

NCAA
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REGIONAL
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GYMNASTICS
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ACADEMIC
CHAMPIONS
2007



Southeast Missouri Redhawks

GYMNASTICS MEDIA GUIDE

2015 SEASON

Southeast

Missouri State University™

Located

- ▶ Cape Girardeau, Mo.

Enrollment

- ▶ 12,087

Class Size

- ▶ Small classes with 98 percent of courses having fewer than 50 students

Academic Programs

- ▶ More than 200 areas of study including business, education, nursing, agriculture, science and technology, visual and performing arts

Athletics

- ▶ 15 NCAA Division I Teams



2015 GYMNASTICS



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Credits

The 2015 Southeast Missouri Gymnastics Guide was written, edited and designed by Assistant Sports Information Director Tyler Koonce.

Cover design and additional graphics assistance provided by Veda Barnett of Moll Printing Co. along with Tonya Wells Krista Mayfield of Southeast Missouri State University Relations.

Photography by Matt Ewasko, Keith Hente, David Knoef, Kevin Knoef, Marc Mahnke, Marcus Painton and Pat Patterson.

Editorial assistance by Sports Information Director Jeff Honza, Sports Information Assistant Sean Stevenson and Sports Information Student Assistants Trent Kiefer and Kevin Scanlon.

Special thanks to past Sports Information professionals and students at Southeast Missouri for assistance compiling and maintaining the records section.



SOUTHEAST MISSOURI REDHAWKS

Credentials

Credentials are required for entrance to Houck Field House for members of the media. To request season or single-meet credentials, please contact Assistant Sports Information Director **Tyler Koonce** at (573) 651-2937 or tkoonce@semo.edu. Credentials can be picked up at the ticket table located inside the main entrance of Houck Field House.

Press Row

Media will have designated seats available at each meet at Houck Field House. Professional decorum is expected at all times. Cheering or outward expression is strictly prohibited and will not be tolerated.

Photographers

Photographers must adhere to all photography policies. Please check with **Tyler Koonce** regarding approval to shoot in Houck Field House. Flash photography is prohibited.

Interviews

Interviews with Southeast coaches and student-athletes must be requested through **Tyler Koonce** at least 24 hours in advance. Gymnasts are generally not available on a competition day prior to a meet. Media members are generally welcome to attend practice, but are asked to notify the Sports Information office when planning to do so.

Post-Meet Interviews

Anyone wishing to interview a Southeast student-athlete must notify **Tyler Koonce** prior to the end of each meet. Student-athletes will be escorted to the media



interview room after the mandatory 10-minute cooling off period. Media representatives are not allowed in the dressing room area. Head Coach Kristi Ewasko will be available after each meet, as well.

Gymnastics Email List

If you would like to be added to the Redhawks gymnastics email list to receive breaking news about the team please email Assistant Sports Information Director **Tyler Koonce**. GoSoutheast.com - the official website of Southeast Missouri Athletics - is the best source for up-to-date information about the team.

Event Day Services

Statistics, rosters and meet notes will be provided prior to each meet. Final meet results and scores will also be handed out during and following all competitions.

Webcast

During the 2015 season, three home gymnastics meets will be available live via a free webcast through the Ohio Valley Conference Digital Network.

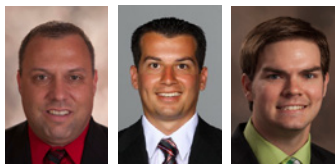
On the Web

The latest news on Southeast Missouri Athletics can be found on the web at GoSoutheast.com. Gymnastics releases, stories, information and stats provided by the Sports Information office are available.

2015 GYMNASTICS

Southeast Missouri Sports Information

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Phone: (573) 651-2933
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Jeff Honza
Director

Tyler Koonce
Assistant
Director

Sean Stevenson
Assistant



2014-15 Sport Assignments

Jeff Honza, Director

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GoSoutheast.com

SOUTHEAST MISSOURI GYMNASTICS
2014 MIC Champions

WOMEN'S GYMNASTICS

COACHING STAFF ROSTER SCHEDULE STATISTICS ADDITIONAL LINKS

TOP STORIES SOCIAL MEDIA SCHEDULES

**GYMNASTICS SCORES 191.65 IN
PRESEASON CHALLENGE**

GO SOUTHEAST REDHAWKS
ON YOUTUBE

GoSoutheast.com

SOCIAL MEDIA



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@SEMOGymnastics



YouTube
YouTube.com/GoSoutheastRedhawks



Pinterest
Pinterest.com/GoRedhawks



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The Southeast Missouri gymnastics team holds nearly all of its home meets at Houck Field House. The facility has provided a home-gym advantage for the program over the years due to the lively crowds and intimate setting.

With over 40,000 square feet available on the main gymnasium floor, Houck can hold meets that can accommodate upwards to five teams comfortably.

Named after Louis Houck, an important and long-time member of the Board of Regents and local railroad entrepreneur, Houck was originally built in 1927 to house the Physical Education Department. The field house was destroyed by fire in 1948 and later rebuilt and expanded in 1951.

After the Show Me Center was completed, the field house was renovated in 1987 and 1995 to better accommodate women's volleyball and gymnastics competition.

Today, Houck Field House seats 2,000 fans for gymnastics meets. The building houses locker rooms for the Redhawk baseball, volleyball, soccer and softball teams. There are also three additional visitor gameday locker rooms.

Houck also houses a fully-equipped training room as well as a meeting room and interview room for post-meet press conferences.

Since 1998, the Redhawks have averaged 502 fans per meet, the best home attendance average over that time period in the Midwest Independent Conference. The all-time attendance mark for the program was set during the 1998 season when 1,486 fans packed Houck for a dual meet against Centenary on March 7.



Top 10 Attended Meets at Houck Field House

<u>Attendance</u>	<u>Date</u>	<u>Opponent</u>
1,486	3/7/98	Centenary
1,433	2/7/98	Texas Woman's
1,017	2/21/99	Illinois & Missouri
755	1/30/09	Southern Utah & Centenary
717	2/15/08	Missouri
713	3/9/98	Illinois State
703	3/7/14	Michigan State
645	3/19/11	MIC Championships
632	3/25/06	MIC Championships
614	1/29/14	Lindenwood

**Since 1998 season*

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The Southeast Missouri gymnastics team conducts all its practices inside Parker Gymnasium. The state-of-the-art gymnasium is inside Parker Hall, located in the heart of campus.

The practice gymnasium's current spot is on the ground floor of Parker Hall, which went through major renovations in recent years.

The expanded practice facility houses an elevated vault runway, two sets of uneven bars, a regulation practice floor, built-in resi pits and trampoline, a trench bar and multiple balance beam stations.

New coaches offices, meeting rooms, fully equipped training and exercise rooms were added.

One of the top practice gymnasiums in the Midwest, it has a seating section for fans to watch practice or the team's annual pre-season meets, which are held in Parker Gymnasium.

The facility and equipment was made possible by the generous donation of Vince and Jan Kelley. The donation of over \$100,000, the largest ever received by the program, covered the moving, construction cost and equipment costs.

The team's locker room is also located in Parker Hall. The 1,200 square foot area houses 20 oak lockers, showers, restrooms, an athlete lounge and study area.





SOUTHEAST MISSOURI REDHAWKS



Prevention. Treatment. Rehabilitation. Education.

Those are the four primary phases of athletic training, and the Southeast Missouri athletic training staff strives to fulfill all of those areas when working with student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the athletic training staff. The Sports Medicine department includes five full-time athletic trainers, six graduate assistants and several student

assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

Athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through. There are four athletic training facilities on-campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms at Houck Field House and the Show Me Center.

The Southeast athletic training rooms are equipped with stationary bikes, hand weights, therapeutic modalities and the latest physical therapy equipment. Each component is strategically designed to not only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and two hospitals in Cape Girardeau. It is from these hospitals that the Athletic Training department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself to providing the best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and management of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.



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Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

This will be accomplished by focusing on reducing the risk of injury and maximizing athletic potential through individual evaluation and program design.

Training Principles for Southeast Athletes:

1. Reduce the risk of injuries

- If a student-athlete is injured, he/she will not be able to compete at practice or games.

2. Maximize athletic ability

- We challenge each athlete, both physically and mentally, in order to achieve optimal results.

Exercises for Southeast Athletes are based on the following Principles:

1. Ground Based Movements

- Athletes compete with their feet on the ground, and therefore, should train that way. The ability to

produce force against the ground determines how fast athletes can run and how high they can jump.

2. Three-Dimensional Movements

- Athletes must be able to stabilize themselves in all planes of movement. A fancy way of saying we use free weights (barbells/dumbbells vs. machines).

3. Multi-Joint Movements

- Very rarely in sport do athletes isolate one single joint at a time. Athletes can train more muscle mass at the same time.

The Southeast Missouri Strength and Conditioning program is under the direction of Ryan Johnson.

Redhawk student-athletes use various training facilities located inside the Student Recreation Center-South.





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The Redhawks Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Stadium. The Redhawk Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings.

The area is under the guidance of Director of Academic Services Sharon Burgard, Assistant Coordinator Sandy Wiemers and Graduate Assistants Karley Evans and Bethany Pfeiffer.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes. Last year, the Redhawks combined for a 3.17 cumulative grade point average in the fall and spring semesters. Over 60 percent of all student-athletes recorded a 3.0 or higher GPA. Thirteen of

Southeast's 15 intercollegiate athletic teams recorded a team GPA over 3.0. Additionally, Southeast student-athletes logged over 3,000 hours of community service over the 2013-14 academic year.

Tutors are available for all student-

athletes as needed. In addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The course, which offers three credit hours,



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is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor bi-weekly to discuss academic progress.

The Success Center staff works to get athletes involved in campus and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.

2013-14 Notables

- Southeast Missouri finished third in the Ohio Valley Conference Commissioner's Cup for the second-straight year in 2013-14. The third-place finish matched the Redhawks highest in school history. Southeast accumulated a total of 107.5 points, a +3.25 increase in its point total from the previous year.
- Southeast Missouri's student-athletes finished the 2013-14 academic year with a 3.17 grade point average and had 13 teams maintain a 3.0 the entire year. In all, 197 individuals finished the year with a 3.0 or higher cumulative GPA accounting for 62.5 percent of the student-athlete population.
- A total of 60 student-athletes received their degrees, including 19 in the fall and 41 in the spring.
- For the fifth time in seven years, Southeast's women's gymnastics team posted the highest cumulative

GPA among all NCAA programs as announced by the National Association of Collegiate Gymnastics Coaches/ Women (NACGC/W). The Redhawks 3.81 mark edged Western Michigan's 3.80 GPA.

- Southeast student-athletes logged over 3,000 community service hours in 2013-14. Redhawk student-athletes participated in a number of community service activities, including Feed My Starving Children, Pink Up Cape, Read to Succeed, Special Olympics, American Cancer Society benefit dinner and the SEMO Food Bank's Party for the Good.
- Southeast teams combined for five conference championships in 2013-14. The Redhawks won the OVC men's indoor track, men's and women's outdoor track titles, and baseball crown. Meanwhile, the women's gymnastics team won the Midwest Independent Conference championship.





SOUTHEAST MISSOURI REDHAWKS



PRESIDENT DR. KENNETH W. DOBBINS

Dr. Kenneth W. Dobbins became the seventeenth president of Southeast Missouri State University on July 1, 1999 after serving as the University's Vice President of Finance and Administration from 1991 to 1993, and Executive Vice President from 1993 until his appointment as president. He previously held several positions in higher education administration at Kent State University in Ohio.

During his tenure at Southeast, academic programs have been enhanced including the establishment of the College of Science, Technology, and Agriculture and the Earl and Margie Holland School of Visual and Performing Arts which opened in fall 2007 on

the new River Campus. A comprehensive review of all academic and non-academic programs has been accomplished to maintain quality and minimize student fee increases in the face of significant state appropriation reductions. Southeast continues to be recognized nationally for many of its outstanding accredited academic programs. For the 11th year in a row, Princeton Review recognized the Master of Business Administration program on its list of "Best Business Schools." GetEdu- cated.com listed Southeast #1 on the list of "Top 10 Ranked Best Values Online MBAs-AACSB-Accredited"; Southeast is recognized in the top tier of the Midwest best regional universities in U.S. News Best Colleges for

2014; and Southeast was again named among the "Best in the Midwest" by Princeton Review. Additionally, Militaryfriend- lyschools.com lists Southeast among the top schools that embrace veterans as students, and recent freshmen survey data indicate that new students applied only to Southeast at a rate three times the national average.

Enrollment has increased significantly since a 20-year- low in 1994 when approxi- mately 7,900 students attended Southeast. In fall 2005, enroll- ment topped 10,000 for the first time, and stood at more than 11,900 in 2013. Addi- tionally, record enrollments in higher education have occurred in the University's 25-county service region during his tenure due to the establish-

ment of new regional campuses in Sikeston and Kennett and a higher education center at Perryville serving place-bound students in and near those rural communities.

During Dr. Dobbins' presi- dency more than \$400 million in capital construction and building improvement projects have enhanced the University. The Seabaugh Polytechnic Building and the \$58 million River Campus were con- structed. In 2005, the Douglas C. Greene Center for Innova- tion and Entrepreneurship was opened, followed by the dedica- tion of the state-of-the-art David M. Barton Agriculture Research Center in 2009, and the University's Autism Center for Diagnosis and Treatment in 2010. Southeast is known throughout the Midwest for its

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modern and student-friendly residence halls. Vandiver Hall was completed in 2002; Merick Hall in 2009; and LaFerla Hall was dedicated in the fall of 2013. More than \$90 million in capital renovation projects were completed in 2013, including the renovation of the historic 108-year-old Academic Hall, and the remodeling and upgrades to the Magill and Rhodes sciences complex. Additionally, the University will open the River Campus Center, a new academic and residence hall center, at the River Campus in fall 2014.

Dr. Dobbins has served a two-year term as president of the Missouri Council on Public Higher Education (COPHE), the organization for presidents and chancellors of Missouri's public colleges and universities, and is the senior member of the organization. In 2007, he was selected to serve a three-year term on the American Association of State Colleges and Universities (AASCU) Board of Directors, an organization which represents over 420 U.S. public college and university members and more than 3.7 million students or 56 percent of the enrollment at all public four-year institutions. He was elected Secretary-Treasurer of the organization in 2008, chaired the organization in 2010-2011, and again serves on the AASCU Board. Also, for the past ten years, he has served as one of four faculty members for the week-long AASCU New Presidents' Academy, and currently chairs the Finance Committee of the American Academic Leader-

ship Institute. He previously served three years as president of the Ohio Valley Conference and is currently a member of the Conference finance subcommittee. In addition, he is the vice president for membership on the executive board of the Greater St. Louis Council, Boy Scouts of America, and was elected by local council associates to serve on the National Council, Boy Scouts of America. In 2010, he was awarded the Silver Beaver Award, the highest honor bestowed upon a Boy Scout volunteer by a council.

He earned his B.S. degree in accounting from the University of Akron (Ohio) in 1971 and served as a commissioned officer and civilian executive in the U.S. Air Force for almost 10 years. He received the M.B.A. degree in 1979 from Old Dominion University (Virginia) where he was awarded the 2001 Distinguished Alumni Award, and the Ph.D. in higher education administration in 1987 from Kent State, where in 2011, he was awarded the Alumni Leadership Award for the College of Education, Health and Human Services Annual Hall of Fame Awards. He is also a Certified Public Accountant in Ohio.

Dr. Dobbins and his wife, Jeanine Larson Dobbins, Founder and Director Emeritus of the Missouri Statewide Early Literacy Intervention Program based at Southeast, have a son, Paul, and a daughter-in-law, Stacey, who are both Southeast graduates, and two grandsons, Lincoln Kenneth and Brady Larson Dobbins.



Doyle L. Privett
President



Kendra Neely-Martin
Vice President



Donald G. LaFerla



Daren Todd



Thomas M. Meyer



Jay B. Knudtson



Austin Cordell
Student Representative



SOUTHEAST MISSOURI REDHAWKS



DIRECTOR OF ATHLETICS MARK ALNUTT

Southeast Missouri's Department of Athletics is thriving under the leadership of Mark Alnutt.

Southeast Athletics operates on the three core values of its mission -- Academic Excellence, Social Development and Competitive Success. As a result, the Redhawks are soaring in all of those areas.

Academically, Southeast student-athletes have combined for over a 3.1 cumulative grade point average in the fall and spring semesters each year with Alnutt at the helm. The 2013-14 campaign saw a total of 197 individuals achieve a 3.0 or higher cumulative GPA accounting for 62.5

percent of the student-athlete population. That success led to the Department of Athletics securing a 3.17 GPA with 13 teams maintaining a 3.0 or better the entire year.

Prior to that, the Redhawks accumulated a 3.12 GPA with 192 student-athletes getting a 3.0 or higher mark in 2012-13.

In line with academics, Alnutt strongly encourages coaches, administrators and student-athletes to be visible in the community. That being said, student-athletes have logged over 4,000 hours of community service in Alnutt's term as Director of Athletics. Pink Up Cape, Feed My Starving Children, Project Homeless Connect, Cape Girardeau Adopt-A-Street, Read to Succeed and Special Olympics are among

the many community service opportunities the Redhawks have actively participated in.

Another valuable piece of Southeast's growth in athletics has been Alnutt's Redhawks Road Trip. The Redhawks Road Trip features a series of outreach events to give fans, alumni, supporters and community members the chance to meet select coaches, student-athletes and administration from Southeast Athletics. Last year, the Redhawks made 11 different stops along the "I-55 Corridor," that stretch between St. Louis and Memphis which is so important from a branding, recruiting and fundraising standpoint.

Athletically, Southeast finished third in the Ohio Valley Conference

Commissioner's Cup for the second-straight year in 2013-14. The Redhawks tallied 107.5 points, a +3.25 increase from the previous season. Those third-place finishes are the best in school history.

Southeast nearly had a clean sweep of the OVC track & field championships, winning the men's indoor and men's and women's outdoor crowns. The Redhawks also won the OVC baseball title and Midwest Independent Conference women's gymnastics championship during the 2013-14 campaign. In all, Southeast teams have won six conference titles in Alnutt's first two years as Director of Athletics.

Alnutt was the driving force behind securing the first-ever NCAA football game at

2015 GYMNASTICS

Busch Stadium in St. Louis. Longstanding regional-rivals Southeast Missouri and Southern Illinois met in the College Classic on Sept. 21, 2013.

Alnutt has made some new coaching hires as well. He introduced Tom Matukewicz as the Redhawks head football coach on Dec. 18, 2013 and Mark Redburn as the school's next head softball coach on June 26, 2014.

Since Alnutt officially took over as Director of Athletics on April 19, 2012, total giving to athletics has increased by more than 12 percent. As a result, the department raised over \$350,000 through various fundraising initiatives.

Prior to accepting his first job as Director of Athletics, Alnutt served as the Senior Associate Athletics Director at the University of Missouri.

Alnutt was the administrative liaison for football; supervised track and field, cross country, gymnastics and golf; spearheaded the department's project management team; served as the primary point person for the Athletic Department, overseeing all aspects of facility project master planning, development, management and implementation; and was involved with external department operations, including development, game operations, marketing, media relations, Mizzou Sports Properties and ticket operations.

Alnutt also managed postseason travel arrangements for each of the University of

Missouri's 20 intercollegiate sport programs. He oversaw Missouri's Nike contract, the Big Wheels and Flying Tiger programs and the department's relationship with Old Hawthorne Golf Club. In 2009, he managed a \$5 million video board project through the University of Missouri Sports Complex with the centerpiece being a new board at Faurot Field. He also oversaw the design and construction of the new Golden Girls/Gymnastics practice facility in the fall of 2011. Alnutt was actively involved in the solicitation and stewardship efforts of capital gift giving, as well.

Alnutt spent six years at the University of Missouri as director of football operations, adding an assistant athletic director title prior to the 2005-2006 season. In that role, his duties included coordinating the team's travel plans, overseeing the football budget, handling compliance issues, scheduling of facilities, assisting with recruiting operations and managing the day-to-day operations of the football program.

He coordinated public relations and community service events for football, and oversaw all organizational aspects for the University of Missouri's trips to the 2003 and 2005 Independence Bowl games played in Shreveport, La. He also represented the football program as part of the design team that planned the \$16 million expansion and renovation project which turned the Tom Taylor

Building into the Missouri Athletics Training Complex.

Alnutt was a three-year letterman for the University of Missouri as a linebacker and tight end from 1993-1995 and was voted the team's champion of the year as a senior. He earned a degree in sociology in 1995 and went to work for Major Brands as a senior salesman in Kansas City from February 1996 to August 1997.

He returned to the University of Missouri to pursue a master's degree in public administration with an emphasis on sports psychology. He joined the Missouri football staff in 1998 as an administrative/video graduate assistant. Alnutt completed his master's degree in May 2000 and took over as director of football operations that August.

A native of Kansas City, Alnutt served as president of the board of directors for Big Brothers/Big Sisters of Boone County and was selected to participate in the 2002-2003 NCAA Leadership Institute for Ethnic Minority Males. In June 2005, he was recognized by Columbia Business Times as one of the Columbia's 40-Under-40 business leaders for his work in the community.

He has participated in the Division I-A Athletic Director's Institute, attended the NACDA Mentoring Institute and chaired the NCAA Women's Gymnastics committee. In 2010, he was the recipient of an Outstanding Chancellor's Staff recognition and the Barbara S. Uehling

Award for Administrative Excellence at the University of Missouri.

Alnutt was selected to serve a four-year term on the NCAA Minority Opportunities and Interests Committee, effective Sept. 1, 2013.

The NCAA Minority Opportunities and Interests Committee (MOIC) was formed by the Association in January 1990 to review issues related to the interests of ethnic minorities and women. These issues focus on the education and welfare of minority student-athletes, as well as the enhancement of opportunities for ethnic minorities and women in coaching, athletics, administration, officiating and the NCAA governance structure.

A year later, Alnutt was appointed to serve a four-year term on the NCAA Football Playing Rules Committee that will begin Sept. 1, 2014.

The mission of the NCAA Football Rules Committee is to govern the playing rules of collegiate football by: Acknowledging the traditions of sport; Soliciting input from various college constituencies; Examining existing regulations and making necessary modifications to create safe, practical, concise and enforceable rules; and influencing the long term vision and direction of NCAA football.

Alnutt and his wife, the former Kate Hankins, are the parents of four children, Jaren, Kinleigh, Mason and Aidan.



SOUTHEAST MISSOURI REDHAWKS



Cindy Gannon
Senior Associate
Director of
Athletics/Senior Woman
Administrator



Rachel Blunt
Assistant Director of
Athletics/Compliance



Nate Saverino
Assistant Director of
Athletics/External
Affairs



Sara Cummings
Administrative Assistant



Sharon Burgard
Academic Services
Coordinator



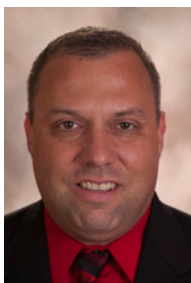
Elizabeth Brucker
Director of Business
Operations



Barb Kinsey
Administrative
Assistant/Development



Kent Phillips
Coordinator of Facilities
& Event Management



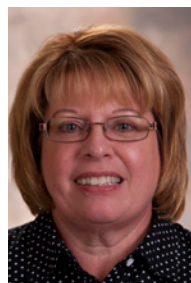
Jeff Honza
Sports Information
Director



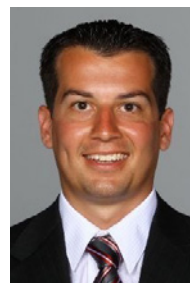
Phillip Lady
Coordinator of
Marketing &
Promotions



Alan Savage
Ticket Manager/Student
Accountant



Marcia Hendrix
Assistant Ticket Man-
ager/Insurance



Tyler Koonce
Assistant Sports
Information Director



Beth Easter
Faculty Athletics
Representative



Steve Bieser
Head Baseball Coach



Tom Matukewicz
Head Football Coach



Dickey Nutt
Head Men's
Basketball Coach



Ryan Lane
Head Cross Country/
Assistant Track & Field
Coach



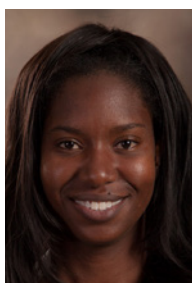
Ty Margenthaler
Head Women's
Basketball Coach



Heather Nelson
Head Women's
Soccer Coach



Mark Redburn
Head Softball Coach



Leah Killen
Head Women's
Tennis Coach



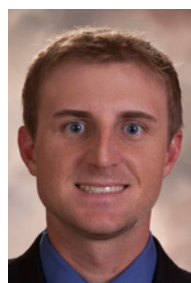
Eric Crumpecker
Head Track & Field
Coach



Julie Yankus
Head Volleyball Coach



Dillon Lawson
Assistant Baseball
Coach



Lance Rhodes
Assistant Baseball
Coach



Jamie Rosser
Associate Head Men's
Basketball Coach



Stetson Hairston
Assistant Men's
Basketball Coach

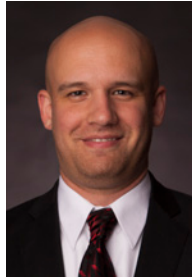
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Justin Argenal
Assistant Men's
Basketball Coach



Heather Ezell
Assistant Women's
Basketball Coach



Cameron Tucker
Assistant Women's
Basketball Coach



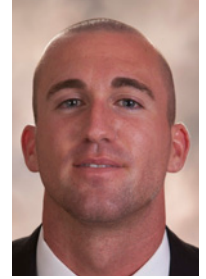
Lavesa Glover
Assistant Women's
Basketball Coach



Paul Nelson
Associate Head
Women's Soccer Coach



Adam Kleman
Assistant Women's
Soccer Coach



Matt Koelling
Assistant Track &
Field Coach



Miles Smith
Assistant Track &
Field Coach



Madalyn Stichnot
Assistant Track &
Field Coach



Bryce Saia
Assistant Football Coach



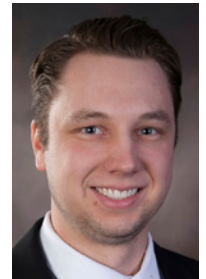
Sherard Poteete
Assistant Football Coach



Jon Wiemers
Assistant Football Coach



Matt Martin
Assistant Football Coach



Eric Burrow
Assistant Football Coach



Ricky Coon
Assistant Football Coach



Salim Powell
Assistant Football Coach



Travis Fisher
Assistant Football Coach



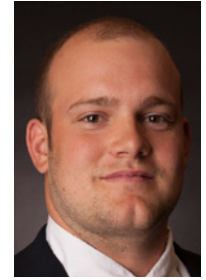
Willie Ponder
Undergraduate
Assistant Football Coach



Steve Hendry
Defensive Assistant
Football Coach



Joe Uhls
Assistant Football Coach/
Director of Football
Operations



Tyler French
Assistant Football Coach



Robby Rasco
Equipment
Manager



Jared Diekmann
Football Video
Coordinator



Stephanie Winter
Assistant Softball
Coach



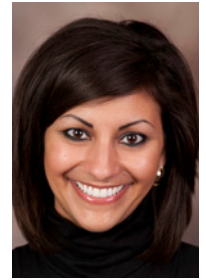
Kerry Shaw
Assistant Softball
Coach



Kayani Turner
Assistant Volleyball
Coach



Nikki Buchholz
Assistant Volleyball
Coach



Tatianna Parham
Sundancers Coach



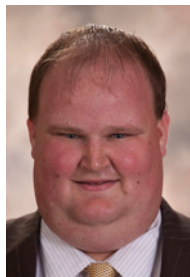
SOUTHEAST MISSOURI REDHAWKS



Kodie Edmonds
Cheerleading
Coach



Sandy Wiemers
Assistant Academic
Services Coordinator



Ben Fox
Assistant Athletic
Trainer



Ashley Angerer
Assistant Athletic
Trainer



Ryan Johnson
Strength & Conditioning
Coach



Megan Rottler
Strength & Conditioning
Specialist



Andrew Salter
Graduate Assistant
Strength & Conditioning



Phil Baier
Graduate Assistant
Strength & Conditioning



Leah Ginn
Graduate Assistant
Athletic Trainer



Jamie Jetton
Graduate Assistant
Athletic Trainer



Karley Evans
Graduate Assistant
Academic Services



Bethany Pfeiffer
Graduate Assistant
Academic Services



Alex Lais
Graduate Assistant
Marketing &
Promotions



Sean Stevenson
Sports Information
Assistant

The mission of Southeast Missouri State University Department of Athletics is to provide a first class, student-athlete centered collegiate experience emphasizing the core values of academic excellence, social development, and competitive success. The Department of Athletics strives to compete at the highest possible level in the Ohio Valley Conference and other conference affiliations. The principles of integrity, student welfare, sportsmanship, ethical conduct, rules compliance, equity and diversity, and the prudent management of resources are the foundation on which we operate.

2015 ROSTER





SOUTHEAST MISSOURI REDHAWKS



<u>Name</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Hometown (Club Team)</u>
Erin Brady	5-9	Sr.	Oshkosh, Wis. (Oshkosh Gymnastics Center)
Alexis Brawner	5-2	Fr.	Chesterfield, Mich. (Hunts' Gymnastics Academy)
Jordan Clark	5-2	Fr.	Wentzville, Mo. (Stacey's Gymnastics)
Brittany Hadj Romdhane	5-6	Fr.	Woodbury, Minn. (Rising Stars Gymnastics Academy)
Chelsi Hamilton	5-3	So.	Arlington, Texas (Top Flight Gymnastics)
Jessica Hawks	5-4	Fr.	O'Fallon, Mo. (Team Central Gymnastics Academy)
Lauren Israel	5-4	So.	Lee's Summit, Mo. (Xtreme Gymnastics)
Chloe Marshall	5-6	So.	Olathe, Kan. (Kansas Gymnastics & Cheer)
Jaden Miller	5-5	Fr.	Dublin, Ohio (Universal Gymnastics)
Taylor Penzien	5-8	Jr.	Ray Township, Mich. (Olympia Gymnastics Academy)
McKenna Stanley	5-3	Fr.	San Antonio, Texas (Aerial Athletics)
Alexandria Stokes	5-7	So.	East Bethel, Minn. (Flyaways Gold Gymnastics)
Ashley Thomas	5-5	So.	Germantown, Tenn. (SEGA Gymnastics)
Alyssa Tucker	5-5	So.	Raleigh, N.C. (Team Attraction Gymnastics)
Bailey Walker	5-2	So.	Chanhausen, Minn. (Classic Gymnastics)

Head Coach:	Kristi Ewasko (6th Season)
Assistant Coach:	Sarah Shire Brown (3rd Season)
Assistant Coach:	Chris Bogantes (1st Season)
Volunteer Student Coach:	Hayli Huiner (1st Season)
Manager:	Maggie Stein (1st Season)

Breakdown by Class

Total Team Members	15
Seniors.....	1
Juniors	1
Sophomores.....	7
Freshmen.....	6

Breakdown by State

Kansas	1
Michigan	2
Minnesota	3
Missouri	3
North Carolina.....	1
Ohio	1
Tennessee	1
Texas.....	2
Wisconsin.....	1

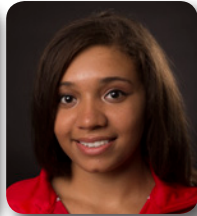
Pronunciation Guide

Brittany Hadj Romdhane ...	Hahj-ROM-DON
Taylor Penzien	Pen-ZEEN
Kristi Ewasko	Uh-WASS-KOE
Chris Bogantes	BO-gone-tays

2015 GYMNASTICS



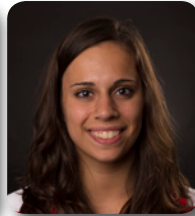
Erin Brady
5-9 • Sr.
Oshkosh, Wis.



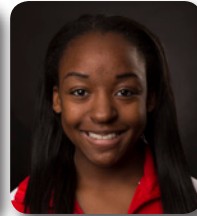
Alexis Brawner
5-2 • Fr.
Chesterfield, Mich.



Jordan Clark
5-2 • Fr.
Wentzville, Mo.



Brittany Hadj Romdhane
5-6 • Fr.
Woodbury, Minn.



Chelsi Hamilton
5-3 • So.
Arlington, Texas



Jessica Hawks
5-4 • Fr.
O'Fallon, Mo.



Lauren Israel
5-4 • So.
Lee's Summit, Mo.



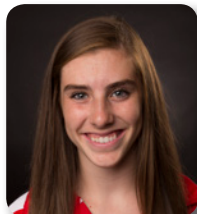
Chloe Marshall
5-6 • So.
Olathe, Kan.



Jaden Miller
5-5 • Fr.
Dublin, Ohio



Taylor Penzien
5-8 • Jr.
Ray Township, Mich.



McKenna Stanley
5-3 • Fr.
San Antonio, Texas



Alexandria Stokes
5-7 • So.
East Bethel, Minn.



Ashley Thomas
5-5 • So.
Germantown, Tenn.



Alyssa Tucker
5-5 • So.
Raleigh, N.C.



Bailey Walker
5-2 • So.
Chanhassen, Minn.



Kristi Ewasko
Head Coach
6th Season



Sarah Shire Brown
Assistant Coach
3rd Season



Chris Bogantes
Assistant Coach
1st Season



Hayli Huiner
Volunteer Student Coach
1st Season



SOUTHEAST MISSOURI REDHAWKS



Senior



Junior



Sophomores



Freshmen

COACHING STAFF





SOUTHEAST MISSOURI REDHAWKS



Kristi Ewasko

- » Head Coach
- » 6th Season
- » Auburn, 2004
- » @KBEwasko

In five seasons as head coach, Kristi Ewasko has led the Southeast Missouri gymnastics program to prominent team and individual success in the gym and classroom.

The Redhawks claimed the 2014 Midwest Independent Conference championship where they posted a score of 195.275 - the seventh-best total in program history - to earn the fifth conference championship for Southeast. Eight Redhawks were named first-team All-MIC and two others earned second-team recognition. Alyssa Tucker was named MIC Freshman of the Year and Sarah Shire Brown received MIC Assistant Coach of the Year honors.

Following the conference title, Tucker and Taryn Vanderpool both advanced to the NCAA regional, where they placed seventh and 13th, respectively, in the all-around portion.

Additionally, with a 3.696 cumulative team grade point average, the 2014 Redhawks recorded the third-best grade point average in the nation. This continued a long tradition of academic success for a program that claimed academic national titles in 2007, 2008, 2009, 2011 and 2013 while also finishing second in the national rankings in 2010 and 2012.

In 2013, Southeast rebounded from a fifth-place conference finish in 2012 to place third at the Midwest Independent Conference Championships. The Redhawks posted their 11th-highest score in program history, scoring a 195.050 in the highly-competitive conference meet.

Two Redhawks were crowned MIC champions with Megan Fosnow claiming vault and Taryn Vanderpool winning a share of the uneven bars title. Taylor Penzien also earned postseason accolades from the conference, being voted the MIC Newcomer of the Year. Vanderpool continued her season a little longer, qualifying for the NCAA Norman Regional, the first regional appearance of her career.

Southeast once again excelled in the classroom, posting the highest team grade point average in the nation with a 3.8146 figure. All 13 gymnasts on the 2013 roster also earned All-American scholastic spots on the National Association of Collegiate Gymnastics Coaches/Women (NACGC/W) honor roll.

In 2012, the Redhawks sent two individuals, Fosnow and Taylor Westrick, to the NCAA Regional Championships. Westrick won the balance beam at the regional meet to become the first Southeast gymnast to qualify for the NCAA Gymnastics Championships since the program joined Division I prior to the 1992 season. She finished 28th at the national meet to conclude her historic season.

The 2011 season saw Southeast capture its fourth Midwest Independent Conference title in program history. Southeast also finished 39th nationally with a Regional Qualifying Score (RQS) of 193.875.

On May 24, 2010, then-Southeast Director of Athletics John Shafer named Ewasko the head women's gymnastics coach after she spent her first year as the interim head coach.

The Redhawks posted a 12-8 dual record while going 9-2 against MIC foes in 2011. In addition to the team success, Southeast sent three gymnasts to the NCAA Regional Championships in Norman, Okla. Taylor Westrick competed in the all-around while Brianna Gaddie competed in the vault and Christina Sundgren took part in the uneven bars.

A native of Monroe, La., Ewasko spent one year as an assistant coach at Southeast before she was promoted to interim head coach. During that time, she led the Redhawks to an overall record of 18-7 and 11-4 in the Midwest Independent Conference. The 18 victories were the most for the program since 1997.

In addition, Southeast finished third at the MIC Championships and had three gymnasts - Jordan Salsberg, Brianna Gaddie and Rikara Turner - qualify for the NCAA South Central Regional. The team just missed the program's ninth NCAA Regional berth, finishing with a final national ranking of 40th with a Regional Qualifying Score (RQS) of 193.850, which led the MIC.

Prior to arriving at Southeast, Ewasko worked as a volunteer assistant coach at Auburn from 2004-08. She was AU's conditioning captain and academic captain from 2004-06. She then spent the 2007 season as an assistant beam and floor coach while transitioning for the 2008 season to being an assistant on vault and bars. During this time, she also assisted with team travel, recruiting files and other day-to-day activities of the program. The Tigers finished the 2008 season ranked 17th and rated among the top-26 each of those four seasons.

In addition to her collegiate coaching duties, Ewasko was an Auburn Gymnastics Academy coach from 2004-2008. She became head coach of the AGA competitive team in May 2006.

Ewasko graduated with a degree in Exercise Science from Auburn in 2004. As a gymnast, she competed for four years as the top vault competitor for the Tigers' perennial top-20 program. Ewasko recorded Auburn's top three vault scores in school history, including the all-time mark of 9.950, which she set against Florida in 2003. Ewasko scored a 9.90 or better on vault, beam and floor during her four years as a collegiate gymnast.

In pursuit of her degree, Ewasko was named an Academic All-American in 2002, named to the SEC Academic Honor Roll in 2003 and 2004, and was also named to the SEC Good Works Team in 2004 for her community service work.

Ewasko and her husband, Matt, have a son, Alex, and a daughter, Cameron Auburn, and reside in Cape Girardeau.

2015 GYMNASTICS





SOUTHEAST MISSOURI REDHAWKS



Sarah Shire Brown

- » Assistant Coach
- » 3rd Season
- » Missouri, 2010; 2012
- » @88Shire

Sarah Shire Brown returns for her third season as an assistant coach with the Southeast Missouri gymnastics program. Brown serves as the program's recruiting coordinator and balance beam coach. She also assists with organizing practices.

In 2014, Brown was named the Midwest Independent Conference Assistant Coach of the Year after the Redhawks claimed the fifth conference title in program history, which was clinched on the beam. Southeast went a perfect 6-0 in MIC regular season competition.

Brown's work on the recruiting trail has provided large recruiting classes with gymnasts making an immediate impact in the Southeast lineup, highlighted by 2014 MIC Freshman of the Year Alyssa Tucker.

During her first season with the program in 2013, Southeast improved its beam Regional Qualifying Score (RQS) by over two-tenths of a point.

A decorated collegiate gymnast, Brown was a four-time All-American in only three seasons at the University of Missouri. She was named Big 12 Newcomer of the Year in 2008, Big 12 Gymnast of the Year in 2009 and 2010 and South Central Regional Gymnast of the Year in 2009 and 2010. Prior to competing collegiately, Brown was a member of the U.S. National Team from 2002-05.

As a team, Mizzou experienced tremendous success with Brown on the roster. The squad finished in the top 20 nationally all three years she competed and qualified for the NCAA National Championships as a team in 2010, finishing 12th in the country.

Brown was also heavily involved in the club gymnastics scene, serving as a coach and choreographer for Flipz USA since 2006. She has instructed children of all ages on fundamental and advanced skills, coordinated workout plans on all four events and provided motivation for developing gymnasts.

Before arriving at Southeast, Brown spent one season as the Tigers' director of operations. Her primary duties included coordinating team travel and recruiting assistance. She also served as a career coach, summer camp coordinator and sport psychology intern.

Brown earned a Bachelor of Arts in Interdisciplinary Studies from Missouri in 2010 before gaining a Master's of Education in Counseling Psychology from Missouri in 2012. She is married to Antonio Brown, who is an accountant in Cape Girardeau.

2015 GYMNASTICS





SOUTHEAST MISSOURI REDHAWKS



Chris Bogantes

» Assistant Coach

» 1st Season

» LSU, 2009

Chris Bogantes is in his first season as an assistant coach with the Southeast Missouri gymnastics program. Bogantes coaches bars and is responsible for developing the team's training program in addition to recruiting, coordinating team travel, setting the competition schedule, assisting with spotting on floor and other day-to-day operations of the program.

Bogantes joined the Redhawks after previously working on the staffs at Ball State, Texas Woman's and LSU.

"I am excited to add Chris to our staff as he will be an excellent addition to fulfilling areas of need for our program," head coach Kristi Ewasko said upon his hiring. "His personality and desire to be a successful coach will only add fuel to the fire for what we are planning to accomplish with Southeast Gymnastics."

Bogantes became the first full-time assistant gymnastics coach in Ball State history, where he coached during the 2012-13 season. He was also an assistant coach for Texas Woman's for the 2010-11 season, coaching the vault while assisting on bars and floor. He earned his master's degree in kinesiology from Texas Woman's in 2014.

From 2008-10, Bogantes was the team manager and club team head coach at LSU, where he earned his bachelor's degree in history in 2009. He was also a member of the LSU cheer squad from 2007-08, which included a fourth place finish nationally. Additionally, he served as a stunt and tumbling coach for varsity cheerleaders at LSU and Alabama.

In addition to coaching at the collegiate level, Bogantes owns extensive experience in club gymnastics. He coached at Legacy Elite Gymnastics in Illinois from 2011-12, handling vault and bars for Level 8-10 gymnasts while assisting the elite gymnasts on bars, vault and floor.

A native of Covington, La., Bogantes was an assistant coach at Elite Gymnastics in Baton Rouge, La., from 2006-08. He has worked with three USA National Team members, including a 2012 USA Olympic Team alternate and 2012 Pan Am Games gold medalist. He has also worked at various club and college camps, including LSU, Michigan and Auburn.

2015 GYMNASTICS





SOUTHEAST MISSOURI REDHAWKS

Gymnastics Support Staff



Hayli Huiner

» Volunteer Student Coach

» 1st Season

Maggie Stein

» Student Manager

» 1st Season

2015 REDHAWKS





SOUTHEAST MISSOURI REDHAWKS

Erin Brady

»5-9 »Sr. »Oshkosh, Wis. »Oshkosh Gymnastics Center



2014: Competed in eight meets ... Saw action in floor exercise on six occasions and on balance beam four other times ... Recorded a season-high 9.700 on floor at the MIC Championships (3/22) ... Posted a 9.675 on floor vs. Illinois State (3/9) ... Recorded a season-best 9.475 on beam at Texas Woman's (2/23).

2013: Competed in all 11 meets, cracking the floor lineup each outing while competing on vault nine times and beam six times ... Notched a season-best 9.700 on floor vs. Illinois State (2/15) and vs. Eastern Michigan (3/3) ... Also scored a career-best 9.675 on beam against Centenary (1/25) ... Top vault score was a 9.600 at the MIC Championships (3/23).

2012: Competed in all 11 meets ... Saw action in the floor exercise nine times and on balance beam six times ... Also cracked the uneven bars lineup twice ... Scored a career-best 9.775 on floor against Illinois State (2/24) ... Named to the MIC Scholastic All-Conference team ... Placed on the NACGC/W All-Academic team ... Named a Southeast Scholar-Athlete ... Placed on the OVC Commissioner's Honor Roll.

2011: Did not compete.

Club: Four-year Level 10 gymnast ... Three-time Junior Olympic qualifier ... Placed ninth on the floor and 25th in the all-around at the 2008 Junior Olympic Nationals ... Finished fourth on the floor at 2006 and 2007 Level 10 Regionals ... Won vault title and placed fourth in the all-around at the 2009 Regionals ... Coached by Phyllis and Dale Hardt ... Honor roll student at Oshkosh West (Wis.) High School ... Academic Achievement Award recipient.

Personal: Born April 23, 1992 ... Daughter of Joseph and Julie Brady.

2015 GYMNASTICS

Chelsi Hamilton

»5-3 »So. »Arlington, Texas »Top Flight Gymnastics



2014: Named first-team All-Midwest Independent Conference ... MIC co-champion on floor exercise ... Competed in all 12 meets ... Participated in three of four events on four occasions ... Scored a season-best 9.850 on the floor at the MIC Championships (3/22) ... Scored a season-high 9.800 on the vault in back-to-back meets to open the season ... Scored a 9.675 on the beam against Lindenwood (1/31) ... Registered 13 scores of 9.700 or better.

Club: Earned Level 10 status prior to the 2012 season, where she was limited to only one meet ... Qualified for nationals in 2013, where she took 14th on floor ... Placed second on vault and sixth in the all-around at regionals in 2013 ... Won vault and the all-around title at Level 9 National Championships in 2011 ... Also placed second on beam and third on floor at the 2011 national meet ... Claimed another vault title at the Level 9 National Championships in 2010 ... Won vault and all-around titles in all four meets she competed in during the 2011 season.

Personal: Born July 25, 1995 ... Daughter of Qzonna and Boris Hamilton.



SOUTHEAST MISSOURI REDHAWKS

Lauren Israel

»5-4 »So. »Lee's Summit, Mo. »Xtreme Gymnastics



2014: Named first-team All-Midwest Independent Conference ... Claimed MIC title on uneven bars ... Competed in eight meets ... Scored a season-best 9.900 on bars at MIC Championships (3/22) ... Posted a season-best score on balance beam in regular season finale against Illinois State with a 9.825 (3/9) ... Scored a 9.700 or better nine times ... Named to the MIC Scholastic all-conference team.

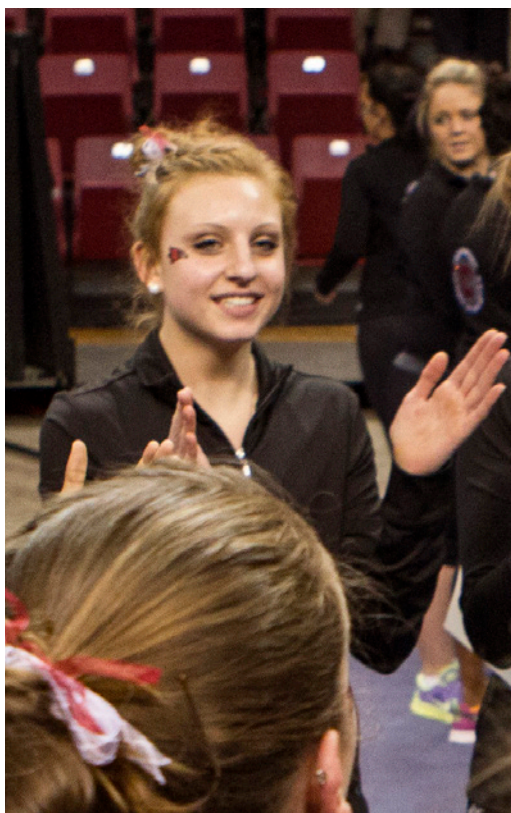
Club: Competed at Level 10 since 2010 for Xtreme Gymnastics in Lee's Summit, Mo. ... Qualified for regionals and nationals in 2011 and 2012 ... Won bars and finished second on floor and in the all-around at the 2012 Missouri State Championships ... Placed fifth on beam and ninth on bars at the 2012 Junior Olympic National Championships ... Competed all-around in every meet but two since achieving Level 10 status ... Coached by Alisha Robinson ... Earned a spot on the Principal's Honor Roll at Blue Springs South High School with a 4.2 grade point average.

Personal: Daughter of Dan and Denise Israel ... Father, Dan, is Executive Producer of the Kansas City Chiefs Radio Network ... Both parents graduated from MidAmerica Nazarene ... Brother, Matthew, attends TCU ... Majoring in Exercise Science.

2015 GYMNASTICS

Chloe Marshall

»5-6 »So. »Olathe, Kan. »Kansas Gymnastics & Cheer



2014: Did not compete.

Club: Competed at Level 10 since 2011 for Kansas Gymnastics and Cheer ... Two-time NIT qualifier ... Placed fifth on floor at the 2012 NIT ... Missed 2013 club season due to injury ... Coached by Anne Heffernon and James Sampel ... Four-year honor roll member and three-time academic letter recipient at Blue Valley Southwest High School in Overland Park, Kan. ... Earned school's Physics Award and was a Kansas Scholar in 2012.

Personal: Born Dec. 16, 1994 ... Daughter of Michael and Misti Marshall ... Majoring in Hospitality Management.



SOUTHEAST MISSOURI REDHAWKS

Taylor Penzien

»5-8 »Jr. »Ray Township, Mich. »Olympia Gymnastics Academy



2014: Competed in all 12 meets on the season ... Set a career-best with a 9.850 on the uneven bars at the Midwest Independent Conference Championships (3/22) ... Scored a career-high 9.775 on the balance beam against Michigan State (3/7) ... Scored a 9.700 or better 11 times ... Named to the MIC Scholastic All-Conference team.

2013: Competed in all 11 meets, going in the all-around three times ... Named MIC Newcomer of the Year ... Scored 9.700 or higher on 14 occasions, including one score above 9.800 ... Scored a season-high 9.875 to win the floor exercise at Illinois State (2/24) ... Notched at least a 9.700 on bars in each of her last eight meets, going a season-best 9.775 vs. Illinois State (2/15), vs. Eastern Michigan (3/3) and at Kent State (3/15) ... Placed on the MIC Scholastic All-Conference team.

Club: Attended New Haven (Mich.) High School ... Spent four years as a Level 10 gymnast for Olympia Gymnastics Academy in Shelby Charter Township, Mich., under Lori Koch and Deanna Sigler ... Qualified for nationals in 2012 ... Advanced to Eastern Nationals in 2008 ... Three-time regional qualifier ... Won the state and regional all-around championships in 2012 ... Also won the floor exercise at the 2012 regional meet ... Qualified for the 2011 NIT meet ... Won the floor exercise while placing second in vault and all-around at the 2011 state meet ... Finished ninth in the all-around at the 2011 regional meet ... Notched a fourth-place finish on bars at the 2011 NIT ... Also competed in track and field, winning a state title in the high jump in 2011 ... Two-time regional champion in the long jump and high jump and earned one more regional crown in the 200-meter dash ... Graduated as class valedictorian with a 3.97 grade point average.

Personal: Born March 8, 1994 ... Daughter of James and Carrie Penzien.

2015 GYMNASTICS

Alexandria Stokes

»5-7 »So. »East Bethel, Minn. »Flyaways Gold Gymnastics



2014: Competed in all 12 meets on the season ... Scored a season-best 9.750 on the bars in the regular season finale against Illinois State (3/9) ... Posted a season-high 9.650 on the balance beam against Michigan State (3/7) ... Scored 9.700 or better six times ... Named to the Midwest Independent Conference Scholastic All-Conference Team.

Club: Spent her last three club seasons as a Level 10 gymnast for Flyaways Gold Gymnastics in Forest Lake, Minn. ... Qualified for Level 10 Regionals three times, posting two top-10 finishes in the all-around ... Named club team captain as a senior ... Coached by Steve Hafeman and James Bayer ... Graduated from St. Francis High School in Cedar, Minn., with a 3.96 grade point average ... Presidential Award recipient.

Personal: Born Oct. 25, 1994 ... Daughter of Robert and Patricia Stokes ... Majoring in Exercise Science.



SOUTHEAST MISSOURI REDHAWKS

Ashley Thomas

»5-5 »So. »Germantown, Tenn. »SEGA Gymnastics



2014: Named First Team All-Midwest Independent Conference ... MIC co-champion on vault with a 9.825 ... Had season-best scores of 9.825 on the floor and vault ... Scored the 9.825 on the floor against Michigan State (3/7) and Illinois State (3/9) ... Scored 9.825 on the vault at MIC Championship (3/22) ... Had a season-best 9.800 on the balance beam at MIC Championship ... Scored a 9.700 or better 16 times ... Claimed three event titles ... Named to the MIC Scholastic All-Conference team.

Club: Spent her last two club seasons as a Level 10 gymnast ... Qualified for the Level 10 NIT twice, placing second in the all-around as a junior ... Won a Level 10 state all-around title in her junior season ... Won vault and beam at Level 9 Regionals as a sophomore ... National Honor Society member who graduated with a 3.96 grade point average at Germantown (Tenn.) High School.

Personal: Born July 13, 1995 ... Daughter of Richard and Shelia Thomas ... Sister, Lauren, plays goalkeeper for the Chattanooga soccer team ... Also has a younger brother and sister ... Majoring in Exercise Science.

2015 GYMNASTICS

Alyssa Tucker

»5-5 »So. »Raleigh, N.C. »Team Attraction Gymnastics



2014: Named first-team All-Midwest Independent Conference ... MIC Freshman of the Year ... Competed in all 12 meets on the season ... Scored a season-high 39.000 in the all-around at MIC Championships to place third overall ... Had a team-high 25 scores of 9.700 or better ... Had four event victories on the season ... Scored a season-best 9.875 on the beam vs. Illinois State (3/9)... Scored a season-best 9.825 on bars at Texas Woman's (2/23) ... Has season highs of 9.750 on the vault (1/12) and 9.775 on the floor (3/22) ... Placed on the MIC Scholastic All-Conference team.

Club: Spent three seasons as a Level 10 gymnast ... Qualified for Junior Olympic Nationals three times ... Posted three-straight top-three finishes in the all-around at the state championships ... Finished fourth in the all-around at the 2013 regional meet ... Placed 16th in the floor exercise (9.600) at nationals in 2013 ... Honor roll student at Athens Drive High School in Raleigh, N.C.

Personal: Born Jan. 8, 1995 ... Daughter of Cassandra Tucker.



SOUTHEAST MISSOURI REDHAWKS

Bailey Walker

»5-2 »So. »Chanhassen, Minn. »Classic Gymnastics



2014: Named second-team All-Midwest Independent Conference ... Completed in all 12 events on the season ... Scored a season-best 9.875 on the floor exercise vs. Illinois-Chicago (2/9) ... Scored a season-best 9.850 on the vault against Illinois State (3/9) ... Had 16 scores of 9.700 or higher ... Claimed two event titles ... Named to the MIC Scholastic All-Conference team.

Club: Competed at Level 10 since 2009 ... Posted top-five finishes in vault (2nd), floor (3rd) and all-around (5th) at the 2013 regional meet ... Placed second on vault and floor, third on bars and fourth in the all-around at the Level 10 Regional Championships in 2012 ... Qualified for Level 10 Junior Olympic Nationals all four years she competed at that level ... Won vault at the 2011 regional meet and placed third at the 2010 regional.

Personal: Born July 19, 1994 ... Daughter of Amy and Ron Walker.

2015 GYMNASTICS

Alexis Brawner

»5-5 »Fr. »Chesterfield, Mich. »Hunts' Gymnastics Academy



Club: 2010 Level 9 vault and floor exercise national champion while training with Hunts' Gymnastics Academy in Harrison Township, Mich. ... Finished second nationally in the Level 9 all-around in 2010 ... Regional vault and all-around champion in 2010 ... 2011 NIT qualifier ... Chicago style vault, floor and all-around champion and regional qualifier in 2013 ... Coached by Shannon Hunt ... Graduated from Anchor Bay High School in Fair Haven, Mich., where she was an honor roll student with a 3.8 grade point average.

Personal: Born Sept. 14, 1996 ... Daughter of Quincy and Heather Brawner ... Majoring in Pre-Medicine.

Jordan Clark

»5-2 »Fr. »Wentzville, Mo. »Stacey's Gymnastics



Club: State, regionals and NIT qualifier as a junior and senior while training with Stacey's Gymnastics in Wentzville, Mo. ... Finished eighth on vault at the Western Nationals as a junior ... Became the first gymnast in Stacey's history to earn a spot on a collegiate roster ... Graduated from Timberland High School in Wentzville.

Personal: Born Feb. 4, 1996 ... Daughter of George and Starr Clark ... Majoring in Pre-Physical Therapy.



SOUTHEAST MISSOURI REDHAWKS

Brittany Hadj Romdhane

»5-6 »Fr. »Woodbury, Minn. »Rising Stars Gymnastics Academy



Club: Registered Level 10 high scores of 37.375 in all-around, 9.625 on floor exercise, 9.575 on balance beam and vault and 8.975 on bars while competing for Rising Stars Gymnastics Academy in Oakdale, Minn. ... Champion of 2013 Winter Challenge in the all-around and finished second at the 2013 Gopher Invite ... Finished third in the all-around and on beam at the 2012 Level 10 state meet ... Collected a second place finish on beam at the 2012 regional meet ... Placed third on vault and floor exercise and eighth in all-around at the 2011 Level 10 JO NIT meet ... 2010 Region 4 all-around and beam champion ... Finished first on vault and second in the all-around at the 2010 Western Nationals ... Graduated from Woodbury (Minn.) High School, where she was a member of the National Honor Society and earned an academic letter in all four years of her prep career.

Personal: Born Nov. 27, 1995 ... Daughter of Ilyess and Sharon Hadj Romdhane ... Both parents graduated from Penn State ... Majoring in Dietetics ... Lived in France for three years.

Jessica Hawks

»5-4 »Fr. »O'Fallon, Mo. »Team Central Gymnastics Academy



Club: Three-time level 9 all-around state champion while competing for Team Central Gymnastics Academy in Maryland Heights, Mo. ... Two-time qualifier for the Western Regionals, where she placed second in the floor exercise ... Coached by Tom Stevens and Amy Roberts ... Graduated cum laude with a 3.96 grade point average from Fort Zumwalt North High School in O'Fallon, Mo. ... Positive peer influence mentor.

Personal: Born Feb. 7, 1996 ... Daughter of Greg and Marcie Hawks ... Majoring in Nursing ... Has two older siblings, Ashlie and Alec, and two younger siblings, Grace and Colton.

2015 GYMNASTICS

Jaden Miller

”5-5 ”Fr. ”Dublin, Ohio ”Universal Gymnastics



Club: Level 10 vault state champion while competing for Universal Gymnastics, Inc., in Hilliard, Ohio ... Level 9 Eastern Nationals qualifier and finished fourth in floor exercise ... Two-time NIT Level 10 qualifier with a fourth place finish on balance beam and placed eighth in the all-around ... Coached by Dave Anthony, Becky Cox and Bill Widman ... Earned Celebration of Excellence recognition at Dublin (Ohio) Coffman High School, where she was an honor roll student with a 3.4 grade point average.

Personal: Born Oct. 7, 1995 ... Daughter of Jason and Robin Miller ... Has two younger brothers, Jacey and Rainevan ... Majoring in Exercise Science/Pre-Physical Therapy.

McKenna Stanley

”5-3 ”Fr. ”San Antonio, Texas ”Aerial Athletics



Club: State and Region 3 finalist while competing for Aerial Athletics in San Antonio, Texas ... JO NIT champion on uneven bars and in vault ... Most Improved Level 10 Gymnast ... State and Region 3 finalist as a junior ... Level 10 Coaches Award recipient ... State finalist as a sophomore and finished second in the vault and third in all-around and bars in Region 3 ... Second-place finish at state in bars and fourth in all-around as a freshman ... Finished third in bars and fourth in the all-around at Western Nationals as a freshman ... Received the Most Improved Level 9 and underclassman honor ... Coached by Heather Schnelzer and Mike Durante ... Graduated from Claudia Taylor “Lady Bird” Johnson High School in San Antonio with a 4.4 grade point average, where she earned summa cum laude recognition and was a member of the National Honor Society ... Also played soccer for the Western District champions and team that finished fourth in Texas in 2011.

Personal: Born June 9, 1996 ... Daughter of Lanyon and Kimberly Stanley ... Both parents graduated from Texas-San Antonio ... Has a younger brother, Mason, who is a golfer and kicker on his high school football team ... Majoring in Exercise Science/Pre-Physical Therapy.



SOUTHEAST MISSOURI REDHAWKS

2015 Southeast Missouri Redhawks Gymnastics



2014 REVIEW





SOUTHEAST MISSOURI REDHAWKS

2014 Meet-by-Meet Results

<u>Date</u>	<u>Teams</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
1/12	Kent State	48.750	48.800	48.525	48.650	194.725
	Southeast Missouri	48.700	48.650	46.850	48.175	192.375
1/18	Southeast Missouri	48.675	48.675	48.175	48.275	193.800
	Cornell	48.325	48.450	46.525	47.700	191.000
	Illinois-Chicago	47.275	47.425	45.925	48.500	189.125
	Penn State	49.075	49.175	48.375	49.400	196.025
1/24	Southeast Missouri	48.325	48.625	47.900	48.250	193.100
	Sacramento State	48.475	48.900	47.575	48.200	193.150
1/31	Lindenwood	48.175	46.275	48.025	48.125	190.600
	Wisconsin-Whitewater	47.875	48.250	47.025	47.925	191.075
	Southeast Missouri	48.450	48.925	48.050	48.475	193.900
2/7	Southeast Missouri	48.450	48.200	47.300	46.950	190.900
	Missouri	48.425	48.700	48.025	48.975	194.125
2/9	Alaska Anchorage	47.650	47.550	46.950	48.175	190.325
	Illinois-Chicago	48.700	48.725	47.200	48.850	193.475
	Southeast Missouri	48.975	48.900	47.275	48.925	194.075
2/14	Southeast Missouri	48.500	48.700	46.225	48.425	191.850
	Ball State	48.400	47.250	47.075	48.325	191.050
2/23	Southeast Missouri	48.625	48.950	47.850	48.875	194.300
	Centenary	47.875	46.175	48.550	47.825	190.425
	Texas Woman's	48.200	48.900	47.750	48.975	193.825
3/7	Michigan State	48.025	49.025	48.800	49.050	194.900
	Southeast Missouri	48.775	48.800	47.525	48.525	193.625
3/9	Illinois State	47.975	47.850	48.575	48.025	192.425
	Southeast Missouri	48.600	49.025	48.375	49.025	195.025
3/22	Southeast Missouri	48.950	49.250	48.075	49.000	195.275
	Centenary	48.275	48.300	47.000	47.875	191.450
	Illinois-Chicago	48.850	49.050	47.525	48.100	193.525
	Lindenwood	48.425	48.925	48.500	48.400	194.250
	Texas Woman's	48.700	49.325	47.750	48.725	194.500
	Illinois State	48.650	48.950	46.950	47.900	192.450

2015 GYMNASTICS

2014 Team Highs

<u>Event</u>	<u>Score</u>	<u>Meet</u>
Vault	48.950	at Midwest Independence Conference Championships
Bars	49.250	at Midwest Independence Conference Championships
Beam	48.375	vs. Illinois State
Floor	49.025	vs. Illinois State
Meet	195.275	at Midwest Independence Conference Championships

2014 Individual Highs

<u>Event</u>	<u>Score</u>	<u>Gymnast</u>	<u>Meet</u>
Vault	9.875	Megan Fosnow	vs. Illinois State
	9.850	Bailey Walker	vs. Illinois State
	9.825	Megan Fosnow	vs. Alaska Anchorage & Illinois-Chicago
		Ashley Thomas	vs. Alaska Anchorage & Illinois-Chicago
		Kimmie Picklerl	Midwest Independent Conference Championships
		Ashley Thomas	Midwest Independent Conference Championships
Uneven Bars	9.900	Lauren Israel	Midwest Independent Conference Championships
		Taryn Vanderpool	Midwest Independent Conference Championships
	9.875	Taryn Vanderpool	at Sacramento State
Balance Beam	9.875	Alyssa Tucker	vs. Illinois State
	9.825	Lauren Israel	vs. Illinois State
	9.800	Ashley Thomas	Midwest Independent Conference Championships
		Alyssa Tucker	Midwest Independent Conference Championships
Floor Exercise	9.875	Bailey Walker	vs. Alaska Anchorage & Illinois-Chicago
		Megan Fosnow	vs. Illinois State
	9.850	Taryn Vanderpool	vs. Alaska Anchorage & Illinois-Chicago
		Chelsi Hamilton	Midwest Independent Conference Championships
All-Around	39.000	Alyssa Tucker	Midwest Independent Conference Championships
	38.975	Taryn Vanderpool	at Penn State
		Taryn Vanderpool	vs. Lindenwood
	38.950	Taryn Vanderpool	at Sacramento State



SOUTHEAST MISSOURI REDHAWKS

2014 Midwest Independent Conference Champions



HISTORY & RECORDS





SOUTHEAST MISSOURI REDHAWKS

Team Score

1. vs. Iowa (3/14/97) 196.025
2. vs. Air Force (3/14/09) 195.700
3. vs. Illinois St. (3/11/97) 195.650
4. vs. Ball State (2/19/09) 195.500
5. vs. Centenary (2/14/04) 195.350
at MIC Championships (3/29/03)
7. at MIC Championships (3/22/14) ... 195.275
8. vs. Eastern Michigan (2/27/97) 195.225
9. vs. Iowa (3/19/10) 195.125
10. vs. Texas Woman's (2/19/11) 195.075

Vault

1. vs. Seattle Pacific (2/18/95) 49.000
2. vs. Alaska Anchorage & Illinois-Chicago (2/9/14) .. 48.975
3. at MIC Championships (3/22/14) 48.950
4. vs. Illinois State (2/11/11) 48.925
5. vs. Iowa (2/02/08) 48.900
at MIC Championships (3/23/13)
7. at Southern Utah (2/25/08) 48.875
8. vs. Missouri (2/22/97) 48.850
at Iowa (2/10/95)
10. vs. Illinois State (2/13/09) 48.825
at Illinois-Chicago (3/20/08)

Uneven Bars

1. at MIC Championships (3/22/14) 49.250
2. vs. Air Force (3/14/09) 49.175
3. vs. Iowa (3/14/97) 49.025
vs. BYU (2/13/10)
at Kent St. (3/15/13)
vs. Illinois State (3/9/14)
7. vs. Hamline (1/30/04) 49.000
at Illinois State (3/17/03)
9. vs. Centenary (2/10/08) 48.975
10. vs. Ball State (2/19/09) 48.950
at Texas Woman's (2/23/14)

Balance Beam

1. at MIC Championships (3/29/03) 49.375
2. at Northern Illinois (3/11/01) 49.275
3. vs. Illinois St. (3/2/01) 49.200
4. vs. Texas Woman's (2/19/11) 49.025
5. vs. Hamline (1/30/04) 49.000
6. vs. Air Force (3/14/09) 48.975
7. vs. Denver (1/28/11) 48.900
8. vs. Bowling Green (1/23/04) 48.850
at NIT (4/12/93)
vs. Centenary (3/6/11)

Floor Exercise

1. vs. Centenary (2/14/04) 49.500
vs. Illinois St. (3/11/97)
3. vs. Iowa (3/14/97) 49.475
4. at MIC Championships (3/29/03) 49.450
5. vs. Illinois State (2/13/09) 49.350
6. vs. Southern Utah & Centenary (1/30/09) ... 49.275
7. Showcase of the Arts (2/21/99) 49.250
8. at Illinois St. (3/17/03) 49.225
9. vs. Ball State (2/19/09) 49.150
10. Outback Invitational (3/7/10) 49.175

The 2009 Redhawks gymnastics team set the team record on bars against Air Force on March 14, 2009 with a score of 49.175. In that same meet, the team finished with a final score of 195.700, which ranks second on the all-time charts. The 2009 team appears on the team top-10 records list nine times.



2015 GYMNASTICS

All-Around

1. Ashley Godwin (3/29/03) 39.550
2. Erin Chenier (3/14/97) 39.525
3. Ashley Godwin (2/14/04) 39.450
4. Erin Chenier (3/11/97) 39.425
5. Ashley Godwin (2/21/04) 39.350
6. Sandra Blake (3/14/09) 39.325
7. Ashley Godwin (3/23/02) 39.275
Erin Chenier (1/27/97)
9. Erin Chenier (3/8/97) 39.250
10. Ashley Godwin (1/30/04) 39.225
Vanessa Simmons (3/24/95)

Vault

1. Kate Farrington (twice, last 3/18/97) ... 10.000
3. Kate Farrington (3/11/95) 9.950
4. Kate Farrington (3/14/97) 9.925
Megan Fosnow (3/23/13)
6. Kate Farrington (3/10/95) 9.900
Megan Fosnow (2/9/14)
Brianna Gaddie (twice, last 3/19/11)
10. Sandra Blake (2/2/08) 9.875
Katie Bloom (1/25/04)
Erin Chenier (twice, last 3/9/98)
Kate Farrington (twice, last 2/15/97)
Megan Fosnow (twice, last 3/9/14)
Brianna Gaddie (3x, last 2/5/11)
Taylor Huey (2/24/12)
Renae Parr (2/18/95)

Uneven Bars

1. Ashley Godwin (2/14/04) 9.925
Malia Roberts (2/21/99)
3. Erin Chenier (2/27/97) 9.900
Amy Cole (2/17/02)
Kristin Frohlich (twice, last 3/22/97)
Ashley Godwin (2/17/02)
Jacqueline Heath (2/10/08)
Lauren Israel (3/22/14)
Emily Mann (3/14/09)
Christina Sundgren (twice, last 3/19/11)
Tayrn Vanderpool (twice, last 3/22/14)

Balance Beam

1. Ashley Godwin (3/29/03) 9.975
2. Tara Boldt (3/29/03) 9.925
Kristin Frohlich (3/22/97)
Erica Harrison (3/22/97)
5. Taylor Westrick (twice, last 4/7/12) 9.900
Tara Boldt (2/21/04)
Ashley Godwin (2/21/04)
Tara Boldt (1/25/04)
Stephanie Furman (3/1/01)
Michelle Walker (3/11/01)
Malia Roberts (twice, last 3/22/97)
Erin Chenier (1/27/97)

Floor Exercise

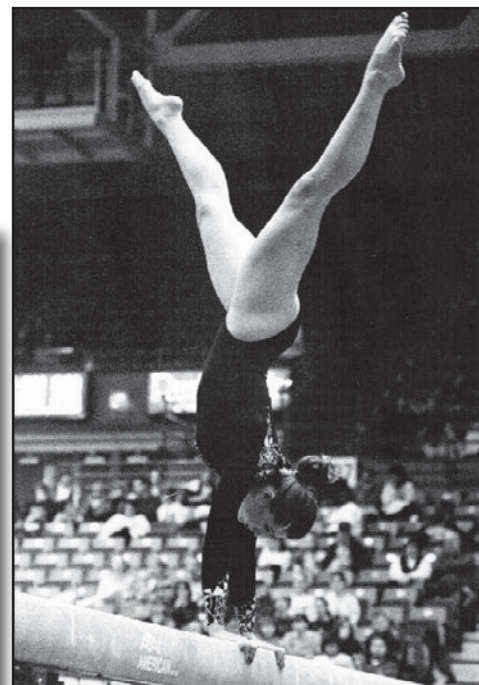
1. Ashley Godwin (2/14/04) 10.000
Erin Chenier (3/14/97)
Kate Farrington (twice, last 3/14/97)
5. Alexis Traylor (2/14/04) 9.950
Kate Farrington (3/24/95)
7. Brianna Gaddie (twice, last 3/7/10) ... 9.925
Sandra Blake (2/19/09)
Alexis Traylor (1/25/04)
Ashley Godwin (twice, last 4/12/03)
Stephanie Furman (3/24/01)
Kim Carter-Newell (3/19/94)



Ashley Godwin holds the school record in uneven bars, beam and all-around.



Kate Farrington owns the five best vault scores in school history, including a perfect 10.000 on two occasions.



Kristin Frohlich ranks second all-time on beam and third on bars.



SOUTHEAST MISSOURI REDHAWKS

1992

Vanessa Simmons.....All-Around
Heather Markle.....Uneven Bars
Tricia Wells.....Uneven Bars

1996

Kate Farrington..... Vault
Floor Exercise

1997

Erin Chenier..... Vault
Kate Farrington..... Vault

1998

Malia Roberts.....Uneven Bars
All-Around

2001

Stephanie Furman..... Vault

2002

Ashley Godwin.....Uneven Bars

2003

Ashley Godwin..... Balance Beam
Floor Exercise
All-Around

2004

Tara Boldt..... Balance Beam

2007

Jena Nguyen..... Floor Exercise

2008

Sandra Blake..... Floor Exercise

2009

Sandra Blake..... Vault
Floor Exercise
All-Around

2010

Emily Mann.....Uneven Bars

2011

Brianna Gaddie..... Vault
Floor Exercise
Christina Sundgren.....Uneven Bars
All-Around
Taylor Westrick..... Balance Beam

2012

Taylor Westrick..... Balance Beam

2013

Taryn Vanderpool.....Uneven Bars

2014

Chelsi Hamilton.....Floor Exercise
Lauren Israel..... Uneven Bars
Ashley Thomas..... Vault

Gymnast of the Year

Tara Boldt..... 2005
Sandra Blake..... 2006
Rikara Turner..... 2009

Newcomer of the Year

Allison Ezell..... 2005
Sandra Blake..... 2006
Rikara Turner..... 2007
Alyssa Tucker..... 2014

Senior Gymnast of the Year

Christina Sundgren.....2011

Coach of the Year

Tom Farden..... 2006
Tom Farden..... 2007
Tom Farden..... 2008
Tom Farden..... 2009

Assistant Coach of the Year

Brogan Evanson..... 2008
Jessie Kinder-Vasquez.....2011
Sarah Shire Brown..... 2014



Tom Farden was named MIC Coach of the Year four years in a row from 2006-09.



Christina Sundgren was named MIC Senior Gymnast of the Year and claimed two MIC titles in 2011.



Sarah Shire Brown is the reigning MIC Assistant Coach of the Year and third in program history.

2015 GYMNASTICS

NCAA Division I National Qualifiers

1991

Cheri Peterson..... Uneven Bars; 15th

2012

Taylor Westrick Balance Beam; 28th

NCAA Division I Regional Qualifiers

1992

Team..... 6th

1993

Team..... 7th

1994

Kim Carter-Newell All-Around; 18th

1995

Team..... 7th

1996

Erin Chanier..... All-Around; 25th

1997

Team..... 7th

1998

Erin Chanier..... All-Around; 14th

Malia Roberts All-Around; 16th

1999

Stephanie Furman Vault; 34th

Malia Roberts Uneven Bars; 28th

2000

Stephanie Furman Vault; 34th

Malia Roberts Uneven Bars; 28th

2002

Ashley Godwin..... All-Around; 11th

Michelle Walker Floor Exercise; 21st

2003

Ashley Godwin..... All-Around; 19th (2nd Floor)

2004

Tara Boldt All-Around; 11th

Ashley Godwin..... All-Around; 21st

Alexis Traylor Floor Exercise; 20th

2005

Katie Bloom All-Around; 17th

Tara Boldt All-Around; 13th

2006

Team..... 5th

2007

Sandra Blake All-Around; 19th

Jena Nguyen Balance Beam; 8th

Rikara Turner..... All-Around; 20th

Bryanna Wong..... All-Around; 16th

2008

Team..... 5th

2009

Sandra Blake All-Around; 15th

Brianna Gaddie..... Floor Exercise; 14th

Christina Sundgren..... Uneven Bars; 36th

Rikara Turner..... All-Around; 16th

2010

Brianna Gaddie..... Floor Exercise; 12th

Jordan Salsberg All-Around; 17th

Rikara Turner..... All-Around; Did Not Compete

2011

Brianna Gaddie..... Vault; 30th

Christina Sundgren..... Uneven Bars; 11th

Taylor Westrick All-Around; 17th

2012

Megan Fosnow All-Around; 17th

Taylor Westrick Balance Beam; 1st

2013

Taryn Vanderpool..... All-Around; 12th

2014

Alyssa Tucker All-Around; 7th

Taryn Vanderpool..... All-Around; 13th



Brianna Gaddie qualified for NCAA Regionals three times during her career.



Taylor Westrick became the first gymnast since the program went Division I to qualify for Nationals in 2012.



Alyssa Tucker finished seventh at the 2014 NCAA Regionals as a true freshman.

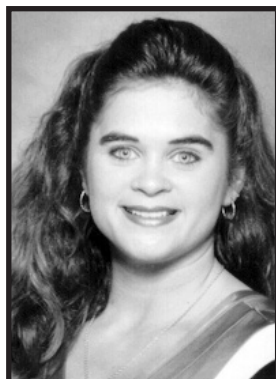


SOUTHEAST MISSOURI REDHAWKS

NATIONAL CHAMPIONS



Diana Morris
1988 USGF DII
Beam Champion



Kim Carter-Newell
1991 USGF DII
Floor/Bar Champion



Cheri Peterson
1991 USGF DII
Vault/All-Around Champion



Alicia Thier
1995 NIT
Beam Champion



Erin Chenier
1995 NIT
Beam Champion

ALL-AMERICANS

Gymnast

Aimee Bernier
Sandra Blake
Kim Carter-Newell
Ginger Dukes
Wendy Facklam
Sandra Foster
Margaret Heidbrier
Tammy Hener
Debbie Holtgrieve
Jean Kless
Diana Morris

Event

Beam
Academics
Vault/Bars/Beam/Floor/All-Around
Vault
Vault/Beam
Vault/Bars/Floor
Vault
Beam
Beam
Bars
Vault/Bars/Beam/Floor/All-Around

Year

1990-91
2008-09
1991
1990
1988-89
1985-86
1984
1987
1982
1985-87
1984-88

Gymnast

Jeanne Nass
Toni Niemiec
Cheri Peterson
Jill Prystalski
Laurie Schoenbaum
Jennifer Schutt
Jocelyn Scroggins
Vanessa Simmons
Vici Strini
Trace Walsh
Traci Willis

Event

Beam
Beam
Vault/Bars/Beam/Floor/All-Around
Beam/Floor
Beam/Floor
Floor
Vault
Bars
Bars
Bars/Beam/All-Around
Vault

Year

1982
1982
1988-91
1990-91
1983-84
1989
1990
1991
1984
1987
1991



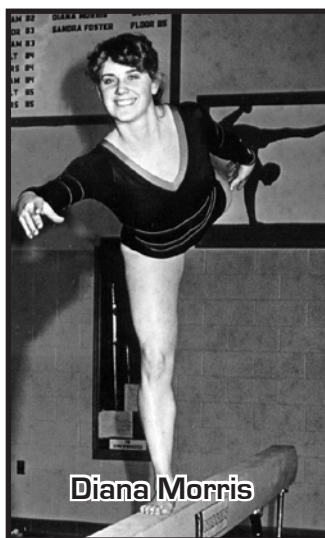
Aimee Bernier

Bernier was a two-time All-American on the balance beam.



Jocelyn Scroggins

Scroggins garnered All-American honors on the vault in 1990.



Diana Morris

Morris was a five-time All-American from 1984-88.



Sandra Blake

Blake became the first Academic All-American in school history following the 2008 season.

INDIVIDUAL AWARDS & HONORS

2015 GYMNASTICS

MIC Champions

1997
2009
2011
2014

1988
1989
1990
1991

NACGC/W Academic National Champions

2007
2008
2009
2011

NCAA Division I Regionals

1992
1993
1995
1997
2006
2008

NCAA/USGF Division II Regional Champions

1982
1983
1984
1985
1986
1987
1988
1989

USGF Division II National Champions

1987
1991

NCAA/USGF Division II Regionals

1980
1981
1982
1983
1984
1985
1986
1987
1988
1989
1990
1991

AIAW/NCAA/USGF Division II Nationals

1980
1981
1982
1983
1984
1985
1986
1987



The 1987 team won the USGF Division II National Championship behind four All-Americans. That team was inducted into the Southeast Missouri Hall of Fame in 2004.



In its final Division II season, Southeast won its second USGF Division II title and had six All-Americans. Cheri Peterson qualified for the NCAA Division I Individual Championships on uneven bars. That team was inducted into the Southeast Missouri State Hall of Fame in 2003.



SOUTHEAST MISSOURI REDHAWKS

Year	Head Coach	Record	Conference Finish	Regionals	Nationals
1976	Sarah Stensil	2-5	-	-	-
1977	Jon Rose	1-4	-	-	-
1978	Jon Rose	1-5	-	-	-
1979	Jon Rose	7-9	-	-	-
1980	Bill Hopkins	9-2	-	4th	10th AIAW
1981	Bill Hopkins	20-4	-	2nd	8th AIAW
1982	Bill Hopkins	31-8	-	1st	3rd NCAA-II
1983	Bill Hopkins	36-10	-	1st	3rd NCAA-II
1984	Bill Hopkins	20-6-1	-	1st	2nd NCAA-II
1985	Bill Hopkins	20-5	-	1st	2nd NCAA-II
1986	Bill Hopkins	13-6	-	1st	2nd NCAA-II
1987	Bill Hopkins	16-10	-	1st	1st USGF-II
1988	Bill Hopkins	24-6	-	1st	2nd USGF-II
1989	Bill Hopkins	23-9	-	1st	3rd USGF-II
1990	Bill Hopkins	28-11	-	6th	2nd USGF-II
1991	Bill Hopkins	36-8	-	4th	1st USGF-II
1992	Bill Hopkins	19-10	2nd MIC	6th	-
1993	Bill Hopkins	27-14	2nd MIC	7th	2nd NIT
1994	Bill Hopkins	16-17	4th MIC	-	5th NIT
1995	Bill Hopkins	19-17	3rd MIC	7th	3rd NIT
1996	Bill Hopkins	18-16	2nd MIC	-	3rd NIT
1997	Bill Hopkins	24-14	1st MIC	7th	2nd NIT
1998	Kris Buchheister	14-8	2nd MIC	-	-
1999	Kris Buchheister	12-12	3rd MIC	-	-
2000	Patty Stotzheim	5-15	3rd MIC	-	-
2001	Patty Stotzheim	10-11	2nd MIC	-	-
2002	Patty Stotzheim	9-11	3rd MIC	-	-
2003	Patty Stotzheim	11-13	4th MIC	-	-
2004	Tom Farden	15-7	2nd MIC	-	-
2005	Tom Farden	6-11	4th MIC	-	-
2006	Tom Farden	10-11	3rd MIC	6th	-
2007	Tom Farden	17-9	3rd MIC	-	-
2008	Tom Farden	9-7	2nd MIC	5th	-
2009	Tom Farden	14-3	1st MIC	-	-
2010	Kristi Ewasko	18-7	3rd MIC	-	-
2011	Kristi Ewasko	12-8	1st MIC	-	-
2012	Kristi Ewasko	2-15	5th MIC	-	-
2013	Kristi Ewasko	8-9	3rd MIC	-	-
2014	Kristi Ewasko	16-5	1st MIC	-	-
39 years	7 Head Coaches	598-358-1			

ALL-TIME COACHING RECORDS

Head Coach	Record	Years
Sarah Stensil	2-5	1
Jon Rose	9-18	3
Bill Hopkins	399-173-1	18
Kris Buchheister	26-20	2
Patty Stotzheim	35-50	4
Tom Farden	71-48	6
Kristi Ewasko	56-44	5



Under the helm of Bill Hopkins the Southeast Missouri State gymnastics program won two USGF D-II National Championships (1987 & 1991) and recorded five top-three NCAA D-II National Championship finishes.

YEAR-BY-YEAR DUAL RECORDS

2015 GYMNASTICS

Air Force	11-1	Iowa	18-9	Sacramento State.....	0-1
Alabama	0-10	Iowa State.....	5-7	San Jose State	1-0
Alaska Anchorage.....	6-0	Jacksonville State.....	6-2	St. Ambrose.....	1-0
Arkansas	0-2	Jefferson State	1-0	Seattle Pacific.....	10-1
Arizona	0-3	Kent State.....	1-5	South Dakota State	1-0
Auburn.....	2-13	Kentucky.....	4-7	Southern Arkansas	6-0
Ball State	19-9	Lindenwood	4-0	Southern Connecticut.....	1-0
Bemidji State	1-0	Louisiana State.....	1-10	Southern Illinois	6-5
Boise State	4-4	Louisville.....	1-9	Southern Utah	1-1
Bowling Green.....	7-4	Maryland.....	1-0	Springfield.....	1-0
Bridgeport.....	6-0	Massachusetts.....	1-0	TCU	1-0
Brigham Young	1-5	Memphis.....	1-2	Temple	1-0
Cal Poly	3-1	Miami (Fla.).....	1-0	Tennessee	1-0
Cal State Fullerton.....	0-1	Michigan	2-7	Texas	0-1
Centenary	35-5	Michigan State.....	2-10	Texas A&M.....	1-0
Central Arkansas	3-0	Minnesota	2-3	Texas State.....	3-0
Central Michigan.....	2-5	Minnesota State, Mankato.....	2-0	Texas Woman's.....	47-16
Central Missouri.....	1-0	Missouri.....	8-29	Towson	2-1
Cornell	2-0	Morehead State	1-0	UC Davis	2-0
Denver	1-6	Murray State	1-0	Valparaiso.....	17-0
DuPage.....	1-0	Nebraska	1-4	Washburn	5-0
Eastern Illinois	1-0	New Hampshire.....	3-2	Washington.....	0-2
Eastern Michigan.....	8-3	North Carolina	1-1	West Virginia	1-2
Emporia State.....	3-0	Northeastern.....	1-0	Western Illinois	4-2
Florida.....	0-4	Northern Colorado	4-0	Western Kentucky	1-0
Fort Hays State.....	12-0	Northern Illinois.....	21-15	Western Michigan.....	7-4-1
Georgia College.....	3-0	Northern Iowa	1-0	Wheaton	13-0
George Washington.....	1-0	Northern Michigan	7-0	William & Mary.....	2-0
Gustavus	1-0	Northwestern	2-0	Winona	25-2
Hamline	3-0	Notre Dame	1-0	Wisconsin	1-3
Harding	1-0	Ohio State.....	1-4	Wisconsin-Eau Claire	1-0
Houston Baptist	3-3	Oklahoma	1-6	Wisconsin-La Crosse.....	10-0
Illinois.....	7-16	Oral Roberts	1-0	Wisconsin-Oshkosh.....	14-0
Illinois-Chicago.....	37-24	Oregon State.....	0-1	Wisconsin-Platteville.....	1-0
Illinois State	56-27	Penn State.....	0-3	Wisconsin-Stout.....	3-0
Indiana.....	5-1	Pittsburgh	0-1	Wisconsin-Whitewater	2-0
Indiana (Pa.).....	3-3	Purdue.....	1-0	Yale.....	1-0
Indiana State	3-2	Rutgers.....	2-0		



SOUTHEAST MISSOURI REDHAWKS

Danyelle Aber (2005-07)
Michelle Albury (2002-03)
Shelly Allison (1987)
Jessica Bagwill (1999-02)
Kelly Baldridge (2003-05)
Patty Barrow (1984-86)
Laurie Bartelt (1995)
Cheryl Bauer (1978-79)
Mary Bentrup (1977-79)
Aimee Bernier (1990-93)
Sandra Blake (2006-09)
Katie Bloom (2002-05)
Tara Boldt (2003-06)
Erin Brady (2012-14)
Rebekah Bradjki (1995-98)
Sarah Brillhart (2011)
Jennifer Brittain (1994)
Carol Brommer (1977)
Nadine Brown (1987)
Heather Browning (1997-00)
Rachel Buckner (1990-92)
Gina Bufe (1984-87)
Kelly Burns (1983-84)
Donna Carr (1990-92)
Kim Carter (1991, 1994)
Erin Chenier (1996-99)
Amy Cole (2000-03)
Talia Cover (2002-03)
Aaron Craig (1996-99)
Gail Crumpecker (1977)
Suzanne Daher (1985)
Karen DeSalvo (1978-79)
Linda Deitz (1978-81)
Jennifer Dinan (2006-09)
Lauren Dinan (2008-10)
Jacklyn Doebbler (2001-04)
Maureen Dougherty (1981)
Jessica Dunbar (1997-00)
Ginger Dukes (1989-90)
Paula Dusenberry (1984-85)
Crystal Eberhardt (2002-05)
Cari Egbert (1997-00)
Lisa Enge (1981)
Tanya Etie (1995)
Alison Ezell (2005-08)
Wendy Facklam (1988-90)
Kate Farrington (1994-97)
Andrea Farris (1997)
Kendra Farris (1997)
Cindy Feaster (1980-82)

Anna Fink (2002-03)
Megan Fosnow (2011-14)
Cindy Foster (1986-87)
Sandra Foster (1983-86)
Kristin Frohlich (1995-98)
Stephanie Furman (1999-02)
Traci Flippo (2002-04)
Brianna Gaddie (2008-11)
Amber Garlotte (2007-10)
Emma Garrett (2011-12)
Amanda Gdovicak (1997-99)
Tamara Gent (2012)
Kara Gibbons (2008-10)
Julie Gilbert (1980-81)
Ashley Godwin (2001-04)
Nancy Greco (1982-83)
Caralyn Grigo (1978-81)
Maureen Grimaldi (2006-08)
Amanda Grimes (2003-06)
Leigh Guemmer (1978-81)
Cheryl Hagene (1994-95)
Leah Halleman (1986-87)
Chelsi Hamilton (2014)
Karen Hamilton (1999-02)
Ericka Harrison (1997-00)
Tiffany Hatfield (2003)
Lisa Heaman (1986-87)
Hayli Huiner (2013-14)
Jacqueline Heath (2007-11)
Margaret Heidbrier (1982-85)
Lexie Hein (2004-06)
Tammy Hener (1987-90)
Debbie Holtgrieve (1983-84)
Gina Hoormann (1984)
Taylor Huey (2012-13)
Lisa Hughes (1986-87)
Gabrielle Isola (1981)
Lauren Israel (2014)
Carrie Johnson (1990-93)
Kathy Kahre (1978-79)
Kasey Karban (2001)
Jennifer Kaye (2005)
Meredith Keen (1997)
Alex King (2006)
Jean Klees (1984-87)
Karen Kohrs (1977)
Amy Kovacs (1990-93)
Melanie Krehl (1998-00)
Kelley Krengiel (2007-10)
Diane Laszczak (1988-89)

Jennifer Laszczak (1989)
Diane Lattimore (1993-95)
Lilly Le (2004)
Mindi Lineweber (2005)
Cristie Logan (1995-99)
Stephanie Maloney (1990-92)
Laura Mangan (1987)
Emily Mann (2009-10)
Nancy Marcotte (1978-79)
Heather Markle (1990-92)
Samantha Marrero (2011-14)
Chloe Marshall (2014)
Maureen McDonough (1981)
Lisa McFarland (1977)
Tami McGaugh (1982)
Wendi Meier (1985-88)
Marcy Meyers (1980)
Kelly Miller (1992-95)
Ami Mills (1983)
Paige Milroy (1989-92)
Traci Mitchell (2000)
Erica Moore (2008-11)
Diana Morris (1985-88)
Jeanne Nass (1982-83)
Leigh Nelson (1989)
Jena Nguyen (2007-10)
Toni Niemiec (1982-83)
Kim Oblak (1994)
Kim Oetter (1994-96)
Deanna Ogg (2003)
Margaret O'Neal (2011-12)
Megan Owen (1997-99)
Sarah Pack (1992-93)
Renae Parr (1993-95)
Maggie Paubel (2003)
Taylor Penzien (2013-14)
Cheri Peterson (1989-91)
Kimberly Pickerl (2011-14)
Raina Ponartz (1989)
Bryistol Powelski (2004-06)
Laura Prentice (1988-89)
Jill Prystalski (1990-93)
Judy Pyle (1986-87)
Jaci Roberts (1977)
Kim Roberts (1990-91)
Malia Roberts (1997-00)
Traci Roberts (1988-92)
Lauren Ross (2000)
Chrissy Rushton (1989)
Jordan Salsberg (2010)

Tracey Sauls (1988)
Laurie Schenbaurn (1982-85)
Amanda Schoenbaum (2008-10)
Jennifer Schutt (1989-92)
Deanne Schwartz (1985)
Starlyn Schwartz (2006-09)
Jocelyn Scroggins (1987-90)
Angela Serafini (2011-12)
Heather Sharp (1994)
Dawn Shuda (1986-87)
Vanessa Simmons (1991-95)
Erica Smith (1995-99)
Kathy Smith (1998-01)
Sandi Smith (1980-83)
Christa Soekamto (2009-11)
Candace Spicer (2000-03)
Kelsey Stauffer (2006-08)
Alexandria Stokes (2014)
Hazel Stricker (1997-98)
Vici Strini (1982-85)
Christina Sundgren (2008-11)
Alicia Their (1993-96)
Ashley Thomas (2014)
Erika Thomas (2006)
Alexis Traylor (2002-05)
Kathy Tronzo (1982-83)
Alyssa Tucker (2014)
Rikara Turner (2007-10)
Chelsea Unold (2006)
Taryn Vanderpool (2011-14)
Annette Vaughn (1988)
Carol Wade (1988-89)
Stephanie Walbran (1985)
Bailey Walker (2014)
Michelle Walker (1999-02)
Jen Wall (1997-98)
Trace Walsh (1986-87)
Natalie Watts (2004-05)
Patty Watts (1985-88)
Taylor Westrick (2011-12)
Tessa Whitaker (1987-90)
Alicia White (2001)
Shannon Williams (1991)
Traci Wills (1991-94)
Tricia Wills (1992)
Elenor Wilson (1999-02)
Bryanna Wong (2007-10)
Tammy Wyatt (1993-94)

THIS IS SOUTHEAST





SOUTHEAST MISSOURI STATE UNIVERSITY

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*U.S. News & World Report
consistently names
Southeast a "Best Midwest
Regional University."*

SOUTHEAST MISSOURI STATE UNIVERSITY AT-A-GLANCE

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Location: Main Campus & River Campus – Cape Girardeau, MO

Distance from Major Cities: St. Louis-1.45 hours; Memphis-2.5 hours; Chicago-5 hours.

Regional campuses: Sikeston, Malden, Kennett and Perryville

Population Cape Girardeau County: approximately 74,000

Campus size: 328 acres

Enrollment: Undergraduate: 10,755; Graduate: 1,162

Student Body: 78.8% from Missouri. Out-of-state from almost all 50 states; 16% Multicultural population; 950 international students from 60 countries

Student-Faculty Ratio: 21-to-1

Average Class Size: 30-35

Areas of Study: more than 200

Athletic Conference: NCAA Division I, Ohio Valley Conference

Varsity Sports: Men's – baseball, basketball, cross country, football and track (indoor/outdoor), Women's – basketball, cross country, gymnastics, soccer, softball, tennis, track (indoor/outdoor) and volleyball

Student Organizations: 150+

Average ACT score: 23

Average GPA: 3.3 entering freshman

Number of study abroad programs Southeast offers: 30+

Office of Admissions
Southeast Missouri State University
One University Plaza
Cape Girardeau, MO 63701-4710
admissions@semo.edu
573-651-2590

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98%
OF ALL CLASSES
HAVE FEWER THAN
50 STUDENTS



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SHOW ME UNLIMITED OPTIONS

A broad and nearly infinite range of possible futures—that's what Southeast's more than 200 academic programs open up for you. You get a classic education, balanced by traditional disciplines. You master innovation in programs matching 21st Century needs. You become knowledgeable, adaptable and thoroughly prepared.





GIVE ME BREADTH, DEPTH & BRAIN MUSCLE

Southeast offers the best of all possible academic worlds: An education that will give you knowledge and sharpen your critical thinking. An education that will give you practical experience that will put your thinking into action. You'll discover academic programs accredited by the highest standards, such as the AACSB ranking that places our Business School among a select few. You'll study in wired classrooms on a fully wireless campus. You'll achieve.

200+

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EDUCATION PROGRAM LAND JOBS
WITH THE SOUGHT AFTER TEACH
FOR AMERICA PROGRAM.

*"I'm conducting original
scientific research, mastering
lab equipment and collaborating
with a real scholar in the field.
Where else could this happen?"*

— Easin Nasib
Biochemistry
Gagipur, Bangladesh



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FACULTY WHO REALLY CARE

GIVE ME EXPERIENCED TEACHERS

Southeast faculty bring their experience from out in the world into your classroom. They've performed in New York theatre, conducted applied research on biological conservation, taught in India and earned PhDs at prestigious schools like The Boston Conservatory of Music.

GIVE ME LIFELONG VALUE

- Southeast is consistently noted for excellence by The Princeton Review, InsideCollege.com, Network of International Business Schools and U.S. News & World Report.
- Southeast is one of the Midwest's most affordable 4-year comprehensive universities, costing as much as \$25,000 per year less than comparable public institutions.
- Southeast Missouri State University offers more than \$17 million in scholarship awards annually.
- As a testament to how well it takes care of students, Southeast's average freshman-to-sophomore retention rate is 73.7%.

90%+

OF SOUTHEAST STUDENTS ON INTERNSHIPS,
CLINICAL OPPORTUNITIES, STUDENT
TEACHING, RESEARCH ASSISTANTSHIPS,
STUDYING ABROAD

"My four years at Southeast were exceedingly positive in every way. My professors cared deeply about my education and future success. My education prepared me just as well or better than my law school classmates. My closest friends are alums I met there."

— Adam E. Hanna
Criminal Justice
Attorney, Bradshaw, Steele, Cochrane & Berens, L.C.

GRADUATES OF SOUTHEAST'S BIOMEDICAL SCHOLAR'S PROGRAM GET ADMITTED INTO SUCH WELL-KNOWN MEDICAL SCHOOLS AS HARVARD, UNIVERSITY OF MINNESOTA AND VANDERBILT—AND THEY DO IT AT A RATE ABOVE THE NATIONAL AVERAGE.

OUR BUSINESS GRADUATES WORK FOR GLOBALLY RECOGNIZED COMPANIES, SUCH AS AMERICAN AIRLINES, AT&T, KMPG INTERNATIONAL, PROCTER & GAMBLE, PRICEWATERHOUSECOOPERS, AMONG MANY OTHERS.

GRADUATES OF SOUTHEAST'S PHILOSOPHY PROGRAM HAVE AN ALMOST 100 PERCENT ACCEPTANCE RATE INTO LAW SCHOOL.

SOUTHEAST HAS 100 PERCENT PLACEMENT OF GRADUATES IN CYBERSECURITY, ENGINEERING TECHNOLOGY, NURSING, ENVIRONMENTAL SCIENCE, COMMUNICATION DISORDERS AND MEDICAL TECHNOLOGY TO NAME A FEW.

5 SOUTHEAST STUDENTS HAVE INTERNSHIPS IN THE STATE CAPITAL IN JEFFERSON CITY: ONE IN THE GOVERNOR'S OFFICE; TWO FOR SENATORS; TWO FOR STATE REPRESENTATIVES.

STUDENTS IN CYBERSECURITY LAND JOB OFFERS BEFORE THEY'VE FINISHED THE PROGRAM.

ENTREPRENEURSHIP EDUCATION AT SOUTHEAST CHALLENGES ALL STUDENTS TO USE CREATIVITY, INNOVATION AND ENTREPRENEURSHIP TO CREATE ECONOMIC AND SOCIAL VALUE FOR THEMSELVES AND THEIR COMMUNITIES.



SOUTHEAST MISSOURI REDHAWKS

Academic Excellence



With a 3.696 team grade point average, the Southeast Missouri gymnastics program ranked third nationally for the 2013-14 school year, as announced by the National Association of Collegiate Gymnastics Coaches/Women (NACGC/W). The Redhawks continue their run of academic excellence, which includes eight straight years of top-three national finishes and the country's highest team GPA in five of those years.

"I am extremely pleased with our academic performance this past year and the success our team is having in the classroom by placing in the top three in the country. Our team fought hard for the 3.696 cumulative GPA and we stand proud in knowing that many of our gymnasts accomplished more this year

than they thought possible," head coach Kristi Ewasko said. "We wouldn't be able to achieve this without the support of our Academic Services as well as the emphasis our department places on academics. Success is having athletes that improve and grow in college from what they accomplished in high school."

Southeast gymnasts Taylor Huey, Chloe Marshall, Kimmie Pickerl and Taryn Vanderpool all recorded perfect 4.0 GPAs while all members of the team earned a spot on the honor roll as a Southeast Scholar-Athlete.

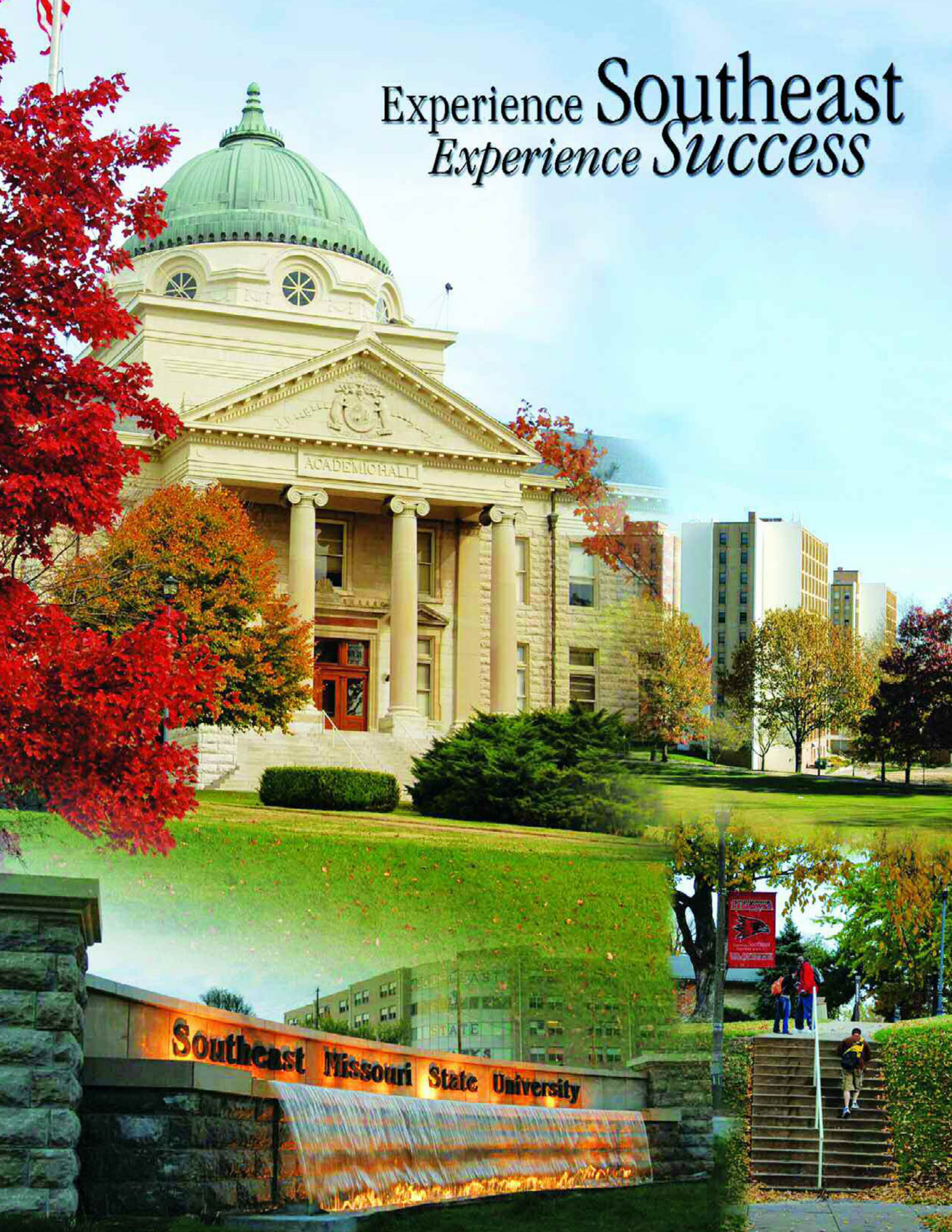
Utah claimed the top national gymnastics team GPA with a 3.782 while Texas Woman's finished second with a 3.760 cumulative mark. Western Michigan and

Brown rounded out the top five behind Southeast, registering 3.656 and 3.630 totals, respectively.

"I always tell our team that being successful is about giving your best in every aspect of life," Ewasko explained. "Sometimes that means you are a 4.0 student and sometimes that means you are a 3.0 student, but either way, you are successful if you give it everything you have at that time. It's such an honor to be a part of a department and university that puts the student ahead of the athlete when discussing student-athletes."

The Redhawks claimed academic national titles in 2007, 2008, 2009, 2011 and 2013 while also finishing second in the national rankings in 2010 and 2012.

Experience Southeast *Experience Success*





Southeast Missouri Redhawks **GYMNASTICS SCHEDULE**



Jan. 11 **1 p.m.**
 Jan. 18 2 p.m.
 Jan. 23 7 p.m.
Jan. 30 **6:30 p.m.**
 Feb. 6 7 p.m.
 Feb. 13 7 p.m.
Feb. 15 **1 p.m.**
Feb. 20 **6:30 p.m.**
 Feb. 28 3 p.m.
March 6 **6:30 p.m.**
 March 15 2 p.m.
 March 21 4 p.m.

Illinois State
 Iowa State, Oregon State
 Oklahoma, Texas Woman's
Missouri, Lindenwood
 Illinois State
 Arkansas, Illinois State
Texas Woman's
Northern Illinois
 Ohio State
Centenary
 Illinois-Chicago
Midwest Independent
Conference Championships

Cape Girardeau, Mo.
 Ames, Iowa
 Norman, Okla.
Cape Girardeau, Mo.
 Normal, Ill.
 Fayetteville, Ark.
Cape Girardeau, Mo.
Cape Girardeau, Mo.
 Columbus, Ohio
Cape Girardeau, Mo.
 Chicago, Ill.
 Denton, Texas

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