

## ATHLETIC INJURY CARE AND SERVICES

Visiting teams may utilize the athletic training facilities for any therapeutic needs. Modalities available include: electrical stimulation, ultrasound, hot packs and ice. If you should need to use the facility, please notify us prior to your arrival. If your team is traveling without an athletic trainer, please have a written treatment protocol for each athlete needing therapy from an ATC.

The Athletic Training staff will provide the following supplies at all home events:

Water	Emergency equipment
Cups	Injury Ice

Please notify us of any special considerations prior to your visit.

### **Abe Stuber Track and Field Complex**

1515 North Sprigg St.

Cape Girardeau, MO 63701

### **Capaha Field (Baseball)**

Intersection of Legion Dr. and Normal Ave.

Cape Girardeau, MO 63701

### **Houck Field House/Houck Stadium (Football, Soccer, Volleyball, Gymnastics)**

Intersection of Broadway St. and Bellevue St,

Cape Girardeau, MO 63701

### **Show Me Center**

#### **(Men's and Women's Basketball)**

1333 North Sprigg St.

Cape Girardeau, MO 63701

### **Softball Complex**

Intersection of North Sprigg St. and Bertling St.

Cape Girardeau, MO 63701

### **Tennis Complex**

Intersection of North Sprigg St. and Bertling St. (across from softball complex)

Cape Girardeau, MO 63701



**SOUTHEAST MISSOURI STATE UNIVERSITY**

Department of Sports Medicine  
One University Plaza MS 7000  
Cape Girardeau, MO 63701

## **SOUTHEAST MISSOURI STATE UNIVERSITY**

### GUIDE FOR VISITING ATHLETIC TEAMS



# WELCOME TO SOUTHEAST MISSOURI STATE UNIVERSITY

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Welcome to Cape Girardeau, Missouri, home of the Redhawks. This brochure contains information regarding athletic healthcare during your visit. Should you encounter any issues, feel free to contact the ATC for your designated sport.

## Team Physicians

Southeast Orthopedics and Sports Medicine

573-519-4960

Dr. Anthony McPherron

Dr. Andrew Lawrence

## Chiropractor

Dr. Brian Stevens (573)339-0220

## Optometrist

Dr. Joel Allison (573)204-7302

## Dentist

Dr. Ronald Lessmann (573) 334-3966

## SPORTS MEDICINE STAFF

### Staff Athletic Trainers

**Amanda Martin**  
Co-Head Athletic Trainer  
Men's Basketball  
(405) 694-3444

**Ben Fox**  
Co-Head Athletic Trainer  
Football  
(573) 999-6217

**Kristin Jones**  
Assistant Athletic Trainer  
Track / Cross Country  
(660)-233-6029

**Holly Reynolds**  
Assistance Athletic Trainer  
Gymnastics  
(417) 773-9102

### Graduate Assistant Athletic Trainers

**Hannah Gates**  
(206) 331-5548

**Allie Ayers**  
(217)836-1232

**Zach Weber**  
(660)631-1188

**Patience Ivy**  
(318)-871-4496

## MEDICAL FACILITIES

**Southeast Missouri Hospital**  
1701 Lacey Street  
Cape Girardeau, MO 63701  
ER: (573) 651-555

**St. Francis Medical Center**  
211 St. Francis Dr.  
Cape Girardeau, MO 63701  
ER: (573) 331-5110

**Doctor's Express Urgent Care**  
465 S. Mt. Auburn  
Cape Girardeau, MO 63703  
(573) 335-2900

## PHARMACIES

**Walgreens**  
1 S Kingshighway St.  
(573) 339-1700

**Walmart**  
3439 William St.  
(573) 335-3884

**Broadway Prescription**  
710 Broadway  
(573) 335-8207

**CVS**  
2161 Williams St  
(573)651-5264

