

YOUR REDHAWKS

2018-19 TRACK & FIELD MEDIA GUIDE

#LETSSOAR





**DO
YOU
HAVE
THE
WILL
TO**

serve all
community
members?



**SOUTHEAST MISSOURI
STATE UNIVERSITY • 1873**



TABLE OF CONTENTS



INTRO TO REDHAWK TRACK & FIELD

Media Information.....	4-5
Abe Stuber Track Complex.....	6-7
Student Rec Center.....	8-9
Holcomb Success Center.....	10-11
Social Development.....	12-13
Strength & Conditioning.....	14-15
Sports Medicine.....	16-17
Redhawks & Under Armour.....	18-19
President Dr. Carlos Vargas.....	20-21
Director of Athletics Brady Barke.....	22-23
Athletics Staff.....	24-27
Mission Statement.....	28

2018 CROSS COUNTRY RECAP

Women's Roster / Recap.....	30
Women's Results.....	31
Men's Roster / Recap.....	32
Men's Results.....	33
Cross Country Honors.....	34

COACHING STAFF

Head Coach Eric Crumpecker.....	36-37
Assistant Coach Ryan Lane.....	38-39
Assistant Coach Danielle Burbage.....	40
Assistant Coach Chris Navarro.....	41

PLAYER PROFILES

Men's Profiles.....	44-72
Women's Profiles.....	74-98

RECORDS & HISTORY

Individual Records.....	100-103
Relay Records.....	104-105
Women's Top Performance Lists.....	106-107
Men's Top Performance Lists.....	108-109
Relay Top Performance Lists.....	110-111
OVC Honors.....	112-113
All American Honors.....	114-115
Facility Records.....	116-117
Hall of Fame.....	118-122

THIS IS THE OVC

OVC History.....	124-125
2019 OVC Championships.....	126
OVC Staff.....	127
OVC Map.....	128

THIS IS SOUTHEAST

University Guide.....	130-135
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CREDITS

The 2018 Southeast Missouri Track and Field Information Guide was written, edited and designed by Strategic Communications Graduate Assistant Eric Mueller. Additional graphics assistance provided by Veda Barnett, Tonya Wells, Krista Mayfield, and Josh Russell. Photography by Marc Mahnke, Bill Barrett, Nick South, Josh Russell, Jeganaath Mudaliar, Marcus Painton and Keith Hente. Other editorial assistance by Assistant Director of Athletics for Strategic Communications Jeff Honza and Assistant Director of Strategic Communications Morgan Harding.

NCAA Infractions Report

Southeast Missouri State University accepts the sanctions announced today by the National Collegiate Athletic Association (NCAA) Division I Committee on Infractions panel in its investigation into the Southeast men's basketball program during the 2015-2016 academic year.

Summary of the violations:

The case involved academic misconduct by a former assistant men's basketball coach at Southeast and centered on 1) knowingly arranging for the receipt of fraudulent academic credit for a prospective student-athlete; 2) providing false or misleading information during his interviews; and 3) failure to cooperate with the institution and enforcement staff's investigation.

Penalties prescribed by the panel include the following:

- Public reprimand and censure of the University
- A two-year extension of probation from the University's 2016 infractions case involving the women's basketball program, which will conclude on Feb. 11, 2019.
- A six-year show-cause period for the former coach from March 10, 2017, through March 9, 2023. Any NCAA school employing him in an athletically related role during that time can appear with him before a Committee on Infractions panel to determine if the former coach's athletically related duties should be limited.
- A \$5,000 fine (self-imposed by the University).



MEDIA

CREDENTIALS

Credentials are required for entrance to the track, field and pressbox (for photographers).

To request season or single-meet credentials, please contact the Southeast Missouri Strategic Communications office by phone at (573) 651-2937 or email at ejmueller@semo.edu. Credentials can be picked up at the meet location or prior to competition day at the Southeast Athletic Administration building.

PRESS ROW

Seating is assigned by the Southeast Missouri Strategic Communications office. Professional conduct is expected at all times. Cheering or outward expression is inappropriate. Credentials must be worn at all times. Failure to abide by these policies can result in credentials being revoked.

PHOTOGRAPHERS

Please observe NCAA regulations and shoot from the designated areas at the Abe Stuber Track & Field Complex and Rec Center. Flash photography is strictly prohibited inside the Rec Center.

INTERVIEW POLICIES

Student-athletes and coaches are generally available after practice or upon request. Please provide the Strategic Communications office with at least 24 hours notice to coordinate interviews with student-athletes and coaches. Requests can be made by calling Eric Mueller at (573) 651-2937. Mueller can also be reached via email at ejmueller@semo.edu.

STRATEGIC COMMUNICATIONS



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GOSOUTHEAST.COM



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INFORMATION

TRACK & FIELD EMAIL LIST

If you would like to be added to the Redhawk Track & Field email list to receive breaking news about the team, please email Eric Mueller at ejmueller@semo.edu. The official website, GoSoutheast.com, is the best source for up-to-date information about the team.



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@SEMOTRACK**



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/SEMOTRACK**



@GOSOUTHEAST SEMOREDHAWKS



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ABE STUBER

Abe Stuber Track Complex is the home location for meets held at Southeast Missouri during the outdoor season. Considered one of the finest track facilities in the Midwest, it has been the host of the Ohio Valley Conference Outdoor Track & Field Championships six times and three NCAA Division II Championships. The facility is also home to the Joey Haines Invitational which is held during the first weekend of April every year.

Dedicated in the spring of 1980 and named after the late Abe Stuber - who coached the

Southeast track squads from 1932-46 - the facility includes a press box and spectator seating for up to 2,000.

Recently, an \$800,000 update took place as all track and field runways were resurfaced, jumping areas were renovated and new fencing was added to the complex. Previous updates included a brand new hammer cage added in March, 2012 and an office/weight room adjacent to the track in 2002.

The 2,000-square foot building houses a weight room, coaches offices, restrooms and storage. The weight room is equipped with seven multipower

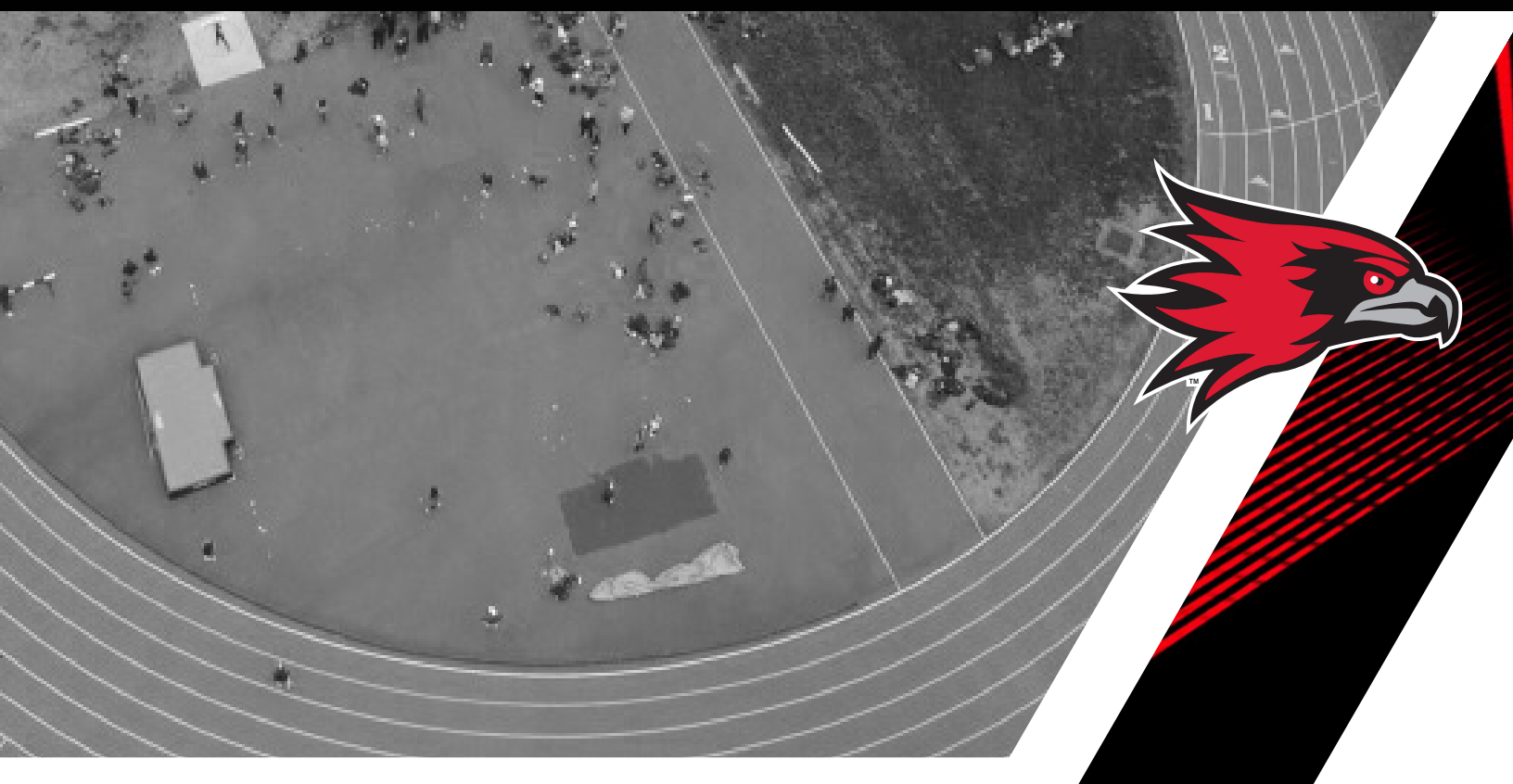
racks and lifting platforms, containing nearly 5,000 pounds of free weights, 3,000 pounds of dumbbells and numerous weight training machines.

The Abe Stuber Track Complex is located on the north edge of campus off Sprigg Street and within walking distance to the University.





TRACK COMPLEX





STUDENT

Southeast Missouri's North Student Rec Center is the home for the Redhawks indoor track meets. All events are held in the east gym of the facility.

The Student Recreation Center is the headquarters of the Recreation Services Department and is the primary facility for recreation activity.

The indoor track is a four lane, 170 meter running/walking track (9 laps per mile). A work out "pit" is the main attraction of the building, containing 4252 square feet of free weight, plate loaded and cable system equipment.

The facility also contains multiple levels of cardio machines, with one overlooking the track and basketball courts in the east gymnasium. The east gym also features a rock climbing wall, racquetball courts and secluded dumbbell room.

The facility contains five basketball courts in total and plays host to both men's and women's basketball practices throughout the year.





REC CENTER





ACADEMIC

The Holcomb Success Center offers Southeast Missouri student-athletes a place to study and develop as students and campus leaders.

It is located in the Student Recreation Center, just south of Houck Field. The Holcomb Success Center offers a computer lab with 18 work terminals, study areas and rooms for group meetings. The facility houses the Southeast Academic Services staff and main weight room for Redhawk student-athletes.

The beautiful facility has enhanced the outstanding work in the classroom already enjoyed by Southeast student-athletes.

Last year, the Redhawks recorded a 3.21 cumulative grade point average in the fall and spring semesters. Women's

tennis paved the way with a 3.76 cumulative GPA, while gymnastics, women's cross country and women's soccer followed close behind with 3.70, 3.69 and 3.68 marks, respectively.

In all, 211 student-athletes finished with a 3.0 or higher cumulative GPA, including 12 with a 4.0 and 115 at 3.5 or better. That total accounted for over 64 percent of the entire student-athlete population.

During the spring semester alone, the Redhawks had nine programs post a 3.10 or better GPA, including women's tennis (3.87), women's cross country (3.66), women's soccer (3.65), gymnastics (3.60), softball (3.59), women's basketball (3.39), women's track & field (3.36), volleyball (3.29) and baseball (3.17).

Tutors are available for all student-athletes as needed. In addition, both attendance and academic progress is monitored through regular checks with faculty.

A special course is required for all first time student-athletes at Southeast. The course, which offers three credit hours, is part of a comprehensive program developed to address study skills and life skills topics, and thus, enhance retention and academic success for student-athletes.

Entering student-athletes are evaluated for academic preparedness and assigned to appropriate categories. Student-athletes can also receive individualized academic

programs which include meeting with a mentor bi-weekly to discuss academic progress.

The Holcomb Success Center staff works to get athletes involved in campus and community projects, as well. This is done to provide a support structure and greater opportunity for academic success. Through the NCAA's CHAMPS/Life Skills Program, the Holcomb Success Center gives student-athletes personal and professional skills in order to facilitate successful and productive futures.



EXCELLENCE





SOCIAL

Student-athletes and coaches at Southeast Missouri are dedicated to giving back to the community that so generously supports them.

Redhawk student-athletes have opportunities to participate in a variety of community service activities each year. Community involvement helps provide a support structure and greater opportunity for academic success.

We are proud of the level of commitment shown by our student-athletes and always encourage them to participate in community service projects here at Southeast.

Southeast student-athletes also have the opportunity to participate in the Redhawks BRIDGE Program. The mission of the Redhawks BRIDGE Program is to develop a comprehensive student-athlete

development program by Building Responsible Individuals and Delivering Gainful Experiences. This program provides student-athletes with both leadership and life skills experiences through interactive programming that will prepare them to be successful in life after athletics. The leadership programming will teach student-athletes about Southeast's culture and allow them to learn, develop, and apply leadership skills. The life skills programming provides educational programs designed to assist student-athletes in identifying and applying transferable skills and experiences to prepare them to succeed outside of the athletic arena.





DEVELOPMENT





COMPETITIVE

Southeast Missouri's Strength and Conditioning program is committed to developing the total student-athlete through their experiences within a competitive training environment.

Southeast's weight room renovations at the Holcomb Success Center were completed in January, 2016.

Indoor turf, weights, equipment and lifting platforms were added as part of the renovation, which cost \$500,000. The facility now has more space and equipment to handle Southeast's larger teams or multiple teams training at the same time. Branding and new lighting were also included in the overall project.

The newly-renovated weight room enhances training with the best equipment available and is able to accommodate larger teams

or multiple teams training at the same time.

TRAINING PRINCIPLES FOR SOUTHEAST ATHLETES

1. Reduce the risk of injuries
 - If a student-athlete is injured, he/she will not be able to compete at practice or games.
2. Ensure the athletes are optimally prepared to compete
 - It is our responsibility to best manage all stressors that are placed on the student-athletes body in order to achieve the best results on the playing field.

3. Maximize athletic ability
 - We challenge each athlete, both physically and mentally, in order to achieve optimal results.

EXERCISES FOR SOUTHEAST ATHLETES ARE BASED ON THE FOLLOWING PRINCIPLES:

1. Ground Based Movements
 - Athletes compete with their feet on the ground, and therefore, should train that way. The ability to produce force against the ground determines how fast athletes can run and how high they can jump.
2. Three-Dimensional Movements
 - Athletes must be able to stabilize themselves in

all planes of movement. A fancy way of saying we use free weights (barbells/dumbbells vs. machines).

3. Multi-Joint Movements
 - Very rarely in sport do athletes isolate one single joint at a time. Athletes can train more muscle mass at the same time.



SUCCESS





SPORTS

Prevention. Treatment. Rehabilitation. Education. Those are the four primary phases of athletic training, and the Southeast Missouri athletic training staff strives to fulfill all of those areas when working with student-athletes on a daily basis.

Southeast student-athletes are offered the best care possible by the athletic training staff. The Sports Medicine department includes five full-time athletic trainers, six graduate assistants and several student assistants. The staff serves student-athletes around-the-clock at numerous facilities on campus.

The athletic trainers begin treatments and rehabilitation starting as early as 6 a.m., and are available until the last student-athlete is through.

There are currently four

athletic training facilities on campus. The staff treats out of the Rosengarten Athletic Complex, where the primary training room is located. There are two other satellite athletic training rooms, including one at Houck Field House and one at the Show Me Center.

The Southeast athletic training rooms are equipped with stationary bikes, hand weights, therapeutic modalities and the latest physical therapy equipment. Each component is strategically designed to not only give the student-athlete the best care, but also to aid in returning to competition as quickly as possible.

Southeast Athletic Training has strong working relationships with local physicians and two hospitals in Cape Girardeau. It

is from these hospitals that the Athletic Training department is assisted by four orthopedic physicians.

The Southeast Athletic Training program prides and commits itself to providing the best comprehensive, personalized and efficient healthcare to its student-athletes. Delivery of healthcare focuses on the prevention and management

of athletic-related injuries or illnesses, while adhering to the National Athletic Trainers' Board of Certification Standards of Professional Practice. Our high quality of athletic healthcare is provided in combination with the education of athletic training students.



MEDICINE





REDHAWKS AND

Southeast Missouri and Under Armour, Inc. (NYSE: UA, UAA) announced a new partnership agreement. The Baltimore-based global leader in performance footwear, apparel and equipment became the official outfitter of Southeast Missouri Athletics beginning July 1, 2018.

As part of the multi-year agreement, Under Armour will provide on-field and training gear for 15 sports. Additionally, Under Armour will outfit members of the athletic department including coaches and staff.

"We are extremely excited to announce our partnership with Under Armour and BSN SPORTS to outfit our student-athletes and coaches with the highest quality apparel in the market," said Director of Athletics Brady Barke. "Having two of the industry leaders

in athletic apparel associated with us will expand the resources available to each of our teams and significantly benefit our student-athletes."

The new official outfitter agreement includes marketing entitlement that will complement Under Armour's brand marketing campaigns through print and venue presence at the University.

Southeast Missouri's athletic programs include football, men's basketball, women's basketball, baseball, men's cross country, women's cross country, softball, women's tennis, volleyball, women's soccer, men's outdoor track & field, men's indoor track & field, women's outdoor track & field, women's indoor track & field and women's gymnastics.

The Redhawks compete at the NCAA Division I level and

are part of the NCAA Football Championship Subdivision (formerly I-AA) in football. Southeast first became a member of the Ohio Valley Conference when it moved to NCAA Division I in 1991-92. The Redhawks have won 53 OVC regular-season championships and 18 OVC tournament titles during their first 26 years in the league. Southeast also won seven Women's All-Sports trophies in that span.

Southeast Missouri joins the growing Under Armour roster of NCAA partners that includes the University of California, Los Angeles, University of California, Berkeley, University of Wisconsin, University of Notre Dame, Naval Academy Athletic Association, University of Maryland, Texas Tech University, Northwestern University, University of Cincinnati,

Boston College, University of Utah, University of South Carolina and Auburn University.

ABOUT UNDER ARMOUR

Under Armour, Inc., headquartered in Baltimore, Maryland is a leading innovator, marketer and distributor of branded performance athletic apparel, footwear and accessories. Designed to make all athletes better, the brand's innovative products are sold worldwide to consumers with active lifestyles. The company's Connected Fitness™ platform powers the world's largest digitally connected health and fitness community. For further information, visit www.uabiz.com.



UNDER ARMOUR

 UNDER ARMOUR.



PRESIDENT

Dr. Carlos Vargas became the 18th president of Southeast Missouri State University July 1, 2015, after having served as acting president at Kutztown University of Pennsylvania.

Since becoming president, Dr. Vargas has launched initiatives to marshal the resources, leverage opportunities and address a variety of challenges and needs of Southeast Missouri State University. He has set as primary goals for the institution the support for student persistence and retention.

He has encouraged and supported the identification and development of innovative academic programs, including bachelor's degrees in Unmanned Aircraft Systems, Geographic Information Science, and industrial

and systems engineering. He has continued to support the globalization of the campus through expansion of study-abroad experiences, extensive engagement of international students, and encouragement of students on campus and abroad to explore cultural interaction. He has championed the work of the President's Task Force on Diversity Education and continued emphasizing the expectations for enhancement of the teacher-scholar model. Under President Vargas' leadership, regional partnerships and collaborations have been solidified, including several joint initiatives with Three Rivers, Mineral Area and other community colleges.

Prior to assuming the presidency at Southeast, Dr. Vargas served one year as acting

president of Kutztown University, where he also served as the provost and vice president for academic and student affairs.

Prior to his tenure at Kutztown, Dr. Vargas was at Central State University in Wilberforce, Ohio, where he served as provost and vice president for academic affairs. He previously served in several roles at Kent State University (Ohio) for a total of 18 years, including founding director of the program on electron beam technology. He was also Kent's associate dean for research, interim assistant dean for research and interim assistant dean for the School of Technology. He started his tenure at Kent State in 1985 as a professor, and continued to teach until his departure from the university in 2003.

Dr. Vargas began his career in

higher education at the National Autonomous University of Mexico (UNAM), from which he received a Bachelor of Science in physics.

He earned his Ph.D. in physics and aerospace science from the University of Michigan and he has Master of Science degrees from Michigan in both physics and aerospace science. He is married to Pam Vargas, who currently serves as director of Research and Grant Development at Southeast, and they have a son, a daughter, and two granddaughters.



VARGAS

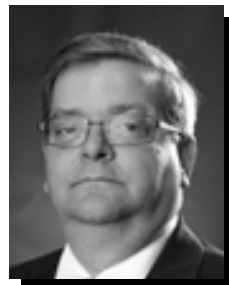
SOUTHEAST MISSOURI STATE BOARD OF REGENTS



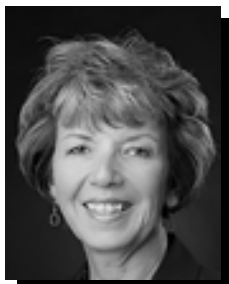
DONALD G. LAFERLA
President



EDWARD P. GARGAS
Vice President



PHILLIP M. BRITT



TINA L. KLOCKE



JAY B. KNUDTSON



KENDRA NEELY-MARTIN



LUKE M. LEGRAND
Student Representative





BRADY

Brady Barke is in his third year as Southeast Missouri's Director of Athletics.

Barke served as the Interim Director of Athletics since July, 2015, before being named to the permanent position of Director of Athletics on June 7, 2016.

Most recently, Barke reached a multi-year agreement with Under Armour. The Baltimore-based global leader in performance footwear, apparel and equipment became the official outfitter of Southeast Missouri Athletics on July 1, 2018.

As part of the multi-year agreement, Under Armour will provide on-field and training gear for 15 sports. Additionally, Under Armour will outfit members of the athletic department including coaches and staff.

Academically, Southeast's athletic teams recorded a 3.21 cumulative grade point average

in 2017-18. Women's tennis paved the way with a 3.76 cumulative GPA, while gymnastics, women's cross country and women's soccer followed close behind with 3.70, 3.69 and 3.68 marks, respectively.

In all, 211 student-athletes finished with a 3.0 or higher cumulative GPA, including 12 with a 4.0 and 115 at 3.5 or better. That total accounted for over 64 percent of the entire student-athlete population.

During his first year in 2016-17, Barke introduced Andy Sawyers as the Redhawks head baseball coach and worked tirelessly on two major renovation projects.

Nearly a month after Sawyers was hired, Southeast Missouri State and the City of Cape Girardeau officially broke ground on Capaha Field. New synthetic turf, new fencing and a digital scoreboard in the outfield were added as part of the \$1.8 million

project that was completed before Southeast's season-opener. More improvements are in the works at Capaha Field.

On Feb. 3, 2017, Southeast formally dedicated Holcomb Success Center. To honor the long-time service and philanthropy of Dr. John and Judy Holcomb, the University named the facility the Holcomb Success Center located in the Student Recreation Center-South.

Indoor turf, weights, equipment and lifting platforms were added as part of the renovation at a cost of \$500,000. The facility now has more space and equipment to handle Southeast's larger teams or multiple teams training at the same time. Barke helped secure the Holcombs gift, the largest single cash gift in Southeast Athletics history.

Major improvements were also

made to the second floor of the building where athletic academic services are housed. This space provides student-athletes with places to study and features a computer lab with 30 work terminals and rooms for group meetings. Staff members assist student-athletes with life skills development, academic advising and academic progress toward degree requirements and NCAA eligibility.

More than \$240,000 in pledges for the Redhawks Club unrestricted booster fund has been raised under Barke's leadership. It is the largest total since the 2003-04 school year. More than \$266,000 was raised in Sponsorship & Marketing contracts for FY18 marking the fourth-consecutive year of Sponsorship and Marketing revenues.

Football and volleyball ticket sales revenue were the second-





BARKE

highest total in the last 12 years.

Barke has also worked hard to enhance Redhawks branding around the community. Redhawk banners, S-E! M-O! billboards, Welcome to Redhawk country and Your Redhawks yard signs are prominently displayed all over Cape Girardeau.

Barke created the Redhawks Trivia Night & Auction, a sold out event that generated over \$40,000 in net revenue its first year. In addition, he launched the Redhawks BRIDGE program which provides student-athletes with both leadership and life skills experiences through interactive programming that will prepare them to be successful in life after athletics.

Barke, senior associate to the president and secretary to the Board of Regents at Southeast, officially began as Director of Athletics on July 1, 2016.

Barke served as Interim Associate Director of Athletics for Compliance & Student Support Services before being named the Senior Associate to the President and Secretary to the Southeast Missouri State University Board of Regents in 2013.

He began his tenure at Southeast in 2008 as Assistant Director of Athletics for Compliance & Eligibility. Barke previously served as a governance intern with the NCAA national headquarters in Indianapolis, and as a law clerk with the Southern Illinois University-Carbondale Department of Athletics Compliance Office.

Barke has served as a member of the National Association of Athletics Compliance (NAAC), chaired the NAAC Education Committee, and was a member of the NAAC Board of Directors. He has facilitated the NCAA

Regional Leadership Academy, and served on both the NCAA Sports Wagering Task Force and the Olympic Sports Liaison Committee.

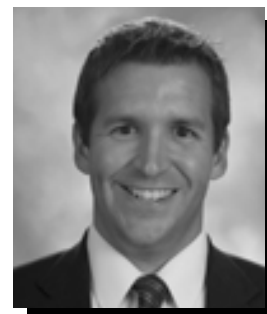
Barke has a juris doctorate degree from Southern Illinois University School of Law, an MBA from Southeast Missouri State University, and a bachelor of science degree in biology from Webster University. While a student at Webster, Barke was a member of both the basketball and golf teams and was inducted into the Webster Athletic Hall of Fame.

He and his wife, Halley, are parents of three children, Mabrie, Jackson, and Kolbe.

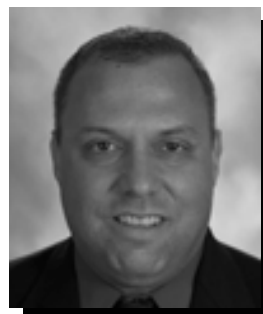




DR. SHANNON YATES
Associate Director of Athletics/
Senior Woman Administrator



NATE SAVERINO
Associate Director of Athletics for
External Affairs



JEFF HONZA
Assistant Director of
Athletics/Strategic Communications



DR. ROBERT GREIM
Assistant Director of Athletics for
Compliance and Eligibility

ATHLETICS



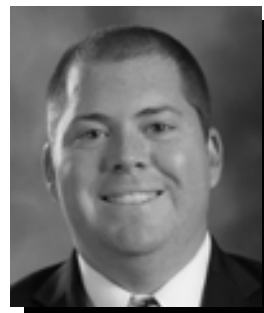
DR. BETH EASTER
Faculty Athletics Representative



KAREN GLEESON
Senior Administrative
Assistant



KENT PHILLIPS
Coordinator of Facilities &
Event Management



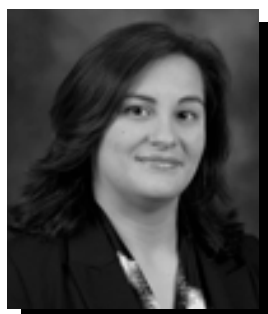
PHILLIP LADY
Coordinator of Marketing &
Promotions



BRAD KOESTER
Ticket Office Manager



KATIE GRIFFIN
Academic Services Director



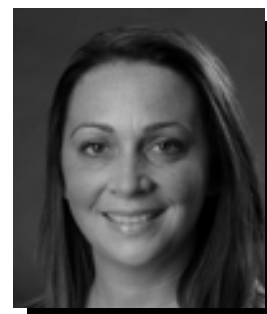
ELIZABETH BRUCKER
Director of Business Operations



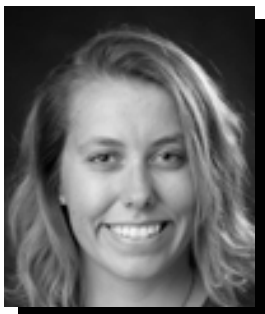
MARCIA HENDRIX
Insurance Coordinator



BEN FOX
Co-Head Athletic Trainer



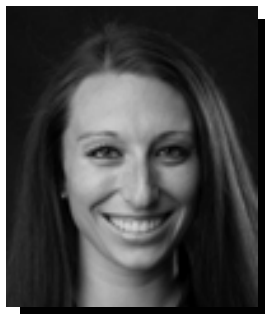
AMANDA MARTIN
Co-Head Athletic Trainer



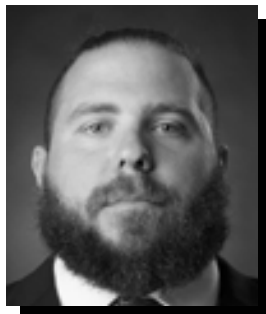
SAMANTHA PAIGE
Academic Services
Coordinator



KRISTIN JONES
Assistant Athletic Trainer



HOLLY REYNOLDS
Assistant Athletic Trainer



RYAN NAPOLI
Strength & Conditioning



BARB KINSEY
Development



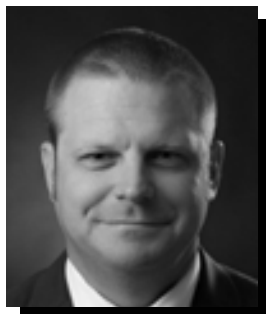
BILLY HOSKINS
Cheerleaders



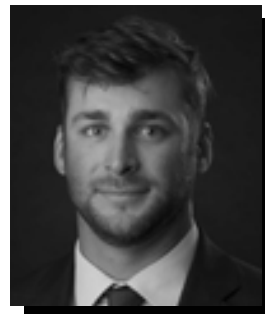
TATIANNA PARHAM
Sundancers



ANDY SAWYERS
Head Baseball Coach



CRAIG RINGE
Assistant Baseball Coach



MATTHEW KINNEY
Assistant Baseball Coach

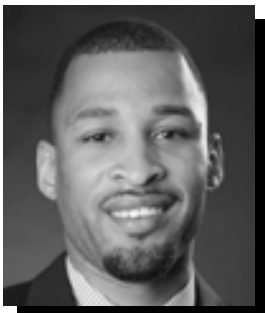
STAFF



RICK RAY
Head Men's Basketball Coach



ADAM GORDON
Associate Head Men's
Basketball Coach



NICK LAGROONE
Assistant Men's
Basketball Coach



KEITH PICKENS
Assistant Men's
Basketball Coach



AL MYERS
Men's Basketball
Director of Operations



REKHA PATTERSON
Head Women's Basketball Coach



CHANTE CRUTCHFIELD
Assistant Women's
Basketball Coach



MORGAN EYE
Assistant Women's
Basketball Coach



BROOKE HENGST
Women's Basketball
Director of Operations

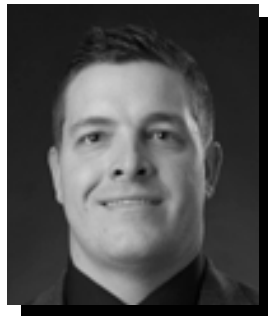


TOM MATUKEWICZ
Head Football Coach





BYRCE SAIA
Assistant Football Coach



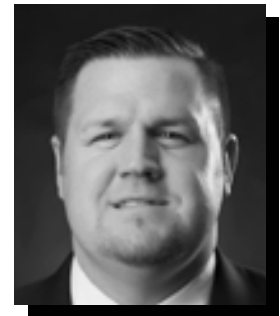
JEREMY MCDOWELL
Assistant Football Coach



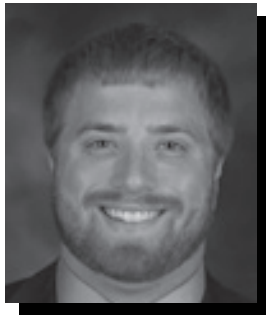
RICKY COON
Assistant Head Football Coach



TYLER FRENCH
Assistant Football Coach



BEN BLAKE
Assistant Football Coach



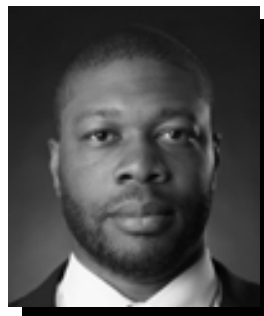
JOE UHLS
Assistant Football Coach



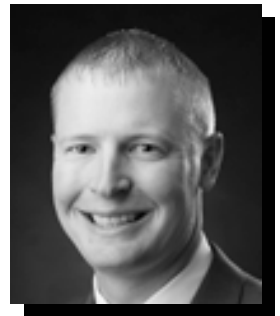
MATT MARTIN
Assistant Football Coach



GHAALI MUHAMMAD-LANKFORD
Assistant Football Coach



RAY SMITH
Assistant Football Coach



JUSTIN DRUDIK
Assistant Football Coach



MARK REDBURN
Head Softball Coach



KRISTEN JONES
Assistant Softball Coach



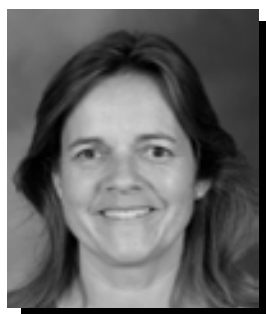
ASHLEY LAWSON
Head Women's Gymnastics Coach



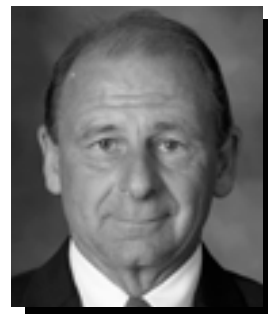
CHRIS LICAMELI
Assistant Women's Gymnastics Coach



MARY BETH GUNN
Head Women's Tennis Coach



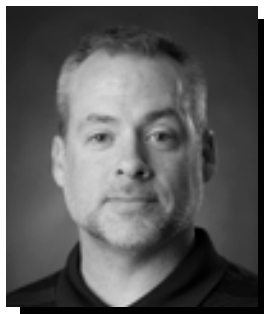
HEATHER NELSON
Head Soccer Coach



PAUL NELSON
Associate Head Soccer Coach



JULIE YANKUS
Head Volleyball Coach



BOB CRANK
Assistant Volleyball Coach



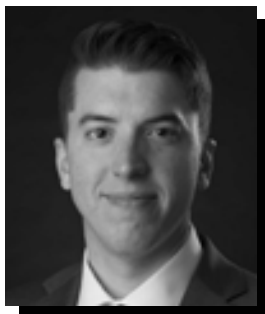
CARLY THOMAS
Assistant Volleyball Coach



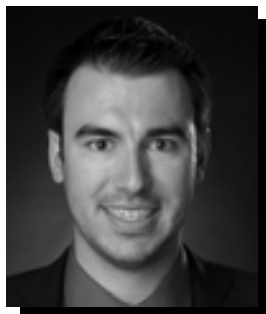
JARED WALDHOF
Assistant Director of Compliance



MORGAN HARDING
Assistant Strategic
Communications Director



CHARLIE BALCOM
Strategic Communications
Coordinator of Digital Media



ERIC MUELLER
Strategic Communications
Graduate Assistant



TYLER NIEMANN
Marketing & Promotions
Graduate Assistant



KEVIN KOZAN
Men's Basketball
Graduate Assistant



BRITTANY WINBORNE
Women's Basketball
Graduate Assistant



MISSION

Southeast Missouri State University Athletics Mission Statement

The mission of Southeast Missouri State University Department of Athletics is to provide a first class, student-athlete centered collegiate experience emphasizing the core values of **ACADEMIC EXCELLENCE, SOCIAL DEVELOPMENT**, and **COMPETITIVE SUCCESS**.

The Department of Athletics strives to compete at the highest possible level in the Ohio Valley Conference and other conference affiliations. The principles of integrity, student welfare, sportsmanship, ethical conduct, rules compliance, equity and diversity, and the prudent management of resources are the foundation on which we operate.



CROSS COUNTRY RECAP

SEASON

2018 WOMEN'S CROSS COUNTRY

/ ROSTER

Name	Year	Hometown / High School
Jane Boessen	So.	Troy, Mo. / Troy
Adrienne Brauer	So.	Petersburg, Ill. / Petersburg PORTA
Joanne Hollings	So.	Auckland, New Zealand
Rachel Hutchcraft	Sr.	Florissant, Mo. / Hazelwood West
Maddie Keller	Fr.	Troy, Ill. / Triad
Carli Knott	So.	Jackson, Mo. / Jackson
Natalie Kopplin	Sr.	Overland Park, Kan. / Olathe East
Kendall Long	So.	Memphis, Tenn. / White Station
Danielle Mohrmann Jr.	Jr.	Chesterfield, Mo. / Marquette
Claire Morrill	Fr.	Cape Girardeau, Mo. / Notre Dame
Sydney O'Brien	Sr.	St. Peters, Mo. / Fort Zumwalt South
Kaitlyn Shea	Sr.	Jefferson City, Mo. / Helias
Anna Thomas	Sr.	Pilot Knob, Mo. / Arcadia Valley RII

The Southeast women had a successful 2018 season and matched a program-best finish of second at the 2018 OVC Cross Country Championship held in Cape Girardeau, Missouri. It marked the 10th time that the Redhawks women had finished runners-up at the conference meet.

Kaitlyn Shea, Sydney O'Brien and Carli Knott registered All-OVC performances as SEMO totaled 80 points in the 5K for second. Southeast last had three All-OVC women runners in 2008 when Juli Koenegstein, Monica Noble and Linnea Woldtvedt recorded the feat.

Shea was the top women's finisher with a time of 17:36.7 for seventh to garner All-OVC First Team laurels. She has now earned a spot on the All-OVC Cross Country Team each of the past three seasons (2016 and 2017 All-OVC Second Team) after being named OVC Freshman of the Year in 2015.

O'Brien who won two races in 2018 placed eighth with a personal-best time of 17:36.9 for All-OVC Second Team honors. Knott was also an All-OVC Second Team performer with

a career-best mark of 17:56.3 for 10th.

Rachel Hutchcraft (18:24.6, 20th) and Natalie Kopplin (18:59.9, 36th) rounded out the Redhawks top five.

The Redhawk women won both the Saluki Invite and the SIUE John Flamer Invitational to start the year with O'Brien and Shea crossing the finish line first and second in both races.

SEMO was sixth out of 100 women's teams at the Louisville Sports Commission Cross Country Classic in Louisville, Kentucky, on Sept. 29 with a team average of 18:07.44 and beat SEC schools like Mississippi State and Auburn along with meet host, Louisville.

O'Brien posted the fastest Redhawk time with a personal best of 17:37.8 for 27th. Shea was the second SEMO finisher with 17:43.5 for 37th.

Knott was 50th in the race, clocking in at 18:02.0. Hutchcraft (PR, 18:14.5, 58th) and Thomas (18:59.4, 117th) rounded out the women's top five.

Prior to the OVC Championship, Southeast competed at the

Wisconsin Pre-Nationals. Shea was the first finisher on the women's side with a personal-best mark of 21:26.7 for 66th as the team averaged a time of 22:15 and finished ahead of Nebraska of the Big Ten, UT Martin and Southern California of the Pac-12.

O'Brien also finished in the top 100 in 21:38.0 (83rd). Knott (22:13.1, 142nd), Hutchcraft (22:27.0, 165th) and Thomas (PR, 23:26.2, 215th) rounded out SEMO's top five.

O'Brien matched SEMO women's best individual finish of 43rd as the team placed tied for 18th in the 6K at the 2018 NCAA Division I Midwest Regional in Peoria, Illinois.

O'Brien tied Rebekah Lawson's (21:29) mark of 43rd set at the 2013 NCAA Midwest Regional in Ames, Iowa, to lead SEMO, clocking in at 21:28.7.

O'Brien was one of three members of the SEMO team to finish in the top 100 as Shea and Hutchcraft placed 71st and 100th, respectively. Shea registered her best finish at the regional with a time of 21:48.4 and Hutchcraft posted a personal-best 6K mark of 22:04.6.

RECAP



EVENT RESULTS

	2018 Saluki Invite Carbondale, Ill. Southern Illinois - 5K Aug. 31	John Flamer Invitational Edwardsville, Ill. SIUE - 5K Sept. 14	Louisville Classic Louisville, Ky. Louisville - 5K Sept. 29	Wisconsin Pre-Nationals Madison, Wis. Wisconsin - 6K Oct. 13	OVC Championships Cape Girardeau, Mo. Southeast Missouri - 5K Oct. 27	Midwest Regional Peoria, Ill. Bradley - 6K Nov. 9
Jane Boessen	19:59.0 (14th)	20:31.4 (11th)	19:23.5 (161st)	24:28.3 (101st)	19:28.5 (55th)	23:50.4 (209th)
Adrienne Brauer	19:31.8 (8th)	20:10.1 (9th)	19:07.7 (133rd)	24:15.5 (234th)	19:43.7 (61st)	DNC
Joanne Hollings	21:29.6 (34th)	DNC	DNC	DNC	DNC	DNC
Rachel Hutchcraft	18:58.5 (5th)	18:33.9 (3rd)	18:14.5 (58th)	22:27.0 (165th)	18:24.6 (20th)	22:04.6 (100th)
Maddie Keller	20:55.0 (28th)	20:54.1 (14th)	19:47.3 (192nd)	24:24.0	19:38.1 (59th)	DNC
Carli Knott	18:39.1 (3rd)	DNC	18:02.0 (50th)	22:13.1 (142nd)	17:56.3 (10th)*	22:05.8 (103rd)
Natalie Kopplin	19:37.2 (10th)	19:31.8 (6th)	19:03.8 (125th)	23:45.1 (224th)	18:59.9 (36th)	23:25.5 (193rd)
Kendall Long	DNC	DNC	DNC	DNC	DNC	DNC
Danielle Mohrmann	21:02.0 (29th)	20:53.7 (13th)	19:35.0 (176th)	23:26.2	19:25.3 (49th)	DNC
Claire Morrill	DNC	DNC	DNC	DNC	DNC	DNC
Sydney O'Brien	18:36.7 (1st)	18:05.4 (1st)	17:37.8 (27th)	21:38.0 (83rd)	17:36.9 (8th)*	21:28.7 (43rd)
Kaitlyn Shea	18:38.2 (2nd)	18:18.7 (2nd)	17:43.5 (37th)	21:26.7 (66th)	17:36.7 (7th)*	21:48.4 (71st)
Anna Thomas	19:52.7 (12th)	19:22.0 (5th)	18:59.4 (117th)	23:26.2 (215th)	19:11.0 (39th)	23:01.9 (172nd)
Team Finish	1st/5	1st/2	6th/100	27th/36	2nd/12	T18th/35

- **Bolded** times signify season-best marks
- * signifies 2018 All-Ohio Valley Conference Honors

SEASON

2018 MEN'S CROSS COUNTRY

/ ROSTER

Name	Year	Hometown / High School
Griffin Bailey	Jr.	St. Louis, Mo. / Oakville
Chris Durr	So.	Springfield, Ill. / Chatham-Glenwood
Trevor Falco	So.	Salem, Ark. / Salem
Colin Jones	Fr.	Collierville, Tenn. / Houston
Keaton Jones	Fr.	Collierville, Tenn. / Houston
James Kosbar	Sr.	Rolla, Mo. / Rolla
Austin Perkins	So.	St. Peters, Mo. / Fort Zumwalt East
Dan Plunkett	Sr.	Springfield, Ill. / Pleasant Plains
David Plunkett	Jr.	Springfield, Ill. / Pleasant Plains
Curtis Reed	Sr.	Mt. Zion, Ill. / Mt. Zion
Charlie Samarzich	So.	Festus, Mo. / Festus
Nicholas Yaeger	Sr.	Jefferson City, Mo. / Blair Oaks

The Southeast men improved in 2018 with an eighth place finish at the OVC Cross Country Championship held in Cape Girardeau, Missouri after placing 10th the season prior.

Dan Plunkett led the team with a time of 25:47.2 in the 10K for 33rd overall as the men earned 217 points.

Curtis Reed was second on the Redhawks, clocking in at 26:16.0 (42nd). Chris Durr (26:28.9, 50th), James Kosbar (26:29.5, 51st) and Griffin Bailey (26:19.7) also scored for Southeast.

Plunkett led the men in 2018 and helped the Redhawks take second out of five teams at the Saluki Invite and second at the SIUE John Flamer Invitational dual meet to start the season.

He then registered a personal-best time of 25:19.8 for 77th at the Louisville Sports Commission Cross Country Classic.

Kosbar (25:46.3, 132nd) and Durr (26:05.8, 167th) also registered career-best marks at the second and third spots for SEMO. Reed (26:07.7, 169th) and Bailey (26:15.6, 177th) were the fourth and fifth Redhawk finishers.

Southeast's men were 31st out of 109 men's teams, recording their fastest team average in three years of 25:55.04.

In a tune up before the OVC Cross Country Championship, the Redhawks competed at the Wisconsin Pre-Nationals. Bailey paced the men with a time of 26:29.5 (220th) as Southeast averaged a mark of 26:50.

Plunkett (26:47.8, 225th), Kosbar (26:51.0, 227th), Durr (26:58.0, 230th), Reed (231st, 27:02.0) and Trevor Falco (242nd, 28:27.9) were the next fastest Redhawk finishers.

SEMO concluded the campaign at the 2018 NCAA Division I Midwest Regional in Peoria, Illinois.

The Redhawks finished 27th in the 10K behind Plunkett who crossed the finish line 97th (32:56.1) for his first top-100 finish at a NCAA Midwest Regional.

Bailey (33:42.0, 140th), Durr (PR, 34:57.5, 183rd), Reed (35:15.1, 185th) and Kosbar (36:13.0, 200th) also represented Southeast in the 10K.

RECAP



EVENT RESULTS

2018 Saluki Invite Carbondale, Ill. Southern Illinois - 5K Aug. 31	John Flamer Invitational Edwardsville, Ill. SIUE - 8K Sept. 14	Louisville Classic Louisville, Ky. Louisville - 8K Sept. 29	Wisconsin Pre-Nationals Madison, Wis. Wisconsin - 8K Oct. 13	OVC Championships Cape Girardeau, Mo. Southeast Missouri - 8K Oct. 27	Midwest Regional Peoria, Ill. Bradley - 10K Nov. 9
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Griffin Bailey	18:33.7 (36th)	DNC	26:15.6 (177th)	26:29.5 (220th)	27:19.7 (65th)	33:42.0 (140th)
Chris Durr	16:39.4 (14th)	27:36.1 (6th)	26:05.8 (167th)	26:58.0 (230th)	26:28.9 (50th)	34:57.5 (183rd)
Trevor Falco	17:09.5 (19th)	29:01.2 (9th)	27:15.6 (226th)	28:27.9 (242nd)	28:21.0 (77th)	DNC
Colin Jones	DNC	DNC	DNC	DNC	DNC	DNC
Keaton Jones	DNC	DNC	DNC	DNC	DNC	DNC
James Kosbar	16:31.0 (11th)	27:09.3 (5th)	25:46.3 (132nd)	26:51.0 (227th)	26:29.5 (51st)	36:13.0 (200th)
Austin Perkins	18:33.1 (35th)	30:44.8 (12th)	DNC	DNC	DNC	DNC
Dan Plunkett	16:14.0 (6th)	26:57.6 (3rd)	25:19.8 (77th)	26:47.8 (225th)	25:47.2 (33rd)	32:56.1 (97th)
David Plunkett	DNC	31:32.2 (13th)	DNC	DNC	DNC	DNC
Curtis Reed	17:10.3 (20th)	DNC	26:07.7 (169th)	27:02.0 (231st)	26:16.0 (42nd)	35:15.1 (185th)
Charlie Samarzich	17:48.3 (28th)	28:18.9 (8th)	27:09.4 (223rd)	DNC	28:35.4 (82nd)	DNC
Nicholas Yaeger	17:45.6 (27th)	29:06.4 (10th)	26:46.3 (210th)	DNF	27:50.6 (72nd)	DNC
Team Finish	2nd/5	2nd/2	31st/109	35th/35	8th/12	27th/31

• **Bolded** times signify season-best marks

OVC HISTORY

OVC Female Runner of the Year

1998 Janelle Quigley
1999 Amy Arteme
2002 Lindsey Zeiler

OVC Freshman of the Year

2008 Nate Shipley
2015 Kaitlyn Shea

Women's Team

OVC Year-by-Year All-OVC*

1992

8. Amy Cole 19:37
10. Tracey Stockton 20:17

1993

3. Amy Cole 19:02
8. Misty McGhee 19:47
10. Kari Unterriener 20:01

1994

4. Sherry Lange 18:43
5. Terry Lange 18:50
7. Misty McGhee 19:15

1995

6. Misty Dubman 19:32
8. Jennifer Anderson 19:40
10. Amy Cole 19:43
11. Terry Lange 19:45
13. Misty McGhee 19:52

1996

3. Sherry Lange 18:53
8. Keisha Grace 19:17
11. Janelle Quigley 19:32
13. Estelle McHargue 19:40

1997

4. Leslie McNamara 18:48
8. Janelle Quigley 19:03
12. Michelle Ramsey 19:22

1998

1. Janelle Quigley 18:21
3. Tammy Wenkel 18:55
14. Leslie McNamara 19:33

1999

1. Amy Arteme 18:36
4. Tammy Wenkel 18:50
13. Celeste Ramsey 19:26
14. Leslie McNamara 19:38

2000

2. Amy Arteme 18:05
4. Kaci Pilcher 18:11

2001

5. Kaci Pilcher 18:38

2002

1. Lindsey Zeiler 17:52
8. Kaci Pilcher 18:24
10. Kris Woolf 18:32
11. Brooke Woodruff 18:38
13. Anna Verseman 18:49

2003

11. Brooke Woodruff 18:43
13. Kris Woolf 18:51

2004

9. Jen Caywood 19:20

2005

5. Lindsey Zeiler 18:22
7. Jen Caywood 18:33

2006

8. Juli Koenegstein 19:05

2007

7. Juli Koenegstein 18:41
12. Brandi Gervais 19:07

2008

2. Juli Koenegstein 18:37
9. Monica Noble 19:15
14. Linnea Woldtvedt 19:31

2009

9. Monica Noble 20:28
12. Szandra Pal 20:33

2010

13. Kasey Owens 19:11

2011

6. Rebekah Lawson 18:29
12. Jenny Govero 18:42

2012

7. Rebekah Lawson 17:33

2013

2. Rebekah Lawson 17:49

2014

7. Rebekah Lawson 17:42
12. Gloria Westlake 17:57

2015

12. Megan Parks 22:08

2016

7. Megan Parks 17:34.9
13. **Kaitlyn Shea** 17:43.6

2017

12. **Kaitlyn Shea** 17:44.8

2018

7. **Kaitlyn Shea** 17:36.7
8. **Sydney O'Brien** 17:36.9
10. **Carli Knott** 17:56.3

Men's Team

OVC Year-by-Year All-OVC*

1991

8. Bryant Wright 27:30
10. Dave Baker 27:53

1992

5. Joe Dandridge 26:36

1993

7. Joey Russell 26:22
9. Steve Lewis 26:30
10. Jay Orr 26:31

1994

8. Glen Lomenick 26:12

1995

8. Brian Carter 26:55
10. Chris Monty 26:58
12. Steve Watson 27:00
14. Erin Rodes 27:13

1997

14. Erin Rodes 26:56

2003

5. Brian Whitehead 26:50
6. Chad Sierman 25:52

2004

12. Gabe Lutes 25:49

2005

13. Gabe Lutes 25:49

2006

2. Kevin McNab 25:25
7. Brandon Karcher 26:44

2007

9. Brandon Karcher 25:48
10. Brandon Funderburk 25:54

2008

4. Brandon Karcher 25:40
12. Nate Shipley 26:22
13. Dustin Davis 26:28

2009

8. Jason Lumpkin 26:44

2010

6. Jason Lumpkin 25:44
8. Chris Loseman 25:56
9. Nate Shipley 25:58
13. Dustin Davis 26:14

2011

6. Nate Shipley 25:20
10. Brent Collins 26:09

2012

9. Nate Shipley 24:54
12. Alex Zisser 25:06

2013

7. Craig Munie 24:59





COACHING STAFF



Eric Crumpecker is in his 10th season as head coach of the Southeast Missouri men's and women's track and field teams. Crumpecker is in his 26th year at Southeast, having served 17 years as an assistant under legendary head coach Joey Haines.

Last year, SEMO's men placed third in the conference at both the indoor and outdoor championships. The women finished fifth at the outdoor league championship and sixth at the OVC indoor meet. Crumpecker coached 2018 OVC Champions in Anya Tonga (indoor weight throw), Logan Blomquist (indoor shot put, outdoor discus) as well as OVC Field Athlete of the Year, OVC javelin champion and Second-Team All-American Jonno Engelking.

In 2017, Crumpecker won his third OVC Outdoor Coach of the Year honor as Southeast captured their eighth outdoor championship, marking back-to-back years Crumpecker has taken home both awards. It marked the eighth time the men have won conference in program history. Zach Gordon was named OVC Men's Championship MVP and Logan Blomquist earned OVC Freshman of the Year Honors.

Earlier in 2016, Crumpecker won his second OVC Outdoor Coach of the Year laurel as the Redhawks earned their seventh outdoor championship. He helped coach Kevin Farley towards his second championship MVP performance as Farley took gold in the shot put, discus and hammer throw. Farley's success continued at the NCAA Outdoor Championships, earning first-team All-America honors in discus in eighth place and second-team All-America in shot put in 10th.

In 2015, Crumpecker led the Southeast men's program to its second consecutive OVC indoor title and earned his second OVC Men's Indoor Coach of the Year award. During the conference meet, 10 Redhawk athletes brought home gold medals. Following the victory, Reggie Miller

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and Blake Smith qualified for the NCAA Indoor Championships in the triple jump and 60-meter dash, respectively. Smith finished 10th in the nation at 6.66 seconds during the preliminary race at nationals, falling short of the NCAA's final group of eight by just 0.05 seconds.

In 2014, Southeast Missouri won the men's indoor title followed by sweeping the outdoor championships for the first time since 2006. It was the first men's indoor championship since 1996. Crumpecker was awarded OVC Men's Coach of the Year following both the indoor and outdoor seasons. The 2014 indoor season featured Farley as Indoor Field Athlete of the Year, Indoor Freshman of the Year Chris Martin and Smith earning OVC Athlete of the Championship. The outdoor season featured Female Field Athlete of the Year Kayla Gutierrez. His student-athletes combined to win 10 individual OVC titles during the season. Gutierrez brought home gold in the indoor weight throw and outdoor discus events. Farley won the indoor shot put and outdoor hammer throw. In his first season with the Redhawks, Shon Kyle won the shot put and discus events at the outdoor championship. Courtney Gapelu took gold in both the indoor and outdoor shot put.

In 2013, the Redhawks won their first team OVC title under Crumpecker. The women snagged the team crown at the OVC Indoor Championships, using a balanced effort that featured only one individual conference champion, but three runner-up finishes and several strong supporting performances. Crumpecker was voted the OVC Women's Coach of the Year following the team title, marking the first time he has been voted the league's top coach. The Southeast men continued to knock on the door for a team title, finishing second at both the indoor and outdoor meets.

Southeast has also experienced tremendous postseason success individually under Crumpecker's guidance. The Redhawks sent three competitors to the NCAA Outdoor Track and Field Championships in 2013, the most individuals from the program since 2006. Farley took seventh in the shot put, breaking the school record with a throw of 61' 11¾" to become the first Redhawk to earn first-team All-American honors since Miles Smith in 2008. Craig Robinson and Gapelu also qualified for the NCAA West Region prelims. Southeast also got second-team All-American performances from Blake Carter in both the indoor and outdoor long jump while Miller earned honorable mention All-American in the outdoor high jump for the second consecutive year.

The Redhawks totaled three second-place team finishes at the OVC Indoor and Outdoor Championships during the 2011-12 season. Both the men and women finished as runner-up during the outdoor meet while the men posted another second-place

point total indoors. Crumpecker works closely with the throwers group that combined for three conference titles. Josh Uchtman, the 2012 Male Field Athlete of the Year during the indoor season, claimed the shot put indoors. Brian Grote and Robinson won gold in the javelin and shot put, respectively, at the outdoor meet. In total, the Redhawks won nine individual OVC titles in 2011-12.

In addition to the three individual conference champion throwers, Farley was named the OVC Male Freshman of the Year during the outdoor season.

During Crumpecker's tenure as head coach, the Redhawks have finished in the top three in all but one OVC indoor or outdoor meet (23 of 24). The men have finished second eight times while the women have been runner-up seven times.

Individually, he has mentored 88 individual OVC champions, 46 regional qualifiers and nine NCAA National Championships qualifiers. Redhawks student-athletes have won OVC Field Athlete of the Year 13 times, Track Athlete of the Year once, Athlete of the Year twice and Freshman of the Year eight times.

The Redhawks have also been stellar in the classroom under Crumpecker. Both the men's and women's track and field programs have earned All-Academic Team recognition from the US Track and Field and Cross Country Coaches Association (USTFCCCA) in five of his six years as head coach. Jill Schnurbusch and Farley were both placed on the USTFCCCA's All-Academic team in 2012-13. Additionally, Alex Zisser earned third-team Academic All-America honors from the College Sports Information Directors of America (CoSIDA) while Farley and Joel Krause joined Zisser on the Academic All-District team.

During his time as an assistant coach he worked primarily with the field events, Crumpecker was a part of 20 OVC team titles, coached 81 OVC individual champions, 131 All-OVC performers, six OVC Track Athletes of the Year, four NCAA national finalists, 12 NCAA provisional qualifiers, 26 NCAA regional qualifiers and five regional finalists. He guided Southeast student-athletes to 11 school records and three OVC marks.

A native of Union, Missouri, Crumpecker is a USATF Level 1 certified coach. He earned a bachelor's degree in History from Missouri S&T and a master's in Higher Education Administration from Southeast. As a collegiate athlete, Crumpecker was a starting lineman for the Miners football team and earned All-MIAA honors in the shot put and discus for the track team.

Crumpecker and his wife, Amy, reside in nearby Jackson, Mo. They are parents of a daughter, Ella, and son, Jake.

CRUMPECKER





Ryan Lane is in his ninth season at Southeast Missouri as the head cross country coach, while also serving as the assistant track coach specializing in distance running.

The Redhawk women's cross country team has finished in the top four each of the past six seasons.

Kaitlyn Shea, Sydney O'Brien and Carli Knott registered three All-Ohio Valley Conference performances for the first time since 2008 as SEMO's women finished runners-up at the 2018 OVC Cross Country Championship in Cape Girardeau at the Osage Centre.

O'Brien then matched Southeast's best individual finish at a Regional with 43rd (21:28.7) at the 2018 NCAA Division I Midwest Regional in Peoria, Illinois.

The 2017 season was highlighted by a fourth place finish from the women at the OVC Championships. Kaitlyn Shea led the Redhawks on the season with two first-place finishes and a second team All-OVC selection.

During the 2016 season, the women placed second in conference and 16th at regionals. Megan Parks and Sydney O'Brien became the first Southeast duo to finish in the top 50 at Regionals since 1998. The programs have combined for 18 All-OVC performers, including six first-

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team runners while under Lane.

In 2015, the women's team placed third in the Ohio Valley Conference. Megan Parks earned Second Team All-Conference honors with a 12th place finish at the OVC Championships. Newcomer Kaitlyn Shea was named Female Freshman of the Year and was the first female in program history to win the award.

The 2014 season saw the end of Rebekah Lawson's cross country career. Lane saw Lawson through her career for four seasons. Lawson is the only Redhawk in Division I history to earn First Team All-OVC honors all four years of their career. The women's team capped a great 2014 season with a fourth-place finish at the OVC Championships. The men finished sixth at the event.

In 2011, both the men and women had one first-team and one second-team All-OVC finisher. Nate Shipley's third-place finish garnered him a spot on the all-conference first team while Brent Collins earned second team all-conference on the men's side. Rebekah Lawson took sixth as a freshman to earn the first team nod while fellow freshman Jenny Govero made second team All-OVC.

The Redhawks have also excelled in the classroom under Lane. In 2013, both the men's and women's programs earned All Academic honors from the United States Track & Field and Cross Country Coaches' Association (USTFCCCA). Southeast's women posted a 3.72 team GPA, the fifth-highest mark in the nation, while the men's 3.48 GPA was good for 11th. The achievement marks the fourth-straight year at least one of the cross country programs earned academic recognition under Lane.

Lane's success with the distance runners has carried over to the track as well. Lawson notched a runner-up finish in the 5000m indoors to earn second-team All- OVC honors in 2013. During the outdoor season, Charles Johnson garnered second-team All-OVC recognition for his runner-up finish in the steeplechase.

The 2012 season saw Jessica Bollinger win an OVC title outdoors in the 10,000m while Lawson finished runner-up in both the 5000m and 10,000m. On the men's side, Mohammed Souleiman won an OVC title in the 800m while Chris Loseman earned second-team All-OVC honors after finishing runner-up in the 10,000m.

Lane's athletes have combined for 10 All-OVC selections and three OVC titles in his first three seasons. Lane returned to the Southeast program in which he interned as coach in 2008-09. That season, the Redhawk cross country teams recorded top-three finishes at the Ohio Valley Conference Championships. During that time, he received his Master's in Higher Education, finishing with a 4.0 GPA.

Prior to his coaching internship at Southeast, Lane worked as an assistant coach for the Cape Central High School cross country and track programs. He also served as an assistant coach at his alma mater, Francis Howell North High School (2006-07). In all, Lane coached 41 All-State performers at the prep level.

Lane competed as a member Southeast cross country and track teams from 2002-2003, before an injury cut his career short.

He received his undergraduate degree from Southeast in 2006, graduating with a magna cum laude distinction in Education.

LANE





DANIELLE BURBAGE

Danielle Burbage enters her fourth season with the Southeast Missouri track and field team as an assistant coach. Burbage serves as the Redhawks sprints, hurdles and relays coach.

In her time at Southeast, she has coached decathletes to 15 personal-best marks (six indoors, nine outdoors) and her heptathletes have earned six career-high scores (two indoor, four outdoor).

In 2017, Burbage coached Nick South who was the OVC Men's Indoor Heptathlon Champion and the OVC Outdoor Men's Decathlon silver medalist as the Redhawks men were named 2017 OVC Outdoor Track & Field Champions. She also coached NCAA West Preliminary Qualifiers Zach Gordon and Brannon Wright who finished first and second at the OVC Outdoor Championship.

Burbage helped coach Taylor Coffelt to an outstanding senior year where Coffelt set six personal records. Coffelt won gold in the heptathlon with a career-high score of 4877 at the 2016 OVC Outdoor Championships where she reached personal bests in both high jump (1.60m) and the 200m dash (26.13).

During the 2014-15 season, Burbage served as the director of operations at the University of Louisville. She managed the team budget, was in charge of alumni relations and fundraising, organized team travel and logistics along with home meet operations and oversaw equipment orders among other duties.

Burbage was also a volunteer coach at Louisville and assisted with jumps and multi-events for the Cardinals. She worked closely with NCAA long jump qualifier Brittany Owens and 100m hurdler Briana Brown in that role.

Prior to returning to her alma mater, Louisville, Burbage was an assistant coach at Wilmington College (Ohio). There, she coached one NCAA Division III qualifier in the 400m hurdles and was a part of the 2013 Ohio Atlantic Conference Coaching Staff of the Year. In addition, Burbage monitored classroom activities and efforts of student-athletes, while helping with the program's day-to-day operations.

Burbage previously served as a graduate assistant at the University of Louisiana-Monroe where she earned her Master's in Education Technology Leadership in 2012. She assisted with short sprints and relays, and helped the team's recruiting efforts.

Burbage, a Paducah, Kentucky, native, was a member of the 2008, 2009 and 2010 Big East Championship teams at Louisville. She competed in the 100m, 200m and both 4x100m and 4x400m relays as a member of the Cardinals track & field team. Burbage received a Bachelor of Science in Sport Administration from Louisville in 2010.

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CHRIS NAVARRO

Chris Navarro is in his third season as a member of the Southeast Missouri track and field coaching staff. Navarro serves as an assistant coach with an emphasis on multis, pole vault, hurdles and jumps.

Navarro had a successful career as a student-athlete at Southeast, capturing six gold medals at OVC Championships. He was victorious during both heptathlon and decathlon events in the men's dominant 2014 season, helping win both the indoor and outdoor conference titles. The following season, Navarro took first in the 60m hurdles and heptathlon at the 2015 indoor championship only to follow with gold in the 110m hurdles and decathlon at the outdoor championships.

Currently, Navarro holds the Redhawks' outdoor record for 60m hurdles (8.07), ranks ninth in 110m hurdles (14.31) and ranks sixth all-time in javelin (204'7").

Prior to competing at SEMO, Navarro earned Junior College All-American Honors in the decathlon, 110-meter hurdles and javelin while at Riverside Community College. He also helped win back-to-back California Junior College State Team Championships.

Navarro was a graduate of Vista Murrieta High School where he earned All-California Interscholastic Federation honors and was also a Team National Champion at Nike Track Nationals in 2010.

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**MEN'S STUDENT-ATHLETE
PROFILES**

STEPHEN ZAGURSKI

THROWS

SENIOR

PAPILLION, NEB.

PAPILLION-LA VISTA SOUTH

2018 Outdoor: Appeared in 11 meets...Won the hammer throw with a distance of 189-7 (57.80m) at the South Alabama Jaguar Opener (3/2-3)...Finished second in the same event at the Rhodes Invitational (3/16-17) with 182-6 (55.62m), the Mississippi State Bulldog Relays (3/23-24) with a mark of 199-2 (60.71m) and the 2018 Drury Hotels Joey Haines Invitational (3/30-31, 195-10, 59.69m)...Won hammer (189-10, 57.87m) and placed third in both discus (50-2.75, 15.31m) and shot put (155-8, 47.45m) at the SLU Billiken Invitational (4/6-7)...Finished third in hammer (193-9, 59.05m) and fourth in shot put (49-6.25, 15.09m) at the Joe Walker Invite (4/13-14)...Was second in hammer at the Memphis Tiger Invitational (4/27-28) with a throw of 192-3 (58.59)...Also registered a PR in discus of 158-6, 48.32m...Placed second in hammer at the Arkansas Twilight (5/4) with a personal-best mark of 201-2 (61.32m)...Earned silver in hammer at the Ohio Valley Outdoor Track and Field Championships (5/10-12) with a distance of 200-6 (61.12m)...Also finished fifth in discus (153-9, 46.87m) and sixth in shot put (51-1, 15.57m)...Tallied a mark of 196-0 (59.75m, 30th) at the NCAA Division I Outdoor Track & Field West Preliminary (5/24-26)...Earned the prestigious OVC Scholar-Athlete Award for 2018-19.

2018 Indoor: Appeared in six meets...Set career-bests in the shot put (53' 8.25", 16.36m, 5th) and weight throw (57' 2.25", 17.43m, 7th) at the OVC Indoor Track & Field Championships (2/23-24)...Placed second in shot put (48' 10", 14.88m) and weight throw (56' 7.5", 17.26m) at the SEMO vs. SIUE Dual Meet (12/8/17).

2017 Outdoor: Appeared in nine meets...Had nine top-five finishes and 20 top-10 finishes...Took third in the shot put (50' 5.5") at the Jaguar Opener (3/3)...Won the hammer throw (176' 0") at the 2017 Rhodes Invitational (3/17)...Set a personal-best in discus at the 2017 Drury Hotels Joey Haines Invite (3/31) with a throw of 158' 3" for 12th...Placed second in hammer throw (185' 11") at the Georgia Tech Invitational (4/21)...Added a personal-best in hammer throw (189' 7", third all-time in SEMO History) at the Memphis Invitational 2017 (4/28)...Won bronze in hammer throw (183' 7") at the OVC Championship (5/11)...Also placed fifth in discus (157' 0") and sixth in shot put (51' 9")...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Had seven top-five finishes...Took second in weight throw (49' 6.25") and third in shot put (47' 0.75") at the SEMO vs. SIUE-Edwardsville Dual (12/9)...Finished fourth in weight throw (53' 5.75") and shot put (49' 8.5") at the Missouri Invitational (1/20)...Recorded a career-best shot put (52' 4") for fifth at the 2017 Redhawks Invite (2/17)...Also took third in weight throw with 54' 10.25"...Finished fourth in weight throw (56' 4.75") and ninth in shot put (51' 9.25") at the OVC Championship (2/24).

2016 Outdoor: Made appearances at nine meets...Recorded 13 top-10 finishes...Opened season with two second-place efforts at Rhodes Invitational in the shot put (14.00m) and hammer throw (53.03m)...Earned new PR in shot put 15.09m (49'6.25")...Set personal bests in discus at 45.62m and hammer at 54.52m (8th all-time; 179' 2")...Finished sixth in hammer throw and seventh in discus at the OVC Championships... Was named to the OVC Commissioner's Honoral and also awarded the OVC Medal of Honor.



2016 Indoor: Appeared in eight meets...Recorded seven top-five finishes...Set personal best 14.69m (48'2.5") in shotput at the SEMO vs. SIUE Dual meet with second-place finish...The following week set personal best in weight throw (17.09m; 56'1") at the Meyo Invitational...Took Bronze in weight throw at OVC Championships.

Prep: Conference Champion in shotput for 2014-2015...Two time All-State shotput, All-State discus, two time All-Metro Conference shotput, two time All-Metro Conference discus...Holds school record for shotput (57' 3.5)...Academic All-State and All-Metro Conference...Southeast Missouri Regents' Scholar...Also played football.

Personal: Born April 3, 1997...Son of Steve Zagurski and Suzan Werner...Studies Environmental Science at Southeast Missouri.

NICHOLAS YAEGER

MID DISTANCE
SENIOR
JEFFERSON CITY, MO
BLAIR OAKS

2018 Cross Country: Ran in five meets...

Posted a career-best 5K time of 17:45.6 at the Saluki Cross Country Invitational (8/31)... Registered a PR 8K mark of 26:46.3 at the Louisville Classic (9/29)...Crossed the finish line in 27:50.6 for 72nd at the OVC Cross Country Championship (10/27).

2018 Outdoor: Competed in three meets...

Finished sixth in the decathlon at the Ohio Valley Conference Championship (5/10-12) with a personal best 3868 points...Was first in the 1500m (4:34.61), third in the 400m (52.52) and sixth in javelin (112-6), discus (68-1), 110m hurdles (23.12w), high jump (4-11.5), shot put (25-4), long jump (14-7.75) and 100m (12.10).

2018 Indoor: Ran in six meets...Placed fifth in the mile (4:35.75) at the SEMO vs. SIUE Dual Meet (12/8)...Set a PR of 9:07.01 (13th) in the 3000m at the Don DeNoon Invitational (2/2-3)...Added a second place finish in the mile at the 2018 Redhawks Open (2/16) with a career best of 4:27.90...Posted a time of 4:42.80 (18th) in the mile at the Ohio Valley Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Ran in six meets...

Finished in the top 15 at the Walt Crawford Open (9/1) in 27:30.2...Placed 33rd at the Forest Park Cross Country Festival (9/8) with a time of 27:35.2...Finished 69th in the OVC Championship (10/28) with a time of 26:53.4...Placed 169th at the NCAA Midwest Regional 10K (11/10) in 32:21.4...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Competed in six meets...

Had two top-10 finishes...Placed fourth in the 4x400m relay (3:27.26) at the 2017 Drury Hotels Joey Haines Invite (3/31)...Added a season-best 800m (1:59.17) at the same meet...Finished 16th in the 1500m with a personal-best time of 4:05.64 at the OVC Championship (5/11)...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Appeared in five meets...

Registered four top-five finishes...Won the 4x400m relay (3:32.90) and took third (2:01.77) in the 800m at the SEMO vs. SIU-Edwardsville Dual (12/9)...Ran a season-best 800m in 2:00.95 for 11th at the Missouri Invitational (1/20)...Added a personal-best in the mile (4:40.40, 37th) at the Don DeNoon Invite (2/3).

2016 Cross Country: Ran in four meets...

Finished 33rd at the Gabby Reuveni Early Bird (20:40.0).

2016 Outdoor: Appeared in four meets...

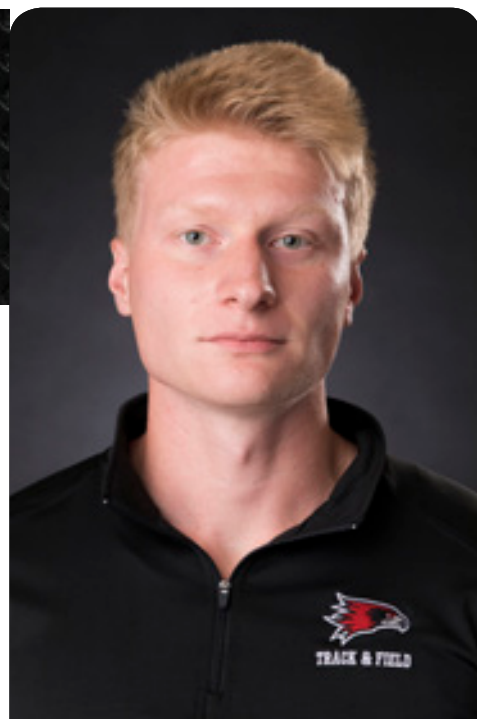
Recorded two top-10 finishes.

2015 Cross Country: Did not compete.

Prep: Lettered all four years at Blair Oaks...

Earned All-State honors in cross country and the 800m, 4x400m and 4x800m in track.

Personal: Born January 11, 1997...Son of Curt and April Yaeger...Majoring in Nutrition & Exercise Science.



HAILE WILSON

SPRINTS

SENIOR

ST. LOUIS, MO

EUREKA

2018 Outdoor: Appeared in seven meets...

Finished fourth in the 100m (10.98) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...

Placed fourth in the 100m at the Ohio Valley Outdoor Track and Field Championships (5/10-12) with a time of 10.71...Also was a member of the bronze winning 4x100m relay team, clocking in at 41.39.

2018 Indoor: Ran in seven meets...Finished

third in the 60m (6.86) at the 2018 Hoosier Hills (2/9)...Posted a fourth-place finish in the 55m with a time of 6.48 at the 2018 Redhawks Open (2/16)...Earned silver in the 60m at the Ohio Valley Indoor Track and Field Championships (2/23-24), clocking in at 6.86.

2017 Outdoor: Did not compete.

2017 Indoor: Did not compete.

2016 Outdoor: Made appearances in five

meets... Recorded four top-five finishes... Captured gold in the 4x100m and silver in the 100m (PR; 10.69) at the OVC Championships.

2016 Indoor: Appeared in six meets...Recorded

10 top-five finishes...Set personal best in the 55m with 6.33 seconds at the 2016 Redhawks Invite...Clocked PR in 200m in ninth place finish at the OVC Championships...Earned gold in the 55m dash (6.35) at the OVC Championships.



WESLEY WHITE

HURDLES

SENIOR

GERMANTOWN, TENN.

HOUSTON

2018 Outdoor: Did not compete.

2018 Indoor: Did not compete.

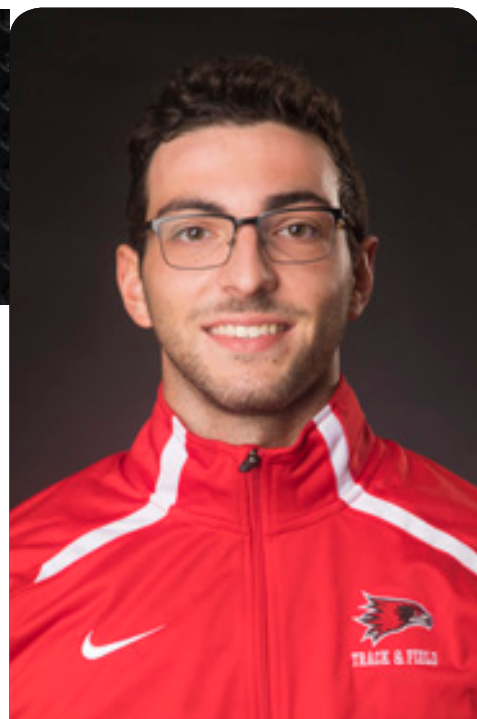
2017 Outdoor: Appeared in seven meets... Had six top-10 finishes...Ran a personal-best of 22.69 in the 200m at the Ole Miss/ Joe Walker Invitational (3/24)...Placed second in the 400m hurdles at the Gibson Invitational (4/14) in 54.32...Took second in the 4x400m relay in 3:13.83 at the Georgia Tech Invitational (4/21)...Won gold in the 110m hurdles (14.05, third best in SEMO History) and claimed silver in the 400m hurdles (PR 53.44) at the OVC Championship (5/11)...Set a PR in the preliminary round of the 110m hurdles with a time of 14.50.

2017 Indoor: Competed in five meets...Had three top-10 finishes...Placed third in the 200m in 23.75 and won the 55m hurdles in a personal-best 7.65 at the SEMO vs. SIU-Edwardsville Dual (12/9)...Ran a PR of 53.18 (16th) in the 400m at the Don DeNoon Invite (2/3)...Added a season-best of 8.21 in the 60m hurdles in the preliminaries of the Music City Challenge (2/10).

Mississippi State: Lettered both years of competition...Set personal bests in 60m hurdles (8.14), 110m hurdles (14.6) and 400m hurdles (53.8).

Prep: 2014 graduate of Houston High School... Lettered three years of high school...Finished 10th in the 2014 New Balance Outdoor Nationals...Holds two school records...2014 Tennessee AAA State Champion in 110m hurdles and 400m hurdles...Helped team win 2014 AAA Team State Championship.

Personal: Born May 25, 1996...Son of Ronald and Marilyn White...Studying Cyber Security at Southeast Missouri.



CAL URYCKI

MULTIS

SENIOR

METAMORA, ILL.

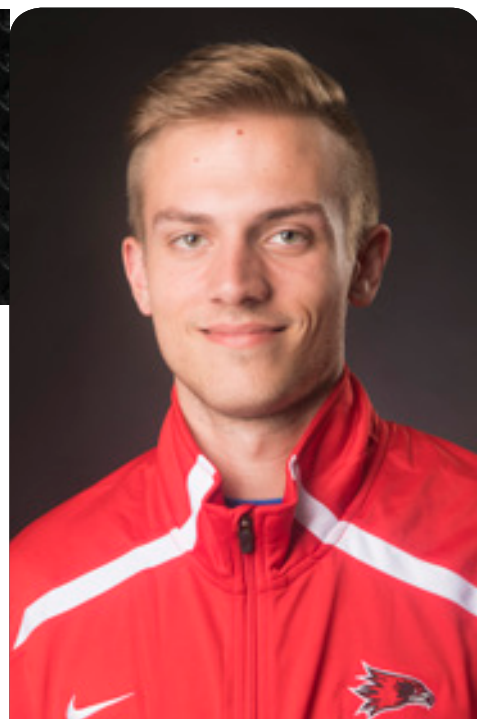
METAMORA

2018 Outdoor: Appeared in five meets...

Recorded personal bests in 100m (11.40, 30th) and 400m (52.22, 31st) at the Mississippi State Bulldog Relays (3/23-24)...Finished sixth in the javelin throw with a PR of 161-2 (49.13m) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Registered a career-best discus throw of 106-11 (32.59m, 14th) at the Joe Walker Invite (4/13-14)...Finished fourth in pole vault (13-7.75, 4.16m) and sixth in 110m hurdles (PR, 15.44) at the Ohio Valley Conference Outdoor Track & Field Championship (5/10-12).

2018 Indoor: Competed in six meets...Posted

a career-best distance of 33-4.75 (10.18m) in the shot put (23rd) at the Illinois Open (1/13)...Also was fifth in the 60m hurdles with 8.54...Added a PR in pole vault of 14-1.25 (4.30m) at the Don DeNoon Invitational (2/2-3) for fourth...Registered a personal-best mark in long jump of 21-9 (6.63m) at the 2018 Hoosier Hills (2/9)...Also finished first and second in pole vault (13-7.25, 4.15m) and long jump (21-5.5, 6.54m)...Clocked a time of PR time of 7.98 in the 55m hurdles at the 2018 Redhawks Open (2/16)...Earned silver in the heptathlon at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a personal-best point total of 4808 with first place finishes in 60m (7.15), 60m hurdles (8.56) and pole vault (13-7, 4.14m)...Also was third in long jump (21-4.25, 6.51m) and high jump (5-11.5, 1.82m)...Recorded personal bests in 60m hurdles (8.46, fifth prelims) and high jump (6-3.25, 1.91m, ninth).



TANNER TEIGEN

POLE VAULT

SENIOR

HANNIBAL, MO.

HANNIBAL

2018 Outdoor: Appeared in six meets, competing in pole vault...Placed fourth at the Mississippi State Bulldog Relays (3/23-24) with a height of 14-1.25 (4.30m)...Added two more fourth place finishes at the ASU Red Wolf Open (4/20-21) with 15-1.75 (4.62m) and a personal-best mark of 15-7.25 (4.76m) at the Memphis Tiger Invitational (4/27-28)... Won gold with a height of 15-1.5 (4.61m) at the Ohio Valley Conference Outdoor Track & Field Championship (5/10-12).

2018 Indoor: Competed in six meets...Finished fifth in the 55m with a personal-best time of 7.03 at the SEMO vs. SIUE Dual Meet (12/8)... Also was fifth in the pole vault with a height of 13-6.25 (4.12m) at the Illinois Open (1/13)... Won gold in pole vault at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a mark of 13-11.25 (4.25m).

2017 Outdoor: Appeared in one meet.

2017 Indoor: Competed in seven meets... Recorded three top-five finishes...Placed third at the SEMO vs. SIU-Edwardsville Dual (12/9) with a pole vault of 14' 5.25"...Finished third at the 2017 Redhawks Invite (2/17) with a personal-best 15' 1"...Placed fifth (14' 7.5"-) in pole vault at the OVC Championship (2/24).



DAN PLUNKETT

DISTANCE

SENIOR

SPRINGFIELD, ILL.

PLEASANT PLAINS

2018 Cross Country: Ran in six meets...

Finished sixth at the Saluki Cross Country Invitational (8/31), clocking in a career-best 5K time of 16:14.0...Placed third at the SIUE John Flamer Invite (9/14) with a mark of 26:57.6...Crossed the finish line 33rd with a time of 25:47.2 at the OVC Cross Country Championship (10/27)...Set a career-best mark of 32:56.1 (97th) in the 10K at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Competed in one meet...Won the 5000m at the Memphis Tiger Invitational (4/27-28), clocking in at 15:36.45.

2018 Indoor: Ran in six meets...Placed second in the mile (4:23.48) at the SEMO vs. SIUE Dual Meet (12/8)...Recorded a personal-best mile time of 4:17.90 (25th) at the Vanderbilt Invitational (1/19-20)...Also finished second in the distance medley relay (10:19.99)...Was third in the 5000m (PR, 15:14.99) at the 2018 Indiana University Relays (1/26-27)...Placed fifth (8:47.23) in the 3000m at the 2018 Hoosier Hills (2/9)...Finished eighth (15:19.45) in the 5000m and 13th (4:30.90) in the mile at the Ohio Valley Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Did not compete.

2017 Outdoor: Appeared in seven meets...Had three top-10 finishes...Set a career-best in the 800m in 1:56.09 (23rd) at the Georgia Tech Invitational (4/21)...Placed third in the 4x400m relay (3:18.66) at the Ole Miss Classic (5/6)...Finished 15th in the 1500m in 4:05.62 at the OVC Championship (5/11)...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in six meets...

Had seven top-10 finishes...Placed first in the 3000m in 9:02.38 at the SEMO vs. SIUE-Edwardsville Dual (12/9)...Finished first in the distance medley relay in 10:42.46 at the 2017 Indiana University Relays (1/27)...Also set a personal-best in the mile (4:19.82, 15th)...Finished sixth in the dmr (10:47.18), tenth in the mile (4:23.65) and 19th in the 3000m (9:19.00) at the OVC Championship (2/24).

2016 Cross Country: Ran in six meets...

Had three top-50 finishes...Took seventh at the Gabby Reuveni (9/2) with a time of 19:22.7...Landed in tenth (18:41.6) at the Rebel Invitational (9/9)...Finished in 39th at the OVC Championship (10/29) with a time of 26:51.5.

2016 Outdoor: Competed in seven meets...

Accumulated five top-10 finishes...Set new career-best time (1:59.06) in the 800m...Collected a fourth (4x400m) and fifth-place (1500m) finish at the SIUE Gateway Invite (4/16) with times of 3:37.97 and 4:03.35, respectively...Finished fourth in the 5000m (15:43.64) at the Joey Haines Invite (4/2).

2016 Indoor: Competed in six meets...

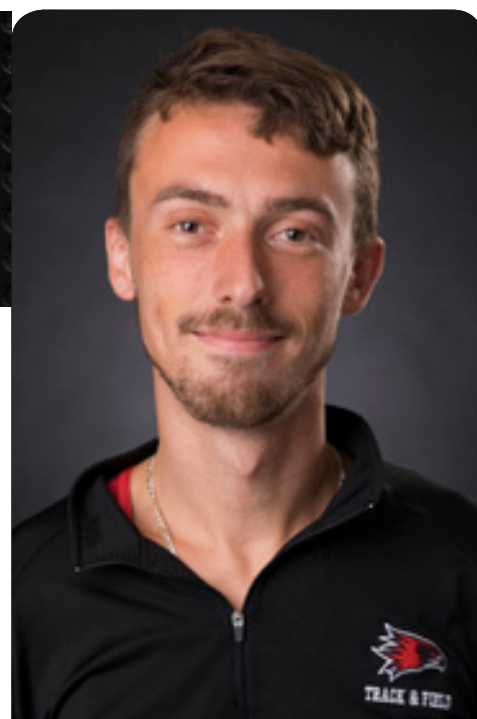
Compiled nine top-10 finishes...Set PRs in the mile (4:20.34) and 3000m (8:52.09)...Added a second and fourth-place finish at the SIUE Dual Meet (1/29) in the distance medley relay (11:08.16) and 3000m (8:55.54), respectively...Finished fourth in the distance medley relay (10:47.79) at the OVC Championship.

2015 Cross Country: Ran in five races...Placed

sixth at the Gabby Reuveni Early Bird with a time of 20:25...Finished second on the team and 38th overall at the OVC Championships (26:46.4).

2015 Outdoor: Competed at seven meets...

Set PRs in 1500m (3:59.52) at the OVC Championships and 3000m (9:23.24) at the ASU Red Wolf Open...Earned six top 10 finishes.



2015 Indoor: Saw action in seven meets...

Set PRs in the 800m (2:06.92), mile (4:22.24) and 5000m (15:43.23)...Finished fourth in the distance medley relay (10:24.54) at the OVC Championships...Placed first in the mile at the DePauw Indoor Invitational with a time of 4:27.34...Took first in both the mile (4:29.24) and distance medley relay (10:44.34) vs. SIUE...Totaled six top five finishes.

2014 Cross Country: Ran in five total meets as a true freshman...Finished 14th in his NCAA debut at the Gabby Reuveni Early Bird with a time of 19:59...Finished 189th at the NCAA Midwest Regional.

Prep: 2014 graduate of Pleasant Plains High School...Named team captain his senior year...Was a four-time all-state performer in track and a two time all-state honoree in cross country...Personal bests include a 4:25 1600m, 9:32 in the 3200m, and a 1:58 800m.

Personal: Born February 5, 1996...Son of Mike and Cheryl Plunkett...Studies Higher Education Administration at Southeast Missouri...Brother, David Plunkett, also competes in cross country and track & field at SEMO.

JAMES KOSBAR

MID DISTANCE

SENIOR

ROLLA, MO.

ROLLA

2018 Cross Country: Ran in all six meets...

Posted a personal-best 5K of 16:32.0 for 11th at the Saluki Cross Country Invitational (8/31)... Added a PR 8K time of 25:46.3 (132nd) at the Louisville Classic (9/29)...Placed 51st at the OVC Cross Country Championship (10/27), clocking in at 26:29.5...Registered a 10K time of 36:13.0 (200th) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Competed in eight meets...Won

the 600m with a PR time of 1:23.17 at the South Alabama Jaguar Opener (3/2-3)...Placed third in the 4x400m (3:30.52) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished eighth in the 1500m (4:09.89) at the SLU Billiken Invitational (4/6-7)...Posted a time of 1:59.31 for eighth in the 800m at the OVC Outdoor Track and Field Championships (5/10-12), clocking in at 19:06.78.

2018 Indoor: Ran in eight meets...Finished

second in both the 800m (2:00.97) and the 4x400m (3:33.37) at the SEMO vs. SIUE Dual Meet (12/8)...Placed second in the DMR at the Vanderbilt Invitational (1/19-20), clocking in at 10:19.99...Won the DMR (10:25.28) and placed third in the 800m (1:56.91) at the 2018 Hoosier Hills (2/9)...Won the 800m with a time of 1:58.32 at the 2018 Redhawks Open (2/16)...Earned two bronzes at the OVC Indoor Track and Field Championships (2/23-24) in the 800m (1:57.14) and DMR (10:08.18).

2017 Cross Country: Ran in six races...Finished

in the top-25 at the Walt Crawford Open (9/1) in 29:26.3...Placed 22nd at the Forest Park Cross Country Festival (9/8) in 26:46.0...Finished 67th at the OVC Championship (10/28) in 26:49.9...Placed 180th at the NCAA Midwest Regional with a time of 33:09.9.

2017 Outdoor: Competed in seven meets...

Recorded three top-10 finishes...Placed fourth in the 4x4 relay in 3:27.26 at the 2017 Drury Hotels Joey Haines Invite (3/31)...Finished second in the 4x4 relay with a time of 3:22.15 and set a personal record in the 400m (51.38, ninth) at the Gibson Invitational (4/14)...Placed 15th in the 800m (1:55.73) at the OVC Championship (5/11).

2017 Indoor: Competed in seven meets...

Recorded nine top-10 finishes...Was a member of the 4x400m team that won the relay in 3:32.90 at the SEMO vs. SIUE-Edwardsville Dual (12/9)...Also placed second in the 800m in 2:00.17...Won the distance medley relay at the 2017 Indiana University Relays (1/27) in 10:42.46...Set a personal-best of 1:54.79 in the 800m for 27th at the Music City Challenge (2/10)...Took second in the 4x400m relay at the 2017 Redhawks Invite (2/17) with a time of 3:39.86...Finished sixth in the dmr (10:47.18) and ninth in the 800m (1:55.89) at the OVC Championship (2/24).

2016 Cross Country: Ran in all seven races...

Had three finishes in the top 40...Highest finish came at the Rebel Invitational (9/9 - 25th) following a time of 21:08.2...Finished 28th to open the season at the Gabby Reuveni (9/2)...Led the team at the Bradley Pink Classic (10/14), placing 34th with a time of 26:37.3.

2016 Outdoor: Competed in five meets...Set

a season-high in the 1500m with a time of 4:04.86...Recorded two top-10 finishes...Member of 4x400m team to place second (3:23.84) at the SIUE Gateway Invite (4/16)...Took ninth in the 1500m (4:11.50) at the same meet...Added an 11th-place finish at the Memphis Tiger Invitational (4/30) in the 1500m (PR).



2016 Indoor: Competed in seven meets...

Tallied five top-10 finishes...Set PRs in the 800m (1:59.87) and mile (4:23.91)...Runner-up in the 800m (PR) at the Redhawks Invite (2/19)...Apart of distance medley relay squad to take second (11:08.16) at the SIUE Dual Meet (1/29)...Helped 4x400m team to a fourth-place finish (3:27.82) at the Missouri Invitational (1/15)...Came in fifth in the mile at the EIU Early Bird (12/11/15) with a time of 4:32.19...Added a tenth-place finish in the mile (PR) at the OVC Championship (2/27).

2015 Cross Country: Ran in four races...Had

one top-50 finish...Finished in 25th place at the Gabby Reuveni Early Bird with a time of 21:20.

Prep: Four-year letter winner in Track at

Rolla...As a senior, earned All-State in 800m... State champ in 800m with a time of 1:54... Earned All-State honors his junior year in the 4x400m relay...Qualified for sectionals in the 4x800m as a freshman, and the 4x400m and 4x800m relays as a sophomore...Also played soccer in high school.

Personal: Born May 28, 1996...Majoring in Elementary Education...Son of Kurt and Julie Kosbar...Likes to swim and play Clash of Clans.

ANDREW RYAN

THROWS

SENIOR

ST. LOUIS, MO.

LUTHERAN SOUTH

2018 Outdoor: Competed in nine meets in javelin...Finished top-10 in all meets and posted four top-five finishes...Took fifth (158-11, 48.45m) at the South Alabama Jaguar Opener (3/2-3)...Finished third (149-9, 45.65m) at the SLU Billiken Invitational (4/6-7)...Finished fourth (172-1, 52.46m) at the Joe Walker Invite (4/13-14)...Finished fourth at the Ohio Valley Conference Championship (5/10-12) with a mark of 171-8 (52.32m).

2017 Outdoor: Competed in nine meets in javelin...Recorded nine top-10 finishes and four top-five finishes...Took fourth at the Jaguar Opener (170' 1")...Placed third with a season-best 177' 3" at the 2017 Drury Hotels Joey Haines Invite (3/31)...Took second at the Gibson Invitational (4/14) with a throw of 165' 7"...Finished fourth in javelin with a throw of 169' 10" at the OVC Championship (5/11)...Named to the OVC Commissioner's Honor Roll.

2016 Outdoor: Appeared in nine meets...Earned six top-five finishes...Claimed first in javelin (50.95m (167'2")) at the SIUE Gateway Invite...Set PR in javelin with toss of 54.54m (178'11") in fourth-place finish at the OVC Championships.

2016 Indoor: Made sole appearance at the University of South Alabama Jaguar Invitational in the javelin (50.55m) in sixth-place.

Prep: Double State medalist...MVP of high school team...School record in shot put (52' 8.5")...State medalist junior year...Lettered three years...Also played football, baseball, and lacrosse...National Honor Society member.

Personal: Born September 8, 1996...Son of Mike and Marian Ryan...Youngest of six brothers...Studies Athletic Training at Southeast Missouri.



CURTIS REED

DISTANCE

SENIOR

MT. ZION, ILL.

MT. ZION

2018 Cross Country: Ran in five meets...

Posted a career-best 5K time of 17:10.3 (20th) at the Saluki Cross Country Invitational (8/31)... Finished 42nd at the OVC Cross Country Championship (10/27), clocking in at 26:16.0... Registered a 10K mark of 35:15.1 (185th) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Competed in seven meets...

Started the season with a third place finish in the 3000m steeplechase (9:55.18) at the Mississippi State Bulldog Relays (2/23-24)... Placed third in both the 3000m steeplechase (9:48.25) and 4x400 (3:30.52) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)... Posted a personal-best 5000m mark of 15:48.53 for third at the Memphis Tiger Invitational (4/27-28)... Finished eighth (3000m steeplechase, 9:34.90) and 16th (1500m, 4:03.54) at the Ohio Valley Conference Championship (5/10-12).

2018 Indoor: Ran in seven meets... Placed third in the mile (4:24.78) at the SEMO vs. SIUE Dual Meet (12/8)... Posted a personal-best time of 8:45.10 in the 3000m (30th) at the Vanderbilt Invitational (1/19-20)... Won the distance medley relay at the 2018 Hoosier Hills (2/9) in 10:25.28 and added a career-best mark of 4:24.27 in the mile (6th)... Placed 13th in the 3000m at the Ohio Valley Indoor Track and Field Championships (2/23-24) in 8:47.87.

2017 Cross Country: Ran in six meets...

Finished in the top-10 at the Walt Crawford Open (9/1) with 26:31.4... Placed tenth (26:14.40) at the Forest Park Cross Country Festival (9/8)... Recorded a personal best 25:55.48 for 148th at the Greater Louisville Classic (9/30)... Placed 50th at the OVC Championship (10/28) with a time of 25:58.3... Finished 151st in the NCAA Midwest Regional 10K in 31:51.4.

2017 Outdoor: Appeared in six meets... Had two

top-10 finishes... Placed fourth in the 3000m steeplechase in 10:12.45 at the Ole Miss/ Joe Walker Invitational (3/24)... Set a personal-best of 9:55.14 (11th) in that same event at the 2017 Drury Hotels Joey Haines Invite (3/31)... Added a PR in the 1500m (4:06.01, 19th) at the Tiger Track Classic (4/7)... Ran a career-best 800m in 2:01.86 (22nd) at the Memphis Invitational 2017 (4/28)... Placed 13th in the 3000m steeplechase (10:00.40) at the OVC Championship (5/11).

2017 Indoor: Competed in four meets...

Had four top-10 finishes and three top-five finishes... Placed fourth in the mile at the SEMO vs. SIU-Edwardsville Dual (12/9) in 4:31.56... Finished second in the 4x400m relay (3:39.86) and fourth in the mile (PR 4:28.54) at the 2017 Redhawks Invite (2/17)... Placed sixth in the distance medley relay (10:47.18) and 15th in the mile (4:31.44) at the OVC Championship (2/24).

2016 Cross Country: Ran in six races... Had three top-50 finishes... Collected an 18th-place finish at the Rebel Invitational (9/9 - 19:42.8)... Finished 22nd (20:15.3) at the Gabby Reuveni (9/2)... Placed 50th at the OVC Championship (10/29) with a time of 27:20.7.

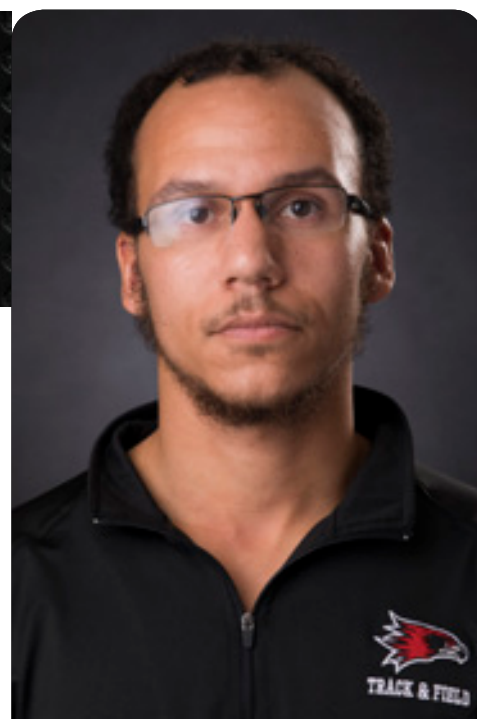
2015 Cross Country: Ran in five races...

Finished in 34th place at the Gabby Reuveni Early Bird with a time of 21:42... Almost cracked the top-50 (54th, 27:17.3) at the OVC Championships.

Prep: Lettered all four years at Mt. Zion...

Won state cross country meet as a freshman... Qualified for state in 4x800m and the mile.

Personal: Born October 9, 1996... Son of Curtis Reed Jr... Majoring in Health Management: Exercise Science.



TY CROWDEN

HURDLES

SENIOR

JACKSON, MO.

JACKSON

2018 Outdoor: Competed in two meets...

Notched distances of 31-11.25 (9.73m, 15th) in shot put and 77-4 (23.57m, 20th) in discus throw at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished fourth in the decathlon with a personal-best total of 5436 at the Ohio Valley Conference Track & Field Championship (5/10-12)...Placed second in the 1500m (4:53.91), third in 100m (11.60) and long jump (19-8, 5.99m), fourth in high jump (5-10, 1.78m), 400m (53.97), 110m hurdles (17.30), pole vault (10-6, 3.20m), javelin throw (134-11, 41.13m) and fifth in shot put (31-9.25, 9.68m) and discus throw (79-1, 24.10m).

2018 Indoor: Appeared in six meets...Was third (55m hurdles, 9.19), fourth (high jump, 5-8.75, 1.75m) and fifth in both the long jump (18-4.25, 5.59m) and shot put (31-2.5, 9.51m) at the SEMO vs. SIUE Dual Meet (12/8)...Posted a personal-best height of 5-10.75 (1.80m, 11th) in the high jump at the Illinois Open (1/13)...Recorded 4001 points for sixth in the heptathlon at the 2018 Indiana University Relays (1/26-27)...Notched a personal-best time of 8.78 in the 55m hurdles (fourth, prelims) at the 2018 Redhawks Open (2/16)...Also was third in the long jump (19-0.75, 5.81m)...Totaled a personal best of 4139 in the heptathlon at the Ohio Valley Indoor Track and Field Championships (2/23-24) for fifth...Was second in the 1000m (2:57.10), fourth in high jump (5-10.5, 1.79m), fifth in 60m (7.46), sixth in long jump (18-8, 5.69m), 60m hurdles (9.52) and pole vault (11-3.5, 3.44m) and seventh in shot put (32-5, 9.88m).

2017 Outdoor: Competed in five meets...Had 13 top-10 finishes...Set a personal-best of 17.37 (19th) in the 110m hurdles at the Ole Miss/ Joe Walker Invitational (3/24)...Added career bests in shot put (30' 8.5", 27th) and discus (83' 11", 33rd) at the 2017 Drury Hotels Joey Haines Invite (3/31)...Took fifth in the decathlon at the OVC Championship (5/11) with 4969 points...Set personal-bests in the 100m (11.59, fourth), 400m (52.81, third), 1500m (4:57.79, first), pole vault (9' 10", fifth), javelin (111' 6", fifth)...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Appeared in six meets...Had 20 top-10 finishes...Took fifth in 55m hurdles at the SEMO vs. SIU-Edwardsville Dual (12/9) on a personal-best 8.99...Added a PR in the 200m (25.29, 35th) at the Missouri Invitational (1/20)...Won the 1000m at the Don DeNoon Invite in 2:52.35...Set a personal-best in long jump (18' 9", fourth) at the 2017 Redhawks Invite (2/17)...Finished eighth in the heptathlon with 3985 points at the OVC Championship (2/24)...Set personal-bests in high jump (5' 8.75", seventh), 60m hurdles (9.33, sixth), 1000m (2:49.84, first) and 60m (7.41, sixth).

2016 Outdoor: Ran 400m hurdles in five meets...Recorded three top-10 finishes...Came in third (58:05) at the SIUE Gateway Invite (4/16)...Took fifth at the Rhodes College Invitational (3/19) with a time of 58:54...Placed eighth at the Joey Haines Invite (4/2) with a mark of 1:00.37...Season-best time of 57:89 landed him in 13th place at the OVC Championship (5/14)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Did not compete.

Prep: 2015 graduate of Jackson High School...Lettered four years while participating in hurdles and 4x400...Academic top 10 percent of class.

Personal: Born January 2, 1997...Son of Nate and Christi Crowden...Studies Secondary Education at Southeast Missouri.



BRANDON CHUNN

SPRINTS
SENIOR
FLORISSANT, MO.
HAZELWOOD CENTRAL

2018 Outdoor: Appeared in four meets...

Ran a PR of 22.30 in the 200m (23rd) at the Mississippi State Bulldog Relays (3/23-24)... Also was ninth in the 4x400m (3:19.23) and 13th in the 400m (49.29)...Posted a time of 49.48 in the preliminaries for 400m at the Ohio Valley Conference Track & Field Championship (5/10-12).

2018 Indoor: Ran in five meets...Placed ninth in the 400m (52.08) and 14th in the 600m (1:28.31) at the 2018 Indiana University Relays (1/26-27)...Finished second in the 400m (51.72) and was a member of the first place 4x400 team (3:27.61)...Was 10th in the preliminaries for the 400m (52.04) at the Ohio Valley Indoor Track and Field Championships (2/23-24).

2017 Outdoor: Did not compete.

2017 Indoor: Did not compete.

2016 Outdoor: Competed in six meets...Tallied nine top-10 finishes, including four event wins...Set a new career-best in the 400m with a time of 48.26...Member of 4x400m squad that recorded fifth fastest time in school history (3:08.89) in a second-place effort at the Georgia Tech Invitational (4/23)...Apart of 4x400m relay team that won the title at the OVC Championship (5/14) with a time of 3:11.45...Claimed two titles at the SIUE Gateway Invite (4/16) in the 400m (49.12) and 4x400m relay (3:12.52)...Won 4x400m relay (3:11.12) at the Memphis Tiger Invitational (4/30)... Added a pair of fifth-place finishes at the OVC Championship in the 400m prelim (48.70) and 400m final (PR).

2016 Indoor: Competed in six meets...

Recorded a top-10 finish in all but two events, including nine in the top five...Set PRs in the 600m (1:21.57) and 800m (2:02.72) races... Apart of 4x400m relay team that won four out of six events, including the OVC Championship (2/27), clocking a time of 3:15.74...Finished third in the 400m prelim (49.22) at the OVC Championship...Collected a first and third-place finish at the Fred Wilt Invitational (2/13) in the 600m (1:21.63) and 4x400m relay (3:25.01), respectively...Came in fourth in the 400m (50.54) at the Missouri Invitational (1/15).

2015 Outdoor: Competed in five meets...Set PR in 400m (48.62) in a fourth place finish at the OVC Championships... Helped in first place finish in 4x400m at the Memphis Invitational. Had seven top five finishes...Helped in third place finish in 4x400m (3:15.79) at the OVC Championships.

2015 Indoor: Did not compete.



NICK SOUTH

MULTIS
JUNIOR
MUSCLE SHOALS, ALA.
MUSCLE SHOALS

2018 Outdoor: Did not compete.

2017 Indoor: Did not compete.

2017 Outdoor: Competed in seven meets...Had 20 top-five finishes...Finished second in pole vault (14' 5.25") and javelin (143' 4") at the Ole Miss/Joe Walker Invitational (3/24)...Also, threw a personal-best in shot put (32' 7", eighth)...Set a personal-best in the javelin throw with 153' 11" for 11th at the 2017 Drury Hotels Joey Haines Invite (3/31)...Took silver in the decathlon at the OVC Championship with 6168 points...Set personal-bests in 100m (11.41), 400m (52.07), 1500m (5:22.18), 110m hurdles (15.25), high jump (6' 2"), long jump (21' 1.25") and discus (97' 9").

2017 Indoor: Appeared in six meets...Had 12 top-five finishes...Won the pole vault (14' 11") and high jump (6' 0") at the SEMO vs. SIU-Edwardsville Dual (12/9)...Set a PR in the 55m hurdles in the preliminary round at the 2017 Redhawks Invite (2/17)...OVC Champion in the heptathlon after he broke several personal records on the way to first-place that included; the 60m (7.28, third), 60m hurdles (8.41), shot put (32' 6.5"), high jump (6' 0.5"), pole vault (15' 8.5", first) and the 1000m (3:03.47).

Prep: 2016 graduate of Muscle Shoals High School...Lettered all three years of competition...Two-time state champion pole vaulter (2015-2016)...Three-time state qualifier in hurdles.

Personal: Born March 4, 1998...Son of Todd and Gail South...Studying Physical Therapy at Southeast Missouri.



DAVID PLUNKETT

DISTANCE
JUNIOR
SPRINGFIELD ILL.
PLEASANT SPRINGS

2018 Cross Country: Appeared in one meet... Registered a time of 31:32.2 (13th) at the SIUE John Flamer Invite (9/14).

2018 Outdoor: Ran in seven meets... Finished fourth in the 4x400 (7:52.79) and sixth in the 800m (1:57.66) at the Mississippi State Bulldog Relays (3/23-24)... Placed 16th in preliminaries for the 800m (2:00.14) at the Ohio Valley Conference Championship (5/10-12).

2018 Indoor: Competed in six meets... Opened the season with a fourth place finish in the 800m (2:06.73) at the SEMO vs. SIUE Dual Meet (12/8)... Posted a personal-best time of 1:23.33 for fourth in the 600m at the 2018 Indiana University Relays... Also was eighth (1:56.63) in 800m... Won the distance medley relay in 10:25.28 at the 2018 Hoosier Hills (2/9)... Finished fourth in the 400m (PR, 52.87) at the 2018 Redhawks Open (2/16)... Placed sixth in the 800m at the Ohio Valley Indoor Track and Field Championships (2/23-24), clocking in at 1:58.78.

2017 Cross Country: Ran in two meets... Finished top-20 at the Walt Crawford Open (9/1) in 28:08.0... Placed 39th at Forest Park Cross Country Festival in 29:11.9 (9/8).

2017 Outdoor: Competed in five meets... Placed fourth in the 4x400m relay in 3:27.26 at the 2017 Drury Hotels Joey Haines Invite (3/31)... Finished 13th at the OVC Championship (5/11) in the 800m with a time of 1:54.81.

2017 Indoor: Competed in six meets... Had four top-five finishes... Won the 4x400m relay in 3:32.90 and placed fourth in the 800m in 2:02.09 at the SEMO vs. SIU-Edwardsville Dual (12/9)... Set a personal-best in the mile (4:33.83, 14th) at the Missouri Invitational (1/20)... Placed second in both the 4x400m relay in 3:39.86 and 800m in 2:00.79 at the 2017 Redhawks Invite (2/17)... Finished 13th in the 800m in 1:58.07 (PR) at the OVC Championship (2/24).

2016 Cross Country: Ran in three meets... Placed 22nd at the Rebel Invitational (20:24).

Prep: Attended Pleasant Plains High School... Holds school records in the 800m (1:55.41), 4x800m relay (8:00.38) and the 4x400m relay (3:29.1)... Apart of 4x800m relay team that won state as a sophomore... State qualifier in cross country during first three years... Four-time Sangamo Conference Champion, four-time Sangamon County Champion and three-time sectional champion.

Personal: Born August 11, 1998... Son of Mike and Cheryl Plunkett... Majoring in International Business... Brother, Dan Plunkett, also competes in cross country and track & field at SEMO.



JONNO ENGELKING

JAVELIN

JUNIOR

BRAMPTON, UNITED KINGDOM

UNIVERSITY OF MOUNT OLIVE

2018 Outdoor: Competed in the javelin throw at 10 meets...Won the event at five regular-season meets...Opened the season with a throw of 216-6 (65.99m, first) at the South Alabama Jaguar Opener (3/2-3)...Earned back-to-back titles at the 2018 Drury Hotels Joey Haines Invite (3/30-31) with a mark of 230-2 (70.16m) and at the Joe Walker Invite (4/13-14) with a distance of 232-5 (70.84m)...Also won the Georgia Tech Invitational (4/20-21) and Arkansas Twilight (5/4) titles...Named adidas® Ohio Valley Conference Male Field Athlete of the Week twice on April 18 and May 9 after his performances at the Joe Walker Invite and the Arkansas Twilight...Set a personal-best throw of 242-5 (73.89m) to win javelin at the Ohio Valley Conference Track & Field Championship (5/10-12)...Selected as OVC Male Co-Field Athlete of the Year...Finished third (235-2, 71.67m) at the NCAA Division I Outdoor Track & Field West Preliminary (5/24-26) to advance to the 2018 NCAA Division I Outdoor Track & Field Championships in Eugene, Oregon...Claimed Second-Team All-America honors with a 10th place finish (223-4, 68.07m) in the javelin at the NCAA Division I Outdoor Track & Field Championships (6/6-9)...SEMO's first All-American in the javelin in 28 years (Bob Cahoon, 1990) and fourth javelin All-American in the program's outdoor track & field history...Ranked seventh in the NCAA Division I West Region, ninth in entire DI and first in OVC for javelin...Tops Southeast Missouri program record books for javelin.



LOGAN BLOMQUIST

THROWS
JUNIOR
PLEASANT HILL, MO.
PLEASANT HILL

2018 Outdoor: Competed in ten meets...Won shot put with 56-11.5 (17.36m), placed second in discus throw with a distance of 162-6 (49.52m) and fourth in hammer throw with a mark of 181-3 (55.24m) at the South Alabama Jaguar Opener (3/2-3)...Finished third in hammer throw (179-3, 54.65m) at the Rhodes Invitational...Placed third in shot put (54-8.25, 16.67m) and third in hammer throw (185-9, 56.62m) at the Mississippi State Bulldog Relays (3/23-24)...Was the runner-up in discus throw with a mark of 160-9 (49.01m) and third in hammer throw with a distance of 180-1 (54.90m) at the SLU Billiken Invitational (4/6-7)...Won discus title with a throw of 164-0 (49.98m) and second in shot put (52-7.5, 16.04m) along with a fourth place finish in hammer throw (190-2, 57.96m) at the Georgia Tech Invitational (4/20-21)...Named adidas® Ohio Valley Conference Male Field Athlete of the Week on April 25 after his performance at the at the Georgia Tech Invitational...Was third in hammer with 190-8 (58.13m) at the Memphis Tiger Invitational (4/27-28)...Finished second in discus (168-1, 51.23m), third in hammer with a personal-best throw of 194-5 (59.26m) and fourth in shot with a mark of 52-9.25 (16.08m) at the Arkansas Twilight (5/4)...Earned a gold and two bronze medals at the Ohio Valley Conference Track & Field Championship (5/10-12)...Captured the discus title with a throw of 171-4 (52.23m)...Notched bronze in shot put (55-11.25, 17.05m) and hammer (193-11, 59.10m)...Also posted a personal-best throw of 168-2 (51.26m) in javelin for sixth.

2018 Indoor: Appeared in six meets...Finished fourth (shot put, 53-8.5, 16.37m) and fifth (weight throw, 58-1.75, 17.72m) at the 2018 Hoosier Hills (2/9)...Placed second in weight throw with a mark of 57-3.5 (17.46m) and fourth in shot put with a distance of 55-3.75 (16.86m) at the 2018 Redhawk Open (2/16)...Won gold in the shot put with a personal-best throw of 58-2 (17.73m) at the Ohio Valley Indoor Track and Field Championships (2/23-24)...Also was fourth in the weight throw with a PR of 58-8.5 (17.89m).

2017 Outdoor: Appeared in 11 meets...Record 12 top-five finishes...Won shot put at the Jaguar Open (3/3) with a throw of 53' 3.5"...Placed third in both shot put (53' 1.75") and discus (PR 174' 0", seventh best in SEMO History) at the Gibson Invitational (4/14)...Set a personal-best in the hammer throw with 178' 0" (ninth in SEMO History) for sixth at the Wisconsin Alumni Classic (5/5)...Won silver in the shot put (PR 54' 10.25") and discus (166' 6") at the OVC Championship (5/11)...Also placed sixth in javelin (161' 5") and sixth in hammer throw (172' 0")...Tabbed Ohio Valley Conference Outdoor Track & Field Male Freshman of the year...Finished seventh at the USA Track & Field Junior Outdoor Championships (6/22-25) in Sacramento, California with a discus throw of 176' 7"...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Had six top-five finishes...Took second in shot put (50' 10.25") and third in weight throw (46' 0.5") at the SEMO vs. SIU-Edwardsville Dual (12/9)...Placed fourth in both weight throw (50' 6.75") and shot put (53' 6.25") at the 2017 Redhawks Invite (2/17)...Took fifth in the shot put (PR 53' 9.75") and 11th in the weight throw (PR 51' 8.25") at the OVC Championship (2/24).

Prep: Set PR's of 60'7" in shot put and 186'8" in discus while at Pleasant Hill...During senior season, won state championship in shot put and took second in discus...Won state title in discus during junior year and runner up in shot put...Three time conference, district and sectional champ in discus...Two time conference, district, and sectional champ in shot put...Winner of the 2016 Kansas relays in both shot put and discus...Earned high-point plaque during both junior and senior seasons...Lettered all four years.



SHAWN BAREITER

POLE VAULT

JUNIOR

JACKSON, MO.

JACKSON

2018 Outdoor: Competed in five meets...

Placed fifth in pole vault with 14-1.25 (4.30m) at the Mississippi State Bulldog Relays (3/23-24)...Recorded a personal-best height of 15-1.75 (4.62m) at the ASU Red Wolf Open (4/20-21)...Won silver in pole vault at the Ohio Valley Conference Outdoor Track & Field Championship (5/10-12) with a mark of 14-1.75 (4.31m).

2018 Indoor: Competed in five meets...Finished

second in the pole vault at the SEMO vs. SIUE Dual Meet (12/8) with a height of 12-0 (3.66m)...Was runner-up in the same event at the 2018 Redhawk Open (2/16) with a mark of 13-1.5 (4.00m)...Earned bronze in pole vault (13-5.25, 4.10m) at the Ohio Valley Indoor Track and Field Championships (2/23-24).

Prep: Graduated from Jackson High School in 2016...Lettered all four years in track and field...Qualified for state his junior season.

Personal: Born July 12, 1998...Son of Shawn Bareiter Sr. and Catherine Bareiter...Majoring in Biomedical Sciences.



GRIFFIN BAILEY

DISTANCE

JUNIOR

ST. LOUIS, MO.

OAKVILLE

2018 Cross Country: Ran in five meets...

Started the season with a personal-best 5K of 18:33.7 (36th) at the Saluki Cross Country Invitational (8/31)...Ran a season-best 8K, clocking in at 26:15.6 (177th) at the Louisville Classic (9/29)...Finished 65th at the OVC Cross Country Championship (10/27) with a time of 27:19.7...Posted a 10K mark of 33:42.0 (140th) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Ran in seven meets...Finished third with a personal-best time of 9:24.44 in the 3000m steeplechase at the Rhodes Invitational (3/16-17)...Won the event the next week at the Mississippi State Bulldog Relays (3/23-24), clocking in at 9:30.40...Third in the 4x400 relay (3:30.52) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Placed first in the 3000m steeplechase at the SLU Billiken Invitational (4/6-7) in 9:38.73...Was sixth in the 5000m with a PR of 16:36.36 at the Memphis Tiger Invitational (4/27-28).

2018 Indoor: Competed in seven meets...Placed third in the 3000m at the SEMO vs. SIUE Dual (12/8) with a time of 9:13.00...Set a personal record of 8:39.27 (26th) in the 3000m at the Vanderbilt Invitational (1/19-20) and finished second in the DMR (10:19.99)...Won the DMR at the 2018 Hoosier Hills (2/9) with a time of 10:25.28...Earned bronze in the DMR at the OVC Indoor Track & Field Championships (2/23-24), clocking in a time of 10:08.18...Finished 14th in the 3000m in 8:52.47.

2017 Cross Country: Ran in five meets...Finished 26th at the Forest Park Cross Country Festival (9/8) in 27:11.9...Recorded a personal best at the Greater Louisville Classic (25:57.7-182nd)...Ran a 26:15.9 8K at the OVC Championship (10/28) for 55th...Placed 142nd in the NCAA Midwest Regional 10k with a mark of 31:33.2.

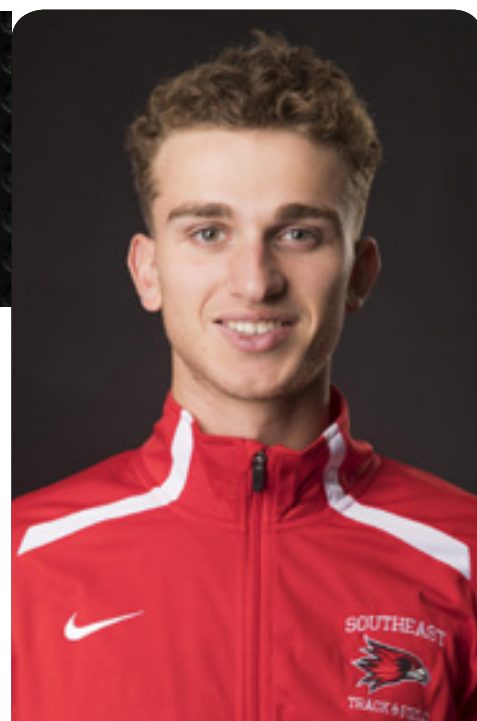
2017 Outdoor: Competed in six meets...Won the 3000m steeplechase in 9:42.05 at Ole Miss/Joe Walker Invitational (3/24)...Set a personal-best in the 1500m in 4:06.27 at the 2017 Drury Hotels Joey Haines Invite (3/31) for 20th...Took third in the 3000m steeplechase in 9:46.11 at the Tiger Track Classic (4/7)...Ran a PR (9:37.03) in the 3000m steeplechase at the Georgia Tech Invitational (4/21)...Added a personal-best in the 800m (1:56.99, seventh) at the Memphis Invitational 2017 (4/28)...Finished ninth in the 3000m steeplechase (9:46.79) and 18th in the 1500m (4:09.01) at the OVC Championship.

2017 Indoor: Competed in six meets...Had five top-five finishes...Won the mile at the SEMO vs. SIU-Edwardsville Dual (12/9) in 4:26.40...Placed first in the distance medley relay at the 2017 Indiana University Relays (1/27) in 10:42.46...Also set a personal-best in the mile with a time of 4:23.36 for 16th...Ran a personal-best 3000m in 8:56.52 (13th) at the Don DeNoon Invite (2/3)...Finished 13th in the mile with a time of 4:25.66 at the OVC Championship (2/24)...Added a PR in the 800m (1:58.32) in the preliminary round.

2016 Cross Country: Ran in five meets...Finished top-20 twice...Placed ninth at the Gabby Reuveni (19:29.8)...Finished 16th at the Rebel Invitational (19:23.9).

Prep: Attended Oakville High School...Earned all-state honors in cross country as a senior and track as a junior...Garnered all-conference recognition in cross country his last two years...District champion in the 1600m race as a sophomore...Finished third in state in 800m his junior season...2014 USA Triathlon National Champion in the 16-19 age group...Third-place finish at the 2014 ITU Triathlon World Championship.

Personal: Born December 19, 1997...Son of Scott and Kathleen Bailey...Majoring in Chemistry.



COLIN SCHWAB

SPRINTS

SOPHOMORE

BALLWIN, MO.

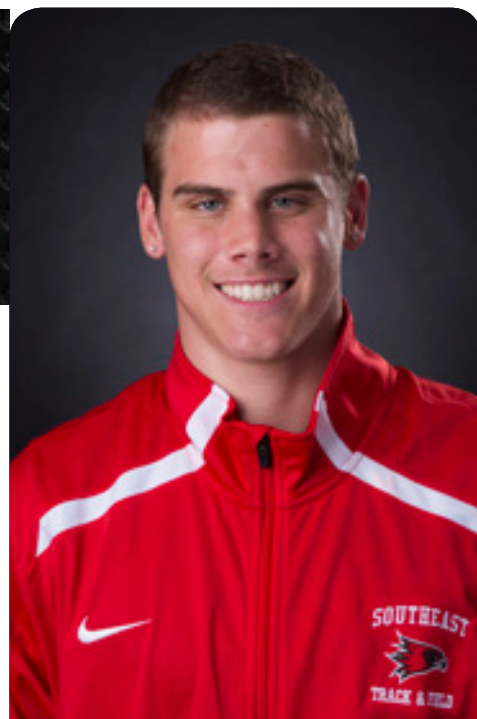
MARQUETTE

2018 Outdoor: Competed in seven meets...Set a PR of 11.27 (22nd) in the 100m at the Rhodes Invitational (3/16-17)...Added a career best in the 200m of 22.00 (16th) at the Mississippi State Bulldog Relays (3/23-24)...Was fourth in the 400m (49.70) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished second in the 4x400m (3:17.86) and third in the 400 with a personal best of 48.23 at the Joe Walker Invite (4/13-14)...Earned a silver and bronze medal in the 4x400m (3:14.12) and 4x100m (41.39) at the Ohio Valley Conference Outdoor Track & Field Championship (5/10-12)...Also was fifth in the 400m (48.32).

2018 Indoor: Appeared in eight meets...Finished first in the 400m (51.58) and second in the 4x400m (3:33.37) at the SEMO vs. SIUE Dual Meet (12/8)...Was third in both the 400m (50.64) and the 4x400m (3:26.95) at the Illinois Open (1/13)...Posted a career-best time of 7.36 in the 60m (26th) at the Don DeNoon Invitational (2/2-3)...Placed third in the 4x400m, clocking in at 3:23.03 at the 2018 Hoosier Hills (2/9)...Was a member of the first place 4x400m team (3:27.61) at the 2018 Redhawks Open (2/16)...Earned silver in the 4x400m at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a mark of 3:23.99...Also was fourth in the 400m (50.03) and 14th in the prelims for 200 (23.55).

Prep: Graduated Marquette High School in 2017...Was named to the all-state track and field team twice, placed sixth in state in the 400m, placed seventh in state in the 4x200m, was two time All-American junior Olympian in 4x800m and 4x400m.

Personal: Born September 9, 1998...Son of Shane Schwab and Courtney Kelly...Majoring in Business Marketing and Sales.



CHARLIE SAMARZICH

DISTANCE

SOPHOMORE

FESTUS, MO.

FESTUS

2018 Cross Country: Ran in four meets...

Recorded a personal-best 5K time of 17:48.3 (28th) at the Saluki Cross Country Invitational (8/31)...Posted a career-best 8K mark of 27:09.4 (223rd) at the Louisville Classic (9/29)...Crossed the finish line in 28:35.4 (82nd) at the OVC Cross Country Championship (10/27).

2018 Outdoor: Competed in four meets...

Finished sixth in the 10,000m (PR, 33:50.38) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Added a career-best mark of 4:25.16 in the 1500m (26th) at the Joe Walker Invite (4/13-14)...Placed 18th in the 10,000m (35:32.78) at the Ohio Valley Conference Championship (5/10-12).

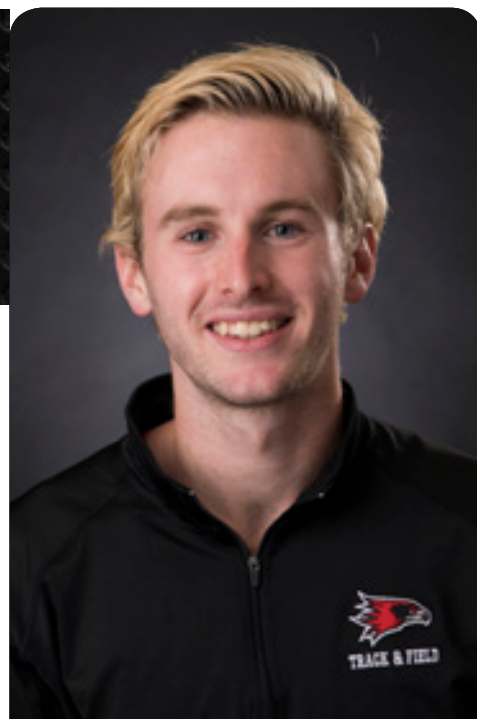
2018 Indoor: Ran in six meets...Placed sixth in

the 3000m (9:32.78) at the SEMO vs. SIUE Dual Meet (12/8)... Posted a personal-best time of 16:13.39 in the 5000m (11th) at the 2018 Indiana University Relays (1/26-27)...Was second in the 3000m at the 2018 Redhawks Open (2/16) with a PR of 9:19.20...Placed 16th in the 5000m (16:41.39) at the Ohio Valley Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Ran in six races...

Finished in the top-15 (4.97m, 27:40.2) at the Walt Crawford Dual (9/1)...Posted a 32nd place finish (27:30.9) in the 7.5K at the Forest Park Cross Country Festival (9/8)...Finished 81st at the Ohio Valley Conference Championship (10/28) in 27:23.4 (8K)...Ran a time of 33:44.3 (189th) in the 10K at the NCAA Division I Midwest Region Cross Country Championships (11/10).

Personal: Majoring in Economics: Financial Economics.



AUSTIN PERKINS

DISTANCE

SOPHOMORE

ST. PETERS, MO.

FORT ZUMWALT EAST

2018 Cross Country: Appeared in two meets...

Set a 5K personal-best time of 18:33.1 (35th) in the season-opening Saluki Cross Country Invitational (8/31)...Posted a mark of 30:44.8 (12th) at the SIUE John Flamer Invite (9/14).

2018 Outdoor: Competed in seven meets...

Finished fourth in the 4x800m (7:52.79) at the Mississippi State Bulldog Relays (3/23-24)... Placed third in the 4x400m in 3:30.52 and was seventh in the 800m (1:59.45) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)... Clocking a PR time of 4:13.68 in the 1500m at the SLU Billiken Invitational (4/6-7)...Set a personal-best mark of 1:55.85 (24th) in the 800m at the Georgia Tech Invitational (4/20-21)...Competed in the 800m (2:02.70, 18th in preliminaries) at the OVC Outdoor Track and Field Championships (5/10-12).

2018 Indoor: Ran in seven meets...Placed

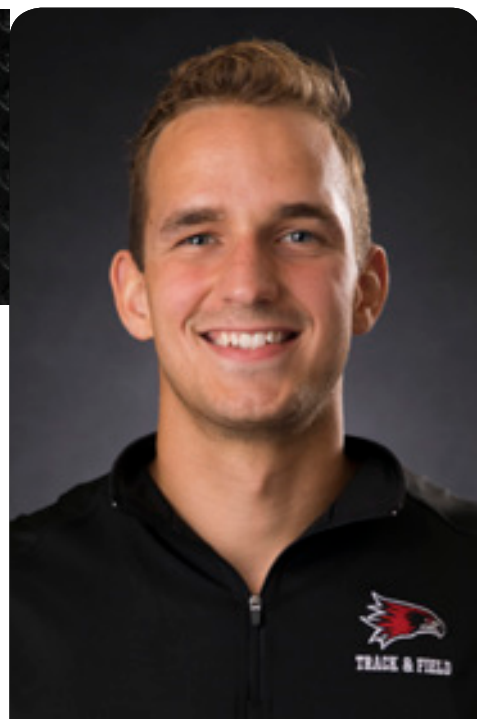
second (4x400, 3:33.37) and third (800, 2:03.54) at the SEMO vs. SIUE Dual Meet (12/8)...Ran a personal-best 600m in 1:26.39 (12th) at the 2018 Indiana University Relays (1/26-27)...Clocking a PR time of 2:37.73 in the 1000m at the Don DeNoon Invitational (2/2-3)... Finished fifth in the 400 (PR, 53.75) at the 2018 Redhawks Open (2/16)...Placed eighth overall in the 800m (2:00.86) at the OVC Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Ran in one meet...

Finished 48th at the Forest Park Cross Country Festival (9/8).

Personal: Majoring in Engineering Physics:

Mechanical Applications.



BRYCE PEASE

SPRINTS

SOPHOMORE

FLORISSANT, MO.

LUTHERAN NORTH

2018 Outdoor: Ran in seven meets...Was a member of the first place 4x400m relay team (3:26.20) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...At the same meet had a personal best in the 800 of 2:08.62... Finished second in the 4x400m (3:17.86) at the Joe Walker Invite (4/13-14)...Earned silver in the 4x400m relay with a time of 3:14.12 and registered a PR of 49.43 in the 400m at the Ohio Valley Conference Championship (5/10-12).

2018 Indoor: Competed in six meets...Finished fifth and had a personal best in the 200m (24.95) at the SEMO vs SIUE Dual Meet (12/8)... Also finished fourth in the 400m (53.55)... Placed third in the 4x400m (3:26.95) at the Illinois Open (1/13)...Finished third in the 4x400m with a mark of 3:23.03 at the 2018 Hoosier Hills (2/9)...Had a personal best time of 1:28.30 in the 600m at the Illinois Open...Earned silver and bronze medals at Ohio Valley Indoor Track and Field Championships (2/23-24)... Captured second in the 4x400m, clocking in at 3:23.99 and finished third in distance medley relay with a time of 10:08.18.



TREVOR FALCO

DISTANCE
SOPHOMORE
SALEM, ARK.
SALEM

2018 Cross Country: Competed in five meets... Registered a personal-best 5K of 17:09.5 (19th) to start 2018 at the Saluki Cross Country Invitational (8/31)...Tallied a career-best 8K mark of 27:15.6 (226th) at the Louisville Classic (9/29)...Crossed the finish line in 28:21.0 (8K, 77th) at the OVC Cross Country Championship (10/27) with a time of 26:28.9.

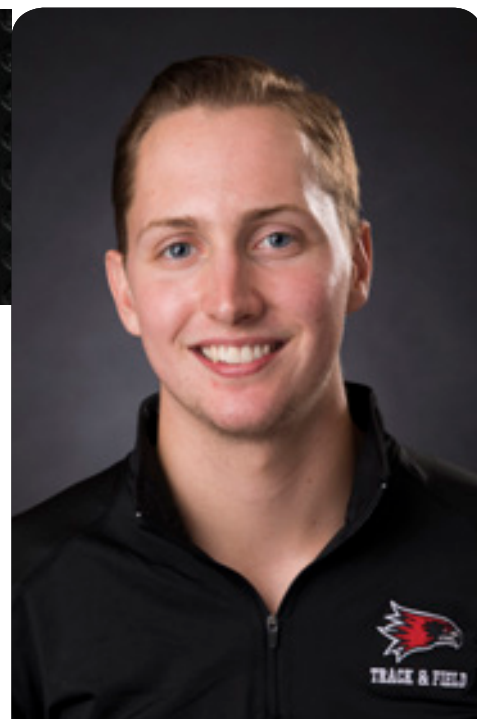
2018 Outdoor: Competed in two meets... Placed sixth in the 3000m steeplechase (PR, 11:03.90) at the 2018 Drury Hotels Joey Haines Invite (3/30-31) and finished 20th in the 1500m at the SLU Billiken Invitational (PR, 4:24.50).

2018 Indoor: Ran in six meets...Placed fifth in the 3000m at the SEMO vs. SIUE Dual Meet (12/8) with a mark of 9:30.43...Improved in the race with a time of 9:27.31 (24th) at the Illinois Open (1/13)...Ran a personal-best 5000m (16:27.84, 12th) at the 2018 Indiana University Relays (1/26-27)...Added a PR in the 3000m at the Don DeNoon Invitational (2/2-3), clocking in at 9:27.18 for 24th...Finished third in the 3000m (9:36.11) at the 2018 Redhawks Open (2/16)...Placed 19th in the mile (PR, 4:43.17) at the OVC Indoor Track & Field Championships (2/23-24).

2017 Cross Country: Appeared in five meets... Had three top-50 finishes...Finished in the top 15 at the Walt Crawford Open (9/1) in 27:40.3... Place 83rd at the OVC Championship (10/28) in 27:39.7.

Prep: Attended Salem High School in Salem, Arkansas...Lettered in both track and cross country...All state in cross country and track in 2016 and 2017...3200m state champion in track for 2016 and 2017...State champion in cross country in 2017.

Personal: Born May 21, 1998...Son of Michael and Stephanie Falco...Studying Finance.



CHRIS DURR

DISTANCE

SOPHOMORE

SPRINGFIELD, ILL.

CHATHAM-GLENWOOD

2018 Cross Country: Ran in all six meets...Ran a personal-best 5K of 16:39.4 (14th) to start the season at the Saluki Cross Country Invitational (8/31)...Placed sixth at the SIUE John Flamer Invite (9/14) with a time of 27:36.1...Tallied a career-best 8K mark of 26:05.8 (167th) at the Louisville Classic (9/29)...Finished 50th at the OVC Cross Country Championship (10/27) with a time of 26:28.9...Recorded a PR 10K (34:57.5, 183rd) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Participated in four meets...Placed seventh in the 5000m (16:03.40) at the Mississippi State Bulldog Relays (3/23-24)...Was sixth in the same event at the SLU Billiken Invitational (4/6-7) in 16:05.85...Finished fourth with a PR time of 15:58.98 in the 5000m at the Memphis Tiger Invitational (4/27-28)...Posted a personal-best time of 35:08.07 in the 10,000m at the OVC Outdoor Track & Field Championship (5/10-12).

2018 Indoor: Ran in seven meets...Finished sixth in the mile (4:38.55) at the SEMO vs. SIUE Dual (12/8)...Posted a personal-best time of 9:07.71 in the 3000m (15th) Don DeNoon Invitational (2/2-3)...Recorded a third place finish in the mile with a PR time of 4:34.33 at the 2018 Redhawks Open (2/16)...Was 13th in the 5000m at the OVC Indoor Track & Field Championship (2/23-24), clocking in at 16:09.99.

2017 Cross Country: Ran in five meets...Finished in the top-10 at the Walt Crawford Open (9/1) with a time of 26:38.0...Placed 17th at the Forest Park Cross Country Festival (9/8) in 26:22.6...Finished 79th at the OVC Championship (10/28) in 27:20.7...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Glenwood High School in Springfield, Illinois...Member of school record holding 4 x 800m relay team, honor roll student, academic all-conference member all four years, earned team MVP award, Springfield road-runner of the year runner up...Academic conference, individual conference champion in cross country, 3200m and 1600m, was named All-Metro male runner of the year as a senior...Member of 4 x 800m relay winning team at conference as a junior...Injured as a sophomore...All conference in cross country and track as a freshman.

Personal: Born September 9, 1998...Son of Michael and Erin Durr...Majoring in Communication Disorders...Played trombone for five years and cello for two years.



KAYLON JENKINS

SPRINTS

SOPHOMORE

BRENTWOOD, MO.

BRENTWOOD

2018 Outdoor: Participated in seven meets... Finished second in the 4x400m (3:17.86) at the Joe Walker Invite (4/13-14)...Had a personal best time of 22.85 in the 200m at the Mississippi State Bulldogs Relays (3/23-24)...Added a career best mark in the 400m of 48.90 at the Ohio Valley Conference Championship (5/10-12)...Also finished third in the 4x100m (41.39) and second in the 4x400m (3:14.12).

2018 Indoor: Ran in seven meets...Finished fourth in the 200m (24.79) at the SEMO vs SIUE Dual Meet (12/8)...Also finished third in the 400m (52.42) and second in the 4x400m (3:33.37)...In the same relay placed third (3:26.95) at Illinois Open (1/13)...Also finished third in the 4x400m (3:23.03) at the 2018 Hoosier Hills (2/9)...In the same event finished first (3:27.61) at the 2018 Redhawks Open

(2/16)...Had a personal best in the 60m (7.56) at the Don DeNoon Invitational (2/2-3)...Was ninth in the 400m (51.91) at the Ohio Valley Indoor Track and Field Championships (2/23-24).

Prep: Graduated from Brentwood High School in 2017...Earned first place at the Class 2 State Championships in the 400m and 4x100m relay...Lettered all four years in track.

Personal: Born December 30, 1998...Son of Tamara Jenkins...Majoring in Criminal Justice.



TALLYN BRAZELL

JUMPS

SOPHOMORE

YUKON, OKLA.

YUKON

2018 Outdoor: Appeared in five meets... Won the high jump at South Alabama Jaguar Opener with a height of 6-6.25 (1.99m)...Placed first in the same event at the 2018 Drury Hotels Joey Haines Invite (3/30-31) with a career-best mark of 6-9.75 (2.08m)...Earned fourth in the high jump at the Ohio Valley Conference Track & Field Championship with 6-8.25 (2.04m).

2018 Indoor: Competed in seven meets... Posted five top-three performances...Finished sixth in the 55m with a PR of 7.08 and won the high jump with a height of 6-0.75 (1.85m) at the SEMO vs. SIUE Dual Meet (12/8)...Was third in the high jump at the Illinois Open (1/13) with a mark of 6-4.75 (1.95m)...Added another third place finish in the same event at the 2018 Hoosier Hills (2/9) with a mark of 6-5.5 (1.97m)...Won the high jump at the 2018 Redhawks Open (2/16) with 6-8.75 (2.05)... Earned bronze at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a mark of 6-7 (2.01m).



WESLEY STANDRIDGE

JAVELIN
FRESHMAN
BLOUNTSVILLE, ALA.
ONEONTA

Prep: Four-year letter winner at Oneonta...With a career best of 179'8"... As a senior earned AHSAA State Runner-Up...AHSAA Section 4 Champion...As a junior earned AHSSA State 4th Place...AHSSA Section 4 Champion...Earned Oneonta Track and Field MVP...Oneonta Track and Field top overall points scorer...Also was an Outstanding Eight of his senior class.

Personal: Born Sept. 18, 1999...Son of Doug and Donna Standridge...Majoring in Athletic Training...Has played leading roles in several musicals, his favorite being Lord Farguaad from Shrek the Musical.



ALEC MORRISSEY

POLE VAULT
FRESHMAN
EFFINGHAM, ILL.
EFFINGHAM

Prep: Graduated from Effingham High School in 2018...Started and lettered four years in track and field at Effingham and was coached by Dick Reimers...Personal best pole vault height is 14-5...As a senior, qualified for the Top Times Indoor State Meet and finished seventh in pole vault at the Illinois Outdoor State Track Meet...Also won the 2018 Apollo Conference Championships in pole vault as Effingham captured the conference title...Earned a fourth place finish at the Illinois Outdoor State Track Meet as a junior...Was the Sectional Champion in pole vault during his sophomore year and was 10th in pole vault at the Illinois Outdoor State Track Meet...Named Rookie of the Year as a freshman...Also played football at Effingham...Tabbed Hustle Award and Sportsmanship Award recipient...Named to the Academic Hall of Fame (2014-2018), National Honor Society (2016-2018) and was a three-year honor roll member.

Personal: Born September 2, 1999...Son of Robert and Michelle Morrissey...Majoring in Exploratory Major at Southeast.



COLIN JONES

MID DISTANCE

FRESHMAN

COLLIERVILLE, TENN.

HOUSTON

Prep: Four year letter winner at Houston High School...2018 Junior Olympic Champion in the 800m with a time of 1:51.44...National Champion in the 1500m with a time of 3:59...2017 Junior Olympic Runner-Up in 800m with a time of 1:52.25...Five time All-American in 800m...Three time All-American in the 1500m...Three time New Balance National Qualifier...Two time State Champion in the 800m.

Personal: Born December 31, 1999...Son of Henry and Keatha Jones...Twin brother is Keaton Jones who is also on the SEMO Track and Field team...Majoring in Cyber Security.



KEATON JONES

MID DISTANCE

FRESHMAN

COLLIERVILLE, TENN.

HOUSTON

Prep: Four time letter winner at Houston High School...As a senior was third at State in the 800m...As a junior was State Runner-Up in the 800m...Five time All-American in the 800m...Three time All-American in the 1500m...Personal bests in the 800m (1:52.48) and in the 1500m (4:00.07)...Also participated in wrestling.

Personal: Born December 31, 1999...Son of Henry and Keatha Jones...Twin brother is Colin Jones who is also on the SEMO Track and Field team...Majoring in Cyber Security.



MOMOH BREMA

SPRINTS

FRESHMAN

ST. LOUIS, MO.

RIVERVIEW GARDENS

Prep: Four-year letter winner at Oneonta...With a career best of 179'8"... As a senior earned AHSAA State Runner-Up...AHSAA Section 4 Champion...As a junior earned AHSSA State 4th Place...AHSSA Section 4 Champion...Earned Oneonta Track and Field MVP...Oneonta Track and Field top overall points scorer...Also was an Outstanding Eight of his senior class.

Personal: Born in Bamako, Mali (West Africa) on May 5, 2000...Majoring in Computer Science.



/ TREVOR SKAGGS

FRESHMAN



/ TITOUAN SAJOUS

FRESHMAN





/ DYLAN CLARK
FRESHMAN



/ TRENNON CURRY
FRESHMAN



/ ASA MARTIN
FRESHMAN



WOMEN'S STUDENT-ATHLETE
PROFILES

DEMO
USE ONLY

SYDNEY O'BRIEN

DISTANCE

SENIOR

ST. PETERS, MO.

FORT ZUMWALT SOUTH

2018 Cross Country: Ran in six meets... Started the season with back-to-back first place finishes at the Saluki Cross Country Invitational (8/31, 18:36.7) and the SIUE John Flamer Invite (9/14, 18:05.4)...Placed 27th at the at the Louisville Classic (9/29), clocking in at 17:37.8...Finished 83rd (21:38.0) at the Wisconsin Pre-National Meet (10/13)...Finished eighth at the OVC Cross Country Championship (10/27) to earn Second-Team All-OVC laurels, clocking in with a personal-best 5K time of 17:36.9... Matched SEMO women's cross country best individual finish of 43rd with a time of 21:28.7 at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Competed in four meets...Won the 5000m at the SLU Billiken Invitational (4/6-7) with a time of 17:44.30...Placed fourth in the same event in 17:57.12 at the Joe Walker Invite (4/13-14)...Recorded a personal-best mark of 34:57.12 in the 10,000 at the Mt. SAC Relays (4/19-21)...Earned bronze in the 10,000 at the OVC Outdoor Track and Field Championships (5/10-12), clocking in at 36:39.91...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in six meets...Placed third in the 3000m at the Vanderbilt Opener (12/2) with a mark of 10:09.56...Was fifth in the same event at the Illinois Open (1/13) in 10:14.15... Finished fourth in the 5000m at the Vanderbilt Invitational (1/19-20) in 17:11.45...Won back to back races with the 5000m (17:18.01) at the 2018 Indiana University Relays (1/26-27) and then the 3000m in a personal-best time of 10:02.81 at the 2018 Hoosier Hills (2/9)... Finished fifth in the 5000m at the OVC Indoor Track and Field Championships (2/23-24), clocking in at 17:30.10.

2017 Outdoor: Ran at six meets...Won the 5000m at Ole Miss/ Joe Walker Invitational in 17:37.05 (3/24) and SLU Invite (4/7) 17:55.41 to open campaign...Set a personal-best (Second All-Time in SEMO History) of 35:38.56 in the 10,000m for 16th at the Mt. SAC Relays (4/13)... Won the 10,000m at the OVC Championships (5/11) with 37:24.44...Also placed fourth in the 5,000m with a time of 17:32.02...Named to the OVC Commissioner's Honor Roll.

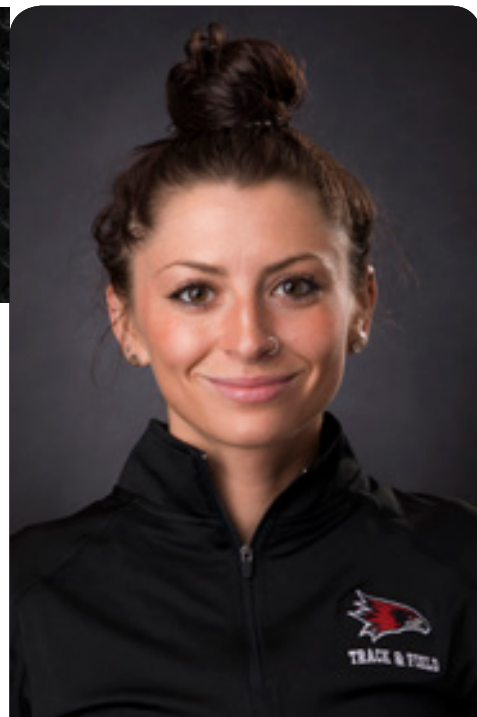
2017 Indoor: Competed in six meets...Had six top-10 finishes...Opened the season with back-to-back second place finishes in the 3000m at the SEMO vs. SIU-Edwardsville Dual in 10:18.32 (12/9) and Missouri Invitational (1/20) in 10:12.07...Finished third in the 5000m with 17:27.89 at the 2017 Indiana University Relays (1/27)...Placed fourth in the 5000m with a personal-best and Southeast Indoor record (seventh all-time) of 17:05.21...Finished 10th (10:04.28) in the 3000m at the OVC Championships (2/24).

2016 Cross Country: Ran in all seven races... Recorded a top-50 finish in all but one race... Ran the second fastest 6k time (21:17) in program history at the Midwest Regional (11/11) where she placed 49th...Opened the year with a fifth-place finish at the Gabby Reuveni (9/2) with a time of 14:33.5...Placed 12th at the Rebel Invitational (9/9) with a time of 17:39...Came in 15th (17:43.9) at the OVC Championship (10/29).

2016 Outdoor: Competed in seven meets...Set PRs in the 1500m (4:59.50), 3000m (10:17.12), 5000m (17:26.21) and 10,000m (37:06.55) races...Tallied five top-10 finishes...Won the 10,000m (PR) at the Joey Haines Invite (4/2) with the tenth fastest time in program history... Came in fourth in the 10,000m at the OVC Championship (5/14) with a time of 37:11.57... Came in sixth place in the 1500m (PR) at the SIUE Gateway Invite (4/16).

2016 Indoor: Competed in six meets...Collected a top-10 finish in five out of eight events...Set PRs in the mile (5:29.89), 3000m (10:26.30) and 5000m (17:45.48) races...Claimed the 3000m title (10:54.24) at the SIUE Dual Meet (1/29)...Placed second at the UINDY Collegiate Invitational (1/23) in the 5000m (18:10.33)... Added a sixth-place finish at the Missouri Invitational (1/15) in the 3000m (10:50.56)... Finished in seventh in the 5000m (18:38.08) at the OVC Championship (2/27).

2015 Cross Country: Ran in all six races... Finished in the top-30 twice...Placed 11th at the Gabby Reuveni Early Bird with a time of 15:36...Third-fastest Redhawk at the OVC Championships (23rd, 18:29)...One of five Redhawks to cross the finish line in the top-100 (75th, 18:05.06) out of 436 total competitors at the Chile Pepper Festival.



2015 Outdoor: Competed in seven meets...Set PRs in the 3000m (10:42.05) and the 10,000m (38:28.20)...Earned three top-five finishes...Named to the OVC Commissioner's Honor Roll.

2015 Indoor: Saw action in five meets...Set PRs in the 3000m (10:54.41) and 5000m (18:14.75)...Finished first in the distance medley relay vs. SIUE with a time of 13:40.39... Placed third in the 5000m at the Indianapolis Challenge (career-best 18:14.75)...Tallied four top-five finishes.

2014 Cross Country: Competed in all seven meets as a true freshman...Finished 22nd in her Redhawk debut at the Gabby Reuveni Early Bird with a time of 15:44...Finished 12th at the Saluki Invitational in 19:28...Finished 44th at the OVC Championships with a time of 19:02.

Prep: 2014 graduate of Fort Zumwalt South High School...Ran cross country and track... Lettered all four years...Was a state qualifier for cross country her junior and senior years... Qualified for state in track her sophomore and junior years...Had a career-best 19:02 5K...Was named all-conference, all-district, and all-sectional in cross country her senior year while also being the team captain...Was awarded the US Marine Corps Distinguished Athlete Award...Member of the National Honor Society...Was also a cheerleader all four years.

Personal: Born December 6, 1995...Daughter of Cary and Talisa O'Brien...Studying Global Cultures/Language: Anthropology at Southeast.

KAITLYN SHEA

DISTANCE

SENIOR

JEFFERSON CITY, MO

HELIAS

2018 Cross Country: Ran in six meets...Placed second at back-to-back invites to start the season...Clocked in at 18:38.2 at the Saluki Cross Country Invitational (8/31) and posted a mark of 18:18.7 at the SIUE John Flamer Invite (9/14)...Was 37th at the at the Louisville Classic (9/29), crossing the finish line in 17:43.5...Set a career-best 6K time of 21:26.7 (66th) at the Wisconsin Pre-National Meet (10/13)...Finished seventh at the OVC Cross Country Championship (10/27) to earn First-Team All-OVC laurels with a mark of 17:36.7...Posted a time of 21:48.4 (71st) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Did not compete.

2018 Indoor: Competed in one meet...Won the 3000m in 10:13.91 at the SEMO vs. SIUE Dual Meet (12/8)...Named to the OVC Commissioner's Honor Roll.

2017 Cross Country: Ran in six races...Won the Walt Crawford Open (9/1) with a time of 17:48.9 and Forest Park Cross Country Festival (9/8) in 18:24.61 to start the season...Finished 25th at the Bradley Pink Classic (10/13) in 21:37.6...Placed twelfth (17:44.8) at the OVC Championships (10/28) to earn All-OVC Second Team laurels...Finished in the top 100 (21:39.9) at the NCAA Midwest Regional (11/10)...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Ran in seven meets...Had four second place finishes...Set a PR in the 800m in 2:19.52 (18th) and 1500m in 4:38.78 (10th) at the Ole Miss/ Joe Walker Invitational (3/24)...Placed second with a personal-best (eight all-time in SEMO History) 5000m in 17:09.39 at the 2017 Drury Hotels Joey Haines Invite (3/31)...Ran a PR (Third All-Time in SEMO History) 10,000m at the Mt. SAC Relays (4/13) in 35:56.84...Took second (37:32.14) in 10,000m and fifth (17:40.47) in the 5000m at the OVC Championships...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Won the 3000m at SEMO vs. SIUE-Edwardsville Dual (10:17.60 on 12/19), the Missouri Invitational (10:04.98 on 1/20) and the 2017 Indiana University Relays (9:53.58 on 1/27) to start the season...Also placed second in the 5000m with a season-best 17:10.69 at the 2017 Indiana University Relays (1/27)...Took first in the mile with a personal-best at the Don DeNoon Invite (2/3) in 5:01.58...Set a PR in the 3000m at the Music City Challenge (9:46.28 on 2/10)...Finished third (9:48.49) in the 3000m and seventh (17:20.31) in the 5000m at the OVC Championship (2/24).

2016 Cross Country: Ran in all seven races...Earned second team All-OVC honors after placing 13th (17:43.6) at the OVC Championship (10/29)...Finished in the top 35 in all but two races...Opened the season with back-to-back top-10 finishes at the Gabby Reuveni (2nd – 14:05) and the Rebel Invitational (8th – 17:30.2)...Came in 26th (21:34.2) at the Bradley Pink Classic (10/14) to help the team to an eighth-place finish out of 31 total teams...Took 34th at the Commodore Classic (9/17) with a time of 17:53.3.

2016 Outdoor: Competed in seven meets...Set PRs in the 800m (2:23), 1500m (4:43.77) and 5000m (17:24.72) races...Compiled seven top-10 finishes in nine total events...Runner-up in the 3000m at the WKU Hilltopper Relays (4/9) with a time of 10:11.07...Added two third-place finishes at the SIUE Gateway Invite (4/16) in the 4x400m relay (4:16.45) and 800m (PR)...Finished third in the 5000m (18:04.71) at the Joey Haines Invite (4/2)...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in six meets...Set PRs in the mile (5:16.48) and 3000m (10:09.06)...Accumulated seven top-10 finishes...Apart of distance medley relay team that set school indoor record at the Mevo Invitational (2/5) in 11:58.34...Won the 5000m at the Fred Wilt Invitational (2/13) with a season-best time of 17:42.31...Finished third in the 3000m (PR) at the Missouri Invitational (1/15)...Member of distance relay team to place fifth at the OVC Championship (2/27) with a time of 12:19.49.



2015 Cross Country: Ran in all six races...Won OVC Female Freshman of the Year honors...In her first ever collegiate race, Shea finished in second place (15:04) at the Gabby Reuveni Early Bird to help lead the team to a first place finish overall...Finished in the top-100 in all but one race...Finished in 20th place at the OVC Championships with a time of 18:25.7...One of five Redhawks to finish in the top-100 (56th, 17:49.24) out of 436 total competitors at the Chile Pepper Festival.

Prep: Lettered four years in track and three in cross country...As a senior, she set new records in the 5K, mile and two mile runs...Medalist at state as a freshman and junior...Qualified for state as a sophomore...Voted most improved all four years...Also played soccer her freshman year.

Personal: Born September 24, 1996...Daughter of Mike and Lynne Shea...Her brother Nick wrestles at Truman State and her other brother Logan plays football at Lincoln University...Majoring in Spanish Education at Southeast.

GEORGIA TOMLINSON

SPRINTS

SENIOR

TERRELL, TEXAS

CLARENDON ACADEMY

2018 Outdoor: Competed in seven meets...

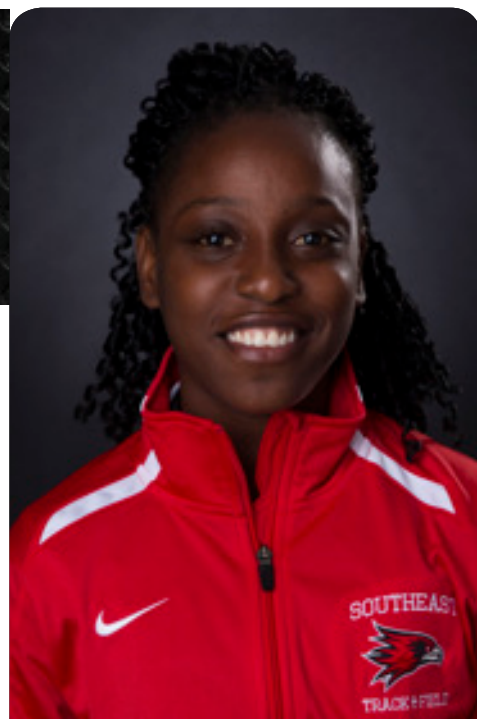
Earned a personal-best time in the 100 with 12.58 (17th) at the Rhodes Invitational (3/17)... Placed fourth at the Mississippi State Bulldog Relays (3/24) in the 400m with 57.06...Was a member of the first place 4x400m (3:58.56) at the 2018 Drury Hotels Joey Haines Invite (3/31)...Finished third in the 4x100m with a time of 48.08 at the Joe Walker Invite (4/14)... Registered a PR time of 55.77 to win the 400m at the Memphis Tiger Invitational (4/27-28)... Earned silver in the 4x400m relay at the Ohio Valley Conference Championship (5/12) with a time of 3:45.49...Also was fifth in the 4x100m (47.31).

2018 Indoor: Appeared in six meets...Placed second in the distance medley relay with 12:53.83 and was fourth in the 400m (1:00.91) at the 2018 Hoosier Hills Meet (2/9)...Won the 400m at the 2018 Redhawks Open (2/16), clocking in at 59.12...Finished third in the distance medley relay (12:12.20) and the 4x400m relay (3:53.50) at the Ohio Valley Indoor Track and Field Championships (2/24).

2017 Outdoor: Competed in six meets...

Had seven top-10 finishes and two top-five finishes...Placed fifth in the 400m in 58.02 at the Memphis Invitational 2017 (4/28)...Finished ninth in the 4x400m relay (4:05.81), sixth in the 400m (57.56) and eighth in the 200m (26.43w (4.3)) at the OVC Championship (5/11)...Set a PR in the preliminary rounds of the 200m with 24.83 and 400m with 56.03.

2017 Indoor: Competed in six meets...Had seven top-10 finishes and five top-five finishes... Won the 4x400m relay with 4:01.74 and placed second in the 55m with a personal-best 7.26 at the SEMO vs. SIU-Edwardsville Dual (12/9)... Finished second in the 200m at the Missouri Invitational (1/20) with 25.51...Also, set a PR in the 60m with 7.78 in the preliminary round... Won the 200m in 25.61 and placed second in the 400m with 1:00.93 at 2017 Redhawks Invite (2/17).



ANNA THOMAS

DISTANCE

SENIOR

PILOT KNOB, MO.

ARCADIA VALLEY RII

2018 Cross Country: Ran in six meets...Placed second at back-to-back invites to start the season...Clocked in at 18:38.2 at the Saluki Cross Country Invitational (8/31) and posted a mark of 18:18.7 at the SIUE John Flamer Invite (9/14)...Was 37th at the at the Louisville Classic (9/29), crossing the finish line in 17:43.5...Set a career-best 6K time of 21:26.7 (66th) at the Wisconsin Pre-National Meet (10/13)...Finished seventh at the OVC Cross Country Championship (10/27) to earn First-Team All-OVC laurels with a mark of 17:36.7...Posted a time of 21:48.4 (71st) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Ran in seven meets...Was fifth in the 3000m steeplechase (11:40.47) at the Mississippi State Bulldog Relays (3/23-24)...Placed fourth in the 4x400m relay (4:27.37) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Won the 3000m steeplechase at the SLU Billiken Invitational (4/6-7) with a mark of 11:39.34...Ran a career best 5000m in 19:01.95 (7th) at the Joe Walker Invite (4/13-14)...Finished fifth in the 3000m steeplechase with a PR time of 11:20.00 at the Ohio Valley Conference Championship (5/10-12)...Also was 13th in the 1500m (4:58.03)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Competed in six meets...Started the season with a third place finish in the 800m (2:27.04) at the SEMO vs. SIUE Dual Meet (12/8)...Ran a personal best 600m, clocked at 1:45.86 (13th) at the 2018 Indiana University Relays (1/26-27)...Recorded a career best 800m in 2:23.02 for seventh at the 2018 Hoosier Hills (2/9)...Placed 14th in the preliminaries for the 800m (2:23.99) at the Ohio Valley Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Ran in five races...Finished in the top-20 at the Walt Crawford Open (9/1) with a 19:18.9 to open the season...Placed 20th (20:03.2) at the Forest Park Cross Country Festival (9/8)...Recorded a season-best 5K (19:03.8) at the OVC Championship (10/28)...Named to the OVC Commissioner's Honor Roll.

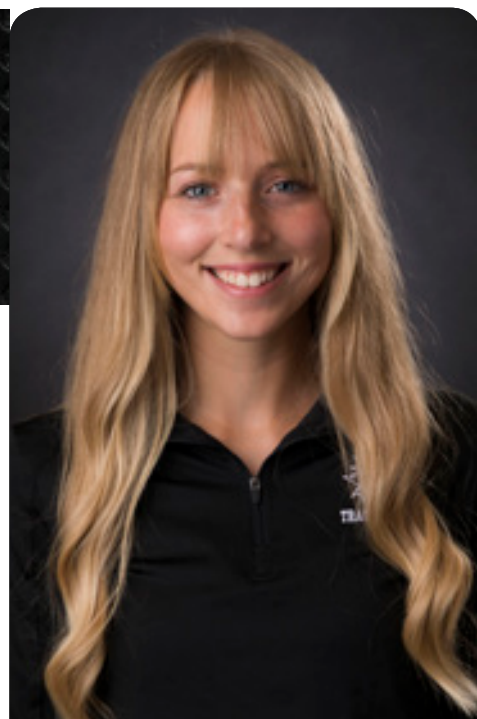
2017 Outdoor: Competed in five meets...Finished seventh with a time of 11:48.33 in the 3000m steeple race at the Ole Miss/ Joe Walker Invitational (3/24)...Placed third at the Tiger Track Classic (4/7) with a season-best time of 11:44.80...Set a personal-best and finished 20th in the 1500m at the OVC Championship...Also placed 11th in the 3000m steeple race with a time of 11:50.86...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Appeared in seven meets...Had five top-20 finishes...Placed fourth in the mile at the SEMO vs. SIUE-Edwardsville Dual (12/9) with a time of 5:36.29...Ran a season-best 3000m (10:58.54, 40th) at the Don DeNoon Invite (2/3)...Set a personal record in the mile (5:20.64, 43rd) at the Music City Challenge (2/10)...Placed third as she set a season-best 800m (2:27.12) at the 2017 Redhawks Invite (2/17)...Ran a 5:24.13 mile at the OVC Championships (2/24) to finish 20th.

2016 Cross Country: Ran in five meets...Recorded two top-30 finishes...Placed 17th at the Gabby Reuveni (9/2) with a time of 15:19.1...Finished the Rebel Invitational (9/9) in 18:57.5, taking 27th place overall.

2016 Outdoor: Competed in six meets...Accumulated four top-10 finishes...Set PRs in the 1500m (5:08.19) and 3000m steeple (11:41.60)...Tallied a second and third-place finish at the SIUE Gateway Invite (4/16) in the 3000m steeple (11:45.91) and 4x400m relay (4:16.45), respectively...Finished in eighth in the 3000m steeple (11:53.40) at the Georgia Tech Invitational (4/23)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Saw action in six meets...Compiled five top-10 finishes...Set PRs in the 800m (2:26.91), mile (5:22.48) and 3000m (10:58.11)...Won the 800m (2:30.23) at the Redhawks Invite (2/19)...Member of distance medley relay squad to take second (13:48.46) at the SIUE Dual Meet (1/29).



2015 Cross Country: Ran in four races...Finished in 22nd place at the Gabby Reuveni Early Bird in 16:04.

Prep: Four-year letter winner at Arcadia Valley...As a senior, earned several honors for cross country and track, including All-State, All-Conference, All-District and All-Academic...Finished second in state her freshman year...Played basketball and earned All-Conference and All-District honors...Named to the 2015 KTJJ Dream Team.

Personal: Born November 15, 1996...Daughter of Martin and Carolyn Thomas...Graduated at the top of her class and earned class Valedictorian...Majoring in Environmental Science: Geoprocessing & Soils.

SIERRA MADDOX

POLE VAULT

SENIOR

JACKSON, MO.

JACKSON

2018 Outdoor: Did not compete.

2018 Indoor: Competed in seven events in pole vault...Placed second with 11-10 (3.61m) at the Illinois Open (1/13)...Finished fourth in the Don DeNoon Invitational (2/3) with a mark of 11-6.25 (3.51m)...Recorded a fifth place finish with a height of 11-8 (3.51m) at the 2018 Hoosier Hills (2/9)...At the 2018 Redhawks Open placed second with 11-5.75 (3.50m)...Won bronze in pole vault at the Ohio Valley Indoor Track and Field Championship (2/23-24), recording a mark of 11-11.75 (3.65m).

2017 Outdoor: Competed in nine meets...Had eight top-10 finishes and four top-five finishes...Finished fourth at the 2017 Rhodes Invitational (3/17) with a 11' 5.75"...Recorded a season-high 12' 3.5" for seventh at the Tiger Track Classic (4/7)...Placed third at the OVC Championships (5/11) with a 12' 2".

2016 Outdoor: Competed in eight meets...Had four top-five finishes...Set PR of 3.84m (12' 7.25") which is the second-highest in school history...Won the SIUE Gateway Invite (4/16) with the PR...Took second at the Joey Haines Invite (4/2) with a height of 3.56m (11' 8")...Added two fourth place finishes at the Georgia Tech Invitational (4/23 - 3.60m, 11' 9.75") and the OVC Championship (5/14 - 3.44m, 11' 3.5")...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA.

2016 Indoor: Competed in seven meets...

Placed in the top-five in all but one meet...

Set season-best mark of 3.61m (11' 10")...Won the event at the SIUE Dual Meet (1/29) with a mark of 3.50m (11' 5.75")...Took second at the OVC Championship (2/27), hitting a height of 3.60m (11' 9.75")...Finished in third at the UINDY Collegiate Invitational (1/23 - 3.56m, 11' 8") and the Fred Wilt Invitational (2/13 - PR)...Added two fifth-place finishes.

University of South Dakota: Placed first in pole vault with PR of 4.02m at the Summit League Indoor Championships...Earned All-Academic honors...Was named to the Dean's List for the 2014 fall and 2015 spring semesters.

Prep: Graduate of Jackson High School...Was a two-time state champion in pole vault and four-time conference champion...Held Jackson High School pole vaulting record...Finished sixth at the 2014 Reno Pole Vault Summit...Finished 11th at the 2012 USATF Junior Olympic National Championships.

Personal: Born Oct. 21, 1995... Daughter of Douglas and Stephanie McCallister... Majoring in Sport Management with a Business Administration minor.



NATALIE KOPPLIN

DISTANCE

SENIOR

OVERLAND PARK, KAN.

OLATHE EAST

2018 Cross Country: Ran in six meets...Started the season with back-to-back top 10 finishes...Placed 10th (19:37.2) at the Saluki Cross Country Invitational (8/31) and sixth (19:31.8) at the SIUE John Flamer Invite (9/14)...Was 125th (19:03.8) at the Louisville Classic (9/29) with a mark of 19:03.8...Ran a 23:45.1 6K (224th) at the Wisconsin Pre-National Meet (10/13)...Finished 36th at the OVC Cross Country Championship (10/27), clocking in at 18:59.9...Registered a 6K time of 23:25.5 (193rd) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Competed in four meets...Placed fifth in the 5000m with a mark of 18:28.80 at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished 20th in the 5000m at the OVC Outdoor Track and Field Championships (5/10-12), clocking in at 19:06.78...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in six meets...Posted a seventh place finish in the 3000m at the SEMO vs. SIUE Dual Meet (12/8) with a mark of 10:58.82...Finished in 10:46.11 in the 3000m at the Illinois Open (1/13)...Recorded a season-best time of 10:31.64 in the 3000m for fifth at the 2018 Hoosier Hills (2/9)...Clocked in at 18:27.07 in the 5000m (18th) at the OVC Indoor Track and Field Championships (2/23-24).

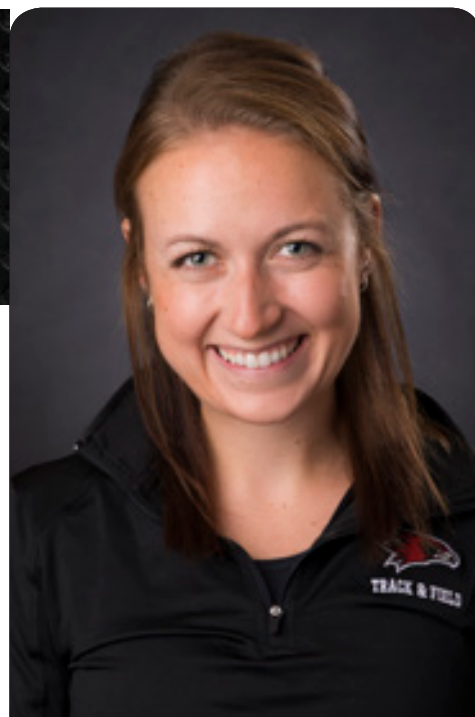
2017 Cross Country: Ran in six meets...Finished in the top-20 at the Walt Crawford Open (9/1) in 18:52.2...Had three top-50 finishes...Placed 43rd (18:41.6) at the OVC Championships (10/28)...Finished 205th at the NCAA Midwest Regional (11/10)...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Appeared in seven meets...Finished ninth with a personal-best 18:12.35 5000m at the 2017 Drury Hotels Joey Haines Invite (3/31)...Set a PR in the 1500m at the Tiger Track Classic (4/7) in 4:50.77 for 32nd...Ran a personal-best 800m in 2:31.43 at the Memphis Invitational 2017 (4/28)...Recorded a personal-best 3000m in 10:35.36 at the Ole Miss Classic (5/6)...Finished 16th in the 5000m at the OVC Championship (5/11) in 18:38.01...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Had six top-10 finishes...Won the mile in 5:21.27 at the SEMO vs. SIUE-Edwardsville Dual (12/9)...Finished second in the distance medley relay at the 2017 Indiana University Relays (1/27) in 12:40.68...Ran a season-best 2:33.68 (37th) 800m at the Don DeNoon Invite (2/3)...Recorded a personal-best 5:07.89 (27th) mile at the Music City Challenge (2/10)...Finished sixth (12:46.78) in the distance medley relay and 15th (5:17.37) in the mile at the OVC Championship (2/24).

2016 Cross Country: Ran in all seven meets...Finished top 50 in three meets...Placed 13th at the Gabby Reuveni (9/2) with a time of 15:13...Ran the Rebel Invitational in 18:32, taking 21st overall...Finished in 41st (18:35.8) at the OVC Championship.

2016 Outdoor: Competed in six meets...Set PRs in the 1500 (5:01.65), 3000m (10:43.47), 5000m (18:59), 10,000m (40:27.49) and 3000m steeple (12:21.46) races...Finished in the top 10 in three total events...Member of 4x400m squad to finish third (4:16.45) at the SIUE Gateway Invite (4/15)...Took 10th in the 1500m (5:05.22) at the same meet...Placed 10th in 3000m steeple (PR) at the Memphis Tiger Invitational (4/30)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.



2016 Indoor: Competed in six meets...Tallied six top-10 finishes...Set PRs in the 800m (2:32.19) and mile (5:15.26)...Finished second in the distance medley relay at the SIUE Dual Meet (1/29) with a time of 13:48.46...Took fourth in the 3000m (11:01.36) at the same meet...Placed third in the 800m (2:32.23) at the Redhawks Invite (2/19)...Collected two top-10 finishes (7th – 3000m; 9th mile) at the Missouri Invitational with times of 10:56.47 and 5:27.82, respectively.

2015 Cross Country: Ran in all six races...Had one top-20 finish...Finished 16th at the Gabby Reuveni Early Bird (15:48)...Just missed cracking the top-50 (54th, 19:25.6) at the OVC Championships.

Prep: Lettered four years...Named Olathe East Female Athlete of the Year...Won the booster scholarship for track and cross country...Cross country team won state, as a senior...During freshman and junior seasons, the track team won state...As a senior, she placed fifth in the 1600m, at state, with a time of 5:11...Ran for KC Flyers track club, coached by Ken Ferguson...Graduated with a 4.2 GPA.

Personal: Born September 3, 1996...Daughter of Mike and Pam Kopplin...Majoring in Nutrition.

RACHEL HUTCHCRAFT

DISTANCE

SENIOR

FLORISSANT, MO.

HAZELWOOD WEST

2018 Cross Country:

Ran in six meets... Opened the season with a fifth-place finish (18:58.5) at the Saluki Cross Country Invitational (8/31)...Finished third (18:33.9) at the SIUE John Flamer Invite (9/14)...Set a personal-best 5K time of 18:14.5 for 58th at the Louisville Classic (9/29)...Recorded a mark of 22:27.0 (165th) in the Wisconsin Pre-National Meet (10/13)...Placed 20th at the OVC Cross Country Championship (10/27), clocking in at 18:24.6...Tallied a personal-best 6K of 22:04.6 for 100th at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Competed in six meets...Won the 10,000m at the 2018 Drury Hotels Joey Haines Invite (3/30-31), clocking in at personal-best time of 36:56.75...Placed second in the 5000m at the Joe Walker Invite (4/13-14) with a PR of 17:43.52...Ran the 1500m in a career-best mark of 4:51.29 (12th) at the Memphis Tiger Invitational (4/27-28)...Placed eighth in the 5000m (18:05.85) and 12th in the 10,000m (38:55.86) at the OVC Outdoor Track and Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in six meets...Finished third in the 3000m at the SEMO vs. SIUE Dual Meet (12/8) with a mark of 10:39.62...Posted a personal-best mark of 10:27.21 in the same race at the 2018 Indiana University Relays (1/26-27)...Placed fifth in the mile with a PR time of 5:19.15 at the 2018 Hoosier Hills (2/9)...Finished 17th in the 3000m (10:34.44) and ninth in the 5000m (17:58.72) at the OVC Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Competed in six meets...Ran a personal best 18:51.9 (top 20) to start the season at the Walt Crawford Open (9/1)...Placed ninth (19:23.62) at the Forest Park Cross Country Festival (9/8)...Finished 33rd at the OVC Championship (10/28) with a time of 18:25.5...Recorded a personal best of 22:13.8 (144th) in the 6K at the NCAA Midwest Regional (11/10)...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor:

Appeared in six meets...Finished in the top-20 five times...Recorded a fifth place finish in the 10,000m at the 2017 Drury Hotels Joey Haines Invite (3/31) with a personal-best 38:42.45...Placed sixth with a season-best 18:31.48 for sixth in the 5000m at the SLU Invite (4/7)...Set a PR in the 1500m with a time of 5:04.31 (20th) at the Memphis Invitational 2017 (4/28)...Finished 14th at the OVC Championship (5/11) in the 10,000m (38:43.47)...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Ran in six meets...Placed fifth in the 3000m at the SEMO vs. SIUE-Edwardsville Dual (12/9) in a personal-best 10:49.29...Set a PR (5:21.38, 32nd) in the mile at the Don DeNoon Invite (2/3)...Added a personal-best in the 5000m (18:18.98, 36th) at the Music City Challenge (2/10)...Finished 27th in the 5000m at the OVC Championships (2/24) with 19:02.12.

2016 Cross Country:

Ran in six races...Finished in top 50 twice...Came in 30th at the Rebel Invite (9/9) in 19:19.5...Finished in 28th place at the Gabby Reuveni Early Bird (9/2) with a time of 15:44.8.

2016 Outdoor:

Saw action in five meets...Set PRs in the 1500m (5:13.68) and 10,000m (39:18.77) races...Had one top-10 performance, placing 5th in the 10,000m (PR) at the Joey Haines Invite (4/2)...Finished in 11th place in the 1500m (PR) at the SIUE Gateway Invite (4/16)...Named to the OVC Commissioner's Honor Roll.

2016 Indoor:

Competed in five meets...Set career-highs in the mile (5:36.27), 3000m (10:51.15) and 5000m (18:50.82) races...Collected two top-50 finishes...Placed third in the 5000m (PR) at the UINDY Collegiate Invitational (1/23)...Took fourth in the mile (PR) at the SIUE Dual Meet (1/29).

2015 Cross Country: Ran in four races...Had one top-30 finish...Placed 20th at the Gabby Reuveni Early Bird with a time of 16:03.



Prep: Four-year letter winner at Hazelwood West...Named to All-Conference team as a junior and senior. Earned All-Academic honors all four years...As a senior, she qualified for state in cross country and track...Conference and District champs, as a senior...Also played varsity soccer.

Personal: Born March 31, 1997...Daughter of Charles Hutchcraft and Laura Devine...Graduated in the top three percent of her class with a 4.13 GPA...Majoring in Agribusiness: Animal Science at Southeast.

MCKENNA BAKER

THROWS
SENIOR
QUINCY, ILL.
QUINCY

2018 Outdoor: Appeared in nine meets...

Placed fourth in the South Alabama Jaguar Opener (3/3) in shot put with 43-0.5 (13.12m)... Finished fifth in shot put in the Mississippi State Bulldog Relays with a mark of 43-5 (13.23m)...Placed fifth in shot put at the 2018 Drury Hotels Joey Haines Invite (3/31) with 43-10 (13.36m)...At the SLU Billiken Invitational(4/6-7) placed second in shot put with a throw of 42-3.25 (12.88m)...At the Joe Walker Invite (4/14) earned personal bests in shot put of 46-2.75 (14.09m) and discus with 125-0 (38.09m)...Placed 15th at the Memphis Tiger Invitational (4/28) earning a personal best in hammer throw 145-5 (44.33m)... Placed fourth at the Ohio Valley Conference Championship (5/10-12) with a shot put throw of 44-5.5(13.55m)...Also finished 18th in discus (114-2, 34.81m) and 14th in hammer throw (144-7, 44.08m).

2018 Indoor: Appeared in seven meets...

Won shot put with a distance of 44-1.25 (13.44m) and took second in weight throw with a personal best of 51-4.5 (15.66m) at the SEMO vs. SIUE Dual Meet (12/8)...Placed fifth in shot put at the 2018 Redhawks Open (2/16) with a mark of 42-5.25 (12.93m)...Competed in the Ohio Valley Indoor Track and Field Championships (2/24) earning sixth place in shot put 44-2 (13.46m) and 15th in weight throw 46-8.25 (14.23m).

2017 Outdoor: Competed in nine meets...Had

six top-10 finishes...Recorded personal-bests in discus (117' 4", ninth) and hammer (130' 7", 10th) at the 2017 Rhodes Invitational (3/17)... Notched a PR in shot put at the Memphis Invitational 2017 (4/28) with a throw of 43' 7.75" for sixth...Placed ninth in the OVC Championship in shot put with a throw of 42' 6.75"...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Had

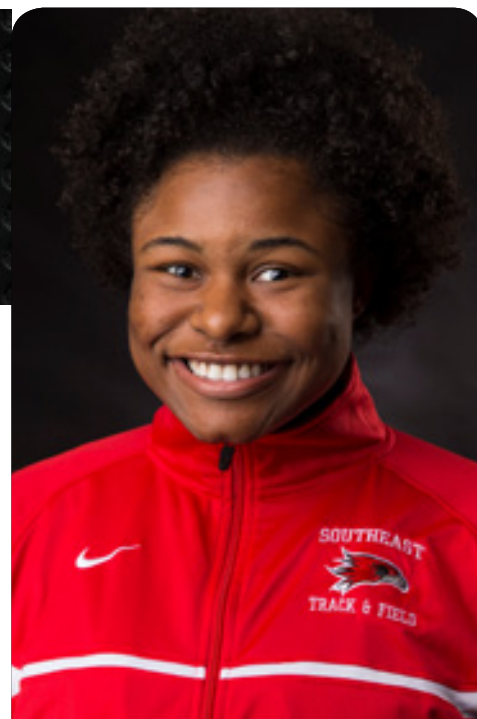
six top-10 finishes...Took third in shot put with 39' 6.5" and second in weight throw with 44' 8" at the 2017 Redhawks Invite (2/17)...Finished ninth at the OVC Championship (2/24) with a season-best shot put throw of 42' 9.75"...Placed 14th in weight throw with a personal-best of 48' 4.75".

2016 Outdoor: Competed in five meets...Had

three top-10 finishes...Tallied top marks of 11.98m (39' 3.75"), 33.27m (109' 2") and 37.69m (123' 8") in shot put, discus and hammer throw, respectively...Her top shot put distance landed her a seventh-place finish at the SIUE Gateway Invite (4/15)...Collected a sixth-place finish in shot put at the Rhodes College Invitational (3/18) with a throw of 11.84m (38' 10.25")... Named to the OVC Commissioner's Honor Roll.

2016 Indoor: Competed in five meets...

Accumulated four top-10 finishes...Placed fourth in weight throw and sixth in shot put with throws of 13.02m (42' 8.75") and 11.59m (38' 0.25"), respectively...Had a personal best 13.23m (43' 5") in the weight throw at the EIU Early Bird (12/11/15) to open the season.



MADISON MCPEAK

POLE VAULT

SENIOR

RIVERSIDE, CALIF.

MARTIN LUTHER KING JR.

2018 Outdoor: Competed in six events...At the Mississippi State Bulldog Relays placed fourth in pole vault with mark of 11-5.75 (3.50m)... Won pole vault at the 2018 Drury Hotels Joey Haines Invite (3/31) with height of 11-5.75 (3.50m)...Placed fifth in pole vault at the Joe Walker Invite with 11-6.25 (3.51m).

2018 Indoor: Competed in seven events... Placed fifth in the Illinois Open (1/13) in pole vault with 10-10.25 (3.31m)...Won the even with a personal best in pole vault of 12-3.5 (3.75m) at the 2018 Redhawks Open (2/16)...Finished eighth in pole vault with 10-11.75 (3.35m) at the Ohio Valley Indoor Track and Field Championships (2/23).

Previous College: Attended Riverside City College from 2015-2017...Competed in Pole Vault...Placed first at CCCAA state championships as a sophomore...Finished second at CCCAA state championships as a freshman...Won conference her freshman and sophomore year...Named team MVP her sophomore season.

Prep: Graduated Martin Luther King Jr. High School in 2015...Was named scholar athlete and lettered her junior and senior season.

Personal: Born on March 29, 1997...Daughter of Greg McPeak and Stephanie Morgan...Majoring in Pure Mathematics.

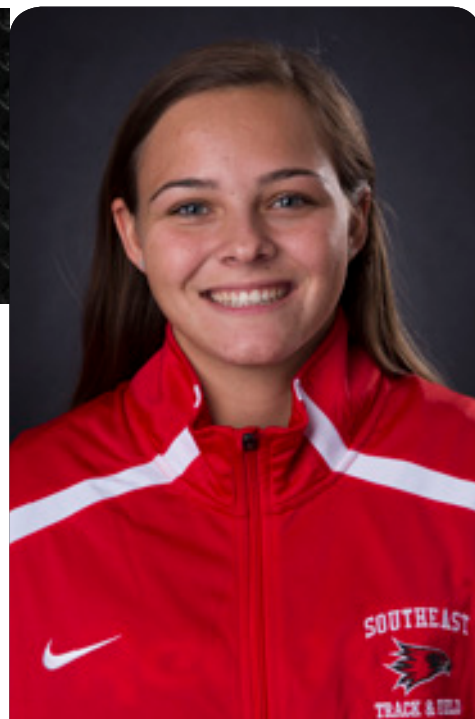


MADISON GOSS

JAVELIN

SENIOR

2018 Outdoor: Competed in nine events... Placed third in the javelin throw at the 2018 Drury Hotels Joey Haines Invite (3/30) with 122-4 (37.30m)...Competed in javelin at the SLU Billiken Invitational (4/6), placing third with 112-10 (34.40m)...Finished fifth in the Joe Walker Invite (4/13) in javelin with 128-3 (39.10m)... Earned a personal best javelin throw of 129-11 (39.59m) for fifth at the Ohio Valley Conference Championship (5/10).



ANYA TONGA

THROWS

SENIOR

EAST PALO ALTO, CALIF.

DEL MAR

2018 Outdoor: Appeared in eight meets...

Finished runner-up in discus (142-8, 43.50m) and fifth in the hammer throw (150-2, 45.77m) at the South Alabama Jaguar Opener (3/3)...

Placed fifth in the shot put at the Rhodes Invitational (3/17) with a distance of 43-8 (13.31m)...Was fourth in shot put (43-8, 13.31m) at the Mississippi State Bulldog Relays (3/24)...Registered a personal-best mark of 45-11.75 (14.01m) for second in shot put at the 2018 Drury Hotels Joey Haines (3/30-31)...Won shot put (44-8, 13.61m) and discus (137-2, 41.81m) at the SLU Billiken Invitational (4/7)...Also was second in hammer throw (160-7, 48.94m)...

Placed fifth in shot put (44-8, 13.61m) at the Georgia Tech Invitational (4/21)...Was fourth (45-10.75, 13.99m) in the same event at the Memphis Tiger Invitational (4/28)...Won bronze in both the discus (PR, 153-10, 46.90m) and hammer throw (169-9, 51.75m) at the Ohio Valley Conference Championship (5/12).

2018 Indoor: Competed in six meets...Placed

third in the weight throw at the Illinois Open (1/13) with a distance of 56-1.25 (17.10m)...

Recorded a personal-best mark in the weight throw of 60-3 (18.36m) for second at the 2018 Redhawks Open (2/16)...Won gold in the weight throw at the Ohio Valley Indoor Track and Field Championships (2/23-24) with a throw of 59-9.75 (18.23m)...Also was fourth in shot put (45-4.5, 13.83m).



KEANNA THEOBALT

POLE VAULT

SENIOR

MURRIETA, CALIF.

VISTA MURRIETA

2018 Outdoor: Competed in six meets...

Placed sixth at the Ohio Valley Conference Championship (5/12) in pole vault with a distance of 10-9.5 (3.29m).

2018 Indoor: Competed in eight meets...Ran a

career best time of 8.34 (seventh) in the 55m at the SEMO vs. SIUE Dual Meet (12/8)...Was also third in pole vault (11-5.25, 3.49m)...Earned a personal best in the 2018 Hoosier Hills Meet (2/9) placing fourth in the pole vault with 11-8 (3.56m)...Finished second in pole vault at the 2018 Redhawks Open (2/16) with a height of 11-5.75 (3.50m)...Placed fifth at the Ohio Valley Indoor Track and Field Championships (2/23) in pole vault with a mark of 11-5.75 (3.50m).

Previous College: Attended Riverside City College from 2015-2017 where she competed in pole vault and hurdles.

Prep: Graduated Vista Murrieta High School in

2015...Earned first-team all-league as a senior... Lettered in track and field all four years...

Was named All-American scholar athlete her sophomore, junior, and senior season.

Personal: Born January 20, 1997...Daughter of Jeffery and Lisa Theobalt...Majoring in Bio-Medicine.



DANIELLE MOHRMANN

DISTANCE

JUNIOR

CHESTERFIELD, MO.

MARQUETTE

2018 Cross Country: Ran in five meets...

Recorded a time of 19:35.0 (176th) at the Louisville Classic (9/29)...Placed 85th at the Wisconsin Pre-National Meet (10/13), clocking in at 23:26.2...Finished 49th at the OVC Cross Country Championship (10/27), crossing the finish line in 19:25.3.

2018 Outdoor: Competed in six meets...

Finished second in the 10,000m with a personal-best mark of 36:57.53 at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Placed sixth in the 5000m (18:56.01) at the Joe Walker Invite (4/13-14)...Improved her time in the same race with a mark of 18:17.23 (28th) at the Georgia Tech Invitational (4/20-21)...Notched a time of 4:49.71 (10th) in the 1500m at the Memphis Tiger Invitational (4/27-28)...Placed 10th in the 10,000m (39:41.02) at the OVC Outdoor Track and Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in five meets...Placed second in the 3000m at the SEMO vs. SIUE Dual Meet (12/8) in 10:38.97...Finished third in the 5000m, clocking in at 17:52.59 at the 2018 Indiana University Relays (1/26-27)...Was fourth in the 3000m (10:31.14) at the 2018 Hoosier Hills (2/9)...Recorded a mark of 18:01.63 (11th) in the 5000m at the OVC Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Ran in six meets...Placed in the top-10 at the Walt Crawford Open (9/1) with a time of 18:36.1...Finished 23rd (20:12.1) the next week at the Forest Park Cross Country Festival (9/8)...Recorded a 21st (18:08.7) place finish at the OVC Championships (10/28)...Closed the campaign at the NCAA Midwest Regional (11/10) with a 6K in 22:44.5 (181st)...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Ran at six meets...Had four

top-20 finishes...Finished fifth (PR 17:34.72) in the Tiger Track Classic (4/7) in the 5000m...Recorded personal-bests in the 800m (2:26.92, 15th) and 1500m (4:47.38, 8th) races at the Memphis Invitational 2017 (4/28)...Placed 23rd (18:58.64) in the 5000m at the OVC Championship (5/11)...Earned the OVC Academic Medal of Honor for a perfect 4.0 GPA...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in six meets...Had five

top-20 finishes and three top-five finishes...Recorded a personal-best 10:22.79 for third in the 3000m at the Missouri Invitational (1/20)...Added a personal-best of 5:22.81 (33rd) in the mile at the Don DeNoon Invite (2/3)...Placed 11th in the 5000m (PR 17:46.15) and 20th in the 3000m (10:24.27) at the OVC Championships (2/24).

2016 Cross Country: Ran in all seven meets...

Three top-40 finishes...Placed 10th at the Gabby Reuveni Early Bird (15:06.1)...Finished 25th at the Rebel Invitational (18:53.2)...Took 33rd at the OVC Championships (18:22.6).

Prep: Attended Marquette High School...

Earned all-state nods in the 1600m and 3200m races, as a senior...Placed fourth and sixth at state in the 1600 and 3200, respectively...Collected all-conference and all-district recognition during all four years...Had career-bests of 5:04 in the 1600, 11:04 in the 3200 and 19:09 in the 5k...Honor Roll student all four years.

Personal: Born January 21, 1998...Daughter of Donald and Dawn Mohrmann...Majoring in Early Childhood Education.



CARLI KNOTT

DISTANCE

JUNIOR

JACKSON, MO.

JACKSON

2018 Cross Country: Competed in five meets... Placed third with a time of 18:39.1 at the Saluki Cross Country Invitational (8/31)...Recorded a finish of 50th (18:02.0) at the Louisville Classic (9/29)...Registered a time of 22:13.1 (142nd) at the Wisconsin Pre-National Meet (10/13)... Finished 10th at the OVC Cross Country Championship (10/27) to earn Second-Team All-OVC laurels, clocking in with a personal-best 5K time of 17:56.3...Placed 103rd (22:05.8) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Competed in seven meets... Finished sixth in the 800m (2:23.66), third in the 1500m (4:45.58) and fourth in the 4x400m (4:27.37) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Placed second in the 1500m, clocking in at 4:50.00 at the SLU Billiken Invitational (4/6-7)...Recorded a time of 2:12.42 in the 800m at the Joe Walker Invite (4/13-14) for a second place finish...Set a personal-best time of 4:35.54 in the 1500m at the Memphis Tiger Invitational (4/27-28)...Was fifth in the 800m at the Arkansas Twilight (5/4) with a PR of 2:10.48...Finished fourth in the 800m (2:14.36) at the OVC Outdoor Track and Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in six meets...Won the 800m at the SEMO vs. SIUE Dual Meet (12/8) in 2:24.50...Posted a time of 2:16.45 (23rd) in the 800m at the Vanderbilt Invitational (1/19-20) and was seventh in the DMR (12:37.62)... Recorded a season-best mile time of 5:06.14 at the 2018 Indiana University Relays (1/26-27)... Finished second in the DMR (12:53.83) and third in the 800m (2:16.31) at the 2018 Hoosier Hills (2/9)...Earned a bronze medal in the DMR (12:12.20) and finished seventh in the 800m in 2:18.83 at the OVC Indoor Track and Field Championships (2/23-24).

2017 Cross Country: Ran in six meets including a personal best of 18:36.11 (top 20) to start the season at the Walt Crawford Open (9/1)...Placed tenth (19:28.25) at the Forest Park Cross Country Festival (9/8)... Recorded a 17th place (17:48.5) finish at the OVC Championships (10/28)...Recorded a personal best in the 6K (22:04.2, 132nd) at the NCAA Midwest Regional...Named to the OVC Commissioner's Honor Roll.

2017 Outdoor: Ran in seven meets...Had six top-10 finishes and eight top-20 finishes... Finished sixth (4:20.26) in the 4x400m relay at the 2017 Drury Hotels Joey Haines Invite (3/31)...Placed fifth (4:18.70) in the 4x400m relay at the Gibson Invitational (4/14)...Also set a personal-best in the 400m with a time of 1:02.53 (10th)...Recorded a personal-best in the 1500m (5:02.09, 19th) at the Memphis Invitational 2017 (4/28)...Finished ninth (4:05.81) in the 4x400m relay and 16th (2:18.29) in the 800m at the OVC Championship...Named to the OVC Commissioner's Honor Roll.

2017 Indoor: Competed in seven meets...Ran a personal-best 1:40.86 to win the 600m race at the 2017 Redhawks Invite (2/17)...Finished second in the distance medley relay (12:40.68) at the 2017 Indiana University Relays (1/27)... Added a season-best time of 2:21.02 in the 800m at the Music City Challenge (2/10)... Finished ninth in the 4x400m relay (4:09.71) at the OVC Championship (2/24)...Also placed 14th (2:22.47) in the 800m at the conference meet.

2016 Cross Country: Ran in three meets... Had two top-40 finishes... Placed 33rd at the Rebel Invitational (19:56.3).



Prep: Attended Jackson High School...Twice earned all-state honors in the 400m...Placed eighth in the 2015 Class 4 Cross Country State Championships...State qualifier in the 4x800m relay...Set a PR of 18:38 in a 5k race.

Personal: Born February 24, 1998...Daughter of Carl and Deanna Knott...Majoring in Human Environmental Studies: Dietetics.

JESSENIA ELLIS

THROWS

JUNIOR

POPLAR BLUFF, MO.

POPLAR BLUFF

2018 Outdoor: Competed in eight meets... Placed in the top ten at six meets...Finished fourth in discus with 128-8 (39.22m) and seventh in hammer with 136-10 (41.72m) at South Alabama Jaguar Opener (3/2-3)... Recorded a personal record in discus placing ninth with 143-11 (43.88m) at the Mississippi State Bulldog Relays (3/23-24)...Placed tenth in discus with 120-10 (36.82m) at 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished eighth in discus with 129-7 (39.49m) at Joe Walker Invite (4/13-14)...Threw 135-5 (41.27m) in discus to receive eighth at the Memphis Tiger Invitational (4/27-28)...Placed sixth in discus with 135-5 (41.28m) at the Ohio Valley Conference Championship (5/10-12)...Also recorded a personal-best in hammer throw with 150-5 (45.85m) for ninth.

2018 Indoor: Appeared in three meets... Finished in the top ten in two meets... Placed sixth in weight throw with mark of 43-7 (13.28m) at SEMO vs. SIUE Dual Meet (12/8)...Set a personal best in weight throw with 44-4.25 (13.52m) placing eighth at 2018 Redhawks Open (2/16)...Recorded a throw of 44-0 (13.41m) in weight throw at the Ohio Valley Indoor Track and Field Championships (2/23-24).

2017 Outdoor: Appeared in eight meets...Had eight top-10 finishes...Set a personal-best in hammer with 142-9 (43.51m) for seventh at the 2017 Rhodes Invitational (3/17)...Threw a PR of 138-2 (42.12m) in discus at the Memphis Invitational 2017 (4/28) for eighth...Finished 15th in hammer with a throw of 139-11 (42.66m) at the OVC Championship (5/11).

2017 Indoor: Competed in six meets...Had two top-10 finishes...Recorded a personal-best in shot put with 39-3.75 (11.98m) for 23rd at the 2017 Indiana University Relays (1/27)...Finished fourth in shot put with 39-1 (11.91m) at the 2017 Redhawks Invite (2/17)...Placed 16th in shot put with 38-11 (11.86m) at the OVC Championship (2/24).



LESLIE BROOKS

JUMPS

JUNIOR

ST. LOUIS, MO.

RITENOUR

2018 Outdoor: Appeared in seven events... Earned a personal best in the 100m at the Mississippi State Bulldog Relays (3/24) with a time of 13.23 (37th)...In the 2018 Drury Hotels Joey Haines Invite (3/30-31) placed third in the 4x100m with 49.22 and earned a personal best in the triple jump with 37-5.25 (11.41m) for fourth...At the SLU Billiken Invitational (4/7) finished fourth in the long jump with 16-8.5 (5.09m)...Also placed fourth in the triple jump with 35-6.75 (10.84m)...Earned a personal-best mark of 1:05.40 in the 400m hurdles at the Memphis Tiger Invitational (4/28)...Placed fifth in the 4x100m with a time of 47.31 at the Ohio Valley Conference Championship (5/10-12)... Also placed 11th in the 400m hurdles (1:06.40).

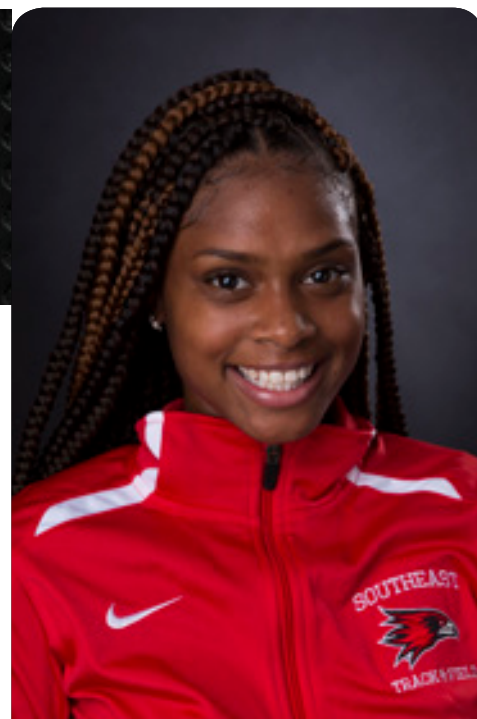
2018 Indoor: Appeared in six events...At the Don DeNoon Invitational (2/2) earned a personal best in the 60m of 8.35 (34th)...In the 2018 Redhawks Open (2/16) placed second in the 55m earning a career-best mark of 7.56... Also finished third in the 55m with 7.59 and placed second in the long jump with 17-4.25 (5.29m)...In the Ohio Valley Indoor Track and Field Championships (2/24) placed 14th in both the long jump (16-11.5, 5.17m) and in the triple jump (34-11.25, 10.65m).

2017 Outdoor: Ran in seven meets...Recorded one top-five finish...Set a personal-best in the 100m hurdles with 15.60 (13th) at the 2017 Drury Hotels Joey Haines Invite (3/31)...Placed fifth in the 4x400m relay in 4:18.70 at the Gibson Invitational (4/14)...Finished ninth in the 4x400m relay in 4:05.81 and 16th in long jump with 16' 11.25" at the OVC Championship (5/11).

2017 Indoor: Appeared in four meets...Had four top-five finishes...Ran a personal-best 200m in 28.23 (31st) at the Don DeNoon Invite (2/3)... Placed second in the long jump with 16' 5", third in the 55m with a PR 7.70 and second in the triple jump with a personal-best 35' 7.75" at the 2017 Redhawks Invite (2/17)...Finished 13th in the long jump with a personal-best 18' 2.25" and 17th in the triple jump with 34' 9.75" at the OVC Championships (2/24).

Prep: 2016 graduate of Ritenour High School... Lettered all four years of high school...Set school record in triple jump (38') during senior season...Placed fourth in state in triple jump during junior year and was named MVP of team...Helped reach state in the 4x100m and 4x400m relays...Also competed in long jump, 300m hurdles and 4x200m relay...Also played basketball.

Personal: Born May 2, 1998...Daughter of Rasalind Woods.



MIKAYLA RICHARDSON

JUMPS

JUNIOR

MEMPHIS, TENN.

IMMACULATE CONCEPTION

2018 Outdoor: Appeared in one meet...

Recorded a personal-best time of 27.78 in the 200m (44th) at the Rhodes Invitational (4/17).

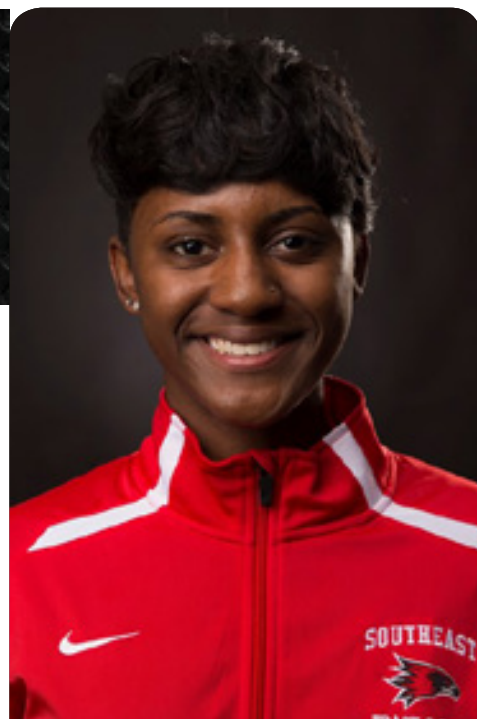
2018 Indoor: Competed in five meets...Won

the 4x400m (4:15.47) and fifth in the 800m (2:38.33) at the SEMO vs. SIUE Dual Meet (12/8)...Recorded a personal-best time of 1:54.69 in the 600m (15th) in the Illinois Open (1/13)...Was fifth in the 400m with 1:06.49 at the 2018 Redhawks Open (2/16)...Registered a PR in the 400m of 1:04.09 (25th) in the Ohio Valley Indoor Track and Field Championships (2/23).

2017 Outdoor: Did not compete.

2017 Indoor: Competed in three meets...Had

five top-10 finishes...Recorded a PR in 200m Missouri Invitational (1/20) in 27.85 (27th)...Finished 18th with a personal-best long jump of 15' 9.75" at the 2017 Indiana University Relays (1/27)...Set personal-bests at the Don DeNoon Invite (2/3) in the 800m in 2:40.59 (fifth), 60m hurdles (12.87, eighth), high jump (4' 6.75", seventh), shot put (20' 9", eighth) and pentathlon (2138, seventh).



CATHERINE HOPKINS

THROWS

JUNIOR

ST. LOUIS, MO.

LUTHERAN SOUTH

2018 Outdoor: Competed in nine events...

Placed fifth in the javelin throw at the 2018 Drury Hotels Joey Haines Invite (3/30) with 109-7 (33.41m)...Earned a personal best in the same event at the Joe Walker Invite (4/14) with a distance of 112-7 (34.33m).

2018 Indoor: Did not compete.

2017 Outdoor: Competed in seven meets...

Had four top-10 finishes...Placed 10th at the OVC Championship (5/11) in the javelin with a personal-best of 108-1 (32.95m).

2017 Indoor: Competed in one meet...Finished

sixth in shot put with 36-9.5 (11.21m) at the SEMO vs. SIU-Edwardsville Dual (12/9).



ALIYAH STANGSTER

SPRINTS

SOPHOMORE

DOUGLASVILLE, GA

CHAPEL HILL

2018 Outdoor: Competed in six meets...

Placed first in the 4x400m at the 2018 Drury Hotels Joey Haines Invite (3/31) with 3:58.56... Finished third in the 4x100m (48.08) at the Joe Walker Invite (4/14)...Earned personal bests in the 200m (25.01) and the 400m (57.61) at the Memphis Tiger Invitational (4/28)...Earned silver in the 4x400m, clocking in at 3:45.49 at the Ohio Valley Conference Championship (5/12)...Also was fifth in the 4x100m (47.31).

2018 Indoor: Competed in six events...Ran

in the Illinois Open (1/13) placing fifth in the 4x400 with 4:08.02...Earned a personal best competing in the Don DeNoon Invitational (2/3) placing eighth in the 60 with 7.90...Placed fourth in the 2018 Hoosier Hills meet (2/9) in the 400 with 58.31 also placed fifth in the 200 with 25.31...Raced in the Ohio Valley Indoor Track and Field Championships (2/24) placing third in the 4x400 with 3:53.50.



KYLEE STEVENSON

MULTIS

SOPHOMORE

CAPE GIRARDEAU, MO.

CAPE CENTRAL

2018 Outdoor: Appeared in three meets...

Posted a personal-best javelin throw of 79-5 (24.22m, 12th) at the 2018 Drury Hotels Joey Haines Invite (3/31)...Also was fourth in pole vault (9-6.25, 2.90m)...Added a PR of 9-9.75 (2.99m) for eighth at the Ohio Valley Conference Championship (5/12).

2018 Indoor: Competed in three meets...

Started the season with third and fourth place finishes in the 55m (PR, 7.87) and pole vault (9-5.75, 2.89m)...Reached a height of 9-6.25 (2.90m, 12th) in pole vault at the Ohio Valley Indoor Track and Field Championships (2/24).

Prep: Four-year letter winner at Cape Central...

Earned All-Conference and Sectional Qualifier... Also played volleyball in high school.

Personal: Born Jan. 25...Daughter of Gary Stevenson...Majoring in Biomedical Science.



LINDSAY PETERS

MULTIS

SOPHOMORE

CAPE GIRARDEAU, MO.

NOTRE DAME

2018 Outdoor: Appeared in eight meets...

Earned a personal best in the javelin throw at the Memphis Tiger Invitational (4/28) with 99-4 (30.29m).

2018 Indoor: Competed in two meets...Had

personal bests of 14-8.5 (4.48m) in long jump (fifth), 8.04 in the 55m (sixth) and 29-2.75 (8.91m) in shot put at the SEMO vs. SIUE Dual Meet (12/8)...Placed sixth in the pentathlon with 1866 point at the Don DeNoon Invitational (2/2-3) with a fourth place finish in the 800m (2:55.58).



KENDALL LONG

DISTANCE

SOPHOMORE

MEMPHIS, TENN.

WHITE STATION

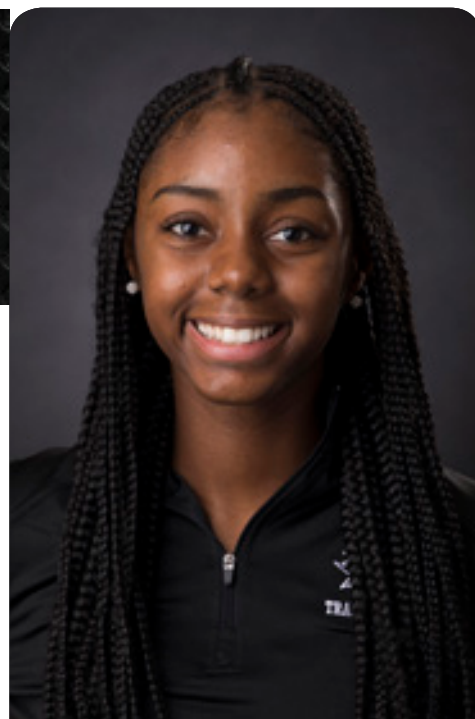
2018 Outdoor: Competed in eight meets... Placed third in the 400m hurdles at the Rhodes Invitational (3/16-17)...Improved in the event with a mark of 1:02.48 at the Mississippi State Bulldog Relays (3/23-24)...Won the 4x400m (3:58.56) and set PRs in the 200m (26.90, 6th) and 400m (1:00.64, 9th) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished third in the 400m hurdles in 1:02.35 at the Joe Walker Invite (4/13-14) and then fifth in the same event with a mark of 1:02.24 at the Georgia Tech Invitational (4/20-21)...Posted a career-best time of 1:01.55 in the 400m hurdles at the Arkansas Twilight (5/4) for a third place finish...Earned a silver in the 4x400m (3:45.49) and a bronze in the 400m hurdles (1:01.58) at the OVC Outdoor Track and Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in seven meets...Won the 4x400m (4:15.47) and placed second in the 800m (2:24.66) at the SEMO vs. SIUE Dual Meet (12/8)...Was fifth in both the 600m (1:40.03) and the 4x400m (4:08.02) at the Illinois Open (1/13)...Recorded personal best times of 1:38.01 in the 600m and 2:17.95 in the 800m at the 2018 Indiana University Relays (1/26-27)...Placed second in both the 800m (2:19.30) and DMR (12:53.83) at the 2018 Hoosier Hills (2/9)...Finished third in the 400m at the 2018 Redhawks Open (2/16), clocking in at 1:00.84...Earn two bronzes at the OVC Indoor Track and Field Championships (2/23-24) in the 4x400m (3:53.50) and DMR (12:12.20)...Also was eighth in the 800m with a mark of 2:19.55.

2017 Cross Country: Did not compete.

Prep: Attended White Station High School in Memphis, Tennessee...Member of SCIAA high school championship team in 2015, member of White Station high school state championship team in 2017, member of 2017-18 girls AAU club national champions (Memphis Jaguars), AAU club national 400m hurdle and 800m medalist, named all-American in 400m hurdles, named to Tennessee indoor all-state team in 800m, member of the national honor society and international thespian society, and Spanish honor society... Earned silver medal at AAU junior Olympic games in 400m hurdles, TSSAA state championship silver medalist in 300m hurdles, placed sixth at new balance nationals in EE 400m hurdles as a senior... Named all-American in 4 x 800m relay, TSSAA state medalist in triple jump, sectional silver medalist in triple jump, named all-American in 400m hurdles, district and regional champion in 400m hurdles as junior...Named all-American in 4 x 800m relay as a sophomore...Capital league champion in 300m hurdles, named all-American in 4 x 800m relay, AAU district champion silver medalist in triple jump as a freshman.

Personal: Born November 6, 1998...Daughter of Yerritt and Anita Long...Majoring in Nursing.



ADRIENNE BRAUER

DISTANCE

SOPHOMORE

PETERSBURG, ILL.

PORTA

2018 Cross Country: Competed in five meets...

Placed eighth at the Saluki Cross Country Invitational (19:31.8, 8/31) and the SIUE John Flamer Invite (20:10.1, 9/14)...Registered a personal-best 5K time of 19:07.7 (133rd) at the Louisville Classic (9/29)...Tallied a career-best 6K mark of 24:15.5 (234th) at the Wisconsin Pre-National Meet (10/13)...Finished 61st at the OVC Cross Country Championship (10/27), clocking in at 19:43.7.

2018 Outdoor: Competed in seven meets...

Started outdoor campaign with a sixth place showing in the 3000m steeplechase in 12:06.66 at the Mississippi State Bulldog Relays (3/23-24)...Finished second in the same event at the SLU Billiken Invitational (4/6-7), clocking in at 11:48.00...Notched a personal-best time of 18:29.96 in the 5000m at the Joe Walker Invite (4/13-14)...Posted PRs in the 3000m steeplechase (11:30.65, seventh) at the Georgia Tech Invitational (4/20-21) and then the 1500m (5:04.49, 23rd) at the Memphis Tiger Invitational (4/27-28)...Finished seventh in the 3000m steeplechase at the OVC Outdoor Track & Field Championships (5/10-12) in 11:31.64...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in six meets...Opened the

season with a ninth place finish (11:15.98) in the 3000m at the SEMO vs. SIUE Dual Meet (12/8)...Tallied a time of 18:53.80 (10th) in the 5000m at the 2018 Indiana University Relays (1/26-27)...Won the mile at the 2018 Redhawks Open (2/16) with a PR of 5:30.93...Notched a career-best mark of 10:38.37 (22nd) in the 3000m at the OVC Indoor Track & Field Championships (2/23-24).

2017 Cross Country: Ran in three races...

Placed 26th at the Forest Park Cross Country Festival (9/8) with a time of 20:25.5...Ran a season-best 19:40.0 (301st) at the Louisville Classic (9/30)...Finished 46th at the Bradley Pink Classic (10/13) in 24:15.4...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Petersburg PORTA High School in Oakford, Illinois...Set three-mile school record, 1600m school record, seven-time state medalist, four-time conference champion...

3200m indoor champion, placed third in the 1600m at state, placed third in 4x800m relay as a Junior...Earned fifth-place in state in cross country for Missouri as a sophomore, class 1A.

Personal: Born November 9, 1997...Daughter of James and Susan Brauer...Has three sisters...Sisters Sara Brauer ran cross country at Loras College, Audrey Brauer competed in swimming and tennis at Illinois College, and Maria Brauer ran cross country along with track & field at Belmont University...Majoring in Biology: Microbiology, Cellular and Molecular Biology, & Biotechnology.



JANE BOESSEN

DISTANCE
SOPHOMORE
TROY, MO.
TROY

2018 Cross Country: Ran in six meets...

Finished 14th at the Saluki Cross Country Invitational (8/31), clocking in at 19:59.0... Placed 10th (20:31.4) at the SIUE John Flamer Invite (9/14)...Ran a 24:28.3 (101st) 6K at the Wisconsin Pre-National Meet (10/13)... Registered a time of 19:28.5 for 55th at the OVC Cross Country Championship (10/27)... Recorded a career-best 6K time of 23:50.4 (209th) at the NCAA Division I Midwest Region Cross Country Championships (11/9).

2018 Outdoor: Participated in four meets...

Placed fifth in the 3000m steeplechase at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished eighth in the 5000m at the Memphis Tiger Invitational (4/27-28) with a personal-best time of 18:42.59...Posted a career-best time of 12:05.29 (12th) in the 3000m steeplechase at the OVC Outdoor Track & Field Championships (5/10-12)...Named to the OVC Commissioner's Honor Roll.

2018 Indoor: Ran in six meets...Finished eighth in the 3000m at the SEMO vs. SIUE Dual (12/8) in 11:01.75...Posted a time of 18:47.03 (9th) in the 5000m at the 2018 Indiana University Relays (1/26-27)...Improved her mark in the 3000m at the Don DeNoon Invitational (2/2-3), clocking in at 10:59.27...Won the event at the 2018 Redhawks Open (2/16) with a personal-best time of 10:57.59...Finished 20th (PR, 5:30.60) in the mile race at the OVC Indoor Track & Field Championships (2/23-24).

2017 Cross Country: Raced at five meets...

Had two top-20 finishes...Ran a personal-best 19:03.6 (55th) at the OVC Championship (10/28)...Named to the OVC Commissioner's Honor Roll.

Prep: Attended Troy Buchanan High School in Troy, Missouri...Lettered all four years in track and cross country...Cross country state qualifier 2015-2017...Cross country academic honors 2014-2016...Track state qualifier 2016, 2017...Track scholar athlete 2015-2017...St. Louis post dispatch scholar athlete for both cross country and track...School record holder for 1600m, 3200m, and 5K.

Personal: Born July 20, 1999...Daughter of Scott, and Joan Boessen...Majoring in Physical Education K-12.



NICOLE HUMPHREYS

THROWS
SOPHOMORE
JACKSON, MO.
JACKSON SENIOR

2018 Outdoor: Competed in nine events... Placed fourth in the hammer throw at the South Alabama Jaguar Opener (3/3) with a personal best of 154-3 (47.03m)...Finished third in the discus throw at the SLU Billiken Invitational (4/7) with a mark of 128-2 (39.06m)...Earned a personal best in discus throw at the Memphis Tiger Invitational (4/28) with 133-11(40.82m, ninth)...Posted a distance of 116-1 (35.39m, 17th) in the discus at the Ohio Valley Conference Championship (5/12)...Also had a shot put mark of 40-6.25(12.35m, 10th).

2018 Indoor: Competed in five events...Earned a personal best in shot put of 42-0.5 (12.81m, seventh) and placed fourth in weight throw with 52-2.125 (15.88m)...Finished 14th in shot put at the Ohio Valley Indoor Track and Field Championships (2/23) with a mark of 40-6.75 (12.36m)...Also placed tenth in the weight throw with 51-2.25 (15.60m).

Prep: Graduated Jackson High School in 2017... Earned sixth-place in discus in state, district and sectional champ in discus and shot put, conference champion in discus as a senior...Was district and sectional and conference champion in both discus and shot put as a junior...Earned fourth-place in state in shot put, district and sectional and conference champion in shot put as a sophomore...Was district champion in shot put as a freshman...Was a member of the national honor society, A-honor roll and scholastic honor roll.

Personal: Born March 25, 1999...Daughter of James and Francine Humphreys...Majoring in Pre-Business.



KAYLEE JOHNSTON

THROWS
SOPHOMORE
MOBILE, ALA.
WP DAVIDSON

2018 Outdoor: Competed in nine events... Placed fifth in the javelin throw at the South Alabama Jaguar Opener (3/3) with a mark of 120-2 (36.64m)...Finished fourth in the javelin throw at the 2018 Drury Hotels Haines Invite (3/31) with 111-1 (33.86m)...At the Memphis Tiger Invitational (4/28) earned a personal-best javelin mark of 124-4 (37.90m)...Recorded a javelin distance of 110-10 (33.78m, 12th) at the Ohio Valley Conference Championship (5/10).

2018 Indoor: Did not compete.

Prep: Graduated WP Davidson High School in 2017...Lettered in three years in track and field... Placed second in state (7A) in javelin, earned optimists club player of the week as a junior... Was a member of the national honor society, the national French honor society, and honor roll.

Personal: Born October 5, 1998...Daughter of Brian and Beth Johnston...Majoring in Chemistry.



JOANNE HOLLINGS

DISTANCE

SOPHOMORE

AUCKLAND, NEW ZEALAND

2018 Cross Country: Ran in one meet... Finished with a mark of 21:29.6 for 34th at the Saluki Cross Country Invitational (8/31).

2018 Outdoor: Competed in two meets... Posted a time of 2:41.31 (20th) in the 800m at the SLU Billiken Invitational (4/6-7)...Recorded a PR of 5:28.91 in the 1500m at the Memphis Tiger Invitational (4/27-28).

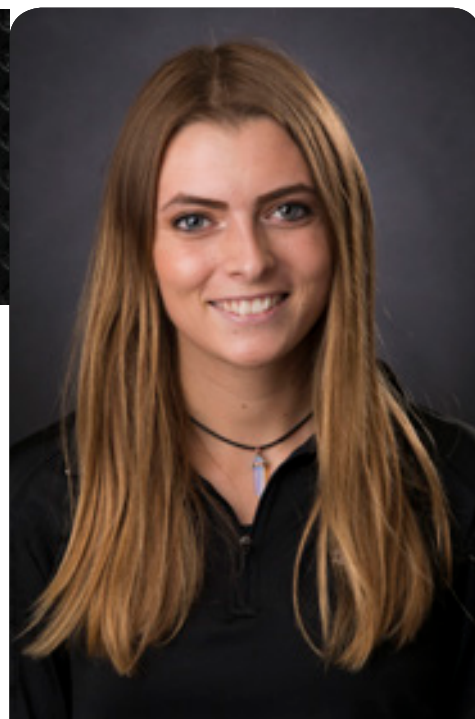
2018 Indoor: Ran in three meets...Placed seventh in the 800m at the SEMO vs. SIUE Dual Meet (12/8), clocking in at 2:47.31...Set a personal best in the mile (6:02.80, 50th) at the Don DeNoon Invitational (2/2-3)...Finished second in the 800m at the 2018 Redhawks Open (2/16) in 2:37.17.

2017 Cross Country: Did not compete.

2016-17 Tennis: Played in six tournaments... Collected seven total wins, including a 4-5 singles mark...Recorded wins against Alabama-Huntsville, Northeastern State, William Woods and Evangel...Paired with Ana Canahuate-Torres and tallied three wins against Missouri Western, William Woods and Missouri State.

Prep: Attended International School.

Personal: Born January 2, 1998...Majoring in Engineering Physics: Mechanical Applications.



KRISTEN CARTER

MULTIS

SOPHOMORE

ST. LOUIS, MO.

MEHLVILLE

2018 Outdoor: Appeared in seven meets... Was third in the 4x100m (49.22) and fifth in high jump (4-7, 1.40m) at the 2018 Drury Hotels Joey Haines Invite (3/30-31)...Finished the heptathlon with 3629 points for seventh at the Joe Walker Invite (4/13-14)...Was second in the 100m hurdles (14.82), fourth in long jump (16-1.5, 4.91m) and fifth in both the 200m (27.82) and shot put (29-2.5, 8.90m)...Also finished third in 4x100m with a time of 48.08...Totaled a career best of 3963 points (11th) in the heptathlon at the Ohio Valley Outdoor Track & Field Championship (5/10-12).

2018 Indoor: Participated in six events...Won the 55m hurdles with a personal-best time of 8.69 and finished fourth in the long jump with a distance of 15-11.5 (4.86m) at the SEMO vs. SIUE Dual Meet (12/8)...Posted a personal best mark in the 60m hurdles (9.22, 10th) at the Illinois Open (1/13)...Totaled 2761 points for fifth in the pentathlon at the Don DeNoon Invitational (2/2-3) with a fourth place finish in 60m hurdles (9.27)...Registered a personal-best distance of 17-1.5 (5.22m) in long jump (14th) at the 2018 Hoosier Hills (2/9)...Finished second in 55m hurdles (8.73) and third both in 800m (2:57.23) and the high jump (4-7, 1.40m) at the 2018 Redhawks Open (2/16)...Earned a personal high of 2869 points in the pentathlon at the Ohio Valley Indoor Track and Field Championships (2/23-24) for 11th.



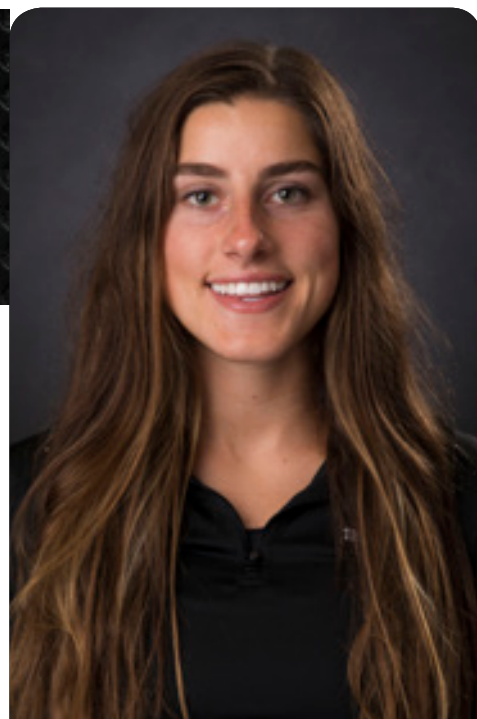
MADDIE KELLER

DISTANCE
FRESHMAN
TROY, ILL.
TRIAD

2018 Cross Country: Ran in five meets... Finished 100th at the Wisconsin Pre-National Meet (10/13) with a personal-best 6K time of 24:24.0...Registered a career-best 5K, clocking in at 19:38.1 for 59th at the OVC Cross Country Championship (10/27).

Prep: Graduated from Triad High School in 2018...Coached by Andy Brendal...Started competing in cross country in sixth grade... Lettered all four years...Also played soccer and ran track & field...Competed in the 800m, 4x400m, 600m, 3200m, and 4x800m...Earned the Citizenship Award at Triad.

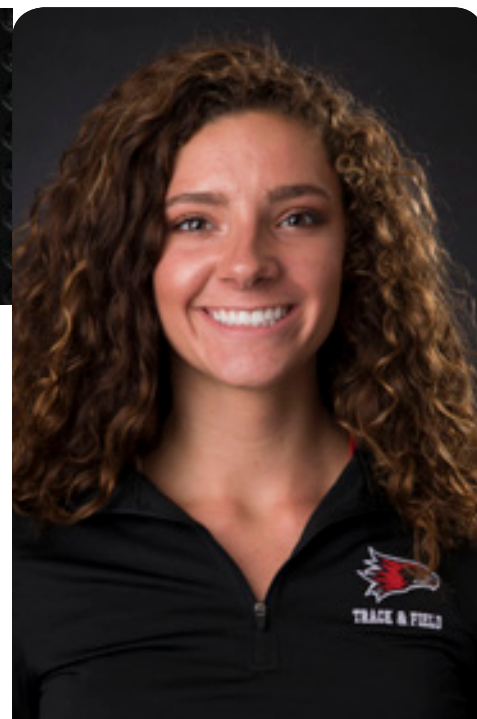
Personal: Born November 5, 1999...Daughter of Matthew and Jennifer Keller...Full name is Madeline Keller...Plans to major in Nursing at Southeast.



CLAIRE MORRILL

DISTANCE
FRESHMAN
CAPE GIRARDEAU, MO.
NOTRE DAME

2018 Cross Country: Did not compete.





/ KATIE SCHUMER
FRESHMAN



/ BAILEY GRIFFITHS
FRESHMAN



/ ELLIE GAMRADT
FRESHMAN



/ JORDAN RAY
FRESHMAN



/ KAYLEE EAKIN
FRESHMAN



/ LAURYN JAMES
FRESHMAN





OUR PAST HISTORY AND RECORD BOOK

WOMEN'S INDIVIDUAL

Indoor Records

Event	Mark	Name	Year
55m	6.83	Ayonna Cartwright	2015
60m	7.42	Ayonna Cartwright	2015
200m	24.44	Torvia Bradley	1994
400m	54.35	Michelle Chambliss	1992
600m	1:32.49	Tammy Wenkel	1997
800m	2:08.29	Tammy Wenkel	1998
1000m	2:53.33	Megan Parks	2016
Mile	4:51.94	Janelle Quigley	1998
3000m	9:43.15	Laura Byrne	1989
5000m	17:05.21	Sydney O'Brien	2017
55m Hurdles	7.99	Lyndsey Stevenson	2004
60m Hurdles	8.68	Lyndsey Stevenson	2004
Shot Put	51' 9"	Courtney Gapelu	2013
Weight Throw	65' 7"	Kayla Gutierrez	2014
Long Jump	20' 2.5"	Heather Denihan	1997
Triple Jump	40' 5"	Shemeika Brewer	2011
High Jump	5' 7.25"	Angela James	1991
Pole Vault	13' 1.5"	Jill Schnurbusch	2013

MEN'S INDIVIDUAL

Indoor Records

Event	Mark	Name	Year
55m	6.19	David Jackson	1985
	6.19	Blake Smith	2014
60m	6.65	Blake Smith	2015
200m	21.14	Miles Smith	2008
400m	46.13	Miles Smith	2008
600m	1:19.10	Deryl Gardner	1996
800m	1:50.42	Carl Bell	1984
1000m	2:26.25	Marc Maton	2016
Mile	4:03.82	Brian Radle	1989
3000m	8:17.40	Brian Radle	1989
5000m	14:20.10	Art Waddle	1987
55m Hurdles	7.34	Andrew Presberry	1982
60m Hurdles	8.07	Chris Navarro	2015
Shot Put	60' 11.25"	Josh Uchtman	2012
Weight Throw	69' 6.25"	Kevin Farley	2015
Long Jump	25' 6"	Blake Carter	2013
Triple Jump	53' 5"	Keith Presberry	1986
High Jump	7' 0.25"	Reggie Miller	2013
Pole Vault	17' 0"	Christian Locke	2016

WOMEN'S INDIVIDUAL

Outdoor Records

Event	Mark	Name	Year
100m	11.50	Benita Thomas	1987
200m	23.91	Jerika Lewis	2013
400m	53.40	Jerika Lewis	2011
800m	2:07.06	Brooke Woodruff	2004
1500m	4:24.15	Laura Byrne	1989
3000m	10:34.98	Juli Koenegstein	2009
5000m	16:35.00	Laura Byrne	1989
10,000m	34:56.95	Debbie Kilpatrick	1985
100 Hurdles	13.84	Candace Williams	1981
400m Hurdles	59.29	Shannon O'Dell	1997
Shot Put	52' 1"	Courtney Gapelu	2013
Discus	173' 11"	Heather Jenkins	2002
Javelin	166' 8"	Samantha Espiricueta	2009
Hammer	194' 2"	Sarah Hall	2015
Long Jump	20' 4.5"	Kathy Coleman	2005
Triple Jump	41' 6"	Shemeika Brewer	2011
High Jump	5' 9"	Courtney Haman	2003
Pole Vault	12' 11.5"	Jill Schnurbusch	2013
Decathlon	5468	Lizz Barringer	1988

MEN'S INDIVIDUAL

Outdoor Records

Event	Mark	Name	Year
100m	10.11	Blake Smith	2015
200m	20.40	Tim Williams	1987
400m	45.16	Tim Williams	2005
800m	1:48.85	Carl Bell	1984
1500m	3:41.82	Brian Radle	1989
3000m	8:31.14	Mike Vannatta	1984
5000m	14:01.64	Brian Radle	1989
10,000m	29:17.40	Art Waddle	1986
100m Hurdles	13.84	Andrew Presberry	1981
400m Hurdles	50.77	Alonzo Nelso	2005
Shot Put	62' 1.25"	Kevin Farley	2016
Discus	192' 4"	Neil Rock	1986
Javelin	242' 5"	Jonno Engelking	2018
Hammer	211' 4"	Kevin Farley	2016
Long Jump	25' 8"	Blake Smith	2015
Triple Jump	53' 1"	Keith Presberry	1986
High Jump	7' 1.25"	Jim Lohr	1984
Pole Vault	17' 10.25"	Bob Ferguson	1987
Decathlon	7881	John Schwepker	1988

WOMEN'S INDIVIDUAL

Indoor Relay Records

4 x 400m Relay

3:43.23 (1997)

Shannon O'Dell

Kim Stewart

Tammy Wenkel

Yvonne Hente

Distance Medley Relay

11:58.34 (2016)

Kaitlyn Shea

Miya Dorsey

Megan Parks

Angie Sumner

Outdoor Relay Records

4 x 100m Relay

44.92 (1987)

Michelle Hicks

Kehinde Vaughan

Lisa Like

Benita Thomas

4 x 200m Relay

1:37.15 (2000)

Heather Keltner

Shauna Birge

Hannah Stuckenschneid

Natalie Talley

4 x 400m Relay

3:41.13 (2000)

Kim Stewart

Hannah Stuckenschneid

Natalie Talley

Heather Keltner

4 x 800m Relay

9:09.09 (1985)

Laura Byrne

Debbie Kilpatrick

Pam Palmer

Jennella Torrence

Sprint Medley Relay

3:54.13 (1998)

Natalie Talley

Yvonne Hente

Heather Keltner

Tammy Wenkel

Distance Medley Relay

11:39.26 (2004)

Kaci Pilcher

Natasha Fortenberry

Brooke Woodru

Lindsey Zeiler

MEN'S INDIVIDUAL

Indoor Relay Records

4 x 400m Relay

3:09.16 (2006)

Walter Washington

Chris Gill

Alonzo Nelson

Miles Smith

Distance Medley Relay

9:55.52 (2016)

Jordan Brown

Kameron Long

Cole Davis

Marc Maton

Outdoor Relay Records

4 x 100m Relay

39.86 (1984)

Rob Thomas

Mike Dwyer

Barry Hibbert

David Jackson

4 x 200m Relay

1:24.51 (1984)

Ken McNair

Rob Thomas

David Jackson

Mike Dwyer

4 x 400m Relay

3:05.54 (2006)

Alonza Nelson

Chris Poindexter

Walter Washington

Mile Smith

4 x 800m Relay

7:28.84 (1985)

Carl Bell

Ken Franklin

Shaun Carlile

Norm Kellar

Sprint Medley Relay

3:19.00 (1984)

Rob Thomas

Mike Dwyer

David Jackson

Joe Lackner

Distance Medley

Relay

9:54.87 (1986)

Pedro Caceres

Carl Perkins

Shaun Carlile

Brian Radle

WOMEN'S TOP 10

100 Meter

1. Benita Thomas	11.50	1987
2. Torvia Bradley	11.54	1994
3. Michelle Hicks	11.67	1987
4. Angelica Larrier	11.68	2012
5. Ayonna Cartwright	11.69	2015
6. Rachel Kahle	11.78	2009
7. Shauna Birge	11.83	2000
7. Mariam Ajiroba	11.83	2016
9. Jerika Lewis	11.84	2013
9. Prenecia Ponds	11.84	2014

200 Meter

1. Jerika Lewis	23.91	2013
2. Yvonne Hente	23.99	1997
3. Rachel Kahle	24.00	1210
4. Torvia Bradley	24.04	1994
5. Angelica Larrier	24.06	2012
6. Kehinde Vaughan	24.10	1987
7. Michelle Hicks	24.13	1987
8. Prenecia Ponds	24.15	2014
9. Heather Keltner	24.16	1999
10. Lisa Crawford	24.28	1991

400 Meter

1. Jerika Lewis	53.40	2011
2. Kehinde Vaughan	53.50	1987
3. Heather Keltner	53.61	2001
4. Lisa Crawford	54.18	1991
5. Yvonne Hente	54.26	1997
6. Michelle Chambliss	54.30	1992
7. Hannah Stuckenschneer	54.43	2003
8. Cheyenne Tunti	54.47	2016
9. Jennella Torrence	55.06	1985
10. Kathleen Hudson	55.08	1981

800 Meter

1. Brooke Woodruff	2:07.06	2004
2. Tammy Wenkel	2:08.29	1998
3. Jennella Torrence	2:08.62	1985
4. Janice Gibson	2:09.55	1988
5. Megan Parks	2:09.97	2016
6. Laura Byrne	2:10.46	1987
7. Carli Knott	2:10.48	2018
8. Janelle Quigley	2:10.61	1998
9. Jen Burke	2:11.37	1999
10. Angela Rohrscheib	2:13.60	1991

1500 Meter

1. Laura Byrne	4:24.15	1989
2. Chris Ridenour	4:27.96	1983
3. Lindsay Zeiler	4:28.24	2004
4. Pam Palmer	4:29.67	1985
5. Kelly Cracchiolo	4:29.94	1988
6. Janelle Quigley	4:30.34	1998
7. Brooke Woodruff	4:30.49	2005
8. Angie Sumner	4:31.78	2018
9. Misty Dubman	4:33.84	1996
10. Alyssa Rebecca	4:35.36	2015

3000 Meter

1. Lucie Mays	9:25.53	1991
2. Laura Byrne	9:32.14	1987
3. Chris Ridenour	9:33.91	1984
4. Kaitlyn Shea	9:46.28	2017
5. Laura Tenaglia	9:50.22	1989
6. Debbie Kilpatrick	9:56.40	1985
6. Jan Gautier	9:56.40	1988
8. Lindsay Zeiler	9:58.30	2003
9. Janelle Quigley	9:58.59	1999
10. Juli Koenegstein	10:00.48	2008

3000 Meter Steeplechase

1. Juli Koenegstein	10:34.98	2009
2. Angie Sumner	10:47.94	2018
3. Mary Dohogne	10:56.38	2015
4. Coleen Burke	11:07.46	2005
5. Maria Trowbidge	11:14.81	2013
6. Kristen Richardet	11:18.90	2015
7. Anna Thomas	11:20.0	2018
8. Gloria Westlake	11:20.86	2013
9. Kaci Pilcher	11:26.19	2004
10. Anna Verseman	11:27.88	2003

5000 Meter

1. Laura Byrne	16:35.00	1989
2. Lucie Mays	16:48.47	1991
3. Rebekah Lawson	16:54.85	2013
4. Chris Ridenour	16:55.34	1983
5. Juli Koenegstein	16:59.02	2009
6. Janelle Quigley	17:02.26	1999
7. Sydney O'Brien	17:05.21	2017
8. Kaitlyn Shea	17:09.39	2017
9. Debbie Kilpatrick	17:13.00	1985
10. Jan Gautier	17:15.14	1988

10,000 Meter

1. Debbie Kilpatrick	34:56.95	1985
2. Sydney O'Brien	34:57.12	2018
3. Kaitlyn Shea	35:56.84	2017
4. Laura Tenaglia	36:03.36	1990
5. Jessica Bollinger	36:04.18	2012
6. Gloria Westlake	36:05.72	2015
7. Rebekah Lawson	36:08.44	2012
8. Margaret Hertenstein	36:12.70	1985
9. Mary Beth Schriefer	36:39.40	1987
10. Lisa Durham	36:40.24	1991

100 Meter Hurdles

1. Candace Williams	13.84	1981
2. Shannon O'Dell	14.00	1997
3. Lyndsey Stevenson	14.08	2003
4. Whitney Thomas	14.12	2007
5. Trena Anderson	14.19	1995
6. Orie Ibe	14.20	2007
7. Jacquelyn Gregware	14.40	1983
8. Peggy McFarland	14.58	1988
9. Taylor Coffelt	14.58	2015
10. Unique Hooks	14.59	2013

400 Meter Hurdles

1. Shannon O'Dell	59.29	1997
2. Miya Dorsey	1:00.25	2017
3. Laura Vanhoevelaak	1:00.28	2003
4. Tammy Wenkel	1:00.33	1997
5. Candace Williams	1:00.69	1981
6. Kendall Long	1:01.55	2018
7. Peggy McFarland	1:01.90	1989
8. Lyndsey Stevenson	1:02.55	2003
9. Natalie Dansberry	1:02.56	1986
10. Kim Demers	1:02.98	2000

REDHAWK RECORDS

Shot Put

1. Courtney Gapelu	52' 1"	2013
2. Heather Jenkins	51' 0"	2004
3. Lutricia Purham	50' 9.5"	2000
4. Ashley Brewer	50' 7.25"	2009
5. Linda Wilson	49' 3"	1989
6. Kayla Gutierrez	48' 8.25"	2015
7. Sarah Hall	48' 6.25"	2015
8. LeAnn Powers	48' 1"	1986
9. Megan Youse	47' 8"	2004
10. Brianna Egbuka	46' 10"	2010

Discus

1. Heather Jenkins	173' 11"	2002
2. Kayla Gutierrez	171' 8"	2014
3. Ashley Brewer	163' 3"	2010
4. Pat Washington	160' 10"	1983
5. Lutricia Purham	154' 3"	2000
6. Any Tonga	153' 10"	2018
7. Megan Youse	150' 9"	2004
8. Sarah Hall	149' 10"	2015
9. Samantha Espiricuet	149' 2"	2010
10. Linda Wilson	148' 9"	1988

Javelin

1. Samantha Espiricueta	166' 8"	2009
2. Lizz Barringer	162' 1"	1989
3. Bethany Pfeiffer	154' 3"	2014
4. Courtney Haman	153' 9"	2003
5. Kathy Day	153' 0"	1985
6. Lindsey Hearne	148' 6"	2008
7. Rebecca Martin	141' 10"	2009
8. Taylor Coffelt	139' 6"	2016
9. LeAnn Powers	134' 0"	1986
10. Dana Patek	133' 5"	1993
10. Becky Shull	133' 5"	1999

Hammer Throw

1. Sarah Hall	194' 2"	2015
2. Kayla Gutierrez	191' 3"	2014
3. Bethany Pfeiffer	179' 11"	2014
4. Brianna Egbuka	179' 0"	2011
5. Heather Jenkins	176' 6"	2004
6. Any Tonga	169' 9"	2018
7. Courtney Gapelu	166' 0"	2014
8. Samantha Espiricuet	165' 6"	2011
9. Paden Wachter	158' 3"	2016
10. Ashley Brewer	154' 11"	2010

Weight Throw

1. Kayla Gutierrez	65' 7"	2014
2. Heather Jenkins	62' 4"	2004
3. Courtney Gapelu	62' 2.5"	2014
4. Bethany Pfeiffer	60' 6"	2014
5. Ashley Brewer	60' 3"	2010
5. Any Tonga	60' 3"	2018
7. Sarah Hall	57' 11.75"	2015
8. Megan Youse	57' 8.25"	2004
9. Brianna Egbuka	55' 11"	2010
10. Aalia Herron	54' 8.75"	2016

Long Jump

1. Kathy Coleman	20' 4.5"	2005
2. Heather Denihan	20' 2.5"	1998
3. Beverly Slaughter	20' 0.5"	1981
3. Meleisa Greene	20' 0.5"	2004
5. Jessica Brown	19' 11"	2014
6. Kathy Taylor	19' 8.25"	1991
7. LaRita Hawes	19' 4.5"	1983
8. Shemeika Brewer	19' 4"	2012
9. Lindsey Meyr	19' 2.5"	2005
10. Rachel Kahle	19' 1.25"	2009

High Jump

1. Courtney Haman	5' 9"	2003
2. Chante Mosby	5' 8.75"	2016
3. Angela James	5' 8"	1981
4. Heather Fisher	5' 7.5"	1996
4. Carla Beatie	5' 7"	1983
4. Lizz Barringer	5' 7"	1991
4. Lainie Bohnsack	5' 7"	1983
4. Jessica Brown	5' 7"	2014
9. Sandy Delling	5' 6"	1986
9. Trena Anderson	5' 6"	1993
9. Cara Harbstreet	5' 6"	2012
9. Abi Sowash	5' 6"	2015

Triple Jump

1. Shemeika Brewer	41' 6"	2011
2. Ahshane Johnson	40' 9.5"	2014
3. Kim Moye	40' 6"	2014
4. Kathy Coleman	40' 4.75"	2005
5. Tiffany Ford	40' 1.5"	1995
6. Heather West	39' 8"	2005
7. Grey C. Harris	39' 5.25"	1997
8. Jessica Brown	39' 2.5"	2015
9. N'Kia Jones	39' 2.25"	2016
10. Marguerita Johnson	39' 1"	1990

Pole Vault

1. Jill Schnurbusch	13' 1.5"	2013
2. Sierra Maddox	12' 7.25"	2016
3. Nikki Buchheit	12' 4"	2013
4. Madison McPeak	12' 3.5"	2018
5. Erica Grajales	12' 0.5"	2014
6. Michele Jett	11' 11.75"	2005
7. Audrey Harwood	11' 11.75"	2007
8. Haley Holton	11' 10"	2016
9. Jennifer Leaman	11' 8"	1999
9. Keanna Theobalt	11' 8"	2018

Pentathlon

1. Taylor Coffelt	3532	2016
2. Macy Ritter	3230	2016
3. Kristen Carter	2892	2018
4. Kim Moye	2831	2014
5. Lindsay Peters	1866	2018

Heptathlon

1. Liz Barringer	5468	1988
2. Jackie Gregware	5069	1981
3. Taylor Coffelt	4877	2016
4. Macy Ritter	4774	2016
5. Sheila Robinson	4288	1985
6. Kristen Carter	3963	2018

MEN'S TOP 10

100 Meter

1. Blake Smith	10.11	2015
2. Dana Gardner	10.24	1986
3. David Jackson	10.28	1985
4. Tim Williams	10.30	1987
5. Rich Wilson	10.34	1977
6. Lee Brock	10.37	1982
7. Rick Reynolds	10.41	1982
7. Zach Gordon	10.41	2017
9. Mike Dwyer	10.43	1984
10. Rob Thomas	10.44	1984
10. Dereck Robinson	10.44	1986
10. Rick Stovall	10.44	1988

200 Meter

1. Tim Williams	20.40	1987
2. Dana Gardner	20.48	1986
3. Zach Gordon	20.70	2017
4. David Jackson	20.89	1985
5. Terrance Branch	20.94	1994
6. Brannon Wright	20.96	2017
7. Miles Smith	20.99	2005
8. Richard Williams	21.14	1977
8. Mike Dwyer	21.14	1984
10. Rich Wilson	21.24	1976

400 Meter

1. Miles Smith	45.16	2005
2. Terrance Branch	45.52	1994
3. Rob Thomas	45.95	1984
4. Jarred Pasley	46.79	2016
5. Terry Harrison	46.95	1990
6. Walter Washington	47.22	2006
6. Chris Gill	47.22	2010
8. Shaun Jackson	47.23	1986
9. Jason Campbell	47.32	2002
10. Jordan Barber	47.58	2017

800 Meter

1. Carl Bell	1:48.85	1984
2. Glen Lomenick	1:49.51	1996
3. Donnie Phillips	1:49.80	1992
4. Ted McMillan	1:50.69	1990
5. Shaun Carlile	1:50.77	1986
6. Ken Franklin	1:51.10	1985
7. Norm Kellar	1:51.30	1985
8. Tyson Brown	1:51.39	2001
9. Chaz Brown	1:51.45	2005
10. Brian Radle	1:51.54	1986

1500 Meter

1. Brian Radle	3:41.82	1989
2. Norm Kellar	3:44.58	1985
3. Joe Lackner	3:44.73	1984
4. Marc Maton	3:46.31	2016
5. Pedro Caceres	3:47.08	1986
6. John Daly	3:49.00	1989
7. Pat Ratcliff	3:49.59	1982
8. Mike Byrne	3:50.11	1984
9. Edgar White	3:50.80	1976
10. Art Waddle	3:51.59	1987

3000 Meter Steeplechase

1. Mike Vanatta	8:31.14	1984
2. Pedro Caceres	8:46.57	1986
3. Brian Radle	8:48.91	1988
4. Ken Hoffmann	9:00.72	1982
5. Kevin McNab	9:03.05	2006
6. Ken White	9:07.13	1983
7. Chad Sierman	9:08.70	2003
8. Paul Skie	9:08.99	1986
9. Charles Johnson	9:11.41	2014
10. Brent Collins	9:12.05	2012

5000 Meter

1. Brian Radle	14:01.64	1989
2. Jimmy Hearld	14:02.32	1991
3. Mike Vanatta	14:08.90	1984
4. John Daly	14:14.50	1990
5. Pedro Caceres	14:16.20	1987
6. Art Waddle	14:20.10	1987
7. Steve Sawyer	14:22.70	1990
8. Marc Maton	14:25.03	2016
9. Mike Hillyard	14:31.10	1990
10. Steve Harmon	14:32.90	1977

10,000 Meter

1. Art Waddle	29:17.40	1986
2. Joe Leutchmann	29:51.50	1985
3. Jimmy Hearld	29:53.70	1990
4. Brandon Karcher	30:14.75	2007
5. Steve Sawyer	30:32.37	1990
6. John Pendergraft	30:43.00	1986
7. Craig Munie	30:46.47	2013
8. Jason Lumpkin	30:47.86	2011
9. Ron Ayers	30:50.30	1981
9. Ken Hoffmann	30:50.30	1982

110 Meter Hurdles

1. Andrew Presberry	13.84	1981
2. Ken McNair	13.92	1984
3. Wesley White	14.05	2017
4. Elmo Thorton	14.06	1979
5. Deric Haynes	14.10	1987
6. Glenn Haley	14.15	2002
7. Virgil Lucas	14.17	1991
8. Darrel Hilkerbaumer	14.19	1977
9. Leonard Scott	14.25	1982
10. Chris Navarro	14.31	2014

400 Meter Hurdles

1. Alonzo Nelson	50.77	2005
2. Andrew Presberry	51.35	1981
3. Markeith Crawford	51.69	1995
4. Ken Brown	52.11	1983
5. Glenn Haley	52.16	1998
6. Darrel Hilkerbaumer	52.34	1976
7. Art Miller	52.64	1969
8. Deric Haynes	52.68	1987
8. Ted McMillan	52.68	1988
10. Mike Peters	52.74	2015

REDHAWK RECORDS

Shot Put

1. Kevin Farley	62' 1.25"	2016
2. Josh Uchtman	60' 11.25"	2012
3. Jay Heddell	59' 7.75"	2003
4. Rick Wadlington	59' 0.5"	1971
5. Brandon Colbert	58' 4.5"	2008
6. Brian Knippen	58' 2.5"	2005
7. Logan Blomquist	58' 2"	2018
8. Craig Robinson	57' 11"	2012
9. Shon Kyle	57' 3.75"	2015
10. Terry Coff	56' 8"	1969

Discus

1. Neil Rock	192' 4"	1986
2. Kevin Farley	191' 5"	2016
3. Brandon Myer	181' 9.5"	2001
4. Brandon Colbert	179' 2"	2009
5. Shon Kyle	178' 9"	2015
6. Mike Hintz	175' 7"	1985
7. Logan Blomquist	174' 0"	2017
8. Jay Heddell	173' 7"	2003
9. Josh Uchtman	172' 2"	2009
10. Jason Walker	172' 1"	2016

Javelin

1. Jonno Engelking	242' 5"	2018
2. Richard Vinson	226' 7"	2018
3. Randy Johnson	222' 3"	1997
4. John Hogan	221' 9"	1988
5. Bob Cohoon	218' 11"	1990
6. Brian Grote	214' 8"	2014
7. Ben Stricklin	214' 6"	2008
8. Chris Navarro	204' 7"	2014
9. Ed Draper	202' 9"	2011
10. Matt Krich	201' 8"	1987

Hammer Throw

1. Kevin Farley	211' 4"	2016
2. Brandon Colbert	206' 1"	2011
3. Stephen Zagurski	201' 2"	2018
4. Logan Blomquist	194' 5"	2018
5. Jared Siemers	189' 2"	2013
6. Craig Robinson	188' 10"	2013
7. Shon Kyle	185' 3"	2014
8. Jason Walker	182' 4"	2016
9. Seth Sievers	180' 11"	2014
10. Josh Uchtman	173' 1"	2012

Weight Throw

1. Kevin Farley	69' 6.25"	2015
2. Brandon Colbert	66' 7.25"	2010
3. Craig Robinson	64' 9.25"	2012
4. Josh Uchtman	63' 5"	2010
5. Shon Kyle	60' 1.25"	2015
6. Logan Blomquist	58' 8.5"	2018
7. Jared Siemers	57' 5.75"	2013
8. Stephen Zagurski	57' 2.25"	2018
9. Daniel Jones	56' 1"	2005
10. Brian Knippen	55' 10.25"	2005
10. Jason Walker	55' 10.25"	2016

Long Jump

1. Blake Smith	25' 8"	2015
2. Shelton Scott	25' 6.25"	2003
2. Blake Carter	25' 6.25"	2013
4. John Berry	25' 5.5"	2008
5. Jon Riley	25' 5"	1996
6. Rashid Ward	25' 0.75"	1989
7. Mark Daye	25' 0"	1977
7. Earl Whiting	24' 10.25"	1984
9. Tyler Terry	24' 9.75"	2011
10. Ed Russell	24' 9.5"	1980

Triple Jump

1. Keith Presberry	53' 5"	1986
2. Earl Whiting	52' 10.25"	1986
3. Reggie Miller	52' 9.5"	2015
4. Mike Roberson	52' 7.5"	1988
5. Shelton Scott	52' 2"	2003
6. Chris Martin	52' 1.75"	2015
7. Jon Riley	51' 8.5"	1998
8. Charles Taylor	51' 6"	1978
9. Mark Daye	51' 4.5"	1977
10. Bilal Hameed	50' 7.5"	2008

High Jump

1. Jim Lohr	7' 1.25"	1984
2. Reggie Miller	7' 1"	2013
3. Alex Neophytou	7' 0.5"	1990
4. William Johnson	7' 0"	1983
4. Kevin Market	7' 0"	1983
6. Adrian Barnhill	6' 11.75"	2000
7. Scott Cant	6' 11"	1986
7. Thad Tipton	6' 11"	1995
7. Garvin Ambrose	6' 11"	2001
10. Jacob Kent	6' 10.25"	2012

Pole Vault

1. Bob Ferguson	17' 10.25"	1987
2. Jaret Willi	17' 2.5"	2002
3. John Schwepker	17' 0"	1988
3. Christian Locke	17' 0"	2016
5. Dylan Rush	16' 5.5"	2016
6. Tim Davis	16' 5.25"	1997
7. Rich Schwepker	16' 4"	1989
8. Jordan Willi	16' 0.5"	2004
9. Chris Moore	16' 0"	1998
9. Jim Fox	16' 0"	1998

Heptathlon

1. Chris Navarro	4935	2015
2. Nick South	4871	2017
3. Cal Urycki	4835	2018
4. Chris Martin	4832	2014
5. Chris Davis	4437	2016
6. Duncan Ross	4312	2016
7. Ty Crowden	4139	2018

Decathlon

1. John Schwepker	7881	1988
2. Chris Navarro	6577	2014
3. Nick South	6168	2017
4. Chris Martin	6043	2014
5. Chris Davis	6017	2016
6. Duncan Ross	5636	2016
7. Ty Crowden	5436	2018

WOMEN'S RELAY RECORDS

4 x 100 METER

1. 44.92	Michelle Hicks Kehinde Vaughan Lisa Like Benita Thomas	1987
2. 45.40	Heather Keltner Shauna Birge Kim Stewart Natalie Talley	2000
3. 45.63	Shannon O'Dell Yvonne Hente Kim Stewart Shauna Birge	1997
4. 45.66	Rachel Kahle Angelica Larrier Magan Edwards Jerika Lewis	2011
5. 45.91	Natasha Fortenberry LaQuita Andrews Nyisha Porter Rose Fulton	2004

4 x 400 METER

1. 3:41.13	Hannah Stuckenschneider Kim Stewart Natalie Talley Heather Keltner	2000
2. 3:41.75	Laura Vanhoevelaak Hannah Stuckenschneider Brooke Woodru LaQuita Andrews	2003
3. 3:42.76	Hannah Stuckenschneider Kim Stewart Robbi Durham Heather Keltner	2000
4. 3:43.23	Shannon O'Dell Kim Stewart Tammy Wenkel Yvonne Hente	1997
5. 3:43.36	Kim Stewart Heather Keltner Tammy Wenkel Yvonne Hente	1998

4 x 200 METER

1. 1:37.15	Heather Keltner Shauna Birge Hannah Stuckenschneider Natalie Talley	2000
2. 1:37.18	Rachel Kahle Angelica Larrier Magan Edwards Jerika Lewis	2011
3. 1:37.30	Shannon O'Dell Kim Stewart Shauna Birge Yvonne Hente	1997
4. 1:37.35	Heather Keltner Shauna Birge Hannah Stuckenschneider Kim Stewart	2000
5. 1:37.82	Kim Stewart Natalie Talley Sarah Junkin Shauna Birge	1999

4 x 800 METER

1. 9:09.09	Laura Byrne Debbie Kilpatrick Pam Palmer Jennella Torrence	1985
2. 9:15.71	Brooke Woodru Lindsay Zeiler Kaci Pilcher Jen Burke	2004
3. 9:20.36	Pam Palmer Laura Byrne Jennella Torrence Diane Barlow	1985
4. 9:24.85	Sue Hopson Andrea Talley Karen McMillan Kathleen Hudson	1981
5. 9:27.59	Cathy Palacios Kelly Cracchilo Laura Tenaglia Laura Byrne	1981

Distance Medley

1. 11:39.26	Kaci Pilcher Natasha Fortenberry Brooke Woodru Lindsay Zeiler	2004
2. 11:50.65	Tammy Wenkel Heather Keltner Yvonne Hente Janelle Quigley	1998
3. 11:57.26	Anna Assenmacher Angela Rohrscheib Kari Unterreiner Lucie Mays	1991
4. 11:58.34	Kaitlyn Shea	2016
5. 11:59.08	Miya Dorsey Megan Parks Angie Sumner Tammy Wenkel	1999
	Hannah Stuckenschneider Heather Keltner Janelle Quigley	

Sprint Medley

1. 3:54.13	Natalie Talley Yvonne Hente Heather Keltner Tammy Wenkel	1998
2. 3:54.43	Shannon O'Dell Shauna Birge Yvonne Hente Tammy Wenkel	1997
3. 3:55.43	Rose Fulton LaQuita Andrews Hannah Stuckenschneider Brooke Woodruff	2003
4. 3:55.55	Natalie Talley Yvonne Hente Tammy Wenkel Janelle Quigley	1998
5. 3:56.36	Kim Stewart Shauna Birge Heather Keltner Tammy Wenkel	1999

MEN'S RELAY RECORD

4 x 100 METER

1. 39.86	Rob Thomas Mike Dwyer Barry Hibbert David Jackson	1984
2. 40.00	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987
3. 40.25	Keith Hubbard Andrew Presberry Rob Thomas Rick Reynolds	1982
4. 40.44	James Williams Richard Williams Rich Wilson Eric Hornsby	1977
5. 40.49	Jon Jefferson Miles Smith Alonzo Nelson Chris Poindexter	2005

4 x 400 METER

1. 3:05.54	Alonzo Nelson Chris Poindexter Walter Washington Miles Smith	2006
2. 3:05.88	Daivd Jackson Mike Dwyer Carl Bell Rob Thomas	1984
3. 3:06.49	Alonzo Nelson Chris Poindexter Chaz Brown Miles Smith	2005
4. 3:08.74	Brian Coleman Terrance Branch Donnie Phillips Jamal Carson	1991
5. 3:08.89	Brannon Wright Brandon Chunn Jordan Barbe Jarred Pasley	2016

4 x 200 METER

1. 1:24.51	Ken McNair Rob Thomas David Jackson Mike Dwyer	1984
2. 1:25.52	Chris Gill David Reid Brandon Simpson Chris Poindexter	2007
3. 1:25.64	Rick Townsend Eric Hornsby Richard Williams Rich Wilson	1977
4. 1:25.84	Brian Cowan Dewayne Johnson Markeith Crawford Eric Wade	1996
5. 1:25.87	Deric Haynes Darrel Grady Terry Harrison Tim Williams	1987

4 x 800 METER

1. 7:28.84	Carl Bell Ken Franklin Shaun Carlile Norm Kellar	1985
2. 7:35.97	Ted McMillan Fred Jones Eric VanMatre John Daly	1990
3. 7:37.40	Edgar White R. McGowan G. Williams C. Logan	1977
4. 7:38.18	Kameron Long Alex Zisser Charles Johnson Tyler Holmes	2013
5. 7:41.24	Norm Kellar Pedro Caceres Shaun Carlile Carl Bell	1986

Distance Medley

1. 9:45.87	Pedro Caceres Carl Perkins Shaun Carlile Brian Radle	1986
2. 9:47.30	Joe Lackner Ken McNair Shaun Carlile Mike Vanatta	1984
3. 9:51.20	Brian Radle Terry Harrison Fred Jones Pedro Caceres	1987
4. 9:54.34	Jon Langhans Markeith Crawford Deryl Gardner Glen Lomenick	1995
5. 9:55.52	Jordan Brown Kameron Long Cole Davis Marc Maton	2016

Sprint Medley

1. 3:19.00	Rob Thomas Mike Dwyer David Jackson Joe Lackner	1984
2. 3:19.55	Rob Thomas Barry Hibbert Daivd Jackson Joe Lackner	1984
3. 3:22.00	Brian Cowan Dewayne Johnson Markeith Crawford Deryl Gardner	1995
4. 3:22.03	Emmanuel Opoku Derrick Brown Jason Campbell Tyson Brown	2001
5. 3:22.20	Brian Cowan Dewayne Johnson Markeith Crawford Deryl Gardner	1996

WOMEN'S OVC HONORS

Indoor

OVC Indoor Champions

2013 2006 2005
2004 2000 1998 1997

Coach of the Year

2013 Eric Crumpecker
2006 Joey Haines
2005 Joey Haines
2004 Joey Haines
2000 Joey Haines
1998 Joey Haines
1997 Joey Haines

Athlete of the Year

2015 Kayla Gutierrez (F)
2011 Brianna Egbuka (F)
2004 Brook Woodru (T)
Kathy Coleman (F)
2003 Heather Jenkins

Freshman of the Year

2009 Shemeika Brewer
2006 Whitney Thomas
2005 Kathy Coleman

Championship MVP

2005 Kathy Coleman

55m Dash

1998 Natalie Talley

60m Dash

2015 Ayonna Cartwright
2005 Kathy Coleman

55m Dash

2008 Whitney Thomas
1995 Trena Anderson
1993 Trena Anderson

200m Run

1999 Heather Keltner

400m Run

2013 Jerika Lewis
2010 Jerika Lewis
2002 H. Stuckenschneider
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1994 Michelle Chambliss

800m Run

2005 Brooke Woodruff
2004 Brooke Woodruff
2003 Brooke Woodruff
1998 Tammy Wenkel

Mile Run

2006 Lindsay Zeiler
2005 Lindsay Zeiler
2004 Lindsay Zeiler

3000m Run

2006 Lindsay Zeiler
2004 Lindsay Zeiler
1997 Janelle Quigley
1994 Amy Cole

5000m Run

2013 Brittney Whitehead
2006 Jennifer Caywood
1994 Amy Cole

4 x 400m Relay

2009 2000 1998 1997

Distance Medley Relay

2004 1999 1996

High Jump

1997 Heather Fisher
1996 Heather Fisher

Long Jump

2012 Jessica Brown
1998 Heather Denihan

Triple Jump

2009 Shemeika Brewer
2006 Heather West
2005 Kathy Coleman

Shot Put

2014 Courtney Gapelu
2011 Courtney Gapelu
2007 Ashley Brewer
2004 Heather Jenkins
2003 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1992 Charlene Cortez

Pole Vault

2006 Michelle Jett
2004 Michelle Jett

20lb Weight Throw 2018 Anya Tonga

2015 Kayla Gutierrez
2014 Kayla Gutierrez
2011 Briana Egbuka
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins

Outdoor

OVC Outdoor Champions

2014 2006 2005 2004 2003 2000
1998 1997 1995

Coach of the Year

2006 Joey Haines
2005 Joey Haines
2004 Joey Haines
2003 Joey Haines
2000 Joey Haines
1998 Joey Haines
1997 Joey Haines
1995 Joey Haines

Athlete of the Year

2015 Sarah Hall (F)
2011 Samantha Espiricueta (F)
2014 Kayla Gutierrez (F)
2009 Ashley Brewer (F)
2004 Heather Jenkins
2003 Heather Jenkins
2001 Heather Keltner
2000 Heather Keltner
Lutricia Purham

Freshman of the Year

2010 Jerika Lewis

100m Dash

2001 Natalie Talley
1998 Natalie Talley

200m Dash

2001 Heather Keltner
1999 Heather Keltner

400m Dash

2011 Jerika Lewis
2001 Heather Keltner
2000 Heather Keltner
1999 Heather Keltner
1998 Heather Keltner
1997 Yvonne Hente
1993 Lisa Crawford

800m Run

2004 Brooke Woodruff
2003 Brooke Woodruff

1500m Run

2007 Lindsay Zeiler
2006 Lindsay Zeiler
2005 Brooke Woodruff
2004 Lindsay Zeiler

3000m Steeplechase

2010 Juli Koenegstein
2009 Juli Koenegstein
2007 Juli Koenegstein

5000m Run

1994 Amy Cole

10,000m Run

2017 Sydney O'Brien
2012 Jessica Bollinger
2003 Kris Woolf

100m Hurdles

1997 Shannon O'Dell
1995 Trena Anderson

400m Hurdles

1997 Shannon O'Dell
1995 Shannon O'Dell

4 x 100m Relay

2011 2005 2004 2000 1999
1998 1997

4 x 400m Relay

1998 1997

High Jump

2003 Courtney Hama
1997 Heather Fisher

Long Jump

2005 Kathy Coleman
1998 Heather Denihan
1997 Heather Denihan
1995 Tiffany Ford

Triple Jump

2012 Shemika Brewer
2011 Shemika Brewer
2009 Shemeika Brewer
1995 Tiffany Ford

Discus

2015 Tonia Pratt
2014 Kayla Gutierrez
2011 Samantha Espiricueta
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1992 Charlene Cortez

Javelin

2016 Taylor Coffelt
2014 Bethany Pfeiffer
2011 Samantha Espiricueta
2010 Samantha Espiricueta
2009 Samantha Espiricueta
2006 Lindsay Hearne
2003 Courtney Hamman
2002 Courtney Hamman
2001 Courtney Hamman
1999 Rebecca Shull
1997 Denise Ford
1996 Jennifer Phillips
1995 Denise Ford
1993 Dana Patek
1992 Dana Patek

Shot Put

2015 Kayla Gutierrez
2014 Courtney Gapelu
2013 Courtney Gapelu
2011 Brianna Egbuka
2009 Ashley Brewer
2006 Heather Jenkins
2004 Heather Jenkins
2003 Heather Jenkins
2002 Heather Jenkins
2000 Lutricia Purham
1999 Lutricia Purham
1998 Lutricia Purham
1993 Charlene Cortez
1992 Charlene Cortez

Pole Vault

2006 Michelle Jett
2004 Michelle Jett
2003 Michelle Jett
2002 Sara Kaznica

Hammer Throw

2011 Brianna Egbuka
2010 Brianna Egbuka

Heptathlon

2016 Taylor Coffelt

MEN'S OVC HONORS

Indoor

OVC Indoor Champions

2015 2014 1996

Coach of the Year

2015 Eric Crumpecker
2014 Eric Crumpecker
1996 Joey Haines

Athlete of the Year

2015 Kevin Farley (F)
2014 Kevin Farley (F)
2013 Reggie Miller (F)
2012 Josh Uchtman (F)
2011 Brandon Colbert (F)
2009 Josh Uchtman (F)
2008 Miles Smith (T)
Brandon Colbert (F)
2006 Miles Smith (T)
2005 Miles Smith (T)
Brian Knippen (F)
2003 Shelton Scott

Freshman of the Year

2014 Chris Martin
2012 Jacob Kent
2010 Tyler Mullen
2009 Nate Shipley
2006 Chris Williams

Championship MVP

2015 Kevin Farley
2014 Blake Smith
2010 Brandon Colbert
2006 Miles Smith

55m Dash

2016 Haile Wilson
2014 Blake Smith

60m Dash

2014 Blake Smith
2001 Emmanuel Opoku

60m Hurdles

2015 Chris Navarro
2004 David Herman
2001 Glenn Haley

200m Run

2007 Chris Williams
2006 Miles Smith

400m Run

2016 Jarred Pasley
2008 Chris Gill
2006 Miles Smith
2005 Miles Smith
1996 Markeith Crawford

800m Run

1996 Deryl Gardner
1995 Deryl Gardner

1500m Run

1995 Glenn Lomenick
1993 Joe Dandridge

3000m Run

1993 Joe Dandridge

50-00m Run

2010 Jason Lumpkin
2009 Natex Shipley

Distance Medley Relay

1995

4 x 400m Relay

2017 2016 2007 2006 2005

4 x 800m Relay

1993

High Jump

2014 Reggie Miller Jr.
2012 Jacob Kent
2001 Garvin Ambrose
2000 Adrian Barnhill

Long Jump

2014 Blake Smith
2013 Blake Carter
2010 Tyler Terry
2009 Tyler Terry
2008 John Berry
2003 Shelton Scott
1996 Jon Riley
1995 Jon Riley

Triple Jump

2015 Reggie Miller Jr.
2010 Tyler Terry
2009 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

Pole Vault

2018 Tanner Teigen

2016 Christian Locke
2015 Christian Locke
2004 Jordan Willi
2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
1998 Jim Fox
1996 Tim Davis
1995 Tim Davis

Shot Put

2018 Logan Blomquist

2015 Kevin Farley
2014 Kevin Farley
2013 Kevin Farley
2012 Josh Uchtman
2011 Craig Robinson
2010 Josh Uchtman
2009 Josh Uchtman
2008 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1997 Bryan Alfultis
1996 Matt Gaylor
1995 Cleon Mitchell

35lb Weight Throw

2015 Kevin Farley
2013 Craig Robinson
2011 Brandon Colbert
2010 Brandon Colbert
2008 Brandon Colbert
2005 Daniel Jones
2004 Daniel Jones

Heptathlon

2017 Nick South

2015 Chris Navarro
2014 Chris Navarro

Outdoor

OVC Outdoor Champions

2017 2016 2014 2008 2006
2005 1996 1995

Coach of the Year

2017 Eric Crumpecker
2016 Eric Crumpecker
2014 Eric Crumpecker
2008 Joey Haines
2006 Joey Haines
2005 Joey Haines
1996 Joey Haines
1995 Joey Haines

Athlete of the Year

2018 Jonno Engelking (F)

2015 Shon Kyle (F)
2013 Kevin Farley (F)
2010 Chris Gill (T)
Brandon Colbert (F)
2008 John Berry (F)
2007 Brandon Karcher (T)
Brandon Colbert (F)
2006 Miles Smith (T)
2005 Brian Knippen (F)
1996 Jon Riley

Freshman of the Year

2017 Logan Blomquist

2014 Chris Martin
2012 Kevin Farley

Championship MVP

2017 Zach Gordon
2016 Kevin Farley
2013 Kevin Farley
2005 Brian Knippen

100m Dash

2015 Blake Smith
2011 DeAndre Simmons

200m Dash

2017 Zach Gordon

400m Dash

2016 Jarred Pasley
2008 Miles Smith
2006 Miles Smith
2005 Miles Smith
2004 Miles Smith
2002 Jason Campbell
1994 Terrence Branch

800m Run

2012 Mohamed Souleman
2001 Tyson Brown
1996 Deryl Gardner

3000m Steeplechase

2007 Chris Herren
2006 Kevin McNab
2003 Chad Sierman

1500m Run

2016 Marc Maton
2008 Paul Stemmerman
1993 Joe Dandridge

5000m

2007 Brandon Karcher

10,000m

2011 Jason Lumpkin
2008 Brandon Karcher
2007 Brandon Karcher

110m Hurdles

2017 Wesley White

2015 Chris Navarro
2005 Alonzo Nelson
2001 Glenn Haley

400m Hurdles

2005 Alonzo Nelson
2001 Glenn Haley
1995 Markeith Crawford

4 x 100m Relay

2016 2008 2005
2001 1996 1994

4 x 400m Relay

2016 2008 2007 2006
2005 2004

High Jump

2013 Reggie Miller Jr.
2012 Reggie Miller Jr.
2005 Andrew Lambert
2001 Garvin Ambrose
1995 Chad Tipton

Long Jump

2013 Blake Carter
2011 Tyler Terry
2010 Tyler Terry
2008 John Berry
2002 Jaret Wil
1996 Jon Riley

Triple Jump

2016 Chris Martin
2015 Reggie Miller Jr.
2014 Chris Martin
2013 Reggie Miller Jr.
2011 Tyler Terry
2010 Tyler Terry
2008 Bilal Hameed
2003 Shelton Scott
2002 Shelton Scott
2001 Shelton Scott
1996 Jon Riley

Discus

2018 Logan Blomquist

2016 Kevin Farley
2014 Shon Kyle
2013 Kevin Farley
2009 Brandon Colbert
2007 Brandon Colbert
2005 Brian Knippen
2004 Jay Heddell
2003 Jay Heddell
2002 Jay Heddell
2001 Jay Heddell
1999 Bryan Alfultis
1998 Bryan Alfultis
1997 Matt Gaylor
1996 Bryan Alfultis
1992 Terrance Parker

Javelin

2018 Jonno Engelking

2017 Richard Vinson
2016 Jason Walker
2014 Brian Grote
2012 Brian Grote
2011 Ed Draper
2009 Richard Martin
2008 Ben Stricklin
2005 Jason Theodorakos
1999 Bryan Alfultis
1998 Randy Johnson
1997 Randy Johnson
1996 Randy Johnson
1995 Randy Johnson

Pole Vault

2018 Tanner Teigen

2017 Christian Locke
2015 Christian Locke
2003 Jordan Willi
2002 Jaret Willi
2001 Jaret Willi
2000 Colin Sheridan
1999 Jaret Willi
1998 Jim Fox
1995 Jim Davis

Shot Put

2016 Kevin Farley
2015 Shon Kyle
2014 Shon Kyle
2013 Kevin Farley
2012 Craig Robinson
2011 Brandon Colbert
2010 Brandon Colbert
2009 Josh Uchtman
2008 Andy Glass
2005 Brian Knippen
2004 Jay Heddell
2003 Brandon Myer
2002 Jay Heddell
2001 Brandon Myer
2000 Brandon Myer
1997 Matt Gaylor
1996 Bryan Alfultis

Hammer Throw

2016 Kevin Farley
2014 Kevin Farley
2013 Jared Siemers
2011 Brandon Colbert
2010 Brandon Colbert

Decathlon

2016 Eric Gordon
2015 Chris Navarro
2014 Chris Navarro

WOMEN'S ALL AMERICANS

Year	Athlete	Event					
1981	Pat Washington	Discus	1988	Lisa Like	1600 Relay, 400 Relay	Angie Rohrschieb	1600m Relay (i), 1600m Relay
	Beverly Slaughter	Long Jump		Diana Brown	1600 Relay (i)	Lisa Crawford	400m (i), 400m 1600m Relay (i), 1600m Relay
	Candace Williams	Hurdle, Relay		Regina Little	1600 Relay (i)		
	Kathleen Hudson	400m, Relay		Michelle Hicks	200m, 100m 400 Relay (i)		
	Shirley Walton	Relay				Lisa Williams	1600m Relay 1600m Relay (i), 1600m Relay
	Margaret Hertenstein	Cross Country					
	Debbie Kilpatrick	Cross Country					
1982	Pat Washington	Discus		Laura Byrne	Cross Country		
	Candace Williams	Hurdles		Jan Gautier	Cross Country		
	Pat Smith	4x400 Relay		Kehinde Vaughan	400M (i), 1600 Relay		
	Robin Long	4x400 Relay		Janice Gibson	800m (i), 800m		
	Shirley Walton	4x400 Relay		Kelly Cracchiolo	1500m (i), 1500m		
	Chris Ridenour	Cross Country		Linda Wilson	Shot Put (i), Shot Put 1600 Relay (i)		
1983	Chris Ridenour	Cross Country		Lisa Like	1600 Relay (i)		
	LaRita Hawes	Long Jump		LeAnn Powers	Shot Put		
	Jackie Gregware	Heptathlon		Lizz Barringer	Heptathlon		
				Peggy McFarland	1600 Relay (i)		
				Ramona Spencer	1600 Relay (i)		
1984	Margaret Hertenstein	Cross Country	1989	Laura Byrne	Cross Country, 1500m (i), 3000 (i), 5000m		
	Debbie Kilpatrick	Cross Country					
	Chris Ridenour	Cross Country					
1985	Pam Palmer	1500m (i)		Lizz Barringer	Long Jump (i), Hurdles (i), Heptathlon		
	Jennella Torrence	800m (i)					
	Jennella Torrence	800m		Linda Wilson	Shot Put (i)		
	Debbie Kilpatrick	10,000m		Peggy McFarland	400m Hurdles		
1986	Lizz Barringer	Heptathlon		Laura Tenaglia	3000M		
	Laura Byrne	1500m		Jan Gautier	Cross Country		
	LeAnn Powers	Shot Put		Kelly Cracchiolo	1500m (i)		
1987	LeAnn Powers	Shot Put (i), Shot Put	1990	Lucie Mays	1500m (i), 3000m		
	Linda Wilson	Shot Put (i), Shot Put		Linda Wilson	Shot Put (i) Shot Put		
	Laura Byrne	1500m, Cross Country		Laura Tenaglia	3000m (i), 5000m		
	Kehinde Vaughan	400m(i), 400 Relay 1600 Relay(i)	1991	Kathy Taylor	Long Jump (i) 3000m (i),		
	Benita Thomas	55m, 400 Relay 100m		Lucie Mays			
	Lizz Barringer	High Jump (i), Heptathlon		3000m, 5000m			
	Jan Gautier	3000 (i), 10,000m, Cross Country		Torvia Bradley	55m (i), 100m		
				Angela James	High Jump (i) High Jump		
				Charlene Cortez	Shot Put		
				Lisa Like	400m (i), 1600m Relay (i), 1600m Relay		

MEN'S ALL AMERICANS

Year	Athlete	Event
1957	Rex Miller	Cross Country
1969	Marty Corcoran	Mile Relay
	Mike Ervin	Mile Relay;
	Clarence Finley	Mile Relay
	Art Miller	Mile Relay
1970	Clark Wille	120 yd. High Hurdle
1971	Rick Wadlington	Shot Put
	Steve Parker	Cross Country
	Bob Kauffman	Cross Country
1972	Rick Attig	Javelin
1973	Ed White	Cross Country
1974	Ed White	Cross Country
1975	Ed White	Cross Country
1976	Richard Wilson	100m, 200m
1977	Eric Hornsby	200m
1978	Charles Taylor	Triple Jump
1979	Rick Wadlington	Shot Put
1981	Andrew Presberry	Hurdles, Mile Relay
	Mike Vanatta	Steeplechase
	Robin Thomas	Mile Relay
	Leonard Scott	Mile Relay
	Shay Lewis	Mile Relay
	Ken Hoffman	Cross Country
1982	Mike Vanatta	Steeplechase
	Andrew Presberry	Hurdles
	Rob Thomas	600 (i)
1983	Mike Vanatta	Steeplechase
	Ken McNair	High Hurdles
	Ken Brown	Intermediate Hurdles
	Carl Bell	800m
	Joe Lackner	1500m
	Tim Williams	100m, 200m
	Joe Leuchtman	Cross Country
1984	Rob Thomas	500m (i)
	Carl Bell	800m
	Mike Dwyer	100m
	Bob Ferguson	Pole Vault
	Barry Hibbert	400 Relay
	Dave Jackson	100m, Relays
	Joe Lackner	1500m, Cross Country
	Joe Leuchtman	10,000m, Cross Country
	Jim Lohr	High Jump
	Rob Thomas	400m, Relays
	Mike Vanatta	5000m, Steeplechase,
		Cross Country
	Earl Whiting	Triple Jump
	Art Waddle	Cross Country
1985	Carl Bell	800m (i)
	Bob Ferguson	Pole Vault (i)
	Dave Jackson,	Relays (i), 55m (i)
	Norm Kellar	500 (i)
	Jim Lohr	High Jump (i)
	Kevin Lyons	Relays (i)
	Earl Nichols	Relays (i)
	Tim Pigg	Shot Put (i)

	Keith Presberry	Triple Jump (i)
	Jeff Randle	Relays (i), 55m (i)
	John Schwepker	Pole Vault (i)
	Earl Whiting	Long Jump (i),
		Triple Jump (i)
	Norm Kellar	1500m
	David Jackson	100m, 200m
	Joe Leuchtman	10,000m
	Jim Lohr	High Jump
	Mike Hintz	Discus
	Earl Whiting	Long & Triple Jump
	Brian Radle	Cross Country
1986	Pedro Caceres	Steeplechase
	Shaun Carlile	800m
	Bob Ferguson	Pole Vault
	Dana Garner	100m, 200m
	Norm Kellar	1500m
	Keith Presberry	Triple Jump (i),
		Triple Jump
	John Schwepker	Decathlon
	Art Waddle	10,000m
	Earl Whiting	Triple Jump
1987	Pedro Caceres	1500 (i), Steeplechase
		5000m, Cross Country
	Derec Haynes	55 Hurdles (i)
	Brian Radle	1500m (i), 1500m
		Steeplechase
	John Schwepker	Pole Vault (i),
		Decathlon
	Art Waddle	500m (i), 10,000m,
		5000m
	Neil Rock	Discus
	Tim Williams	200m, 400 Relay,
		100m, 1600 Relay
	Jerome McDonald	400 Relay, 1600 Relay
	Terry Harrison	400 Relay, 1600 Relay
	Darryl Grady	400 Relay
	Bob Ferguson	Pole Vault
	Rich Schwepker	Pole Vault
	Ted McMillan	1600 Relay
	Norman Kellar	Cross Country
	Jay Townsend	Cross Country
1988	Jimmy Hearld	Cross Country
	Art Waddle	Cross Country
	Brian Radle	1500m (i), 1500m,
		5000m (i), Steeplechase,
		Cross Country
	John Schwepker	Pole Vault (i), Pole Vault
		Decathlon
	Rashid Ward	Long Jump (i)
	Mike Roberson	Triple Jump (i)
		Triple Jump
	Mike Hintz	Discus
	John Hogan	Javelin
1989	John Daly	1500m

	Jimmy Hearld	5000m (i), 10,000m
		5000m
	Terry Harrison	400 (i), Mile Relay (i)
	Fred Jones	Mile Relay (i)
	Jerome McDonald	Mile Relay (i)
	Ted McMillan	Mile Relay (i),
		800m
	Brian Radle	Cross Country, 1500 (i),
		1500m, 5000m
	Rashid Ward	Long Jump (i)
1990	Bob Cahoon	Javelin
	John Daly	1500m
	Jimmy Hearld	5000m (i), 5000m
	Steve Sawyer	1500m
	Terry Harrison	400m (i), 1600m Relay (i),
		1600m Relay
	Eric Van Matre	800m (i), 1600m Relay (i),
		1600m Relay
	Jerome McDonald	1600m Relay (i),
		1600m Relay
1991	Glen Norwood	Long Jump (i)
		Long Jump
	Terrence Branch	400m (i), 1600m Relay (i),
		1600m Relay
	Virgil Lucas	1600m Relay (i),
		1600m Relay
	Brian Coleman	1600m Relay (i),
		1600m Relay
	Donnie Phillips	800m Relay (i),
		800m Relay
	Jamal Carson	1600m Relay (i),
		1600m Relay
	Jimmy Hearld	1600m Relay (i),
		1600m Relay
1994	Terrence Branch	400m
2001	Terrance Branch	400m
2005	Miles Smith	400m
2006	Miles Smith	400m
2008	Miles Smith	400m
2013	Kevin Farley	Shot Put
2015	Blake Smith	Long Jump
2016	Kevin Farley	Shot Put, Discus
2018	Jonno Engelking Javelin	

FACILITY RECORDS

ABE STUBER TRACK COMPLEX

Men

10.24	1986	Dana Gardner, SEMO
20.66	1987	Tim Williams, SEMO
45.12	1983	Charles Phillips, Abilene Christian
1:47.81	1984	Fred Williams, Abilene Christian
13.62	1983	Jack Pierce, Morgan State
49.11	1984	Tranel Hawkins, Angelo State
3:38.91	1987	Kip Cheruiyot, Mt. St. Mary's
13:52.05	1987	Charles Cheruiyot, Mt. St. Mary's
28:58.80	1985	Keith Hanson, Marquette
8:37.50	1982	Ed Wedderbom, Murray State
39.20	1984	Abilene Christian
3:03.38	1984	Abilene Christian
2.27M	1991	Steve Smith, Indiana State
8.38M	1987	Yussof Alli, Puma
16.66M	1987	Stan Oporski, Cal State - LA
5.54M	1984	Dale Jenkins, Abilene Christian
77.08M	1986	S. Einarsson, Alabama
19.97M	2017	Josh Freeman, Unattached
63.42M	1986	Vestein Hafsteinson, Alabama
68.60M	2010	Steffen Nerdal, Memphis

100 Meter Dash	11.28	2012
200 Meter Dash	3.32	1987
400 Meter Dash	52.36	1987
800 Meter Run	2:03.71	1987
100 Meter Hurdles	13.36	1988
400 Meter Hurdles	57.45	1987
1500 Meter Run	4:14.77	1987
5000 Meter Run	16:15.37	1987
10,000 Meter Run	33:40.60	1986
3000 Meter Steeplechase	10:48.49	2008
4x100 Meter Relay	44.80	1987
4x400 Meter Relay	3:36.42	1987
High Jump	1.91m	1987
Long Jump	6.56m	1992
Triple Jump	13.49M	2016
Pole Vault	4.09M	2015
Javelin Throw	55.98M	1983
Shot Put	18.28m	1990
Discus Throw	60.37m	1987
Hammer Throw	72.12M	2017

Women

Alexis Love, Murray State
Kim Walker, Abilene Christian
Jearl Miles, Alabama A&M
Treena Colebrook - Cal Poly
Jackie Humphrey, Eku
Yolanda Henry, Abilene Christian
Treena Colebrook, Cal Poly
Lesley White, Cal Poly
Andrea Everett, Purdue
Mary Ballinger, Southern Ind.
Hampton
Abilene Christian
Yolanda Henry, Abilene Christian
Dedra Davis, SW Mo. State
Malaikah Love, Unattached
Carolina Carmichael, Memphis
Sonya Smith, Abilene Christian
Connie Price, Nike
Connie Price, Nike TC
Deanna Price, NYAC

FACILITY RECORDS

SEMO STUDENT REC CENTER

MEN

6.19 2014 Blake Smith, SEMO
 22.22 2000 Emmanuel Opoku, SEMO
 49.07 2017 Jarred Pasley, SEMO
 1:19.35 2017 Kameron Long, SEMO
 1:54.20 1998 Jason McKinney, Murray State
 2:26.3 2016 Marc Maton, SEMO
 4:13.03 2018 Marc Maton, SEMO
 8:38.00 2014 Nick Happe, Arizona State
 7.44 2000 Gabe Spezia, EIU
 3:24.31 2013 SIUE
 10:55.0 2016 SIUE

215m 2009 Al Winsley, Unattached
 2.15m 2017 Jordan Wesner, Memphis

5.22m 2014 Pauls Pujats, Memphis
 5.22m 2014 Austin Crenshaw, Memphis

7.77m 2013 Blake Carter, SEMO
 15.71m 2018 Chris Martin, Unattached
 18.79m 2017 Kevin Farley, Unattached
 21.14m 2009 Steffan Nerdal, Memphis

55 Meter Dash
200 Meter Dash
400 Meter Dash
600 Meter Run
800 Meter Run
1000 Meter Run
Mile Run
3000 Meter Run
55m Hurdles
4x400 Meter Relay
Distance Medley Relay

High Jump
High Jump

Pole Vault
Pole Vault

Long Jump
Triple Jump
Shot Put
Weight Throw

WOMEN

6.83 2015 Ayonna Cartwright, SEMO
 24.88 2015 Ayonna Cartwright, SEMO
 54.76 2000 Heather Keltner, SEMO
1:40.86 2017 Carli Knott, SEMO
 2:14.40 1998 Tammy Wenkel, SEMO
 2:53.3 2016 Megan Parks
 5:04.30 2008 Juli Koenegstein, SEMO
10:13.91 2017 Kaitlyn Shea, SEMO
 7.83 2016 LaDonna Caston, SIUE
 3:53.66 2001 SEMO
 12:13.7 2013 SIUE

1.73m 2007 Cheri Edri, Memphis

4.24m 2017 Carolina Carmichael, Unattached

6.16m 1998 Heather Denihan, SEMO
 12.99m 2015 Malaikah Love, Unattached
 17.58m 2008 Gail Lee, Unattached
 19.99m 2014 Kayla Gutierrez, SEMO

HALL OF FAME

INAUGURAL CLASS OF 2002

LAURA BYRNE: TRACK AND CROSS COUNTRY (1986-89)

Byrne, a track and cross country athlete from 1986-1989, won four NCAA II individual titles during the 1988-89 school year when she won the cross country national championship and the indoor 1,500 and 3,000-meters and the outdoor 5,000-meters.

MARVIN ROSENGARTEN: TRACK COACH, DIRECTOR OF ATHLETICS

Rosengarten was a football player at Southeast who later served as an assistant football coach, track coach, athletics director and director of athletic development. The Marvin Rosengarten Athletic Complex on the Southeast campus is named in his honor.

ABE STUBER: TRACK COACH (1932-46)

Stuber was football and track coach at Southeast from 1932-1946 and also served as basketball coach from 1932-1935 and from 1943- 1946. His track teams won seven MIAA championships and his football teams claimed three league titles including the 1937 team that was unbeaten and untied.

MIKE VANATTA: TRACK AND CROSS COUNTRY (1981-84)

Vanatta, track and cross country from 1981-1984, won four NCAA II individual national championships. He won the steeplechase title in 1982, 1983 and 1984 and claimed the cross country championship in 1984 while leading Southeast to the team title.

1984 MEN'S CROSS COUNTRY TEAM

The team won the NCAA Division II National Championship.

1985 MEN'S INDOOR TRACK TEAM

The team won the NCAA Division II National Championship.

CLASS OF 2003

RICK ATTIG: TRACK (1970-73)

Attig, a football and track standout, was honorable mention All-American and team captain for the football team, and an All-American in the javelin for the track team. He is the Southeast and MIAA record holder in the javelin. He is currently an assistant track coach at Nebraska after having served as an assistant at Kansas.

HERB MULKEY: TRACK (1939-42)

Herb Mulkey was a star in both basketball and track. He was a two-time all-MIAA selection and team captain in basketball and held school records in the low hurdles, high hurdles and high jump. At one time, Mulkey held 11 high jump records at tracks throughout the Midwest.

WALTER SMALLWOOD: TRACK (1965-68)

Walter Smallwood was a two-time all-MIAA football selection who still holds Southeast records for touchdowns in a game (5), season (16) and career (38) and held the career rushing record until 1994. Smallwood was the MIAA 60-meter champion.

CLARK WILLE: TRACK (1967-71)

Clark Wille was a five-time MIAA champion in the high hurdles. He claimed All-American honors in the hurdles in 1971. After graduation he coached Herculaneum High School to ten state championships in cross country and track. Wille coached over 160 collegiate All- Americans at Lindenwood and Missouri Baptist. He guided the Lindenwood women to the NAIA cross country championship and the Lindenwood men to the NAIA men's indoor track title.

CURTIS WILLIAMS: TRACK (1964-67)

Curtis Williams was the first African-American student-athlete at Southeast. He lettered four years in track and three years in basketball. He was the basketball MVP in 1967 and was MIAA champion in the high jump, triple jump and long jump.

HALL OF FAME

CLASS OF 2004

LIZZ BARRINGER: TRACK (1986-89)

Lizz Barringer was a four-time Division II All-American in the heptathlon. She was the 1989 NCAA Division II heptathlon national champion and was an Olympic trials qualifier in the heptathlon.

BILL MCLANE: TRACK (1934-37)

Bill McLane ranks as one of the all-time great track athletes at Southeast. When he graduated in 1937 he held 24 track and field records at Southeast.

RYLAND "DUTCH" MEYR: TRACK (1958-61)

Ryland "Dutch" Meyr was a four-year starter at tackle and was honored as a Little All-American in 1961. Three of the four teams he played on won MIAA championships. He served as an assistant coach from 1969-1977. He had a record of 25-7 as head coach at Cape Central High School.

REX MILLER: TRACK AND CROSS COUNTRY (1955-58)

Rex Miller was Southeast Missouri State's first cross country All-American. He was 24th in the 1957 NCAA championships for all divisions held at Michigan State. He was undefeated for three years in the two-mile and was the MIAA mile and two-mile champion. Miller was also the high school coach of Southeast Hall of Famer Mike Vanatta.

ROB THOMAS: TRACK (1981-84)

Rob Thomas ranks as Southeast Missouri State's only NCAA Division I national champion. He won the 1984 indoor 600-meters at the NCAA Division I championships. He was also a Division I All-American in 1982 and was a Division II All-American in 1982, 1983 and 1984. He was a U.S. Olympic trials qualifier in 1984 and a U.S. National Team member in 1985.

CLASS OF 2006

JOHN SCHWEPKER, TRACK (1984-88)

Schweper won two individual national championships at Southeast while earning seven All-America awards. He won the NCAA Division II indoor pole vault championship in 1985 and was the decathlon national champion in 1988. The Southeast record holder in the decathlon with 7,881 points, Schweper participated in the 1988 Olympic Trials.

ROYAL TIBE: TRACK (1919-23)

Tibi is believed to be the only athlete at Southeast to earn varsity letters in five sports. He lettered in football, basketball, baseball, track and tennis. An outstanding punter on the football team, he also served as captain of the track team and was described as an outstanding defensive player on the basketball team.

CLASS OF 2007

ED WHITE: TRACK AND CROSS COUNTRY (1973-77)

White is the only Southeast cross country runner to earn All-America honors for three straight years. He was honored in 1974, 1975 and 1976 with his highest national finish ninth in 1975. White is retired after coaching track and cross country at Fox High School in Arnold for over 30 years. His wife, the former Laura Byrne, is a member of the Southeast Athletic Hall of Fame inaugural class of 2002.

HALL OF FAME

CLASS OF 2008

JOEY HAINES: TRACK AND CROSS COUNTRY COACH (1982-2008)

Ohio Valley Conference "Coach of the Year" 20 times during a career that saw his teams win one NCAA II National Indoor Title, one NCAA II National Cross Country Title and earn 18 NCAA II National Top Four Finishes. He was the NCAA II National Coach of the Year in 1985, the NCAA Division I Regional Coach of the Year in 1998, MIAA Coach of the Year six times and Missouri Track & Field Coaches Association Coach of the Year six times. He coached one NCAA Division I national champion, 23 NCAA II national champions, 10 NCAA I All-Americans and 145 NCAA II All-Americans.

RICK WADLINGTON: TRACK (1968-71)

An All-American in 1971 after placing second in the shot put at the NCAA II national finals, he established a Southeast outdoor shot put record with a throw of 59-0 1/2 while winning the MIAA championship. Helped lead the Southeast team to the MIAA title in 1971 by winning both the shot put and discus.

CLASS OF 2009

ANDREW PRESBERRY: TRACK AND FIELD (1978-82)

Presberry was a four-time All-American at Southeast, winning honors in the hurdles and on the mile relay team. He still holds the Southeast record in the 110-meter hurdles with a time of 13.84. The record, established in 1981, has stood for 28 years. Presberry also recorded the second fastest 400-meter hurdle time of 51.35.

CLASS OF 2010

TERRANCE BRANCH: TRACK AND FIELD (1982-2008)

Terrance Branch, of McCluer High School in St. Louis, Mo., tore through the record books during his career as a Southeast Missouri Student-Athlete. As a freshman, Branch ran the 400 meters in 47.74 at the indoor National Championships, earning All-American honors. In 1992, Southeast Missouri moved up to Division I, and Branch ran a 45.8 at nationals, but was disqualified for running out of the lane. He was given a medical redshirt in 1993, and came back to run a school record 45.52 400 meter dash, placing fourth at the NCAA National Championships. Branch earned a degree in Mass Communications, while placing himself in the record books in the 200 meters, 400 meters, 4x400 meter relay, and earning an OVC Outdoor Championship in the 400. Branch hung up his cleats as a four-time All-American.

CLASS OF 2011

BOB FERGUSON: TRACK AND FIELD (1983-86)

Ferguson was part of the 1985 National Championship track & field team which is in the Southeast Hall of Fame. He was a five-time NCAA Division II All-American and eight-time MIAA indoor and outdoor conference champion in the pole vault. Ferguson was the 1987 NCAA Division II Outdoor Pole Vault Champion. He was a world championship team member for the 1987 Pan Am Games. In addition, Ferguson won a silver medal at the 1986 Commonwealth Games.

HALL OF FAME

CLASS OF 2012

CHRISTINE (RIDENOUR) VANATTA: TRACK AND CROSS COUNTRY (1982-84)

Highlighted her athletic career at Southeast by winning the 1984 NCAA Division II Women's Cross Country Championship, leading her team to a third-place finish. She was a three-time NCAA Division II All-American in cross country and a two-time NCAA Division II national qualifier in track & field. By the time she left Southeast, Ridenour had set school records in the 1500m, mile run, 3000m, 2-mile run and 5000m events. She is married to Southeast Hall of Famer Michael Vanatta.

BEVERLY SLAUGHTER: TRACK AND FIELD (1981)

She was one of the first great female athletes at Southeast. She held the long jump record at 20-5 for a period of 17 years. Slaughter was an All-American in 1981 and won numerous MIAA titles. She currently ranks third on the school's all-time long jump list. Two-time national high jump champion who won both the NCAA II indoor and outdoor championships in 1985. He won the indoor title with a jump of 6-11 in Fargo, North Dakota to lead Southeast to the national team title. He won the outdoor title with a jump of 7-1 in Los Angeles, California. A three-time All-American, he still holds the Southeast high jump record at 7-1 1/2.

CLASS OF 2013

KATHLEEN HUDSON: TRACK AND FIELD (1979-1981, 1983)

Hudson began her career at Southeast in 1978-79 and helped lay the foundation for the women's track and field program that has remained strong and extremely competitive for the past 35 years. During her time at Southeast, Hudson became an Association of Intercollegiate Athletics for Women two-time All-American in 1981. In the national championships that year, she finished sixth in the finals after going into the meet with the second-best time in the nation at 55.8, a time that remains outstanding even today. She followed that performance by anchoring the 1600m relay that achieved All-American status by also finishing sixth. While Hudson was an outstanding individual competitor in the 400m dash and long jump, she was versatile and indispensable as a member of all the relay teams. She ran on, and almost always anchored teams that broke 13 school records (nine in the mile relay, three in the 880 yard/800m medley relay, and one in the 400m dash).

MILES SMITH: TRACK AND FIELD (2004-2008)

Smith might very well be the greatest Division I athlete Southeast Missouri State University has produced in any sport. A native of St. Louis, Smith was a five-time All-American in the 400m, earning the prestigious honors in 2005, 2006 and 2008. He was named the Ohio Valley Conference Male Track Athlete of the Year four times (2005 indoors, 2006 indoors & outdoors and 2008 indoors) and still owns Southeast school records in the 200m (indoors), 400m (indoors and outdoors) and 4x400m relay (indoors and outdoors). Southeast enjoyed tremendous team success with Smith, winning OVC Outdoor Championships in 2005, 2006 and 2008. He won seven individual OVC Championships in his collegiate career and was named the 2006 OVC Athlete of the Championship at the OVC Indoor Track & Field Championships. Smith was also an elite competitor on the international stage. He ran for the US National Team in the 2005 IAAF World Championships in Helsinki, Finland, where he won a gold medal with the 4x400m relay team. He also qualified for the USA Olympic Trials in both 2008 and 2012. Smith returned to his alma mater as a sprinters coach in 2013-14. Prior to that, he spent the 2012-13 season as a volunteer assistant coach at Tennessee State.

HALL OF FAME

CLASS OF 2016

HEATHER JENKINS: TRACK AND FIELD (2002-2006)

A Cape Girardeau native, Jenkins had a decorated career as a thrower for the Southeast women's track & field program. As a freshman in 2002, Jenkins won the OVC shot put and discus titles, and established a school discus record of 173-11. She went on to finish 15th at the NCAA Championships in the discus that year. A year later, Jenkins set an OVC record in the shot put with a throw of 50' 5.5" and won the discus crown at the OVC Outdoor Championships. She was an NCAA Regional qualifier in the shot put and discus, and also set a conference record in the 20lb weight throw (59' 11"), and won the shot put at the OVC Indoor Championships that season. A year later, Jenkins won the weight throw at the OVC Indoor Championships and again broke the school and conference record in the process. During outdoor competition, she won the OVC shot put and discus crowns, while qualifying for the NCAA's in the shot, discus and hammer. Jenkins was named both the OVC Indoor and Outdoor Track Athlete of the Year, and claimed First-Team All-OVC accolades. In all, Jenkins was a two-time OVC Indoor shot put champion, three-time OVC Indoor weight throw champion, four-time OVC Outdoor discus champion and four-time OVC Outdoor shot put champion during her illustrious career. She still holds the school's all-time discus record today.

CLASS OF 2018 - ANNOUNCED

TOM BRENECKE FOOTBALL AND TRACK AND FIELD (1954-1957)

Brennecke, who is deceased, played running back at SEMO for two Mid-America Intercollegiate Athletics Association (MIAA) championship teams (1955, 1957) during his career. He was part of two unbeaten teams with the 1955 squad going 9-0 under the direction of head coach Kenneth Knox. Brennecke played every game during the last two seasons of his career and started 12 contests. He scored 12 total touchdowns twice during the 1957 campaign. His 12 touchdowns tied for eighth among the school's all-time single-season leaders. Brennecke earned All-MIAA honors in 1957 and Second-Team All-MIAA accolades in 1956. He was a unanimous pick by the conference coaches as the Captain of the MIAA Conference All-Star squad and voted Most Valuable Back. Brennecke led the 1957 SEMO team in scoring with 72 points and was named SEMO's Most Improved Player as a freshman. He was also a member of the school's track & field team and becomes the 19th multiple sport athlete to be inducted into the Southeast Missouri Athletics Hall of Fame.

LUTRICIA PURHAM: TRACK AND FIELD (1997-2000)

Purham was a six-time OVC Champion at SEMO. She was a three-time OVC individual champion in the outdoor shot put (1998, 1999, 2000), two-time individual champion in the indoor shot put (1999, 2000) and discus champion (2000). Purham was named the 2000 OVC Track Athlete of the Year. She was an NCAA Qualifier in the shot put during both the 1999 and 2000 seasons. Purham finished 15th at the national meet each of those years and was part of four OVC Championship teams.

DR. TIM RADEMAKER: ASSISTANT TRACK & FIELD COACH (1975-1982, 1980s-2017)

Dr. Rademaker has been a mainstay in the SEMO Track and Field family for decades and once represented the program as a top athlete in the pole vault and as its team captain. He is an outstanding events coach, particularly and certainly not limited to the pole vault. Rademaker has produced numerous MIAA and OVC champion athletes as well as NCAA national champions throughout the years either as a paid or volunteer assistant coach. In all, he coached 18 OVC pole vault champions and one OVC high jump champion. All of SEMO's pole vault records have come with Rademaker as coach of that event. He has been a great recruiter for the track and field and cross country programs during his coaching tenure. In addition to coaching, Rademaker has been a clinician, presenter and has published articles in journals regarding the pole vault and methods in the teaching and coaching profession. As an educator, he taught in the physical education and recreation department for many years and continues to be a positive influence, role model and mentor to countless teachers, coaches and students at SEMO.



THIS IS THE OVC

Now in its 71st year, the Ohio Valley Conference continues to build on the success that has made it the nation's eighth-oldest NCAA Division I conference.

In May 2011 the Conference expanded for the second time in four years, adding Belmont University which began competition in the 2012-13 academic year. The addition of Belmont gave the OVC 12 members, the most the league has had at one time in its illustrious history. The move added a second team in the city of Nashville and was the first addition to the league since Southern Illinois University Edwardsville joined in 2008. Subsequently, the league has shown its stability over the past decade, seeing only one member institution depart over the past 18 years.

The 2009-10 school year saw a change in leadership as Beth DeBauche was named the seventh full-time Commissioner in league history on July 28, 2009. The last three commissioners of the OVC have moved onto jobs as the commissioner of the Big Ten, Big 12 and the Mid-American Conferences.

The OVC's proud history dates back to 1948, but seeds for the new league were actually planted in 1941. It was then that Roy Stewart,

football. With racial barriers broken, the rest of the institutions in the league began to provide educational and athletic opportunities to African-Americans.

After Title IX legislation passed in 1972, women's athletics began a rebirth on the national scene as the NCAA began sponsoring and marketing women's sports. Recognizing the need to provide increased opportunities for female athletes, the OVC began formulating plans for women's athletics in 1975 and established women's championships in the sports of basketball, tennis and track in 1977, with cross country and volleyball added over the next four years. Those sports were initially governed by the Association of Intercollegiate Athletics for Women (AIAW), but the overall strength of women's programs in the league was demonstrated by the automatic bids the OVC instantly received when the NCAA became the governing body in 1982. The conference added women's golf and softball in 1994 and women's soccer in 1998.

Over its 70 years, OVC teams have garnered national championships and bowl games in football, along with national team or individual titles in the sports of rifle, cross country, track

State) to present-day standouts like basketball player Kenneth Faried (Morehead State) and Robert Covington (Tennessee State), football player Jimmy Garoppolo (Eastern Illinois) and baseball players A.J. Ellis (Austin Peay) and Shawn Kelley (Austin Peay). Hamilton is the only athlete to ever play in the NCAA Basketball Championship, a Major League Baseball World Series (New York Yankees) and an NBA Championship Series (Los Angeles Lakers).

The OVC's first volleyball tournament was held in 1981, the same year Eastern Kentucky began a string of six-straight tournament crowns. Former EKV skipper Dr. Geri Polvino compiled a 627-439 record in 32 seasons as head coach of the Colonels, earning OVC Coach of the Year honors eight times. More recently, former Austin Peay coach Cheryl Holt and former Southeast Missouri skipper Cindy Gannon also earned their peers' recognition multiple times with four awards each.

Throughout the last 35 years, 11 different teams have won an OVC regular-season or tournament volleyball crown. Since joining the league in 1991, Southeast Missouri has dominated the scene, winning seven of its

OHIO VALLEY

the athletics director at Murray State, Charles "Turkey" Hughes, the athletics director at Eastern Kentucky, and Kelly Thompson, the public relations director at Western Kentucky, first broached the idea of forming a new conference. Discussions were put on hold by World War II, but reemerged February 27-28, 1948 at the Kentucky Hotel in Louisville as the three original institutions combined with Morehead State, Louisville and Evansville to form the OVC.

In the 1950s, the OVC became a pioneer on a much more significant scale socially. During times of racial segregation, league member Morehead State became one of the first non-traditionally black mid-southern institutions to accept a black student. In 1958 Marshall Banks earned athletically-related aid at Morehead, which signed a second black athlete, Howard Murphy, a year later. In 1961 Murphy earned all-conference recognition as a halfback in

and golf.

The OVC has also produced several Olympic athletes, including Murray State's Morgan Hicks, who was a member of the 2004 United States Olympic Rifle Team and Morehead State's Brian Shimer who competed in five Winter Olympics in bobsled (winning a bronze medal in 2002) and coached the 2010 United States bobsled team to its first gold medal since 1948. Former Morehead State football and Eastern Kentucky track and field athlete Dallas Robinson competed with the U.S. bobsled team during the 2014 Sochi Winter Olympics. In addition, some of the greatest players in professional sports were educated at OVC institutions. The list includes former greats such as football's Phil Simms (Morehead State) and Tony Romo (Eastern Illinois), basketball's Clem Haskins (Western Kentucky) and Bubba Wells (Austin Peay) and two-sport star Steve Hamilton (Morehead

eight regular-season titles during the 1990's, including five straight from 1993-97. The Redhawks have also won five tournament crowns (1994, 1996, 1998, 1999 and 2000). Jacksonville State won back-to-back OVC Tournament Championships (2005, 2006) including going through the OVC undefeated (16-0) in 2006 and winning a NCAA Tournament match in 2010, the league's first NCAA victory since 2000.

Following the 2007 season, Jacksonville State's Abbey Breit was named the OVC Offensive Player of the Year for the third-straight season, becoming the first player in OVC history to accomplish that feat. She was later joined by Murray State's Scottie Ingram who won three-straight awards from 2014-16. Four other individuals - Eastern Kentucky's Angela Boykins (1985-86), Morehead State's Dayle Hammontree (1988-89), Southeast Missouri's Tuba Meto (1996-97) and Morehead

State's Amy Almond (2001-02) – were back-to-back winners of the award.

Morehead State won its fourth-straight OVC volleyball regular season championship in 2013. Over that four-year period (2010-13) the Eagles compiled an impressive 67-3 league record.

The playing field is not the only place where OVC athletes are working hard. The league also recognizes excellence in the classroom. Six Scholar-Athlete Awards are presented yearly to male and female athletes, while others are commended for their academic success by being Medal of Honor recipients or earning a spot on the Commissioner's Honor Roll. Additionally, the league annually presents one institutional Academic Achievement Award, as well as separate team awards in each Conference-sponsored sport. Since the College Sports Information Directors of America (CoSIDA) Academic All-America program began, the Ohio Valley Conference has had 275 student-athletes honored with the award, including 81 over the last eight years (2010-18).

Through the early years of the league, administrators wrestled with fan behavior

has also implemented the OVC Institutional and Team Sportsmanship Awards, which are presented to one institution and 18 sport-specific teams voted by their peers to have best exhibited the standards of sportsmanship and ethical conduct as outlined by the OVC and NCAA.

The vision of leadership demonstrated by the Founding Fathers in 1948 remains alive today as the Ohio Valley Conference prepares for the future. One example is in regard to the current trend in collegiate athletics administration for increased involvement of university presidents in setting policies and making rules. The presidents of OVC institutions, however, have always governed the Conference, long before presidential governance became a national theme.

The Ohio Valley Conference sponsors the following sports: baseball, basketball, cross country, football, golf, tennis and track for men, and basketball, cross country, golf, soccer, softball, tennis, track and volleyball for women. In addition, the OVC also sponsors the combined men's and women's sport of rifle.

Now in its seventh decade of competition, the Ohio Valley Conference has grown

significantly from its humble beginnings while increasing the number of athletics opportunities it provides for students. Current league representatives include charter members Eastern Kentucky University, Morehead State University and Murray State University, along with Austin Peay State University, Belmont University, Eastern Illinois University, Jacksonville State University, Southeast Missouri State University, Southern Illinois University Edwardsville, Tennessee State University, Tennessee Technological University and the University of Tennessee at Martin.

Updated June 2018

CONFERENCE

due to the close proximity of the Conference members and the intense rivalries which developed. Just as it did decades ago, the OVC took the leadership role on what has become a national issue. In 1995, the OVC implemented a first-of-its-kind "Sportsmanship Statement," a policy which promotes principles of fair play, ethical conduct and respect for one's opponent. The statement has become a model for others to follow across the nation and has answered the challenge of the NCAA Presidents Commission to improve sportsmanship in collegiate athletics.

Additionally, the OVC annually presents the Steve Hamilton Sportsmanship Award, in honor of the former Morehead State student-athlete, coach and athletics director, to a junior or senior student-athlete with significant athletic contributions who best exemplifies the characteristics of sportsmanship and citizenship. Most recently, the Conference



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2019 OVC INDOOR TRACK & FIELD CHAMPIONSHIP

The 2019 OVC Men's and Women's Indoor Track & Field Championship will be held Feb. 20-21 at the Birmingham CrossPlex in Birmingham, Alabama.

The CrossPlex, which will host the 2019 and 2022 NCAA Indoor Championships, houses one of the fastest indoor hydraulic tracks in the world.

It marks the first time the OVC Indoor Championship has been held at a neutral site.

The 2020 and 2021 OVC Championships will also be held at the venue.

Last year the Eastern Kentucky men won its first Indoor crown since 2008 while the Tennessee Tech claimed its first-ever women's crown.



2019 OVC OUTDOOR TRACK & FIELD CHAMPIONSHIP

The 2019 OVC Men's and Women's Outdoor Track & Field Championship will be held May 9-11 at the Abe Stuber Track Complex on the campus of Southeast Missouri State University.

Last year the Eastern Kentucky men's team won its first championship since 1957 while the Tennessee Tech women captured its first-ever outdoor crown (after winning its first indoor crown back in February).

/Ohio Valley Conference Office Staff



Beth DeBauche
Commissioner



Kate Barnett
Assistant Commissioner
Championships and
Compliance



Stephanie Castera
Assistant Commissioner
for Institutional
Services/Senior Woman
Administrator



Brian Pulley
Assistant Commissioner for
External Affairs



Kyle Schwartz
Assistant Commissioner for
Media Relations



Travis Tellitocci
Assistant Commissioner
for Football, Basketball and
Officiating



Lauren Berst
Director of Administration



Heather Brown
Director of
Communications



Jon Kuka
General Manager, OVC IMG
Sports Marketing



Bryce Robinson
Director of Digital Media



Jonathan Owens
Assistant Director of
Championships and
Administration

/Officials Coordinators



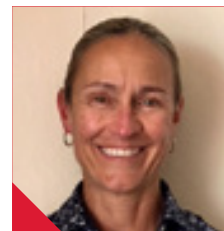
Michael Blalock
Coordinator of Volleyball
Officiating



Matt Young
Coordinator of Football
Officiating



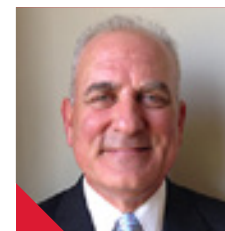
Curtis Shaw
Coordinator of Men's
Basketball Officials



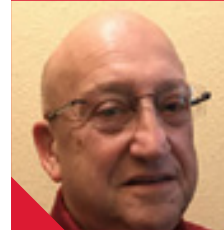
Lisa Mattingly
Coordinator of Women's
Basketball Officials



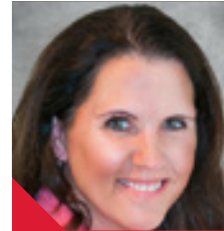
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Coordinator of Soccer
Officials



Paul Guillie
Coordinator of Baseball
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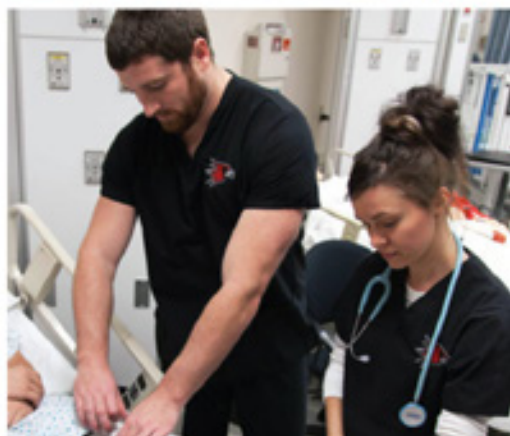
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21

SOCIAL FRATERNITIES AND SORORITIES

Representing the IFC, Panhellenic and NPHC Councils. Many of them call Greek Hill home. And in Fall 2016, a new Greek Village will open on campus, providing an expanded Greek community where thousands of students will make new memories of brotherhood and sisterhood.



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We honor our heritage by sticking to our traditions.

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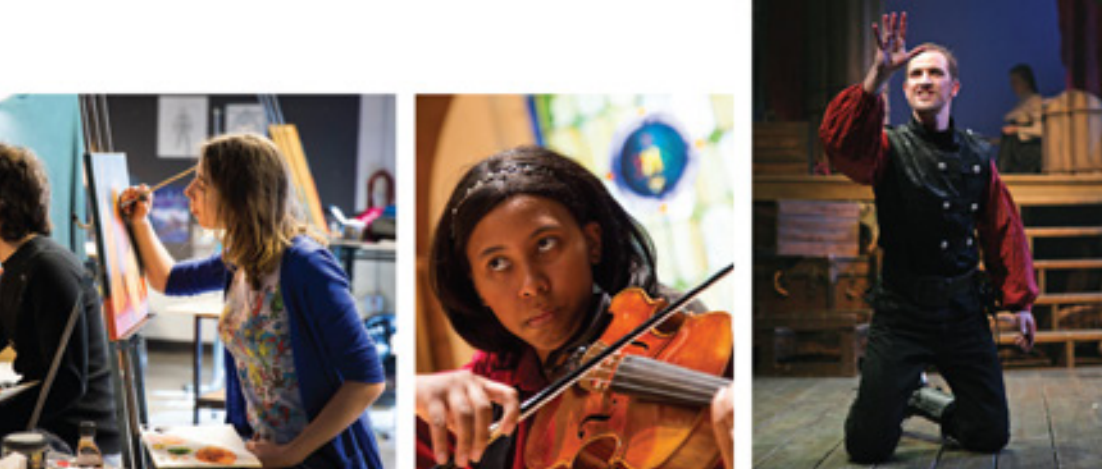
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2018-2019 TRACK & FIELD SCHEDULE

2018-2019 INDOOR SEASON

Dec. 7	SEMO VS. SIUE DUAL MEET Cape Girardeau, Mo. / SEMO Rec Center
Jan. 12	Illini Classic Urbana-Champaign, Ill.
Jan. 18-19	Samford Open Birmingham, Ala.
Jan. 25-26	Indiana Relays Bloomington, Ind.
Feb. 1-2	Don DeNoon Invite Carbondale, Ill.
Feb. 8	Hoosier Hills Invite Bloomington, Ind.
Feb. 15	REDHAWKS OPEN Cape Girardeau, Mo. / SEMO Rec Center
Feb. 20-21	OVC Indoor Track & Field Championships Birmingham, Ala.
Mar. 8-9	NCAA Indoor Track & Field Championships Birmingham, Ala.

2019 OUTDOOR SEASON

Mar. 15-16	Rhodes Invite Memphis, Tenn.
Mar. 22-23	Vanderbilt Invite Nashville, Tenn.
Mar. 29-30	JOEY HAINES INVITE Cape Girardeau, Mo. / Abe Stuber Track Complex
April 5-6	Gibson Invite Terre Haute, Ind.
April 12-13	Joe Walker Invite Oxford, Miss.
April 19-20	Georgia Tech Invite Atlanta, Ga.
April 26-27	Memphis Invite Memphis, Tenn.
May 3	Billy Hayes Invite Bloomington, Ind.
May 3	Arkansas Twilight Fayetteville, Ark.
May 9-11	OVC Outdoor Track & Field Championships Cape Girardeau, Mo. / Abe Stuber Track Complex
May 23-25	NCAA West Preliminary Sacramento, Calif.
June 5-8	NCAA Outdoor Track & Field Championships Austin, Texas

