



MEDIA GUIDE

2023 SOUTHEAST MISSOURI GYMNASTICS



[SEMOREDHAWS.COM](https://semoredhawks.com)



2023 SOUTHEAST MISSOURI GYMNASTICS

MEDIA INFORMATION

The 2023 Southeast Missouri gymnastics media guide is a source of information for the news media covering the Redhawks. News releases, clips, video footage, photographs and other information will also be available to accredited members of the media upon request.

Strategic Communications

The Southeast Missouri Strategic Communications Office is always willing to assist the media with their coverage of Redhawk gymnastics. All media and credential requests should be made to Strategic Communications Graduate Assistant Chandler Collins. Should you need any information, feel free to call any time, day or night. Collins can be reached at (417) 861-7504 or ccollins1s@semo.edu.

In-Season Interview Policy

All of Southeast Missouri's gymnastics student-athletes and coaches will be available to the media throughout the 2023 season. Interviews should be arranged through the Southeast Missouri Strategic Communications Office. Interviews with student-athletes and coaches will be conducted either by phone or in-person upon request. Please let the Strategic Communications Office know at least 24 hours in advance so interview arrangements can be made.

Credentials

Credentials are required for entrance to Houck Field House. To request season or single-event credentials, please contact Strategic Communications Graduate Assistant Chandler Collins in the Southeast Missouri Strategic Communications Office by phone at (417) 861-7504 or email at ccollins1s@semo.edu. Credentials can be picked up at the ticket table near the entrance to Houck Field House.

Southeast Missouri follows the guidelines set forth by the NCAA governing the issuance of credentials. Press Row credentials will be issued to accredited sports writers of daily and weekly newspapers. Photo credentials will be issued to accredited members of the photo media working for newspapers and television stations.

All credential requests should come from sports editors, directors or anchors. Spouses, dates and minors will not be permitted on Press Row at Houck Field House. Any unauthorized use of credentials will result in revocation of credentials issued by Southeast Missouri State University and credential requests will not be honored for future SEMO athletic events.

Post Meet Interviews

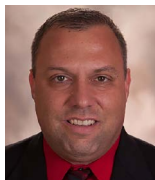
The Southeast Missouri Strategic Communications staff will make student-athletes available to the media at the conclusion of each competition. Post meet interviews will be held on the competition floor of Houck Field House. Please contact Chandler Collins with any interview requests.

STRATEGIC COMMUNICATIONS

One University Plaza MS 0200

Cape Girardeau, MO 63701

Phone: (573) 651-2294 | Fax: (573) 651-2810



Jeff Honza

Associate Director of Athletics

(573) 651-2933

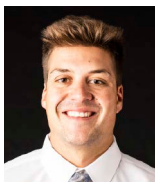
(618) 528-1145 (cell)

redhawk1@me.com // jhonza@semo.edu

Responsibilities: Administration, ESPN+/Instant Replay Liaison, Football, Men's Basketball, Softball, Baseball, Tennis

TBA

Assistant Director



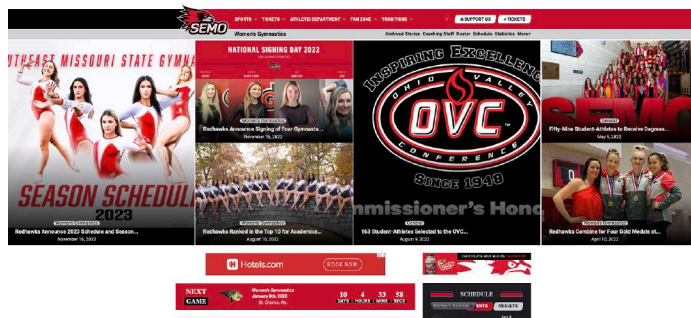
Chandler Collins

Graduate Assistant

(417) 861-7504 (cell)

ccollins1s@semo.edu

Responsibilities: Women's Basketball, Cross Country/Track & Field, Gymnastics, Soccer, Volleyball



SEMORedhawks.com

Southeast Missouri's official athletics website is updated daily and information on all 15 sports is available. Complete schedule, results, coaches and player bios, and other information can be accessed.

Press Row Services

Houck Field House is equipped with wireless internet. A member of the Strategic Communications staff will provide login information. Southeast Missouri uses Beaver Creek software for gymnastics computerized statistics. Working media will receive complete results following each meet.

Media Decorum

Any cheering or outward expression is strictly prohibited in working media areas of Houck Field House at all times.



Twitter
@SEMOGymnastics
@SEMORedhawks



Facebook
SEMOGymnastics
SEMORedhawks



Instagram
@SEMOGymnastics
@SEMORedhawks



YouTube
SEMORedhawks

#LetsSoar

Live Stats

StatBroadcast Live is the exclusive live statistics platform of Southeast Missouri gymnastics. Live stats can be accessed at Statb.us/I/SEMO.

Photographers

Please observe NCAA regulations and shoot from the designated areas assigned at Houck Field House. Photographers are not permitted to shoot in the official team areas. Photographers must display their credentials at all times. Flash photography is strictly prohibited inside Houck Field House.

Redhawks on ESPN+

The Ohio Valley Conference and ESPN have a media rights agreement, which includes a minimum of 600 conference events on ESPN+, the multi-sport, direct-to-consumer subscription streaming service from The Walt Disney Company Direct-to-Consumer & International segment and ESPN. Select Southeast Missouri gymnastics meets will air live on ESPN+. ESPN+ offers fans thousands of additional live events, on-demand content and original programming not available on ESPN's linear TV or digital networks. ESPN+ is an integrated part of the completely redesigned ESPN App. Already the leading sports app, the new ESPN App is the premier all-in-one digital sports platform for fans across mobile and TV-connected devices. ESPN+ is also available through ESPN.com.



Southeast Missouri or SEMO

is the preferred reference for Southeast Missouri State University athletic teams. Southeastern Missouri State is NOT an acceptable reference.



**2023 MIDWEST INDEPENDENT
CONFERENCE CHAMPIONSHIPS**

Friday, March 17

Houck Field House // Cape Girardeau, Mo.



2023 SOUTHEAST MISSOURI GYMNASTICS

ROSTER



Name	Ht.	Cl.	Hometown (High School)	Club
Anna Chodon	5-3	Fr.	Lindenhurst, N.Y. (Lindenhurst)	Apex Athletics
Sydney Crouch	5-7	Fr.	Coral Springs, Fla. (Coral Springs Charter School)	American Twisters
Mallory Desch	5-4	Sr.	Lenexa, Kan. (St. Thomas Aquinas)	Great American Gymnastics Express
Taylor Fishkin	5-2	Sr.	Manlius, N.Y. (Fayetteville-Manlius)	CNY Gym Centre
Madison Greene	5-0	So.	Crestwood, Ky. (Oldham County)	Champion Gymnastics
Kailyn Hamilton	5-4	Fr.	Springfield, Mo. (Kickapoo)	Gold Medal Gymnastics
Taylor Ingle	5-6	Fr.	Coppell, Texas (Coppell)	Texas Dreams Gymnastics
Jordan Jones	5-5	Sr.	Buford, Ga. (Mill Creek)	Georgia Gymnastics Academy
Ailey Kuehn	5-3	Fr.	Eagan, Minn. (Eagan)	TAGS South Gymnastics
Janelle Lopez	5-2	So.	Cape Coral, Fla. (Ida S. Baker)	Coast Elite Gymnastics Academy
Molly Maxwell	5-2	Sr.	Milton, Wis. (Milton)	Madtown Twisters
Chaniya Miller	5-2	Fr.	Kansas City, Mo. (Lee's Summit West)	Fuzion Gymnastics
Jolie Miller	5-6	Sr.	Aurora, Colo. (Cherokee Trail)	Adrenaline Gymnastics Academy
Lindsey Moffitt	5-2	Sr.	Ferris, Texas (Laurel Springs School Online)	Texas Dreams Gymnastics
Lindsay Ockler	5-3	So.	Huson, Mont. (Frenchtown)	Mismo Gymnastics
Nyah Reader	5-0	So.	Rexford, N.Y. (Shenendehowa)	World Class Gymnastics Academy
Anna Speller	5-0	Jr.	St. Louis, Mo. (Mary Institute & Saint Louis Country Day)	Team Central Gymnastics Academy
Sophia Studdard	5-2	Jr.	Blue Springs, Mo. (Blue Springs South)	Fuzion Gymnastics
Lydia Webb	5-4	Jr.	Wylie, Texas (Wylie)	World Olympic Gymnastics Academy

Head Coach: Ashley Lawson (Fifth Year)

Assistant Coach: Andavea Alexander (Fourth Year)

Volunteer Assistant Coach: Taylor Colwell (First Year)

Student Assistant: Lydia Test (First Year)

» Breakdown by Class

Total Squad Members.....	19
Seniors	6
Juniors	3
Sophomores.....	4
Freshmen.....	6

» Geographical Breakdown

Colorado.....	1
Florida	2
Georgia	1
Kansas	1
Kentucky.....	1
Minnesota	1
Missouri.....	4
Montana.....	1
New York	2
Texas.....	3
Wisconsin.....	1

» Pronunciation Guide

Sydney Crouch.....	sounds like couch
Mallory Desch.....	desch
Ailey Kuehn.....	AY-lee coon
Nyah Reader	NYE-uh





Anna Chodon
5-3 / Fr.
Lindenhurst, N.Y.



Sydney Crouch
5-7 / Fr.
Coral Springs, Fla.



Mallory Desch
5-4 / Sr.
Lenexa, Kan.



Taylor Fishkin
5-2 / Sr.
Manlius, N.Y.



Madison Greene
5-0 / So.
Crestwood, Ky.



Kailyn Hamilton
5-4 / Fr.
Springfield, Mo.



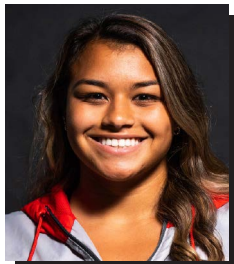
Taylor Ingle
5-6 / Fr.
Coppell, Texas



Jordan Jones
5-5 / Sr.
Buford, Ga.



Ailey Kuehn
5-3 / Fr.
Eagan, Minn.



Janelle Lopez
5-2 / So.
Cape Coral, Fla.



Molly Maxwell
5-2 / Sr.
Milton, Wis.



Chaniya Miller
5-2 / Fr.
Kansas City, Mo.



GYMNASTICS



Jolie Miller
5-6 / Sr.
Aurora, Colo.



Lindsey Moffitt
5-2 / Sr.
Ferris, Texas



Lindsay Ockler
5-3 / So.
Huson, Mont.



Nyah Reader
5-0 / So.
Rexford, N.Y.



Anna Speller
5-0 / Jr.
St. Louis, Mo.



Sophia Studdard
5-2 / Jr.
Blue Springs, Mo.



Lydia Webb
5-4 / Jr.
Wylie, Texas



Ashley Lawson
Head Coach
Fifth Year



Andavea Alexander
Assistant Coach
Fourth Year



Taylor Colwell
Volunteer Assistant Coach
First Year



Lydia Test
Student Assistant Coach





2023 SOUTHEAST MISSOURI GYMNASTICS

SCHEDULE/OPPONENTS

JANUARY

8	at Lindenwood	3 p.m.
14	Greenville/Centenary	2 p.m.
	Tennessee Collegiate Classic	
20	vs. Kent State	7 p.m.
	vs. Lindenwood	7 p.m.
	vs. Ball State	7 p.m.
	vs. Fisk	7 p.m.
27	Texas Woman's	6:30 p.m.
29	at Ball State	1 p.m.
	vs. Pittsburgh	1 p.m.
	vs. Fisk	1 p.m.

FEBRUARY

10	Lindenwood/Fisk	6:30 p.m.
17	at Illinois State	7 p.m.
24	at Greenville	7 p.m.

MARCH

3	Illinois State	6:30 p.m.
10	at Missouri	7 p.m.
	vs. North Carolina	7 p.m.
	vs. Ball State	7 p.m.
17	MIC Championships	5 p.m.
	Cape Girardeau, Mo.	

OPPONENTS



Ball State
Muncie, Ind.
Nickname: Cardinals
Colors: Cardinal & White
BallStateSports.com



Centenary
Shreveport, La.
Nickname: Ladies
Colors: Maroon & White
GoCentenary.com



Fisk University
Nashville, Tenn.
Nickname: Bulldogs
Colors: Gold & Blue
FiskAthletics.com



Greenville
Greenville, Ill.
Nickname: Panthers
Colors: Orange & Black
Athletics.Greenville.edu



Illinois State
Normal, Ill.
Nickname: Redbirds
Colors: Red & White
GoRedbirds.com



Kent State
Kent, Ohio
Nickname: Golden Flashes
Colors: Navy Blue & Gold
KentStateSports.com



Lindenwood
St. Charles, Mo.
Nickname: Lions
Colors: Black & Gold
LindenwoodLions.com



Missouri
Columbia, Mo.
Nickname: Tigers
Colors: Old Gold & Black
MUTigers.com



North Carolina
Chapel Hill, N.C.
Nickname: Tar Heels
Colors: White & Carolina Blue
GoHeels.com



Pittsburgh
Pittsburgh, Pa.
Nickname: Panthers
Colors: Blue & Gold
PittsburghPanthers.com



Texas Woman's
Denton, Texas
Nickname: Pioneers
Colors: Maroon & White
TWUAthletics.com



COACHES

2023 SOUTHEAST MISSOURI GYMNASTICS



SEMOREDHAWKS.COM



2023 SOUTHEAST MISSOURI GYMNASTICS COACHES



Ashley LAWSON

Head Coach // Fifth Year // Southeast Missouri, 2005

The 2023 season marks Ashley Lawson's fifth year as Head Coach of the Southeast Missouri Women's Gymnastics Team. Lawson coaches the vault and floor teams.

Lawson most recently led the Redhawks to a fourth-place finish at the 2022 MIC Championship as Jolie Miller and Lindsay Ockler both tied for the MIC bars and USAG bars titles.

SEMO finished with a team-score of 193.425 and earned 14 All-MIC honors at the conclusion of the Championship.

Miller and Ockler tied for first on bars with consecutive 9.900s. Ockler was also the runner-up on vault, notching a 9.825 for First-Team All-MIC.

Anna Kaziska, the 2022 MIC Senior Athlete of the Year, took third on floor with a 9.850 for First-Team All-MIC laurels. She also grabbed Second-Team All-MIC honors for beam with a 9.700.

Makenzie Marciniak was also selected as the recipient of the Sylvia Keiter Memorial Award.

Kaziska also earned MIC Performance of the Week three times and MIC Gymnast of the Week once while Miller captured MIC Performance of the Week after posting a SEMO program-best bars routine of 9.950.

Seven Redhawks won event titles in 2022 led by Anna Kaziska's 12. Molly Maxwell won three titles (two all-around, one vault), Jolie Miller won bars four times in 2022 and Lindsay Ockler has won bars three times. Anna Speller (beam), Madison Greene (floor) and Lydia Webb (all-around) have each won an event title this season.

Kaziska and Miller both represented SEMO at the 2022 NCAA Seattle Regional. Kaziska opened her third career NCAA Regional with a 9.850 on floor which tied for 15th on floor in the first session of the 2022 NCAA Seattle Regional Thursday (28th overall). Miller registered a 9.800 on bars which finished tied for 20th on bars in the first session of the 2022 NCAA Seattle Regional (41st overall). Kaziska also hit a 9.850 on beam in the final rotation

which tied for 11th in the first session of the Regional (27th overall).

SEMO then notched a program-best beam score of 49.425 in the fourth and final rotation to total a team score of 193.700 for third in the first 2022 USA Gymnastics Women's Collegiate National Championships Semifinal. The mark surpassed 49.375 which was achieved for the second time in school history at last year's 2021 USA Gymnastics Women's Collegiate National Championships (April 10, 2021) when the Redhawks utilized the score in the last rotation to propel themselves past Lindenwood to earn the Team Championship.

Anna Kaziska, Lindsay Ockler and Jolie Miller then combined for four Gold medals at the 2022 USA Gymnastics Women's Collegiate National Championships Individual Event Finals. Kaziska won the beam and floor titles with career best scores of 9.950. Ockler and Miller, the 2022 MIC Bars Champions, secured the 2022 USAG Bars National Championship with identical scores of 9.925, which ranks second all-time in SEMO program history.

SEMO earned 13 All American selections including 11 First Team nods in 2022. Kaziska finished her Redhawks career as an 11-time USA Gymnastics All-American, 11-time MIC All-Conference gymnast and a three-time NCAA Regional Qualifier. She ranks second all-time at SEMO on beam (9.950)

behind Lawson's (formerly Godwin) 9.975 (3/29/2003). On floor, Kaziska ranks fifth all-time in SEMO program history with a trio of 9.950s.

Miller registered a career-best and SEMO program-high 9.950 to win the bars title on Senior Night against Illinois State on Feb. 25. The bars mark put Miller first overall in SEMO program history edging the previous school record of 9.925 held by head coach Ashley (Godwin) Lawson (2004) and Malia Roberts (1999).

In the classroom, SEMO ranked seventh among the nation's top Women's Collegiate Gymnastics Association (WCGA) academic teams for GPA for the 2021-22 season. The Redhawks posted a 3.7582 GPA with 16 of its student-athletes named Scholastic All-Americans. Over 94 percent of the 2022 Redhawks roster registered a 3.5 or higher GPA for the honor which ranked fifth overall in the country.

During their first year competing as a team and hosting, the Redhawks secured the 2021 USA Gymnastics Women's Collegiate National Championship April 10 at the Show Me Center with a team score of 195.025. Trailing Lindenwood 145.725-145.650 entering the final rotation, SEMO tied a program-best 49.375 on beam to secure the Championship.

SEMO's beam score matched the program-record set at the 2003 MIC Championships (March 29, 2003) where Lawson (then Godwin) led SEMO on the



event with a 9.975. SEMO also recorded a 48.900 on vault at the 2021 USAG Championship, which tied for the seventh-highest score in SEMO program history.

Dahlia Solorzano-Caruso won the 2021 USA Gymnastics All-Around crown with 39.225. The score tied for 11th in SEMO history. Solorzano-Caruso posted a 9.750 on vault, 9.800 on bars, 9.825 on beam and 9.850 on floor.

Marciniak was awarded the Mari Rae Sopper Spirit Award at the conclusion of the 2021 USA Gymnastics Championships and assistant coach Andavea Alexander was selected as the 2021 USAG Assistant Coach of the Year. Lawson was also named the Ken Anderson USAG Coach of the Year for the second-straight season.

SEMO earned 18 USA Gymnastics All-American selections in 2021. Lawson coached Anna Kaziska

who secured the 2021 USA Gymnastics Women's Collegiate National Beam Championship with a 9.912 to win the event title after finishing as the runner-up at the 2019 edition of the Championships. She also finished as the runner-up on floor at the 2021 USAG Championship with a 9.875 for Silver after also earning second at the 2019 USAG Championships. Alana Fischer tied for second on beam, compiling a career-best matching 9.850 in her third career USAG Individual Event appearance, for Silver.

SEMO registered a team score of 194.825 to take third at the 2021 MIC Championships. Eight Redhawks earned All-MIC honors for their performances at the Championships and head coach Ashley Lawson was named the MIC Coach of the Year for the second-straight season.

Solorzano-Caruso paced the Redhawks with five All-MIC team honors and finished as the runner-up in the all-around competition with 39.150. Solorzano-Caruso and Anna Speller also tied for Bronze at the Championships on beam with 9.825.

Kaziska represented the Redhawks at the 2021 NCAA Salt Lake City Regional. Kaziska registered a 9.900 on floor to tie for second in the session and third overall at the Regional. She also recorded a 9.875 on beam, which tied for ninth overall at the Regional.

SEMO averaged a team score of 193.498 in 2021 including six-straight marks of 194 or higher to conclude the season. The Redhawks season-high of 195.150 achieved against Illinois State and Lindenwood on Senior Day (March 12) ranks 10th all-time in SEMO program history. The Redhawks also averaged a 48.000 plus on every event this season including a 48.555 on beam, 48.527 on floor, 48.236 on vault and 48.180 on bars. The SEMO season-best floor score of 49.225 posted on March 12 ranks ninth in the school's record books.

Kaziska captured 11 events including the 2021 USAG Beam title. Solorzano-Caruso was second on the team with 10 titles including the 2021 USAG All-Around title. Miller won a pair of titles on bars in 2021 and Alana Fischer captured her first career event title on beam.

Four Redhawks earned MIC Weekly honors in 2021. Kaziska earned two laurels with MIC

Gymnast of the Week and MIC Performance of the Week while Solorzano-Caruso was named MIC Gymnast of the Week twice. Miller garnered MIC Performance of the Week honors and Ashley Albrecht was tabbed MIC Newcomer of the Week.

In the classroom, 13 Redhawks earned USA Gymnastics Women's Collegiate Nationals Scholar Athlete honors and 17 of the SEMO gymnasts were awarded Midwest Independent Conference Scholar-Athlete laurels. Southeast Missouri ranked 13th among the nation's top Women's Collegiate Gymnastics Association (WCGA) academic teams for the 2020-21 season. SEMO posted a 3.78 GPA with 18 of its student-athletes named Academic All-Americans. Over 94 percent of the 2021 Redhawks roster registered a 3.5 or higher GPA.

In Lawson's third season at SEMO, the Redhawks hash tag was #ERUPT which stood for Empathy, Resilient, Unity, Perseverance and Trust. Lawson also stressed Agape during the campaign, which referred to unconditional love, the highest form of love, charity.

Lawson engineered an epic turnaround in her second season at the helm of SEMO, which earned her three individual postseason awards. She was named the 2020 Women's Collegiate Gymnastics Association Region 4 Coach of the Year, USA Gymnastics Ken Anderson Coach of the Year and Midwest Independent Conference Head Coach of the





2023 SOUTHEAST MISSOURI GYMNASTICS COACHES

Year.

Lawson was also inducted into the Southeast Missouri Athletics Hall of Fame on Feb. 7, 2020 at the Show Me Center for her athletics career at SEMO after the 2020 Redhawks overcame Lindenwood, 193.925-193.600.

Lawson prided herself on changing the culture and stressing the importance of The Team in her first year. In her second season, she aimed to put SEMO back on the women's gymnastics map with the hashtag #weBAC (Being as One, Adjust and Adapt, Confidence is Key).

After going winless in competition in 2019, SEMO registered 10 wins and went on a five-competition win streak from Jan. 31 to March 1. The 2020 Redhawks compiled a Team NQS score of 193.780 for third in

the MIC. SEMO also notched a team score of 193.000 or higher in each of their final five meets to conclude the season.

Lawson coached the Redhawks to a 195.800, their second-highest team score in school history on Feb. 28 against Northern Illinois at the Tennessee Collegiate Classic. The mark was the highest for a USA Gymnastics school (Division I, II and III programs with less than seven-and-a-half full scholarships) in 2020. SEMO also posted season highs on vault (49.075), bars (49.050) and beam (48.775) in addition to the team score during the historic meet. The vault mark ranks first in SEMO program history and surpassed the record set against Seattle Pacific in 1995 (2/18, 49.000). The bars score is the third highest in the Redhawks record books and the

beam score ties for 11th overall in the record books. SEMO also posted a season-high floor mark of 49.025 at home against Illinois State, which ranks 11th in SEMO program history.

In 2020, Lawson coached three All-MIC gymnasts, two USA Gymnastics First-Team All-Americans and a USAG Senior All-Star. Dahlia Solorzano-Caruso, Anna Kaziska and Jordan Jones were each awarded All-MIC honors. Kaziska, the 2020 MIC Gymnast of the Year, and Dahlia Solorzano-Caruso both were named USAG First-Team All-Americans while Mackenzie Slee was selected to the inaugural USAG Senior All-Star Team.

Kaziska (three-time MIC Gymnast of the Week) and Solorzano-Caruso (two-time MIC Newcomer of the Week) also combined for five MIC Weekly awards.

Solorzano-Caruso etched her name in the Redhawks record books twice in 2020 with a career-best 9.900 on beam (t-5th) and a personal-best all-around mark of 39.350 (t-5th).

Five Redhawks also captured individual event titles in 2020 including Kaziska, Solorzano-Caruso, Lindsey Bates and freshmen Jones and Jolie Miller.

Academically, a total of 18 SEMO gymnasts were named 2020 MIC Scholar-Athletes. Eight Redhawks were also listed as 2020 USAG Scholar Athletes and 10 were named to the Ohio Valley Conference Commissioner's Honor Roll.

SEMO ranked 13th among the nation's top WCGA academic

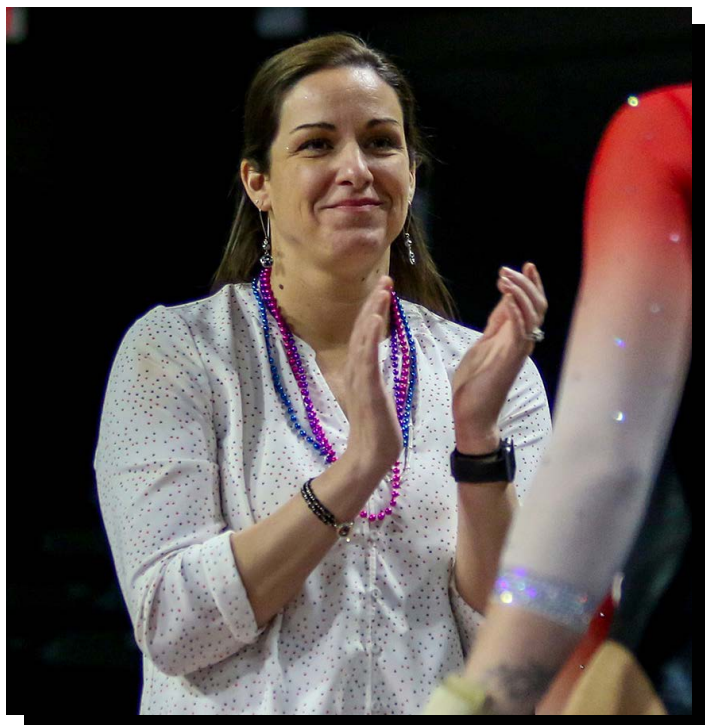
teams for the 2019-20 school year after accumulating a 3.76 GPA. Seventeen of its student-athletes were named Academic All-Americans, good for fifth-most among the 74 women's gymnastics academic teams.

In 2019, Lawson coached freshman standout Anna Kaziska who was named MIC Newcomer of the Year and All-American (all-around, beam, floor, and bars) after she was the runner-up on beam and floor at the 2019 USA Gymnastics Women's Collegiate National Championships. Kaziska also represented SEMO at the NCAA Baton Rouge Regional.

Lawson helped four Redhawks qualify for the 2019 USA Gymnastics Women's Collegiate National Championships including All-Americans Mackenzie Slee, Gabrielle Adams and Kaziska. Slee was also crowned the MIC Vault Champion at the conference meet.

In the classroom, SEMO ranked 13th overall for team grade-point averages (GPAs) in the Women's Collegiate Gymnastics Association (WCGA) after they registered a 3.67 GPA during the spring and had a cumulative GPA of 3.65 for the 2018-19 academic year. Eleven members of the 2019 Redhawks team earned WCGA Scholastic All-America Awards.

Lawson was previously an assistant coach at Lindenwood University in 2018 and was named the MIC Assistant Coach of the Year. There, she was the balance beam coach, helping lead the Lions to their fourth-



straight Midwest Independent Conference title. Lindenwood also finished second in the team finals of the 2018 USA Gymnastics Women's Collegiate National Championships.

She served as a member of the Southeast Missouri women's gymnastics coaching staff during the 2009-10 season. As an assistant coach at SEMO, Lawson was the head balance beam coach and helped three gymnasts qualify for the 2010 NCAA Regionals. Also, while acting as the head balance beam coach, Lawson turned the Redhawks weakest event into its second-best event in just six months.

Prior to her time at SEMO, Lawson was a gymnastics coach for three years at Suncoast Gymnastics Academy out of New Port Richey, Florida, and three years at Southern Starz Gymnastics out of Cape Coral, Florida. Her time at Suncoast was spent coaching levels 5-9 on all events and teaching beginner gymnastics to children ages three to seven. At Southern Starz, Lawson coached levels 4-10 on all events as well as coordinated strength and conditioning exercises for the gymnasts.

From 2001-2004, Lawson competed on the Redhawks gymnastics squad. She holds the school record in four of the five individual event titles. She holds the bars (9.925), beam (9.975), floor (10.000), and all-around (39.550) records. She is one of just three gymnasts in school history to record a perfect 10.000 in an individual

event.

She was a MIC Champion four times in her career, winning the uneven bars in 2002 and the balance beam, floor exercise and all-around in 2003. She was an NCAA Regional qualifier in the all-around each of her final three seasons at SEMO (2002, 2003, 2004). Lawson's highest NCAA Regional finish was an 11th-place showing in 2002.

Lawson earned the team's Most Valuable Gymnast honor all four seasons and was named the school's Female Athlete of the Year in 2004. Lawson was inducted into the Southeast Missouri Athletics Hall of Fame on Feb. 7, 2020.

Lawson graduated from SEMO in 2005 with a Bachelor's degree in Exercise Science. She and her husband, David, a former Southeast Missouri baseball player, have two sons, Chase, and Bryce.



The Lawson File

Born

July 22 in Cape Coral, Fla.

Family

Parents: Mike and Beth Godwin

Brother: Chris

Husband: David Lawson

Sons: Chase, Bryce

Education

Bachelor's Degree in Exercise Science, Southeast Missouri, 2005

Coaching Career

Year	School	Position	Conf. Finish	USAG Finish
2010	Southeast Missouri	Assistant Coach	3rd	-
2018	Lindenwood	Assistant Coach	1st	2nd
2019	Southeast Missouri	Head Coach	6th	-
2020	Southeast Missouri	Head Coach	3rd	-
2021	Southeast Missouri	Head Coach	1st	1st
2022	Southeast Missouri	Head Coach	4th	3rd

Honors & Awards

- 2018 MIC Assistant Coach of the Year (Lindenwood)
- 2020 MIC Head Coach of the Year
- 2020 USA Gymnastics Ken Anderson Coach of the Year
- 2020 WCGA Region 4 Coach of the Year
- 2021 MIC Coach of the Year
- 2021 USA Gymnastics Ken Anderson Coach of the Year



2023 SOUTHEAST MISSOURI GYMNASTICS COACHES



Andavea **ALEXANDER**

Assistant Coach // Fourth Year // Lindenwood, 2019

Andavea Alexander is in her fourth year as a member of the Southeast Missouri Gymnastics coaching staff. Alexander served as the Volunteer Assistant in 2020 and was promoted to head coach Ashley Lawson's top assistant on Sept. 28, 2020. Alexander is the Redhawks bars and beam coach and choreographer.

Alexander helped lead the Redhawks to a fourth-place finish at the 2022 Midwest Independent Conference Championship as Jolie Miller and Lindsay Ockler both tied for the MIC bars and USAG bars titles.

SEMO finished fourth overall at the Championship with a team-score of 193.425 and earned 14 All-MIC honors at the conclusion of the Championship.

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First-Team All-MIC laurels. She grabbed Second-Team All-MIC honors for beam with a 9.700, as well.

Makenzie Marciniak was also selected as the recipient of the Sylvia Keiter Memorial Award.

Kaziska earned MIC Performance of the Week three times and MIC Gymnast of the Week once, while Miller captured MIC Performance of the Week after posting a SEMO program-best bars routine of 9.950.

Seven Redhawks won event titles in 2022 led by Anna Kaziska's 12. Molly Maxwell won three titles (two all-around, one vault), Jolie Miller won bars four times in 2022 and Lindsay Ockler has won bars three times. Anna Speller (beam), Madison Greene (floor) and Lydia Webb (all-around) have each won an event title this season.

Kaziska and Miller both represented SEMO at the 2022 NCAA Seattle Regional. Kaziska opened her third career NCAA Regional with a 9.850 on floor which tied for 15th on floor in the first session of the 2022

NCAA Seattle Regional (28th overall). Miller registered a 9.800 on bars which finished tied for 20th on bars in the first session of the 2022 NCAA Seattle Regional (41st overall). Kaziska also hit a 9.850 on beam in the final rotation which tied for 11th in the first session of the Regional (27th overall).

SEMO then notched a program-best beam score of 49.425 in the fourth and final rotation to total a team score of 193.700 for third in the first 2022 USA Gymnastics Women's Collegiate National Championships Semifinal. The mark surpassed 49.375 which was achieved for the second time in school history at last year's 2021 USA Gymnastics Women's Collegiate National Championships (April 10, 2021) when the Redhawks utilized the score in the last rotation to propel themselves past Lindenwood to earn the Team Championship.

Kaziska, Ockler and Miller then combined for four Gold medals at the 2022 USA Gymnastics Women's Collegiate National Championships Individual Event Finals. Kaziska won the beam and floor titles with career best scores of 9.950. Ockler and Miller, the 2022 MIC Bars Champions, secured the 2022 USAG Bars National Championship with identical scores of 9.925, which ranks second all-time in SEMO program history.

SEMO earned 13 All American selections including 11 First Team nods in 2022. Kaziska finished her Redhawks career

as an 11-time USA Gymnastics All-American, 11-time MIC All-Conference gymnast and a three-time NCAA Regional Qualifier. She ranks second all-time at SEMO on beam (9.950) behind head coach Ashley Lawson's (formerly Godwin) 9.975 (3/29/2003). On floor, Kaziska ranks fifth all-time in SEMO program history with a trio of 9.950s.

Miller recorded a career-best and SEMO program-high 9.950 to win the bars title on Senior Night against Illinois State on Feb. 25. The bars mark put Miller first overall in SEMO program history edging the previous school record of 9.925 held by Lawson (2004) and Malia Roberts (1999).

In the classroom, SEMO ranked seventh among the nation's top Women's Collegiate Gymnastics Association (WCGA) academic teams for GPA for the 2021-22 season. The Redhawks posted a 3.7582 GPA with 16 of its student-athletes named Scholastic All-Americans. Over 94 percent of the 2022 Redhawks roster registered a 3.5 or higher GPA for the honor which ranked fifth overall in the country.

During their first year competing as a team and hosting, the Redhawks secured the 2021 USA Gymnastics Women's Collegiate National Championship April 10 at the Show Me Center with a team score of 195.025. Trailing Lindenwood 145.725-145.650 entering the final rotation, SEMO tied a program-best 49.375 on beam to secure the

Championship.

SEMO's beam score matched the program-record set at the 2003 MIC Championships (March 29, 2003) where Lawson (then Godwin) led SEMO on the event with a 9.975. SEMO also recorded a 48.900 on vault at the 2021 USAG Championship, which tied for the seventh-highest score in SEMO program history.

Dahlia Solorzano-Caruso won the 2021 USA Gymnastics All-Around crown with 39.225. The score tied for 11th in SEMO history. Solorzano-Caruso posted a 9.750 on vault, 9.800 on bars, 9.825 on beam and 9.850 on floor.

Alexander was selected as the 2021 USAG Assistant Coach of the Year at the conclusion of the USA Gymnastics Women's Collegiate Championships.

SEMO earned 18 USA Gymnastics All-American selections in 2021. Alexander helped coach Anna Kaziska

who secured the 2021 USA Gymnastics Women's Collegiate National Beam Championship with a 9.912 to win the event title after finishing as the runner-up at the 2019 edition of the Championships. She also finished as the runner-up on floor at the 2021 USAG Championship with a 9.875 for Silver after also earning second at the 2019 USAG Championships. Alana Fischer tied for second on beam, compiling a career-best matching 9.850 in her third career USAG Individual Event appearance, for Silver.

SEMO registered a team score of 194.825 to take third at the 2021 MIC Championships. Eight Redhawks earned All-MIC honors for their performances at the Championships.

Solorzano-Caruso paced the Redhawks with five All-MIC team honors and finished as the runner-up in the all-around competition with 39.150.

Solorzano-Caruso and Anna Speller also tied for Bronze at the Championships on beam with 9.825.

Kaziska represented the Redhawks at the 2021 NCAA Salt Lake City Regional. Kaziska registered a 9.900 on floor to tie for second in the session and third overall at the Regional. She also recorded a 9.875 on beam, which tied for ninth overall at the Regional.

In her first year with SEMO, Alexander helped the team compile 10 wins, including a five-competition win streak from Jan. 31 to March 1. The 2020 Redhawks notched a Team NQS score of 193.780 for third in the MIC. The Redhawks also registered a team score of 193.000 or higher in each of their final five meets to conclude the season.

As an assistant, Alexander coached the Redhawks to a 195.800, their second-highest team score in school history on Feb. 28 against Northern Illinois at the Tennessee Collegiate Classic. The mark was the highest for a USA Gymnastics school (Division I, II and III programs with less than seven-and-a-half full scholarships) in 2020. SEMO also posted season highs on vault (49.075), bars (49.050) and beam (48.775) in addition to the team score during the historic meet. The vault mark ranks first in SEMO program history and surpassed the record set against Seattle Pacific in 1995 (2/18, 49.000). The bars score is the third highest in the Redhawks record books and the beam score ties

for 11th overall in the record books. SEMO also posted a season-high floor mark of 49.025 at home against Illinois State, which ranks 11th in SEMO program history.

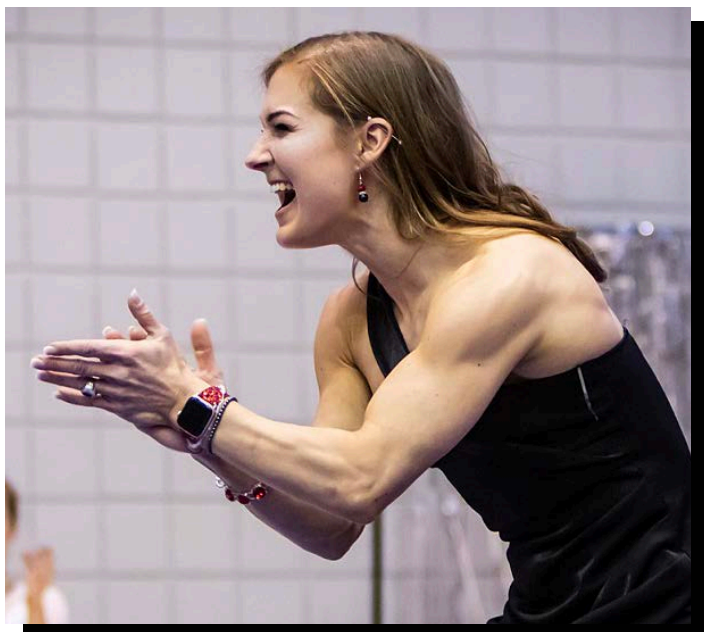
Alexander came to SEMO following a standout gymnastics career at Lindenwood in St. Charles, Missouri. At Lindenwood, she was a member of the bars, beam and floor lineups. There, she was coached by Lawson an assistant coach at Lindenwood in 2018.

Alexander helped Lindenwood win its fifth-consecutive MIC Championship and third USA Gymnastics Collegiate National Championship in the last five years in 2019. She also competed with Lindenwood, a Division II program, in the school's first ever NCAA Regional.

Individually, she is a seven-time USA Gymnastics All-American and a seven-time All-MIC performer. In 2018, Alexander captured the MIC bars championship with a mark of 9.850.

Academically, she was a four-time MIC Scholar Athlete and a three-time USA Gymnastics Scholar-Athlete.

Alexander, a native of Carrollton, Georgia, graduated from Lindenwood with a B.S. in Athletic Training in 2019. She was a member of the Carrollton Gymnastics Club.





2023 SOUTHEAST MISSOURI GYMNASTICS COACHES



Taylor COLWELL

Volunteer Coach // First Year // Lindenwood, 2020

Taylor Colwell enters her first year as Southeast Missouri's volunteer assistant coach.

Colwell spent the past two seasons in the same role at her alma mater, Lindenwood.

In 2022, Colwell helped lead Lindenwood to a third-place finish at USA Gymnastics Collegiate National Championships. She also coached Gayla Griswold, who became the first Lion in program history to qualify for the NCAA National Championship. Griswold capped her season on the vault in Fort Worth, Texas.

Hadley Roberts joined Griswold on the WCGA All-America list. Griswold also broke the program record on the vault with a 9.975.

Lindenwood placed second at the 2022 Midwest Independent Conference Championships, with a final score of 194.875.

During the 2021 season, Colwell helped the Lions finish first in the MIC, and second at the USAG Collegiate National Championships. Colwell was a

recipient of the WCGA Division II Regional Assistant Coach of the Year honor, following the successful season put together by the team. Under the tutelage of Colwell, four student-athletes earned WCGA All-American accolades, three were selected to compete at regionals, and three collected conference weekly performance honors. Colwell also assisted in the coaching of eight first-team and nine second-team All-MIC performers.

Prior to coaching, Colwell was a four-year member (2017-2020) of the Lindenwood gymnastics program. During her time in St. Charles, Missouri, Colwell guided the Lions to four consecutive MIC titles and a Colwell competed for three seasons (2017-2019) with current Redhawks assistant coach Andavea Alexander at Lindenwood.

A native of Plainedge, New York, Colwell earned USA Gymnastics Second-Team All-American honors on bars in 2019. Also in 2019, Colwell was a second-team All-MIC performer

on bars and beam. Colwell was a four-time Women's Collegiate Gymnastics Association (WCGA) Scholastic All-American and a four-time MIC scholar athlete.

Colwell was a member of the New Image Gymnastics club where she was a state, regional, and national qualifier, and the Level 10 state bars champion.



Lydia TEST

Student Assistant Coach // First Year

Lydia Test is in her first year with the Southeast Missouri gymnastics coaching staff. Test will serve as the Redhawks Student Assistant Coach and team choreographer.

Test competed at SEMO for two seasons before medically retiring from the sport. She appeared in eight meets on both vault and beam in 2021, helping the Redhawks capture the USA Gymnastics Team title.

Test recorded five scores of 9.700 or higher including a career-best beam mark of 9.825 against Centenary and Illinois State (2/26/21) and a personal-best vault of 9.750 at the 2021 USA Gymnastics Championships Team Finals (4/10/21) to help the Redhawks capture the team title.

In the classroom, Test has been named a Midwest Independent Conference

Scholar-Athlete and a USA Gymnastics Women's Collegiate Nationals Scholar Athlete.

The Plano, Texas, native, ranked fifth overall in the country for balance beam in 2017 at the Junior Olympic (JO) Nationals. She also finished first on beam at the 2017 Level 10 Regionals. Test captured the vault championship while finishing runner-up in the all-around and third on floor at the 2017 Level 10 Texas State Meet.

Test competed for Infinite Bounds Gymnastics under the instruction of Tammy De Guzman, Chantz Purvis, and Josh Cook.

Test graduated from Hebron High School in 2020. She is currently studying Sport Management with a minor in Business Administration at SEMO.



PROFILES

2023 SOUTHEAST MISSOURI GYMNASTICS



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2023 SOUTHEAST MISSOURI GYMNASTICS

PROFILES



REDHAWK GYMNASTICS

Anna CHODON

Fr. // 5-3 // Lindenhurst, N.Y. // Lindenhurst H.S.
Apex Athletics

Club/Prep: Competed on the vault, beam and floor at Lindenhurst High School...Was a National Qualifier as a senior... Competed on the club level for Apex Athletics under Coaches Rob Wing and Amanda Depaola.

Personal: Born July 13, 2004...Daughter of Rafal and Marzena Chodon...Majoring in Communication Disorders.



REDHAWK GYMNASTICS

Sydney CROUCH

5-7 // Fr. // Coral Springs, Fla. // Coral Springs Charter School
American Twisters

Club/Prep: Member of the American Twisters club under the instruction of Gary Anderson and Christy Ramirez... Was a State, Regional and National Qualifier in 2021 during her junior year...As a freshman

in 2019, she qualified for state and regionals...Was also a state qualifier in 2020 before the season was cut short due to the COVID-19 pandemic... In the classroom, was a member of the National Honors Society...

Graduated from Coral Springs Charter School in 2022.

Personal: Born March 24, 2004...Daughter of Criss and Joi Crouch...Majoring in Health Sciences.



REDHAWK GYMNASTICS

Mallory DESCH

5-4 // Sr. // Lenexa, Kan. // St. Thomas Aquinas H.S.
Great American Gymnastics Express

2022: Missed entire season due to injury...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2021: Appeared in four meets as a floor specialist...Registered a career-best matching 9.650 at the Tennessee Collegiate Classic (1/22) with Northern Illinois and Lindenwood...

The mark was her third as a Redhawk...Also competed on vault (8.775) along with floor (9.575) at Illinois State (2/6)... Named a USA Gymnastics Women's Collegiate Nationals Scholar Athlete and a Midwest Independent Conference Scholar-Athlete.

2020 (Shortened season due to the COVID-19 pandemic):

Competed in all 11 meets as a floor specialist...Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020)... Registered a personal-best floor routine of 9.650 in back-to-back meets against Illinois State (1/31) and Lindenwood (2/7)...Finished the season with a 9.625 on the discipline at Lindenwood's tri meet (3/6) with Air Force... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American and a Midwest Independent Conference Scholar-Athlete.

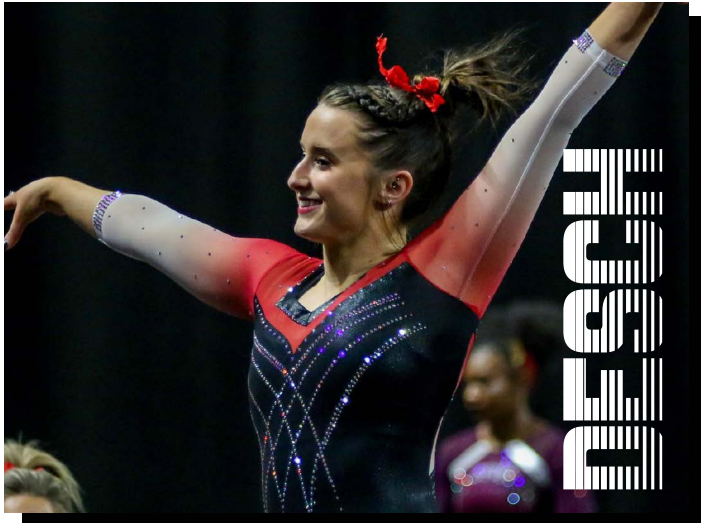
Club/Prep: Was a Junior Olympics National Qualifier in 2017 and 2018...Captured first place in the Level 9 Region 4 Championships in 2016 and qualified for the Level 9 Western Championships that same season...Coached by AI and



Armine Fong at Great American Gymnastics Express (GAGE).

Personal: Born May 29, 2001... Daughter of Jay and Mary Desch...Her sister, Maddie

Desch, is a World Champion gymnast who competed at the University of Alabama...Loves to spend time with family and friends, going to movies, doing DIY projects, and watching Netflix...Majoring in Finance.



REDHAWK GYMNASTICS
Taylor **FISHKIN**

5-2 // Sr. // Manlius, N.Y. // Fayetteville-Manlius H.S.
CNY Gym Centre

2022: Did not compete... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2021: Did not compete... Competed exhibition on vault at home against Centenary and Illinois State (2/26)... Named a USA Gymnastics Women's Collegiate Nationals Scholar Athlete and a Midwest Independent Conference Scholar-Athlete.

2020 (Shortened season due to the COVID-19 pandemic): Missed entire season with an injury suffered during the preseason...Selected to the OVC Commissioner's Honor Roll... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American.

Club/Prep: Advanced to the New York State Championship and Regionals Championship as a junior and placed second on vault at the regionals championship...Competed on

vault, bars, beam and floor during her high school career where she started and lettered each of her six seasons while being coached by her mother, Tracey Fishkin...Trains at CNY Gym Centre and is coached by Gary Gregory, Candy Jenkins and Lauren Tassini.

Personal: Born March 29, 2001...Daughter of Jason and Tracey Fishkin...Her mother, Tracey Fishkin, was a collegiate gymnast at Boise State... Majoring in Biology.



REDHAWK GYMNASTICS
Madison **GREENE**

5-0 // So. // Crestwood, Ky. // Oldham County H.S.
Champion Gymnastics

2022: Competed in 13 meets as a floor and vault specialist... Registered 10 scores of 9.700 or higher...Won one event title on floor...Notched eight scores of 9.800 or higher on floor in 2022 including a 9.925 and a 9.900...Named a 2022 USA Gymnastics All-American for floor and earned Second-Team All-MIC honors for vault and floor...Made Redhawks debut, posting a 9.625 on floor at Kent State's (1/16) tri meet with Northern Illinois...Registered

consecutive floor scores of 9.825 or higher at the Tennessee Collegiate Classic (9.850, 1/21) and at Lindenwood (9.825, 1/29)...Captured first career event title with a personal-best floor score of 9.925 in the final rotation of SEMO's home opener against Lindenwood (2/11), tying teammate Anna Kaziska... The floor score ranks tied for 10th all-time in SEMO program history...Added a 9.900 on floor against Illinois State (2/25)... Registered consecutive 9.850s



2023 SOUTHEAST MISSOURI GYMNASTICS

PROFILES

on floor to wrap up SEMO's 2022 regular season at Texas Woman's Quad Meet with Oklahoma and Air Force (3/6) and at Illinois State (3/12)...Made SEMO vault debut at Illinois State (3/12) in the regular-season finale, finishing with a 9.625...Tallied a career-best vault of 9.725 and a 9.750 on floor at the 2022 MIC Championship (3/18) for Second-Team All-MIC honors on both events...Notched her second-straight 9.725 on vault at the 2022 USAG Championships Session I (4/8)...Also posted a floor score of 9.850 which tied for third in the session...Finished floor exercise routine with 8.500 (11th) at the 2022 USAG Championships Individual Event Finals (4/10)...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete

and selected to the OVC Commissioner's Honor Roll.

Club/Prep: Qualified for the 2019 Junior Olympic (JO) Nationals...As a junior, achieved her highest All-Around mark of a 38.200 along with scores of a 9.700 on Vault, a 9.425 on Bars, a 9.550 on Beam and a 9.725 on Floor...Home gym is Champion Gymnastics in Louisville, Kentucky, which is also the same gym as SEMO teammate Anna Kaziska...Coached by Jason Button, Ricia Story, Karim Elatroush and Abbey Gilbert at Champion Gymnastics...Graduated from Oldham County High School in 2021...Member of the Beta Club.

Personal: Born June 30, 2003... Daughter of Natalie Greene and Wallace Greene, Jr...Majoring in Criminal Justice.

Career Totals

Career Scores of 9.700 or higher: 10

Career Titles: 1



REDHAWK GYMNASTICS

Kailyn HAMILTON

5-4 // Fr. // Springfield, Mo. // Kickapoo H.S.
Gold Medal Gymnastics

Club/Prep: Was a State and Regional Qualifier in both her junior and senior seasons... Also qualified for State as a sophomore before the event was canceled due to the COVID-19 pandemic...Coached by Cash and Sara McGowan... Graduated from Kickapoo High School in Springfield, Missouri, in 2022...Also played softball

and competed in track & field and cheer...Quit gymnastics for two years before returning to the sport as a sophomore in high school.

Personal: Born March 31, 2004... Daughter of Chris Hamilton and Tonya Carlson...Majoring in Health Sciences.



REDHAWK GYMNASTICS

Taylor INGLE

5-6 // Fr. // Coppell, Texas // Coppell H.S.
Texas Dream Gymnastics

Club/Prep: Was a state, regional and National qualifier in her junior year...Also qualified for state as a sophomore before the season was cut short due to the COVID-19 pandemic... Was a

state and regional qualifier while being selected as a national alternate in her freshman campaign...Trained at Texas Dream Gymnastics and has been at the gym for 13 years...



Coached by Alicia Browning, Ned Lang, and Kim Zmeskal-Burdette at Texas Dream Gymnastics...Was a member of the 2018 Region 3 National Championship team and most recently won the 2021 state championship with Texas Dream Gymnastics...Graduated from Coppell High School in Coppell, Texas, in 2022.

Personal: Born May 5, 2004... Daughter of Randall Ingle and Lisa Acuña...Has two older sisters, Karsynn and Sydney... Sydney, is a member of the softball team at the University of North Texas...Majoring in Nursing.

captured one individual event title...Named to the 2020 All-MIC Second Team for beam after she compiled an NQS of 9.755 on the event...Made Redhawks debut at Alaska Anchorage's tri meet (1/10) with Wisconsin-Eau Claire, posting a 9.750 on beam and 9.500 on bars...Set a personal-best on beam in second-career collegiate meet with a 9.850 at Alaska Anchorage (1/12)...Posted a personal-high floor mark of 9.175 at Illinois State (1/17)... Captured the individual bars event title with a career best 9.875 recorded in the leadoff position in home opener against Illinois State (1/31)...Finished the season with five consecutive 9.700 or higher beam scores from 2/7 (Lindenwood) to 3/6 (Lindenwood's tri meet)... On bars, registered four 9.700 or higher scores in the final six meets...Tallied a 9.725 on bars and a 9.775 on beam in Southeast's upset victory over Lindenwood (2/7), 193.925-193.600, at Houck Field House... Posted a 9.750 on bars and a 9.700 on beam at the Tennessee Collegiate Classic (2/28) against Northern Illinois where SEMO posted its second-highest team score in school history

of 195.800...Added a 9.725 on beam at Centenary (3/1) before notching a 9.750 on bars and 9.775 on beam at Lindenwood's tri meet (3/6) with Air Force... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, and a Midwest Independent Conference Scholar-Athlete.

Club/Prep: Was the Georgia Level 10 Bars State Champion in 2017 and placed third on bars at regionals...Placed second on vault and floor (Level 10) at the state and regional level in 2016... Won the Level 10 vault state championship and qualified for Junior Olympic (JO) Nationals in 2015 where she placed 12th in the all-around competition... Nabbed the Level 9 bars state title in both 2013 and 2014... Finished third in the all-around competition at Easterns...Earned the bars, floor and all-around Level 10 state championships in 2012...Coached by Judy Prestigiacomo at Georgia Gymnastics Academy in Lawrenceville.

Personal: Born Nov. 3, 2000... Daughter of KJ and Vera Jones... Majoring in Biology.



Jordan JONES

5-5 // Sr. // Buford, Ga. // Mill Creek H.S.
Georgia Gymnastics Academy

2022: Competed in five meets before suffering a season-ending injury...Notched eight scores of 9.700 or higher... Opened the campaign with a 9.725 on beam at Kent State's (1/16) tri meet with Northern Illinois...Didn't score lower than 9.725 on beam... Notched a season best beam of 9.825 at the Tennessee Collegiate Classic (1/21) against Lindenwood and Northern Illinois...Also tallied a 9.725 (Lindenwood, 1/29), 9.775 (Arkansas, 2/6), and 9.750 (Lindenwood, 2/11) on beam in 2022...Also had season bests of 9.700 on bars (Lindenwood, 2/11) and 9.750 on floor (Arkansas, 2/6)...

Posted consecutive scores of 9.700 or higher on floor against Lindenwood (1/29, 9.700) and versus Arkansas (2/6, 9.750)... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2020 (Shortened season due to the COVID-19 pandemic):

Competed in 10 meets as a bars and beam specialist...Appeared in the floor lineup twice... Posted 11 scores of 9.700 or higher during the campaign and

Career Totals

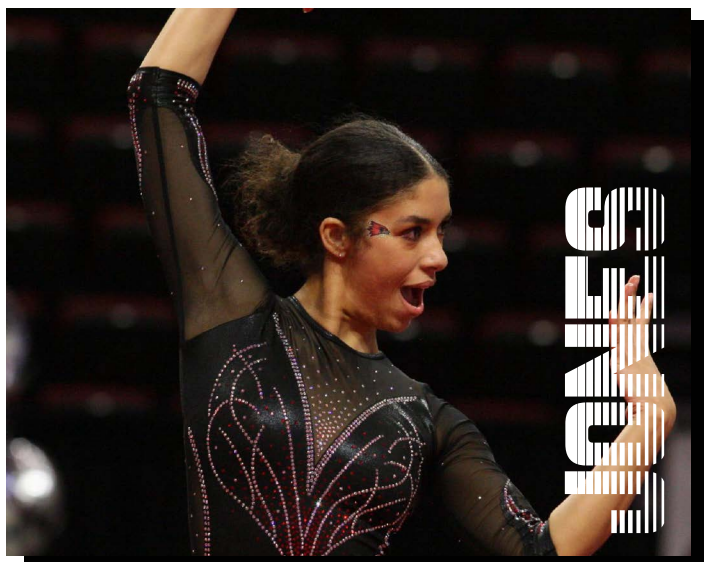
Career Scores of 9.700 or higher: 19

Career Titles: 1



2023 SOUTHEAST MISSOURI GYMNASTICS

PROFILES



Janelle LOPEZ

5-2 // So. // Cape Coral, Fla. // Ida S. Baker H.S.
Coast Elite Gymnastics Academy

2022: Competed in six meets as a vault and bars specialist... Made Redhawks debut at the 2022 GymQuarters Mardi Gras Invitational (2/18) against Illinois State, Lindenwood and Iowa State... Posted a personal best vault of 9.750 and a 8.800 on bars... Notched consecutive vault scores of 9.650 against Centenary (3/4) and at Texas Woman's Quad Meet (3/6) with Oklahoma and Air Force... Posted a season best 9.450 on bars at Centenary (3/4)... Registered a 9.675 on vault at the 2022 USAG Championships Session I (4/8)... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Club/Prep: Was a Florida State Region 8 Qualifier in 2020... Won the All-Around in 2020 at the GymQuarters Mardi Gras Invitational and the Gasparilla Classic, notching a 9.625 on

vault... Qualified for both the Region 8 State and Regional Championships during her sophomore and freshman seasons... Home gym is Coast Elite Gymnastics Academy... Coached by Chris Gewinner and Teresina Lemons at Coast Elite Gymnastics Academy... Served as team captain and helped Coast Elite Gymnastics Academy secure first as a team at the Level 10 Championships in 2018 and 2019... Graduated from Ida S. Baker High School in May 2021... Taken classes for American Sign Language all four years at Ida S. Baker in order to communicate effectively with the deaf and hard of hearing population.

Personal: Born October 8, 2003... Daughter of Patricia and Ferdinand Lopez... One of six children in a family of all girls... Has five sisters, Briana, Tatiana, Trishelle, Audriana and Gabby... Her sister, Gabby Lopez, played softball at Western Oklahoma State College... Originally from New York City, New York...



Ailey KUEHN

5-3 // Fr. // Eagan, Minn. // Eagan H.S.
TAGS South Gymnastics

Club/Prep: Member of the TAGS South Gymnastics club in Apple Valley, Minnesota, under the instruction of Scot Gallagher and Kevin Brown... During her senior year, she qualified for nationals as a first team alternate and got to compete in the all-around as a wildcard competitor... As a freshman, she qualified for Level 9 Western Nationals, placing first on bars...

Graduated from Eagan High School in Eagan, Minnesota, in 2022.

Personal: Born Feb. 3, 2004... Daughter of Douglas Kuehn and Julie Rivers Kuehn... Her brother, Caiden Kuehn, was a swimmer at the University of Wisconsin Stevens Point... Majoring in Interior Design.



Moved to Cape Coral, Florida, the hometown of head coach Ashley Lawson, in 2013... Enjoys

shopping with friends and spending time with family... Majoring in Psychology at SEMO.

Career Totals

Career Scores of 9.700 or higher: 1

Career Titles: -



REDHAWK GYMNASTICS
Molly MAXWELL

5-2 // Sr. // Milton, Wis. // Milton H.S.
Madtown Twisters

2022: Competed in 12 meets as one of SEMO's two all-arounders...Captured three event titles in 2022...Tallied 15 scores of 9.700 or higher including four scores of 9.800 plus...Named a 2022 USA Gymnastics First-Team All-American for beam and selected to the Second Team for floor and the all-around competition...Earned 2022 Second-Team All-MIC honors for the all-around and floor...Compiled a NQS score of 38.275 in the all-around and a NQS of 9.740 on floor...Surpassed 38.000 in the all-around competition five times in 2022...Posted a 9.800 on beam en route to an all-around score of 38.450 at the Tennessee Collegiate Classic (1/21) against Lindenwood and

Northern Illinois...Took first in the all-around competition at Lindenwood's dual (1/29) in St. Charles, Missouri, for her first career event title with a total of 37.775...Her best event of the dual was a 9.700 on floor...Won her second career all-around title with 38.200 in SEMO's home opener against Lindenwood (2/11) ...Her best event of the dual was a 9.700 on floor...Took fourth in the all-around with a career best 38.775 against Illinois State (2/25) on Senior Night including a personal high 9.850 on floor...Captured the individual vault title with a personal-best matching 9.775 at Centenary (3/4)...It marked her first career title outside of the all-around competition...Added a 9.725

on vault and 9.750 on floor at Texas Woman's Quad Meet (3/6) with Oklahoma and Air Force...Notched a 37.750 for sixth in the all-around competition at the 2022 MIC Championship (3/18) with a 9.750 on floor, 9.625 on beam and a 9.575 vault...Concluded the season with four-straight floor marks of 9.750 or higher...Totaled 37.525 for sixth in the all-around competition at the 2022 USAG Championships Session I (4/8)...Led off the beam rotation with a career-best matching 9.850 as SEMO notched a program-best beam score of 49.425...Also had a 9.800 on floor...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2021: Appeared in all 11 meets, competing on vault (6), bars (5), beam (8) and floor (11)...Named a 2021 USA Gymnastics First Team All-American for the all-around and beam and selected to the Second Team for floor...Earned 2021 All-MIC Second Team honors for the all-around...Represented the Redhawks as an all-arounder in three meets...Registered eight scores of 9.700 or higher...Posted four-straight floor scores of 9.700 or higher from Feb. 22 (at Lindenwood) to March 12 (home tri with Illinois State and Lindenwood)...Opened the span

with a 9.725 at Lindenwood (2/21) before consecutive 9.750s against Centenary and Illinois State (2/26) and at a home dual with Centenary (2/28)...Notched a career-best floor routine of 9.825 against Illinois State and Lindenwood (3/12)...Also had a career-best all-around score of 38.550 (third) in that home tri meet...Matched a career-best on bars with a 9.625 against Illinois State and Lindenwood (3/12)...Notched a 9.800 on beam against Centenary (2/28) for second overall at the dual...Concluded the season with a 9.700 on beam at the 2021 MIC Championship (3/19) followed by a career-best 9.850 at the 2021 USA Gymnastics Championships Team Finals (4/10)...Helped the Redhawks capture the 2021 USA Gymnastics Championship with a program-best 49.375 on beam...Also posted a season-high vault of 9.675, a 9.800 on floor and an all-around score of 37.975 (fourth) at the 2021 USAG Championships...Totaled 37.700 for fifth overall in the all-around at the 2021 MIC Championship (3/19) for second-team All-MIC honors...Named a USA Gymnastics Women's Collegiate Nationals Scholar Athlete and a Midwest Independent Conference Scholar-Athlete.

2020 (Shortened season due to the COVID-19 pandemic):

Competed in all 11 meets...Was an all-arounder in four meets while appearing in the vault, beam and floor lineups in all 11 meets...Was on the SEMO bars team in four competitions...



2023 SOUTHEAST MISSOURI GYMNASTICS

PROFILES

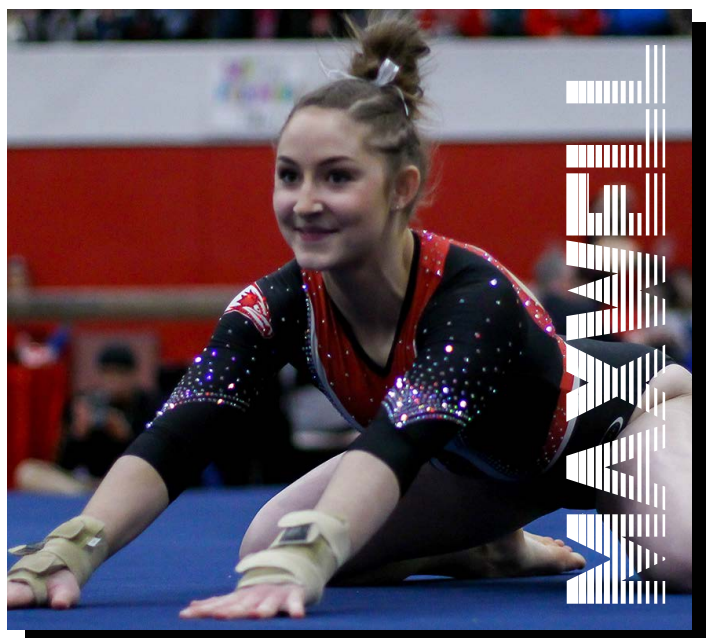
Posted eight scores of 9.700 or higher during the campaign, which was fifth on the team... Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020), notching her career-best all-around mark (37.675, vault 9.500, bars 9.550 PR, beam 9.000 and floor 9.625)...Recorded her first score of 9.700 or higher on beam (9.725) at Alaska Anchorage's tri meet (1/10) with Wisconsin-Eau Claire...Tallied a career-best floor routine of 9.750, three times in 2020 against Illinois State (2/7) and in back-to-back competitions at the GymQuarters Mardi Gras Invitational tri meet (2/14) with Centenary and Seattle Pacific and at the Tennessee Collegiate Classic (2/28) against Northern Illinois where SEMO posted its second-highest team score in school history of 195.800...Also had a personal bests on beam (9.750) and vault (9.775) at the Tennessee Collegiate Classic as the Redhawks also notched their program-best vault score of 49.075...Hit her fifth consecutive 9.700 or higher floor score with a 9.725 at Centenary (3/1)... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Career Totals

Career Scores of 9.700 or higher: 31
Career Titles: 3

Club/Prep: Won the all-around at the Wisconsin State Championships and was the first alternate for JO (Junior Olympic) Nationals in 2018... Finished second on Level 10 floor at the 2017 State Championships and at the Region 4 Championships... Placed fourth in the all-around at the Region 4 Championships and qualified to the JO Nationals Meet in Indianapolis, Indiana...Third on beam, floor and all-around at Level 9 State Championships in 2016...Placed second on floor and fifth on vault, beam and all-around at the Region 4 Championships... Qualified to the Level 9 Western Nationals in Montana where she won the floor title...Was first in the all-around, second on vault and bars, third on floor and fourth on beam at the Level 8 State Championships in 2015... Advanced to the Region 4 Championships in 2015 where she placed second in the all-around and bars competitions while taking fourth on floor... Qualified to the Region 4 Championships in 2014 at Level 8...Trains at Madtown Twisters where she is coached by Aubrie Davis...Member of the National Honor Society and Spanish Honor Society.

Personal: Born June 4, 2001... Daughter of Barry and Melissa Maxwell...Majoring in Dietetics with a minor in Spanish.



Chariya MILLER

5-2 // Fr. // Kansas City, Mo. // Lee's Summit West H.S.
Fuzion Gymnastics

Club/Prep: Was a State Qualifier, Regional Qualifier, and Wild Card National Qualifier during her senior season... Placed tied for ninth on vault with a score of 9.575 in 2022... State Qualifier in 2019 and 2020...Home gym is Fuzion Gymnastics in Kearney, Missouri...Coached by Jackie and Mike Heredia, Lindsey Long, and Hayden Flanery...Also ran

and lettered in track & field at Lee's Summit West High School during her senior season... Graduated from Lee's Summit West HS in 2022...Member of the National Honor Society as a senior...Named to the Principal's Honor Roll all throughout her high school career...Received two letters for posting a 4.0 GPA or higher.



Personal: Born on December 9, 2003...Daughter of Charles

and Tiffany Miller...Majoring in Biomedical Sciences.



Jolie MILLER

5-6 // Sr. // Aurora, Colo. // Cherokee Trail H.S.
Adrenaline Gymnastics Academy

2022: Competed in 14 meets as a vault, bars and beam specialist...Registered 17 scores of 9.700 or higher including eight scores in the 9.800s and four in the 9.900s...Captured four bars titles in 2022...Won the 2022 MIC Bars Championship and 2022 USA Gymnastics Bars National Championship with teammate Lindsay Ockler...Earned First-Team All-MIC honors...Named a 2022 USA Gymnastics First Team All-American for bars and beam...Led the Redhawks in 2022 on bars with 12 scores of 9.700 or higher (10 bars routines of 9.800 or higher this season)...Notched a bars NQS score of 9.865 in 2022...Earned MIC Performance of the Week (3/2)...Won the bars title with her second career 9.875 at the 2022 Tennessee Collegiate Classic (1/21) against Lindenwood and Northern Illinois...Added an identical 9.875 against Arkansas (2/6)...Posted a 9.825 bars routine at

the 2022 GymQuarters Mardi Gras Invitational (2/18) against Illinois State, Lindenwood and Iowa State...Registered a career-best and SEMO program-high 9.950 to win bars on Senior Night against Illinois State (2/25)...The bars mark put Miller first overall in SEMO program history edging the previous school record of 9.925 held by head coach Ashley (Godwin) Lawson (2004) and Malia Roberts (1999)...Chipped in a 9.850 bars set at Texas Woman's Quad Meet (3/6) with Oklahoma and Air Force...Captured the 2022 MIC Bars Championship (3/18) with Ockler, registering consecutive 9.900s in the final two routines of the evening to capture the MIC title...Posted a 9.800 on bars, which tied for 20th (41st overall) on bars in the first session of the 2022 NCAA Seattle Regional (3/31)...In the 2022 USAG Championships Session I (4/8), hit a 9.850 on bars and a career best 9.900

on beam as SEMO notched a program-best beam score of 49.425...Her career-best 9.900 tied for eighth all-time in Redhawk history...Won the 2022 USA Gymnastics Bars National Championship (4/10) with Ockler, tallying a 9.925...Also tallied a 9.700 on beam for ninth overall...Made Redhawks vault debut at the 2022 Tennessee Collegiate Classic (1/21) against Lindenwood and Northern Illinois with a score of 9.500...Posted consecutive season high vaults of 9.575 at Centenary (3/4) and at Texas Woman's Quad Meet (3/6) with Oklahoma and Air Force...Notched five scores of 9.700 or higher on beam in 2022...Hit a 9.800 on beam at the Tennessee Collegiate Classic (1/21) and also added a pair of 9.725s this season...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2021: Appeared in all 11 meets, as a bars and beam specialist...Captured Bronze on bars at the 2021 USA Gymnastics Individual Event Finals...Named a 2021 USA Gymnastics First Team All-American for bars and beam...Earned 2021 All-MIC First Team honors for bars (Bronze Medalist) and Second Team laurels for beam...Notched 12 scores of 9.700 or higher...

Won two individual event titles in 2021...Opened the season with consecutive bars marks of 9.800 at Texas Woman's with Lindenwood (1/16) and at the Tennessee Collegiate Classic (1/22)...Finished second overall on bars at the season-opener at both meets...Posted a 9.825 bars set at Illinois State (2/6) to capture her second career event title (first of 2021)...Also was second overall on beam with a 9.750 and was awarded MIC Performance of the Week honors on Feb. 10 after the road dual...Notched consecutive 9.775s on bars at the 2021 GymQuarters Invitational (2/12) and at Lindenwood (2/21)...Was the runner-up on the event at Lindenwood (2/21)...Concluded the season with four-straight marks of 9.800 or higher on bars including three consecutive 9.825s...Hit a 9.800 against Centenary (2/28) at the Show Me Center to win her second event title of the season...Was third overall on the bars with a 9.825 against Illinois State and Lindenwood (3/12) on Senior Night...Captured Bronze on bars at the 2021 MIC Championship (3/19) with a 9.825 for 2021 All-MIC First Team honors...Also was named to the 2021 All-MIC Second Team for beam after registering a 9.725...Notched her third-straight 9.825 on bars (fourth in 2021) at the 2021 USA Gymnastics Championships Team Finals (4/10) to help the Redhawks capture the title...Also had a career-best 9.850 on beam as SEMO notched a program-best 49.375 on beam...



2023 SOUTHEAST MISSOURI GYMNASTICS

PROFILES

Tied for third overall on bars for Bronze with a 9.812 at the 2021 USAG Individual Event Finals (4/11)...Named a USA Gymnastics Women's Collegiate Nationals Scholar Athlete and a Midwest Independent Conference Scholar-Athlete.

2020 (Shortened season due to the COVID-19 pandemic):

Competed in eight meets as a bars (8) and beam (3) specialist...Posted four scores of 9.700 or higher during the campaign and won one individual event title...Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020), posting a 9.700 on bars and 9.400 on beam...Set a personal-best beam mark of 9.575 at Alaska Anchorage (1/12)...Concluded the season with three consecutive 9.700 or higher bars marks...Captured the bars title at the Tennessee Collegiate Classic (2/28) against Northern Illinois where SEMO posted its second-highest team score in school history of 195.800 with a career-best 9.875 in the second position...Paced the Redhawks at the Tennessee Collegiate Classic, as the team totaled 49.050 on bars which ranks third in the SEMO record books...Finished 2020 with bars

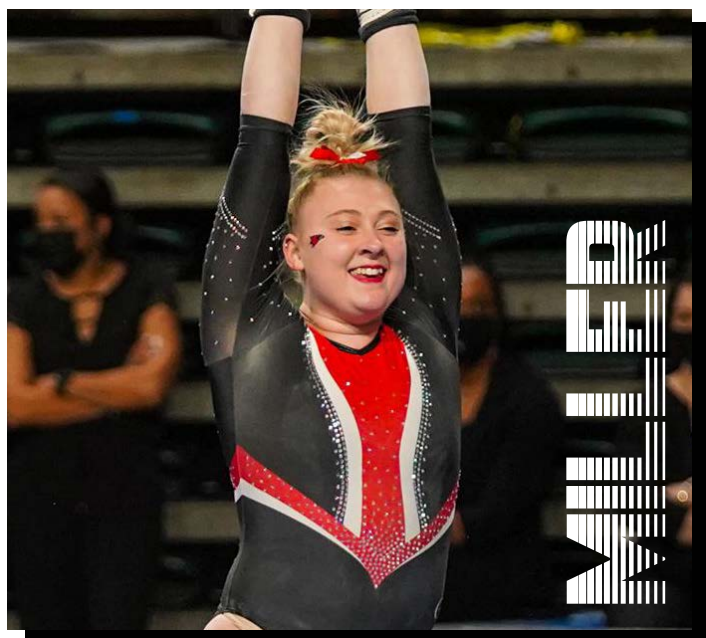
scores of 9.725 at Centenary (3/1) and 9.775 at Lindenwood's tri meet (3/6) with Air Force...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Club/Prep: Home gym is Adrenaline Gymnastics Academy in Centennial, Colorado, where former Redhawks gymnast Margaret (O'Neal) Goodrich (2010-2013) was also a member...Coached by Aaron Gallegos at Adrenaline Gymnastics Academy...Competed in all four events and was named team captain during the 2018-2019 season...Graduated with honors from Cherokee Trail High School in Aurora, Colorado, in May 2019...Was a two-time academic letterwinner...Also named to the Principal's Honor Roll all four years...Earned academic department awards in math and science.

Personal: Born Feb. 11, 2001... Daughter of Lyle and Rebekah Miller...Majoring in Health Sciences: Pre-Physical Therapy/ Occupational Therapy with a Psychology minor.

Career Totals

Career Scores of 9.700 or higher: 33
Career Titles: 7



REDHAWK GYMNASTICS
Lindsey **MOFFITT**

5-2 // Sr. // Ferris, Texas // Laurel Springs School Online
Texas Dreams Gymnastics

2022: Did not compete.

2021: Appeared in all 11 meets, competing in both the bars (9) and floor (7) lineups...Notched five scores of 9.700 or higher...Tallied a career-best matching 9.825 on floor against Centenary and Illinois State (2/26) for fourth overall at the tri meet...Posted consecutive career-best 9.700s on bars against Centenary (2/28) and against

Illinois State and Lindenwood (3/12)...Was the runner-up on the event against Centenary (2/28), also had a 9.775 on floor for third at the meet...Wrapped the regular-season with a 9.700 on floor against Illinois State and Lindenwood (3/12)...Rounded out the SEMO bars rotation at the 2021 MIC Championship (3/19) with a 9.575...Also had a 9.625 on floor...Tallied a 9.675 on floor at the 2021 USA

2023 SOUTHEAST MISSOURI GYMNASTICS PROFILES



Gymnastics Championships Team Finals (4/10) to help the Redhawks capture the team title...Named a USA Gymnastics Women's Collegiate Nationals Scholar Athlete and a Midwest Independent Conference Scholar-Athlete.

2020 (Shortened season due to the COVID-19 pandemic):

Competed in all 11 meets... Appeared in the beam and floor lineups in each of those 11 competitions...Was in the vault lineup four times, bars lineup twice and competed as an all-arounder once...Posted seven scores of 9.700 or higher during the campaign...Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020), posting a 9.475 on vault and 9.725 on floor... Notched a career-best vault of 9.550 at Alaska Anchorage (1/12)...Added personal-bests on bars (9.425) and in the all-around (37.250) at Illinois State (1/17)...Hit a 9.800 floor routine to tie for second overall at home against Illinois State (1/31), as SEMO posted a season-high 49.025 on the event...Improved on the event in the fourth and final rotation with a career-best 9.825 on floor in Southeast's upset victory over Lindenwood (2/7), 193.925-193.600, at Houck Field House...Compiled four straight scores of 9.700 or higher on floor from 1/31 (Illinois State) to 2/28 (Tennessee Collegiate Classic vs. Northern Illinois)...Chipped in a 9.750 on floor at the GymQuarters Mardi Gras Invitational tri meet

(2/14) with Centenary and Seattle Pacific and followed that performance with a 9.725 at the Tennessee Collegiate Classic (2/28)...Concluded the season with a personal-high 9.700 on beam and a 9.800 on floor at Lindenwood's tri meet (3/6) with Air Force...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American and a Midwest Independent Conference Scholar-Athlete.

Club/Prep: Finished third in the all-around competition at the 2018 Texas State Championship...Also placed fifth on bars, beam and floor at the 2018 Texas State Championship and was a 2018 JO National Alternate...Was second on bars and ninth in the all-around at the 2018 Region 3 Championship, she was second on bars and ninth in the all-around...Earned first on bars, third in the all-around and fourth on floor at the 2017 Texas State Championship...Finished 13th on beam at the 2017 JO Nationals...Placed third on bars and beam, fourth in the all-around and seventh on floor at the 2017 Region 3 Championship...Finished eighth in the all-around competition at the 2016 Texas State Championship after placing sixth on beam and floor and 10th in the all-around at the 2016 Region 3 Championship...Trains at Texas Dreams Gymnastics where she is coached by Ned Lange (vault), Marcus Harlin (bars) and Alicia Goodwin Browning (beam

and floor)...Member of the National Honor Society and the National Society of High School Scholars...Graduated from Laurel Springs School Online in Ojai, California, in May 2019... Previously attended Lakeland

Christian Academy in Lewisville, Texas, from 2015-2018.

Personal: Born Feb. 26, 2001... Daughter of Michael and Malea Moffitt...Majoring in Corporate Communication.

Career Totals

Career Scores of 9.700 or higher: 12

Career Titles: -



Lindsay OCKLER

5-3 // So. // Huson, Mont. // Frenchtown H.S.
Mismo Gymnastics

2022: Competed in 12 meets as a vault, bars, and floor specialist...Registered 24 scores of 9.700 or higher including 15 scores in the 9.800s and two in the 9.900s...Captured three bars titles in 2022...Won the 2022 MIC Bars Championship and 2022 USA Gymnastics Bars National Championship with teammate Jolie Miller...Was the 2022 MIC Vault Runner-up... Earned 2022 First-Team All-MIC honors on bars and vault... Named a 2022 USA Gymnastics First Team All-American for bars...Notched a bars NQS of 9.840 and a vault NQS score of 9.820 in 2022...Made Redhawks debut at Kent State's Tri Meet

(1/16) with Northern Illinois, posting a 9.800 on bars with a 9.750 on vault and a 9.450 on floor...Added a pair of 9.825s on vault and bars to go with a 9.775 on floor at the 2022 Tennessee Collegiate Classic (1/21) against Lindenwood and Northern Illinois...Notched a personal best vault with a 9.850 at the 2022 GymQuarters Mardi Gras Invitational (2/18) against Illinois State, Lindenwood and Iowa State...Posted four 9.825s on vault in 2022 including at three-straight competitions March 6-18 (Texas Woman's Quad Meet (3/6), Illinois State (3/12) and the 2022 MIC Championship (3/18))... Registered 11 scores



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PROFILES

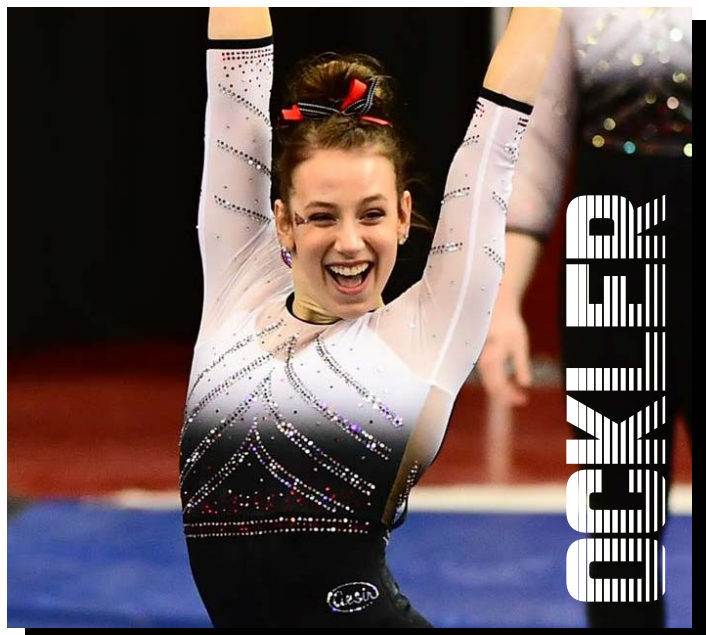
of 9.775 or higher on bars... Won the individual bars title against Lindenwood (2/11) with a 9.850...Captured the 2022 MIC Bars Championship (3/18) with Miller, registering consecutive 9.900s in the final two routines of the evening to capture the MIC title...Also notched a 9.825 on vault for second at the Championship...Won the 2022 USA Gymnastics Bars National Championship (4/10) with Miller, tallying a career best 9.925...She ranks tied for second all-time in SEMO program history for bars... Concluded the season with seven of eight bars marks of 9.800 or higher...Notched a trio of 9.850s, a 9.875, a 9.900 and a 9.925 during that span...On floor, she has achieved three scores of 9.700 or higher including a personal-best 9.775 at the 2022 Tennessee Collegiate Classic (1/21)...Notched a 9.850 on bars in the 2022 USAG Championships Session I (4/8) to go with a 9.65 on vault and a 9.675 on floor...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Career Totals

Career Scores of 9.700 or higher: 24
Career Titles: 3

Club/Prep: Two-time Level 10 National Qualifier and two-time Level 10 Montana State Champion...Achieved her personal-best All-Around score of 37.950 for second at the Metroplex Challenge during her junior season...Was also a Level 9 Region 2 All-Around Champion and a Region 2 All-Star, finishing second with Mismo Gymnastics as a team at Level 10 Nationals... Home gym is Mismo Gymnastics in Missoula, Montana...Coached by Kelley Durbin Williams, Angie Ferree and Aspen Serrania at Mismo Gymnastics...Graduated from Frenchtown High School in 2021...Named to the high honor roll three times and earned an academic letter three times.

Personal: Born Feb. 19, 2003... Daughter of Jodi and Shad Ockler...Her older sister, Courtney Ockler, was a golfer at Lewis-Clark State College of the National Association of Intercollegiate Athletics (NAIA) in Lewiston, Idaho...Majoring in Early Childhood Education.



5-0 // So. // Rexford, N.Y. // Shenendehowa H.S.
World Class Gymnastics Academy

2022: Competed in 12 meets as a vault, beam, and floor specialist...Registered nine scores of 9.700 or higher including a trio of marks of 9.800 or higher...Selected to the 2022 All-MIC Second-Team for floor...Named a 2022 USA Gymnastics First Team All-American for beam...Notched a NQS of 9.755 on beam in 2022...Made Redhawks debut at Kent State's Tri Meet (1/16)

with Northern Illinois, posting a 9.450 on vault, 8.250 on beam and 8.850 on floor...Posted six-straight beam scores of 9.700 or higher from Feb. 6 to March 6...Tallied a 9.750 on beam, her first career score of 9.700 plus at Arkansas (2/6) to go with 9.525 on vault...Registered a pair of career bests on vault (9.675) and beam in SEMO's home opener against Lindenwood (2/11)...Finished as the runner-



up on beam with a career-best 9.850 at the home dual...Added a 9.800 on beam against Illinois State (2/25)...Posted a pair of 9.700s on beam and floor and a 9.525 on vault at Texas Woman's Quad Meet with Oklahoma and Air Force (3/6)...Tallied a career high 9.750 on floor at the 2022 MIC Championship (3/18) for All-MIC Second-Team honors... Also chipped in a 9.575 on vault and a 9.650 on beam... Matched a career-best beam score of 9.850 in the 2022 USAG Championships Session I (4/8) as SEMO notched a program-best beam score of 49.425... Also had a 9.650 on floor and 9.550 on vault...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Club/Prep: Two-time Level 10 Regional Qualifier and a two-time Level 9 Regional Qualifier... Served as an Eastern Nationals Alternate in 2016...Posted her career-best All-Around score

Career Totals

Career Scores of 9.700 or higher: 9

Career Titles: -

of 37.575 to secure first at the Long Island Classic (9.600 on vault, 9.150 on bars, 9.475 on beam, 9.350 on floor) in her junior season...Selected to compete in the Parkettes Night Session...Notched a personal-high vault of 9.700 for third at the Parkettes Night Session during her sophomore campaign...Awarded the Best Comeback Award in 2017 and earned the Workhorse Award in 2019... Home gym is World Class Gymnastics Academy in Latham, New York...Coached by Erik Quaal, Amichai Sabari, Kristen Schumaker, Craig Bednarczyk and Marisa Bednarczyk at World Class Gymnastics Academy... Graduated from Shenendehowa High School in 2021...Earned Magna Cum Laude (2018), High Honor Roll (2018 and 2019), Maxima Cum Laude (2019) and Cum Laude (2020) honors for her academics...Member of the National Honor Society.

Personal: Born Oct. 26, 2003... Daughter of Michael Reader and Joanna Cote...Majoring in Biology: Pre-Physician Assistant.



Anna SPELLER

5-0 // Jr. // St. Louis, Mo. // Mary Institute and Saint Louis Country Day School
Team Central Gymnastics Academy

2022: Competed in seven meets as a bars (2) and beam (7) specialist...Registered three scores of 9.700 or higher on beam...Captured one event title...The St. Louis, Missouri, native, matched a personal-best 9.900 beam routine to capture her first career event title in her season debut at the 2022 GymQuarters Mardi Gras Invitational (2/18) against Illinois State, Lindenwood and Iowa

State in St. Charles, Missouri... Her 9.900 ranks tied for eighth all-time in SEMO program history for beam...Followed up that performance with a 9.850 on beam against Illinois State (2/25)...Made Redhawks bars (9.050) debut at the 2022 MIC Championship (3/18)...Also had a 9.150 on beam...Concluded the 2022 season with a 9.800 on beam in the 2022 USAG Championships Session I (4/8)



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as SEMO notched a program-best beam score of 49.425... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2021: Appeared in 11 meets as a beam specialist...Notched seven scores of 9.700 or higher... Named a 2021 USA Gymnastics First Team All-American for beam...Earned 2021 All-MIC First Team honors for beam (Bronze Medalist)...Made Redhawks debut at Texas Woman's with Lindenwood (1/16), finishing with a 9.475...Compiled first career score of 9.700 at the Tennessee Collegiate Classic (1/22)...Added a 9.775 against Texas Woman's (1/29) for third at the dual...Posted consecutive 9.800s at Lindenwood (2/21) and against Centenary and Illinois State (2/26)...Was third and fourth overall, respectively, at the consecutive competitions... Notched a 9.875 to finish as the beam runner-up on Senior Night at Houck Field House against Illinois State and Lindenwood (3/12)...Tied for third overall at the 2021 MIC Championship (3/19) with a 9.825 for Bronze... Notched a career-best 9.900 at the 2021 USA Gymnastics Championships Team Finals

Career Totals

Career Scores of 9.700 or higher: 10
Career Titles: 1

(4/10) to help the Redhawks capture the team title as SEMO notched a program-best 49.375 on beam...Her 9.900 ranks tied for sixth all-time in SEMO program history for beam... Named a Midwest Independent Conference Scholar-Athlete.

Club/Prep: Crowned the Missouri State floor and vault champion in 2018...Finished ninth on beam at the 2019 Junior Olympic (JO) Nationals... Also was a JO National Second Alternate during her sophomore season and a JO National First Alternate as a freshman...Won the Western National Championship vault title in 2015...Home gym is Team Central Gymnastics Academy in Maryland Heights, Missouri... Coached by Tom Stevens and Amy Roberts...Graduated from the Mary Institute and Saint Louis Country Day School (MICDS) in 2020...Earned Second Honors throughout her high school career and was a George Washington University Book Award Recipient...Started the mentoring program, Peer to Peer, during her junior year at MICDS.

Personal: Born May 4... Daughter of Andy and Tracy Speller...Majoring in Corporate Communication.



Sophia STUDDARD

5-2 // Jr. // Blue Springs, Mo. // Blue Springs South H.S.
Fuzion Gymnastics

2022: Did not compete... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2021: Did not compete... Named a Midwest Independent Conference Scholar-Athlete.

Club/Prep: Was a 2018 Missouri State Champion and named a Junior Olympic (JO) National Team Alternate...Finished second overall at the Missouri State Meet in 2017...Home gym is Fuzion Gymnastics in Kearney, Missouri, which won the 2018 Missouri State Championship



and finished runners-up in 2017... Coached by Jackie and Mike Heredia...Graduated from Blue Springs South High School in 2020...Member of the National Honor Society and National Junior Honor Society...Named to the Principal's Honor Roll all four years at Blue Springs South... Earned a 30 on her ACT.

Personal: Born on June 30, 2002...Daughter of Martin and Shelley Studdard...Full name is Sophia Justine Studdard... Very interested in online marketing...Loves to bake and cook...Enjoys crafting in her free time...Majoring in Business Administration.

a career-high 39.075 against Illinois State (2/25) on Senior Night...Registered career-bests on beam (9.875) and floor (9.850) to go along with a 9.800 on bars and a 9.550 on vault... Placed fourth in the all-around with a 38.875 at the 2022 MIC Championship (3/18)...Earned four 2022 All-MIC honors, appearing on the second team for bars (9.775), beam (9.675) and floor (9.750) in addition to the all-around (38.875, fourth) competition...Finished the all-around competition with 38.475 for fifth at the 2022 USAG Championships Session I (4/8)...Tied a personal best beam score of 9.875 as SEMO notched a program-best beam score of 49.425... Also had a 9.775 on floor and 9.750 on bars...Finished fourth overall on beam with a 9.825 in her first career, 2022 USA Gymnastics Women's Collegiate National Championships Individual Event Finals (4/10)... Also registered a bars mark of 9.775 to tie for eighth in the Finals...Scored 9.700 or higher on bars in each of the last seven meets...On floor, she didn't score lower than 9.725 in the last 10 competitions... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American,

a Midwest Independent Conference Scholar-Athlete, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, and selected to the OVC Commissioner's Honor Roll.

2021: Competed in five meets as a floor specialist before suffering a season-ending injury...Registered two scores of 9.700 or higher...Made Redhawks debut against Texas Woman's (1/29) with a career-best floor score of 9.800 for fourth overall at the dual...Notched a 9.775 on floor against Centenary and Illinois State (2/26)...Named a Midwest Independent Conference Scholar-Athlete.

Club/Prep: Captured the Texas State Level 10 All-Around title in 2016...Was a member of the 2016 Acrobatic World's Team... Home gym is World Olympic Gymnastics Academy (WOGA)... Coached by Zena Stewart and Melissa Skudris...Graduated from Wylie High School in 2020.

Personal: Born on January 1, 2002...Daughter of Brad and Elizabeth Webb...Majoring in Social Work with a minor in Entrepreneurship at SEMO.



REDHAWK GYMNASTICS

Lydia WEBB

5-4 // Jr. // Wylie, Texas // Wylie H.S.
World Olympic Gymnastics Academy

2022: Competed in 13 meets including nine as an all-arounder...Registered 26 scores of 9.700 or higher...Surpassed 38.000 in the all-around competition seven times in 2022 including a career best 39.075... Named a 2022 USA Gymnastics First Team All-American for bars, beam, and in the all-around...Earned four 2022 All-MIC honors, appearing on the second team for bars (9.775), beam (9.675) and floor (9.750) in addition to the all-around (38.875, fourth) competition... Captured one individual event title...Registered a NQS of 38.540 in the all-around, a NQS of 9.780 on floor and a NQS of 9.770 on bars...Competed as an

all-arounder for the first time in her Redhawks career after serving as a floor specialist in 2021 at the season-opening Kent State's (1/16) tri meet with Northern Illinois...Totaled 38.1500 with a 9.450 vault, 9.650 bars, 9.550 beam and 9.500 floor mark...Registered a trio of 9.825s on bars (PR), beam and floor with 9.500 on vault for an all-around score of 38.975 at Arkansas (2/6)...Took first overall in the all-around competition at Centenary (3/4) with a total of 38.625 for her first career event title...Compiled 9.725 on both vault (PR) and floor with a 9.700 on bars... Finished second overall in the all-around competition with

Career Totals

Career Scores of 9.700 or higher: 28

Career Titles: -



2023 SOUTHEAST MISSOURI GYMNASTICS

PROFILES



SEMO

GYMNASTICS





REVIEW

2023 SOUTHEAST MISSOURI GYMNASTICS



SEMOREDHAWS.COM



2023 SOUTHEAST MISSOURI GYMNASTICS

2022 RESULTS

Team Results

<u>Date</u>	<u>Meet</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
1/16/22	SEMO at Kent State with NIU	47.775	48.050	47.825	47.850	191.500
1/21/22	Tennessee Collegiate Classic	47.700	48.675	48.750	48.250	193.375
1/29/22	SEMO at Lindenwood	47.225	47.675	47.375	48.875	191.150
2/06/22	SEMO at #13 Arkansas	48.250	48.375	48.950	48.575	194.150
2/11/22	SEMO vs. Lindenwood	48.375	48.675	48.325	48.725	194.100
2/18/22	2022 GymQuarters Mardi Gras Invitational	48.375	47.575	48.600	48.525	193.075
2/25/22	SEMO vs. Illinois State	48.200	47.675	49.150	49.175	194.200
3/04/22	SEMO at Centenary	48.400	46.925	48.025	47.850	191.200
3/06/22	SEMO at TWU Quad	48.300	48.525	47.650	48.950	193.425
3/12/22	SEMO at Illinois State	47.400	48.000	48.350	49.000	192.750
3/18/22	2022 MIC Championship	48.375	48.050	48.150	48.850	193.425
Season Average Scores		48.034	48.018	48.286	48.602	192.941
Season High Scores		48.400	48.675	49.150	49.175	194.200
Team Record Scores		49.075	49.050	49.375	49.225	195.800
Team Individual Record Scores		9.850	9.875	9.925	9.900	39.350

Madison Greene

<u>Date</u>	<u>Meet</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
1/16/22	SEMO at Kent State with NIU	-	-	-	9.625	-
1/21/22	Tennessee Collegiate Classic	-	-	-	9.850	-
1/29/22	SEMO at Lindenwood	-	-	-	9.825	-
2/06/22	SEMO at #13 Arkansas	-	-	-	9.100	-
2/11/22	SEMO vs. Lindenwood	-	-	-	9.925	-
2/18/22	2022 GymQuarters Mardi Gras Invitational	-	-	-	9.350	-
2/25/22	SEMO vs. Illinois State	-	-	-	9.900	-
3/04/22	SEMO at Centenary	-	-	-	9.050	-
3/06/22	SEMO at TWU Quad	-	-	-	9.850	-
3/12/22	SEMO at Illinois State	9.625	-	-	9.850	-
3/18/22	2022 MIC Championship	9.725	-	-	9.750	-
Season Average Scores		9.675	-	-	9.643	-
Season High Scores		9.725	-	-	9.925	-
Career High Scores		9.725	-	-	9.925	-

Jordan Jones

<u>Date</u>	<u>Meet</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
1/16/22	SEMO at Kent State with NIU	-	9.125	9.725	-	-
1/21/22	Tennessee Collegiate Classic	-	9.650	9.825	9.400	-
1/29/22	SEMO at Lindenwood	-	8.525	9.725	9.700	-
2/06/22	SEMO at #13 Arkansas	-	-	9.775	9.750	-
2/11/22	SEMO vs. Lindenwood	-	9.700	9.750	1.000	-
Season Average Scores		-	9.250	9.760	7.463	-
Season High Scores		-	9.700	9.825	9.750	-
Career High Scores		-	9.875	9.850	9.875	-

Janelle Lopez

<u>Date</u>	<u>Meet</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
2/18/22	2022 GymQuarters Mardi Gras Invitational	9.750	8.800	-	-	-
2/25/22	SEMO vs. Illinois State	-	8.625	-	-	-
3/04/22	SEMO at Centenary	9.650	9.450	-	-	-
3/06/22	SEMO at TWU Quad	9.650	8.950	-	-	-
3/12/22	SEMO at Illinois State	7.575	8.950	-	-	-

2023 SOUTHEAST MISSOURI GYMNASTICS

2022 RESULTS



Season Average Scores	9.156	8.955	-	-	-
Season High Scores	9.750	9.450	-	-	-
Career High Scores	9.750	9.600	-	-	-

Molly Maxwell

Date	Meet	Vault	Bars	Beam	Floor	Total
1/16/22	SEMO at Kent State with NIU	9.600	8.525	9.550	9.500	37.175
1/21/22	Tennessee Collegiate Classic	9.500	9.425	9.800	9.725	38.450
1/29/22	SEMO at Lindenwood	9.575	9.500	9.000	9.700	37.775
2/06/22	SEMO at #13 Arkansas	9.675	9.425	9.625	9.400	38.125
2/11/22	SEMO vs. Lindenwood	9.625	9.625	9.250	9.700	38.200
2/18/22	2022 GymQuarters Mardi Gras Invitational	9.700	8.500	9.025	9.675	36.900
2/25/22	SEMO vs. Illinois State	9.600	9.600	9.725	9.850	38.775
3/04/22	SEMO at Centenary	9.775	8.800	9.700	9.650	37.925
3/06/22	SEMO at TWU Quad	9.725	9.525	9.675	9.750	38.675
3/12/22	SEMO at Illinois State	9.500	8.950	9.600	9.775	37.825
3/18/22	2022 MIC Championship	9.575	8.800	9.625	9.750	37.750
Season Average Scores		9.623	9.152	9.507	9.680	37.961
Season High Scores		9.775	9.625	9.800	9.850	38.775
Career High Scores		9.775	9.800	9.850	9.850	38.775

Jolie Miller

Date	Meet	Vault	Bars	Beam	Floor	Total
1/16/22	SEMO at Kent State with NIU	-	9.800	9.125	-	-
1/21/22	Tennessee Collegiate Classic	9.500	9.875	9.800	-	-
1/29/22	SEMO at Lindenwood	9.475	9.175	9.575	-	-
2/06/22	SEMO at #13 Arkansas	9.550	9.875	9.725	-	-
2/11/22	SEMO vs. Lindenwood	9.600	9.700	9.600	-	-
2/18/22	2022 GymQuarters Mardi Gras Invitational	9.525	9.825	9.600	-	-
2/25/22	SEMO vs. Illinois State	9.600	9.950	9.725	-	-
3/04/22	SEMO at Centenary	9.575	9.675	9.200	-	-
3/06/22	SEMO at TWU Quad	9.575	9.850	9.650	-	-
3/12/22	SEMO at Illinois State	-	9.775	9.625	-	-
3/18/22	2022 MIC Championship	9.450	9.900	9.500	-	-
Season Average Scores		9.539	9.764	9.557	-	-
Season High Scores		9.600	9.950	9.800	-	-
Career High Scores		9.600	9.950	9.850	-	-

Lindsay Ockler

Date	Meet	Vault	Bars	Beam	Floor	Total
1/16/22	SEMO at Kent State with NIU	9.750	9.800	-	9.450	-
1/21/22	Tennessee Collegiate Classic	9.825	9.825	-	9.775	-
1/29/22	SEMO at Lindenwood	9.725	9.800	-	9.700	-
2/06/22	SEMO at #13 Arkansas	9.750	9.775	-	9.725	-
2/11/22	SEMO vs. Lindenwood	9.800	9.850	-	9.450	-
2/18/22	2022 GymQuarters Mardi Gras Invitational	9.850	9.800	-	9.575	-
2/25/22	SEMO vs. Illinois State	9.800	9.375	-	-	-
3/06/22	SEMO at TWU Quad	9.825	9.850	-	-	-
3/12/22	SEMO at Illinois State	9.825	9.875	-	9.675	-
3/18/22	2022 MIC Championship	9.825	9.900	-	9.600	-
Season Average Scores		9.798	9.785	-	9.619	-
Season High Scores		9.850	9.900	-	9.775	-
Career High Scores		9.850	9.900	-	9.775	-



2023 SOUTHEAST MISSOURI GYMNASTICS

2022 RESULTS

Nyah Reader

<u>Date</u>	<u>Meet</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
1/16/22	SEMO at Kent State with NIU	9.450	-	8.250	8.850	-
1/21/22	Tennessee Collegiate Classic	9.550	-	9.675	-	-
1/29/22	SEMO at Lindenwood	9.475	-	9.050	-	-
2/06/22	SEMO at #13 Arkansas	9.525	-	9.750	-	-
2/11/22	SEMO vs. Lindenwood	9.675	-	9.850	-	-
2/18/22	2022 GymQuarters Mardi Gras Invitational	9.550	-	9.750	9.650	-
2/25/22	SEMO vs. Illinois State	9.450	-	9.800	9.625	-
3/04/22	SEMO at Centenary	9.650	-	9.775	9.625	-
3/06/22	SEMO at TWU Quad	9.525	-	9.700	9.700	-
3/12/22	SEMO at Illinois State	9.500	-	9.650	8.975	-
3/18/22	2022 MIC Championship	9.575	-	9.650	9.750	-
Season Average Scores		9.539	-	9.536	9.454	-
Season High Scores		9.675	-	9.850	9.750	-
Career High Scores		9.675	-	9.850	9.850	-

Anna Speller

<u>Date</u>	<u>Meet</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
2/18/22	2022 GymQuarters Mardi Gras Invitational	-	-	9.900	-	-
2/25/22	SEMO vs. Illinois State	-	-	9.850	-	-
3/04/22	SEMO at Centenary	-	-	9.050	-	-
3/06/22	SEMO at TWU Quad	-	-	8.400	-	-
3/12/22	SEMO at Illinois State	-	-	9.650	-	-
3/18/22	2022 MIC Championship	-	9.050	9.150	-	-
Season Average Scores		-	9.050	9.333	-	-
Season High Scores		-	9.050	9.900	-	-
Career High Scores		-	9.050	9.900	-	-

Lydia Webb

<u>Date</u>	<u>Meet</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>Total</u>
1/16/22	SEMO at Kent State with NIU	9.450	9.650	9.550	9.500	38.150
1/21/22	Tennessee Collegiate Classic	-	9.750	8.450	9.300	-
1/29/22	SEMO at Lindenwood	-	9.725	9.250	9.750	-
2/06/22	SEMO at #13 Arkansas	9.500	9.825	9.825	9.825	38.975
2/11/22	SEMO vs. Lindenwood	9.525	9.775	8.875	9.725	37.900
2/18/22	2022 GymQuarters Mardi Gras Invitational	-	9.625	9.500	9.775	-
2/25/22	SEMO vs. Illinois State	9.550	9.800	9.875	9.850	39.075
3/04/22	SEMO at Centenary	9.725	9.700	9.475	9.725	38.625
3/06/22	SEMO at TWU Quad	9.200	9.750	8.850	9.800	37.600
3/12/22	SEMO at Illinois State	8.950	9.725	9.650	9.750	38.075
3/18/22	2022 MIC Championship	9.675	9.775	9.675	9.750	38.875
Season Average Scores		9.447	9.736	9.361	9.705	38.409
Season High Scores		9.725	9.825	9.875	9.850	39.075
Career High Scores		9.725	9.825	9.875	9.850	39.075



RECORDS

2023 SOUTHEAST MISSOURI GYMNASTICS



[SEMOREDHAWKS.COM](https://semoredhawks.com)



2023 SOUTHEAST MISSOURI GYMNASTICS

TEAM RECORDS

Team Score

1. vs. Iowa (3/14/97)	196.025
2. vs. Northern Illinois (2/28/20)	195.800
3. vs. Air Force (3/14/09)	195.700
4. vs. Illinois St. (3/11/97)	195.650
5. vs. Ball State (2/19/09)	195.500
6. vs. Centenary (2/14/04)	195.350
at MIC Championships (3/29/03)	
8. at MIC Championships (3/22/14)	195.275
9. vs. Eastern Michigan (2/27/97)	195.225
10. vs. ISU & Lindenwood (3/21/21)	195.150
11. vs. Iowa (3/19/10)	195.125
12. vs. Texas Woman's (2/19/11)	195.075
13. vs. Centenary & ISU (2/26/21)	195.050
14. USAG Championship (4/10/21)	195.025

Balance Beam

1. USAG Championship (4/10/21)	49.375
at MIC Championships (3/29/03)	
3. at Northern Illinois (3/11/01)	49.275
4. vs. Illinois State (3/2/01)	49.200
5. vs. Illinois State (2/25/22)	49.150
6. vs. Centenary & ISU (2/26/21)	49.125
7. vs. Texas Woman's (2/19/11)	49.025
8. vs ISU & Lindenwood (3/12/21)	49.000
vs. Hamline (1/30/04)	
10. vs. Air Force (3/14/09)	48.975
11. at Arkansas (2/6/22)	48.950
12. vs. Denver (1/28/11)	48.900
13. vs. Bowling Green (1/23/04)	48.850
at NIT (4/12/93)	
vs. Centenary (3/6/11)	

Floor Exercise

1. vs. Centenary (2/14/04)	49.500
vs. Illinois State (3/11/97)	
3. vs. Iowa (3/14/97)	49.475
4. at MIC Championships (3/29/03)	49.450
5. vs. Illinois State (2/13/09)	49.350
6. vs. So. Utah & Centenary (1/30/09)	49.275
7. Showcase of the Arts (2/21/99)	49.250
8. vs. ISU & Lindenwood (3/12/21)	49.225
at Illinois State (3/17/03)	
10. vs. Centenary & ISU (2/26/21)	49.200
11. vs. Illinois State (2/25/22)	49.175
Outback Invitational (3/7/10)	49.175
13. vs. Ball State (2/19/09)	49.150
14. USAG Championship (4/10/21)	49.075

Vault

1. vs. Northern Illinois (2/28/20)	49.075
2. vs. Seattle Pacific (2/18/95)	49.000
3. vs. Alaska Anchorage & UIC (2/9/14)	48.975
4. at MIC Championships (3/21/15)	48.950
at MIC Championships (3/22/14)	
6. vs. Illinois State (2/11/11)	48.925
7. USAG Championship (4/10/21)	48.900
vs. Iowa (2/02/08)	
at MIC Championships (3/23/13)	
10. at Southern Utah (2/25/08)	48.875
11. vs. Missouri (2/22/97)	48.850
at Iowa (2/10/95)	
13. at Oklahoma (1/23/15)	48.825
vs. Illinois State (2/13/09)	
at Illinois-Chicago (3/20/08)	
16. at MIC Championships (3/19/21)	48.750
at Ball State (1/27/20)	

Uneven Bars

1. at MIC Championships (3/22/14)	49.250
2. vs. Air Force (3/14/09)	49.175
3. vs. Northern Illinois (2/28/20)	49.050
4. vs. Iowa (3/14/97)	49.025
vs. BYU (2/13/10)	
at Kent State (3/15/13)	
vs. Illinois State (3/9/14)	
8. vs. Centenary (3/6/15)	49.000
vs. Hamline (1/30/04)	
at Illinois State (3/17/03)	
11. vs. Centenary (2/10/08)	48.975
12. vs. Ball State (2/19/09)	48.950
at Texas Woman's (2/23/14)	



Southeast Missouri won the 2021 USA Women's Collegiate National Championship, its first NCAA Division I national title in program history. SEMO tied a program record score of 49.375 on beam en route to winning the event. As a team, the Redhawks posted a score of 195.025.



The 2020 team set the record on vault against Northern Illinois at the Tennessee Collegiate Classic (2/28) in Lebanon, Tennessee, with a mark of 49.075. In that same meet, the team finished with a final score of 195.800, which ranks second all-time and a bars score of 49.050 good for third highest in program history.

**All-Around**

1. Ashley Godwin (3/29/03)	39.550
2. Erin Chenier (3/14/97)	39.525
3. Ashley Godwin (2/14/04)	39.450
4. Erin Chenier (3/11/97)	39.425
5. Dahlia Solorzano-Caruso (2/28/20)	39.350
Ashley Godwin (2/21/04)	
7. Sandra Blake (3/14/09)	39.325
8. Ashley Godwin (3/23/02)	39.275
Erin Chenier (1/27/97)	
10. Erin Chenier (3/8/97)	39.250
11. Dahlia Solorzano-Caruso (4/10/21)	39.225
Alexis Brawner (2x, last 3/18/17)	
Ashley Godwin (1/30/04)	
Vanessa Simmons (3/24/95)	

Vault

1. Kate Farrington (2x, last 3/18/97)	10.000
2. Kate Farrington (3/11/95)	9.950
3. Kate Farrington (3/14/97)	9.925
Megan Fosnow (3/23/13)	
5. Alexis Brawner (3/18/17)	9.900
Ashley Thomas (3/21/15)	
Kate Farrington (3/10/95)	
Megan Fosnow (2/9/14)	
Brianna Gaddie (2x, last 3/19/11)	
10. Sandra Blake (2/2/08)	9.875
Katie Bloom (1/25/04)	
Erin Chenier (twice, last 3/9/98)	
Kate Farrington (twice, last 2/15/97)	
Megan Fosnow (twice, last 3/9/14)	
Brianna Gaddie (3x, last 2/5/11)	
Taylor Huey (2/24/12)	
Renae Parr (2/18/95)	

Uneven Bars

1. Jolie Miller (2/25/22)	9.950
2. Ashley Godwin (2/14/04)	9.925
Malia Roberts (2/21/99)	
3. Erin Chenier (2/27/97)	9.900
Amy Cole (2/17/02)	
Kristin Frohlich (2x, last 3/22/97)	
Ashley Godwin (2/17/02)	
Jacqueline Heath (2/10/08)	
Lauren Israel (3/22/14)	
Emily Mann (3/14/09)	
Christina Sundgren (2x, last 3/19/11)	
Tayrn Vanderpool (2x, last 3/22/14)	
Jolie Miller (3/18/22)	
Lindsay Ockler (3/18/22)	

Balance Beam

1. Ashley Godwin (3/29/03)	9.975
2. Anna Kaziska (4/10/21)	9.925
Tara Boldt (3/29/03)	
Kristin Frohlich (3/22/97)	
Ericka Harrison (3/22/97)	
6. Anna Kaziska (4/11/21)	9.912
7. Anna Kaziska (2/25/22)	9.900
Anna Speller (2/18/22)	
Anna Speller (4/10/21)	
Dahlia Solorzano-Caruso (1/12/20)	
Lauren Israel (2/26/16)	
Taylor Westrick (2x, last 4/7/12)	
Tara Boldt (2/21/04)	
Ashley Godwin (2/21/04)	
Tara Boldt (1/25/04)	
Michelle Walker (3/11/01)	
Stephanie Furman (3/1/01)	
Malia Roberts (2x, last 3/22/97)	
Erin Chenier (1/27/97)	

Floor Exercise

1. Ashley Godwin (2/14/04)	10.000
Erin Chenier (3/14/97)	
Kate Farrington (2x, last 3/14/97)	
4. Anna Kaziska (2x, last 3/12/22)	9.950
Alexis Traylor (2/14/04)	
Kate Farrington (3/24/95)	
7. Anna Kaziska (2x, last 2/11/22)	9.925
Anna Kaziska (2/28/21)	
McKinzie Jones (3/19/16)	
Brianna Gaddie (twice, last 3/7/10)	
Sandra Blake (2/19/09)	
Alexis Traylor (1/25/04)	
Ashley Godwin (2x, last 4/12/03)	
Stephanie Furman (3/24/01)	
Kim Carter-Newell (3/19/94)	



Kate Farrington owns the five best vault scores in program history, including a perfect 10.000 on two occasions.



Ashley Godwin holds the school record on the uneven bars, beam, floor and all-around. Godwin is one of just three gymnasts to record a perfect 10.000.



Kristin Frohlich ranks second all-time on beam and third on bars.



2023 SOUTHEAST MISSOURI GYMNASTICS

USGF & NIT ALL-AMERICANS



Diana Morris
1988 USGF Division II
Beam Champion



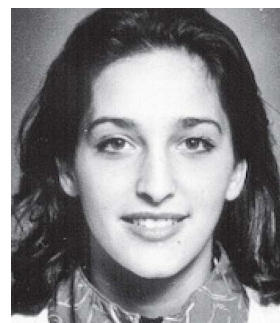
Kim Carter-Newell
1991 USGF Division II
Floor/Bar Champion



Cheri Peterson
1991 USGF Division II
Vault/All-Around Champion



Alice Thier
1995 NIT Beam
Champion

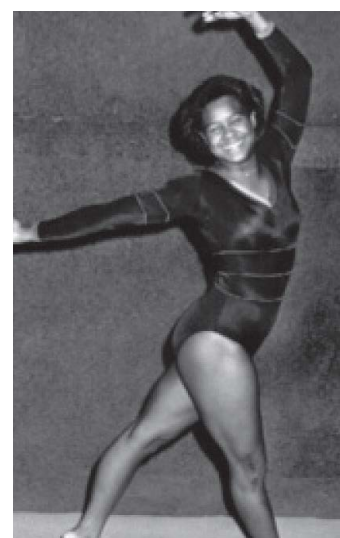


Erin Chenier
1995 NIT Beam
Champion

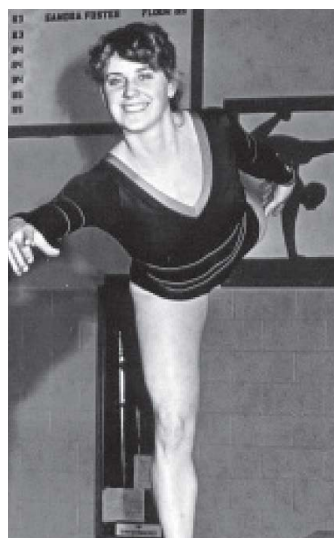
SEMO GYMNASTICS



Aimee Bernier
Two-time All-American
Balance Beam



Jocelyn Scroggins
1990 Vault All-American



Diana Morris
Five-time All-American
1984-88



Sandra Blake
SEMO's first Academic
All-American

<u>Year</u>	<u>Gymnast</u>	<u>Event(s)</u>
1982	Jeanne Nass	Beam
	Debbie Holtgrieve	Beam
	Toni Niemiec	Beam
1983-84	Laurie Schoenbaum	Beam, Floor
1984	Margaret Heidbrier	Vault
	Vici Strini	Bars
1984-88	Diana Morris	Vault, Bars, Beam, Floor, All-Around
1985-86	Sandra Foster	Vault, Bars, Floor
1985-87	Jean Kless	Bars
1987	Tammy Hener	Beam
	Trace Walsh	Bars, Beam, All-Around
1988-89	Wendy Facklam	Vault, Beam
1989	Jennifer Schutt	Floor
1988-91	Cheri Peterson	Vault, Bars, Beam, Floor, All-Around
1990	Ginger Dukes	Vault
	Jocelyn Scroggins	Vault
1990-91	Aimee Bernier	Beam
	Jill Prystalski	Beam, Floor
1991	Kim Carter-Newell	Vault, Bars, Beam, Floor, All-Around
	Vanessa Simmons	Bars
	Traci Willis	Vault
1995	Alice Thier	Beam
	Erin Chenier	Beam
2008-09	Sandra Blake	Academic

**Gymnast of the Year**

Tara Boldt	2005
Sandra Blake	2006
Rikara Turner	2009
Alexis Brawner	2016
Anna Kaziska	2020

Newcomer of the Year

Allison Ezell	2005
Sandra Blake	2006
Rikara Turner	2007
Taylor Penzien	2013
Alyssa Tucker	2014
Anna Kaziska	2019

Senior Gymnast of the Year

Christina Sundgren	2011
Ashley Thomas	2017
Anna Kaziska	2022

Coach of the Year

Tom Farden	2006
Tom Farden	2007
Tom Farden	2008
Tom Farden	2009
Ashley Lawson	2020
- WCGA Region 4 Coach of the Year	
- USAG Ken Anderson Coach of the Year	
Ashley Lawson	2021
- USAG Ken Anderson Coach of the Year	

Assistant Coach of the Year

Brogan Evanson	2007
Brogan Evanson	2008
Jimmy Wickham	2010
Jessie Kinder-Vasquez	2011
Sarah Shire Brown	2014

1992

Vanessa Simmons	All-Around
Heather Markle	Uneven Bars
Tricia Wells	Uneven Bars

1996

Kate Farrington	Vault
	Floor Exercise

1997

Erin Chenier	Vault
Kate Farrington	Vault

1998

Malia Roberts	Uneven Bars
	All-Around

2001

Stephanie Furman	Vault
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2002

Ashley Godwin	Uneven Bars
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2003

Ashley Godwin	Balance Beam
	Floor Exercise
	All-Around

2004

Tara Boldt	Balance Beam
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2007

Jena Nguyen	Floor Exercise
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2008

Sandra Blake	Floor Exercise
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2009

Sandra Blake	Vault
	Floor Exercise
	All-Around

2010

Emily Mann	Uneven Bars
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2011

Brianna Gaddie	Vault
	Floor Exercise
Christina Sundgren	Uneven Bars
	All-Around
Taylor Westrick	Balance Beam

2012

Taylor Westrick	Balance Beam
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2013

Megan Fosnow	Vault
Taryn Vanderpool	Uneven Bars

2014

Chelsi Hamilton	Floor Exercise
Lauren Israel	Uneven Bars
Ashley Thomas	Vault

2016

Alexis Brawner	Vault
McKinzie Jones	Floor Exercise
Alyssa Tucker	Uneven Bars

2017

Alexis Brawner	Vault
	All-Around

2018

Alexis Brawner	Vault
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2019

Mackenzie Slee	Vault
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2020

Anna Kaziska	Vault (NQS)*
	All-Around (NQS)*

2021

Dahlia Solorzano-Caruso	Balance Beam
	Uneven Bars
	Vault
	Floor Exercise
	All-Around
Molly Maxwell	All-Around
Jolie Miller	Uneven Bars
	Balance Beam
Michael Sanders	Vault
	Floor Exercise
Anna Kaziska	Vault
	Floor Exercise
Alana Fischer	Uneven Bars
Anna Speller	Balance Beam
Jordan Jones	Floor Exercise

2022

Lindsay Ockler	Uneven Bars
	Vault
Jolie Miller	Uneven Bars
Anna Kaziska	Balance Beam
	Floor Exercise
Lydia Webb	All-Around
	Uneven Bars
	Balance Beam
	Floor Exercise
Molly Maxwell	All-Around
	Floor Exercise
Madison Greene	Vault
	Floor Exercise
Nyah Reader	Floor Exercise

Note: 2020 MIC Championship was canceled due to COVID-19 pandemic.



Tom Farden, currently Utah's Head Gymnastics Coach, won MIC Coach of the Year honors four years in a row during his time at Southeast Missouri. SEMO was Farden's first head coaching job from 2004-09.



2023 SOUTHEAST MISSOURI GYMNASTICS

NCAA & USA GYMNASTICS QUALIFIERS

NCAA Division I National Qualifiers

Cheri Peterson, Uneven Bars	1991	15th
Taylor Westrick Balance Beam	2012	26th

NCAA Division I Regional Team Qualifiers

1992	6th
1993	7th
1995	7th
1997	7th
2006	5th
2008	5th

NCAA Division I Regional Qualifiers

Kim Carter-Newell, All-Around	1994	18th
Erin Chenier, All-Around	1996	25th
Erin Chenier, All-Around	1998	14th
Malia Roberts, All-Around	1998	16th
Malia Roberts, Uneven Bars	1999	28th
Stephanie Furman, Vault	1999	34th
Stephanie Furman, Vault	2000	-
Malia Roberts, Uneven Bars	2000	-
Ashley Godwin, All-Around	2002	11th
Michelle Walker, Floor Exercise	2002	21st
Ashley Godwin, All-Around	2003	19th
Ashley Godwin, Floor Exercise	2003	2nd
Tara Boldt, All-Around	2004	11th
Ashley Godwin, All-Around	2004	21st
Alexis Traylor, Floor Exercise	2004	20th
Tara Boldt, All-Around	2005	13th
Katie Bloom, All-Around	2005	17th
Jena Nguyen, Balance Beam	2007	8th
Bryanna Wong, All-Around	2007	16th
Sandra Blake, All-Around	2007	19th
Rikara Turner, All-Around	2007	20th
Brianna Gaddie, Floor Exercise	2009	14th
Sandra Blake, All-Around	2009	15th
Rikara Turner, All-Around	2009	16th
Christina Sundgren, Uneven Bars	2009	36th
Brianna Gaddie, Floor Exercise	2010	12th
Jordan Salsberg, All-Around	2010	17th
Rikara Turner, All-Around	2010	DNC
Christina Sundgren, Uneven Bar	2011	11th
Taylor Westrick, All-Around	2011	17th
Brianna Gaddie, Vault	2011	30th
Taylor Westrick, Balance Beam	2012	1st
Megan Fosnow, All-Around	2012	17th
Taryn Vanderpool, All-Around	2013	12th
Alyssa Tucker, All-Around	2014	7th
Taryn Vanderpool, All-Around	2014	13th
Ashley Thomas, All-Around	2015	9th
Alexis Brawner, All-Around	2016	7th
Lauren Israel, All-Around	2016	12th
McKinzie Jones, Floor Exercise	2016	14th
Alexis Brawner, All-Around	2017	12th

Alexis Brawner, Floor Exercise	2018	30th
Anna Kaziska, Floor Exercise	2019	17th
Anna Kaziska, Floor Exercise	2021	3rd
Anna Kaziska, Balance Beam	2021	9th
Anna Kaziska, Floor Exercise	2022	28th
Jolie Miller, Uneven Bars	2022	41st

USA Gymnastics Championship Qualifiers

Alexis Brawner, Vault*	2018	6th
Alexis Brawner, Uneven Bars*	2018	6th
Alexis Brawner, Floor Exercise	2018	7th
Gabrielle Adams, Vault	2018	23rd
Megan Dennis, Balance Beam	2018	12th
Alana Fischer, Balance Beam	2018	14th
Alana Fischer, Uneven Bars	2018	26th
Samantha Gallet, Uneven Bars	2018	14th
Samantha Gallet, Vault	2018	26th
McKinzie Jones, Balance Beam*	2018	3rd
McKinzie Jones, Floor Exercise	2018	10th
McKinzie Jones, Uneven Bars	2018	28th
McKenna Stanley, Uneven Bars*	2018	6th
Anna Kaziska, Balance Beam*	2019	2nd
Anna Kaziska, Floor Exercise*	2019	2nd
Anna Kaziska, All-Around*	2019	5th
Anna Kaziska, Uneven Bars*	2019	8th
Anna Kaziska, Vault	2019	18th
Gabrielle Adams, Vault*	2019	8th
Alana Fischer, All-Around	2019	7th
Alana Fischer, Uneven Bars	2019	12th
Alana Fischer, Balance Beam	2019	20th
Alana Fischer, Vault	2019	27th
Alana Fischer, Floor Exercise	2019	27th
Mackenzie Slee, Vault*	2019	8th
Mackenzie Slee, Floor Exercise	2019	22nd
Anna Kaziska, All-Around*	2020	-
Anna Kaziska, Balance Beam*	2020	-
Anna Kaziska, Floor Exercise*	2020	-
Dahlia Solorzano-Caruso, All-Around*	2020	-
Dahlia Solorzano-Caruso, Uneven Bars*	2020	-
Mackenzie Slee, Senior All-Star	2020	-
Anna Kaziska, Balance Beam*	2021	1st
Anna Kaziska, Floor Exercise*	2021	2nd
Anna Kaziska, Vault*	2021	4th
Jolie Miller, Uneven Bars*	2021	3rd
Jolie Miller, Balance Beam*	2021	-
Molly Maxwell, Balance Beam*	2021	-
Molly Maxwell, Floor Exercise*	2021	-
Molly Maxwell, All-Around*	2021	4th
Anna Speller, Balance Beam*	2021	-
Jordan Jones, Floor Exercise*	2021	-
Dahlia Solorzano-Caruso, Uneven Bars*	2021	3rd
Dahlia Solorzano-Caruso, Balance Beam*	2021	-
Dahlia Solorzano-Caruso, All-Around*	2021	1st
Dahlia Solorzano-Caruso, Floor Exercise*	2021	4th

Michael Sanders, Vault*	2021	5th
Gabrielle Adams, Vault*	2021	-
Lindsey Bates, Uneven Bars*	2021	-
Alana Fischer, Uneven Bars*	2021	2nd
Anna Kaziska, Balance Beam*	2022	1st
Anna Kaziska, Floor Exercise*	2022	1st
Lindsay Ockler, Uneven Bars*	2022	1st
Jolie Miller, Uneven Bars*	2022	1st
Jolie Miller, Balance Beam	2022	9th
Lydia Webb, Balance Beam*	2022	4th
Lydia Webb, Floor Exercise*	2022	7th
Lydia Webb, Uneven Bars*	2022	8th
Madison Greene, Floor Exercise*	2022	11th
Nyah Reader, Balance Beam*	2022	-
Molly Maxwell, Balance Beam*	2022	-
Molly Maxwell, Floor Exercise*	2022	-
Molly Maxwell, All-Around*	2022	-

* - Denotes All-American

There was no USA Gymnastics Championship in 2020 due to the COVID-19 pandemic.

USA Gymnastics Team Champions

2021

USAG Ken Anderson Coach of the Year

Ashley Lawson 2021

USAG Assistant Coach of the Year

Vandavea Alexander 2021

Mari Rae Sopper Spirit Award

Makenzie Marciniak 2021



Anna Kaziska secured the 2021 USA Gymnastics Women's Collegiate National Beam Championship Sunday afternoon at the Show Me Center.

Kaziska led a contingent of five Redhawks Sunday in the 2021 USAG Women's Collegiate National Championships Individual Event Finals. Southeast Missouri women's gymnastics captured eight individual event medals in the second day of the Championships.

Kaziska, a junior from Louisville, Kentucky, tallied a 9.912 to win the beam event title after finishing as the runner-up at the 2019 edition of the Championships.

Senior Alana Fischer tied for second on beam, compiling a career-best matching 9.850 in her third career USAG Individual Event appearance.

Kaziska also finished as the runner-up on floor with a 9.875 after also earning second at the 2019 USAG Championships.

Solorzano-Caruso finished fourth on floor, totaling 9.862.

Jolie Miller and Solorzano-Caruso also tied for third overall on bars with consecutive 9.812s.

Kaziska captured her third medal of the day, placing fourth on vault with a score of 9.762. Michael Sanders added a mark of 9.725 to tie for fifth on the event.

For Kaziska, it was her second USAG individual event finals and the first for Solorzano-Caruso, Sanders and Miller.

Maddie Gose of Texas Woman's won the vault with a score of 9.862. Centenary's Taylor Ann Wilson compiled a 9.875 for the bars title.

USA Gymnastics announced its 2021 All Americans based on the team finals. SEMO earned 18 All-America selections, including 17 First-Team nods.

Solorzano-Caruso was named a First-Team All-American for all-around, bars, beam and floor. Kaziska garnered First-Team laurels for vault, beam and floor.

Miller was named a First-Team All-American for bars and beam.

Molly Maxwell was named to the First-Team for all-around and beam and the Second-Team for floor.

Sanders (vault), Gabrielle Adams (vault), Lindsey Bates (bars), Anna Speller (beam), Fischer (beam) and Jordan Jones (floor) were also

awarded First-Team honors.

Southeast Missouri women's gymnastics captured the 2021 USA Gymnastics Women's Collegiate National Championship Saturday afternoon at the Show Me Center

with a team-score of 195.025.

Trailing Lindenwood 145.725-145.650 entering the final rotation, SEMO tied a program-best 49.375 on beam to secure the Championship.





2023 SOUTHEAST MISSOURI GYMNASTICS

TEAM TITLES & HONORS

USA Gymnastics Team Champions

2021

Midwest Independent Conference Champions

1997

2009

2011

2014

NCAA Division I Regionals

1992

1993

1995

1997

2006

2008

USGF Division II National Champions

1987

1991

AIAW/NCAA/USGF Division II Nationals

1980

1981

1982

1983

1984

1985

1986

1987

1988

1989

1990

1991

NCAA/USGF Division II Regional Champions

1982

1983

1984

1985

1986

1987

1988

1989

NCAA/USGF Division II Regionals

1980

1981

1982

1983

1984

1985

1986

1987

1988

1989

1990

1991

NACGC/W Academic National Champions

2007

2008

2009

2011

2013



The 1987 team won the USGF Division II National Championship behind four All-Americans. That team was inducted into the Southeast Missouri Hall of Fame in 2004.



In it's final Division II season, Southeast won its second USGF Division II title and had six All-Americans. Cheri Peterson qualified for the NCAA Division I Individual Championships on uneven bars. That team was inducted into the Southeast Missouri State Hall of Fame in 2003.

2023 SOUTHEAST MISSOURI GYMNASTICS

COACHING HISTORY



<u>Year</u>	<u>Head Coach</u>	<u>Record</u>	<u>Conference Finish</u>	<u>Regionals</u>	<u>Nationals</u>
1976	Sarah Stensil	2-5	-	-	-
1977	Jon Rose	1-4	-	-	-
1978	Jon Rose	1-5	-	-	-
1979	Jon Rose	7-9	-	-	-
1980	Bill Hopkins	9-2	-	4th	10th AIAW
1981	Bill Hopkins	20-4	-	2nd	8th AIAW
1982	Bill Hopkins	31-8	-	1st	3rd NCAA-II
1983	Bill Hopkins	36-10	-	1st	3rd NCAA-II
1984	Bill Hopkins	20-6-1	-	1st	2nd NCAA-II
1985	Bill Hopkins	20-5	-	1st	2nd NCAA-II
1986	Bill Hopkins	13-6	-	1st	2nd NCAA-II
1987	Bill Hopkins	16-10	-	1st	1st USGF-II
1988	Bill Hopkins	24-6	-	1st	2nd USGF-II
1989	Bill Hopkins	23-9	-	1st	3rd USGF-II
1990	Bill Hopkins	28-11	-	6th	2nd USGF-II
1991	Bill Hopkins	36-8	-	4th	1st USGF-II
1992	Bill Hopkins	19-10	2nd MIC	6th	-
1993	Bill Hopkins	27-14	2nd MIC	7th	2nd NIT
1994	Bill Hopkins	16-17	4th MIC	-	5th NIT
1995	Bill Hopkins	19-17	3rd MIC	7th	3rd NIT
1996	Bill Hopkins	18-16	2nd MIC	-	3rd NIT
1997	Bill Hopkins	24-14	1st MIC	7th	2nd NIT
1998	Kris Buchheister	14-8	2nd MIC	-	-
1999	Kris Buchheister	12-12	3rd MIC	-	-
2000	Patty Stotzheim	5-15	3rd MIC	-	-
2001	Patty Stotzheim	10-11	2nd MIC	-	-
2002	Patty Stotzheim	9-11	3rd MIC	-	-
2003	Patty Stotzheim	11-13	4th MIC	-	-
2004	Tom Farden	15-7	2nd MIC	-	-
2005	Tom Farden	6-11	4th MIC	-	-
2006	Tom Farden	10-11	3rd MIC	6th	-
2007	Tom Farden	17-9	3rd MIC	-	-
2008	Tom Farden	9-7	2nd MIC	5th	-
2009	Tom Farden	14-3	1st MIC	-	-
2010	Kristi Ewasko	18-7	3rd MIC	-	-
2011	Kristi Ewasko	12-8	1st MIC	-	-
2012	Kristi Ewasko	2-15	5th MIC	-	-
2013	Kristi Ewasko	8-9	3rd MIC	-	-
2014	Kristi Ewasko	16-5	1st MIC	-	-
2015	Kristi Ewasko	7-13	4th MIC	-	-
2016	Kristi Ewasko	12-14	2nd MIC	-	-
2017	Kristi Ewasko	8-16	5th MIC	-	-
2018	Brittney Emmons	7-17	4th MIC	-	-
2019	Ashley Lawson	0-24	6th MIC	-	-
2020	Ashley Lawson	10-7	3rd MIC*	-	-
2021	Ashley Lawson	11-10	3rd MIC	-	USAG Champions
2022	Ashley Lawson	2-18	4th MIC	-	3rd USAG
47 Years	9 Head Coaches	655-490-1			

<u>Head Coach</u>	<u>Record</u>	<u>Years</u>
Sarah Stensil	2-5	1
Jon Rose	9-18	3
Bill Hopkins	399-173-1	18
Kris Buchheister	26-20	2
Patty Stotzheim	35-50	4
Tom Farden	71-48	6

<u>Head Coach</u>	<u>Record</u>	<u>Years</u>
Kristi Ewasko	82-83	8
Brittney Emmons	7-17	1
Ashley Lawson	23-59	4

* - 2020 MIC Championships canceled due to COVID-19 pandemic. Conference finish based on NQS.



2023 SOUTHEAST MISSOURI GYMNASTICS

RECORDS VS. ALL OPPONENTS

Air Force	17-3	Minnesota State-Mankato.....	2-0	Wisconsin-La Crosse	11-0
Alabama.....	0-11	Missouri.....	8-35	Wisconsin-Oshkosh.....	14-0
Alaska Anchorage.....	7-1	Morehead State.....	1-0	Wisconsin-Platteville.....	1-0
Arkansas.....	0-4	Murray State.....	1-0	Wisconsin-Stout.....	3-0
Arizona.....	0-3	Nebraska.....	1-5	Wisconsin-Whitewater.....	3-1
Auburn.....	2-13	New Hampshire.....	3-2	Yale.....	1-0
Ball State.....	19-13	North Carolina.....	1-1		
Bemidji State.....	1-0	Northeastern.....	1-0		
Boise State.....	4-4	Northern Colorado.....	4-0		
Bowling Green.....	7-6	Northern Illinois.....	23-21		
Bridgeport.....	6-1	Northern Iowa.....	1-0		
Brigham Young.....	1-5	Northern Michigan.....	7-0		
Cal Poly.....	3-1	Northwestern.....	2-0		
Cal State Fullerton.....	0-1	Notre Dame.....	1-0		
California.....	0-1	Ohio State.....	1-5		
Centenary.....	54-7	Oklahoma.....	1-8		
Central Arkansas.....	3-0	Oral Roberts.....	1-0		
Central Michigan.....	2-5	Oregon State.....	0-2		
Central Missouri.....	1-0	Pennsylvania.....	1-1		
Cornell.....	2-1	Penn State.....	0-3		
Denver.....	1-7	Pittsburgh.....	1-1		
DuPage.....	1-0	Purdue.....	1-0		
Eastern Illinois.....	1-0	Rutgers.....	3-0		
Eastern Michigan.....	8-6	Sacramento State.....	0-1		
Emporia State.....	3-0	San Jose State.....	1-1		
Florida.....	0-4	St. Ambrose.....	1-0		
Fort Hays State.....	12-0	Seattle Pacific.....	11-1		
Georgia College.....	3-0	South Dakota State.....	1-0		
George Washington.....	1-1	Southern Arkansas.....	6-0		
Gustavus.....	1-0	Southern Connecticut.....	1-0		
Hamline.....	3-0	Southern Illinois.....	6-5		
Harding.....	1-0	Southern Utah.....	1-1		
Houston Baptist.....	3-3	Springfield.....	1-0		
Illinois.....	7-17	TCU.....	1-0		
Illinois-Chicago.....	38-31	Temple.....	1-2		
Illinois State.....	64-41	Tennessee.....	1-0		
Indiana.....	5-1	Texas.....	0-1		
Indiana (Pa.).....	3-3	Texas A&M.....	1-0		
Indiana State.....	3-2	Texas State.....	3-0		
Iowa.....	18-12	Texas Woman's.....	55-25		
Iowa State.....	5-12	Towson.....	2-1		
Ithaca.....	1-0	UC Davis.....	2-0		
Jacksonville State.....	6-2	Utah State.....	0-1		
Jefferson State.....	1-0	Valparaiso.....	17-0		
Kent State.....	1-7	Washburn.....	5-0		
Kentucky.....	4-8	Washington.....	0-2		
Lindenwood.....	8-23	Westchester.....	1-0		
Louisiana State.....	1-10	West Virginia.....	1-2		
Louisville.....	1-9	Western Illinois.....	4-2		
Maryland.....	1-0	Western Kentucky.....	1-0		
Massachusetts.....	1-0	Western Michigan.....	7-6-1		
Memphis.....	1-2	Wheaton.....	13-0		
Miami (Fla.).....	1-0	William & Mary.....	2-0		
Michigan.....	2-7	Winona State.....	26-2		
Michigan State.....	2-10	Wisconsin.....	1-3		
Minnesota.....	2-3	Wisconsin-Eau Claire.....	3-0		

2023 SOUTHEAST MISSOURI GYMNASTICS

ALL-TIME LETTERWINNERS



Danyelle Aber (2005-07)
Gabrielle Adams (2018-21)
Ashley Albrecht (2020-22)
Michelle Albury (2002-03)
Shelly Allison (1987)
Jessica Bagwill (1999-02)
Kelly Baldridge (2003-05)
Patty Barrow (1984-86)
Laurie Bartelt (1995)
Lindsey Bates (2018-21)
Cheryl Bauer (1978-79)
Allyson Bell (2016-19)
Kendra Benak (2017-19)
Mary Bentrup (1977-79)
Aimee Bernier (1990-93)
Sandra Blake (2006-09)
Katie Bloom (2002-05)
Tara Boldt (2003-06)
Erin Brady (2012-15)
Rebekah Brajcki (1995-98)
Alexis Brawner (2015-18)
Sarah Brillhart (2011)
Jennifer Brittain (1994)
Carol Brommer (1977)
Nadine Brown (1987)
Heather Browning (1997-00)
Rachel Buckner (1990-92)
Gina Bufe (1984-87)
Kelly Burns (1983-84)
Donna Carr (1990-92)
Kim Carter (1991, 1994)
Erin Chenier (1996-99)
Jordan Clark (2015-16)
Amy Cole (2000-03)
Talia Cover (2002-03)
Aaron Craig (1996-99)
Gail Crumpecker (1977)
Suzanne Daher (1985)
Karen DeSalvo (1978-79)
Linda Deitz (1978-81)
Megan Dennis (2018-2019)
Mallory Desch (2020-present)
Jennifer Dinan (2006-09)
Lauren Dinan (2008-10)
Jacklyn Doebbler (2001-04)
Maureen Dougherty (1981)
Jessica Dunbar (1997-00)
Ginger Dukes (1989-90)
Paula Dusenberry (1984-85)
Crystal Eberhardt (2002-05)
Cari Egbert (1997-00)
Lisa Enge (1981)
Tanya Etie (1995)
Alison Ezell (2005-08)
Wendy Facklam (1988-90)
Kate Farrington (1994-97)
Andrea Farris (1997)
Kendra Farris (1997)
Cindy Feaster (1980-82)

Anna Fink (2002-03)
Alana Fischer (2018-2021)
Taylor Fishkin (2020-present)
Megan Fosnow (2011-14)
Cindy Foster (1986-87)
Sandra Foster (1983-86)
Kristin Frohlich (1995-98)
Stephanie Furman (1999-02)
Traci Flippo (2002-04)
Brianna Gaddie (2008-11)
Samantha Gallet (2018-19)
Amber Garlotte (2007-10)
Emma Garrett (2011-12)
Amanda Gdovicak (1997-99)
Tamara Gent (2012)
Kara Gibbons (2008-10)
Julie Gilbert (1980-81)
Ashley Godwin (2001-04)
Nancy Greco (1982-83)
Madison Greene (2022-present)
Caralyn Grigo (1978-81)
Maureen Grimaldi (2006-08)
Amanda Grimes (2003-06)
Leigh Guemmer (1978-81)
Brittany Hadj Romdhane (2016)
Cheryl Hagene (1994-95)
Leah Halleman (1986-87)
Chelsi Hamilton (2014-16)
Karen Hamilton (1999-02)
Ericka Harrison (1997-00)
Haven Haswell (2018)
Tiffany Hatfield (2003)
Lisa Heaman (1986-87)
Hayli Huiner (2013-14)
Jacqueline Heath (2007-11)
Margaret Heidbrier (1982-85)
Lexie Hein (2004-06)
Tammy Hener (1987-90)
Debbie Holtgrieve (1983-84)
Gina Hoormann (1984)
Taylor Huey (2012-13)
Lisa Hughes (1986-87)
Gabrielle Isola (1981)
Lauren Israel (2014-16)
Carrie Johnson (1990-93)
Jordan Jones (2020-present)
McKinzie Jones (2016-18)
Kathy Kahre (1978-79)
Kasey Karban (2001)
Anna Kaziska (2019-22)
Jennifer Kaye (2005)
Meredith Keen (1997)
Alex King (2006)
Jean Klees (1984-87)
Karen Kohrs (1977)
Amy Kovacs (1990-93)
Melanie Krehl (1998-00)
Kelley Krengiel (2007-10)
Diane Laszczak (1988-89)

Jennifer Laszczak (1989)
Diane Lattimore (1993-95)
Lilly Le (2004)
Mindi Lineweber (2005)
Cristie Logan (1995-99)
Janelle Lopez (2022-present)
Stephanie Maloney (1990-92)
Laura Mangan (1987)
Emily Mann (2009-10)
Makenzie Marciniak (2020-22)
Nancy Marcotte (1978-79)
Heather Markle (1990-92)
Samantha Marrero (2011-14)
Chloe Marshall (2014-15)
Molly Maxwell (2020-present)
Maureen McDonough (1981)
Lisa McFarland (1977)
Tami McGaugh (1982)
Wendi Meier (1985-88)
Marcy Meyers (1980)
Jolie Miller (2020-present)
Kelly Miller (1992-95)
Ami Mills (1983)
Paige Milroy (1989-92)
Traci Mitchell (2000)
Lindsey Moffitt (2020-present)
Erica Moore (2008-11)
Diana Morris (1985-88)
Jeanne Nass (1982-83)
Leigh Nelson (1989)
Jena Nguyen (2007-10)
Toni Niemiec (1982-83)
Kim Oblak (1994)
Lindsay Ockler (2022-present)
Kim Oetter (1994-96)
Deanna Ogg (2003)
Margaret O'Neal (2011-12)
Megan Owen (1997-99)
Sarah Pack (1992-93)
Renae Parr (1993-95)
Maggie Paubel (2003)
Taylor Penzien (2013-16)
Cheri Peterson (1989-91)
Kimberly Pickerl (2011-14)
Raina Ponartz (1989)
Bristol Powelski (2004-06)
Laura Prentice (1988-89)
Jill Prystalski (1990-93)
Judy Pyle (1986-87)
Nyah Reader (2022-present)
Jaci Roberts (1977)
Kim Roberts (1990-91)
Malia Roberts (1997-00)
Traci Roberts (1988-92)
Lauren Ross (2000)
Chrissy Rushton (1989)
Jordan Salsberg (2010)
Michael Sanders (2018-21)
Tracey Sauls (1988)

Laurie Schenbaur (1982-85)
Amanda Schoenbaum (2008-10)
Jennifer Schutt (1989-92)
Deanne Schwartz (1985)
Starlyn Schwartz (2006-09)
Kenna Skepnek (2018-2019)
Jocelyn Scroggins (1987-90)
Angela Serafini (2011-12)
Heather Sharp (1994)
Dawn Shuda (1986-87)
Vanessa Simmons (1991-95)
Mackenzie Slee (2017-2020)
Erica Smith (1995-99)
Kathy Smith (1998-01)
Sandi Smith (1980-83)
Christa Soekamto (2009-11)
Dahlia Solorzano-Caruso (2020-21)
Anna Speller (2021-present)
Candace Spicer (2000-03)
McKenna Stanley (2015-18)
Kelsey Stauffer (2006-08)
Alexandria Stokes (2014-16)
Hazel Stricker (1997-98)
Vici Strini (1982-85)
Sophia Studdard (2021-present)
Christina Sundgren (2008-11)
Courteney Taylor (2017)
Lydia Test (2021-22)
Alicia Thier (1993-96)
Ashley Thomas (2014-17)
Erika Thomas (2006)
Maya Tran (2019)
Alexis Traylor (2002-05)
Kathy Tronzo (1982-83)
Alyssa Tucker (2014-16)
Rikara Turner (2007-10)
Chelsea Unold (2006)
Taryn Vanderpool (2011-14)
Annette Vaughn (1988)
Olivia Vincent (2016)
Carol Wade (1988-89)
Stephanie Walbran (1985)
Bailey Walker (2014-15)
Michelle Walker (1999-02)
Jen Wall (1997-98)
Trace Walsh (1986-87)
Natalie Watts (2004-05)
Patty Watts (1985-88)
Lydia Webb (2021-present)
Taylor Westrick (2011-12)
Tessa Whitaker (1987-90)
Alicia White (2001)
Jordan Williams (2018)
Shannon Williams (1991)
Traci Wills (1991-94)
Tricia Wills (1992)
Elenor Wilson (1999-02)
Bryanna Wong (2007-10)



SEMOTM

GYMNASTICS

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