

# SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS



## 2013 GYMNASTICS GUIDE

# Southeast

Missouri State University™

## Located

- ▶ Cape Girardeau, Mo.

## Enrollment

- ▶ 11,510

## Class Size

- ▶ Small classes with 98 percent of courses having fewer than 50 students

## Academic Programs

- ▶ More than 200 areas of study including business, education, nursing, agriculture, science and technology, visual and performing arts

## Athletics

- ▶ 15 NCAA Division I Teams





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### Credits

The 2013 Southeast Missouri Gymnastics Guide was written, edited and designed by Assistant Sports Information Director Chad Twaro. Cover design and additional graphics assistance provided by Tonya Wells and Krista Mayfield. Photography by Marcus Painton, Marc Mahnke, Pat Patterson, Keith Hente, Matt Ewasko, David Knoef and Kevin Knoef. Other editorial assistance by Sports Information Director Jeff Honza and Sports Information Assistant Nick Seeman.



### Credentials

Credentials are required for entrance to Houck Field House for members of the media. To request season or single-meet credentials, please contact Southeast Missouri State Sports Information by phone at (573) 651-2294 or e-mail at [ctwaro@semo.edu](mailto:ctwaro@semo.edu). Credentials can be picked up at the ticket table located inside the main entrance of Houck Field House.

### Press Row

Media will have assigned seats available. Professional decorum is expected at all times. Cheering or outward expression is strictly prohibited.

### Photographers

Photographers must adhere to all photography policies. Check with Chad Twaro regarding approval to shoot in Houck Field House. Flash photography is prohibited.

### Interviews

Interviews with Southeast coaches and student-athletes must be arranged through Assistant Sports Information Director Chad Twaro at least 24 hours in advance. Gymnasts are generally not available on a competition day prior to a meet. Media members are generally welcome to attend practice, but are asked to notify the sports information office that they intend to do so.

### Post-meet Interviews

Anyone wishing to interview a Southeast student-athlete must notify Chad Twaro prior to the end of each meet. Student-athletes will be available after the mandatory 10-minute cooling off period. Media representatives are not allowed in the dressing room area. Head Coach Kristi Ewasko will be available after each meet, as well.

### Gymnastics Email List

If you would like to be added to the Redhawks gymnastics e-mail list to

receive breaking news about the team please e-mail Chad Twaro. The official website, [GoSoutheast.com](http://GoSoutheast.com), is the best source for up-to-date information about the team.

### Event Day Services

Statistics, rosters and meet notes will be provided prior to each meet. Final meet results and scores will also be handed out during and following all competitions.

### WebCast

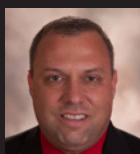
KFVS12 will WebCast all four home meets on its website, [KFVS12.com](http://KFVS12.com) free of charge. This year's WebCast schedule is available online at [KFVS12.com](http://KFVS12.com) and [GoSoutheast.com](http://GoSoutheast.com).

### On the Web

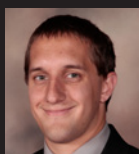
The latest news on Southeast Missouri Athletics can be found on the web at [GoSoutheast.com](http://GoSoutheast.com). Gymnastics releases, stories, information and stats provided by the sports information office are available.

## Southeast Missouri Sports Information

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Cape Girardeau, MO 63701  
Phone: (573) 651-2294 | Fax: (573) 651-2810  
Press Box: (573) 651-2191  
Website: GoSoutheast.com



**Jeff Honza**  
Director



**Chad Twaro**  
Assistant Director



**Nick Seeman**  
Assistant

## 2012-13 Sport Assignments

### Jeff Honza, Director

Football, Men's Basketball,  
Women's Tennis  
Office: (573) 651-2933  
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E-Mail: jhonza@semo.edu

### Chad Twaro, Assistant Director

Women's Soccer, Women's Basketball,  
Gymnastics, Outdoor Track & Field  
Office: (573) 651-2937  
Cell: (573) 979-4307  
E-Mail: ctwaro@semo.edu

### Nick Seeman, Assistant

Volleyball, Indoor Track & Field, Baseball  
Office: (573) 651-2294  
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E-Mail: nseeman@semo.edu

### Sean Stevenson, Student Assistant

Cross Country, Softball  
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E-Mail: spstevenson1s@semo.edu

## Follow the Redhawks on the World Wide Web

The screenshot displays the GoSoutheast.com website. The top navigation bar includes links for SPORTS, SCHEDULES, TICKETS, INSIDE ATHLETICS, FAN ZONE, and SUPPORT THE REDHAWKS. The main header features the Redhawks logo and the site name. A large banner image shows a gymnastics event with the text 'WOMEN'S GYMNASTICS REDHAWKS IMPRESS AT MEET AND GREET'. Below this, there are sections for 'RECENT HEADLINES' and 'UPCOMING EVENT CALENDAR'. The 'RECENT HEADLINES' section lists several articles related to the women's gymnastics team. To the right, there is a sidebar with links for 'WOMEN'S GYMNASTICS', '2013 Quick Facts', 'Alumni Questionnaire', 'Archived Stories', 'Buy Redhawk Gymnastics Apparel', 'Coaching Staff', 'Follow Southeast Gymnastics on Twitter', 'Hawk Field House', 'Recruiting Questionnaire', 'Roster', 'Schedule', and 'Statistics'. Below the sidebar, there is a video player for 'January 4th and 5th Practice Highlights'. At the bottom of the page, there are several promotional banners for 'TEAMSHOP', 'DROID APP', 'OFFICIAL REDHAWKS ANDROID APP', 'TICKETS', 'LIVESTATS', 'SOUTHEAST MISSOURIAN', 'THE BANK OF MISSOURI', 'DRURY HOTELS', 'BUFFALO WILD WINGS', 'BIG RIVER TELEPHONE', and 'YP'.

GoSoutheast.com



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Facebook.com/GoSoutheast



**Twitter**

Twitter.com/GoSoutheast



**YouTube**

YouTube.com/GoSoutheastRedhawks



**Pinterest**

Pinterest.com/GoRedhawks



The Southeast Missouri gymnastics team holds all of its home meets at Houck Field House. The facility has provided a home-gym advantage for the program over the years due to the lively crowds and intimate setting.

With over 40,000 square feet available on the main gymnasium floor, Houck can hold meets that can accommodate upwards to five teams comfortably.

Named after Louis Houck, an important and long-time member of the Board of Regents and local railroad entrepreneur, Houck was originally built in 1927 to house the Physical Education Department. The field house was destroyed by fire in 1948 and later rebuilt and expanded in 1951.

After the Show Me Center was completed, the field house was renovated in 1987 and 1995 to better accommodate women's volleyball and gymnastics competition.

Today, Houck Field House seats 2,000 fans for gymnastics meets. The building houses locker rooms for the Redhawk baseball, volleyball, soccer and softball teams. There are also three additional visitor gameday locker rooms.

Houck also houses a fully-equipped training room as well as a meeting room and interview room for post-meet press conferences.

Since 1998, the Redhawks have averaged 502 fans per meet, the best home attendance average over that time period in the Midwest Independent Conference. The all-time attendance mark for the program was set during the 1998 season when 1,486 fans packed Houck for a dual meet against Centenary on March 7.

## TOP 10 ATTENDED MEETS AT HOUCK\*

Attendance	Date	Opponent
1,486	3/7/98	Centenary
1,433	2/7/98	Texas Woman's University
1,017	2/21/99	Illinois & Missouri
755	1/30/09	Southern Utah & Centenary
717	2/15/08	Missouri
713	3/9/98	Illinois State
645	3/19/11	MIC Championships
632	3/25/06	MIC Championships
612	2/1/03	Illinois-Chicago
603	3/14/09	Air Force

*\*Since 1998 season*

The Southeast Missouri gymnastics team conducts all its practices inside Parker Gymnasium. The state-of-the-art gymnasium is inside Parker Hall, located in the heart of campus.

The practice gymnasium's location moved last season to its current spot on the ground floor of Parker Hall, and went through major renovations during the process.

The new, expanded practice facility now houses an elevated vault runway, two sets of uneven bars, a regulation practice floor, built-in resi pits and trampoline, a trench bar and multiple balance beam stations.

New coaches offices, meeting rooms, fully equipped training and exercise rooms were added.

One of the top practice gymnasiums in the Midwest, it has a seating section for fans to watch practice or the team's annual pre-season meets, which are held in Parker Gymnasium.

The facility and equipment was made possible by the generous donation of Vince and Jan Kelley. The donation of over \$100,000, the largest ever received by the program, covered the moving, construction cost and equipment costs.

The team's locker room is also located in Parker Hall. The 1,200 square foot area houses 20 oak lockers, showers, restrooms, a athlete lounge and study area.





**P**revention. Treatment. Rehabilitation. Education. Those are the four primary phases of athletic training, and the Southeast Missouri athletic training staff strives to fulfill all of those areas when working with student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the athletic training staff. Head Athletic Trainer Alfred Castillo directs the Sports Medicine department which includes four full-time athletic trainers, six graduate assistants and several student assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

The athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through. There are currently four athletic training facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.

The Southeast athletic training rooms are equipped with stationary bikes, hand weights, therapeutic modalities and the latest physical therapy equipment. Each

component is strategically designed to not only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and two hospitals in Cape Girardeau. It is from these hospitals that the Athletic Training department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself

to providing the best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and management of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.





**S**outheast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

This will be accomplished by focusing on reducing the risk of injury and maximizing athletic potential through individual evaluation and program design.

#### Training Principles for Southeast Athletes:

1. *Reduce the risk of injuries*
  - If a student-athlete is injured, he/she will not be able to compete at practice or games.
2. *Maximize athletic ability*
  - We challenge each athlete, both physically and mentally, in order to achieve optimal results.

#### Exercises for Southeast Athletes are based on the following Principles:

1. *Ground Based Movements*
  - Athletes compete with their feet on the ground, and therefore, should train that way. The ability to produce force against the ground determines how fast athletes can

run and how high they can jump.

#### 2. *Three-Dimensional Movements*

- Athletes must be able to stabilize themselves in all planes of movement. A fancy way of saying we use free weights (barbells/ dumbbells vs. machines).

#### 3. *Multi-Joint Movements*

- Very rarely in sport do athletes

isolate one single joint at a time. Athletes can train more muscle mass at the same time.

The Southeast Missouri Strength and Conditioning program is under the direction of Ryan Johnson.

Redhawk student-athletes use various training facilities located inside the Student Recreation Center South.





The Redhawk Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Stadium. The Redhawk Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings.

The area is under the guidance of Associate Director of Athletics Brady Barke, with assistance from Director of Academic Services Sharon Burgard, Assistant Natalie Williams and Graduate Assistants Emily Matthews and Kelly Benacka.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes. Last year, a school record 62.2 percent of Southeast's student-athletes achieved a 3.0 or better grade point average. Eleven of the Redhawks 15 intercollegiate athletic teams recorded a team GPA over 3.0. The gymnastics team posted the best overall mark with a 3.82. In all, 19 student-athletes recorded a perfect 4.0 GPA.

Tutors are available for all student-athletes as needed. In addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with

a mentor bi-weekly to discuss academic progress.

The Success Center staff works to get athletes involved in campus and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.



## Recent Academic Highlights

- » A school record 62.2 percent of Southeast Missouri student-athletes achieved a 3.0 or higher grade point average during the 2011-12 academic year. Nineteen student-athletes had a perfect 4.0.
- » Eleven of Southeast's 15 intercollegiate athletic teams recorded a team GPA over 3.0. The Redhawk gymnastics team had the best overall mark with a 3.82 GPA.
- » The Redhawk men's cross country and women's gymnastics teams received NCAA Division I Academic Progress Rate Public Recognition Awards. Both programs registered scores of 1,000 for the 2010-11 academic year.
- » Southeast Missouri's Department of Athletics earned a number of quality rankings in the NCAA's last Academic Progress Rate (APR) report. The Redhawk men's cross country, gymnastics, baseball, volleyball, women's tennis and softball teams exceeded the national average in the multi-year APR.
- » Thirty-Eight student-athletes were part of the largest graduating class in the history of Southeast Missouri State University last spring. A total of 1,322 students -- 1,052 undergraduates and 270 graduate students -- received degrees.
- » The Southeast gymnastics team was named the 2011 Academic National Champion by the National Association of Collegiate Gymnastics Coaches/Women. The achievement marked the third time in four years that the team has garnered the coveted honor. The Redhawks team grade point average was an impressive 3.91 during the 2010-11 academic year. It tied the highest GPA for a team in the history of the award.
- » Three Redhawk student-athletes earned Academic All-District honors during the 2011-12 season. Volleyball's Paige Dossey also garnered Third-Team Capital One Academic All-American accolades. In addition, the men's and women's cross country teams each finished among the top-10 teams in the country in grade point average.



*The Southeast Missouri gymnastics program posted the nation's second-highest GPA in 2012.*



**S**tudent-athletes and coaches at Southeast Missouri are dedicated to giving back to the community that so generously supports them.

Redhawk gymnastics student-athletes have opportunities to participate in a variety of community service activities each year. Community involvement helps provide a support structure and greater opportunity for academic success.

We are proud of the level of commitment shown by our student-athletes and always encourage them to participate in community service projects here at Southeast.





The Southeast Missouri Department of Athletics entered into a five-year agreement with Nike on Oct. 6, 2010 -- the leading brand in collegiate athletics -- to be the official uniform, apparel and footwear provider for the Redhawks 15 sport programs.

Included in the deal are new home and away uniforms. The Redhawks wear the same model uniforms worn by Ohio State, Florida, Missouri and other Bowl Championship (BCS) Nike programs. Southeast donned its new uniforms for the first time in 2010.

The Beaverton, Ore. based company provides uniforms, practice and training gear, headwear and footwear for all Redhawk sports. This agreement provides a mid-six figure savings for the Southeast Department of Athletics over five academic years. LIDS Team Sports administers the agreement.

"LIDS Team Sports is thrilled to have the opportunity to share its vision of quality, competitive pricing and unmatched customer service to Southeast Missouri State University through this agreement," said Paul Brunelle, Director of LIDS Team Sports Impact U. "We value this relationship and are honored to be partnered with the Redhawks."

NIKE, Inc., based near Beaverton,

Ore., is the world's leading designer, marketer and distributor of authentic athletic footwear, apparel, equipment and accessories for a wide variety of sports and fitness activities. Since 1999, Nike has owned the top spot in the Collegiate Licensing Company's (CLC) collegiate apparel and royalties rankings.

The high-quality performance product provided by Nike gives Redhawk teams a competitive advantage.





**D**r. Kenneth W. Dobbins became the seventeenth president of Southeast Missouri State University on July 1, 1999 after serving as the University's Vice President of Finance and Administration from 1991 to 1993, and Executive Vice President from 1993 until his appointment as president. He previously held several positions in higher education administration at Kent State University in Ohio.

During his tenure at Southeast, academic programs have been enhanced including the establishment of the College of Science, Technology, and Agriculture and the Earl and Margie Holland School of Visual and Performing Arts which opened in Fall 2007 on the new River Campus. A comprehensive review of all academic and non-academic programs has been accomplished to maintain quality and minimize student fee increases in the face of significant state appropriation reductions. Southeast continues to be recognized nationally for many of its outstanding accredited academic programs. For the eighth year in a row, Princeton Review recognized the Master of Business Administration program on its list of "Best Business Schools." GetEducated.com listed Southeast #1 on the list of "Top 10 Ranked Best Values Online MBAs-AACSB-Accredited"; Southeast is recognized in the top tier of the Midwest best regional universities in U.S. News Best Colleges for 2012; and Southeast was again named among the "Best in the Midwest" by Princeton Review. Additionally, StateUniversity.com ranked Southeast the safest public college campus

in Missouri, Militaryfriendlyschools.com lists Southeast among the top schools that embrace veterans as students, and recent freshmen survey data indicate that new students applied only to Southeast at a rate three times the national average.

Enrollment has increased significantly since a 20-year-low in 1994 when some 7,900 students attended Southeast. In Fall 2005, enrollment topped 10,000 for the first time, and stood at more than 11,500 in 2011. Additionally, record enrollments in higher education have occurred in the University's 25-county service region during his tenure due to the establishment of new regional campuses in Sikeston and Kennett and a higher education center at Perryville serving place-bound students in and near those rural communities.

During Dr. Dobbins' presidency, more than \$300 million in capital construction and building improvement projects have enhanced the University. The Seabaugh Polytechnic Building and the \$58 million River Campus were constructed. Additionally, The Douglas C. Greene Center for Innovation and Entrepreneurship to promote entrepreneurship and enhance the region's economy opened on the campus in 2005; Southeast dedicated its new, state-of-the-art David M. Barton Agriculture Research Center in 2009; two new 300-bed residence halls were constructed in 2002 and 2009; and the University

currently is in the midst of more than \$90 million in capital renovation for maintenance and repair projects including the renovation of the historic 106-year-old Academic Hall, the remodeling and upgrades to the Magill and Rhodes sciences complex and a new residence hall.

Dr. Dobbins has served a two-year term as president of the Missouri Council on Public Higher Education (COPHE), the organization for presidents and chancellors of Missouri's public colleges and universities, and is the senior member of the organization. In 2007, he was selected to serve a three-year term on the American Association of State Colleges and Universities (AASCU) Board of Directors, an organization which represents over 420 U.S. public college and university members and more than 3.7 million students or 56 percent of the enrollment at all public four-year institutions. He was elected Secretary-Treasurer of the organization in 2008, chaired the organization in 2010-2011, and currently serves on the executive committee as past chair of the AASCU Board. Also, for the past eight years, he has served as one of four faculty members for the week-long AASCU New Presidents' Academy, and currently chairs the Finance Committee of the American Academic Leadership Institute. He previously served three years as president of the Ohio Valley Conference and is currently a member of



the Conference finance subcommittee. In addition, he is a vice president of the executive board of the Greater St. Louis Council, Boy Scouts of America, and in 2010, he was awarded the Silver Beaver Award, the highest honor bestowed upon a Boy Scout volunteer by a council.

He earned his B.S. degree in accounting from the University of Akron (Ohio) in 1971 and served as a commissioned officer and civilian executive in the U.S. Air Force for almost 10 years. He received the M.B.A. degree in 1979 from Old Dominion University (Virginia), and the Ph.D. in higher education administration in 1987 from Kent State, where in 2011, he was awarded the Alumni Leadership Award for the College of Education, Health and Human Services Annual Hall of Fame Awards. He is also a Certified Public Accountant in Ohio.

Dr. Dobbins and his wife, Jeanine Larson Dobbins, Founder and Director Emeritus of the Missouri Statewide Early Literacy Intervention Program based at Southeast, have a son, Paul, and a daughter-in-law, Stacey, who are both Southeast graduates, and a grandson, Lincoln.



### Board of Regents



**Doyle L. Privett**  
President



**Donald "Brad" Bedell**



**Jay Knudtson**



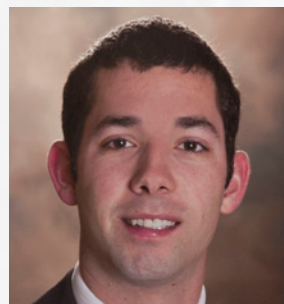
**Tom M. Meyer**



**Kendra Neely-Martin**



**Daren K. Todd**



**Kevin J. Magnan**  
Student Representative



**M**ark Alnutt, senior associate director for administration at the University of Missouri, was named director of athletics at Southeast Missouri State University.

The announcement was made April 19 during a news conference in the Aleen Wehking Alumni Center at Southeast.

Alnutt participated in an off-campus interview April 12 in St. Louis and was on campus for final interviews the day he was introduced as the Redhawks new director of athletics. He was among two finalists for the position following a national search conducted by a search committee including representatives from the Board of Regents, faculty, staff and the community.

Alnutt began his new duties at Southeast on May 21. He replaced John Shafer who retired last June. Cindy Gannon served as interim director of athletics since that time.

"Mark brings with him a tremendous breadth of experience and the caliber of credentials to move our program forward and into the future," said Kenneth W. Dobbins, president of Southeast Missouri State University.

Alnutt served as senior associate athletics director for administration at the University of Missouri after spending three years as the associate athletics director for administration.

Mike Alden, director of athletics at the University of Missouri, said, "I think Southeast Missouri State University is getting a terrific leader in Mark Alnutt. We will miss him here, but our loss is Southeast's gain and all of us here are very proud of Mark and all that he has accomplished."

In his previous role, Alnutt served as the administrative liaison for football; supervised track and field, cross country, gymnastics and golf; spearheaded the department's project management team; served as the primary point person for the Athletic Department, overseeing all aspects of facility project master planning, development, management and implementation; and was involved with external department operations, including development, game operations, marketing, media relations, Mizzou Sports Properties and ticket operations.

Alnutt also managed postseason travel arrangements for each of the University of Missouri's 20 intercollegiate sport programs. He was in charge of Missouri's Nike contract, the Big Wheels and Flying Tiger programs and the department's relationship with Old Hawthorne Golf Club. In 2009, he oversaw a \$5 million video board project through the University of Missouri Sports Complex with the centerpiece being a new board at Faurot Field. He also oversaw the design and construction of the new Golden Girls/Gymnastics

practice facility completed last fall.

Additionally, Alnutt was actively involved in the solicitation and stewardship efforts of capital gift giving.

Alnutt spent the previous six years at the University of Missouri as director of football operations, adding an assistant athletic director title prior to the 2005-06 season. In that role, his duties included coordinating the team's travel plans, oversight of the football budget, handling compliance issues, scheduling of facilities, assisting with the recruiting operations and managing the day-to-day operations of the football program.

He coordinated public relations and community service events for football, and oversaw all organizational aspects for the University of Missouri's trips to the 2003 and 2005 Independence Bowl games played in Shreveport, La. He also represented the football program as part of the design team that planned the \$16 million expansion and renovation project which turned the Tom Taylor Building into the Missouri Athletics Training Complex.

Alnutt was a three-year letterman for the University of Missouri as a linebacker



*Mark Alnutt was introduced as Southeast Missouri's new director of athletics on April 19, 2012.*

and tight end from 1993-1995 and was voted the team's champion of the year as a senior. He earned a degree in sociology in 1995 and went to work for Major Brands as a senior salesman in Kansas City from February 1996 to August 1997. Alnutt returned to the University of Missouri to pursue a master's degree in public administration with an emphasis on sports psychology. He joined the Missouri football staff in 1998 as an administrative/video graduate assistant. Alnutt completed his master's degree in May 2000 and took over as director of football operations that August.

A native of Kansas City, Alnutt served as president of the board of directors for Big Brothers/Big Sisters of Boone County and was selected to participate in the 2002-2003 NCAA Leadership Institute for Ethnic Minority Males. In June 2005, he was recognized by Columbia Business Times as one of Columbia's 40-Under-40 business leaders for his work in the community.

He has participated in the Division I-A Athletic Director's Institute, attended the NACDA Mentoring Institute and was



chair of the NCAA Women's Gymnastics committee. In 2010, he was the recipient of an Outstanding Chancellor's Staff recognition and the Barbara S. Uehling Award for Administrative Excellence at the University of Missouri.

Alnutt and his wife, the former Kate Hankins, are the parents of four children, Jaren, Kinleigh, Mason and Aidan.





The Southeast Missouri State University Department of Intercollegiate Athletics is an integral part of the University community and accordingly adheres to Southeast Missouri State University's overall institutional mission, one of providing a quality education and college experience for the students and communities we serve. The mission of the Department

of Athletics is to enhance the collegiate experience for all students through the development and operation of a sound intercollegiate athletics program. The Athletics Department is a NCAA Division I program, and therefore is committed to the highest standards of integrity in athletic and academic achievement. The athletic teams of the

University are committed to compete at the highest possible level in the Ohio Valley Conference or other conference affiliations. The Department of Athletics is committed to the principles of equitable access, diversity, student welfare, sportsmanship, ethical conduct, rules compliance, and the prudent management of resources in all endeavors.



VOLLEYBALL  
CONFERENCE  
CHAMPIONS  
1988-89

THE HARDEST WORKING TEAM ON  
CAMPUS? YOU'LL FIND THEM  
AT THE MEDICAL CENTER.

CONNE'S  
PIZZA  
BY THE GALLERIA

HOME

PERIOD

GUEST

FOULS T.O.L. PLAYER FOUL T.O.L. FOULS

SCORE MATCH SCORE



# 2013 Preview

FEATURING...

- » Season Outlook
- » 2013 Roster
- » TV/Radio Roster





## Season Outlook

The 2013 season will be about moving forward for the Southeast Missouri gymnastics team. After sitting on the verge of qualifying for the NCAA Regional Championships the previous three seasons, the Redhawks suffered through a difficult 2012 campaign that saw them post a 2-15 dual record and finish fifth at the Midwest Independent Conference Championships. It marked the first time under fourth-year head coach Kristi Ewasko that Southeast posted less than 12 dual victories and it was the first time a Southeast team finished outside the top 40 in the national rankings since 2007.

"The view in the program is that last year was a learning experience and we've moved forward," Ewasko said. "We've changed things in practice and turned it into a more positive atmosphere. Preseason has been a lot of fun. Now that we have seniors on the team, we have vocal and physical leadership which should propel us back to being a regional contender."

Southeast returns 21 of 24 lineup spots from a year ago and have four seniors on its roster. Throw in the junior class and nine of 13 gymnasts on the 2013 team are upper classmen.

Two of those returners qualified for the NCAA Regional Championships as individuals with senior **Taylor Westrick (Waterford, Wis./**

**Salto Gymnastics)** competing on balance beam and junior **Megan Fosnow (Franklin, Wis./ Midwest Twisters Gymnastics)** making the cut in the all-around competition.

Westrick went a step further, winning beam at the regional meet to qualify for the NCAA Gymnastics Championships. That made her the first Southeast gymnast to make it to nationals since the program went Division I in 1992.

"Taylor had a tremendous year for us," Ewasko said. We look for her to once again be strong on three events for us. We think that she can upgrade all her routines, even on balance beam to move up in the national rankings."

### Vault

Southeast is hoping some new routines will improve its No. 56 vault Regional Qualifying Score (RQS) of 48.250 from a year ago. While the core of the lineup will have a similar look to last year, the Redhawk gymnasts have tweaked their layouts looking to raise the start values of their routines and ultimately the scores as well.

Fosnow served as Southeast's anchor on vault last year, a lineup spot she will likely hold once again in 2013. Seniors **Emma Garrett (Jacksonville, Fla./Starlight Gymnastics)** and **Margaret O'Neal (Highlands Ranch, Colo./**



**Megan Fosnow**

**Champion Gymnastics)** will form an experienced group in the bottom half of the vault lineup.

"Megan has been our anchor on vault over the past year and she should continue to excel in our lineup," Ewasko said. "Our lineup will be held strong by Emma Garrett. She's working on a new vault that will increase her start value and hopefully her score. We think Margaret will also be a big contributor here."

The top of the lineup is an ongoing competition, but one that has shown promise in putting together a strong overall group. Junior **Taryn Vanderpool (Lenexa, Kan./Elite Gymnastics)** is a potential all-around competitor who is likely to crack the vault lineup again this year. Juniors **Kimberly Pickerl (Naperville, Ill./Aerial Gymnastics Club)** and **Erin Brady (Oshkosh, Wis./Oshkosh Gymnastics Center)** also figure to get some looks in competition.

Perhaps the most encouraging part of the roster is the early development from the Redhawks' freshman class. **Hayli Huiner (Winfield, Ill./Illinois Gymnastics Institute)** and **Taylor Penzien (Ray Township, Mich./Olympia**



**Emma Garrett**



## Season Outlook



**Taylor Westrick**

**Gymnastics Academy**) each showed promise during the fall and could be factors in the lineup during the season.

"Taryn learned a new vault from last year and we think it will be competitive," Ewasko said. "Kimmie may see some turns as well. Hayli has a great layout and it could easily lead off our vault in a meet where someone needs a day off. Taylor Penzien has two options on vault and we're trying to find a consistent one for competition, but they both have 10.0 start values. Erin may also be in the lineup. She has a unique vault where she goes a full on the table, but she is working on consistency."

### Uneven Bars

Southeast should have more options to choose from in its uneven bars lineup after having difficulty finding six competitors a year ago. The

Redhawks finished 55th nationally with a 48.190 RQS.

Southeast is hoping some new routines for several returners will yield better scores from the judges. Fosnow projects to anchor the bars lineup once again while O'Neal is looking to compete with a new routine that could significantly raise her scores.

"Margaret and Megan will probably be our two best bar swingers," Ewasko said. "Margaret has a big dismount that wows everyone. She's training a new routine and the nice thing with her is that if this doesn't work we can go back to last year's. Megan has a clean routine that should score well."

**Senior Angela Serafini (Glencoe, Mo./Team Central)** provided some big scores for the Redhawks towards the end of the season. Serafini finished the season by scoring 9.800 on bars in the final two meets, the last of which earned her second-team all-conference honors at the MIC Championships. She spent the latter stages of fall practice recovering from injury, but has done so ahead of schedule and may return to the lineup earlier than initially expected.

Other potential competitors include returners **Samantha Marrero (Farmingville, N.Y./Gold Medal Gymnastics Center)**, Pickerl, Vanderpool and Westrick, all of whom cracked the lineup in several meets last season. Westrick in particular is looking stronger on bars and is expected to bring more consistent scores this year.

"Taylor is looking stronger than last year on bars," Ewasko said. "Her routine is very clean and the minor things she got deducted on last year have been fixed. We think she will score much better there."

The lineup may get a lift from its freshman class as Penzien has a unique routine that has the potential for big scores.

Also looking to make an impact is sophomore **Nicole Nickels (Odessa, Mo./Xtreme Gymnastics)**. Nickels walked onto the team last season and while she did not compete, she's developed the skills necessary to challenge for a

lineup spot. She also battled some injuries during the fall, but is expected to be ready for competition at some point during the season.

"Taylor Penzien will get a long look for the bars lineup," Ewasko said. "She has an interesting release where she comes under the low bar flips and releases back to the high bar, which you don't see much. Nicole is recovering well from a midseason injury and she will have a chance to see the lineup."

### Balance Beam

Southeast hopes to field a strong lineup on beam as Westrick looks for an encore to the best individual season in Southeast's Division I history. The Waterford, Wis., native scored at least 9.800 on beam in her final 10 meets. She had a fantastic postseason where she scored 9.900 to win the individual crown at the MIC meet, matched that score at the NCAA Champaign Regional and tallied a strong 9.850 at nationals.

Serafini closed the season strong on beam, scoring at least 9.750 in her final three meets and expectations are that she will provide more consistent scores. The Redhawks should also get improved performances from returners Brady, Fosnow, Marrero, Pickerl and Vanderpool.

"Angela has been inconsistent at times because of injuries, but she is a great beam worker," Ewasko said. "She has once again nursed some injuries in preseason, but we hope to have her back strong as a potential all-around competitor. Taryn is clean and consistent. Her gymnastics has improved and we think she can be a factor in the all-around and towards the bottom of our beam lineup. Megan, Erin and Kimmie will all fight for spots in the lineup. Samantha has looked good working on beam despite starting her training late."

Freshmen Penzien and Huiner have also regularly cracked the lineup during practices and intrasquad meets. Both newcomers have an opportunity to make an immediate impact in this unit.



## Season Outlook

"Taylor Penzien in the next year or two can challenge Taylor Westrick's best marks," Ewasko said. "Hayli has been in our lineup consistently during the fall, she's coming into her own as a gymnast."

Another potential competitor is sophomore **Taylor Huey (Fleetwood, Pa./Prestige Gymnastics)**. Huey was a regular in the Redhawks' beam lineup as a freshman last year, but she has been recovering from offseason surgery. Her return to the lineup is unknown. Fellow sophomore Nickels also has a shot at cracking the beam lineup.

### Floor Exercise

The Redhawks have changed up most of their floor routines and believe their tweaks will provide big returns in this event.

Garrett will once again serve as anchor of this lineup after scoring 9.700 or higher in every meet a year ago. With the strides made by her teammates, the floor lineup could get very competitive this winter.

"We plan for Emma to anchor every meet," Ewasko said. "The nice thing is that we have people pushing for that spot, which is a testament to how much talent we have on this event."

Returners Westrick, Vanderpool, Fosnow, Serafini, Brady and Pickerl will each have opportunities to crack the lineup and help buoy the Redhawks' point production in that event. The new choreography has yielded impressive results during the fall and has the Redhawks primed for big scores.

Both freshmen have an opportunity to crack the floor lineup as well. Penzien has exhibited strong tumbling skills during the fall and Huiner has shown clean skills that have her looking at a spot in the lineup.

"Taylor Westrick and Taryn have both looked very good so far," Ewasko said. "Hayli and Taylor Penzien are challenging for spots in that lineup. Erin Brady will fight for her leadoff spot, but that's where she is right now. Kimmie, Margaret and Angela all have a shot at getting in the lineup."

### Schedule

Southeast put together a diverse schedule that features some dual meets against conference foes and challenging competitions against some of the nation's best programs.

The season begins on Jan. 18 with a trip to new MIC foe Lindenwood, a program in its first season. The first month ends at Houck Field House with a dual against Centenary for the first of four home meets this year.

The Redhawks log some heavy miles in the beginning of February, starting with a trip to DeKalb, Ill., for a dual at Northern Illinois on Feb. 2. Southeast then heads out west for a tri-meet on Feb. 8 against BYU and Boise State. Southeast faces Boise State again two days later on Feb. 10, giving it two head-to-head meetings against a traditionally strong gymnastics program.

Southeast finishes February with a home and home series against defending MIC champion Illinois State, hosting the Redbirds on Feb. 15 and competing on Feb. 24 in Normal, Ill.

March begins with the Redhawks' final two home meets of the year, a March 3 dual against Eastern Michigan and a conference tilt against Texas Woman's on March 8. Following that meet, Southeast closes the regular season in Kent, Ohio with a quad meet against Kent State, New Hampshire and Cornell on March 15.

"We reach outside of just our conference this year," Ewasko said. "We're still competing against MIC teams, but we're branching out to Kent State, who qualified for nationals two years ago. Boise State is usually a top-20 program and seeing them twice will challenge us. Those meets will help push our scoring to the next level. Those types of programs are what we strive to be, a regional qualifying team. If our score stays close with theirs, then we know we are competing to the best of our ability."

Centenary serves as the host of this year's MIC Championships, which is held on March 23. Southeast also faces Illinois State, Lindenwood,

Texas Woman's and 2012 regional-qualifier UIC in search of its fourth MIC title.

The teams boasting the nation's top 36 RQS totals all qualify for the various NCAA Regional Championships, which take place April 6. The NCAA Gymnastics Championships take place April 15-17 in Cleveland, Ohio.



**Angela Serafini**

## Team Roster



**Back Row (L-R):** Erin Brady, Megan Fosnow, Taylor Huey, Hayli Huiner, Nicole Nickels, Kimberly Pickerl, Margaret O'Neal, Angela Serafini, Taryn Vanderpool, Taylor Penzien and Samantha Marrero  
**Front Row (L-R):** Taylor Westrick and Emma Garrett

## 2013 Southeast Gymnastics Roster

Name	Events	Ht.	Yr.	Hometown	Club
Erin Brady	AA	5-9	Jr.	Oshkosh, Wis.	Oshkosh Gymnastics Center
Megan Fosnow	AA	5-7	Jr.	Franklin, Wis.	Midwest Twisters Gymnastics
Emma Garrett	V, FX	5-5	Sr.	Jacksonville, Fla.	Starlight Gymnastics
Taylor Huey	AA	5-2	So.	Fleetwood, Pa.	Prestige Gymnastics
Hayli Huiner	AA	5-4	Fr.	Winfield, Ill.	Illinois Gymnastics Institute
Samantha Marrero	AA	5-7	Jr.	Farmingville, N.Y.	Gold Medal Gymnastics Center
Nicole Nickels	AA	5-5	So.	Odessa, Mo.	Xtreme Gymnastics
Margaret O'Neal	AA	5-4	Sr.	Highlands Ranch, Colo.	Champion Gymnastics
Taylor Penzien	AA	5-8	Fr.	Ray Township, Mich.	Olympia Gymnastics Academy
Kimberly Pickerl	AA	5-0	Jr.	Naperville, Ill.	Aerial Gymnastics Club
Angela Serafini	AA	5-4	Sr.	Glencoe, Mo.	Team Central
Taryn Vanderpool	AA	5-2	Jr.	Lenexa, Kan.	Elite Gymnastics
Taylor Westrick	AA	5-4	Sr.	Waterford, Wis.	Salto Gymnastics

## COACHING STAFF

**Head Coach:** Kristi Ewasko (Fourth Season/Auburn, 2004)  
**Assistant Coach:** Sarah Shire (First Season/Missouri 2010/12)  
**Assistant Coach:** Michael Reavis (First Season/Iowa, 2006)  
**Volunteer Assistant:** Emily Mann

### Breakdown by Class:

Seniors.....	4
Juniors.....	5
Sophomores.....	2
Freshmen.....	2

### Breakdown by State

Colorado.....	1
Florida.....	1
Illinois.....	2
Kansas.....	1
Michigan.....	1
Missouri.....	2
New York.....	1
Pennsylvania.....	1
Wisconsin.....	3

### Pronunciation Guide

Taylor <b>Penzien</b> .....	Pen-ZEEN
Kimberly <b>Pickerl</b> .....	PICK-er-uhl
Michael <b>Reavis</b> .....	Rev-is



## TV/Radio Roster



**Erin Brady**  
5-9 • Jr.  
Oshkosh, Wis.



**Megan Fosnow**  
5-7 • Jr.  
Franklin, Wis.



**Emma Garrett**  
5-5 • Sr.  
Jacksonville, Fla.



**Taylor Huey**  
5-2 • So.  
Fleetwood, Pa.



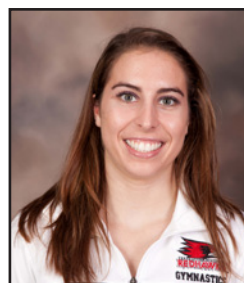
**Hayli Huiner**  
5-4 • Fr.  
Winfield, Ill.



**Samantha Marrero**  
5-7 • Jr.  
Farmingville, N.Y.



**Nicole Nickels**  
5-5 • So.  
Odessa, Mo.



**Margaret O'Neal**  
5-4 • Sr.  
Highlands Ranch, Colo.



**Taylor Penzien**  
5-8 • Fr.  
Ray Township, Mich.



**Kimberly Pickerl**  
5-0 • Jr.  
Naperville, Ill.



**Angela Serafini**  
5-4 • Sr.  
Glencoe, Mo.



**Taryn Vanderpool**  
5-2 • Jr.  
Lenexa, Kan.



**Taylor Westrick**  
5-4 • Sr.  
Waterford, Wis.



**Kristi Ewasko**  
Head Coach  
Fourth Season



**Sarah Shire**  
Assistant Coach  
First Season



**Michael Reavis**  
Assistant Coach  
First Season



**Emily Mann**  
Volunteer Assistant  
Second Season



## Coach Bios

### FEATURING...

- » Head Coach Kristi Ewasko Bio
- » Assistant Coach Bios
- » Celebrating 40 Years of Title IX





## Head Coach



# Kristi Ewasko

”Head Coach ”Fourth Season ”Auburn, 2004

Three seasons into her tenure as head coach, the Southeast Missouri gymnastics program has experienced a mix of team and prominent individual success under Kristi Ewasko.

The Redhawks sent two individuals, Megan Fosnow and Taylor Westrick, to the NCAA Regional Championships in 2012. Westrick won the balance beam at the regional meet to become the first Southeast gymnast to qualify for the NCAA Gymnastics Championships since the program went Division I prior to the 1992 season. She finished 28th at the national meet to conclude her historic season.

In 2011, Southeast captured its second Midwest Independent Conference title in program history and finished 39th nationally with a regional qualifying score (RQS) of 193.875.

On May 24, 2010, then-Southeast Director of Athletics John Shafer named Ewasko the head women's gymnastics coach after she spent her first year as the interim head coach.

The Redhawks posted a 12-8 dual record while going 9-2 against MIC foes in 2011. In addition to the team success, Southeast sent three gymnasts to the NCAA Regional Championships in Norman, Okla. Taylor Westrick competed in the all-around while Brianna Gaddie competed in the vault and Christina Sundgren took part in the uneven bars.

A native of Monroe, La., Ewasko spent one year as an assistant coach at Southeast before she was promoted to interim head coach. During that time, she led the Redhawks to an overall record of 18-7 and 11-4 in the Midwest Independent Conference. The 18 victories were the most for the program since 1997.

In addition, Southeast finished third at the MIC Championships and had three gymnasts (Jordan Salsberg, Brianna Gaddie and Rikara Turner) qualify for the NCAA South Central Regional. The team just missed the program's ninth NCAA Regional berth, finishing with a final national ranking of 40 with a Regional Qualifying Score (RQS) of 193.850, which led the MIC.

In dual competition, Southeast has gone 32-30 in Ewasko's three seasons at the helm.

Academic success has been at the forefront of the Redhawks' gymnastics program under Ewasko. Southeast has with the nation's highest or second highest cumulative grade point average in each of the past three seasons. The

Redhawks posted a nation-leading 3.91 GPA in 2011 and finished with the country's second-highest marks in 2010 (3.8905) and 2012 (3.736).

Individually, 47 Southeast gymnasts have earned Scholastic All-American honors from the National Association of Collegiate Gymnastics Coaches/Women (NACGC/W) in the past three years. Twenty-six of those gymnasts recorded a perfect 4.0 GPA.

Prior to arriving at Southeast, Ewasko worked as a volunteer coach at Auburn University from 2004-08. She was AU's conditioning captain and academic captain from 2004-2006. She then spent the 2007 season as an assistant beam and floor coach while transitioning for the 2008 season to being an assistant on vault and bars. During this time, she also assisted with team travel, recruiting files and other day-to-day activities of the program. The Tigers finished the 2008 season ranked 17th and rated among the top-26 each of those four seasons.

In addition to her collegiate coaching duties, Ewasko was an Auburn Gymnastics Academy coach from 2004-2008. She became head coach of the AGA competitive team in May, 2006.

Ewasko graduated with a degree in Exercise Science from Auburn in 2004. As a gymnast, she competed for four years as the top vault competitor for the Tigers' perennial top-20 program. Ewasko recorded Auburn's top three vault scores in school history, including the all-time mark of 9.950 which she set against Florida in 2003. Ewasko scored a 9.90 or better on vault, beam and floor during her four years as a collegiate gymnast. In pursuit of her degree, Ewasko was named an Academic All-American in 2002, named to the SEC Academic Honor Roll in 2003 and 2004, and was also named to the SEC Good Works Team in 2004 for her community service work.

Ewasko and her husband, Matt, have a son, Stephen Alexander (Alex), and a daughter, Cameron Auburn.



### The Kristi Ewasko File

Year(s)	School	Position	Head Coach Dual Record		
			W	L	Pct.
2004-08	Auburn University	Volunteer Coach			
2008-09	Southeast Missouri State University	Assistant Coach			
2010	Southeast Missouri State University	Head Coach	18	7	.720
2011	Southeast Missouri State University	Head Coach	12	8	.600
2012	Southeast Missouri State University	Head Coach	2	15	.118
Total			32	30	.516



## Assistant Coaches



# Sarah Shire

» Assistant Coach » First Season » Missouri, 2010/2012

Sarah Shire joins the Southeast Missouri gymnastics program as assistant coach for her first season with the program.

Shire is the Redhawks' recruiting coordinator and balance beam coach. She also assists with organizing practices.

A decorated collegiate gymnast, Shire was a four-time All-American in only three seasons at Mizzou. She was named Big 12 Newcomer of the Year in 2008, Big 12 Gymnast of the Year in 2009 and 2010 and South Central Regional Gymnast of the Year in 2009 and 2010. Prior to competing collegiately, Shire was a member of the US National Team from 2002-05.

As a team, the Tigers experienced tremendous success with Shire on the roster. The team finished in the national top-20 all three years she competed and qualified for the NCAA National Championships as a team in 2010, finishing 12th in the country.

Shire was also heavily involved in the club gymnastics scene, serving as a coach and choreographer for Flipz USA since 2006. She has instructed children of all ages on fundamental and advanced skills, coordinated workout plans on all four events and provided motivation for developing gymnasts.

Before arriving at Southeast, Shire spent one season as the Tigers' director of operations. Her primary duties included coordinating team travel. She also served as a career coach, summer camp coordinator and sport psychology intern.

Shire earned a Bachelor of Arts in interdisciplinary studies from Missouri in 2010 before gaining a Master's of Education in counseling psychology and sport psychology from Missouri in 2012.



## Assistant Coaches



# Michael Reavis

”Assistant Coach ”First Season ”Iowa, 2006

Michael Reavis joins Southeast Missouri gymnastics for his first season as assistant coach.

Reavis, who competed collegiately at Iowa, will coach the Redhawk uneven bar competitors. He will also assist with administrative and other coaching duties during the year.

A decorated gymnast during his time with the Hawkeyes, Reavis won a national championship on vault in 2005. He also claimed two individual Big Ten titles and was a first-team All-American four times. The Hawkeyes qualified for the NCAA Championships in all four of his competitive seasons, which included a trip to the NCAA Team Finals during his senior year.

After finishing his collegiate career at Iowa, Reavis earned a spot on the US National Team, where he trained under current Olympic coach Kevin Mazeika. He won two USA floor titles and one more championship on vault.

Following his stint with the national team, Reavis spent time working in the private sector before joining the Cirque du Soleil show Saltimbanco on its European tour from 2009-11. The show performed in more than 25 countries and Reavis himself served as a public liason in English-speaking markets. He helped develop and execute the show's One Drop ad campaign while serving as an artist in the show.

A native of Tallahassee, Fla., Reavis graduated from the University of Iowa with a Bachelor of Arts in Communication Studies in 2006.

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## Gymnastics Support Staff



**Emily Mann**  
Student Assistant



**Ben Fox**  
Athletic Trainer

# Because Pioneers Lead The Way

## Those They Lead Are Limitless



Dr. Kala Stroup  
14th President  
Southeast Missouri State University



Cindy Gannon  
Senior Associate Director of  
Athletics & Senior Woman Administrator  
Southeast Missouri State University



Lana Richmond  
Head Softball Coach  
Southeast Missouri State University



Georganne Syler  
Former Faculty Athletics Representative  
& Registered Dietitian  
Southeast Missouri State University



Linda Wells  
Former Olympic Coach, Six-Time Hall of  
Fame Inductee and Southeast Missouri  
State University Alumnae



# CELEBRATING 40 YEARS OF TITLE IX



# Gymnast Bios

FEATURING...

- » Returner Bios
- » Newcomer Bios





## Returners

»5-9 »Jr. »Oshkosh, Wis. »Oshkosh Gymnastics Center

**2012:** Competed in all 11 meets ... primarily competing in the floor exercise (nine times) and on balance beam (six times) ... also cracked the uneven bars lineup twice ... scored a career-best 9.775 on floor against Illinois State (2/24) ... named to the MIC Scholastic All-Conference team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll.

**2011:** Did not compete ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**Club:** Coached by Phyllis and Dale Hardt ... four-year Level 10 gymnast ... three-time Junior Olympic qualifier ... placed ninth on the floor and 25th in the all-around at the 2008 Junior Olympic Nationals ... finished fourth on the floor at 2006 and 2007 Level 10 Regionals ... won vault title and placed fourth in the all-around at the 2009 Regionals ... honor roll student at Oshkosh West High School ... winner of the Academic Achievement Award.

**Personal:** Born April 23, 1992 ... daughter of Joseph and Julie Brady.

Erin Brady

Brady's Event Highs by Season at Southeast Missouri					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011	-	-	-	-	-
2012	-	9.150	9.450	9.775	-
Career Bests	-	9.150	9.450	9.775	-



Returners

»5-7 »Jr. »Franklin, Wis. »Midwest Twisters Gymnastics



**2012:** Qualified for the NCAA Champaign Regional, her first regional competition in her collegiate career ... scored 9.725 on floor and vault, scored 9.700 on bars and finished with an all-around score of 37.500 at the NCAA Champaign Regional (4/7) ... placed on the MIC Scholastic All-Conference team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... competed in all 11 regular season meets ... took part in the all-around in the final nine competitions ... recorded a team-best 22 scores of 9.700 or better ... performed best on vault, where nine of her 12 routines scored at least 9.725, three of which went 9.800 or above ... best single event score was a career-best 9.825 on vault against Auburn (9.825), a meet where she scored 9.750 or higher on all four events to finish with a career-best 39.125 in the all-around ... nearly cracked 39 in the all-around against Illinois State (2/24), where she scored a 38.975 ... won the vault three times: vs. Northern Illinois (1/13) at Illinois State (1/21) and vs. Auburn ... named MIC Gymnast of the Week on two occasions, Feb. 28 and March 14.

**2011:** Competed in 10 meets ... set a career-high on the bars against Centenary (3/6) with a score of 9.825, placing fourth ... posted five scores of 9.700 or higher on vault, with a season-high of 9.775 at the Midwest Independent Conference Championships (3/19) ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**Club:** Coached by Katie Giuffre and Rick Nelson ... four-year Level 10 gymnast ... Level 10 gymnast in 2009 who qualified for Junior Olympics and National Invitational Tournament ... 2008 Level 10 first alternate for Junior Olympic Nationals ... placed ninth in the all-around and on the bars at the 2007 Level 9 Westerns ... placed fourth on vault at the 2006 Level 9 Regionals ... 2005 Level 8 state all-around champion and Regional qualifier ... honor roll student at Greenfield High School.

**Personal:** Born May 11, 1992 ... daughter of Doug and Jill Fosnow ... majoring in physical therapy.

Fosnow's Event Highs by Season at Southeast Missouri					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011	9.775	9.825	-	-	-
2012	9.825	9.800	9.750	9.750	39.125
Career Bests	9.825	9.825	9.750	9.750	39.125



## Returners

»5-5 »Sr. »Jacksonville, Fla. »Starlight Gymnastics



**2012:** Placed on the MIC Scholastic All-Conference Team ... named a Southeast Scholar-Athlete ... placed on the NACGC/W All-Academic Team ... placed on the OVC Commissioner's Honor Roll ... earned second-team All-MIC honors after finishing fourth on vault (9.775) at the MIC Championships (3/24) ... competed in all 11 meets on vault and floor ... scored a career-best 9.900 on floor against Illinois State (2/24) ... scored 9.700 or higher in 19 of her 22 routines, including all 11 of her floor routines ... also scored 9.800 or higher seven times ... won the floor exercise four times: vs. Northern Illinois (1/13), at Illinois State (1/21), vs. UIC (2/18) and vs. Illinois State (2/24) ... named MIC Specialist of the Week after scoring 9.825 on floor and 9.700 on vault at the Perfect 10 Challenge (2/10).

**2011:** Competed in all 12 meets on the vault, scoring 9.700 or higher nine times ... recorded career-highs on the vault with scores of 9.800 against Texas Woman's (2/19) and at the Midwest Independent Conference Championships (3/19) ... also performed the floor exercise in the final eight meets, setting a season-high of 9.800 in a quad meet against Missouri, Centenary and Temple (3/4) ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**2010:** Competed in all 13 meets on the vault and floor ... recorded 11 top-five finishes ... claimed first career individual title on the floor with a score of 9.775 vs. Illinois-Chicago (1/30) ... recorded a career-high on the floor with a score of 9.850 at the Outback Invitational (3/7), placing fourth ... recorded a 9.725 on vault at the Outback Invitational ... placed second on the vault at Centenary (2/5) with a score of 9.675 ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**Club:** Level 8 and Level 10 Florida State Champion on vault ... first Alternate for Level 9 Nationals in 2005 ... Level 10 Nationals qualifier in 2008 ... qualified for Regionals for Level 8, 9 and 10 ... won the all-around at the "Go for It Classic" in Las Vegas, Nevada in 2007 ... honor roll student at Providence High School ... member of the National Honor Society from 2007-09 ... "A/B" Honor Roll-college prep honors course work from 2006-09.

**Personal:** Born Jan. 16, 1991 ... daughter of Craig and Jennifer Garrett ... majoring in Exercise Science ... chose Southeast because it is close to family, a smaller university, she felt like she fit in well with the team, loved the stress on academics, and loved the coaches.

Garrett's Event Highs by Season at Southeast Missouri

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010	9.750	-	-	9.850	-
2011	9.800	-	-	9.800	-
2012	9.800	-	-	9.900	-
<b>Career Bests</b>	<b>9.800</b>	-	-	<b>9.900</b>	-

Emma Garrett



## Returns

»5-2 »So. »Fleetwood, Pa. »Prestige Gymnastics



**2012:** Placed on the MIC Scholastic All-Conference Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... competed in 10 meets, primarily on vault and beam ... scored a season-high 9.875 on vault, the Redhawks' best vault score of the season, against Illinois State (2/24).

**Club:** Coached by Tony and Jen Fatta ... four-year level 10 gymnast ... Level 10 all-around, floor, bars champion ... 2011 national invitational tournament qualifier ... 2010 national invitational tournament qualifier ... 2009 level 10 regional state qualifier ... 2008 level 10 regional state qualifier ... honor roll student ... member of national honor society

**Personal:** Born March 29, 1993 ... daughter of Steve and Helene Huey ... majoring in exercise science.

Huey's Event Highs by Season at Southeast Missouri

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2012	9.875	-	9.675	-	-
Career Bests	9.875	-	9.675	-	-



## Returners

»5-7 »Jr. »Farmingville, N.Y. »Gold Medal Gymnastics Center

# Samantha Marrero



**2012:** Placed on the MIC Scholastic All-Conference Team ... named a Southeast Scholar-Athlete ... placed on the NACGC/W All-Academic Team ... placed on the OVC Commissioner's Honor Roll ... competed in three meets on uneven bars ... scored a season-best 9.600 against UIC (2/18).

**2011:** Competed in nine of the 12 meets ... competed in the all-around in the season-opener at Illinois State (1/8) ... tied for second place twice on the beam with a score of 9.825 both times against Missouri (3/4) and Centenary (3/6) ... recorded a season high vault score of 9.400 against Western Michigan (1/21) ... recorded season high bar score of 9.400 against Illinois State (1/8) ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

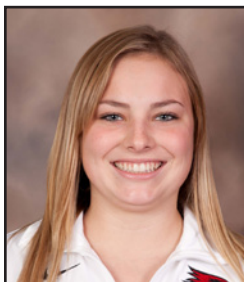
**Club:** Coached by Tammy Marshall, a two-time NCAA champion at UMass and a member of the U.S. National Team ... 2009 Junior Olympic National qualifier ... two-time Level 10 National qualifier ... placed 22nd in the all-around at the 2010 Level 10 Nationals ... placed seventh on the beam and ninth on the floor at the 2009 Level 10 Nationals ... honor roll student at Sachem High School East ... member of the National Honor Society and Foreign Language National Honor Society.

**Personal:** Born Aug. 9, 1992 ... daughter of Daniel and Debra Marrero.

Marrero's Event Highs by Season at Southeast Missouri					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011	9.400	9.400	9.825	8.850	36.050
2012	-	9.600	-	-	-
Career Bests	9.400	9.600	9.825	8.850	36.050



## Returns



# Nicole Nickels

"5-5 "So. "Odessa, Mo. "Xtreme Gymnastics

**2012:** Placed on the MIC Scholastic All-Conference Team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... did not compete in any meets.

**Club:** Coached by Alisha Robinson ... finished first on the beam and finished third in the all-around at Missouri regionals in 2011 ... state, regional and national qualifier ... helped lead Odessa to a state championship in 2011 ... . 2010 state, regional and national qualifier ... . 2009 state and regional qualifier.

**Personal:** Born July 30, 1993 ... daughter of Brett and Jeanette Nickels ... majoring in pre-physical Therapy.

Nickels' Event Highs by Season at Southeast Missouri					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2012	-	-	-	-	-
Career Bests	-	-	-	-	-



## Returners

### »5-4 »Sr. »Highlands Ranch, Colo. »Champion Gymnastics

# Margaret O'Neal



**2012:** Placed on the MIC Scholastic All-Conference Team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... competed in all 11 meets, going in three events (vault, bars and floor) in her first six outings ... recorded three scores of 9.700 or higher ... scored a season-best 9.825 on bars against Texas Woman's, Iowa and BYU (3/3) ... tallied a season-best 9.775 on vault against UIC (2/18).

**2011:** Competed in all 12 meets on vault, bars and floor ... recorded 32 top-five finishes ... scored 9.700 or higher 17 times and 9.800 or better six times ... placed first on vault against Missouri (3/4) and Centenary College (3/6) ... placed first on bars against College (3/6) and Missouri (1/15) ... scored a career-best 9.875 on bars against Centenary (3/6) ... set a new career-high on vault with a 9.850 against Illinois State (2/11) ... season-high on the floor was a 9.800 against Denver (1/28) ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**2010:** Competed in all 13 meets on the bars ... recorded seven top-five finishes ... placed second on bars in the team's season opener at Illinois-Chicago (1/9) ... recorded career-highs on the bars with scores of 9.750 vs. BYU (2/13) and at the Outback Invitational (3/7) ... placed third on the bars vs. Centenary (3/12) ... named an NACGC/W Scholar Athlete ... place on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**Club:** She finished second on floor and 12th in the all-around at the 2008 Region III, Level 10 Regional Championships ... first Colorado gymnast to be recognized by the State USAG Board as Colorado Level 10 Gymnast of the Year ... 2009 Nationals qualifier ... invented a new release skill on the bars that she successfully performed at the National Junior Olympic Championships, "THE O'NEAL" is now listed in the International Book of Code for Gymnastics ... graduated with the highest honors from Highlands Ranch High School ... member of the National Honor Society ... Spanish and English Academic Achievement Award.

**Personal:** Born Sept. 21, 1990 ... daughter of Stephen and Rebecca O'Neal ... major is pre-medicine ... chose Southeast because she liked the small class sizes and she felt that she was going to become part of a team that always supported each other.

O'Neal's Event Highs by Season at Southeast Missouri					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010	9.775	9.750	-	-	-
2011	9.850	9.875	-	9.800	-
2012	9.775	9.825	-	9.600	-
<b>Career Bests</b>	<b>9.850</b>	<b>9.875</b>	<b>-</b>	<b>9.800</b>	<b>-</b>



Returners

»5-0 »Jr. »Naperville, Ill. »Aerial Gymnastics Club



Kimberly Pickerl

**2012:** Named to the MIC Scholastic All-Conference Team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner’s Honor Roll ... competed on bars in all 11 meets ... also cracked the vault lineup six times, competed on beam four times and logged two scores on floor ... tallied a season-best 9.750 on floor, her best score of the season, against Illinois State (2/24).

**2011:** Competed in one meet, at home against Illinois State (2/11) ... scored a 9.175 on the balance beam ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner’s Honor Roll ... named a Southeast Scholar Athlete.

**Club:** Coached by Don and Patrice McPherson ... 2009 Junior Olympic National qualifier ... placed third on the vault and 10th in the all-around at the 2010 Junior Olympic National Invitational Tournament ... first alternate for the 2008 Junior Olympic National Championships ... three-time Level 10 gymnast ... honor roll student at Neuqua Valley High School ... member of the Spanish National Honor Society.

**Personal:** Born May 21, 1992 ... daughter of Hanson and Margo Pickerl ... major is dietetics.

Pickerl's Event Highs by Season at Southeast Missouri					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011	-	-	9.175	-	-
2012	9.550	9.675	9.500	9.750	-
Career Bests	9.550	9.675	9.500	9.750	-



## Returners

»5-4 »Sr. »Glencoe, Mo. »Team Central



Angela Serafini

**2012:** Put on the MIC Scholastic All-Conference Team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... competed in 10 meets, four as an all-around competitor ... posted eight scores of 9.700 or greater ... earned second-team All-MIC honors after placing fourth on bars (9.800) and fifth on beam (9.750) at the MIC Championships (3/24) ... tied her career-best beam score with a 9.825 against Auburn (3/9) ... named MIC Specialist of the Week after scoring 9.800 on both bars and beam against Texas Woman's (3/16).

**2011:** Competed in six of 12 meets in beam ... earned second place three times ... scored a career-best 9.825 on the beam against Missouri (3/4) ... earned four scores of 9.700 or higher in her six beam routines ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**2010:** Did not compete in any meets due to injury ... named an NACGC/W Scholar Athlete ... placed on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**Club:** Member of the 2008 Level 8 Missouri Regionals "MO Super Team" ... 2008 Region IV all-around and vault champion ... placed second on bars and floor at the 2008 Region IV Championships ... 2008 Missouri State all-around, vault, bars, beam and floor champion ... finished second on bars, third on beam and fifth in the all-around at the 2009 Level 10 Region IV Championships ... 2009 Junior Olympic Nationals qualifier ... attended Eureka High School.

**Personal:** Born Nov. 28, 1990 ... daughter of Chris and Ellen Serafini ... majoring in Pre-Medicine ... chose Southeast because the team is very close, like sisters.

Serafini's Event Highs by Season at Southeast Missouri

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010	-	-	-	-	-
2011	-	-	9.825	-	-
2012	9.600	9.800	9.825	9.650	37.975
Career Bests	9.600	9.800	9.825	9.650	37.975



Returners

»5-2 »So. »Lenexa, Kan. »Elite Gymnastics

Taryn Vanderpool

**2012:** Placed on the MIC Scholastic All-Conference Team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... competed in eight meets, four of which were as an all-around competitor ... recorded nine scores of 9.700 or higher ... tallied a career-high 38.825 in the all-around against Texas Woman's (3/16), where she also scored a career-high 9.875 on bars ... earned first-team All-MIC honors after finishing third on beam (9.775) at the MIC Championships (3/24).

**2011:** Competed in four of 12 team meets in vault, uneven bars and floor exercise ... recorded a season-best score of 9.800 on the floor exercise against Western Michigan (1/21) ... also scored a season-best 9.750 on bars against the Broncos ... season-high vault score was 9.750 against Denver (1/28) ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**Club:** Coached by Gerald Carley ... two-time Junior Olympic National qualifier ... three-time Level 10 National qualifier ... placed fifth on bars and 10th in the all-around at the 2010 Junior Olympic Nationals.. honor roll student at Shawnee Mission West High School ... member of the National Honor Society and Spanish National Honor Society.

**Personal:** Born Aug. 28, 1992 ... daughter of Troy and Nancy Vanderpool ... majoring in Biomedical Science.



Vanderpool's Event Highs by Season at Southeast Missouri					
Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2011	9.750	9.750	-	9.800	-
2012	9.700	9.875	9.775	9.600	38.825
Career Bests	9.750	9.875	9.775	9.800	38.825



## Returners

### »5-4 »Sr. »Waterford, Wis. »Salto Gymnastics



**2012:** Tied for the beam title with a career-high tying 9.900 at the NCAA Champaign Regional (4/7) to become the first Southeast gymnast to qualify for the NCAA Gymnastics Championships since the program went Division I in 1992 ... scored a 9.850 at the NCAA Gymnastics Championships (4/20) ... qualified for the NCAA Champaign Regional as a beam specialist, marking her second-straight NCAA Regional appearance ... competed on beam and bars in all 11 regular-season meets and was in the floor lineup in the last 10 competitions ... scored 9.700 or higher 18 times, 10 of which came on beam ... also tallied 10 scores of 9.800 or better (nine on beam) ... scored at least 9.800 on beam in the final nine meets, including regionals ... named first-team Capital One Academic All-District by the College Sports Information Directors of America ... placed on the MIC Scholastic All-Conference Team ... placed on the NACGC/W All-Academic Team ... named a Southeast Scholar-Athlete ... placed on the OVC Commissioner's Honor Roll ... won the balance beam at the MIC Championships (3/24) for the second-straight season, scoring a career-best 9.900 in the process ... scored at least 9.700 in all three of her events on three occasions: vs. Illinois State (2/24), vs. Auburn (3/9) and vs. Texas Woman's (3/16).

**2011:** Competed in all 12 meets, competing in the all-around in all but one ... NCAA Regional qualifier in the all-around, where she scored a 38.125 ... scored 9.700 or higher 24 times and 9.800 or higher on 12 occasions ... recorded a season best floor exercise score 9.850 against Texas Women's college (2/19) ... best all-around season score was a 39.100 also recorded against Texas Woman's (2/5) ... recorded season and career best score of 9.850 on the uneven bars against Centenary (3/6) ... recorded her seasons best a score of 9.875 on 3 different occasions on the balance beam: Texas Woman's (2/19) Missouri, Centenary College and Temple (3/4) and the Midwest Independent Conference Championships (3/19) ... named an NACGC/W Scholar Athlete ... earned a spot on the OVC Commissioner's Honor Roll ... named a Southeast Scholar Athlete.

**2010:** First Team All-MIC selection on beam ... placed third on the beam with a score of 9.675 at the MIC Championships (3/27) ... captured four individual titles on the beam ... recorded seven top-three finishes ... ranked fourth in the MIC on the beam with an RQS of 9.740 ... won beam title vs. Iowa (3/19) with a career-best score of 9.875 ... captured first career individual title at Centenary (2/5) ... set a career-high on the floor against Centenary (3/12) with a score of 9.675, placing fourth ... made collegiate debut at Illinois State (1/9), placing second on the beam ... NACGC Scholar Athlete ... OVC Commissioner's Honor Roll ... Southeast Scholar Athlete.

**Club:** Six-time Level 10 Wisconsin State Champion ... Level 10 Regional Champion on bars ... qualified for Level 10 Junior Olympic Nationals in 2003, '04, '07, '08 and '09 ... placed on beam at Nationals in 2007, '08 and '09 ... has three top-10 finishes on beam at Nationals ... attended Waterford Union High School ... member of the National Honor Society ... made "A" Honor Roll every semester.

**Personal:** Born July 18, 1991 ... daughter of Jeffery and Doreen Westrick ... major is health management ... chose Southeast because she loved the campus, loved the team because they have a lot of drive and good attitudes, and she loved the emphasis on academics.

Westrick's Event Highs by Season at Southeast Missouri

Year	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
2010	-	-	9.875	9.675	-
2011	9.650	9.850	9.875	9.850	39.100
2012	-	9.775	9.900	9.800	-
<b>Career Bests</b>	<b>9.650</b>	<b>9.850</b>	<b>9.900</b>	<b>9.850</b>	<b>39.100</b>

Taylor Westrick



## Hayli Huiner

"5-4 "Fr. "Winfield, Ill. "Illinois Gymnastics Institute

**Club:** Attended Timothy Christian High School ... competed for the Illinois Gymnastics Institute under coach Todd Gardiner ... Level 10 gymnast each of the last three years with Illinois Gymnastics Institute ... qualified for the level 10 state and regional meets along with the NIT in 2011 ... finished seventh in the state and 12th at regional in the all-around in 2011 ... followed that up with a sixth-place all-around showing at the NIT meet ... former regional and eastern qualifier at Level 9 prior to achieving level 10 status ... graduated with a 3.90 grade-point average, spending all four years on the honor roll ... volunteered at the nursery and ministry outreach program at her church.

**Personal:** Born Oct. 20, 1993 ... parents are Tim and Wendi Huiner.



## Taylor Penzien

"5-8 "Fr. "Ray Township, Mich. "Olympia Gymnastics Academy

**Club:** Attended New Haven High School ... spent the last four years as a Level 10 gymnast for Olympia Gymnastics Academy under Lori Koch and Deanna Sigler ... qualified for Eastern Nationals in 2008 ... three-time regional qualifier ... qualified for the nationals in 2012 ... won the state and regional all-around championships in 2012 ... also won the floor exercise at the 2012 regional meet ... qualified for the 2011 NIT meet ... won the floor exercise while placing second in vault and all-around at the 2011 state meet ... finished ninth in the all-around at the 2011 regional meet ... notched a fourth-place finish on bars at the 2011 NIT ... also competed in track and field, winning a state title in the high jump in 2011 ... two-time regional champion in the long jump and high jump and earned one more regional crown in the 200m dash ... graduated as class valedictorian with a 3.97 GPA.

**Personal:** Born March 8, 1994 ... parents are James and Carrie Penzien.



## Redhawks by Class

# Seniors

# Juniors



*Back (L-R): Seniors Angela Serafini and Taylor Westrick  
Front (L-R): Seniors Emma Garrett and Margaret O'Neal*



*(L-R): Juniors Megan Fosnow, Taryn Vanderpool, Kimberly Pickerl, Samantha Marrero and Erin Brady*

# Sophomores

# Freshmen



*(L-R): Sophomores Nicole Nickels and Taylor Huey*



*(L-R): Freshmen Taylor Penzien and Hayli Huiner*



# 2012 Season Review

FEATURING...

- » 2012 Team Results
- » 2012 Individual Results





## 2012 Results

Date	Teams	Vault	Bars	Beam	Floor	Total	Result
Jan. 13	<b>Dual Meet vs. Northern Illinois (Houck Field House)</b>						<b>0-1</b>
	SOUTHEAST	47.700	46.800	47.300	48.300	190.100	
	Northern Illinois	47.300	46.700	47.825	48.525	190.350	L
Jan. 21	<b>Dual Meet at Illinois State (Horton Field House)</b>						<b>0-1</b>
	SOUTHEAST	48.200	44.675	46.275	47.625	186.775	
	Illinois State	48.025	48.250	48.375	47.550	192.200	L
Feb. 4	<b>Dual Meet at Michigan State (Jenison Field House)</b>						<b>0-1</b>
	SOUTHEAST	47.250	47.875	46.500	46.725	188.350	
	Michigan State	48.700	48.075	48.000	48.675	193.450	L
Feb. 10	<b>Perfect 10 Challenge at Oklahoma (Cox Convention Center)</b>						<b>0-2</b>
	SOUTHEAST	48.000	46.125	47.025	48.450	189.600	
	Oklahoma	49.275	49.125	49.350	49.450	197.200	L
	Iowa State	48.650	48.575	48.850	49.100	195.175	L
Feb. 18	<b>Dual Meet vs. UIC (Houck Field House)</b>						<b>0-1</b>
	SOUTHEAST	48.425	47.825	47.450	48.200	191.900	
	UIC	48.900	48.950	48.725	48.675	195.250	L
Feb. 20	<b>Dual Meet at Iowa State (Hilton Colliseum)</b>						<b>0-1</b>
	SOUTHEAST	47.375	48.050	48.025	47.750	191.200	
	at Iowa State	48.550	48.850	48.925	48.900	195.225	L
Feb. 24	<b>Dual Meet vs. Illinois State (Houck Field House)</b>						<b>1-0</b>
	SOUTHEAST	48.750	48.250	48.300	49.075	194.375	
	Illinois State	49.150	47.375	48.075	49.050	193.650	W
March 3	<b>Quad Meet at Texas Woman's (Kitty Magee Arena)</b>						<b>0-3</b>
	SOUTHEAST	47.975	48.075	47.700	45.275	188.925	
	Iowa	48.950	49.175	49.050	48.700	195.875	L
	Texas Woman's	48.625	49.025	48.550	48.925	195.125	L
	BYU	48.450	49.100	48.550	48.800	194.900	L
March 9	<b>Dual Meet vs. Auburn (Houck Field House)</b>						<b>0-1</b>
	SOUTHEAST	48.300	48.700	48.775	48.650	194.425	
	Auburn	48.850	49.000	49.200	48.875	195.925	L
March 16	<b>Dual Meet vs. Texas Woman's (Houck Field House)</b>						<b>1-0</b>
	SOUTHEAST	48.400	48.875	48.450	48.475	194.200	
	Texas Woman's	48.850	48.550	47.550	48.750	193.700	W
March 24	<b>MIC Championships at UIC (Physical Education Building)</b>						<b>0-4</b>
	SOUTHEAST	48.225	47.450	47.450	48.100	191.225	
	Illinois State	48.725	48.750	48.600	48.725	194.800	L
	UIC	48.575	48.775	48.600	48.775	194.725	L
	Texas Woman's	48.675	48.450	48.025	48.900	194.050	L
	Centenary	48.350	47.950	46.650	48.350	191.300	L
<b>Averages</b>		<b>48.055</b>	<b>47.518</b>	<b>47.568</b>	<b>47.875</b>	<b>191.007</b>	
<b>Regional Qualifying Score (Rank)</b>		<b>48.250 (56th)</b>	<b>48.190 (55th)</b>	<b>47.985 (54th)</b>	<b>48.285 (61st)</b>	<b>192.120 (56th)</b>	

## 2012 Results

### Team Highs

Event	Score	Meet	Date
Vault	48.750	vs. Illinois State	Feb. 24
Bars	48.875	vs. Texas Woman's	March 16
Beam	48.775	vs. Auburn	March 9
Floor	49.075	vs. Illinois State	Feb. 24
Meet	194.425	vs. Auburn	March 9

### Individual Highs

Event	Score	Gymnast	Meet	Date
Vault	9.875	Taylor Huey	vs. Illinois State	Feb. 24
	9.825	Megan Fosnow	vs. Auburn	March 9
	9.800	Emma Garrett	vs. Illinois State	Feb. 24
Uneven Bars	9.875	Taryn Vanderpool	vs. Texas Woman's	March 16
	9.800	Megan Fosnow	vs. Illinois State	Feb. 24
			vs. Auburn	March 9
		Angela Serafini	vs. Texas Woman's MIC	March 16 March 24
Balance Beam	9.900	Taylor Westrick	MIC	March 24
			NCAA Regionals	April 7
	9.875	Taylor Westrick	vs. UIC	Feb. 18
	9.850	Taylor Westrick	vs. Auburn NCAA Nationals	March 9 April 20
Floor Exercise	9.900	Emma Garrett	vs. Illinois State	Feb. 24
	9.850	Emma Garrett	vs. Northern Illinois	Jan. 13
		Tamara Gent	vs. Illinois State	Feb. 24
All-Around	39.125	Megan Fosnow	vs. Auburn	March 9
	38.975	Megan Fosnow	vs. Illinois State	Feb. 24
	38.825	Taryn Vanderpool	vs. Texas Woman's	March 16



2012 Regional Qualifier  
Megan Fosnow



2012 National Qualifier  
Taylor Westrick



## 2012 Individual Results

Erin Brady						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	-	-	9.450	9.175	-
Jan. 21	at Illinois State	-	-	9.400	8.600	-
Feb. 4	at Michigan State	-	9.150	9.375	-	-
Feb. 10	Perfect 10 Challenge	-	8.775	9.000	-	-
Feb. 18	Illinois-Chicago	-	-	9.150	9.550	-
Feb. 20	at Iowa State	-	-	-	9.550	-
Feb. 24	Illinois State	-	-	-	9.775	-
March 3	at TWU/BYU/Iowa	-	-	-	9.200	-
March 9	Auburn	-	-	-	9.700	-
March 16	Texas Woman's	-	-	-	9.625	-
March 24	MIC Champ.	-	-	8.600	9.600	-

Arielle Bulls						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	-	-	-	-	-
Jan. 21	at Illinois State	-	-	-	-	-
Feb. 4	at Michigan State	-	-	-	-	-
Feb. 10	Perfect 10 Challenge	-	-	-	-	-
Feb. 18	Illinois-Chicago	-	-	-	-	-
Feb. 20	at Iowa State	-	-	-	-	-
Feb. 24	Illinois State	-	-	-	-	-
March 3	at TWU/BYU/Iowa	-	-	-	-	-
March 9	Auburn	-	-	-	-	-
March 16	Texas Woman's	-	-	-	-	-
March 24	MIC Champ.	-	-	-	-	-
April 7	NCAA Regional	-	-	-	-	-

Megan Fosnow						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	9.725	9.100	-	-	-
Jan. 21	at Illinois State	9.800	8.800	8.200	-	-
Feb. 4	at Michigan State	9.725	9.700	8.825	9.000	37.250
Feb. 10	Perfect 10 Challenge	9.200	9.650	9.575	9.350	37.775
Feb. 18	Illinois-Chicago	9.800	9.775	9.450	9.500	38.525
Feb. 20	at Iowa State	9.625	9.675	9.650	9.350	38.300
Feb. 24	Illinois State	9.725	9.800	9.725	9.725	38.975
March 3	at TWU/BYU/Iowa	9.625	9.675	9.725	8.400	37.425
March 9	Auburn	9.825	9.800	9.750	9.750	39.125
March 16	Texas Woman's	9.775	9.750	9.500	8.500	37.525
March 24	MIC Champ.	9.750	8.850	8.875	9.725	37.200
April 7	NCAA Regional	9.725	9.700	8.350	9.725	37.500

Emma Garrett						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	9.625	-	-	9.850	-
Jan. 21	at Illinois State	9.750	-	-	9.750	-
Feb. 4	at Michigan State	9.650	-	-	9.700	-
Feb. 10	Perfect 10 Challenge	9.700	-	-	9.825	-
Feb. 18	Illinois-Chicago	9.700	-	-	9.800	-
Feb. 20	at Iowa State	9.175	-	-	9.725	-
Feb. 24	Illinois State	9.800	-	-	9.900	-
March 3	at TWU/BYU/Iowa	9.725	-	-	9.700	-
March 9	Auburn	9.750	-	-	9.800	-
March 16	Texas Woman's	9.725	-	-	9.825	-
March 24	MIC Champ.	9.775	-	-	9.750	-

Tamara Gent						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	9.500	-	9.300	9.700	-
Jan. 21	at Illinois State	-	-	9.000	9.325	-
Feb. 4	at Michigan State	9.050	-	-	8.950	-
Feb. 10	Perfect 10 Challenge	-	-	-	9.625	-
Feb. 18	Illinois-Chicago	9.650	-	9.475	9.675	-
Feb. 20	at Iowa State	8.975	-	9.650	9.525	-
Feb. 24	Illinois State	9.725	-	9.350	9.850	-
March 3	at TWU/BYU/Iowa	9.500	-	9.750	8.100	-
March 9	Auburn	9.550	-	9.625	9.650	-
March 16	Texas Woman's	9.450	-	9.650	9.750	-
March 24	MIC Champ.	-	-	-	8.850	-



Emma Garrett tallied a career-best 9.900 on floor against Illinois State on Feb. 24.



## 2012 Individual Results

Taylor Huey						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	-	-	-	-	-
Jan. 21	at Illinois State	9.425	-	-	-	-
Feb. 4	at Michigan State	9.325	-	9.125	-	-
Feb. 10	Perfect 10 Challenge	9.600	-	8.400	-	-
Feb. 18	Illinois-Chicago	9.175	-	9.500	-	-
Feb. 20	at Iowa State	9.450	-	9.200	-	-
Feb. 24	Illinois State	9.875	-	9.650	-	-
March 3	at TWU/BYU/Iowa	9.025	-	9.275	-	-
March 9	Auburn	9.575	-	9.000	-	-
March 16	Texas Woman's	9.550	-	9.050	-	-
March 24	MIC Champ.	9.475	-	9.150	-	-

Samantha Marrero						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	-	-	-	-	-
Jan. 21	at Illinois State	-	-	-	-	-
Feb. 4	at Michigan State	-	-	-	-	-
Feb. 10	Perfect 10 Challenge	-	-	-	-	-
Feb. 18	Illinois-Chicago	-	9.600	-	-	-
Feb. 20	at Iowa State	-	9.000	-	-	-
Feb. 24	Illinois State	-	9.150	-	-	-
March 3	at TWU/BYU/Iowa	-	-	-	-	-
March 9	Auburn	-	-	-	-	-
March 16	Texas Woman's	-	-	-	-	-
March 24	MIC Champ.	-	-	-	-	-

Nicole Nickels						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	-	-	-	-	-
Jan. 21	at Illinois State	-	-	-	-	-
Feb. 4	at Michigan State	-	-	-	-	-
Feb. 10	Perfect 10 Challenge	-	-	-	-	-
Feb. 18	Illinois-Chicago	-	-	-	-	-
Feb. 20	at Iowa State	-	-	-	-	-
Feb. 24	Illinois State	-	-	-	-	-
March 3	at TWU/BYU/Iowa	-	-	-	-	-
March 9	Auburn	-	-	-	-	-
March 16	Texas Woman's	-	-	-	-	-
March 24	MIC Champ.	-	-	-	-	-
April 7	NCAA Regional	-	-	-	-	-

Margaret O'Neal						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	9.250	8.850	-	9.550	-
Jan. 21	at Illinois State	9.625	8.525	-	9.400	-
Feb. 4	at Michigan State	9.000	9.225	-	9.450	-
Feb. 10	Perfect 10 Challenge	9.625	8.500	-	9.575	-
Feb. 18	Illinois-Chicago	9.775	9.600	-	9.100	-
Feb. 20	at Iowa State	9.650	9.675	-	9.600	-
Feb. 24	Illinois State	-	9.250	-	-	-
March 3	at TWU/BYU/Iowa	-	9.125	-	-	-
March 9	Auburn	9.525	9.775	-	-	-
March 16	Texas Woman's	9.650	9.675	-	-	-
March 24	MIC Champ.	9.650	8.750	-	-	-

Kimberly Pickerl						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	-	8.700	8.750	-	-
Jan. 21	at Illinois State	9.500	8.575	8.700	-	-
Feb. 4	at Michigan State	-	9.625	9.500	-	-
Feb. 10	Perfect 10 Challenge	9.475	9.275	8.900	-	-
Feb. 18	Illinois-Chicago	9.500	8.850	-	-	-
Feb. 20	at Iowa State	9.475	9.550	-	-	-
Feb. 24	Illinois State	9.550	9.625	-	9.750	-
March 3	at TWU/BYU/Iowa	9.525	9.675	-	8.750	-
March 9	Auburn	-	9.600	-	-	-
March 16	Texas Woman's	-	9.650	-	-	-
March 24	MIC Champ.	-	9.400	-	-	-



Taylor Huey recorded Southeast's best vault score (9.875) of the year against Illinois State on Feb. 24.



## 2012 Individual Results

Angela Serafini						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	9.000	9.650	9.575	9.600	37.825
Jan. 21	at Illinois State	9.525	9.350	9.575	9.525	37.975
Feb. 4	at Michigan State	9.500	9.700	8.800	9.075	37.075
Feb. 10	Perfect 10 Challenge	9.600	8.850	9.750	9.650	37.850
Feb. 18	Illinois-Chicago	-	-	-	-	-
Feb. 20	at Iowa State	-	-	9.700	-	-
Feb. 24	Illinois State	-	-	9.275	-	-
March 3	at TWU/BYU/Iowa	-	8.650	9.050	-	-
March 9	Auburn	-	9.050	9.825	-	-
March 16	Texas Woman's	-	9.800	9.800	-	-
March 24	MIC Champ.	9.575	9.800	9.750	-	-

Taryn Vanderpool						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	9.600	9.675	9.225	9.600	38.100
Jan. 21	at Illinois State	-	-	-	-	-
Feb. 4	at Michigan State	-	-	-	-	-
Feb. 10	Perfect 10 Challenge	-	-	-	-	-
Feb. 18	Illinois-Chicago	-	9.100	9.100	-	-
Feb. 20	at Iowa State	-	9.600	9.125	-	-
Feb. 24	Illinois State	9.625	9.800	9.725	-	-
March 3	at TWU/BYU/Iowa	9.600	9.775	9.125	-	-
March 9	Auburn	9.600	9.825	9.725	9.600	38.750
March 16	Texas Woman's	9.700	9.875	9.675	9.575	38.825
March 24	MIC Champ.	9.050	9.750	9.775	9.400	37.975

Taylor Westrick						
Date	Opponent	Vault	Bars	Beam	Floor	AA
Jan. 13	Northern Illinois	-	9.525	9.750	-	-
Jan. 21	at Illinois State	-	9.425	9.575	9.625	-
Feb. 4	at Michigan State	-	9.625	9.675	9.500	-
Feb. 10	Perfect 10 Challenge	-	9.575	9.800	9.775	-
Feb. 18	Illinois-Chicago	-	9.750	9.875	9.675	-
Feb. 20	at Iowa State	-	9.550	9.825	9.350	-
Feb. 24	Illinois State	-	9.775	9.825	9.800	-
March 3	at TWU/BYU/Iowa	-	9.825	9.825	9.225	-
March 9	Auburn	-	9.700	9.850	9.750	-
March 16	Texas Woman's	-	9.775	9.825	9.700	-
March 24	MIC Champ.	-	9.650	9.900	9.625	-
April 7	NCAA Regional	-	-	9.900	-	-
April 20	NCAA National	-	-	9.850	-	-



Taylor Westrick (second on the left) won a regional title on beam, becoming the first Redhawk gymnast to compete in the NCAA Gymnastics Championships since the program went Division I in 1992.



# History & Records

## FEATURING...

- » Team Records
- » Individual Records
- » MIC Champions & Awards
- » NCAA Division I Postseason History
- » Team Champions & Honors
- » Year-by-Year Dual Records
- » Dual Records vs. Opponents
- » All-Time Letterwinners





## Team Records

### Team Score

1.	vs. Iowa (3/14/97) .....	196.025
2.	vs. Air Force (3/14/09) .....	195.700
3.	vs. Illinois St. (3/11/97) .....	195.650
4.	vs. Ball State (2/19/09) .....	195.500
5.	vs. Centenary (2/14/04) .....	195.350
	at MIC (3/29/03) .....	
7.	vs. Eastern Michigan (2/27/97) .....	195.225
8.	vs. Iowa (3/19/10) .....	195.125
9.	vs. Texas Woman's (2/19/11) .....	195.075
10.	vs. Hamline (1/30/04) .....	195.025

### Vault

1.	vs. Seattle Pacific (2/18/95) .....	49.000
2.	vs. Illinois State (2/11/11) .....	48.925
3.	vs. Iowa (2/02/08) .....	48.900
4.	at Southern Utah (2/25/08) .....	48.875
5.	vs. Missouri (2/22/97) .....	48.850
	at Iowa (2/10/95) .....	
7.	vs. Illinois State (2/13/09) .....	48.825
	at Illinois-Chicago (3/20/08) .....	
9.	at NCAA Regional (4/5/97) .....	48.800
10.	vs. Texas Woman's (3/20/08) .....	48.775
	at Outback Invitational (3/5/06) .....	
	at NIT (4/15/97) .....	
	at NIT (4/15/95) .....	

### Uneven Bars

1.	vs. Air Force (3/14/09) .....	49.175
2.	vs. Iowa (3/14/97) .....	49.025
	vs. BYU (2/13/10) .....	
4.	vs. Hamline (1/30/04) .....	49.000
	at Illinois St. (3/17/03) .....	
6.	vs. Centenary (2/10/08) .....	48.975
7.	vs. Ball State (2/19/09) .....	48.950
8.	vs. Texas Woman's (2/4/06) .....	48.925
9.	vs. Iowa (3/19/10) .....	48.900

### Balance Beam

1.	at MIC (3/29/03) .....	49.375
2.	at Northern Illinois (3/11/01) .....	49.275
3.	vs. Illinois St. (3/2/01) .....	49.200
4.	vs. Texas Woman's (2/19/11) .....	49.025
5.	vs. Hamline (1/30/04) .....	49.000
6.	vs. Air Force (3/14/09) .....	48.975
7.	vs. Denver (1/28/11) .....	48.900
8.	vs. Bowling Green (1/23/04) .....	48.850
	at NIT (4/12/93) .....	
	vs. Centenary (3/6/11) .....	

### Floor Exercise

1.	vs. Centenary (2/14/04) .....	49.500
	vs. Illinois St. (3/11/97) .....	
3.	vs. Iowa (3/14/97) .....	49.475
4.	at MIC (3/29/03) .....	49.450
5.	vs. Illinois State (2/13/09) .....	49.350
6.	vs. SUU and Centenary (1/30/09) .....	49.275
7.	Showcase of the Arts (2/21/99) .....	49.250
8.	at Illinois St. (3/17/03) .....	49.225
9.	vs. Ball State (2/19/09) .....	49.150
10.	Outback Invitational (3/7/10) .....	49.175



The 2009 Redhawks gymnastics team set the team record on bars against Air Force on March 14, 2009 with a score of 49.175. In that same meet, the team finished with a final score of 195.700, which ranks second on the all-time charts. The 2009 team appears on the team top-10 records list nine times.



# Individual Records

## All-Around

1. Ashley Godwin (3/29/03) .....39.550
2. Erin Chenier (3/14/97) .....39.525
3. Ashley Godwin (2/14/04) .....39.450
4. Erin Chenier (3/11/97).....39.425
5. Ashley Godwin (2/21/04) .....39.350
6. Sandra Blake (3/14/09).....39.325
7. Ashley Godwin (3/23/02) .....39.275
- Erin Chenier (1/27/97)
9. Erin Chenier (3/8/97) .....39.250
10. Ashley Godwin (1/30/04) .....39.225
- Vanessa Simmons (3/24/95)

## Vault

1. Kate Farrington (twice, last 3/18/97) 10.000
  2. Kate Farrington (3/11/95).....9.950
  3. Kate Farrington (3/14/97) .....9.925
  4. Kate Farrington (3/10/95) .....9.900
  - Brianna Gaddie (twice, last 3/19/11)..9.900
  6. Brianna Gaddie (3x, last 2/5/11) .....9.875
- Taylor Huey (2/24/12)**  
Sandra Blake (2/2/08)  
Katie Bloom (1/25/04)  
Erin Chenier (twice, last 3/9/98)  
Kate Farrington (twice, last 2/15/97)  
Renae Parr (2/18/95)

## Uneven Bars

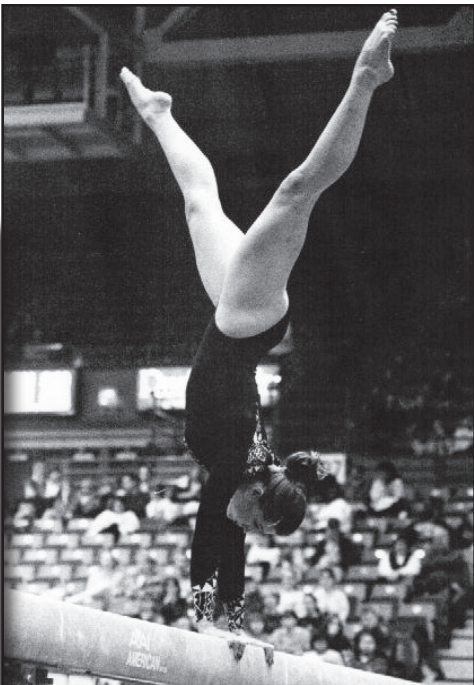
1. Ashley Godwin (2/14/04) .....9.925
- Malia Roberts (2/21/99)
3. Emily Mann (3/14/09) .....9.900
- Christina Sundgren (twice, last 3/19/11)
- Jacqueline Heath (2/10/08)
- Amy Cole (2/17/02)
- Ashley Godwin (2/17/02)
- Kristin Frohlich (twice, last 3/22/97)
- Erin Chenier (2/27/97)

## Balance Beam

1. Ashley Godwin (3/29/03) .....9.975
2. Tara Boldt (3/29/03).....9.925
- Kristin Frohlich (3/22/97)
- Ericka Harrison (3/22/97)
5. **Taylor Westrick (twice, last 4/7/12)..... 9.900**
- Tara Boldt (2/21/04)
- Ashley Godwin (2/21/04)
- Tara Boldt (1/25/04)
- Stephanie Furman (3/1/01)
- Michelle Walker (3/11/01)
- Malia Roberts (twice, last 3/22/97)
- Erin Chenier (1/27/97)

## Floor Exercise

1. Ashley Godwin (2/14/04) ..... 10.000
- Erin Chenier (3/14/97)
- Kate Farrington (twice, last 3/14/97)
4. Alexis Traylor (2/14/04).....9.950
- Kate Farrington (3/24/95)
6. Brianna Gaddie (twice, last 3/7/10) ...9.925
- Sandra Blake (2/19/09)
- Alexis Traylor (1/25/04)
- Ashley Godwin (twice, last 4/12/03)
- Stephanie Furman (3/24/01)
- Kim Carter-Newell (3/19/94)



Ashley Godwin holds the school record in uneven bars, balance beam and all-around.

Kate Farrington owns the top-five vault scores in school history, including a perfect 10.000 on two occasions.

Kristin Frohlich ranks second all-time on the balance beam and third on the bars.



## MIC Champions & Awards

<b>1992</b>		<b>2004</b>		<b>Gymnast of the Year</b>	
Vanessa Simmons.....All-Around		Tara Boldt .....Balance Beam		Tara Boldt ..... 2005	
Heather Markle.....Uneven Bars				Sandra Blake..... 2006	
Tricia Wells .....Uneven Bars		<b>2007</b>		Rikara Turner..... 2009	
		Jena Nguyen ..... Floor Exercise			
<b>1996</b>		<b>2008</b>		<b>Newcomer of the Year</b>	
Kate Farrington..... Vault		Sandra Blake..... Floor Exercise		Allison Ezell ..... 2005	
	Floor Exercise			Sandra Blake..... 2006	
<b>1997</b>		<b>2009</b>		Rikara Turner..... 2007	
Erin Chenier..... Vault		Sandra Blake..... Vault		<b>Senior Gymnast of the Year</b>	
Kate Farrington..... Vault			Floor Exercise	Christina Sundgren.....2011	
			All-Around		
<b>1998</b>		<b>2010</b>		<b>Coach of the Year</b>	
Malia Roberts .....Uneven Bars		Emily Mann.....Uneven Bars		Tom Farden ..... 2006	
	All-Around			Tom Farden ..... 2007	
<b>2001</b>		<b>2011</b>		Tom Farden ..... 2008	
Stephanie Furman ..... Vault		Brianna Gaddie..... Vault		Tom Farden ..... 2009	
			Floor Exercise	<b>Assistant Coach of the Year</b>	
<b>2002</b>		Christina Sundgren.....Uneven Bars		Brogan Evanson..... 2008	
Ashley Godwin.....Uneven Bars			All-Around	Jessie Kinder-Vasquez .....2011	
		Taylor Westrick .....Balance Beam			
<b>2003</b>		<b>2012</b>			
Ashley Godwin..... Balance Beam		Taylor Westrick .....Balance Beam			
	Floor Exercise				
	All-Around				



Tom Farden was named MIC Coach of the Year four years in a row from 2006-09.



Christina Sundgren was named MIC Senior Gymnast of the Year and claimed two MIC titles in 2011.



## Division I Postseason

### NCAA Division-I National Qualifiers

**1991**

Cheri Peterson..... Uneven Bars; 15th

**2012**

Taylor Westrick ..... Balance Beam; 28th

### NCAA Division-I Regional Qualifiers

**1992**

Team..... 6th

**1993**

Team..... 7th

**1994**

Kim Carter-Newell ..... All-Around; 18th

**1995**

Team..... 7th

**1996**

Erin Chanier..... All-Around; 25th

**1997**

Team..... 7th

**1998**

Erin Chanier..... All-Around; 14th

Malia Roberts ..... All-Around; 16th

**1999**

Stephanie Furman ..... Vault; 34th

Malia Roberts ..... Uneven Bars; 28th

**2000**

Stephanie Furman ..... Vault;

Malia Roberts ..... Uneven Bars;

**2002**

Ashley Godwin..... All-Around; 11th

Michelle Walker ..... Floor Exercise; 21st

**2003**

Ashley Godwin..... All-Around; 19th (2nd Floor)

**2004**

Tara Boldt ..... All-Around; 11th

Ashley Godwin..... All-Around; 21st

Alexis Traylor ..... Floor Exercise; 20th

**2005**

Katie Bloom ..... All-Around; 17th

Tara Boldt ..... All-Around; 13th

**2006**

Team..... 6th

**2007**

Sandra Blake ..... All-Around; 19th

Jena Nguyen ..... Balance Beam; 8th

Rikara Turner..... All-Around; 20th

Bryanna Wong..... All-Around; 16th

**2008**

Team..... 5th

**2009**

Sandra Blake ..... All-Around; 15th

Brianna Gaddie..... Floor Exercise; 14th

Christina Sundgren..... Uneven Bars; 36th

Rikara Turner..... All-Around; 16th

**2010**

Brianna Gaddie..... Floor Exercise; 12th

Jordan Salsberg ..... All-Around; 17th

Rikara Turner..... All-Around; Did Not Compete

**2011**

Brianna Gaddie..... Vault; 30th

Christina Sundgren..... Uneven Bars; 11th

Taylor Westrick ..... All-Around; 17th

**2012**

Megan Fosnow ..... All-Around; 17th

Taylor Westrick ..... Balance Beam; 1st



Brianna Gaddie qualified for NCAA Regionals three times during her career.



Taylor Westrick became the first Southeast gymnast since the program went Division I to qualify for Nationals in 2012.



## Individual Awards & Honors

### NATIONAL CHAMPIONS



**Diana Morris**  
1988 USGF DII  
Beam Champion



**Kim Carter-Newell**  
1991 USGF DII  
Floor/Bar Champion



**Cheri Peterson**  
1991 USGF DII  
Vault/All-Around Champion



**Alicia Thier**  
1995 NIT  
Beam Champion

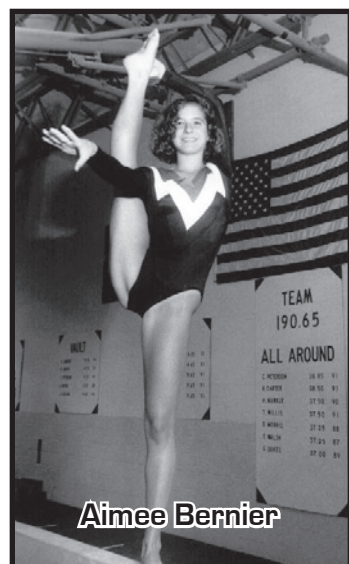


**Erin Chenier**  
1995 NIT  
Beam Champion

### ALL-AMERICANS

Gymnast	Event	Year
Aimee Bernier	Beam	1990-91
Sandra Blake	Academics	2008-09
Kim Carter-Newell	Vault/Bars/Beam/Floor/All-Around	1991
Ginger Dukes	Vault	1990
Wendy Facklam	Vault/Beam	1988-89
Sandra Foster	Vault/Bars/Floor	1985-86
Margaret Heidbrier	Vault	1984
Tammy Hener	Beam	1987
Debbie Holtgrieve	Beam	1982
Jean Kless	Bars	1985-87
Diana Morris	Vault/Bars/Beam/Floor/All-Around	1984-88

Gymnast	Event	Year
Jeanne Nass	Beam	1982
Toni Niemiec	Beam	1982
Cheri Peterson	Vault/Bars/Beam/Floor/All-Around	1988-91
Jill Prystalski	Beam/Floor	1990-91
Laurie Schoenbaum	Beam/Floor	1983-84
Jennifer Schutt	Floor	1989
Jocelyn Scroggins	Vault	1990
Vanessa Simmons	Bars	1991
Vici Strini	Bars	1984
Trace Walsh	Bars/Beam/All-Around	1987
Traci Willis	Vault	1991



**Aimee Bernier**

Bernier was a two-time All-American on the balance beam



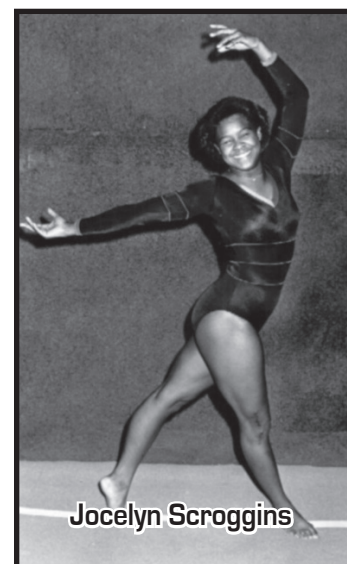
**Sandra Blake**

Blake became the first Academic All-American in school history in 2008



**Diana Morris**

Morris was a five-time All-American from 1984-88



**Jocelyn Scroggins**

Scroggins garnered All-American honors on the vault in 1990



## Team Champions & Honors

### MIC Champions

1997  
2009  
2011

1989  
1990  
1991

### NACGC/W Academic National Champions

2007  
2008  
2009  
2011

### NCAA Division I Regionals

1992  
1993  
1995  
1997  
2006  
2008

### NCAA/USGF Division II Regional Champions

1982  
1983  
1984  
1985  
1986  
1987  
1988  
1989

### USGF Division II National Champions

1987  
1991

### NCAA/USGF Division II Regionals

1980  
1981  
1982  
1983  
1984  
1985  
1986  
1987  
1988  
1989  
1990  
1991

### AIAW/NCAA/USGF Division II Nationals

1980  
1981  
1982  
1983  
1984  
1985  
1986  
1987  
1988



The 1987 team won the USGF Division II National Championship behind four All-Americans. That team was inducted into the Southeast Missouri Hall of Fame in 2004.



In its final Division II season, Southeast won its second USGF Division II title and had six All-Americans. Cheri Peterson qualified for the NCAA Division I Individual Championships on uneven bars. That team was inducted into the Southeast Missouri State Hall of Fame in 2003.



## Year-by-Year Dual Records

Year	Head Coach	Record	Conference Finish	Regionals	Nationals
1976	Sarah Stensil	2-5	-	-	-
1977	Jon Rose	1-4	-	-	-
1978	Jon Rose	1-5	-	-	-
1979	Jon Rose	7-9	-	-	-
1980	Bill Hopkins	9-2	-	4th	10th AIAW
1981	Bill Hopkins	20-4	-	2nd	8th AIAW
1982	Bill Hopkins	31-8	-	1st	3rd NCAA-II
1983	Bill Hopkins	36-10	-	1st	3rd NCAA-II
1984	Bill Hopkins	20-6-1	-	1st	2nd NCAA-II
1985	Bill Hopkins	20-5	-	1st	2nd NCAA-II
1986	Bill Hopkins	13-6	-	1st	2nd NCAA-II
1987	Bill Hopkins	16-10	-	1st	1st USGF-II
1988	Bill Hopkins	24-6	-	1st	2nd USGF-II
1989	Bill Hopkins	23-9	-	1st	3rd USGF-II
1990	Bill Hopkins	28-11	-	6th	2nd USGF-II
1991	Bill Hopkins	36-8	-	4th	1st USGF-II
1992	Bill Hopkins	19-10	2nd MIC	6th	-
1993	Bill Hopkins	27-14	2nd MIC	7th	2nd NIT
1994	Bill Hopkins	16-17	4th MIC	-	5th NIT
1995	Bill Hopkins	19-17	3rd MIC	7th	3rd NIT
1996	Bill Hopkins	18-16	2nd MIC	-	3rd NIT
1997	Bill Hopkins	24-14	1st MIC	7th	2nd NIT
1998	Kris Buchheister	14-8	2nd MIC	-	-
1999	Kris Buchheister	12-12	3rd MIC	-	-
2000	Patty Stotzheim	5-15	3rd MIC	-	-
2001	Patty Stotzheim	10-11	2nd MIC	-	-
2002	Patty Stotzheim	9-11	3rd MIC	-	-
2003	Patty Stotzheim	11-13	4th MIC	-	-
2004	Tom Farden	15-7	2nd MIC	-	-
2005	Tom Farden	6-11	4th MIC	-	-
2006	Tom Farden	10-11	3rd MIC	6th	-
2007	Tom Farden	17-9	3rd MIC	-	-
2008	Tom Farden	9-7	2nd MIC	5th	-
2009	Tom Farden	14-3	1st MIC	-	-
2010	Kristi Ewasko	18-7	3rd MIC	-	-
2011	Kristi Ewasko	12-8	1st MIC	-	-
2012	Kristi Ewasko	2-15	5th MIC	-	-
37 years	7 Head Coaches	574-344-1	-		

## ALL-TIME COACHING RECORDS

Head Coach	Record	Years
Sarah Stensil	2-5	1
Jon Rose	9-18	3
Bill Hopkins	399-173-1	18
Kris Buchheister	26-20	2
Patty Stotzheim	35-50	4
Tom Farden	71-48	6
Kristi Ewasko	32-30	3



Under the helm of Bill Hopkins the Southeast Missouri State gymnastics program won two USGF D-II National Championships (1987 & 1991) and recorded five top-three NCAA D-II National Championship finishes.



## Dual Record vs. Opponents

Air Force .....	11-1	Jefferson State .....	1-0	Southern Illinois .....	6-5
Alabama .....	0-10	<b>Kent State</b> .....	<b>1-3</b>	Southern Utah .....	1-1
Alaska .....	5-0	Kentucky .....	4-7	Springfield .....	1-0
Arkansas .....	0-2	<b>Lindenwood</b> .....	<b>First Meeting</b>	Temple .....	1-0
Arizona .....	0-3	Louisiana State .....	1-10	Tennessee .....	1-0
Auburn .....	2-13	Louisville .....	1-9	Texas .....	0-1
Ball State .....	18-9	Mankato State .....	2-0	Texas A&M .....	1-0
Bemidji .....	1-0	Maryland .....	1-0	Texas Christian .....	1-0
<b>Boise State</b> .....	<b>4-3</b>	Massachusetts .....	1-0	Texas State .....	3-0
Bowling Green .....	7-4	Memphis .....	1-2	<b>Texas Woman's</b> .....	<b>43-16</b>
Bridgeport .....	6-0	Miami (Fla.) .....	1-0	Towson State .....	2-1
<b>Brigham Young</b> .....	<b>1-4</b>	Michigan .....	2-7	<b>UIC</b> .....	<b>34-23</b>
UC-Davis .....	2-0	Michigan State .....	2-9	Valparaiso .....	17-0
Cal Poly SLO .....	3-1	Minnesota .....	2-3	Washburn .....	5-0
Cal-State Fullerton .....	0-1	Missouri .....	8-28	Washington .....	0-2
<b>Centenary</b> .....	<b>30-5</b>	Morehead State .....	1-0	West Virginia .....	1-2
Central Arkansas .....	3-0	Murray State .....	1-0	Western Illinois .....	4-2
Central Michigan .....	2-5	Nebraska .....	1-4	Western Kentucky .....	1-0
Central Missouri State .....	1-0	<b>New Hampshire</b> .....	<b>3-1</b>	Western Michigan .....	7-4-1
<b>Cornell</b> .....	<b>First Meeting</b>	North Carolina .....	1-1	Wheaton .....	13-0
Denver .....	1-6	Northeastern .....	1-0	William & Mary .....	2-0
DuPage .....	1-0	Northern Colorado .....	4-0	Winona .....	25-2
Eastern Illinois .....	1-0	<b>Northern Illinois</b> .....	<b>21-14</b>	Wisconsin .....	1-3
<b>Eastern Michigan</b> .....	<b>7-3</b>	Northern Iowa .....	1-0	Wisconsin-Eau Claire .....	1-0
Emporia State .....	3-0	Northern Michigan .....	7-0	Wisconsin-LaCrosse .....	10-0
Florida .....	0-4	Northwestern .....	2-0	Wisconsin-Oshkosh .....	14-0
Fort Hays State .....	12-0	Notre Dame .....	1-0	Wisconsin-Platteville .....	1-0
Georgia College .....	3-0	Ohio State .....	1-4	Wisconsin-Stout .....	3-0
George Washington .....	1-0	Oklahoma .....	1-6	Wisconsin-Whitewater .....	2-0
Gustavus .....	1-0	Oral Roberts .....	1-0	Yale .....	1-0
Hamline .....	3-0	Oregon State .....	0-1		
Harding University .....	1-0	Penn State .....	0-2		
Houston Baptist .....	3-3	Pittsburgh .....	0-1		
Illinois .....	7-16	Purdue .....	1-0		
<b>Illinois State</b> .....	<b>54-24</b>	Rutgers .....	2-0		
Indiana .....	5-1	San Jose State .....	1-0		
Indiana (Pa.) .....	3-3	St. Ambrose .....	1-0		
Indiana State .....	3-2	Seattle Pacific .....	10-1		
Iowa .....	18-9	South Dakota State .....	1-0		
Iowa State .....	5-7	Southern Arkansas .....	6-0		
Jacksonville State .....	6-2	Southern Connecticut .....	1-0		

2013 Opponents in **Bold**



## All-Time Letterwinners

Danyelle Aber (2005-07)  
 Michelle Albury (2002-03)  
 Shelly Allison (1987)  
 Jessica Bagwill (1999-02)  
 Kelly Baldridge (2003-05)  
 Patty Barrow (1984-86)  
 Laurie Bartelt (1995)  
 Cheryl Bauer (1978-79)  
 Mary Bentrup (1977-79)  
 Aimee Bernier (1990-93)  
 Sandra Blake (2006-09)  
 Katie Bloom (2002-05)  
 Tara Boldt (2003-06)  
**Erin Brady (2012-)**  
 Rebekah Brajcki (1995-98)  
 Sarah Brillhart (2011)  
 Jennifer Brittain (1994)  
 Carol Brommer (1977)  
 Nadine Brown (1987)  
 Heather Browning (1997-00)  
 Rachel Buckner (1990-92)  
 Gina Bufe (1984-87)  
 Kelly Burns (1983-84)  
 Donna Carr (1990-92)  
 Kim Carter (1991, 94)  
 Erin Chenier (1996-99)  
 Amy Cole (2000-03)  
 Talia Cover (2002-03)  
 Aaron Craig (1996-99)  
 Gail Crumpecker (1977)  
 Suzanne Daher (1985)  
 Karen DeSalvo (1978-79)  
 Linda Deitz (1978-81)  
 Jennifer Dinan (2006-09)  
 Lauren Dinan (2008-10)  
 Jacklyn Doebller (2001-04)  
 Maureen Dougherty (1981)  
 Jessica Dunbar (1997-00)  
 Ginger Dukes (1989-90)  
 Paula Dusenberry (1984-85)  
 Crystal Eberhardt (2002-05)  
 Cari Egbert (1997-00)  
 Lisa Enge (1981)  
 Tanya Etie (1995)  
 Alison Ezell (2005-08)  
 Wendy Facklam (1988-90)  
 Kate Farrington (1994-97)  
 Andrea Farris (1997)  
 Kendra Farris (1997)

Cindy Feaster (1980-82)  
 Anna Fink (2002-03)  
**Megan Fosnow (2011-)**  
 Cindy Foster (1986-87)  
 Sandra Foster (1983-86)  
 Kristin Frohlich (1995-98)  
 Stephanie Furman (1999-02)  
 Traci Flippo (2002-04)  
 Brianna Gaddie (2008-11)  
 Amber Garlotte (2007-10)  
**Emma Garrett (2011-)**  
 Tamara Gent (2012)  
 Amanda Gdovicak (1997-99)  
 Kara Gibbons (2008-10)  
 Julie Gilbert (1980-81)  
 Ashley Godwin (2001-04)  
 Nancy Greco (1982-83)  
 Caralyn Grigo (1978-81)  
 Maureen Grimaldi (2006-08)  
 Amanda Grimes (2003-06)  
 Leigh Guemmer (1978-81)  
 Cheryl Hagene (1994-95)  
 Leah Halleman (1986-87)  
 Karen Hamilton (1999-02)  
 Ericka Harrison (1997-00)  
 Tiffany Hatfield (2003)  
 Lisa Heaman (1986-87)  
 Jacqueline Heath (2007-)  
 Margaret Heidbrier (1982-85)  
 Lexie Hein (2004-06)  
 Tammy Hener (1987-90)  
 Debbie Holtgrieve (1983-84)  
 Gina Hoormann (1984)  
**Taylor Huey (2012-)**  
 Lisa Hughes (1986-87)  
 Gabrielle Isola (1981)  
 Carrie Johnson (1990-93)  
 Kathy Kahre (1978-79)  
 Kasey Karban (2001)  
 Jennifer Kaye (2005)  
 Meredith Keen (1997)  
 Alex King (2006)  
 Jean Klees (1984-87)  
 Karen Kohrs (1977)  
 Amy Kovacs (1990-93)  
 Melanie Krehl (1998-00)  
 Kelley Krengiel (2007-10)  
 Diane Lazczak (1988-89)  
 Jennifer Laszczak (1989)

Diane Lattimore (1993-95)  
 Lilly Le (2004)  
 Mindi Lineweber (2005)  
 Cristie Logan (1995-99)  
 Stephanie Maloney (1990-92)  
 Laura Mangan (1987)  
**Emily Mann (2009-10)**  
 Nancy Marcotte (1978-79)  
 Heather Markle (1990-92)  
**Samantha Marrero (2011-)**  
 Maureen McDonough (1981)  
 Lisa McFarland (1977)  
 Tami McGaugh (1982)  
 Wendi Meier (1985-88)  
 Marcy Meyers (1980)  
 Kelly Miller (1992-95)  
 Ami Mills (1983)  
 Paige Milroy (1989-92)  
 Traci Mitchell (2000)  
 Erica Moore (2008-11)  
 Diana Morris (1985-88)  
 Jeanne Nass (1982-83)  
 Leigh Nelson (1989)  
 Jena Nguyen (2007-10)  
 Toni Niemiec (1982-83)  
 Kim Oblak (1994)  
 Kim Oetter (1994-96)  
 Deanna Ogg (2003)  
**Margaret O'Neal (2011-)**  
 Megan Owen (1997-99)  
 Sarah Pack (1992-93)  
 Renae Parr (1993-95)  
 Maggie Paubel (2003)  
 Cheri Peterson (1989-91)  
**Kimberly Pickerl (2011-)**  
 Raina Ponartz (1989)  
 Bristol Powelski (2004-06)  
 Laura Prentice (1988-89)  
 Jill Prystalski (1990-93)  
 Judy Pyle (1986-87)  
 Jaci Roberts (1977)  
 Kim Roberts (1990-91)  
 Malia Roberts (1997-00)  
 Traci Roberts (1988-92)  
 Lauren Ross (2000)  
 Chrissy Rushton (1989)  
 Jordan Salsberg (2010)  
 Tracey Sauls (1988)  
 Laurie Schenbaum (1982-85)

Amanda Schoenbaum (2008-10)  
 Jennifer Schutt (1989-92)  
 Deanne Schwartz (1985)  
 Starlyn Schwartz (2006-09)  
 Jocelyn Scroggins (1987-90)  
**Angela Serafini (2011-)**  
 Heather Sharp (1994)  
 Dawn Shuda (1986-87)  
 Vanessa Simmons (1991-95)  
 Erica Smith (1995-99)  
 Kathy Smith (1998-01)  
 Sandi Smith (1980-83)  
 Christa Soekamto (2009-11)  
 Candace Spicer (2000-03)  
 Kelsey Stauffer (2006-08)  
 Hazel Stricker (1997-98)  
 Vici Strini (1982-85)  
 Christina Sundgren (2008-11)  
 Alicia Their (1993-96)  
 Erika Thomas (2006)  
 Kathy Tronzo (1982-83)  
 Alexis Traylor (2002-05)  
 Rikara Turner (2007-10)  
 Chelsea Unold (2006)  
**Taryn Vanderpool (2011-)**  
 Annette Vaughn (1988)  
 Carol Wade (1988-89)  
 Stephanie Walbran (1985)  
 Michelle Walker (1999-02)  
 Jen Wall (1997-98)  
 Trace Walsh (1986-87)  
 Natalie Watts (2004-05)  
 Patty Watts (1985-88)  
**Taylor Westrick (2011-)**  
 Tessa Whitaker (1987-90)  
 Alicia White (2001)  
 Shannon Williams (1991)  
 Traci Wills (1991-94)  
 Tricia Wills (1992)  
 Elenor Wilson (1999-02)  
 Bryanna Wong (2007-10)  
 Tammy Wyatt (1993-94)

Current Gymnasts in **Bold**

A photograph of Academic Hall, a large, light-colored stone building with a prominent green dome. The building features classical columns and a pediment with a crest. The name "ACADEMIC HALL" is inscribed on the pediment. In the foreground, there are trees with vibrant autumn foliage in shades of red, orange, and yellow. A flagpole with a flag is visible on the left. A black diagonal banner with white text is overlaid on the bottom right of the image.

# THIS IS SOUTHEAST

IN THIS SECTION ...

- » University Section
- » Athletics Staff





# SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

***The college experience of a lifetime. The job of your dreams.  
A life that is amazing.***

That is what most students and parents want from a college education. At Southeast, we want the same for you. We want you to learn your profession, gain the experience or internship you need, and get that first paycheck!

The growing—and changing—student body has had an impact on everything and everyone. The physical changes of the campus are the most visible. Two new residence halls. The River Campus. The polytechnic building. An information commons in the library. And so on.

Students and faculty are experiencing change of a different kind. Classroom activity has reached a new level of productivity, as students are brighter and more prepared than ever. Enrollment is at an all-time high. The impact on the honors program has been dramatic with more students than ever choosing to participate in and complete the honors curriculum. The number participating tripled in five years!

All of this means that Southeast has become Missouri's most academically competitive regional university.

**2009**—InsideCollege.com experts single out our honors program as an effective way to make a large school seem smaller with a more personal approach to learning.

**2010**—Computer science receives prestigious national accreditation.

**Safest  
Campus  
in Missouri**

[StateUniversity.com](http://StateUniversity.com)



**2010**—Consumer watchdog group GetEducated.com ranks Southeast #1 on its list of "Top 10 Ranked Best Values Online MBAs—AACSB Accredited."

**2010**—Southeast is named the safest campus in Missouri and among the safest in the nation by StateUniversity.com.



# SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

## *We have...*

- ▶ Small classes with 98 percent of courses having fewer than 50 students
- ▶ Faculty with PhDs—not teaching assistants—who teach most classes
- ▶ More than 200 areas of study
- ▶ Wired (and wireless) classrooms and best-of-class technology
- ▶ Internships and real-world learning offered in 100 percent of programs
- ▶ Study abroad opportunities that take you almost anywhere

## *We are...*

- ▶ NCAA Division I Athletics
- ▶ Listed among the Midwest's top universities
- ▶ One of the safest college campuses in the nation
- ▶ Conveniently located 115 miles south of St. Louis
- ▶ A medium-sized university with more than 11,000 students
- ▶ Comprised of ten colleges and schools

## *We provide...*

- ▶ Choices in the University Studies (general education) classes
- ▶ Some of the newest residence halls in Missouri
- ▶ 150 organizations that keep you busy after class
- ▶ Each student with two advisors—academic and career
- ▶ Fraternities and sororities that are productive and fun
- ▶ One of a kind student aquatic center in one of our two recreation centers

2011—U.S. News & World Report names Southeast a "Best Midwest Regional University."



2011—For seven consecutive years, Princeton Review includes Harrison College of Business on its list of "Best Business Schools."



2011—Princeton Review again names Southeast as one of the "Best in the Midwest," representing only about 25 percent of the nation's four-year colleges.



2012—U.S. News & World Report lists both nursing and communication disorders on its list of top graduate programs in health.



# SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

## Donald L. Harrison College of Business

Our increasingly popular business programs have made us one of the major colleges of business in the Midwest. The Donald L. Harrison College of Business is accredited by AACSB International—the gold standard of business school accreditation—an honor held by only 5 percent of institutions offering business degrees worldwide.

- ▶ Employers and students value our techno-savvy environment. In a recent survey of 98 nationally known business programs, Southeast ranked in the top 7 percent in learning to use and manage technology.
- ▶ Our entrepreneurial studies program is Missouri's most comprehensive, offering options for both BSBA and MBA degrees. The Douglas C. Greene Center for Innovation and Entrepreneurship is one of the most comprehensive entrepreneurship-focused university centers in the Midwest.
- ▶ Southeast students have access to more than 30 international exchange and study abroad opportunities in London, Paris, Spain, Portugal and North Africa.
- ▶ One hundred percent of our students have the opportunity to participate in internship programs with companies nationwide.
- ▶ Doctoral level professors make learning interactive with classrooms that have Internet, cable TV, direct satellite feed and electronic presentation capability.
- ▶ St. Louis employers rate the "St. Louis Interview Days" as the best recruiting event in which they participate in the Midwest.
- ▶ Our accounting curriculum prepares students for the Certified Public Accountant (CPA) and Certified Internal Auditor (CIA) designations. Students may go to work directly into an accounting field or go on to complete the 150 hours required by Missouri, and other states, to sit for the CPA examination. Our first-time pass rates on the CPA exam continue to be well above the national average.
- ▶ Business programs are housed in Dempster Hall, a wireless Internet environment featuring an electronic presentation lab and more than 400 networked computers with the latest software.



## College of Education

If you are considering teaching as a profession, you are looking at the right university. For more than a century, Southeast has been preparing and sustaining some of the nation's brightest and best teachers. Moreover, we have a record of accomplishment to prove it.

- ▶ Most importantly, our education program is fully accredited by the National Council of Teacher Education (NCATE), which sets the highest standards for teacher education programs nationwide.
- ▶ The Missouri Department of Elementary and Secondary Education approved 28 initial teacher preparation programs and all 12 graduate programs.
- ▶ Because you begin assisting and observing in area classrooms starting in your first year, you accumulate more teaching practice and knowledge than graduates from other universities.
- ▶ The College of Education maintained national recognition through a rigorous review process from 11 specialized professional associations.
- ▶ Our counseling program is now one of only three in Missouri to be accredited by the Council for the Accreditation of Counseling and Related Educational Programs.



# SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

## College of Health and Human Services

Although there are diverse academic offerings in the College of Health and Human Services, all programs potentially lead to a career that significantly and positively impacts the lives of individuals and families.

- ▶ All nursing programs (nurse and nurse practitioner) are accredited by the Commission on Collegiate Nursing Education.
- ▶ The recreation program is accredited by the Council on Accreditation for Recreation, Park Resources and Leisure Services.
- ▶ The Communications Disorders program allows students to receive clinical experience with children and adults who have speech, language or hearing disorders.
- ▶ Aerospace Studies offers a path to leadership for those intending to pursue officer positions in the United States Air Force. During a summer field training course for the Professional Officer Corps, students experience survival training, aircraft and air crew orientation, physical training and the inner operations of an Air Force base.
- ▶ Our nationally accredited social work program requires students to complete 480 hours of field education under the supervision of experienced social workers.
- ▶ Southeast has a strong connection with the Law Enforcement Academy and has more than 30 years of partnerships in all branches of criminal justice at the federal, state and local levels. Our students intern with the U.S. Marshals Service; the ATF; the U.S. Secret Service; Federal Probation; Missouri Division of Probation and Parole; Missouri Youth Services and other law enforcement agencies.
- ▶ The dietetics program is accredited by the American Dietetic Association Commission. Our graduates have a success rate of nearly 100 percent on the national exam to become a registered dietitian.



## College of Liberal Arts

An education in the liberal arts gives you broad-based training for careers in business, the arts, media, education and the legal profession.

- ▶ Southeast's mass communication program is accredited by the Accrediting Council on Education in Journalism and Mass Communications (ACEJMC). Only one other institution in Missouri has this elite accreditation. Our public relations program is one of only 28 institutions—none in Missouri—that holds certification by the Public Relations Society of America (PRSA). Only 12 other institutions in the world have recognition from both ACEJMC and PRSA for their mass communication program.
- ▶ Students can work at two campus radio stations (NPR affiliate KRCU 90.9 FM and KDMC 103.7), the *Arrow* student newspaper and "U2" cable television station.
- ▶ Our certified historic preservation program is one of a few U.S. programs that offer a four-year degree and is among a small number to have full membership in the National Council for Preservation of Education.
- ▶ During the last five years, Southeast's pre-law students have exceeded the national LSAT average score, and their placement rate in law school approaches 100 percent.
- ▶ Students majoring in philosophy have a 100 percent acceptance rate to graduate and law school.
- ▶ Our students make politics come alive by working on political campaigns and by serving as interns. Each year approximately 30 students from a variety of majors around the University travel to Washington, D.C. to conference with some of the nation's top scholars at the Center for Strategic and International Studies.





# SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

College of

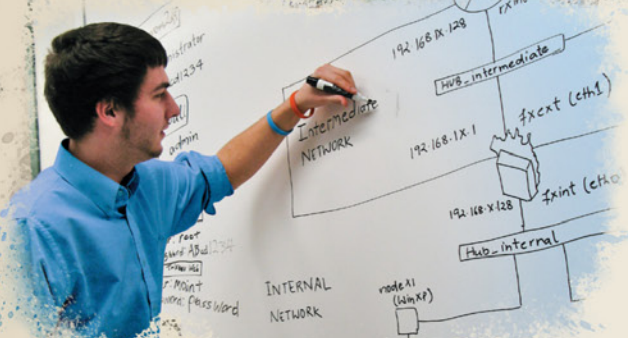
## Science, Technology and Agriculture

The foundation of success in Southeast's College of Science, Technology and Agriculture is a faculty of teacher-scholars supported by well equipped laboratories and the latest technology, which offer our students personalized study and research opportunities during their undergraduate studies.

- ▶ Our popular computer science bachelor's program is nationally accredited by the Computing Accreditation Commission of the Accreditation Board of Engineering Technology.
- ▶ Our popular marine biology program is one of the only inland programs in the U. S., creating an opportunity for students to combine a traditional college experience with the study of marine life because of our collaboration with the Gulf Coast Research Laboratory in Ocean Springs, Miss.
- ▶ Southeast's pre-med curriculum prepares students for the MCAT (Medical College Admission Test). Our students are accepted to medical school at a rate that is well above the national average.
- ▶ Our chemistry graduates consistently score at or above the 70th percentile on the Major Field Achievement Test in Chemistry.
- ▶ Our engineering physics program is nationally accredited by the Accrediting Board of Engineering and Technology (ABET), the sole accrediting body of engineering programs, which means that graduates of the program are eligible to become registered professional engineers.
- ▶ All of the bachelor of science programs in the Department of Industrial and Engineering Technology are nationally accredited.
- ▶ In addition to a 252-acre David M. Barton Agriculture Research Center, Agriculture students study at a 110-acre rice research station, a new irrigated turf plot facility, and a modern soil fertility laboratory.
- ▶ The School of Polytechnic Studies operates the 11,000-square-foot, climate-controlled Charles L. Hutson Horticulture Greenhouse.
- ▶ Our new cybersecurity program is the only one of its kind in Missouri. The U.S. Department of Labor estimates there will be 135,000 new jobs in this field by 2018—a 21 percent increase in Missouri alone.
- ▶ The innovative sustainable energy systems management major responds to world needs to address global warming, air pollution and ecosystem destruction.
- ▶ Southeast's pre-veterinary medicine program prepares students for admission to the College of Veterinary Medicine at the University of Missouri-Columbia.
- ▶ Mathematics faculty are actively involved in research and design projects of interest to students.



Graduates in  
science and mathematics  
enjoy a nearly  
**100%**  
placement rate.



# SOUTHEAST MISSOURI STATE UNIVERSITY REDHAWKS ATHLETICS

Earl and Margie Holland School of

## Visual and Performing Arts

Classic beauty and modern technology converge at Southeast's River Campus—Missouri's only campus dedicated exclusively to art, dance, music and theatre. Overlooking the Mississippi River, a Cultural Arts Center and transformed Seminary Building are now home to the Earl and Margie Holland School of Visual and Performing Arts. With the coming of this magnificent facility, the number of new students planning to major in the visual and performing arts doubled in one year.

- ▶ Art students have five interconnected art studios for painting, drawing, printmaking, fibers and design plus two computerized looms, as well as two presses in the printmaking studio and a computer design lab with the latest hardware and software available.
- ▶ Students find internships and professional experience at the Berkshire Theatre Festival, the Lucille Lortel Theatre in New York, the McLeod Summer Theatre or the University of Connecticut Summer Theatre and more.
- ▶ In 2008, the Golden Eagles Marching Band performed at the Edinburgh Military Tattoo in Scotland becoming only the second American university marching band to perform there twice.
- ▶ In addition to performances throughout the season, featuring world famous guest artists, the Southeast Missouri Symphony Orchestra exchanged music as well as culture in China when they performed concerts in Shanghai and Beijing in 2009.
- ▶ The River Campus gives students the opportunity to show their work in a variety of first-class venues: the 950-seat Donald C. Bedell Performance Hall is a proscenium theatre with spacious stage and backstage areas. The 200-seat Wendy Kurka Rust Flexible Theatre can be configured in unlimited ways for "black box" productions. The 200-seat Robert F. and Gertrude L. Shuck Music Recital Hall features nearly perfect acoustics. A student/faculty art gallery features technology that allows for the display of 3-D animation, as well as painting, prints, ceramics and sculpture. The Rosemary Berkel and Harry L. Crisp II Museum has an interactive educational theatre, art gallery for changing exhibitions and a permanent display featuring southeast Missouri.



## Living on Campus

Southeast offers students 11 residence halls from which to choose. Each room has Internet access and cable TV. Nine dining areas are available with a variety of options. And, with more than 150 diverse organizations, students find plenty of opportunities to get involved.





## Athletics Staff



**Cindy Gannon**  
Senior Associate AD  
Senior Woman Administrator



**Brady Barke**  
Interim Associate AD  
Compliance & Eligibility



**Joyce Penny**  
Ticket Manager  
Student Accountant



**Marcia Hendrix**  
Assistant Ticket Manager  
Insurance



**Sharon Burgard**  
Director of Academic  
Services



**Kent Phillips**  
Coordinator of Facilities and  
Event Management



**Alfred Castillo**  
Head Athletic Trainer



**Barb Kinsey**  
Athletic Development



**Nate Saverino**  
Coordinator of Marketing  
and Promotions



**Ricky Zum Mallen**  
Graduate Assistant  
Marketing



**Dr. Beth Easter**  
Faculty Athletics  
Representative



**Ryan Johnson**  
Strength & Conditioning  
Coach



**Robby Rasco**  
Equipment Manager



**Sara Cummings**  
Administrative Assistant



**Natalie Williams**  
Academic Services Assistant



**Kelly Benacka**  
Graduate Assistant  
Academic Services



**Emily Obergönnner**  
Graduate Assistant  
Academic Services

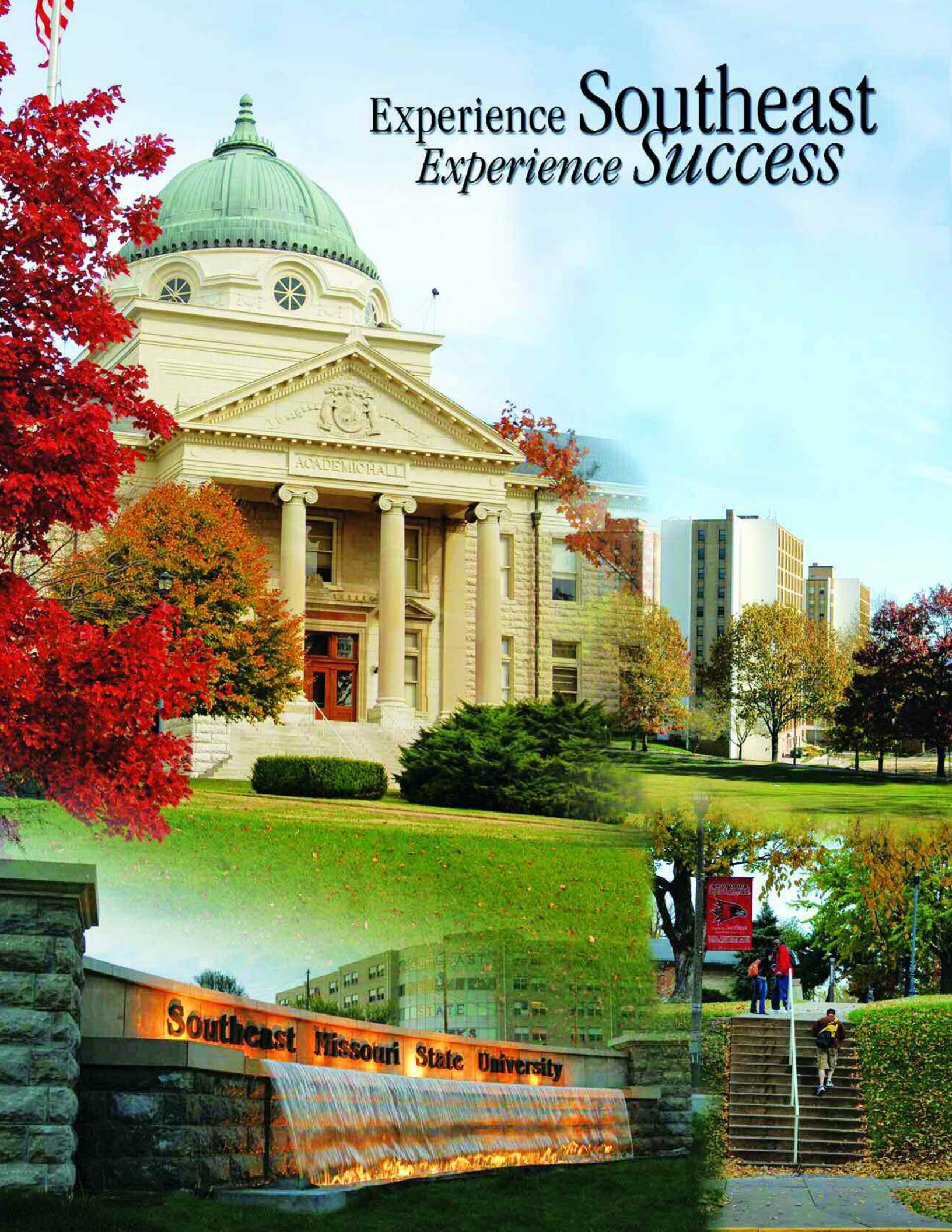


**Andrew Salter**  
Graduate Assistant  
Strength & Conditioning



**Megan Rottler**  
Graduate Assistant  
Strength & Conditioning

# Experience Southeast *Experience Success*





## 2013 GYMNASTICS SCHEDULE

DATE	OPPONENT	TIME
Jan. 18	Lindenwood	6 p.m.
<b>JAN. 25</b>	<b>CENTENARY</b>	<b>6:30 P.M.</b>
Feb. 2	Northern Illinois	5 p.m.
Feb. 8	Brigham Young / Boise State	8 p.m.
Feb. 10	Boise State	3 p.m.
<b>FEB. 15</b>	<b>ILLINOIS STATE</b>	<b>6:30 P.M.</b>

DATE	OPPONENT	TIME
Feb. 24	Illinois State	2 p.m.
<b>MARCH 3</b>	<b>EASTERN MICHIGAN</b>	<b>1 P.M.</b>
<b>MARCH 8</b>	<b>TEXAS WOMAN'S</b>	<b>6:30 P.M.</b>
March 15	Kent State / New Hampshire / Cornell	6 p.m.
March 23	MIC Championship	TBA
April 6	NCAA Regionals	TBA

**GoSoutheast.com | (573) 651-2113**

All Times Central | Home Meets in **BOLD** | Home meets held at Houck Field House