

UC Santa Cruz Athletics and Recreation

Recreation Programming Impact Report 2024-2025



CONTENTS

RECREATION OVERVIEW

Mission

Total Impact

RUN LIKE A SLUG 5K

ADVENTURE REC

Student impact and programs

Mission

Demographics and evaluation responses

SPORTS CLUBS

Student impact

Club breakdown

Demographics

INTRAMURAL SPORTS

Student impact

Demographics

FIT LIFE

Participant impact

PHYSICAL EDUCATION

Student impact and classes

Demographics

COMMUNITY BOATING





Mission:

The Athletics and Recreation department at UC Santa Cruz aims to enhance community, academic success, leadership, lifelong wellness, and experiential learning through diverse programs

Total Recreation Impact

This year Recreation
Programming served:

26,570 participants

through

2,484 programs

and

**fundraised over
\$316,000**



Run Like A Slug 5k



In the first annual Run Like A Slug 5k, students, staff, and faculty joined in a spirited 5k run through campus. Participants experiences a supportive, and spirited atmosphere that coincided with the Campus Wellness Fair

**592 student
participants**

**93 staff
participants**

**685 total
participants**



Adventure Rec

This year Adventure Rec served

**1,590 unique
students**

through

**124
programs**

and

**fundraised over
\$80,000 to subsidize
trips and leadership
opportunities**

**Total Participation
3,029**

Our Program consist of:

Adventure Trips

Student led day, weekend,
or weeklong trips

Rec Rental

Subsidized outdoor gear
rental for students

Wilderness Orientation

Weeklong backpacking
trips for recent incoming
students

Banff Mountain Film Festival

Community fundraiser to
subsidize student trip
cost

Wilderness Medicine

Wilderness medical
training for students,
campus, and the
community

Adventure Rec programs were exceedingly popular, with student enrollment at 97% of capacity and over 979 students on the waitlist



Student Leadership

A photograph of two students in a yellow kayak on a calm lake. The student on the left is wearing a red jacket and a grey cap, while the student on the right is wearing a green jacket and a grey cap. They are both smiling and holding paddles. The background shows a rocky shoreline with evergreen trees and mountains in the distance under a clear blue sky.

Rec Leaders are trained in an extensive outdoor leadership curriculum which includes judgment and decision making, teaching methods, facilitating personal growth and positive group dynamics, co-leadership, outdoor skills development and risk management.

Social Belonging

A photograph of a group of people sitting on a grassy hill, looking out over a body of water at sunset. The sun is low on the horizon, creating a warm orange glow. The people are silhouetted against the bright light. A single evergreen tree stands on the right side of the hill.

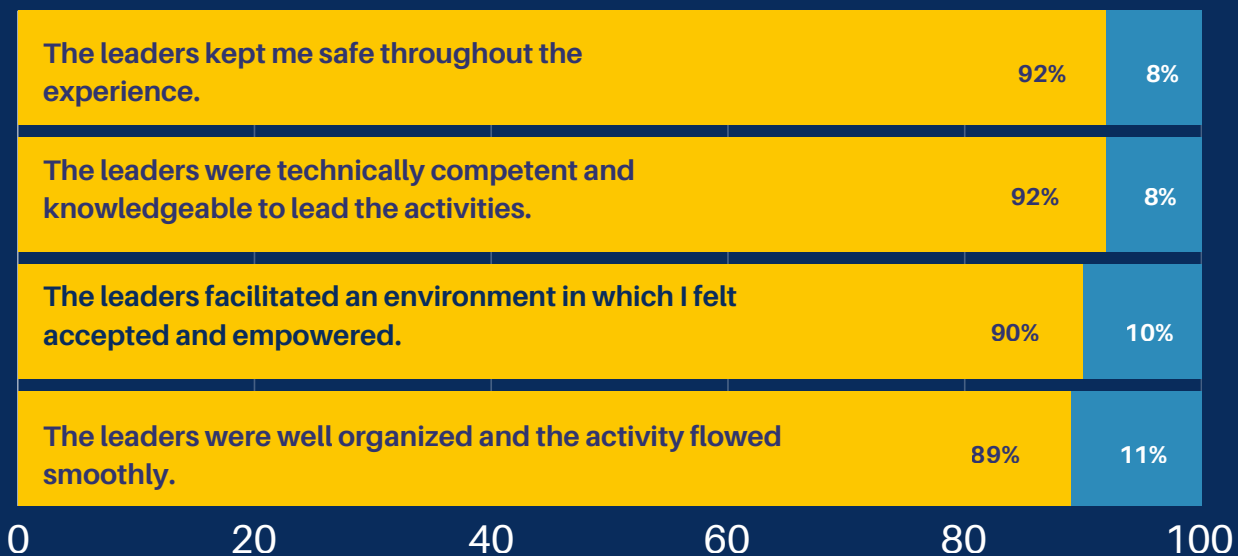
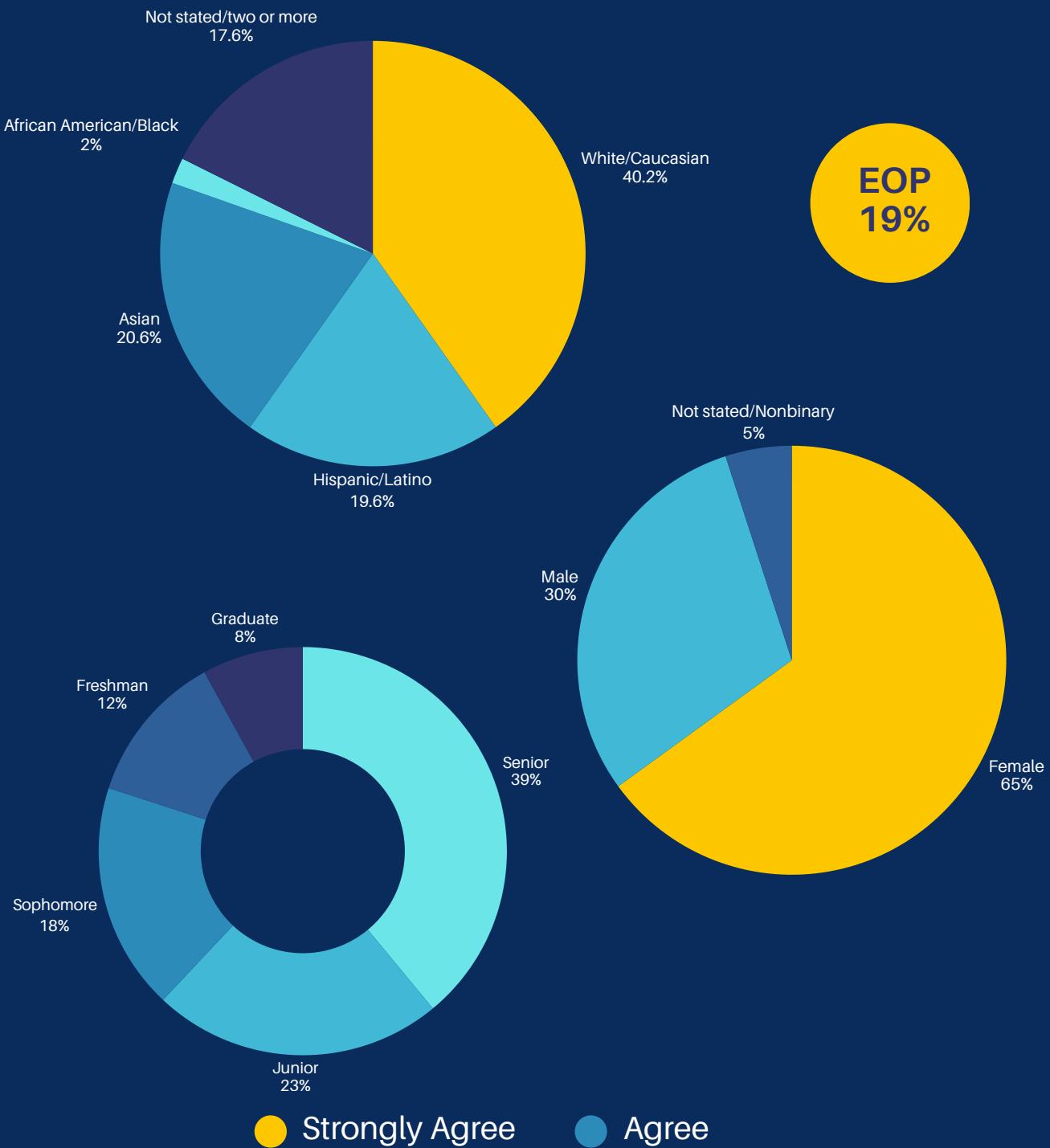
Trips tend to be infused with laughter, joy and an openness to be oneselves in an environment free of the distractions that can keep us isolated.

Personal Growth & Sense of Accomplishment

A photograph of a person standing on a rocky mountain peak, arms outstretched in a gesture of accomplishment. The person is wearing a dark jacket and shorts. The background shows a vast mountain range with snow-capped peaks and a cloudy sky. The foreground is a rocky, scree-covered slope.

Leaders facilitate adventures that challenge students to support each other towards true accomplishments.

Adv Rec Student Demographics & Eval Responses



A mountain biker is shown in action, riding down a rocky, dusty trail. The rider is wearing a blue and yellow long-sleeved jersey, orange pants, and a blue helmet. The bike is orange and black, with a white number plate that reads '171'. The background shows a clear blue sky and some green foliage.

Sport Clubs

UC Santa Cruz Sport Clubs are student-driven and student-managed organizations that strive for skill building in leadership, problem-solving, collaboration, and financial management.

This year Sport Clubs served

1,133 unique students

through

32 clubs

competing in over

265 competitions/events

**Sports clubs
fundraised a
combined
\$236,254 to
expand student
access.**

The 32 Sport Clubs

Badminton

Judo

Surfing

Ballroom Dance

Men's Lacrosse

Taekwondo

Baseball

Men's Rugby

Tango

Camp Kesem

Men's Soccer

Tennis

Cross Country

Men's Ultimate

Triathlon

Cycling

Men's Volleyball

Women's
Lacrosse

Dance

Men's Water Polo

Women's
Rugby

Equestrian

Muay Thai

Women's
Soccer

Fencing

Sailing

Women's
Ultimate

Grappling

Softball

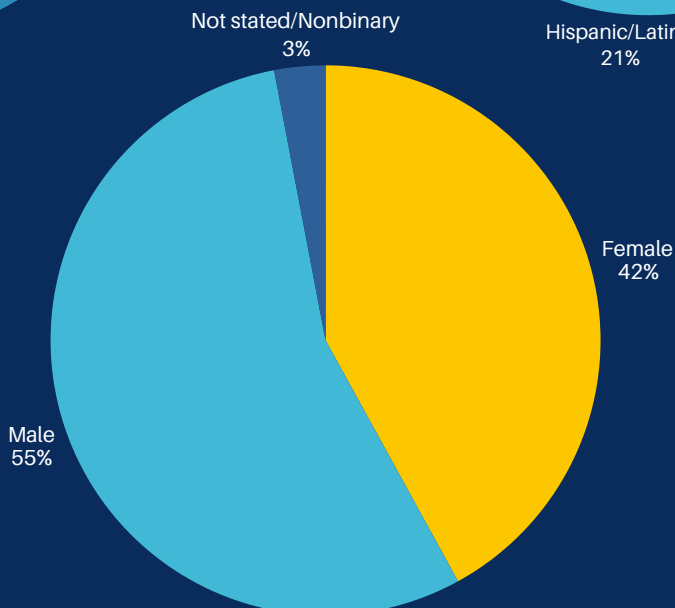
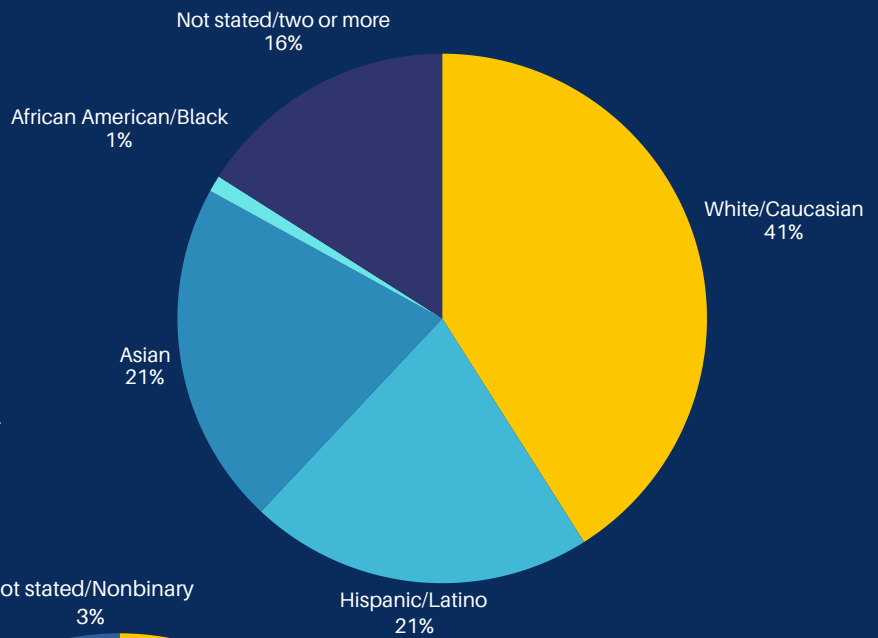
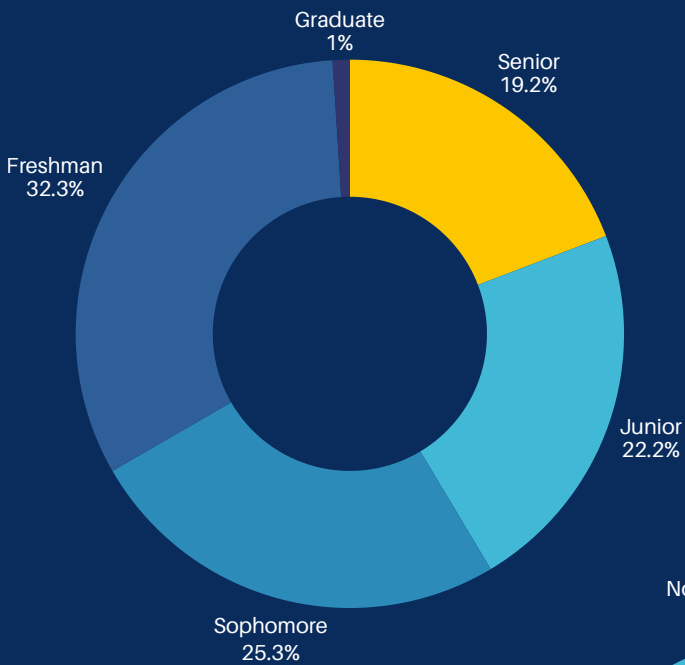
Women's
Volleyball

Ice Hockey

Women's
Water Polo



Sport Clubs Student Demographics



Intramural Sports

This year Intramural Sports served

2,174 students

on

283 teams

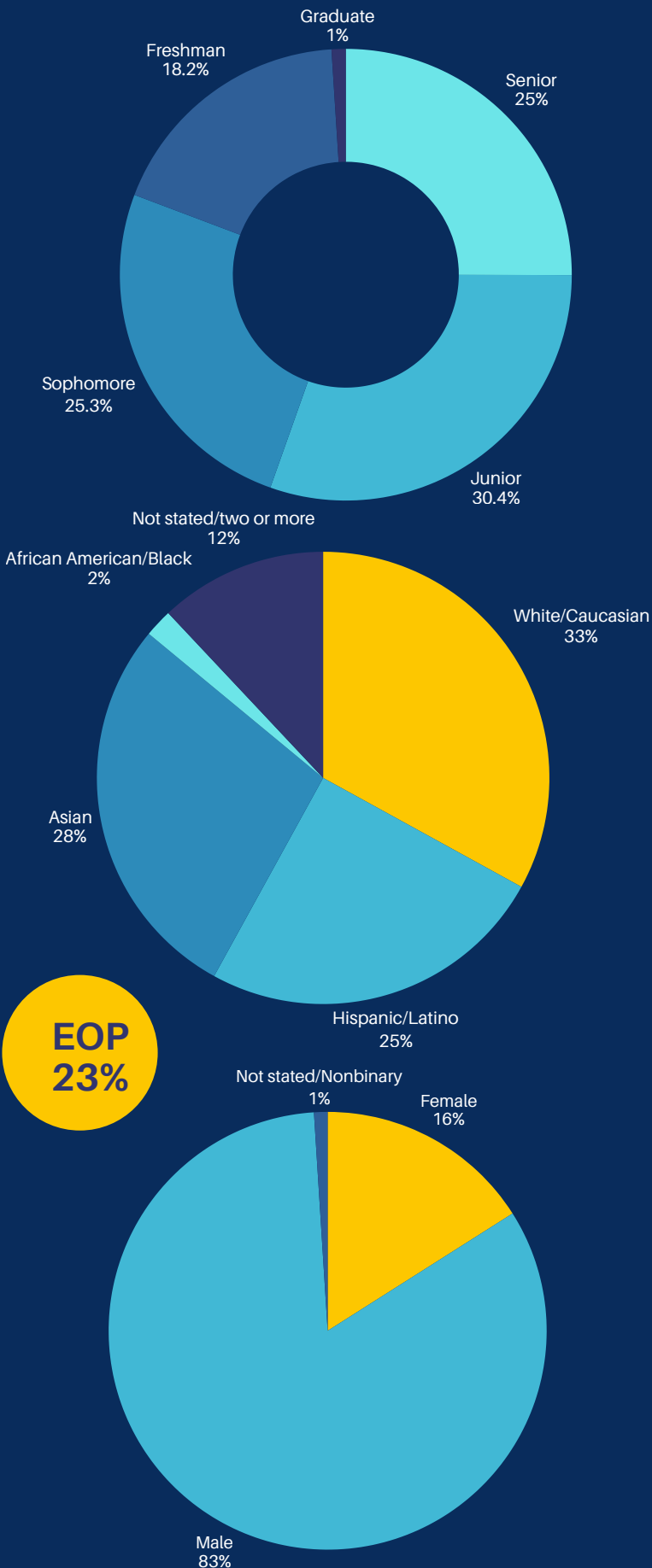
competing in

721 games



Intramural leagues were exceedingly popular, with student enrollment at 100% of capacity and over 412 students on the waitlist

Intramural Student Demographics



Fit Life

Our Group Exercise program provides opportunities for all Slug Recreation members to take part in a large variety of instructor-led group workouts and activities (such as Yoga, Zumba, Cardio Kickboxing, Pilates, Bootcamps, and more)



**This year Fit Life
served**

2,836 unique participants

1,159 session offered

**with a total
attendance of 17,078
participants**

Physical Education



**This year Physical Education
served**

1,396 unique students

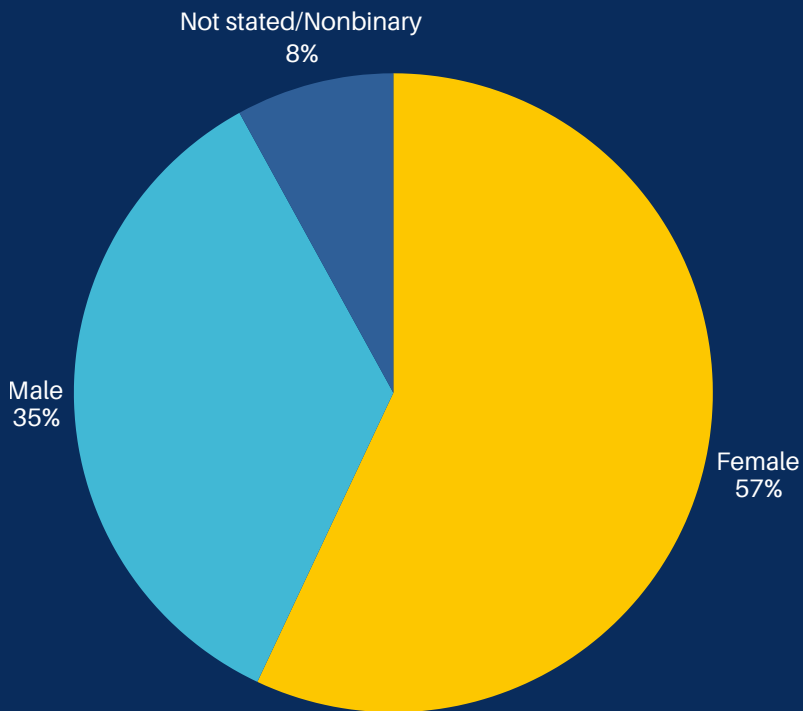
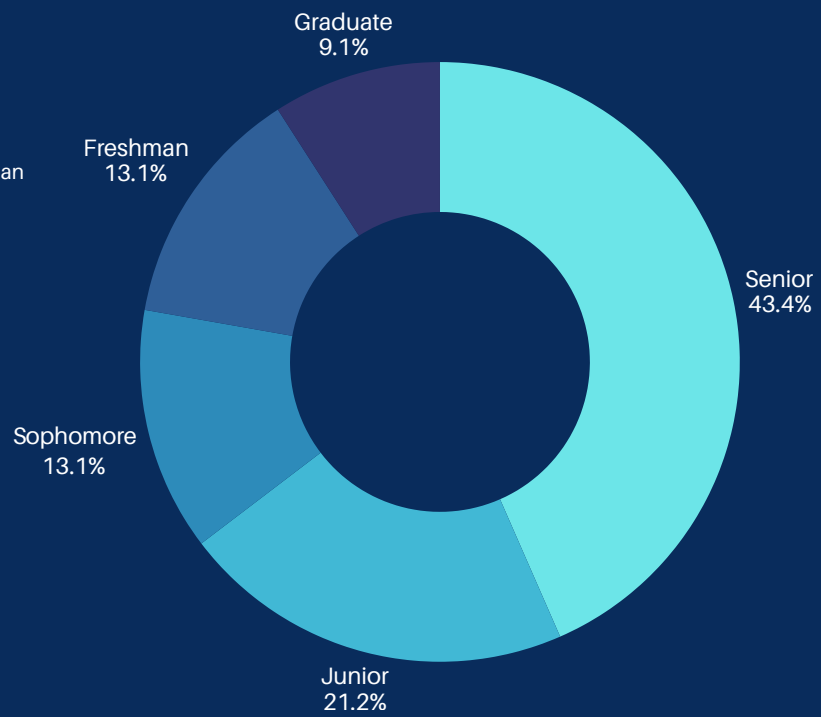
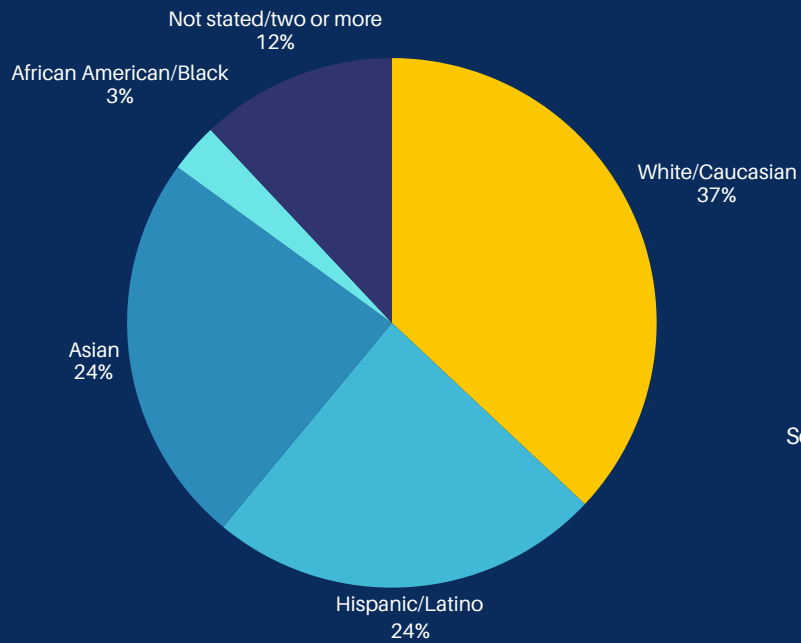
through

188 P.E. Sections

24/25 P.E. offerings and number of sections

Beg Dinghy Sailing	17	Swim Conditioning	4
Inter Dinghy Sailing	9	Lifeguard Training	1
Adv Dinghy Sailing	3	Strength Training	28
Beg Keel Sailing	6	Basketball	6
Inter Keel Sailing	3	Soccer	5
Adv Keel Sailing	3	Tennis	16
Basic Rowing	9	Volleyball	12
Inter Rowing	3	Sand Volleyball	6
Ocean Kayaking	4	Fencing	9
Swimming Level I	4	Martial Arts	24
Swimming Level II	4	Yoga Exercises	12

P.E. Student Demographics



Community Boating



The UC Santa Cruz Community Boating Center operates out of the Santa Cruz harbor and connects students and community members to the Monterey Bay through recreational activities including sailing, rowing and kayaking. The Boating Center offers all levels of sailing (dinghy and keelboats) and rowing classes to community members during the summer.

Summer Community Boating served

248 community
members

through

26 programs

During the academic year, the Boating Center offers PE sailing and rowing classes, while also supporting the student Sailing Club and the Community Boating Club.

