

SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS



**TRACK AND FIELD
2012-2013 GUIDE**

Southeast Missouri State University

Located

- ▶ Cape Girardeau, Mo.

Enrollment

- ▶ 11,510

Class Size

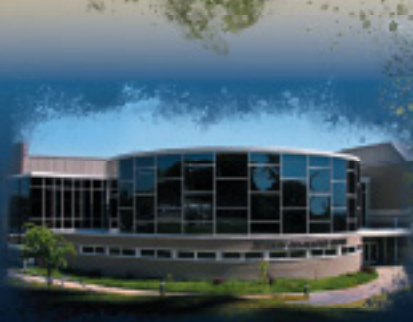
- ▶ Small classes with 98 percent of courses having fewer than 50 students

Academic Programs

- ▶ More than 200 areas of study including business, education, nursing, agriculture, science and technology, visual and performing arts

Athletics

- ▶ 15 NCAA Division I Teams





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Credits

The 2012-13 Southeast Missouri Track and Field Information Guide was written, edited and designed by Sports Information Assistant Nick Seeman. Cover design and additional graphics assistance provided by Tonya Wells and Krista Mayfield. Photography by Marc Mahnke, Dennis Hubbard, Sam Jordan, Fred Lynch, Joel Ray, Marcus Panton, Keith Hente, Mike Grace and Patrick Clark. Other editorial assistance by Sports Information Director Jeff Honza, Assistant Sports Information Director Chad Twaro, Jamar Dowdy, Sean Stevenson and Aaron Curran.



Credentials

Credentials are required for entrance to the track (for photographers). To request season or single-meet credentials, please contact the Southeast Missouri State Sports Information Office by phone at (573) 651-2294 or e-mail at nseeman@semo.edu or ctwaro@semo.edu.

Photographers

Please observe NCAA regulations and shoot from the designated areas. Photographers are not permitted on the playing floor and must display their credentials at all times.

Track and Field E-Mail List

If you would like to be added to the Redhawks Track and Field list to receive breaking news about the team, please e-mail Nick Seeman or Chad Twaro. The official website, GoSoutheast.com, is the best source for up-to-date information about the team.

Interviews During the Week

Student-athletes and coaches are available upon request during the season. Team policy requires interviews conducted 30 minutes prior to practice time. Please let the sports information office know if you plan to attend practice.

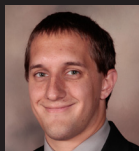


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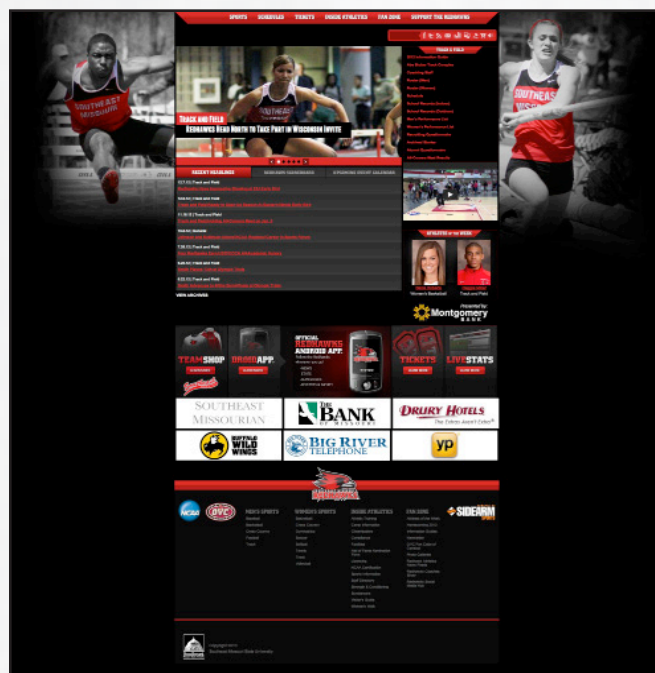
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GoSoutheast.com



The Southeast Missouri track and field teams train and compete at the Abe Stuber Track & Field Complex during the outdoor season. Considered one of the finest track facilities in the Midwest, it has been the host of the Ohio Valley Conference Outdoor Track & Field Championships six times, most recently following the 2012 season. The facility is also the home of the annual Joey Haines Invitational, held the first weekend of every April.

Dedicated in the spring of 1980 and named after the late Abe Stuber, who coached the Southeast track squads from 1932-46, the facility includes a press box and spectator seating for up to 2,000 people. Designed strictly as a track and field complex, it has also served as the host site of three NCAA Division II National Track & Field Championships.

The track and runways were resurfaced in 2001 and a weight room and office building added adjacent to the track in 2002. The 2,000 square foot building houses a 1,500 square foot weight room, offices, bathrooms and storage.

The spacious weight room is equipped with seven multi-power racks and lifting platforms. It contains nearly 5,000 pounds of free weights, 3,000 pounds of dumbbells and numerous weight machines.

The completion of this \$300,000 project has given the team one of the best training facilities in the region. The complex allows the men's and women's track teams to practice at any time, in a safe and efficient manner.

The complex is located on the north edge of campus off Sprigg Street and within walking distance to the University.





Prevention. Treatment. Rehabilitation. Education. Those are the four primary phases of athletic training, and the Southeast Missouri athletic training staff strives to fulfill all of those areas when working with student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the athletic training staff. Head Athletic Trainer Alfred Castillo directs the Sports Medicine department which includes four full-time athletic trainers, six graduate assistants and several student assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

The athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through. There are currently four athletic training facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.

The Southeast athletic training rooms are equipped with stationary bikes, hand weights, therapeutic modalities and the latest physical therapy equipment. Each component is strategically designed to not

only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and two hospitals in Cape Girardeau. It is from these hospitals that the Athletic Training department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself to provid-

ing the best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and management of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.





Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

This will be accomplished by focusing on reducing the risk of injury and maximizing athletic potential through individual evaluation and program design.

Training Principles for Southeast Athletes:

1. *Reduce the risk of injuries*
 - If a student-athlete is injured, he/she will not be able to compete at practice or games.
2. *Maximize athletic ability*
 - We challenge each athlete, both physically and mentally, in order to achieve optimal results.

Exercises for Southeast Athletes are based on the following Principles:

1. *Ground Based Movements*
 - Athletes compete with their feet on the ground, and therefore, should train that way. The ability to produce force against the ground determines how fast athletes can

run and how high they can jump.

2. *Three-Dimensional Movements*
 - Athletes must be able to stabilize themselves in all planes of movement. A fancy way of saying we use free weights (barbells/ dumbbells vs. machines).
3. *Multi-Joint Movements*
 - Very rarely in sport do athletes

isolate one single joint at a time. Athletes can train more muscle mass at the same time.

The Southeast Missouri Strength and Conditioning program is under the direction of Ryan Johnson.

Redhawk student-athletes use various training facilities located inside the Student Recreation Center South.





The Redhawk Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Stadium. The Redhawk Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings.

The area is under the guidance of Associate Director of Athletics Brady Barke, with assistance from Director of Academic Services Sharon Burgard, Assistant Natalie Williams and Graduate Assistants Emily Matthews and Kelly Benacka.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes. Last year, a school record 62.2 percent of Southeast's student-athletes achieved a 3.0 or better grade point average. Eleven of the Redhawks 15 intercollegiate athletic teams recorded a team GPA over 3.0. The gymnastics team posted the best overall mark with a 3.82. In all, 19 student-athletes recorded a perfect 4.0 GPA.

Tutors are available for all student-athletes as needed. In addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The

course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor bi-weekly to discuss academic

progress.

The Success Center staff works to get athletes involved in campus and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.



Recent Academic Highlights

- » A school record 62.2 percent of Southeast Missouri student-athletes achieved a 3.0 or higher grade point average during the 2011-12 academic year. Nineteen student-athletes had a perfect 4.0.
- » Eleven of Southeast's 15 intercollegiate athletic teams recorded a team GPA over 3.0. The Redhawk gymnastics team had the best overall mark with a 3.82 GPA.
- » The Redhawk men's cross country and women's gymnastics teams received NCAA Division I Academic Progress Rate Public Recognition Awards. Both programs registered scores of 1,000 for the 2010-11 academic year.
- » Southeast Missouri's Department of Athletics earned a number of quality rankings in the NCAA's last Academic Progress Rate (APR) report. The Redhawk men's cross country, gymnastics, baseball, volleyball, women's tennis and softball teams exceeded the national average in the multi-year APR.
- » Thirty-Eight student-athletes were part of the largest graduating class in the history of Southeast Missouri State University last spring. A total of 1,322 students -- 1,052 undergraduates and 270 graduate students -- received degrees.
- » The Southeast gymnastics team was named the 2011 Academic National Champion by the National Association of Collegiate Gymnastics Coaches/Women. The achievement marked the third time in four years that the team has garnered the coveted honor. The Redhawks team grade point average was an impressive 3.91 during the 2010-11 academic year. It tied the highest GPA for a team in the history of the award.
- » Three Redhawk student-athletes earned Academic All-District honors during the 2011-12 season. Volleyball's Paige Dossey also garnered Third-Team Capital One Academic All-American accolades. In addition, the men's and women's cross country teams each finished among the top-10 teams in the country in grade point average.





Dr. Kenneth W. Dobbins became the seventeenth president of Southeast Missouri State University on July 1, 1999 after serving as the University's Vice President of Finance and Administration from 1991 to 1993, and Executive Vice President from 1993 until his appointment as president. He previously held several positions in higher education administration at Kent State University in Ohio.

During his tenure at Southeast, academic programs have been enhanced including the establishment of the College of Science, Technology, and Agriculture and the Earl and Margie Holland School of Visual and Performing Arts which opened in Fall 2007 on the new River Campus. A comprehensive review of all academic and non-academic programs has been accomplished to maintain quality and minimize student fee increases in the face of significant state appropriation reductions. Southeast continues to be recognized nationally for many of its outstanding accredited academic programs. For the eighth year in a row, Princeton Review recognized the Master of Business Administration program on its list of "Best Business Schools." GetEducated.com listed Southeast #1 on the list of "Top 10 Ranked Best Values Online MBAs-AACSB-Accredited"; Southeast is recognized in the top tier of the Midwest best regional universities in U.S. News Best Colleges for 2012; and Southeast was again named among the "Best in the Midwest" by Princeton Review. Additionally, StateUniversity.com ranked Southeast the safest public college campus in Missouri,

Militaryfriendlyschools.com lists Southeast among the top schools that embrace veterans as students, and recent freshmen survey data indicate that new students applied only to Southeast at a rate three times the national average.

Enrollment has increased significantly since a 20-year-low in 1994 when some 7,900 students attended Southeast. In Fall 2005, enrollment topped 10,000 for the first time, and stood at more than 11,500 in 2011. Additionally, record enrollments in higher education have occurred in the University's 25-county service region during his tenure due to the establishment of new regional campuses in Sikeston and Kennett and a higher education center at Perryville serving place-bound students in and near those rural communities.

During Dr. Dobbins' presidency, more than \$300 million in capital construction and building improvement projects have enhanced the University. The Seabaugh Polytechnic Building and the \$58 million River Campus were constructed. Additionally, The Douglas C. Greene Center for Innovation and Entrepreneurship to promote entrepreneurship and enhance the region's economy opened on the campus in 2005; Southeast dedicated its new, state-of-the-art David M. Barton Agriculture Research Center in 2009; two new 300-bed residence halls were constructed in 2002 and 2009; and the University

currently is in the midst of more than \$90 million in capital renovation for maintenance and repair projects including the renovation of the historic 106-year-old Academic Hall, the remodeling and upgrades to the Magill and Rhodes sciences complex and a new residence hall.

Dr. Dobbins has served a two-year term as president of the Missouri Council on Public Higher Education (COPHE), the organization for presidents and chancellors of Missouri's public colleges and universities, and is the senior member of the organization. In 2007, he was selected to serve a three-year term on the American Association of State Colleges and Universities (AASCU) Board of Directors, an organization which represents over 420 U.S. public college and university members and more than 3.7 million students or 56 percent of the enrollment at all public four-year institutions. He was elected Secretary-Treasurer of the organization in 2008, chaired the organization in 2010-2011, and currently serves on the executive committee as past chair of the AASCU Board. Also, for the past eight years, he has served as one of four faculty members for the week-long AASCU New Presidents' Academy, and currently chairs the Finance Committee of the American Academic Leadership Institute. He previously served three years as president of the Ohio Valley Conference and is currently a member of



the Conference finance subcommittee. In addition, he is a vice president of the executive board of the Greater St. Louis Council, Boy Scouts of America, and in 2010, he was awarded the Silver Beaver Award, the highest honor bestowed upon a Boy Scout volunteer by a council.

He earned his B.S. degree in accounting from the University of Akron (Ohio) in 1971 and served as a commissioned officer and civilian executive in the U.S. Air Force for almost 10 years. He received the M.B.A. degree in 1979 from Old Dominion University (Virginia), and the Ph.D. in higher education administration in 1987 from Kent State, where in 2011, he was awarded the Alumni Leadership Award for the College of Education, Health and Human Services Annual Hall of Fame Awards. He is also a Certified Public Accountant in Ohio.

Dr. Dobbins and his wife, Jeanine Larson Dobbins, Founder and Director Emeritus of the Missouri Statewide Early Literacy Intervention Program based at Southeast, have a son, Paul, and a daughter-in-law, Stacey, who are both Southeast graduates, and a grandson, Lincoln Kenneth Dobbins.



Board of Regents



Doyle L. Privett
President



Donald "Brad" Bedell



Jay Kundtson



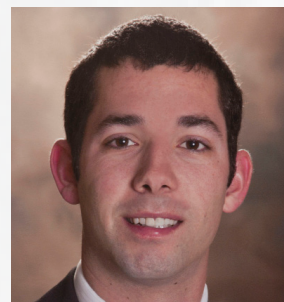
Tom M. Meyer



Kendra Neely-Martin



Daren K. Todd



Kevin J. Magnan
Student Representative



Mark Alnutt, senior associate director for administration at the University of Missouri, was named director of athletics at Southeast Missouri State University.

The announcement was made April 19 during a news conference in the Aleen Wehking Alumni Center at Southeast.

Alnutt participated in an off-campus interview April 12 in St. Louis and was on campus for final interviews the day he was introduced as the Redhawks new director of athletics. He was among two finalists for the position following a national search conducted by a search committee including representatives from the Board of Regents, faculty, staff and the community.

Alnutt began his new duties at Southeast on May 21. He replaced John Shafer who retired last June. Cindy Gannon served as interim director of athletics since that time.

"Mark brings with him a tremendous breadth of experience and the caliber of credentials to move our program forward and into the future," said Kenneth W. Dobbins, president of Southeast Missouri State University.

Alnutt served as senior associate athletics director for administration at the University of Missouri after spending three years as the associate athletics director for administration.

Mike Alden, director of athletics at the University of Missouri, said, "I think Southeast Missouri State University is getting a terrific leader in Mark Alnutt. We will miss him here, but our loss is Southeast's gain and all of us here are very proud of Mark and all that he has

accomplished."

In his previous role, Alnutt served as the administrative liaison for football; supervised track and field, cross country, gymnastics and golf; spearheaded the department's project management team; served as the primary point person for the Athletic Department, overseeing all aspects of facility project master planning, development, management and implementation; and was involved with external department operations, including development, game operations, marketing, media relations, Mizzou Sports Properties and ticket operations.

Alnutt also managed postseason travel arrangements for each of the University of Missouri's 20 intercollegiate sport programs. He was in charge of Missouri's Nike contract, the Big Wheels and Flying Tiger programs and the department's relationship with Old Hawthorne Golf Club. In 2009, he oversaw a \$5 million video board project through the University of Missouri Sports Complex with the centerpiece being a new board at Faurot Field. He also oversaw the design and construction of the new Golden Girls/Gymnastics

practice facility completed last fall. Additionally, Alnutt was actively involved in the solicitation and stewardship efforts of capital gift giving.

Alnutt spent the previous six years at the University of Missouri as director of football operations, adding an assistant athletic director title prior to the 2005-06 season. In that role, his duties included coordinating the team's travel plans, oversight of the football budget, handling compliance issues, scheduling of facilities, assisting with the recruiting operations and managing the day-to-day operations of the football program.

He coordinated public relations and community service events for football, and oversaw all organizational aspects for the University of Missouri's trips to the 2003 and 2005 Independence Bowl games played in Shreveport, La. He also represented the football program as part of the design team that planned the \$16 million expansion and renovation project which turned the Tom Taylor Building into the Missouri Athletics Training Complex.

Alnutt was a three-year letterman for the University of Missouri as a linebacker



Mark Alnutt was introduced as Southeast Missouri's new director of athletics on April 19, 2012.

and tight end from 1993-1995 and was voted the team's champion of the year as a senior. He earned a degree in sociology in 1995 and went to work for Major Brands as a senior salesman in Kansas City from February 1996 to August 1997. Alnutt returned to the University of Missouri to pursue a master's degree in public administration with an emphasis on sports psychology. He joined the Missouri football staff in 1998 as an administrative/video graduate assistant. Alnutt completed his master's degree in May 2000 and took over as director of football operations that August.

A native of Kansas City, Alnutt served as president of the board of directors for Big Brothers/Big Sisters of Boone County and was selected to participate in the 2002-2003 NCAA Leadership Institute for Ethnic Minority Males. In June 2005, he was recognized by Columbia Business Times as one of Columbia's 40-Under-40 business leaders for his work in the community.

He has participated in the Division I-A Athletic Director's Institute, attended the NACDA Mentoring Institute and was



chair of the NCAA Women's Gymnastics committee. In 2010, he was the recipient of an Outstanding Chancellor's Staff recognition and the Barbara S. Uehling Award for Administrative Excellence at the University of Missouri.

Alnutt and his wife, the former Kate Hankins, are the parents of four children, Jaren, Kinleigh, Mason and Aidan.





The Southeast Missouri State University Department of Intercollegiate Athletics is an integral part of the University community and accordingly adheres to Southeast Missouri State University's overall institutional mission, one of providing a quality education and college experience for the students and communities we serve. The mission of the

Department of Athletics is to enhance the collegiate experience for all students through the development and operation of a sound intercollegiate athletics program. The Athletics Department is a NCAA Division I program, and therefore is committed to the highest standards of integrity in athletic and academic achievement. The athletic teams of the University

are committed to compete at the highest possible level in the Ohio Valley Conference or other conference affiliations. The Department of Athletics is committed to the principles of equitable access, diversity, student welfare, sportsmanship, ethical conduct, rules compliance, and the prudent management of resources in all endeavors.





2012 CROSS COUNTRY REVIEW

IN THIS SECTION . . .

- » 2012 Women's Cross Country Review
- » 2012 Men's Cross Country Review





Cross Country Review

2012 Women's Cross Country Roster

<u>Name</u>	<u>Year</u>	<u>Hometown/ Last School</u>
Nichole Beffa	So.	Festus, Mo./ Festus
Laura Chavez	Fr.	Cape Girardeau, Mo./Cape Central
Mary Donogne	So.	Cape Girardeau, Mo. /Cape Central
Jenny Govero	So.	Fenton, Mo./ Rockwood Summit
Christy Hazel	Sr.	St. Charles, Mo./ Francis Howell Central
Melanie Lacey	So.	Scott City, Mo. / Scott City
Rebekah Lawson	So.	Fenton, Mo./ Rockwood Summit HS
Lindsey Seabaugh	Fr.	Cape Girardeau, Mo./Jackson
Madalyn Stichnot	Jr.	Lexington, Ky. / Bates Creek
Samantha Thierry	Jr.	O'Fallon, Mo. / Fort Zumwalt West
Maria Trowbridge	Fr.	Meshoppen, Pa./ Elk Lake
Gloria Westlake	So.	St. Peters, Mo./ Fort Zumwalt East





Women's Season Review

Returning sophomores Rebekah Lawson, Gloria Westlake, and Jenny Govero continually set the stage for success throughout the 2012 women's cross country season. Lawson was the top-place finisher for the Red-hawks in each meet of the season.

The 2012 team kicked off the season the right way with two first-place finishes at both the Washington University Early Bird and the SIUE Cross Country Challenge. The women combined for six top-ten finishes from both races.

The women placed fifth at the 2012 OVC Championship with Lawson leading the way with a seventh place finish, earning First-Team All-OVC honors. The season wrapped up with a 26th place finish at the Midwest Regional. Lawson was also named OVC Co-Runner of the Week on Sept. 18.

Women's Results

Athlete	Washington U Early Bird Sept. 1, 2012 St. Louis, Mo.	SIUE CC Challenge Sept. 14, 2012 Edwardsville, Ill.	Saluki Invitational Sept. 22, 2012 Carbondale, Ill.	Sean Earl Lakefront Sept. 29, 2012 Chicago, Ill.	Pre-National Meet Oct. 13, 2012 Louisville, Ky.	OVC Championships Oct. 27, 2012 Jacksonville, Ala.	NCAA Midwest Regional Nov. 9, 2012 Springfield, Mo.
Nichole Beffa	17:23.7 (78th)	DNC	DNC	DNC	DNC	DNC	DNC
Laura Chavez	16:23.5 (36th)	19:41.43 (13th)	DNC	20:18 (236th)	23:30.4 (155th)	18:56.16 (44th)	24:26.51 (186th)
Mary Dohogne	16:04.8 (21st)	21:01.42 (39th)	DNC	19:52 (193rd)	23:48.3 (173rd)	19:10.31 (51st)	24:22.25 (182nd)
Jenny Govero	15:39.4 (9th)	19:06.19 (7th)	DNC	19:16 (125th)	23:20.7 (137th)	18:44.61 (35th)	23:39.90 (158th)
Melanie Lacey	16:09.7 (27th)	19:56.22 (23rd)	DNC	19:57 (201st)	24:06.4 (192nd)	DNC	DNC
Rebekah Lawson	14:36.2 (2nd)	17:58.93 (2nd)	DNC	18:34 (53rd)	22:00.5 (29th)	17:33.84 (7th)	21:59.86 (53rd)
Lindsey Seabaugh	15:56.0 (17th)	19:37.25 (12th)	DNC	19:25 (144th)	DNC	18:50.23 (40th)	24:04.55 (167th)
Madalyn Stichnot	16:08.9 (25th)	20:05.48 (25th)	DNC	20:14 (232nd)	24:03.6 (169th)	19:44.19 (65th)	DNC
Samantha Thierry	DNC	21:45.08 (43rd)	22:36.00 (44th)	DNC	DNC	DNC	DNC
Maria Trowbridge	DNC	19:49.33 (18th)	DNC	19:19 (132nd)	24:05.1 (190th)	18:53.22 (42nd)	24:16.32 (177th)
Gloria Westlake	15:24.1 (6th)	18:51.46 (4th)	DNC	19:25 (145th)	23:15.8 (126th)	18:26.36 (25th)	24:18.85 (161st)
Team Finish	1st of 17 (4k)	1st of 6 (5k)	-	19th of 51 (5k)	18th of 26 (6k)	5th of 12 (5k)	26th of 31 (6k)

DNC - Did Not Compete; DNQ - Did Not Qualify



Cross Country Review

2012 Men's Cross Country Roster

<u>Name</u>	<u>Year</u>	<u>Hometown / Last School</u>
Ryan Anderson	So.	Springfield, Ill./ Chatman Greenwood
Sean Brown	Fr.	Festus, Mo./Festus
Shane Brown	Fr.	Festus, Mo./Festus
Brent Collins	Jr.	Baldwin, Kan. / Hermitage RV
Tyler Holmes	So.	Arnold, Mo./ Fox
Charles Johnson	Jr.	St. Louis, Mo./Hazelwood East
Tyler Mullen	Sr.	St. Peters, Mo./ Fort Zumwalt South
Craig Munie	So.	O'Fallon, Ill./ O'Fallon Township
Nate Shipley	Sr.	St. Charles, Mo./ Howell North
Tyson Stoverink	Jr.	Jackson, Mo./ Jackson
Colton Strotheide	So.	Breese, Ill./Mater Dei
Max Wieser	Sr.	Cape Girardeau, Mo./Saxony Luthern
Alex Zisser	Sr.	St. Louis, Mo./ Luthern South





Men's Season Review

The men's team met the expectations of the league as the team finished third at the OVC Championship after being picked to finish third in pre-season rankings. Senior Nate Shipley and juniors Brent Collins and sophomore Craig Munie continually paved the way for success for the men's season. These three combined for seven top-ten finishes throughout the season.

The men began the season with two first-place finishes at the Washington University Early Bird and the SIUE Cross Country Challenge. The men had seven top-ten finishes in the first two races to kick the season off.

The team finished third at the OVC Championship. Shipley placed ninth with Alex Zisser finishing 12th; each earning Second Team All-OVC honors. The men concluded the season with a 23rd place finish at the Midwest Regional.

Men's Results

Athlete	Washington U Early Bird Sept. 1, 2012 St. Louis, Mo.	SIUE CC Challenge Sept. 14, 2012 Edwardsville, Ill.	Saluki Invitational Sept. 22, 2012 Carbondale, Ill.	Sean Earl Lakefront Sept. 29, 2012 Chicago, Ill.	Pre-National Meet Oct. 13, 2012 Louisville, Ky.	OVC Championships Oct. 27, 2012 Jacksonville, Ala.	NCAA Midwest Regional Nov. 9, 2012 Springfield, Mo.
Ryan Anderson	20:30.0 (33rd)	26:26.16 (18th)	DNC	27:24 (166th)	26:34.6 (184th)	26:13.23 (35th)	34:44.98 (167th)
Sean Brown	21:59.2 (94th)	28:40.10 (46th)	30:38.10 (40th)	DNC	DNC	DNC	DNC
Shane Brown	20:47.7 (45th)	26:36.43 (19th)	DNC	27:25 (170th)	26:53.2 (211th)	26:23.88 (40th)	DNC
Brent Collins	19:28.4 (4th)	25:47.54 (6th)	DNC	26:02 (44th)	25:49.0 (114th)	25:20.16 (16th)	33:10.85 (118th)
Tyler Holmes	20:38.5 (41st)	26:52.75 (24th)	DNC	27:07 (136th)	27:07.8 (227th)	DNC	DNC
Charles Johnson	DNC	26:51.65 (23rd)	DNC	26:23 (70th)	26:17.4 (154th)	25:23.06 (18th)	32:34.74 (84th)
Kameron Long	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Tyler Mullen	20:02.7 (16th)	25:52.67 (10th)	DNC	26:09 (55th)	25:33.8 (79th)	25:46.45 (26th)	33:19.16 (124th)
Craig Munie	19:53.5 (10th)	25:49.36 (8th)	DNC	26:21 (69th)	25:51.4 (119th)	25:30.87 (22nd)	34:13.98 (158th)
Nate Shipley	19:38.8 (7th)	25:29.60 (2nd)	DNC	25:29 (19th)	25:07.7 (41st)	24:54.86 (9th)	33:42.69 (139th)
Adam Shivers	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Tyson Stoverink	21:42.1 (81st)	28:31.30 (45th)	29:24.10 (31st)	DNC	DNC	DNC	DNC
Colton Strotheide	20:31.1 (34th)	26:40.94 (20th)	DNC	27:07 (135th)	28:06.7 (258th)	DNC	DNC
Max Wieser	21:33.6 (75th)	DNC	DNC	DNC	DNC	DNC	DNC
Curt Wood	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Alex Zisser	19:39.4 (6th)	DNC	DNC	26:34 (86th)	25:48.2 (111th)	25:06.95 (12th)	34:27.71 (163rd)
Team Finish	1st of 15 (6k)	1st of 6 (8k)	-	7th of 47 (8k)	9th of 24 (8k)	3rd of 12 (8k)	23rd of 29 (10k)



Cross Country Review

Women's Honors

OVC Runner of the Year

1998 Janelle Quigley
1999 Amy Arteme
2002 Lindsey Zeiler

OVC Year-by-Year Top-10

1992
8. Amy Cole 19:37
10. Tracey Stockton 20:17

1993
3. Amy Cole 19:02
8. Misty McGhee 19:47
10. Kari Unterriener 20:01

1994
4. Sherry Lange 18:43
5. Terry Lange 18:50
7. Misty McGhee 19:15

1995
6. Misty Dubman 19:32
8. Jennifer Anderson 19:40
10. Amy Cole 19:43

1996
3. Sherry Lange 18:53
8. Keisha Grace 19:17

1997
4. Leslie McNamara 18:48
8. Janelle Quigley 19:03

1998
1. Janelle Quigley 18:21
3. Tammy Wenkel 18:55

1999
1. Amy Arteme 18:36
4. Tammy Wenkel 18:50

2000
2. Amy Arteme 18:05

4. Kaci Pilcher 18:11

2001
5. Kaci Pilcher 18:38

2002
1. Lindsey Zeiler 17:52
8. Kaci Pilcher 18:24
10. Kris Woolf 18:32

2004
9. Jen Caywood 19:20

2005
5. Lindsey Zeiler 18:22
7. Jen Caywood 18:33

2006
8. Juli Koenegstein 19:05

2007
7. Juli Koenegstein 18:41

2008
2. Juli Koenegstein 18:37
9. Monica Noble 19:15

2009
9. Monica Noble 20:28

2011
6. Rebekah Lawson 18:29

2012
7. Rebekah Lawson 17:33

Men's Honors

OVC Freshman of the Year

2008 Nate Shipley

OVC Year-by-Year Top-10

1991
8. Bryant Wright 27:30

10. Dave Baker 27:53
1992

5. Joe Dandridge 26:36
1993

7. Joey Russell 26:22
9. Steve Lewis 26:30

1994
8. Glen Lomenick 26:12

1995
8. Brian Carter 26:55
10. Chris Monty 26:58

2003
5. Brian Whitehead 26:50
6. Chad Sierman 25:52

2006
2. Kevin McNab 25:25
7. Brandon Karcher 26:44

2007
9. Brandon Karcher 25:48
10. Brandon Funderburk 25:54

2008
4. Brandon Karcher 25:40

2009
8. Jason Lumpkin 26:44

2010
6. Jason Lumpkin 25:44
8. Chris Loseman 25:56
9. Nate Shipley 25:58

2011
6. Nate Shipley 25:20
10. Brent Collins 26:09

2012
9. Nate Shipley 24:54



COACHING STAFF

IN THIS SECTION . . .

» Coaching Staff Profiles





Coaches



ERIC CRUMPECKER
HEAD COACH
FIFTH SEASON
MISSOURI ROLLA
1991



Eric Crumpecker enters his fifth season as the head coach of the Southeast Missouri track and field program. Crumpecker is in his 22nd season at Southeast, serving 17 of those campaigns as an assistant under legendary head coach Joey Haines.

The Redhawks totaled three second-place team finishes at the OVC Indoor and Outdoor Championships during the 2011-12 season. Both the men and women finished runner-up during the outdoor meet while the men posted another second-place point total indoors. Crumpecker works closely with the throwers and that group combined for three conference titles. Josh Uchtman, the 2012 Male Field Athlete of the Year during the indoor season, claimed the shot put indoors. Brian Grote and Craig Robinson won gold in the javelin and shot put, respectively, at the outdoor meet. In total, the Redhawks won nine individual OVC titles in 2011-12.

In addition to the three individual conference champion throwers, Kevin Farley was named the OVC Male Freshman of the Year during the outdoor season.

In Crumpecker's time as head coach, the Redhawks have finished in the top three of all but one OVC indoor or outdoor meet (15 out of 16). The men have finished second in six of the eight conference meets while the women have been runner-up five times.

Individually, he has mentored 51 individual OVC champions, 31 regional qualifiers and one NCAA National Championships qualifier. Redhawk student-athletes have won OVC Field Athlete of the Year nine times, Track Athlete of the Year once, Athlete of the Year once and Freshman of the Year five times.

The 2011-12 season was once again a banner year for the Redhawks in the classroom. Both the men and women earned all-academic honors from the US Track & Field and Cross Country Coaches Association as the women recorded a 3.27 cumulative GPA while the men posted a 3.06 mark. Four student-athletes: Jacob Kent, Kevin Farley, DeAndre Simmons and Jill Schnurbusch were placed on the individual USTFCCA All-Academic Team. Brent Collins and Alex Zisser also garnered Academic All-District recognition from the College Sports Information Directors of America (CoSIDA).

Both the men's and women's track and field programs have earned USTFCCA All-Academic Team honors in four of Crumpecker's five seasons as head coach. 11 student-athletes have earned USTFCCA All-Academic team recognition in the past three seasons.

In Crumpecker's first season at the helm, the teams combined to win eight individual titles at the league championships. Six of those titles came in the throwing events as the men and women each won the javelin, shot put and discus. That accomplishment marked the first time that an OVC team combined to win all six individual throwing titles in an outdoor championship.

The successful outdoor season culminated in two individual postseason honors with Colbert being named the OVC Outdoor Male Field Athlete of the Year and Ashley Brewer taking home the OVC Outdoor Female Field Athlete of the Year honor.

Crumpecker had five athletes compete in the NCAA Mideast Regional Track Championships in 2009 with Espiricueta placing second and qualifying for the NCAA Outdoor Track & Field Championships in the javelin. She became Southeast's first female to compete at the national meet since 2002.

During the 2009 season, both the men's and women's teams placed second at the OVC Indoor Track & Field Championships. The two teams combined for six OVC indoor titles and took home three of the OVC's six postseason awards, including Male Field Athlete of the Year, Male Freshman of the Year and Female Freshman of the Year.

During his years as a Southeast assistant, working primarily with the field events, Crumpecker was a part of 20 OVC team titles, coached 81 OVC individual champions, 131 OVC All-Conference performers, six OVC Track Athletes of the Year, four NCAA national finalists, 12 NCAA provisional qualifiers, 26 NCAA regional qualifiers and five regional finalists. He guided Southeast student-athletes to 11 school records and three OVC marks.

A native of Union, Mo., Crumpecker is a USATF Level 1 certified coach. He has a Bachelor of Arts degree in history from Missouri-Rolla and a Master of Science in Administration from Southeast Missouri. As a collegiate athlete, Crumpecker was a starting lineman for the UMR football team and earned All-MIAA honors in the shot and discus for the Miners' track team.

Crumpecker and his wife, Amy, reside in Jackson, Mo., and have a daughter, Ella.

Head Coach Eric Grumpecker





Coaches



TARA MYRICK
ASSISTANT COACH
HURDLES/SPRINTS
LINCOLN UNIVERSITY
1999



Tara Myrick begins her fifth season as an assistant coach for the Redhawk track and field team. She oversees all training and coaches both the men's and women's sprinters and hurdlers.

A year ago, three Redhawk sprinters: Jerika Lewis (women's 400m), Angelica Larrier (women's 100m) and DeAndre Simmons (men's 200m) finished runner-up at the OVC Outdoor Championships. The women's 4x100m and 4x400m relay also earned silver in the outdoor meet. Simmons, Lewis and Larrier each qualified for the NCAA West Region Preliminary meet as well. Lewis (women's 400m) also earned second-team All-OVC honors during the indoor season.

In the 2010-11 season, Myrick led the Redhawk sprinters to three Ohio Valley Conference crowns as Southeast took gold in the women's 400 meter dash (Jerika Lewis) and the men's 100 meter dash (DeAndre Simmons). Southeast also won the women's 4x100 meter relay.

In all Myrick guided 10 All-OVC performers during the outdoor season. She also sent four runners to the NCAA West Preliminaries, including the 4x100 meter women's relay team that finished 17th.

During the 2010-11 indoor season, Myrick led a pair of Redhawks to All-OVC accolades as Simmons finished third in the 200 meter dash and Rachel Kahle finished third in the 60 meter dash. Kahle was also named OVC Track Athlete of the Week during the indoor season.

In 2009-10, Myrick also coached Lewis to an OVC indoor title in the 400 meter dash. Additionally, Lewis was named OVC Outdoor Co-Freshman of the Year. Chris Gill was voted the OVC's Outdoor Track Athlete of the Year.

Southeast men's and women's 4x400 relay teams placed second at both the OVC Indoor and Outdoor Championships.

All together, she has coached 32 All-OVC performers, including the 2009 women's indoor 4x400 meter relay championship team.

Prior to Southeast, Myrick coached the sprinters and hurdlers at the University of Arkansas-Little Rock. In 2008, she coached two student-athletes who qualified for the NCAA Outdoor Mideast Regional.

A native of New York City, Myrick began her coaching career in 2005 at Essex County College in Newark, New Jersey where she spent two seasons. She coached 16 national champions and 14 All-Americans. The 2007 ECC women's team won the NJCAA Division I national championship.

An NAIA, NJCAA and NCAA All-American and Honorable Mention All-American sprinter, Myrick was a member of the 1996 NAIA Outdoor Championship team at Central State University in Wilberforce, Ohio.

Myrick received her Bachelor of science degree in Business Administration in 1999 and her M.B.A. in Business Administration from Lincoln University in 2002.

Assistant Coach Tara Myrick





Coaches



RYAN LANE
HEAD CROSS COUNTRY COACH
DISTANCE COACH
SOUTHEAST MISSOURI
2006



Ryan Lane is in his third season as Southeast's head cross country coach and assistant track coach (distance).

Over his first two seasons, the Redhawks' cross country team has posted three top-three finishes at the OVC Championships. The men took second in 2010 while both programs placed third at the 2011 conference meet. The programs have combined for nine All-OVC performers, including three first-team runners.

The Redhawks' men's cross country team finished third at the OVC Championships in 2012 with the women's team finishing in fifth.

In 2011, both the men and women had one first-team and one second-team All-OVC finisher. Nate Shipley's third-place finish garnered him a spot on the all-conference first team while Brent Collins earned second-team all-conference on the men's side. Rebekah Lawson took sixth as a freshman to earn the first-team nod while fellow freshman Jenny Govero made second-team All-OVC.

Lane's success with the distance runners has carried over to the track as well. The 2012 season saw Jessica Bollinger win an OVC title outdoors in the 10,000m while Lawson finished runner-up in both the 5000m and 10,000m. On the men's side, Mohammed Souleiman won an OVC title in the 800m while Chris Loseman earned second-team All-OVC honors after finishing runner-up in the 10,000m. Lane's athletes have combined for eight All-OVC selections and three OVC titles in his first two seasons.

Lane returned to the Southeast program in which he interned as coach in 2008-09. That season, the Redhawk cross country teams recorded top-three finishes at the Ohio Valley Conference Championships. During that time, he received his Master's in Higher Education, finishing with a 4.0 GPA.

Prior to his coaching internship at Southeast, Lane worked as an assistant coach for the Cape Central High School cross country and track programs.

He also served as an assistant coach at his alma mater, Francis Howell North High School (2006-07). In all, Lane coached 41 All-State performers at the prep level.

Lane competed as a member Southeast cross country and track teams from 2002-2003, before an injury cut his career short. He received his undergraduate degree from Southeast in 2006, graduating magna cum laude distinction in Education.

Lane is an accomplished marathon runner. In 2008, he placed ninth at the St. Louis Marathon and, in 2009, he finished 147th at the Boston Marathon.

Assistant Coach Ryan Lane





Coaches



MATT KOELLING
ASSISTANT COACH
JUMPS
EMPORIA STATE
2010



Matt Koelling has improved the Southeast jumpers into one of the elite groups in the Ohio Valley Conference.

Last season, Koelling mentored four OVC champions, three of whom were freshmen. Jacob Kent, the OVC Co-Freshman of the Year indoors, claimed the men's indoor high jump while fellow freshman Jessica Brown claimed the women's indoor long jump. Outdoors, freshman Reggie Miller took the men's high jump while Shemeika Brewer claimed the women's triple jump in her final collegiate season. The group also combined for six runner-up finishes at the OVC indoor and outdoor meets. Miller, Brewer and freshman Blake Carter extended their seasons further, qualifying for the NCAA West Region preliminary meet.

Koelling led Southeast to an impressive showing in such events at the Ohio Valley Outdoor Championships in 2011. Southeast had two athletes win gold. Tyler Terry won the men's long jump and Shemeika Brewer was victorious in triple jump.

Koelling produced four All-OVC selections during the outdoor campaign and coached one NCAA West Preliminary qualifier in Brewer, who qualified in the triple jump.

During the indoor season, Koelling led five Redhawks to All-Conference honors. Southeast placed amongst the top-three in both the high jump and long jump on the men's side. The Redhawks also had two pole vaulters and one triple jumper earn All-OVC honors on the women's side.

Koelling joins the staff after a standout competitive career at Emporia State. He was the team's top triple and long jumper, twice advancing to the finals of the NCAA Division II National Championships.

In 2008, he placed 12th in the triple jump at the Outdoor National Championships and, in 2010, finished ninth at the Indoor National Championships in the triple jump.

He is a five-time provisional qualifier for Nationals in the triple jump. His personal best in that event is 49'-1 3/4". His personal best of 23'-3 1/2" in the long jump provisionally qualified him for Nationals as well.

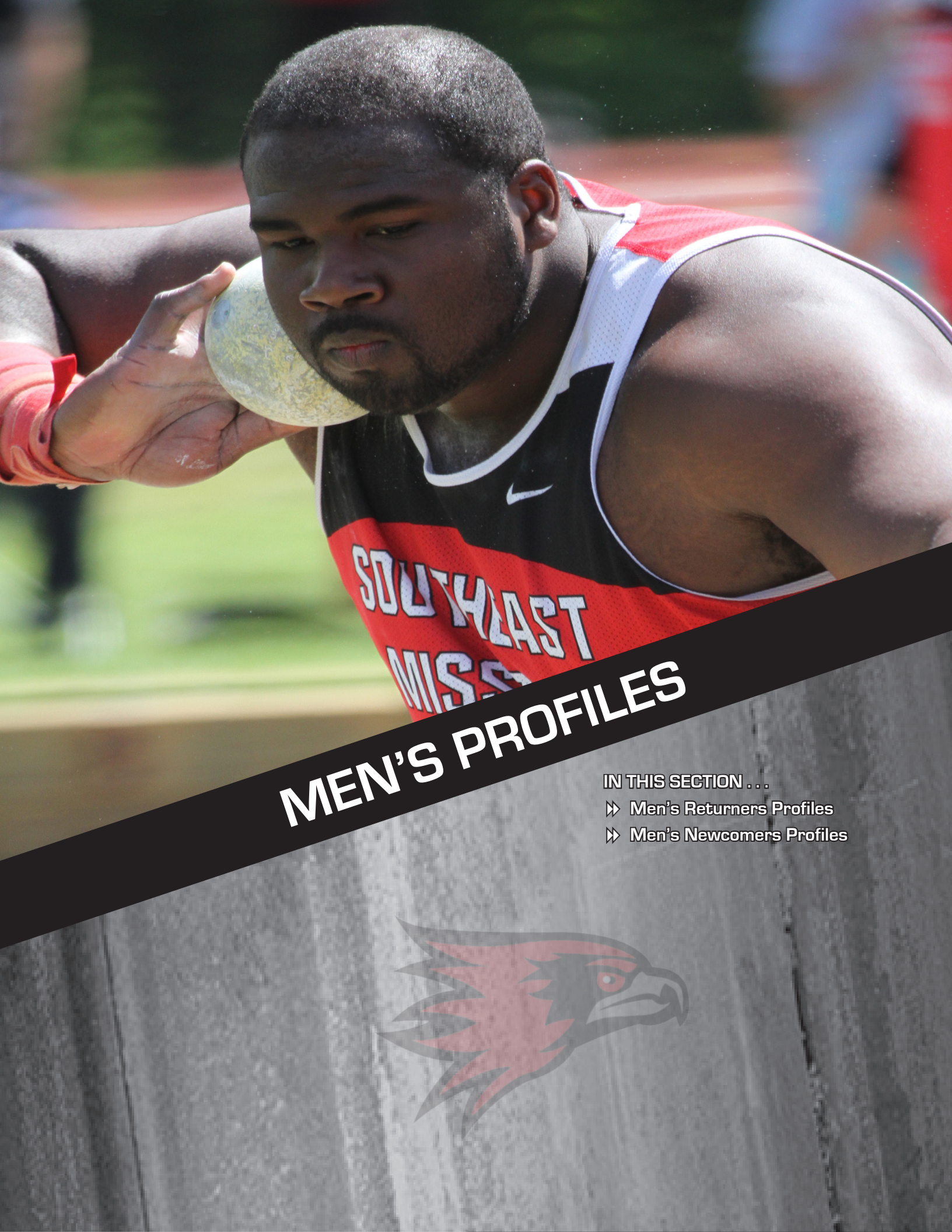
Prior to Emporia State he spent one year at Kansas where he was a member of the Jayhawk football team. He started his collegiate career at Barton County Community College in Great Bend, Kan., where he was a member of the track squad.

Koelling is a member of the National Strength and Conditioning Association and received his USA Track & Field Level 1 certification in the summer of 2010.

Assistant Coach Matt Koelling







MEN'S PROFILES

IN THIS SECTION . . .

- » Men's Returners Profiles
- » Men's Newcomers Profiles





Men's Profiles



BRIAN GROTE
SENIOR
JAVELIN
ST. CHARLES, Mo.
ST. CHARLES HS



2012 Outdoor: Competed in seven meets, exclusively as a javelin thrower ... received the OVC Medal of Honor ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... won the javelin with a career-best 178-2 at the OVC Outdoor Championships to earn first-team All-OVC honors ... posted four top-five finishes ... made his collegiate debut with a fourth-place throw of 171-1 at the Rhodes Open (3/17).

2012 Indoor: Did not compete in any meets.

Senior Brian Grote





Men's Profiles



Kenny Hosp
SENIOR
JUMPS
MARIAN, OHIO
PLEASANT HS



2012 Outdoor: Competed in five meets ... took fourth in the high jump (6-4) at the OVC Outdoor Championships... cleared a career-best 6-6 in the high jump at the Joey Haines Invitational to finish fourth.

2012 Indoor: Competed in five meets...recorded a career-high and fifth-place finish in the high jump at 6-4...finished sixth in the high jump at the Illini Classic with a jump of 5-2 1/4...finished ninth in the high jump at the OVC Indoor Championships.

2011 Outdoor: Appeared in six meets...jumped a season best 6' 2" at the OVC Championship earning a fourth place finish...jumped a 6' 1.25" at the Jace Lacoste invite placing fifth in the event...jumped 6' 0.75" at Vanderbilt Black and Gold Invite, Joey Haines Invite and Tom Botts invitational.

2011 Indoor: Appeared in six meets...jump a career best 6' 4.75" at the SIU Saluki Open...earned a third place finish in the high jump at the OVC Championship with a mark of 6' 0" earning All-OVC Honors in taking the bronze metal.

Senior Kenny Hosp





Men's Profiles



PRENTICE IVY
SENIOR
SPRINTS/HURDLES
FLORISSANT, Mo.
CHAMINADE HS



2012 Outdoor: Ran in seven meets ... took part in the 4x100m and 4x400m (3:20.76) relay teams that finished third and fourth, respectively, at the OVC Outdoor Championships... ran a career-best 15.40 in the 110m hurdles at the Ole Miss Invitational ... crossed the line in a career-best 57.31 during the 400m hurdles at the Hilltopper Relays

2012 Indoor: Competed in seven meets...recorded a career-best and Redhawk best 8.78 in the 60m hurdles at the Hoosier Hills...Recorded a career-best 8.06 in the 55m hurdles at the OVC Indoor Championships...recorded a career best 55.25 in the 400m dash at the SIU Saluki Open...recorded a career best 7.60 in the 60m dash at the Illini Classic.

Prep: Graduate of Chaminade High School... lettered all four years...had career best times in the 110 meter hurdles (14.2) and 300 meter hurdles (37.9) finish second in the 110 and 300 hurdles at state his senior year... finished fourth in the 2008 Golden West Invite.

Personal: Son of Prentice Sr. and Denise Ivy... born June 6, 1990... major is undecided.

Senior Prentice Ivy





Men's Profiles



JOEL KRAUSE
SENIOR
JAVELIN
KNOB NOSTER, Mo.
KNOBB NOSTER HS



2012 Outdoor: Threw the javelin in six meets ... received the OVC Medal of Honor ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... earned second-team All-OVC honors by finishing runner-up in the javelin (career-best 168-8) in the OVC Outdoor Championships... took fourth in the javelin (161-5) at the Lenny Lyles-Clark Wood Invitational.

2012 Indoor: Competed in five meets...recorded a season-best 4:30.20 in the mile run at the Hoosier Hills... posted a season-best 9:14.32 in the 3,000m run at the Redhawks Invitational.

2011 Cross Country: Competed in six meets during the season including the OVC Championships and the NCAA Midwest Region...ran a career-best 27:03 at Louisville.

2011 Outdoor: Appeared in six meets...split time between distance running and the javelin...earned a career best time of 16:49.74 in the 5,000 meter run...finished in fourth place in the 3,000 meter steeplechase at the OVC Championship with a time of 10:04.17...placed fifth in the javelin at the OVC Championships with a toss of 147' 3", which was a career-high...Southeast Scholar Athlete...OVC Medal of Honor winner...OVC Commissioner's Honor Roll.

2011 Indoor: Appeared in five meets...was part of the distance medley relay team that finished third at the Hoosier Hills...finished ninth in the 800 meter run at the OVC Championships with a time of 2:01.35...finished tenth in the mile run at the OVC Championships with a time of 4:35.90.

2010 Cross Country: Competed in one meet...ran the 6K at the Washington University Early Bird in 21:07.80... OVC Medal of Honor winner.

2010 Outdoor: Placed fourth in the steeplechase at

the OVC Championships with a time of 10:04.17...placed fourth in the 1,500 meters at the Joey Haines Invitational with a career-best 4:05.29...placed fifth in the javelin at the Joey Haines Invitational... set a career-best in the javelin with a throw of 143'-11.25" at the Ole Miss Invitational... placed ninth in the 1,500 meters at the Drake Relays...finished sixth in the javelin at the Memphis Invitational...OVC Commissioner's Honor Roll...Southeast Scholar Athlete.

2010 Indoor: All-OVC selection as a member of the distance medley relay team... finished fifth in the 800 meters with a season-high time of 1:59.48 at the EIU Mega Meet... placed sixth in the mile at the OVC Championships with a time of 4:21.02... set a career-best in the mile with a time of 4:20.56 at the Frank Sevigne Husker Invitational... recorded a career-best time of 8:53.28 at the Hoosier Hills Invitational.

2009 Cross Country: Finished 33rd at the UE Invitational with a time of 27:35.66 in the 8K...ran a season's best 27:04.82 in the 8K at the Greater Louisville Classic... finished 19th in the 6K at the Saluki Early Bird Invite with a time of 21:02.10. **2009 Outdoor:** OVC Medal of Honor recipient...OVC Commissioner's Honor Roll... Southeast Scholar Athlete.

2009 Indoor: Won the 800 meter title at the Redhawk Invitational with a time of 1:59.29...member of the winning 4X400 meter relay team at the Redbird Invitational... ran a season's best time in the 800 meters at the Hoosier Hills Invitational with a time of 1:58.99 placing, 12th...placed fifth at the Redbird Invitational in the 800 meters with a time of 1:59.45.

Prep: All-State...placed fourth in 800 meters and third as a member of the 4x400 meter relay team at state meet... Conference Champion in 800 meters...competed on the football and basketball team...was named All-Conference at defensive end...Valedictorian of his senior class.

Personal: Born May 6, 1990...son of Robin and Kelly Krause...majoring in Business Management.

Senior Joel Krause





Men's Profiles



TYLER MULLEN

SENIOR

DISTANCE

SAINT PETERS, Mo.

FT. ZUMWALT SOUTH HS



2012 Cross Country: Competed in all but the first meet of the 2012 season... best finish for an 8k was at the Pre-National Meet in Louisville where he finished 79th with a time of 25:33.8... had one top-ten finish at the SIUE Cross Country Challenge where he placed tenth with a time of 25:52.67.

2012 Outdoor: Competed in six meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... recorded two individual top-10 finishes ... best finish was sixth place in the 5000m (career-best 15:09.89) at the Vanderbilt Invitational.

2012 Indoor: Competed in four meets ... finished sixth in the 5000m (15:30.80) at the OVC Indoor Championships...finished ninth in the 3000m (9:05.03) at the OVC Indoor Championships.

2011 Cross Country: Competed in all meets during the season... had a season best of 25:45 at the Greater Louisville Classic where he placed 30th... placed 22nd at the OVC Championship and 106th at the NCAA Midwest Regional.

2011 Outdoor: Appeared in six meets...set a career mark in the 10,000 meter run with a time of 31:32.01 at the Sea Ray Relays...earned a sixth place finish in the 10,000 meter run at the OVC Championships with a time of 32:07.43...earned a collegiate best time of 4:14.26 in the 1,500 meter run at the Tom Botts Invitational at the same event also earned career-best 800 time at 2:05.88 ... Southeast Scholar Athlete ... OVC Commissioner's Honor Roll.

2011 Indoor: Appeared in five meets...set a personal best in the 5,000 meter run at the OVC Championships with a time of 15:16.49 placing fourth...ran a season best 9:00.24 in the 3,000 meter run at the Hoosier Hills.

2010 Cross Country: Competed in all six meets... placed 20th at the OVC Championships with an 8K time of 26:44.63...recorded a season-best time in the 8K at the Bradley Classic with a time of 26:05.00 ... ran the 6K in 20:05.90 at the Washington University Early Bird.

2010 Outdoor: Placed eighth in the 10,000 meters at the OVC Championships with a career-best time of 33:40.16... placed seventh with a career-high 15:51.04 in the 5,000 meters at the Joey Haines Invitational...placed seventh in the 5,000 meters at the Drake Relays ... OVC Commissioner's Honor Roll ... Southeast Scholar Athlete.

2010 Indoor: Named OVC Co-Freshman of the Year... placed fifth in the 5,000 meters at the OVC Championships with a time of 15:21.18...finished second in the 5,000 meters with a career-best 15:18.26 at the Indiana Relays... recorded a career-best in the 3,000 meters with a time of 8:49.58...placed fifth in the 3,000 meters at the EIU Mega Meet...recorded a career-best in the mile with a time of 4:45.00 at the SASF Invitational.

2009 Cross Country: Recorded three top-20 finishes ... placed 17th at the OVC Championships with a time of 27:23.27 in the 8K ... recorded a career-best 8K time of 25:42.19 at the Greater Louisville Classic ... ran the 8K in 26:35.38 at the EIU Panther Open, placing 18th ... finished 11th in the 6K with a time of 20:02.40 at the Saluki Early Bird Invite ... placed 18th at the UE Invitational with a time of 27:08.52 in the 8K ... ran the 10K in 34:26.60 at the NCAA Midwest Regional.

High School: ESPN All-Area Metro St. Louis selection ... member of the 2006 Cross Country Championship team ... ran a season's best time of 16:13.40 in the 5K at Class 4 Sectional 2, placing third ... placed second in the 5K at Class 4 District 4 ... placed second in the 5K at GAC South Conference Championship.

Personal: Born April 3, 1990 ... son of Ken and Pam Mullen ... majoring in Exercise Science ... coached by former Redhawks distance runner Tom Kinder.

Senior Tyler Mullen





Men's Profiles



CRAIG ROBINSON

SENIOR

THROWS

HAYTI, Mo.

HAYTI HS



2012 Outdoor: Competed in nine meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... qualified for the NCAA West Region preliminary meet in the shot put, where he placed 37th with a throw of 54-10 1/4 ... scored in three events at the OVC Outdoor Championships (5/4-5), winning an OVC title in the shot put (57-2 3/4), taking third in the hammer throw (career-best 180-1) and placing sixth in the discus (career-best 151-9) ... won the shot put with a career-best 57-11 at the Hilltopper Relays... earned OVC Co-Field Athlete of the Week honors after finishing runner-up in the shot put (57-1) at the Ole Miss Invitational.

2012 Indoor: Competed in nine meets...named Adidas OVC Field Athlete of the Week on January 24...Set a personal best mark of 64-9 1/4 mark at the Redhawks Invitational earning a first-place finish...earned five first-place finishes overall in the weight throw with wins at Arkansas State Kickoff Klassic, Illini Classic and Hoosier Hills, NCC Last Chance...finished second in the weight throw at the OVC Indoor Championships (61-4)...threw an indoor season-best 55-11 in the shot put at the Redhawks Invite earning a second place finish.

2011 Outdoor: Appeared in eight meets...qualified for NCAA West Preliminaries...placed third in the shot put at the OVC Championships with a throw of 53' 9.25 as Robinson was part of a Redhawks trio to sweep the shot put crowns...threw a career-best 55' 5.75" at the Louisville Twilight Invite...threw a career best 174' 0" at the Joey Haines Invite in the hammer throw placing fifth...threw a career-best 146' 9" in the discus throw at the Rhodes open...also threw javelin at the OVC Championships, placing ninth with a career best throw of 130' 5"...placed second at the Joey Haines invite in the shot put with a toss of 53' 9".

2011 Indoor: Appeared in eight meets...won the OVC Championship title in the shot put with a throw of 50' 11"...also placed third in the weight throw at the OVC Championships with a season-high toss of 57' 10.25"...threw a season-high 53' 11" in the shot put at the Redhawks Invitational finishing in second place.

2010 Outdoor: All-OVC selection in the shot put and hammer throw...placed second in the shot put with a career best toss of 51'-0.25" at the OVC Championships...placed third in the hammer throw with a career-best 154'-10.00" at the OVCs...set a career best in the discus with a throw of 125'-6.00" at the OVCs...placed second in the shot put with a throw of 50'-2.00" at the Rhodes College Open Meet...Southeast Scholar Athlete.

2010 Indoor: All-OVC selection in the shot put...finished third in the shot put with a career-best toss of 52'-4.00" at the OVC Championships...placed fourth in the weight throw with a toss of 52'-8.25" at the OVC Championships...placed fourth in the shot and weight throw at the EIU Mega Meet...placed sixth in the shot put at the Indiana Relays.

Prep: 2008 State champion in the shot put with a throw of 55'-3.00"...two-time All- State selection in the shot put and discus...won sectional championship in the shot and placed second in the discus in 2008...District champion in shot and discus...also played football...All-State, All-District and All-Conference selection in football...National Honor Society member.

Personal: Born October 23, 1989...son of Linda Kyles...majoring in middle school education.

Senior Craig Robinson





Men's Profiles



NATE SHIPLEY

SENIOR

DISTANCE

ST. CHARLES, Mo.

FRANCIS HOWELL NORTH HS



2012 Cross Country: Competed in all but the first meet of the 2012 season... best finish for an 8k was at the OVC Championship, where he finished ninth with a time of 24:54.86... top-place finisher for the Redhawks three times during the season... Placed in the top-ten in the first two meets of the season.

2012 Outdoor: Competed in three meets ... named a Southeast Scholar-Athlete ... took eighth in the 5000m (15:52.93) at the OVC Outdoor Championships.

2012 Indoor: Competed in four meets, finished ninth in the 5000m (15:55.47) at the OVC Indoor Championships...ran a season best 4:33.78 in the mile run at the SIU Saluki Open.

2011 Cross Country: Competed in all meets during the 2011 season...named to the All-OVC first-team... ran a season best at the Greater Louisville Classic with a time of 25:01, where he placed fourth...placed third at the OVC Championships with a time of 25:32 and placed 73rd at the NCAA Midwest Regional with a time of 33:18...placed in the top 10 in five of seven meets during the season.

2011 Outdoor: Appeared in seven meets...hit a career-best in the 3,000 meter steeple chase with a time of 9:56.78 at the Tom Botts Invitational...also hit career best time of 15:02.78 in 5,000 meter run at the OVC Championships, placing fifth...earned a career-best time of 4:03.75, earning a third-place finish at the Jace Lacoste Invite.

2011 Indoor: Appeared in five meets...ran a career-best time of 4:21.36 in the mile run Hoosier Hills...placed sixth in the 3,000 meter run at the OVC Championships with a time of 8:47.81...finished seventh in the 5,000 meter run at the OVC Championships with a time of 15:24.02.

2010 Cross Country: Second team All-OVC selection... placed ninth in the 8K with a time of 25:58.93 at the OVC Championships...finished 13th in the 6K with a time of 19:48.20 at the Washington University Early Bird...ran a season-best 25:23.00 in the 8k at the Bradley Classic...

competed in the NCAA Midwest Regional, finishing the 10K in 32:01.07.

2010 Outdoor: Did not compete.

2010 Indoor: All-OVC selection in the 3,000 meters... placed second in the 3,000 meters with a time of 8:42.50 at the OVC Championships...won the 3,000 meter title at the EIU Mega Meet with a time of 8:47.89...placed third in the 3,000 meters at the SASF...recorded a season-best 8:39.05 in the 3,000 meters at the Indiana Relays...ran a season's best 15:41.78 in the 5,000 meters at the OVC Championships...had a season-best time of 4:23.91 in the mile at the Hoosier Hills Invitational.

2009 Cross Country: Redshirted due to injury.

2009 Outdoor: Placed tenth in the 10,000 meter run at the OVC Championships with a time of 33:35.85...finished fifth at the SIU Spring Classic with a time of 15:32.64...Southeast Scholar Athlete.

2009 Indoor: Named Co-Indoor Male Freshman of the Year...claimed the OVC title in the 5000 meters with a time of 15:06.90 at the OVC Indoor Championships...finished sixth in the 3000 meters with a time of 8:46.90 at the OVC Indoor Championships...finished fifth in the 3000 meters at the Hoosier Hills Invitational with a season's best time of 8:37.30...finished second with a time of 8:44.23 in the 3000 meters at the SASF Invitational...finished second in the mile at the Redbird Invitational with a season's best time of 4:22.27...finished seventh in the 3000 meters with a time of 8:45.66 at the Hoosier Relays.

2008 Cross Country: Named OVC Male Cross Country Freshman of the Year...All-OVC 2nd Team after finishing 12th in the 8K at the OVC Cross Country Championships...ran a season's best time of 25:15.98 in the 8K at Greater Louisville Cross Country Classic, finishing 58th out of 294 runners...finished third at the Redhawk Classic...finished fourth with a time of 18:50 in the 6K at the Stegemoller Classic, the time was the OVC's second fastest...finished 70th in the 10K at the NCAA Midwest Regional with a time of 33:01.40...Southeast Scholar Athlete.

Prep: All-State selection in cross country...placed 17th at the state cross country meet as a senior...was a two-time All-State selection as a member of the 4X800 meter relay team...also was a member of the basketball team...honor roll student.

Personal: Born April 26, 1990...son of Michael and Kathy Shipley...majoring in exercise science.

Senior Nate Shipley





Men's Profiles



JARED SIEMERS
SENIOR
THROWS
CAPE GIRARDEAU, Mo.
CAPE CENTRAL HS



2012 Outdoor: Competed in seven meets in the hammer throw ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... earned second-team All-OVC honors by finishing runner-up in the hammer throw with a career-best 182-4 at the OVC Outdoor Championships... posted a fourth-place finish in the hammer throw (176-8) at the Joey Haines Invitational.

2012 Indoor: Competed in six meets...threw a indoor season-best 52-10 1/4 in the weight throw at the Redhawks Invite...finished in a season-best sixth place in the weight throw at the OVC Indoor Championships with a toss of 51- 11 1/4.

2011 Outdoor: Appeared in seven meets... earned a fifth place finish in the hammer throw at the OVC Championships with a toss of 161' 9"...earned a third place finish in the hammer throw at the Joey Haines invite with a career best throw of 175' 9"...earned a season-high second place finish in the hammer throw with a toss of 167' 7" at the Jace Lacoste Invite...Southeast Scholar Athlete...OVC Medal of Honor winner...OVC Commissioner's Honor Roll.

2011 Indoor: Appeared in nine meets during indoor season...threw 49' 7" in the weight throw at the OVC Championships earning a seventh place finish...earned an eighth place finish in the weight throw at the Redhawks Invitational with a throw of 51' 1.5" a career best.

2010 Outdoor: Placed fourth in the hammer throw (154'-1.00") and seventh in the discus (132'-11.00") at the OVC Championships...set career bests in the hammer and discus at the OVC Championships...placed ninth in the hammer throw at the Memphis Invitational...finished tenth in the hammer throw at the Rhodes College Open Meet...OVC Commissioner's Honor Roll...Southeast Scholar Athlete.

2010 Indoor: Competed in six meets...recorded two top-

seven finishes at the OVC Championships...placed ninth in the weight throw at the EIU Mega Meet...had a throw of 47'-5.75" in the weight at the Redhawk Invitational.

Prep: State qualifier in the discus...four-time All-Conference selection...All-District selection...placed fifth at the Class 4 District Meet in the discus as a senior...placed third in the discus as a junior at Sectional Meet...set a personal best in the discus as a junior in the discus with a throw of 148'-0.00" at District meet...also threw the shot put... member of the football team.

Personal: Born March 7, 1991...son of Jerry and Patti Siemers...major is undecided.

Senior Jared Siemers





Men's Profiles



ALEX ZISSER
SENIOR
DISTANCE
St. Louis, Mo.
LUTHERN SOUTH HS



2012 Cross Country: Competed in five meets during the 2012 season... best finish for an 8k was at the OVC Championship, where he finished 12th with a time of 25:06.95.

2012 Outdoor: Named first-team Capital One Academic All-District ... received the OVC Medal of Honor ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... ran in seven meets ... took third in the 1500m (4:06.02) at the OVC Outdoor Championships... posted a career-best 8:31.69 in the 3000m at the Vanderbilt Black and Gold Invitational, where he finished runner-up ... also recorded a career-best 15:01.21 in the 5000m at Vanderbilt.

2012 Indoor: Competed in four meets... scored at the OVC Indoor Championships as a member of the third-place distance medley (10:30.27) relay team...placed fifth in the mile run at the OVC Indoor Championships with a career-best time of 4:16.91...finished third in the 3000m run at the Indiana Relays with a time of 8:34.91.

2011 Cross Country: Competed in six meets during the 2011 season including the OVC Championships and NCAA Midwest Regional... recorded a season best time of 25:23 at the Greater Louisville Classic where he placed 15th... finished in 17th place at the OVC Championships and 145th at the NCAA Midwest Regional...ran career-best 27:14 at Louisville.

2011 Outdoor: Appeared in nine meets...earned a collegiate best time of 1:56.89 in the 800 meter run at the Tom Botts Invitational...also at the Tom Botts Invitational earned a career best time of 3:59.87 in the 1,500 meter run...earned a time of 8:46.88 in the 3,000 meter run at the Vanderbilt Black and Gold Invite...Southeast Scholar Athlete...OVC Medal of Honor winner...OVC Commissioner's Honor Roll.

2011 Indoor: Appeared in two meets...finished seventh in the 3,000 meter run with a time of 8:59.48 at the Illini

Classic...was a member of the 4x800 meter relay team that finished sixth at the Indiana University Relays with a time of 8:12.04.

2010 Cross Country: Competed in six meets...recorded a career-best in the 8K with a time of 25:34.00 at the Bradley Classic...ran the 8K at the OVC Championships in 27:28.85...placed 11th in the 6K with a time of 19:45.00 at the Washington University Early Bird...OVC Medal of Honor winner.

2010 Outdoor: Competed in four meets...placed fifth in the 1,500 meters at the Joey Haines Invitational with a time of 4:05.29...set a career-best in the 1,500 meters with a time of 4:00.68 at the Ole Miss Invitational...placed eighth in the 1,500 meters at the OVC Championships with a time of 4:00.82...OVC Medal of Honor recipient...OVC Commissioner's Honor Roll...Southeast Scholar Athlete.

2010 Indoor: Competed in five meets...placed second in the mile at the Redhawk Invitational with a time of 4:27.72...placed eighth at the OVC Championships in the mile with a career-best time of 4:25.02...finished sixth in the mile at the EU Mega Meet...set a career-best in the 800 meters with a time of 2:05.76 at the SASF Invitational.

2009 Cross Country: Competed in four meets...ran a season's best 27:42.43 in the 8k at the Greater Louisville Classic...at the EIU Panther Open finished the 8K with a time of 27:53.58...finished the 6K in 21:44.30 at the Saluki Early Bird Invite.

Prep: Placed 27th at the 2008 MSHSAA State Cross Country Championships...ran a personal best and team best 17:00.00 in the 5K at ABC League Championship, placing-second...

Personal: Born October 15, 1990...son of Mark and Debbie Zisser...majoring in Social Studies Education.

Senior Alex Zisser





Men's Profiles



BLAKE CARTER

JUNIOR

JUMPS/SPRINTS

O'FALLON, Mo.

FT. ZUMWALT NORTH HS



2012 Outdoor: Competed in seven meets ... qualified NCAA West Region preliminary meet in the long jump, where he took 18th with a wind-aided leap of 24-7 3/4 ... placed third in both the long jump (career-best 24-2 1/4) and triple jump (48-1 1/4) at the OVC Outdoor Championships... also ran a leg in the third-place 4x100m relay team (42.09) at the OVC meet ... took second in the long jump (23-4 1/2) at the Joey Haines Invitational.

2012 Indoor: Competed in five meets...named OVC Field Athlete of the Week on January 31...earned a third place finish in the triple jump at the OVC Indoor Championships with a jump of 46-11 3/4...earned a first place finish in the long jump at the Indiana Relays at 23-5 1/2...took first in the 200m dash at the Indiana Relays with a career-best time of 22.40...tied an indoor career-best with a long jump of 24-1 1/2 earning a second place finish at the SIU Saluki Open.

2011 Outdoor: Did not appear in any meets during the outdoor season...Southeast Scholar Athlete.

2011 Indoor: Appeared in four meets...earned a first place finish with a season best time of 22.40 at the Indiana Relays...earned a first place finish in the long jump at the Arkansas State Kickoff classic with a jump of 23' 6.25"...ran a career-best 7.06 in the 60 meter dash at the SIU Saluki Open...earned a first place finish in the long jump at SIU Saluki Open with a jump of 24' 1.5", which was a season-high.

Junior Blake Carter





Men's Profiles



BRENT COLLINS

JUNIOR

DISTANCE

BALDWIN, Kan.

HERMITAGE HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... Best finish for an 8k was at the OVC Championship, where he finished 16th with a time of 25:20.16. Placed in the top ten in the first two meets of the season, including being the top-finisher at the Washington University Early Bird (9/1) when he placed fourth.

2012 Outdoor: Named first-team Capital One Academic All-District ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... earned a spot on the USTFCCCA All-Academic Team ... took third in the steeplechase (9:33.16) at the OVC Outdoor Championships ... won the steeplechase on two occasions, at the Joey Haines Invitational (9:26.87) and the Vanderbilt Invitational (career-best 9:12.05).

2012 Indoor: Competed in five meets...recorded a career-best 15:27.97 in the 5000m run at the Indiana Relays...earned a third place finish in the 3,000m run at the Redhawks Invite with a time of 9:04.75...finished seventh in the 3,000m run at the OVC Indoor Championships with a time of 15:33.10.

2011 Cross Country: Competed in every meet during the 2011 Season ... best outing of the season was at the OVC Championships (10/29) with 26:09 and finished in 10th place ... named to the All-OVC second team ... placed 105th at the NCAA Midwest Regional.

2011 Outdoor: Competed in six meets ... earned a 25th place finish at the Vanderbilt Black and Gold Invite in the 3,000 meter run with season best time of 9:13.55 ... placed fourth in the 5,000 meter run at the Jace Lacoste invite with a time of 15:39.40, which was a season high in the event ... placed sixth in the 3,000 meter steeplechase at the OVC Championship with a season best time of 9:48.10 ... OVC Medal of Honor winner ... OVC Commissioner's Honor Roll.

2011 Indoor: Did not appear in any meets during the indoor season 2010 Cross Country: Competed in six meets ...finished 23rd at the Ohio Valley Conference Championships with a time of 26:53 ...ran a season-best 20:54 at the Washington Early Bird.

2010 Cross Country: Competed in six meets ... finished 23rd at the Ohio Valley Conference Championships with a time of 26:53 ... ran a season-best 20:54 at the Washington Early Bird.

Junior Brent Collins





Men's Profiles



ANTHONY CRAWFORD
JUNIOR
HURDLES
St. Louis, Mo.
HAZELWOOD CENTRAL HS



2012 Outdoor: Did not compete.

2012 Indoor: Appeared in three meets...recorded a career-best time of 7.61 in the 60m dash at the Illini Classic...recorded a career-best time of 53.46 in the 400m dash at the SIU Saluki Fast Start...recorded a season-best 9.05 in the 60m hurdles also at the SIU Saluki Fast Start.

2011 Outdoor: Appeared in six meets...earned a career-high 16.04 in the 110 meter hurdles at the Mississippi Open...earned a career-high run of 59.69 in the 400 meter hurdles at the Vanderbilt Black and Gold Invite...finished sixth in the 110 meter hurdles at the OVC Championships with a time of 16.30.

2011 Indoor: Competed in two meets...finished sixth in the 60 meter hurdles at the OVC Championships with a time of 9.02...had a season best finish of 8.92 in the 60 meter hurdles SIU Saluki Fast Start Meet.

Junior Anthony Crawford





Men's Profiles



TYSON STOVERNIK
JUNIOR
DISTANCE
JACKSON, Mo.
JACKSON HS



2012 Outdoor: Competed in three meets ... ran a career-best 1:58.87 in the 800m at the Ole Miss Invitational (3/31).

2012 Indoor: Competed in four meets, ran an indoor-best 2:01.18 in the 800m at the SIU Saluki Open (1/13-14).

2011 Cross Country: Competed in two events during the season... placed 36th at the SIUE Cross Country Challenge with a time of 28:24.

2011 Outdoor: Participated in five meets...earned a career-best time of 2:01.18 in the 800 meter run at the OVC Championships placing him 13th in the field... earned a career-best time of 4:09.88 in the 1,500 meter run at the Vanderbilt Black and Gold Invite for a 12th place finish...finished a season-high sixth place in the 1,500 meter run at the Jace Lacoste Invite with a time of 4:11.94 ... Southeast Scholar Athlete ... OVC Commissioner's Honor Roll.

2011 Indoor: Participated in five meets...earned a first place finish in the 1,000 meter run at the Redhawks Invitational with a time of 2:41.56...earned a 12th place finish in the Mile run at the SIU Saluki Fast Start with a season-best time of 4:39.44...was also a member of the 4x400 meter relay team that finished seventh at the SIU Saluki Fast Start Meet.

2010 Cross Country: Only competed in 2 races during the 2010 season. Placed 47th with a time of 30:43.9 in the Saluki Invitational.



RYAN ANDERSON
SOPHOMORE
DISTANCE
SPRINGFIELD, ILL.
CHATMAN GLENWOOD HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... best finish for an 8k was at the OVC Championship, where he finished 35th with a time of 26:13.23.

2012 Outdoor: Competed in two meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... finished third in the 3000m steeplechase (10:02.52) at the Joey Haines Invitational.

2012 Indoor: Competed in four meets...recorded a career-best 9:10.05 in the 3,000m run at the SIU Invitational... finished ninth in the mile run at the Illini Classic with a time of 4:37.18.

2011 Cross Country: Competed in all regular season meets during the 2011 Season... best finish for an 8K was at the SIUE Cross Country Challenge (9/16), where he finished 17th with a time of 27:20.

Prep: Lettered four times in cross country and track while in high school ... received second-team all-state cross country honors in 2007 and second-team all-state track honors in 2011.

Personal: Born March 2, 1993 ... parents are Steve and Sherry Anderson ... brother, Neal, attends Southern Illinois and also runs cross country and track ... pursuing a degree in Criminal Justice.

Sophomore Ryan Anderson





Men's Profiles



ALEXANDER ANDERSON
SOPHOMORE
SPRINTS
KANSAS, Mo.
RAYTOWN SOUTH HS

2012 Outdoor: Competed in four meets, running mostly in sprint relays ... ran a leg in the third-place 4x100m relay team (42.09) at the OVC Outdoor Championships... also ran a leg in the fourth-place 4x400m relay team (3:20.76) at the OVC meet.

2012 Indoor: Competed in seven meets...recorded a career-best 6.58 in the 55m dash at the OVC Indoor Championships...recorded a career-best time of 7.11 in the 60m dash at the SIU Saluki Fast Start, his first ever collegiate meet...was part of 4x400m relay team that finished third at the OVC Indoor Championships.

Prep: Graduate of Raytown South High School... lettered all four years... earned the leadership award two years... won the 4x100 state championship twice... also participated in cheerleading.

Personal: Son of Charles and Robin Anderson... born July 25, 1993...majoring in cyber security.



KEVIN FARLEY
SOPHOMORE
THROWS
SPRINGFIELD, ILL.
LANPHER HS

2012 Outdoor: Competed in 10 meets ... named OVC Male Freshman of the Year ... named a Southeast Scholar-Athlete ... posted 16 top-five finishes ... placed on the OVC Commissioner's Honor Roll ... earned a spot on the USTFCCCA All-Academic Team ... qualified for the NCAA West Region prelims in the shot put, where he placed 29th with a throw of 56-3 ... competed at the USA Junior Track and Field Championships, where he finished 14th in the shot put (57-0) ... scored in all three of his throwing events, earning second-team All-OVC honors in the discus with a runner-up throw of 164-10 (career best) at the OVC Outdoor Championships (5/4-5) ... also placed third in the shot put (56-2) and fourth in the hammer throw (179-0) at the conference meet ... finished runner-up in the shot put with a career-best throw of 58-2 at the Lenny Lyles-Clark Wood Invitational, a throw that earned him OVC Co-Field Athlete of the Week honors ... achieved a season-best hammer throw of 180-3 at the Georgia Tech Invitational.

2012 Indoor: Competed in eight meets...finished second at the OVC Indoor Championships in the shot put at 55-2 $\frac{3}{4}$ earning second-team All-OVC honors...threw an indoor-career best of 55- 4 $\frac{1}{4}$ at the Indiana Relays finishing in second...threw a indoor career-best of 55-5 $\frac{3}{4}$ in the weight throw at the Arkansas State Kickoff Klassic.

Prep: Graduate of Lonphier High School...was a two-time state champion in the shot put and holds the Illinois State record in the shot put...threw a career-high 62' 11.5" in the shot put and 175' 0.8" in the discuss throw...was a three year letter winner in track and field under head coach Mike Garcia...also participated in wrestling.

Personal: Born July 18, 1993...son of Robert Farley and Tina Toigo...majoring in pre-med at Southeast.

Sophomore Kevin Farley





Men's Profiles



TYLER HOLMES
SOPHOMORE
DISTANCE
ARNOLD, Mo.
FOX HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... best finish for an 8k was at the SIUE Cross Country Challenge, where he finished 24th in 26:52.75.

2012 Outdoor: Competed in four meets ... finished third in the 5000m (16:01.86) at the Joey Haines Invitational.

2012 Indoor: Competed in five meets...recorded a season-best second place finish in the 1,000m run at the Redhawks Invite with a career-best time of 2:33.72... recorded a career-best time of 1:56.66 in the 800m run at the OVC Indoor Championships...recorded a career-best time of 4:29.62 in the mile run at the Illini Classic to finish in sixth place.

2011 Cross Country: Competed in five meets during the season including the OVC Championships where he placed 33rd ... had a season best at the Greater Louisville Classic where he placed 164th with a time of 26:58.

Prep: Graduate of Fox High School in Arnold, Mo ... participated in track and field as well as cross country.



ZACHARY HORELL
SOPHOMORE
THROWS
CAPE GIRARDEAU, Mo.
CAPE CENTRAL HS



2012 Outdoor: Competed in four meets ... named a Southeast Scholar-Athlete ... took 10th in the discus with a season-best 137-8 at the Lenny Lyles-Clark Wood Invitational (4/20).

2012 Indoor: Did not compete in any meets.

Prep: Graduate of Cape Central High School... lettered all four years... threw a personal best in discus with 158' and in shot put with 48'.

Personal: Son of Scott and Karen Horrell... born October 10, 1992...majoring in construction management.

Sophomore Tyler Holmes





Men's Profiles



JACOB KENT
SOPHOMORE
JUMPS
STE GENEVIEVE, Mo.
STE GENEVIEVE HS



2012 Outdoor: Competed in four meets ... earned second-team All-OVC honors with a runner-up finish in the high jump (6-8) at the OVC Outdoor Championships (5/4-5) ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... also scored with a sixth-place finish in the triple jump (career-best 46-4 1/4) at the conference meet ... finished runner-up in both the high jump (career-best 6-10 1/4) and long jump (season-best 23-3 1/4) at the Vanderbilt Black and Gold Invitational (3/23-24).

2012 Indoor: Competed in seven meets...OVC Co-Freshman Athlete of the Year...earned nine top five finishes on the season...OVC Indoor Champion in the high jump with a personal best mark of 6-10 1/4, a mark that ranks ninth all-time at Southeast...recorded a career best 23-4 mark in the long jump at the Redhawks Invite earning a fourth place finish...recorded a pair of second places finishes in the high jump with a jump of 6-8 at the Redhawks Invitational and Indiana Relays.

Prep: Graduate of Ste. Genevieve High School... had a career-best in high jump (6'8), long jump (22'8), and triple jump (46'2)... finish first in long jump, second in high jump, and fifth in triple jump at the state games... also participated in basketball... also excelled in the classroom by finishing in the top 15% of his class.

Personal: Son of David Kent and Melinda Dallas... born September 1, 1992... major is undecided.



REGGIE MILLER
SOPHOMORE
JUMPS
KANSAS CITY, Mo.
RUSKIN HS



2012 Outdoor: Competed in seven meets ... qualified for the NCAA West Region preliminary meet in the high jump ... crowned OVC Champion in the high jump after clearing a career-best 6-11 1/2 at the OVC Outdoor Championships... finished runner-up in the triple jump, clearing a wind-aided distance of 48-8, at the conference meet ... also scored with a fifth-place finish in the long jump (career-best 23-8 3/4) at the conference meet ... posted nine top-five finishes.

2012 Indoor: Competed in six meets...recorded a Redhawk indoor-season high in the triple jump with a distance of 48-3 3/4 at the SIU Saluki Open earning a second place finish... placed second in the triple jump at the OVC Indoor Championships with a jump of 47- 1 1/2. jumped 6-7 earning a first place finish at the SIU Saluki Fast Start.

Prep: Graduate of Ruskin High School... two- time letterman...career-high in high jump (6'9), triple jump (47'9), and long jump (22'6)... also participated in soccer.

Personal: Son of Reginald Sr. and Shawn Miller...born July 25, 1992...majoring in engineering and business.

Sophomore Jacob Kent





Men's Profiles



CRAIG MUNIE
SOPHOMORE
DISTANCE
O'FALLON, Mo.
O'FALLON HS



2012 Cross Country: Competed in all but the first meet of the 2012 season... best finish for an 8k was at the OVC Championship, where he finished 22nd with a time of 25:30.87... placed in the top-ten in the first two meets of the season.

2012 Outdoor: Competed in six meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... placed 10th in the 10,000m (34:15.75) at the OVC Outdoor Championships .

2012 Indoor: Competed in six meets ... placed 10th in the 10,000m with a time 34:15.75 at the OVC Outdoor Championships...finished second in the 3000m run at the Redhawks Invite with a time of 9:03.62.

2011 Cross Country: Competed in all meets during the 2011 season... had a season best time of 26:18 at the Greater Louisville Classic where he placed 82nd... placed 16th at the OVC Championships and 139th at the NCAA Midwest Regional.

High School: Lettered two years ... as a senior he was a part of the All- Sectionals, All-Conference and Second Team All-Metro ... ran three miles with a career-best time of 14:55.

Personal: Son of Joseph and Linda Munie ... born Jan. 5, 1993 ... plans to study agriculture business or business management.



BLAKE SMITH
SOPHOMORE
JUMPS
JACKSON, Mo.
JACKSON HS



2012 Outdoor: Competed in six meets ... took fourth in the long jump with a wind-aided leap of 24-1 at the OVC Outdoor Championships... also ran a leg in the 4x100m relay (42.09), which placed third at the conference meet ... won the long jump (career-best 23-6) at the Joey Haines Invitational.

2012 Indoor: Competed in six meets...finished third in the long jump with a distance of 23- 8 3/4 at the OVC Indoor Championships a career-best jump...recorded a career-best time of 6.56 in the 55m dash at the Redhawks Invite finishing second...recorded seven top-10 finishes...finished second in the long jump at the Redhawks invitational with a jump of 23-7 1/2.

Prep: Graduate of Jackson High School... lettered all four years...finished first at Kansas Relays and at Missouri Relays... had a career best in long jump with 23'1... won state in long jump.

Personal: Son of Tim and Shari Smith... born May 28, 1993... major is undecided.

Sophomore Craig Munie





Men's Profiles



COLTON STROTHEIDE

SOPHOMORE

DISTANCE

BREESE, ILL

MATER DEI HS



2012 Cross Country: Competed in four regular season meets during the 2012 season... best finish for an 8k was at the SIUE Cross Country Challenge, where he finished 20th with a time of 26:40.94.

2012 Outdoor: Competed in six meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... took 10th in the 1500m (4:11.43) at the OVC Outdoor Championships... posted a season-high 4:01.33 in the 1500m at the Joey Haines Invitational.

2012 Indoor: Competed in four meets ... took eighth in the 3000m (8:53.85) at the OVC Indoor Championships ... ran a career-best 4:25.53 in the mile run at the Hoosier Hills Invitational.

2011 Cross Country: Competed in six meets during the 2011 season ... recorded a season best time of 26:14 at the Greater Louisville Classic where he placed 72nd ... placed 23rd at the OVC Championships and 102nd at the NCAA Midwest Regional Career Bests: 800m (1:58.19); 1500m (4:01.33); Mile Run (4:25.53); 3000m (8:47.78); 5000m (15:30.23).

Prep: Graduate of Mater Dei High School ... lettered all four years... ran 15:09 at state in cross country ... earned MVP honors for cross country twice and once for track ... earned runner of the year his junior year... also excels in the class room as a member of the national honors society.

Personal: Son of Kenny and Cathy Strotheide ... born July 4, 1993 ... majoring in mathematics.



CURT WOOD

SOPHOMORE

MID-DISTANCE

FENTON, Mo.

ROCKWOOD SUMMIT HS



2012 Cross Country: Did not compete during the 2012 season.

2012 Outdoor: Competed in seven meets ... placed seventh in the 800m (1:56.93) at the OVC Outdoor Championships (5/4-5) ... ran a season-best 1:53.91 in the 800m at the Joey Haines Invitational (4/6-7) ... crossed the line in a season-best 4:07.95 in the 1500m at the Vanderbilt Black and Gold Invitational (3/23-24).

2012 Indoor: Ran in five meets ... scored at the OVC Indoor Championships (2/24-25) as a member of both the third-place 4x400m (3:26.07) and third-place distance medley (10:30.27) relay teams ... took fourth in the 800m (1:59.08) at the SIU Saluki Open (1/13-14).

2011 Cross Country: Did not compete.

Prep: Graduate of Rockwood Summit High School ... was a state qualifier during his junior and sophomore seasons ... earned a third-place finish in the 800 meter run garnering All-State honors ... was also a two-time district champion in the 800 meter run ... ran a career-best 1:53.9 in 800 meter run as a senior ... was part of a 4x800 relay team that finished first in the State Meet senior campaign ... also participated in cross country earning the senior of the year award.

Personal: Son of Cliff and Kimberly Wood ... born February 28, 1993 ... majoring in broadcasting.

Sophomore Colton Stroheide





Men's Profiles



SEAN BROWN
FRESHMAN
DISTANCE
FESTUS, Mo.
FESTUS HS



Prep: Lettered four times each in cross country and track and field ... cross country team won the state title in 2009 and finished runner-up in 2010 and 2011 ... earned all-state honors as a member of the 4x800m relay team as a junior and senior ... honor roll student all four years who graduated with a 3.74 GPA.

Personal: Born March 21, 1993 ... parents are Shawn and Lisa Eggemeyer ... twin brother, Shane, also runs cross country and track at Southeast.



SHANE BROWN
FRESHMAN
DISTANCE
FESTUS, Mo.
FESTUS HS



Prep: Lettered four times each in cross country and track and field ... cross country team won the state title in 2009 and finished runner-up in 2010 and 2011 ... qualified for the state track meet in the 3200m as a junior and the 1600m and 3200m as a senior ... finished 11th in the state cross country meet as a junior ... earned all-state honors as a member of the 4x800m relay team as a junior and senior ... honor roll student all four years who graduated with a near-perfect 3.98.

Personal: Born March 21, 1993 ... parents are Shawn and Lisa Eggemeyer ... twin brother, Sean,



TREY GARDNER
SOPHOMORE
SPRINTS
CAPE GIRARDEAU, Mo.
CAPE CENTRAL HS



Prep: Attended Cape Central ... Lettered three years and started two years in track ... made the all district team junior year and all district and all conference team senior year ... also played football.

Community College: Attended St Charles community college and lettered and started one year in track.

Personal: Born May 17, 1993 ... Son of Dana and Sharon Gardner ... pursuing a degree in



ISIAH LASTER
FRESHMAN
SPRINTS
ST. LOUIS, Mo.
PRINCIPIA HS



Prep: Attended The Principia Upper School ... was fourth place at state championships in 2011 in the 100m and 4x100m relays ... won first place at the 2012 state championship in the 4x200m relays and was fifth place in the 100m ... also played football and basketball.

Personal: Born July 21, 1993 ... Son of Dwayne Laster and Ramona Smedley ... pursuing a degree in History.



Men's Profiles



CHRISTIAN LOCKE

FRESHMAN
POLE VAULT
New London, Mo.
HANNIBAL HS



Prep: Graduate of Hannibal High School... earned state title in his senior season in the pole vault...three time state qualifier in the event...two-time district champion and sectional champion...helped his team to a third-place finish in the state meet...also excels in the classroom as member of National Honor Society.

Personal: Born on March 23, 1994...Son of Terry and Becky Locke...majoring in business...brother Jordan competes in cross country and track at William Woods University.



KAMERON LONG

FRESHMAN
DISTANCE
Memphis, Tenn.
SOUTHWIND HS



Prep: Lettered four years in track and field ... competed in the AAU Junior Olympics three times, medaling seven times, including winning a silver medal as a freshman ... placed fifth in the 800m at the state championship as a junior ... graduated with a 3.45 GPA.

Personal: Born Feb. 28, 1994 ... parents are Yerrit and Anna Long, who each coached him in AAU and high school.



FABIAN SANTIAGO

FRESHMAN
SPRINTS
Mays Landing, N.J.
OAKCREST HS



Prep: Attended Oakcrest High school ... Lettered and started all four years of high school ... was the 2011 and 2012 indoor state champion in 55m dash ... was the 2010, 2011, and 2012 state champion in the 100m ... was the 2012 state champion in the 200m ... Senior year was named Track athlete of the year in the state of New Jersey ... also played football and wrestling.

Personal: Born March 5, 1994 ... Son Junior and Naomi Santiago ... major is undecided.



ADAM SHIVERS

FRESHMAN
DISTANCE
High Ridge, Mo.
NORTHWEST HS



Prep: Lettered four years in track and field, cross country and basketball ... ran a leg in the 4x200m relay that broke the school record ... finished sixth in the state meet in the 800m as a senior.

Personal: Born Feb. 7, 1994 ... parents are H. Lee Shivers and Rebecca Becker.



Men's Profiles



JEFF SPANGLER

FRESHMAN
POLE VAULT
LEAVENWORTH, Kan.
LEAVENWORTH HS



Before Southeast: Redshirted at Missouri Southern.

Prep: Graduate of Leavenworth High School... Member of Extreme Athletic Club... career-high mark of 15-3 in pole vault... career-best mark of 41-8 in triple jump.

Personal: Born on November 13, 1992... Son of Dave Spangler and Terri Evans... Pre-med major.



CHARLES JOHNSON

JUNIOR
DISTANCE
St. Louis, Mo.
HAZELWOOD EAST HS



Before Southeast: Attended Arkansas- Pine Bluff... All-conference Selection during indoor and outdoor season... second-team all-conference in track and field... part of SWAC Conference Championship in cross country.

Prep: Graduate of Hazelwood East... all-state selection in track and field, cross country and wrestling... was part of state championships in both track and football... was a two-time AAU National Champion in 3,000m run as a member of the U-City Xplosion track Club.

Personal: Born January 10, 1991 ... Son of Reginald McNeil, Wanda McNeil, and Angel Johnson ... sister, Jantelle, attends Western Kentucky and runs track ... pursuing a degree in Graphic Design.



JASON WALKER

FRESHMAN
THROWS
FESTUS, Mo.
FESTUS HS



Prep: Attended Festus High School... three-time all-state selection, three-time all-district selection and four time all-conference selection... was also apart of the Regional Dream Team... holds school records in shot put and discus as well as beoming a state champion... also participated in football as all-conference and all-district linebacker.

Personal: Born April 15, 1994 ... Son of Rich Walker and Joide Bruns... pursuing a degree in sport management.



WOMEN'S PROFILES

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- » Women's Newcomers Profiles





Women's Profiles



NIKKI BUCHHEIT
SENIOR
POLE VAULT
FENTON, Mo.
ROCKWOOD SUMMIT HS



2012 Outdoor: Competed in eight meets on pole vault ... named a Southeast Scholar-Athlete ... took fourth in the pole vault (11-5 3/4) at the OVC Outdoor Championships... cleared a career-best 11-9 3/4 to finish third in the pole vault at the Hilltopper Relays, a mark and finish that she matched at the ASU Red Wolf Open... named OVC Field Athlete of the Week after finishing fifth in the pole vault (11-3 3/4) at the Ole Miss Invitational.

2012 Indoor: Competed in eight meets...earned two top-five finishes on the season...earned a season-best mark of 11- 5 3/4 at the Arkansas Kickoff Klassic finishing in fourth place.

2011 Outdoor: Competed in six meets as a pole vaulter... had a career-best height of 11'-8.55" at the Mississippi Open...Southeast Scholar Athlete...OVC Commissioner's Honor Roll.

2011 Indoor: Competed in seven meets as a pole vaulter...placed third at OVC Indoor with a height of 11'-8.00"season best.

2010 Outdoor: Competed in six meets as a pole vaulter...recorded a career best at the SIUE Twilight Meet with a height of 10'-11.75", placing second... placed seventh with a height of 10'-6.00" at the Alabama Relays... finished eighth at the Memphis Invitational...OVC Commissioner's Honor Roll...Southeast Scholar Athlete.

2010 Indoor: Competed in five meets as a pole vaulter...finished with three top-five finishes...had a career-best height of 10'-8.00" while finishing fourth at the Saluki Fast Start...placed fourth at the EIU Mega Meet and at the Redhawk Invitational.

Prep: Finished third at state in the pole vault with a height of 10'-6.00" her senior season...placed third in the pole vault at state her junior season...recorded a personal best height of 11'-6.00" in winning the Class 4 Sectional Meet... finished second in the pole vault at Districts...won two pole vault titles her senior season...placed second in the pole vault her junior season at the Sectional and District Meets... set a new personal best in the 300 meter hurdles at District with a time of 47.26, finishing third...also ran the 100 meter hurdles...was a member of the school's dance team.

Personal: Born July 13, 1990...daughter of Brian and Lisa Buchheit...majoring in Mathematics Education...her sister, Krista is a student at Southeast.

Senior Nikki Buchheit





Women's Profiles



Unique Hooks

SENIOR

HURDLES

RAYTOWN, Mo.

RAYTOWN SOUTH HS



2012 Outdoor: Competed in seven meets ... earned second-team All-OVC honors as a member of the runner-up 4x100m (46.20) and 4x400m (3:44.68) relay teams at the OVC Outdoor Championships... ran a career-best 1:04.19 in the 400m hurdle prelims at the conference meet, scoring with a sixth-place time of 1:04.31 in the finals ... placed third in the 100m hurdles with a career-best 15.08 at the Joey Haines Invitational.

2012 Indoor: Competed in seven meets...earned a career-best time of 8.42 in the 55m hurdles at the OVC Indoor Championships...finished in second place at the Redhawks invitational with a time of 8.46 in the 55m hurdles...recorded a season-best 9.18 in the 60m hurdles at the Hoosier Hills.

2011 Outdoor: Competed in seven meets...placed fifth in the OVC championship in 400 meter hurdles with a time of 1:05.14... ran two personal best times at the Joey Haines Invite, ran a 12.74 in the 100 meter dash and a 26.53 in the 200 meter dash...placed sixth in the 100 meter hurdles at Vanderbilt Black & Gold Invite recording a personal best of 15.34.

2011 Indoor: Competed in seven meets...recorded a career best in the 60 meter hurdlers with a time of 9.16 placing sixth in OVC championship... at the SEMO Redhawks Invitational recorded two personal best in the 55 meter hurdlers with a time of 8.56 and ran a time of 7.54 in the 55 meter dash.

2010 Outdoor: Competed in five meets...recorded a career-best time of 15.74 in the 100 meter hurdles at the Alabama Relays...placed seventh in the 400 meter hurdles with a career-best time of 1:08.21...recorded a career-best time of 13.23 in the 100 meters at the Rhodes College Open Meet.

2010 Indoor: Ran in seven meets...set a personal best in the 55 meter hurdles with a time of 8.78...ran a personal best 27.61 in the 200 meters at the EIU Mega Meet.

Prep: State qualifier...2nd Team All-Conference...placed second in the 300 meter hurdles at District meet...placed second in both the 300 and 100 meter hurdles at KC Mid 6 Conference Meet...won two 300 meter hurdle titles and two 100 meter hurdle titles her senior season...four-year varsity letterwinner.

Personal: Born September 20, 1991...daughter of Shelia Hooks...major is undecided.

Senior Unique Hooks





Women's Profiles



JERIKA LEWIS

SENIOR

SPRINTS

RIGHTON PARK, ILL.

RICH SOUTH HS



2012 Outdoor: Competed in 10 meets ... qualified for the NCAA West Region preliminary meet in the 200m, where she finished 36th with a wind-aided time of 24.44 ... earned second-team All-OVC honors with a runner-up finish in the 400m (54.83) while also scoring in the 200m (fourth; 24.37) at the OVC Outdoor Championships... was a member of the second-place 4x100m (46.20) and 4x400m (3:44.68) relay teams at the conference meet ... won the 200m with a career-best 24.04 at the Joey Haines Invitational... won the 400m (55.27) at the Lenny Lyles-Clark Wood Invitational... named a Southeast Scholar-Athlete.

2012 Indoor: Competed in seven meets...named Adidas OVC Co-track Athlete of the Week on February 7...won two events at the SIU Invitational taking the crown in the 200m (25.23) and 400m (56.77) dashes...earned a second-place finish in the 400m dash at the OVC Indoor championships with a time of 56.29...earned a career-best mark of 1:40.12 in the 600m dash at the Illini Classic...earned 10 top-five finishes on the season.

2011 Outdoor: NCAA Regional qualifier in the 4x100 meter relay finished 17th with a time of 45.90... OVC Champion in the 4x100 meter relay ...placed second as member of the OVC Championship 4X400 meter relay team with a finishing time of 3:47.78... OVC Champion in the 400 meter run, clocked 53.04 setting a new school record...Set a new lifetime personal best in the 200-meter dash with a time of 24.32 in a third-place finish at the OVC Championship...set school record in 200 meters with time of 23.92 at Tom Botts Invite...Southeast Scholar Athlete.

2011 Indoor: Placed fourth as a member of the 4x400 meter relay team finishing with a time of 4:02.96 at the OVC Championship... Placed top eight in two OVC Championship open events in the open 400-meter dash earned fourth place with a time of 56.9, and in the open 200 meter dash clocked a time of 25.60, earning sixth place... set a new indoor personal record of 40.98 in the

300 meter dash to finish in second place at the Redhawks Invitational...Won the 200 meter dash at Indiana University Relays, clocked a time of 24.88.

2010 Outdoor: Named OVC Co-Freshman of the Year... All-OVC selection in the 400 meters and as a member of the 400 meter relay team...placed third in the 400 meters with a time of 55.97 at the OVC Championships...recorded five top-five finishes...won the 400 meter title at the Memphis Invitational...placed third in the 200 meters with a career-best 24.70 at the Memphis Invitational...finished fourth in the 200 meters at the OVC Championships...recorded a career-best time of 12.29 in the 100 meters at the Rhodes College Open Meet...set a career-best in the 400 meters with a time of 55.83 at the Georgia Tech Invitational...Southeast Scholar Athlete.

2010 Indoor: OVC champion in the 400 meters with a personal best time of 55.83...All-OVC selection in the 200 meters and as a member of the 4X400 meter relay team... placed third in the 200 meters with a time of 25.07...won the 600 meters with a time of 1:41.34 at the Redhawk Invitational...placed third in the 200 and 400 meters at the Saluki Fast Start...set a personal best in the 200 meters with a time of 24.80 at the Saluki Fast Start...finished second in the 400 meters at the EIU Mega Meet...placed fifth in the 400 meters at the Hoosier Hills Invitational.

Prep: Competed in three events at the state meet...placed third in both the 200 and 400 meters at the state meet with personal best times of 24.97 and 55.68...placed eighth in the 100 meters at the state meet with a personal best 12.45...named MVP of her track team three-straight years... also competed on the basketball, cross country and tennis teams...was also a member of the marching band...named to the honor roll all four years.

Personal: Born July 1, 1991...daughter of Richard Green and Macknolia Lewis...major is undecided.

Senior Jerika Lewis





Women's Profiles



JILL SCHNURBUSCH
SENIOR
POL VAULT
CAPE GIRARDEAU, Mo.
NOTRE DAME HS

2012 Outdoor: Competed in eight meets ... earned second-team All-OVC honors after finishing second in the pole vault (11-11 3/4) at the OVC Outdoor Championships... cleared an outdoor-best 12-7 1/2 to finish runner-up in the pole vault at the Lenny Lyles-Clark Wood Invitational... took fourth in the pole vault (11-11 3/4) at the Louisville Cardinal Twilight... posted seven top 10 and six top-five finishes ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... earned a spot on the USTFCCCA All-Academic Team.

2012 Indoor: Competed in nine meets...broke school record in pole vault with a mark of 12-9 at the Redhawks Invitational...was named Adidas OVC Field Athlete of the Week twice on January 31 and January 17...finished third in the pole vault with a mark of 12-6 3/4 at the OVC Indoor championships...earned six top-three finishes including wins at the SIU Saluki Fast Start, SIU Saluki Open, SIU Invitational and Redhawks Invitational.

2011 Outdoor: Saw action in six meets during the outdoor season...earned a team-high height of 12' 2.5" at the Mississippi Open, which set a new school record...earned OVC Field Athlete of the week on April 27, 2011...earned a fifth-place finished at the OVC Championships...Southeast Scholar Athlete...OVC Commissioner's Honor Roll.

2011 Indoor: Competed in seven meets during the indoor season...tied a team-high and earned a season-high jump of 11' 5.76" at the Redhawks Invitational, winning her first event of her career...finished fourth at the OVC Championships with a height of 10'-11.75".

2010 Outdoor: Competed in six meets as a high jumper and pole vaulter...placed fifth with a career-best height of 11'-5.25" in the pole vault at the OVC Championships...set a career-best in the high jump at 5'-2.25" at the OVC's...placed third in the pole vault at the SIUE Twilight Meet with a height of 10'-6.00"...finished fourth

in the high jump at the Memphis Invitational.

2010 Indoor: Competed in four meets...recorded fourth place finishes in both the high jump and pole vault at the Redhawk Invitational...set a career-best in the pole vault with a height of 10'-6.00" at the Redhawk Invitational... placed fifth in the pole vault at the EIU Mega Meet...set a personal best in the high jump with a height of 5'-0.25" at the OVC Championships.

Prep: Placed third at the State Championships in the pole vault with a height of 10'-6.00" which set a school record... also holds the school record in the high jump with a leap of 5'-4.00"...recorded five top-three finishes in the pole vault during her senior season...placed second at the District meet and third at the Sectional meet.

Personal: Born November 2, 1990...daughter of Craig and Ann Schnurbusch...majoring in Dietetics.

Senior Jill Schnurbusch





Women's Profiles



COURTNEY GAPELE

JUNIOR

THROWS

INDEPENDENCE, Mo.

FT. OSAGE HS



2012 Outdoor: Competed in six meets ... scored in three events at the OVC Outdoor Championships: finishing third in the discus (140-11), fourth in the shot put (44-0) and seventh in the javelin (career-best 111-6) ... posted career-bests in the discus (third; 143-5) and hammer throw (sixth; 147-10) at the Joey Haines Invitational.

2012 Indoor: Competed in seven meets...threw a season-best 49 – 3 3/4 in the weight throw on at the Arkansas State Kickoff Klassic...threw a season-best 49- 9 in the shot put at the Husker Invitational.

2011 Outdoor: Competed in six meets...placed third at the OVC Championships in shot put throwing a distance of 44' 2.75" ...took third at the Vanderbilt Black & Gold invite in discus throwing a distance of 131' 3" ...runner-up at the Jace Lacoste Invite in shot put throwing a distance of 42' 4.75" and javelin with a personal best of 109' 4"...had personal best in three events discus (133' 0"), hammer throw (135' 7"), and javelin (109' 4")...Southeast Scholar Athlete...OVC Commissioner's Honor Roll.

2011 Indoor: Competed in seven meets including the OVC Championships, placed first in shot put after a distance of 45' 0.5" ...placed third at the Arkansas State Kickoff Klassic in shot put throwing a distance of 44' 5.25" ...placed third and recorded personal best at the Redhawks Invitational in shot put throwing a distance of 45' 3".

Junior Courtney Capelu





Women's Profiles



ERICA GRAJALES

JUNIOR

POLE VAULT

MARYLAND HEIGHTS, Mo.

PARKWAY NORTH HS



2012 Outdoor: Competed in seven meets as a pole vaulter ... took third in the pole vault (career-best 11-11 3/4) at the OVC Outdoor Championships... posted three top-three finishes in the pole vault ... matched her career-high with an vault of 11-11 3/4 to finish runner up at the Joey Haines Invitational... received the OVC Medal of Honor ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll.

2012 Indoor: Competed in eight meets...recorded a mark of 11-7 earning a fourth-place finish at the OVC Indoor Championships, which was a season-high in the event...finished third at the Redhawks Invitational with a mark of 11- 6 1/4.

2011 Outdoor: Competed in six meets including the OVC Championships, placing second and recorded a personal best in pole vault with a height of 11' 9.75"... runner-up at Jace Lacoste Invite in pole vault jumping a height of 11' 0"...Southeast Scholar Athlete...OVC Medal of Honor winner...OVC Commissioner's Honor Roll.

2011 Indoor: Competed in seven meets including the OVC Championships, placed second in pole vault with a height of 11'5.75"...placed first at Redhawks Invitational in pole vault jumping a height of 11' 5.75".

Junior Erica Grajales





Women's Profiles



EMILEA OLD
JUNIOR
THROWS
HOLTS SUMMIT, Mo.
JEFFERSON CITY HS



2012 Outdoor: Competed in six meets ... posted four top-10 finishes ... finished eighth in the shot put with a season-best 38-5 1/2 at the Lenny Lyles-Clark Wood Invitational (4/20) ... named a Southeast Scholar-Athlete.

2012 Indoor: Did not compete in any meets.

2011 Outdoor: Competed in seven meets...Established a personal record in two events at Tom Botts Invitationals, in shot put 40' 9" and discus throw 112' 4"...Posted a career-best mark of 144' 0" in hammer throw at Joey Haines Invite, placing tenth... Earned a seventh-place finish in the javelin throwing a personal best 120' 10" at Vanderbilt Black & Gold Invite...Southeast Scholar Athlete...OVC Commissioner's Honor Roll.

2011 Indoor: Competed in seven meets...placed seventh at OVC Championship in shot put 40' 9"...threw a personal best at Arkansas State Kickoff Klassic 42' 9.75", placing fifth.... Set a personal best of 49' 11" in the weight throw at Redhawks Invitational.

Junior Emilee Old





Women's Profiles



MADALYN STICNOT

JUNIOR

DISTANCE

LEXINGTON, KY.

TATES CREEK HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... best finish for a 5k was at the OVC Championship, where she finished 65th with a time of 19:44.19.

2012 Outdoor: Competed in three meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... took 12th in the 10,000m (42:29.06) at the OVC Outdoor Championships.

2012 Indoor: Competed in four meets ... took fifth in the 3000m (12:03.94) at the Redhawk Invitational.

2011 Cross Country: Competed in two events during the season... recorded a season best time of 21:45 at the Evansville Invitational where she placed 94th.

2011 Outdoor: Appeared in one meet during the outdoor season competing at the Joey Haines Invite ... placed 11th in the 5,000 meter run with a time of 22:16.88 ... Southeast Scholar Athlete ... OVC Commissioner's Honor Roll.

2011 Indoor: Appeared in one meet during the indoor season ... ran the 3,000 meter run at the Redhawks Invitational earning an eighth place finish with a time of 13:09.77.

2010 Cross Country: Competed in five races including the OVC Championships 5K ... ran personnel best at the Saluki Invitational 5K with a time of 23:57.8.

Junior Madalyn Stichnot





Women's Profiles



SAMANTHA THIERRY

JUNIOR

DISTANCE

O'FALLON, Mo.

FT. ZUMWALT WEST HS



2012 Cross Country: Competed in two meets during the 2012 season... best finish was at the SIUE Cross Country Challenge, where she placed 43rd in a time of 21:45.08.

2012 Outdoor: Competed in one meet ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... ran a leg in the 4x400m relay (4:23.39) at the Joey Haines Invitational.

2012 Indoor: Ran in two meets ... finished fourth in the 3000m (11:49.66) at the Redhawks Invitational.

2011 Cross Country: Competed in five meets during the season, including the OVC Championships ... recorded a season best time of 21:09 at the Evansville Invitational earning her an 83rd-place finish ... placed 63rd at the OVC Championships

2011 Outdoor: Appeared in three meets during the outdoor season ... placed 29th in the 3,000 meter run at the Vanderbilt Balck and Gold Intvite with a time of 11:50.96 ... recorded a season-best time of 20:57.61 in the 5,000 meter run at the Joey Haines Invitational ... finished ninth in the 3,000 meter run at the Mississippi Open with a time of 21:24.46 ... Southeast Scholar Athlete ... OVC Commissioner's Honor Roll.

2011 Indoor: Appeared in one indoor meet during the season earning a fourth-place finish in the 5,000 meter run with a time of 11:57.88.

2010 Cross Country: Competed in six races including the OVC Championships 5K ... ran personnel best at the Greater Louisville Classic 5K with a time of 21:27.00.

Junior Samantha Thierry





Women's Profiles



NICHOLE BEFFA
SOPHOMORE
MID-DISTANCE
FESTUS, Mo.
FESTUS HS



2012 Cross Country: Competed in only one meet during the 2012 season... placed 78th at the Washington University Early Bird with a time of 17:23.7.

2012 Outdoor: Competed in six meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... took eighth in the 800m (2:23.77) at the Joey Haines Invitational.

2012 Indoor: Competed in seven meets...set a career-best mark in the 200m run with a time of 28.70 at the SIU Invitational....set a career-best mark in the 600m run with a time of 1:43.99 at the SIU Saluki Fast Start... set a career-best mark of 2:23 in the 800m run at the OVC Indoor Championships.

2011 Cross Country: Competed in three meets during the season ... recorded a time of 21:03 and a 39th-place finish at the SIUE Cross Country Challenge.

High School: Lettered all four year in both cross country and track ... during her senior and freshman year, she was all-state track and qualified for state in both cross country and track all four years ... named Miss Cross Country and Miss Track her senior year.

Personal: Born Dec. 13, 1992 ... parents are Joseph and Cheryl Beffa ... majoring in nursing.



TIANNA BORNER
SOPHOMORE
SPRINTS
CHICAGO, ILL.
NORTH LAWDALE HS



2012 Outdoor: Ran in eight meets ... earned second-team All-OVC honors as a member of the runner-up 4x100m (46.20) and 4x400m (3:44.68) relay teams at the OVC Outdoor Championships... ran a career-best 400m time of 56.82 in the prelims of the conference meet, before earning a sixth-place finish in the 400m finals (58.02) ... helped the 4x200m relay team (1:38.10) place fifth at the historic Drake Relays.

2012 Indoor: Competed in five meets...finished in first-place in the 300m run at the with a time of 41.70 at the Redhawks Invitational...part of 4x400 meter relay team that finished fourth at OVC Indoor Championships.

Prep: Graduate of North Lawndale College Prep... lettered three years in high school...ran a career best 400 meter time of 56.65...earned runner of the year and female athlete of the year three times...also participated in bowling.

Personal: Douglas Avery, Sr. and Victoria Borner ... born March 4, 1992 ... majoring in athletic training.

Sophomore **Tianna Borner**





Women's Profiles



Jessica Brown
SOPHOMORE
JUMPS
Memphis, Tenn.
White Station HS



2012 Outdoor: Competed in nine meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... posted three top-four finishes at the OVC Outdoor Championships, taking third in the long jump (19-1 1/4), fourth in the high jump (career-best 5-6) and fourth in the triple jump (career-best 39-3 3/4) ... named OVC Co-Field Athlete of the Week after winning the long jump (career-best 19-2 1/2) and finishing second in the triple jump (37-3) at the Joey Haines Invitational.

2012 Indoor: Competed in six meets...OVC Champion in the long jump with a mark of 19 – 0 1/2...earned a first-place finish in the long jump at 19 – 0 1/2 at the Redhawks Invitational...recorded a career-best time of 8.41 in the 60m dash at the Illini Classic.

Prep: Graduate of White Station High School... lettered all four years...had a career best in triple jump (38.15)... won the state championship in the triple jump and 4 x 400 relay...was a Pepsi's Memphis Best of the Best finalist...also participated in basketball.

Personal: Daughter of Danny and Jocelyn Brown... born January 24, 1993...majoring in nursing.



Mary Dohogne
SOPHOMORE
DISTANCE
Cape Girardeau, Mo.
Cape Central HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... best finish for a 5k was at the OVC Championships, where she finished 51st with a time of 19:10.31.

2012 Outdoor: Ran in six meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... took second in the steeplechase (12:03.18) at the Joey Haines Invitational... competed in the javelin and steeplechase at the OVC Outdoor Championships.

2012 Indoor: Competed in five meets ... ran a leg in the fourth-place distance medley (12:36.91) relay team at the OVC Indoor Championships...recorded a career-best mark of 3:08.96 in the 1000m run at the Redhawks Invite earning a first-place finish...earned a career-best time of 5:23.56 in the mile run at the OVC Indoor Championships.

2011 Cross Country: Competed in all meets during the season... recorded a season-best time of 20:47 at the Greater Louisville Classic where she placed 189th ... placed 58th at the OVC Championships.

Sophomore Jessica Brown





Women's Profiles



JENNY GOVERO
SOPHOMORE
DISTANCE
FENTON, Mo.
Rockwood Summit HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... best finish for a 5k was at the OVC Championship, where she finished 35th with a time of 18:44.61... had two top-ten finishes of the 2012 season in the first two meets of the season.

2012 Outdoor: Competed in six meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... top individual finish was eighth place in the 1500m (career-best 4:54.78) at the Joey Haines Invitational (4/6-7).

2012 Indoor: Ran in four meets ... ran a leg in Southeast's fourth-place distance medley (12:36.91) relay team at the OVC Indoor Championships...ran a career-best 5:21.38 in the mile run at the Indiana Relays.

2011 Cross Country: Competed in all meets during the season ... named to the All-OVC Second Team ... recorded a season best time of 18:42 at the OVC Championships earning her a 12th-place finish ... placed 149th at the NCAA Midwest Regional??Career Bests: 800m (2:35.81); 1500m (4:54.78); Mile Run (5:21.38); 3000m (10:26.26); 5000m (18:13.99)

High School: Lettered all four years in track and cross country ... received all-state recognition twice in cross country and qualified individually for state cross country four years ... named Female Athlete of the Year in 2011 ... received St Louis Post-Dispatch Athlete of the Week and her cross country jersey was retired ... made the honor roll all four years, received an academic letter and received honor chords in FACS and mathematics.

Personal: Born Feb. 21, 1993 ... parents are Greg and Charlotte Govero ... majoring in nursing.



TAYLOR KLUMP
SOPHOMORE
POLE VAULT
JACKSON, Mo.
Jackson HS



2012 Outdoor: Competed in two meets, including the OVC Outdoor Championships as a pole vaulter ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll.

2012 Indoor: Competed in four meets.

Sophomore Jenny Govero





Women's Profiles



MELANIE LACEY

SOPHOMORE

DISTANCE

SCOTT CITY, Mo.

SCOTT CITY HS



2012 Cross Country: Competed in four meets during the 2012 season... best finish for a 5k was at the SIUE Cross Country Challenge, where she placed 23rd with a time of 19:56.22.

2012 Outdoor: Ran in six meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... posted two top-10 finishes ... placed sixth in the javelin (101-6) at the Hilltopper Relays (4/14) ... took eighth in the 10,000m (40:47.49) at the Washington Invitational (3/30-31).

2012 Indoor: Competed in five meets ... highest finish was 10th place in the 3000m (11:17.91) at the Illini Classic...recorded a career-best mark of 5:20.02 in the mile run at the Redhawks Invitational.

2011 Cross Country: Competed in all meets during the 2011 season... recorded a season best time of 19:24 at the Greater Louisville Classic and placed 78th ... placed 34th at the OVC Championships

Career Bests: 1500m (5:20.02); Mile Run (5:44.44); 3000m (11:06.98); 5000m (18:54.85); 10,000m (40:47.49); Javelin (101-6).

Prep: Graduate of Scott City High School... lettered all four years... qualified for state every year in high school... finished 16th at the state meet for cross country her senior year...also participated in basketball and softball.

Personal: Daughter of Kevin and Shana Lacey... born March 16, 1993...majoring elementary education.



REBEKAH LAWSON

SOPHOMORE

DISTANCE

FENTON, Mo.

ROCKWOOD SUMMIT HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... best finish for a 5k was at the OVC Championship (10/27), where she finished 7th with a time of 17:33.84... led the Redhawks in all six meets she competed in during the season... had three top-ten finishes during the season.

2012 Outdoor: Ran in seven meets ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... earned second-team All-OVC honors following second-place finishes in both the 5000m (18:21.81) and 10,000m (38:25.72) at the OVC Outdoor Championships (5/4-5) ... received the OVC Medal of Honor ... won the 5000m (17:54.68) at the Joey Haines Invitational (17:54.68) ... finished first or second in five races.

2012 Indoor: Competed in four meets ... took ninth in the 3000m (10:48.28) at the SIU Saluki Open... recorded a career-best mark of 5:31.97 in the mile run at the Hoosier Hills.

2011 Cross Country: Competed in all meets during the season ... named to the All-OVC first team ... named Female OVC Runner of the Week for the week of September 27th ... finished sixth at the OVC Championships ... placed in the top 10 in four of seven meets

High School: Three-sport athlete in Rockwood Summit High School ... ran cross country and track and was also on the swim team.

Personal: Born April 6, 1993 ... daughter of Clarence Lawson and Angela Burrus ... majoring in dietetics.

Sophomore Rebekah Lawson





Women's Profiles



Kim Moyer

SOPHOMORE

JUMPS

St. Louis, Mo.

HAZELWOOD CENTRAL HS



2012 Outdoor: Competed in seven meets ... scored with career-bests in both the long jump (fourth; 19-0 3/4) and triple jump (fifth; 38-9) at the OVC Outdoor Championships... posted six top-10 finishes ... highest place was third in both the long jump (17-9 3/4) and triple jump (35-9 1/2) at the Joey Haines Invitational... named a Southeast Scholar-Athlete.

2012 Indoor: Competed in six meets...earned a season-best jump of 17-0 3/4 at the Redhawks Invitational in the long jump...earned a season-best jump of 37-1 1/4 in the triple jump at the SIU Saluki Fast Start.

Prep: Graduate of Hazelwood Central High School... team captain junior and senior year... earned All-State honors in both triple jump and 4x200...was a member of the St. Louis Blues track club.

Personal: Daughter of Leonard and Theresa Moyer... born May 20, 1993...majoring in nursing.



Gloria Westlake

SOPHOMORE

DISTANCE

St. Peters, Mo.

FT. ZUMWALT EAST HS



2012 Cross Country: Competed in all regular season meets during the 2012 season... best finish for a 5k was at the OVC Championship, where she finished 25th with a time of 18:26.38... had two top-ten finishes during the season.

2012 Outdoor: Ran in six meets ... received the OVC Medal of Honor ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... won the steeplechase (11:45.58) at the Joey Haines Invitational... took fourth in the steeplechase (11:39.80) at the OVC Outdoor Championships (5/4-5) ... posted three top-five finishes.

2012 Indoor: Competed in four meets ... best finish was ninth place in the 5000m (18:25.25) at the OVC Indoor Championships...earned a career-best mark of 5:32.61 in the mile run at the SIU Saluki Open.

2011 Cross Country: Competed in all meets during the season ... recorded a season best time of 18:50 at the Greater Louisville Classic where she placed 32nd ... earned a top 10 finish at the SIUE Cross Country Challenge ... placed 19th at the OVC Championships...Career Bests: Mile Run (5:32.61); 3000m (10:29.46); 5000m (18:18.71); 3000m steeplechase (11:32.03).

High School: Ran cross country and track in high school.

Personal: Born July 22, 1993 ... daughter of Don and Lois Westlake ... majoring in dietetics.

Sophomore Kim Moje





Women's Profiles



ALISON BARKER

FRESHMAN

DISTANCE

ST. PETERS, Mo.

FRANCIS HOWELL NORTH HS



Prep: Attended Francis Howell North High School ... Lettered all four years in Track ... was a state qualifier during senior year ... earning first place honors in the girls 4x400m relay and fifth place in girls 4x800m ... was a state qualifier in the girls 300m hurdles senior year ... also ran cross country and was a state qualifier ... also participated in tennis and was fourth in the state doubles tournament... received the Scholar Athlete Award from the St. Louis Post Dispatch.

Personal: Born April 16, 1994 ... Daughter of Steve and Julie Barker ... pursuing a degree in Communication Disorders.



AYONNA CARTWRIGHT

FRESHMAN

SPRINTS

KANSAS CITY, Mo.

UNIVERSITY ACADEMY



Prep: Graduate of University Academy ... was district champion in 100m, 200m, 400m ... was sectional champion in the 100m and 200m ... was a state runner-up in 100m ... is record holder in 100m, 200m, and 400m ... also played volleyball and basketball ... was first team all-district in basketball and was the first player in school history to score over 1000 points.

Personal: Born November 9, 1992 ... Daughter of LaDonna Cartwright ... major is undecided.



LAURA CHAVEZ

FRESHMAN

DISTANCE

CAPE GIRARDEAU, Mo.

CAPE CENTRAL HS



Prep: Earned three letters in track and field and cross country ... qualified for the state meet three times ... earned all-conference honors on three occasions.

Personal: Born Feb. 18, 1994 ... parents are Luis and Laura Chavez.



KAYLA GUTIERREZ

FRESHMAN

THROWS

KIRKWOOD, Mo.

KIRKWOOD HS



Prep: Attended Kirkwood High School ... Lettered and Started 3 years in track ... was a state qualifier Junior and Senior seasons in discus and shot put ... also played volleyball.

Personal: Born January 29, 1993 ... Daughter of Velkys Gutierrez ... pursuing a degree in Forensic Science and Music/Language.



Women's Profiles



SARAH HALL
SOPHOMORE
THROWS
COLUMBIA, Mo.
HICKMAN HS



Prior to Southeast: Attended Georgia Southern University...All-Southern Conference Freshman Team Selection

Prep: Graduate of Columbia Hickman High School...Women in Sports Award Winner...Hickman Female Athlete of the Year...won district title in shot put all four of her high school seasons... earned a state championship in shot put her junior season and set school record in shot put and discus during her junior campaign.

Personal: Born March 31, 1993 ... Daughter of Jarvis and Carol Hall ... pursuing a degree in Secondary Education- English.



HALEY HOLTON
FRESHMAN
POLE VAULT
O'FALLON, ILL.
O'FALLON HS



Prior to Southeast: Attended University of Missouri ... Redshirted indoor season ... competed in three outdoor meets.

Prep: Attended O'Fallon Township High School ... Lettered all four years in high school ... earned all conference and all-area selection all four years of high school.

Personal: Born October 16, 1992 ... Daughter of Alan and Kimberly Holton ... pursuing a degree in Physical Education.



CHANTE MOSBY
FRESHMAN
JUMPS
BELLEVILLE, ILL.
EAST HS



Prep: Graduate of Belleville East High School... four-time all-conference selection in trac and field... earned a state title in the 4x200 rely her senior season...also lettered in volleyball where she was named third-team all-conference...member of the Sahers Track Club...also excelled in the classroom with a 3.80 GPA.

Personal: Born December 11, 1993 ... Daughter of Raymond and Trudy Mosby... pursuing a degree in early childhood education.



ALYSSA REBECCA
FRESHMAN
DISTANCE
EUREKA, Mo.
EUREKA HS



Prep: Graduate of Eureka High School...12-time all-state selection...two-time state champion in relays earning 4x800 crowns in freshman and junior seasons...earned a second-place finish in state cross country meet in 2009...during her senior season earned third-place finish in 800m run.

Personal: Daughter of Steve and Michelle Rebecca...undecided on major.



Women's Profiles



MACY RITTER

FRESHMAN

JUMPS

SULLIVAN, Mo.

SULLIVAN HS



Prep: Graduate of Sullivan High School...helped her team to a third-place finish in the State Track and Field Meet...won state long jump championship and took fourth in triple jump during her senior season...during her high school career she took 16 conference championships.

Personal: Born December 29, 1993 ... Daughter of David and Lee Ritter... undecided on major.



LINDSEY SEABAUGH

FRESHMAN

DISTANCE

CAPE GIRARDEAU, Mo.

CAPE CENTRAL HS



Prep: Lettered all four years in cross country and track and field ... team finished seventh in the state in 2010 ... finished first or second in every race she ran her senior year ... earned the team's leadership award twice ... logged the most miles on the team each of her last three years ... made the honor roll all four years.

Personal: Born Feb. 24, 1994 ... parents are Randy and Emma Seabaugh.



JOVANNIE SPEARS

FRESHMAN

SPRINTS

CHICAGO, ILL.

PROSPECTIVE LEADERSHIP ACADEMY



Prep: Attended Prospective Leadership Academy... lettered all four years in high school ... Senior year won fourth place in state championships in the indoor 4x400m relays ... was also captain of the track team and was on the Dean's List all four years of high school.

Personal: Born July 14, 1993 ... Daughter of Michael Spears and Denise Avrett ... pursuing a degree in Accounting.



Women's Profiles



MARIA TROWBRIDGE
FRESHMAN
DISTANCE
MESHOPPEN, Pa.
ELK LAKE HS



Prep: Lettered and cross country, swimming and track and field ... cross country team won a state title in 2010 and finished runner-up in 2011 ... class president who graduated with a perfect 4.0 GPA.

Personal: Born Nov. 13, 1993 ... parents are Gene and Valerie Trowbridge.



CHEYENNE TUNTI
FRESHMAN
SPRINTS
SURREY, B.C.
KWANTLEN PARK SECONDARY

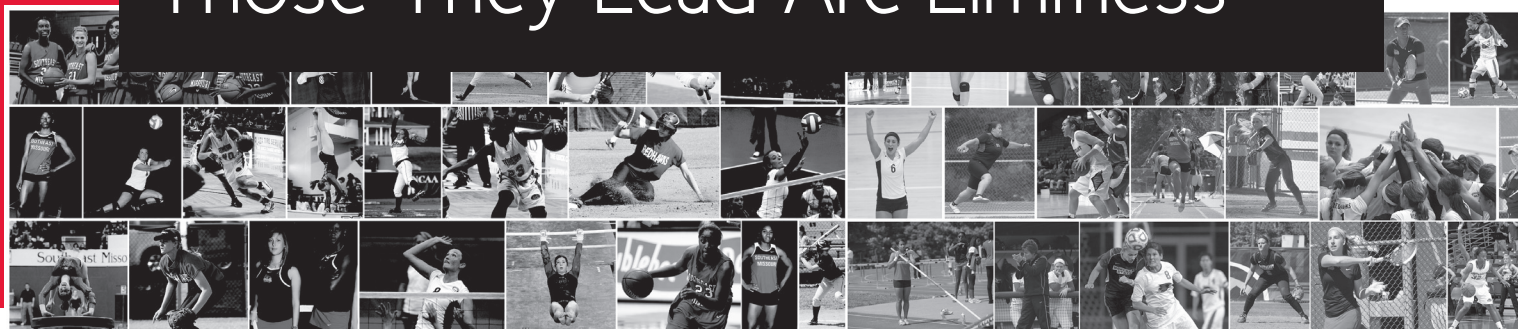


Prep: Attended Kwantlen Park Secondary School in British Columbia... was the top female athlete and ran in the 200m, 400m, 4x100m relays, and the 4x400m relays ... was a honor roll student all through high school.

Personal: Born April 4, 1994 ... Daughter of Solomon and Shannon Tunti ... major is undecided.

Because Pioneers Lead The Way

Those They Lead Are Limitless



Dr. Kala Stroup
14th President
Southeast Missouri State University



Cindy Gannon
Senior Associate Director of
Athletics & Senior Woman Administrator
Southeast Missouri State University



Lana Richmond
Head Softball Coach
Southeast Missouri State University



Georganne Syler
Former Faculty Athletics Representative
& Registered Dietitian
Southeast Missouri State University



Linda Wells
Former Olympic Coach, Six-Time Hall of
Fame Inductee and Southeast Missouri
State University Alumnae



CELEBRATING 40 YEARS OF TITLE IX



RECORDS SECTION

IN THIS SECTION . . .

- » School Records
- » Top-Ten Lists
- » OVC Champions
- » All-Americans
- » Southeast Hall of Fame





Indoor Records

Men's Individual Indoor Records

Event	Time	Name	Year
55m	6.19	David Jackson	1985
60m	6.84	Derrick Brown	2000
200m	21.14	Miles Smith	2008
400m	46.13	Miles Smith	2008
600m	1:19.10	Deryl Gardner	1996
800m	1:50.42	Carl Bell	1984
1000m	2:27.60	Paul Stemmerman	2009
Mile	4:03.82	Brian Radle	1989
3000m	8:17.40	Brian Radle	1989
5000m	14:20.10	Art Waddle	1987
55m Hurdles	7.34	Andrew Presberry	1982
60m Hurdles	8.10	Glenn Haley	2002
Shot Put	60' 11.25"	Josh Uchtman	2012
Weight Throw	66' 7.25"	Brandon Colbert	2010
Long Jump	25' 1.5"	John Berry	2008
Triple Jump	53' 5"	Keith Presberry	1986
High Jump	7' 0"	Jim Lohr	1985
Pole Vault	16' 11.5"	Jaret Willi	2002



Indoor Records

Women's Individual Indoor Records

Event	Time	Name	Year
55m	6.94	Benita Thomas	1987
	6.94	Natalie Talley	2000
60m	7.54	Natalie Talley	2001
200m	24.44	Torvia Bradley	1994
400m	54.35	Michelle Chambliss	1992
600m	1:32.49	Tammy Wenkel	1997
800m	2:08.29	Tammy Wenkel	1998
1000m	2:56.70	Janelle Quigley	1998
Mile	4:51.94	Janelle Quigley	1998
3000m	9:43.15	Laura Byrne	1989
5000m	17:40.43	Juli Koenegstein	2009
55m Hurdles	7.99	Lyndsey Stevenson	2004
60m Hurdles	8.68	Lyndsey Stevenson	2004
Shot Put	50' 4"	Lutricia Purham	2000
Weight Throw	62' 4"	Heather Jenkins	2004
Long Jump	20' 2.5"	Heather Denihan	1997
Triple Jump	40' 5"	Shemeika Brewer	2011
High Jump	5' 7.25"	Angela James	1991
Pole Vault	12' 9"	Jill Schnurbusch	2012



Outdoor Records

Men's Individual Outdoor Records

Event	Time	Name	Year
100m	10.24	Dana Gardner	1986
200m	20.40	Tim Williams	1987
400m	45.16	Miles Smith	2005
800m	1:48.85	Carl Bell	1984
1500m	3:41.82	Brian Radle	1989
3000m	8:31.14	Mike Vannatta	1984
5000m	14:01.64	Brian Radle	1989
10000m	29:17.40	Art Waddle	1986
100m Hurdles	13.84	Andrew Presberry	1981
400m Hurdles	50.77	Alonzo Nelso	2005
Shot Put	59' 0.5"	Rick Wadlington	1971
Discus	192' 4"	Neil Rock	1986
Javelin	222' 3"	Randy Johnson	1997
Hammer throw	206' 1"	Brandon Colbert	2011
Long Jump	25' 6.25"	Shelton Scott	2003
Triple Jump	53' 1"	Keith Presberry	1986
High Jump	7" 1.25"	Jim Lohr	1984
Pole Vault	17' 10.25"	Bob Ferguson	1987
Decathlon	7881	John Schwepker	1988



Outdoor Records

Women's Individual Outdoor Records

Event	Time	Name	Year
100m	11:50	Benita Thomas	1987
200m	23.92	Jerika Lewis	2011
400m	53.40	Jerika Lewis	2011
800m	2:07.06	Brooke Woodruff	2004
1500m	4:24.16	Laura Byrne	1989
3000m	10:34.98	Julie Koenegstein	2009
5000m	16:35.00	Laura Byrne	1989
10000m	34:56.95	Debbie Kilpatrick	1985
100m Hurdles	13.84	Candace Williams	1981
400m Hurdles	59.29	Shannon O'Dell	1997
Shot Put	51' 0"	Heather Jenkins	2004
Discus	173' 11"	Heather Jenkins	2002
Javelin	166' 8"	Samantha Espiricueta	2009
Hammer throw	179' 1"	Brianna Egbuka	2011
Long Jump	20' 4.5"	Kathy Coleman	2005
Triple Jump	41' 6"	Shemika Brewer	2011
High Jump	5' 9"	Courtney Haman	2003
Pole Vault	12' 7.5"	Jill Schnurbusch	2012
Decathlon	5468	Lizz Barringer	1988



Indoor Relay Records

Indoor Relay Records

4 x 400m Relay

1. 3:09.16 Walter Washington 2006
Chris Gill
Alonzo Nelson
Miles Smith

4 x 400m Relay

1. 3:43.23 Shannon O'Dell 1997
Kim Stewart
Tammy Wenkel
Yvonne Hente

Distance Medley Relay

1. 10:00.71 Mohamed Soulieman 2012
Curt Wood
Max Wieser
Alex Zisser

Distance Medley Relay

1. 12:03.08 Kaci Pilcher 2003
Lindsey Meyr
Brooke Woodruff
Lindsay Zeiler

Outdoor Relay Records

4 x 100m Relay

1. 39.86 Rob Thomas 1984
Mike Dwyer
Barry Hibbert
David Jackson

4 x 100m Relay

1. 44.92 Michelle Hicks 1987
Kehinde Vaughan
Lisa Like
Benita Thomas

4 x 200m Relay

1. 1:24.51 Ken McNair 1984
Rob Thomas
David Jackson
Mike Dwyer

4 x 200m Relay

1. 1:37.15 Heather Keltner 2000
Shauna Birge
Hannah Stuckenschneid
Natalie Talley



Outdoor Relay Records

Outdoor Relay Records

4 x 400m Relay

1. 3:05.54 Alonzo Nelson
Chris Poindexter
Walter Washington
Miles Smith

2006

4 x 400m Relay

1. 3:41.13 Kim Stewart
Hannah Stuckenschneid
Natalie Talley
Heather Keltner

2000

4 x 800m Relay

1. 7:28.84 Carl Bell
Ken Franklin
Shaun Carlile
Norm Kellar

1985

4 x 800m Relay

1. 9:09.09 Laura Byrne
Debbie Kilpatrick
Pam Palmer
Jennella Torrence

1985

Sprint Medley Relay

1. 3:19.00 Rob Thomas
Mike Dwyer
David Jackson
Joe Lackner

1984

Sprint Medley Relay

1. 3:54.13 Natalie Talley
Yvonne Hente
Heather Keltner
Tammy Wenkel

1998

Distance Medley Relay

1. 9:54.87 Pedro Caceres
Carl Perkins
Shaun Carlile
Brian Radle

1986

Distance Medley Relay

1. 11:39.26 Kaci Pilcher
Natasha Fortenberry
Brooke Woodruff
Lindsay Zeiler

2004



Top-Ten Lists

100 Meter

1. 10.24	Dana Gardner	1986
2. 10.28	David Jackson	1985
3. 10.30	Tim Williams	1987
4. 10.34	Rich Wilson	1977
5. 10.37	Lee Brock	1982
6. 10.41	Rick Reynolds	1982
7. 10.43	Mike Dwyer	1984
8. 10.44	Rob Thomas	1984
8. 10.44	Dereck Robinson	1986
8. 10.44	Rick Stovall	1988

400 Meter

1. 45.16	Miles Smith	2005
2. 45.52	Terrance Branch	1994
3. 45.95	Rob Thomas	1984
4. 46.95	Terry Harrison	1990
5. 47.22	Walter Washington	2006
5. 47.22	Chris Gill	2010
7. 47.23	Shaun Jackson	1986
8. 47.32	Jason Campbell	2002
9. 47.86	Myron Pettigrew	2009
10. 47.98	Markeith Crawford	1995

1500 Meter

1. 3:41.82	Brian Radle	1989
2. 3:44.58	Norm Kellar	1985
3. 3:44.73	Joe Lackner	1984
4. 3:47.08	Pedro Caceres	1986
5. 3:49.00	John Daly	1989
6. 3:49.59	Pat Ratcliff	1982
7. 3:50.11	Mike Byrne	1984
8. 3:50.80	Edgar White	1976
9. 3:51.59	Art Waddle	1987
10. 3:52.10	Joe Dandridge	1993

200 Meter

1. 20.40	Tim Willimas	1987
2. 20.48	Dana Gardner	1986
3. 20.89	David Jackson	1985
4. 20.94	Terrance Branch	1994
5. 20.99	Miles Smith	2005
6. 21.14	Richard Williams	1977
6. 21.14	Mike Dwyer	1984
8. 21.24	Rich Wilson	1976
9. 21.30	DeAndre Simmons	2012
10. 21.31	Derrick Brown	2001

800 Meter

1. 1:48.85	Carl Bell	1984
2. 1:49.51	Glen Lomenick	1996
3. 1:49.80	Donnie Phillips	1992
4. 1:50.69	Ted McMillan	1990
5. 1:50.77	Shaun Carlile	1986
6. 1:51.10	Ken Franklin	1985
7. 1:51.30	Norm Kellar	1985
8. 1:51.39	Tyson Brown	2001
9. 1:51.45	Chaz Brown	2005
10. 1:51.54	Brian Radle	1986

3000 Meter Steeplechase

1. 8:31.14	Mike Vanatta	1984
2. 8:46.57	Pedro Caceres	1986
3. 8:48.91	Brian Radle	1988
4. 9:00.72	Ken Hoffmann	1982
5. 9:03.05	Kevin McNab	2006
6. 9:07.13	Ken White	1983
7. 9:08.70	Chad Sierman	2003
8. 9:08.99	Paul Skie	1986
9. 9:12.05	Brent Collins	2012
10. 9:12.44	John Daly	1989



Top-Ten Lists

5000 METER

1. 14:01.64	Brian Radle	1989
2. 14:02.32	Jimmy Hearld	1991
3. 14:08.90	Mike Vanatta	1984
4. 14:14.50	John Daly	1990
5. 14:16.20	Pedro Caceres	1987
6. 14:20.10	Art Waddle	1987
7. 14:22.70	Steve Sawyer	1990
8. 14:31.10	Mike Hillyard	1990
9. 14:32.90	Steve Harmon	1977
10. 14:34.7	Jason Lumpkin	2011

110 METER HURDLES

1. 13.84	Andrew Presberry	1981
2. 13.92	Ken McNair	1984
3. 14.06	Elmo Thorton	1979
4. 14.10	Deric Haynes	1987
5. 14.15	Glenn Haley	2002
6. 14.17	Virgil Lucas	1991
7. 14.19	Darrel Hilkerbaumer	1977
8. 14.25	Leanard Scott	1982
9. 14.36	David Herman	2002
10. 14.39	Pete O'Neal	1989

SHOT PUT

1. 60' 11.25"	Josh Utchman	2012
2. 59' 7.75"	Jay Heddell	2003
3. 59' 0.5"	Rick Wadlington	1971
4. 58' 4.5"	Brandon Colbert	2008
5. 58' 2.5"	Brian Knippen	2005
6. 58' 2"	Kevin Farley	2012
7. 57' 11"	Craig Robinson	2012
8. 56' 8"	Terry Coff	1969
9. 56' 7.5"	Bryan Alfultis	1998
10. 56' 2.5"	Brandon Myer	2001

10000 METER

1. 29:17.40	Art Waddle	1986
2. 29:51.50	Joe Leutchmann	1985
3. 29:53.70	Jimmy Hearld	1990
4. 30:14.75	Brandon Karcher	2007
5. 30:32.37	Steve Sawyer	1990
6. 30:43.00	John Pendergraft	1986
7. 30:47.86	Jason Lumpkin	2011
8. 30:50.30	Ron Ayers	1981
30:50.30	Ken Hoffmann	1982
10. 30:57.00	Chris Loseman	2012

400 METER HURDLES

1. 50.77	Alonzo Nelson	2005
2. 51.35	Andrew Presberry	1981
3. 51.69	Markeith Crawford	1995
4. 52.11	Ken Brown	1983
5. 52.16	Glenn Haley	1998
6. 52.34	Darrel Hilkerbaumer	1976
7. 52.64	Art Miller	1969
8. 52.68	Deric Haynes	1987
52.68	Ted McMillan	1988
10. 52.94	Clark Willie	1971

DISCUS

1. 192' 4"	Neil Rock	1986
2. 181' 9.5"	Brandon Myer	2001
3. 179' 2"	Brandon Colbert	2009
4. 175' 7"	Mike Hintz	1985
5. 173' 7"	Jay Heddell	2003
6. 172' 7"	Josh Uchtman	2009
7. 170' 11"	Bryan Alfultis	1998
8. 167' 2.5"	Rich Wadlington	1971
9. 165' 1"	Dave Rhatington	1976
10. 164' 10"	Kevin Farley	2012



Top-Ten Lists

JAVELIN

1.222' 3"	Randy Johnson	1997
2.221' 9"	John Hogan	1988
3.218' 11"	Bob Cohoon	1990
4.214' 6"	Ben Stricklin	2008
5.202' 9"	Ed Draper	2011
6.201' 8"	Matt Krich	1987
7.198' 10"	Jason Theodorakos	2005
8.192' 5"	Brian Knippen	2005
9.191' 2"	Bryan Alfultis	1999
10.189' 3"	John Schwepker	1988

TRIPLE JUMP

1. 53' 5"	Keith Presberry	1986
2. 52' 10.25"	Earl Whiting	1986
3. 52' 7.5"	Mike Roberson	1988
4. 52' 2"	Shelton Scott	2003
5. 51' 8.5"	Jon Riley	1998
6. 51' 6"	Charles Taylor	1978
7. 51' 4.5"	Mark Daye	1977
8. 50' 7.5"	Bilal Hameed	2008
9. 50' 7"	Andrew Presberry	1982
10.49' 11.75"	Mike West	1993

POLE VAULT

1. 17' 10.25"	Bob Ferguson	1987
2. 17' 2.5"	Jaret Willi	2002
3. 17' 0"	John Schwepker	1988
4.16' 5.25"	Tim Davis	1997
5. 16' 4"	Rich Schwepker	1989
6. 16' 0.5"	Jordan Willi	2004
7. 16' 0"	Chris Moore	1998
16' 0"	Jim Fox	1998
9. 15' 9"	Chris Prescott	1997
15' 9"	Matt Murphy	1990

LONG JUMP

1.25' 6.25"	Shelton Scott	2003
2. 25' 5.5"	John Berry	2008
3. 25' 5"	Jon Riley	1996
4.25' 0.75"	Rashide Ward	1989
5. 25' 0"	Mark Daye	1977
6.24' 10.25"	Earl Whiting	1984
7.24' 9.75"	Tyler Terry	2011
8.24' 9.5"	Ed Russell	1980
9.24' 7.75"	Blake Carter	2012
10.24' 6.75"	Glen Norwood	1991

HIGH JUMP

1. 7' 1"	Jim Lohr	1984
2. 7' .5"	Alex Neophytou	1990
3. 7' 0"	William Johnson	1983
7' 0"	Kevin Market	1983
5.6'11.75"	Adrian Barnhill	2000
6.6' 11.5"	Reggie Miller	2012
7. 6' 11"	Scott Cant	1986
6' 11"	Thad Tipton	1995
6' 11"	Garvin Ambrose	2001
10.6'10.25"	Jacob Kent	2012

HAMMER THROW

1. 206' 1"	Brandon Colbert	2011
2. 182' 4"	Jared Siemers	2012
3. 180' 3"	Kevin Farley	2012
4. 180' 1"	Craig Robinson	2012
5. 173' 1"	Josh Uchtman	2012
6. 165' 5"	Andy Croxford	2008
7. 162' 2"	Steve Hendry	2012
8. 161' 1"	Daniel Jones	2004
9. 143' 0"	Brian Knippen	2005



Top-Ten Lists

4 x 100m Relay

1.	39.86	Rob Thomas Mike Dwyer Barry Hibbert David Jackson	1984
2.	40.00	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987
3.	40.25	Keith Hubbard Andrew Presberry Rob Thomas Rick Reynolds	1982
4.	40.44	James Williams Richard Williams Rich Wilson Eric Hornsby	1977
5.	40.49	Jon Jefferson Miles Smith Alonzo Nelson Chris Poindexter	2005

4 x 200m Relay

1.	1:24.51	Ken McNair Rob Thomas David Jackson Mike Dwyer	1984
2.	1:25.52	Chris Gill David Reid Brandon Simpson Chris Poindexter	2007
3.	1:25.64	Rick Townsend Eric Hornsby Richard Williams Rich Wilson	1977
4.	1:25.84	Brian Cowan Dewayne Johnson Markeith Crawford Eric Wade	1996
5.	1:25.87	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987



Barry Hibbert and David Jackson

Hibbert and Jackson ran the final two legs of the Redhawks 4 x 100m relay team in 1984. The two along with Rob Thomas and Mike Dwyer hold a school record in the event with a time of 39.86.



Top-Ten Lists

4 x 400m Relay

- | | | |
|------------|---|------|
| 1. 3:05.54 | Alonzo Nelson
Chris Poindexter
Walter Washington
Miles Smith | 2006 |
| 2. 3:05.88 | Daivd Jackson
Mike Dwyer
Carl Bell
Rob Thomas | 1984 |
| 3. 3:06.49 | Alonzo Nelson
Chris Poindexter
Chaz Brown
Miles Smith | 2005 |
| 4. 3:08.74 | Brian Coleman
Terrance Branch
Donnie Phillips
Jamal Carson | 1991 |
| 5. 3:09.16 | Walter Washington
Chris Gill
Alonzo Nelson
Miles Smith | 2006 |

4 x 800m Relay

- | | | |
|------------|--|------|
| 1. 7:28.84 | Carl Bell
Ken Franklin
Shaun Carlile
Norm Kellar | 1985 |
| 2. 7:35.97 | Ted McMillan
Fred Jones
Eric VanMatre
John Daly | 1990 |
| 3. 7:37.40 | Edgar White
R. McGowan
G. Williams
C. Logan | 1977 |
| 4. 7:41.24 | Norm Kellar
Pedro Caceres
Shaun Carlile
Carl Bell | 1986 |
| 5. 7:41.79 | Adam Shupe
Tyson Brown
Chaz Brown
Chad Sierman | 2002 |



Norm Kellar

Kellar ranks second all-Time at Southeast Missouri in the 1,500 meter run with a time of 3:44.58 which was set in 1985.



Top-Ten Lists

Sprint Medley Relay

1. 3:19.00 Rob Thomas 1984
Mike Dwyer
David Jackson
Joe Lackner
2. 3:19.55 Rob Thomas 1984
Barry Hibbert
Daivd Jackson
Joe Lackner
3. 3:22.00 Brian Cowan 1995
Dewayne Johnson
Markeith Crawford
Deryl Gardner
4. 3:22.03 Emmanuel Opoku 2001
Derrick Brown
Jason Campbell
Tyson Brown
5. 3:22.20 Brian Cowan 1996
Dewayne Johnson
Markeith Crawford
Deryl Gardner

Distance Medley Relay

1. 9:45.87 Pedro Caceres 1986
Carl Perkins
Shaun Carlile
Brian Radle
2. 9:47.30 Joe Lackner 1984
Ken McNair
Shaun Carlile
Mike Vanatta
3. 9:51.20 Brian Radle 1987
Terry Harrison
Fred Jones
Pedro Caceres
4. 9:54.34 Jon Langhans 1995
Markeith Crawford
Deryl Gardner
Glen Lomenick
5. 9:58.59 James McCrackin 1993
Markeith Crawford
Deryl Gardner
Joe Dandridge



Terrance Branch

Branch had a stellar career at Southeast and can be found in the Redhawk recordbooks in many events such as the 200 meter and 400 meter dashes. He was also an NCAA Division I All-American in the 400m Dash in 1994.



Top-Ten Lists

100 Meter

1. 11.50	Benita Thomas	1987
2. 11.54	Torvia Bradley	1994
3. 11.67	Michelle Hicks	1987
4. 11.68	Angelica Larrier	2012
5. 11.78	Rachel Kahle	2009
6. 11.83	Shauna Birge	2000
7. 11.87	Kehinde Vaughan	1988
8. 11.88	Natalie Talley	2011
9. 11.89	Lisa Like	1990
10. 11.91	Yvonne Hente	1998

400 Meter

1. 53.40	Jerika Lewis	2011
2. 53.50	Kehinde Vaughan	1987
3. 53.61	Heather Keltner	2001
4. 54.18	Lisa Crawford	1991
5. 54.26	Yvonne Hente	1997
6. 54.30	Michelle Chambliss	1992
7. 54.43	Hannah Stuckenschneider	2003
8. 55.06	Jennella Torrence	1985
9. 55.08	Kathleen Hudson	1981
10. 55.19	LaQuita Andrews	2003

1500 Meter

1. 4:24.15	Laura Byrne	1989
2. 4:27.96	Chris Ridenour	1983
3. 4:28.24	Lindsay Zeiler	2004
4. 4:29.67	Pam Palmer	1985
5. 4:29.94	Kelly Cracchiolo	1988
6. 4:30.34	Janelle Quigley	1998
7. 4:30.49	Brooke Woodruff	2005
8. 4:33.84	Misty Dubman	1996
9. 4:37.34	Lucie Mays	1990
10. 4:38.38	Kaci Pilcher	2004

200 Meter

1. 23.92	Jerika Lewis	2011
2. 23.99	Yvonne Hente	1997
3. 24.00	Rachel Kahle	2010
4. 24.04	Torvia Bradley	1994
5. 24.06	Angelica Larrier	2012
6. 24.10	Kehinde Vaughan	1987
7. 24.13	Michelle Hicks	1987
8. 24.16	Heather Keltner	1999
9. 24.28	Lisa Crawford	1991
10. 24.29	Shauna Birge	1999

800 Meter

1. 2:07.06	Brooke Woodruff	2004
2. 2:08.29	Tammy Wenkel	1998
3. 2:08.62	Jennella Torrence	1985
4. 2:09.55	Janice Gibson	1988
5. 2:10.46	Laura Byrne	1987
6. 2:10.61	Janelle Quigley	1998
7. 2:11.37	Jen Burke	2005
8. 2:13.60	Angela Rohrscheib	1991
9. 2:13.68	Kaci Pilcher	2002
10. 2:14.05	Kelly Cracchiolo	1988

3000 Meter Steeplechase

1. 10:34.98	Juli Koenegstein	2009
2. 11:07.46	Coleen Burke	2005
3. 11:26.19	Kaci Pilcher	2004
4. 11:27.88	Anna Verseman	2003
5. 11:31.93	Linnea Woldtvedt	2007
6. 11:32.03	Gloria Westlake	2012
7. 11:34.70	Jessie Thompson	2002
8. 11:36.99	Sarah Verelst	2006
9. 11:47.15	Monica Noble	2010
10. 11:47.92	Mary Dohogne	2012



Top-Ten Lists

3000 Meter

1.9:25.53	Lucie Mays	1991
2.9:32.14	Laura Byrne	1987
3.9:33.91	Chris Ridenour	1984
4.9:50.22	Laura Tenaglia	1989
5.9:56.40	Debbie Kilpatrick	1985
9:56.40	Jan Gautier	1988
7.9:58.30	Lindsay Zeiler	2003
8.9:58.59	Janelle Quigley	1999
9.10:00.48	Juli Koenegstein	2008
10.10:01.80	Kelly Cracchiolo	1988

10000 Meter

1.34:56.95	Debbie Kilpatrick	1985
2.36:03.36	Laura Tenaglia	1990
3.36:04.18	Jessica Bollinger	2012
4. 36:08.44	Rebekah Lawson	2012
5.36:12.70	Margaret Hertenstein	1985
6.36:39.40	Mary Beth Schriefer	1987
7.36:40.24	Lisa Durham	1991
8.36:47.20	Jan Gautier	1987
9.37:30.74	Anna Assenmacher	1991
10.37:34.74	Leslie McNamara	1999

400 Meter Hurdles

1. 59.29	Shannon O'Dell	1997
2. 1:00.28	Laura Vanhoevelaak	2003
3. 1:00.33	Tammy Wenkel	1997
4. 1:00.69	Candace Williams	1981
5. 1:01.90	Peggy McFarland	1989
6. 1:02.55	Lyndsey Stevenson	2003
7. 1:02.56	Natalie Dansberry	1986
8. 1:02.98	Kim Demers	2000
9. 1:03.74	Jacquelyn Gregware	1983
10.1:03.79	Elizabeth Prewitt-Allen	2009

5000 Meter

1. 16:35.00	Laura Byrne	1989
2. 15:48.47	Lucie Mays	1991
3. 16:55.34	Chris Ridenour	1983
4. 16:59.02	Juli Koenegstein	2009
5. 17:02.26	Janelle Quigley	1999
6. 17:13.00	Debbie Kilpatrick	1985
7. 17:15.14	Jan Gautier	1988
8. 17:19.80	Jessica Bollinger	2012
9. 17:23.06	Laura Tenaglia	1990
10.17:25.97	Rebekah Lawson	2012

100 Meter Hurdles

1. 13.84	Candace Williams	1981
2. 14.00	Shannon O'Dell	1997
3. 14.08	Lyndsey Stevenson	2003
4. 14.12	Whitney Thomas	2007
5. 14.19	Trena Anderson	1995
6. 14.20	Orie Ibe	2007
7. 14.40	Jacquelyn Gregware	1983
8. 14.58	Peggy McFarland	1988
9. 14.61	Lizz Barringer	1988
10.14.66	Kathy Coleman	2005

Shot Put

1. 51'0"	Heather Jenkins	2004
2. 50'9.5"	Lutricia Purham	2000
3.50'7.25"	Ashley Brewer	2009
4. 49'3"	Linda Wilson	1989
5. 48'1"	LeAnn Powers	1986
6. 47' 9"	Courtney Gapelu	2012
7. 47'8"	Megan Youse	2004
8. 46'10"	Brianna Egbuka	2010
9. 46'1.5"	Denise Ford	1997
10.45'9.25"	Nichole Portell	2005



Top-Ten Lists

Discus

1. 173'11"	Heather Jenkins	2002
2. 163'3"	Ashley Brewer	2010
3. 160'10"	Pat Washington	1983
4. 154'3"	Lutricia Purham	2000
5. 150'9"	Megan Youse	2004
6. 149'2"	Samantha Espiricueta	2010
7. 148'9"	Linda Wilson	1988
8. 144'0"	Jennifer Phillips	1998
9. 143'5"	Courtney Gapelu	2012
10. 139'11"	Charlene Cortez	1991

Long Jump

1. 20'4.5"	Kathy Coleman	2005
2. 20'2.5"	Heather Denihan	1998
3. 20'0.5"	Beverly Slaughter	1981
20'0.5"	Meleisa Greene	2004
5. 19'8.25"	Kathy Taylor	1991
6. 19'4.5"	LaRita Hawes	1983
7. 19' 4"	Shemeika Brewer	2012
8. 19'2.5"	Lindsay Meyr	2005
19' 2.5"	Jessica Brown	2012
10. 19'1.25"	Rachel Kahle	2009

High Jump

1. 5'9"	Courtney Haman	2003
2. 5'8"	Angela James	1988
3. 5'7.5"	Heather Fisher	1996
4. 5'7"	Carla Beatie	1983
5'7"	Lizz Barringer	1988
5'7"	Lainie Bohnsack	2006
7. 5'6"	Sandy Delling	1986
5'6"	Trena Anderson	1993
5'6"	Jessica Brown	2012
5'6"	Cara Harbstreet	2012

Javelin

1. 166'8"	Samantha Espiricueta	2009
2. 162'1"	Lizz Barringer	1989
3. 153'9"	Courtney Haman	2003
4. 153'0"	Kathy Day	1985
5. 148'6"	Lindsey Hearne	2008
6. 141'10"	Rebecca Martin	2009
7. 134'0"	LeAnn Powers	1986
8. 133'5"	Dana Patek	1993
133'5"	Becky Shull	1999
10. 129'7"	Denise Ford	1995

Triple Jump

1. 41'6"	Shemeika Brewer	2011
2. 40'4.75"	Kathy Coleman	2005
3. 40'1.5"	Tiffany Ford	1995
4. 39'8"	Heather West	2005
5. 39'5.25"	Grey C. Harris	1997
6. 39'1"	Marguerita Johnson	1990
7. 38'11"	Renee Bergmeier	1998
8. 38'10"	Charmen Jackson	1990
9. 38'9"	Kim Moye	2012
10. 38'6.25"	Funtasia Clark	2008

Pole Vault

1. 12' 9"	Jill Shnurbusch	2012
2. 11'11.75"	Michele Jett	2005
11'11.75"	Audrey Harwood	2007
11'11.75"	Erica Grajales	2012
5. 11'9.75"	Nikki Buchheit	2012
6. 11'8"	Jennifer Leaman	1999
7. 11'2"	Megan Rosenkoetter	2006
8. 11'0"	Sara Kaznica	2002
9. 10'11.75"	Amy West	2006
10. 10'0.5"	Lori Sarantakis	2003



Top-Ten Lists

4 x 100m Relay

- | | | | |
|----|-------|--|------|
| 1. | 44.92 | Michelle Hicks
Kehinde Vaughan
Lisa Like
Benita Thomas | 1987 |
| 2. | 45.40 | Heather Keltner
Shauna Birge
Kim Stewart
Natalie Talley | 2000 |
| 3. | 45.63 | Shannon O'Dell
Yvonne Hente
Kim Stewart
Shauna Birge | 1997 |
| 4. | 45.66 | Rachel Kahle
Angelica Larrier
Magan Edwards
Jerika Lewis | 2011 |
| 5. | 45.91 | Natasha Fortenberry
LaQuita Andrews
Nyisha Porter
Rose Fulton | 2004 |

4 x 200m Relay

- | | | | |
|----|---------|--|------|
| 1. | 1:37.15 | Heather Keltner
Shauna Birge
Hannah Stuckenschneider
Natalie Talley | 2000 |
| 2. | 1:37.18 | Rachel Kahle
Angelica Larrier
Magan Edwards
Jerika Lewis | 2011 |
| 3. | 1:37.30 | Shannon O'Dell
Kim Stewart
Shauna Birge
Yvonne Hente | 1997 |
| 4. | 1:37.35 | Heather Keltner
Shauna Birge
Hannah Stuckenschneider
Kim Stewart | 2000 |
| 5. | 1:37.82 | Kim Stewart
Natalie Talley
Sarah Junkin
Shauna Birge | 1999 |



LeAnn Powers

Powers was a standout thrower for the Redhawks as she ranks fifth in the Shot put and seventh in the javelin.



Top-Ten Lists

4 x 400m Relay

1. 3:41.13 Hannah Stuckenschneider 2000
Kim Stewart
Natalie Talley
Heather Keltner
2. 3:41.75 Laura Vanhoevelaak 2003
Hannah Stuckenschneider
Brooke Woodruff
LaQuita Andrews
3. 3:42.76 Hannah Stuckenschneider 2000
Kim Stewart
Robbi Durham
Heather Keltner
4. 3:43.23 Shannon O'Dell 1997
Kim Stewart
Tammy Wenkel
Yvonne Hente
5. 3:43.36 Kim Stewart 1998
Heather Keltner
Tammy Wenkel
Yvonne Hente

4 x 800m Relay

1. 9:09.09 Laura Byrne 1985
Debbie Kilpatrick
Pam Palmer
Jennella Torrence
2. 9:15.71 Brooke Woodruff 2004
Lindsay Zeiler
Kaci Pilcher
Jen Burke
3. 9:20.36 Pam Palmer 1985
Laura Byrne
Jennella Torrence
Diane Barlow
4. 9:24.85 Sue Hopson 1981
Andrea Talley
Karen McMillan
Kathleen Hudson
5. 9:27.59 Cathy Palacios 1989
Kelly Cracchilo
Laura Tenaglia
Laura Byrne



Torvia Bradley

Bradley is one of the most decorated runners in Redhawk history as she ranks second in the 100 meter dash and fourth in the 200 meter dash.



Top-Ten Lists

Sprint Medley Relay

1. 3:54.13	Natalie Talley Yvonne Hente Heather Keltner Tammy Wenkel	1998
2. 3:54.43	Shannon O'Dell Shauna Birge Yvonne Hente Tammy Wenkel	1997
3. 3:55.43	Rose Fulton LaQuita Andrews Hannah Stuckenschneider Brooke Woodruff	2003
4. 3:55.55	Natalie Talley Yvonne Hente Tammy Wenkel Janelle Quigley	1998
5. 3:56.36	Kim Stewart Shauna Birge Heather Keltner Tammy Wenkel	1999

Distance Medley Relay

1. 11:39.26	Kaci Pilcher Natasha Fortenberry Brooke Woodruff Lindsay Zeiler	2004
2. 11:50.65	Tammy Wenkel Heather Keltner Yvonne Hente Janelle Quigley	1998
3. 11:57.26	Anna Assenmacher Angela Rohrscheib Kari Unterreiner Lucie Mays	1991
4. 11:59.08	Tammy Wenkel Hannah Stuckenschneider Heather Keltner Janelle Quigley	1999
5. 12:01.79	Jannella Torrence Vickie Wright Pam Palmer Chris Ridenour	1984





OVC Champions

Women's

55m Dash

1998 Natalie Talley

200m Dash

1999 Heather Keltner

400m Dash

2010 Jerika Lewis
2002 H. Stuckenschneider
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1994 Michelle Chambliss

800m Run

2005 Brooke Woodruff
2004 Brooke Woodruff
2003 Brooke Woodruff
1998 Tammy Wenkel

3000m Run

2006 Lindsay Zeiler
2004 Lindsay Zeiler
1997 Janelle Quigley
1994 Amy Cole

5000m Run

2006 Jennifer Caywood
1994 Amy Cole

Mile

2006 Lindsay Zeiler
2005 Lindsay Zeiler
2004 Lindsay Zeiler

55m Hurdles

2008 Whitney Thomas
1995 Trena Anderson
1993 Trena Anderson

4 x 400m Relay

2009
2000
1998
1997

Distance Medley Relay

2005
2004
1999
1996

Pole Vault

2006 Michelle Jett
2004 Michelle Jett

Long Jump

2012 Jessica Brown
1998 Heather Denihan

High Jump

1997 Heather Fisher
1996 Heather Fisher

Triple Jump

2009 Shemeika Brewer
2006 Heather West
2005 Kathy Coleman

Shot Put

2011 Courtney Gapelu
2007 Ashley Brewer
2004 Heather Jenkins
2003 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1992 Charlene Cortez

20lb Weight Throw

2011 Briana Egbuka
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins

Men's

60m Dash

2001 Emmanuel Opoku

200m Dash

2007 Chris Gill
2006 Miles Smith

400m Dash

2008 Chris Gill
2006 Miles Smith
2005 Miles Smith
1996 Markeith Crawford

800m Run

1996 Deryl Gardner
1995 Deryl Gardner

3000 Meter Run

1993 Joe Dandridge

5000 Meter Run

2010 Jason Lumpkin
2009 Nate Shipley

Mile Run

1995 Glenn Lomenick
1993 Joe Dandridge

60m Hurdles

2004 David Herman
2001 Glenn Haley

4 x 400m Relay

2007
2006
2005

4 x 800m Relay

1993

Distance Medley Relay

1995

Pole Vault

2004 Jordan Willi
2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
1998 Jim Fox
1996 Tim Davis
1995 Tim Davis

Long Jump

2010 Tyler Terry
2009 Tyler Terry
2008 John Berry
2003 Shelton Scott
1996 Jon Riley
1995 Jon Riley

Triple Jump

2010 Tyler Terry
2009 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

High Jump

2012 Jacob Kent
2001 Garvin Ambrose
2000 Adrian Barnhill

Shot Put

2012 Josh Uchtman
2011 Craig Robinson
2010 Josh Uchtman
2009 Josh Uchtman
2008 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1997 Bryan Alfultis
1996 Matt Gaylor
1995 Cleon Mitchell

35lb Weight Throw

2011 Brandon Colbert
2010 Brandon Colbert
2008 Brandon Colbert
2005 Daniel Jones
2004 Daniel Jones



Women's

100m Dash

2001 Natalie Talley
1998 Natalie Talley

200m Dash

2001 Heather Keltner
1999 Heather Keltner

400m Dash

2011 Jerika Lewis
2001 Heather Keltner
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1993 Lisa Crawford

800m Run

2004 Brooke Woodruff
2003 Brooke Woodruff

1500m Run

2007 Lindsay Zeiler
2006 Lindsay Zeiler
2005 Brooke Woodruff
2004 Lindsay Zeiler

3000m Steeplechase

2010 Juli Koenegstein
2009 Juli Koenegstein
2007 Juli Koenegstein

5000m Run

1994 Amy Cole

10,000m Run

2012 Jessica Bollinger
2003 Kris Woolf

100m Hurdles

1997 Shannon O'Dell
1995 Trena Anderson

400m Hurdles

1997 Shannon O'Dell
1995 Shannon O'Dell

4 x 100m Relay

2011
2005
2004
2000
1999
1998
1997

4 x 400m Relay

1998
1997

Long Jump

2005 Kathy Coleman
1998 Heather Denihan
1997 Heather Denihan
1995 Tiffany Ford

Triple Jump

2012 Shemika Brewer
2011 Shemika Brewer
2009 Shemeika Brewer
1995 Tiffany Ford

High Jump

2003 Courtney Haman
1997 Heather Fisher

Pole Vault

2006 Michelle Jett
2004 Michelle Jett
2003 Michelle Jett
2002 Sara Kaznica

Shot Put

2011 Brianna Egbuka
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1998 Lutricia Purham
1993 Charlene Cortez
1992 Charlene Cortez

Discus

2011 Samantha Espiricueta
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1992 Charlene Cortez

Javelin

2011 Samantha Espiricueta
2010 Samantha Espiricueta
2009 Samantha Espiricueta
2006 Lindsay Hearne
1999 Rebecca Shull
1997 Denise Ford
1996 Jennifer Phillips
1995 Denise Ford
1993 Dana Patek
1992 Dana Patek

OVC Champions

Men's

100m Dash

2011 DeAndre Simmons

400m Dash

2008 Miles Smith
2006 Miles Smith
2005 Miles Smith
2004 Miles Smith
2002 Jason Campbell
1994 Terrence Branch

800m Run

2012 Mohamed Souleman
2001 Tyson Brown
1996 Deryl Gardner

1500m Run

2008 Paul Stemmerman
1993 Joe Dandridge

3000m Steeplechase

2007 Chris Herren
2006 Kevin McNab
2003 Chad Sierman

5000m

2007 Brandon Karcher

10000m

2011 Jason Lumpkin
2008 Brandon Karcher
2007 Brandon Karcher

110m Hurdles

2005 Alonzo Nelson
2001 Glenn Haley

400m Hurdles

2005 Alonzo Nelson
2001 Glenn Haley
1995 Markeith Crawford

4 x 100m Relay

2008
2005
2001
1996
1994

4 x 400m Relay

2008
2007
2006
2005
2004

Long Jump

2011 Tyler Terry
2010 Tyler Terry
2008 John Berry
2002 Jaret Wil
1996 Jon Riley

Triple Jump

2010 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

High Jump

2012 Reggie Miller
2005 Andrew Lambert
2001 Garvin Ambrose
1995 Chad Tipton

Pole Vault

2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
2000 Colin Sheridan
1999 Jaret Willi
1998 Jim Fox
1995 Jim Davis

Shot Put

2011 Brandon Colbert
2009 Josh Uchtman
2005 Brian Knipp
2004 Jay Heddell
2003 Brandon Myer
2002 Jay Heddell
2001 Brandon Myer
2000 Brandon Myer
1997 Matt Gaylor
1996 Bryan Alfultis

Discus

2009 Brandon Colbert
2007 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1999 Bryan Alfultis
1998 Bryan Alfultis
1997 Matt Gaylor
1996 Bryan Alfultis
1992 Terrance Parker

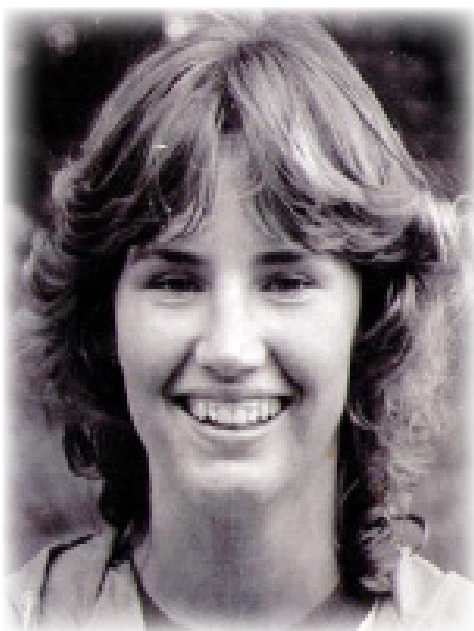
Javelin

2012 Brian Grote
2011 Ed Draper
2009 Richard Martin
2008 Ben Stricklin
2005 Jason Theodorakos
1999 Bryan Alfultis
1998 Randy Johnson
1997 Randy Johnson



Women's All-Americans

Year	Athlete	Event				
1981	Pat Washington	Discus	Linda Wilson	Shot Put (i), Shot Put	LeAnn Powers	Shot Put
	Beverly Slaughter	Long Jump			Lizz Barringer	Heptathlon
	Candace Williams	Hurdle, Relay	Laura Byrne	1500m, Cross Country	Peggy McFarland	1600 Relay (i)
	Kathleen Hudson	400m, Relay	Kehinde Vaughan	400m(i), 400 Relay	Ramona Spencer	1600 Relay (i)
	Shirley Walton	Relay			1989 Laura Byrne	Cross Country, 1500m (i), 3000 (i)
	Margaret Hertenstein	Cross Country	Benita Thomas	55m, 400 Relay 100m	Lizz Barringer	Long Jump (i), Hurdles (i), Heptathlon
1982	Debbie Kilpatrick	Cross Country	Lizz Barringer	High Jump (i), Heptathlon	Linda Wilson	Shot Put (i)
	Pat Washington	Discus	Jan Gautier	3000 (i), Cross Country	Peggy McFarland	400m Hurdles
	Candace Williams	Hurdles			Laura Tenaglia	3000M
	Pat Smith	4x400 Relay	Lisa Like	1600 Relay, 400 Relay	Jan Gautier	Cross Country
	Robin Long	4x400 Relay			Kelly Cracchiolo	1500m (i)
	Shirley Walton	4x400 Relay	Diana Brown	1600 Relay (i)	1990 Lucie Mays	1500m (i), 3000m
1983	Chris Ridenour	Cross Country	Regina Little	1600 Relay (i)	Linda Wilson	Shot Put (i)
	Chris Ridenour	Cross Country	Michelle Hicks	200m, 100m 400 Relay (i)	Laura Tenaglia	Shot Put 3000m (i), 5000m
	LaRita Hawes	Long Jump	1988 Laura Byrne	Cross Country	1991 Kathy Taylor	Long Jump (i)
	Jackie Gregware	Heptathlon	Jan Gautier	Cross Country	Lucie Mays	3000m (i), 3000m, 5000m
	Margaret Hertenstein	Cross Country	Kehinde Vaughan	1600 Relay	Torvia Bradley	55m (i), 100m
	Debbie Kilpatrick	Cross Country	Janice Gibson	800m (i), 800m	Angela James	High Jump (i)
1984	Chris Ridenour	Cross Country	Kelly Cracchiolo	1500m (i), 1500m		High Jump
	Pam Palmer	1500m (i)	Linda Wilson	Shot Put (i), Shot Put	Charlene Cortez	Shot Put
	Jennella Torrence	800m (i)			Lisa Like	400m (i),
	Jennella Torrence	800m	Lisa Like	1600 Relay (i)	1600m Relay (i),	
	Debbie Kilpatrick	10,000m				
	Lizz Barringer	Heptathlon				
1986	Laura Byrne	1500m				
	LeAnn Powers	Shot Put				
	LeAnn Powers	Shot Put (i), Shot Put				
1987						



Debbie Kilpatrick and LeAnn Powers were both three-time All-Americans in their respective careers. Kilpatrick earned the honors from 1981-85 as a distance runner. Powers captured the honors from 1986-88 in the Shot Put.





Men's All-Americans

Year	Athlete	Event						
1957	Rex Miller	Cross Country		Norm Kellar	500 (i)	John Schwepker	Pole Vault (i), Pole Vault	
1969	Marty Corcoran	Mile Relay		Jim Lohr	High Jump (i)		Decathlon	
	Mike Ervin	Mile Relay;		Kevin Lyons	Relays (i)	Rashid Ward	Long Jump (i)	
	Clarence Finley	Mile Relay		Earl Nichols	Relays (i)	Mike Roberson	Triple Jump (i)	
	Art Miller	Mile Relay		Tim Pigg	Shot Put (i)		Triple Jump	
1970	Clark Wille	120 yd. High Hurdle		Keith Presberry	Triple Jump (i)	Mike Hintz	Discus	
1971	Rick Wadlington	Shot Put		Jeff Randle	Relays (i), 55m (i)	John Hogan	Javelin	
	Steve Parker	Cross Country		John Schwepker	Pole Vault (i)			
	Bob Kauffman	Cross Country		Earl Whiting	Long Jump (i),	1989	John Daly	1500m
1972	Rick Attig	Javelin		Triple Jump (i)			Jimmy Hearld	5000m (i), 10,000m
1973	Ed White	Cross Country		Norm Kellar	1500m			5000m
1974	Ed White	Cross Country		David Jackson	100m, 200m	Terry Harrison		400 (i), Mile Relay (i)
1975	Ed White	Cross Country		Joe Leuchtmann	10,000m	Fred Jones		Mile Relay (i)
1976	Richard Wilson	100m, 200m		Jim Lohr	High Jump	Jerome McDonald		Mile Relay (i)
1977	Eric Hornsby	200m		Mike Hintz	Discus	Ted McMillan		Mile Relay (i), 800m
1978	Charles Taylor	Triple Jump		Earl Whiting	Long & Triple Jump	Brian Radle		Cross Country, 1500 (i),
1979	Rick Wadlington	Shot Put		Brian Radle	Cross Country			1500m, 5000m
1981	Andrew Presberry	Hurdles, Mile Relay	1986	Pedro Caceres	Steeplechase		Rashid Ward	Long Jump (i)
	Mike Vanatta	Steeplechase		Shaun Carlile	800m	1990	Bob Cahoon	Javelin
	Robin Thomas	Mile Relay		Bob Ferguson	Pole Vault		John Daly	1500m
	Leonard Scott	Mile Relay		Dana Garner	100m, 200m		Jimmy Hearld	5000m (i), 5000m
	Shay Lewis	Mile Relay		Norm Kellar	1500m		Steve Sawyer	1500m
	Ken Hoffman	Cross Country		Keith Presberry	Triple Jump (i),		Terry Harrison	400m (i), 1600m Relay (i),
1982	Mike Vanatta	Steeplechase		Triple Jump				1600m Relay
	Andrew Presberry	Hurdles		John Schwepker	Decathlon		Eric Van Matre,	800m (i), 1600m Relay (i),
	Rob Thomas	600 (i)		Art Waddle	10,000m			1600m Relay
1983	Mike Vanatta	Steeplechase	1987	Earl Whiting	Triple Jump		Jerome McDonald	1600m Relay (i),
	Ken McNair	High Hurdles		Pedro Caceres	1500 (i), Steeplechase			1600m Relay
	Ken Brown	Intermediate Hurdles			5000m, Cross Country	1991	Glen Norwood	Long Jump (i)
	Carl Bell	800m		Derec Haynes	55 Hurdles (i)			Long Jump
	Joe Lackner	1500m		Brian Radle	1500m (i), 1500m		Terrence Branch	400m (i), 1600m Relay (i),
	Tim Williams	100m, 200m			Steeplechase			1600m Relay
	Joe Leuchtmann	Cross Country		John Schwepker	Pole Vault (i),		Virgil Lucas	1600m Relay (i),
1984	Rob Thomas	500m (i)		Decathlon				1600m Relay
	Carl Bell	800m		Art Waddle	500m (i), 10,000m,		Brian Coleman	1600m Relay (i),
	Mike Dwyer	100m			5000m,			1600m Relay
	Bob Ferguson	Pole Vault		Neil Rock	Discus		Donnie Phillips	800m Relay (i),
	Barry Hibbert	400 Relay		Tim Williams	200m, 400 Relay,			800m Relay
	Dave Jackson	100m, Relays			100m, 1600 Relay		Jamal Carson	1600m Relay (i),
	Joe Lackner	1500m, Cross Country		Jerome McDonald	400 Relay, 1600 Relay			1600m Relay
	Joe Leuchtmann	10,000m, Cross Country		Terry Harrison	400 Relay, 1600 Relay		Jimmy Hearld	1600m Relay (i),
	Jim Lohr	High Jump		Darryl Grady	400 Relay			1600m Relay
	Rob Thomas	400m, Relays		Bob Ferguson	Pole Vault	1994	Terrence Branch	400m
	Mike Vanatta	5000m, Steeplechase,		Rich Schwepker	Pole Vault	2001	Terrance Branch	400m
		Cross Country		Ted McMillan	1600 Relay	2005	Miles Smith	400m
	Earl Whiting	Triple Jump		Norman Kellar	Cross Country	2006	Miles Smith	400m
	Art Waddle	Cross Country		Jay Townsend	Cross Country	2008	Miles Smith	400m
1985	Carl Bell	800m (i)	1988	Jimmy Hearld	Cross Country			
	Bob Ferguson	Pole Vault (i)		Art Waddle	Cross Country			
	Dave Jackson,	Relays (i), 55m (i)		Brian Radle	1500m (i), 1500m,			
					5000m (i), Steeplechase,			
					Cross Country			



Hall of Fame

INAUGURAL CLASS OF 2002

Laura Byrne: Track and Cross Country (1986-89)

Byrne, a track and cross country athlete from 1986-1989, won four NCAA II individual titles during the 1988-89 school year when she won the cross country national championship and the indoor 1,500 and 3,000-meters and the outdoor 5,000-meters.

Marvin Rosengarten: Track Coach, Director of Athletics

Rosengarten was a football player at Southeast who later served as an assistant football coach, track coach, athletics director and director of athletic development. The Marvin Rosengarten Athletic Complex on the Southeast campus is named in his honor.

Abe Stuber: Track Coach (1932-46)

Stuber was football and track coach at Southeast from 1932-1946 and also served as basketball coach from 1932-1935 and from 1943-1946. His track teams won seven MIAA championships and his football teams claimed three league titles including the 1937 team that was unbeaten and untied.

Mike Vanatta: Track and Cross Country (1981-84)

Vanatta, track and cross country from 1981-1984, won four NCAA II individual national championships. He won the steeplechase title in 1982, 1983 and 1984 and claimed the cross country championship in 1984 while leading Southeast to the team title.

1984 Men's Cross Country Team

The team won the NCAA Division II National Championship.

1985 Men's Indoor Track Team

The team won the NCAA Division II National Championship.

CLASS OF 2003

Rick Attig: Track (1970-73)

Attig, a football and track standout, was honorable mention All-American and team captain for the football team, and an All-American in the javelin for the track team. He is the Southeast and MIAA record holder in the javelin. He is currently an assistant track coach at Nebraska after having served as an assistant at Kansas.

Herb Mulkey: Track (1939-42)

Herb Mulkey was a star in both basketball and track. He was a two-time all-MIAA selection and team captain in basketball and held school records in the low hurdles, high hurdles and high jump. At one time, Mulkey held 11 high jump records at tracks throughout the Midwest.

Walter Smallwood: Track (1965-68)

Walter Smallwood was a two-time all-MIAA football selection who still holds Southeast records for touchdowns in a game (5), season (16) and career (38) and held the career rushing record until 1994. Smallwood was the MIAA 60-meter champion.

Clark Wille: Track (1967-71)

Clark Wille was a five-time MIAA champion in the high hurdles. He claimed All-American honors in the hurdles in 1971. After graduation he coached Herculaneum High School to ten state championships in cross country and track. Wille coached over 160 collegiate All-Americans at Lindenwood and Missouri Baptist. He guided the Lindenwood women to the NAIA cross country championship and the Lindenwood men to the NAIA men's indoor track title.

Curtis Williams: Track (1964-67)

Curtis Williams was the first African-American student-athlete at Southeast. He lettered four years in track and three years in basketball. He was the basketball MVP in 1967 and was MIAA champion in the high jump, triple jump and long jump.

CLASS OF 2004

Lizz Barringer: Track (1986-89)

Lizz Barringer was a four-time Division II All-American in the heptathlon. She was the 1989 NCAA Division II heptathlon national champion and was an Olympic trials qualifier in the heptathlon.

Bill McLane: Track (1934-37)

Bill McLane ranks as one of the all-time great track athletes at Southeast. When he graduated in 1937 he held 24 track and field records at Southeast.

Ryland "Dutch" Meyr: Track (1958-61)

Ryland "Dutch" Meyr was a four-year starter at tackle and was honored as a Little All-American in 1961. Three of the four teams he played on won MIAA championships. He served as an assistant coach from 1969-1977. He had a record of 25-7 as head coach at Cape Central High School.

Rex Miller: Track and Cross Country (1955-58)

Rex Miller was Southeast Missouri State's first cross country All-American. He was 24th in the 1957 NCAA championships for all divisions held at Michigan State. He was undefeated for three years in the two-mile and was the MIAA mile and two-mile champion. Miller was also the high school coach of Southeast Hall of Famer Mike Vanatta.



Hall of Fame

Rob Thomas: Track (1981-84)

Rob Thomas ranks as Southeast Missouri State's only NCAA Division I national champion. He won the 1984 indoor 600-meters at the NCAA Division I championships. He was also a Division I All-American in 1982 and was a Division II All-American in 1982, 1983 and 1984. He was a U.S. Olympic trials qualifier in 1984 and a U.S. National Team member in 1985.

Class of 2006

John Schwepker, Track (1984-88)

Schwepker won two individual national championships at Southeast while earning seven All-America awards. He won the NCAA Division II indoor pole vault championship in 1985 and was the decathlon national champion in 1988. The Southeast record holder in the decathlon with 7,881 points, Schwepker participated in the 1988 Olympic Trials.

Royal Tibb: Track (1919-23)

Tibb is believed to be the only athlete at Southeast to earn varsity letters in five sports. He lettered in football, basketball, baseball, track and tennis. An outstanding punter on the football team, he also served as captain of the track team and was described as an outstanding defensive player on the basketball team.

Class of 2007

Ed White: Track and Cross Country (1973-77)

White is the only Southeast cross country runner to earn All-America honors for three straight years. He was honored in 1974, 1975 and 1976 with his highest national finish ninth in 1975. White is retired after coaching track and cross country at Fox High School in Arnold for over 30 years. His wife, the former Laura Byrne, is a member of the Southeast Athletic Hall of Fame inaugural class of 2002.

Class of 2008

Joey Haines: Track and Cross Country Coach (1982-2008)

Ohio Valley Conference "Coach of the Year" 20 times during a career that saw his teams win one NCAA II National Indoor Title, one NCAA II National Cross Country Title and earn 18 NCAA II National Top Four Finishes. He was the NCAA II National Coach of the Year in 1985, the NCAA Division I Regional Coach of the Year in 1998, MIAA Coach of the Year six times and Missouri Track & Field Coaches Association Coach of the Year six times. He coached one NCAA Division I national champion, 23 NCAA II national champions, 10 NCAA I All-Americans and 145 NCAA II All-Americans.

Rick Wadlington: Track (1968-71)

An All-American in 1971 after placing second in the shot put at the NCAA II national finals, he established a Southeast outdoor shot put record with a throw of 59-0 1/2 while winning the MIAA championship. Helped lead the Southeast team to the MIAA title in 1971 by winning both the shot put and discus.

Class of 2009

Andrew Presberry: Track and Field (1978-82)

Presberry was a four-time All-American at Southeast, winning honors in the hurdles and on the mile relay team. He still holds the Southeast record in the 110-meter hurdles with a time of 13.84. The record, established in 1981, has stood for 28 years. Presberry also recorded the second fastest 400-meter hurdle time of 51.35.

Class of 2010

Terrance Branch: Track and Field (1982-2008)

Terrance Branch, of McCluer High School in St. Louis, Mo., tore through the record books during his career as a Southeast Missouri Student-Athlete. As a freshman, Branch ran the 400 meters in 47.74 at the indoor National Championships, earning All-American honors. In 1992, Southeast Missouri moved up to Division I, and Branch ran a 45.8 at nationals, but was disqualified for running out of the lane. He was given a medical redshirt in 1993, and came back to run a school record 45.52 400 meter dash, placing fourth at the NCAA National Championships. Branch earned a degree in Mass Communications, while placing himself in the record books in the 200 meters, 400 meters, 4x400 meter relay, and earning an OVC Outdoor Championship in the 400. Branch hung up his cleats as a four-time All-American.



Hall of Fame

Class of 2011

Bob Ferguson: Track and Field (1983-86)

Ferguson was part of the 1985 National Championship track & field team which is in the Southeast Hall of Fame. He was a five-time NCAA Division II All-American and eight-time MIAA indoor and outdoor conference champion in the pole vault. Ferguson was the 1987 NCAA Division II Outdoor Pole Vault Champion. He was a world championship team member for the 1987 Pan Am Games. In addition, Ferguson won a silver medal at the 1986 Commonwealth Games.

Class of 2012

Christine (Ridenour) Vanatta: Track and Cross Country (1982-84)

Highlighted her athletic career at Southeast by winning the 1984 NCAA Division II Women's Cross Country Championship, leading her team to a third-place finish. She was a three-time NCAA Division II All-American in cross country and a two-time NCAA Division II national qualifier in track & field. By the time she left Southeast, Ridenour had set school records in the 1500m, mile run, 3000m, 2-mile run and 5000m events. She is married to Southeast Hall of Famer Michael Vanatta.

Beverly Slaughter: Track and Field (1981)

She was one of the first great female athletes at Southeast. She held the long jump record at 20-5 for a period of 17 years. Slaughter was an All-American in 1981 and won numerous MIAA titles. She currently ranks third on the school's all-time long jump list.





THIS IS THE OVC

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This Is The OVC

Now in its 65th year, the Ohio Valley Conference continues to build on the success that has made it the nation's eighth-oldest NCAA Division I conference.

In May 2011 the Conference expanded for the second time in four years, adding Belmont University which begins competition in the 2012-13 academic year. The addition of Belmont gives the OVC 12 members, the most the league has had at one time in its illustrious history. The move added a second team in the city of Nashville and was the first addition to the league since Southern Illinois University Edwardsville joined in 2008.

The 2009-10 school year saw a change in leadership as Beth DeBauche was named the seventh full-time Commissioner in league history on July 28, 2009. She is currently one of just five females to be the head of a Division I conference, and one of just eight to lead a Division I conference all-time. The last three commissioners of the OVC have moved onto jobs as the commissioner of the Big Ten, Big 12 and the Mid-American Conferences.

The OVC's proud history dates back to 1948, but seeds for the new league were actually planted in 1941. It was then that Roy Stewart, the athletics director at Murray State, Charles "Turkey" Hughes, the athletics director at Eastern Kentucky, and Kelly Thompson, the public relations director at Western Kentucky, first broached the idea of forming a new conference. Discussions were put on hold by World War II, but reemerged Feb. 27-28, 1948 at the Kentucky Hotel in Louisville as the three original institutions combined with Morehead State, Louisville and Evansville to form the OVC.

In the 1950s, the OVC became a pioneer on a much more significant scale socially. During times of racial segregation, league member Morehead State became one of the first non-traditionally black mid-southern institutions to accept a black student. In 1958, Marshall Banks earned athletically-related aid at Morehead, which signed a second black athlete, Howard Murphy, a year later. In 1961, Murphy earned all-conference recognition as a halfback in football. With racial barriers broken, the rest of the institutions in the league began to provide educational and athletic opportunities to African-Americans.

Through the past 64 years, 15 teams have

won or shared the league's football title. The list is led by Eastern Kentucky, winner of 21 outright or shared football crowns (including sharing the title in 2011), which is tied for the most in Football Championship Subdivision history (with Massachusetts). Among OVC teams, former member Middle Tennessee is next with 11 titles, followed by Tennessee Tech with 10, and Murray State and former member Western Kentucky with eight apiece. Eastern Illinois has claimed five football crowns and Jacksonville State has three, while Morehead State, Tennessee State and former members Evansville and East Tennessee State have captured two apiece. Austin Peay, Southeast Missouri (which captured its first crown in 2010), UT Martin and former member Youngstown State have one title apiece.

Murray State and Evansville tied for the initial football championship, and the Racers participated in the first-ever bowl game by an OVC team, tying Sul Ross State 21-21 in the 1948 Tangerine Bowl. From 1948 to 1975, OVC teams played in 15 bowl games, winning eight of them. Eastern Kentucky and Western Kentucky were also participants in the NCAA Division II playoffs in the early and mid-1970s prior to the NCAA's reclassification of football programs into Division I-AA. The term "I-AA" lasted until the end of the 2006 season when it was changed to Division I Football Championship Subdivision (FCS).

The first Division I-AA/FCS football playoff was held in 1978 with only four teams, which is the only year through present day that the OVC did not field a playoff representative. In 1979, four of the nation's top teams were invited to the playoffs, and two of them - Eastern Kentucky and Murray State - were from the OVC. Murray dropped its semifinal game to Lehigh, but the Colonels nipped Nevada-Reno in double overtime and claimed the national championship a week later with a 30-7 victory over Lehigh. EKV was coached by former All-America quarterback Roy Kidd, who was in his 16th year at the helm of his alma mater and who skippered the Colonels to a second national title three years later. Following the 2002 season, Kidd retired after 39 years at EKV; upon retirement, he ranked sixth all-time among Division I coaches with 315 victories, earning him a spot in the College Football Hall of Fame. EKV's 20 FCS playoff appearances are the second for the most all-time (behind

only Montana).

In addition to Kidd, other coaching legends in the OVC include Charles "Bubber" Murphy, who coached at Middle Tennessee from 1947-1968, Western Kentucky's Jimmy Feix (1968-83), Wilburn Tucker (1954-67) and Don Wade (1968-82) of Tennessee Tech, Bill Ferguson (1967-77) of Murray State, Guy Penny (1959-67) of Morehead State and Boots Donnelly (1977-78 at Austin Peay; 1979-1998 at Middle Tennessee). Following the 2011 season Eastern Illinois head coach Bob Spoo retired following 25 years at the school (the last 16 as members of the OVC). In his time as an OVC coach he compiled 92 total victories (fifth-most in league history) and 68 OVC wins (fourth-most in league history) and was inducted into the OVC Hall of Fame in 2012.

A sampling of former OVC football stars, some of whom were All-Americans during their collegiate careers before achieving stardom at the professional ranks, include Jim Youngblood and Larry Schreiber (Tennessee Tech), Phil Simms (Morehead State), Virgil Livers and Dale Lindsey (Western Kentucky), Myron Guyton and Chad Bratzke (Eastern Kentucky), Cortland Finnegan (Samford) and Tony Romo (Eastern Illinois). In 2008, former Tennessee State standout Dominique Rodgers-Cromartie became just the fourth NFL First Round draft pick in OVC history when he was selected 16th overall by the Arizona Cardinals. He would break into the starting lineup halfway through his rookie season and started at cornerback for the Cardinals in Super Bowl XLIII. The OVC has had at least one former player named a NFL Pro Bowl selection in four of the past six seasons.

The 2007 season marked a return to scholarship football and the OVC for the Austin Peay Governors. Following the 1996 season the Governors dropped scholarship football and competed as both an independent (1997-00, 2006) and as a member of the Pioneer Football League (2001-05).

The 2007 season also brought new vernacular to the Ohio Valley Conference and the division formerly known as I-AA. Beginning with the 2006 National Championship game the term I-AA was changed to NCAA Football Championship Subdivision (FCS) in a decision by the Division I Board of Directors. The new label was chosen to communicate in a positive and clear manner the unique differ-



This Is The OVC

ences between Division I football categories (chiefly, the post-season opportunity) while still defining them within the Division I experience. The FCS includes programs that compete in an effort to participate in the NCAA championship postseason structure (one of 89 NCAA national championships) as opposed to the Football Bowl Subdivision (FBS) which competes in an effort to participate in the post-season bowl system (the 35 NCAA-licensed events which includes the Bowl Championship Series).

In 2010 Southeast Missouri State, picked to finish seventh in the preseason poll, compiled a 7-1 Conference record on the way to its first OVC Championship since joining the league in 1991. Overall the Redhawks were 9-2 during the regular season and earned a berth in the FCS Playoffs, its first playoff berth at any level in the program's 104-year history. Southeast would lose to eventual national champion Eastern Washington in the second round of the playoffs. Head coach Tony Samuel capped the year by winning the Sports Network's Eddie Robinson Award, given to the National Coach of the Year. Samuel was the second OVC coach to win the award (joining Murray State's Houston Nutt who won the award in 1995).

For only the second time in league history in 2011, three teams shared the OVC football championship, as Eastern Kentucky, Jacksonville State and Tennessee Tech finished with 6-2 records. The only other time in league history more than two champions were crowned at the end of the year was 1962 (when four teams shared the crown).

Football wasn't the only sport in which the OVC was quickly gaining respect. In 1955, the OVC became only the second six-member league nationally to earn an automatic bid to the prestigious NCAA Men's Basketball Tournament, which, at that time, was limited to only 24 participants. The Conference quickly proved worthy of that bid, as Morehead State defeated Marshall (107-92) and Wayne State (95-84) in the 1956 tournament.

Fifteen years later, former OVC member Western Kentucky became the first and only Conference team to reach the Final Four. The Hilltoppers defeated Jacksonville, Kentucky and Ohio State before losing to Villanova in double overtime in the national semifinals. WKU went on to finish in third place after beating Kansas 77-75 in the consolation game.

Since that time, the OVC has recorded some of the biggest upsets in the history of the NCAA Tournament. Perhaps the most famous moment came in 1987, when Austin Peay came from fourth place in the regular season to win the OVC Tournament and earn the league's automatic bid. The Governors drew powerful Illinois, and were such big underdogs, that ESPN broadcaster Dick Vitale promised to stand on his head if APSU won the game. After a 68-67 victory over the Illini, and a narrow 90-87 overtime loss to eventual Final Four participant Providence in the second round, Vitale made good on his promise in a visit to Clarksville two months later.

Murray State added to the OVC's string of upsets in 1988 when it knocked off 14th-ranked North Carolina State, 78-75. The Racers' M&M Boys - Jeff Martin and Don Mann - combined for 39 points in the win. MSU nearly went on to the Sweet 16 that year, losing to eventual national champion Kansas, 61-58. A bank shot by Mann that would've given the Racers a one-point lead rolled off the rim with three seconds left. In 1990 as a No. 16 seed, Murray State took No. 1 seed Michigan State into overtime before falling 75-71; that game still marks the closest a No. 16 seed has come to knocking off a No. 1 in men's tournament action. More recently, Murray State has dominated the OVC Tournament, reaching the championship game every year in the 1990's. The Racers' 15 OVC Tournament Championships are the most among all OVC schools.

After former member Middle Tennessee State won a first round game in 1989, the league had a drought as no other OVC team won a NCAA Tournament game for the next 19 years. But Morehead State, coming off a thrilling double overtime OVC Tournament victory over Austin Peay, topped Alabama State 58-43 in the Opening Round game at Flyer Arena in Dayton, Ohio. The game was played in front of an Opening Round record crowd of 11,346; that crowd included many MSU fans who made the three-hour drive from Morehead for the game. The Eagles season would come to an end three days later when they lost to No. 1 overall seed Louisville, despite playing the Cardinals close for a majority of the game.

In 2009-10, Murray State made OVC history by winning a record 31 games (31-5) on its way to the league's regular season and tournament championships. In the first round

of the NCAA Tournament, the No. 13 seed Racers topped Vanderbilt in thrilling fashion when senior Danero Thomas hit a jumper as time expired to lift MSU to a 66-65 victory. It marked the first OVC team to advance to the second round of the NCAA Tournament since 1989, and snapped a skid of 71-straight losses to Southeastern Conference foes (dating back to 2000-01). In the second round the Racers pushed eventual national runner-up Butler to the brink before losing 54-52.

In 2010-11 Morehead State would make it three NCAA Tournament wins in as many years for the league and got a bit of revenge for the 2009 tournament loss to Louisville in the process. After finishing second in the regular season and winning the OVC Tournament Championship, the No. 13 seeded Eagles were shipped to Denver to play the in-state foe Cardinals. MSU jumped out to a 15-2 advantage but were down four points (61-57) with just over a minute to play in regulation. After two free throws from two-time OVC Player of the Year Kenneth Faried, the Eagles held for one final shot attempt and senior Demonte Harper pulled up off a cross-over dribble to nail a 3-pointer with 4.3 seconds left that gave Morehead State a 62-61 lead. UofL had one last attempt but Faried blocked the Cardinals last shot, giving MSU the win, its first over Louisville since the 1956-57 season.

In 2011-12 Murray State put together one of the greatest seasons in OVC history, beginning the year 23-0 (an all-time OVC best) and being ranked as high as No. 7 in the coaches poll on Feb. 6. The squad was the first OVC team to be nationally-ranked since Murray State was ranked in 1997-98; in addition the top 10 ranking was the first for an OVC team since the 1970-71 campaign (WKU). The Racers would top nationally-ranked Memphis and Saint Mary's during the season and win the league's regular season and tournament championships. MSU earned a No. 6 seed in NCAA Tournament, the highest-ever seed for an OVC team since the NCAA began seeding the field in 1979. The Racers would top Colorado State 58-41 in the second round before falling to Marquette in the third round. Murray State would win 31 games overall, tying the OVC all-time record the Racers set in 2009-10.

The OVC has now won NCAA Tournament games in four-straight seasons, something



This Is The OVC

that has never happened in league history (three-game winning streaks from 1960-62 and 1987-89 had been the previous best streaks). Over that time period (2009-12) the OVC is one of just nine conferences nationally to win a NCAA Tournament game in each season and one of only three non-BCS leagues (joining the Atlantic 10 and WCC) to do so.

During the 2010-11 year Faried, the nation's leading rebounder during the season, became the NCAA's Modern Era (since 1973) career rebounding leader, totaling 1,673 rebounds which passed Tim Duncan for the record (he is 11th all-time in NCAA history). Faried also finished his career with 86 double-doubles, second all-time to only Duncan. He is one of only six players in NCAA history to finish with 2,000-plus career points (2,009) and 1,600-plus career rebounds. Faried was drafted 22nd overall by the Denver Nuggets in the 2011 NBA Draft, becoming the first OVC player selected in the first round since Tennessee State's Carlos Rogers 1994.

Through its 64 years, 12 teams have won or shared the league's regular season men's basketball title. Murray State heads the list with a Conference-record 23 outright or shared basketball crowns. Other past champions include former member Western Kentucky (19), Morehead State (9), Austin Peay (8), Eastern Kentucky (6), Tennessee Tech (5), former member Middle Tennessee (5), Tennessee State (2), former member East Tennessee State (2), Southeast Missouri State (1), UT Martin (who won its first in 2008-09) and former member Akron (1).

Among the coaching greats in men's basketball have been Western Kentucky's E.A. Diddle, who retired with 759 victories and 10 OVC titles; John Oldham, who was a member of the very first All-OVC squad and went on to win seven OVC crowns during his coaching tenure at Tennessee Tech and Western Kentucky; Paul McBrayer, who guided Eastern Kentucky to 219 wins and three OVC crowns; and Cal Luther, who is the only person in Conference history to win men's basketball Coach of the Year honors at two league schools - Murray State and UT Martin. Current Austin Peay head coach Dave Loos became the winningest coach in OVC history in 2009-10, netting his 319th victory and passing Luther on the all-time list. Loos enters the 2012-13

season with 363 victories.

There have been an equal number of great players including Western Kentucky's Clem Haskins, who is the only three-time OVC Player of the Year. Several players have won OVC Player of the Year honors twice: Western Kentucky's Jim McDaniel (1969-70 and 1970-71), Murray State's Les Taylor (1971-72, 1972-73), Jeff Martin (1987-88, 1988-89), Popeye Jones (1989-90, 1990-91) and Marcus Brown (1994-95, 1995-96), Austin Peay's Otis Howard (1976-77, 1977-78), Middle Tennessee's Jerry Beck (1980-81, 1981-82), Akron's Joe Jakubick (1982-83, 1983-84), Tennessee State's Carlos Rogers (1992-93, 1993-94), UT Martin's Lester Hudson (2007-08, 2008-09) and Morehead State's Kenneth Faried (2009-10, 2010-11).

The OVC also has the honor of being the only conference to boast the nation's leaders in scoring, rebounding and assists all in one season. That feat was accomplished in 1991-92 by Morehead State's Brett Roberts (28.1 ppg), Murray State's Popeye Jones (14.4 rpg) and Tennessee Tech's Van Usher (8.8 apg).

In 2007-08, UT Martin guard Lester Hudson became the first men's Division I player to record a quadruple-double in a game, when he registered 25 points, 12 rebounds, 10 assists and 10 steals in a victory over Central Baptist College. Hudson, who ranked fourth in scoring nationally as a junior, returned for his senior season in 2008-09 and was second nationally in scoring (behind Davidson's Stephen Curry) at 27.5 points a contest. Hudson earned numerous honors (including OVC Player of the Year and OVC Male Athlete of the Year in each 2008 and 2009 and All-American status from several outlets) before being drafted by the Boston Celtics with the No. 58 pick of the 2009 NBA Draft.

In the late 1970s, women's athletics began somewhat of a rebirth on the national scene as the NCAA began sponsoring and marketing women's sports. Recognizing the need to provide increased opportunities for female athletes, the OVC established women's championships in the sports of basketball, tennis and track in 1977, with cross country and volleyball added over the next four years. Those sports were initially governed by the Association of Intercollegiate Athletics for Women (AIAW), but the overall strength of women's programs in the league was demonstrated by the automatic bids

the OVC instantly received when the NCAA became the governing body in 1982.

Women's basketball in the OVC has been dominated by Tennessee Tech, which has won or shared 17 regular-season titles and owns nine OVC Tournament crowns. In fact, the Golden Eagles have reached the championship game of the OVC Tournament 21 times in the past 31 years. Although Tennessee Tech remains the standard-bearer, five other teams have won 13 of the last 19 OVC Tournaments. UT Martin became the latest program to add its name to the list, capturing its first OVC Tournament title in 2011 and repeating as champions in 2012. Austin Peay leads the group with seven crowns including four-straight from 2000-03 and back-to-back titles in 2009 and 2010, while Tennessee State, Eastern Kentucky, Murray State and Southeast Missouri each have won titles during that span.

Several coaches have made their mark in the relatively short history of OVC women's basketball. Former Tennessee Tech coach Marynell Meadors posted an amazing 363-139 (72.3%) record at Tech, becoming the first woman in NCAA or AIAW history to win 300 games at the same institution, while former Tennessee State skipper Teresa Phillips earned National Coach of the Year honors from USA Today in 1990 for turning around the Lady Tigers' program before going on to lead TSU to the NCAA Tournament in 1994 and 1995. Tennessee Tech coach Bill Worrell capped a stellar 20-year career in 2005-06 and was inducted into the OVC Hall of Fame in 2007; he compiled a 408-190 record while leading the Golden Eagles to an unprecedented 16 OVC regular-season titles and eight NCAA Tournament appearances, including five straight from 1989-93. Larry Joe Inman, who retired at the conclusion of the 2007-08 season and was inducted into the OVC Hall of Fame in 2009, won more than 100 games at both Middle Tennessee and Eastern Kentucky, and earned OVC Coach of the Year honors a record eight times - five times at ECU and three at MTSU. Inman came out of retirement to take the Tennessee State job and will be in his first year with the TSU program in 2012-13.

Many great players have graced the hardwood over the years, including former OVC Players of the Year Brooke Armistead and Gerlonda Hardin from Austin Peay, Pam Chambers, Jerilyn Harper, Cheryl Taylor,



This Is The OVC

Angela Moorehead, Roschelle Vaughn, Diane Seng, Janet Holt and Emily Christian from Tennessee Tech; Morehead State's Donna Murphy, Priscilla Blackford and Chynna Bozeman; Eastern Kentucky's Kim Mays; Southeast Missouri's Gray C. Harris; and Murray State's Ashley Hayes.

Bozeman finished her collegiate career in 2010-11 by winning her second consecutive OVC Player of the Year award. Her 2,170 points ranks her eighth all-time in OVC history, her 377 made career 3-pointers is first in OVC history and sixth in NCAA history and her 1,096 career 3-point attempts ranks first in OVC history and second in NCAA history.

Morehead State center Brittany Pittman set new school, league and NCAA standards for blocked shots in 2008-09. Pittman swatted 164 shots during the season, setting a new NCAA single-season record (which has since been broken). During the campaign, only her second with the Eagles, she also set career block records for both Morehead State and the OVC (287).

The league also had another historical moment in November 2008 when the NCAA awarded Nashville the 2014 NCAA Women's Division I Final Four. The OVC will serve as the host of the prestigious event, which is one of the biggest sporting events the city of Nashville can host. The event will be held at Bridgestone Arena in downtown Nashville.

Over its 64 years, OVC teams have garnered national championships and bowl games in football, along with national team or individual titles in the sports of rifle, cross country, track and golf.

The OVC has also produced several Olympic athletes, including Murray State's Morgan Hicks, who was a member of the 2004 United States Olympic Rifle Team and Morehead State's Brian Shimer who competed in five Winter Olympics in bobsled (winning a bronze medal in 2002) and coached the 2010 United States bobsled team to its first gold medal since 1948. In addition, some of the greatest players in professional sports were educated at OVC institutions. The list includes former greats such as football's Phil Simms (Morehead State), basketball's Clem Haskins (Western Kentucky) and Bubba Wells (Austin Peay) and two-sport star Steve Hamilton (Morehead State) to present-day standouts like basketball player Trenton Hassell (Austin Peay), football player

Tony Romo (Eastern Illinois) and baseball players George Sherrill (Austin Peay) and Jon Rauch (Morehead State). Hamilton is the only athlete to ever play in the NCAA Basketball Championship, a Major League Baseball World Series (New York Yankees) and a NBA Championship Series (Los Angeles Lakers).

The OVC's first volleyball tournament was held in 1981, the same year Eastern Kentucky began a string of six straight tournament crowns. Former ECU skipper Dr. Geri Polvino compiled a 627-439 record in 32 seasons as head coach of the Colonels, earning OVC Coach of the Year honors eight times. More recently, former Austin Peay coach Cheryl Holt and former Southeast Missouri skipper Cindy Gannon also earned their peers' recognition multiple times with four awards each.

Throughout the last 29 years, 10 different teams have won an OVC regular-season or tournament volleyball crown. Since joining the league in 1991, Southeast Missouri has dominated the scene, winning seven of its eight regular-season titles during the 1990's, including five straight from 1993-97. The Redhawks have also won five tournament crowns (1994, 1996, 1998, 1999 and 2000). Jacksonville State won back-to-back OVC Tournament Championships (2005, 2006) including going through the OVC undefeated (16-0) in 2006 and winning a NCAA Tournament match in 2010, the league's first NCAA victory since 2000.

Following the 2007 season, Jacksonville State's Abbey Breit was named the OVC Offensive Player of the Year for the third-straight season, becoming the first player in OVC history to accomplish that feat. Four other individuals - Eastern Kentucky's Angela Boykins (1985-86), Morehead State's Dayle Hammontree (1988-89), Southeast Missouri's Tuba Meto (1996-97) and Morehead State's Amy Almond (2001-02) - were back-to-back winners of the award.

In 2007, Eastern Kentucky's Jacob Korir won his fourth straight Conference cross country title becoming just the third OVC student-athlete and 13th athlete nationally to accomplish that feat. Korir was a three-time All-American in cross country, earning two top-10 finishes at the NCAA Cross Country Championship. The Nairobi, Kenya, native was also named a track and field All-American twice during his career, was selected as the OVC Male Athlete of the Year in 2006-07 and

received the NCAA post graduate scholarship in 2008.

In 2011 the Eastern Kentucky men's cross country earned a national ranking in the USTFCCCA poll, climbing to as high as No. 17; the ranking was the highest for an OVC team since the polls began in the early 1980s. The ECU men would win its record 20th OVC Championship and later qualify for the NCAA Championship, becoming the first OVC team to reach the national championship meet since 1980. Eastern Kentucky finished 26th overall at the event as junior Soufiane Bouchikhi finished 47th in a field of 252 runners. On the women's side Eastern Kentucky senior Lydia Kosgei became the first ECU woman to ever qualify for the NCAA Championship and went on to finish 37th at the national meet, marking the second-highest finish for a female in OVC history, and also earning All-American honors.

In 2007 the Conference had two teams in the NCAA Women's Soccer Tournament for the first time in league history, as former OVC member Samford earned an at-large selection while Southeast Missouri was the Conference's automatic bid.

In 2009 it was OVC softball that accomplished several firsts as UT Martin (tournament champion) and Jacksonville State (at-large) were each selected for the NCAA Championship. Jacksonville State would take it a step farther by winning the Knoxville Regional (beating No. 13 national seed Tennessee along the way) to become the first OVC softball program to advance to a Super Regional. Jax State would fall to No. 4 Alabama in that Super Regional but finished the season 43-16 (19-2 OVC) and ranked 21st nationally in the ESPN.com/USA Softball poll and 24th nationally in the USA Today/NFCA poll.

The league's baseball presence has continued to evolve since its inception. The OVC baseball tournament moved to a neutral site for the first time in 2001 with Paducah, Ky. and Brooks Stadium hosting the tournament in front of raucous crowds. The success of the tournament led to Jackson, Tenn. and Pringles Park - the home of the Seattle Mariner's Class AA affiliate - hosting the event for the first time in 2010.

The OVC also has made a statement in the NCAA Baseball Championship in recent years, with its teams involved in several memorable



This Is The OVC

contests in the last decade. Tennessee Tech surprised Wake Forest in the opening round of the 2001 tournament and Southeast Missouri stunned host Alabama in the opening round of the 2002 championship. Five years later, Austin Peay captured the collegiate baseball world's attention by taking Vanderbilt, the 2007 No. 1 overall seed, to extra innings. Eastern Illinois pushed host Nebraska to the limit in 2008 followed by Tennessee Tech's memorable contest against host Clemson in 2009.

After not making the OVC Tournament field in either 2009 or 2010, Austin Peay, who was picked to finish seventh in the preseason poll, won the regular season and tournament championships to garner its fourth NCAA Tournament appearance. In the first game of NCAA Regional play the Gobs knocked off host and No. 1 seed Georgia Tech 2-1.

In 2012 Austin Peay completed a "repeat squared" (back-to-back regular season and tournament championships) for the first-time in OVC history. The Gobs would go on to top Indiana State and Cal State Fullerton at the Eugene Regional, before falling to host Oregon in the regional final. In marked the first-time since the 2000 season (Middle Tennessee) that an OVC team had won multiple NCAA Tournaments games in the same season. Overall OVC teams have won at least one game in the NCAA regional round in four of the last six years.

A first in the OVC occurred in 2008, when the league had a first round draft pick in both the NFL (Tennessee State's Dominique Rodgers-Cromartie) and Major League Baseball (Eastern Kentucky's Christian Friedrich) Drafts in the same school year. A year later (2009) the league had a Major League Baseball First Round Compensation Round pick (Eastern Illinois' Tyler Kehrner who was No. 48 overall) and NBA Second Round pick (UT Martin's Lester Hudson) in the same season.

In 2010 a record 13 OVC baseball players were selected in Major League Baseball's First-Year Player Draft.

The playing field is not the only place where OVC athletes are working hard. The league also recognizes excellence in the classroom. Six Scholar-Athlete Awards are presented yearly to male and female athletes, while others are commended for their academic success by being Medal of Honor recipients or earning

a spot on the Commissioner's Honor Roll.

Additionally, the league annually presents one institutional Academic Achievement Award, as well as separate team awards in each Conference-sponsored sport. Since the College Sports Information Directors of America (CoSIDA) Academic All-America program began, the Ohio Valley Conference has had 211 student-athletes honored with the award, including 32 over the last three years (2009-10, 2010-11, 2011-12).

Through the early years of the league, administrators wrestled with fan behavior due to the close proximity of the Conference members and the intense rivalries which developed. Just as it did decades ago, the OVC took the leadership role on what has become a national issue. In 1995, the OVC implemented a first-of-its-kind "Sportsmanship Statement," a policy which promotes principles of fair play, ethical conduct and respect for one's opponent. The statement has become a model for others to follow across the nation, and has answered the challenge of the NCAA Presidents Commission to improve sportsmanship in collegiate athletics.

Additionally, the OVC annually presents the Steve Hamilton Sportsmanship Award, in honor of the former Morehead State student-athlete, coach and athletics director, to a junior or senior student-athlete with significant athletic contributions who best exemplifies the characteristics of sportsmanship and citizenship. Most recently, the Conference has also implemented the OVC Institutional and Team Sportsmanship Awards, which are presented to one institution and 18 sport-specific teams voted by their peers to have best exhibited the standards of sportsmanship and ethical conduct as outlined by the OVC and NCAA.

The vision of leadership demonstrated by the Founding Fathers in 1948 remains alive today as the Ohio Valley Conference prepares for the future. One example is in regard to the current trend in collegiate athletics administration for increased involvement of university presidents in setting policies and making rules. The presidents of OVC institutions, however, have always governed the Conference, long before presidential governance became a national theme.

The Ohio Valley Conference sponsors the following sports: baseball, basketball, cross country, football, golf, tennis and track for men,

and basketball, cross country, golf, soccer, softball, tennis, track and volleyball for women. In addition, the OVC also sponsors the combined men's and women's sport of rifle.

Now in its seventh decade of competition, the Ohio Valley Conference has grown significantly from its humble beginnings while increasing the number of athletics opportunities it provides for students. Current league representatives include charter members Eastern Kentucky University, Morehead State University and Murray State University, along with Austin Peay State University, Belmont University, Eastern Illinois University, Jacksonville State University, Southeast Missouri State University, Southern Illinois University Edwardsville, Tennessee State University, Tennessee Technological University and the University of Tennessee at Martin.



THIS IS SOUTHEAST

IN THIS SECTION . . .

» University Guide





SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

*The college experience of a lifetime. The job of your dreams.
A life that is amazing.*

That is what most students and parents want from a college education. At Southeast, we want the same for you. We want you to learn your profession, gain the experience or internship you need, and get that first paycheck!

The growing—and changing—student body has had an impact on everything and everyone. The physical changes of the campus are the most visible. Two new residence halls. The River Campus. The polytechnic building. An information commons in the library. And so on.

Students and faculty are experiencing change of a different kind. Classroom activity has reached a new level of productivity, as students are brighter and more prepared than ever. Enrollment is at an all-time high. The impact on the honors program has been dramatic, with more students than ever choosing to participate in and complete the honors curriculum. The number participating tripled in five years!

All of this means that Southeast has become Missouri's most academically competitive regional university.

2009—*InsideCollege.com* reports that our honors program is an effective way to make large-sized room smaller with a more personal approach to learning.

2010—Computer science receives prestigious national accreditation.

**Safest
Campus
in Missouri**

StateUniversity.com



2010—Consumer watchdog group *GetItGood.com* ranks Southeast #1 on its list of "Top 10 Ranked Best Values Online MBA-MBA Accredited!"

2010—Southeast is named the safest campus in Missouri and among the safest in the nation by *StateUniversity.com*.



SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

We have...

- ▶ Small classes with 56 percent of courses having fewer than 30 students
- ▶ Faculty with PhDs—some teaching assistants—who teach most classes
- ▶ More than 200 areas of study
- ▶ Woodland wireless classrooms and best-of-class technology
- ▶ Internships and real-world learning offered in 100 percent of programs
- ▶ Study abroad opportunities that take you almost anywhere

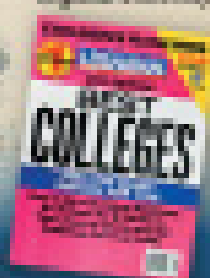
We are....

- ▶ NCAA Division I Athletics
- ▶ Listed among the Midwest's top universities
- ▶ One of the select college campuses in the nation
- ▶ Conveniently located 175 miles south of St. Louis
- ▶ A medium-sized university with more than 11,000 students
- ▶ Composed of ten colleges and schools

We provide...

- ▶ Choices in the University Studies (general education) classes
- ▶ Some of the newest residence halls in Missouri
- ▶ 160 organizations that keep you busy after class
- ▶ Each student with two advisors—academic and career
- ▶ Fraternities and societies that are productive and fun
- ▶ One-of-a-kind student aquatic center in one of our two recreation centers

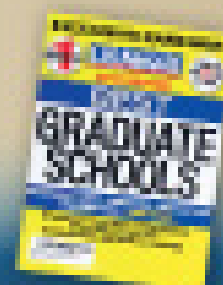
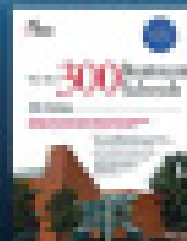
2011—U.S. News & World Report names Southeast a "Best Midwestern Regional University."



2011—For seven consecutive years, Princeton Review includes Southeast College of Business on its list of "Best Business Schools."



2011—Princeton Review again names Southeast as one of the "Best in the Midwest," representing only about 15 percent of the nation's four-year colleges.



2012—U.S. News & World Report lists both nursing and communication disorders on its list of top graduate programs in health.



SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

Donald L. Harrison College of Business

Our increasingly popular business programs have made us one of the major colleges of business in the Midwest. The Donald L. Harrison College of Business is accredited by AACSB International—the gold standard of business school accreditation—an honor held by only 5 percent of institutions offering business degrees worldwide.

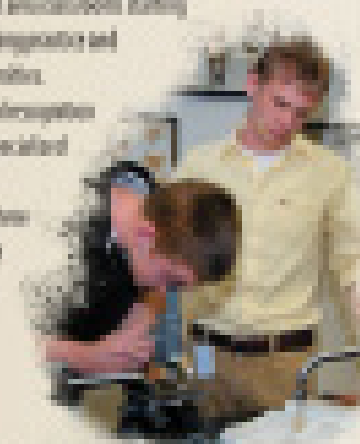
- ▶ Employees and students value our stress-free environment. It's a combination of all nationally known business programs, Southeast ranked in the top 1 percent in learning to use and manage technology.
- ▶ Our entrepreneurial studies programs Missouri's most comprehensive, offering options for undergraduate and graduate degrees. The Douglas L. Givens Center for Innovation and Entrepreneurship is one of the most comprehensive entrepreneurship focused university centers in the Midwest.
- ▶ Southeast students have gone to more than 30 international exchange and study abroad opportunities in London, Paris, Spain, Portugal and Rio de Janeiro.
- ▶ Our hands-on approach for students allows the opportunity to participate in internship programs with companies nationwide.
- ▶ Students can participate in many learning experiences with classrooms that have Internet, cable TV, direct satellite feed and interactive presentation capability.
- ▶ St. Louis employers rate the "St. Louis Interview Days" as the best recruiting event in which they participate in the Midwest.
- ▶ Our accounting curriculum prepares students for the Certified Public Accountant (CPA) and Certified Internal Auditor (CIA) designations. Students may go to work directly into an accounting field or go on to complete the 150-hour requirement Missouri and other states require for the CPA examination. Our first-time pass rate on the CPA exam continues to be well above the national average.
- ▶ Business programs are housed in Enterprise Hall, a wireless classroom environment featuring an electronic presentation lab and more than 800 networked computers with the latest software.



College of Education

If you are considering teaching as a profession, you are looking at a bright university. For more than a century Southeast has been preparing and certifying some of the nation's brightest and best teachers. Moreover, we have a record of accomplishment to prove it.

- ▶ Most importantly our education program is fully accredited by the National Council of Teacher Education (NCTE), which sets the highest standards for teacher education programs nationwide.
- ▶ The Missouri Department of Elementary and Secondary Education approved Southeast teacher preparation programs and all of its graduate programs.
- ▶ Because of our long-standing relationships with classrooms, during your first year you accumulate more teaching practice and knowledge than graduates from other universities.
- ▶ The College of Education maintains close relationships through a rigorous review process with 11 specialized professional associations.
- ▶ Our counseling programs have earned national recognition for accreditation by the Council for the Accreditation of Counseling and Related Educational Programs.



SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

College of Health and Human Services

Although there are diverse academic offerings in the College of Health and Human Services, all programs potentially lead to a career that significantly and positively impacts the lives of individuals and families.

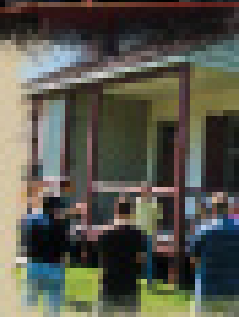
- ▶ All nursing programs (nurse and nurse practitioner) are accredited by the Commission on Collegiate Nursing Education.
- ▶ The recreation program is accredited by the Commission International for Recreation, Park Resources and Leisure Services.
- ▶ The Communications Disorders program allows students to gain clinical experience with children and adults who have speech, language or hearing disorders.
- ▶ Aerospace Studies offers a path to citizenship for those intending to pursue officer positions in the United States Air Force. During a summer field training course for the Professional Officer Corps, students experience aerial training, aircraft and air crew orientation, physical training and the crew operation of an Air Force base.
- ▶ The nationally accredited social work program requires students to complete 400 hours of field education under the supervision of experienced social workers.
- ▶ Southeast has a strong connection with the Law Enforcement Academy and has more than 30 years of partnership in all branches of criminal justice at the federal, state and local levels. Our students intern with the U.S. Marshals Service, the FBI, the U.S. Secret Service, Federal Probation, Missouri Division of Probation and Parole, Missouri Health Services and other law enforcement agencies.
- ▶ The dietetics program is accredited by the American Dietetic Association Commission. Our graduates have a success rate of nearly 100 percent on the national exam to become registered dietitians.



College of Liberal Arts

An education in the liberal arts gives you broad-based training for careers in business, the arts, media, education and the legal profession.

- ▶ Southeast's mass communication program is accredited by the Accrediting Council on Education in Journalism and Mass Communications (ACEJMC). Only one other institution in Missouri has this elite accreditation. Our public relations program is one of only 38 institutions — none in Missouri — that hold certification by the Public Relations Society of America (PRSA). Only 13 other institutions in the world have recognition from both ACEJMC and PRSA for their mass communication programs.
- ▶ Students can work at two campus radio stations (NPR affiliate KRCR 90.5 FM and KRCR 105.7), the campus student newspaper and "132" cable television station.
- ▶ Our certified teacher preparation program is one of a few U.S. programs that offers a four-year degree and is among a small number to have full membership in the National Council for Professional Education.
- ▶ During the last five years, Southeast's pre-law students have exceeded the national SAT average score, and their placement rate in law school approached 100 percent.
- ▶ Students majoring in philosophy have a 100 percent acceptance rate to graduate and law school.
- ▶ Our students make politics come alive by working on political campaigns and by serving as interns. Each year approximately 10 students from around the university travel to Washington, D.C. to conference with some of the nation's top scholars at the Center for Strategic and International Studies.





SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

College of Science, Technology and Agriculture

The foundation of success in Southeast's College of Science, Technology and Agriculture lies in faculty of teacher-scholars supported by well equipped laboratories and the latest technology which offer our students personalized study and research opportunities during their undergraduate studies.

- ▶ Our popular computer science bachelor's program is nationally accredited by the Computing Accreditation Commission of the Accreditation Board of Engineering and Technology.
- ▶ Our popular marine biology program is one of the only inland programs in the U.S., creating an opportunity for students to combine a traditional college experience with the study of marine life because of our collaboration with the Gulf Coast Research Laboratory in Ocean Springs, Miss.
- ▶ Southeast's pre-med curriculum prepares students for the MCAT (Medical College Admission Test). Our students are accepted to medical school at a rate that is well above the national average.
- ▶ Our chemistry graduates consistently score at or above the 70th percentile on the Major Field Achievement Test in Chemistry.
- ▶ Our engineering/physics program is nationally accredited by the Accrediting Board of Engineering and Technology (ABET), the sole accrediting body of engineering programs, which means that graduates of the program are eligible to take state engineering professional engineers.
- ▶ All of the bachelor of science programs in the Department of Industrial and Engineering Technology are nationally accredited.
- ▶ In addition to a \$23-acre Burdick Barton Agriculture Research Center, Agriculture students study at a 110-acre site incorporating a non-irrigated turk place city and a modern soil fertility laboratory.
- ▶ The School of Horticultural Studies operates the 11,000-square-foot, climate-controlled Charles L. Burton Horticulture Greenhouse.
- ▶ Our non-sustainable programs, the only one of its kind in the country. The U.S. Department of Labor estimates there will be 135,000 new jobs in this field by 2018 - a 21 percent increase in demand alone.
- ▶ The innovative sustainable energy program management major responds to worldwide concerns about global warming, air pollution and resource destruction.
- ▶ Southeast's pre-veterinary medicine program prepares students for admission to the College of Veterinary Medicine at the University of Missouri - Columbia.
- ▶ Mathematics faculty are actively involved in research and design projects of interest to students.



SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

Earl and Marge Holland School of Visual and Performing Arts

Classic beauty and modern technology converge at Southeast's River Campus—Missouri's only campus dedicated exclusively to art, dance, music and theater. Encompassing the Missouri Performing Arts Cultural Arts Center and transformed Seminary Building are now home to the Earl and Marge Holland School of Visual and Performing Arts. With the opening of this magnificent facility, the number of new students planning to major in the visual and performing arts doubled in one year.

- ▶ Art students have three interconnected art studios for painting, drawing, printmaking, film and digital practices; computer lab rooms, as well as two galleries for the planning, installation and computer design lab with the latest hardware and software available.
- ▶ Students find internships and professional experience at the Berkshire Theater Festival, the Lucille Lortel Theater in New York, the Midland Summer Theater at the University of Connecticut Summer Theater and more.
- ▶ In 2008, the Golden Eagles Marching Band performed at the Edinburgh Military Tattoo, its national becoming just the second American university marching band to perform there twice.
- ▶ In addition to performances throughout the season, featuring world famous guest artists, the Southeast Missouri Symphony Orchestra exchanged music as well as culture in China where they performed concerts in Shanghai and Beijing in 2009.
- ▶ The River Campus gives students the opportunity to show their work in state-of-the-art venues: the 600-seat Donald C. Beffel Performance Hall is a premium theater with spacious stage and backstage areas. The 300-seat Family Theater East Flexible Theater can be configured in infinite ways for "black box" productions. The 300-seat Robert F. and Gertrude L. Shook Music Recital Hall features nearly perfect acoustics. A student/faculty art gallery features technology that allows for the display of 3-D animation, as well as painting, prints, ceramics and sculpture. The Rosemary Beffel and Mary L. Craig-B. Museum has an interactive educational theater, an gallery for changing exhibitions, and a permanent display featuring southeast Missouri.



Living on Campus

Southeast offers students 11 residence halls from which to choose. Each room has Internet access and cable TV. Room dining areas are available with a variety of options, and, with no entrance fee or other organizational dues, students find plenty of opportunities to get involved.





Athletics Staff



Cindy Gannon
Senior Associate AD
Senior Woman Administrator



Brady Barke
Interim Associate AD
Compliance & Eligibility



Joyce Penny
Ticket Manager
Student Accountant



Marcia Hendrix
Assistant Ticket Manager
Insurance



Sharon Burgard
Director of Academic
Services



Kent Phillips
Coordinator of Facilities and
Event Management



Alfred Castillo
Head Athletic Trainer



Barb Kinsey
Athletic Development



Nate Saverino
Coordinator of Marketing
and Promotions



Ricky Zum Mallen
Graduate Assistant
Marketing



Dr. Beth Easter
Faculty Athletics
Representative



Ryan Johnson
Strength & Conditioning
Coach



Robby Rasco
Equipment Manager



Sara Cummings
Administrative Assistant



Megan Rottler
Graduate Assistant
Strength & Conditioning



Natalie Williams
Academic Services Assistant



Kelly Benacka
Graduate Assistant
Academic Services

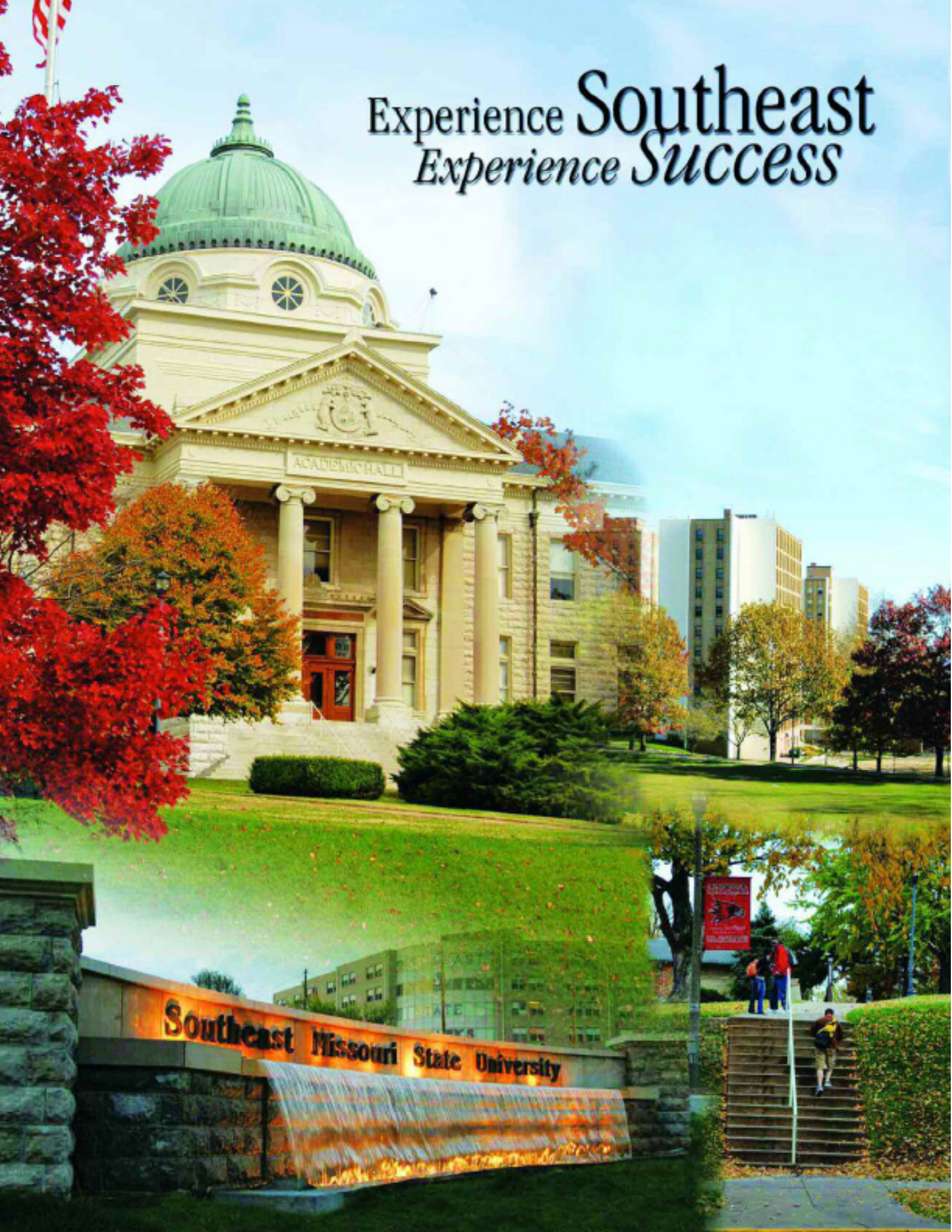


Emily Obergönnner
Graduate Assistant
Academic Services



Andrew Salter
Graduate Assistant
Strength & Conditioning

Experience Southeast *Experience Success*





INDOOR SCHEDULE

DATE	OPPONENT
Dec. 7	Eastern Illinois Early Bird Invite
Jan. 11	SIU Invite
Jan. 19	Wisconsin Invite
Jan. 25	Indiana Relays
FEB. 1	SIU EDWARDSVILLE DUAL MEET
Feb. 8	Vulcan Invite
FEB. 15	REDHAWKS INVITE
Feb. 22	OVC Indoor Championship
March 1	Alex Wilson Invite
March 8	NCAA Indoor Championship

OUTDOOR SCHEDULE

DATE	OPPONENT
March 16	Rhodes Invitational
March 23	SIUE Invitational
March 29	Oliver Nickoloff Invitational
APRIL 5	JOEY HAINES INVITATIONAL
April 12	Sea Ray Relays
April 19	Black and Gold Invitational
April 19	Lenny Lyles-Clark Wood Invitational
April 27	Arkansas State Invitational
May 3	OVC Outdoor Championships
May 10	Louisville Twilight
May 10	Georgia Tech Invitational
May 23	NCAA West Region Preliminary
June 5	NCAA Outdoor Championships

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Home Meets in **BOLD**

Home INDOOR Meets at the Student Recreation Center-North
Home OUTDOOR Meets at the Abe Stuber Track and Field Complex

