Alex Lais
Graduate Assistant Marketing & Promotions



Sean Stevenson
Sports Information Assistant


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ACADEMIC HALL
Southeast Missouri State University



Southeast Missouri State Redhawks

2014-15 TRACK & FIELD SCHEDULE

2015 Indoor Schedule

Dec. 5	EIU Early Bird
Jan. 17	Illini Classic
Jan. 24	SEMO vs. SIUE Dual Meet
Jan. 30-31	Indiana Relays
Feb. 6-7	Saluki Invite
Feb. 13	Hoosier Hills Invite
Feb. 20	**Redhawks Invite**
Feb. 27-28	OVC Indoor Championships
Mar. 13-14	NCAA Indoor Championships

2015 Outdoor Schedule

Mar. 19-21	Alabama Relays
Mar. 27-28	Vanderbilt Black & Gold Invite
Apr. 3-4	**Joey Haines Invitational**
Apr. 9-11	Tennessee Relays
Apr. 16-18	Indiana State Gibson Invite
Apr. 23-25	Drake Relays
May 1-2	Memphis Invite
May 9	Northern Illinois Invite
May 15-16	OVC Outdoor Championships
May 28-30	NCAA West Regional
June 10-13	NCAA Outdoor Championships

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