

#LETSSOAR



SOUTHEAST MISSOURI REDHAWKS
2021 GYMNASTICS MEDIA GUIDE



**DO
YOU
HAVE
THE
WILL
TO**

serve all
community
members?



**SOUTHEAST MISSOURI
STATE UNIVERSITY • 1873**



2021



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Credits

The 2021 Southeast Missouri Women's Gymnastics Media Guide was written, edited and designed by Strategic Communications Assistant Director Eric Mueller. Additional assistance by Jeff Honza and Veda Barnett of Moll Printing. Photography by Marc Mahnke, Charlie Balcom, Josh Russell, Kate Marshall, Keith Hente, Michael Wade of Wade Event Photography, Patrick Clark of Athlete's Eye Photography, Two14 Media, Eric Mueller and Southeast Missouri Athletics.



MEDIA INFORMATION

Covering the Redhawks



The 2021 Southeast Missouri women's gymnastics media guide is a source of information for the news media covering the Redhawks. News releases, clips, video footage, photographs and other information will also be available to accredited members of the media upon request.

Strategic Communications

The Southeast Missouri Strategic Communications Office is always willing to assist the media with their coverage of Redhawk athletics. All media and credential requests should be made to Strategic Communications Assistant Director Eric Mueller. Should you need any information, feel free to call any time, day or night. Mueller can be reached at (573) 651-2937 (work) or (630) 267-5145 (mobile).

In-Season Interview Policy

All of Southeast Missouri's gymnastics student-athletes and coaches will be available to the media throughout the 2021 season. Interviews should be arranged through the Southeast Missouri Strategic Communications Office. Due to the COVID-19 pandemic, interviews with student-athletes and coaches will be conducted virtually (via Zoom/Face Time) or by phone after practice during the season. Please let the Strategic Communications Office know at least 24 hours in advance so interview arrangements can be made. There will be no in-person interviews to ensure proper safety measures.

Credentials

Credentials are required for entrance to the Houck Field House or Show Me Center arena (for photographers). To request season or single-game credentials, please contact Eric Mueller in the Southeast Missouri Strategic Communications Office by phone at (573) 651-2937 or email at ejmueller@semo.edu. Credentials can be picked up at the ticket table at the entrance of Houck Field House, the Show Me Center NCAA pass gate or prior to competition day at the Southeast Athletic Administration building.

Southeast Missouri follows the guidelines set forth by the NCAA governing the issuance of credentials. Press Row credentials will be issued to accredited sports writers of daily and weekly newspapers. Photo and sideline passes will be issued to accredited members of the photo media working for newspapers and television stations.

All credential requests should come from sports editors, directors or anchors. Spouses, dates and minors will not be permitted on Press Row or the sidelines at Houck Field House or the Show Me Center. Any unauthorized use of credentials will result in revocation of credentials issued by Southeast Missouri State University and credential requests will not be honored for future SEMO athletic events.



**STRATEGIC COMMUNICATIONS**

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**Press Row**

The Houck Field House and Show Me Center Press Row is reserved for working media only. Seating is assigned by the Strategic Communications office. Professional conduct is expected at all times. Cheering or outward expression is inappropriate. Credentials must be worn at all times. Failure to abide by these policies can result in credentials being revoked. Due to the COVID-19 pandemic, face coverings are required to be worn at all times in the Houck Field House and Show Me Center Press areas.

Post Meet Interviews

The Southeast Missouri Strategic Communications staff will make student-athletes available to the media at the conclusion of each meet. Due to the COVID-19 pandemic, post meet press conferences will be held virtually. Head coach Ashley Lawson and selected student-athletes will address the media via Zoom. Zoom login details will be sent to media before each meet.

Photographers

Please observe NCAA regulations and shoot from the designated areas assigned at Houck Field House and the Show Me Center. Photographers must display their credentials at all times. Flash photography is strictly prohibited inside Houck Field House and the Show Me Center. Due to the COVID-19 pandemic, there will be limited areas assigned for working photographers.

Live Stats

StatBroadcast Live is the official live statistics platform of Southeast Missouri gymnastics. Live stats can be accessed at [Statb.us/I/SEMO](https://statb.us/I/SEMO).

Press Row Services

The Houck Field House and Show Me Center Press Row is equipped with wireless internet. A member of the Strategic Communications staff will provide login information.





REDHAWK GYMNASTICS

Redhawks on the Internet

Southeast Missouri's Official Athletics website can found at the following address:

GoSoutheast.com

The website is updated daily and information on all 15 sports is available. Complete schedule, results, coaches and player bios and conference information can be accessed.

Redhawks on ESPN+

The Ohio Valley Conference and ESPN have a media rights agreement, which includes a minimum of 600 conference events on ESPN+, the multi-sport, direct-to-consumer subscription streaming service from The Walt Disney Company Direct-to-Consumer & International segment and ESPN. All of Southeast Missouri's home and OVC games air live on ESPN+. ESPN+ offers fans thousands of additional live events, on-demand content and original programming not available on ESPN's linear TV or digital networks. ESPN+ is an integrated part of the completely redesigned ESPN App. Already the leading sports app, the new ESPN App is the premier all-in-one digital sports platform for fans across mobile and TV-connected devices. ESPN+ is also available through ESPN.com.



SEM O

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SPORTS TICKETS ATHLETIC DEPARTMENT FAN ZONE TRADITIONS REDHAWKS CLUB

FOOTBALL ARCHIVED STORIES COACHING STAFF ROSTER SCHEDULE STATISTICS MORE

SCHEDULE DIGITAL NETWORK

CHOCOLATE MILK BUILDS CHAMPIONS

SEP 12 / TBA
FB
at Ole Miss
Oxford, Miss.

SEP 19 / 6 PM
FB
at Southern Illinois
Carbondale, Ill.

COMPOSITE CALENDAR

ATHLETES OF THE WEEK

SPRING SEMESTER REPORT CARD
2019-20 Academic Year (3.2 or Higher Spring GPA)

WOMEN'S TENNIS	3.88
GYMNASTICS	3.82
WOMEN'S SOCCER	3.78
WOMEN'S CROSS COUNTRY	3.74
WOMEN'S TRACK & FIELD	3.66
SOFTBALL	3.60
VOLLEYBALL	3.44
WOMEN'S BASKETBALL	3.42
BASEBALL	3.35
MEN'S CROSS COUNTRY	3.33
MEN'S BASKETBALL	3.26
MEN'S TRACK & FIELD	3.21

DEPARTMENT RECORD 3.53 GPA

JUNE 19 / BASEBALL
Athletics Closes 2019-20 Academic Year with Record Spring Semester

MORE NEWS



Twitter

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@SEMORedhawks



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@SEMORedhawks



Instagram

@SEMOGymnastics
@SEMORedhawks



Snapchat

SEMORedhawks

SOCIAL MEDIA





General Information

School.....Southeast Missouri State
 LocationCape Girardeau, Mo.
 Founded 1873
 Enrollment 11,502
 Nickname Redhawks
 Colors..... Red & Black
 Affiliation NCAA Division I (FCS)
 Conference.....Midwest Independent
 President..... Dr. Carlos Vargas
 Director of Athletics.....Brady Barke
 Gymnastics Office Phone (573) 651-2604
 Ticket Office Phone..... (573) 651-2113

Facility Information

Home FacilityHouck Field House
 Capacity 1,000

Gymnastics History

First Year of Gymnastics 1976
 First Year at NCAA Division I 1991
 All-Time Record 641-462-1
 MIC Championship Titles/Last..... 4/2014

Team Information

2020 Record..... 10-7
 Home.....2-0
 Away2-5
 Neutral6-2
 MIC Record/Finish 4-2/3rd
 NQS..... 193.780
 Gymnasts Returning/Lost..... 14/4
 Lettermen Returning/Lost 11/5
 Newcomers.....4



MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014





On July 1, 2020, Southeast Missouri State University unveiled refreshed spirit marks, including a new primary logo, wordmark and variations for its 15 athletic programs.

The redesign features an official brand font to complement the marks, and a focused emphasis on 'SEMO' as the preferred reference for the University in Athletics and less formal communications. These logos are the first update to the University's spirit branding since the Redhawk was introduced in 2005.

The new brand identity, which will allow SEMO's athletic teams to display consistent logos, lettering and numerals, is independent of the existing University marks featuring the depiction of the Academic Hall dome which remain un-

changed.

"We are excited to reveal our refreshed series of logos and wordmarks," said Director of Athletics Brady Barke. "Having a strong and recognizable brand is essential as we continue to elevate the profile of the University and Redhawk Athletics, and continue towards our vision of being the premier athletics program in the Ohio Valley Conference. These new marks complement our existing Redhawk logo and help us establish a strong regional and national identity by embracing the SEMO nickname."

SEMO started the process of creating its new brand identity following a 2018 brand refresh study completed by Ologie. A higher education branding and marketing firm based in Columbus, Ohio, Ologie helped launch the University's "Will to Do" brand

platform.

As part of the refresh, Ologie closely studied the use of "SEMO" vs. "Southeast".

Through extensive surveys and interviews, Ologie concluded that audiences like the personality, uniqueness and familiarity of "SEMO" when referring to the University and its athletic programs, except in official institutional communications. Their recommendations included embracing the SEMO acronym by establishing parameters for usage and creating the wordmark.

Following the study, the logos were designed by the University Marketing team, in collaboration with the Department of Athletics and campus leadership at no additional cost to the University.

"I want to thank Tonya Wells and her team in the University Marketing office for their hard work on this project," said Barke.

"Working collaboratively over a number of months, I think we have developed something everyone associated with Southeast Missouri State can be proud of."

With the addition of an official brand font, sport-specific logos for each of SEMO's 15 Division I sports and sub-brand lock-ups can be used across the University. It also presents a more consistent branding over all platforms.

Along with the new logos, fans will notice a more frequent use of "SEMO" in reference to the University and its athletic teams on uniforms, apparel and other materials. Official social media usernames for Redhawk Athletics, including Facebook, Twitter and YouTube have all been changed from @GoSoutheast to @SEMORedhawks.

The announcement signifies





a local launch of the branding and refreshed spirit logos. Certain digital platforms, including University and athletic websites, and social media will adopt the new logos immediately. Signage and publications on SEMO's campus will use the updated logo over the coming months. Athletic uniforms and apparel will reflect the updates as teams enter the next purchase cycle. Fully rebranding the campus and athletic facilities is a time-consuming and costly endeavor. Therefore, this process will be completed giving priority to highly visible locations and only as funding is identified.

"It's an exciting time for SEMO Athletics," said Southeast President Dr. Carlos Vargas. "We are entering the new school year as defending OVC champions in five different sports and we finished the COVID-19 shortened season at the top of the OVC Commissioner's Cup standings. We are Southeast Missouri's Division I athletics program and our refocused identity represents our institution's strong connection to serving our region."

What They Are Saying . . .

"I'm really excited about our new wordmark. When you think about Southeast Missouri State, you think about our region and our area, you think, 'SEMO.' SEMO is what makes us different. There is only one SEMO. We are the regional institution. I can't wait to see this new wordmark in the Fall."

Tom Matukewicz
Head Football Coach

"As a SEMO alumnus, it was exciting to work on this project alongside the team in University Marketing which did an amazing job developing the visual identity. The 'SEMO' nickname is truly unique in the college landscape and these new marks will help strengthen our brand locally and nationally."

Nate Saverino
Associate Director of
Athletics for External Affairs

"Remembering where you come from is an important part of shaping where you are going. Our campus identity as 'SEMO' is intrinsic to who we are. It is ingrained in Southeast Missouri State University's history. Much like SEMO's landmarks – the dome, cardiac hill and the gum tree – 'SEMO' is unique to who we are and inspires an incredible sense of community. In terms of recruiting, the new SEMO logo is huge! We are the only NCAA athletic program in the nation with this acronym and it pinpoints our campus location. It is truly a unique identifier and the only wordmark that ties our present to our past. It also instills that sense of pride in remembering where we came from."

Heather Nelson
Head Women's Soccer Coach

"It's a great new look in comparison to the older logo. It shows a great depiction of the SEMO rebranding and how important the community is to helping SEMO become the best in the region."

Omarbrick Douglas





REDHAWK GYMNASTICS



HOUCK FIELD HOUSE



Houck Field House is the home of the Southeast Missouri women's gymnastics and volleyball teams. The 40,000-square foot building features a five-year old sports court as its playing surface. Houck Field House also has the ability to fit two regulation-size volleyball courts.

After the Show Me Center was completed, Houck Field House was renovated in 1987 and 1995 to better accommodate women's volleyball and gymnastics competitions.

Locker rooms for baseball, volleyball, soccer and softball, an indoor walking track, athletic training room, and offices for baseball, soccer, softball, volleyball and tennis are also housed in the facility.

Today, Houck Field House seats approximately 1,000 fans for numerous athletic events throughout the year.

The Redhawks also compete in the Show Me Center, 1333 North Sprigg St., from time to time. SEMO will host the 2021 USA Gymnastics Women's Collegiate National Championships April 9-11, 2021 at the Show Me Center, the home of Redhawks men's and women's basketball. The Redhawks will also host Centenary and Illinois State in the Show Me Center on Feb. 26.

SEMO gymnastics last held a competition in the Show Me Center on March 10, 2019, when they welcomed Missouri and Lindenwood for the 2019 State of Missouri Meet.





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ACADEMIC EXCELLENCE

Always a Student First

The Holcomb Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Field. The Holcomb Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings. The facility houses the Southeast Academic Services staff and main weight room for Redhawk student-athletes.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by SEMO student-athletes.

Redhawk student-athletes overcame an enormous amount of adversity and disruption during the COVID-19 pandemic to cap a record 2019-20 academic year.

After recording a 3.39 grade point average in the fall, SEMO accumulated a Department of Athletics record 3.53 spring semester GPA.

A total of 12 teams achieved a 3.21 or higher GPA during the spring term alone.

Also, five different programs, including gymnastics (3.82), women's soccer (3.78), women's basketball (3.42), men's basketball (3.26) and football (2.94) registered their highest semester GPA ever.

Women's tennis led the spring semester with a 3.88 GPA.

Women's cross country (3.76), women's track & field (3.66), softball (3.60), volleyball (3.44), baseball (3.35), men's cross country (3.32) and men's track & field (3.21) completed the team GPAs in the spring term.

Tutors are available for all student-athletes as needed. In

addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at SEMO. The course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic programs which include meeting with a mentor bi-weekly to discuss academic progress.

The Holcomb Success Center staff works to get athletes involved in campus

and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Holcomb Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.





Student-athletes and coaches at Southeast Missouri are dedicated to giving back to the community that so generously supports them.

Redhawk student-athletes have opportunities to participate in a variety of community service activities each year. Community involvement helps provide a support structure and greater opportunity for academic success.

We are proud of the level of commitment shown by our student-athletes and always encourage them to participate in community service projects here at SEMO.

SEMO student-athletes also have the opportunity to participate in the Redhawks BRIDGE Program. The mission of the Redhawks BRIDGE Program is to develop a

comprehensive student-athlete development program by Building Responsible Individuals and Delivering Gainful Experiences. This program provides student-athletes with both leadership and life skills experiences through interactive programming that will prepare them to be successful in life after athletics. The leadership programming will teach student-athletes about Southeast's culture and allow them to learn, develop, and apply leadership skills. The life skills programming provides educational programs designed to assist student-athletes in identifying and applying transferable skills and experiences to prepare them to succeed outside of the athletic arena.





Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

SEMO's weight room renovations at the Holcomb Success Center were completed in January, 2016.

Indoor turf, weights, equipment and lifting platforms were added as part of the renovation, which cost \$500,000. The facility now has more space and equipment to handle SEMO's larger teams or multiple teams training at the same time. Branding and new lighting were also included in the overall project.

The newly-renovated weight room enhances training with the best equipment available and is able to accommodate larger teams or multiple teams training at the same time.





SPORTS MEDICINE

Providing the Best Care Possible



Southeast Missouri's sports medicine staff strives to provide the best care possible for its student-athletes.

On Aug. 14, 2019, SEMO and SoutheastHEALTH entered a collaborative partnership in which SoutheastHEALTH will serve as comprehensive providers of orthopedic and sports medicine services for the University's NCAA Division I athletics program, its intramural and club sport participants and for the University's performing arts students.

Under the agreement, SoutheastHEALTH orthopedic and sports medicine physicians provide orthopedic, primary medical care, athletic training and physical therapy services, and invest in the University by providing diagnostic equipment and athletic

training supplies, as well as scholarships for students.

SoutheastHEALTH orthopedists Dr. Anthony McPherron, Dr. Matthew Baker and Dr. Charity Jacobs, and SoutheastHEALTH sports medicine physician Andrew Lawrence serve as the official team physicians of SEMO.

The sports medicine staff begins treatments and rehabilitation starting as early as 6 a.m., and is available until the last student-athlete is through.

There are currently four sports medicine facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.





UNDER

Southeast Missouri and Under Armour, Inc. (NYSE: UA, UAA) announced a partnership agreement. The Baltimore-based global leader in performance footwear, apparel and equipment became the official outfitter of Southeast Missouri Athletics on July 1, 2018.

As part of the multi-year agreement, Under Armour provides on-field and training gear for 15 sports. Additionally, Under Armour outfits members of the athletic department including coaches and staff.

"We are extremely excited about our partnership with Under Armour and BSN SPORTS to outfit our student-athletes and coaches with the highest quality apparel in the market," said Director of Athletics Brady Barke. "Having

two of the industry leaders in athletic apparel associated with us expands the resources available to each of our teams and significantly benefit our student-athletes."

The new official outfitter agreement includes marketing entitlement that complements Under Armour's brand marketing campaigns through print and venue presence at the University.

Southeast Missouri's athletic programs include football, men's basketball, women's basketball, baseball, men's cross country, women's cross country, softball, women's tennis, volleyball, women's soccer, men's outdoor track & field, men's indoor track & field, women's outdoor track & field, women's indoor track & field and women's gymnastics.

The Redhawks compete at the NCAA Division I level and are part of the NCAA Football Championship Subdivision (formerly I-AA) in football. Southeast first became a member of the Ohio Valley Conference when it moved to NCAA Division I in 1991-92. The Redhawks have won 57 OVC regular-season championships and 20 OVC tournament titles during their first 29 years in the league. Southeast also won seven Women's All-Sports trophies in that span.

Southeast Missouri joined the growing Under Armour roster of NCAA partners that includes the University of California, Los Angeles, University of California, Berkeley, University of Wisconsin, University of Notre Dame, Naval Academy Athletic

Association, University of Maryland, Texas Tech University, Northwestern University, University of Cincinnati, Boston College, University of Utah, University of South Carolina and Auburn University.

About Under Armour

Under Armour, Inc., headquartered in Baltimore, Maryland is a leading innovator, marketer and distributor of branded performance athletic apparel, footwear and accessories. Designed to make all athletes better, the brand's innovative products are sold worldwide to consumers with active lifestyles. The company's Connected Fitness™ platform powers the world's largest digitally connected health and fitness community.





ARMOUR



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REDHAWK GYMNASTICS



Dr. Carlos Vargas became the 18th president of Southeast Missouri State University July 1, 2015, after having served as acting president at Kutztown University of Pennsylvania.

Since becoming president, Dr. Vargas has launched initiatives to marshal the resources, leverage opportunities and address a variety of challenges and needs of Southeast Missouri State University. He has set as primary goals for the institution the support for student persistence and retention.

He has encouraged and supported the identification and development of innovative academic programs, including bachelor's degrees in Unmanned Aircraft Systems, Geographic Information Science, and industrial and systems engineering. He

has continued to support the globalization of the campus through expansion of study-abroad experiences, extensive engagement of international students, and encouragement of students on campus and abroad to explore cultural interaction. He has championed the work of the President's Task Force on Diversity Education and continued emphasizing the expectations for enhancement of the teacher-scholar model. Under President Vargas' leadership, regional partnerships and collaborations have been solidified, including several joint initiatives with Three Rivers, Mineral Area and other community colleges.

Prior to assuming the presidency at Southeast, Dr. Vargas served one year as acting president of Kutztown University, where he also

served as the provost and vice president for academic and student affairs.

Prior to his tenure at Kutztown, Dr. Vargas was at Central State University in Wilberforce, Ohio, where he served as provost and vice president for academic affairs. He previously served in several roles at Kent State University (Ohio) for a total of 18 years, including founding director of the program on electron beam technology. He was also Kent's associate dean for research, interim assistant dean for research and interim assistant dean for the School of Technology. He started his tenure at Kent State in 1985 as a professor, and continued to teach until his departure from the university in 2003.

Dr. Vargas began his career in higher education at the National Autonomous University of Mexico (UNAM),

from which he received a Bachelor of Science in physics.

He earned his Ph.D. in physics and aerospace science from the University of Michigan and he has Master of Science degrees from Michigan in both physics and aerospace science. He is married to Pam Vargas, who currently serves as director of Research and Grant Development at Southeast. They have a son, a daughter, and two granddaughters.





Southeast Missouri State Board of Regents



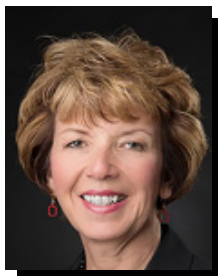
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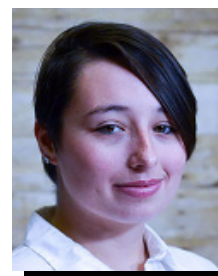
Tina L. Klocke



Lloyd F. Smith



Vivek Malik



Lauren Kohn
Student Representative



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**BRADY BARKE**

Director of Athletics



Brady Barke is in his fifth year as Southeast Missouri's Director of Athletics.

Barke served as the Interim Director of Athletics since July, 2015, before being named to the permanent position of Director of Athletics on June 7, 2016.

During the 2019-20 season, the Redhawks were on pace to have one of their best campaigns in the school's athletics history. SEMO won four Ohio Valley Conference titles with women's soccer and football claiming regular-season crowns and women's volleyball and basketball securing OVC Tournament championships. The Redhawks also recorded a school record 44 conference victories between the fall and winter sports.

At the time the 2019-20 season ended due to the COVID-19 pandemic, SEMO was

first in the OVC Commissioner's Cup race with 80.75 points.

Academically, SEMO's athletic teams were again strong in the classroom.

Student-athletes overcame an enormous amount of adversity and disruption to close out the 2019-20 academic year with a Department of Athletics record 3.53 spring grade point average.

That mark was the highest GPA of any semester for the Redhawks who had a total of 12 teams achieve a 3.21 or higher GPA in the spring term alone.

Also, five different programs, including gymnastics (3.82), women's soccer (3.78), women's basketball (3.42), men's basketball (3.26) and football (2.94) registered their highest semester GPAs ever.

The upcoming 2020-21 campaign marks SEMO's third year with Under Armour. Barke reached a multi-year agreement with the Baltimore-

based global leader in performance footwear, apparel and equipment that made Under Armour the official outfitter of SEMO Athletics on July 1, 2018.

As part of the multi-year agreement, Under Armour provides on-field and training gear for 15 sports. Additionally, Under Armour outfits members of the athletic department including coaches and staff.

Barke also secured bids to host SEMO's first home football playoff games. Additionally, he helped the University reach a collaborative partnership with SoutheastHEALTH. Under the agreement, SoutheastHEALTH orthopedic and sports medicine physicians provide orthopedic, primary medical care, athletic training and physical therapy services, and invest in the University by providing diagnostic equipment and athletic training supplies, as well as scholarships

for students.

Most recently, new state-of-the-art Formetco digital video scoreboards were installed at both Houck Field and the Southeast Softball Complex under Barke's leadership.

A brand new 4,000-square foot baseball training facility was completed prior to the 2020 season. The \$400,000 indoor facility can fit up to four batting cages. There are portable pitching mounds as well as HitTrax and Rapsodo technology that helps improve overall player performance.

Barke hired Brad Korn as the Redhawks head men's basketball coach on Mar. 24, 2020, while navigating through the unprecedented times during the COVID-19 pandemic. Korn was the third head coach Barke hired during his tenure as Director of Athletics.

During his first year in 2016-17, Barke introduced Andy Sawyers as the Redhawks





head baseball coach and worked tirelessly on two major renovation projects.

Nearly a month after Sawyers was hired, Southeast Missouri State and the City of Cape Girardeau officially broke ground on Capaha Field. New synthetic turf, new fencing and a digital scoreboard in the outfield were added as part of the \$1.8 million project that was completed before SEMO's season-opener.

Gymnastics Coach Ashley Lawson was Barke's other hire. Lawson orchestrated a huge turnaround for SEMO women's gymnastics during her first seasons as head coach.

On Feb. 3, 2017, SEMO formally dedicated Holcomb Success Center. To honor the long-time service and philanthropy of Dr. John and Judy Holcomb, the University named the facility the Holcomb Success Center located in the Student Recreation Center-South. Indoor turf, weights, equipment and lifting platforms were added as part of the renovation at a cost of \$500,000. The facility now has more space and equipment to handle SEMO's larger teams or multiple teams training at the same time. Barke helped secure the Holcombs gift, the largest single cash gift in SEMO Athletics history. Major improvements were also made to the second floor of the building where athletic academic services are housed. This space provides student-athletes with places to study and features a computer lab with 30 work terminals and rooms for group meetings. Staff members assist student-athletes with life skills development, academic advising and academic progress toward degree requirements and NCAA eligibility.

Additional renovations have been made to the nutrition area that serves as a fueling station for SEMO student-athletes at the Holcomb Success Center.

Fundraising has steadily increased under Barke's direction.

The 2018-19 campaign marked the fifth consecutive year of growth for the Redhawks Club general fund. It is the highest level of giving to the Redhawks Club general fund since 2003-04.

Barke also worked with donors to establish two new endowed scholarships for student-athletes and raised over \$60,000 to support the SEMO football program and summer school scholarships.

More than \$250,000 in pledges for the Redhawks Club unrestricted booster fund has been raised with Barke as Director of Athletics. Over \$200,000 was raised in Sponsorship & Marketing contracts each of the last two years. The 2019-20 season was the sixth-consecutive year of Sponsorship and Marketing revenues.

Barke has worked hard to enhance Redhawks branding around the community. Redhawk banners, S-E! M-O! billboards, Welcome to Redhawk Country and Your Redhawks yard signs are prominently displayed all over Cape Girardeau.

On July 1, 2020, SEMO unveiled refreshed spirit marks, including a new primary logo, wordmark and variations for its 15 athletic programs. The new brand identity will allow SEMO's athletic teams to display consistent logos, lettering and numerals, and is independent of the existing University marks.

Barke created the Redhawks Trivia Night & Auction, a sold out event that generated over \$40,000 in net revenue

its first year. In addition, he launched the Redhawks BRIDGE program which provides student-athletes with both leadership and life skills experiences through interactive programming that will prepare them to be successful in life after athletics.

Barke served as Interim Associate Director of Athletics for Compliance & Student Support Services before being named the Senior Associate to the President and Secretary to the Southeast Missouri State University Board of Regents in 2013.

He began his tenure at Southeast in 2008 as Assistant Director of Athletics for Compliance & Eligibility. Barke previously served as a governance intern with the NCAA national headquarters in Indianapolis, and as a law clerk with the Southern Illinois University-Carbondale Department of Athletics Compliance Office.

Barke has served as a member of the National Association of Athletics Compliance (NAAC), chaired the NAAC Education Committee, and was a member of the NAAC Board of Directors. He has facilitated the NCAA Regional Leadership Academy, and served on both the NCAA Sports Wagering Task Force and the Olympic Sports Liaison Committee.

Barke has a juris doctorate degree from Southern Illinois University School of Law, an MBA from Southeast Missouri State University, and a bachelor of science degree in biology from Webster University. While a student at Webster, Barke was a member of both the basketball and golf teams and was inducted into the Webster Athletics Hall of Fame.

He and his wife, Halley, are parents of three children, Mabrie, Jackson, and Kolbe.

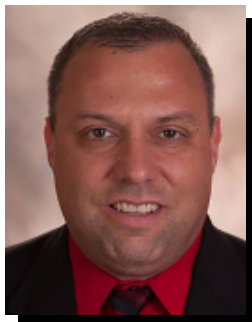




REDHAWK GYMNASTICS



Nate Saverino
Associate Director of Athletics
External Affairs



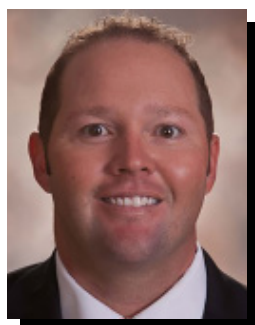
Jeff Honza
Assistant Director of Athletics
for Strategic Communications



Phillip Lady
Assistant Director of Athletics
Marketing & Engagement



Adam Criblez
Faculty Athletics Representative



Kent Phillips
Coordinator of Facilities &
Event Management



TJ Bartels
Ticket Office Manager



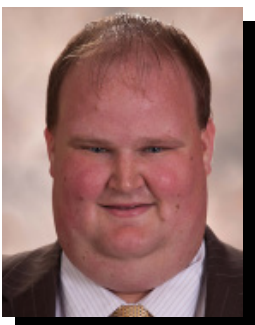
Betsy Wilcox
Coordinator of Student-Athlete
Development



Brooke Hengst
Coordinator of Student-Athlete
Development



Jeremiah Streeter
Coordinator of Student-Athlete
Development



Ben Fox
Co-Head Athletic Trainer



Amanda Martin
Co-Head Athletic Trainer



Kristin Jones
Assistant Athletic Trainer



Nathan Harrison
Assistant Athletic Trainer



Mike Patke
Assistant Athletic Trainer



Eric Mueller
Strategic Communications
Assistant Director



Barb Kinsey
Administrative Assistant



Charles Saulberry
Athletics Administration
Graduate Assistant

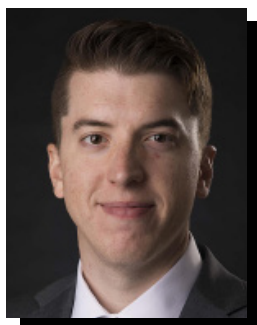


Tony Brutofsky
Strength & Conditioning



Brian Robbett
Strength & Conditioning





Charlie Balcom
Coordinator of Digital Media



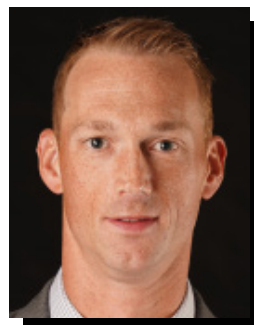
Andy Sawyers
Head Baseball Coach



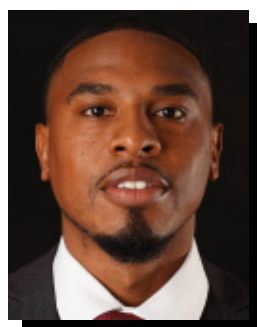
Matthew Kinney
Assistant Baseball Coach



Michael Cavazos
Volunteer Coach
Baseball



Brad Korn
Head Men's Basketball
Coach



Keith Pickens
Assistant Men's Basketball Coach



Dustin Yoder
Assistant Men's Basketball Coach



Sam McMahon
Assistant Men's Basketball Coach



Aaron Proctor
Director of Men's Basketball
Operations



Rekha Patterson
Head Women's
Basketball Coach



Mike Geary
Associate Head Women's
Basketball Coach



Chanté Crutchfield
Assistant Women's
Basketball Coach



Sakellie Daniels
Assistant Women's
Basketball Coach



Courtney Smith
Director of Women's Basketball
Operations



Ashley Lawson
Head Women's
Gymnastics Coach



Andavea Alexander
Assistant Women's
Gymnastics Coach



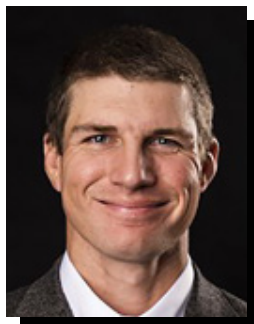
Heather Nelson
Head Women's Soccer Coach



Paul Nelson
Associate Head Women's
Soccer Coach



Kindra Lierz
Graduate Assistant
Women's Soccer



Brian Davidson
Volunteer Coach
Women's Soccer

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014





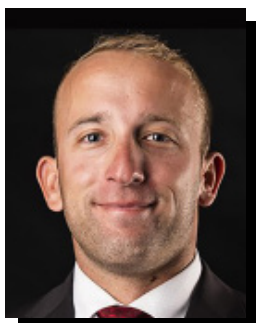
REDHAWK GYMNASTICS



Mark Redburn
Head Softball Coach



Kristen Jones
Assistant Softball Coach



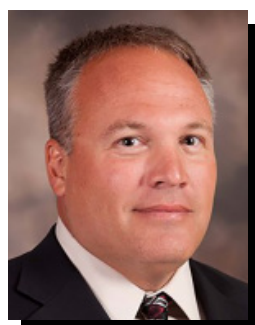
Matthew Guemmer
Assistant Softball Coach



Mary Beth Gunn
Head Women's Tennis Coach



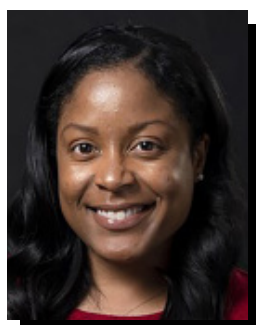
Phoebe Boeschen
Graduate Assistant
Women's Tennis



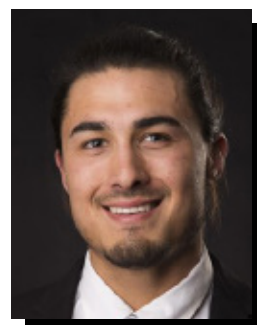
Eric Crumpecker
Head Track & Field Coach



Ryan Lane
Cross Country Coach
Assistant Track & Field Coach



Danielle Burbage
Assistant Track & Field Coach



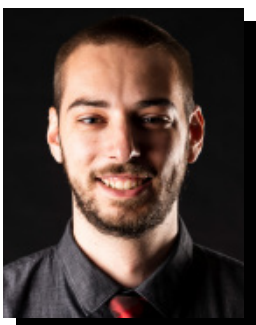
Chris Navarro
Assistant Track & Field Coach



Julie Yankus
Head Women's
Volleyball Coach



Loni Kreun
Assistant Women's
Volleyball Coach



Matt Stolz
Assistant Women's
Volleyball Coach



Leslie Brooks
Graduate Assistant
Compliance



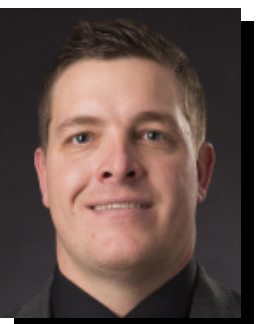
Trevor Ezell
Assistant Baseball Coach



Tom Matukewicz
Head Football Coach



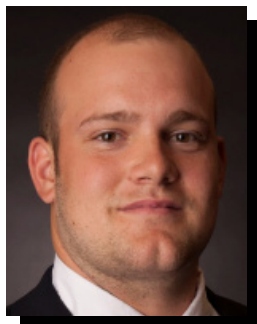
Bryce Saia
Assistant Football Coach



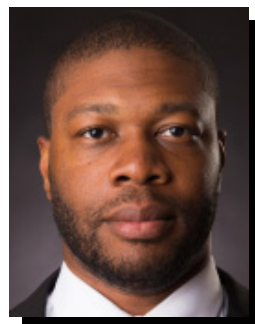
Jeremy McDowell
Assistant Football Coach



Matt Martin
Assistant Football Coach



Tyler French
Assistant Football Coach



Ray Smith
Assistant Football Coach





Justin Drudik
Assistant Football Coach



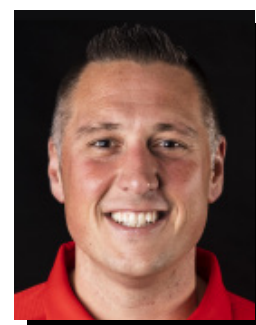
Jerone Williams
Assistant Football Coach



Jason Onyebugu
Assistant Football Coach



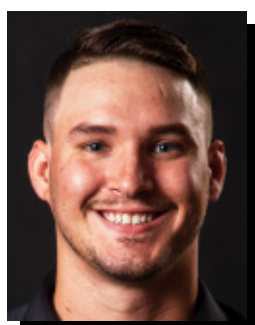
Andre Crenshaw
Assistant Football Coach



Justin Kramer
Assistant Football Coach



Brett Blackman
Football Director of Operations
& Equipment



Wyatt Compton
Assistant Football Coach



Luke Berblinger
Assistant Football Coach



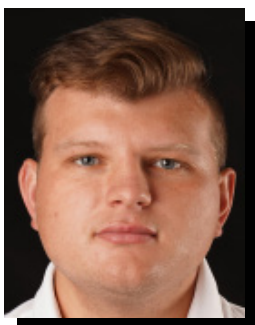
Lucas Orchard
Graduate Assistant
Football



Dr. Nicholas Kenney
Band Director



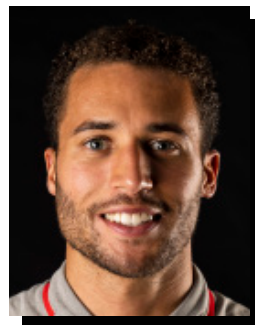
Lindsey Bates
Academic Mentor
Academic Services



Kyle Kasten
Graduate Assistant
Facilities & Event Management



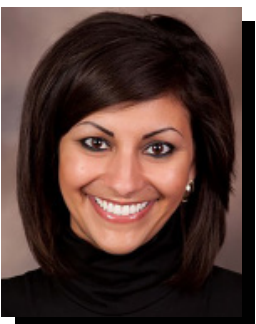
Sawyer Becherer
Graduate Assistant
Marketing & Promotions



Corey Fatony
Graduate Assistant
Strength & Conditioning



Brie Johnson
Graduate Assistant
Strength & Conditioning



Tatianna Parham
Sundancer Coach



Denisha Gardener
Graduate Assistant
Women's Basketball



Collin Jasper
Graduate Assistant
Men's Basketball



Billy Hoskins
Cheerleading Coach

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Southeast Missouri State University Athletics Mission

Southeast Missouri State University Athletics is committed to enhancing the University's educational mission by supporting student-athletes in their academic, athletic and personal development.

Our Vision

To be the premier athletics department within the Ohio Valley Conference, excelling academically and athletically, while preparing our student-athletes for life after sport.

Our Commitment to Diversity and Cultural Competence

Southeast Missouri State University Athletics strives to create an environment that fosters collaboration and facilitates an open exchange of the unique perspectives that each individual brings. These experiences will enrich the learning environment and better prepare our coaches, staff and student-athletes to make thoughtful contributions in our diverse society. Southeast Missouri State University prohibits all forms of discrimination on the basis of race, color, ethnicity, religion, national origin, sex, sexual orientation, gender identity, age, genetic information, disability, or protected veteran status. The Department of Athletics is dedicated to this guiding principle and is committed to attracting and retaining coaches and staff who reflect the diversity of our student-athlete population.





2021



SEASON PREVIEW



SEASON PREVIEW

SEASON OUTLOOK

Southeast Missouri women's gymnastics soared to epic heights in its historic and highly successful, albeit shortened 2020 season due to the COVID-19 pandemic.

After going winless in competition in 2019, SEMO registered 10 wins and went on a five-competition win streak from Jan. 31 to March 1. The 2020 Redhawks compiled a Team NQS (national qualifying score) of 193.780 for third overall in the Midwest Independent Conference. SEMO also notched a team score of 193.000 or higher in each of their final five meets to conclude the season including a 195.800, the second-highest team score in school history.

2020 may have left a bitter taste for the Redhawks but it also has fueled the fire to continue on the course they have blazed ahead.

"The momentum that last year's success brings to the team this year is that these ladies "are good" and can defy the odds stacked against them," head coach Ashley Lawson said. "This year's expectations are to continue our upward trajectory and pick up where we left off. We still had a lot to prove and weren't able to do so in 2020. I believe we have the right athletes in place to take this

team to new heights, and the ladies are hungry to prove to the nation who SEMO Gymnastics is. We will rely on the returners for their energy and motivation and look to the freshman to mesh right in and increase our depth and difficulty on each event."

Lawson added that one of the team's core values is agape, meaning the highest form of love.

"Our goal for the year is to continue to push each other day in and day out, by selflessly giving 110 percent in and out of the gym," she said. "Agape means to love ourselves, each other, and each moment we are in the gym as well as practicing and competing. With so much uncertainty after last year and living in a global pandemic, we have learned to not take our days together for granted."

The Redhawks return 14 gymnasts from that team including 2020 MIC Gymnast of the Year Anna Kaziska. Besides Kaziska, the team also features seniors Gabrielle Adams, Lindsey Bates, Alana Fischer and Michael Sanders, juniors Ashley Albrecht and Makenzie Marciniak along with sophomores Dahlia Solorzano-Caruso, Jordan Jones, Mallory Desch, Molly Maxwell, Jolie Miller Taylor Fishkin and Lindsey Moffitt.

"To say we are excited about this year's team is an

understatement," Lawson said of the 2021 team makeup. "Returning so many routines and adding in strong additions, is only going to help in the strength of our lineups. We will look for the consistency and experience of our returners to help calm the freshman. Add in Ashley's [Albrecht] experience with the successful UIC [Illinois-Chicago], and we have a team with heart and grit to do big things."

The 2021 roster also features four freshmen in Lydia Test, Lydia Webb, Sophia Studdard and Anna Speller.

"We are excited to see our freshman class compete this year," Lawson said of the quartet. "Since coming to SEMO, they have jumped right into practices with enthusiasm and Redhawks pride. They have been pushing themselves to fit in with the upperclassman and they help fuel our lineups. Each freshman brings in an additional piece to our puzzle and we are looking forward to seeing them in all four lineups this season."

LINEUPS

With the exception of vault and floor specialist Mackenzie Slee who graduated this past fall, SEMO returns more or less every lineup from 2020.

"This year's stability and depth is going to be instrumental in our growth and success," Lawson said. "We have depth on each event, which allows for hard work every day in the gym, and in return, we get better gymnastics. We can rest athletes if their bodies need it, and we can grow in our trust and consistency with our returners."

The Redhawks will once again rely heavily on all-arounders Kaziska and Solorzano-Caruso who both earned All-MIC and USA Gymnastics First-Team All-American honors last season.

"Having Dahlia and Anna in the lineup together is a dynamic duo," Lawson said of the pair. "They both set each other up nicely in the lineups and build off each other's success. This year we will add Ashley [Albrecht] to the mix of a potential all-arounder also, and will have a very strong 1-2-3."

Lawson added that 2020 All-MIC gymnast Jordan Jones and freshman Lydia Webb also have the ability to compete in all four events and could be utilized in the all-around competition in 2021.



SEASON OUTLOOK

SEASON PREVIEW



VAULT

The Redhawks averaged a vault mark of 48.150 during the 2020 season and set a new program-best on the event with a 49.075 at the Tennessee Collegiate Classic.

"This year we are excited that we can put up a vault lineup with all 9.95 start values," Lawson said of the opening event at home meets. "This will help increase our ability to score higher. We have many athletes that will be vying for a lineup spot each week."

Besides Albrecht and Desch, every Redhawk athlete completes a Yurchenko Layout Full on the event. Albrecht will compete a Yurchenko Layout Half and Desch has a half on, front tuck off for the discipline.

BAR

Bars was one of SEMO's weaker events last season, averaging a 47.982. With that said, the Redhawks registered their third highest bars mark (49.050) in school history in 2020 and return specialists Lindsey Bates, Jordan Jones and Jolie Miller who each won individual bars titles during the campaign.

"This event has always been our nemesis, but this year we spent a lot of time working on parts of the routine and getting comfortable with catching big release moves," Lawson said of the event.

"All of our bar workers have a major release move and a 10.0 start value. The depth on this event will help motivate our athletes toward consistency and trust on their releases. The crowd always loves Jolie's [Miller] high flying bars routine, and she has been consistently putting in the extra work to focus on the details this year."

BEAM

Beam was SEMO's second-best event during the 2020 season. The Redhawks averaged a 48.160 and this lineup returns three All-MIC athletes from 2020 in Jones, Anna Kaziska and Dahlia Solorzano-Caruso.

"Beam has the most depth of any event for our program," Lawson said. "It's one that everyone trains and it's anyone's spot in lineup as we go through season. Last season, our lineup was carried by mostly newcomers. In 2021, we are going to see a more experienced lineup as all of last year's beam competitors returned. Overall, it will be exciting this season to see the spike in confidence right from the start of the season."

FLOOR

Floor, the final rotation at SEMO home events, was the team's strongest event last season. The Redhawks averaged a mark of 48.350 in 2020.

"We have some really unique and fun floor routines again this year, all choreographed by [assistant coach] Andavea [Alexander]," Lawson said. "Some are dramatic, others are fun and will have people tapping their feet. It's truly a great mix of routines and each one fits the athlete perfectly. Our lineup will include all 10.0 start values and features fun and interesting passes. Look for freshman Lydia Webb to showcase all her twisting passes to go along with the music she chose, which was her acrobatic music when she went to Worlds!"





SEASON PREVIEW

ROSTER



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Name	Ht.	Class	Hometown	Club	Major
Gabrielle Adams	5-1	Sr.	Mesa, Ariz.	Gold Medal Gymnastics	Chemistry: Biochemistry
Ashley Albrecht	5-5	R-Jr.	Everett, Wash.	Leading Edge Gymnastics Academy (LEGA)	Health Management: Exercise Science
Lindsey Bates	5-6	Sr.	Oviedo, Fla.	Brandy Johnson's Global Gymnastics	General Health Sciences
Mallory Desch	5-4	So.	Lenexa, Kan.	Great American Gymnastics Express (GAGE)	Finance
Alana Fischer	5-0	Sr.	Ontario, Canada	Manjak's Gymnastics	Communication Disorders
Taylor Fishkin	5-2	So.	Manlius, N.Y.	CNY Gym Centre	Biology: Pre-Physician Assistant
Jordan Jones	5-5	So.	Buford, Ga.	Georgia Gymnastics Academy	Biology: Biomedical Sciences
Anna Kaziska	5-0	Jr.	Louisville, Ky.	Champions Gymnastics	Medical Laboratory Sciences
Makenzie Marciniak	5-4	Jr.	Nixa, Mo.	Missouri Valley Gymnastics	Health Management: Exercise Science
Molly Maxwell	5-2	So.	Milton, Wis.	Madtown Twisters	Human Environmental Studies: Dietetics
Jolie Miller	5-6	So.	Aurora, Colo.	Adrenaline Gymnastics Academy	Pre-Physical Therapy/Occupational Therapy
Lindsey Moffitt	5-2	So.	Ferris, Texas	Texas Dreams Gymnastics	Corporate Communication
Michael Sanders	5-0	Sr.	St. Simons Island, Ga.	Starlight Gymnastics	Biology: Biomedical Sciences
Dahlia Solorzano-Caruso	4-11	So.	Ontario, Canada	Galaxy Gymnastics	Interior Design
Anna Speller	4-11	Fr.	St. Louis, Mo.	Team Central Gymnastics Academy	Relational Communication
Sophia Studdard	5-2	Fr.	Blue Springs, Mo.	Fuzion Gymnastics	Business Administration
Lydia Test	5-4	Fr.	Plano, Texas	Infinite Bounds Gymnastics	Sport Management
Lydia Webb	5-4	Fr.	Wylie, Texas	World Olympic Gymnastics Academy	Criminal Justice

Coaching Staff

Head Coach:

Ashley Lawson (Third Season | Southeast Missouri, 2005)

Assistant Coach:

Andavea Alexander (Second Season | Lindenwood, 2019)



TV/RADIO ROSTER

SEASON PREVIEW



**GABRIELLE
ADAMS**

5-1 • Senior
Mesa, Ariz.



**ASHLEY
ALBRECHT**

5-5 • Redshirt Junior
Everett, Wash.



**LINDSEY
BATES**

5-6 • Senior
Oviedo, Fla.



**MALLORY
DESCH**

5-4 • Sophomore
Lenexa, Kan.



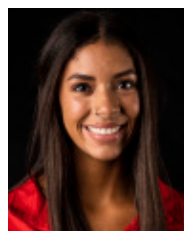
**ALANA
FISCHER**

5-0 • Senior
Georgetown,
Ontario, Canada



**TAYLOR
FISHKIN**

5-2 • Sophomore
Manlius, N.Y.



**JORDAN
JONES**

5-5 • Sophomore
Buford, Ga.



**ANNA
KAZISKA**

5-0 • Junior
Louisville, Ky.



**MAKENZIE
MARCINIAK**

5-4 • Junior
Nixa, Mo.



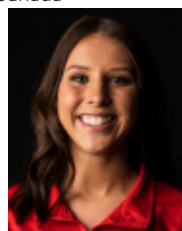
**MOLLY
MAXWELL**

5-2 • Sophomore
Milton, Wis.



**JOLIE
MILLER**

5-6 • Sophomore
Aurora, Colo.



**LINDSEY
MOFFITT**

5-2 • Sophomore
Ferris, Texas



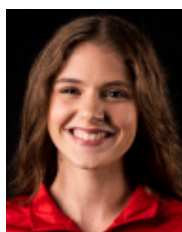
**MICHAEL
SANDERS**

5-0 • Senior
St. Simons Island, Ga.



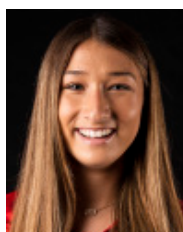
**DAHLIA
SOLORZANO-
CARUSO**

4-11 • Sophomore
Courtice, Ontario,
Canada



**ANNA
SPELLER**

4-11 • Freshman
St. Louis, Mo.



**SOPHIA
STUDDARD**

5-2 • Freshman
Blue Springs, Mo.



**LYDIA
TEST**

5-4 • Freshman
Plano, Texas



**LYDIA
WEBB**

5-4 • Freshman
Wylie, Texas



**ASHLEY
LAWSON**

Head Coach
Third Season



**ANDAVEA
ALEXANDER**

Assistant Coach
Second Season

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SEASON PREVIEW

CLASS PHOTOS

SENIORS



L-R: Michael Sanders, Alana Fischer, Gabrielle Adams, and Lindsey Bates

JUNIORS



L-R: Ashley Albrecht, Anna Kaziska, and Makenzie Marciniak

SOPHOMORES



L-R: Lindsey Moffitt, Jolie Miller, Taylor Fishkin, Heidi Vanderboom, Molly Maxwell, Mallory Desch, Dahlia Solorzano-Caruso and Jordan Jones

FRESHMEN



L-R: Anna Speller, Sophia Studdard, Lydia Test and Lydia Webb





/ 2021 ROSTER

Name	Ht.	Class	Hometown / High School / Previous School
Gabrielle Adams	5-1	Sr.	Mesa, Ariz. / Red Mountain HS
Ashley Albrecht	5-5	R-Jr.	Everett, Wash. / Cascade HS / Illinois-Chicago
Lindsey Bates	5-6	Sr.	Oviedo, Fla. / Hagerty HS
Mallory Desch	5-4	So.	Lenexa, Kan. / Saint Thomas Aquinas HS
Alana Fischer	5-0	Sr.	Georgetown, Ontario, Canada / Silverthorn Collegiate Institute
Taylor Fishkin	5-2	So.	Manlius, N.Y. / Fayetteville-Manlius HS
Jordan Jones	5-5	So.	Buford, Ga. / Mill Creek HS
Anna Kaziska	5-0	Jr.	Louisville, Ky. / Fern Creek HS
Makenzie Marciniak	5-4	Jr.	Nixa, Mo. / Homeschooled
Molly Maxwell	5-2	So.	Milton, Wis. / Milton HS
Jolie Miller	5-6	So.	Aurora, Colo. / Cherokee Trail HS
Lindsey Moffitt	5-2	So.	Ferris, Texas / Laurel Springs School Online
Michael Sanders	5-0	Sr.	St. Simons Island, Ga. / Glynn Academy
Dahlia Solorzano-Caruso	4-11	So.	Courtice, Ontario, Canada / Holy Trinity Catholic Secondary
Anna Speller	4-11	Fr.	St. Louis, Mo. / Mary Institute & Saint Louis Country Day School
Sophia Studdard	5-2	Fr.	Blue Springs, Mo. / Blue Springs South HS
Lydia Test	5-4	Fr.	Plano, Texas / Hebron HS
Lydia Webb	5-4	Fr.	Wylie, Texas / Wylie HS

Name	Ht.	Class	Club
Gabrielle Adams	5-1	Sr.	Gold Medal Gymnastics
Ashley Albrecht	5-5	R-Jr.	Leading Edge Gymnastics Academy (LEGA)
Lindsey Bates	5-6	Sr.	Brandy Johnson's Global Gymnastics
Mallory Desch	5-4	So.	Great American Gymnastics Express (GAGE)
Alana Fischer	5-0	Sr.	Manjak's Gymnastics
Taylor Fishkin	5-2	So.	CNY Gym Centre
Jordan Jones	5-5	So.	Georgia Gymnastics Academy
Anna Kaziska	5-0	Jr.	Champions Gymnastics
Makenzie Marciniak	5-4	Jr.	Missouri Valley Gymnastics
Molly Maxwell	5-2	So.	Madtown Twisters
Jolie Miller	5-6	So.	Adrenaline Gymnastics Academy
Lindsey Moffitt	5-2	So.	Texas Dreams Gymnastics
Michael Sanders	5-0	Sr.	Starlight Gymnastics
Dahlia Solorzano-Caruso	4-11	So.	Galaxy Gymnastics
Anna Speller	4-11	Fr.	Team Central Gymnastics Academy
Sophia Studdard	5-2	Fr.	Fuzion Gymnastics
Lydia Test	5-4	Fr.	Infinite Bounds Gymnastics
Lydia Webb	5-4	Fr.	World Olympic Gymnastics Academy (WOGA)

Head Coach:

Ashley Lawson (Third Season | Southeast Missouri, 2005)

Assistant Coach:

Andavea Alexander (Second Season | Lindenwood, 2019)

PRONUNCIATION GUIDE

Ashley Albrecht.....ALL-BREK
 Alana Fischer.....Atlanta without the T
 Anna Kaziska.....Ka-zis-ka
 Makenzie Marciniak.....Mar-Sin-EAK
 Dahlia Solorzano-Caruso.....dal-ya
 So-LOR-Zano Caruso

ROSTER BREAKDOWN

Total Squad Members.....18
 Seniors.....4
 Juniors.....3
 Sophomores.....7
 Freshman.....4
 Returners.....14
 Newcomers.....4

BREAKDOWN BY STATE

Arizona.....1
 Colorado.....1
 Florida.....1
 Georgia.....2
 Kansas.....1
 Kentucky.....1
 Missouri.....3
 New York.....1
 Texas.....3
 Washington.....1
 Wisconsin.....1
 International
 Canada.....2

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014





SEASON PREVIEW

SCHEDULE

/ 2021 SCHEDULE

Date	Day	Opponent	Time	Location
Jan. 16	Saturday	at Texas Woman's* vs. Lindenwood*	6 p.m.	Denton, Texas
Jan. 22	Friday	at <i>Tennessee Collegiate Classic</i> vs. Northern Illinois vs. Centenary* vs. Lindenwood*	7 p.m.	Lebanon, Tenn.
Jan. 24	Sunday	Illinois State*	1 p.m.	Cape Girardeau, Mo.
Jan. 29	Friday	Texas Woman's*	6:30 p.m.	Cape Girardeau, Mo.
Feb. 6	Saturday	at Illinois State*	2 p.m.	Normal, Ill.
Feb. 12	Friday	at <i>GymQuarters Mardi Gras Invitational</i> vs. Lindenwood* vs. Illinois State* vs. Air Force vs. Ball State vs. Eastern Michigan	6 p.m.	St. Charles, Mo. The Family Arena
Feb. 19	Friday	at Lindenwood*	6 p.m.	St. Charles, Mo.
Feb. 26	Friday	Centenary* Illinois State*	6:30 p.m.	Cape Girardeau, Mo. Show Me Center
March 12	Friday	Lindenwood*	6:30 p.m.	Cape Girardeau, Mo.
March 19	Friday	MIC Championships	7 p.m.	Normal, Ill.
April 2	Friday	NCAA Regional Championships	TBA	TBD
April 9-11	(Fri.-Sun.)	USAG Collegiate National Championships	TBA	Cape Girardeau, Mo. Show Me Center
April 16	Friday	NCAA National Championships	TBA	TBD

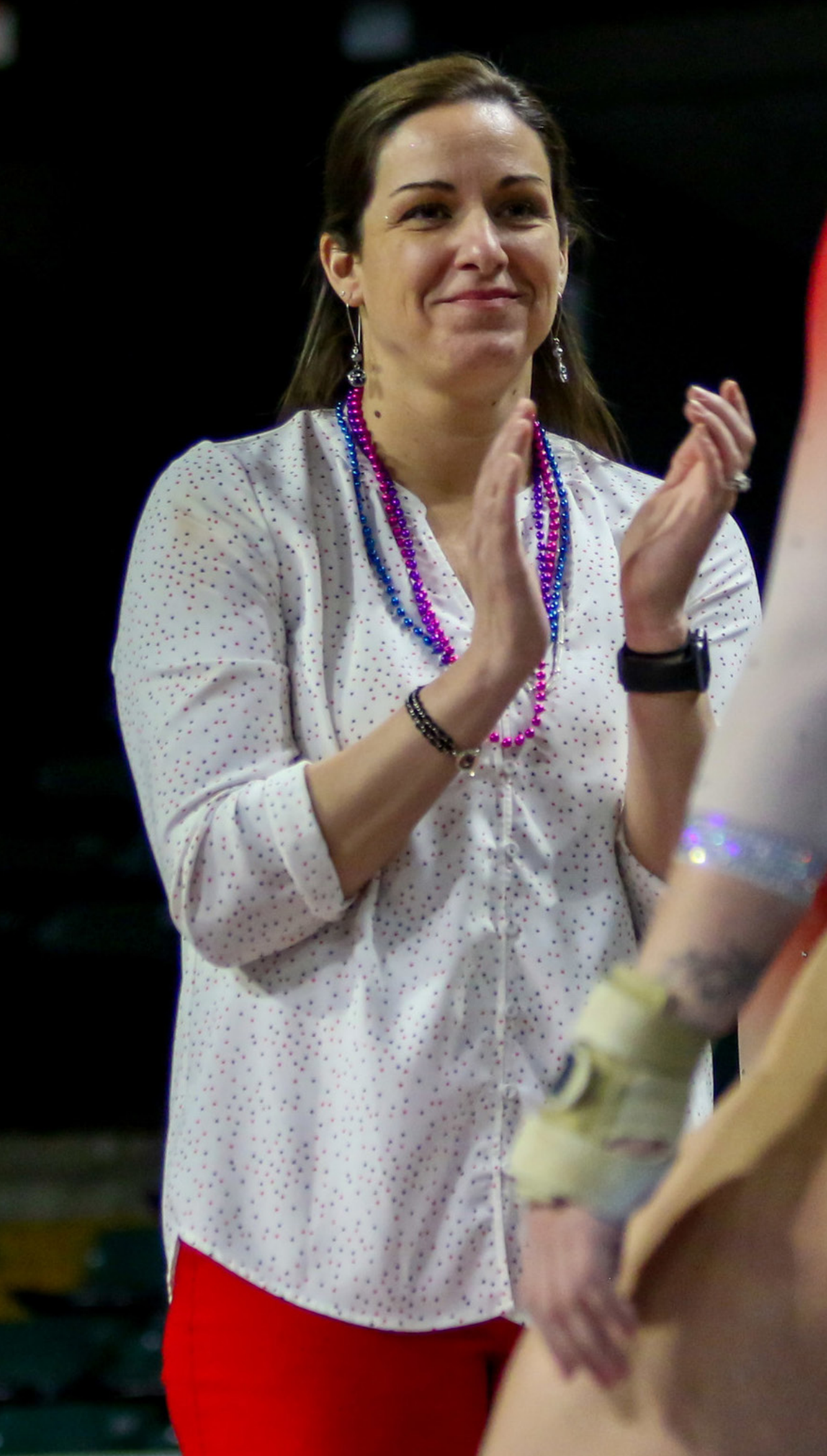
Home Meets in **Bold**/Held at Houck Field House unless stated otherwise.

* Denotes Midwest Independent Conference Meet.

All times central and subject to change.

Top team listed for away meets is host team.





2021



COACHES



COACHES

ASHLEY LAWSON



ASHLEY LAWSON

HEAD COACH

THIRD YEAR // SOUTHEAST MISSOURI STATE, 2005

The 2021 season marks Ashley Lawson's third year as Head Coach of the Southeast Missouri Women's Gymnastics Team. Lawson coaches the vault and floor teams.

Lawson engineered an epic turnaround in her second season at the helm of Southeast which earned her three individual postseason awards.

She was named the 2020 Women's Collegiate Gymnastics Association Region 4 Coach of the Year, USA Gymnastics Ken Anderson Coach of the Year and Midwest Independent Conference Head Coach of the Year.

Lawson was also inducted into the Southeast Missouri Athletics Hall of Fame on

Feb. 7, 2020 at the Show Me Center for her athletics career at SEMO after the 2020 Redhawks overcame Lindenwood, 193.925-193.600.

Lawson prided herself on changing the culture and stressing the importance of The Team in her first year.

In her second season, she aimed to put SEMO back on the women's gymnastics map with the hashtag #weBAC (Being as One, Adjust and Adapt, Confidence is Key).

After going winless in competition in 2019, SEMO registered 10 wins and went on a five-competition win streak from Jan. 31 to March 1.

The 2020 Redhawks compiled a Team NQS score of 193.780 for third in the MIC. Southeast also registered

a team score of 193.000 or higher in each of their final five meets to conclude the season.

Lawson coached the Redhawks to a 195.800, their second-highest team score in school history on Feb. 28 against Northern Illinois at the Tennessee Collegiate Classic. The mark was the highest for a USA Gymnastics school (Division I, II and III programs with less than seven-and-a-half full scholarships) in 2020.

SEMO also posted season highs on vault (49.075), bars (49.050) and beam (48.775) in addition to the team score during the historic meet. The vault mark ranks first in SEMO program history and surpassed the record set against Seattle Pacific in 1995

(2/18, 49.000). The bars score is the third highest in the Redhawks record books and the beam score ties for 11th overall in the record books.

Southeast also posted a season-high floor mark of 49.025 at home against Illinois State which ranks 11th in SEMO program history.

In 2020, Lawson coached three All-MIC gymnasts, two USA Gymnastics First-Team All-Americans and a USAG Senior All-Star.

Dahlia Solorzano-Caruso, Anna Kaziska and Jordan Jones were each awarded All-MIC honors. Kaziska, the 2020 MIC Gymnast of the Year, and Dahlia Solorzano-Caruso both were named USAG First-Team All-Americans while Mackenzie Slee was selected to the inaugural USAG Senior





All-Star Team

Kaziska (three-time MIC Gymnast of the Week) and Solorzano-Caruso (two-time MIC Newcomer of the Week) also combined for five MIC Weekly awards.

Solorzano-Caruso etched her name in the Redhawks record books twice in 2020 with a career-best 9.900 on beam (t-5th) and a personal-best all-around mark of 39.350 (t-5th).

Five Redhawks also captured individual event titles this season including Kaziska, Solorzano-Caruso, Lindsey Bates and freshmen Jones and Jolie Miller.

In the classroom, a total of 18 Southeast gymnasts were named 2020 MIC Scholar-Athletes. Eight Redhawks were also listed as 2020 USAG

Scholar Athletes and 10 were named to the Ohio Valley Conference Commissioner's Honor Roll.

SEMO ranked 13th among the nation's top WCGA academic teams for the 2019-20 school year after accumulating a 3.76 GPA.

Seventeen of its student-athletes were named Academic All-Americans, good for fifth-most among the 74 women's gymnastics academic teams.

In 2019, Lawson coached freshman standout Anna Kaziska who was named MIC Newcomer of the Year and All-American (all-around, beam, floor and bars) after she was the runner-up on beam and floor at the 2019 USA Gymnastics Women's Collegiate National



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COACHES

ASHLEY LAWSON



Championships.

Kaziska also represented Southeast at the NCAA Baton Rouge Regional.

Lawson also helped four Redhawks qualify for the 2019 USA Gymnastics Women's Collegiate National Championships including All-Americans Mackenzie Slee, Gabrielle Adams and Kaziska. Slee was also crowned the MIC Vault Champion at the conference meet.

In the classroom, Southeast ranked 13th overall for team grade-point averages (GPAs) in the Women's Collegiate Gymnastics Association (WCGA) after they registered a 3.67 GPA during the spring and had a cumulative GPA of 3.65 for the 2018-19 academic year. Eleven members of the 2019 Redhawks team earned WCGA Scholastic All-America Awards.

Lawson was previously an assistant coach at Lindenwood University in

2018 and was named the MIC Assistant Coach of the Year.

There, she was the balance beam coach, helping lead the Lions to their fourth-straight Midwest Independent Conference title.

Lindenwood also finished second in the team finals of the 2018 USA Gymnastics Women's Collegiate National Championships.

She also served as a member of the Southeast Missouri women's gymnastics coaching staff during the 2009-10 season.

As an assistant coach at SEMO, Lawson was the head balance beam coach and helped three gymnasts qualify for the 2010 NCAA Regionals. Also, while acting as the head balance beam coach, Lawson turned Southeast's weakest event into its second-best event in just six months.

Prior to her time at Southeast, Lawson was a gymnastics coach for three

years at Suncoast Gymnastics Academy out of New Port Richey, Florida, and three years at Southern Starz Gymnastics out of Cape Coral, Florida.

Her time at Suncoast was spent coaching levels 5-9 on all events and teaching beginner gymnastics to children ages three to seven. At Southern Starz, Lawson coached levels 4-10 on all events as well as coordinated strength and conditioning exercises for the gymnasts.

From 2001-2004, Lawson competed on the Redhawks gymnastics squad at Southeast Missouri.

She holds the school record in four of the five individual event titles.

She holds the bars (9.925), beam (9.975), floor (10.000), and all-around (39.550) records. She is one of just three gymnasts in school history to record a perfect ten in an individual event.

Lawson was a MIC Champion four times in her career, winning the uneven bars in 2002 and the balance beam, floor exercise and all-around in 2003.

She was an NCAA Regional qualifier in the all-around each of her final three seasons at SEMO (2002, 2003, 2004). Lawson's highest NCAA Regional finish was an 11th-place showing in 2002.

During her time at Southeast Missouri as a gymnast, she earned the team's Most Valuable

Gymnast all four seasons, and was named the Southeast Missouri State University Female Athlete of the Year in 2004.

Lawson was inducted into the Southeast Missouri Athletics Hall of Fame on Feb. 7, 2020.

Lawson graduated from Southeast Missouri in 2005 with a Bachelor's degree in Exercise Science.

She and her husband, David, a former Southeast baseball player, have two sons, Chase and Bryce.





Born

• July 22 in Cape Coral, Florida

Family

- Daughter of Mike and Beth Godwin
- One brother: Chris Godwin
- Husband: David Lawson
- Children: Chase and Bryce

Education

- Bachelor's Degree in Exercise Science, Southeast Missouri State, 2005

The Ashley Lawson File

Coaching Career

Year	School	Position	Conf. Finish	USAG Finish
2009-10	Southeast Missouri	Assistant Coach	3rd	-
2018	Lindenwood	Assistant Coach	Champions	2nd
2019	Southeast Missouri	Head Coach	6th	-
2020	Southeast Missouri	Head Coach	3rd	-

Coaching Honors

- 2020 Women's Collegiate Gymnastics Association Region 4 Coach of the Year (SEMO)
- 2020 USA Gymnastics Ken Anderson Coach of the Year (SEMO)
- 2020 MIC Head Coach of the Year (SEMO)
- 2018 MIC Assistant Coach of the Year (Lindenwood with Jeffrey Langenstein)





COACHES

ANDAVEA ALEXANDER



ANDAVEA ALEXANDER

ASSISTANT COACH

SECOND YEAR // LINDENWOOD, 2019

The 2021 season marks the second for Andavea Alexander as a member of the Southeast Missouri Gymnastics coaching staff. Alexander served as the Volunteer Assistant in 2020 and was promoted to head coach Ashley Lawson's top assistant on Sept. 28, 2020. Alexander is the Redhawks bars and beam coach and choreographer.

In her first year on the coaching staff, Alexander helped SEMO compile 10 wins, including a five-competition win streak from Jan. 31 to March 1. The 2020 Redhawks compiled a Team NQS score of 193.780 for third in the MIC. Southeast also registered a team score of 193.000 or higher in each of their final five meets to

conclude the season.

As an assistant, Alexander coached the Redhawks to a 195.800, their second-highest team score in school history on Feb. 28 against Northern Illinois at the Tennessee Collegiate Classic.

The mark was the highest for a USA Gymnastics school (Division I, II and III programs with less than seven-and-a-half full scholarships) in 2020. SEMO also posted season highs on vault (49.075), bars (49.050) and beam (48.775) in addition to the team score during the historic meet. The vault mark ranks first in SEMO program history and surpassed the record set against Seattle Pacific in 1995 (2/18, 49.000). The bars score is the third highest in the Redhawks record books

and the beam score ties for 11th overall in the record books. Southeast also posted a season-high floor mark of 49.025 at home against Illinois State which ranks 11th in SEMO program history.

In 2020, Alexander coached three All-MIC gymnasts, two USA Gymnastics First-Team All-Americans and a USAG Senior All-Star. Dahlia Solorzano-Caruso, Anna Kaziska and Jordan Jones were each awarded All-MIC honors. Kaziska, the 2020 MIC Gymnast of the Year, and Dahlia Solorzano-Caruso both were named USAG First-Team All-Americans while Mackenzie Slee was selected to the inaugural USAG Senior All-Star Team.

Kaziska (three time-MIC Gymnast of the Week) and

Solorzano-Caruso (two time-MIC Newcomer of the Week) also combined for five MIC Weekly awards.

Solorzano-Caruso etched her name in the Redhawks record books twice in 2020 with a career-best 9.900 on beam (t-5th) and a personal-best all-around mark of 39.350 (t-5th).

Five Redhawks also captured individual event titles this season including Kaziska, Solorzano-Caruso, Lindsey Bates and freshmen Jones and Jolie Miller.

Alexander came to Southeast after a standout gymnastics career at Lindenwood in St. Charles, Missouri. At Lindenwood, she was a member of the bars, beam and floor lineups.





As a Lion, she was coached by current Redhawks head coach Ashley Lawson who was an assistant on the team in 2018.

Alexander helped Lindenwood win their fifth consecutive Midwest Independent Conference Championship and third USA Gymnastics Collegiate National Championship in the last five years in 2019.

She also competed with Lindenwood, a Division II program, in the school's first ever NCAA Regional.

Individually, she is a seven-time USA Gymnastics All-American and a seven-time All-MIC performer.

In 2018, Alexander captured the MIC bars championship with a mark of 9.850.

Academically, she is a four-time MIC Scholar Athlete and a three-time USA Gymnastics Scholar-Athlete.

Alexander graduated from Lindenwood with a B.S. in Athletic Training in 2019.

A Carrollton, Georgia native, Alexander was a member of the Carrollton Gymnastics club.



MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014



**DO
YOU
HAVE
THE
WILL
TO**

**make a
medical
discovery?**



**SOUTHEAST MISSOURI
STATE UNIVERSITY · 1873**



2021



S-A ROFILES



GABRIELLE ADAMS

SENIOR • 5-1**MESA, ARIZ.****RED MOUNTAIN HS****GOLD MEDAL GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Junior**

Appeared in nine meets...Competed on vault in each of those meets and appeared in the floor lineup twice and beam lineup once...Registered four scores of 9.700 or higher during the campaign...Notched a 9.750 on vault at Ball State's Quad Meet (1/26) with Bowling Green and Wisconsin-La Crosse...Added a 9.725 on the apparatus in Southeast's upset victory over Lindenwood (2/7), 193.925-193.600, at Houck Field House...Compiled a career-best vault mark of 9.850 to finish second on the event at the Tennessee Collegiate Classic (2/28) against Northern Illinois as SEMO posted its second-highest team score in school history of 195.800 and program-record vault score of 49.075...Finished 2020 with a 9.775 on vault at Lindenwood's Tri Meet with Air Force (3/6)...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

2019 – Sophomore

Appeared in all 12 meets...Notched seven scores of 9.700 or higher in 2019...Recorded a season high of 9.725 on floor versus San Jose State (1/18)...Also, won the vault title at that home dual with a score of 9.775...Matched her career-best vault mark of 9.800 at the State of Missouri Meet (3/10) with Mizzou and Lindenwood...Has now compiled four career high marks of 9.800 at Southeast...Posted a career high of 9.625 on beam against Northern Illinois (2/18)...Competed on vault at the 2019 USA Gymnastics First Team Semifinal (4/12), registering a 9.750 to tie for eighth and secure Second Team All-American honors.

2018 – Freshman

Appeared in 12 meets, competing in vault, floor and bars...Tallied nine scores of 9.700 or higher in 2018...Recorded a 9.550 on vault at the 2018 USA Gymnastics Women's Collegiate National Championships first semifinal session (4/13)...Tied for third on vault (9.800) at the 2018 MIC Championships (3/23) to earn First Team All-MIC honors...Named MIC Newcomer of the Week (2/21) after she won her first-career event title versus Illinois-Chicago (2/18) with a personal-best vault score of 9.800...Also added a 9.700 floor routine...Notched three scores of 9.800 on vault including back-to-back meets at the State of Missouri Meet with Mizzou and Lindenwood (3/16) and the MIC Championships (3/23)...Totaled a career-best floor score of 9.750 vs. Illinois State (1/12)...Competed on beam vs. Centenary (9.075, 3/9)...Made Redhawks debut at Kentucky (1/5) with a 9.750 on vault and a floor score of 8.700...Named MIC Scholar-Athlete.

Prep/Club

Won first place in the all-around competition at Chicago Style her senior year...State champion on vault as a sophomore...Coached by Amanda Borden at Red Mountain High School...Member of Gold Medal Gymnastics.

Personal

Born on Mar. 3, 1999...Daughter of Daras and Heidi Adams...Majoring in Chemistry: Biochemistry.

HONORS & AWARDS

2020 WCGA Academic All-American
2020 MIC Scholar-Athlete
2020 OVC Commissioner's Honor Roll
2019 Second Team USAG All-American (Vault)
2018 USAG Qualifier
2018 First Team All-MIC (Vault)
MIC Newcomer of the Week (2/21/18)
2018 MIC Scholar-Athlete

Career Titles: 2

Career Scores of 9.700 or higher: 20
(4 in 2020)





**ALANA FISCHER****SENIOR • 5-0****GEORGETOWN, ONTARIO, CANADA****SILVERTHORN COLLEGIATE INSTITUTE****MANJAK'S GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Junior**

Competed in 10 meets, appearing in the bars (9), vault (8), beam (8) and floor (1) lineups for Southeast...Registered five scores of 9.700 or higher during the campaign...Posted a season-high of 9.575 on vault in Southeast's upset victory over Lindenwood (2/7), 193.925-193.600, at Houck Field House...Notched career-bests on bars (9.800, third overall) and beam (9.800) at the Tennessee Collegiate Classic (2/28) against Northern Illinois as SEMO posted its second-highest team score in school history of 195.800...Tied for third on bars with a 9.725 at Centenary (3/1)...Matched her personal-best bars set of 9.800 at Lindenwood's tri meet (3/6) with Air Force...Also compiled a 9.725 on beam in the final meet of 2020...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

2019 – Sophomore

Appeared in all 12 meets...Competed as an all-arounder in eight meets and at the first 2019 USA Gymnastics Team Semifinal...Posted a personal high 9.675 on floor against Pennsylvania (3/1)...Recorded career bests on vault (9.700) and in the all-around (38.625) at the State of Missouri Meet (3/10) with Mizzou and Lindenwood...Also had season highs of 9.700 on vault and 9.675 on bars at the State of Missouri Meet...Totaled scores of 37.925 (all-around, seventh), 9.425 (vault, 27th), 9.675 (bars, t-12th), 9.675 (beam, t-20th) and 9.150 (floor, t-27th) at the 2019 USA Gymnastics Team Semifinal (4/12)...Tabbed MIC Scholar-Athlete...Named to Team Canada for the 2019 FISU Summer Universiade in Naples, Italy.

2018 – Freshman

Competed in all 13 meets on bars, beam and vault...Recorded 10 scores of 9.700 or higher...Made Redhawks debut at Kentucky (1/5) with a 8.825 on bars and a 8.900 on beam...Tallied two personal-high scores of 9.750 on bars at Texas Woman's Quad Meet (2/25) and vs. Centenary (3/9)...Notched season highs on vault (9.775) and beam (9.775) at the MIC Championships at Lindenwood (3/23)...Posted a 9.750 on beam and tallied a 9.425 on bars at the USA Gymnastics Women's Collegiate National Championships first semifinal session (4/13)...Named MIC Scholar-Athlete...Named to the OVC Commissioner's Honor Roll.

Prep/Club

Placed fourth in the all-around at the Ontario Provincial Championships in 2017...Vault and floor second place finalist as a senior...Placed 15th in the all-around and seventh on bars at Canadian National Championships...Finished eighth in the all-around at the Ontario Provincial Championships as a junior...Placed eighth in all-around and sixth on vault at Canadian National Championship during her junior season...Member of Team Ontario in her junior and senior seasons...Finished seventh in the all-around at the Ontario Provincial Championships and placed second on vault as a freshman...Earned Gold with Team Ontario in 2017...Coached by Kelly Manjak, Scott McFarlane and Kelsey Arnold...Four-year French Ontario Academic Certificate recipient...Named to the honor roll as a sophomore and as a senior.

Personal

Born on May 3, 1998...Daughter of Rainer and Cara Fischer...Speaks French fluently and loves Tim Hortons...Majoring in Communication Disorders.

HONORS & AWARDS

2020 WCGA Academic All-American
2020 USAG Nationals Scholar Athlete
2020 MIC Scholar-Athlete
2020 OVC Commissioner's Honor Roll
2019 USAG Qualifier
2019 MIC Scholar-Athlete
2018 USAG Qualifier
2018 MIC Scholar-Athlete
2018 OVC Commissioner's Honor Roll

Career Scores of 9.700 or higher: 17
(5 in 2020)





**LINDSEY BATES****SENIOR • 5-6****OVIEDO, FLA.****HAGERTY HS****BRANDY JOHNSON'S GLOBAL GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Junior**

Appeared in all 11 meets as a bars specialist... Registered five scores of 9.700 or higher during the campaign and captured one individual event title...Opened the season with a 9.775 at #16-ranked Missouri's tri meet with Illinois (1/4/2020) in her first meet back from injury since the 2019 opener, a year ago to the day at Alabama (1/4/19)...Tallied a career-best bars mark of 9.825 for second overall at the meet in Southeast's upset victory over Lindenwood (2/7), 193.925-193.600, at Houck Field House... Captured her first title of the season and sixth of her career with a 9.700 on bars in the opening rotation at the GymQuarters Mardi Gras Invitational tri meet (2/14) with Centenary and Seattle Pacific...Finished 2020 with consecutive marks of 9.700 or higher with a 9.750 at Centenary (3/1) and a 9.700 at Lindenwood's tri meet (3/6) with Air Force... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

2019 – Sophomore

Competed in one meet before suffering a season-ending injury...Recorded a 9.650 on bars in the season-opening quad meet at Alabama with Temple and Northern Illinois (1/4)...Named MIC Scholar-Athlete.

2018 – Freshman

Competed in eight meets before a season-ending injury...Was an all-rounder in four meets...Recorded eight scores of 9.700 or higher...Led the freshman class with five event titles in 2018...Won bars (career high 9.725), beam (9.700) and the all-around title (personal best 38.950) in the second meet of the season vs. Illinois State (1/12)...Added a 9.750 on vault and a score of 9.775 on floor...Captured the beam (personal best 9.800) and all-around title (38.250) three days later on Martin Luther King Day vs. Lindenwood (1/15)...Added career-high scores of 9.775 and 9.800 on vault and beam... Earned MIC Newcomer of the Week (1/17) for her efforts against ISU and Lindenwood... Totaled a 38.475 in the all-around vs. Illinois-Chicago (2/18)...Named MIC Scholar-Athlete... Earned Newcomer of the Year at the season-ending banquet (4/28)...Named to the OVC Commissioner's Honor Roll.

Prep/Club

Was a Junior Olympic National Qualifier in both her senior and junior seasons...Qualified for the Junior Olympic NIT meet as a sophomore... Coached by her mother, Jessica Bates, and Frank Susana...Graduated with honors from Hagerty in 2017.

Personal

Born on Dec. 21, 1998...Daughter of David and Jessica Bates...Majoring in Health Sciences: General Health Sciences.

HONORS & AWARDS

2020 WCGA Academic All-American
2020 USAG Nationals Scholar Athlete
2020 MIC Scholar-Athlete
2020 OVC Commissioner's Honor Roll
2019 MIC Scholar-Athlete
2018 SEMO Gymnastics Newcomer of the Year
MIC Newcomer of the Week (1/17/18)
2018 MIC Scholar-Athlete

Career Titles: 6 (1 in 2020)

Career Scores of 9.700 or higher: 13
(5 in 2020)





**MICHAEL SANDERS****SENIOR • 5-0****ST. SIMONS ISLAND, GA.****GLYNN ACADEMY****STARLIGHT GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Junior**

Did not compete...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American and a Midwest Independent Conference Scholar-Athlete.

2019 – Sophomore

Competed in all 12 meets, including 11 meets as an all-arounder...Notched a season-high beam routine of 9.725 at a quad meet against Arkansas, Texas Woman's and Lindenwood (3/16)...Tallied a season-high floor score of 9.450 at the State of Missouri Meet (3/10) with Missouri and Lindenwood...Posted a career-best all-around mark of 37.425 at the MIC Championships (3/22) in Shreveport, Louisiana...Also had a season-high vault score of 9.575 at the Championships...Named MIC Scholar-Athlete...Named to the OVC Commissioner's Honor Roll.

2018 – Freshman

Appeared in 13 meets and competed on vault (13), beam (13) and floor (4)...Recorded five scores of 9.700 or higher...Made Redhawks debut at Kentucky's Quad Meet (1/5) on vault (9.650) and beam (9.525)...Tallied a career best 9.750 on beam at Texas Woman's Quad (2/25)...Added personal-best scores on vault (9.750) and floor (9.750) at the State of Missouri Meet with Mizzou and Lindenwood (3/16)...Also notched a 9.625 on beam...Named MIC Scholar-Athlete...Named to the OVC Commissioner's Honor Roll.

Prep/Club

Coached by Vessy Ivanov at Starlight Gymnastics...Graduated from Glynn Academy with high honors in 2017.

Personal

Born on Aug. 24, 1999...Daughter of Diana Walther...Majoring in Biology: Biomedical Sciences.

HONORS & AWARDS

2020 WCGA Academic All-American
2020 MIC Scholar-Athlete
2019 MIC Scholar-Athlete
2019 OVC Commissioner's Honor Roll
2018 MIC Scholar-Athlete
2018 OVC Commissioner's Honor Roll

Career Scores of 9.700 or higher: 7





**ANNA KAZISKA****JUNIOR • 5-0****LOUISVILLE, KY.****FERN CREEK HS****CHAMPIONS GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Sophomore**

Competed in all 11 meets as an all-arounder... Second on the Redhawks with 26 scores of 9.700 or higher during the campaign...Led SEMO with a career-best 15 individual event titles (A-A three times, Beam seven times, Floor Exercise four times, Vault once) captured in 2020...Named the 2020 Midwest Independent Conference Gymnast of the Year...Awarded MIC First-Team honors for beam (9.855 NQS, First in the MIC), floor (9.855 NQS, Second in the MIC) and in the all-around (38.985 NQS, First in the MIC)...Nabbed First-Team USA Gymnastics All-American laurels for the all-around, beam and floor...Recognized as MIC Gymnast of the Week three times in 2020 (1/15, 1/29, 2/12)... Set career-bests on vault (9.825) and in the all-around (39.175) at Ball State's quad meet (1/26) with Bowling Green and Wisconsin-La Crosse... Notched a career-high bars mark of 9.800 against Illinois State (1/31)...Posted a career-high 9.875 beam set four times in 2020, at Alaska Anchorage Tri Meet (1/10) with Wisconsin-Eau Claire, at Ball State quad meet (1/26) with Bowling Green and Wisconsin-La Crosse and back-to-back competitions against Lindenwood (2/7) and at the GymQuarters Mardi Gras Invitational tri meet (2/14) with Centenary and Seattle Pacific...Also added a personal-best 9.900 floor routine at the GymQuarters Mardi Gras Invitational tri meet (2/14)...Surpassed an all-around total of 39.000 three times in 2020 including 39.150 vs. Lindenwood (2/7) and 39.100 at the Tennessee Collegiate Classic (2/28)... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

2019 – Freshman

Competed in the all-around competition in all 12 meets and at the first 2019 USA Gymnastics Team Semifinal...Led the team with 33 scores of 9.700 or higher and totaled 11 individual event titles...Posted the top Redhawks score on every event except vault...Named the 2019 MIC Newcomer of the Year after being awarded MIC Newcomer of the Week six times including back-to-back weeks three times (Jan. 16 and 23, Feb. 12 and 20 and March 13 and 20)...Made Southeast debut with an all-around score of 37.550 (9.600 on vault, 8.700 on bars, 9.525

on beam and 9.725 on floor) in the season-opening quad meet at Alabama with Temple and Northern Illinois (1/4)...Notched a career-best beam score of 9.875 to win the event title at the GymQuarters Mardi Gras Invitational (2/15) against Lindenwood, Texas Woman's and Iowa State...Also won floor with a 9.850 in the first rotation of the quad...Recorded a career high of 9.725 on bars at Ball State Tri Meet (2/24) with Illinois State...Tallied career highs of 9.750 (vault) and 39.100 (all-around) at the State of Missouri Meet (3/10) with Mizzou and Lindenwood...Scored her second career 9.900 on floor at Arkansas Quad (3/16) with Texas Woman's and Lindenwood...Hit her first career 9.900 floor routine at home against San Jose State (1/18) to win the event after capturing the beam title (9.825)...Finished as the runner-up on floor at the MIC Championships (3/22) with 9.875 to earn First Team MIC All-Conference honors...Also was awarded Second Team MIC All-Conference laurels for vault (9.700, 17th)... Qualified for the NCAA Baton Rouge Regional (4/5) and scored a 9.825 on floor (t-17th)...Placed second on both beam (9.875) and floor (9.875) at the 2019 USA Gymnastics Women's Collegiate National Championships individual event finals (4/14) to earn First Team All-American honors for all-around (39.025, fifth), beam and floor and garnered Second Team All-American laurels on bars (9.725, t-8th)...Named MIC Scholar-Athlete... Unanimously voted the team's Most Valuable Player at the year-end banquet (4/24)...Named to the OVC Commissioner's Honor Roll.

Prep/Club

Named the 2016-2017 Gymnast of the Year and earned the Best Teammate Award at Fern Creek High School...Placed second on floor at the Junior Olympics...State and regional beam and all-around champion (Level 10)...Placed third on beam at the Junior Olympics in 2016...Was also the state floor and all-around champion (Level 10) and earned the Highest Scorer Award... Junior Olympics beam champion and was a state all-around champion (Level 10) in 2015... Also earned the 2015 Coaches' Choice Award... Trains at Champions Gymnastics where she is coached by Jason Button, Ricia Story and Kareem Atroush.

Personal

Born on May 13, 2000...Daughter of David and Mei Kaziska...Majoring in Medical Laboratory Sciences.

HONORS & AWARDS

2020 First-Team USAG All-American (All-Around, Beam and Floor)
2020 MIC First-Team (Beam, Floor and All-Around)
2020 MIC Gymnast of the Year
3x MIC Gymnast of the Week (2020)
2020 WCGA Academic All-American
2020 USAG Nationals Scholar Athlete
2020 MIC Scholar-Athlete
2020 OVC Commissioner's Honor Roll
2019 USAG Floor Runner-up
2019 USAG Beam Runner-up
2019 First Team All-American (All-Around, Beam, Floor)
2019 Second Team All-American (Bars)
2019 NCAA Baton Rouge Regional Qualifier (Floor)
2019 MIC Floor Runner-up
2019 MIC First-Team (Floor)
2019 MIC Second-Team (Vault)
2019 MIC Newcomer of the Year
6x MIC Newcomer of the Week (2019)
2019 MIC Scholar-Athlete
2019 OVC Commissioner's Honor Roll
2019 SEMO Gymnastics MVP

Career Titles: 26 (15 in 2020)
Career Scores of 9.700 or higher: 59 (26 in 2020)





**MAKENZIE MARCINIAK****JUNIOR • 5-4****NIXA, MO.****MISSOURI VALLEY GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Sophomore**

Competed in five meets as a vault specialist... Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020) in her first meet back from injury suffered in the 2019 preseason...Posted a 9.450 on vault...Improved on her vault score with a 9.525 the next week at Alaska Anchorage's tri meet (1/10) with Wisconsin-Eau Claire...Set a personal-best vault mark of 9.575 at Ball State's quad meet (1/26) with Bowling Green and Wisconsin-La Crosse... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a USA Gymnastics Women's Collegiate Nationals Scholar Athlete, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

2019 – Freshman

Missed entire season with an injury suffered during the preseason...Named MIC Scholar-Athlete...Tabbed Freshman of the Year and earned the Hardest Worker Award at the year-end banquet (4/24)...Named to the OVC Commissioner's Honor Roll.

Prep/Club

As a sophomore competed at JO Level 10 Nationals...As a freshman competed at Level 9 Westerns...Placed third on floor at Level 8 Nationals...Won the Level 9 State Championship...Trains at Missouri Valley Gymnastics...Also competed in track & field where she broke three high school records...Homeschooled through high school...Made the Dean's List at Ozark Technical Community College.

Personal

Born Apr. 12, 2000...Daughter of Michael and Carolyn Marciniak...Has six siblings...Enjoys drawing and cooking during her free time...Her favorite food is popcorn...Majoring in Health Management: Exercise Science at Southeast.

HONORS & AWARDS

2020 WCGA Academic All-American
2020 USAG Nationals Scholar Athlete
2020 MIC Scholar-Athlete
2020 OVC Commissioner's Honor Roll
2019 MIC Scholar-Athlete
2019 OVC Commissioner's Honor Roll
2019 SEMO Gymnastics Freshman of the Year
2019 SEMO Gymnastics Hardest Worker Award





**ASHLEY ALBRECHT****REDSHIRT-JUNIOR • 5-5****EVERETT, WASH.****ILLINOIS-CHICAGO / CASCADE HS****LEADING EDGE GYMNASTICS ACADEMY (LEGA)****2020 (Shortened season due to the COVID-19 pandemic) – Junior**

Redshirted...Missed entire season with an injury suffered during the preseason...Named a Midwest Independent Conference Scholar-Athlete.

2019 – Sophomore (UIC)

Helped #37-ranked Illinois-Chicago capture the 2019 Midwest Independent Conference Championship and finish as 2019 USA Gymnastics National Runners-up...Competed in 15 meets while appearing in every floor lineup, and all but three vault lineups; made several additional appearances on bars...Earned Second-Team All-MIC honors on floor...Won first place on floor with a season high 9.875 against Southeast Missouri (2/17)...Achieved that score again and tied for first against Lindenwood and Penn (3/3)...Had five additional scores of 9.800 on floor and five total top-five placements...Posted her season high on vault with a 9.775 in the USAG Nationals Team Finals (4/13)...Scored 9.750 on bars twice.

2018 – Freshman (UIC)

Competed in all 13 meets of the season, competing in the all-around in eight and performing on three of four apparatuses in the other five...Named MIC Newcomer of the Week three times and earned MIC Performance of the Week once as a member of the Flames' bars squad...Set a season high in the all-around (38.850) in the regular season finale against New Hampshire (3/18), placing second...Highest finish on vault was third against Southeast Missouri (2/18), with a season high score of 9.750 which she matched one other time...Achieved her season high of 9.775 on vault against UC Davis and West Virginia (1/26)...Tied for second on vault against SEMO (2/18)...Finished third and scored 9.800 on beam against Eastern Michigan (2/2), setting season bests in both categories...Was fifth on floor against New Hampshire (3/18), and set her season high of 9.800 the following week at the MIC Championships (3/23)...Finished in the top 10 on floor seven times...Was in the top four in the all-around seven times.

Prep/Club

Competed at the Level 10 Junior Olympic Nationals all four years during high school (2014-17), placing 10th in the all-around in 2016...Crowned the 2016 Regional Beam, Floor and All-Around Champion and was also the 2017 Regional Vault, Beam, Floor and All-Around Champion...Trained at the Leading Edge Gymnastics Academy (LEGA) and attended Cascade High School...Also participated in varsity diving her freshman and sophomore years.

Personal

Daughter of Lori and Mark Albrecht...Has two siblings, Austin and Anna...Majoring in Health Management: Exercise Science at Southeast.

HONORS & AWARDS

2020 MIC Scholar-Athlete
2019 USAG Team National Runners-up at UIC
2019 MIC Team Champion at UIC
2019 MIC Second Team (Floor)
3x MIC Newcomer of the Week (2018)
MIC Performance of the Week (2018)

Career Titles: 2 (2 in 2019 at UIC)
Career Scores of 9.700 or higher: 40 (UIC)
(20 in 2019 and 20 in 2018 at UIC)





**DAHLIA SOLORZANO-CARUSO****SOPHOMORE • 4-11****COURTICE, ONTARIO, CANADA****HOLY TRINITY CATHOLIC SECONDARY****GALAXY GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Freshman**

Competed in all 11 meets as an all-arounder... Led the Redhawks with 28 scores of 9.700 or higher during the campaign... Had 11 scores of 9.800 or higher... Second on the team (led the freshmen class) with nine individual event titles (A-A three times, Beam two times, Bars two times, Vault two times) captured in 2020... Led Southeast and paced the MIC with four selections to 2020 MIC All-Conference Teams... Named to the First Team All-MIC for the

all-around with the second highest National Qualifying Score (38.935) in the conference... Earned three Second Team All-MIC laurels for vault (9.740 NQS), bars (9.795 NQS) and beam (9.755 NQS)... Nabbed First-Team USA Gymnastics All-American laurels for the all-around and bars... Recognized as the MIC Newcomer of the Week twice in 2020 (1/15, 3/4)... Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4), posting a 9.650 on vault and 9.750 on bars, 9.550 on beam, 9.725 on floor and 38.675 in the all-around... Opened collegiate career with five consecutive scores of 9.725 on floor at Missouri tri meet, at Alaska Anchorage tri meet (1/10) with Wisconsin-Eau Claire, at Alaska Anchorage (1/12), at Illinois State (1/17) and at Ball State quad meet (1/26) with Bowling Green and Wisconsin-La Crosse... Etched her name in the SEMO record books when she hit a personal-best 9.900 on beam at Alaska Anchorage (1/12), ranks fifth all-time in Redhawks history for the event... Set three personal-records at the Tennessee Collegiate Classic (2/28) against Northern Illinois where SEMO posted its second-highest team score in school history of 195.800... Posted a 9.850 on vault, a 9.850 on bars, a 9.825 on floor and an all-around total of 39.350... The all-around total earned her the crown and tied head coach Ashley Lawson for fifth all-time in Southeast program

history... Compiled back-to-back personal-high scores of 9.850 on bars at the Tennessee Collegiate Classic (2/28) and at Centenary (3/1)... Finished the all-around competition at Centenary (3/1) with a mark of 39.100... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Prep/Club

Was the Level 10 National Beam Champion the past two seasons and earned silver and bronze in the all-around competition at Level 10 Nationals during the 2016 and 2017 seasons... Was also the Provincial Level 10 All-Around Champion in 2018 and earned silver on bars during the first day and gold in the Level 10 bars finals on the second day... Placed 18th at the 2017 Elite Canada meet with an all-around score of 45.950... Was a silver medalist on floor and earned bronze on vault at the Level 10 Nationals during her sophomore campaign... Also garnered bronze on both vault and floor that season at Level 10 Provincials... Won the Level 10 Provincial Floor Championship and grabbed silver in vault and floor at the Level 10 National Meet... Received silver on vault at the Level 10 Provincial competition... Competed for Team Ontario and earned gold at the 2016, 2017 and 2018 Nationals and at the Eastern Canadian Championships in 2014 and 2015... Trains at Galaxy Gymnastics and is coached by Abbey Morgan, Jan Prosser and Rod Hounsell.

Personal

Born on July 29, 2001... Daughter of Vito Caruso and Tara Solorzano... Started doing gymnastics when she was two years old... Majoring in Human Environmental Studies: Interior Design at Southeast.

HONORS & AWARDS

2020 First-Team USAG All-American
(All-Around and Bars)

2020 MIC First-Team (All-Around)

2020 MIC Second-Team
(Vault, Bars and Beam)

2x MIC Newcomer of the Week (2020)

2020 WCGA Academic All-American

2020 MIC Scholar-Athlete

2020 OVC Commissioner's Honor Roll

Career Titles: 9 (9 in 2020)

Career Scores of 9.700 or higher: 28
(28 in 2020)





**JORDAN JONES****SOPHOMORE • 5-5****BUFORD, GA.****MILL CREEK HS****GEORGIA GYMNASTICS ACADEMY****2020 (Shortened season due to the COVID-19 pandemic) – Freshman**

Competed in 10 meets as a bars and beam specialist...Appeared in the floor lineup twice... Posted 11 scores of 9.700 or higher during the campaign and captured one individual event title...Named to the 2020 All-MIC Second Team for beam after she compiled an NQS of 9.755 on the event...Made Redhawks debut at Alaska Anchorage's tri meet (1/10) with Wisconsin-Eau Claire, posting a 9.750 on beam and 9.500 on bars...Set a personal-best on beam in second-career collegiate meet with a 9.850 at Alaska Anchorage (1/12)...Posted a personal-high floor mark of 9.175 at Illinois State (1/17)...Captured the individual bars event title with a career best 9.875 recorded in the leadoff position...Finished the season with five consecutive 9.700 or higher beam scores from 2/7 (Lindenwood) to 3/6 (Lindenwood's tri meet)...On bars, registered four 9.700 or higher scores in the final six meets...Tallied a 9.725 on bars and a 9.775 on beam in Southeast's upset victory over Lindenwood (2/7), 193.925-193.600, at Houck Field House...Posted a 9.750 on bars and a 9.700 on beam at the Tennessee Collegiate Classic (2/28) against Northern Illinois where SEMO posted its second-highest team score in school history of 195.800...Added a 9.725 on beam at Centenary (3/1) before notching a 9.750 on bars and 9.775 on beam at Lindenwood's tri meet (3/6) with Air Force... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, and a Midwest Independent Conference Scholar-Athlete.

Prep/Club

Was the Georgia Level 10 Bars State Champion in 2017 and placed third on bars at regionals... Placed second on vault and floor (Level 10) at the state and regional level in 2016...Won the Level 10 vault state championship and qualified for Junior Olympic (JO) Nationals in 2015 where she placed 12th in the all-around competition...Nabbed the Level 9 bars state title in both 2013 and 2014...Finished third in the all-around competition at Easterns...Earned the bars, floor and all-around Level 10 state championships in 2012...Coached by Judy Prestigiacomo at Georgia Gymnastics Academy in Lawrenceville.

Personal

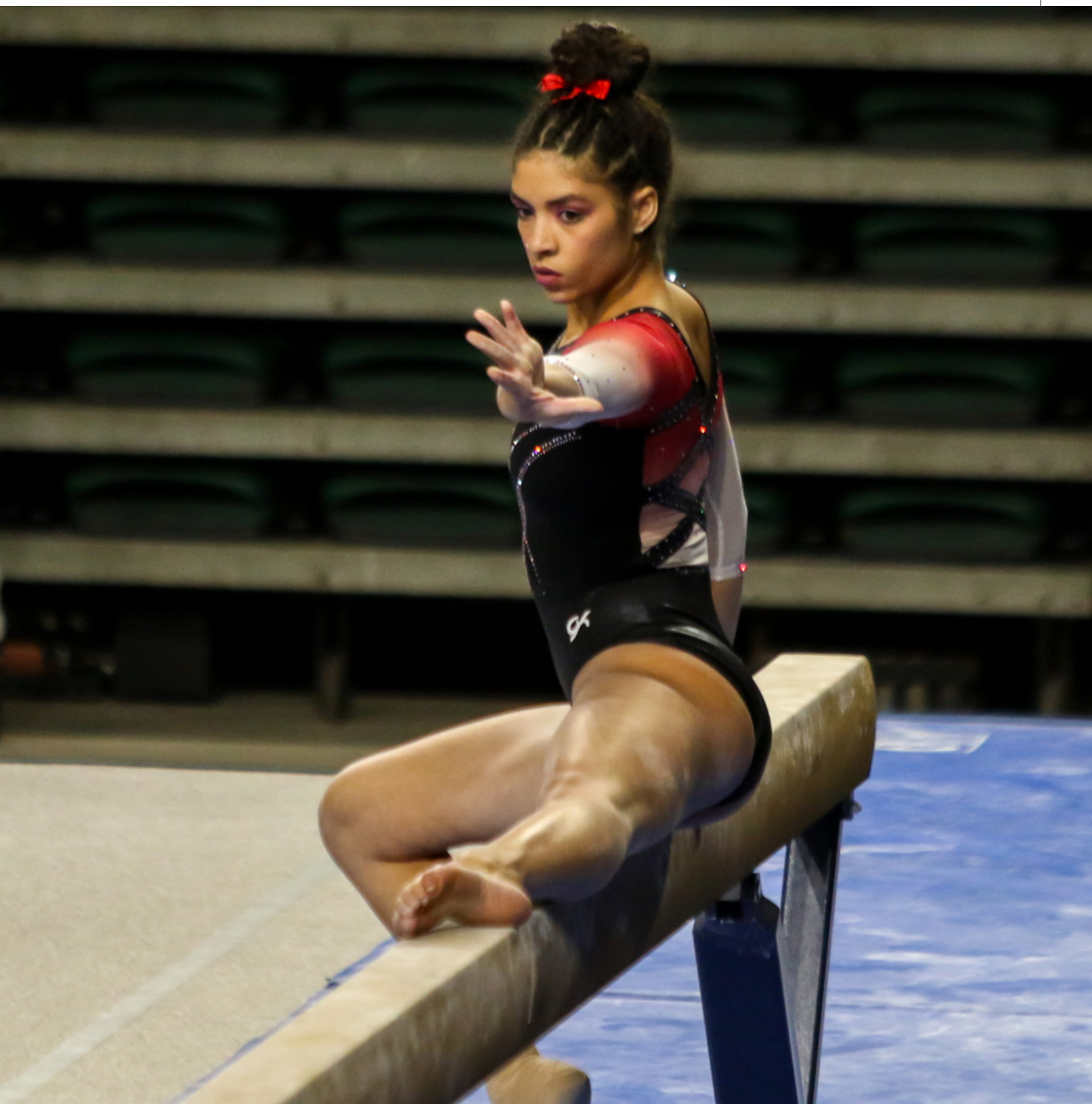
Born on Nov. 3, 2000...Daughter of KJ and Vera Jones...Majoring in Biology: Biomedical Sciences.

HONORS & AWARDS

2020 MIC Second-Team (Beam)
2020 WCGA Academic All-American
2020 MIC Scholar-Athlete

Career Titles: 1 (1 in 2020)
Career Scores of 9.700 or higher: 11
(11 in 2020)





**MALLORY DESCH****SOPHOMORE • 5-4****LENEXA, KAN.****SAINT THOMAS AQUINAS HS****GREAT AMERICAN GYMNASTICS EXPRESS (GAGE)****2020 (Shortened season due to the COVID-19 pandemic) – Freshman**

Competed in all 11 meets as a floor specialist...
 Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020)...
 Registered a personal-best floor routine of 9.650 in back-to-back meets against Illinois State (1/31) and Lindenwood (2/7)...Finished the season with a 9.625 on the discipline at Lindenwood's tri meet (3/6) with Air Force...
 Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American and a Midwest Independent Conference Scholar-Athlete.

Prep/Club

Was a JO National Qualifier in 2017 and 2018...
 Captured first place in the Level 9 Region 4 Championships in 2016 and qualified for the Level 9 Western Championships that same season...Coached by Al and Armine Fong at Great American Gymnastics Express (GAGE).

Personal

Born on May 29, 2001...Daughter of Jay and Mary Desch...Her sister, Maddie Desch, is a World Champion gymnast who competed at the University of Alabama...Loves to spend time with family and friends, going to movies, doing DIY projects, and watching Netflix...Majoring in Finance at Southeast.

HONORS & AWARDS

2020 WCGA Academic All-American

2020 MIC Scholar-Athlete





**MOLLY MAXWELL****SOPHOMORE • 5-2****MILTON, WIS.****MILTON HS****MADTOWN TWISTERS****2020 (Shortened season due to the COVID-19 pandemic) – Freshman**

Competed in all 11 meets...Was an all-rounder in four meets while appearing in the vault, beam and floor lineups in all 11 meets...Was on the SEMO bars team in four competitions... Posted eight scores of 9.700 or higher during the campaign, which was fifth on the team...Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020), notching her career-best all-around mark (37.675, vault 9.500, bars 9.550 PR, beam 9.000 and floor 9.625)...Recorded her first score of 9.700 or higher on beam (9.725) at Alaska Anchorage's tri meet (1/10) with Wisconsin-Eau Claire...Tallied a career-best floor routine of 9.750, three times in 2020 against Illinois State (2/7) and in back-to-back competitions at the GymQuarters Mardi Gras Invitational tri meet (2/14) with Centenary and Seattle Pacific and at the Tennessee Collegiate Classic (2/28) against Northern Illinois where SEMO posted its second-highest team score in school history of 195.800...Also had a personal bests on beam (9.750) and vault (9.775) at the Tennessee Collegiate Classic as the Redhawks also notched their program-best vault score of 49.075...Hit her fifth consecutive 9.700 or higher floor score with a 9.725 at Centenary (3/1)...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Prep/Club

Won the all-around at the Wisconsin State Championships and was the first alternate for JO (Junior Olympic) Nationals in 2018... Finished second on Level 10 floor at the 2017 State Championships and at the Region 4 Championships...Placed fourth in the all-around at the Region 4 Championships and qualified to the JO Nationals Meet in Indianapolis, Indiana...Third on beam, floor and all-around at Level 9 State Championships in 2016...Placed second on floor and fifth on vault, beam and all-around at the Region 4 Championships... Qualified to the Level 9 Western Nationals in Montana where she won the floor title...Was first in the all-around, second on vault and bars, third on floor and fourth on beam at the Level 8 State Championships in 2015...Advanced to the Region 4 Championships in 2015 where she placed second in the all-around and bars competitions while taking fourth on floor... Qualified to the Region 4 Championships in 2014 at Level 8...Trains at Madtown Twisters where she is coached by Aubrie Davis...Member of the National Honor Society and Spanish Honor Society.

Personal

Born on June 4, 2001...Daughter of Barry and Melissa Maxwell...Majoring in Human Environmental Studies: Dietetics at Southeast.

HONORS & AWARDS

2020 WCGA Academic All-American
2020 MIC Scholar-Athlete
2020 OVC Commissioner's Honor Roll

Career Scores of 9.700 or higher: 8
(8 in 2020)





**JOLIE MILLER****SOPHOMORE • 5-6****AURORA, COLO.****CHEROKEE TRAIL HS****ADRENALINE GYMNASTICS ACADEMY****2020 (Shortened season due to the COVID-19 pandemic) – Freshman**

Competed in eight meets as a bars (8) and beam (3) specialist...Posted four scores of 9.700 or higher during the campaign and won one individual event title...Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020), posting a 9.700 on bars and 9.400 on beam...Set a personal-best beam mark of 9.575 at Alaska Anchorage (1/12)...Concluded the season with three consecutive 9.700 or higher bars marks...Captured the bars title at the Tennessee Collegiate Classic (2/28) against Northern Illinois where SEMO posted its second-highest team score in school history of 195.800 with a career-best 9.875 in the second position...Paced the Redhawks at the Tennessee Collegiate Classic, as the team totaled 49.050 on bars which ranks third in the SEMO record books...Finished 2020 with bars scores of 9.725 at Centenary (3/1) and 9.775 at Lindenwood's tri meet (3/6) with Air Force...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American, a Midwest Independent Conference Scholar-Athlete and selected to the OVC Commissioner's Honor Roll.

Prep/Club

Home gym is Adrenaline Gymnastics Academy in Centennial, Colorado, where former Redhawks gymnast Margaret (O'Neal) Goodrich (2010-2013) was also a member...Coached by Aaron Gallegos at Adrenaline Gymnastics Academy...Competed in all four events and was named team captain during the 2018-2019 season...Graduated with honors from Cherokee Trail High School in Aurora, Colorado, in May 2019...Was a two-time academic letterwinner...Also named to the Principal's Honor Roll all four years...Earned academic department awards in math and science.

Personal

Born on Feb. 11, 2001...Daughter of Lyle and Rebekah Miller...Majoring in Health Sciences: Pre-Physical Therapy/Occupational Therapy at Southeast.

HONORS & AWARDS*2020 WCGA Academic All-American**2020 MIC Scholar-Athlete**2020 OVC Commissioner's Honor Roll**Career Titles: 1 (1 in 2020)**Career Scores of 9.700 or higher: 4 (4 in 2020)*



**LINDSEY MOFFITT****SOPHOMORE • 5-2****FERRIS, TEXAS****LAUREL SPRINGS SCHOOL ONLINE****TEXAS DREAMS GYMNASTICS****2020 (Shortened season due to the COVID-19 pandemic) – Freshman**

Competed in all 11 meets...Appeared in the beam and floor lineups in each of those 11 competitions...Was in the vault lineup four times, bars lineup twice and competed as an all-arounder once...Posted seven scores of 9.700 or higher during the campaign...Made Redhawks debut at #16-ranked Missouri's tri meet with Illinois (1/4/2020), posting a 9.475 on vault and 9.725 on floor...Notched a career-best vault of 9.550 at Alaska Anchorage (1/12)... Added personal-bests on bars (9.425) and in the all-around (37.250) at Illinois State (1/17)... Hit a 9.800 floor routine to tie for second overall at home against Illinois State (1/31), as SEMO posted a season-high 49.025 on the event...Improved on the event in the fourth and final rotation with a career-best 9.825 on floor in Southeast's upset victory over Lindenwood (2/7), 193.925-193.600, at Houck Field House...Compiled four straight scores of 9.700 or higher on floor from 1/31 (Illinois State) to 2/28 (Tennessee Collegiate Classic vs. Northern Illinois)...Chipped in a 9.750 on floor at the GymQuarters Mardi Gras Invitational tri meet (2/14) with Centenary and Seattle Pacific and followed that performance with a 9.725 at the Tennessee Collegiate Classic (2/28)...Concluded the season with a personal-high 9.700 on beam and a 9.800 on floor at Lindenwood's tri meet (3/6) with Air Force... Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American and a Midwest Independent Conference Scholar-Athlete.

Prep/Club

Finished third in the all-around competition at the 2018 Texas State Championship...Also placed fifth on bars, beam and floor at the 2018 Texas State Championship and was a 2018 JO National Alternate...Was second on bars and ninth in the all-around at the 2018 Region 3 Championship, she was second on bars and ninth in the all-around...Earned first on bars, third in the all-around and fourth on floor at the 2017 Texas State Championship...Finished 13th on beam at the 2017 JO Nationals... Placed third on bars and beam, fourth in the all-around and seventh on floor at the 2017 Region 3 Championship...Finished eighth in the all-around competition at the 2016 Texas State Championship after placing sixth on beam and floor and 10th in the all-around at the 2016 Region 3 Championship...Trains at Texas Dreams Gymnastics where she is coached by Ned Lange (vault), Marcus Harlin (bars) and Alicia Goodwin Browning (beam and floor)... Member of the National Honor Society and the National Society of High School Scholars... Graduated from Laurel Springs School Online in Ojai, California, in May 2019...Previously attended Lakeland Christian Academy in Lewisville, Texas, from 2015-2018.

Personal

Born on Feb. 26, 2001...Daughter of Michael and Malea Moffitt...Majoring in Corporate Communication at Southeast.

HONORS & AWARDS*2020 WCGA Academic All-American**2020 MIC Scholar-Athlete*

*Career Scores of 9.700 or higher: 7
(7 in 2020)*





**TAYLOR FISHKIN****SOPHOMORE • 5-2****MANLIUS, N.Y.****FAYETTEVILLE-MANLIUS HS****CNY GYM CENTRE****2020 (Shortened season due to the COVID-19 pandemic) – Freshman**

Missed entire season with an injury suffered during the preseason...Selected to the OVC Commissioner's Honor Roll...Named a Women's Collegiate Gymnastics Association (WCGA) Academic All-American.

Prep/Club

Advanced to the New York State Championship and Regionals Championship as a junior and placed second on vault at the regionals championship...Competed on vault, bars, beam and floor during her high school career where she started and lettered each of her six seasons while being coached by her mother, Tracey Fishkin...Trains at CNY Gym Centre and is coached by Gary Gregory, Candy Jenkins and Lauren Tassini.

Personal

Born on March 29, 2001...Daughter of Jason and Tracey Fishkin...Her mother, Tracey Fishkin, was a collegiate gymnast at Boise State...Majoring in Biology: Pre-Physician Assistant at Southeast.

HONORS & AWARDS

2020 WCGA Academic All-American

2020 OVC Commissioner's Honor Roll







S-A PROFILES

FRESHMEN



ANNA SPELLER

FRESHMAN • 4-11
ST. LOUIS, MO.
MARY INSTITUTE & SAINT LOUIS
COUNTRY DAY SCHOOL (MICDS)
TEAM CENTRAL GYMNASTICS ACADEMY

Prep/Club

Crowned the Missouri State floor and vault champion in 2018...Finished ninth on beam at the 2019 Junior Olympic (JO) Nationals...Also was a JO National Second Alternate during her sophomore season and a JO National First Alternate as a freshman...Won the Western National Championship vault title in 2015...Home gym is Team Central Gymnastics Academy in Maryland Heights, Missouri...Coached by Tom Stevens and Amy Roberts...Graduated from the Mary Institute and Saint Louis Country Day School (MICDS) in 2020...Earned Second Honors throughout her high school career and was a George Washington University Book Award Recipient...Started the mentoring program, Peer to Peer, during her junior year at MICDS.

Personal

Born on May 4...Daughter of Andy and Tracy Speller...Majoring in Communication Studies: Relational Communications at Southeast.



SOPHIA STUDDARD

FRESHMAN • 5-2
BLUE SPRINGS, MO.
BLUE SPRINGS SOUTH HS
FUZION GYMNASTICS

Prep/Club

Was a 2018 Missouri State Champion and named a Junior Olympic (JO) National Team Alternate...Finished second overall at the Missouri State Meet in 2017...Home gym is Fuzion Gymnastics in Kearney, Missouri, which won the 2018 Missouri State Championship and finished runners-up in 2017...Coached by Jackie and Mike Heredia...Graduated from Blue Springs South High School in 2020...Member of the National Honor Society and National Junior Honor Society...Named to the Principal's Honor Roll all four years at Blue Springs South...Earned a 30 on her ACT.

Personal

Born on June 30, 2002...Daughter of Martin and Shelley Studdard...Full name is Sophia Justine Studdard...Very interested in online marketing...Loves to bake and cook...Enjoys crafting in her free time...Majoring in Business Administration at Southeast.



**LYDIA TEST**

FRESHMAN • 5-4
PLANO, TEXAS
HEBRON HS
INFINITE BOUNDS GYMNASTICS

Prep/Club

Ranked fifth overall in the country for balance beam in 2017 at the Junior Olympic (JO) Nationals...Finished first on beam at the 2017 Level 10 Regionals...Captured the vault championship while finishing runner-up in the all-around and third on floor at the 2017 Level 10 Texas State Meet...Home gym is Infinite Bounds Gymnastics...Coached by Tammy De Guzman, Chantz Purvis and Josh Cook...Graduated from Hebron High School in 2020.

Personal

Born on January 15...Daughter of David and Lisa Test...Her twin brother, Chad Test, is a nationally-ranked rock climber...Studying Sport Management at Southeast.

**LYDIA WEBB**

FRESHMAN • 5-4
WYLIE, TEXAS
WYLIE HS
WORLD OLYMPIC GYMNASTICS ACADEMY (WOGA)

Prep/Club

Captured the Texas State Level 10 All-Around title in 2016...Was a member of the 2016 Acrobatic World's Team...Home gym is World Olympic Gymnastics Academy (WOGA)...Coached by Zena Stewart and Melissa Sanders...Graduated from Wylie High School in 2020.

Personal

Born on January 1, 2002...Daughter of Brad and Elizabeth Webb...Majoring in Criminal Justice at Southeast.



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HAVE
THE
WILL
TO**

**make a
medical
discovery?**



**SOUTHEAST MISSOURI
STATE UNIVERSITY · 1873**



2021



RECORDS



RECORDS

TEAM RECORDS

TEAM SCORE

1. vs. Iowa (3/14/97).....196.025
2. **vs. Northern Illinois (2/28/20) ..195.800**
3. vs. Air Force (3/14/09).....195.700
4. vs. Illinois St. (3/11/97).....195.650
5. vs. Ball State (2/19/09).....195.500
6. vs. Centenary (2/14/04).....195.350
at MIC Championships (3/29/03)
8. at MIC Championships (3/22/14)....195.275
9. vs. Eastern Michigan (2/27/97).....195.225
10. vs. Iowa (3/19/10).....195.125
11. vs. Texas Woman's (2/19/11).....195.075

VAULT

1. **vs. Northern Illinois (2/28/20)49.075**
2. vs. Seattle Pacific (2/18/95).....49.000
3. vs. Alaska Anchorage & UIC (2/9/14).....48.975
4. at MIC Championships (3/21/15).....48.950
at MIC Championships (3/22/14)
6. vs. Illinois State (2/11/11).....48.925
7. vs. Iowa (2/02/08).....48.900
at MIC Championships (3/23/13)
9. at Southern Utah (2/25/08).....48.875
10. vs. Missouri (2/22/97).....48.850
at Iowa (2/10/95)
12. at Oklahoma (1/23/15).....48.825
vs. Illinois State (2/13/09)

UNEVEN BARS

1. at MIC Championships (3/22/14).....49.250
2. vs. Air Force (3/14/09).....49.175
3. **vs. Northern Illinois (2/28/20) ... 49.050**
4. vs. Iowa (3/14/97).....49.025
vs. BYU (2/13/10)
at Kent State (3/15/13)
vs. Illinois State (3/9/14)
8. vs. Centenary (3/6/15).....49.000
vs. Hamline (1/30/04)
at Illinois State (3/17/03)
11. vs. Centenary (2/10/08).....48.975
12. vs. Ball State (2/19/09).....48.950
at Texas Woman's (2/23/14)

BALANCE BEAM

1. at MIC Championships (3/29/03)49.375
2. at Northern Illinois (3/11/01).....49.275
3. vs. Illinois State (3/2/01).....49.200
4. vs. Texas Woman's (2/19/11).....49.025
5. vs. Hamline (1/30/04).....49.000
6. vs. Air Force (3/14/09).....48.975
7. vs. Denver (1/28/11).....48.900
8. vs. Bowling Green (1/23/04).....48.850
at NIT (4/12/93)
vs. Centenary (3/6/11)
11. **vs. Northern Illinois (2/28/20) 48.775**
vs. Illinois State (2/19/16)

FLOOR EXERCISE

1. vs. Centenary (2/14/04).....49.500
vs. Illinois St. (3/11/97)
3. vs. Iowa (3/14/97).....49.475
4. at MIC Championships (3/29/03)49.450
5. vs. Illinois State (2/13/09).....49.350
6. vs. Southern Utah & Centenary (1/30/09).....49.275
7. Showcase of the Arts (2/21/99).....49.250
8. at Illinois State (3/17/03).....49.225
9. Outback Invitational (3/7/10).....49.175
10. vs. Ball State (2/19/09).....49.150
11. **vs. Illinois State (1/31/20).....49.025**

The 2020 Redhawks gymnastics team set the team record on vault against Northern Illinois at the Tennessee Collegiate Classic (2/28) in Lebanon, Tennessee, with a mark of 49.075. In that same meet, the team finished with a final score of 195.800, which ranks second on the all-time charts and a bars score of 49.050 good for third highest in program history.





All-Around

1. **Ashley Godwin** (3/29/03).....39.550
2. Erin Chenier (3/14/97).....39.525
3. **Ashley Godwin** (2/14/04).....39.450
4. Erin Chenier (3/11/97).....39.425
5. **Dahlia Solorzano-Caruso (2/28/20) ..39.350**
Ashley Godwin (2/21/04)
7. Sandra Blake (3/14/09).....39.325
8. **Ashley Godwin** (3/23/02)39.275
Erin Chenier (1/27/97)
10. Erin Chenier (3/8/97)39.250
11. Alexis Brawner (twice, last 3/18/17).....39.225
Ashley Godwin (1/30/04)
Vanessa Simmons (3/24/95)

Vault

1. Kate Farrington (twice, last 3/18/97).....10.000
3. Kate Farrington (3/11/95).....9.950
4. Kate Farrington (3/14/97).....9.925
Megan Fosnow (3/23/13)
6. Alexis Brawner (3/18/17)9.900
Ashley Thomas (3/21/15)
Kate Farrington (3/10/95)
Megan Fosnow (2/9/14)
Brianna Gaddie (twice, last 3/19/11)
10. Sandra Blake (2/2/08).....9.875
Katie Bloom (1/25/04)
Erin Chenier (twice, last 3/9/98)
Kate Farrington (twice, last 2/15/97)
Megan Fosnow (twice, last 3/9/14)
Brianna Gaddie (3x, last 2/5/11)
Taylor Huey (2/24/12)



Kate Farrington owns the five best vault scores in school history, including a perfect 10.000 on two occasions.

Uneven Bars

1. **Ashley Godwin** (2/14/04).....9.925
Malia Roberts (2/21/99)
3. Erin Chenier (2/27/97).....9.900
Amy Cole (2/17/02)
Kristin Frohlich (twice, last 3/22/97)
Ashley Godwin (2/17/02)
Jacqueline Heath (2/10/08)
Lauren Israel (3/22/14)
Emily Mann (3/14/09)
Christina Sundgren (twice, last 3/19/11)
Tayrn Vanderpool (twice, last 3/22/14)

Balance Beam

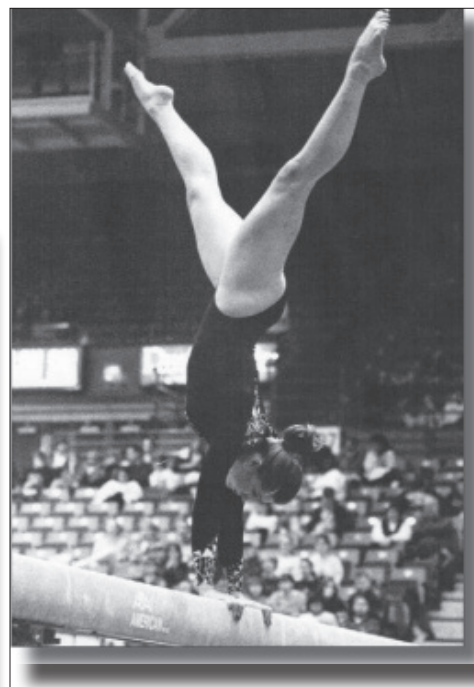
1. **Ashley Godwin** (3/29/03).....9.975
2. Tara Boldt (3/29/03).....9.925
Kristin Frohlich (3/22/97)
Ericka Harrison (3/22/97)
5. **Dahlia Solorzano-Caruso (1/12/20) ..9.900**
Lauren Israel (2/26/16)
Taylor Westrick (twice, last 4/7/12)
Tara Boldt (2/21/04)
Ashley Godwin (2/21/04)
Tara Boldt (1/25/04)
Michelle Walker (3/11/01)
Stephanie Furman (3/1/01)
Malia Roberts (twice, last 3/22/97)



Ashley (Lawson) Godwin holds the school record on the uneven bars, beam, floor and the all-around. Godwin is one of just three gymnasts in school history to record a perfect 10.000 in an individual event (floor).

Floor Exercise

1. **Ashley Godwin** (2/14/04).....10.000
Erin Chenier (3/14/97)
Kate Farrington (twice, last 3/14/97)
5. Alexis Traylor (2/14/04).....9.950
Kate Farrington (3/24/95)
7. McKinzie Jones (3/19/16).....9.925
Brianna Gaddie (twice, last 3/7/10)
Sandra Blake (2/19/09)
Alexis Traylor (1/25/04)
Ashley Godwin (twice, last 4/12/03)
Stephanie Furman (3/24/01)
Kim Carter-Newell (3/19/94)



Kristin Frohlich ranks second all-time on beam and third on bars.





RECORDS

MIC AWARDS

1992

Vanessa Simmons.....All-Around
Heather Markle.....Uneven Bars
Tricia Wells.....Uneven Bars

1996

Kate Farrington.....Vault
Floor Exercise

1997

Erin Chenier.....Vault
Kate Farrington.....Vault

1998

Malia Roberts.....Uneven Bars
All-Around

2001

Stephanie Furman.....Vault

2002

Ashley Godwin.....Uneven Bars

2003

Ashley Godwin.....Balance Beam
Floor Exercise
All-Around

2004

Tara Boldt.....Balance Beam

2007

Jena Nguyen.....Floor Exercise

2008

Sandra Blake.....Floor Exercise

2009

Sandra Blake.....Vault
Floor Exercise
All-Around

2010

Emily Mann.....Uneven Bars

2011

Brianna Gaddie.....Vault
Floor Exercise
Christina Sundgren.....Uneven Bars
All-Around
Taylor Westrick.....Balance Beam

2012

Taylor Westrick.....Balance Beam

2013

Megan Fosnow.....Vault
Taryn Vanderpool.....Uneven Bars

2014

Chelsi Hamilton.....Floor Exercise
Lauren Israel.....Uneven Bars
Ashley Thomas.....Vault

2016

Alexis Brawner.....Vault
McKinzie Jones.....Floor Exercise
Alyssa Tucker.....Uneven Bars

2017

Alexis Brawner.....Vault
All-Around

2018

Alexis Brawner.....Vault

2019

Mackenzie Slee.....Vault

2020

Anna Kaziska.....Vault (NQS)*
All-Around (NQS)*

*2020 MIC Championships cancelled due to COVID-19 pandemic.

Gymnast of the Year

Tara Boldt.....2005
Sandra Blake.....2006
Rikara Turner.....2009
Alexis Brawner.....2016
Anna Kaziska.....2020

Newcomer of the Year

Allison Ezell.....2005
Sandra Blake.....2006
Rikara Turner.....2007
Taylor Penzien.....2013
Alyssa Tucker.....2014
Anna Kaziska.....2019

Senior Gymnast of the Year

Christina Sundgren.....2011
Ashley Thomas.....2017

Coach of the Year

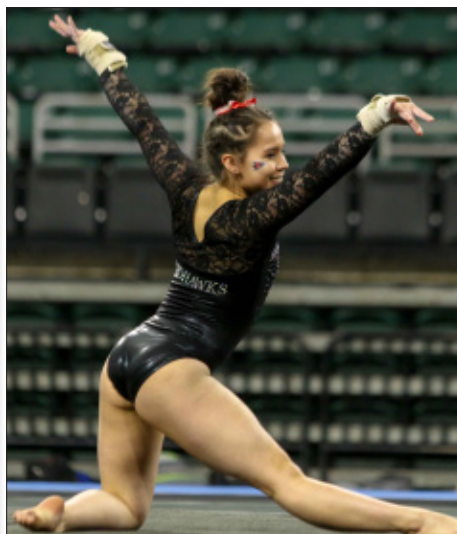
Tom Farden.....2006
Tom Farden.....2007
Tom Farden.....2008
Tom Farden.....2009
Ashley (Godwin) Lawson.....2020
2020 WCGA Region 4 Coach of the Year
2020 USAG Ken Anderson Coach of the Year

Assistant Coach of the Year

Brogan Evanson.....2007
Brogan Evanson.....2008
Jimmy Wickham.....2010
Jessie Kinder-Vasquez.....2011
Sarah Shire Brown.....2014



**Alexis Brawner and former
SEMO Senior Associate Director
of Athletics/SWA Cindy Gannon**



Anna Kaziska



**Ashley (Godwin) Lawson
and Tom Farden**



POSTSEASON HISTORY

RECORDS



NCAA Division I National Qualifiers

1991

Cheri Peterson.....Uneven Bars; 15th

2012

Taylor Westrick.....Balance Beam; 28th

NCAA Division I Regional Qualifiers

1992

Team.....6th

1993

Team.....7th

1994

Kim Carter-Newell.....All-Around; 18th

1995

Team.....7th

1996

Erin Chenier.....All-Around; 25th

1997

Team.....7th

1998

Erin Chenier.....All-Around; 14th
Malia Roberts.....All-Around; 16th

1999

Stephanie Furman.....Vault; 34th
Malia Roberts.....Uneven Bars; 28th

2000

Stephanie Furman.....Vault;
Malia Roberts.....Uneven Bars;

2002

Ashley Godwin.....All-Around; 11th
Michelle Walker.....Floor Exercise; 21st

2003

Ashley Godwin.....All-Around; 19th
.....Floor; Second

2004

Tara Boldt.....All-Around; 11th
Ashley Godwin.....All-Around; 21st
Alexis Traylor.....Floor Exercise; 20th

2005

Katie Bloom.....All-Around; 17th
Tara Boldt.....All-Around; 13th

2006

Team.....5th

2007

Sandra Blake.....All-Around; 19th
Jena Nguyen.....Balance Beam; 8th
Rikara Turner.....All-Around; 20th
Bryanna Wong.....All-Around; 16th

2008

Team.....5th

2009

Sandra Blake.....All-Around; 15th
Brianna Gaddie.....Floor Exercise; 14th
Christina Sundgren.....Uneven Bars; 36th
Rikara Turner.....All-Around; 16th

2010

Brianna Gaddie.....Floor Exercise; 12th
Jordan Salsberg.....All-Around; 17th
Rikara Turner.....All-Around; DNC

2011

Brianna Gaddie.....Vault; 30th
Christina Sundgren.....Uneven Bars; 11th
Taylor Westrick.....All-Around; 17th

2012

Megan Fosnow.....All-Around; 17th
Taylor Westrick.....Balance Beam; 1st

2013

Taryn Vanderpool.....All-Around; 12th

2014

Alyssa Tucker.....All-Around; 7th
Taryn Vanderpool.....All-Around; 13th

2015

Ashley Thomas.....All-Around; 9th

2016

Alexis Brawner.....All-Around; 7th
Lauren Israel.....All-Around; 12th
McKinzie Jones.....Floor Exercise; 14th

2017

Alexis Brawner.....All-Around; 12th

2018

Alexis Brawner.....Floor; 30th

2019

Anna Kaziska.....Floor; 17th

USA Gymnastics Championship Qualifiers

2020

Anna Kaziska.....All-Around, **All-American***
.....Beam, **All-American***
.....Floor, **All-American***
Dahlia Solorzano-Caruso.....All-Around, **All-American***
.....Bars, **All-American***
Mackenzie Slee.....Senior All-Star*

*2020 USAG Championship cancelled due to COVID-19 pandemic.

2019

Anna Kaziska.....Beam, *Runner-up*, **All-American**
.....Floor, *Runner-up*, **All-American**
.....All-Around, 5th, **All-American**
.....Bars, 8th, **All-American**
.....Vault, 18th
Gabrielle Adams.....Vault, 8th, **All-American**
Alana Fischer.....All-Around, 7th
.....Vault, 27th
.....Bars, 12th
.....Beam, 20th
.....Floor, 27th
Mackenzie Slee.....Vault, 8th, **All-American**
.....Floor, 22nd

2018

Gabrielle Adams.....Vault, 23rd
Alexis Brawner.....Vault, 6th, **All-American**
.....Bars, 6th, **All-American**
.....Floor, 7th
Megan Dennis.....Beam, 12th
Alana Fischer.....Beam, 14th
.....Bars, 26th
Samantha Gallet.....Vault, 26th
.....Bars, 14th
McKinzie Jones.....Beam, 3rd, **All-American**
.....Floor, 10th
.....Bars, 28th
McKenna Stanley.....Bars, 6th, **All-American**

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014

FOLLOW THE REDHAWKS AT GOSOUTHEAST.COM





RECORDS

INDIVIDUAL HONORS

/ NATIONAL CHAMPIONS



Diana Morris
1988 USGF DII
Beam Champion



Kim Carter-Newell
1991 USGF DII
Floor/Bar Champion



Cheri Peterson
1991 USGF DII
Vault/All-Around Champion



Alicia Thier
1995 NIT
Beam Champion



Erin Chenier
1995 NIT
Beam Champion

/ ALL-AMERICANS

<u>Gymnast</u>	<u>Event</u>	<u>Year</u>	<u>Gymnast</u>	<u>Event</u>	<u>Year</u>
Aimee Bernier	Beam	1990-91	Jeanne Nass	Beam	1982
Sandra Blake	Academics	2008-09	Toni Niemiec	Beam	1982
Kim Carter-Newell	Vault/Bars/Beam/Floor/All-Around	1991	Cheri Peterson	Vault/Bars/Beam/Floor/All-Around	1988-91
Ginger Dukes	Vault	1990	Jill Prystalski	Beam/Floor	1990-91
Wendy Facklam	Vault/Beam	1988-89	Laurie Schoenbaum	Beam/Floor	1983-84
Sandra Foster	Vault/Bars/Floor	1985-86	Jennifer Schutt	Floor	1989
Margaret Heidbrier	Vault	1984	Jocelyn Scroggins	Vault	1990
Tammy Hener	Beam	1987	Vanessa Simmons	Bars	1991
Debbie Holtgrieve	Beam	1982	Vici Strini	Bars	1984
Jean Kless	Bars	1985-87	Trace Walsh	Bars/Beam/All-Around	1987
Diana Morris	Vault/Bars/Beam/Floor/All-Around	1984-88	Traci Willis	Vault	1991



Bernier was a two-time All-American on the balance beam.



Scroggins garnered All-American honors on the vault in 1990.



Morris was a five-time All-American from 1984-88.



Blake became the first Academic All-American in school history following the 2008 season.



TEAM TITLES & HONORS

RECORDS



MIC Champions

1997
2009
2011
2014

NCAA Division I Regionals

1992
1993
1995
1997
2006
2008

USGF Division II National Champions

1987
1991

AIAW/NCAA/USGF Division II

Nationals

1980
1981
1982
1983
1984
1985
1986
1987
1988
1989
1990
1991

NCAA/USGF Division II Regional Champions

1982
1983
1984
1985
1986
1987
1988
1989

NCAA/USGF Division II Regionals

1980
1981
1982
1983
1984
1985
1986
1987
1988
1989
1990
1991

NACGC/W Academic National Champions

2007
2008
2009
2011
2013



The 1987 team won the USGF Division II National Championship behind four All-Americans. That team was inducted into the Southeast Missouri Hall of Fame in 2004.



In its final Division II season, Southeast won its second USGF Division II title and had six All-Americans. Cheri Peterson qualified for the NCAA Division I Individual Championships on uneven bars. That team was inducted into the Southeast Missouri State Hall of Fame in 2003.

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014





RECORDS

COACHING HISTORY

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014

Year	Head Coach	Record	Conference Finish	Regionals	Nationals
1976	Sarah Stensil	2-5	-	-	-
1977	Jon Rose	1-4	-	-	-
1978	Jon Rose	1-5	-	-	-
1979	Jon Rose	7-9	-	-	-
1980	Bill Hopkins	9-2	-	4th	10th AIAW
1981	Bill Hopkins	20-4	-	2nd	8th AIAW
1982	Bill Hopkins	31-8	-	1st	3rd NCAA-II
1983	Bill Hopkins	36-10	-	1st	3rd NCAA-II
1984	Bill Hopkins	20-6-1	-	1st	2nd NCAA-II
1985	Bill Hopkins	20-5	-	1st	2nd NCAA-II
1986	Bill Hopkins	13-6	-	1st	2nd NCAA-II
1987	Bill Hopkins	16-10	-	1st	1st USGF-II
1988	Bill Hopkins	24-6	-	1st	2nd USGF-II
1989	Bill Hopkins	23-9	-	1st	3rd USGF-II
1990	Bill Hopkins	28-11	-	6th	2nd USGF-II
1991	Bill Hopkins	36-8	-	4th	1st USGF-II
1992	Bill Hopkins	19-10	2nd MIC	6th	-
1993	Bill Hopkins	27-14	2nd MIC	7th	2nd NIT
1994	Bill Hopkins	16-17	4th MIC	-	5th NIT
1995	Bill Hopkins	19-17	3rd MIC	7th	3rd NIT
1996	Bill Hopkins	18-16	2nd MIC	-	3rd NIT
1997	Bill Hopkins	24-14	1st MIC	7th	2nd NIT
1998	Kris Buchheister	14-8	2nd MIC	-	-
1999	Kris Buchheister	12-12	3rd MIC	-	-
2000	Patty Stotzheim	5-15	3rd MIC	-	-
2001	Patty Stotzheim	10-11	2nd MIC	-	-
2002	Patty Stotzheim	9-11	3rd MIC	-	-
2003	Patty Stotzheim	11-13	4th MIC	-	-
2004	Tom Farden	15-7	2nd MIC	-	-
2005	Tom Farden	6-11	4th MIC	-	-
2006	Tom Farden	10-11	3rd MIC	6th	-
2007	Tom Farden	17-9	3rd MIC	-	-
2008	Tom Farden	9-7	2nd MIC	5th	-
2009	Tom Farden	14-3	1st MIC	-	-
2010	Kristi Ewasko	18-7	3rd MIC	-	-
2011	Kristi Ewasko	12-8	1st MIC	-	-
2012	Kristi Ewasko	2-15	5th MIC	-	-
2013	Kristi Ewasko	8-9	3rd MIC	-	-
2014	Kristi Ewasko	16-5	1st MIC	-	-
2015	Kristi Ewasko	7-13	4th MIC	-	-
2016	Kristi Ewasko	12-14	2nd MIC	-	-
2017	Kristi Ewasko	8-16	5th MIC	-	-
2018	Brittney Emmons	7-17	4th MIC	-	-
2019	Ashley Lawson	0-24	6th MIC	-	-
2020	Ashley Lawson	10-7	3rd MIC*	-	-
45 years	9 Head Coaches	641-462-1			

Head Coach	Record	Years
Sarah Stensil	2-5	1
Jon Rose	9-18	3
Bill Hopkins	399-173-1	18
Kris Buchheister	26-20	2
Patty Stotzheim	35-50	4
Tom Farden	71-48	6
Kristi Ewasko	82-83	8
Brittney Emmons	7-17	1
Ashley Lawson	10-31	2

*2020 MIC Championships cancelled due to COVID-19 pandemic. Conference finish based on NQS.



DUAL RECORDS

RECORDS



/ OPPONENTS

Air Force.....	15-2
Alabama.....	0-11
Alaska Anchorage.....	7-1
Arkansas.....	0-3
Arizona.....	0-3
Auburn.....	2-13
Ball State.....	19-12
Bemidji State.....	1-0
Boise State.....	4-4
Bowling Green.....	7-6
Bridgeport.....	6-1
Brigham Young.....	1-5
Cal Poly.....	3-1
Cal State Fullerton.....	0-1
California.....	0-1
Centenary.....	48-7
Central Arkansas.....	3-0
Central Michigan.....	2-5
Central Missouri.....	1-0
Cornell.....	2-1
Denver.....	1-7
DuPage.....	1-0
Eastern Illinois.....	1-0
Eastern Michigan.....	8-5
Emporia State.....	3-0
Florida.....	0-4
Fort Hays State.....	12-0
Georgia College.....	3-0
George Washington.....	1-1
Gustavus.....	1-0
Hamline.....	3-0
Harding.....	1-0
Houston Baptist.....	3-3
Illinois.....	7-17
Illinois-Chicago.....	38-31
Illinois State.....	62-35
Indiana.....	5-1
Indiana (Pa.).....	3-3
Indiana State.....	3-2
Iowa.....	18-12

Iowa State.....	5-11
Ithaca.....	1-0
Jacksonville State.....	6-2
Jefferson State.....	1-0
Kent State.....	1-6
Kentucky.....	4-8
Lindenwood.....	5-15
Louisiana State.....	1-10
Louisville.....	1-9
Maryland.....	1-0
Massachusetts.....	1-0
Memphis.....	1-2
Miami (Fla.).....	1-0
Michigan.....	2-7
Michigan State.....	2-10
Minnesota.....	2-3
Minnesota State-Mankato.....	2-0
Missouri.....	8-35
Morehead State.....	1-0
Murray State.....	1-0
Nebraska.....	1-5
New Hampshire.....	3-2
North Carolina.....	1-1
Northeastern.....	1-0
Northern Colorado.....	4-0
Northern Illinois.....	22-19
Northern Iowa.....	1-0
Northern Michigan.....	7-0
Northwestern.....	2-0
Notre Dame.....	1-0
Ohio State.....	1-5
Oklahoma.....	1-7
Oral Roberts.....	1-0
Oregon State.....	0-2
Pennsylvania.....	1-1
Penn State.....	0-3
Pittsburgh.....	1-1
Purdue.....	1-0
Rutgers.....	3-0
Sacramento State.....	0-1

San Jose State.....	1-1
St. Ambrose.....	1-0
Seattle Pacific.....	11-1
South Dakota State.....	1-0
Southern Arkansas.....	6-0
Southern Connecticut.....	1-0
Southern Illinois.....	6-5
Southern Utah.....	1-1
Springfield.....	1-0
TCU.....	1-0
Temple.....	1-2
Tennessee.....	1-0
Texas.....	0-1
Texas A&M.....	1-0
Texas State.....	3-0
Texas Woman's.....	52-22
Towson.....	2-1
UC Davis.....	2-0
Utah State.....	0-1
Valparaiso.....	17-0
Washburn.....	5-0
Washington.....	0-2
West Virginia.....	1-2
Western Illinois.....	4-2
Western Kentucky.....	1-0
Western Michigan.....	7-6-1
Wheaton.....	13-0
William & Mary.....	2-0
Winona State.....	26-2
Wisconsin.....	1-3
Wisconsin-Eau Claire.....	3-0
Wisconsin-La Crosse.....	11-0
Wisconsin-Oshkosh.....	14-0
Wisconsin-Platteville.....	1-0
Wisconsin-Stout.....	3-0
Wisconsin-Whitewater.....	3-1
Yale.....	1-0

MIC CHAMPIONS // 1997 • 2009 • 2011 • 2014





RECORDS

ALL-TIME LETTERWINNERS

Danyelle Aber (2005-07)
Gabrielle Adams (2018-present)
 Michelle Albury (2002-03)
 Shelly Allison (1987)
 Jessica Bagwill (1999-02)
 Kelly Baldridge (2003-05)
 Patty Barrow (1984-86)
 Laurie Bartelt (1995)
Lindsey Bates (2018-present)
 Cheryl Bauer (1978-79)
 Allyson Bell (2016-2019)
 Kendra Benak (2017-2019)
 Mary Benstrup (1977-79)
 Aimee Bernier (1990-93)
 Sandra Blake (2006-09)
 Katie Bloom (2002-05)
 Tara Boldt (2003-06)
 Erin Brady (2012-15)
 Rebekah Brajcki (1995-98)
 Alexis Brawner (2015-18)
 Sarah Brillhart (2011)
 Jennifer Brittain (1994)
 Carol Brommer (1977)
 Nadine Brown (1987)
 Heather Browning (1997-00)
 Rachel Buckner (1990-92)
 Gina Bufe (1984-87)
 Kelly Burns (1983-84)
 Donna Carr (1990-92)
 Kim Carter (1991, 1994)
 Erin Chenier (1996-99)
 Jordan Clark (2015-16)
 Amy Cole (2000-03)
 Talia Cover (2002-03)
 Aaron Craig (1996-99)
 Gail Crumpecker (1977)
 Suzanne Daher (1985)
 Karen DeSalvo (1978-79)
 Linda Deitz (1978-81)
 Megan Dennis (2018-2019)
Mallory Desch (2020-present)
 Jennifer Dinan (2006-09)
 Lauren Dinan (2008-10)
 Jacklyn Doebbler (2001-04)
 Maureen Dougherty (1981)
 Jessica Dunbar (1997-00)
 Ginger Dukes (1989-90)
 Paula Dusenberry (1984-85)
 Crystal Eberhardt (2002-05)
 Cari Egbert (1997-00)
 Lisa Enge (1981)
 Tanya Etie (1995)
 Alison Ezell (2005-08)
 Wendy Facklam (1988-90)
 Kate Farrington (1994-97)
 Andrea Farris (1997)
 Kendra Farris (1997)

Cindy Feaster (1980-82)
 Anna Fink (2002-03)
Alana Fischer (2018-present)
 Megan Fosnow (2011-14)
 Cindy Foster (1986-87)
 Sandra Foster (1983-86)
 Kristin Frohlich (1995-98)
 Stephanie Furman (1999-02)
 Traci Flippo (2002-04)
 Brianna Gaddie (2008-11)
 Samantha Gallet (2018-2019)
 Amber Garlotte (2007-10)
 Emma Garrett (2011-12)
 Amanda Gdovicak (1997-99)
 Tamara Gent (2012)
 Kara Gibbons (2008-10)
 Julie Gilbert (1980-81)
Ashley Godwin Lawson (2001-04)
 Nancy Greco (1982-83)
 Caralyn Grigo (1978-81)
 Maureen Grimaldi (2006-08)
 Amanda Grimes (2003-06)
 Leigh Guemmer (1978-81)
 Brittany Hadj Romdhane (2016)
 Cheryl Hagene (1994-95)
 Leah Halleman (1986-87)
 Chelsi Hamilton (2014-16)
 Karen Hamilton (1999-02)
 Ericka Harrison (1997-00)
 Haven Haswell (2018)
 Tiffany Hatfield (2003)
 Lisa Heaman (1986-87)
 Hayli Huiner (2013-14)
 Jacqueline Heath (2007-11)
 Margaret Heidbrier (1982-85)
 Lexie Hein (2004-06)
 Tammy Hener (1987-90)
 Debbie Holtgrieve (1983-84)
 Gina Hoormann (1984)
 Taylor Huey (2012-13)
 Lisa Hughes (1986-87)
 Gabrielle Isola (1981)
 Lauren Israel (2014-16)
 Carrie Johnson (1990-93)
Jordan Jones (2020-present)
 McKinzie Jones (2016-18)
 Kathy Kahre (1978-79)
 Kasey Karban (2001)
Anna Kaziska (2019-present)
 Jennifer Kaye (2005)
 Meredith Keen (1997)
 Alex King (2006)
 Jean Klees (1984-87)
 Karen Kohrs (1977)
 Amy Kovacs (1990-93)
 Melanie Krehl (1998-00)
 Kelley Krengiel (2007-10)

Diane Laszczak (1988-89)
 Jennifer Laszczak (1989)
 Diane Lattimore (1993-95)
 Lilly Le (2004)
 Mindi Lineweber (2005)
 Cristie Logan (1995-99)
 Stephanie Maloney (1990-92)
 Laura Mangan (1987)
 Emily Mann (2009-10)
Makenzie Marciniak (2020-present)
 Nancy Marcotte (1978-79)
 Heather Markle (1990-92)
 Samantha Marrero (2011-14)
 Chloe Marshall (2014-15)
Molly Maxwell (2020-present)
 Maureen McDonough (1981)
 Lisa McFarland (1977)
 Tami McGaugh (1982)
 Wendi Meier (1985-88)
 Marcy Meyers (1980)
Jolie Miller (2020-present)
 Kelly Miller (1992-95)
 Ami Mills (1983)
 Paige Milroy (1989-92)
 Traci Mitchell (2000)
Lindsey Moffitt (2020-present)
 Erica Moore (2008-11)
 Diana Morris (1985-88)
 Jeanne Nass (1982-83)
 Leigh Nelson (1989)
 Jena Nguyen (2007-10)
 Toni Niemiec (1982-83)
 Kim Oblak (1994)
 Kim Oetter (1994-96)
 Deanna Ogg (2003)
 Margaret O'Neal (2011-12)
 Megan Owen (1997-99)
 Sarah Pack (1992-93)
 Renae Parr (1993-95)
 Maggie Paubel (2003)
 Taylor Penzien (2013-16)
 Cheri Peterson (1989-91)
 Kimberly Pickerl (2011-14)
 Raina Ponartz (1989)
 Brystol Powelski (2004-06)
 Laura Prentice (1988-89)
 Jill Prystalski (1990-93)
 Judy Pyle (1986-87)
 Jaci Roberts (1977)
 Kim Roberts (1990-91)
 Malia Roberts (1997-00)
 Traci Roberts (1988-92)
 Lauren Ross (2000)
 Chrissy Rushton (1989)
 Jordan Salsberg (2010)
Michael Sanders (2018-present)
 Tracey Sauls (1988)

Laurie Schenbaurn (1982-85)
 Amanda Schoenbaum (2008-10)
 Jennifer Schutt (1989-92)
 Deanne Schwartz (1985)
 Starlyn Schwartz (2006-09)
 Kenna Skepnek (2018-2019)
 Jocelyn Scroggins (1987-90)
 Angela Serafini (2011-12)
 Heather Sharp (1994)
 Dawn Shuda (1986-87)
 Vanessa Simmons (1991-95)
 Mackenzie Slee (2017-2020)
 Erica Smith (1995-99)
 Kathy Smith (1998-01)
 Sandi Smith (1980-83)
 Christa Soekamto (2009-11)
Dahlia Solorzano-Caruso (2020-present)
 Candace Spicer (2000-03)
 McKenna Stanley (2015-18)
 Kelsey Stauffer (2006-08)
 Alexandria Stokes (2014-16)
 Hazel Stricker (1997-98)
 Vici Strini (1982-85)
 Christina Sundgren (2008-11)
 Courteney Taylor (2017)
 Alicia Their (1993-96)
 Ashley Thomas (2014-17)
 Erika Thomas (2006)
 Maya Tran (2019)
 Alexis Traylor (2002-05)
 Kathy Tronzo (1982-83)
 Alyssa Tucker (2014-16)
 Rikara Turner (2007-10)
 Chelsea Unold (2006)
 Taryn Vanderpool (2011-14)
 Annette Vaughn (1988)
 Olivia Vincent (2016)
 Carol Wade (1988-89)
 Stephanie Walbran (1985)
 Bailey Walker (2014-15)
 Michelle Walker (1999-02)
 Jen Wall (1997-98)
 Trace Walsh (1986-87)
 Natalie Watts (2004-05)
 Patty Watts (1985-88)
 Taylor Westrick (2011-12)
 Tessa Whitaker (1987-90)
 Alicia White (2001)
 Jordan Williams (2018)
 Shannon Williams (1991)
 Traci Wills (1991-94)
 Tricia Wills (1992)
 Elenor Wilson (1999-02)
 Bryanna Wong (2007-10)
 Tammy Wyatt (1993-94)





2021



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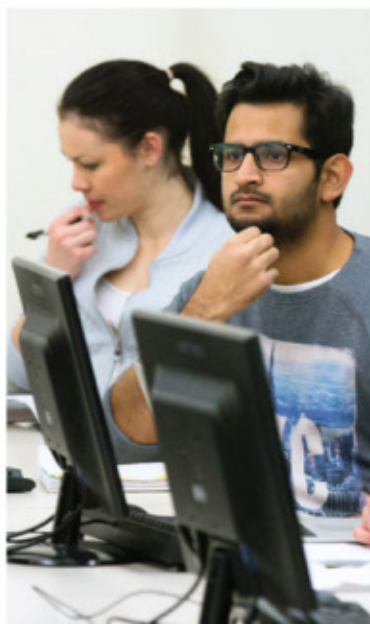


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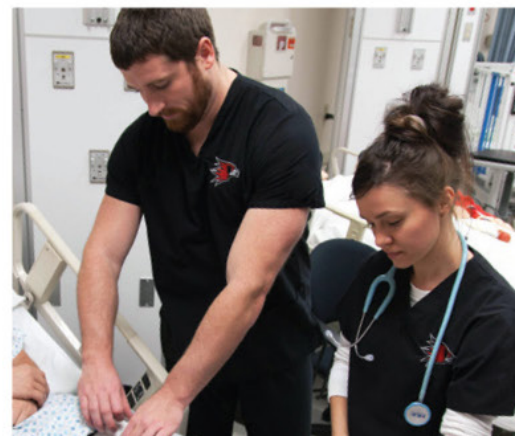
THE BEST PLACE TO LEARN ABOUT U.S. POLICY is where it's actually being shaped. So you'll go to the **Center for Strategic and International Studies (CSIS) in Washington, D.C.**, for part of our University Studies course. For four exhilarating days, you'll work directly with researchers and consultants who advise national leaders. And if you're really on top of your game, you may end up influencing the strategies you've come to study.



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The workforce is just that: a force. And it's one you'll meet head on at Southeast Missouri State. We'll help you find internships (that's plural on purpose) and coach you through any challenges or questions that come your way.



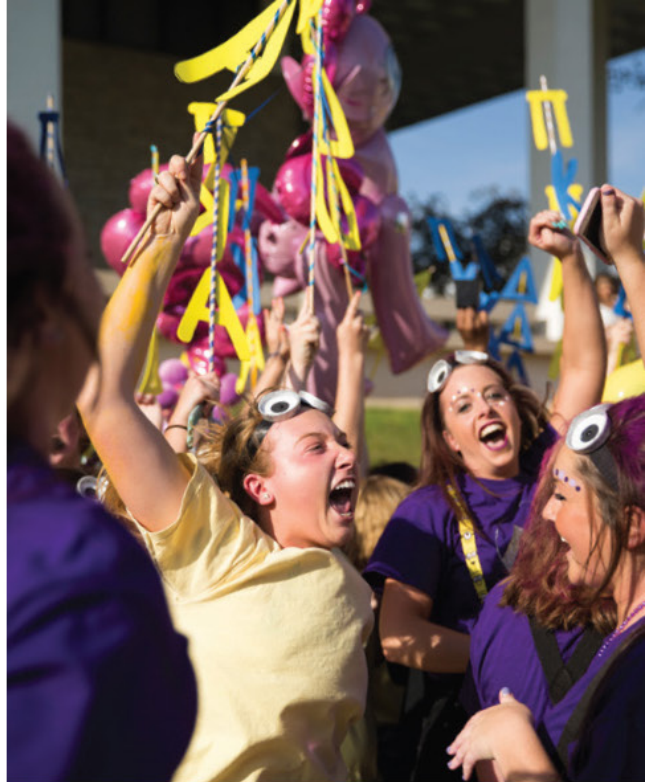
SET OUT AND JOIN IN.

Earn your wings early. Chew your way into campus history. Share your musical gift. Meet your new brothers or sisters. Whatever you do — whether it's joining a club or carrying on a tradition — just know that you won't do it alone (except the chewing part).

21

SOCIAL FRATERNITIES AND SORORITIES

Representing the IFC, Panhellenic and NPHC Councils. Many of them call Greek Hill home. And in Fall 2016, a new Greek Village will open on campus, providing an expanded Greek community where thousands of students will make new memories of brotherhood and sisterhood.



180+ student groups

With organizations on campus from A (Adult Recess improv group) to Z (Zeta Phi Beta Sorority), there's something to meet every professional, social, recreational or religious interest. And if you can't find what you're looking for, form your own group.

We honor our heritage by sticking to our traditions.

Some of them, quite literally. For years, students have been making the trek up **Cardiac Hill** (a tradition in its own right) to add their chewing gum to our infamous **Gum Tree**.



MAKE ART THAT INSPIRES.

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a campus
that's equally
inspiring.



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breat

Dobbins River Campus Center

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But you don't have to be a student
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rming Arts to appreciate it.
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test exhibits. Or just enjoy the
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musical performances, you'll hear
everything from the classics to the
contemporary — including Brahms'
Double Concerto in A Minor and
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2021 SCHEDULE

<u>Date</u>	<u>Opponent</u>	<u>Time</u>	<u>Date</u>	<u>Opponent</u>	<u>Time</u>
Jan. 16	at Texas Woman's* vs. Lindenwood* Denton, Texas	6 p.m.	Feb. 19	at Lindenwood* St. Charles, Mo.	6 p.m.
Jan. 22	at Tennessee Collegiate Classic Lebanon, Tenn. vs. Northern Illinois vs. Centenary* vs. Lindenwood*	7 p.m.	Feb. 26	vs. Centenary* Illinois State* Show Me Center	6:30 p.m.
Jan. 24	Illinois State* Houck Field House	1 p.m.	March 12	vs. Lindenwood* Houck Field House	6:30 p.m.
Jan. 29	Texas Woman's* Houck Field House	6:30 p.m.	March 19	MIC Championships Normal, Ill. (Illinois State)	7 p.m.
Feb. 6	at Illinois State* Normal, Ill.	2 p.m.	April 2	NCAA Regional Championships TBD	TBA
Feb. 12	at Mardi Gras Invitational St. Charles, Mo. (The Family Arena) vs. Lindenwood* vs. Illinois State* vs. Air Force vs. Ball State vs. Eastern Michigan	6 p.m.	April 9-11	USAG Collegiate National Championships Show Me Center	
			April 16	NCAA National Championships TBD	TBA

Home Meets in **Bold**/Held at Houck Field House unless stated otherwise.

* Denotes Midwest Independent Conference Meet.

Top team listed for away meets is host team.

All times central and subject to change.



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