



#LETSSOAR



SOUTHEAST MISSOURI REDHAWKS
2020-21 TRACK & FIELD MEDIA GUIDE





**DO
YOU
HAVE
THE
WILL
TO**

serve all
community
members?



**SOUTHEAST MISSOURI
STATE UNIVERSITY • 1873**



2020-21



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Credits

The 2020-21 Southeast Missouri Track & Field Media Guide was written, edited and designed by Strategic Communications Assistant Director Eric Mueller. Additional assistance by Jeff Honza and Sawyer Becherer. Photography by Marc Mahnke, Charlie Balcom, Josh Russell, Michael Wade of Wade Event Photography, Patrick Clark of Athlete's Eye Photography, Karen McNaught, Tom Skelly, Nick South, Kate Marshall, Chris Auckley, Eric Mueller, Morgan Harding and Southeast Missouri Athletics.



The 2021 Southeast Missouri Track & Field tennis media guide is a source of information for the news media covering the Redhawks. News releases, clips, video footage, photographs and other information will also be available to accredited members of the media upon request.

Strategic Communications

The Southeast Missouri Strategic Communications Office is always willing to assist the media with their coverage of Redhawk athletics. All media and credential requests should be made to Strategic Communications Assistant Director Eric Mueller. Should you need any information, feel free to call any time, day or night. Mueller can be reached at (573) 651-2937 (work) or (630) 267-5145 (mobile).

In-Season Interview Policy

All of Southeast Missouri's cross country and track & field student-athletes and coaches will be available to the media throughout the 2021 season. Interviews should be arranged through the Southeast Missouri Strategic Communications Office. Due to the COVID-19 pandemic, interviews with student-athletes and coaches will be conducted virtually (via Zoom/Face Time) or by phone after practice during the season. Please let the Strategic Communications Office know at least 24 hours in advance so interview arrangements can be made. There will be no in-person interviews to ensure proper safety measures.

Credentials

Credentials are required for entrance to the Abe Stuber Track Complex and SEMO Rec Center (for photographers). To request season or single-game credentials, please contact Eric Mueller in the Southeast Missouri Strategic Communications Office by phone at (573) 651-2937 or email at ejmueller@semo.edu. Credentials can be picked up at the Abe Stuber Track Complex and SEMO Rec Center or prior to the competition day at the Southeast Athletic Administration building.

Southeast Missouri follows the guidelines set forth by the NCAA governing the issuance of credentials. Press Row credentials will be issued to accredited sports writers of daily and weekly newspapers. Photo and sideline passes will be issued to accredited members of the photo media working for newspapers and television stations.

All credential requests should come from sports editors, directors or anchors. Spouses, dates and minors will not be permitted on Press Row or the sidelines at Abe Stuber Track Complex or the SEMO Rec Center. Any unauthorized use of credentials will result in revocation of credentials issued by Southeast Missouri State University and credential requests will not be honored for future SEMO athletic events.



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**Post Meet Interviews**

The Southeast Missouri Strategic Communications staff will make student-athletes available to the media at the conclusion of each meet. Due to the COVID-19 pandemic, post meet press conferences will be held virtually. Head coaches Eric Crumpecker (Track & Field) and Ryan Lane (Cross Country) and selected student-athletes will address the media via Zoom or via phone.

Photographers

Please observe NCAA regulations and shoot from the designated areas assigned at the Abe Stuber Track Complex or the SEMO Rec Center. Photographers must display their credentials at all times.

Meet Results

Results will be available immediately following each meet. Statistics and other information will also be available to help with your coverage of Redhawks Track & Field and Cross Country.

Track & Field Email List

If you would like to be added to the Redhawk Track & Field email list to receive breaking news about the team, please email Eric Mueller.





REDHAWK TRACK & FIELD

Redhawks on the Internet

Southeast Missouri's Official Athletics website can found at the following address:

GoSoutheast.com

The website is updated daily and information on all 15 sports is available. Complete schedule, results, coaches and player bios and conference information can be accessed.

Redhawks on ESPN+

The Ohio Valley Conference and ESPN have a media rights agreement, which includes a minimum of 600 conference events on ESPN+, the multi-sport, direct-to-consumer subscription streaming service from The Walt Disney Company Direct-to-Consumer & International segment and ESPN. All of Southeast Missouri's home and OVC games air live on ESPN+. ESPN+ offers fans thousands of additional live events, on-demand content and original programming not available on ESPN's linear TV or digital networks. ESPN+ is an integrated part of the completely redesigned ESPN App. Already the leading sports app, the new ESPN App is the premier all-in-one digital sports platform for fans across mobile and TV-connected devices. ESPN+ is also available through ESPN.com.



SEMOTrack

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SPORTS TICKETS ATHLETIC DEPARTMENT FAN ZONE TRADITIONS REDHAWKS CLUB

FOOTBALL ARCHIVED STORIES COACHING STAFF ROSTER SCHEDULE STATISTICS MORE

SCHEDULE DIGITAL NETWORK

CHOCOLATE MILK BUILDS CHAMPIONS

SEP 12 / TBA
FB
at Ole Miss
Oxford, Miss.

SEP 19 / 6 PM
FB
at Southern Illinois
Carbondale, Ill.

COMPOSITE CALENDAR

ATHLETES OF THE WEEK

SPRING SEMESTER REPORT CARD
2019-20 Academic Year (3.2 or Higher Spring GPA)

WOMEN'S TENNIS	3.88
Gymnastics	3.82
WOMEN'S SOCCER	3.78
WOMEN'S CROSS COUNTRY	3.74
WOMEN'S TRACK & FIELD	3.66
SOFTBALL	3.60
Volleyball	3.44
WOMEN'S BASKETBALL	3.42
Baseball	3.35
Men's Cross Country	3.33
Men's Basketball	3.26
Men's Track & Field	3.21

DEPARTMENT RECORD 3.53 GPA

JUNE 19 / BASEBALL
Athletics Closes 2019-20 Academic Year with Record Spring Semester

MORE NEWS



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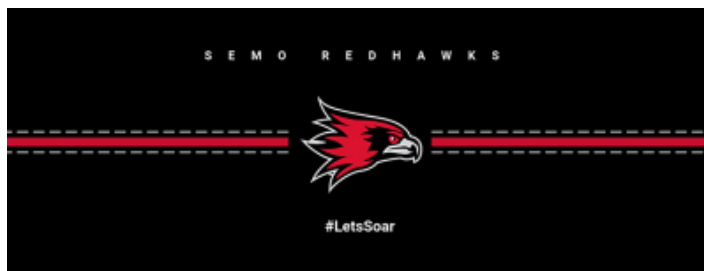
@SEMORedhawks



Snapchat

SEMORedhawks

SOCIAL MEDIA



**General Information**

School.....Southeast Missouri State
LocationCape Girardeau, Mo.
Founded 1873
Enrollment 11,502
Nickname Redhawks
Colors..... Red & Black
Affiliation NCAA Division I (FCS)
Conference..... Ohio Valley
President..... Dr. Carlos Vargas
Director of Athletics.....Brady Barke

Facility Information

Home Facility Abe Stuber Track Complex
.....SEMO Rec Center





On July 1, 2020, Southeast Missouri State University unveiled refreshed spirit marks, including a new primary logo, wordmark and variations for its 15 athletic programs.

The redesign features an official brand font to complement the marks, and a focused emphasis on 'SEMO' as the preferred reference for the University in Athletics and less formal communications. These logos are the first update to the University's spirit branding since the Redhawk was introduced in 2005.

The new brand identity, which will allow SEMO's athletic teams to display consistent logos, lettering and numerals, is independent of the existing University marks featuring the depiction of the Academic Hall dome which remain un-

changed.

"We are excited to reveal our refreshed series of logos and wordmarks," said Director of Athletics Brady Barke. "Having a strong and recognizable brand is essential as we continue to elevate the profile of the University and Redhawk Athletics, and continue towards our vision of being the premier athletics program in the Ohio Valley Conference. These new marks complement our existing Redhawk logo and help us establish a strong regional and national identity by embracing the SEMO nickname."

SEMO started the process of creating its new brand identity following a 2018 brand refresh study completed by Ologie. A higher education branding and marketing firm based in Columbus, Ohio, Ologie helped launch the University's "Will to Do" brand

platform.

As part of the refresh, Ologie closely studied the use of "SEMO" vs. "Southeast".

Through extensive surveys and interviews, Ologie concluded that audiences like the personality, uniqueness and familiarity of "SEMO" when referring to the University and its athletic programs, except in official institutional communications. Their recommendations included embracing the SEMO acronym by establishing parameters for usage and creating the wordmark.

Following the study, the logos were designed by the University Marketing team, in collaboration with the Department of Athletics and campus leadership at no additional cost to the University.

"I want to thank Tonya Wells and her team in the University Marketing office for their hard work on this project," said Barke.

"Working collaboratively over a number of months, I think we have developed something everyone associated with Southeast Missouri State can be proud of."

With the addition of an official brand font, sport-specific logos for each of SEMO's 15 Division I sports and sub-brand lock-ups can be used across the University. It also presents a more consistent branding over all platforms.

Along with the new logos, fans will notice a more frequent use of "SEMO" in reference to the University and its athletic teams on uniforms, apparel and other materials. Official social media usernames for Redhawk Athletics, including Facebook, Twitter and YouTube have all been changed from @GoSoutheast to @SEMORedhawks.

The announcement signifies





a local launch of the branding and refreshed spirit logos. Certain digital platforms, including University and athletic websites, and social media will adopt the new logos immediately. Signage and publications on SEMO's campus will use the updated logo over the coming months. Athletic uniforms and apparel will reflect the updates as teams enter the next purchase cycle. Fully rebranding the campus and athletic facilities is a time-consuming and costly endeavor. Therefore, this process will be completed giving priority to highly visible locations and only as funding is identified.

"It's an exciting time for SEMO Athletics," said Southeast President Dr. Carlos Vargas. "We are entering the new school year as defending OVC champions in five different sports and we finished the COVID-19 shortened season at the top of the OVC Commissioner's Cup standings. We are Southeast Missouri's Division I athletics program and our refocused identity represents our institution's strong connection to serving our region."

What They Are Saying...

"I'm really excited about our new wordmark. When you think about Southeast Missouri State, you think about our region and our area, you think, 'SEMO.' SEMO is what makes us different. There is only one SEMO. We are the regional institution. I can't wait to see this new wordmark in the Fall."

Tom Matukewicz
Head Football Coach

"As a SEMO alumnus, it was exciting to work on this project alongside the team in University Marketing which did an amazing job developing the visual identity. The 'SEMO' nickname is truly unique in the college landscape and these new marks will help strengthen our brand locally and nationally."

Nate Saverino
Associate Director of
Athletics for External Affairs

"Remembering where you come from is an important part of shaping where you are going. Our campus identity as 'SEMO' is intrinsic to who we are. It is ingrained in Southeast Missouri State University's history. Much like SEMO's landmarks – the dome, cardiac hill and the gum tree – 'SEMO' is unique to who we are and inspires an incredible sense of community. In terms of recruiting, the new SEMO logo is huge! We are the only NCAA athletic program in the nation with this acronym and it pinpoints our campus location. It is truly a unique identifier and the only wordmark that ties our present to our past. It also instills that sense of pride in remembering where we came from."

Heather Nelson
Head Women's Soccer Coach

"It's a great new look in comparison to the older logo. It shows a great depiction of the SEMO rebranding and how important the community is to helping SEMO become the best in the region."

Omarrick Douglas



TRACK & FIELD



TRACK & FIELD





Abe Stuber Track Complex is the home location for meets held at Southeast Missouri during the outdoor season. Considered one of the finest track facilities in the Midwest, it has been the host of the Ohio Valley Conference Outdoor Track & Field Championships seven times and three NCAA Division II Championships. The facility is also home to the Joey Haines Invitational which is held during the first weekend of April every year.

Dedicated in the spring of 1980 and named after the late Abe Stuber - who coached the Southeast track squads from 1932-46 - the facility includes a press box and spectator seating for up to 2,000.

Recently, an \$800,000 update took place as all track and field runways were resurfaced,

jumping areas were renovated and new fencing was added to the complex. Previous updates included a brand new hammer cage added in March, 2012 and an office/weight room adjacent to the track in 2002.

The 2,000-square foot building houses a weight room, coaches offices, restrooms and storage. The weight room is equipped with seven multipower racks and lifting platforms, containing nearly 5,000 pounds of free weights, 3,000 pounds of dumbbells and numerous weight training machines.

The Abe Stuber Track Complex is located on the north edge of campus off Sprigg Street and within walking distance to the University.







SEMO REC CENTER



Southeast Missouri's North Student Rec Center is the home for the Redhawk's indoor track meets. All events are held in the east gym of the facility.

The Student Recreation Center is the headquarters of the Recreation Services Department and is the primary facility for recreation activity.

The indoor track is a four lane, 170 meter running/walking track (9 laps per mile). A work out "pit" is the main attraction of the building, containing 4252 square feet of free weight, plate loaded and cable system equipment.

The facility also contains multiple levels of cardio machines, with one overlooking the track and basketball courts in the east gymnasium. The east gym also features a rock climbing wall, raquetball courts and secluded dumbbell room.

The facility contains five basketball courts in total and plays host to both men's and women's basketball practices throughout the year.







ACADEMIC EXCELLENCE

Always a Student First



The Holcomb Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Field. The Holcomb Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings. The facility houses the Southeast Academic Services staff and main weight room for Redhawk student-athletes.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by SEMO student-athletes.

Redhawk student-athletes overcame an enormous amount of adversity and disruption during the COVID-19 pandemic to cap a record 2019-20 academic year.

After recording a 3.39 grade point average in the fall, SEMO accumulated a Department of Athletics record 3.53 spring semester GPA.

A total of 12 teams achieved a 3.21 or higher GPA during the spring term alone.

Also, five different programs, including gymnastics (3.82), women's soccer (3.78), women's basketball (3.42), men's basketball (3.26) and football (2.94) registered their highest semester GPA ever.

Women's tennis led the spring semester with a 3.88 GPA.

Women's cross country (3.76), women's track & field (3.66), softball (3.60), volleyball (3.44), baseball (3.35), men's cross country (3.32) and men's track & field (3.21) completed the team GPAs in the spring term.

Tutors are available for all student-athletes as needed. In

addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at SEMO. The course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor bi-weekly to discuss academic progress.

The Holcomb Success Center staff works to get athletes involved in campus

and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Holcomb Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.





SOCIAL DEVELOPMENT

Always Giving Back & Serving the Community



Student-athletes and coaches at Southeast Missouri are dedicated to giving back to the community that so generously supports them.

Redhawk student-athletes have opportunities to participate in a variety of community service activities each year. Community involvement helps provide a support structure and greater opportunity for academic success.

We are proud of the level of commitment shown by our student-athletes and always encourage them to participate in community service projects here at SEMO.

SEMO student-athletes also have the opportunity to participate in the Redhawks BRIDGE Program. The mission of the Redhawks BRIDGE Program is to develop a

comprehensive student-athlete development program by Building Responsible Individuals and Delivering Gainful Experiences. This program provides student-athletes with both leadership and life skills experiences through interactive programming that will prepare them to be successful in life after athletics. The leadership programming will teach student-athletes about Southeast's culture and allow them to learn, develop, and apply leadership skills. The life skills programming provides educational programs designed to assist student-athletes in identifying and applying transferable skills and experiences to prepare them to succeed outside of the athletic arena.





Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

SEMO's weight room renovations at the Holcomb Success Center were completed in January, 2016.

Indoor turf, weights, equipment and lifting platforms were added as part of the renovation, which cost \$500,000. The facility now has more space and equipment to handle SEMO's larger teams or multiple teams training at the same time. Branding and new lighting were also included in the overall project.

The newly-renovated weight room enhances training with the best equipment available and is able to accommodate larger teams or multiple teams training at the same time.





Southeast Missouri's sports medicine staff strives to provide the best care possible for its student-athletes.

On Aug. 14, 2019, SEMO and SoutheastHEALTH entered a collaborative partnership in which SoutheastHEALTH will serve as comprehensive providers of orthopedic and sports medicine services for the University's NCAA Division I athletics program, its intramural and club sport participants and for the University's performing arts students.

Under the agreement, SoutheastHEALTH orthopedic and sports medicine physicians provide orthopedic, primary medical care, athletic training and physical therapy services, and invest in the University by providing diagnostic equipment and athletic

training supplies, as well as scholarships for students.

SoutheastHEALTH orthopedists Dr. Anthony McPherron, Dr. Matthew Baker and Dr. Charity Jacobs, and SoutheastHEALTH sports medicine physician Andrew Lawrence serve as the official team physicians of SEMO.

The sports medicine staff begins treatments and rehabilitation starting as early as 6 a.m., and is available until the last student-athlete is through.

There are currently four sports medicine facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.





UNDER

Southeast Missouri and Under Armour, Inc. (NYSE: UA, UAA) announced a partnership agreement. The Baltimore-based global leader in performance footwear, apparel and equipment became the official outfitter of Southeast Missouri Athletics on July 1, 2018.

As part of the multi-year agreement, Under Armour provides on-field and training gear for 15 sports. Additionally, Under Armour outfits members of the athletic department including coaches and staff.

"We are extremely excited about our partnership with Under Armour and BSN SPORTS to outfit our student-athletes and coaches with the highest quality apparel in the market," said Director of Athletics Brady Barke. "Having

two of the industry leaders in athletic apparel associated with us expands the resources available to each of our teams and significantly benefit our student-athletes."

The new official outfitter agreement includes marketing entitlement that complements Under Armour's brand marketing campaigns through print and venue presence at the University.

Southeast Missouri's athletic programs include football, men's basketball, women's basketball, baseball, men's cross country, women's cross country, softball, women's tennis, volleyball, women's soccer, men's outdoor track & field, men's indoor track & field, women's outdoor track & field, women's indoor track & field and women's gymnastics.

The Redhawks compete at the NCAA Division I level and are part of the NCAA Football Championship Subdivision (formerly I-AA) in football. Southeast first became a member of the Ohio Valley Conference when it moved to NCAA Division I in 1991-92. The Redhawks have won 57 OVC regular-season championships and 20 OVC tournament titles during their first 29 years in the league. Southeast also won seven Women's All-Sports trophies in that span.

Southeast Missouri joined the growing Under Armour roster of NCAA partners that includes the University of California, Los Angeles, University of California, Berkeley, University of Wisconsin, University of Notre Dame, Naval Academy Athletic

Association, University of Maryland, Texas Tech University, Northwestern University, University of Cincinnati, Boston College, University of Utah, University of South Carolina and Auburn University.

About Under Armour

Under Armour, Inc., headquartered in Baltimore, Maryland is a leading innovator, marketer and distributor of branded performance athletic apparel, footwear and accessories. Designed to make all athletes better, the brand's innovative products are sold worldwide to consumers with active lifestyles. The company's Connected Fitness™ platform powers the world's largest digitally connected health and fitness community.





ARMOUR





Dr. Carlos Vargas became the 18th president of Southeast Missouri State University July 1, 2015, after having served as acting president at Kutztown University of Pennsylvania.

Since becoming president, Dr. Vargas has launched initiatives to marshal the resources, leverage opportunities and address a variety of challenges and needs of Southeast Missouri State University. He has set as primary goals for the institution the support for student persistence and retention.

He has encouraged and supported the identification and development of innovative academic programs, including bachelor's degrees in Unmanned Aircraft Systems, Geographic Information Science, and industrial and systems engineering. He

has continued to support the globalization of the campus through expansion of study-abroad experiences, extensive engagement of international students, and encouragement of students on campus and abroad to explore cultural interaction. He has championed the work of the President's Task Force on Diversity Education and continued emphasizing the expectations for enhancement of the teacher-scholar model. Under President Vargas' leadership, regional partnerships and collaborations have been solidified, including several joint initiatives with Three Rivers, Mineral Area and other community colleges.

Prior to assuming the presidency at Southeast, Dr. Vargas served one year as acting president of Kutztown University, where he also

served as the provost and vice president for academic and student affairs.

Prior to his tenure at Kutztown, Dr. Vargas was at Central State University in Wilberforce, Ohio, where he served as provost and vice president for academic affairs. He previously served in several roles at Kent State University (Ohio) for a total of 18 years, including founding director of the program on electron beam technology. He was also Kent's associate dean for research, interim assistant dean for research and interim assistant dean for the School of Technology. He started his tenure at Kent State in 1985 as a professor, and continued to teach until his departure from the university in 2003.

Dr. Vargas began his career in higher education at the National Autonomous University of Mexico (UNAM),

from which he received a Bachelor of Science in physics.

He earned his Ph.D. in physics and aerospace science from the University of Michigan and he has Master of Science degrees from Michigan in both physics and aerospace science. He is married to Pam Vargas, who currently serves as director of Research and Grant Development at Southeast. They have a son, a daughter, and two granddaughters.





Southeast Missouri State Board of Regents



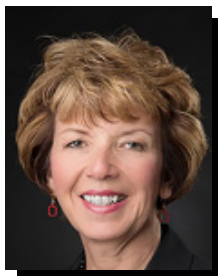
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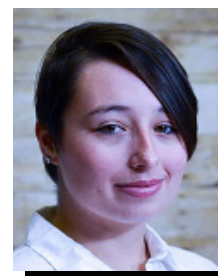
Tina L. Klocke



Lloyd F. Smith



Vivek Malik



Lauren Kohn
Student Representative



**BRADY BARKE**

Director of Athletics



Brady Barke is in his fifth year as Southeast Missouri's Director of Athletics.

Barke served as the Interim Director of Athletics since July, 2015, before being named to the permanent position of Director of Athletics on June 7, 2016.

During the 2019-20 season, the Redhawks were on pace to have one of their best campaigns in the school's athletics history. SEMO won four Ohio Valley Conference titles with women's soccer and football claiming regular-season crowns and women's volleyball and basketball securing OVC Tournament championships. The Redhawks also recorded a school record 44 conference victories between the fall and winter sports.

At the time the 2019-20 season ended due to the COVID-19 pandemic, SEMO was

first in the OVC Commissioner's Cup race with 80.75 points.

Academically, SEMO's athletic teams were again strong in the classroom.

Student-athletes overcame an enormous amount of adversity and disruption to close out the 2019-20 academic year with a Department of Athletics record 3.53 spring grade point average.

That mark was the highest GPA of any semester for the Redhawks who had a total of 12 teams achieve a 3.21 or higher GPA in the spring term alone.

Also, five different programs, including gymnastics (3.82), women's soccer (3.78), women's basketball (3.42), men's basketball (3.26) and football (2.94) registered their highest semester GPAs ever.

The upcoming 2020-21 campaign marks SEMO's third year with Under Armour. Barke reached a multi-year agreement with the Baltimore-

based global leader in performance footwear, apparel and equipment that made Under Armour the official outfitter of SEMO Athletics on July 1, 2018.

As part of the multi-year agreement, Under Armour provides on-field and training gear for 15 sports. Additionally, Under Armour outfits members of the athletic department including coaches and staff.

Barke also secured bids to host SEMO's first home football playoff games. Additionally, he helped the University reach a collaborative partnership with SoutheastHEALTH. Under the agreement, SoutheastHEALTH orthopedic and sports medicine physicians provide orthopedic, primary medical care, athletic training and physical therapy services, and invest in the University by providing diagnostic equipment and athletic training supplies, as well as scholarships

for students.

Most recently, new state-of-the-art Formetco digital video scoreboards were installed at both Houck Field and the Southeast Softball Complex under Barke's leadership.

A brand new 4,000-square foot baseball training facility was completed prior to the 2020 season. The \$400,000 indoor facility can fit up to four batting cages. There are portable pitching mounds as well as HitTrax and Rapsodo technology that helps improve overall player performance.

Barke hired Brad Korn as the Redhawks head men's basketball coach on Mar. 24, 2020, while navigating through the unprecedented times during the COVID-19 pandemic. Korn was the third head coach Barke hired during his tenure as Director of Athletics.

During his first year in 2016-17, Barke introduced Andy Sawyers as the Redhawks





head baseball coach and worked tirelessly on two major renovation projects.

Nearly a month after Sawyers was hired, Southeast Missouri State and the City of Cape Girardeau officially broke ground on Capaha Field. New synthetic turf, new fencing and a digital scoreboard in the outfield were added as part of the \$1.8 million project that was completed before SEMO's season-opener.

Gymnastics Coach Ashley Lawson was Barke's other hire. Lawson orchestrated a huge turnaround for SEMO women's gymnastics during her first seasons as head coach.

On Feb. 3, 2017, SEMO formally dedicated Holcomb Success Center. To honor the long-time service and philanthropy of Dr. John and Judy Holcomb, the University named the facility the Holcomb Success Center located in the Student Recreation Center-South. Indoor turf, weights, equipment and lifting platforms were added as part of the renovation at a cost of \$500,000. The facility now has more space and equipment to handle SEMO's larger teams or multiple teams training at the same time. Barke helped secure the Holcombs gift, the largest single cash gift in SEMO Athletics history. Major improvements were also made to the second floor of the building where athletic academic services are housed. This space provides student-athletes with places to study and features a computer lab with 30 work terminals and rooms for group meetings. Staff members assist student-athletes with life skills development, academic advising and academic progress toward degree requirements and NCAA eligibility.

Additional renovations have been made to the nutrition area that serves as a fueling station for SEMO student-athletes at the Holcomb Success Center.

Fundraising has steadily increased under Barke's direction.

The 2018-19 campaign marked the fifth consecutive year of growth for the Redhawks Club general fund. It is the highest level of giving to the Redhawks Club general fund since 2003-04.

Barke also worked with donors to establish two new endowed scholarships for student-athletes and raised over \$60,000 to support the SEMO football program and summer school scholarships.

More than \$250,000 in pledges for the Redhawks Club unrestricted booster fund has been raised with Barke as Director of Athletics. Over \$200,000 was raised in Sponsorship & Marketing contracts each of the last two years. The 2019-20 season was the sixth-consecutive year of Sponsorship and Marketing revenues.

Barke has worked hard to enhance Redhawks branding around the community. Redhawk banners, S-E! M-O! billboards, Welcome to Redhawk Country and Your Redhawks yard signs are prominently displayed all over Cape Girardeau.

On July 1, 2020, SEMO unveiled refreshed spirit marks, including a new primary logo, wordmark and variations for its 15 athletic programs. The new brand identity will allow SEMO's athletic teams to display consistent logos, lettering and numerals, and is independent of the existing University marks.

Barke created the Redhawks Trivia Night & Auction, a sold out event that generated over \$40,000 in net revenue

its first year. In addition, he launched the Redhawks BRIDGE program which provides student-athletes with both leadership and life skills experiences through interactive programming that will prepare them to be successful in life after athletics.

Barke served as Interim Associate Director of Athletics for Compliance & Student Support Services before being named the Senior Associate to the President and Secretary to the Southeast Missouri State University Board of Regents in 2013.

He began his tenure at Southeast in 2008 as Assistant Director of Athletics for Compliance & Eligibility. Barke previously served as a governance intern with the NCAA national headquarters in Indianapolis, and as a law clerk with the Southern Illinois University-Carbondale Department of Athletics Compliance Office.

Barke has served as a member of the National Association of Athletics Compliance (NAAC), chaired the NAAC Education Committee, and was a member of the NAAC Board of Directors. He has facilitated the NCAA Regional Leadership Academy, and served on both the NCAA Sports Wagering Task Force and the Olympic Sports Liaison Committee.

Barke has a juris doctorate degree from Southern Illinois University School of Law, an MBA from Southeast Missouri State University, and a bachelor of science degree in biology from Webster University. While a student at Webster, Barke was a member of both the basketball and golf teams and was inducted into the Webster Athletics Hall of Fame.

He and his wife, Halley, are parents of three children, Mabrie, Jackson, and Kolbe.

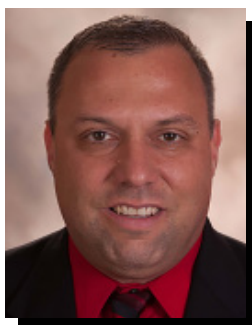




REDHAWK TRACK & FIELD



Nate Saverino
Associate Director of Athletics
External Affairs



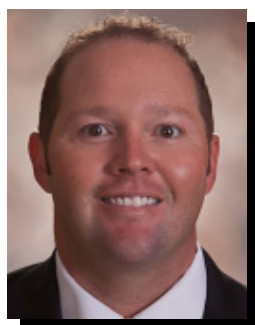
Jeff Honza
Assistant Director of Athletics
for Strategic Communications



Phillip Lady
Assistant Director of Athletics
Marketing & Engagement



Adam Criblez
Faculty Athletics Representative



Kent Phillips
Coordinator of Facilities &
Event Management



TJ Bartels
Ticket Office Manager



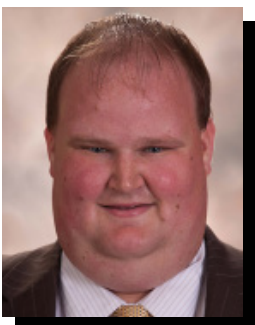
Betsy Wilcox
Coordinator of Student-Athlete
Development



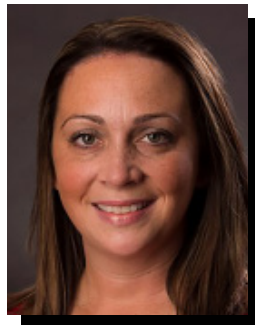
Brooke Hengst
Coordinator of Student-Athlete
Development



Jeremiah Streeter
Coordinator of Student-Athlete
Development



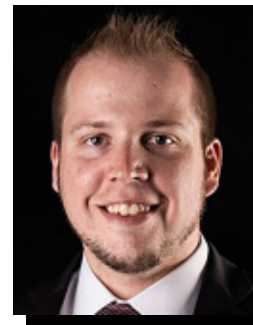
Ben Fox
Co-Head Athletic Trainer



Amanda Martin
Co-Head Athletic Trainer



Kristin Jones
Assistant Athletic Trainer



Nathan Harrison
Assistant Athletic Trainer



Mike Patke
Assistant Athletic Trainer



Eric Mueller
Strategic Communications
Assistant Director



Barb Kinsey
Administrative Assistant



Charles Saulberry
Athletics Administration
Graduate Assistant

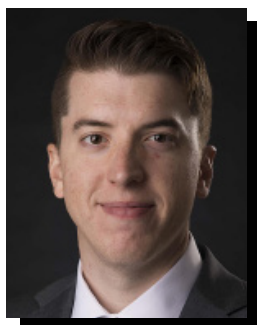


Tony Brutofsky
Strength & Conditioning



Brian Robbett
Strength & Conditioning





Charlie Balcom
Coordinator of Digital Media



Andy Sawyers
Head Baseball Coach



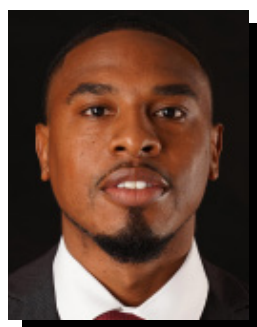
Matthew Kinney
Assistant Baseball Coach



Michael Cavazos
Volunteer Coach
Baseball



Brad Korn
Head Men's Basketball
Coach



Keith Pickens
Assistant Men's Basketball Coach



Dustin Yoder
Assistant Men's Basketball Coach



Sam McMahon
Assistant Men's Basketball Coach



Aaron Proctor
Director of Men's Basketball
Operations



Rekha Patterson
Head Women's
Basketball Coach



Mike Geary
Associate Head Women's
Basketball Coach



Chanté Crutchfield
Assistant Women's
Basketball Coach



Sakellie Daniels
Assistant Women's
Basketball Coach



Courtney Smith
Director of Women's Basketball
Operations



Ashley Lawson
Head Women's
Gymnastics Coach



Andavea Alexander
Assistant Women's
Gymnastics Coach



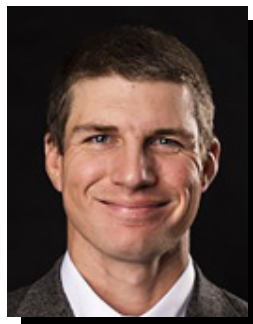
Heather Nelson
Head Women's Soccer Coach



Paul Nelson
Associate Head Women's
Soccer Coach



Kindra Lierz
Graduate Assistant
Women's Soccer



Brian Davidson
Volunteer Coach
Women's Soccer





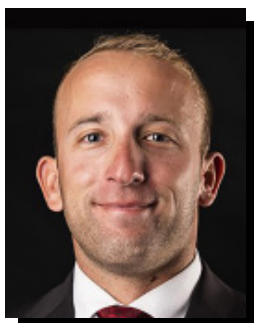
REDHAWK TRACK & FIELD



Mark Redburn
Head Softball Coach



Kristen Jones
Assistant Softball Coach



Matthew Guemmer
Assistant Softball Coach



Mary Beth Gunn
Head Women's Tennis Coach



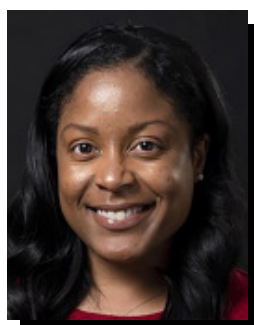
Phoebe Boeschen
Graduate Assistant
Women's Tennis



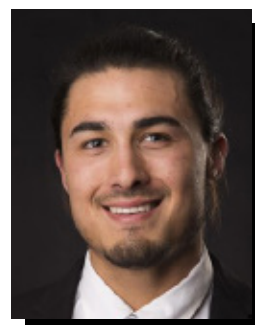
Eric Crumpecker
Head Track & Field Coach



Ryan Lane
Cross Country Coach
Assistant Track & Field Coach



Danielle Burbage
Assistant Track & Field Coach



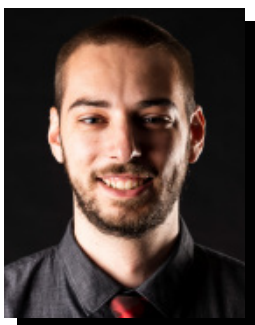
Chris Navarro
Assistant Track & Field Coach



Julie Yankus
Head Women's
Volleyball Coach



Loni Kreun
Assistant Women's
Volleyball Coach



Matt Stolz
Assistant Women's
Volleyball Coach



Leslie Brooks
Graduate Assistant
Compliance



Trevor Ezell
Assistant Baseball Coach



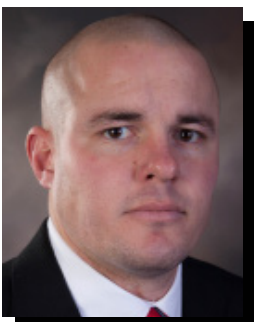
Tom Matukewicz
Head Football Coach



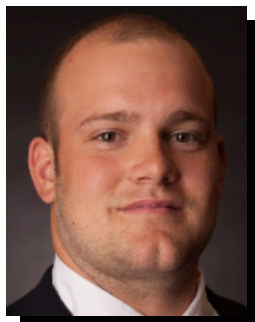
Bryce Saia
Assistant Football Coach



Jeremy McDowell
Assistant Football Coach



Matt Martin
Assistant Football Coach



Tyler French
Assistant Football Coach



Ray Smith
Assistant Football Coach





Justin Drudik
Assistant Football Coach



Jerone Williams
Assistant Football Coach



Jason Onyebuagu
Assistant Football Coach



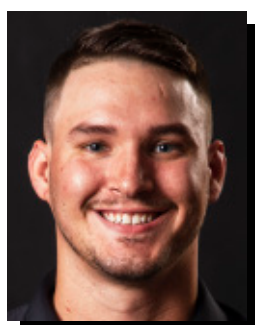
Andre Crenshaw
Assistant Football Coach



Justin Kramer
Assistant Football Coach



Brett Blackman
Football Director of Operations
& Equipment



Wyatt Compton
Assistant Football Coach



Luke Berblinger
Assistant Football Coach



Lucas Orchard
Graduate Assistant
Football



Dr. Nicholas Kenney
Band Director



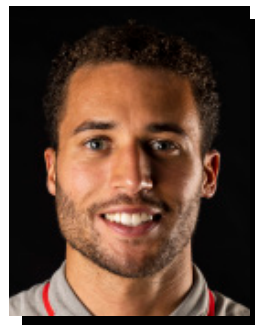
Lindsey Bates
Academic Mentor
Academic Services



Kyle Kasten
Graduate Assistant
Facilities & Event Management



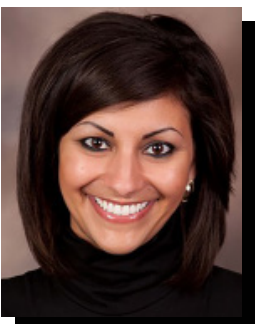
Sawyer Becherer
Graduate Assistant
Marketing & Promotions



Corey Fatony
Graduate Assistant
Strength & Conditioning



Brie Johnson
Graduate Assistant
Strength & Conditioning



Tatianna Parham
Sundancer Coach



Denisha Gardener
Graduate Assistant
Women's Basketball



Collin Jasper
Graduate Assistant
Men's Basketball



Billy Hoskins
Cheerleading Coach





Southeast Missouri State University Athletics Mission

Southeast Missouri State University Athletics is committed to enhancing the University's educational mission by supporting student-athletes in their academic, athletic and personal development.

Our Vision

To be the premier athletics department within the Ohio Valley Conference, excelling academically and athletically, while preparing our student-athletes for life after sport.

Our Commitment to Diversity and Cultural Competence

Southeast Missouri State University Athletics strives to create an environment that fosters collaboration and facilitates an open exchange of the unique perspectives that each individual brings. These experiences will enrich the learning environment and better prepare our coaches, staff and student-athletes to make thoughtful contributions in our diverse society. Southeast Missouri State University prohibits all forms of discrimination on the basis of race, color, ethnicity, religion, national origin, sex, sexual orientation, gender identity, age, genetic information, disability, or protected veteran status. The Department of Athletics is dedicated to this guiding principle and is committed to attracting and retaining coaches and staff who reflect the diversity of our student-athlete population.





2020-21



CROSS COUNTRY



CROSS COUNTRY

WOMEN'S ROSTER



Name	Year	Hometown / High School
Jane Boessen	Sr.	Troy, Mo. / Troy
Hannah Eastman	So.	Belleville, Ill. / Belleville East
Taylor Fox	Fr.	Mt. Zion, Ill. / Mt. Zion
Taylor Gudde	So.	Sedalia, Mo. / Cole Camp R-1
Maddie Keller	Jr.	Troy, Ill. / Triad
Carli Knott	Sr.	Jackson, Mo. / Jackson
Kendall Long	Sr.	Memphis, Tenn. / White Station
Claire Morrill	Jr.	Cape Girardeau, Mo. / Notre Dame Regional
Brianna Payton	So.	Lexington, Ky. / Bates Creek
Mackenzie Pugh	So.	St. Peters, Mo. / Francis Howell North
Nia Rivers	Fr.	Tampa, Fla. / Paul R. Wharton
Katie Wegmann	R-Jr.	Mequon, Wis. / Homestead



WOMEN'S ROSTER

CROSS COUNTRY



**JANE
BOESSEN**

Senior
Troy, Mo.
Troy



**HANNAH
EASTMAN**

Sophomore
Belleville, Ill.
Belleville East



**TAYLOR
FOX**

Freshman
Mt. Zion, Ill.
Mt. Zion



**TAYLER
GUDDE**

Sophomore
Sedalia, Mo.
Cole Camp R-1



**MADDIE
KELLER**

Junior
Troy, Ill.
Triad



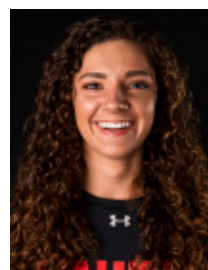
**CARLI
KNOTT**

Senior
Jackson, Mo.
Jackson



**KENDALL
LONG**

Senior
Memphis, Tenn.
White Station



**CLAIRE
MORRILL**

Junior
Cape Girardeau, Mo.
Notre Dame Regional



**BRIANNA
PAYTON**

Sophomore
Lexington, Ky.
Tates Creek



**MACKENZIE
PUGH**

Sophomore
St. Peters, Mo.
Francis Howell North



**NIA
RIVERS**

Freshman
Tampa, Fla.
Paul R. Wharton



**KATIE
WEGMANN**

Redshirt Junior
Mequon, Wis.
Homestead





CROSS COUNTRY

MEN'S ROSTER

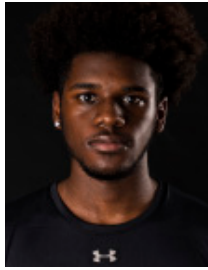


Name	Year	Hometown / High School
Markeith Crawford	So.	St. Louis, Mo. / Ladue Horton Watkins
Thomas Doss	Fr.	
Chris Durr	Sr.	Springfield, Ill. / Chatham-Glenwood
Clayton Eftink	Fr.	Cape Girardeau, Mo. / Notre Dame Regional
Trevor Falco	Sr.	Salem, Ark. / Salem
Terrico Garrett	So.	University City, Mo. / University City
Seth Gleason	Fr.	
Noah Little	Fr.	Washington, Mo. / Washington
Aaron Modrow	So.	Junction City, Kan. / Chapman
Schuyler Ogden	Sr.	Farmington, Mo. / Ste. Genevieve / William Woods
Austin Perkins	Sr.	St. Peters, Mo. / Fort Zumwalt East
Kory Snyder	So.	Belton, Mo. / Belton
Byron Sowerby	Fr.	Preston, England / Runshaw College
Justin Splitt	Fr.	Lakemoor, Ill. / Grant Community



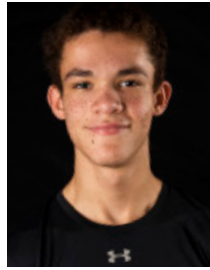
MEN'S ROSTER

CROSS COUNTRY



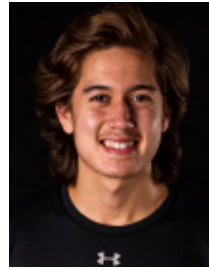
**MARKEITH
CRAWFORD**

Sophomore
St. Louis, Mo.
Ladue Horton Watkins



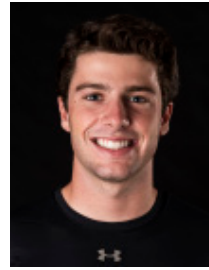
**THOMAS
DOSS**

Freshman



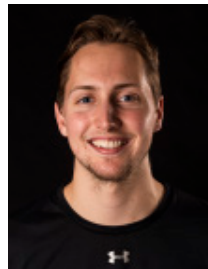
**CHRIS
DURR**

Senior
Springfield, Ill.
Chatham-Glenwood



**CLAYTON
EFTINK**

Freshman
Cape Girardeau, Mo.
Notre Dame Regional



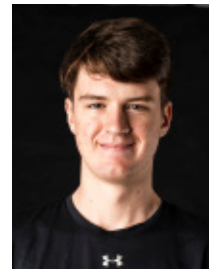
**TREVOR
FALCO**

Senior
Salem, Ark.
Salem



**TERRICO
GARRETT**

Sophomore
University City, Mo.
University City



**SETH
GLEASON**

Freshman



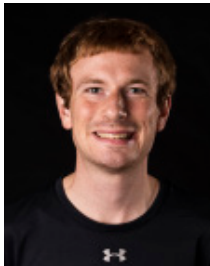
**NOAH
LITTLE**

Freshman
Washington, Mo.
Washington



**AARON
MODROW**

Sophomore
Junction City, Kan.
Chapman



**SCHUYLER
OGDEN**

Senior
Farmington, Mo.
Ste. Genevieve



**AUSTIN
PERKINS**

Senior
St. Peters, Mo.
Fort Zumwalt East



**KORY
SNYDER**

Sophomore
Belton, Mo.
Belton



**BYRON
SOWERBY**

Freshman
Preston, England
Runshaw College



**JUSTIN
SPLITT**

Freshman
Lakemoor, Ill.
Grant Community

FOLLOW THE REDHAWKS AT GOSOUTHEAST.COM





CROSS COUNTRY

2019 RESULTS

EVENT RESULTS	2019 Saluki Invite Carbondale, Ill. Southern Illinois - 5K Aug. 30	Bradley Intercollegiate Peoria, Ill. Bradley - 3 Miles Sept. 20	Gans Creek Classic Columbia, Mo. Missouri - 6K Sept. 27	Bradley 'Pink' Classic Peoria, Ill. Bradley - 6K Oct. 18	OVC Championship Edwardsville, Ill. SIUE - 5K Nov. 2	NCAA Midwest Regional Stillwater, Okla. Oklahoma State - 6K Nov. 15
Jane Boessen	DNC	DNC	27:01.5 (100th)	23:58.7 (141st)	20:01.5 (58th)	24:25.3 (195th)
Adrienne Brauer	20:33.5 (15th)	DNC	24:53.0 (76th)	24:40.3 (158th)	21:17.9 (79th)	DNC
Hannah Eastman	19:17.3 (6th)	18:14.6 (16th)	23:48.7 (45th)	22:55.4 (82nd)	19:02.2 (29th)	24:31.5 (200th)
Taylor Gudde	DNC	DNC	DNC	DNC	DNC	DNC
Joanne Hollings	21:11.6 (19th)	DNC	DNC	DNC	DNC	DNC
Maddie Keller	18:48.3 (4th)	17:28.8 (3rd)	22:24.3 (15th)	21:43.6 (20th)	17:57.3 (5th)*	22:16.8 (78th)
Carli Knott	18:37.2 (3rd)	17:26.5 (2nd)	22:09.7 (11th)	21:25.7 (11th)	18:16.9 (10th)*	22:46.9 (114th)
Kendall Long	DNC	DNC	DNC	DNC	DNC	DNC
Danielle Mohrmann	20:09.4 (13th)	18:51.0 (34th)	24:38.1 (71st)	23:41.6 (128th)	19:15.3 (38th)	23:22.4 (151st)
Claire Morrill	20:22.4 (14th)	19:33.5 (64th)	DNF	23:18.7 (103rd)	19:51.2 (55th)	DNC
Brianna Payton	DNC	DNC	DNC	DNC	DNC	DNC
Mackenzie Pugh	19:58.4 (11th)	19:13.1 (53rd)	26:03.6 (91st)	23:41.7 (129th)	19:48.4 (54th)	24:38.2 (202nd)
Katie Wegmann	19:34.1 (8th)	18:35.5 (27th)	24:47.8 (73rd)	DNF	19:03.6 (30th)	24:48.0 (212nd)
Team Finish	1st/2	2nd//20	7th/11	12th/23	4th/12	27th/33



2019 RESULTS

CROSS COUNTRY



EVENT RESULTS	2019 Saluki Invite Carbondale, Ill. Southern Illinois - 5K Aug. 30	Bradley Intercollegiate Peoria, Ill. Bradley - 8K Sept. 20	Gans Creek Classic Columbia, Mo. Missouri - 8K Sept. 27	Bradley 'Pink' Classic Peoria, Ill. Bradley - 8K Oct. 18	OVC Championships Edwardsville, Ill. SIUE - 8K Nov. 2	NCAA Midwest Regional Stillwater, Okla. Oklahoma State - 10K Nov. 15
Griffin Bailey	17:44.7 (14th)	DNF	DNC	28:05.3 (141st)	26:23.8 (40th)	35:45.3 (184th)
Caleb Cornelius	16:52.7 (9th)	27:18.3 (38th)	DNC	26:47.5 (119th)	27:10.9 (51st)	34:00.7 (149th)
Markeith Crawford	DNC	DNC	DNC	DNC	DNC	DNC
Chris Durr	16:20.0 (3rd)	26:53.2 (23rd)	26:54.0 (39th)	25:56.1 (79th)	26:01.7 (33rd)	34:37.0 (170th)
Trevor Falco	17:45.4 (15th)	29:37.7 (100th)	29:59.1 (72nd)	28:34.1 (14th)	28:09.9 (73rd)	DNC
Terrico Garrett	16:59.0 (10th)	27:52.2 (52nd)	28:23.8 (64th)	28:04.8 (140th)	27:34.0 (58th)	36:47.9 (193rd)
Aaron Modrow	16:35.0 (6th)	28:00.6 (57th)	28:00.5 (59th)	27:00.3 (127th)	27:21.8 (54th)	35:11.5 (181st)
Austin Perkins	17:27.9 (12th)	29:08.7 (85th)	30:29.7 (73rd)	27:35.8 (137th)	27:37.4 (60th)	37:25.7 (195th)
David Plunkett	18:53.6 (17th)	DNF	DNC	DNC	DNC	DNC
Kory Snyder	DNC	DNC	28:11.8 (62nd)	27:29.5 (133rd)	27:55.1 (69th)	36:59.0 (194th)
Nicholas Yaeger	DNC	DNC	DNC	DNC	DNC	DNC
Team Finish	2nd/2	6th/19	10th/10	19th/20	8th/12	27th/27





CROSS COUNTRY

WOMEN'S OVC HISTORY

OVC Female Runner of the Year

1998 Janelle Quigley
1999 Amy Arteme
2002 Lindsey Zeiler

1999
1. Amy Arteme 18:36
4. Tammy Wenkel 18:50
13. Celeste Ramsey 19:26
14. Leslie McNamara 19:38

OVC Freshman of the Year

2015 Kaitlyn Shea

2000
2. Amy Arteme 18:05
4. Kaci Pilcher 18:11

Women's Team

OVC Year-by-Year All-OVC*

1992

8. Amy Cole 19:37
10. Tracey Stockton 20:17

1993

3. Amy Cole 19:02
8. Misty McGhee 19:47
10. Kari Unterriener 20:01

1994

4. Sherry Lange 18:43
5. Terry Lange 18:50
7. Misty McGhee 19:15

1995

6. Misty Dubman 19:32
8. Jennifer Anderson 19:40
10. Amy Cole 19:43
11. Terry Lange 19:45
13. Misty McGhee 19:52

1996

3. Sherry Lange 18:53
8. Keisha Grace 19:17
11. Janelle Quigley 19:32
13. Estelle McHargue 19:40

1997

4. Leslie McNamara 18:48
8. Janelle Quigley 19:03
12. Michelle Ramsey 19:22

1998

1. Janelle Quigley 18:21
3. Tammy Wenkel 18:55
14. Leslie McNamara 19:33

2002

1. Lindsey Zeiler 17:52
8. Kaci Pilcher 18:24
10. Kris Woolf 18:32
11. Brooke Woodruff 18:38
13. Anna Verseman 18:49

2003

11. Brooke Woodruff 18:43
13. Kris Woolf 18:51

2004

9. Jen Caywood 19:20

2005

5. Lindsey Zeiler 18:22
7. Jen Caywood 18:33

2006

8. Juli Koenegstein 19:05

2007

7. Juli Koenegstein 18:41
12. Brandi Gervais 19:07

2008

2. Juli Koenegstein 18:37
9. Monica Noble 19:15
14. Linnea Woldtvedt 19:31

2009

9. Monica Noble 20:28
12. Szandra Pal 20:33

2010

13. Kasey Owens 19:11

2011

6. Rebekah Lawson 18:29
12. Jenny Govero 18:42

2012

7. Rebekah Lawson 17:33

2013

2. Rebekah Lawson 17:49

2014

7. Rebekah Lawson 17:42
12. Gloria Westlake 17:57

2015

12. Megan Parks 22:08

2016

7. Megan Parks 17:34.9
13. **Kaitlyn Shea** 17:43.6

2017

12. **Kaitlyn Shea** 17:44.8

2018

7. **Kaitlyn Shea** 17:36.7
8. Sydney O'Brien 17:36.9
10. **Carli Knott** 17:56.3

2019

5. **Maddie Keller** 17:57.3
10. **Carli Knott** 18:16.9

*Prior to 1995 the All-OVC Team included the Top 7 finishers in the OVC Championship race. Beginning in 1995 the Top 7 finishers were deemed First Team All-OVC while the 8-14 finishers were deemed Second Team All-OVC.



MEN'S OVC HISTORY

CROSS COUNTRY



OVC Freshman of the Year

2008 Nate Shipley

Men's Team

OVC Year-by-Year All-OVC*

1991
8. Bryant Wright 27:30
10. Dave Baker 27:53

1992
5. Joe Dandridge 26:36

1993
7. Joey Russell 26:22
9. Steve Lewis 26:30
10. Jay Orr 26:31

1994
8. Glen Lomenick 26:12

1995
8. Brian Carter 26:55
10. Chris Monty 26:58
12. Steve Watson 27:00
14. Erin Roades 27:13

1997
14. Erin Roades 26:56

2003
5. Brian Whitehead 26:50
6. Chad Sierman 25:52

2004
12. Gabe Lutes 25:49

2005
13. Gabe Lutes 25:49

2006

2. Kevin McNab 25:25
7. Brandon Karcher 26:44

2007

9. Brandon Karcher 25:48
10. Brandon Funderburk 25:54

2008

4. Brandon Karcher 25:40
12. Nate Shipley 26:22
13. Dustin Davis 26:28

2009

8. Jason Lumpkin 26:44

2010

6. Jason Lumpkin 25:44
8. Chris Loseman 25:56
9. Nate Shipley 25:58
13. Dustin Davis 26:14

2011

6. Nate Shipley 25:20
10. Brent Collins 26:09

2012

9. Nate Shipley 24:54
12. Alex Zisser 25:06

2013

7. Craig Munie 24:59

*Prior to 1995 the All-OVC Team included the Top 7 finishers in the OVC Championship race. Beginning in 1995 the Top 7 finishers were deemed First Team All-OVC while the 8-14 finishers were deemed Second Team All-OVC.





CROSS COUNTRY

SCHEDULE

/ 2020-21 SCHEDULE

Date	Day	Opponent	Time	Location
Jan. 23	Sunday	Redhawks Invitational* Osage Centre	Men - 1 p.m. Women - 1:45 p.m.	Cape Girardeau, Mo.
Feb. 6	Saturday	at Eastern Illinois* Tom Woodall Panther Trail	TBA	Charleston, Ill.
Feb. 19	Friday	at Tennessee Tech* Golden Eagle Invitational Putnam Country Sports Complex	Women - 3 p.m. Men - 3:30 p.m.	Cookeville, Tenn.
March 1	Monday	OVC Championship Hosted by Austin Peay Weakley Park	Women - 11 a.m. Men - 12 p.m.	Clarksville, Tenn.

* Denotes Ohio Valley Conference Meet.
All times central and subject to change.





2020-21



COACHES



COACHES

ERIC CRUMPECKER



ERIC CRUMPECKER

HEAD COACH

12TH YEAR // MISSOURI S&T & SOUTHEAST MISSOURI STATE

Eric Crumpecker is in his 12th season as head coach of the Southeast Missouri men's and women's track and field teams. Crumpecker is in his 28th year at Southeast, having served 17 years as an assistant under legendary head coach Joey Haines.

Last season, SEMO's men finished as the runners-up at the 2020 OVC Indoor Track & Field Championship before the outdoor season was cancelled due to the COVID-19 pandemic. The Redhawk women placed third overall in the team standings.

Nick Bryant was named the OVC Male Freshman of the Year while Kaitlyn Shea was awarded OVC Female Track Athlete of the Year. Anya

Tonga was tabbed the OVC Female Field Athlete of the Year for the second-straight season at the conclusion of the meet.

Crumpecker coached back-to-back (2019 & 2020) OVC Indoor Field Athlete of the Year Anya Tonga (three-time indoor weight throw champion in 2018, 2019 & 2020) and Logan Blomquist (indoor weight throw champion) in 2020.

Nicole Humphreys also captured silver in the weight throw and Blomquist secured silver in the shot put.

In 2019, the Redhawks men and women finished fourth at the indoor championship and were the runners-up at the outdoor championship held in Cape Girardeau, Missouri.

Crumpecker coached 2019 OVC Indoor Field Athlete of the Year Anya Tonga (indoor weight throw champion), 2019 OVC Outdoor Championship MVP Logan Blomquist (outdoor discus and hammer champion) and Stephen Zagurski (indoor shot put champion).

Blomquist captured the hammer throw title with a Southeast program record and OVC Championship record at the outdoor championship.

In 2018, SEMO's men placed third in the conference at both the indoor and outdoor championships. The women finished fifth at the outdoor league championship and sixth at the OVC indoor meet.

Crumpecker coached 2018 OVC Champions in Anya

Tonga (indoor weight throw), Logan Blomquist (indoor shot put, outdoor discus) as well as OVC Field Athlete of the Year, OVC javelin champion and Second-Team All-American Jonno Engelking.

In 2017, Crumpecker won his third OVC Outdoor Coach of the Year honor as Southeast captured their eighth outdoor championship, marking back-to-back years Crumpecker has taken home both awards. It marked the eighth time the men have won conference in program history.

Zach Gordon was named OVC Men's Championship MVP and Logan Blomquist earned OVC Freshman of the Year Honors.

Earlier in 2016, Crumpecker won his second OVC Outdoor Coach of the Year laurel





as the Redhawks earned their seventh outdoor championship.

He helped coach Kevin Farley towards his second championship MVP performance as Farley took gold in the shot put, discus and hammer throw.

Farley's success continued at the NCAA Outdoor Championships, earning first-team All-America honors in discus in eighth place and second-team All-America in shot put in 10th.

In 2015, Crumpecker led the Southeast men's program to its second consecutive OVC indoor title and earned his second OVC Men's Indoor Coach of the Year award.

During the conference meet, 10 Redhawk athletes brought home gold medals.

Following the victory, Reggie Miller and Blake Smith qualified for the NCAA Indoor Championships in the triple jump and 60-meter dash, respectively. Smith finished 10th in the nation at 6.66 seconds during the preliminary race at nationals, falling short of the NCAA's final group of eight by just 0.05 seconds.

In 2014, Southeast Missouri won the men's indoor title followed by sweeping the outdoor championships for the first time since 2006. It was the first men's indoor championship since 1996. Crumpecker was awarded OVC Men's Coach of the Year following both the indoor and outdoor seasons.

The 2014 indoor season featured Farley as Indoor Field

Athlete of the Year, Indoor Freshman of the Year Chris Martin and Smith earning OVC Athlete of the Championship.

The outdoor season featured Female Field Athlete of the Year Kayla Gutierrez. His student-athletes combined to win 10 individual OVC titles during the season. Gutierrez brought home gold in the indoor weight throw and outdoor discus events. Farley won the indoor shot put and outdoor hammer throw. In his first season with the Redhawks, Shon Kyle won the shot put and discus events at the outdoor championship. Courtney Gapelu took gold in both the indoor and outdoor shot put.

In 2013, the Redhawks won their first team OVC

title under Crumpecker. The women snagged the team crown at the OVC Indoor Championships, using a balanced effort that featured only one individual conference champion, but three runner-up finishes and several strong supporting performances. Crumpecker was voted the OVC Women's Coach of the Year following the team title, marking the first time he has been voted the league's top coach. The Southeast men continued to knock on the door for a team title, finishing second at both the indoor and outdoor meets.

Southeast has also experienced tremendous postseason success individually under Crumpecker's guidance.





COACHES

ERIC CRUMPECKER



The Redhawks sent three competitors to the NCAA Outdoor Track and Field Championships in 2013, the most individuals from the program since 2006.

Farley took seventh in the shot put, breaking the

school record with a throw of 61' 11 $\frac{3}{4}$ " to become the first Redhawk to earn first-team All-American honors since Miles Smith in 2008. Craig Robinson and Gapelu also qualified for the NCAA West Region prelims. Southeast

also got second-team All-American performances from Blake Carter in both the indoor and outdoor long jump while Miller earned honorable mention All-American in the outdoor high jump for the second consecutive year.

The Redhawks totaled three second-place team finishes at the OVC Indoor and Outdoor Championships during the 2011-12 season. Both the men and women finished as runner-up during the outdoor meet while the men posted another second-place point total indoors. Crumpecker worked closely with the throwers group that combined for three conference titles. Josh Uchtman, the 2012 Male Field Athlete of the Year during the indoor season, claimed

the shot put indoors. Brian Grote and Robinson won gold in the javelin and shot put, respectively, at the outdoor meet. In total, the Redhawks won nine individual OVC titles in 2011-12.

In addition to the three individual conference champion throwers, Farley was named the OVC Male Freshman of the Year during the outdoor season.

During Crumpecker's tenure as head coach, the Redhawks have finished in the top three in all but eight OVC indoor or outdoor meets (30 of 38). The men have finished second 10 times while the women have been runner-up eight times.

Individually, he has mentored 101 individual OVC champions, 48 regional qualifiers and 10 NCAA





National Championships qualifiers. Redhawks student-athletes have won OVC Field Athlete of the Year 15 times, Track Athlete of the Year twice, Athlete of the Year twice and Freshman of the Year nine times.

The Redhawks have also been stellar in the classroom under Crumpecker. Both the men's and women's track and field programs have earned All-Academic Team recognition from the US Track and Field and Cross Country Coaches Association (USTFCCCA) in each of the past six seasons.

Logan Blomquist has been recognized by the USTFCCCA each of the past three years and Stephen Zagurski was awarded the prestigious OVC Scholar-Athlete Award for the 2018-19 season.

Jill Schnurbusch and Farley were both placed on the USTFCCCA's All-Academic team in 2012-13. Additionally, Alex Zisser earned third-team Academic All-America honors from the College Sports Information Directors of America (CoSIDA) while Farley and Joel Krause joined Zisser on the Academic All-District team.

During his time as an assistant coach he worked primarily with the field events, Crumpecker was a part of 20 OVC team titles, coached 81 OVC individual champions, 131 All-OVC performers, six OVC Track Athletes of the Year, four NCAA national

finalists, 12 NCAA provisional qualifiers, 26 NCAA regional qualifiers and five regional finalists. He guided Southeast student-athletes to 11 school records and three OVC marks.

A native of Union, Missouri, Crumpecker is a USATF Level 1 certified coach. He earned a bachelor's degree in History from Missouri S&T and a master's in Higher Education Administration from Southeast.

As a collegiate athlete, Crumpecker was a starting lineman for the Miners football team and earned All-MIAA honors in the shot put and discus for the track & field team.

Crumpecker and his wife, Amy, reside in Jackson, Missouri. They are parents of a daughter, Ella, and son, Jake.





COACHES

RYAN LANE



RYAN LANE

ASSISTANT COACH

11TH YEAR // SOUTHEAST MISSOURI STATE, 2006 & 2009

Ryan Lane is in his 11th season at Southeast Missouri as the head cross country coach, while also serving as the assistant track coach specializing in distance running.

The Redhawk women's cross country team has finished in the top four each of the past seven seasons.

In 2020, Lane coached Kaitlyn Shea (5,000 meters Silver Medalist), the OVC Female Track Athlete of the Year, who broke a pair of Redhawks Indoor Track & Field records before the outdoor season was cancelled due to the COVID-19 pandemic.

Shea set a pair of SEMO indoor track records over a three-week span during the

2020 season. Shea broke the 5,000 meters (16:59.70) record on Feb. 1 at the Indiana University Relays before returning to Bloomington, Indiana, to secure the 3,000 meters (9:32.79) record at Hoosier Hills Invite on Valentine's Day (Feb. 14).

The women's distance medley relay team of Katie Wegmann, Kendall Long, Claire Morrill and Carli Knott concluded the opening day of the OVC Indoor Championship with Silver after finishing in 12:00.67. Maddie Keller also garnered Bronze in the 3,000 meters with a career-best time of 9:53.81.

Maddie Keller and Carli Knott both placed in the top-10 to earn All-Ohio Valley Conference honors as the

Southeast women grabbed fourth as a team in the 5K at the 2019 OVC Cross Country Championship. Keller placed fifth overall in the 5K for First-Team All-OVC laurels. Keller's finish is the best Redhawk women's finish at the Championship since Rebekah Lawson was the runner-up at the 2013 Championship in Morehead, Kentucky. Knott garnered her second career Second-Team All-OVC cross country laurel with a 10th place finish.

In 2019, Lane also coached OVC Outdoor Track Champions in Carli Knott (1,500 meters) and Kaitlyn Shea (3,000 meter steeplechase).

Kaitlyn Shea, Sydney O'Brien and Carli Knott registered three All-OVC

performances for the first time since 2008 as SEMO's women finished runners-up at the 2018 OVC Cross Country Championship in Cape Girardeau at the Osage Centre.

The 2017 season was highlighted by a fourth place finish from the women at the OVC Championships. Kaitlyn Shea led the Redhawks on the season with two first-place finishes and a second team All-OVC selection.

During the 2016 season, the women placed second in conference and 16th at regionals. Megan Parks and Sydney O'Brien became the first Southeast duo to finish in the top 50 at Regionals since 1998.

In 2015, the women's team placed third in the Ohio





Valley Conference. Megan Parks earned Second Team All-Conference honors with a 12th place finish at the OVC Championships. Kaitlyn Shea was named Female Freshman of the Year and was the first female in program history to win the award.

The 2014 season saw the end of Rebekah Lawson's cross country career. Lane saw Lawson through her career for four seasons. Lawson is the only Redhawk in Division I history to earn First Team All-OVC honors all four years of their career. The women's team capped a great 2014 season with a fourth-place finish at the OVC Championships. The men finished sixth at the event.

In 2011, both the men and women had one first-team and one second-team All-OVC finisher. Nate Shipley's third-place finish garnered him a spot on the all-conference first team while Brent Collins earned second team all-conference on the men's side. Rebekah Lawson took sixth as a freshman to earn the first team nod while fellow freshman Jenny Govero made second team All-OVC.

The cross country programs have combined for 23 All-OVC performers, including eight first-team runners while under Lane.

The Redhawks have also excelled in the classroom under Lane. Since 2010, at least one of the cross country programs has earned USTFCCCA academic

recognition under Lane including both teams eight times in that span.

In 2013, both the men's and women's programs earned All-Academic honors from the United States Track & Field and Cross Country Coaches' Association (USTFCCCA). Southeast's women posted a 3.72 team GPA, the fifth-highest mark in the nation, while the men's 3.48 GPA was good for 11th.

Lane's success with the distance runners has carried over to the track as well. Lawson notched a runner-up finish in the 5000m indoors to earn second-team All-OVC honors in 2013. During the outdoor season, Charles Johnson garnered second-team All-OVC recognition for his runner-up finish in the steeplechase.

The 2012 season saw Jessica Bollinger win an OVC title outdoors in the 10,000m while Lawson finished runner-up in both the 5000m and 10,000m. On the men's side, Mohammed Souleiman won an OVC title in the 800m while Chris Loseman earned second-team All-OVC honors after finishing runner-up in the 10,000m. Lane's athletes have combined for 10 All-OVC selections and three OVC titles in his first three seasons.

Lane returned to the Southeast program in which he interned as coach in 2008-09. That season, the Redhawk cross country teams recorded top-three finishes at the Ohio Valley Conference



Championships. During that time, he received his Master's in Higher Education, finishing with a 4.0 GPA.

Prior to his coaching internship at Southeast, Lane worked as an assistant coach for the Cape Central High School cross country and track programs. He also served as an assistant coach at his alma mater, Francis Howell North High School (2006-07). In all, Lane coached 41 All-State performers at the prep level.

Lane competed as a member Southeast cross country and track teams from 2002-2003, before an injury cut his career short.

He received his undergraduate degree from Southeast in 2006, graduating with magna cum laude distinction in Education.





COACHES

DANIELLE BURBAGE



DANIELLE BURBAGE

ASSISTANT COACH

SIXTH YEAR // LOUISVILLE, 2010 & LOUISIANA-MONROE 2012

Danielle Burbage enters her sixth season with the Southeast Missouri track and field team as an assistant coach. Burbage serves as the Redhawks sprints, hurdles and relays coach.

In her time at Southeast, she has coached decathletes to 18 personal-best marks (six indoors, 12 outdoors) and her heptathletes have earned eight career-high scores (three indoor, five outdoor).

In 2020, Burbage coached Ohio Valley Conference OVC Male Freshman of the Year, Nick Bryant, who secured Gold in the 400 meters during the final day of the 2020 OVC Indoor Track & Field Championship before the outdoor season was cancelled due to the COVID-19 pandemic. She also coached Anterreon McClain who captured Silver in the 60 meter dash.

In 2017, Burbage coached Nick South who was the OVC Men's Indoor Heptathlon Champion and the OVC Outdoor Men's Decathlon Silver medalist as the Redhawks men were named 2017 OVC Outdoor Track & Field Champions. She also coached NCAA West Preliminary Qualifiers Zach Gordon and Brannon Wright who finished first and second at the OVC Outdoor Championship.

Burbage helped coach Taylor Coffelt to an outstanding senior year where Coffelt set six personal records. Coffelt won gold in the heptathlon with a career-high score of 4877 at the 2016 OVC Outdoor Championships where she reached personal bests in both high jump (1.60m) and the 200m dash (26.13).

During the 2014-15 season, Burbage served as the

director of operations at the University of Louisville. She managed the team budget, was in charge of alumni relations and fundraising, organized team travel and logistics along with home meet operations and oversaw equipment orders among other duties.

Burbage was also a volunteer coach at Louisville and assisted with jumps and multi-events for the Cardinals. She worked closely with NCAA long jump qualifier Brittany Owens and 100m hurdler Briana Brown in that role.

Prior to returning to her alma mater, Louisville, Burbage was an assistant coach at Wilmington College (Ohio). There, she coached one NCAA Division III qualifier in the 400m hurdles and was a part of the 2013 Ohio Atlantic Conference Coaching Staff of the Year.

In addition, Burbage monitored classroom activities and efforts of student-athletes, while helping with the program's day-to-day operations.

Burbage previously served as a graduate assistant at the University of Louisiana-Monroe where she earned her Master's in Education Technology Leadership in 2012. She assisted with short sprints and relays, and helped the team's recruiting efforts.

Burbage, a Paducah, Kentucky, native, was a member of the 2008, 2009 and 2010 Big East Championship teams at Louisville. She competed in the 100m, 200m and both 4x100m and 4x400m relays as a member of the Cardinals track & field team. Burbage received a Bachelor of Science in Sport Administration from Louisville in 2010.





CHRIS NAVARRO

ASSISTANT COACH

FIFTH YEAR // SOUTHEAST MISSOURI STATE, 2015

Chris Navarro enters his fifth season as a member of the Southeast Missouri track and field coaching staff. Navarro serves as an assistant coach with an emphasis on multis, pole vault, hurdles and jumps.

This past indoor season, Navarro coached Shea DeGraaf to a Silver medal finish in the heptathlon with 4,353 points at the 2020 Ohio Valley Conference Indoor Track & Field Championship before the outdoor season was cancelled due to the COVID-19 pandemic. Nicholas Yaeger earned Bronze and John Whitcomb completed the two-day competition with 3,982 points for sixth.

Nick South successfully defended his indoor OVC pole vault Championship with a personal-best height of 15-11.75 (4.87m) on his first try. Tanner Teigen grabbed Silver after overcoming a PR

mark on his second attempt. South and Teigen have now combined to capture the indoor title each of the past three seasons.

Navarro also coached high jump Bronze medalists Tallyn Brazell and Ellie Gamradt in 2020.

In 2019, Navarro coached OVC Indoor and Outdoor Pole Vault Champion Nick South and OVC Outdoor High Jump Champion Titouan Sajous.

Navarro had a successful career as a student-athlete at Southeast, capturing six gold medals at OVC Championships.

He was victorious during both heptathlon and decathlon events in the men's dominant 2014 season, helping win both the indoor and outdoor conference titles.

The following season, Navarro took first in the 60m hurdles and heptathlon at the

2015 indoor championship only to follow with gold in the 110m hurdles and decathlon at the outdoor championships.

Navarro holds the Redhawks' outdoor record for 60m hurdles (8.07), ranks ninth in 110m hurdles (14.31) and ranks eighth all-time in javelin (204-7).

Prior to competing at SEMO, Navarro earned Junior College All-American Honors in the decathlon, 110-meter hurdles and javelin while at Riverside Community College.

He also helped the Tigers win back-to-back California Junior College State Team Championships.

Navarro is a graduate of Vista Murrieta High School where he earned All-California Interscholastic Federation honors.

He was also a Team National Champion at Nike Track Nationals in 2010.



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MEN'S S-A ROFILES





LOGAN BLOMQUIST

THROWS**SENIOR****PLEASANT HILL, MO.****PLEASANT HILL****2020 Indoor:** Competed in nine meets...

Had 16 top-five finishes...Had six first-place finishes...Selected as the OVC Male Field Athlete of the Week three times in 2020 including back-to-back weeks (1/29 & 2/5, also 1/8)...Led the conference in weight throw and ranked second in the OVC for shot put... Won the shot put (54-3.25, 16.54m) and placed second in the weight throw (65-1.25, 19.84m) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Flipped the script and place first in weight throw (65-2.75, 19.88m) while taking second in shot put (54-1.75, 16.50m) at the Gene Edmonds Memorial (1/10-11) and then at the Missouri Intercollegiate (1/17, weight throw, 63-5.5, 19.34m, first | shot put, 54-7.25, 16.64m, second) the next week...Captured first in both the shot put (53-4.25, 16.26m) and weight throw (66-0.5, 20.13m) at the Illini Invitational (1/24-25)...Set a new personal-best in the weight throw of 67-11.5 (20.71m) for fourth at the 2020 Indiana University Relays (1/31-2/1)... Captured Gold in the weight throw (65-11.75, 20.11m) and Silver in the shot put (56-3.75, 17.16m) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Named an All-Academic Athlete by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA)...Selected to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in 11 meets...

Captured 13 titles and had 27 top-five finishes... Tabbed OVC Male Field Athlete of the Week four consecutive weeks from April 10-May 1... Won the hammer throw (196-2, 59.79m) and was second in both the discus (168-8, 51.40m) and shot put (52-4.75, 15.97m) at the Rhodes Invitational (3/15-16)...Grabbed the discus title (159-7, 48.64m), was second in shot put (52-6.5, 16.01m) and finished fourth in hammer (197-10, 60.29m) at the Drury Hotels Joey Haines Invite (3/29-30)...Swept the shot put (54-0, 16.46m), discus (166-7, 50.77m) and hammer (199-10, 60.90m) events at the Gibson Invitational (4/6)...Named the OVC Co-Male Field Athlete of the Week on April 10 after his three titles at the Gibson Invitational (4/6)...Followed that up with a first place finish in discus (150-11, 46.01m) and was the runner-up in hammer throw (201-6, 61.43m) at the Joe Walker Classic (4/12-13)...Was first, second and third in shot put (55-6.25), discus (154-5, 47.08m), and hammer (201-1, 61.30m) at the Georgia Tech Invitational (4/19-20)...Placed first, second and fourth in shot put (56-8.75, 17.29m), hammer (206-4, 62.89m) and discus (162-0, 49.38m) at the Memphis Tiger Invitational (4/26-27)... Swept the shot put (55-5.75, 16.91m), discus (169-7, 51.70m) and hammer (210-5, 64.14m) at the SIUE Gateway Classic (5/3)...Earned a pair of Gold medals in hammer and discus along with a silver in shot put at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Captured the hammer throw title with a Southeast program record and OVC Championship record of 213-5 (65.06m, PR)...Garnered his second Gold of the Championships with a discus mark of 171-3 (52.19m)...Was second overall in the shot put with a feat of 54-2 (16.51m)...Also finished fourth in javelin (160-11, 49.06m)...Named OVC Men's Athlete of the Championship with a Championship-best 33 points for SEMO over the three-day meet as Southeast placed second as a team to become SEMO's fifth Championship MVP and first since Zach Gordon in 2017...Led the conference in hammer (28th in the NCAA Division I West Region and 49th in NCAA Division I), discus and shot put and was fifth in javelin...Finished ninth in

hammer throw at the NCAA Division I West Preliminary (5/23-25) with a mark of 212-2 (64.66m)...Tallied a distance of 198-4 (60.45m, 24th) at the NCAA Division I Outdoor Track & Field Championships (6/5-8)...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Competed in eight meets...Posted 12 top-five finishes and won three titles...

Opened the season with a shot put mark of 52-4 (15.95) to win the event at the SEMO vs. SIUE Dual Meet (12/7)...Also was second in weight throw (62-3, 18.97m)...Finished runner-up in weight throw at the Illini Open (1/12, 60-6, 18.44m) and at the Indiana University Relays (1/25-26, 62-1, 18.92m)...Captured the weight throw title with a feat of 62-9.5 (19.14m) at the Fred Wilt Open (2/1-2)...Also had a shot put throw of 51-11.75 (15.84m, sixth)...Named the OVC Co-Male Field Athlete of the Week after his performance at Purdue's Fred Wilt Open (2/1-2)...Placed third in the event with 60-1 (18.31m) at the Hoosier Hills (2/8)...Posted a personal-best weight throw distance of 65-3.25 (19.89) to win the event at the Redhawks Open (2/15)...Also was fifth in shot put (52-1.75, 15.89m)...Earned silver in the weight throw and bronze in the shot put at the OVC Indoor Track & Field Championship (2/20-21)...Notched a weight throw mark of 63-5.5 (19.34m, second) and a shot put distance of 53-5.5 (16.29m, third).





LOGAN BLOMQUIST

2018 Outdoor: Competed in ten meets...Won shot put with 56-11.5 (17.36m), placed second in discus throw with a distance of 162-6 (49.52m) and fourth in hammer throw with a mark of 181-3 (55.24m) at the South Alabama Jaguar Opener (3/2-3)...Finished third in hammer throw (179-3, 54.65m) at the Rhodes Invitational...Placed third in shot put (54-8.25, 16.67m) and third in hammer throw (185-9, 56.62m) at the Mississippi State Bulldog Relays (3/23-24)...Was the runner-up in discus throw with a mark of 160-9 (49.01m) and third in hammer throw with a distance of 180-1 (54.90m) at the SLU Billiken Invitational (4/6-7)...Won discus title with a throw of 164-0 (49.98m) and second in shot put (52-7.5, 16.04m) along with a fourth place finish in hammer throw (190-2, 57.96m) at the Georgia Tech Invitational...Was third in hammer with 190-8 (58.13m) at the Memphis Tiger Invitational (4/27-28)...Finished

second in discus (168-1, 51.23m), third in hammer with a personal-best throw of 194-5 (59.26m) and fourth in shot with a mark of 52-9.25 (16.08m) at the Arkansas Twilight (5/4)...Earned a gold and two bronze medals at the Ohio Valley Conference Track & Field Championship (5/10-12)...Captured the discus title with a throw of 171-4 (52.23m)...Notched bronze in shot put (55-11.25, 17.05m) and hammer (193-11, 59.10m)...Also posted a personal-best throw of 168-2 (51.26m) in javelin for sixth.

2018 Indoor: Appeared in six meets...Finished fourth (shot put, 53-8.5, 16.37m) and fifth (weight throw, 58-1.75, 17.72m) at the 2018 Hoosier Hills (2/9)...Placed second in weight throw with a mark of 57-3.5 (17.46m) and fourth in shot put with a distance of 55-3.75 (16.86m) at the 2018 Redhawk Open (2/16)...Won gold in the shot put with a personal-best throw of 58-2 (17.73m) at the Ohio Valley Indoor Track and Field Championships (2/23-24)...Also was fourth in the weight throw with a PR of 58-8.5 (17.89m).

2017 Outdoor: Appeared in 11 meets...Record 12 top-five finishes...Won shot put at the Jaguar Open (3/3) with a throw of 53' 3.5"...Placed third in both shot put (53' 1.75") and discus (PR 174' 0", seventh best in SEMO History) at the Gibson Invitational (4/14)...Set a personal-best in the hammer throw with 178' 0" (ninth in SEMO History) for sixth at the Wisconsin Alumni Classic (5/5)...Won silver in the shot put (PR 54' 10.25") and discus (166' 6") at the OVC Championship (5/11)...Also placed sixth in javelin (161' 5") and sixth in hammer throw (172' 0")...Tabbed Ohio Valley Conference Outdoor Track & Field Male Freshman of the year...Finished seventh at the USA Track & Field Junior Outdoor Championships (6/22-25) in Sacramento, California with a discus throw of 176-7...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Had six top-five finishes...Took second in shot put (50' 10.25") and third in weight throw (46' 0.5") at the SEMO vs. SIU-

Edwardsville Dual (12/9)...Placed fourth in both weight throw (50' 6.75") and shot put (53' 6.25") at the 2017 Redhawks Invite (2/17)...Took fifth in the shot put (PR 53' 9.75") and 11th in the weight throw (PR 51' 8.25") at the OVC Championship (2/24).

Prep: Set personal records of 60-7 in shot put and 186-8 in discus while at Pleasant Hill...During senior season, won state championship in shot put and took second in discus...Won state title in discus during junior year and runner up in shot put...Three time conference, district and sectional champ in discus...Two time conference, district, and sectional champ in shot put...Winner of the 2016 Kansas relays in both shot put and discus...Earned high-point plaque during both junior and senior seasons...Lettered all four years.





NICK SOUTH

MULTIS**SENIOR****MUSCLE SHOALS, ALA.****MUSCLE SHOALS**

2020 Indoor: Competed in six meets...Had three top-five finishes...Led the OVC in pole vault with Tanner Teigen...Finished second in the high jump with a mark of 6-2 (1.88m) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Took second in pole vault with a height of 15-3 (4.65m) at the Gene Edmonds Memorial (1/10-11)...Overcame a pole vault mark of 15-7.25 (4.76m, 13th) at the 2020 Frank Sevigne Husker Invitational (2/7-8)...Successfully defended his indoor pole vault Championship with a personal-best height of 15-11.75 (4.87m) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Also scored for the Redhawks in the high jump (6-2, 1.88m) and 60 meter hurdles (8.57).

2019 Outdoor: Appeared in five meets...Finished fourth in the pole vault at both the Gibson Invitational (4/6, 15-1, 4.60m) and Joe Walker Classic (4/12-13, 15-1.5, 4.61m)...Captured gold in the pole vault at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau to sweep the event in 2019...Registered a career-best height of 15-9.25 (4.81m) en route to gold...Also placed fifth in the 110-meter hurdles in 15.21 after setting a personal-record with the same time in the preliminaries.

2019 Indoor: Competed in seven meets...Posted four top-five finishes...Opened the season with a first place finish in the 55-meter hurdles (8.15) and a high jump of 6-0 (1.83m, sixth) at the SEMO vs. SIUE Dual Meet (12/7)...Placed eighth in the heptathlon at the Indiana University Relays (1/25-26), totaling 4,403 points...Was fourth in high jump (5-10.75, 1.80m) and fifth in 60-meter hurdles (8.89), pole vault (13-9.25, 4.20m) and long jump (20-5.75, 6.24m)...Won gold in the pole vault at the OVC Indoor Track & Field Championship (2/20-21), overcoming a height of 15-5 (4.70m)...Also earned silver in the heptathlon, totaling 4,821 points...In the heptathlon, won pole vault (15-7, 4.75m), was second in 60-meter hurdles (8.60) and the 60 meters (7.36), and was third in long jump (20-10.75, 6.37m) and high jump (6-4.25, 1.94m).

2018 Outdoor: Did not compete.

2017 Indoor: Did not compete.

2017 Outdoor: Competed in seven meets...Had 20 top-five finishes...Finished second in pole vault (14' 5.25") and javelin (143' 4") at the Ole Miss/Joe Walker Invitational (3/24)...Also, threw a personal-best in shot put (32' 7", eighth)...Set a personal-best in the javelin throw with 153' 11" for 11th at the 2017 Drury Hotels Joey Haines Invite (3/31)...Took silver in the decathlon at the OVC Championship with 6168 points...Set personal-bests in 100m (11.41), 400m (52.07), 1500m (5:22.18), 110m hurdles (15.25), high jump (6' 2"), long jump (21' 1.25") and discus (97' 9").





NICK SOUTH

2017 Indoor: Appeared in six meets...Had 12 top-five finishes... Won the pole vault (14' 11") and high jump (6' 0") at the SEMO vs. SIU-Edwardsville Dual (12/9)... Set a PR in the 55m hurdles in the preliminary round at the 2017 Redhawks Invite (2/17)... OVC Champion in the heptathlon after he broke several personal records on the way to first-place that included; the 60m (7.28, third), 60m hurdles (8.41), shot put (32' 6.5"), high jump (6' 0.5"), pole vault (15' 8.5", first) and the 1000m (3:03.47).

Prep: Graduated from Muscle Shoals High School in 2016... Lettered all three years of competition...Two-time state champion pole vaulter (2015-2016)...Three-time state qualifier in hurdles.

Personal: Born March 4, 1998... Son of Todd and Gail South... Studying Physical Therapy at Southeast Missouri.



**GRIFFIN BAILEY****DISTANCE****SENIOR****ST. LOUIS, MO.****OAKVILLE**

2020 Indoor: Ran in four meets...Had three top-five finishes...Made season debut at the Illini Invitational (1/24-25), competing in the mile (4:24.90, fifth) and 800 meters (2:00.27, seventh)...Won the mile in 4:24.45 at the Mizzou Open (2/7)...Finished fourth in the mile in a career-best 4:18.33 at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Also was sixth in the distance medley relay in 10:37.00.

2019 Cross Country: Ran in five meets...Opened the season with a career-best 5K time of 17:44.7 (14th) at the 2019 Saluki Invite (9/30)...Finished the Bradley 'Pink' Classic (10/18) in 28:05.3 (141st)...Placed 40th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, with a time of 26:23.8...Completed the 10K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in 35:45.3 (184th).

2019 Outdoor: Ran in six meets...Had two top-five finishes...Set a personal best in the 2,000-meter steeplechase in 6:11.37 (11th) at the Vanderbilt Black & Gold Invitational (3/22-23)...Was the runner-up in the 3,000-meter steeplechase at the 2019 Drury Hotels Joey Haines Invite (3/29-30) in 9:48.90...Set a PR in the 5,000 meters, completing the race in 15:44.67 for fifth at the Joe Walker Classic (4/12-13)...Tallied a mark of 9:58.34 (13th) in the 3,000-meter steeplechase at the OVC Outdoor Track & Field Championship (5/9-11).

2019 Indoor: Appeared in six meets...Posted two top-five finishes...Placed fourth in the distance medley relay in 10:37.22 at the Indiana University Relays (1/25-26)...Finished eighth in the mile, clocking in at 4:34.70 at the Fred Wilt Open (2/1-2)...Tallied an indoor season-best 3,000 meter time of 8:55.27 (16th) at the Hoosier Hills (2/8)...Was fifth in the distance medley relay at the OVC Indoor Track & Field Championship (2/20-21) with a mark of 10:45.10...Also completed the 3,000 meters in 9:27.47 (20th).

2018 Cross Country: Ran in five meets...Started the season with a personal-best 5K of 18:33.7 (36th) at the Saluki Cross Country Invitational (8/31)...Ran a season-best 8K, clocking in at 26:15.6 (177th) at the Louisville Classic (9/29)...Finished 65th at the OVC Cross Country Championship (10/27) with a time of 27:19.7...Posted a 10K mark of 33:42.0 (140th) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Ran in seven meets...Finished third with a personal-best time of 9:24.44 in the 3000m steeplechase at the Rhodes Invitational (3/16-17)...Won the event the next week at the Mississippi State Bulldog Relays (3/23-24), clocking in at 9:30.40...Third in the 4x400 relay (3:30.52) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Placed first in the 3000m steeplechase at the SLU Billiken Invitational (4/6-7) in 9:38.73...Was sixth in the 5000m with a PR of 16:36.36 at the Memphis Tiger Invitational (4/27-28).

2018 Indoor: Competed in seven meets...Placed third in the 3000m at the SEMO vs. SIUE Dual (12/8) with a time of 9:13.00...Set a personal record of 8:39.27 (26th) in the 3000m at the Vanderbilt Invitational (1/19-20) and finished second in the DMR (10:19.99)...Won the DMR at the 2018 Hoosier Hills (2/9) with a time of 10:25.28...Earned bronze in the DMR at the OVC Indoor Track & Field Championships (2/23-24), clocking in a time of 10:08.18...Finished 14th in the 3000m in 8:52.47.

2017 Cross Country: Ran in five meets...Finished 26th at the Forest Park Cross Country Festival (9/8) in 27:11.9...Recorded a personal best at the Greater Louisville Classic (25:57.7-182nd)...Ran a 26:15.9 8K at the OVC Championship (10/28) for 55th...Placed 142nd in the NCAA Midwest Regional 10k with a mark of 31:33.2.





2017 Outdoor: Competed in six meets...Won the 3000m steeplechase in 9:42.05 at Ole Miss/Joe Walker Invitational (3/24)...Set a personal-best in the 1500m in 4:06.27 at the 2017 Drury Hotels Joey Haines Invite (3/31) for 20th...Took third in the 3000m steeplechase in 9:46.11 at the Tiger Track Classic (4/7)...Ran a PR (9:37.03) in the 3000m steeplechase at the Georgia Tech Invitational (4/21)...Added a personal-best in the 800m (1:56.99, seventh) at the Memphis Invitational 2017 (4/28)...Finished ninth in the 3000m steeplechase (9:46.79) and 18th in the 1500m (4:09.01) at the OVC Championship.

2017 Indoor: Competed in six meets...Had five top-five finishes...Won the mile at the SEMO vs. SIU-Edwardsville Dual (12/9) in 4:26.40...Placed first in the distance medley relay at the 2017 Indiana University Relays (1/27) in 10:42.46...Also set a personal-best in the mile with a time of 4:23.36 for 16th...Ran a personal-best 3000m in 8:56.52 (13th) at the Don DeNoon Invite (2/3)...Finished 13th in the mile with a time of 4:25.66 at the OVC Championship (2/24)...Added a PR in the 800m (1:58.32) in the preliminary round.

2016 Cross Country: Ran in five meets... Finished top-20 twice... Placed ninth at the Gabby Reuveni (19:29.8)... Finished 16th at the Rebel Invitational (19:23.9).

Prep: Attended Oakville High School...Earned all-state honors in cross country as a senior and track as a junior...Garnered all-conference recognition in cross country his last two years... District champion in the 1600m race as a sophomore...Finished third in state in 800m his junior season...2014 USA Triathlon National Champion in the 16-19 age group...Third-place finish at the 2014 ITU Triathlon World Championship.

Personal: Born December 19, 1997...Son of Scott and Kathleen Bailey...Majoring in General Studies.



**CHRIS DURR****DISTANCE****SENIOR****SPRINGFIELD, ILL.****CHATHAM-GLENWOOD**

2020 Indoor: Ran in five meets...Had two top-five finishes...Finished fourth in the 3,000 meters at the SEMO vs. SIUE Dual Meet (12/6/19), crossing the finish in 10:15.64... Also posted a time of 4:46.69 (ninth) in the mile...Won the 5,000 meters at the Missouri Intercollegiate (1/17) in 15:58.55... As an unattached runner, completed the 3,000 meters at the Titan Open 2020 (2/1) in 8:59.03...Set a personal-best 3,000 meters time of 8:55.94 (21st) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in all six meets... Was the top male finisher in five races...Opened the campaign with a third-place finish with a personal-best time of 16:20.0 at the 2019 Saluki Invite (9/30)...Was 23rd at the Bradley Intercollegiate (9/20) with 26:53.2...Notched a career-best 8K mark of 25:56.1 (79th) at the Bradley 'Pink' Classic (10/18)...Finished 33rd at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in 26:01.7...Completed the 10K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in 34:37.0 (170th)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in six meets...Had two top-five finishes...Notched a personal record of 15:50.17 (sixth) in the 5,000 meters at the Joe Walker Classic (4/12-13)...Finished as the runner-up in the 5,000 meters in 15:59.94 at the Memphis Tiger Invitational (4/26-27)...Set a PR of 33:24.61 (16th) in the 10,000 meters at the OVC Outdoor Track & Field Championship (5/9-11)...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Ran in six meets...Posted two fourth place finishes...Completed the 3,000 meters in 9:27.57 at the SEMO vs. SIUE Dual Meet (12/7) for fourth...Set a personal-best mile time of 4:32.13 (17th) at the Illini Open (1/12)...Earned fourth in the 3,000 meters with a PR of 9:02.79 at the Fred Wilt Open (2/1-2)... Concluded the 5,000 meters in 15:57.15 (14th) and notched a time of 9:08.79 (19th) at the OVC Indoor Track & Field Championship (2/20-21).

2018 Cross Country: Ran in all six meets...Ran a personal-best 5K of 16:39.4 (14th) to start the season at the Saluki Cross Country Invitational (8/31)...Placed sixth at the SIUE John Flamer Invite (9/14) with a time of 27:36.1...Tallied a career-best 8K mark of 26:05.8 (167th) at the Louisville Classic (9/29)...Finished 50th at the OVC Cross Country Championship (10/27) with a time of 26:28.9...Recorded a PR 10K (34:57.5, 183rd) at the NCAA Division I Midwest Region Cross Country Championships (11/9)...Named to the OVC Commissioner's Honor Roll.

2018 Outdoor: Participated in four meets... Placed seventh in the 5000m (16:03.40) at the Mississippi State Bulldog Relays (3/23-24)...Was sixth in the same event at the SLU Billiken Invitational (4/6-7) in 16:05.85...Finished fourth with a PR time of 15:58.98 in the 5000m at the Memphis Tiger Invitational (4/27-28)... Posted a personal-best time of 35:08.07 in the 10,000m at the OVC Outdoor Track & Field Championship (5/10-12).

2018 Indoor: Ran in seven meets...Finished sixth in the mile (4:38.55) at the SEMO vs. SIUE Dual (12/8)...Posted a personal-best time of 9:07.71 in the 3000m (15th) Don DeNoon Invitational (2/2-3)...Recorded a third place finish in the mile with a PR time of 4:34.33 at the 2018 Redhawks Open (2/16)...Was 13th in the 5000m at the OVC Indoor Track & Field Championship (2/23-24), clocking in at 16:09.99.





2017 Cross Country: Ran in five meets...Finished in the top-10 at the Walt Crawford Open (9/1) with a time of 26:38.0...Placed 17th at the Forest Park Cross Country Festival (9/8) in 26:22.6...Finished 79th at the OVC Championship (10/28) in 27:20.7...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Glenwood High School in Springfield, Illinois... Member of school record holding 4 x 800m relay team, honor roll student, academic all-conference member all four years, earned team MVP award, Springfield road-runner of the year runner up...Academic conference, individual conference champion in cross country, 3200m and 1600m, was named All-Metro male runner of the year as a senior...Member of 4 x 800m relay winning team at conference as a junior...Injured as a sophomore...All conference in cross country and track as a freshman.

Personal: Born September 18, 1998...Son of Michael and Erin Durr...Majoring in Communication Disorders...Played trombone for five years and cello for two years.



**TREVOR FALCO****DISTANCE****SENIOR****SALEM, ARK.****SALEM**

2020 Indoor: Ran in five meets...Posted a time of 9:49.16 (23rd) in the 3,000 meters at the Gene Edmonds Memorial (1/10-11) in his season debut...Registered a career best 4:38.79 (23rd) in the mile at the Illini Invitational (1/24-25)...Finished third in the 800 meters with a personal-best time of 2:09.43 at the 2020 Redhawks Open (2/21)...Completed the mile at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27) in 4:42.82 (19th)...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in five meets...Opened the campaign with a 15th-place finish at the 2019 Saluki Invite (9/30) in 17:45.4...Completed the 2019 OVC Championship (11/2) 8K at SIUE in Edwardsville, Illinois, in 28:09.9 (73rd)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Competed in five meets...Set a personal best in the 2,000-meter steeplechase of 6:56.39 (22nd) at the Vanderbilt Black & Gold Invitational (3/22-23)...Was fifth in the 5,000 meters in 16:41.40 at the Memphis Tiger Invitational (4/26-27)...Finished the 3,000-meter steeplechase in a career best 10:27.23 (14th) at the OVC Outdoor Track & Field Championship (5/9-11)...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Ran in five meets...Had two top-five finishes...Placed fifth in the mile in 4:46.02 at the SEMO vs. SIUE Dual Meet (12/7)...Set personal bests in the mile (4:41.37, 21st) at the Illini Open (1/12), 3,000 meters (9:20.26, seventh) at the Fred Wilt Open (2/1-2)...Won the 1,000 meters with a PR of 2:48.44 at the 2019 Redhawks Open (2/15)...Completed the 3,000 meters in 9:47.02 (21st) at the OVC Indoor Track & Field Championship (2/20-21).

2018 Cross Country: Competed in five meets...Registered a personal-best 5K of 17:09.5 (19th) to start 2018 at the Saluki Cross Country Invitational (8/31)...Tallied a career-best 8K mark of 27:15.6 (226th) at the Louisville Classic (9/29)...Crossed the finish line in 28:21.0 (8K, 77th) at the OVC Cross Country Championship (10/27) with a time of 26:28.9...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.





2018 Outdoor: Competed in two meets...Placed sixth in the 3000m steeplechase (PR, 11:03.90) at the 2018 Drury Hotels Joey Haines Invite (3/30-31) and finished 20th in the 1500m at the SLU Billiken Invitational (PR, 4:24.50).

2018 Indoor: Ran in six meets...Placed fifth in the 3000m at the SEMO vs. SIUE Dual Meet (12/8) with a mark of 9:30.43...Improved in the race with a time of 9:27.31 (24th) at the Illinois Open (1/13)...Ran a personal-best 5000m (16:27.84, 12th) at the 2018 Indiana University Relays (1/26-27)...Added a PR in the 3000m at the Don DeNoon Invitational (2/2-3), clocking in at 9:27.18 for 24th...Finished third in the 3000m (9:36.11) at the 2018 Redhawks Open (2/16)...Placed 19th in the mile (PR, 4:43.17) at the OVC Indoor Track & Field Championships (2/23-24).

2017 Cross Country: Appeared in five meets...Had three top-50 finishes...Finished in the top 15 at the Walt Crawford Open (9/1) in 27:40.3...Place 83rd at the OVC Championship (10/28) in 27:39.7.

Prep: Attended Salem High School in Salem, Arkansas...Lettered in both track and cross country...All state in cross country and track in 2016 and 2017...3200m state champion in track for 2016 and 2017...State champion in cross country in 2017.

Personal: Born May 21, 1998...Son of Michael and Stephanie Falco...Studying Finance.



**AUSTIN PERKINS****DISTANCE****SENIOR****ST. PETERS, MO.****FORT ZUMWALT EAST**

2020 Indoor: Ran in seven meets...Had six top-five finishes...Finished fourth in the 4x400 meter relay (3:47.20), fifth in the 3,000 meters (10:17.05) and sixth in the mile (4:39.85) at the SEMO vs. SIUE Dual Meet (12/6/19)...Completed the 4x400 meter relay in 3:29.15 for fourth at the Gene Edmonds Memorial (1/10-11)...Won the 3,000 meters in a personal best 9:20.08 at the Missouri Intercollegiate (1/17)...Also was a member of the first place 4x800 meter relay team in 8:33.60...Set a personal record in the mile of 4:27.82 (14th) at the 2020 Indiana University Relays (1/31-2/1)...Was third in the distance medley relay (10:45.47) and seventh in the 800 meters (1:56.92) at the 2020 Hoosier Hills (2/14)...Placed sixth in the distance medley relay (10:37.00) and eighth in the 800 meters (1:57.57) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

2019 Cross Country: Ran in all six meets...Opened the campaign with a 12th-place finish at the 2019 Saluki Invite (9/30) in a personal best 17:27.9...Posted a career-best time of 29:08.7 (85th) at the Bradley Intercollegiate (9/20)...Notched a PR 8K mark of 27:35.8 (137th) at the Bradley 'Pink' Classic (10/18)...Finished 60th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in 27:37.4...Concluded the 10K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in a personal best 37:25.7 (195th).

2019 Outdoor: Appeared in eight meets...Had two top-five finishes...Won the 1,500 meters at the 2019 Drury Hotels Joey Haines Invite (3/29-30), crossing the finish in 4:12.43...Was the runner-up in the 1,500 meters at the 2019 SIUE Gateway Classic (5/3) in 4:05.78...Completed the 1,500 meters in a personal best 4:02.00 for 11th at the OVC Outdoor Track & Field Championship (5/9-11).

2019 Indoor: Competed in seven meets...Posted six top-five finishes...Placed third in both the 800 meters (2:03.67) and the 4x400 meter relay (3:38.69) at the SEMO vs. SIUE Dual Meet (12/7)...Also was third in the 1,000 meters with a personal best time of 2:34.46 at the Samford Open (1/18-19)...Set a PR of 1:23.97 for fourth in the 600 meters at the Hoosier Hills (2/8)...Finished fourth in the same event with a mark of 1:26.23 at the 2019 Redhawk Open (2/15)...Was fifth in the distance medley relay in 10:45.10 at the OVC Indoor Track & Field Championship (2/20-21)...Also was 12th in the mile in 4:29.74.

2018 Cross Country: Appeared in two meets...Set a 5K personal-best time of 18:33.1 (35th) in the season-opening Saluki Cross Country Invitational (8/31)...Posted a mark of 30:44.8 (12th) at the SIUE John Flamer Invite (9/14).





2018 Outdoor: Competed in seven meets...Finished fourth in the 4x800m (7:52.79) at the Mississippi State Bulldog Relays (3/23-24)...Placed third in the 4x400m in 3:30.52 and was seventh in the 800m (1:59.45) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Clocked a PR time of 4:13.68 in the 1500m at the SLU Billiken Invitational (4/6-7)...Set a personal-best mark of 1:55.85 (24th) in the 800m at the Georgia Tech Invitational (4/20-21)...Competed in the 800m (2:02.70, 18th in preliminaries) at the OVC Outdoor Track and Field Championships (5/10-12).

2018 Indoor: Ran in seven meets...Placed second (4x400, 3:33.37) and third (800, 2:03.54) at the SEMO vs. SIUE Dual Meet (12/8)...Ran a personal-best 600m in 1:26.39 (12th) at the 2018 Indiana University Relays (1/26-27)...Clocked a PR time of 2:37.73 in the 1000m at the Don DeNoon Invitational (2/2-3)...Finished fifth in the 400 (PR, 53.75) at the 2018 Redhawks Open (2/16)...Placed eighth overall in the 800m (2:00.86) at the OVC Indoor Track and Field Championships (2/23-24)..

2017 Cross Country: Ran in one meet...Finished 48th at the Forest Park Cross Country Festival (9/8).

Personal: Majoring in Engineering Technology: Mechanical/Manufacturing Systems.



**COLIN SCHWAB****SPRINTS****SENIOR****BALLWIN, MO.****MARQUETTE**

2020 Indoor: Ran in eight meets...Had nine top-five finishes...Ranked sixth in the OVC for the 400 meters...Finished first in the 400 meters (51.80) and 4x400 meter relay (3:24.76) at the SEMO vs. SIUE Dual Meet (12/6/19)... Took first in the 4x400 meter relay in 3:22.42 and was fourth in the 400 meters (50.86) at the Gene Edmonds Memorial (1/10-11)...Also set a personal-best 600 meters time of 1:25.14... Finished fourth in the 600 meters in 1:30.04 at the Missouri Intercollegiate (1/17)...Took fifth in the 400 meters, clocking in at 51.15 at the Illini Invitational (1/24-25)...Posted a time of 49.56 in the 400 meters to finish as the runner-up at the 2020 Hoosier Hills (2/14)...Earned Bronze in the 4x400 meter relay, finishing with a mark of 3:16.61 at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)... Also scored for the Redhawks with a fifth place finish in the 400 meters (48.97).

2019 Outdoor: Ran in eight meets...Notched 10 top-five finishes...Was the runner-up in the 4x100 meter relay in 44.19 at the 2019 Drury Hotels Joey Haines Invite (3/29-30)...Placed third in the 4x400 meter relay in 3:18.31 at the Memphis Tiger Invitational (4/26-27)...Was a member of the first place 4x400 meter relay team (3:17.23) at the SIUE Gateway Classic (5/3)...Also was second in the 200 meters in 22.28...Grabbed silver in the 4x400, completing the relay in 3:18.11 at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Also was fourth in both the 4x100 meter relay (42.50) and 400 meters (48.73) and fifth in the 200 meters (22.66).

2019 Indoor: Competed in seven meets...Had six top-five finishes...Won the 4x400 meter relay in 3:33.97 at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Finished second in the 400 meters in 50.99 at the 2019 Illini Open (1/12)...Placed third and fourth, respectively in the 200 meters (22.92) and 400 meters (51.71) at the Fred Wilt Open (2/1-2)...Was also third in the 4x400 meter relay in 3:19.53 at the 2019 Hoosier Hills (2/8)...Also finished seventh in the 400 meters in 49.29...Earned bronze in the 4x400 meter relay with a time of 3:18.34 at the OVC Indoor Track & Field Championship (2/20-21)...Also was eighth in the 200 meters (22.66).

2018 Outdoor: Competed in seven meets...Set a PR of 11.27 (22nd) in the 100m at the Rhodes Invitational (3/16-17)...Added a career best in the 200m of 22.00 (16th) at the Mississippi State Bulldog Relays (3/23-24)...Was fourth in the 400m (49.70) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished second in the 4x400m (3:17.86) and third in the 400 with a personal best of 48.23 at the Joe Walker Invite (4/13-14)...Earned a silver and bronze medal in the 4x400m (3:14.12) and 4x100m (41.39) at the Ohio Valley Conference Outdoor Track & Field Championship (5/10-12)...Also was fifth in the 400m (48.32).





COLIN SCHWAB

2018 Indoor: Appeared in eight meets...Finished first in the 400m (51.58) and second in the 4x400m (3:33.37) at the SEMO vs. SIUE Dual Meet (12/8)...Was third in both the 400m (50.64) and the 4x400m (3:26.95) at the Illinois Open (1/13)...Posted a career-best time of 7:36 in the 60m (26th) at the Don DeNoon Invitational (2/2-3)...Placed third in the 4x400m, clocking in at 3:23.03 at the 2018 Hoosier Hills (2/9)...Was a member of the first place 4x400m team (3:27.61) at the 2018 Redhawks Open (2/16)...Earned silver in the 4x400m at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a mark of 3:23.99...Also was fourth in the 400m (50.03) and 14th in the prelims for 200 (23.55).

Prep: Graduated from Marquette High School in 2017...Was named to the all-state track and field team twice, placed sixth in state in the 400m, placed seventh in state in the 4x200m, was two time All-American junior Olympian in 4x800m and 4x400m.

Personal: Born September 9, 1998...Son of Shane Schwab and Courtney Kelly...Majoring in Business Marketing and Sales.



**BRYCE PEASE****SPRINTS****SENIOR****FLORISSANT, MO.****LUTHERAN NORTH**

Also was sixth in the distance medley relay, clocking in at 10:37.00 to score for the Redhawks.

2019 Outdoor: Ran in six meets...Had six top-five finishes...Finished second in the 4x100 meter relay in 44.19 at the 2019 Drury Hotels Joey Haines Invite (3/29-30)...Took fifth in the 400 meter hurdles at the ASU Red Wolf Open (4/19-20) in 57.60...Placed first in the 4x400 meter relay, crossing the finish line in 3:17.23...Also notched a career-best 400 meter hurdles time of 55.87 for second at the meet...Placed fourth in the 4x100 meter relay (42.50) and was sixth in the 400 meter hurdles (57.03) at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau.

2019 Indoor: Competed in six meets...Notched three top-five finishes...Finished first in the 4x400 meter relay in 3:33.97 at the SEMO vs. SIUE Dual Meet (12/7)...Set a personal-record time of 1:27.52 in the 600 meters (sixth) at the 2019 Illini Open (1/12)...Placed third in the 4x400 meter relay in 3:19.53 at the 2019 Hoosier Hills (2/8)...Was a member of the bronze medalist 4x400 meter relay team at the OVC Indoor

Track & Field Championship (2/20-21), finishing in 3:18.34.

2018 Outdoor: Ran in seven meets...Was a member of the first place 4x400m relay team (3:26.20) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...At the same meet had a personal best in the 800 of 2:08.62...Finished second in the 4x400m (3:17.86) at the Joe Walker Invite (4/13-14)...Earned silver in the 4x400m relay with a time of 3:14.12 and registered a PR of 49.43 in the 400m at the Ohio Valley Conference Championship (5/10-12).

2018 Indoor: Competed in six meets...Finished fifth and had a personal best in the 200m (24.95) at the SEMO vs SIUE Dual Meet (12/8)...Also finished fourth in the 400m (53.55)...Placed third in the 4x400m (3:26.95) at the Illinois Open (1/13)...Finished third in the 4x400m with a mark of 3:23.03 at the 2018 Hoosier Hills (2/9)...Had a personal best time of 1:28.30 in the 600m at the Illinois Open...Earned silver and bronze medals at Ohio Valley Indoor Track and Field Championships (2/23-24)...Captured second in the 4x400m, clocking in at 3:23.99 and finished third in distance medley relay with a time of 10:08.18.

2020 Indoor: Ran in seven meets...Had two top-three finishes...Finished first in the 4x400 meter relay in 3:22.42 in season debut at the Gene Edmonds Memorial (1/10-11)...Also completed the 400 meters in 52.03 (eighth) and 600 meters in 1:28.63 (15th)...Finished the 400 meters with a time of 51.56 for seventh at the Illini Invitational (1/24-25)...Set a personal record in the prelims for the 60 meter hurdles (9.76)...Captured Bronze in the 4x400 meter relay (3:16.61) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...

**BRYCE PEASE**



DILLON LAY

HURDLES

SENIOR

RIVERSIDE, CALIF.

RIVERSIDE CITY COLLEGE | MARTIN LUTHER KING JR. HS

2020 Indoor: Competed in eight meets... Ranked third in the OVC for the 60 meter hurdles (8.03) and third in the 4x400 meter relay (3:31.07) in Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19)... Also set PRs in the long jump (20-10, 6.35m, sixth) and 55 meters (6.72, seventh)... Placed fifth in the 60 meter hurdles in 8.44 at the Gene Edmonds Memorial (1/10-11)... Also completed the 400 meters in a personal-best 56.86 (23rd)... Set a PR 60 meters mark of 7.29 in the prelims at the 2020 Indiana University Relays (1/31-2/1)... Won the triple jump with a personal-best mark of 41-7.75, 12.69m at the 2020 Redhawks Open (2/21)... Also set a PR in the 55 meter hurdles in the prelims in 7.94... Took fourth in the 60 meter hurdles in 8.38 at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27) to score for the Redhawks... Set a PR in the event during qualifying, clocked at 8.34 for second in the prelims... Also had a triple jump distance of 39-5.75 (12.03m, 11th)... Named to the OVC Commissioner's Honor Roll.

Riverside City College: Member of the 2019 California Community College Athletic Association (CCCCAA) State Championship and Orange Empire Conference (OEC) Championship team... Won the 110 meter hurdles (14.97), while finishing second in the 400 meter hurdles (53.60) at the 2019 OEC Championship... Grabbed Gold in the 110 meter hurdles in 14.99 and Silver in the 400 meter hurdles (56.30) at the 2018 OEC Championship... Coached by Jim McCarron at Riverside City College.

Prep: Attended Martin Luther King Jr. High School in Riverside, California... Competed in the 110 and 400 meter hurdles and long jump at Martin Luther King Jr... Was a two-time letterwinner in track and field... Graduated from Martin Luther King Jr. HS in 2017.

Personal: Born April 16, 1998... Son of Danny and Lori Lay... Majoring in Mechanical Engineering.



DILLON LAY

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**TALLYN BRAZELL**

JUMPS
SENIOR
YUKON, OKLA.
YUKON

2020 Indoor: Competed in four meets as a high jumper...Ranked fourth in the OVC for high jump...Finished third in the high jump at the 2020 Redhawks Open (2/21), with a mark of 6-2.75 (1.90m)...Captured Bronze in the high jump (6-6, 1.98m) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in one meet...Earned bronze in the high jump with a mark of 6-7 (2.01m) at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau... Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Competed in two meets...Placed second in the high jump at the SEMO vs. SIUE Dual Meet (12/7) with a height of 6-5.5 (1.97m)... Was also sixth in the long jump with a personal best 19-11.5 (6.08m)...Finished fifth in the high jump at the Illini Open (1/12), posting a feat of 6-4.75 (1.95m).

2018 Outdoor: Appeared in five meets... Won the high jump at South Alabama Jaguar Opener with a height of 6-6.25 (1.99m)...Placed

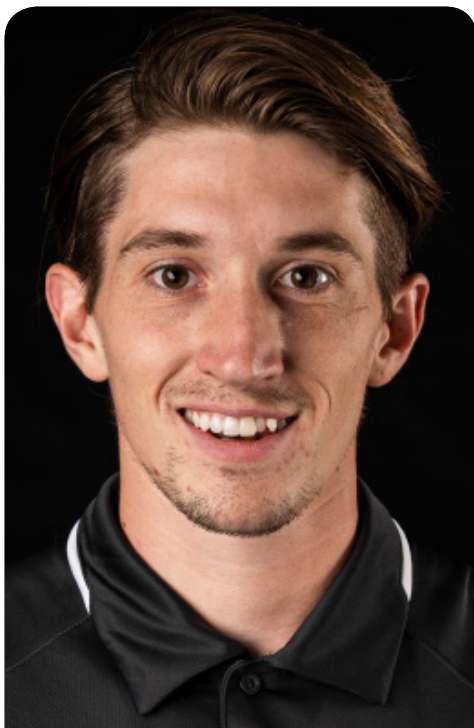
first in the same event at the 2018 Drury Hotels Joey Haines Invite (3/30-31) with a career-best mark of 6-9.75 (2.08m)...Earned fourth in the high jump at the Ohio Valley Conference Track & Field Championship with 6-8.25 (2.04m).

2018 Indoor: Competed in seven meets... Posted five top-three performances...Finished sixth in the 55m with a PR of 7.08 and won the high jump with a height of 6-0.75 (1.85m) at the SEMO vs. SIUE Dual Meet (12/8)...Was third in the high jump at the Illinois Open (1/13) with a mark of 6-4.75 (1.95m)...Added another third place finish in the same event at the 2018 Hoosier Hills (2/9) with a mark of 6-5.5 (1.97m)...Won the high jump at the 2018 Redhawks Open (2/16) with 6-8.75 (2.05)... Earned bronze at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a mark of 6-7 (2.01m).

Prep: Attended Yukon High School in Yukon, Oklahoma...Career best high jump is 6-10... Graduated from Yukon in 2017.

Personal: Born Nov. 29, 1998...Son of Jeffery and Starlett Brazell.

**TALLYN BRAZELL**



TANNER TEIGEN

POLE VAULT
SENIOR
HANNIBAL, MO.
HANNIBAL

2020 Indoor: Competed in four meets as a pole vaulter...Had three second-place finishes...Led the OVC in pole vault with Nick South...Was the runner-up at the Missouri Intercollegiate (1/17, 15-1, 4.60m) and the 2020 Redhawks Open (2/21, 15-7, 4.75m)...Captured Silver in the pole vault at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), overcoming a height of 15-11.75 (4.87m)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in six meets, competing in pole vault...Placed fifth in the event at the Joe Walker Classic (4/12-13) with a mark of 14-1.75 (4.31m)...Won the event at the SIUE Gateway Classic (5/3) with a height of 15-1 (4.60m)...Finished fifth overall in the pole vault at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau, overcoming 14-9.5 (4.51m).

2019 Indoor: Did not compete.

2018 Outdoor: Appeared in six meets, competing in pole vault...Placed fourth at the Mississippi State Bulldog Relays (3/23-24) with a height of 14-1.25 (4.30m)...Added two

more fourth place finishes at the ASU Red Wolf Open (4/20-21) with 15-1.75 (4.62m) and a personal-best mark of 15-7.25 (4.76m) at the Memphis Tiger Invitational (4/27-28)...Won gold with a height of 15-1.5 (4.61m) at the Ohio Valley Conference Outdoor Track & Field Championship (5/10-12).

2018 Indoor: Competed in six meets...Finished fifth in the 55m with a personal-best time of 7.03 at the SEMO vs. SIUE Dual Meet (12/8)...Also was fifth in the pole vault with a height of 13-6.25 (4.12m) at the Illinois Open (1/13)...Won gold in pole vault at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a mark of 13-11.25 (4.25m).

2017 Outdoor: Appeared in one meet.

2017 Indoor: Competed in seven meets...Recorded three top-five finishes...Placed third at the SEMO vs. SIU-Edwardsville Dual (12/9) with a pole vault of 14' 5.25"...Finished third at the 2017 Redhawks Invite (2/17) with a personal-best 15' 1"...Placed fifth (14' 7.5"-) in pole vault at the OVC Championship (2/24).



**JOHN WHITCOMB****MULTIS****SENIOR****HALLOWELL, MAINE****IOWA WESTERN CC | HALL-DALE HS**

2020 Indoor: Competed in five meets... Ranked sixth in the OVC for heptathlon... Made Redhawks debut with a mark of 19-2.75 (5.86m, eighth) in the long jump at the SEMO vs. SIUE Dual Meet (12/6/19)... Finished fourth in the high jump with a mark of 6-0.75 (1.85m) at the 2020 Redhawks Open (2/21)... Also set a PR in the 55 meter hurdle prelims of 8.74... Totaled a career best 3,982 points for sixth in the heptathlon at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)... Was second in the heptathlon pole vault (12-9.5, 3.90m), fourth in the 60 meters (7.59), long jump (19-5.25, 5.92m) and 60 meter hurdles (9.48) and fifth in the shot put (32-7.5, 9.94m)... Also had a personal-best high jump mark of 6-2 (1.88m, ninth)... Named to the OVC Commissioner's Honor Roll.

Iowa Western CC: Won the pole vault conference championship twice... Also was a conference decathlon champion and conference heptathlon champion... Finished fifth in the decathlon at the 2019 NJCAA DI Outdoor Track & Field Championships with a personal high 5,954 points.

Prep: Attended Hall-Dale High School in Farmingdale, Maine... Competed in high jump and pole vault... Coached by Jarot Richmond... Lettered four years at Hall-Dale High School... Was a two-time state champion in high jump... Won the conference championship in high jump three times... Also won the pole vault conference title... Named the Kennebec Journal Athlete of the Year... Named a two-time Academic All-American and four-time Academic All-Conference... Graduated from Hall-Dale in 2017 with a 3.95 grade point average.

Personal: Born March 17, 1999... Son of Brema Bissell... Majoring in exercise science.

**JOHN WHITCOMB**



VICTOR MATHUTHU

JUMPS
SENIOR
BULAWAYO, ZIMBABWE
UNC ASHEVILLE



ASA MARTIN

POLE VAULT
SENIOR



**DYLAN CLARK****THROWS****JUNIOR****ARNOLD, MO.****SECKMAN**

2020 Indoor: Competed in eight meets...Had three top-five finishes...Ranked fifth in the OVC for shot put...Was third in the shot put (48-5.5, 14.77m) and fifth in the weight throw (51-11.25, 15.83m) at the SEMO vs. SIUE Dual Meet (12/6/19)...Took fifth in the weight throw (50-9.25, 15.47m) at the 2020 Hoosier Hills (2/14)...Notched a season high weight throw mark of 52-0 (15.85m, ninth)...Also set a PR in the shot put of 49-10 (15.19m, seventh)...Finished ninth in both the shot put (47-2.25, 14.38m) and the weight throw (51-7.25, 15.73m) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

2019 Outdoor: Appeared in nine meets...Notched two top-five finishes...Set a new personal-best shot put throw of 46-2 (14.07m, ninth) at the Rhodes Invitational (3/15-16)...Was also 10th in hammer throw (144-3, 43.98m)...Posted a discus mark of 147-1 (44.83m) for eighth at the Vanderbilt Black & Gold Invitational (3/22-23)...Finished fourth overall in discus with a mark of 104-8 (31.90m) at the Drury Hotels Joey Haines Invite (3/29-30)...Registered a career best discus distance of 147-8 (45.01m) for fifth at the Georgia Tech

Invitational (4/19-20)...Added a personal-best hammer throw feat of 163-5 (49.81m, seventh) at the SIUE Gateway Classic (5/3)...Placed sixth in the hammer throw (161-0, 49.07m) and seventh in the discus (146-11, 44.78m) at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Also tallied a shot put mark of 41-0.25 (12.50m, 12th).

2019 Indoor: Competed in eight meets...Posted two top-five finishes...Finished fifth in both the shot put (43-2.25, 13.16m) and the weight throw (51-5.75, 15.69m) at the SEMO vs. SIUE Dual Meet (12/7)...Posted a personal-best weight throw distance of 53-11.25 (16.44m, eighth) at the Redhawks Open (2/15)...Notched a weight throw mark of 49-11.25 (15.22m, ninth) and a shot put feat of 43-4.5 (13.22m, 12th) at the OVC Indoor Track & Field Championship (2/20-21).

**DYLAN CLARK**



MOMOH BREMA

SPRINTS

JUNIOR

ST. LOUIS, MO.

RIVERVIEW GARDENS

2019 Outdoor: Appeared in seven meets... Had four top-five finishes...Set a personal-best 400 meter time of 51.46 (10th) at the ASU Red Wolf Open (4/19-20)...Also finished the 200 meters in 22.57 (ninth)...Was a member of the third place finishing 4x400 meter relay team (3:18.31) at the Memphis Tiger Invitational (4/26-27)...Posted new career bests in the 100 meters (11.19) and 200 meters (22.53) to finish fifth in both events at the SIUE Gateway Classic (5/3)...Finished fourth in the 4x100 meters, clocking in at 42.50 at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau.

2019 Indoor: Competed in eight meets... Posted six top-five finishes...Won the 200 meters (23.55) and the 4x400 meter relay (3:33.97) at the SEMO vs. SIUE Dual Meet (12/7)...Also was third in the 55 meters in a personal-best 6.84...Placed third in both the 200 meters (22.78) and 4x400 meter (3:26.93) relay at the Illini Open (1/12)... Completed the 400 meters in 52.94 for sixth at the Hoosier Hills (2/8).

2020 Indoor: Ran in seven meets...Had two top-five finishes...Finished first in the 4x400 meters (3:24.76) and second in the 200 meters (23.06) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Posted a mark of 23.14 in the 200 meters (sixth) at the Gene Edmonds Memorial (1/10-11)... Set a new personal-best of 7.21 in the preliminaries for the 60 meters at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

Prep: Graduated from Riverview Gardens High School in 2018...Lettered all four years... Finished third in the 200m, fourth in the 400m and fifth in the 4x200m at the Class 4 State Championships...Also was a first-team Missouri Great Southwest honoree and placed third in the 4x200m at the Great Southwest... Personal bests are 21.85 in the 200m and 48.98 in the 400m...Also ran cross country and recorded a career best time of 19:38 (3 mile)...Competed on the St. Louis Blues Track Club...Named to the Senior Honor Roll and earned the Student of the Week Award and Senior Top 10 Class Rank Award.

Personal: Born in Bamako, Mali (West Africa) on May 5, 2000...Majoring in Computer Science at the 2017 Redhawks Invite (2/17) with a personal-best 15' 1"...Placed fifth (14' 7.5"-) in pole vault at the OVC Championship (2/24).



MOMOH BREMA

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**SCHUYLER OGDEN****DISTANCE****REDSHIRT JUNIOR****FARMINGTON, MO.****WILLIAM WOODS | STE. GENEVIEVE**

William Woods: Competed in Cross Country and Track & Field at NAIA's William Woods from fall 2017 to spring 2020...Captured Gold in the 5,000 meters (15:43.27) at the 2020 American Midwest Conference (AMC) Indoor Championships (2/8/20)...Also was fifth in the 3,000 meters (9:32.88)...Finished fourth in the 10,000 meters in 32:14.13 at the 2019 AMC Outdoor Championships (4/26-27/19)...Earned AMC All-Conference honors for cross country in 2018 (third, 26:12.6, 11/2/18) and 2019 (fourth, 26:17.0, 11/8/19)...Member of the 2019 Cross Country AMC Co-Conference Championship Team... Qualified for the NAIA Cross Country Championship in 2018 and 2019...Secured 2018 AMC All-Conference honors for the Indoor 5,000 meters (second, 15:35.92, 2/16/18)...Also was fourth in the 3,000 meters (9:09.45)...Personal bests include Cross Country 8K: 25:33, Track: 1,500 meters: 4:25, 3,000 meters: 9:07, 5,000 meters: 15:35, 10,000 meters: 32:14...Named to the Fall 2017 William Woods University Deans List.

Prep: Attended Ste. Genevieve High School... Lettered all four years in cross country and track & field...Coached by Brian Jet at Ste. Genevieve...Graduated from Ste. Genevieve in 2017.

Personal: Born Dec. 1, 1998...Son of Ralph Ogden, a Southeast Missouri State University alum, and Phyllis Ogden...His first name is pronounced Skyler...Brother, Nathaniel Ogden, is a member of the Cross Country and Track & Field teams at William Woods University... Studying History at Southeast.





JA'BRIONNE BACON

SPRINTS

JUNIOR

EAST ST. LOUIS, ILL.

BELLEVILLE EAST | GARDEN CITY CC



**TERRICO GARRETT****DISTANCE****SOPHOMORE****UNIVERSITY CITY, MO.****UNIVERSITY CITY**

2020 Indoor: Ran in eight meets...Had 10 top-five finishes...Notched the fifth fastest 800 meters time in the OVC of 1:54.08...Placed first in two races...Made his Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), finishing second in the 800 meters in 1:58.76 and fourth in the 4x400 meter relay (3:47.20)...Placed fourth in both the 800 meters (1:59.15) and 4x400 meter relay (3:29.15) at the Gene Edmonds Memorial (1/10-11)...Also was sixth in 600 meters (1:23.99)...Won both the 800 meters (1:58.04) and the 4x800 meter relay (8:33.60) at the Missouri Intercollegiate (1/17)...Set a personal-best 600 meters time of 1:23.02 (sixth) at the 2020 Indiana University Relays (1/31-2/1)...Took third in both the 800 meters (1:56.37) and distance medley relay (10:45.47) at the 2020 Hoosier Hills (2/14)...Earned Bronze in the 800 meters at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27) with a personal best 1:54.08...Also added to the Redhawks team total with a sixth place finish in the distance medley relay (10:37.00)...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in all six meets...Made Redhawks debut with a 10th-place finish in a personal best 16:59.0 at the 2019 Saluki Invite (9/30)...Completed the Bradley Intercollegiate (9/20) in a PR time of 27:52.2 (52nd)...Finished 58th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in career best 27:34.0...Concluded the 10K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in a personal best 36:47.9 (193rd)...Named to the OVC Commissioner's Honor Roll.

Prep: Attended University City High School in University City, Missouri...Graduated in 2019...Lettered in both track and cross country all four years...All-State in 2019...Coached by Rachel Bromber...Competes in the 400 meters and 800 meters.

Personal: Born Aug. 26, 2000...Son of Starr Lambus...Intends to major in Pre-Law.

**TERRICO GARRETT**



NICK BRYANT

SPRINTS

SOPHOMORE

MEMPHIS, TENN.

SOUTHWIND

2020 Indoor: Ran in eight meets...Had 11 top-five finishes...Posted five first place finishes...Named the OVC Male Freshman of the Year... Led the conference with the top time in the 400 meters...Awarded OVC Co-Male Track Athlete of the Week (2/19) honors after he took first in the 400 meters at the 2020 Hoosier Hills Invite (2/14) in 48.47...Made Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), taking first in the 4x400 meter relay (3:24.76) and fourth in the 800 meters (1:59.42)...Took first in both the 600 meters (1:23.30) and 4x400 meter relay (3:22.42), while also setting a PR time of 1:57.61 in the 800 meters (third) at the Gene Edmonds Memorial (1/10-11)... Was the runner-up in the 600 meters at both the Missouri Intercollegiate (1/17, 1:23.15) and the Illini Invitational (1/24-25, 1:21.55)... Placed third in the event with personal-best time of 1:21.16 at the 2020 Indiana University Relays (1/31-2/1)...Crossed the finish line first in the 400 meters in 48.47 at the 2020 Hoosier Hills (2/14)...Earned Gold in the 400 meters with a personal-best mark of 47.89 after qualifying first overall at the 2020 Ohio Valley Conference Indoor Track & Field

Championship (2/26-27)...Also captured Bronze in the 4x400 meter relay in 3:16.61.

Prep: Attended Southwind High School in Memphis, Tennessee...Ran the 200m, 400m and 800m track and field events at Southwind...Graduated from Southwind in 2019...Competed for the Memphis Jaguars club team where he was coached by Yerritt Long who is the father of Redhawks teammate Kendall Long.

Personal: Born Dec. 7, 2000...Son of Curtis and Marcia Bryant...Majoring in Criminology.



NICK BRYANT

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JACK RINEHART

POLE VAULT
SOPHOMORE
JACKSON, MO.
JACKSON SENIOR

2020 Indoor: Competed in six meets as a pole vaulter...Had five top-five finishes...Ranked fourth in the OVC for high jump...Won the event in Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), overcoming 14-11.5 (4.56m)... Finished fifth in pole vault at the Missouri Intercollegiate (1/17, 13-7.25, 4.15m) and Illini Invitational (1/24-25, 14-1.75, 4.31m)...Took third in the event at the 2020 Redhawks Open (2/21), with a career-best mark of 15-1 (4.60m)... Finished fourth in pole vault at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), posting a height of 14-6 (4.42m) to score for the Redhawks.

Prep: Attended Jackson Senior High School in Jackson, Missouri...Was a four-year pole vaulter at Jackson Senior...As a senior, broke the Jackson Senior pole vault record and finished third at State after winning the District and Conference Championship...Finished seventh at State as a junior...Named an All-Missouri and Semoball award recipient...Was also named captain of the track and field team at Jackson Senior...Also was an all-state swimmer and diver...Graduated from Jackson Senior High School in 2019.

Personal: Born October 18, 2000...Son of David and Merrily Rinehart who are both Southeast alumni...Majoring in Electrical Engineering.



JACK RINEHART





MARKEITH CRAWFORD

DISTANCE

SOPHOMORE

ST. LOUIS, MO.

LADUE HORTON WATKINS

2020 Indoor: Ran in seven meets...Had seven top-five finishes and two first-place finishes... Made his Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), finishing fourth in the 4x400 meter relay (3:47.20) and fifth in the 800 meters (2:03.69)...Set a personal-best 600 meters time of 1:25.22 (ninth) at the Gene Edmonds Memorial (1/10-11)...Also was fourth in the 4x400 meter relay (3:29.15) and sixth in the 800 meters (2:03.45)... Placed first in the 4x800 meter relay at the Missouri Intercollegiate (1/17), clocking in at 8:33.60...Also completed the 800 meters in 2:03.66 for third overall...Finished the 4x400 meter relay in 3:28.91 for fifth at the Illini Invitational (1/24-25)...Won the 800 meters at the 2020 Redhawks Open (2/21) in 2:01.08... Scored for the Redhawks at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), finishing sixth in the 800 with a PR time of 1:55.20.

2019 Cross Country: Did not compete.

Prep: Attended Ladue Horton Watkins High School...Ran cross country and track & field... Coached by Dan Sebbon...Competed in the 800m, 400m, 4x800m relay and 1,600m... Lettered and started all four years...Named MVP as a senior...Set PRs of 1:57 in the 800 meters, 00:49 in the 400 meters and 4:45 in the 1,600 meters...Earned Rookie of the Year during his freshman season...Was a member of the 4x400 meter State Championship relay team as a senior...Finished runners-up at State for the 4x800 meter relay during his junior season and fourth in both his sophomore and senior campaigns...Awarded the Coach Jorgeson Leadership Award...Competed for the Herbert Hoover Boys & Girls Club where he was coached by Melvin Cromer...Graduated from Ladue Horton Watkins in 2019.

Personal: Born Sept. 24, 2000...Son of Markeith and Leah Crawford...Sister, Kaitlen Crawford, is a member of the DePaul track & field team...Father, Markeith, ran track & field at Southeast...Majoring in Business/ Management: Marketing.



MARKEITH CRAWFORD



**KORY SNYDER****DISTANCE****SOPHOMORE****BELTON, MO.****METROPOLITAN COMMUNITY COLLEGE-KANSAS**

2020 Indoor: Ran in seven meets...Made his Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), finishing third in the mile (4:36.66) and sixth in the 3,000 meters (10:30.12)...Set a personal-best time of 9:28.64 (21st) in the 3,000 meters at the Gene Edmonds Memorial (1/10-11)...Was the runner-up in the mile in 4:34.57 at the Missouri Intercollegiate (1/17)...Completed the 800 meters with a PR mark of 2:06.29 at the Illini Invitational (1/24-25)...Added a career best in the mile (4:26.12, 12th) at the 2020 Indiana University Relays (1/31-2/1)...Was third in the distance medley relay (10:45.47) and finished the mile in 4:30.69 (13th) at the 2020 Hoosier Hills (2/14)...Was clocked at 4:27.62 (15th) in the mile at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

10K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in 36:59.0 (194th, PR).

Metropolitan Community

College - Kansas City: Set the 5K and 8K cross country school records...Coached by Jessica Hammer and Charlie Gilkison.

Prep: Competed in track & field and cross country at Belton High School...Coached by Philip Miller...Was a four-year letterwinner and graduated from Belton in 2018.

Personal: Born July 1, 1999...Full name is Kory Race Snyder...Majoring in Environmental Science-Business.

2019 Cross Country: Ran in four meets...Made Redhawks debut at Missouri's Gans Creek Classic (9/27), completing the 8K in 28:11.8 (62nd)...Posted a personal-best 8K mark of 27:29.5 (133rd) at the Bradley 'Pink' Classic (10/18)...Finished 69th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in 27:55.1...Concluded the





SHEA DEGRAAF

MULTIS
SOPHOMORE
KNOXVILLE, TENN.
KNOXVILLE WEST

2020 Indoor: Competed in eight meets...Had seven top-five finishes...Ranked second in the OVC for high jump and the heptathlon...Placed third in the 55 meter hurdles (8.08), 4x400 meter relay (3:31.07) and high jump (6-0, 1.83m) while taking sixth in long jump (20-10, 6.35m) in his Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19)...Finished fourth in the heptathlon at the Gene Edmonds Memorial (1/10-11), totaling 4,561 points...Was third in the high jump (6-3.25, 1.91m), fourth in the pole vault (13-5.25, 4.10m) and fifth in both the 60 meter hurdles (8.97) and shot put (38-2, 11.63m)...Was the runner-up in the heptathlon at the 2020 Indiana University Relays (1/31-2/1), compiling a career-best 4,638 points...Won the pole vault (14-7.25, 4.45m), was second in 60 meter hurdles (9.10), third in high jump (6-2, 1.88m), fourth in shot put (38-3.5, 11.67m), long jump (20-5.75, 6.24m) and 1,000 meters (3:11.06) and fifth in the 60 meters (7.58)...Earned Silver in the heptathlon at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), registering 4,353 points...Was first in the pole vault (13-1.5, 4.00m), high jump (6-6.75, 2.00m), shot put

(41-8.75, 12.72m), second in the 60 meter hurdles (9.11) while concluding the 60 meters (7.56) and long jump (20-8.5, 6.31m) in third in the two-day heptathlon competition...Also finished fourth overall in the high jump, overcoming 6-4 (1.93m) to score for the Redhawks.

Prep: Attended Knoxville West High School in Knoxville, Tennessee...Competed in the 110 meter hurdles, pole vault and the decathlon at Knoxville West...Finished second in the pole vault at the Tennessee Secondary School Athletic Association meet as a senior...Graduated from Knoxville West in 2019.

Personal: Born March 27, 2001...Son of Kurt and Julie DeGraaf.



SHEA DEGRAAF



**BROCK WOOD****JUMPS****SOPHOMORE****CLARENCE, MO.****SOUTH SHELBY**

2020 Indoor: Competed in nine meets... Had nine top-five finishes... Ranked fifth in the OVC for 60 meter hurdles... Won the 55 meter hurdles (8.00), placed third in both the 55 meters (6.56, PR) and 4x400 meter relay (3:31.07) and was fourth in the long jump (21-10.75, 6.67m) in his Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19)... Took fifth in both the 60 meter hurdles (8.57) and long jump (22-1.75, 6.75m) at the Missouri Intercollegiate (1/17)... Placed fourth in the 400 meters in 50.94 at the Illini Invitational (1/24-25)... Set a new PR in the 60 meters of 7.11 in the prelims at the 2020 Indiana University Relays (1/31-2/1)... Also was fifth in the 60 meter hurdles with a time of 8.57... Improved on 60 meter hurdles time with a personal best 8.42 in the 2020 Hoosier Hills (2/14) prelims... Won the 55 meter hurdles in a career best 7.89 and was second in the long jump with a PR mark of 22-5.75 (6.85m) at the 2020 Redhawks Open (2/21)... Earned Bronze in the 4x400 meter relay, finishing with a mark of 3:16.61 at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)... Also scored for the Redhawks in the 60 meter hurdles (8.54, sixth) and in the 400

meters (49.87, seventh)... Set a personal high 200 meters time of 22.17 in the preliminary heats and also competed in long jump (21-6.75, 6.57m, 11th).

Prep: Attended South Shelby High School in Shelbina, Missouri... Competed in long jump and hurdles... Graduated from South Shelby in 2019.

Personal: Born on March 25, 2001... Son of Brent Wood and Rachelle Hunter... Majoring in Historic Preservation.





AARON MODROW

DISTANCE

SOPHOMORE

JUNCTION CITY, KAN.

CHAPMAN

2020 Indoor: Ran in one meet...Won the 3,000 meters in 9:26.60 (PR) and completed the mile in 4:41.69 (PR, seventh) at the SEMO vs. SIUE Dual Meet (12/6/19).

2019 Cross Country: Ran in all six meets... Made Redhawks debut with a 6th-place finish in a personal best 16:35.0 at the 2019 Saluki Invite (9/30)...Completed the Bradley Intercollegiate (9/20) in a PR time of 28:00.6 (57th)...Posted a mark of 28:00.5 for 59th at Missouri's Gans Creek Classic (9/27)... Registered a career-best 8K mark of 27:00.3 (127th) at the Bradley 'Pink' Classic (10/18)... Finished 54th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in 27:21.8...Concluded the 10K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in a personal best 35:11.5 (181st).

Prep: Competed in cross country and track & field at Chapman High School in Kansas... Graduated in 2019 with a 4.0 GPA and was named to the High Honor Roll in 2016, 2017 and 2018...As a senior was the Kansas 4A 1,600 meters and 3,200 meters State Champion...Was named an AAU All-American for the 3,000 meters (fourth)...As a junior, earned USA Track & Field All-American honors in the 3,000 meters as the runner-up... Also, was an AAU All-American for the 1,500 meters (second) and 3,000 meters (fifth)... Was awarded Cross Country Most Valuable Runner and Hardest Working Runner in 2017, 2018 and 2019...Competed for Track & Field United and was coached by Forika and Fawn McDougald.

Personal: Born September 7, 2000... Majoring in Engineering Physics-Mechanical Applications at Southeast.



AARON MODROW





S-A PROFILES

UNDERCLASSMEN



JUSTIN BREAUT

JAVELIN
SOPHOMORE
EDSON, ALBERTA, CANADA
HOLY REDEEMER



JOSH KILE

THROWS
SOPHOMORE
PERRYVILLE, MO.
MINERAL AREA CC | LINDENWOOD-BELLEVILLE

2020 Indoor: Did not compete...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Holy Redeemer High School in Edson, Alberta, Canada... Competed in javelin and was coached by Karl Meissner and Jaimee Springer...Personal best throw is 180-0...Finished seventh at the 420 Legion Nationals...Was a three-time Provincial Champion in javelin... Held the record for all of Alberta for javelin in 2017, 2018 and 2019... Represented Team Alberta at the Legion Nationals twice...Named captain for Team Alberta...Also play football, basketball and volleyball... Graduated from Holy Redeemer in 2019.

Personal: Born August 28, 2001...Son of Alvin and Kari Breault...Last name is pronounced 'Bro'...Majoring in Microbiology/Biotechnology.

Mineral Area Community College

(Season cancelled due to the COVID-19 pandemic): Named a NJCAA Track and Field Coaches Association Division III All-Academic student-athlete in 2020.

Lindenwood-Belleville: Competed in javelin, discus and shot put for Lindenwood-Belleville of the NAIA in 2019...Set personal-best marks of 130-2 (39.69m, javelin), 82-5 (25.13m, discus) and 29-5.5 (8.98m, shot put).

Prep: Attended Perryville High School...Graduated in 2018.

Personal: Born May 8, 2000...Son of Lori Swift...Majoring in Pre-Physical Therapy at Southeast.





JOSIAH KILGORE

**JAVELIN
FRESHMAN
POPLAR BLUFF, MO.
POPLAR BLUFF**



CLAY ALEWELT

**THROWS
FRESHMAN
ROCHESTER, ILL.
ROCHESTER**

Prep: Attended Rochester High School...Competed in the shot put and discus on the Track & Field team at Rochester...Coached by Bill Owens at Rochester...Four year letter-winner at Rochester...Registered a personal-best and school record shot put distance of 54-9 as a senior...Earned all-conference honors during his freshman, sophomore and junior seasons (senior season cancelled due to the COVID-19 pandemic)...Captured the Central State Eight Conference Championship in shot put and discus as a junior...Placed sixth (158-9) in the discus and seventh in shot put (53-0.75) at state during his junior season...As a sophomore, took fifth in the discus (160-0)...Set a personal-best discus mark of 166-11...Awarded all-conference honors for discus and qualified for state as a freshman...Also played football, golf and was a member of the wrestling team...Nabbed all-conference and all-area honors for football as a senior...Started on the varsity team at tight end and defensive as a junior and senior...Also was a kicker all four years at Rochester...Holds the Rochester school and state record for extra points made...Was a member of the 4A Illinois High School Association State Championship team as a freshman and sophomore and the 5A IHSA State Championship team during his senior season...Kicked the 24-yard game-winning field goal as a sophomore to clinch the state title...Holds the Rochester school record for the 195 lbs. weight class in wrestling with a record of 28-7...Selected all-conference and all-areas in golf his senior year and qualified for state, the only HS season he played...Secured academic all-conference accolades for all four sports...Named Academic All-State in Illinois his junior and senior seasons for football...Member of the National Honor Society and Spanish National Honor Society as a junior and senior...Graduated from Rochester in 2020.

Personal: Born on October 12, 2001...Son of Lynn and Brad Alewelt...Sister, Lindsay Alewelt, was a member of the Golf and Track & Field teams at Illinois College...Sister, Morgan Alewelt, also played Golf at Illinois College.





S-A PROFILES

UNDERCLASSMEN



BYRON SOWERBY

DISTANCE
FRESHMAN
PRESTON, ENGLAND
RUNSHAW COLLEGE

Prep: Graduated from Runshaw College in Lancashire, England, in 2019...Competed in the 800 meters (1:57), 1,500 meters (4:01) and the steeplechase...Won the Lancashire U20 Steeplechase Championship in 2017...Earned Bronze in the indoor 1,500 meters at the Northern England U20 in 2019...Crowned the Lancashire U20 1,500 meters Champion...Competed for the Preston Harriers club team where he was coached by Peter Crook.

Personal: Born Jan. 10, 2000...Son of Caroline Sowerby...Studying Actuarial Science at Southeast.



NOAH LITTLE

DISTANCE
FRESHMAN
WASHINGTON, MO.
WASHINGTON

Prep: Attended Washington High School and graduated in 2020...Earned Gateway Athletic Conference (GAC) All-Conference and Class 4 All-District honors for cross country in 2019...Was a Missouri State High School Activities Association (MSHSAA) State qualifier...Named to the Class 4 All-State track team for the 3,200 meters his junior season...Also earned GAC All-Conference and Class 4 All-District laurels for both cross country and track (3,200m and 1,600m) as a junior...Captured the Class 4 District Championship in the 3,200 meters as a sophomore at Washington...Awarded GAC All-Conference for both cross country and track (3,200m and 1,600m) and was named to the Class 4 All-District Cross Country Team as a sophomore...Coached by Mike Olszowka at Washington High School where he lettered all four years as a Blue Jay...Recognized as an All-GAC All-Academic and Academic All-State honoree for both cross country and track & field...Earned the Academic Achiever Award for Computer Science and named to the A Honor Roll...Was a member of the National Honor Society, Key Club, Cyber Patriot Team and Link Crew.

Personal: Born on Dec. 6, 2001...Son of Travis and Sue Little...Intends to major in Computer Science at Southeast.



**ANTHONY FORREST**

JUMPS
FRESHMAN
BIG BEAR CITY, CALIF.
BIG BEAR

Prep: Attended Big Bear High School in Big Bear City, California...
Lettered all four years...Coached by Ron Perkins at Big Bear...Competes
in the 110 meter hurdles (14.98), 300 meter hurdles (40.01), 4x400 meter
relay and triple jump...Graduated from Big Bear High School in 2020.

Personal: Born Nov. 27, 2002...Son of Nathan and Jennifer Forrest...
Majoring in Biomedical Sciences.

**MICHAEL JENKINS**

FRESHMAN





S-A PROFILES

UNDERCLASSMEN

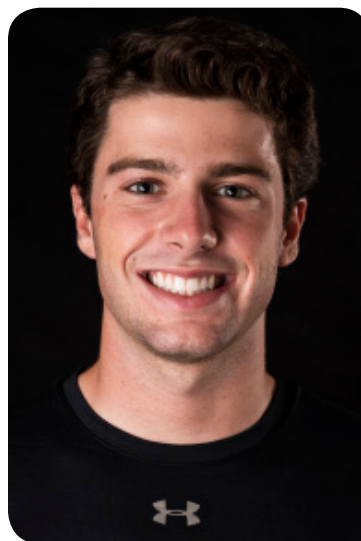


JUSTIN SPLITT

DISTANCE
FRESHMAN
LAKEMOOR, ILL.
GRANT COMMUNITY

Prep: Attended Grant Community High School in Fox Lake, Illinois... Was a four-year letter winner at Grant Community, competing in track & field and cross country...Was a Top 21 (10th Place) finisher at the 2019 Nike Cross Midwest Regional during his senior year...Captured the 2019 Illinois High School Association (IHSA) Class 3A State Championship in the 4x400 meter relay...Earned 2019 IHSA Class 3A All-State honors for the 800 meters (sixth place)...Named Northern Lake County Conference (NLCC) All-Conference for cross country and track & field all four years...Holds five individual or relay school records at Grant Community...Career-best times include 1:56 for the 800 meters, 4:23 for the 1,600 meters and 15:10 for a three-mile Cross Country race...Recognized as a Scholar Athlete all four years...Coached by Nick Nenni at Grant Community...Also played Basketball...Graduated from Grant Community in 2020.

Personal: Born Dec. 28, 2001...Son of Kristin and Randy Splitt... Father, Randy Splitt, played collegiate baseball at Northeastern Illinois University...Majoring in Engineering at Southeast.



CLAYTON EFTINK

DISTANCE
FRESHMAN
CAPE GIRARDEAU, MO.
NOTRE DAME REGIONAL

Prep: Attended Notre Dame Regional High School in Cape Girardeau, Missouri...Lettered all four years in Cross Country and Track & Field... Posted a track & field 1,600 meters time of 4:37...Won the conference championship in the 800 meters...Holds the Notre Dame school record for the Distance Medley Relay...Notched a cross country 5K mark of 16:48...Earned Cross Country All-Conference honors all four years...Was named All-District for Cross Country as a junior...Also played basketball and baseball...Awarded the Presidential Scholarship and Bright Flight Scholarship...Graduated from Notre Dame with Summa Cum Laude honors in 2020.

Personal: Born May 15, 2002...Son of Adrian Eftink and Kim Eftink, who are both Southeast Missouri State University alumni...Ran 18 miles on his 18th birthday...Plans to study Business and Finance at Southeast.





THOMAS DOSS

**DISTANCE
FRESHMAN**



SETH GLEASON

**DISTANCE
FRESHMAN**



**DO
YOU
HAVE
THE
WILL
TO**

**make a
medical
discovery?**



**SOUTHEAST MISSOURI
STATE UNIVERSITY · 1873**



2020-21



WOMEN'S S-A ROFILES

**KAITLYN SHEA****DISTANCE****SENIOR****JEFFERSON CITY, MO****HELIAS**

2020 Indoor: Competed in eight meets... Had nine top-five finishes... Posted four first-place finishes... Awarded OVC Female Track Athlete of the Year... Named the OVC Female Track Athlete of the Week twice in 2020 (2/5 & 2/19)... Led the OVC in the 3,000 meters (9:32.79) and ranked second in the 5,000 meters (16:59.70)... Finished first in the 3,000 meters in 10:20.67 at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)... Placed third in the same event with a time of 10:03.14 at the Gene Edmonds Memorial (1/10-11)... Won the mile (5:02.83) and was second in the 4x800 meter relay (10:07.66) at the Missouri Intercollegiate (1/17)... Took first in the 3,000 meters in 9:55.78 at the Illini Invitational (1/24-25)... Broke the SEMO indoor program record for the 5,000 meters with a career-best time of 16:59.70 for first at the 2020 Indiana University Relays (1/31-2/1) and ranks sixth overall (indoor and outdoor) in the SEMO Track & Field record books... Set the new SEMO 3,000 meters indoor record with a career-best time of 9:32.79 for second overall at the 2020 Hoosier Hills (2/14) and ranks third overall for the 3,000 meters (indoor and outdoor) at Southeast... Captured Silver in the 5,000 meters with a mark of 16:59.85 at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)... Also was fourth in the 3,000 meters (9:54.77) and sixth in the mile with a PR time of 4:57.11... Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Ran in seven meets... Registered four first place finishes and six top-five finishes... Posted a personal-best 2,000 meter steeplechase time of 7:12.14 at the Vanderbilt Black & Gold Invitational (3/22-23)... Won the 3,000 meter steeplechase at the 2019 Drury Hotels Joey Haines Invite (3/29-30) in 10:56.53... Captured first in the 5,000 meters at the Gibson Invitational (4/6), crossing the finish line in 17:08.11... Named the OVC Female Track Athlete of the Week on April 10 after her performance at the Gibson Invitational (4/6)... Set a personal record of 4:38.20 in the 1,500 meters (10th) at the Joe Walker Classic (4/12-13)... Won the 3,000 meter steeplechase in a career-best time of 10:48.35 at the Georgia Tech Invitational (4/19-20)... Placed fifth in the 3,000 meter steeplechase in 10:53.31 at the Lenny Lyles-Clark Wood Invitational (4/26-27)... Earned gold in the 3,000 steeplechase with a mark of 10:50.30 at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau... Also was fifth in the 5,000 meters in 17:30.60.

2019 Indoor: Competed in seven meets... Posted four first place finishes and 11 top-five finishes... Won the 3,000 meters in three straight meets to open the season including the SEMO vs. SIUE Dual Meet (12/7, 10:18.47), 2019 Illini Open (1/12, 10:04.49) and the Samford Open (1/18-19, 10:01.63)... Registered a Southeast school record of 11:48.52 in the distance medley relay with Kendall Long, Claire Morrill and Carli Knott for second at the Indiana University Relays (1/25-26)... Also placed fourth in the 3,000 meters in 9:57.02... Named the OVC Co-Female Runner of the Week on Jan. 30 after her performance at the Indiana University Relays... Set a personal-best mile time of 4:59.60 (fifth) at the Hoosier Hills (2/8)... Won the 5,000 meters in 18:00.00 at the Redhawks Open (2/15)... Earned bronze in both the 3,000 meters and 5,000 meters at the OVC Indoor Track & Field Championship (2/20-21)... Posted a personal-best 5,000 meters mark of 17:06.25... Finished the 3,000 meters in 9:55.89.

2018 Cross Country: Ran in six meets... Placed second at back-to-back invites to start the season... Clocked in at 18:38.2 at the Saluki Cross Country Invitational (8/31) and posted a mark of 18:18.7 at the SIUE John Flamer Invite (9/14)... Was 37th at the Louisville Classic (9/29), crossing the finish line in 17:43.5... Set a career-best 6K time of 21:26.7 (66th) at the Wisconsin Pre-National Meet (10/13)... Finished seventh at the OVC Cross Country Championship (10/27) to earn First-Team All-OVC laurels with a mark of 17:36.7... Posted a time of 21:48.4 (71st) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Did not compete.

2018 Indoor: Competed in one meet... Won the 3000m in 10:13.91 at the SEMO vs. SIUE Dual Meet (12/8)... Named to the OVC Commissioner's Honor Roll.

2017 Cross Country: Ran in six races... Won the Walt Crawford Open (9/1) with a time of 17:48.9 and Forest Park Cross Country Festival (9/8) in 18:24.61 to start the season... Finished 25th at the Bradley Pink Classic (10/13) in 21:37.6... Placed twelfth (17:44.8) at the OVC Championships (10/28) to earn All-OVC Second Team laurels... Finished in the top 100 (21:39.9) at the NCAA Midwest Regional (11/10)... Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Ran in seven meets... Had four second place finishes... Set a PR in the 800m in 2:19.52 (18th) and 1500m in 4:38.78 (10th) at the Ole Miss/ Joe Walker Invitational (3/24)... Placed second with a personal-best (eight all-time in SEMO History) 5000m in 17:09.39 at the 2017 Drury Hotels Joey Haines Invite (3/31)... Ran a PR (Third All-Time in SEMO History) 10,000m at the Mt. SAC Relays (4/13) in 35:56.84... Took second (37:32.14) in 10,000m and fifth (17:40.47) in the 5000m at the OVC Championships... Named to the OVC Commissioner's Honor Roll.





KAITLYN SHEA

2017 Indoor: Competed in seven meets...Won the 3000m at SEMO vs. SIU-Edwardsville Dual (10:17.60 on 12/19), the Missouri Invitational (10:04.98 on 1/20) and the 2017 Indiana University Relays (9:53.58 on 1/27) to start the season...Also placed second in the 5000m with a season-best 17:10.69 at the 2017 Indiana University Relays (1/27)...Took first in the mile with a personal-best at the Don DeNoon Invite (2/3) in 5:01.58...Set a PR in the 3000m at the Music City Challenge (9:46.28 on 2/10)...Finished third (9:48.49) in the 3000m and seventh (17:20.31) in the 5000m at the OVC Championship (2/24).

2016 Cross Country: Ran in all seven races...Earned second team All-OVC honors after placing 13th (17:43.6) at the OVC Championship (10/29)...Finished in the top 35 in all but two races...Opened the season with back-to-back top-10 finishes at the Gabby Reuveni (2nd – 14:05) and the Rebel Invitational (8th – 17:30.2)...Came in 26th (21:34.2) at the Bradley Pink Classic (10/14) to help the team to an eighth-

place finish out of 31 total teams...Took 34th at the Commodore Classic (9/17) with a time of 17:53.3.

2016 Outdoor: Competed in seven meets...Set PRs in the 800m (2:23), 1500m (4:43.77) and 5000m (17:24.72) races...Compiled seven top-10 finishes in nine total events...Runner-up in the 3000m at the WKU Hilltopper Relays (4/9) with a time of 10:11.07...Added two third-place finishes at the SIUE Gateway Invite (4/16) in the 4x400m relay (4:16.45) and 800m (PR)...Finished third in the 5000m (18:04.71) at the Joey Haines Invite (4/2)...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in six meets...Set PRs in the mile (5:16.48) and 3000m (10:09.06)...Accumulated seven top-10 finishes...Apart of distance medley relay team that set school indoor record at the Mayo Invitational (2/5) in 11:58.34...Won the 5000m at the Fred Wilt Invitational (2/13) with a season-best time of 17:42.31...Finished third in the 3000m

(PR) at the Missouri Invitational (1/15)...Member of distance relay team to place fifth at the OVC Championship (2/27) with a time of 12:19.49.

2015 Cross Country: Ran in all six races...Won OVC Female Freshman of the Year honors...In her first ever collegiate race, Shea finished in second place (15:04) at the Gabby Reuveni Early Bird to help lead the team to a first place finish overall...Finished in the top-100 in all but one race...Finished in 20th place at the OVC Championships with a time of 18:25.7...One of five Redhawks to finish in the top-100 (56th, 17:49.24) out of 436 total competitors at the Chile Pepper Festival.

Prep: Lettered four years in track and three in cross country...As a senior, she set new records in the 5k, mile and two mile runs...Medalist at state as a freshman and junior...Qualified for state as a sophomore...Voted most improved all four years...Also played soccer her freshman year.

Personal: Born September 24, 1996...Daughter of Mike and Lynne Shea...Her brother Nick wrestles at Truman State and her other brother Logan plays football at Lincoln University...Majoring in Spanish Education at Southeast.



**ANYA TONGA****THROWS****SENIOR****EAST PALO ALTO, CALIF.****DEL MAR**

2020 Indoor: Competed in nine meets...Had 14 top-five finishes...Won four individual events...Tabbed the OVC Female Field Athlete of the Year for the second-straight season...Awarded OVC Female Track Athlete of the Week (2/12), after she registered a pair of fourth place finishes in the shot put (PR, 47-8.5, 14.54m) and weight throw (61-0, 18.59m) at the 2020 Frank Sevigne Husker Invitational (2/7-8)...Led the conference in the weight throw (64-7.25, 19.69m) and ranked third in the shot put (47-8.5, 14.54m)...Her shot put mark ranks ninth in the SEMO record books...Won both the shot put (45-1.5, 13.75m) and weight throw (62-2.5, 18.96m) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Took second in the shot put with a career-best throw of 47-8.5 (14.54m) and was also third in the weight throw (62-2.5, 18.96m) at the Gene Edmonds Memorial (1/10-11)...Finished second in weight throw (58-7.25, 17.86m) and third in shot put (45-10.5, 13.98m) at the Illini Invitational (1/24-25)...Took fourth in both the shot put (47-8.5, 14.54m) and weight throw (61-0, 18.59m) at the 2020 Frank Sevigne Husker Invitational (2/7-8)...Won the shot put (46-6.75, 14.19m) and was third in the weight throw (58-2, 17.73m) at the 2020 Hoosier Hills (2/14)...Finished as the runner-up in the shot put with a toss of 47-2.25 (14.38m) at the 2020 Redhawks Open (2/21)...Won her third-straight weight throw title with a career-best distance of 64-7.25 (19.69m) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Also was sixth in the shot put with 42-1.25 (12.83m)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Did not compete.

2019 Indoor: Competed in eight meets...Amassed four weight throw titles and one shot put title...Opened the indoor campaign with a first place finish in weight throw (60-6.75, 18.46m) and a second place finish in shot put (44-11, 13.69m) at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Was second in weight throw (57-10.25, 17.63m) and third in shot put (42-7, 12.98m) at the 2019 Illini Open (1/12)...Won both the shot put (44-5.25, 13.54m) and the weight throw (58-5.25, 17.81m) titles at the Samford Open (1/18-19)...Placed third in the shot put (45-1, 13.74m) and fourth in weight throw (59-7.75, 18.18m) at the Fred Wilt Open (2/1-2)...Set a personal best shot put heave of 46-10 (14.27m) for fifth at the 2019 Hoosier Hills (2/8)...Won the weight throw with a career best 64-5.75 (19.65m) at the 2019 Redhawks Open (2/15)...Named the OVC Indoor Female Field Athlete of the Year, becoming the first Redhawk to win the honor since Kayla Gutierrez earned the award in 2015...Ranked first in the conference for weight throw (64-5.75, 19.65m at the 2019 Redhawks Open (2/15)) and second in shot put (46-10, 14.27m at the 2019 Hoosier Hills (2/8))...Earned Gold in weight throw to retain her title at the 2019 OVC Indoor Track & Field Championship (2/20-21) with a distance of 59-9.5 (18.22m)...Had a shot put mark of 41-5.25 (12.63m) for 10th...Named to the OVC Commissioner's Honor Roll.





ANYA TONGA

2018 Outdoor: Appeared in eight meets...Finished runner-up in discus (142-8, 43.50m) and fifth in the hammer throw (150-2, 45.77m) at the South Alabama Jaguar Opener (3/3)... Placed fifth in the shot put at the Rhodes Invitational (3/17) with a distance of 43-8 (13.31m)... Was fourth in shot put (43-8, 13.31m) at the Mississippi State Bulldog Relays (3/24)... Registered a personal-best mark of 45-11.75 (14.01m) for second in shot put at the 2018 Drury Hotels Joey Haines (3/30-31)... Won shot put (44-8, 13.61m) and discus (137-2, 41.81m) at the SLU Billiken Invitational (4/7)...Also was second in hammer throw (160-7, 48.94m)...Placed fifth in shot put (44-8, 13.61m) at the Georgia Tech Invitational (4/21)... Was fourth (45-10.75, 13.99m) in the same event at the Memphis Tiger Invitational (4/28)...Won bronze in both the discus (PR, 153-10, 46.90m) and hammer throw (169-9, 51.75m) at the Ohio Valley Conference Championship (5/12).

2018 Indoor: Competed in six meets...Placed third in the weight throw at the Illinois Open (1/13) with a distance of 56-1.25 (17.10m)...Recorded a personal-best mark in the weight throw of 60-3 (18.36m) for second at the 2018 Redhawks Open (2/16)... Won gold in the weight throw at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a throw of 59-9.75 (18.23m)... Also was fourth in shot put (45-4.5, 13.83m).



**CARLI KNOTT**

DISTANCE
SENIOR
JACKSON, MO.
JACKSON

2020 Indoor: Ran in eight meets...Had nine top-five finishes and placed first in three events...Ranked second in the OVC for the 800 meters (2:12.88) and mile (4:53.27)... Was second overall in the 3,000 meters in 10:29.61 at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Placed third in the mile in 5:06.76 at the Gene Edmonds Memorial (1/10-11)...Won both the 3,000 meters and 4x800 meter relay (10:07.60) at the Missouri Intercollegiate (1/17)...Posted a personal-best time of 10:17.55 in the 3,000 meters...The next week, captured first in the mile at the Illini Invitational (1/24-25), clocking in at 5:00.25... Awarded OVC Female Track Athlete of the Week (2/12), after she finished the 800 meters in a time of 2:12.88 (11th) at the 2020 Frank Sevigne Husker Invitational (2/7-8)...Improved upon her mile time with a personal-best time of 4:53.27 at the 2020 Hoosier Hills (2/14) for second at the meet...Also was third in the distance medley relay (12:27.98)...Grabbed Silver and Bronze Medals at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), finishing second in the distance medley relay (12:00.67) and third in the mile (4:56.14)...Also was seventh in the 800 meters (2:18.47)...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in all six races... Posted two top-five finishes, three top-10 finishes and five top-15 finishes...Opened the season with a third-place finish of 18:37.2 at the 2019 Saluki Invite (9/30)...Was the runner-up at the Bradley Intercollegiate (9/20) three-mile race in a personal-best 17:26.5...Named the OVC Female Co-Runner of the Week after her performance at the Bradley Intercollegiate (9/20) on Sept. 24...Posted back-to-back 11th place finishes in the 6K at Missouri's Gans Creek Classic (9/27, 22:09.7) and the Bradley 'Pink' Classic (10/18, 21:25.7, PR)...Was 10th (18:16.9) at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, to earn Second-Team All-OVC honors...Completed the 6K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in 22:16.8 for 114th...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Ran in eight meets...Had seven top-five finishes...Finished second in the 800 meters at the 2019 Drury Hotels Joey Haines Invite (3/29-30) in 2:26.44 and the Gibson Invitational (4/6) in 2:10.70...Completed the 1,500 meters at the Joe Walker Classic (4/12-13) in a personal best 4:27.99...The next week, placed third in the same event in 4:34.92 at the Georgia Tech Invitational (4/19-20)... Was the runner-up in the 800 meters at the Lenny Lyles-Clark Wood Invitational (4/26-27) in 2:11.04...Took fourth in the 800 meters with a career best 2:09.56 at the Billy Hayes Invitational (5/3)...Captured gold in the 1,500 meters (4:36.40) and bronze in the 800 meters (2:13.86) at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau... Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Appeared in six meets...Tallied 10 top-five finishes...Finished first in the mile (5:27.81) and fourth in the 4x400 meters (4:38.99) at the SEMO vs. SIUE Dual Meet (12/7)...Placed second in the 1,000 meters at the Samford Open (1/18-19) with a personal best 2:55.65...Also was third in the 4x400 meters (3:58.25)...Registered a Southeast school record of 11:48.52 in the distance medley relay with Kendall Long, Claire Morrill and Kaitlyn Shea for second at the Indiana University Relays (1/25-26)...Grabbed third in the 800 meters at the Hoosier Hills (2/8) in 2:12.46...Set a PR time of 4:59.84 to earn silver in the mile at the OVC Indoor Track & Field Championship (2/20-21)...Also earned bronze in the distance medley relay (12:13.67) and was fourth (2:20.36) in the 800 meters after qualifying first in the prelims with 2:13.70.

2018 Cross Country: Competed in five meets... Placed third with a time of 18:39.1 at the Saluki Cross Country Invitational (8/31)...Recorded a finish of 50th (18:02.0) at the Louisville Classic (9/29)...Registered a time of 22:13.1 (142nd) at the Wisconsin Pre-National Meet (10/13)... Finished 10th at the OVC Cross Country Championship (10/27) to earn Second-Team All-OVC laurels, clocking in with a personal-best 5K time of 17:56.3...Placed 103rd (22:05.8) at the NCAA Division I Midwest Region Cross Country Championships (11/9)...Named to the OVC Commissioner's Honor Roll.

2018 Outdoor: Competed in seven meets... Finished sixth in the 800m (2:23.66), third in the 1500m (4:45.58) and fourth in the 4x400m (4:27.37) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Placed second in the 1500m, clocking in at 4:50.00 at the SLU Billiken Invitational (4/6-7)...Recorded a time of 2:12.42 in the 800m at the Joe Walker Invite (4/13-14)





CARLI KNOTT

for a second place finish...Set a personal-best time of 4:35.54 in the 1500m at the Memphis Tiger Invitational (4/27-28)... Was fifth in the 800m at the Arkansas Twilight (5/4) with a PR of 2:10.48...Finished fourth in the 800m (2:14.36) at the OVC Outdoor Track and Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in six meets... Won the 800m at the SEMO vs. SIUE Dual Meet (12/8) in 2:24.50... Posted a time of 2:16.45 (23rd) in the 800m at the Vanderbilt Invitational (1/19-20) and was seventh in the DMR (12:37.62)... Recorded a season-best mile time of 5:06.14 at the 2018 Indiana University Relays (1/26-27)...Finished second in the DMR (12:53.83) and third in the 800m (2:16.31) at the 2018 Hoosier Hills (2/9)...Earned a bronze medal in the DMR (12:12.20) and finished

seventh in the 800m in 2:18.83 at the OVC Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Ran in six meets including a personal best of 18:36.11 (top 20) to start the season at the Walt Crawford Open (9/1)...Placed tenth (19:28.25) at the Forest Park Cross Country Festival (9/8)... Recorded a 17th place (17:48.5) finish at the OVC Championships (10/28)...Recorded a personal best in the 6K (22:04.2, 132nd) at the NCAA Midwest Regional...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Ran in seven meets...Had six top-10 finishes and eight top-20 finishes... Finished sixth (4:20.26) in the 4x400m relay at the 2017 Drury Hotels Joey Haines Invite (3/31)... Placed fifth (4:18.70) in the 4x400m relay at the Gibson Invitational (4/14)...Also set a

personal-best in the 400m with a time of 1:02.53 (10th)... Recorded a personal-best in the 1500m (5:02.09, 19th) at the Memphis Invitational 2017 (4/28)...Finished ninth (4:05.81) in the 4x400m relay and 16th (2:18.29) in the 800m at the OVC Championship...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Ran a personal-best 1:40.86 to win the 600m race at the 2017 Redhawks Invite (2/17)...Finished second in the distance medley relay (12:40.68) at the 2017 Indiana University Relays (1/27)...Added a season-best time of 2:21.02 in the 800m at the Music City Challenge (2/10)...Finished ninth in the 4x400m relay (4:09.71) at the OVC Championship (2/24)... Also placed 14th (2:22.47) in the 800m at the conference meet.

2016 Cross Country: Ran in three meets...Had two top-40 finishes...Placed 33rd at the Rebel Invitational (19:56.3).

Prep: Attended Jackson High School...Twice earned all-state honors in the 400m...Placed eighth in the 2015 Class 4 Cross Country State Championships... State qualifier in the 4x800m relay...Set a PR of 18:38 in the 5K.

Personal: Born February 24, 1998...Daughter of Carl and Deanna Knott...Majoring in Human Environmental Studies: Dietetics.



**NICOLE HUMPHREYS****THROWS****SENIOR****JACKSON, MO.****JACKSON SENIOR**

2020 Indoor: Competed in nine meets...Had seven top-five finishes...Ranked third overall in the OVC for weight throw (61-0, 18.59m)...Finished second in the weight throw (59-2, 18.03m) and fifth (39-1.75, 11.93m) at the shot put at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Placed fourth in the weight throw (55-11.25, 17.05m) at the Gene Edmonds Memorial (1/10-11)...Took third in the event with a toss of 57-7.75 (17.57m) at the Illini Invitational (1/24-25)...Finished fifth in the shot put (41-10.75, 12.77m) and sixth in the weight throw (59-4, 18.08m) at the 2020 Redhawks Open (2/21)...Captured Silver in the weight throw at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27) with a career-best mark of 61-0 (18.59m)...Also had a shot put distance of 40-4.75 (12.31m, 10th)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Competed in nine meets...Had six top-five finishes...Started the outdoor season with a fourth place finish in the discus with 138-1 (42.08m) at the 2019 Rhodes Invitational Track & Field Meet (3/15-16)...Placed fourth in the discus at the 2019 Drury Hotels Joey Haines Invite (3/29-30) with a toss of 123-9 (37.73m)...Took fifth (138-3, 42.14m) in discus at the Georgia Tech Invitational (4/19-20)...Was third in discus (142-1, 43.32m) and fifth in both shot put (41-1.75, 12.54m) and hammer (145-8, 44.40m) at the 2019 SIUE Gateway Classic (5/3)...Posted career best distances in discus (145-5, 44.33m) and hammer (163-2, 49.73m) for sixth at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Also was sixth in shot put with a mark of 42-6.25 (12.96m)...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Appeared in eight meets...Had four top-five finishes...Was third in weight throw (53-0, 16.15m) and fourth in shot put (42.8.25, 13-01m) at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Placed fifth in both shot put (41-8.5, 12.71m) and weight throw (52-8, 16.05m) at the 2019 Illini Open (1/12)...Set a personal best shot put distance of 43-3.25 (13.19m, 13th) at the 2019 Indiana University Relays (1/25-26)...Finished sixth in both shot put (41-6.5, 12.66m) and weight throw (53-2.25, 16.21m) at the Fred Wilt Open (2/1-2)...Posted a career best weight throw mark of 54-6.5 (16.62m, seventh) at the 2019 Redhawks Open (2/15)...Finished ninth in weight throw at the OVC Indoor Track & Field Championship (2/20-21) with a toss of 51-8.5 (15.76m)...Also had a shot put throw of 40-2 (12.24m, 13th).





NICOLE HUMPHREYS

2018 Outdoor: Competed in nine events...Placed fourth in the hammer throw at the South Alabama Jaguar Opener (3/3) with a personal best of 154-3 (47.03m)...Finished third in the discus throw at the SLU Billiken Invitational (4/7) with a mark of 128-2 (39.06m)...Earned a personal best in discus throw at the Memphis Tiger Invitational (4/28) with 133-11(40.82m, ninth)...Posted a distance of 116-1 (35.39m, 17th) in the discus at the Ohio Valley Conference Championship (5/12)...Also had a shot put mark of 40-6.25(12.35m, 10th).

2018 Indoor: Competed in five events...Earned a personal best in shot put of 42-0.5 (12.81m, seventh) and placed fourth in weight throw with 52-2.125 (15.88m)...Finished 14th in shot put at the Ohio Valley Indoor Track and Field Championships (2/23) with a mark of 40-6.75 (12.36m)...Also placed tenth in the weight throw with 51-2.25 (15.60m).

Prep: Graduated from Jackson Senior High School in Jackson, Missouri, in 2017...Earned sixth-place in discus in state, district and sectional champ in discus and shot put, conference champion in discus as a senior... Was district and sectional and conference champion in both discus and shot put as a junior... Earned fourth-place in state in shot put, district and sectional and conference champion in shot put as a sophomore...Was district champion in shot put as a freshman...Was a member of the national honor society, A-honor roll and scholastic honor roll.

Personal: Born March 25, 1999... Daughter of James and Francine Humphreys...Majoring in Pre-Business at Southeast.





LESLIE BROOKS

JUMPS**SENIOR****ST. LOUIS, MO.****RITENOUR**

2020 Indoor: Appeared in nine meets...Had seven top-five finishes...Posted three first place finishes...Ranked third in the conference for the triple jump (39-1.25, 11.92m)...Won the triple jump (36-9, 11.20m) and was the runner-up in the 4x400 meter relay (4:39.31) at the SEMO vs. SIUE Dual Meet (12/6/19)...Was also sixth in the long jump (16-7.75, 5.07m)...Captured first in the triple jump with a mark of 39-1.25 (11.92m) at the Gene Edmonds Memorial (1/10-11)...Also set a PR in the 400 meters (20th) with a time of 1:03.42...Placed fourth in the triple jump 37-3 (11.35m) at the Missouri Intercollegiate (1/17)...Notched a personal-best mark of 1:43.36 in the 600 meters (14th)...Was the runner-up in the triple jump 38-6.25 (11.74m) at the 2020 Hoosier Hills (2/14)...Finished first in the event with a jump of 38-2 (11.63m) at the 2020 Redhawks Open (2/21)...Took fourth in the triple jump at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), with a mark of 37-11.25 (11.56m)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Competed in seven meets...Finished second at three meets...Was the runner-up in the triple jump with a feat of 38-0 (11.58m) at the Gibson Invitational (4/6)...Also was seventh in the 400 meter hurdles, clocking in at 1:05.73...Placed second in the 4x400 meter relay with a time of 3:51.41 at the Georgia Tech Invitational (4/19-20)...Set a new personal-best triple jump mark of 39-3.25 (11.97m) at the 2019 SIUE Gateway Classic (5/3)...Finished sixth in the 4x100 meter relay (48.90) and triple jump (38-0.25, 11.59m) at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau.

2019 Indoor: Appeared in seven meets...Had 10 top-five finishes...Set personal records in the 200 meters (28.12) and 55 meter hurdles (8.78) at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Also was a member of the 4x400 meter relay team that placed first in 4:12.68...Took third in triple jump (36-4.75, 11.09m) and

fourth in long jump (17-0.5, 5.19m)...Placed third in the triple jump with a mark of 36-6.25 (11.13m) at the 2019 Illini Open (1/12)...Finished fifth in the same event with a distance of 37-0.25 at the Samford Open (1/18-19)...Totaled a career best 2,795 points in the pentathlon for 12th at the 2019 Indiana University Relays (1/25-26)...Was fourth in the triple jump at both the 2019 Hoosier Hills (2/8, 37-10, 11.53m) and 2019 Redhawks Open (2/15, 37-6, 11.43m)...Also was fifth in the long jump at the 2019 Redhawks Open (2/15) with 16-3.75 (4.97m)...Finished ninth in the triple jump at the OVC Indoor Track & Field Championship (2/20-21) with a mark of 38-2.75 (11.65m)...Also had a long jump measurement of 16-4.5 (4.99m, 23rd).

2018 Outdoor: Appeared in seven events...Earned a personal best in the 100m at the Mississippi State Bulldog Relays (3/24) with a time of 13.23 (37th)...In the 2018 Drury Hotels Joey Haines Invite (3/30-31) placed third in the 4x100m with 49.22 and earned a personal best in the triple jump with 37-5.25 (11.41m) for fourth...At the SLU Billiken Invitational (4/7) finished fourth in the long jump with 16-8.5 (5.09m)...Also placed fourth in the triple jump with 35-6.75 (10.84m)...Earned a personal-best mark of 1:05.40 in the 400m hurdles at the Memphis Tiger Invitational (4/28)...Placed fifth in the 4x100m with a time of 47.31 at the Ohio Valley Conference Championship (5/10-12)...Also placed 11th in the 400m hurdles (1:06.40).





LESLIE BROOKS

2018 Indoor: Appeared in six events...At the Don DeNoon Invitational (2/2) earned a personal best in the 60m of 8.35 (34th)...In the 2018 Redhawks Open (2/16) placed second in the 55m earning a career-best mark of 7.56...Also finished third in the 55m with 7.59 and placed second in the long jump with 17-4.25 (5.29m)...In the Ohio Valley Indoor Track and Field Championships (2/24) placed 14th in both the long jump (16-11.5, 5.17m) and in the triple jump (34-11.25, 10.65m).

2017 Outdoor: Ran in seven meets...Recorded one top-five finish...Set a personal-best in the 100m hurdles with 15.60 (13th) at the 2017 Drury Hotels Joey Haines Invite (3/31)...Placed fifth in the 4x400m relay in 4:18.70 at the Gibson Invitational (4/14)...Finished ninth in the 4x400m relay in 4:05.81 and 16th in long jump with 16' 11.25" at the OVC Championship (5/11).

2017 Indoor: Appeared in four meets...Had four top-five finishes...Ran a personal-best 200m in 28.23 (31st) at the Don DeNoon Invite (2/3)...Placed second in the long jump with 16' 5", third in the 55m with a PR 7.70 and second in the triple jump with a personal-best 35' 7.75" at the 2017 Redhawks Invite (2/17)...Finished 13th in the long jump with a personal-best 18' 2.25" and 17th in the triple jump with 34' 9.75" at the OVC Championships (2/24).

Prep: Graduated from Ritenour High School in St. Louis, Missouri in 2016... Lettered all four years of high school...Set school record in triple jump (38') during senior season...Placed fourth in state in triple jump during junior year and was named MVP of team...Helped reach state in the 4x100m and 4x400m relays...Also competed in long jump, 300m hurdles and 4x200m relay...Also played basketball.

Personal: Born May 2, 1998... Daughter of Rasalind Woods.



**DANIELLE MOHRMANN****DISTANCE****SENIOR****CHESTERFIELD, MO.****MARQUETTE**

2020 Indoor: Ran in seven meets...Had three top-five finishes...Ranked fifth in the OVC for the mile (4:57.08)...Placed sixth in the mile (5:40.89) and the 3,000 meters (11:56.52) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Finished third overall in the 3,000 meters in 10:27.58 at the Missouri Intercollegiate (1/17)...Placed third in the distance medley relay, completing the race in 12:27.98 at the 2020 Hoosier Hills (2/14)...Crossed the finish line in a personal-best time of 4:57.08 for fifth in the mile at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Also set a PR of 10:16.69 in the 3,000 meters...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in all six meets...Opened the season with a 13th-place finish of 20:09.4 at the 2019 Saluki Invite (9/30)...Posted a personal-best three mile time of 18:51.0 (34th) at the Bradley Intercollegiate (9/20)...Finished 38th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in 19:15.3...Set a season-best 6K mark of 23:22.4 (151st) at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in seven meets...Started the outdoor season with a personal-best 3,000 meters, finishing in 10:17.93 (30th) at the Vanderbilt Black & Gold Invitational (3/22-23)...Earned second in the 1,500 meters, clocking in at 4:52.72 at the Gibson Invitational (4/6)...Placed sixth in the 1,500 meters in a personal best 4:44.10 at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Also was 12th in the 5,000 meters in 17:55.19...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Ran in seven meets...Totaled five top-five finishes...Earned third in both the mile (5:28.90) and 4x400 meter relay (4:36.22) at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Placed third in the mile at the Samford Open (1/18-19) with a time of 5:18.06...Set a PR mark in the event of 5:08.81 (21st) at the Indiana University Relays (1/25-26)...Finished first in the mile at the Fred Wilt Open (2/1-2) in 5:14.76...Was a member of the bronze medalist distance medley relay team at the OVC Indoor Track & Field Championship (2/20-21), clocking in at 12:13.67...Also completed the mile in 5:24.77 (23rd).

2018 Cross Country: Ran in five meets...Recorded a time of 19:35.0 (176th) at the Louisville Classic (9/29)...Placed 85th at the Wisconsin Pre-National Meet (10/13), clocking in at 23:26.2...Finished 49th at the OVC Cross Country Championship (10/27), crossing the finish line in 19:25.3...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2018 Outdoor: Competed in six meets...Finished second in the 10,000m with a personal-best mark of 36:57.53 at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Placed sixth in the 5000m (18:56.01) at the Joe Walker Invite (4/13-14)...Improved her time in the same race with a mark of 18:17.23 (28th) at the Georgia Tech Invitational (4/20-21)...Notched a time of 4:49.71 (10th) in the 1500m at the Memphis Tiger Invitational (4/27-28)...Placed 10th in the 10,000m (39:41.02) at the OVC Outdoor Track and Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in five meets...Placed second in the 3000m at the SEMO vs. SIUE Dual Meet (12/8) in 10:38.97...Finished third in the 5000m, clocking in at 17:52.59 at the 2018 Indiana University Relays (1/26-27)...Was fourth in the 3000m (10:31.14) at the 2018 Hoosier Hills (2/9)...Recorded a mark of 18:01.63 (11th) in the 5000m at the OVC Indoor Track and Field Championships (2/23-24).





DANIELLE MOHRMANN

2017 Cross Country: Ran in six meets...Placed in the top-10 at the Walt Crawford Open (9/1) with a time of 18:36.1...Finished 23rd (20:12.1) the next week at the Forest Park Cross Country Festival (9/8)...Recorded a 21st (18:08.7) place finish at the OVC Championships (10/28)...Closed the campaign at the NCAA Midwest Regional (11/10) with a 6K in 22:44.5 (181st)...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Ran at six meets...Had four top-20 finishes...Finished fifth (PR 17:34.72) in the Tiger Track Classic (4/7) in the 5000m...Recorded personal-bests in the 800m (2:26.92, 15th) and 1500m (4:47.38, 8th) races at the Memphis Invitational 2017 (4/28)...Placed 23rd (18:58.64) in the 5000m at the OVC Championship (5/11)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in six meets...Had five top-20 finishes and three top-five finishes...Recorded a personal-best 10:22.79 for third in the 3000m at the Missouri Invitational (1/20)...Added a personal-best of 5:22.81 (33rd) in the mile at the Don DeNoon Invite (2/3)...Placed 11th in the 5000m (PR 17:46.15) and 20th in the 3000m (10:24.27) at the OVC Championships (2/24).

2016 Cross Country: Ran in all seven meets...Three top-40 finishes...Placed 10th at the Gabby Reuveni Early Bird (15:06.1)...Finished 25th at the Rebel Invitational (18:53.2)...Took 33rd at the OVC Championships (18:22.6).

Prep: Attended Marquette High School...Earned all-state nods in the 1600m and 3200m races, as a senior...Placed fourth and sixth at state in the 1600 and 3200, respectively...Collected all-conference and all-district recognition during all four years...Had career-bests of 5:04 in the 1600, 11:04 in the 3200 and 19:09 in the 5k...Honor Roll student all four years.

Personal: Born January 21, 1998...Daughter of Donald and Dawn Mohrmann...Majoring in Early Childhood Education.



**KENDALL LONG****DISTANCE****SENIOR****MEMPHIS, TENN.****WHITE STATION**

2020 Indoor: Ran in seven meets...Had seven top-five finishes and placed first in three races... Won the 400 meters (1:01.90) and 4x400 meter relay (4:14.68) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Finished first in the 4x800 meter relay in 10:07.60 at the Missouri Intercollegiate (1/17)...Posted a personal-record 600 meter time of 1:37.91 (ninth) at the 2020 Indiana University Relays (1/31-2/1)...Completed the distance medley relay in 12:27.98 for third at the 2020 Hoosier Hills (2/14)...Also was fourth in the 800 meters (2:18.15)...Captured Silver in the distance medley relay at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), finishing in 12:00.67... Also was seventh in the 4x400 meter relay in 3:59.77.

2019 Cross Country: Did not compete.

2019 Outdoor: Competed in seven meets... Registered eight top-five finishes...Placed second in the 400 meter hurdles at the Rhodes Invitational (3/15-16) in 1:02.99 and at the Gibson Invitational (4/6) in 1:02.54...Won the event at the Georgia Tech Invitational (4/19-20) with a mark of 1:00.91...Also was second in the 4x400 meter relay in 3:51.41...Finished first in the 400 meter hurdles at the Billy Hayes Invitational (5/3) in 1:01.37...Captured silver in the 400 meter hurdles in 1:00.96 and bronze in the 4x400 meter relay in 3:55.76 at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau.

2019 Indoor: Ran in seven meets...Tallied nine top-five finishes...Finished first in the 4x400 meters (4:12.68) and third in the 800 meters (2:26.65) at the SEMO vs. SIUE Dual Meet (12/7)...Was third in the 600 meters in 1:38.49 at the Illini Open (1/12)...Set a PR in the 400 meters at the Samford Open (1/18-19) with a time of 59.47 (16th)...Registered a Southeast school record of 11:48.52 in the distance medley relay with Carli Knott, Claire Morrill and Kaitlyn Shea for second at the Indiana University Relays (1/25-26)...Was the runner-up in the 800 meters with a personal best 2:15.05 at the Hoosier Hills (2/8)...Also third in the 4x400 meters in 3:56.13...Earned bronze in the distance medley relay with a mark of 12:13.67 at the OVC Indoor Track & Field Championship (2/20-21)... Was also fifth (3:51.24) in the 4x400 meter relay and eighth in the 800 meters (2:21.65).

2018 Cross Country: Did not compete.

2018 Outdoor: Competed in eight meets... Placed third in the 400m hurdles at the Rhodes Invitational (3/16-17)...Improved in the event with a mark of 1:02.48 at the Mississippi State Bulldog Relays (3/23-24)...Won the 4x400m (3:58.56) and set PRs in the 200m (26.90, 6th) and 400m (1:00.64, 9th) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished third in the 400m hurdles in 1:02.35 at the Joe Walker Invite (4/13-14 and then fifth in the same event with a mark of 1:02.24 at the Georgia Tech Invitational (4/20-21)...Posted a career-best time of 1:01.55 in the 400m hurdles at the Arkansas Twilight (5/4) for a third place finish...Earned a silver in the 4x400m (3:45.49) and a bronze in the 400m hurdles (1:01.58) at the OVC Outdoor Track and Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.





KENDALL LONG

2018 Indoor: Ran in seven meets...Won the 4x400m (4:15.47) and placed second in the 800m (2:24.66) at the SEMO vs. SIUE Dual Meet (12/8)...Was fifth in both the 600m (1:40.03) and the 4x400m (4:08.02) at the Illinois Open (1/13)...Recorded personal best times of 1:38.01 in the 600m and 2:17.95 in the 800m at the 2018 Indiana University Relays (1/26-27)...Placed second in both the 800m (2:19.30) and DMR (12:53.83) at the 2018 Hoosier Hills (2/9)...Finished third in the 400m at the 2018 Redhawks Open (2/16), clocking in at 1:00.84...Earn two bronzes at the OVC Indoor Track and Field Championships (2/23-24) in the 4x400m (3:53.50) and DMR (12:12.20)...Also was eighth in the 800m with a mark of 2:19.55.

2017 Cross Country: Did not compete.

Prep: Attended White Station High School in Memphis, Tennessee...Member of SCIAA high school championship team in 2015, member of White Station high school state championship team in 2017, member of 2017-18 girls AAU club national champions (Memphis Jaguars), AAU club national 400m hurdle and 800m medalist, named all-American in 400m hurdles, named to Tennessee indoor all-state team in 800m, member of the national honor society and international thespian society, and Spanish honor society...Earned silver medal at AAU junior Olympic games in 400m hurdles, TSSAA state championship silver medalist in 300m hurdles, placed sixth at new balance nationals in EE 400m hurdles as a senior...Named all-American in 4 x 800m relay, TSSAA state medalist in triple jump, sectional silver medalist in triple jump, named all-American in 400m hurdles,

district and regional champion in 400m hurdles as junior...Named all-American in 4 x 800m relay as a sophomore...Capital league champion in 300m hurdles, named all-American in 4 x 800m relay, AAU district champion silver medalist in triple jump as a freshman.

Personal: Born November 6, 1998...Daughter of Yerritt and Anita Long...Brother, Kameron Long, was a member of the SEMO Track & Field team...Majoring in Biology: Pre-Physician Assistant.



**JANE BOESSEN****DISTANCE****SENIOR****TROY, MO.****TROY**

2020 Indoor: Ran in four meets...Completed in the 3,000 meters at each of those competitions...Opened the season with a mark of 11:23.99 at the Gene Edmonds Memorial (1/10-11)...Was seventh (11:03.54) in the 3,000 meters at the Missouri Intercollegiate (1/17)...Posted a season-best time of 10:57.78 (18th) in the 3,000 meters at the Illini Invitational (1/24-25)...Finished second overall in the 3,000 meters at the 2020 Redhawks Open (2/21) in 11:06.68...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Competed in four meets...Posted a time of 27:01.5 (100th) at Missouri's Gans Creek Classic (9/27)...Set a season-best 6K mark of 23:58.7 (141st) at the Bradley 'Pink' Classic (10/18)...Concluded the 2019 OVC Championship (11/2) 5K in 20:01.5 (58th) at SIUE in Edwardsville, Illinois...Notched a time of 24:25.3 (195th) at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in four meets...Completed the 3,000 meter steeplechase in 13:13.58 at the 2019 Drury Hotels Joey Haines Invite (3/29-30)...Earned third in the 5,000 meters (21:02.75) at the ASU Red Wolf Open (4/19-20)...Registered a season-best mark in the 3,000-meter steeplechase (seventh) of 12:49.75 at the Memphis Tiger Invitational (4/26-27)...Tallied a personal best 5:23.29 in the preliminaries for the 1,500 meters (22nd) at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Ran in four meets...Finished sixth in the 3,000 meters at the SEMO vs. SIUE Dual Meet (12/7) in 11:20.12 and was a member of the third place finishing 4x400 meter relay team (4:36.22)...Notched a time of 19:24.76 in the 5,000 meters at the Samford Open (1/18-19).

2018 Cross Country: Ran in six meets...Finished 14th at the Saluki Cross Country Invitational (8/31), clocking in at 19:59.0...Placed 10th (20:31.4) at the SIUE John Flamer Invite (9/14)...Ran a 24:28.3 (101st) 6K at the Wisconsin Pre-National Meet (10/13)...Registered a time of 19:28.5 for 55th at the OVC Cross Country Championship (10/27)...Recorded a career-best 6K time of 23:50.4 (209th) at the NCAA Division I Midwest Region Cross Country Championships (11/9)...Named to the OVC Commissioner's Honor Roll.

2018 Outdoor: Participated in four meets...Placed fifth in the 3000m steeplechase at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished eighth in the 5000m at the Memphis Tiger Invitational (4/27-28) with a personal-best time of 18:42.59...Posted a career-best time of 12:05.29 (12th) in the 3000m steeplechase at the OVC Outdoor Track & Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.





2018 Indoor: Ran in six meets... Finished eighth in the 3000m at the SEMO vs. SIUE Dual (12/8) in 11:01.75...Posted a time of 18:47.03 (9th) in the 5000m at the 2018 Indiana University Relays (1/26-27)...Improved her mark in the 3000m at the Don DeNoon Invitational (2/2-3), clocking in at 10:59.27...Won the event at the 2018 Redhawks Open (2/16) with a personal-best time of 10:57.59... Finished 20th (PR, 5:30.60) in the mile race at the OVC Indoor Track & Field Championships (2/23-24).

2017 Cross Country: Raced at five meets...Had two top-20 finishes...Ran a personal-best 19:03.6 (55th) at the OVC Championship (10/28)...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Troy Buchanan High School in Troy, Missouri... Lettered all four years in track and cross country...Cross country state qualifier 2015-2017...Cross country academic honors 2014-2016...Track state qualifier 2016, 2017...Track scholar athlete 2015-2017...St. Louis post dispatch scholar athlete for both cross country and track...School record holder for 1600m, 3200m, and 5K.

Personal: Born July 20, 1999... Daughter of Scott and Joan Boessen...Majoring in Exceptional Child/Mild Moderate Cross Categorical.



**KRISTEN CARTER**

**MULTIS
SENIOR
ST. LOUIS, MO.
MEHLVILLE**

2020 Indoor: Competed in eight meets... Had eight top-five finishes...Finished second in the 200 meters (28.30), 55 meter hurdles (8.59), 4x400 meter relay (4:39.31), and high jump (4-11, 1.50m) at the SEMO vs. SIUE Dual Meet (12/6/19)...Was also fourth in long jump (17-0.5, 5.19m)...Totaled 2,621 points (12th) in the pentathlon at the Gene Edmonds Memorial (1/10-11) with a long jump of 16-8.5 (5.09m, fifth)...Placed fourth in the 60 meter hurdles at the at the Missouri Intercollegiate (1/17) in 9.38...Totaled 2,757 points (12th) in the pentathlon at the 2020 Indiana University Relays (1/31-2/1)...Was third in the high jump (4-11, 1.50m) and fourth in the triple jump (35-4.5, 10.78m) at the 2020 Redhawks Open (2/21)... Finished 12th in the pentathlon with 2,695 points at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), completing the 60 meter hurdles fourth in 9.15... Also posted a personal-best triple jump of 35-5 (10.79m, 11th).

2019 Outdoor: Appeared in seven meets... Finished third in the 100 meter hurdles at the 2019 Drury Hotels Joey Haines Invite (3/29-30) with a time of 14.55...Placed sixth in the 100 meter hurdles in 14.95 at the Gibson Invitational (4/6)...Tallied a personal best long jump distance of 17-2.75 (5.25m) at the Memphis Tiger Invitational (4/26-27)...Compiled a career best 4,261 points for seventh in the heptathlon at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Won the heptathlon hurdles in 14.78...Also was fifth in the 100 meter hurdles in 14.59 after setting a PR in the prelims of 14.37...Finished sixth in the 4x100 meter relay in 48.90.

2019 Indoor: Competed in eight meets... Posted six top-five finishes...Won the 55 meter hurdles in a personal best 8.50 at the season-opening SEMO vs. SIUE Dual Meet (12/7)... Also was second in the 200 meters (27.16) and high jump (4-10.25, 1.48m)...Finished ninth in the pentathlon at the 2019 Indiana University Relays (1/25-26) with 3,042 points...Was fourth in both the high jump (5-1, 1.55m) and long jump (17-2, 5.23m) at the 2019 Redhawks Open (2/15)...Totaled a career best 3,093 points in the pentathlon at the OVC Indoor Track & Field Championship (2/20-21) for 11th...Also set a new personal record in the 60 meter hurdles of 8.89.





KRISTEN CARTER

2018 Outdoor: Appeared in seven meets...Was third in the 4x100m (49.22) and fifth in high jump (4-7, 140m) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished the heptathlon with 3629 points for seventh at the Joe Walker Invite (4/13-14)...Was second in the 100m hurdles (14.82), fourth in long jump (16-15, 4.91m) and fifth in both the 200m (27.82) and shot put (29-2.5, 8.90m)...Also finished third in 4x100m with a time of 48.08...Totaled a career best of 3963 points (11th) in the heptathlon at the Ohio Valley Outdoor Track & Field Championship (5/10-12)...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Participated in six events...Won the 55m hurdles with a personal-best time of 8.69 and finished fourth in the long jump with a distance of 15-11.5 (4.86m) at the SEMO vs. SIUE Dual Meet (12/8)...Posted a personal best mark in the 60m hurdles (9.22, 10th) at the Illinois Open (1/13)...Totaled 2761 points for fifth in the pentathlon at the Don DeNoon Invitational (2/2-3) with a fourth place finish in 60m hurdles (9.27)...Registered a personal-best distance of 17-1.5 (5.22m) in long jump (14th) at the 2018 Hoosier Hills (2/9)...Finished second in 55m hurdles (8.73) and third both in 800m (2:57.23) and the high jump (4-7, 140m) at the 2018 Redhawks Open (2/16)...Earned a personal high of 2869 points in the pentathlon at the Ohio Valley Indoor Track and Field Championships (2/23-24) for 11th.



**KAYLEE JOHNSTON**

JAVELIN
SENIOR
MOBILE, ALA.
WP DAVIDSON

registering a mark of 110-7 (33.70m)...Placed third in javelin (122-3, 37.27m) at the Gibson Invitational (4/6)...Notched a personal best javelin distance of 127-2 (38.77m) at the Joe Walker Classic (4/12-13)...Was fourth overall with a mark of 121-10 (37.13m) at the Memphis Tiger Invitational (4/26-27)...Earned third (122-8, 37.39m) in the event at the 2019 SIUE Gateway Classic (5/3)...Posted a distance of 126-11 (38.68m) for sixth at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Named to the OVC Commissioner's Honor Roll.

best javelin mark of 124-4 (37.90m)...Recorded a javelin distance of 110-10 (33.78m, 12th) at the Ohio Valley Conference Championship (5/10).

2018 Indoor: Did not compete.

Prep: Graduated from WP Davidson High School in Mobile, Alabama, in 2017...Lettered three years in track and field...Placed second in state (7A) in javelin and earned optimists club player of the week as a junior...Was a member of the National Honor Society, the National French Honor Society, and honor roll.

Personal: Born October 5, 1998...Daughter of Brian and Beth Johnston...Majoring in Chemistry.

2020 Indoor: Did not compete...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in nine meets, competing in javelin...Had seven top-five finishes...Placed fourth in javelin at the 2019 Rhodes Invitational Track & Field Meet (3/15-16) with a throw of 123-11 (37.77m)...Was the runner-up in the event at the 2019 Drury Hotels Joey Haines Invite (3/29-30),

2019 Indoor: Did not compete.

2018 Outdoor: Competed in nine events...Placed fifth in the javelin throw at the South Alabama Jaguar Opener (3/3) with a mark of 120-2 (36.64m)...Finished fourth in the javelin throw at the 2018 Drury Hotels Haines Invite (3/31) with 111-1 (33.86m)...At the Memphis Tiger Invitational (4/28) earned a personal-

**KAYLEE JOHNSTON**



BAILEY GRIFFITHS

POLE VAULT

JUNIOR

ST. CHARLES, MO.

ST. CHARLES WEST

2020 Indoor: Competed in pole vault at five meets...Finished fourth at the season-opening SEMO vs. SIUE Dual Meet (12/6/19) with a height of 7-10.5 (2.40m)...Posted a pole vault mark of 8-11.75 (2.74m, 13th) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Did not compete.

2019 Indoor: Appeared in three meets, competing in pole vault...Took fifth at the season-opening SEMO vs. SIUE Dual Meet (12/7) with a mark of 9-9 (2.97m)...Posted a career best height of 10-0 (3.05m) for sixth in pole vault at the 2019 Redhawks Open (2/15)...Named to the OVC Commissioner's Honor Roll.



**KATIE WEGMANN**

DISTANCE
REDSHIRT JUNIOR
MEQUON, WIS.
HOMESTEAD

2020 Indoor: Ran in seven meets...Had six top-five finishes...Made her Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), finishing third in the mile (5:24.30)...Also posted a personal-best 3,000 meters mark of 11:45.33 for fifth...Took first in the 4x800 meter relay in 10:07.60 at the Missouri Intercollegiate (1/17)...Also was third in the 800 meters, setting a personal record of 2:20.51...Completed the 4x400 meter relay in 4:07.00 (fifth) and concluded the mile in 5:10.65 (eighth) at the Illini Invitational (1/24-25)...Captured Silver in the distance medley relay at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), finishing in 12:00.67...Also was seventh in the 4x400 meter relay (3:59.77) and ninth in the mile with a PR mark of 5:02.86...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in all six meets...Made Redhawks cross country debut with an eighth-place finish of 19:34.1 at the 2019 Saluki Invite (9/30)...Completed the Bradley Intercollegiate (9/20) in a personal-best three mile mark of 18:35.5 (27th)...Set a 6K personal record at Missouri's Gans Creek Classic (9/27), crossing the finish in 24:47.8 (73rd)...Finished 30th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in a personal best 19:03.6...Completed the 6K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in 24:48.0 (212th)...Named to the OVC Commissioner's Honor Roll.

2018 Redshirt Freshman Soccer: Appeared in 11 games, started in seven...Notched an assist against Illinois-Springfield (8/24)...Finished the season with three shots and an assist...Totaled 587 minutes of playing time.

2017 - Freshman Soccer: Appeared in the first three games of the season...Played a total of 103 minutes.





KATIE WEGMANN

Prep/Club: Attended Homestead High School in Mequon, Wisconsin, the same school and hometown that produced former Redhawk Shay Darga...Did not compete for Homestead on the soccer pitch, but played club soccer for FC Wisconsin Eclipse ECNL year-round for head coach Christian Lavers...Was the starting midfielder all four club seasons for ECNL...The team qualified for the ECNL playoffs the last three seasons of her career...Eclipse were the runners-up for the ENCL...Was an honor roll student and a member of the "Champions" community group...Also competed in track & field, earning team MVP honors as a freshman, sophomore, and junior...Was the conference and regional runner up in the 800 and 1600m those three years...Qualified for state as a freshman and junior...Competed for Homestead HS her senior year and won the Susan B.

Award for exemplary character and leadership on and off the field.

Personal: Born Feb. 4, 1999... Daughter of David and Rebecca Wegmann...Majoring in Corporate Communication.



**MADDIE KELLER****DISTANCE****JUNIOR****TROY, ILL.****TRIAD**

2020 Indoor: Ran in seven meets...Had five top-five finishes and one first place finish...Won the mile (5:19.13) and was third in the 3,000 meters (11:09.07) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Finished the mile in 5:18.92 (eighth) at the Gene Edmonds Memorial (1/10-11)...Captured second in both the 3,000 meters (10:21.20) and the 4x800 meter relay (10:07.66) at the Missouri Intercollegiate (1/17)...Set a new personal-best time in the mile of 5:06.51 for sixth at the Illini Invitational (1/24-25)...Earned Bronze in the 3,000 meters at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), posting a personal-best time of 9:53.81...Also was sixth in the 5,000 meters with a career best 17:13.18 to add to the Redhawks total...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in all six races...Posted three-top five finishes, four top-15 finishes and five top-20 finishes...Opened the season with a fourth-place finish of 18:48.3 at the 2019 Saluki Invite (9/30)...Finished third at the Bradley Intercollegiate (9/20) three-mile race in a personal-best 17:28.8...Completed Missouri's Gans Creek Classic (9/27) 6K in 22:24.3 for 15th...Placed 20th at the Bradley 'Pink' Classic (10/18) 6K, crossing the finish in a career-best 21:43.6...Was fifth at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, with a personal-best 5K time of 17:57.3 to earn First-Team All-OVC laurels...Her finish is the best Redhawk women's finish at the Championship since Rebekah Lawson was the runner-up at the 2013 Championship in Morehead, Kentucky...Concluded the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, with a top-100 finish (78th) in 22:16.8...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Appeared in seven meets...Set a PR in the 2,000-meter steeplechase at the Vanderbilt Black & Gold Invitational (3/22-23) in 7:30.69...Placed sixth in the 1,500 meters in 5:01.26 at the 2019 Drury Hotels Joey Haines Invite (3/29-30)...Was second in the 3,000-meter steeplechase with a mark of 11:23.42 at the Gibson Invitational (4/6)...Notched a career best 4:49.69 (18th) in the 1,500 meters at the Joe Walker Classic (4/12-13)...Earned second in the 5,000 meters at the Memphis Tiger Invitational (4/26-27) with a PR of 18:44.03...Finished fifth in the 3,000-meter steeplechase at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau with a personal-best time of 11:09.01...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.





MADDIE KELLER

2019 Indoor: Ran in six meets... Made Redhawks debut at the SEMO vs. SIUE Dual Meet (12/7), finishing fifth in the mile (5:39.13) and fourth in the 4x400 meters (4:38.99)...Completed the mile in 5:26.69 for eighth at the Samford Open (1/18-19)...Also had a PR of 2:28.06 in the 800 meters (10th)...Set a personal best 3,000-meters mark of 10:43.08 for fifth at the Fred Wilt Open (2/1-2)...Finished second in the distance medley relay in 12:39.42 at the 2019 Hoosier Hills (2/8)... Also was eighth in the mile (5:18.64)...Concluded the mile in a personal-best time of 5:14.86 (12th) at the OVC Indoor Track & Field Championship (2/20-21).

2018 Cross Country: Ran in five meets...Finished 100th at the Wisconsin Pre-National Meet (10/13) with a personal-best 6K time of 24:24.0...Registered a career-best 5K, clocking in at 19:38.1 for 59th at the OVC Cross Country Championship (10/27)... Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

Prep: Graduated from Triad High School in 2018...Coached by Andy Brendal...Started competing in cross country in sixth grade... Lettered all four years...Also played soccer and ran track & field...Competed in the 800m, 4x400m, 600m, 3200m, and 4x800m...Earned the Citizenship Award at Triad.

Personal: Born November 5, 1999...Daughter of Matthew and Jennifer Keller...Full name is Madeline Keller...Majoring in Nursing at Southeast.



**ELLIE GAMRADT****JUMPS****JUNIOR****WRENSHALL, MINN.****HERMANTOWN SENIOR**

2020 Indoor: Competed in high jump at eight meets...Had seven top-five finishes and two first-place finishes...Was third in the conference for high jump (5-6.5, 1.69m)...Won the event at the season-opening SEMO vs. SIUE Dual Meet (12/6/19) with a height of 5-3 (1.60m)...Posted a mark of 5-5 (1.65m) for fourth at the Illini Invitational (1/24-25)...Captured first in high jump at the 2020 Hoosier Hills (2/14) with a feat of 5-6 (1.68m)...Took second at the 2020 Redhawks Open (2/21) with 5-3 (1.60m)...Earned Bronze in the high jump at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), overcoming a career-best 5-6.5 (1.69m)...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Competed in seven meets as a high jumper...Placed fourth in the event at both the 2019 Drury Hotels Joey Haines Invite (3/29-30) and at the Gibson Invitational (4/6) with marks of 5-1 (1.55m)...Finished 10th (5-3, 1.60m) in high jump at the Memphis Tiger Invitational (4/26-27)...Overcame a height of 5.25 (1.59m) for 10th at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Appeared in eight meets, competing in high jump...Posted six top-five finishes...In her Redhawks debut, won the event with a personal-best height of 5-4.25 (1.63m) at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Was fifth in high jump with 5-3 (1.60m) at the Samford Open (1/18-19)...Placed fourth in the event at the Fred Wilt Open (2/1-2) with a mark of 5-1.25 (1.56m)...Was third at both the 2019 Hoosier Hills (2/8, 5-2.5, 1.59m) and 2019 Redhawks Open (2/15, 5-3, 1.60m)...Finished fifth in the high jump after she overcame 5-3.75 (1.62m) at the OVC Indoor Track & Field Championship (2/20-21).





Prep: Attended Hermantown High School in Hermantown, Minnesota...Coached by Kevin Leonard at Hermantown...Competed in high jump on the track & field team...Started and lettered five seasons...Finished sixth at State in high jump in 2017 and notched a personal record height of 5-6...Earned third as a senior in the Section 7AA high jump competition...Was named the women's track & field MVP...Won the Section 7AA high jump championship as a sophomore...Was sixth at the Minnesota State High School League State Meet...Placed fifth in high jump at the Section 7AA meet as a sophomore and as a freshman...Was the Lake Superior Conference high jump Champion in her final three high school seasons as a sophomore, junior and a senior...Four-time Lake Superior Conference All-Conference honoree and four time Minnesota Academic All

State...Also played basketball and volleyball...Member of the Section 7AA Volleyball Championship team in 2015 and 2016...Selected as the volleyball MVP from 2017-2018...Named to the Lake Superior Conference All-Conference basketball team twice...Graduated from Hermantown High School in 2018.

Personal: Born on March 14, 2000...Daughter of Tim and Carla Gamradt...Her mother Carla, ran track & field at St. Cloud State University in St. Cloud, Minnesota...Her father Tim, played football at St. Cloud State University...Majoring in Biomedical Sciences.



**CLAIRE MORRILL****DISTANCE****JUNIOR****CAPE GIRARDEAU, MO.****NOTRE DAME**

2020 Indoor: Ran in eight meets...Had 10 top-five finishes and four first-place finishes... Ranked fourth overall in the conference for 800 meters (2:16.17)...Won the 800 meters (2:23.60) and 4x400 meter relay (4:14.68) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Finished as the runner-up in the 800 meters in 2:18.28 at the Gene Edmonds Memorial (1/10-11)...Grabbed first in both the 800 meters (2:16.90) and the 4x800 meter relay (10:07.60) at the Missouri Intercollegiate (1/17)...Crossed the finish for the 800 meters at the Illini Invitational (1/24-25) in 2:16.17... Was also fifth in the 4x400 meter relay with a time of 4:07.00...Set a new personal-record mark in the 600 meters, completing the race in 1:36.64 (eighth) at the 2020 Indiana University Relays (1/31-2/1)...Tallied a career-best mile mark of 5:14.33 (18th) at the 2020 Hoosier Hills (2/14)...Was also a member of the third place finishing distance medley relay team (12:27.98)... Captured Silver in the distance medley relay at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), finishing in 12:00.67...Also was fifth in the 800 meters (2:16.93) and seventh in the 4x400 meter relay (3:59.77)...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Ran in five meets...Made Redhawks cross country debut at the 2019 Saluki Invite (9/30), where she posted a time of 20:22.4 for 14th...Notched a personal-best three mile mark of 19:33.5 (64th) at the Bradley Intercollegiate (9/20)...Completed the 6K at the Bradley 'Pink' Classic (10/18) in a career-best 23:18.7 (103rd)...Finished 55th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in a personal best 19:51.2...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Outdoor: Ran in seven meets...Had seven top-five finishes...Completed the 1,500 meters in a personal best 4:52.40 (55th) at the Vanderbilt Black & Gold Invitational (3/22-23)... Won the 800 meters at the 2019 Drury Hotels Joey Haines Invite (3/29-30) in 2:22.86... Finished the 800 meters in a PR time of 2:12.49 for fourth at the Georgia Tech Invitational (4/19-20)...Was the runner-up in the 4x400 meter relay at the meet, crossing the finish in 3:51.41...Captured silver in the 800 meters (2:13.84) and bronze in the 4x400 meter relay (3:55.76) at the OVC Outdoor Track & Field Championship (5/9-11)...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.





CLAIRE MORRILL

2019 Indoor: Appeared in seven meets...Notched nine top-five finishes...Made Redhawks debut at the SEMO vs. SIUE Dual Meet (12/7), finishing first in the 4x400 meter relay (4:12.68) and second in the 800 meters (2:23.83)... Finished fourth in the 1,000 meters with a personal-best time of 3:03.98 at the Samford Open (1/18-19)...Also was third in the 4x400 meter relay with a mark of 3:58.25...Registered a Southeast school record of 11:48.52 in the distance medley relay with Carli Knott, Kendall Long and Kaitlyn Shea for second at the Indiana University Relays (1/25-26)...Was the runner-up in the 800 meters at the Fred Wilt Open (2/1-2) in 2:19.16...Also set a career best 1:46.30 in the 600 meters...Won the 800 meters at the Hoosier Hills (2/8) with a mark of 2:14.78... Also took third in the 4x400 meter relay in 3:56.13...Finished fifth in the 4x400 meter relay at the OVC Indoor Track & Field

Championship (2/20-21), clocking in at in 3:51.24...Also finished seventh in the 800 meters in 2:21.35.

2018 Cross Country: Did not compete.

Prep: Competed in cross country and track & field at Notre Dame Regional High School in Cape Girardeau, Missouri...Graduated in 2018...Coached by Paul Unterreiner...Was a five-time USA Track & Field All-American and five-time State medalist at Notre Dame competing in sprints and middle distances...As a senior was third at State for the 800 meters and fourth for the 4x400 meter relay...Holds the school record at Notre Dame for the 800 meters (2:17.1) and 4x400 meter relay (4:01.75)...As a junior finished fifth at State for the 800 meters and 4x400 meter relay.

Personal: Born May 10, 2000... Daughter of Richard and Marge Kirkpatrick...Mother, Marge Kirkpatrick, is a Southeast Missouri alumna...Majoring in Biomedical Sciences at Southeast.



**LAURYN JAMES****SPRINTS****JUNIOR****CORDOVA, TENN.****CORDOVA**

2020 Indoor: Appeared in eight meets...Had six top-five finishes...Ranked fourth in the OVC for long jump (18-8.5, 5.70m)...Won the 55 meter dash (7.35), 200 meters (26.86) and long jump (17-11.5, 5.47m) at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Finished as the runner-up in the 60 meters in 7.82 and completed the 200 meters in 26.62 (sixth) at the Missouri Intercollegiate (1/17)...Took third in the long jump at the Illini Invitational (1/24-25) with a mark of 17-9 (5.41m)...Was fourth in the same event at the 2020 Hoosier Hills (2/14), posting a feat of 17-6.25 (5.34m)...Finished the 4x400 meters relay (seventh) in 3:59.77 and tallied a long jump distance of 16-10 (5.13m, 15th) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

2019 Outdoor: Appeared in seven meets...Had four top-five finishes...Placed fifth in the 4x400 meter relay at the Vanderbilt Black & Gold Invitational (3/22-23) in 3:56.86...Was the runner-up in the 100 meter dash in 12.46 at the 2019 SIUE Gateway Classic (5/3)...Also placed fifth in the long jump with a feat of 18-2.25 (5.54m)...Earned a bronze medal in the 4x400 meter relay, finishing with a time of 3:55.76 at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Also posted a long jump of 18-7 (5.66m, ninth) and competed in the 4x100 meter relay, crossing the finish in 48.90...Set a personal best 100 meters time of 12.30 in the preliminaries.

2019 Indoor: Competed in seven meets...Tallied nine top-five finishes...Made her Redhawks debut with a trio of first place finishes in the 55 meters (7.25, PR), 200 meters (26.60) and the 4x400 meter relay (4:12.68) at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Finished third in both the 60 meters (7.67, PR) and long jump (19-0, 5.79m) at the 2019 Illini Open (1/12)...Was fifth in both the 60 meters (7.86) and long jump (18-3.75, 5.58m) at the Fred Wilt Open (2/1-2)...Set a personal best 200 meter time of 25.82 (ninth) at the 2019 Hoosier Hills (2/8)...Concluded the 60 meters at the OVC Indoor Track & Field Championship (2/20-21) in 7.78 (eighth)...Also had a long jump mark of 16-10 (5.13m).





Prep: Attended Cordova High School in Cordova, Tennessee... Coached by Frederick Collier... Competed in the 100 meters, 200 meters, long jump and 400 meters on the Cordova Track & Field team...As a senior posted marks of 12.21 in the 100 meters, 25.39 in the 200 meters, 1:00.91 in the 400 meters and a long jump distance of 19-2...Finished third in the long jump at the Tennessee Secondary School Athletic Association as a junior...Also was second in the 4x200 meters, sixth in the 200 meters and was nominated for the TSSAA Women's All Around Award...Was a TSAA Championship qualifier as a sophomore and placed fourth in the long jump...Qualified for TSAA Championship as a freshman and was sixth in the long jump.

Personal: Born Oct. 31, 1999... Daughter of Lloyd and Jermika James...Majoring in Criminal Justice.



**KAYLEE EAKIN****JUMPS****JUNIOR****POPLAR BLUFF, MO.****POPLAR BLUFF**

Posted a long jump mark of 16-6 (5.03m, 19th) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

2019 Outdoor: Competed in six meets... Finished the 200 meters in 27.89 (PR, 75th) at the Vanderbilt Black & Gold Invitational (3/22-23)...Was third in the long jump with 17-1.5 (5.22m) at the 2019 Drury Hotels Joey Haines Invite (3/29-30)...Set a new personal record in the 100 meters of 13.18 at the Gibson Invitational (4/6)...Posted a long jump mark of 17-6.75 (5.35m, 18th) at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Appeared in seven meets...Had four top-five finishes...Made her Redhawks debut at the season-opening SEMO vs. SIUE Dual Meet (12/7) where she competed in the 55 meter dash (7.66, fourth), 200 meters (28.22, fifth) and long jump (17-0.5,

5.19m, fourth)...Set a personal record in the 60 meters in 8.27 in the preliminaries at the Samford Open (1/18-19)...Was seventh in long jump at the Fred Wilt Open (2/1-2) with a distance of 16-10.5 (5.14m)...Finished third in long jump with a career best feat of 17-7.5 (5.37m) at the 2019 Redhawks Open (2/15)...Also had a PR of 7.49 in the 55 meter dash...Posted a long jump mark of 16-10.75 (5.15m, 18th) at the OVC Indoor Track & Field Championship (2/20-21).

Prep: Attended Poplar Bluff High School... Graduated from Poplar Bluff in 2018.

Personal: Born December 7, 1999...Daughter of Chris Eakin and Mandy Eddy...Twin sister, Krisman Eakin, is a member of Harding University's (DII) Track & Field team in Searcy, Arkansas.

2020 Indoor: Competed in six meets...Had four top-five finishes...Was second in the 4x400 meter relay (4:39.31) and third in both the 400 meters (1:04.27) and the long jump (17-6, 5.33m) at the SEMO vs. SIUE Dual Meet (12/6/19)...Placed third in the 400 meters in 1:05.92 at the Missouri Intercollegiate (1/17)... Was sixth in the long jump at the 2020 Redhawks Open (2/21) with 16-7.75 (5.07m)...

**KAYLEE EAKIN**



KATIE SCHUMER

POLE VAULT

JUNIOR

CAPE GIRARDEAU, MO.
JACKSON

Had a pole vault mark of 10-11.5 (3.34m, ninth) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

2019 Outdoor: Competed in six meets...Set a personal record pole vault mark of 11-6.25 (3.51m) for third at the Gibson Invitational (4/6)...Was also fifth at the Joe Walker Classic (11-0.25, 3.36m, 4/12-13) and the Memphis Tiger Invitational (11-1, 3.38m, 4/26-27)...Overcame a height of 11-5.25 (3.49m) for sixth in the pole vault at the OVC Outdoor Track & Field Championship (5/9-11) in Cape Girardeau...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

2019 Indoor: Appeared in seven meets, competing in pole vault...Made Redhawks debut with a 55 meters time of 8.08 (sixth, PR) and a pole vault height of 10-8.75 (3.27m) for third at the season-opening SEMO vs. SIUE Dual Meet (12/7)...Placed fifth in pole

vault at the 2019 Redhawks Open (2/15) with a mark of 10-6 (3.20m)...Overcame a height of 11-2.5 (3.42m) for sixth at the OVC Indoor Track & Field Championship (2/20-21).

Prep: Attended Jackson Senior High School...Was a four-year pole vaulter and letter-winner at Jackson...Coached by Tim Rademaker and Bob Sink...Earned all-state honors each of those four seasons...As a senior, placed third in pole vault at state and second at the Kansas Relays...Took fourth in pole vault at state as a junior...Placed fifth at the state meet her freshman and sophomore seasons...Lifetime personal-best pole vault mark is 12-6...Graduated third in her class at Jackson in 2018.

2020 Indoor: Competed in pole vault at eight meets...Had three top-five finishes...Won the event at the season-opening SEMO vs. SIUE Dual Meet (12/6/19) with a height of 10-5.5 (3.19m)...Set a personal-best mark of 11-6.25 (3.51m) for fourth at the Missouri Intercollegiate (1/17)...Finished as the runner-up in pole vault at the 2020 Redhawks Open (2/21), overcoming 11-5.75 (3.50m)...

Personal: Born on Oct. 25, 1999...Daughter of Kristi and Matthew Schumer who are both Southeast alumni...Majoring in Health Sciences: Pre-Physical/Occupational Therapy.



KATIE SCHUMER





HANNAH EASTMAN

DISTANCE
SOPHOMORE
BELLEVILLE, ILL.
BELLEVILLE EAST

with a career-best mark of 10:20.60 at the Illini Invitational (1/24-25)...Set a personal-record 5,000 meters time of 18:02.10 at the 2020 Indiana University Relays (1/31-2/1)...Competed in the 3,000 meters (10:34.66, 18th) and 5,000 meters (18:36.24, 14th) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Named to the OVC Commissioner's Honor Roll.

2019 Cross Country: Competed in all six meets...Made Redhawks debut at the 2019 Saluki Invite (9/30), crossing the finish for the 5K in 19:17.3 for sixth...Completed the Bradley Intercollegiate (9/20) three-mile race in 18:14.6 for 16th...Finished in the top-50 (45th) at Missouri's Gans Creek Classic (9/27) 6K in 23:48.7...Posted a career-best 6K time of 22:55.4 (82nd) at the Bradley 'Pink' Classic (10/18)...Tallied a personal-best 5K mark of 19:02.2 for 29th at the 2019 OVC Championship (11/2) 5K in 19:02.2 at SIUE in Edwardsville, Illinois...Concluded the NCAA

Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in 19:02.2...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Belleville East High School...Was a member of both the cross country and track & field teams...Competed in the 800m, 1,600m, 3,200m, 4x800m relay...Posted a three mile cross country time of 17:58.4 as a senior...Clocked at 5:22.28 for the mile...Was an IHSA 3A State Qualifier in both track and field during senior campaign...Named to All-St. Louis Metro, All-County, All-Conference, All-Regional and All-Sectional teams...Qualified for the IHSA 3A State Track & Field meet...Was the cross country and track & field captain during her junior and senior seasons...Coached by Brad Pfeiffer...Graduated from Belleville East in 2019.

Personal: Born Sept. 27, 2000...Daughter of Michael and Michelle Eastman...Majoring in Biology: Biomedical Sciences.

2020 Indoor: Ran in seven meets...Had five top-five finishes...Made her Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), competing in the mile and 3,000 meters (11:44.79, fourth)...Finished runner-up in the mile in a personal-best 5:22.92...Was a member of the second place 4x800 meters relay team (10:07.66) at the Missouri Intercollegiate (1/17)...Also was fourth in the mile (5:27.95)...Placed third overall in the 3,000 meters



HANNAH EASTMAN





TAYLER GUDDE

MULTIS
SOPHOMORE
SEDALIA, MO.
COLE CAMP R-1

Also had a high jump mark of 4-3.25 (1.30m, eighth) and shot put throw of 23-7.5 (7.20m, 11th)...Competed in the Pentathlon at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27), accumulating a career-high 2,394 points (15th)...Finished first overall in the 800 meters (2:23.18)...Also had a long jump of 15-4 (4.67m, 10th), shot put throw of 23-8.25 (7.22m, 14th), high jump of 4-4.75 (1.34m, 16th) and completed the 60 meter hurdles in 12.30 (16th)...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Cole Camp R-1 High School...Competed in the 4x800m, 4x400m, 800m, and 1600m track events...Letter winner and starter from 2015 to 2019...Named to all-district, all-conference, all-state and academic all-state teams each year on the track team...Was a member of the Cole Camp R-1 conference and district champion teams...Coached by Tom Ward...Also played softball and basketball...Earned all-conference and all-district honors...Graduated from Cole Camp R-1 in 2019...Finished with a 4.0 GPA and ranked 12th in her graduating class.

2020 Indoor: Competed in six meets...Made her Redhawks debut at the SEMO vs. SIUE Dual Meet (12/6/19), competing in the 800 meters (2:29.69, third) and 4x400 meter relay (4:14.68, first)...Completed the mile in a personal-best 5:58.09 (10th) at the Missouri Intercollegiate (1/17)...Set career-bests in the 55 meter hurdles (11.79) and long jump (15-7.5, 4.76m, seventh) at the 2020 Redhawks Open (2/21)...

2019 Cross Country: Did not compete.

Personal: Born March 5, 2001...Daughter of Phillip and Melissa Gudde...Sister, Mackenzie Gudde, played softball for Central Methodist University in Fayette, Missouri, and State Fair Community College in Sedalia, Missouri...Loves to hunt, fish, ride horses and be outdoorsy...Majoring in Pre-veterinary/Animal Science.



TAYLER GUDDE



**MACKENZIE PUGH****DISTANCE****SOPHOMORE****ST. PETERS, MO.****FRANCIS HOWELL NORTH**

3,000 meters at the 2020 Redhawks Open (2/21) in a career-best time of 10:56.90... Completed the 5,000 meters at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27) with a PR mark of 19:32.20...Earned the OVC Academic Medal of Honor...Named to the OVC Commissioner's Honor Roll.

Named to the OVC Commissioner's Honor Roll.

Prep: Competed in Cross Country and Track & Field at Francis Howell North High School... Coached by Kimberly Martin...Was a four-year letterwinner...Ran in the 800 meters, 4x800 meter relay and 1,600 meters...Graduated from Francis Howell North in 2019.

Personal: Born November 17, 2000...Daughter of Richard Pugh and Dawn Bell-Pugh... Majoring in Dietetics at Southeast.

2020 Indoor: Ran in five meets...Made her Redhawks debut at the Gene Edmonds Memorial (1/10-11), completing the 3,000 meters in 11:23.94 (21st)...Finished sixth in 800 meters with a personal-best time of 2:37.27 (sixth) at the Missouri Intercollegiate (1/17)... Also completed the mile in 5:39.59 (ninth)...Set a personal-best mile time of 5:31.52 (20th) at the Illini Invitational (1/24-25)...Won the

2019 Cross Country: Ran in all six meets... Made Redhawks debut with a 11th-place finish of 19:58.4 at the 2019 Saluki Invite (9/30)...Posted a time of 19:13.1 for a personal-best three mile mark of 53rd at the Bradley Intercollegiate (9/20)...Set a 6K personal record at the Bradley 'Pink' Classic (10/18), crossing the finish in 23:41.7 (129th)...Finished 54th at the 2019 OVC Championship (11/2) at SIUE in Edwardsville, Illinois, in a personal best 19:48.4...Completed the 6K at the NCAA Midwest Regional (11/15) at Oklahoma State in Stillwater, Oklahoma, in 24:38.2 (202nd)... Earned the OVC Academic Medal of Honor...

**MACKENZIE PUGH**



BRIANNA PAYTON

DISTANCE
SOPHOMORE
LEXINGTON, KY.
TATES CREEK

2020 Indoor: Ran in seven meets...Had five top-five finishes and two first-place finishes... Won the 4x400 meter relay (4:14.68) in her Redhawks debut at the season-opening SEMO vs. SIUE Dual Meet (12/6/19)...Also was the runner-up in the 800 meters in 2:28.71... Finished second in the 4x800 meter relay in 10:07.66 at the Missouri Intercollegiate (1/17)...Placed fifth in the 4x400 meter relay with a time of 4:07.00 at the Illini Invitational (1/24-25)...Set a personal record in the 600 meters at the 2020 Indiana University Relays (1/31-2/1), finishing the race in 1:40.77 (13th)... Took first in the 600 meters at the 2020 Redhawks Open (2/21) in 1:42.90...Ran in the preliminaries for the 800 meters (2:21.37, 16th) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

2019 Cross Country: Did not compete.

Prep: Ran Track & Field at Bates Creek High School in Lexington, Kentucky...Coached by Jonathan Hawks...Competed in the 800 meters and 400 meters...Graduated from Bates Creek in 2019.

Personal: Born December 1, 2000...Daughter of Langston Payton and Kathleen Snodgrass.



BRIANNA PAYTON



**ANGIE WILLIAMS****JUMPS****SOPHOMORE****MERCED, CALIF.****GOLDEN VALLEY**

2020 Indoor: Competed in seven meets... Had six top-five finishes and two first-place finishes...Ranked fifth in the OVC for 60 meter hurdles (8.89)...Made Redhawks debut at the at the season-opening SEMO vs. SIUE Dual Meet (12/6/19), taking first in the 55 meter hurdles (8.39, PR) and second in the 55 meter dash (7.57, PR), long jump (17-9.5, 5.42m, PR) and 4x400 meter relay (4:39.31)... Posted a personal-best 200 meters time of 27.63 (35th) at the 2020 Indiana University Relays (1/31-2/1)...Set a new PR mark of 8.89 in the preliminaries for the 60 meter hurdles at the 2020 Hoosier Hills (2/14)...Won the 55 meter hurdles at the 2020 Redhawks Open (2/21) in 8.73...Posted a long jump distance of 16-1.75 (4.92m, 21st) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27).

Prep: Attended Golden Valley High School in Merced, California...Was a four-year letter winner in track and field at Golden Valley... Coached by Jacqline Wooding...Was a hurdler and long jumper at Golden Valley...Was a Master's Finalist as a junior and a senior... Named MVP during her senior season...As a junior broke four school records in the 100 meter hurdles, 4x100 meter relay, 100 meter dash and 300 meter hurdles...Was a member of the women's conference championship team as a freshman and a sophomore...Named the Team MVP and Most Athletic Female as a freshman...Also competed in softball, volleyball and cheer...Graduated from Golden Valley in 2019.

Personal: Born June 3 in Matteson, Illinois... Daughter of Kenneth Williams and Yulanda Shurn-Williams...Has three older brothers... Loves to play video games on the Nintendo Switch...Majoring in Art (Illustration and Character Development).

**ANGIE WILLIAMS**



LEANZA DWAAH

SPRINTS
SOPHOMORE

2020 Indoor: Ran in six meets...Had five top-five finishes...Placed first in both the 60 meters (7.73) and 200 meters (25.78) in her Redhawks debut at the Missouri Intercollegiate (1/17)...Was fifth in the 60 meters in a personal best 7.71 at the Illini Invitational (1/24-25)...Placed third in both the 60 meters (7.76) and 200 meters (25.02)...Concluded the 200 meters in 25.02 (sixth) at the 2020 Ohio Valley Conference Indoor Track & Field Championship (2/26-27)...Set a PR time of 24.96 in the preliminaries for the 200 meters.



LEANZA DWAAH





S-A PROFILES

UNDERCLASSMEN



NICOLE SILVERLAKE

POLE VAULT
SOPHOMORE
TEMECULA, CALIF.
VISTA MURRIETA

2020 Indoor: Did not compete.

Prep: Attended Vista Murrieta High School in Temecula, California... Four-year letter winner for track and field at Vista Murrieta...Coached by Coley Candaele...Competed in pole vault and long jump...Set the Vista Murrieta school record and Southwestern League record with a height of 12-4 as a senior...Also, won the Southwestern League pole vault title with the feat...As a senior, also posted marks of 16-4.5 in long jump and a triple jump distance of 33-6.5...Posted a height of 12-0 in pole vault for the junior pole vault record at Vista Murrieta...Graduated from Vista Murrieta in 2019...Also competed in gymnastics...Was a member of Ultimate Pole Vault in Eastvale, California...Coached by Livio and Rosario Centenaro.

Personal: Born February 16, 2001...Daughter of Shawn Silverlake...Majoring in Physical Therapy.



JADEN KIGHT

JAVELIN
SOPHOMORE
WHITEWATER, MO.
CAPE CENTRAL

2020 Indoor: Did not compete...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Cape Central High School in Cape Girardeau, Missouri...Coached by Scott Schneinbold...Was a four-year letter winner in track and field...Was a two-time all-state javelin performer...Notched a throw of 128-11 as a senior...Finished fifth at state with a distance of 122-11 as a sophomore...Placed eighth at state as a freshman, posting a feat of 108-5...Named the Cape Central Female Thrower of the Year and the Female Athlete of the Year...Graduated from Cape Central in 2019.

Personal: Born May 17, 2001...Daughter of Roger and Libby Guilliams...Her brother Caleb Guilliams, played baseball at Shawnee Community College...Majoring in Elementary Education...Favorite food is ribs and mac and cheese.



**SANDREA COGIO**

SPRINTS
FRESHMAN
ST. LOUIS, MO.
GATEWAY STEM

Prep: Attended Gateway STEM in St. Louis...Coached by Juanita Coleman and Kathryn Coleman at Gateway STEM...State qualifier for the 100 meters, 200 meters, 4x100 meter relay and 4x200 meter relay as a junior...Finished third in the 100 meters and eighth in the 200 meters at the State of Missouri meet...Earned All-State Missouri honors for the 100 meters, 200 meters, 4x100 meter relay and 4x200 meter relay...Awarded Saint Louis Public Schools (SLPS) Superintendent Public High League (PHL) Female Athlete of The Year for Track & Field as a junior...Crowned the PHL 100 meters and 200 meters Conference Champ...Competed in the Great Southwest Classic and the AAU Junior Olympic Games as a sophomore and junior...Nabbed All-State Missouri honors for the 4x100 meter relay and 4x200 meter relays after qualifying for both events along with the 100 meters as a sophomore...Won the PHL 100 meters Conference Champ...Finished ninth in the 100 meters as a freshman at the State of Missouri meet and also qualified for the 4x100 meter relay (All-State honors), 200 meters and 4x200 meter relay...Named Gateway STEM Athlete of the Year as a freshman...Captured the 100 meters and 200 meters PHL Conference Championships...Also played volleyball and competed in cross country...Played libero in volleyball and was named captain...Competed for the Saint Louis PAL club team where she was coached by Symantha Betts...Named to the Excellence Honor Roll all four years...Recognized as the Tuskegee Airmen Inc. United States Air Force Junior ROTC Top Performer...Earned a multitude of awards for her academics in Science, Geometry, Business and Social Studies at Gateway STEM...Received the Certificate of Achievement from the Wyman Teen Outreach Program...Graduated from Gateway STEM in 2020.

Personal: Born Jan. 13, 2002...Daughter of Hercule Cogio and Venus Sanders...Likes to have fun and take naps...Studying Physical Therapy at Southeast.

**TAYLOR FOX**

DISTANCE
FRESHMAN
MT. ZION, ILL.
MT. ZION

Prep: Attended Mt. Zion High School...Lettered all four years at Mt. Zion, competing in the 400 meters (1:01.38), 4x400 meter relay, 800 meters (2:20.09) and 4x800 meter relay...Coached by her mother, Kelly Fox, at Mt. Zion...Earned All-State honors for the 4x800 meter relay and 800 meters as a junior...Also was All-Conference in 4x800 meter relay...As a sophomore, she was named All-State in the 4x800 meter relay after capturing All-Conference accolades for the 4x800 meter relay, 800 meters and the 1,600 meters...Awarded All-Conference for the 4x800 meter relay in her freshman season...Helped Mt. Zion finish seventh at state as a team in 2019...Also competed in Cross Country and played Basketball...Earned All-Conference status for Cross Country all four years and was a state qualifier in 2018 and 2019...Helped the Basketball team capture a Regional Championship in 2020...Competed for the Vipers club team where she was coached by Marques Lowe...Garnered the Women of Will Award...Was a member of the National Honor Society...Graduated from Mt. Zion in 2020.

Personal: Born Feb. 13, 2002...Daughter of Doug and Kelly Fox...Brother, Tyler Fox, played baseball at Lindenwood Belleville...Majoring in Nursing.





S-A PROFILES

UNDERCLASSMEN



BREANNA MILES

SPRINTS
FRESHMAN
MEMPHIS, TENN.
SOUTHWIND



CIARA POTTER

JUMPS
FRESHMAN
ATOKA, TENN.
MUNFORD

Prep: Attended Southwind High School where she lettered on the Track & Field team all four years...Coached by Alisa Seymour at Southwind... As a junior, won the 400 meter dash indoor state championship... Also was the runner-up in the outdoors 400 meters...Captured the 400 meters outdoor state championship as a sophomore...Posted a personal-best 400 meters time of 55.3...Member of the cross country state championship team as a freshman and the track & field state championship team in 2018...Broke the 4x100 meter relay, 4x200 meter relay, and 4x400 meter relay school records at Southwind...Competed for the Memphis Jaguars club track & field team where she was coached by Yerritt and Anita Long who are the parents of Redhawks teammate Kendall Long...Graduated from Southwind in 2020.

Personal: Born Sept. 16, 2002...Daughter of Benjamin and Dalphinie Miles...Majoring in Biology at Southeast...Loves eating, shopping with friends, and sleeping.

Prep: Attended Munford High School...Lettered all four years...Named a Track & Field Coalition of United States of America (TFCUSA) Indoor Nationals All-American for long, triple, and high jumper as a senior... Captured a 2019 Tennessee Secondary School Athletic Association (TSSAA) Indoor State Championship in the high jump...Also was a Junior Olympic Qualifier in her junior campaign...Set a pair of Munford HS records in the long jump and high jump as a sophomore...Was a two-time TSSAA State finalist in the long jump and triple jump and twice a member of the TSSAA All-State Team...Coached by Bernard Ivie at Munford...Competed for the EDA Flyers club team where she was coached by Dennis Alexander...Attended the American Legion Auxiliary Volunteer Girls State...Selected to the honor roll four times...Served as an Officer in the National Honor Society and Key Club...Graduated from Munford in 2020.

Personal: Born May 22, 2002...Daughter of Avis and Johnnie Potter... Majoring in Graphic Design.



**NIA RIVERS**

DISTANCE
FRESHMAN
TAMPA, FLA.
PAUL R. WHARTON

Prep: Attended Paul R. Wharton High School and graduated in 2020... Lettered all four years at Wharton, competing in the 800 meters, 1,600 meters and 1,500 meters track and field events along with cross country... Was coached by Kyle Lojano at Wharton... Was a member of three Florida State qualifying cross country teams at Wharton including a fifth place finish... Qualified three times for State in the 800 meters and placed third in the event at the District Meet... Named Junior of the Year, Sophomore of the Year, and earned the Horizon Award and Freshmen of the Year awards at Wharton... Competed for the Trailblazers Youth Athletic Ministry (TYAM) club team and was coached by Regina McBride-Smith... Qualified for Amateur Athletic Union (AAU) Nationals as a member of Trailblazers Youth Athletic Ministry (TYAM)... Competed in swimming and danced ballet for 13 years... Has received the Academic Excellence Award and been recognized on the Principal's and High Honor Roll at Paul R. Wharton High School... Involved with the marching band, the Legacy Club (Christian Community service), Splash Club (Marine Environmental Cleanups) and qualified for the 2019 STEM (Science, Technology, Engineering, and Math) Fair while at Wharton... Served as a representative for Cross Out Cancer (cross country fundraiser for Pediatric Cancer Patients).

Personal: Born on May 20, 2002... Daughter of Neil and Andrea Rivers... Is the third child in her family to compete in cross country and track & field at the collegiate level... Her brother, Tre Rivers, attends Illinois-Chicago and her sister, Bryanna Rivers, competes at Massachusetts... Has a passion for helping animals and plans to major in Pre-Veterinary (Animal Sciences) at Southeast.

**MAKENZIE WILLIAMS**

THROWS
FRESHMAN
EAST PRAIRIE, MO.
EAST PRAIRIE

Prep: Attended East Prairie High School... Was a four-year letter winner in Track & Field... Competed in Discus and Shotput... Coached by Chad Jamerson, Jeremy Hanlin and Ryan Smith... Captured the Missouri Class 3 State Championship in discus as a junior... Finished as the runner-up at state in discus as a sophomore and placed fifth in her freshman season... Was an All-State performer all 4 years... Awarded the Top Point Earner Award, Outstanding Field Event Award at East Prairie... Also played basketball where she was recognized with the Blue Collar Award, Most Rebounds, Best Field Goal Percentage and earned All-District honors... Named to the High Honor Roll... Was a member of Student Council, Future Teachers of America (FTA), The Future Business Leaders of America (FBLA), Science Olympiad and band... Graduated from East Prairie High School in 2020.

Personal: Born Nov. 4, 2001... Daughter of Melvin and Bridgett Williams... Has two brothers who played football collegiately, M.C. Williams, who played at Missouri Valley College and Upper Iowa University and, Edward Williams, who played at Central Methodist University... Studying Mass Communications at Southeast.

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2020-21



RECORDS



RECORDS

WOMEN'S INDIVIDUAL

Indoor Records

<i>Event</i>	<i>Mark</i>	<i>Name</i>	<i>Year</i>
55m	6.83	Ayonna Cartwright	2015
60m	7.42	Ayonna Cartwright	2015
200m	24.44	Torvia Bradley	1994
400m	54.35	Michelle Chambliss	1992
600m	1:32.49	Tammy Wenkel	1997
800m	2:08.29	Tammy Wenkel	1998
1000m	2:53.33	Megan Parks	2016
Mile	4:51.94	Janelle Quigley	1998
3000m	9:32.79	Kaitlyn Shea	2020
5000m	16:59.70	Kaitlyn Shea	2020
55m Hurdles	7.99	Lyndsey Stevenson	2004
60m Hurdles	8.68	Lyndsey Stevenson	2004
Shot Put	51' 9"	Courtney Gapelu	2013
Weight Throw	65' 7"	Kayla Gutierrez	2014
Long Jump	20' 2.5"	Heather Denihan	1997
Triple Jump	40' 5"	Shemeika Brewer	2011
High Jump	5' 7.25"	Angela James	1991
Pole Vault	13' 1.5"	Jill Schnurbusch	2013





Indoor Records

<i>Event</i>	<i>Mark</i>	<i>Name</i>	<i>Year</i>
55m	6.19	David Jackson	1985
	6.19	Blake Smith	2014
60m	6.65	Blake Smith	2015
200m	21.14	Miles Smith	2008
400m	46.13	Miles Smith	2008
600m	1:19.10	Deryl Gardner	1996
800m	1:50.42	Carl Bell	1984
1000m	2:26.25	Marc Maton	2016
Mile	4:03.82	Brian Radle	1989
3000m	8:17.40	Brian Radle	1989
5000m	14:20.10	Art Waddle	1987
55m Hurdles	7.34	Andrew Presberry	1982
60m Hurdles	8.07	Chris Navarro	2015
Shot Put	60' 11.25"	Josh Uchtman	2012
Weight Throw	69' 6.25"	Kevin Farley	2015
Long Jump	25' 6"	Blake Carter	2013
Triple Jump	53' 5"	Keith Presberry	1986
High Jump	7' 0.25"	Reggie Miller	2013
Pole Vault	17' 0"	Christian Locke	2016



**RECORDS****WOMEN'S INDIVIDUAL****Outdoor Records**

<i>Event</i>	<i>Mark</i>	<i>Name</i>	<i>Year</i>
100m	11.50	Benita Thomas	1987
200m	23.91	Jerika Lewis	2013
400m	53.40	Jerika Lewis	2011
800m	2:07.06	Brooke Woodruff	2004
1500m	4:24.15	Laura Byrne	1989
3000m	10:34.98	Juli Koenegstein	2009
5000m	16:35.00	Laura Byrne	1989
10,000m	34:56.95	Debbie Kilpatrick	1985
100 Hurdles	13.84	Candace Williams	1981
400m Hurdles	59.29	Shannon O'Dell	1997
Shot Put	52' 1"	Courtney Gapelu	2013
Discus	173' 11"	Heather Jenkins	2002
Javelin	166' 8"	Samantha Espiricueta	2009
Hammer	194' 2"	Sarah Hall	2015
Long Jump	20' 4.5"	Kathy Coleman	2005
Triple Jump	41' 6"	Shemeika Brewer	2011
High Jump	5' 9"	Courtney Haman	2003
Pole Vault	12' 11.5"	Jill Schnurbusch	2013
Decathlon	5,468	Lizz Barringer	1988





Outdoor Records

Event	Mark	Name	Year
100m	10.11	Blake Smith	2015
200m	20.40	Tim Williams	1987
400m	45.16	Miles Smith	2005
800m	1:48.85	Carl Bell	1984
1500m	3:41.82	Brian Radle	1989
3000m	8:31.14	Mike Vannatta	1984
5000m	14:01.64	Brian Radle	1989
10,000m	29:17.40	Art Waddle	1986
100m Hurdles	13.84	Andrew Presberry	1981
400m Hurdles	50.77	Alonzo Nelso	2005
Shot Put	62' 1.25"	Kevin Farley	2016
Discus	192' 4"	Neil Rock	1986
Javelin	242' 5"	Jonno Engelking	2018
Hammer	213' 5"	Logan Blomquist	2019
Long Jump	25' 8"	Blake Smith	2015
Triple Jump	53' 1"	Keith Presberry	1986
High Jump	7' 1.25"	Jim Lohr	1984
Pole Vault	17' 10.25"	Bob Ferguson	1987
Decathlon	7,881	John Schwepker	1988

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014





Women's Indoor Relays Records

4 x 400m Relay

3:43.23 (1997)

Shannon O'Dell

Kim Stewart

Tammy Wenkel

Yvonne Hente

Distance Medley Relay

11:48.52 (2019)

Carli Knott

Kendall Long

Claire Morrill

Kaitlyn Shea

Women's Outdoor Relay Records

4 x 100m Relay

44.92 (1987)

Michelle Hicks

Kehinde Vaughan

Lisa Like

Benita Thomas

4 x 200m Relay

1:37.15 (2000)

Heather Keltner

Shauna Birge

Hannah Stuckenschneid

Natalie Talley

4 x 400m Relay

3:41.13 (2000)

Kim Stewart

Hannah Stuckenschneid

Natalie Talley

Heather Keltner

4 x 800m Relay

9:09.09 (1985)

Laura Byrne

Debbie Kilpatrick

Pam Palmer

Jennella Torrence

Sprint Medley Relay

3:54.13 (1998)

Natalie Talley

Yvonne Hente

Heather Keltner

Tammy Wenkel

Distance Medley Relay

11:39.26 (2004)

Kaci Pilcher

Natasha Fortenberry

Brooke Woodru

Lindsey Zeiler





Men's Indoor Relay Records

4 x 400m Relay

3:09.16 (2006)

Walter Washington
Chris Gill
Alonzo Nelson
Miles Smith

Distance Medley Relay

9:55.52 (2016)

Jordan Brown
Kameron Long
Cole Davis
Marc Maton

Men's Outdoor Relay Records

4 x 100m Relay

39.86 (1984)

Rob Thomas
Mike Dwyer
Barry Hibbert
David Jackson

4 x 200m Relay

1:24.51 (1984)

Ken McNair
Rob Thomas
David Jackson
Mike Dwyer

4 x 400m Relay

3:05.54 (2006)

Alonzo Nelson
Chris Poindexter
Walter Washington
Mile Smith

4 x 800m Relay

7:28.84 (1985)

Carl Bell
Ken Franklin
Shaun Carlile
Norm Kellar

Sprint Medley Relay

3:19.00 (1984)

Rob Thomas
Mike Dwyer
David Jackson
Joe Lackner

Distance Medley Relay

9:54.87 (1986)

Pedro Caceres
Carl Perkins
Shaun Carlile
Brian Radle





RECORDS

WOMEN'S OVC HONORS

Indoor

OVC Indoor Champions

2013 2006 2005
2004 2000 1998 1997

Coach of the Year

2013 Eric Crumpecker

2006 Joey Haines
2005 Joey Haines
2004 Joey Haines
2000 Joey Haines
1998 Joey Haines
1997 Joey Haines

Athlete of the Year

2020 Kaitlyn Shea (T)

2020 Anya Tonga (F)

2019 Anya Tonga (F)

2015 Kayla Gutierrez (F)
2011 Brianna Egbuka (F)
2004 Brook Woodru (T)
2004 Kathy Coleman (F)
2003 Heather Jenkins

Freshman of the Year

2009 Shemeika Brewer
2006 Whitney Thomas
2005 Kathy Coleman

Championship MVP

2005 Kathy Coleman

55m Dash

1998 Natalie Talley

60m Dash

2015 Ayonna Cartwright
2005 Kathy Coleman

55m Dash

2008 Whitney Thomas
1995 Trena Anderson
1993 Trena Anderson

200m Run

1999 Heather Keltner

400m Run

2013 Jerika Lewis
2010 Jerika Lewis
2002 H. Stuckenschneider
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1994 Michelle Chambliss

800m Run

2005 Brooke Woodruff
2004 Brooke Woodruff
2003 Brooke Woodruff
1998 Tammy Wenkel

Mile Run

2006 Lindsay Zeiler
2005 Lindsay Zeiler
2004 Lindsay Zeiler

3000m Run

2006 Lindsay Zeiler
2004 Lindsay Zeiler
1997 Janelle Quigley
1994 Amy Cole

5000m Run

2013 Brittney Whitehead
2006 Jennifer Caywood
1994 Amy Cole

4 x 400m Relay

2009 2000 1998 1997

Distance Medley Relay

2004 1999 1996

High Jump

1997 Heather Fisher
1996 Heather Fisher

Long Jump

2012 Jessica Brown
1998 Heather Denihan

Triple Jump

2009 Shemeika Brewer
2006 Heather West
2005 Kathy Coleman

Shot Put

2014 Courtney Gapelu
2011 Courtney Gapelu
2007 Ashley Brewer
2004 Heather Jenkins
2003 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1992 Charlene Cortez

Pole Vault

2006 Michelle Jett
2004 Michelle Jett

201b Weight Throw

2020 Anya Tonga

2019 Anya Tonga

2015 Kayla Gutierrez
2014 Kayla Gutierrez
2011 Briana Egbuka
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins

OVC Outdoor Champions

2014 2006 2005 2004 2003 2000
1998 1997 1995

Coach of the Year

2006 Joey Haines
2005 Joey Haines
2004 Joey Haines
2003 Joey Haines
2000 Joey Haines
1998 Joey Haines
1997 Joey Haines
1995 Joey Haines

Athlete of the Year

2015 Sarah Hall (F)
2011 Samantha Espiricueta (F)
2014 Kayla Gutierrez (F)
2009 Ashley Brewer (F)
2004 Heather Jenkins
2003 Heather Jenkins
2001 Heather Keltner
2000 Heather Keltner
2000 Lutricia Purham

Freshman of the Year

2010 Jerika Lewis

100m Dash

2001 Natalie Talley
1998 Natalie Talley

200m Dash

2001 Heather Keltner
1999 Heather Keltner

400m Dash

2011 Jerika Lewis
2001 Heather Keltner
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1993 Lisa Crawford

800m Run

2004 Brooke Woodruff
2003 Brooke Woodruff

Outdoor

1,500m Run

2019 Carli Knott

2007 Lindsay Zeiler
2006 Lindsay Zeiler
2005 Brooke Woodruff
2004 Lindsay Zeiler

3000m Steeplechase

2019 Kaitlyn Shea

2010 Juli Koenegstein
2009 Juli Koenegstein
2007 Juli Koenegstein

5000m Run

1994 Amy Cole

10,000m Run

2017 Sydney O'Brien
2012 Jessica Bollinger
2003 Kris Woolf

100m Hurdles

1997 Shannon O'Dell
1995 Trena Anderson

400m Hurdles

1997 Shannon O'Dell
1995 Shannon O'Dell

4 x 100m Relay

2011 2005 2004 2000 1999
1998 1997

4 x 400m Relay

1998 1997

High Jump

2003 Courtney Hamman
1997 Heather Fisher

Long Jump

2005 Kathy Coleman
1998 Heather Denihan
1997 Heather Denihan
1995 Tiffany Ford

Triple Jump

2012 Shemika Brewer
2011 Shemika Brewer
2009 Shemeika Brewer
1995 Tiffany Ford

Discus

2015 Tonia Pratt
2014 Kayla Gutierrez
2011 Samantha Espiricueta
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1992 Charlene Cortez

Javelin

2016 Taylor Coffelt
2014 Bethany Pfeiffer
2011 Samantha Espiricueta
2010 Samantha Espiricueta
2009 Samantha Espiricueta
2006 Lindsay Hearne
2003 Courtney Hamman
2002 Courtney Hamman
2001 Courtney Hamman
1999 Rebecca Shull
1997 Denise Ford
1996 Jennifer Phillips
1995 Denise Ford
1993 Dana Patek
1992 Dana Patek

Shot Put

2015 Kayla Gutierrez
2014 Courtney Gapelu
2013 Courtney Gapelu
2011 Brianna Egbuka
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1998 Lutricia Purham
1993 Charlene Cortez
1992 Charlene Cortez

Pole Vault

2006 Michelle Jett
2004 Michelle Jett
2003 Michelle Jett
2002 Sara Kaznica

Hammer Throw

2011 Brianna Egbuka
2010 Brianna Egbuka

Heptathlon

2016 Taylor Coffelt





Indoor

OVC Indoor Champions

2015 2014 1996

Coach of the Year

2015 Eric Crumpecker

2014 Eric Crumpecker

1996 Joey Haines

Athlete of the Year

2015 Kevin Farley (F)
2014 Kevin Farley (F)
2013 Reggie Miller (F)
2012 Josh Uchtman (F)
2011 Brandon Colbert (F)
2009 Josh Uchtman (F)
2008 Miles Smith (T)
Brandon Colbert (F)
2006 Miles Smith (T)
2005 Miles Smith (T)
Brian Knippen (F)
2003 Shelton Scott

Freshman of the Year

2020 Nick Bryant

2014 Chris Martin
2012 Jacob Kent
2010 Tyler Mullen
2009 Nate Shipley
2006 Chris Williams

Championship MVP

2015 Kevin Farley
2014 Blake Smith
2010 Brandon Colbert
2006 Miles Smith

55m Dash

2016 Haile Wilson
2014 Blake Smith

60m Dash

2014 Blake Smith
2001 Emmanuel Opoku

60m Hurdles

2015 Chris Navarro

2004 David Herman
2001 Glenn Haley

200m Run

2007 Chris Williams
2006 Miles Smith

400m Run

2016 Jarred Pasley
2008 Chris Gill
2006 Miles Smith
2005 Miles Smith
1996 Markeith Crawford

800m Run

1996 Deryl Gardner
1995 Deryl Gardner

1500m Run

1995 Glenn Lomenick
1993 Joe Dandridge

3000m Run

1993 Joe Dandridge

5000m Run

2010 Jason Lumpkin
2009 Natex Shipley

Distance Medley Relay

1995

4 x 400m Relay

2017 2016 2007 2006 2005

4 x 800m Relay

1993

High Jump

2014 Reggie Miller Jr.
2012 Jacob Kent
2001 Garvin Ambrose
2000 Adrian Barnhill

Long Jump

2014 Blake Smith
2013 Blake Carter
2010 Tyler Terry
2009 Tyler Terry
2008 John Berry
2003 Shelton Scott
1996 Jon Riley
1995 Jon Riley

Triple Jump

2015 Reggie Miller Jr.
2010 Tyler Terry
2009 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

Pole Vault

2020 Nick South

2019 Nick South

2018 Tanner Teigen

2016 Christian Locke
2015 Christian Locke
2004 Jordan Willi
2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
1998 Jim Fox
1996 Tim Davis
1995 Tim Davis

Shot Put

2019 Stephen Zagurski

2018 Logan Blomquist

2015 Kevin Farley
2014 Kevin Farley
2013 Kevin Farley
2012 Josh Uchtman
2011 Craig Robinson
2010 Josh Uchtman
2009 Josh Uchtman
2008 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1997 Bryan Alfultis
1996 Matt Gaylor
1995 Cleon Mitchell

35lb Weight Throw

2020 Logan Blomquist

2015 Kevin Farley
2013 Craig Robinson
2011 Brandon Colbert
2010 Brandon Colbert
2008 Brandon Colbert
2005 Daniel Jones
2004 Daniel Jones

Heptathlon

2017 Nick South

2015 Chris Navarro

2014 Chris Navarro

Outdoor

OVC Outdoor Champions

2017 2016 2014 2008 2006
2005 1996 1995

Coach of the Year

2017 Eric Crumpecker

2016 Eric Crumpecker

2014 Eric Crumpecker

2008 Joey Haines
2006 Joey Haines
2005 Joey Haines
1996 Joey Haines
1995 Joey Haines

Athlete of the Year

2018 Jonno Engelking (F)
2015 Shon Kyle (F)
2013 Kevin Farley (F)
2010 Chris Gill (T)
2010 Brandon Colbert (F)
2008 John Berry (F)
2007 Brandon Karcher (T)
Brandon Colbert (F)
2006 Miles Smith (T)
2005 Brian Knippen (F)
1996 Jon Riley

Freshman of the Year

2017 Logan Blomquist

2014 Chris Martin
2012 Kevin Farley

Championship MVP

2019 Logan Blomquist

2017 Zach Gordon
2016 Kevin Farley
2013 Kevin Farley
2005 Brian Knippen

100m Dash

2015 Blake Smith
2011 DeAndre Simmons

200m Dash

2017 Zach Gordon

400m Dash

2016 Jarred Pasley
2008 Miles Smith
2006 Miles Smith
2005 Miles Smith
2004 Miles Smith
2002 Jason Campbell
1994 Terrence Branch

800m Run

2012 Mohamed Souleman
2001 Tyson Brown
1996 Deryl Gardner

3000m Steeplechase

2007 Chris Herren
2006 Kevin McNab
2003 Chad Sierman

1500m Run

2016 Marc Maton
2008 Paul Stemmerman
1993 Joe Dandridge

5000m

2007 Brandon Karcher

10,000m

2011 Jason Lumpkin
2008 Brandon Karcher
2007 Brandon Karcher

110m Hurdles

2017 Wesley White
2015 Chris Navarro
2005 Alonzo Nelson
2001 Glenn Haley

400m Hurdles

2005 Alonzo Nelson
2001 Glenn Haley
1995 Markeith Crawford

4 x 100m Relay

2016 2008 2005
2001 1996 1994

4 x 400m Relay

2016 2008 2007 2006
2005 2004

High Jump

2019 Titouan Sajous
2013 Reggie Miller Jr.
2012 Reggie Miller Jr.
2005 Andrew Lambert
2001 Garvin Ambrose
1995 Chad Tipton

Long Jump

2013 Blake Carter
2011 Tyler Terry
2010 Tyler Terry
2008 John Berry
2002 Jaret Wil
1996 Jon Riley

Triple Jump

2016 Chris Martin
2015 Reggie Miller Jr.
2014 Chris Martin
2013 Reggie Miller Jr.
2011 Tyler Terry
2010 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

Discus

2019 Logan Blomquist

2018 Logan Blomquist

2016 Kevin Farley
2014 Shon Kyle
2013 Kevin Farley
2009 Brandon Colbert
2007 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1999 Bryan Alfultis
1998 Bryan Alfultis
1997 Matt Gaylor
1996 Bryan Alfultis
1992 Terrance Parker

Javelin

2018 Jonno Engelking
2017 Richard Vinson
2016 Jason Walker
2014 Brian Grote
2012 Brian Grote
2011 Ed Draper
2009 Richard Martin
2008 Ben Stricklin
2005 Jason Theodorakos
1999 Bryan Alfultis
1998 Randy Johnson
1997 Randy Johnson
1996 Randy Johnson
1995 Randy Johnson

Pole Vault

2019 Nick South

2018 Tanner Teigan

2017 Christian Locke
2015 Christian Locke
2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
2000 Colin Sheridan
1999 Jaret Willi
1998 Jim Fox
1995 Jim Davis

Shot Put

2016 Kevin Farley
2015 Shon Kyle
2014 Shon Kyle
2013 Kevin Farley
2012 Craig Robinson
2011 Brandon Colbert
2010 Brandon Colbert
2009 Josh Uchtman
2008 Andy Glass
2005 Brian Knippen
2004 Jay Heddell
2003 Brandon Myer
2002 Jay Heddell
2001 Brandon Myer
2000 Brandon Myer
1997 Matt Gaylor
1996 Bryan Alfultis

Hammer Throw

2019 Logan Blomquist

2016 Kevin Farley
2014 Kevin Farley
2013 Jared Siemers
2011 Brandon Colbert
2010 Brandon Colbert

Decathlon

2016 Eric Gordon
2015 Chris Navarro
2014 Chris Navarro





RECORDS

WOMEN'S ALL-AMERICANS

Year	Athlete	Event
1981	Pat Washington Beverly Slaughter Candace Williams Kathleen Hudson Shirley Walton Margaret Hertenstein Debbie Kilpatrick	Discus Long Jump Hurdle, Relay 400m, Relay Relay Cross Country Cross Country
1982	Pat Washington Candace Williams Pat Smith Robin Long Shirley Walton Chris Ridenour	Discus Hurdles 4x400 Relay 4x400 Relay 4x400 Relay Cross Country
1983	Chris Ridenour LaRita Hawes Jackie Gregware	Cross Country Long Jump Heptathlon
1984	Margaret Hertenstein Debbie Kilpatrick Chris Ridenour	Cross Country Cross Country Cross Country
1985	Pam Palmer Jennella Torrence Jennella Torrence Debbie Kilpatrick	1500m (i) 800m (i) 800m 10,000m
1986	Lizz Barringer Laura Byrne LeAnn Powers	Heptathlon 1500m Shot Put
1987	LeAnn Powers Linda Wilson Laura Byrne Kehinde Vaughan Benita Thomas Lizz Barringer Jan Gautier	Shot Put (i), Shot Put Shot Put (i), Shot Put 1500m, Cross Country 400m(i), 400Relay 1600 Relay(i) 55m, 400 Relay 100m High Jump (i), Heptathlon 3000 (i), Cross Country

	Lisa Like Diana Brown Regina Little Michelle Hicks	1600 Relay, 400 Relay 1600 Relay (i) 1600 Relay (i) 200m, 100m 400 Relay (i)
1988	Laura Byrne Jan Gautier Kehinde Vaughan Janice Gibson Kelly Cracchiolo Linda Wilson Lisa Like LeAnn Powers Lizz Barringer Peggy McFarland Ramona Spencer	Cross Country Cross Country 400M (i), 800m (i), 800m 1500m(i), 1500m Shot Put (i), Shot Put 1600 Relay (i) Shot Put Heptathlon 1600 Relay (i) 1600 Relay (i)
1989	Laura Byrne Lizz Barringer Linda Wilson Peggy McFarland Laura Tenaglia Jan Gautier Kelly Cracchiolo	Cross Country, 1500m(i), 3000(i), 5000m Long Jump (i), Hurdles (i), Heptathlon Shot Put (i) 400m Hurdles 3000M Cross Country 1500m (i)
1990	Lucie Mays Linda Wilson Laura Tenaglia	1500m(i), 3000m Shot Put (i) Shot Put 3000m (i), 5000m

1991	Kathy Taylor Lucie Mays 3000m, 5000m Torvia Bradley Angela James Charlene Cortez Lisa Like	Long Jump (i) 3000m(i), 55m (i), 100m High Jump (i) High Jump Shot Put 400m (i), 1600m Relay (i), 1600m Relay
	Angie Rohrschieb	1600m Relay (i), 1600m Relay
	Lisa Crawford	400m (i), 400m 1600m Relay (i), 1600m Relay
	Lisa Williams	1600m Relay (i), 1600m Relay



MEN'S ALL-AMERICANS

RECORDS



Year	Athlete	Event
1957	Rex Miller	Cross Country
1969	Marty Corcoran Mike Ervin Clarence Finley Art Miller	Mile Relay Mile Relay; Mile Relay Mile Relay
1970	Clark Wille	120 yd. High Hurdle
1971	Rick Wadlington Steve Parker Bob Kauffman	Shot Put Cross Country Cross Country
1972	Rick Attig	Javelin
1973	Ed White	Cross Country
1974	Ed White	Cross Country
1975	Ed White	Cross Country
1976	Richard Wilson	100m, 200m
1977	Eric Hornsby	200m
1978	Charles Taylor	Triple Jump
1979	Rick Wadlington	Shot Put
1981	Andrew Presberry Mike Vanatta Robin Thomas Leonard Scott Shay Lewis Ken Hoffman	Hurdles, Mile Relay Steeplechase Mile Relay Mile Relay Mile Relay Cross Country
1982	Mike Vanatta Andrew Presberry Rob Thomas	Steeplechase Hurdles 600 (i)
1983	Mike Vanatta Ken McNair Ken Brown Carl Bell Joe Lackner Tim Williams Joe Leuchtmann	Steeplechase High Hurdles Intermediate Hurdles 800m 1500m 100m, 200m Cross Country
1984	Rob Thomas Carl Bell Mike Dwyer Bob Ferguson Barry Hibbert Dave Jackson Joe Lackner Joe Leuchtmann Jim Lohr Rob Thomas Mike Vanatta Earl Whiting Art Waddle	500m (i) 800m 100m Pole Vault 400 Relay 100m, Relays 1500m, Cross Country 10000m, Cross Country High Jump 400m, Relays 5000m, Steeplechase, Cross Country Triple Jump Cross Country

1985	Carl Bell Bob Ferguson Dave Jackson, Norm Kellar Jim Lohr Kevin Lyons Earl Nichols Tim Pigg Keith Presberry Jeff Randle John Schwepker Earl Whiting Norm Kellar David Jackson Joe Leuchtmann Jim Lohr Mike Hintz Earl Whiting Brian Radle	800m (i) Pole Vault (i) Relays (i), 55m (i) 500 (i) High Jump (i) Relays (i) Relays (i) Shot Put (i) Triple Jump (i) Relays (i), 55m (i) Pole Vault (i) Long Jump (i), Triple Jump (i) 1500m 100m, 200m 10,000m High Jump Discus Long & Triple Jump Cross Country
1986	Pedro Caceres Shaun Carlile Bob Ferguson Dana Garner Norm Kellar Keith Presberry John Schwepker Art Waddle Earl Whiting	Steeplechase 800m Pole Vault 100m, 200m 1500m Triple Jump (i), Triple Jump Decathlon 10,000m Triple Jump
1987	Pedro Caceres Derec Haynes Brian Radle John Schwepker Decathlon Art Waddle Neil Rock Tim Williams Jerome McDonald Terry Harrison Darryl Grady Bob Ferguson Rich Schwepker Ted McMillan Norman Kellar Jay Townsend	1500 (i), Steeplechase 5000m, Cross Country 55 Hurdles (i) 1500m (i), 1500m Steeplechase Pole Vault (i), 500m (i), 10,000m, 5000m Discus 200m, 400 Relay, 100m, 1600 Relay 400 Relay, 1600 Relay 400 Relay, 1600 Relay 400 Relay Pole Vault Pole Vault 1600 Relay Cross Country Cross Country

1988	Jimmy Hearld Art Waddle Brian Radle John Schwepker Rashid Ward Mike Roberson Mike Hintz John Hogan	Cross Country Cross Country 1500m (i), 1500m, 5000m (i), Steeplechase, Cross Country Pole Vault (i), Pole Vault Decathlon Long Jump (i) Triple Jump (i) Triple Jump Discus Javelin
1989	John Daly Jimmy Hearld Terry Harrison Fred Jones Jerome McDonald Ted McMillan Brian Radle Rashid Ward	1500m 5000m (i), 10,000m 5000m 400 (i), Mile Relay (i) Mile Relay (i) Mile Relay (i) Mile Relay (i), 800m Cross Country, 1500 (i), 1500m, 5000m Long Jump (i)
1990	Bob Cahoon John Daly Jimmy Hearld Steve Sawyer Terry Harrison Eric Van Matre Jerome McDonald	Javelin 1500m 5000m (i), 5000m 1500m 400m (i), 1600m Relay (i), 1600m Relay 800m (i), 1600m Relay (i), 1600m Relay 1600m Relay (i), 1600m Relay
1991	Glen Norwood Terrence Branch Virgil Lucas Brian Coleman Donnie Phillips Jamal Carson Jimmy Hearld	Long Jump (i) Long Jump 400m (i), 1600m Relay (i), 1600m Relay 1600m Relay (i), 1600m Relay 1600m Relay (i), 1600m Relay 800m Relay (i), 800m Relay 1600m Relay (i), 1600m Relay (i), 1600m Relay
1994	Terrence Branch	400m
2001	Terrance Branch	400m
2005	Miles Smith	400m
2006	Miles Smith	400m
2008	Miles Smith	400m
2013	Kevin Farley	Shot Put
2015	Blake Smith	Long Jump
2016	Kevin Farley	Shot Put, Discus
2018	Jonno Engelking	Javelin

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014





RECORDS

WOMEN'S TOP 10

100 Meter

1. Benita Thomas	11.50	1987
2. Torvia Bradley	11.54	1994
3. Michelle Hicks	11.67	1987
4. Angelica Larrier	11.68	2012
5. Ayonna Cartwright	11.69	2015
6. Rachel Kahle	11.78	2009
7. Mariam Ajiroba	11.83	2016
7. Shauna Birge	11.83	2000
9. Prenecia Ponds	11.84	2014
9. Jerika Lewis	11.84	2013

200 Meter

1. Jerika Lewis	23.91	2013
2. Yvonne Hente	23.99	1997
3. Rachel Kahle	24.00	1210
4. Torvia Bradley	24.04	1994
5. Angelica Larrier	24.06	2012
6. Kehinde Vaughan	24.10	1987
7. Michelle Hicks	24.13	1987
8. Prenecia Ponds	24.15	2014
9. Heather Keltner	24.16	1999
10. Lisa Crawford	24.28	1991

400 Meter

1. Jerika Lewis	53.40	2011
2. Kehinde Vaughan	53.50	1987
3. Heather Keltner	53.61	2001
4. Lisa Crawford	54.18	1991
5. Yvonne Hente	54.26	1997
6. Michelle Chambliss	54.30	1992
7. Hannah Stuckenschneider	54.43	2003
8. Cheyenne Tunti	54.47	2016
9. Jennella Torrence	55.06	1985
10. Kathleen Hudson	55.08	1981

800 Meter

1. Brooke Woodruff	2:07.06	2004
2. Tammy Wenkel	2:08.29	1998
3. Jennella Torrence	2:08.62	1985
4. Janice Gibson	2:09.55	1988
5. Carli Knott	2:09.56	2019
6. Megan Parks	2:09.97	2016
7. Laura Byrne	2:10.46	1987
8. Janelle Quigley	2:10.61	1998
9. Jen Burke	2:11.37	1999
10. Claire Morrill	2:12.49	2019

1500 Meter

1. Laura Byrne	4:24.15	1989
2. Chris Ridenour	4:27.96	1983
3. Carli Knott	4:27.99	2019
4. Lindsay Zeiler	4:28.24	2004
5. Pam Palmer	4:29.67	1985
6. Kelly Cracchiolo	4:29.94	1988
7. Janelle Quigley	4:30.34	1998
8. Brooke Woodruff	4:30.49	2005
9. Angie Sumner	4:31.78	2018
10. Misty Dubman	4:33.84	1996

3000 Meter

1. Lucie Mays	9:25.53	1991
2. Laura Byrne	9:32.14	1987
3. Kaitlyn Shea	9:32.79	2020
4. Chris Ridenour	9:33.91	1984
5. Laura Tenaglia	9:50.22	1989
6. Maddie Keller	9:53.81	2020
7. Jan Gautier	9:56.40	1988
7. Debbie Kilpatrick	9:56.40	1985
9. Lindsay Zeiler	9:58.30	2003
10. Janelle Quigley	9:58.59	1999
11. Juli Koenegstein	10:00.48	2008

3000 Meter Steeplechase

1. Juli Koenegstein	10:34.98	2009
2. Angie Sumner	10:47.94	2018
3. Kaitlyn Shea	10:48.35	2019
4. Mary Dohogne	10:56.38	2015
5. Anna Thomas	11:07.39	2019
6. Coleen Burke	11:07.46	2005
7. Maddie Keller	11:09.31	2019
8. Maria Trowbidge	11:14.81	2013
9. Kristen Richardet	11:18.90	2015
10. Gloria Westlake	11:20.86	2013

5000 Meter

1. Laura Byrne	16:35.00	1989
2. Lucie Mays	16:48.47	1991
3. Rebekah Lawson	16:54.85	2013
4. Chris Ridenour	16:55.34	1983
5. Juli Koenegstein	16:59.02	2009
6. Kaitlyn Shea	16:59.70	2020
6. Janelle Quigley	17:02.26	1999
7. Sydney O'Brien	17:05.21	2017
9. Debbie Kilpatrick	17:13.00	1985
10. Maddie Keller	17:13.18	2020

10,000 Meter

1. Debbie Kilpatrick	34:56.95	1985
2. Sydney O'Brien	34:57.12	2018
3. Kaitlyn Shea	35:56.84	2017
4. Laura Tenaglia	36:03.36	1990
5. Jessica Bollinger	36:04.18	2012
6. Gloria Westlake	36:05.72	2015
7. Rebekah Lawson	36:08.44	2012
8. Margaret Hertenstein	36:12.70	1985
9. Mary Beth Schrieffer	36:39.40	1987
10. Lisa Durham	36:40.24	1991

100 Meter Hurdles

1. Candace Williams	13.84	1981
2. Shannon O'Dell	14.00	1997
3. Lyndsey Stevenson	14.08	2003
4. Whitney Thomas	14.12	2007
5. Trena Anderson	14.19	1995
6. Orie Ibe	14.20	2007
7. Kristen Carter	14.24	2019
8. Jacquelyn Gregware	14.40	1983
9. Taylor Coffelt	14.58	2015
9. Peggy McFarland	14.58	1988
11. Unique Hooks	14.59	2013

400 Meter Hurdles

1. Shannon O'Dell	59.29	1997
2. Miya Dorsey	1:00.25	2017
3. Laura Vanhoevelaak	1:00.28	2003
4. Tammy Wenkel	1:00.33	1997
5. Kendall Long	1:00.61	2019
6. Candace Williams	1:00.69	1981
7. Peggy McFarland	1:01.90	1989
8. Lyndsey Stevenson	1:02.55	2003
9. Natalie Dansberry	1:02.56	1986
10. Kim Demers	1:02.98	2000





Shot Put

1. Courtney Gapelu	52' 1"	2013
2. Heather Jenkins	51' 0"	2004
3. Lutricia Purham	50' 9.5"	2000
4. Ashley Brewer	50' 7.25"	2009
5. Linda Wilson	49' 3"	1989
6. Kayla Gutierrez	48' 8.25"	2015
7. Sarah Hall	48' 6.25"	2015
8. LeAnn Powers	48' 1"	1986
9. Anya Tonga	47' 8.5"	2020
10. Megan Youse	47' 8"	2004
11. McKenna Baker	46' 11"	2019

Discus

1. Heather Jenkins	173' 11"	2002
2. Kayla Gutierrez	171' 8"	2014
3. Ashley Brewer	163' 3"	2010
4. Pat Washington	160' 10"	1983
5. Lutricia Purham	154' 3"	2000
6. Anya Tonga	153' 10"	2018
7. Megan Youse	150' 9"	2004
8. Sarah Hall	149' 10"	2015
9. Samantha Espiricueta	149' 2"	2010
10. Linda Wilson	148' 9"	1988

Javelin

1. Samantha Espiricueta	166' 8"	2009
2. Lizz Barringer	162' 1"	1989
3. Bethany Pfeiffer	154' 3"	2014
4. Courtney Haman	153' 9"	2003
5. Kathy Day	153' 0"	1985
6. Lindsey Hearne	148' 6"	2008
7. Rebecca Martin	141' 10"	2009
8. Madison Goss	140' 7"	2019
9. Taylor Coffelt	139' 6"	2016
10. LeAnn Powers	134' 0"	1986
11. Becky Shull	133' 5"	1999

Hammer Throw

1. Sarah Hall	194' 2"	2015
2. Kayla Gutierrez	191' 3"	2014
3. Bethany Pfeiffer	179' 11"	2014
4. Brianna Egbuka	179' 0"	2011
5. Heather Jenkins	176' 6"	2004
6. Anya Tonga	169' 9"	2018
7. Courtney Gapelu	166' 0"	2014
8. Samantha Espiricueta	165' 6"	2011
9. McKenna Baker	164' 0"	2019
10. Nicole Humphreys	163' 2"	2019

Weight Throw

1. Kayla Gutierrez	65' 7"	2014
2. Anya Tonga	64' 7.25"	2020
3. Heather Jenkins	62' 4"	2004
4. Courtney Gapelu	62' 2.5"	2014
5. Nicole Humphreys	61' 0"	2020
6. Bethany Pfeiffer	60' 6"	2014
7. Ashley Brewer	60' 3"	2010
8. Sarah Hall	57' 11.75"	2015
9. Brittney Ivory	57' 8.25"	2020
9. Megan Youse	57' 8.25"	2004

Long Jump

1. Kathy Coleman	20' 4.5"	2005
2. Heather Denihan	20' 2.5"	1998
3. Meleisa Greene	20' 0.5"	2004
3. Beverly Slaughter	20' 0.5"	1981
5. Jessica Brown	19' 11"	2014
6. Kathy Taylor	19' 8.25"	1991
7. LaRita Hawes	19' 4.5"	1983
8. Shemeika Brewer	19' 4"	2012
9. Lindsey Meyr	19' 2.5"	2005
10. Rachel Kahle	19' 1.25"	2009

High Jump

1. Courtney Haman	5' 9"	2003
2. Chante Mosby	5' 8.75"	2016
3. Angela James	5' 8"	1981
4. Heather Fisher	5' 7.5"	1996
5. Jessica Brown	5' 7"	2014
5. Lizz Barringer	5' 7"	1991
5. Carla Beatie	5' 7"	1983
5. Lainie Bohnsack	5' 7"	1983
9. Ellie Gamradt	5' 6.5"	2020
10. Abi Sowash	5' 6"	2015
10. Cara Harbstreet	5' 6"	2012
10. Trena Anderson	5' 6"	1993
10. Sandy Delling	5' 6"	1986

Triple Jump

1. Shemeika Brewer	41' 6"	2011
2. Ahshane Johnson	40' 9.5"	2014
3. Kim Moye	40' 6"	2014
4. Kathy Coleman	40' 4.75"	2005
5. Tiffany Ford	40' 1.5"	1995
6. Heather West	39' 8"	2005
7. Grey C. Harris	39' 5.25"	1997
8. Leslie Brooks	39' 3.25"	2019
9. Jessica Brown	39' 2.5"	2015
10. N'Kia Jones	39' 2.25"	2016

Pole Vault

1. Jill Schnurbusch	13' 1.5"	2013
2. Sierra Maddox	12' 7.25"	2016
3. Nikki Buchheit	12' 4"	2013
4. Madison McPeak	12' 3.5"	2018
5. Erica Grajales	12' 0.5"	2014
6. Michele Jett	11' 11.75"	2005
7. Audrey Harwood	11' 11.75"	2007
8. Haley Holton	11' 10"	2016
9. Jennifer Leaman	11' 8"	1999
9. Keanna Theobalt	11' 8"	2018

Pentathlon

1. Taylor Coffelt	3532	2016
2. Macy Ritter	3230	2016
3. Kristen Carter	3093	2019
4. Kim Moye	2831	2014
5. Tayler Gudde	2394	2020
6. Lindsay Peters	1866	2018

Heptathlon

1. Liz Barringer	5468	1988
2. Jackie Gregware	5069	1981
3. Taylor Coffelt	4877	2016
4. Macy Ritter	4774	2016
5. Sheila Robinson	4288	1985
6. Kristen Carter	4261	2019





RECORDS

MEN'S TOP 10

100 Meter

1. Blake Smith	10.11	2015
2. Dana Gardner	10.24	1986
3. David Jackson	10.28	1985
4. Tim Williams	10.30	1987
5. Rich Wilson	10.34	1977
6. Lee Brock	10.37	1982
7. Zach Gordon	10.41	2017
7. Rick Reynolds	10.41	1982
9. Mike Dwyer	10.43	1984
10. Rick Stovall	10.44	1988
10. Dereck Robinson	10.44	1986
10. Rob Thomas	10.44	1984

200 Meter

1. Tim Williams	20.40	1987
2. Dana Gardner	20.48	1986
3. Zach Gordon	20.70	2017
4. David Jackson	20.89	1985
5. Terrance Branch	20.94	1994
6. Brannon Wright	20.96	2017
7. Miles Smith	20.99	2005
8. Mike Dwyer	21.14	1984
8. Richard Williams	21.14	1977
10. Rich Wilson	21.24	1976

400 Meter

1. Miles Smith	45.16	2005
2. Terrance Branch	45.52	1994
3. Rob Thomas	45.95	1984
4. Jarred Pasley	46.79	2016
5. Terry Harrison	46.95	1990
6. Chris Gill	47.22	2010
6. Walter Washington	47.22	2006
8. Shaun Jackson	47.23	1986
9. Jason Campbell	47.32	2002
10. Jordan Barber	47.58	2017

800 Meter

1. Carl Bell	1:48.85	1984
2. Glen Lomenick	1:49.51	1996
3. Donnie Phillips	1:49.80	1992
4. Ted McMillan	1:50.69	1990
5. Shaun Carlile	1:50.77	1986
6. Ken Franklin	1:51.10	1985
7. Norm Kellar	1:51.30	1985
8. Tyson Brown	1:51.39	2001
9. Chaz Brown	1:51.45	2005
10. Brian Radle	1:51.54	1986

1500 Meter

1. Brian Radle	3:41.82	1989
2. Norm Kellar	3:44.58	1985
3. Joe Lackner	3:44.73	1984
4. Marc Maton	3:46.31	2016
5. Pedro Caceres	3:47.08	1986
6. John Daly	3:49.00	1989
7. Pat Ratcliff	3:49.59	1982
8. Mike Byrne	3:50.11	1984
9. Edgar White	3:50.80	1976
10. Art Waddle	3:51.59	1987

3000 Meter Steeplechase

1. Mike Vanatta	8:31.14	1984
2. Pedro Caceres	8:46.57	1986
3. Brian Radle	8:48.91	1988
4. Ken Hoffmann	9:00.72	1982
5. Kevin McNab	9:03.05	2006
6. Ken White	9:07.13	1983
7. Chad Sierman	9:08.70	2003
8. Paul Skie	9:08.99	1986
9. Charles Johnson	9:11.41	2014
10. Brent Collins	9:12.05	2012

5000 Meter

1. Brian Radle	14:01.64	1989
2. Jimmy Hearld	14:02.32	1991
3. Mike Vanatta	14:08.90	1984
4. John Daly	14:14.50	1990
5. Pedro Caceres	14:16.20	1987
6. Art Waddle	14:20.10	1987
7. Steve Sawyer	14:22.70	1990
8. Marc Maton	14:25.03	2016
9. Mike Hillyard	14:31.10	1990
10. Steve Harmon	14:32.90	1977

10,000 Meter

1. Art Waddle	29:17.40	1986
2. Joe Leutchmann	29:51.50	1985
3. Jimmy Hearld	29:53.70	1990
4. Brandon Karcher	30:14.75	2007
5. Steve Sawyer	30:32.37	1990
6. John Pendergraft	30:43.00	1986
7. Craig Munie	30:46.47	2013
8. Jason Lumpkin	30:47.86	2011
9. Ken Hoffmann	30:50.30	1982
9. Ron Ayers	30:50.30	1981

110 Meter Hurdles

1. Andrew Presberry	13.84	1981
2. Ken McNair	13.92	1984
3. Wesley White	14.05	2017
4. Elmo Thorton	14.06	1979
5. Deric Haynes	14.10	1987
6. Glenn Haley	14.15	2002
7. Virgil Lucas	14.17	1991
8. Darrel Hilkerbaumer	14.19	1977
9. Leonard Scott	14.25	1982
10. Chris Navarro	14.31	2014

400 Meter Hurdles

1. Alonzo Nelson	50.77	2005
2. Andrew Presberry	51.35	1981
3. Markeith Crawford	51.69	1995
4. Ken Brown	52.11	1983
5. Glenn Haley	52.16	1998
6. Darrel Hilkerbaumer	52.34	1976
7. Art Miller	52.64	1969
8. Ted McMillan	52.68	1988
8. Deric Haynes	52.68	1987
10. Mike Peters	52.74	2015





Shot Put

1. Kevin Farley	62' 1.25"	2016
2. Josh Uchtman	60' 11.25"	2012
3. Jay Heddell	59' 7.75"	2003
4. Rick Wadlington	59' 0.5"	1971
5. Brandon Colbert	58' 4.5"	2008
6. Brian Knippen	58' 2.5"	2005
7. Logan Blomquist	58' 2"	2018
8. Craig Robinson	57' 11"	2012
9. Shon Kyle	57' 3.75"	2015
10. Terry Coff	56' 8"	1969

Discus

1. Neil Rock	192' 4"	1986
2. Kevin Farley	191' 5"	2016
3. Brandon Myer	181' 9.5"	2001
4. Brandon Colbert	179' 2"	2009
5. Shon Kyle	178' 9"	2015
6. Mike Hintz	175' 7"	1985
7. Logan Blomquist	174' 0"	2017
8. Jay Heddell	173' 7"	2003
9. Josh Uchtman	172' 2"	2009
10. Jason Walker	172' 1"	2016

Javelin

1. Jonno Engelking	242' 5"	2018
2. Richard Vinson	226' 7"	2018
3. Randy Johnson	222' 3"	1997
4. John Hogan	221' 9"	1988
5. Bob Cohoon	218' 11"	1990
6. Brian Grote	214' 8"	2014
7. Ben Stricklin	214' 6"	2008
8. Chris Navarro	204' 7"	2014
9. Ed Draper	202' 9"	2011
10. Matt Krich	201' 8"	1987

Hammer Throw

1. Logan Blomquist	213' 5"	2019
2. Kevin Farley	211' 4"	2016
3. Stephen Zagurski	207' 1"	2019
3. Brandon Colbert	206' 1"	2011
5. Jared Siemers	189' 2"	2013
6. Craig Robinson	188' 10"	2013
7. Shon Kyle	185' 3"	2014
8. Jason Walker	182' 4"	2016
9. Seth Sievers	180' 11"	2014
10. Josh Uchtman	173' 1"	2012

Weight Throw

1. Kevin Farley	69' 6.25"	2015
2. Logan Blomquist	67' 11.5"	2020
3. Brandon Colbert	66' 7.25"	2010
4. Craig Robinson	64' 9.25"	2012
5. Josh Uchtman	63' 5"	2010
6. Stephen Zagurski	57' 2.25"	2018
7. Shon Kyle	60' 1.25"	2015
8. Jared Siemers	57' 5.75"	2013
9. Daniel Jones	56' 1"	2005
10. Jason Walker	55' 10.25"	2016
10. Brian Knippen	55' 10.25"	2005

Long Jump

1. Blake Smith	25' 8"	2015
2. Blake Carter	25' 6.25"	2013
2. Shelton Scott	25' 6.25"	2003
4. John Berry	25' 5.5"	2008
5. Jon Riley	25' 5"	1996
6. Rashid Ward	25' 0.75"	1989
7. Mark Daye	25' 0"	1977
8. Earl Whiting	24' 10.25"	1984
9. Tyler Terry	24' 9.75"	2011
10. Ed Russell	24' 9.5"	1980

Triple Jump

1. Keith Presberry	53' 5"	1986
2. Earl Whiting	52' 10.25"	1986
3. Reggie Miller	52' 9.5"	2015
4. Mike Roberson	52' 7.5"	1988
5. Shelton Scott	52' 2"	2003
6. Chris Martin	52' 1.75"	2015
7. Jon Riley	51' 8.5"	1998
8. Charles Taylor	51' 6"	1978
9. Mark Daye	51' 4.5"	1977
10. Bilal Hameed	50' 7.5"	2008

High Jump

1. Jim Lohr	7' 1.25"	1984
2. Reggie Miller	7' 1"	2013
3. Alex Neophytou	7' 0.5"	1990
4. William Johnson	7' 0"	1983
4. Kevin Market	7' 0"	1983
6. Adrian Barnhill	6' 11.75"	2000
7. Garvin Ambrose	6' 11"	2001
7. Thad Tipton	6' 11"	1995
7. Scott Cant	6' 11"	1986
10. Jacob Kent	6' 10.25"	2012

Pole Vault

1. Bob Ferguson	17' 10.25"	1987
2. Jaret Willi	17' 2.5"	2002
3. Christian Locke	17' 0"	2016
3. John Schwepker	17' 0"	1988
5. Dylan Rush	16' 5.5"	2016
6. Tim Davis	16' 5.25"	1997
7. Rich Schwepker	16' 4"	1989
8. Jordan Willi	16' 0.5"	2004
9. Chris Moore	16' 0"	1998
9. Jim Fox	16' 0"	1998

Heptathlon

1. Chris Navarro	4935	2015
2. Nick South	4871	2017
3. Cal Urycki	4835	2018
4. Chris Martin	4832	2014
5. Shea Degraaf	4638	2020
6. Chris Davis	4437	2016
7. Duncan Ross	4312	2016
8. Nick Yaeger	4275	2020
9. Ty Crowden	4239	2019
10. John Whitcomb	3982	2020

Decathlon

1. John Schwepker	7881	1988
2. Chris Navarro	6577	2014
3. Nick South	6168	2017
4. Chris Martin	6043	2014
5. Chris Davis	6017	2016
7. Ty Crowden	5817	2019
6. Duncan Ross	5636	2016
8. Nick Yaeger	5141	2019

FOLLOW THE REDHAWKS AT GOSOUTHEAST.COM





RECORDS

WOMEN'S RELAY

4 x 100 METER

1. 44.92	Michelle Hicks Kehinde Vaughan Lisa Like Benita Thomas	1987
2. 45.40	Heather Keltner Shauna Birge Kim Stewart Natalie Talley	2000
3. 45.63	Shannon O'Dell Yvonne Hente Kim Stewart Shauna Birge	1997
4. 45.66	Rachel Kahle Angelica Larrier Magan Edwards Jerika Lewis	2011
5. 45.91	Natasha Fortenberry LaQuita Andrews Nyisha Porter Rose Fulton	2004

4 x 400 METER

1. 3:41.13	Hannah Stuckenschneider Kim Stewart Natalie Talley Heather Keltner	2000
2. 3:41.75	Laura Vanhoevelaak Hannah Stuckenschneider Brooke Woodruff LaQuita Andrews	2003
3. 3:42.76	Hannah Stuckenschneider Kim Stewart Robbi Durham Heather Keltner	2000
4. 3:43.23	Shannon O'Dell Kim Stewart Tammy Wenkel Yvonne Hente	1997
5. 3:43.36	Kim Stewart Heather Keltner Tammy Wenkel Yvonne Hente	1998

4 x 200 METER

1. 1:37.15	Heather Keltner Shauna Birge Hannah Stuckenschneider Natalie Talley	2000
2. 1:37.18	Rachel Kahle Angelica Larrier Megan Edwards Jerika Lewis	2011
3. 1:37.30	Shannon O'Dell Kim Stewart Shauna Birge Yvonne Hente	1997
4. 1:37.35	Heather Keltner Shauna Birge Hannah Stuckenschneider Kim Stewart	2000
5. 1:37.82	Kim Stewart Natalie Talley Sarah Junkin Shauna Birge	1999

4 x 800 METER

1. 9:09.09	Laura Byrne Debbie Kilpatrick Pam Palmer Jennella Torrence	1985
2. 9:15.71	Brooke Woodruff Lindsay Zeiler Kaci Pilcher Jen Burke	2004
3. 9:20.36	Pam Palmer Laura Byrne Jennella Torrence Diane Barlow	1985
4. 9:24.85	Sue Hopson Andrea Talley Karen McMillan Kathleen Hudson	1981
5. 9:27.59	Cathy Palacios Kelly Cracchiolo Laura Tenaglia Laura Byrne	1981

Distance Medley

1. 11:39.26	Kaci Pilcher Natasha Fortenberry Brooke Woodruff Lindsay Zeiler	2004
2. 11:48.52	Carli Knott Kendall Long Claire Morrill Kaitlyn Shea	2019
2. 11:50.65	Tammy Wenkel Heather Keltner Yvonne Hente Janelle Quigley	1998
3. 11:57.26	Anna Assenmacher Angela Rohrscheib Kari Unterreiner Lucie Mays	1991
5. 11:58.34	Kaitlyn Shea Miya Dorsey Megan Parks Angie Sumner	2016

Sprint Medley

1. 3:54.13	Natalie Talley Yvonne Hente Heather Keltner Tammy Wenkel	1998
2. 3:54.43	Shannon O'Dell Shauna Birge Yvonne Hente Tammy Wenkel	1997
3. 3:55.43	Rose Fulton LaQuita Andrews Hannah Stuckenschneider Brooke Woodruff	2003
4. 3:55.55	Natalie Talley Yvonne Hente Tammy Wenkel Janelle Quigley	1998
5. 3:56.36	Kim Stewart Shauna Birge Heather Keltner Tammy Wenkel	1999




4 x 100 METER

1. 39.86	Rob Thomas Mike Dwyer Barry Hibbert David Jackson	1984
2. 40.00	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987
3. 40.25	Keith Hubbard Andrew Presberry Rob Thomas Rick Reynolds	1982
4. 40.44	James Williams Richard Williams Rich Wilson Eric Hornsby	1977
5. 40.49	Jon Jefferson Miles Smith Alonzo Nelson Chris Poindexter	2005

4 x 400 METER

1. 3:05.54	Alonzo Nelson Chris Poindexter Walter Washington Miles Smith	2006
2. 3:05.88	David Jackson Mike Dwyer Carl Bell Rob Thomas	1984
3. 3:06.49	Alonzo Nelson Chris Poindexter Chaz Brown Miles Smith	2005
4. 3:08.74	Brian Coleman Terrance Branch Donnie Phillips Jamal Carson	1991
5. 3:08.89	Brannon Wright Brandon Chunn Jordan Barber Jarred Pasley	2016

4 x 200 METER

1. 1:24.51	Ken McNair Rob Thomas David Jackson Mike Dwyer	1984
2. 1:25.52	Chris Gill David Reid Brandon Simpson Chris Poindexter	2007
3. 1:25.64	Rick Townsend Eric Hornsby Richard Williams Rich Wilson	1977
4. 1:25.84	Brian Cowan Dewayne Johnson Markeith Crawford Eric Wade	1996
5. 1:25.87	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987

4 x 800 METER

1. 7:28.84	Carl Bell Ken Franklin Shaun Carlile Norm Kellar	1985
2. 7:35.97	Ted McMillan Fred Jones Eric VanMatre John Daly	1990
3. 7:37.40	Edgar White R. McGowan G. Williams C. Logan	1977
4. 7:38.18	Kameron Long Alex Zisser Charles Johnson Tyler Holmes	2013
5. 7:41.24	Norm Kellar Pedro Caceres Shaun Carlile Carl Bell	1986

Distance Medley

1. 9:45.87	Pedro Caceres Carl Perkins Shaun Carlile Brian Radle	1986
2. 9:47.30	Joe Lackner Ken McNair Shaun Carlile Mike Vanatta	1984
3. 9:51.20	Brian Radle Terry Harrison Fred Jones Pedro Caceres	1987
4. 9:54.34	Jon Langhans Markeith Crawford Deryl Gardner Glen Lomenick	1995
5. 9:55.52	Jordan Brown Kameron Long Cole Davis Marc Maton	2016

Sprint Medley

1. 3:19.00	Rob Thomas Mike Dwyer David Jackson Joe Lackner	1984
2. 3:19.55	Rob Thomas Barry Hibbert David Jackson Joe Lackner	1984
3. 3:22.00	Brian Cowan Dewayne Johnson Markeith Crawford Deryl Gardner	1995
4. 3:22.03	Emmanuel Opoku Derrick Brown Jason Campbell Tyson Brown	2001
5. 3:22.20	Brian Cowan Dewayne Johnson Markeith Crawford Deryl Gardner	1996





RECORDS

WOMEN'S RELAY

ABE STUBER TRACK COMPLEX

Men

10.24	1986	Dana Gardner, SEMO
20.66	1987	Tim Williams, SEMO
45.12	1983	Charles Phillips, Abilene Christian
1:47.81	1984	Fred Williams, Abilene Christian
13.62	1983	Jack Pierce, Morgan State
49.11	1984	Tranel Hawkins, Angelo State
3:38.91	1987	Kip Cheruiyot, Mt. St. Mary's
13:52.05	1987	Charles Cheruiyot, Mt. St. Mary's
28:58.80	1985	Keith Hanson, Marquette
8:37.50	1982	Ed Wedderbom, Murray State
39.20	1984	Abilene Christian
3:03.38	1984	Abilene Christian
2.27M	1991	Steve Smith, Indiana State
8.38M	1987	Yusuf Alli, Puma
16.66M	1987	Stan Oporski, Cal State - LA
5.54M	1984	Dale Jenkins, Abilene Christian
77.08M	1986	S. Einarsson, Alabama
19.97M	2017	Josh Freeman, Unattached
63.42M	1986	Vestein Hafsteinson, Alabama
68.60M	2010	Steffen Nerdal, Memphis

100 Meter Dash	11.28	2012
200 Meter Dash	3.32	1987
400 Meter Dash	52.36	1987
800 Meter Run	2:03.71	1987
100 Meter Hurdles	13.36	1988
400 Meter Hurdles	57.45	1987
1500 Meter Run	4:14.77	1987
5000 Meter Run	16:15.37	1987
10,000 Meter Run	33:40.60	1986
3000 Meter Steeplechase	10:48.49	2008
4x100 Meter Relay	44.80	1987
4x400 Meter Relay	3:36.42	1987
High Jump	1.91m	1987
Long Jump	6.56m	1992
Triple Jump	13.49M	2016
Pole Vault	4.09M	2015
Javelin Throw	55.98M	1983
Shot Put	18.28m	1990
Discus Throw	60.37m	1987
Hammer Throw	72.12M	2017

Women

Alexis Love, Murray State
Kim Walker, Abilene Christian
Jearl Miles, Alabama A&M
Treana Colebrook - Cal Poly
Jackie Humphrey, Eku
Yolanda Henry, Abilene Christian
Treana Colebrook, Cal Poly
Lesley White, Cal Poly
Andrea Everett, Purdue
Mary Ballinger, Southern Ind.
Hampton
Abilene Christian
Yolanda Henry, Abilene Christian
Dedra Davis, SW Mo. State
Malaikah Love, Unattached
Carolina Carmichael, Memphis
Sonya Smith, Abilene Christian
Connie Price, Nike
Connie Price, Nike TC
Deanna Price, NYAC

SEMO STUDENT REC CENTER

MEN

6.19	2014	Blake Smith, SEMO
22.22	2000	Emmanuel Opoku, SEMO
49.07	2017	Jarred Pasley, SEMO
1:19.35	2017	Kameron Long, SEMO
1:54.20	1998	Jason McKinney, Murray State
2:26.3	2016	Marc Maton, SEMO
4:13.03	2018	Marc Maton, SEMO
8:38.00	2014	Nick Happe, Arizona State
7.44	2000	Gabe Spezia, EIU
3:24.31	2013	SIUE
10:55.0	2016	SIUE
2:15m	2009	Al Winsley, Unattached
2:15m	2017	Jordan Wesner, Memphis
5.22m	2014	Pauls Pujats, Memphis
5.22m	2014	Austin Crenshaw, Memphis
7.77m	2013	Blake Carter, SEMO
15.71m	2018	Chris Martin, Unattached
18.79m	2017	Kevin Farley, Unattached
21.14m	2009	Steffan Nerdal, Memphis

55 Meter Dash	6.83	2015
200 Meter Dash	24.88	2015
400 Meter Dash	54.76	2000
600 Meter Run	1:40.86	2017
800 Meter Run	2:14.40	1998
1000 Meter Run	2:53.3	2016
Mile Run	5:04.30	2008
3000 Meter Run	10:13.91	2017
55m Hurdles	7.83	2016
4x400 Meter Relay	3:53.66	2001
Distance Medley Relay	12:13.7	2013

High Jump	1.73m	2007
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Pole Vault	4.24m	2017
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Long Jump	6.16m	1998
Triple Jump	12.99m	2015
Shot Put	17.58m	2008
Weight Throw	19.99m	2014

WOMEN

Ayonna Cartwright, SEMO
Ayonna Cartwright, SEMO
Heather Keltner, SEMO
Carli Knott, SEMO
Tammy Wenkel, SEMO
Megan Parks, SEMO
Juli Koenegstein, SEMO
Kaitlyn Shea, SEMO
LaDonna Caston, SIUE
SEMO
SIUE
Cheri Edri, Memphis
Carolina Carmichael, Unattached
Heather Denihan, SEMO
Malaikah Love, Unattached
Gail Lee, Unattached
Kayla Gutierrez, SEMO





INAUGURAL CLASS OF 2002

LAURA BYRNE: TRACK AND CROSS COUNTRY (1986-89)

Byrne, a track and cross country athlete from 1986-1989, won four NCAA II individual titles during the 1988-89 school year when she won the cross country national championship and the indoor 1,500 and 3,000-meters and the outdoor 5,000-meters.

MARVIN ROSENGARTEN: TRACK COACH, DIRECTOR OF ATHLETICS

Rosengarten was a football player at Southeast who later served as an assistant football coach, track coach, athletics director and director of athletic development. The Marvin Rosengarten Athletic Complex on the Southeast campus is named in his honor.

ABE STUBER: TRACK COACH (1932-46)

Stuber was football and track coach at Southeast from 1932-1946 and also served as basketball coach from 1932-1935 and from 1943- 1946. His track teams won seven MIAA championships and his football teams claimed three league titles including the 1937 team that was unbeaten and untied.

MIKE VANATTA: TRACK AND CROSS COUNTRY (1981-84)

Vanatta, track and cross country from 1981-1984, won four NCAA II individual national championships. He won the steeplechase title in 1982, 1983 and 1984 and claimed the cross country championship in 1984 while leading Southeast to the team title.

1984 MEN'S CROSS COUNTRY TEAM

The team won the NCAA Division II National Championship.

1985 MEN'S INDOOR TRACK TEAM

The team won the NCAA Division II National Championship.

CLASS OF 2003

RICK ATTIG: TRACK (1970-73)

Attig, a football and track standout, was honorable mention All-American and team captain for the football team, and an All-American in the javelin for the track team. He is the Southeast and MIAA record holder in the javelin. He is currently an assistant track coach at Nebraska after having served as an assistant at Kansas.

HERB MULKEY: TRACK (1939-42)

Herb Mulkey was a star in both basketball and track. He was a two-time all-MIAA selection and team captain in basketball and held school records in the low hurdles, high hurdles and high jump. At one time, Mulkey held 11 high jump records at tracks throughout the Midwest.

WALTER SMALLWOOD: TRACK (1965-68)

Walter Smallwood was a two-time all-MIAA football selection who still holds Southeast records for touchdowns in a game (5), season (16) and career (38) and held the career rushing record until 1994. Smallwood was the MIAA 60-meter champion.

CLARK WILLE: TRACK (1967-71)

Clark Wille was a five-time MIAA champion in the high hurdles. He claimed All-American honors in the hurdles in 1971. After graduation he coached Herculaneum High School to ten state championships in cross country and track. Wille coached over 160 collegiate All- Americans at Lindenwood and Missouri Baptist. He guided the Lindenwood women to the NAIA cross country championship and the Lindenwood men to the NAIA men's indoor track title.

CURTIS WILLIAMS: TRACK (1964-67)

Curtis Williams was the first African-American student-athlete at Southeast. He lettered four years in track and three years in basketball. He was the basketball MVP in 1967 and was MIAA champion in the high jump, triple jump and long jump.





RECORDS

HALL OF FAME

CLASS OF 2004

LIZZ BARRINGER: TRACK (1986-89)

Lizz Barringer was a four-time Division II All-American in the heptathlon. She was the 1989 NCAA Division II heptathlon national champion and was an Olympic trials qualifier in the heptathlon.

BILL MCLANE: TRACK (1934-37)

Bill McLane ranks as one of the all-time great track athletes at Southeast. When he graduated in 1937 he held 24 track and field records at Southeast.

RYLAND "DUTCH" MEYR: TRACK (1958-61)

Ryland "Dutch" Meyr was a four-year starter at tackle and was honored as a Little All-American in 1961. Three of the four teams he played on won MIAA championships. He served as an assistant coach from 1969-1977. He had a record of 25-7 as head coach at Cape Central High School.

REX MILLER: TRACK AND CROSS COUNTRY (1955-58)

Rex Miller was Southeast Missouri State's first cross country All-American. He was 24th in the 1957 NCAA championships for all divisions held at Michigan State. He was undefeated for three years in the two-mile and was the MIAA mile and two-mile champion. Miller was also the high school coach of Southeast Hall of Famer Mike Vanatta.

ROB THOMAS: TRACK (1981-84)

Rob Thomas ranks as Southeast Missouri State's only NCAA Division I national champion. He won the 1984 indoor 600-meters at the NCAA Division I championships. He was also a Division I All-American in 1982 and was a Division II All-American in 1982, 1983 and 1984. He was a U.S. Olympic trials qualifier in 1984 and a U.S. National Team member in 1985.

CLASS OF 2006

JOHN SCHWEPKER, TRACK (1984-88)

Schweper won two individual national championships at Southeast while earning seven All-America awards. He won the NCAA Division II indoor pole vault championship in 1985 and was the decathlon national champion in 1988. The Southeast record holder in the decathlon with 7,881 points, Schweper participated in the 1988 Olympic Trials.

ROYAL TIBE: TRACK (1919-23)

Tibi is believed to be the only athlete at Southeast to earn varsity letters in five sports. He lettered in football, basketball, baseball, track and tennis. An outstanding punter on the football team, he also served as captain of the track team and was described as an outstanding defensive player on the basketball team.

CLASS OF 2007

ED WHITE: TRACK AND CROSS COUNTRY (1973-77)

White is the only Southeast cross country runner to earn All-America honors for three straight years. He was honored in 1974, 1975 and 1976 with his highest national finish ninth in 1975. White is retired after coaching track and cross country at Fox High School in Arnold for over 30 years. His wife, the former Laura Byrne, is a member of the Southeast Athletic Hall of Fame inaugural class of 2002.





CLASS OF 2008

JOEY HAINES: TRACK AND CROSS COUNTRY COACH (1982-2008)

Ohio Valley Conference "Coach of the Year" 20 times during a career that saw his teams win one NCAA II National Indoor Title, one NCAA II National Cross Country Title and earn 18 NCAA II National Top Four Finishes. He was the NCAA II National Coach of the Year in 1985, the NCAA Division I Regional Coach of the Year in 1998, MIAA Coach of the Year six times and Missouri Track & Field Coaches Association Coach of the Year six times. He coached one NCAA Division I national champion, 23 NCAA II national champions, 10 NCAA I All-Americans and 145 NCAA II All-Americans.

RICK WADLINGTON: TRACK (1968-71)

An All-American in 1971 after placing second in the shot put at the NCAA II national finals, he established a Southeast outdoor shot put record with a throw of 59-0 1/2 while winning the MIAA championship. Helped lead the Southeast team to the MIAA title in 1971 by winning both the shot put and discus.

CLASS OF 2009

ANDREW PRESBERRY: TRACK AND FIELD (1978-82)

Presberry was a four-time All-American at Southeast, winning honors in the hurdles and on the mile relay team. He still holds the Southeast record in the 110-meter hurdles with a time of 13.84. The record, established in 1981, has stood for 28 years. Presberry also recorded the second fastest 400-meter hurdle time of 51.35.

CLASS OF 2010

TERRANCE BRANCH: TRACK AND FIELD (1982-2008)

Terrance Branch, of McCluer High School in St. Louis, Mo., tore through the record books during his career as a Southeast Missouri Student-Athlete. As a freshman, Branch ran the 400 meters in 47.74 at the indoor National Championships, earning All-American honors. In 1992, Southeast Missouri moved up to Division I, and Branch ran a 45.8 at nationals, but was disqualified for running out of the lane. He was given a medical redshirt in 1993, and came back to run a school record 45.52 400 meter dash, placing fourth at the NCAA National Championships. Branch earned a degree in Mass Communications, while placing himself in the record books in the 200 meters, 400 meters, 4x400 meter relay, and earning an OVC Outdoor Championship in the 400. Branch hung up his cleats as a four-time All-American.

CLASS OF 2011

BOB FERGUSON: TRACK AND FIELD (1983-86)

Ferguson was part of the 1985 National Championship track & field team which is in the Southeast Hall of Fame. He was a five-time NCAA Division II All-American and eight-time MIAA indoor and outdoor conference champion in the pole vault. Ferguson was the 1987 NCAA Division II Outdoor Pole Vault Champion. He was a world championship team member for the 1987 Pan Am Games. In addition, Ferguson won a silver medal at the 1986 Commonwealth Games.



**CLASS OF 2012****CHRISTINE (RIDENOUR) VANATTA: TRACK AND CROSS COUNTRY (1982-84)**

Highlighted her athletic career at Southeast by winning the 1984 NCAA Division II Women's Cross Country Championship, leading her team to a third-place finish. She was a three-time NCAA Division II All-American in cross country and a two-time NCAA Division II national qualifier in track & field. By the time she left Southeast, Ridenour had set school records in the 1500m, mile run, 3000m, 2-mile run and 5000m events. She is married to Southeast Hall of Famer Michael Vanatta.

BEVERLY SLAUGHTER: TRACK AND FIELD (1981)

She was one of the first great female athletes at Southeast. She held the long jump record at 20-5 for a period of 17 years. Slaughter was an All-American in 1981 and won numerous MIAA titles. She currently ranks third on the school's all-time long jump list. Two-time national high jump champion who won both the NCAA II indoor and outdoor championships in 1985. He won the indoor title with a jump of 6-11 in Fargo, North Dakota to lead Southeast to the national team title. He won the outdoor title with a jump of 7-1 in Los Angeles, California. A three-time All-American, he still holds the Southeast high jump record at 7-1 1/2.

CLASS OF 2013**KATHLEEN HUDSON: TRACK AND FIELD (1979-1981, 1983)**

Hudson began her career at Southeast in 1978-79 and helped lay the foundation for the women's track and field program that has remained strong and extremely competitive for the past 35 years. During her time at Southeast, Hudson became an Association of Intercollegiate Athletics for Women two-time All-American in 1981. In the national championships that year, she finished sixth in the finals after going into the meet with the second-best time in the nation at 55.8, a time that remains outstanding even today. She followed that performance by anchoring the 1600m relay that achieved All-American status by also finishing sixth. While Hudson was an outstanding individual competitor in the 400m dash and long jump, she was versatile and indispensable as a member of all the relay teams. She ran on, and almost always anchored teams that broke 13 school records (nine in the mile relay, three in the 880 yard/800m medley relay, and one in the 400m dash).

MILES SMITH: TRACK AND FIELD (2004-2008)

Smith might very well be the greatest Division I athlete Southeast Missouri State University has produced in any sport. A native of St. Louis, Smith was a five-time All-American in the 400m, earning the prestigious honors in 2005, 2006 and 2008. He was named the Ohio Valley Conference Male Track Athlete of the Year four times (2005 indoors, 2006 indoors & outdoors and 2008 indoors) and still owns Southeast school records in the 200m (indoors), 400m (indoors and outdoors) and 4x400m relay (indoors and outdoors). Southeast enjoyed tremendous team success with Smith, winning OVC Outdoor Championships in 2005, 2006 and 2008. He won seven individual OVC Championships in his collegiate career and was named the 2006 OVC Athlete of the Championship at the OVC Indoor Track & Field Championships. Smith was also an elite competitor on the international stage. He ran for the US National Team in the 2005 IAAF World Championships in Helsinki, Finland, where he won a gold medal with the 4x400m relay team. He also qualified for the USA Olympic Trials in both 2008 and 2012. Smith returned to his alma mater as a sprinters coach in 2013-14. Prior to that, he spent the 2012-13 season as a volunteer assistant coach at Tennessee State.





CLASS OF 2016

HEATHER JENKINS: TRACK AND FIELD (2002-2006)

A Cape Girardeau native, Jenkins had a decorated career as a thrower for the Southeast women's track & field program. As a freshman in 2002, Jenkins won the OVC shot put and discus titles, and established a school discus record of 173-11. She went on to finish 15th at the NCAA Championships in the discus that year. A year later, Jenkins set an OVC record in the shot put with a throw of 50' 5.5" and won the discus crown at the OVC Outdoor Championships. She was an NCAA Regional qualifier in the shot put and discus, and also set a conference record in the 20lb weight throw (59' 11"), and won the shot put at the OVC Indoor Championships that season. A year later, Jenkins won the weight throw at the OVC Indoor Championships and again broke the school and conference record in the process. During outdoor competition, she won the OVC shot put and discus crowns, while qualifying for the NCAA's in the shot, discus and hammer. Jenkins was named both the OVC Indoor and Outdoor Track Athlete of the Year, and claimed First-Team All-OVC accolades. In all, Jenkins was a two-time OVC Indoor shot put champion, three-time OVC Indoor weight throw champion, four-time OVC Outdoor discus champion and four-time OVC Outdoor shot put champion during her illustrious career. She still holds the school's all-time discus record today.

CLASS OF 2018

TOM BRENNECKE FOOTBALL AND TRACK AND FIELD (1954-1957)

Brennecke, who is deceased, played running back at SEMO for two Mid-America Intercollegiate Athletics Association (MIAA) championship teams (1955, 1957) during his career. He was part of two unbeaten teams with the 1955 squad going 9-0 under the direction of head coach Kenneth Knox. Brennecke played every game during the last two seasons of his career and started 12 contests. He scored 12 total touchdowns twice during the 1957 campaign. His 12 touchdowns tied for eighth among the school's all-time single-season leaders. Brennecke earned All-MIAA honors in 1957 and Second-Team All-MIAA accolades in 1956. He was a unanimous pick by the conference coaches as the Captain of the MIAA Conference All-Star squad and voted Most Valuable Back. Brennecke led the 1957 SEMO team in scoring with 72 points and was named SEMO's Most Improved Player as a freshman. He was also a member of the school's track & field team and becomes the 19th multiple sport athlete to be inducted into the Southeast Missouri Athletics Hall of Fame.

LUTRICIA PURHAM: TRACK AND FIELD (1997-2000)

Purham was a six-time OVC Champion at SEMO. She was a three-time OVC individual champion in the outdoor shot put (1998, 1999, 2000), two-time individual champion in the indoor shot put (1999, 2000) and discus champion (2000). Purham was named the 2000 OVC Track Athlete of the Year. She was an NCAA Qualifier in the shot put during both the 1999 and 2000 seasons. Purham finished 15th at the national meet each of those years and was part of four OVC Championship teams.

DR. TIM RADEMAKER: ASSISTANT TRACK & FIELD COACH (1975-1982, 1980s-2017)

Dr. Rademaker has been a mainstay in the SEMO Track and Field family for decades and once represented the program as a top athlete in the pole vault and as its team captain. He is an outstanding events coach, particularly and certainly not limited to the pole vault. Rademaker has produced numerous MIAA and OVC champion athletes as well as NCAA national champions throughout the years either as a paid or volunteer assistant coach. In all, he coached 18 OVC pole vault champions and one OVC high jump champion. All of SEMO's pole vault records have come with Rademaker as coach of that event. He has been a great recruiter for the track and field and cross country programs during his coaching tenure. In addition to coaching, Rademaker has been a clinician, presenter and has published articles in journals regarding the pole vault and methods in the teaching and coaching profession. As an educator, he taught in the physical education and recreation department for many years and continues to be a positive influence, role model and mentor to countless teachers, coaches and students at SEMO.



**CLASS OF 2019****GERALD JONES: CROSS COUNTRY/TRACK & FIELD (1959-1962)**

Jones was captain of the SEMO track & field team in 1961 and was a three-year letterman. He was honored as an outstanding track athlete and was the team's highest point scorer in 1961. Jones set the school record for the mile with a time of 4:20.3. He garnered four varsity letters in cross country and was captain each of his final two seasons. Jones broke a total of 28 records between track and cross country his senior year alone. That total included MIAA, school, course and stadium records. He was inducted into the Missouri Track & Field Hall of Fame in 2010 and has been a registered track referee and starter for the Missouri State High School Activities Association (MSHSAA) for many years.

1984 WOMEN'S CROSS COUNTRY TEAM

SEMO's 1984 Women's Cross Country team ended the season with a third-place finish at the NCAA Division II National Championships. The team won five of its six regular-season meets (mainly against Division I competition), a MIAA Conference title and Great Lakes Regional Championship (national qualifying meet). The team had three All-Americans, including Christine Ridenour, Margaret Hertenstein and Debbie Kilpatrick. Ridenour was the individual National Champion that year. Pam Palmer, Jenella Torrence and Laura Byrne were also members of the team. Palmer, Torrence and Byrne went on to be All-Americans later in their careers. The 1984 team stands as the greatest women's cross country team in school history. Coach: Fred Binggeli. Student Assistant: Glenda Bales. Athletes: Diane Barlow, Laura Byrne, Margaret Hertenstein, Debra Kilpatrick, Pamela Palmer, Christine Ridenour, Jenella Torrence, Debra Wilding.



THE OVC

2021



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THE OVC

HISTORY

Now in its 73rd year, the Ohio Valley Conference continues to build on the success that has made it the nation's eighth-oldest NCAA Division I conference.

In May 2011 the Conference expanded for the second time in four years, adding Belmont University which began competition in the 2012-13 academic year. The addition of Belmont gave the OVC 12 members, the most the league has had at one time in its illustrious history. The move added a second team in the city of Nashville and was the first addition to the league since Southern Illinois University Edwardsville joined in 2008. Subsequently, the league has shown its stability over the past decade, seeing only one member institution depart over the past 20 years.

The 2009-10 school year saw a change in leadership as Beth DeBauche was named the seventh full-time Commissioner in league history on July 28, 2009. The last three commissioners of the OVC have moved onto jobs as the commissioner of the Big Ten, Big 12 and the Mid-American Conferences.

The OVC's proud history dates back to 1948, but seeds for the new league were actually planted in 1941. It was then that Roy Stewart, the athletics director at Murray State, Charles "Turkey" Hughes, the athletics director at Eastern Kentucky, and Kelly Thompson, the public relations director at Western Kentucky,

first broached the idea of forming a new conference. Discussions were put on hold by World War II, but reemerged February 27-28, 1948 at the Kentucky Hotel in Louisville as the three original institutions combined with Morehead State, Louisville and Evansville to form the OVC.

In the 1950s, the OVC became a pioneer on a much more significant scale socially. During times of racial segregation, league member Morehead State became one of the first non-traditionally black mid-southern institutions to accept a black student. In 1958 Marshall Banks earned athletically-related aid at Morehead, which signed a second black athlete, Howard Murphy, a year later. In 1961 Murphy earned all-conference recognition as a halfback in football. With racial barriers broken, the rest of the institutions in the league began to provide educational and athletic opportunities to African-Americans.

After Title IX legislation passed in 1972, women's athletics began a rebirth on the national scene as the NCAA began sponsoring and marketing women's sports. Recognizing the need to provide increased opportunities for female athletes, the OVC began formulating plans for women's athletics in 1975 and established women's championships in the sports of basketball, tennis and track in 1977, with cross country and volleyball added over the next four years. Those sports were initially governed by the

Association of Intercollegiate Athletics for Women (AIAW), but the overall strength of women's programs in the league was demonstrated by the automatic bids the OVC instantly received when the NCAA became the governing body in 1982. The conference added women's golf and softball in 1994 and women's soccer in 1998.

Over its 72 years, OVC teams have garnered national championships and bowl games in football, along with national team or individual titles in the sports of rifle, cross country, track and golf.

The OVC has also produced several Olympic athletes, including Murray State's Morgan Hicks, who was a member of the 2004 United States Olympic Rifle Team and Morehead State's Brian Shimer who competed in five Winter Olympics in bobsled (winning a bronze medal in 2002) and coached the 2010 United States bobsled team to its first gold medal since 1948. Former Morehead State football and Eastern Kentucky track and field athlete Dallas Robinson competed with the U.S. bobsled team during the 2014 Sochi Winter Olympics. In addition, some of the greatest players in professional sports were educated at OVC institutions. The list includes former greats such as football's Phil Simms (Morehead State) and Tony Romo (Eastern Illinois), basketball's Clem Haskins (Western Kentucky) and Bubba Wells (Austin Peay) and two-sport star Steve

Hamilton (Morehead State) to present-day standouts like basketball players Kenneth Faried (Morehead State) and Robert Covington (Tennessee State), football player Jimmy Garoppolo (Eastern Illinois) and baseball player Shawn Kelley (Austin Peay). Hamilton is the only athlete to ever play in the NCAA Basketball Championship, a Major League Baseball World Series (New York Yankees) and an NBA Championship Series (Los Angeles Lakers).

In 2007, Eastern Kentucky's Jacob Korir won his fourth-straight Conference cross country title becoming just the third OVC student-athlete and 13th athlete nationally to accomplish that feat. Korir was a three-time All-American in cross country, earning two top-10 finishes at the NCAA Cross Country Championship. The Nairobi, Kenya, native was also named a track and field All-American twice during his career, was selected as the OVC Male Athlete of the Year in 2006-07 and received the NCAA post graduate scholarship in 2008.

In 2011 the Eastern Kentucky men's cross country team earned a national ranking in the USTFCCCA poll, climbing to as high as No. 17; the ranking was the highest for an OVC team since the polls began in the early 1980s. The EKU men would qualify for the NCAA Championship, becoming the first OVC team to reach the national championship meet since 1980. Eastern Kentucky finished 26th overall at the event as junior





Soufiane Bouchikhi was 47th in a field of 252 runners. On the women's side Eastern Kentucky senior Lydia Kosgei became the first EKU woman to ever qualify for the NCAA Championship and went on to finish 37th at the national meet to earn All-American honors.

A year later (2012) the EKU men's cross country team was ranked as high as No. 11 nationally and finished 24th at the NCAA Championship. Wade Meddles led the team with a 38th place finish at the event while Bouchikhi was 40th. In 2013 Eastern Kentucky placed 15th at the NCAA Championship, the highest national finish for an OVC team since 1980. Soufiane Bouchikhi capped his career by winning his fourth-straight OVC Championship and earning National Runner of the Week honors during the season. Bouchikhi finished 26th at the NCAA Championship in 2013, earning All-American honors for the second-straight season. In 2014 EKU qualified for its fourth-straight NCAA Championship and finished 23rd overall and in 2015 earned its fifth-straight bid and finished 17th overall. EKU is only the second OVC team to ever qualify for five-straight NCAA Championships (ETSU being the other).

In 2016, Eastern Kentucky's Charlotte Imer finished 31st at the NCAA Championship, the second-highest finish ever by an OVC female (trailing only a 24th place finish by Samford's Lauren Blankenship in 2007).

In 2017, the Eastern Kentucky

women's team earned its first national ranking as well as becoming the first OVC women's team to qualify for the NCAA Championship. The Colonels finished 23rd at the National Championship meet.

Following the 2017-18 season, long-time coaches Tom Akers (Eastern Illinois) and Rick Erdmann (Eastern Kentucky) retired. The duo combined for 118 OVC Championships and 115 OVC Coach of the Year Awards.

In March 2020 due to the COVID-19 public health emergency, spring sports were canceled across the OVC and the NCAA (including all winter and spring NCAA Championships).

The playing field is not the only place where OVC athletes are working hard. The league also recognizes excellence in the classroom. Six Scholar-Athlete Awards are presented yearly to male and female athletes, while others are commended for their academic success by being Medal of Honor recipients or earning a spot on the Commissioner's Honor Roll. Additionally, the league annually presents one institutional Academic Achievement Award, as well as separate team awards in each Conference-sponsored sport. Since the College Sports Information Directors of America (CoSIDA) Academic All-America program began, the Ohio Valley Conference has had 296 student-athletes honored with the award (including 51 over the past five years).

Through the early years

of the league, administrators wrestled with fan behavior due to the close proximity of the Conference members and the intense rivalries which developed. Just as it did decades ago, the OVC took the leadership role on what has become a national issue. In 1995, the OVC implemented a first-of-its-kind "Sportsmanship Statement," a policy which promotes principles of fair play, ethical conduct and respect for one's opponent. The statement has become a model for others to follow across the nation and has answered the challenge of the NCAA Presidents Commission to improve sportsmanship in collegiate athletics.

Additionally, the OVC annually presents the Steve Hamilton Sportsmanship Award, in honor of the former Morehead State student-athlete, coach and athletics director, to a junior or senior student-athlete with significant athletic contributions who best exemplifies the characteristics of sportsmanship and citizenship. Most recently, the Conference has also implemented the OVC Institutional and Team Sportsmanship Awards, which are presented to one institution and 18 sport-specific teams voted by their peers to have best exhibited the standards of sportsmanship and ethical conduct as outlined by the OVC and NCAA.

The vision of leadership demonstrated by the Founding Fathers in 1948 remains alive today as the Ohio Valley

Conference prepares for the future. One example is in regard to the current trend in collegiate athletics administration for increased involvement of university presidents in setting policies and making rules. The presidents of OVC institutions, however, have always governed the Conference, long before presidential governance became a national theme.

The Ohio Valley Conference sponsors the following sports: baseball, basketball, cross country, football, golf, tennis and track for men, and basketball, cross country, golf, soccer, softball, tennis, track and volleyball for women. In addition, the OVC also sponsors the combined men's and women's sport of rifle.

Now in its seventh decade of competition, the Ohio Valley Conference has grown significantly from its humble beginnings while increasing the number of athletics opportunities it provides for students. Current league representatives include charter members Eastern Kentucky University, Morehead State University and Murray State University, along with Austin Peay State University, Belmont University, Eastern Illinois University, Jacksonville State University, Southeast Missouri State University, Southern Illinois University Edwardsville, Tennessee State University, Tennessee Technological University and the University of Tennessee at Martin.

Updated June 2020





2020 CROSS COUNTRY CHAMPIONSHIP

2020-21 OVC CROSS COUNTRY CHAMPIONSHIP

Rescheduled from the fall to the spring, the 2020 OVC Cross Country Championship will be held on March 1, 2021 in Clarksville, Tennessee. It will mark the first time that Austin Peay has hosted the event since 2006.

In 2019, the Eastern Kentucky men's and women's teams ran to victories marking the 14th-straight championship (and 28th overall) for the Eastern Kentucky men and the eighth-straight and 33rd overall title for the women. The meet was held in Edwardsville, Illinois.



2021 OUTDOOR TRACK & FIELD CHAMPIONSHIP

2021 OVC OUTDOOR TRACK & FIELD CHAMPIONSHIP

The 2021 OVC Men's and Women's Outdoor Track & Field Championship will be held May 13-15 at the O'Brien Field on the campus of Eastern Illinois University.

In 2019, Eastern Illinois claimed the men's championship, its 16th overall title, while Murray State won the women's crown, its first since 1992, at the Abe Stuber Track Complex on the campus of Southeast Missouri State University.

2020-21 SOUTHEAST MISSOURI TRACK & FIELD





/ Ohio Valley Conference Office Staff



Beth DeBauche
Commissioner



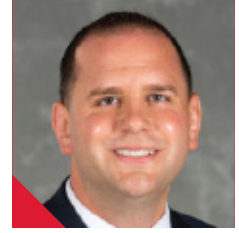
Kate Barnett
Assistant Commissioner
Championships and
Compliance



Stephanie Castera
Assistant Commissioner
for Institutional
Services/Senior Woman
Administrator



Kyle Schwartz
Assistant Commissioner for
Strategic Communications



Travis Tellitocci
Assistant Commissioner
for Football, Basketball and
Officiating



Lauren Berst
Director of Administration



Heather Brown
Director of
Communications



Jon Kuka
General Manager,
OVC Sports Properties



Bryce Robinson
Director of Digital Media



Jonathan Owens
Assistant Director of
Championships and
Administration

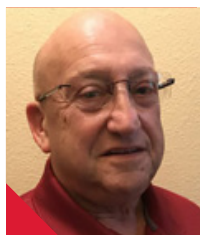


Trevor Reeves
Director of Compliance and
Institutional Services

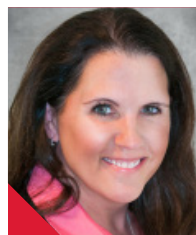
/ Officials Coordinators



Tony Backert
Coordinator of Football
Instant Replay



Mickey Call
Co-Coordinator of Softball
Officials



Christie Cornwell
Co-Coordinator of Softball
Officials



Paul Guillie
Coordinator of Baseball
Officials



Lisa Mattingly
Coordinator of Women's
Basketball Officials



Michael Blalock
Coordinator of Volleyball
Officiating



Curtis Shaw
Coordinator of Men's
Basketball Officials



Kim Vieria
Coordinator of Soccer
Officials

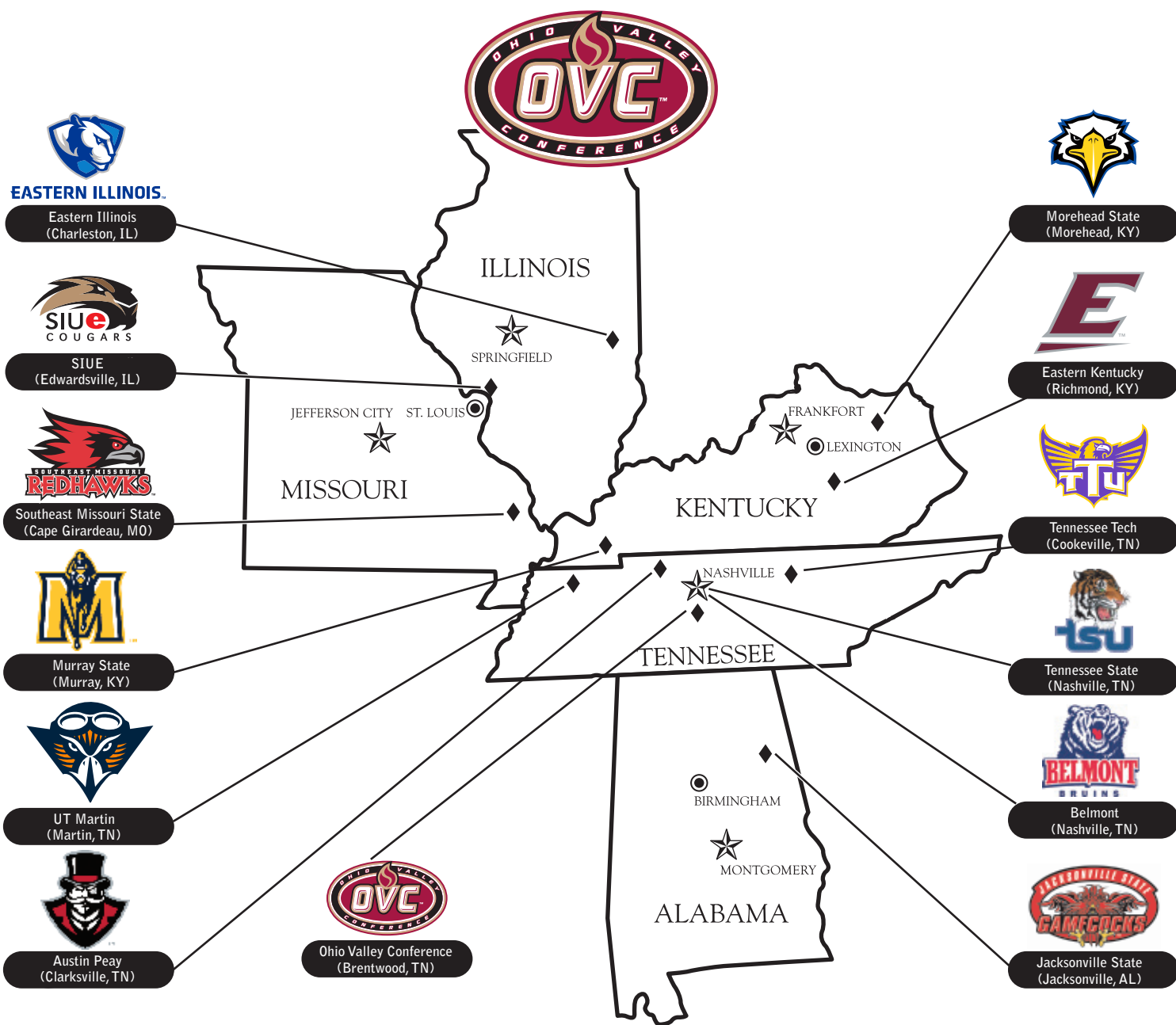


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2021



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THE BEST PLACE TO LEARN ABOUT U.S. POLICY is where it's actually being shaped. So you'll go to the **Center for Strategic and International Studies (CSIS) in Washington, D.C.**, for part of our University Studies course. For four exhilarating days, you'll work directly with researchers and consultants who advise national leaders. And if you're really on top of your game, you may end up influencing the strategies you've come to study.



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The workforce is just that: a force. And it's one you'll meet head on at Southeast Missouri State. We'll help you find internships (that's plural on purpose) and coach you through any challenges or questions that come your way.



SET OUT AND JOIN IN.

Earn your wings early. Chew your way into campus history. Share your musical gift. Meet your new brothers or sisters. Whatever you do — whether it's joining a club or carrying on a tradition — just know that you won't do it alone (except the chewing part).

21

SOCIAL FRATERNITIES AND SORORITIES

Representing the IFC, Panhellenic and NPHC Councils. Many of them call Greek Hill home. And in Fall 2016, a new Greek Village will open on campus, providing an expanded Greek community where thousands of students will make new memories of brotherhood and sisterhood.



180+ student groups

With organizations on campus from A (Adult Recess improv group) to Z (Zeta Phi Beta Sorority), there's something to meet every professional, social, recreational or religious interest. And if you can't find what you're looking for, form your own group.

We honor our heritage by sticking to our traditions.

Some of them, quite literally. For years, students have been making the trek up **Cardiac Hill** (a tradition in its own right) to add their chewing gum to our infamous **Gum Tree**.



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that's equally
inspiring.



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2021 SCHEDULES

2020-21 CROSS COUNTRY

Date	Day	Opponent	Location
Jan. 30	Saturday	REDHAWKS INVITATIONAL	OSAGE CENTRE
Feb. 6	Saturday	Eastern Illinois	Charleston, Ill.
Feb. 19	Friday	Golden Eagle Invitational	Cookeville, Tenn.
March 1	Saturday	<i>OVC Championship</i>	Clarksville, Tenn.

2021 INDOOR TRACK & FIELD

Date	Day	Opponent	Location
Jan. 30	Saturday	Indiana State Invite	Terre Haute, Ind.
Feb. 5	Friday	REDHAWKS INVITE	SEMO REC CENTER
Feb. 13	Saturday	Samford Invite	Birmingham, Ala.
Feb. 20	Saturday	REDHAWKS OPEN	SEMO REC CENTER
Mar. 12-13	Friday-Saturday	<i>NCAA Indoor Championship</i>	Fayetteville, Ark.

2021 OUTDOOR TRACK & FIELD

Date	Day	Opponent	Location
March 19-20	Friday-Saturday	Auburn Invitational (Outdoor)	Auburn, Ala.
March 27-28	Friday-Saturday	Ole Miss Invite (Outdoor)	Oxford, Miss.
April 2-3	Friday-Saturday	DRURY HOTELS JOEY HAINES INVITE	ABE STUBER TRACK COMPLEX
April 9-10	Friday-Saturday	Crimson Tide Invite	Tuscaloosa, Ala.
April 16-17	Friday-Saturday	Vanderbilt Invite	Nashville, Tenn.
April 23-24	Friday-Saturday	Lenny-Lyles Invite	Louisville, Ky.
April 30-May 1	Friday-Saturday	Memphis Invite	Memphis, Tenn.
May 7	Friday	Arkansas Twilight	Fayetteville, Ark.
May 7	Friday	Indiana State Invite	Terre Haute, Ind.
May 13-15	Thursday-Saturday	<i>OVC Outdoor Championship</i>	Charleston, Ill.
May 27-29	Thursday-Saturday	<i>NCAA West Preliminary</i>	College Station, Texas
June 9-12	Wednesday-Saturday	<i>NCAA Outdoor Championship</i>	Eugene, Ore.
June 18-27	Friday-Sunday	<i>U.S. Olympic Trials</i>	Eugene, Ore.

Home Meets in **BOLD**.



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