



VISITORS GUIDE

2022-23 SOUTHEAST MISSOURI VISITING TEAM INFORMATION



SEMOREDHAWS.COM

Welcome to **Southeast Missouri**

Southeast Missouri State University's 325-acre campus is located in the heart of historic Cape Girardeau on the Mississippi River midway between Memphis and St. Louis. Founded in 1873, the University has evolved into a comprehensive institution offering over 200 areas of study. The University has an enrollment of 11,502 students, and boasts outstanding programs in business, education, the health professions, liberal arts, science and technology, and the visual and performing arts. When the River Campus opened in 2007, Southeast became the Midwest's only institution with a campus dedicated to art, dance, music and theatre. The University has more than 150 student organizations including 13 fraternities and sororities. Southeast competes in NCAA Division I athletics and is a member of the Ohio Valley Conference. The 70,000 residents of the area are friendly and welcoming, making Cape Girardeau a college town in every sense. **We hope your visit is pleasant!**

Southeast Missouri State **Athletics Mission**

Southeast Missouri State University is committed to enhancing the University's educational mission by supporting student-athletes in their academic, athletic and personal development.

Our **Vision**

To be the premier athletics department within the Ohio Valley Conference, excelling academically and athletically, while preparing our student-athletes for life after sport.

Our Commitment to **Diversity and Cultural Competence**

Southeast Missouri State University Athletics strives to create an environment that fosters collaboration and facilitates an open exchange of the unique perspectives that each individual brings. These experiences will enrich the learning environment and better prepare our coaches, staff and student-athletes to make thoughtful contributions in our diverse society. Southeast Missouri State University prohibits all forms of discrimination on the basis of race, color, ethnicity, religion, national origin, sex, sexual orientation, gender identity, age, genetic information, disability, or protected veteran status. The Department of Athletics is dedicated to this guiding principle and is committed to attracting and retaining coaches and staff who reflect the diversity of our student-athlete population.

Table of **Contents**

Welcome to Cape Girardeau	
Athletics Mission Statement.....	1
Athletics Administration.....	2
Transportation & Directions.....	2
Visiting Team Information.....	3
Amenities & Locker Rooms	
Athletic Training Services	
Officials	
Police Escorts	
Press/Media	
Spirit Groups/Band	
Tickets/Complimentary Pass List	
Facility Information.....	4-6
Houck Field (Football, Soccer)	
Show Me Center (Basketball)	
Capaha Field (Baseball)	
Houck Field House (Volleyball, Gymnastics)	
Southeast Softball Complex	
Abe Stuber Track & Field Complex	
Redhawks Tennis Complex	
Hotel Information.....	7
Restaurant Information.....	8-9
Team Discounts for IMO's Pizza.....	10-11
Campus Map.....	12
Complimentary Admissions List.....	13



Athletics Mailing Address

Southeast Missouri State University Athletics
One University Plaza MS 0200
Cape Girardeau, MO 63701

Physical Street Address

1221 Broadway
Cape Girardeau, MO 63701

Athletics Ticket Office

(573) 651-2113

Athletics Website

SEMOredhawks.com

Transportation

Cape Girardeau is located midway between St. Louis and Memphis on Interstate 55. Cape Girardeau Regional Airport provides commuter service from St. Louis. Rental cars/vans are available from Enterprise (573-339-7800). If a charter bus is required, please contact the Athletics Business Office (573) 651-2642 for information.

Directions

The Southeast Missouri State University Campus is bordered on the east by Sprigg Street, on the south by Broadway, the west by Henderson, and the north by Bertling. Directions to each athletic facility are available online at SEMORedhawks.com under Facilities.

Directions from Illinois (East of Mississippi River)

Illinois Route 3 to Route 146; cross Mississippi River Bridge to Sprigg Street (turn right).

Directions from Illinois (West of Mississippi River)

From West of Mississippi River: I-55 north from Memphis or south from St. Louis. Exit at Route K (exit #96 east). Stay on Route K/William Street. For west side of campus (Houck Field, Houck Field House, Rosengarten): Turn left on West End to Broadway (turn right). For east and north sides of campus (Show Me Center, Track Complex, Softball Complex and Tennis): Continue past West End Blvd. on William Street to Sprigg Street (turn left); go approximately 10 blocks. Maps are available on the Southeast Missouri State University website SEMO.edu.



Athletics Administration

Director of Athletics

Brady Barke.....(573) 651-2229

Associate Director of Athletics, External Affairs

Nate Saverino.....(573) 651-2962

Assistant Director of Athletics, Compliance

Angela Black.....(573) 986-6844

Assistant Director of Athletics, Strategic Communications

Jeff Honza.....(573) 651-2933

Coordinator of Facilities & Event Management

Kent Phillips.....(573) 651-2818

Coordinator of Ticket Sales & Service

T.J. Bartels(573) 651-2594

Coordinator of Marketing & Engagement

Sawyer Becherer(573) 651-2006

Business Operations

Carly Bronerant.....(573) 651-2642

Co-Head Athletic Trainers

Ben Fox.....(573) 986-6764

Amanda Martin(573) 986-6764



Visiting Team **Information**

Amenities and Locker Rooms

Water, cups and ice are provided to visiting teams. Towels are provided for certain sports upon request; please contact Kent Phillips for information (573) 651-2818. Fully-equipped locker rooms for visiting teams are located in Houck Field House and the Show Me Center.

Sports Medicine Services

Athletic training rooms are located at Houck Field, Houck Field House and the Show Me Center. The main athletic training facility is located in the Rosengarten Athletic Complex. For your convenience, the traditional training items will be available during your practice and game (water, cups, ice, ice bags, biohazard materials, etc.). Some sports require specialized items and these will be provided for those contests. If your team is not going to be accompanied by a Certified Athletic Trainer, please notify us prior to your arrival so a host student trainer can be provided for your team. If you have any questions or special needs, please contact Co-Head Athletic Trainers Ben Fox and Amanda Martin (573) 986-6764.

Officials

Officials are assigned by the Ohio Valley Conference (or the home team for non-conference sports/contests). Contractual agreements are honored for split crews if applicable.

Police Escorts

Arrangements for police escorts must be made through the Southeast Missouri State University Department of Public Safety at (573) 651-2215.

Press/Media

Statistics will be provided for all events by the Strategic Communications staff. Contact Jeff Honza, Assistant Director of Athletics for press arrangements (573) 651-2933. Due to construction at Houck Field, there is no press box space available for media at football games.

Spirit Groups/Band

Visiting teams should notify Kent Phillips, Event Manager, if they plan to bring spirit groups or pep band (573) 651-2818.

Tickets/Complimentary Pass List

Visiting teams must present a pass list and complimentary tickets three hours prior to game time to the Ticket Office. This is in accordance with NCAA rules or by contract agreement. Complimentary tickets and a pass list form will be forwarded to your ticket manager for football and basketball. For other sports where admission is charged, a pass list is necessary per NCAA rules. The pass list form is available in this guide. For ticket information, call (573) 651-2113.



Facility Information

Houck Field // Football, Soccer



Football

Football games are held at Houck Field (10,000 capacity). Southeast Missouri wears red/dark jerseys at home. The visiting team bench is located on the south side of Houck Field. Bus parking is available on Henderson Street, just west of the stadium (no parking zone on street). Buses and equipment trucks may arrive and unload in front of Houck Field House and depart from the same location. Buses should be parked in the designated location two hours and 15 minutes before game time. The parking lot adjacent to Houck Field House is "by special permit only" as is the "on field" area at the east end of the stadium. A representative will meet your team at a pre-determined time, direct them to the locker room, and be of assistance to you as needed. The visiting team locker room is located in Merick Hall; visiting teams should bring their own soap and towels.

Tickets: Pass list ticket recipients will be admitted at the front entrance of Houck Field House. A pass list form and complimentary tickets have been forwarded to your ticket manager for this purpose -- tickets and pass list should be given to the Southeast Ticket Manager three hours prior to game time for distribution. The pass list form is also available in this guide. Tickets will be on sale 1-1/2 hours prior to game time; tickets may be ordered in advance by phone (573) 651-2113.

Press Box: The north press box is available for visiting coaches, instant replay, official statistics and scoreboard/clock operators only. It is equipped with wireless internet. There is no space available in the football press box for any media due to construction for the Houck Multi-Use Complex. Contact Jeff Honza, Assistant Director of Athletics for Strategic Communications with any questions. Credentials and sideline passes will be issued by the Assistant AD for Strategic Communications. Video positions will be available for official "team" video and those individuals shooting additional footage/highlights for other purposes (ex. coaches shows). Have video personnel check with the Stratetic Communications staff on gamedays to confirm their video locations.

Bus Parking: Team buses should drop off teams/equipment on Henderson Street, west of Houck Field House. Buses may park on Henderson Street in front of Merick Hall. Buses are NOT permitted in the stadium or in the parking lot adjacent to Houck Field House.

Field Turf Information:

- **NO CHAIRS** or other items with "legs" allowed on the field
- **NO 3/4" SCREW-ON CLEATS OR METAL CLEATS**
(use regular turf shoes)
- **NO VEHICLES** allowed on the field
- **NO TOBACCO PRODUCTS** allowed in the stadium
- **NO FOOD OF ANY KIND** allowed on the field (includes gum, sunflower seeds, candy, etc.)

Soccer

Soccer games are also played at Houck Field. The playing surface is Field Turf. Molded cleats are highly recommended. All games will follow the Ohio Valley Conference protocol. Southeast Missouri wears light uniforms for non-conference matches. For OVC matches, Southeast Missouri wears dark uniforms on Friday and light uniforms on Sunday. Team benches are located on the south side of the stadium. Towels will be provided upon request. Contact the Soccer Office at (573) 986-6013. Team buses should unload in front of Houck Field House.

Show Me Center // Basketball



The Show Me Center seats 7,000 and is home to the Southeast Missouri basketball teams. Official team buses should park in the fire lane, south of the fire hydrant. Visiting players must enter through the south (left) doors of the Show Me Center. Southeast Missouri wears light colored uniforms for home contests. Basketballs will be provided to the visiting team for practice and pre-game warm-up. Call the basketball office for practice/shootaround times: men (573) 651-2917; women (573) 651-2943.

Facility Information

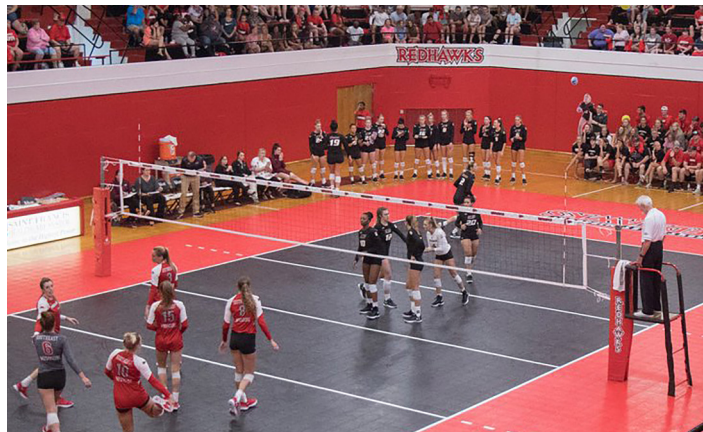
Media Information: Credentials will be issued to legitimate media covering the contest. Media are located courtside on the north side of the Show Me Center and will have assigned seats. Credentials are to be picked up at the NCAA Pass Gate at the northeast entrance of the Show Me Center. Ethernet and POTS lines are available for visiting team radio. Other stations will be charged a rights fee and must order telephone lines from Southeast Telecommunications (573) 651-2575. Game notes, game programs, speed cards, play-by-play accounts of each half, halftime stats, and final stats will be provided. Soda and light snacks will be available in the media room. Postgame press conferences are held in the north meeting room of the Show Me Center. Media representatives will not be allowed in the dressing room. For credentials, lineups, quotes and additional information contact Jeff Honza, Assistant Director of Athletics for Strategic Communications (573) 651-2933.

Capaha Field // Baseball



Southeast Missouri baseball games are played at Capaha Park, which is located two blocks from the main campus at the corner of Broadway and West End Blvd. Dimensions are 400' to center and 330' to left and right. It is lighted and seats 500. Showers are available in a locker room inside of Houck Field House. Contact the baseball staff (573) 986-6002 or Kent Phillips (573) 651-2818 to make arrangements. Media arrangements should be made through the Strategic Communications Office (573) 651-2294.

Houck Field House // Volleyball, Gymnastics



Volleyball matches are held in Houck Field House. Workouts and practices may be arranged if the facility is available. Locker room facilities will be available; towels provided upon request. Contact the Volleyball Office at (573) 986-6140. Officials for all matches are assigned by the Ohio Valley Conference unless specified otherwise by contract. All matches will follow Ohio Valley Conference protocol.

Gymnastics meets are held in Houck Field House or the Show Me Center. Both facilities provide great viewing for spectators. Towels are provided upon request. Contact the Gymnastics Office at (573) 651-2604.



Facility Information

Southeast Softball Complex



The Southeast Softball Complex is located at the corner of Sprigg & Bertling, north of the Abe Stuber Track Complex and Show Me Center.

Redhawks Tennis Complex



Tennis matches are played at the John C. Bierk Redhawks Tennis Complex on the corner of Sprigg & Bertling. Courts available prior to match time. Contact the Tennis Office at (573) 986-1314 for further information.

Abe Stuber Track Complex



Outdoor track meets are held at the Abe Stuber Track & Field Complex which is located north of the Show Me Center. The complex has an eight-lane all-weather surface track including runways and approaches. It has seating for over 2,000 spectators. Indoor track meets are held at the Student Recreation Center that adjoins the Show Me Center and has a four-lane track with a Mondo surface and also jumping and vaulting pits. Complete weight training facilities are located in Holcomb Success Center and also in the building at the track complex. Shower facilities are available at the Student Rec Center. Please contact the track staff to make arrangements at (573) 986-7302.



Hotel Information

DRURY HOTELS

Drury Hotels is the preferred lodging provider for Southeast Missouri State University Athletics. Please consider one of the following Drury properties for your stay.

**Drury Plaza
Hotel & Conference
Center**

3351 Percy Dr.
(573) 334-7151

Drury Suites

3303 Campster Drive
(573) 339-9500

**Pear Tree Inn -
Medical Center**

3248 William Street
(573) 334-3000

Pear Tree Inn - West

103 Cape West Pkwy
(573) 651-3000

Drury Inn & Suites

225 Drury Lane
Jackson, MO 63755



**Auburn Place
Hotel & Suites**

3526 William Street
(573) 651-4486



**Candlewood
Express**

485 Mount Auburn Road
(573) 334-6868



Hampton Inn

207 South Mount Auburn Road
(573) 334-4499



**Comfort
Suites**

2904 Old Orchard Road
Jackson, MO 63755
(573) 204-0014



**Courtyard By
Marriott**

400 Broadway Street
Downtown Cape Girardeau
(573) 240-9420



**Holiday Inn
Express**

3525 William Street
(573) 334-4491

Restaurant Information

1008 N. Kingshighway
(573) 334-3993

IMO's Pizza is the "Official Pizza of Southeast Missouri State Athletics" and discounted pricing is available for visiting teams.

**Andy's Frozen Custard**

809 N. Kingshighway
(573) 335-7500

**Burger King**

5527 Route K
(573) 334-6722

**Burrito-Ville**

913 Broadway Street
(573) 334-4068

**China Palace**

2123 Broadway Street
(573) 335-1619

**Dexter Bar-B-Que**

236 S. Broadview Street
(573) 334-9600

**El Sol Mexican Restaurant**

1105 Broadway Street
(573) 803-2775

**Fresh Healthy Cafe**

1707 N. Mount Auburn Road
(573) 803-1674

**Jimmy John's**

1800 Broadway Street
(573) 335-8800

**Mary Jane Bourbon & Smokehouse**

1107 Broadway Street
(573) 334-6279

Restaurant **Information**



Popeye's Louisiana Kitchen

3237 William Street
(573) 335-7674



Qdoba

3019 William Street, Suite 101
(573) 332-1885



Rally's

1134 N. Sprigg Street
(573) 388-2514



Sedona Bistro

1812 Carondelet Dr. #101
(573) 803-5000



Wings Etc.

3047 William Street
(573) 803-3400

Special Pricing for Your Team While Visiting Cape!



**Pizza, Pastas
and Salads
to Fuel Your
Players.**



**Imo's Pizza, the official pizza
of Redhawks Athletics.**

Pizzas

1-Topping Pizza Thin Crust

Medium
\$8.00

Large
\$9.00

Extra Large
\$10.00

1-Topping Pizza Thicker Crust

An alternative to our traditional thin crust pizza but not as thick as pan-style crust.

Medium
\$9.00

Large
\$10.00

Extra Large
\$11.00

*Toppings can be added for an extra charge each. See store for details.

APPETIZERS

Toasted Ravioli Stuffed with Beef	50 pieces	\$34.95
Bread Sticks with Meat Sauce	6-10 servings	\$19.95
Garlic Cheese Bread	6-8 servings	\$9.95

SALADS

Imo's House Salad.....	\$6.00
Imo's Chef Salad.....	\$6.00

PASTAS

Spaghetti.....	\$6.00
Mostaccioli.....	\$6.00
Baked Lasagna	\$6.00

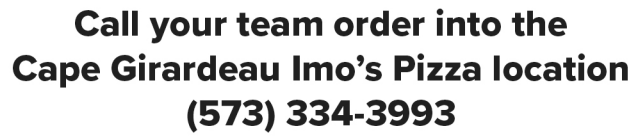
SANDWICHES

Imo's Special.....	\$6.00
Ham, Roast Beef, Salami, Provel Cheese, Lettuce, Tomatoes, Pickles and Imo's Dressing	
Turkey Club	\$6.00
Provel Cheese, Lettuce, Tomatoes, Bacon, Pickles and Imo's Dressing	
Ham & Cheese	\$6.00

DESSERTS

32 Cinnimos with Icing	\$19.95
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**Call the Cape Girardeau Imo's Pizza to receive your special team pricing.
1008 N. Kingshighway • Cape Girardeau, MO • (573) 334-3993**



Date to be delivered _____ Time to be delivered _____ Place to be delivered _____ Contact Phone # _____

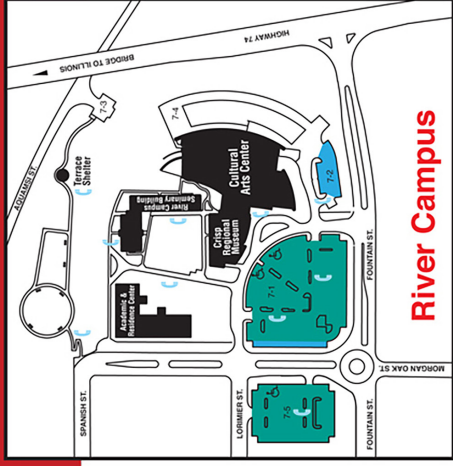
Player's Name	Salad	Pasta	Sandwiches
	Imo's House Salad		
	Imo's Chef Salad		
	Spaghetti		
	Mostaccioli with Provel Cheese		
	Mostaccioli with Mozzarella Cheese		
	Baked Lasagna		
	Imo's Special		
	Turkey Club		
	Ham & Cheese		

Group Appetizer Orders	# of Orders Needed
Toasted Ravioli with meat sauce (50 pcs)	_____
Bread Sticks with Meat Sauce (6-10 Servings)	_____
Garlic Cheese Bread (6-8 Servings)	_____

Group Dessert Orders	# of 32 Count Orders Needed
Cinnimos	_____

Motor Vehicle Parking

COMMUTER		● EMPLOYEE
PERMETER	BROWN	● EMPLOYEE/VISITOR
PREFERRED	ORANGE	● STATE VEHICLES
A GROUP	PURPLE	● V-VISITOR
B GROUP	RED	● CONSTRUCTION
C GROUP	ORANGE	● NO PARKING
RESIDENT		● PARKING METER
PERMETER	GRAY	● HANDICAPPED
PREFERRED	LT. GREEN	● SHUTTLE STOP
A GROUP	LT. GREEN	● EMERGENCY
B GROUP	MAGENTA	● CALL BOX
C GROUP	YELLOW	● LIGHTER CORRIDOR
RIVER CAMPUS		● TRANSIT WAY
	TEAL	● TRAFFIC GATE



CAMPUS MAP

