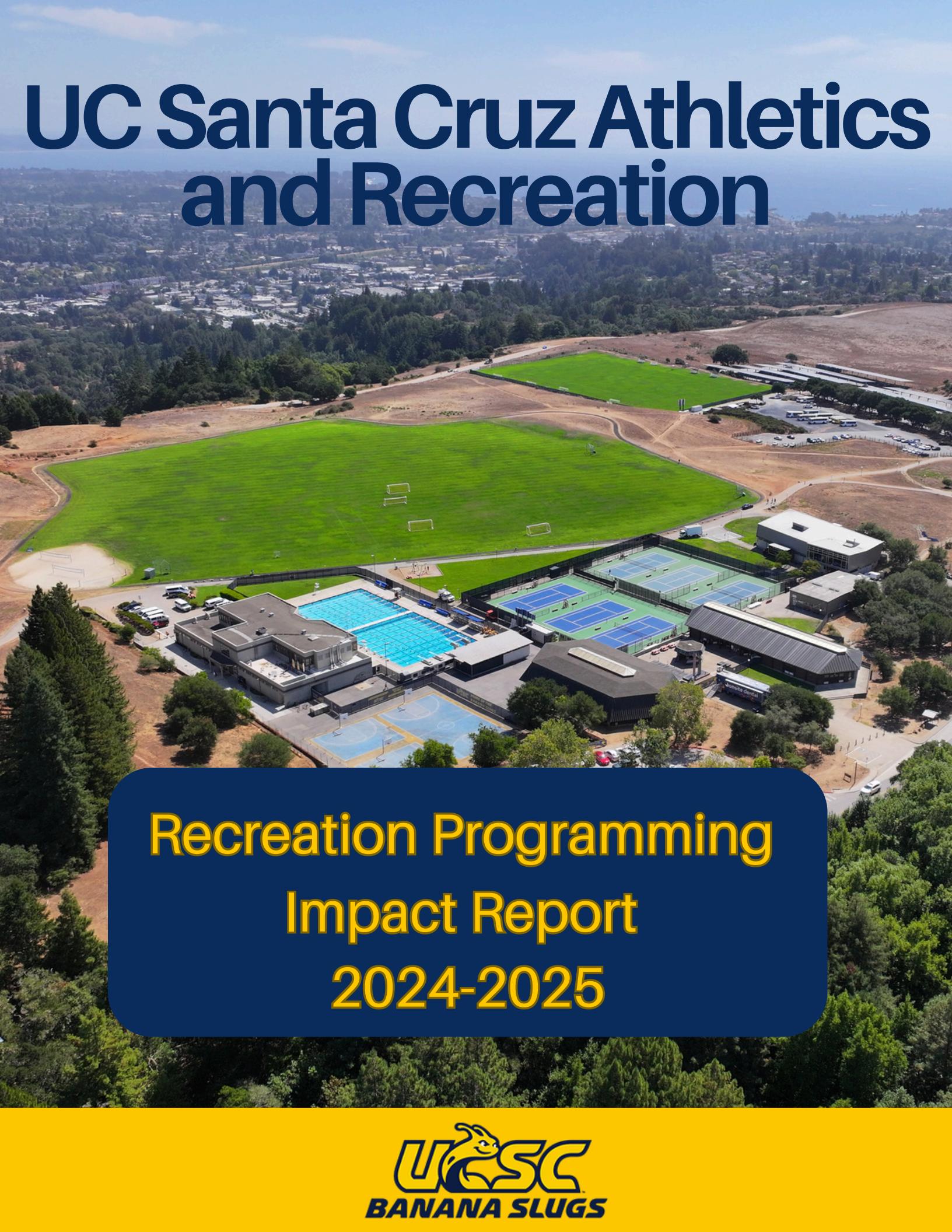


# UC Santa Cruz Athletics and Recreation

An aerial photograph of the UC Santa Cruz campus, showing the Lick Observatory, the main quad, and various sports fields and facilities. The campus is surrounded by green hills and trees. A large green soccer field is prominent in the foreground, with several smaller fields and a swimming pool complex to its right. A modern building, likely a gymnasium, is visible on the right side of the complex.

Recreation Programming  
Impact Report  
2024-2025



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## **Mission:**

The Athletics and Recreation department at UC Santa Cruz aims to enhance community, academic success, leadership, lifelong wellness, and experiential learning through diverse programs

# Total Recreation Impact

This year Recreation Programming served:

**26,570 participants**

through

**2,484 programs**

and

**fundraised over  
\$316,000**



# Run Like A Slug 5k



In the first annual Run Like A Slug 5k, students, staff, and faculty joined in a spirited 5k run through campus. Participants experienced a supportive, and spirited atmosphere that coincided with the Campus Wellness Fair

592 student participants

93 staff participants

685 total participants



# Adventure Rec

This year Adventure Rec served

1,590 unique students

through

124 programs

and

fundraised over \$80,000 to subsidize trips and leadership opportunities

Total Participation  
3,029

Our Program consist of:

## Adventure Trips

Student led day, weekend, or weeklong trips

## Rec Rental

Subsidized outdoor gear rental for students

## Wilderness Orientation

Weeklong backpacking trips for recent incoming students

## Banff Mountain Film Festival

Community fundraiser to subsidize student trip cost

## Wilderness Medicine

Wilderness medical training for students, campus, and the community

Adventure Rec programs were exceedingly popular, with student enrollment at 97% of capacity and over 979 students on the waitlist



# Student Leadership



Rec Leaders are trained in an extensive outdoor leadership curriculum which includes judgment and decision making, teaching methods, facilitating personal growth and positive group dynamics, co-leadership, outdoor skills development and risk management.

## Social Belonging

Trips tend to be infused with laughter, joy and an openness to be oneselves in an environment free of the distractions that can keep us isolated.

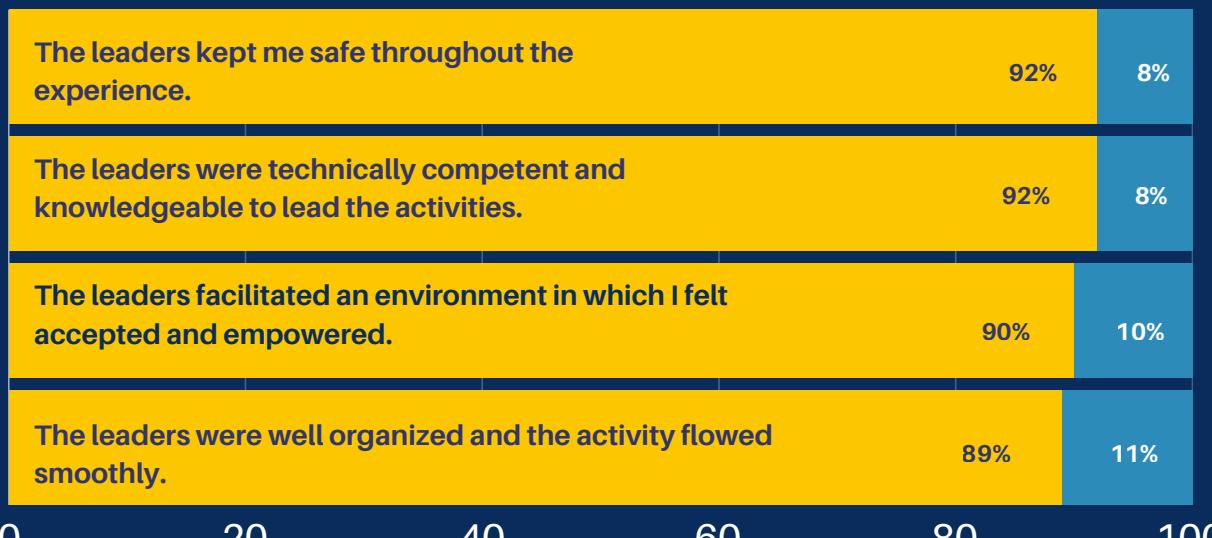
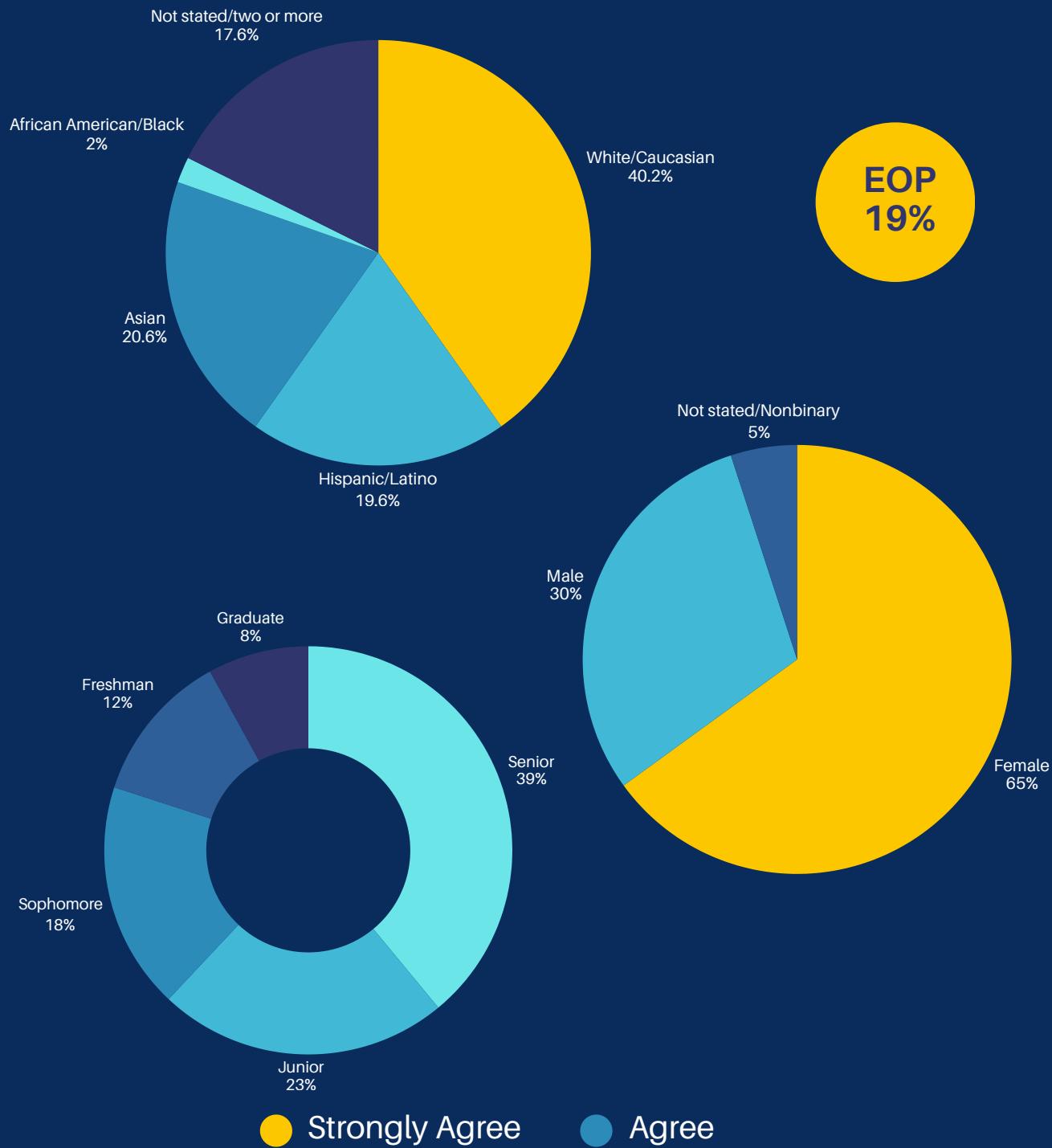


## Personal Growth & Sense of Accomplishment

Leaders facilitate adventures that challenge students to support each other towards true accomplishments.



# Adv Rec Student Demographics & Eval Responses





# Sport Clubs

UC Santa Cruz Sport Clubs are student-driven and student-managed organizations that strive for skill building in leadership, problem-solving, collaboration, and financial management.

**This year Sport Clubs served**

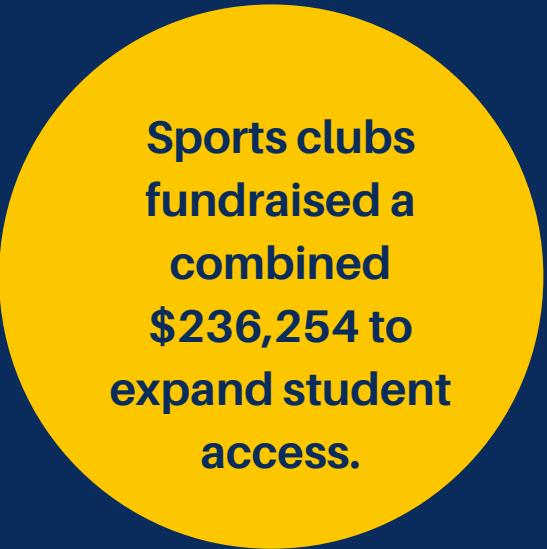
**1,133 unique students**

**through**

**32 clubs**

**competing in over**

**265 competitions/events**



**Sports clubs  
fundraised a  
combined  
\$236,254 to  
expand student  
access.**

# The 32 Sport Clubs

Badminton

Judo

Surfing

Ballroom Dance

Men's Lacrosse

Taekwondo

Baseball

Men's Rugby

Tango

Camp Kesem

Men's Soccer

Tennis

Cross Country

Men's Ultimate

Triathlon

Cycling

Men's Volleyball

Women's Lacrosse

Dance

Men's Water Polo

Women's Rugby

Equestrian

Muay Thai

Women's Soccer

Fencing

Sailing

Women's Ultimate

Grappling

Softball

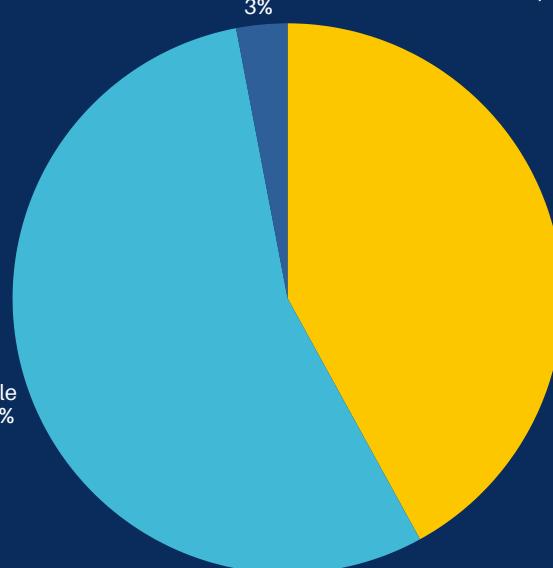
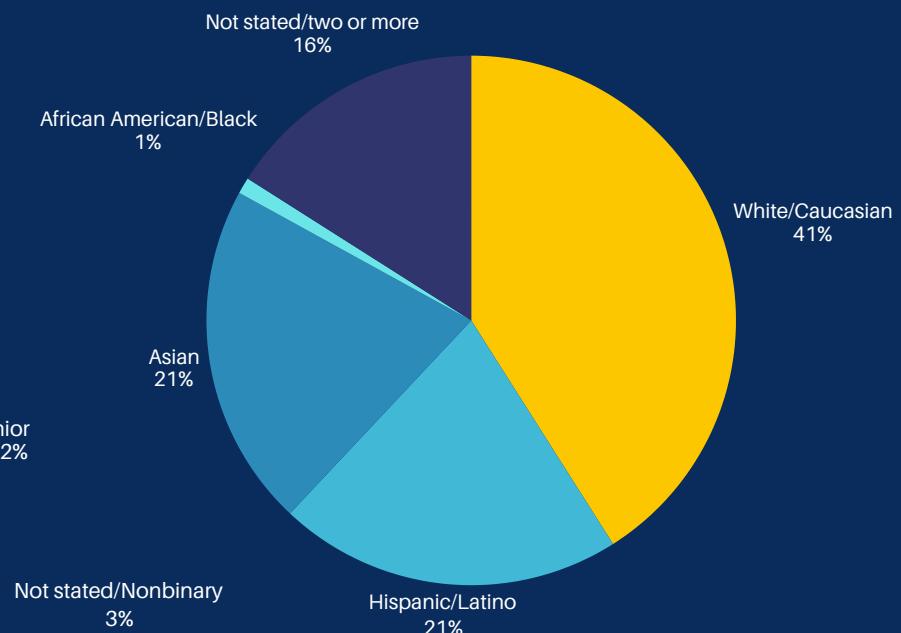
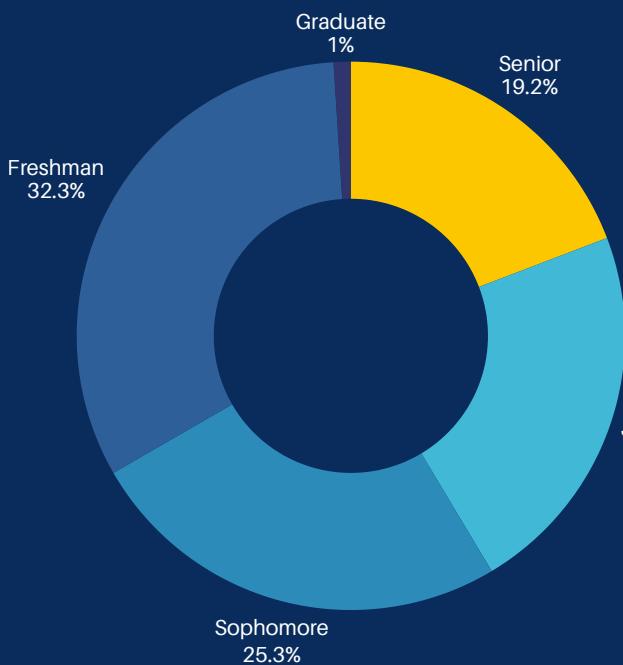
Women's Volleyball

Ice Hockey

Women's Water Polo



# Sport Clubs Student Demographics



# Intramural Sports

This year Intramural Sports served

2,174 students

on

283 teams

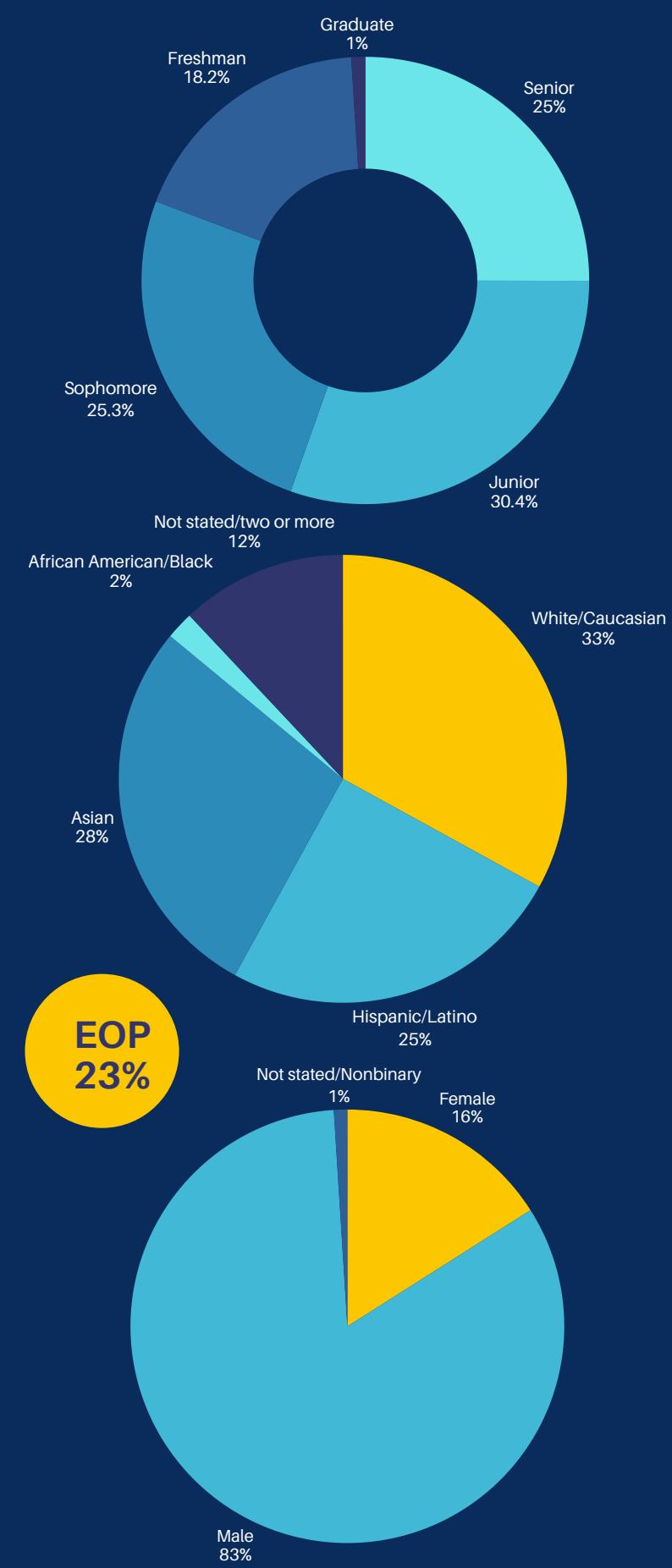
competing in

721 games



Intramural leagues were exceedingly popular, with student enrollment at 100% of capacity and over 412 students on the waitlist

# Intramural Student Demographics



# Fit Life

Our Group Exercise program provides opportunities for all Slug Recreation members to take part in a large variety of instructor-led group workouts and activities (such as Yoga, Zumba, Cardio Kickboxing, Pilates, Bootcamps, and more)



**This year Fit Life  
served**

**2,836 unique participants**

**1,159 session offered**

**with a total  
attendance of 17,078  
participants**

# Physical Education



This year Physical Education served

1,396 unique students

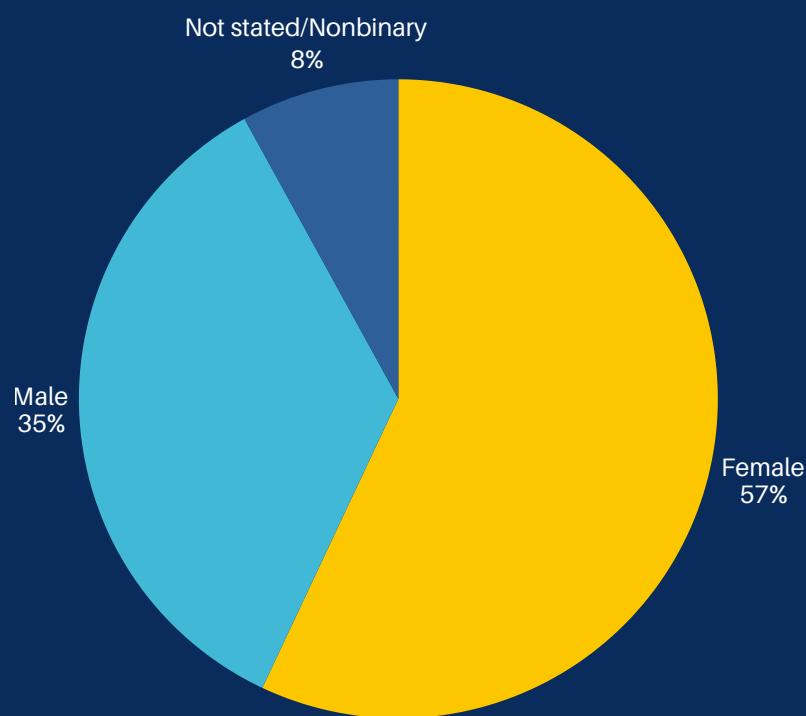
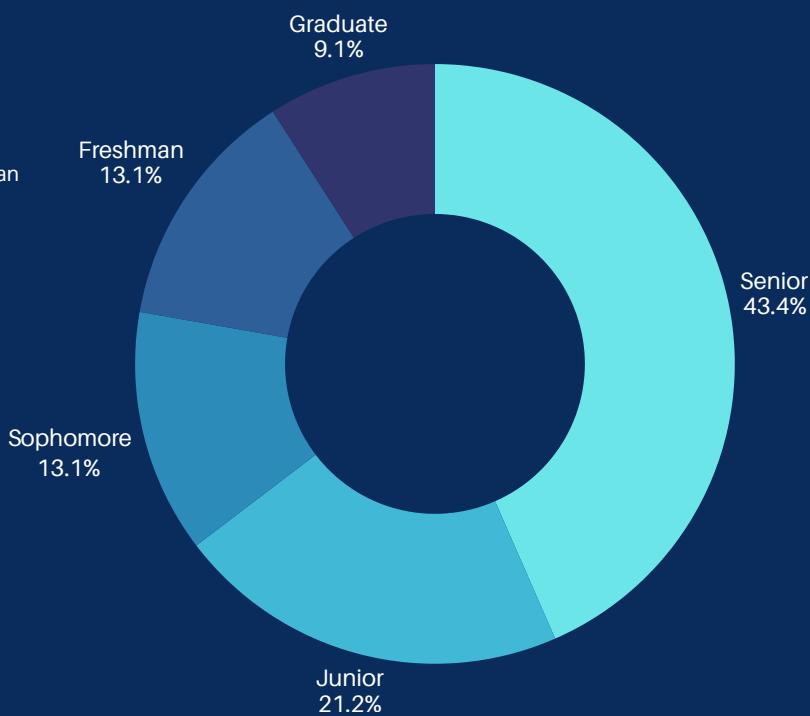
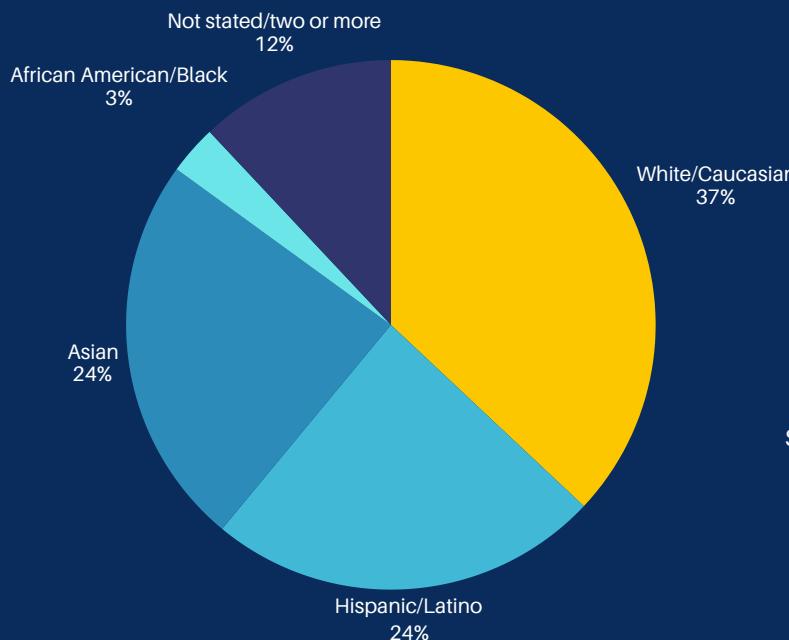
through

188 P.E. Sections

## 24/25 P.E. offerings and number of sections

Beg Dinghy Sailing	17	Swim Conditioning	4
Inter Dinghy Sailing	9	Lifeguard Training	1
Adv Dinghy Sailing	3	Strength Training	28
Beg Keel Sailing	6	Basketball	6
Inter Keel Sailing	3	Soccer	5
Adv Keel Sailing	3	Tennis	16
Basic Rowing	9	Volleyball	12
Inter Rowing	3	Sand Volleyball	6
Ocean Kayaking	4	Fencing	9
Swimming Level I	4	Martial Arts	24
Swimming Level II	4	Yoga Exercises	12

# P.E. Student Demographics



**EOP  
26%**



# Community Boating

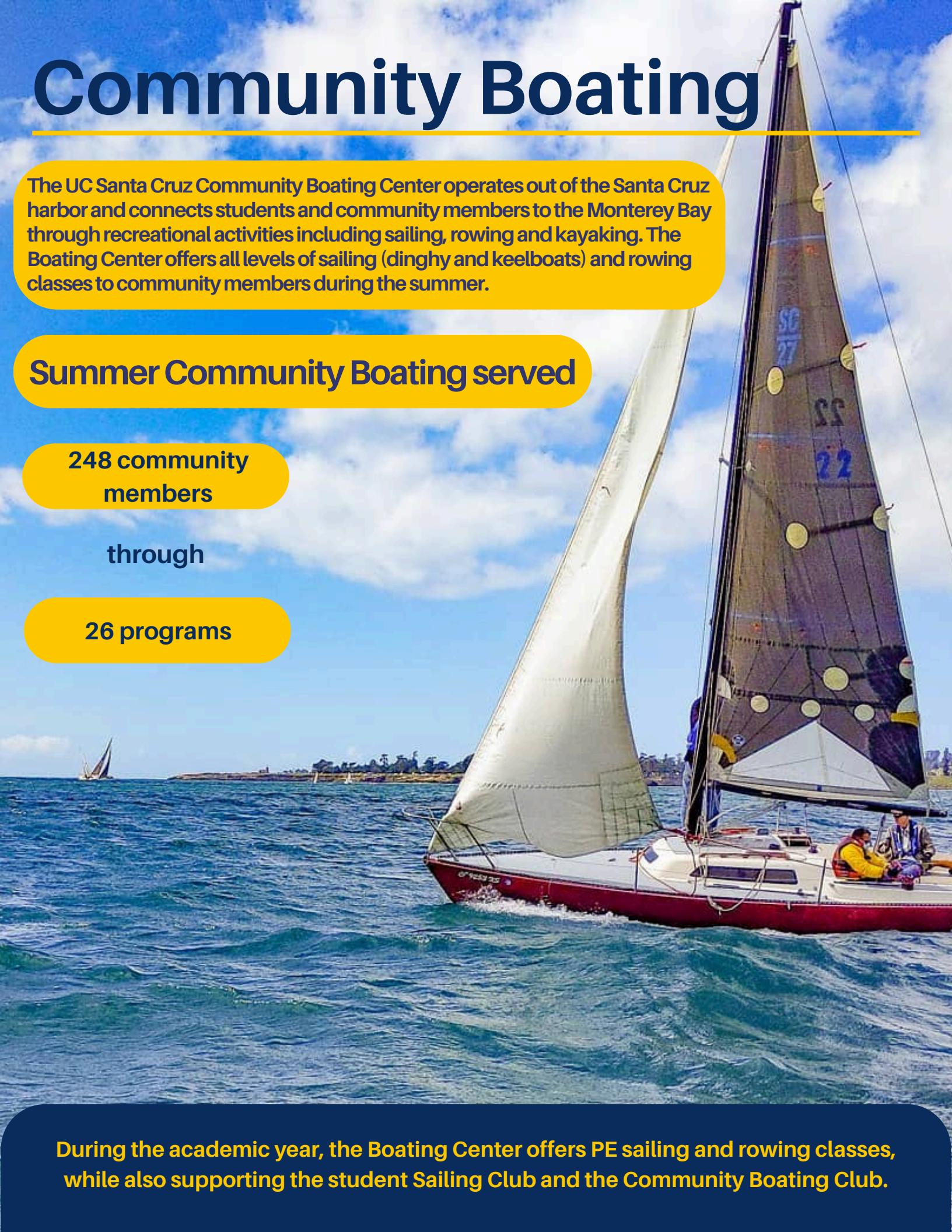
The UC Santa Cruz Community Boating Center operates out of the Santa Cruz harbor and connects students and community members to the Monterey Bay through recreational activities including sailing, rowing and kayaking. The Boating Center offers all levels of sailing (dinghy and keelboats) and rowing classes to community members during the summer.

## Summer Community Boating served

248 community  
members

through

26 programs



During the academic year, the Boating Center offers PE sailing and rowing classes, while also supporting the student Sailing Club and the Community Boating Club.

# FINISH

